

inside:

STUDENTS CAN GET loans, credit cards, and checking accounts. But establishing credit is a gradual, involved process. See page 3.

THE TENNIS TEAM remains the only unbeaten team at Central. See page 5.

IS HUNTING a sport? Has advanced technology reduced the competitive aspect of hunting? See Jim Zipursky's column on page 6.

central high

register

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No. 3

When costs rise, students attend local colleges



With the higher cost of colleges many more Omaha students are applying for financial aid and still staying at home.

Irene Eden, Central head counselor, said, "Percentage-wise more Central students are going to the University of Nebraska at Omaha (UNO) and the University of Nebraska at Lincoln (UNL) and fewer are going to school out of the state."

Central isn't the only school with more students staying at home. "During periods of poor economic conditions students tend to stay nearer to home," said Dr. Garner C. Van Dyke, assistant vice chancellor of student academic services at UNO. "Across the country state colleges have increased in size more than private schools because at private schools the tuition is higher and the room fees are also higher," he added. The average cost to attend a public

college for one year is \$2,970, while the average cost for a private school is \$4,568, *Newsweek* reports (Sept 12).

"Going way back in our history, the notion of 'educated men' has been almost synonymous with the middle class," says demographer Ben Wattenberg, quoted in *Newsweek*.

Middle class crunch

Unfortunately many middle class families are too affluent for financial aid, but are too poor to afford many colleges; often they are squeezed out of the educational markets, concluded *Newsweek*.

Money is not the only factor involved when students choose colleges nearer to their homes. Leo Munson, director of student financial aid at Creighton University, said, "With the quality of education possible in the Omaha area more students are staying here."

Home by midnight?

Views clash over Council Bluffs curfew issue

Council Bluffs is revising their curfew statute but not without controversy. During the last September meeting the Council Bluffs city council passed a revised curfew. The curfew passed the first reading (3-2), according to the *Omaha World Herald* (September 9). All legislation must be approved three times before becoming law. The second reading of the bill will be October 18, 1977.

According to the "Omaha World Herald," the present curfew is 10:00 p.m.-5:00 a.m. for young people under

Ron Cleveland, council member, commenting on exceptions to the rule, said, "Police officers will have to use a lot of discretion as to whom to pick up. If the youth is coming home from a football game or work he will not be picked up."

Commenting on the reasons for a new curfew, Councilman James D. Scheer said, "The curfew was enacted in hopes of decreasing vandalism in Council Bluffs. A new curfew was also needed because the present curfew is unenforceable. The curfew had to be extended or taken off the books completely."

"Council Bluffs has had an increasing rate of vandalism. During August the city experienced \$17,000 in vandalism damage. This was a 31 per cent increase," added Chief Dinovo.

"I'm not in favor of including the 17 and 16 year olds. I believe 16 is old enough to pay attention to practices of adulthood. Most 16 and 17 year olds receive their driver's license and have jobs. This is a training period in their life," stated Mr. Scheer.

"It's hard to say if the curfew will decrease crime because it hasn't been proven that youths are committing the crime in Council Bluffs," said Chief

Dinovo.

Mr. Scheer added, "I hope the curfew will decrease vandalism, but I don't look for miracles. The youths are only responsible for a small per cent of the vandalism."

In Omaha "we try to apprehend the youths, which is a hard thing to do with vandalism. After apprehension they are either sent to a detention center or their parents receive a fine," said S. P. Benson, Mayor Al Veys's assistant.

Whitmore wins Achievement

Central senior John Whitmore was chosen as a semifinalist in the National Achievement Scholarship Program for Outstanding Negro Students. Nebraska had four semifinalists. The number of semifinalists in a region is proportional to the region's percentage of the total United States black population.

To become one of the 1200 finalists, the 1500 semifinalists from across the nation must confirm their qualifying test scores with scores from a second examination (SAT) and retain a high academic standing.

"The National Achievement Semifinalists comply with the same standards as

Nationally, students will receive over 9 billion in financial aid for the 1978-79 school year. Aid comes in three forms: grants and scholarships, loans, and student employment. All three forms of aid are increasing at UNO and Creighton. The following outlines what aid is available and how to get it. Financial aid officers at UNO and Creighton strongly urge students and their parents to contact them for more detailed information.

Financial aid is on an increase at both universities. At UNO the number of applications for The Basic Educational Opportunity Grants (BEOG) has increased ten percent compared to last year, and 150 more grants have come through.

To receive financial aid a student must fill out a Financial Aid Form (FAF). The FAF is a full disclosure of both assets and income. "This year the BEOG will be a rider on the FAF," Mr. Munson said. "That should make things a lot easier."

When the asset level is considered, 92 per cent is left for the parent's retirement. "When you consider a university, the higher the cost the more your chance of getting some funds," said Mr. Munson. "Financial aid makes higher education possible for more students."

"At UNO we usually award financial aid to 21 per cent of our 15,000 students," Mr. Pike said. "This year it will be up to 24 per cent."

Financial Aid consists of many different forms. There is the BEOG, the Work Study Program, the Direct Student Loan, the State Student Incentive Grant and each Universities' own Academic and Athletic Scholarships.

At both schools the athletic scholarships available for the major sports and some minor sports scholarships. Athletic scholarships are available for both

men and women. There are also various academic scholarships such as: the Presidential Scholarship and Ak-Sar-Ben Scholarship at Creighton and the Ak-Sar-Ben Scholarship, the Frederick Kayser Scholarship, and the Regents Scholarship at UNO.

To apply for a Regents Scholarship students must send their ACT (American College Testing Program) scores to schools in the University system. "Each school gives its Regents Scholarship

Average college costs

Public college: \$2,970

Private college: \$4,568

separately, so if you want a Regents from UNO and UNL send your score to both schools," said Dr. David Harbeck, director of admissions at UNO.

In the fiscal year running from July, 1975 - June 30, 1976, Creighton gave away \$1,706,000 in institutional aid, and it is up for the past year. "Institutional aid is what we, Creighton, allot. It does not include the government programs we participate in," Mr. Munson said.

UNO's Director of Financial Aid, Robert Pike, said, "It is very important to look at the institution's quality first and then apply for financial aid."

Omaha only uses a curfew in the parks. Memorial Park has a curfew from 9:00 p.m.-5:00 a.m. All other parks have curfews from 11:00 p.m.-5:00 p.m.

Suggesting other possible cures, Chief Dinovo said, "More community involvement by reporting crimes, or a possible increase in police officers, and more family involvement, which the city council is trying to obtain, would all help to decrease crime."

See editorial
on page 2.

The penalties for the curfew are a fine for parents and/or up to 30 days in jail.

The proposed curfew includes 17 year olds, and the time is extended, 12:00 a.m.-5:00 a.m. The penalties are from \$10 minimum to \$100 maximum or time in jail.

"Children will be taken to jail facilities then subject to bail and their parents will be responsible for a minimal \$10 fine, if they are on the streets after 12:00," said Council Bluffs Police Chief Edward Denovo.

the National Merit Semifinalists. Both programs are sponsored by the National Merit Scholarship Corporation," said Irene Eden, Central head guidance counselor.

The finalists will then compete for 575 Achievement Scholarships. The corporate and college-sponsored scholarship winners will be announced in March and May-June.

L. C. McMillian, National Merit Scholarship Corporation (NMSC) Vice President, in a national press release, said, "Achievement Program's efforts will be turned toward providing scholarships for as many as possible of the most outstanding among them."

Proposed Bluffs curfew irrational

Youth is always being told, "Act like an adult; you are grown up now; you are no longer a child." But laws often deprive youths of their rights as citizens.

editorial

An example of this deprivation is the current Council Bluffs curfew issue. This proposed curfew would prevent Omaha and Council Bluffs youth from associating with each other.

The proposed curfew law would prohibit youths 17 years and younger from being out after midnight. The revised curfew is being proposed to help cut down on vandalism within the city. But, no statistics show what age group is causing vandalism. Why not apply the curfew to all age groups? City board member Dorothy Strohbehn feels much vandalism is caused by older youths and adults, as quoted in the World Herald.

If there were statistics of the ages causing damage, then a curfew might be justifiable, but pin pointing youths 17 years and younger is unfair and irresponsible crime prevention. This curfew might

Pin pointing 17 years and younger is unfair and irresponsible crime prevention.

as well say, "We do not trust anybody under eighteen."

Youths are expected to be responsible for their actions. Youths with their parents, should decide when they can come home at night. It is not fair to burden the police force with such trivial matters as whether or not the youths are home by midnight. The police force has more important matters to look after.

A curfew is not going to solve the problem of vandalism. "There are other possible cures to reducing vandalism. Reporting crimes, officer increase, and

It is unfair to take away freedoms when the justifications are based on blatant assertions.

family involvement are other means of reducing vandalism," said Council Bluffs Police Chief Edward Dinovo. Chief Dinovo's solutions are more logical and realistic. There are too many loopholes to a curfew law: police discretion, the odds against getting caught, the impossibility of effective enforcement.

The curfew law deprives all youths of precious rights and freedom. It is unfair to take away freedoms when the justifications are based on blatant assertions.

Since no statistics reveal what ages cause vandalism, no age group should be assumed as the offenders. Until statistics are brought into the public eye, the curfew should pertain to everybody or nobody.



letters

The Register wants to hear from you, either about our coverage or anything else bothering or satisfying you. For publication, letters must be signed and are subject to editing as space requires. Bring letters to room 317 or send them to Letters, Central High Register, 124 N. 20 St., Omaha, Nebraska, 68102.

Rights abused

The third day of school I was informed of the new library policy. Since then I haven't been in the library for more than two seconds, though I used to be a "regular library user."

The library privilege was sometimes, perhaps even often, abused. But the library wasn't just a center for "coffee-kitching." The library was somewhere you could go when you wanted to study before your homeroom was open. The library was somewhere you could research any old thing you felt like at the moment. The library was somewhere you could pick up a book and relax for twenty minutes.

Sure, I could get a pass. But red tape puts me off, and I'm sure this feeling isn't unique among students here.

There's a short play I started reading last year in the library that I never quite finished. I still haven't finished it. I don't want to bother getting a pass, and I don't want to bother checking the book out. I just want to sit and read for ten minutes!

In the last issue of the Register, Mrs. Skinner implied that, since Holly Herman and Pat Gibson have never asked any help of her, they are not "regular library users." Did it ever occur to her that the people who need and use the library most are the people who don't need to ask any help of her?

Can we have our library back, please?

Paul Gadzikowski

Library 'monopoly'

The controversial restrictions on library use are, at worst, an intolerable denial of basic student rights and, at best, a silly tangle of red tape.

It takes only a lukewarm imagination to envision the fancy footwork made possible under the new rules. Request a pass to use the library from the librarian. Execute a right-about-face. Leave. Return and present the pass to the librarian who will stamp the pass and return it to you to return to her at the end of your stay, at which time it will be duly processed by the administration and returned to the librarian. Sounds like more fun than a hot game of monopoly!

Surely a teacher pass does not guarantee silence, nor does the absence of such a pass prevent removal of offenders. Let us preserve discipline, but with a measure of sanity, please!

Pat Gibson

Unequal coverage

In the last issue of the "Register," Central's delegates to the 1977 Boys' State received recognition for their accomplishments. We believe that it is only fair that Girls' State be given equal time. At the 1977 Girls' State conference a resolution was adopted stating that all members should return to their high schools and inform junior girls of the opportunities available to them at Girl's State.

Girls' State is a week long study in Nebraska government. Sponsored by the American Legion Auxiliary, it is held in June on the University of Nebraska campus at Lincoln. While there, girls from all over the state operate their own mock government. They run for political offices, participate as delegates to party conventions, voice their opinions in debates, and serve in their elected and appointed offices. Girls' State has its own legislature and court system.

The girls visit with distinguished speakers, including the governor. For recreation they can participate in the Girls' State Choir or athletic competition. The citizens of Girls' State attend a reunion banquet where

they meet former Girls' Staters. At the end of the week, Boys' Staters and the girls meet at a dance which is the highlight of the conference for many members. Perhaps the most rewarding experience is making lasting friendships with girls from every corner of Nebraska.

We feel that we gained much from our participation in Girls' State.

Martha Murdock
Kim Harling

Reasoning unsensible

Upon hearing the circular announcement concerning delivery of photographs taken by Mr. James Soucie on October 6, 1977, I became curious as to the answers of a certain series of questions posed in my mind concerning the senior picture deadlines.

As known to all seniors a 1 1/2" x 2" black and white glossy photo is to be turned in by October 15, 1977 in order to have their selected photograph appear in the 1978 O-Book.

It seems curious to me that the senior pictures taken by Mr. Soucie during the week of October the third through the seventh will not be ready in time to meet the October 15th deadline given seniors, which poses another question in my mind; is the O-Book staff "playing favorites" in giving those seniors whose pictures were taken by Mr. Soucie an extended deadline and penalizing those students who wished to have them taken elsewhere than the CHS auditorium?? I sincerely hope this is not the case!!!!

Kathy McCallister

Home dishes prove best

by
Chuck Reed

Eating out can be a real headache.

Should you go dressy or casual? Do you have preference for Mexican, Italian, or Oriental dishes? Maybe just a plain old American steak at one of the several dozen steak houses scattered throughout the metropolitan area.

for saturday night

Friends, there is an escape. It's called Marvin Gardens, a new and different restaurant designed, built, and owned by twenty-six year old Mark Hozapfel. Marvin Gardens offers a unique menu in a casual but classy setting.

Whether it's hot and juicy or dry and dressed, the burger stands a class below Marvin Garden's home-cooked edibles. Homemade Italian sausage, several vegetarian specialties, and an all-you-can-eat salad bar highlight the eats prepared at this change-of-pace place located at 3229 Harney.

Mr. Hozapfel, older brother

of '76 Central grad Kim Hozapfel, stresses the 'veggie' portion of the menu as well as the natural spring water that may be consumed via paper cup and self-serve container.

'Veggie' specialties

Zucchini (when they're not sold out), and meatless meatballs sandwiches are standout 'veggie' items. More vegetarian dishes are expected by Mark Hozapfel in the very near future.

Meanwhile, the homemade Italian sausage is similar ranked in the 'meat' of the menu. The sausage comes either single, double, or combined, the latter consisting of hot and spicy sausage combined with a mountain of roast beef topped with either spaghetti sauce or meat juice. Hozapfel says that he hopes to build a greenhouse behind the present building that will accommodate a strictly vegetarian restaurant. The patrons will be able to eat their meals amid the plants from which those meals were picked.

Hours are from 9:30 a.m. to 10:00 p.m. Monday through Saturday - closed Sundays.

So, whether it's Saturday night or during the week, whether it's bean sprouts or sausage in a hoagie, give Marvin Gardens and your taste-tester a chance to get acquainted with some near point in time. You be glad you did.

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Credit possible for working student



photo by Howard K. Marcus

"A couple of good credit references are better than five smaller ones."

Can students establish good credit references while still in high school?

"Yes," according to Mary Staack, secretary at Credit Advisors.

Credit references, which include savings accounts, checking accounts, prior loans, and credit card accounts, are help-

ful in securing a good credit report with credit bureaus.

"An easy way to establish credit is to go to Brandeis or Penneys and open up a small charge account. Since they are willing to start you out," Mrs. Staack said.

Good credit also helps in getting a loan, according to Tom

Broderick, who works in the Installment Loan Department at Ames Bank.

"Checking accounts and savings accounts are good credit references. They are collateral when applying for a loan," he said.

"Other credit references useful in getting a loan are national credit cards, credit at a bank, department store credit cards, and payments made to a store," Mr. Broderick said.

"A couple of good credit references are better than five smaller ones."

Loan procedures

"After a student fills out a loan application, the bank makes a credit check with a credit bureau," said Mr. Broderick. If the credit check is good, the student then makes known any collateral he may have, and tells the bank what he wants to buy.

Only one cosigner is needed, such as a parent, when getting a loan, according to Mr. Broderick.

"The main reason most students are denied a loan is because they have no cosigner or no income. You have to have a job," he said.

John Longenfeld, reviewer at First National Bank, said a student should not get discouraged if he is not accepted for credit the first time he applies for it.

"It takes time to build a credit file. It doesn't happen overnight," Mr. Longenfeld said.

Credit card guidelines

Mr. Longenfeld stated that the usual guidelines for getting a national credit card are that

a person must have three credit references, one year past work history, and two years work history at a current job.

Janice Lieb, manager at Retailers Commercial Agency Inc., said it is virtually impossible to establish a credit account if a person is under legal age (19).

"The law does not protect people (credit agencies) if you are under age," she said.

"If a student loses his job, he or she could refuse to pay the credit bureau and the bureau could not do anything about it," said Mrs. Lieb.

"It's not that students are a big risk. It's the fact that they don't have enough income," she said.

Mrs. Lieb said that although it is hard to get credit with national credit card companies, students under 19 may be able to get a service station credit card on a monthly basis of payment.

Few opportunities

Richard A. Jensen, general manager of the Credit Bureau of Greater Omaha Inc., said that although students usually have less opportunity to establish credit, it is very difficult to say how hard it is for a student to establish credit.

"A student usually has a part-time job at best, which is a big drawback," he said.

Mr. Jensen said that credit granters decide whether to accept young people or not.

"Some may have a policy open to students while some may not," he said.

"After a student's first credit application has been accepted, he usually has a better chance of being accepted again," Mr. Jensen said.

"A student should complete the application fully," said Mr. Jensen, who said an application consists mainly of basic questions such as home address, name, etc.

Keeping good credit

Once a student has credit, how can the student keep a good credit file?

"If you can't make a payment, call your creditor and tell him why. Tell him that you can only pay so much now and that you will pay the rest the next month," said Doug Ellis, office manager at Credit Advisors.

Mr. Ellis said that too many people don't want to call their creditor when they get into financial trouble.

"A student should really set up a complete plan and know where every dime is going," he said.

"Schools should teach students how to manage a budget better. Most people are very, very unprepared," he said.

Mrs. Staack and Mr. Broderick both said that students should keep their credit standing in good position.

Mr. Broderick said that a student should be in a position to get a loan at the age of 19 with a cosigner.

"A lot of kids, when they first get married, get all of their furniture at once. Take it slower. Don't jump into it," said Mrs. Staack.

of central importance

Students begin hike

The Outdoor Education Association will sponsor the Fall Outdoor Hiking Program October 12-14. The Outdoor Education Association, headed by Jane Hallstrom, is part of Omaha Public Schools. There will also be another hike sometime in April.

"Last year only four high schools participated as part of a pilot program, and because of the good response, all OPS high schools will be participating this year," said Barb Tegt, who, along with James Kennedy, is one of the chairmen of the Central program. "Personally, I think it's a great idea," added Mrs. Tegt. "It gives you a chance to be in an environment that is different from your daily environment. This way you are better able to open up and be yourself and develop new relationships with people you otherwise might never get to know."

The three day session costs \$12. Each school is paired up with another school. There is a limit of 14 students and 2 teachers per school. All the equipment, except for a sleeping bag, is provided. October 5 is the deadline for handing in the money and parental forms. The home base will be at Camp Pokamoke near Crescent City, Iowa. The hike is close to 10 miles long.

"I like the outdoors," commented Mr. Kennedy. "I like to backpack too, . . . even though I've never done it before."

Those students who are going on the trip will attend a meeting at Northwest so that they can learn camp crafter skills such as first aid and map reading.

"Since more than 14 people have shown an interest, we will try our best to be fair. We will open registration first to those students who will not be here next year and then for the rest of the school," said Mr. Kennedy.

Wings to form

Wings will be the new club replacing Pep Club this year. According to Barb Tegt, the change is long overdue.

Coordinators of Wings are: David James and Geri Zerse, as well as Joanne Dusatko and Barb Tegt. "The need for a change was apparent, but nothing was being done about it," said Mrs. Zerse.

"Last spring several teachers interested in a spirit club brought the idea to me and Wings is what evolved," said Doug Morrow, Central athletic director.

Wings attempts to involve more students in school spirit. The club is open to girls and guys. There will be a reserved area in the front for Wings' members to sit, but special seating will not be mandatory.

"We decided it would be best to have less requirements. Just a group to support enthusiasm at our games and to maintain unity," said Mrs. Zerse.

"Very few schools have strong pep clubs. The interest shown by the student body at Central has dropped excessively within the past five years," said Mrs. Tegt.

To join Wings, a student must own a Student Activity card and buy a t-shirt. A membership to Wings is a requirement to try out for cheerleading or Eaglettes.

The t-shirts are purple and white rugby shirts with an Eagle's emblem sewn in. The shirts will cost \$8.50, which includes a 25c membership fee, and will go on sale soon.

Debaters plan ahead

Last year the Central debate team won 81 trophies and 32 tournaments and they have the same plans for the upcoming year.

"There has been a lack in interested students this year as compared with last year, but this year's teams have a lot of experience," commented Arnold Weintraub, debate coach. There are two varsity teams this year and six novice teams. Each team is made up of two people. "There are many more novice this year than last year and they are all talented," said Dr. Weintraub.

"A lot of work is involved

in debate, but it all depends on how far you want to carry it. If you want to win, you'll end up spending a lot of time and if you don't care and just want to have a good time, you won't work hard, but you won't be in debate for long either," explained Dr. Weintraub.

Jim Fishkin and Tim Martin, two junior debaters, placed second out of twenty teams in a summer debate workshop at the University of Iowa in Iowa City, Iowa. The twenty teams represented four states. Tim placed first in extemporaneous speaking.

Upcoming events include a workshop at UNL on October 8. A few doctors will be speaking on the debate topic this year which is on medical care.

October 22 there will be an intra-squad practice for all the Central teams so that they can practice by debating in a tournament situation.

The first debate tournament will be November 4-5 at Hoover High School in Des Moines, Iowa. Many schools from the area will be represented. The Junior Varsity tournament will be at Mercy High School on the same dates.

During the year there will be two midwest debate tournaments whose winners will qualify for two mini-national tournaments. The district tournament and the state

speech tournament will be the qualifiers for the national tournament in Chicago.

"I would say that from Nebraska, Creighton Prep and Lincoln East are the schools that give us the most grief," said Dr. Weintraub. "From Iowa, I would say West Des Moines Valley High, Newton High, and Dowling High are our toughest competitors."

"I have no doubt that we will have success this year. I feel that my senior team is ranked the best third or fourth in the state," said Dr. Weintraub.

Centralites compete

Saturday, October 1, twelve Central High R.O.T.C. students joined ten other Omaha schools for a day of orienteering at Hummel Park.

Signs, with point values, were hidden in the woods of Hummel Park. A map of the park and a compass were given to each team of two students. Students had ninety minutes to find as many signs as they could. The team collecting the most number of points won. Central students Laura Davis and Camille Easter won the woman's division.

Other students involved were Milton Fowler, Fritz O'Neal, Robert Barnett, Tim Martin, Howard K. Marcus, Kathy Hamell, Charles Shields, Larry Hall, Randy Stevenson, and Frank Kerkmeyer.



inseitz

by Kiki Seitzer

Lefties want rights

Lefthanders don't want to be 'left' out, 'left' behind, 'left' over, or put in 'left' field anymore. They are one of the most neglected, put-down minorities in the United States. One out of ten (25 million Americans) are left-handed.

In pre-historic times, Neanderthal man made ambidextrous tools. Then, left and right handers were equal in number. The Romans seemed to have started the persecution of lefthanders. They started the famous right-handed hand shake.

Lefty vocabulary

The French word "gauche" means "left" but in English it means "clumsy." On the other hand, "adroit" in French means "right," while in English it means "skillful." "Sinister," "ominous" in English, means "situated on the left side" in French.

Scientifically, the brain is broken into two parts. The left hemisphere controls the right side, language, and analytical ability. Lefties tend to be creative since the right hemisphere controls the left side, intuition, and mental imagery. Sometimes a person could be left-handed, right-footed, and right-eyed.

Even the motion picture industry is getting into southpaw persecution. Recently, I saw the movie, "Rocky." In one part of the movie, the champion's trainer doesn't want him to fight the left-handed Rocky, called the Italian Stallion. The trainer said, "He's a lefty. I don't want you messin' with no lefthander. They do everything backwards."

Many items discriminate against lefthanders: gum wrappers, control panels in airplanes, musical instruments (ever tried to play a bass left-handed), and playing cards.

June Gulleeson, president of the Lefthand Inc. in New York City, started a business that makes items for lefthanders. Lefthanders must buy custom made items, and that can be expensive.

Famous left-handers

Many famous people are left-handed. These people include Alexander the Great, Babe Ruth and Ted Williams from baseball, Rock Hudson, Dick Van Dyke, presidents Harry S. Truman and Gerald Ford (maybe that's why he's clumsy or has two left feet), Michaelangelo, and half of the Beatles (Paul and Ringo).

From *The Left-Handed Book* by James T. deKay: "Be it resolved that all Left-thinking citizens, mindful that their Birthleft has been denied them shall hence forth stand up for their Lefts! We call upon each one of them to support this Bill of Lefts specifically to..." The Lefthanders International based in Topeka, Kansas is standing up for the lefts of south paws.

If, I, as a righthander may make some suggestions to the southpaws in Central: buy an English car, maybe a Triumph Spitfire, since they come equipped with a left-handed gear shift free; learn the Hebrew language which is written right to left; play baseball as your favorite sport since it favors left-handed pitchers, batters, and first basemen for various reasons; and learn to type since the most important letters are on the left side.

As the Uncola commercials suggest, Undo it, and say Left on! instead.

Students put Central's radio on air

What began as an extension of Central's media courses, has crawled into the building's courtyard and will soon be found as far away as Farnam Street.

Central's closed circuit radio station, KDCO, broadcasts during lunch hours and before and after school. Before long, however, listeners will be able to tune into KDCO at 540 on any AM radio between the hours of 8:00 a.m. and 3:30 p.m.

The station, operated by Central's students under the direction of Tom Marsicek, results from the radio production course rejuvenated second semester last year.

"I leave as much control of the station as possible to the students," said Mr. Marsicek. "The philosophy of the station was developed by the radio pro-

duction students last year. The beginning of the station entailed a very important decision making period, and it was a super experience for them (the students) to be able to establish their own station philosophy."

Before students are allowed "on the air" however, they must first complete several requirements. Several lectures stressing such things as projection and articulation is the first step. Numerous recordings of commercials, new shows, and short "d.j." shows follow.

"After several weeks of in-class evaluations and practice sessions, the student then submits a 15 minute audition tape for evaluation by the program director, Bill McAndrews, the director of staff development, O. J. Pulliam, and myself," Mr. Marsicek explained. "Provided



Eight Central students tour Israel rewarding trip inspires future visit

Eight Central students visited Israel this summer for six weeks, an experience they said was quite unusual. Traveling with them were twenty other Omahans and students from New York, New Jersey, Washington, D.C., California, Oklahoma, Florida, and Michigan.

Why of all places go to Israel amid all the controversy and turmoil? Some wanted to visit the country their families once lived in, as well as to visit the sections where biblical figures once lived and where the three main religions of the world began.

"One unusual experience was staying in the Negev Desert."

— Marsha Cooper

"Israel has always been a major concern with my family. Everyone in my family, except for my younger brother, has been to Israel at least once. I've always looked forward to the thought of going," commented Efreim Bromberg, Central senior and one of eight on the trip.

Amy Alpersen, Central senior, said, "There aren't too many places where I would've gotten the chance to ride on a camel. It was really great. I felt like I was on top of a double-decker bus looking down on everyone."

"But for me, one of the most exciting parts of the trip was our frequent trips to the Mediterranean Sea. I loved jumping the waves and letting them push me over with the power they have. It felt kind of like a massage. You could just taste the salt, but it was great," added Amy.

The Central students who went on the trip were: Amy

Alpersen, Efreim Bromberg, Marsha Cooper, Ronna Cooper, Bluma Karpman, Steve Parsow, Alan Potash, and Julie Potash.

The group traveled to the Coral Islands in the Red Sea where they went snorkeling.

"Snorkeling was the best. I saw beautiful fish, eye-to-eye. The coral was also beautiful. The funny thing is after I got home I found out that the Coral Islands have an abundance of sharks," said Alan.

"I have some relatives in Israel," said Bluma, "so I stayed with them for awhile. It was really interesting to observe how they live. Most people think that Israelis don't have cars, televisions, or phones. They do. I have to admit that we do have more luxuries than they have, but Israelis, for the most part, live comfortably."

"Bargaining in the Arab market with hundreds of little shops all along the narrow streets is a riot," said Steve. It's also very crowded and easy to get lost in. The Arabs try to get as much money out of American tourists as they can. You really have to be tough and bargain items down since some Arabs triple the price. Sometimes they won't let you leave the store until you buy something. I just told them I didn't have any money left."

"Kids in Israel are more mature. They are more concerned with the survival of their country."

— Ronna Cooper

Julie, talking about meeting Russian immigrants at the Ben Gurion Airport in Tel-Aviv, said, "That was one thing that really impressed me. There were about fifty of them and they all looked so sad when they first arrived. Then some

of them saw their relatives, their faces just lit up. They danced and sang Hebrew songs for them. Even though we couldn't communicate by language, we understood each other, and it was great."

"Israel is such a small country, but has so much to offer."

— Bluma Karpman

Commenting on the difference between Israeli and American students, Ronna said, "Kids living in Israel are more mature. They are more concerned with the survival of their country. Americans have it pretty easy when you think about it. Practically all we think about is prom and SAT's."

"One unusual experience was staying in the Negev Desert for awhile," said Marsha.

Speaking of the Bedouin lifestyle, Marsha added, "They wore very dark, heavy clothing to protect their skin from the sun. They only spoke Arabic. One night when we were camped out, they came and stole our garbage. They mostly took things like orange peels and apple cores. I guess they eat or give it to their animals. That is their whole life. They just roam through the desert begging and stealing. I felt sorry for them."

All eight Central students said they would like to visit Israel again. Some of them even said they are considering going to college in Israel and perhaps eventually settling there. "I'd even go to the Israeli Army," said Julie. "I think it would be a good experience."

Commenting on Israel's environment, Bluma said, "Israel is such a small country, but has so much to offer. The landscape is beautiful and very different."

THE CENTRAL HIGH BAND NEEDS HELP

The new uniforms have established a \$2,000 debt. The band has been noted as one of the finest spirit organizations in the school. This group supports everything from cheerleaders to the rat pack. Unfortunately for this group to continue, we need money. We're very sorry it has come to this but if we don't remove this debt soon the whole band will go bonkers. PLEASE SUPPORT YOUR BAND.

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Health expert: some foods bad

Did you know that by coating your hand with peanut butter and rubbing it under running water, it will produce a soap-like substance because two-thirds of it is lard? Did you realize old and moldy, unbought cheese is reconditioned, ground up, heated, and combined with a salt, water, and an emulsifying agent, then poured into packages for sale?

These and other facts were presented by nutritionist Don Clark to a small group of students Tuesday, September 27. Pegi Stommes, Central drama teacher, asked him to speak to her class.

Mr. Clark stressed the poor health of many Americans. "Good health is hard to get in today's quick food society," Mr. Clark said. "Eighty-eight percent of the people today are sick, be it from cancer to bad blood."

Bad influence of advertising

Mr. Clark lays some of the blame for America's failing health on the influence of American advertising. Products are advertised as healthy, improved, fortified with vitamins, etc. . . "What the people don't know," said Mr. Clark, "is that the nutrition of the raw material is processed out, to be replaced, or fortified with synthetic supplements, which may do the body more harm than good." Some bakers remove seventeen vital nutrients from the flour used to make bread, and then guarantees "enrichment" by replacing five nu-

trients in synthetic form. Freezing, processing and even letting food sit out in the air makes the food lose much of its nutritional value, said Mr. Clark.

After many years of doctor bills, Mr. Clark and his wife decided to do something about their health. They got involved with the Shaklee corporation, which sells nutritional supplements and foods to help keep the body strong and healthy, along with personal care and household goods. They are now coordinators in Omaha, working out of their own home.

Sacrifice of many foods

"Six years ago my family and I gave up processed flour, soda pop, pastries, and many other foods, and started taking care of our bodies," Mr. Clark said. The Clarks started eating as many natural foods and nutritional supplements as they could. Mr. Clark admitted that it was difficult to make this change, especially for the high school teen-agers.

After one lost weight, one cleared up his acne problem, one gained the weight he needed, they all felt better and had more energy, Mr. Clark said. Their health problems soon decreased.

It costs approximately fifty cents to one dollar a day to take the vitamins they need. Avoiding buying junk food will actually lower the food bill. "We save about one hundred dollars a month in grocery bills," said Mr. Clark.



photo by Tony Smith

Julie and Tami practice daily for "Giselle," the upcoming performance.

Rewards of ballet many

"When I was little I always wanted to become a ballerina because they looked perfect and beautiful, but now my reasons are different. I love dancing because it is a natural way of expressing myself. Dancing is so unique because I am able to exercise my body as well as my mind at the same time," said

Central sophomore Julie Rivard, Omaha Ballet Company member. Julie and Central junior Tami Rubin have been members of the Ballet Company for one year. Tami said, "I never thought Omaha would give me the chance to become actively involved with dancing. Omaha is continually growing with the fine arts."

Ballet idols

Julie's idol is world-famous ballerina Patricia McBride. The reason I admire Patricia McBride is because she became serious about a dancing career at an older age. This leaves hope for me to become a pro-

fessional since I have only been serious about dancing for two years," said Julie. Tami does not have any particular idol. Tami added, "Every dancer offers something new and interesting for me to admire. I admire all dancers for various qualities and characteristics."

Dancing every day

Tami and Julie dance every day. Julie said, "Sometimes it is hard to find time for school work since I usually have classes every day and then rehearsals. I spend an average of four hours a day dancing. When I am getting ready for a major performance it is especially difficult." This year's first performance for the Company is "Giselle" with the "Nutcracker" following in December.

Tami throughout her dancing career has taught yoga, ballet, and gymnastics. She also had danced with the University of Nebraska at Omaha, District 66, and Omaha Public Schools. Julie helps out teaching jazz, tap, and

ballet at a local studio, and this summer she was in a disco model show.

Julie and Tami feel performing is the reward for long rehearsals and daily classes. Tami said, "When I perform it shows people what I have learned, and it gives me a chance to really work hard for something."

Julie feels dancing should be offered in school curriculums just as freely as art or music. "Some people are not academically inclined; they enjoy physical activities just as well or better than academics. Too much emphasis is placed on grades and formal education. An out of shape America is resulting from this," stated Julie.



photo by Tony Smith

Jim Backer puts everything into a forceful forehand.

Boys' tennis remains unchallenged

What team is the only team to have completed the winning season with an unbeaten record of nine wins in nine dual meets? Central's boy's tennis team netted an important victory over Prep in their meet of the season and won all the rest of their meets rather handily.

"We had some problems early on in the season, but it was just a matter of getting the right people in the right places," tennis team coach Ken Boettcher said.

This year's team is led by captains Hal Koch and Jim Backer. Hal and Jim play first and second singles. Chris Foster fills the other singles spot in dual meets. "Lamond Wilburn and Leonard Bates are our number one doubles team while

Dan Koch and Brian Canaday comprise the number two team," Mr. Boettcher added.

By finishing the regular season with an unbeaten record, the Eagles ended up in first place in their conference. Westside finished in first place in the other conference. In previous years the two schools would have a playoff to decide the Metro champion. However, this year there will be no playoff.

"I think that it is really too bad that there is no play-off this year. Now, we cannot claim sole ownership of the Metro title," Hal commented.

"We should have a strong team next year," the coach stated, "We only have six seniors on the team. Other senior

team members are Jeff Camp, Ed McEachen, and Brandt Karstens." Tom Swinarski, John Schmidt, and John Schroeder all are sophomores and will return to the team next year," Mr. Boettcher said.

Mr. Boettcher also said the team has been a pleasure to coach. "The team is really enthusiastic. They should do well in Metro and State tournaments," said the coach. Mr. Boettcher added that Westside, Prep, and Burke all have a good chance to win the state tournament this year.

Mr. Boettcher concluded, "We definitely have a chance to take state this year. It is all a matter of everyone putting it together and playing their best."

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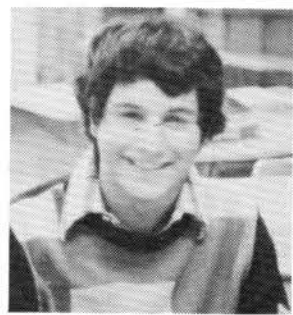
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after the anthem

by Jim Zipursky

A sport?

The helicopter hovers slowly over the animal. The hunter loads his rifle and takes aim. The hunter sights the deer, wandering defenselessly in the snow. The animal stands out in the snow like a boy on the girl's stairs. The hunter fires, the deer falls like a felled oak tree. The helicopter lands so that the hunter may collect his spoils. Some may call this a sport, a challenge; I call it merciless murder.

A sport is when there is a challenge. With the advancements in technology of hunting accessories and techniques, hunting has become less and less of a sport. If the "sport" continues at its present popularity, it will get totally out of hand within a few years.

Benefits

Yes, there are some benefits to hunting, if properly controlled. Joe Badt of Shreveport, Louisiana, commented, "I work for the State Game Commission of Louisiana. When the population of a certain species of animals becomes too large, the State hires me to help control the population. That is the only kind of hunting I do."

It is too bad that not all hunters are as conservative as Mr. Badt. "I go hunting most every weekend. It really doesn't make a difference to me what I shoot at, just so long as it moves. Coyotes are my favorites, though; I get a real charge out of killing them," might be the reply of a typical American hunter. We shall call the hunter Mr. Robert Jacobs for reference purposes.

Survival

All hunters are not as unconcerned as Mr. Jacobs, to say the least. But there are many others like him who believe the same as he does. Steven Maxson, assistant to the director of the Michigan Game and Parks Commission, explains, "Originally, almost 90 per cent of the men in the Midwest were hunters, simply because it was a matter of survival. If the man of the family did not kill something, his family wouldn't eat for a while. Now, only about two per cent of the people in the entire country who hunt, hunt for survival. The rest are into it purely for the sport of it. Some do it (hunt) because they enjoy trying to out maneuver their opponent, the animal. Others do it because they enjoy killing things. These are the people who ruin it for the others."

The true hunter will tell you that it is the chase that is the true sport. Tracking down your prey is the test of a real sportsman. Once you find your victim, killing it becomes secondary.

"Wolf hunters are a different breed." Mr. Maxson said, "They hunt simply for revenge. They want to kill the animal that stole some of their (the hunter's) sheep or cattle. The hunters go up in airplanes or helicopters in the wintertime, and pick off the wolves like ducks in a shooting gallery. There is no sport to that."

Perhaps the only true "sportsman" left of the hunters is the fisherman. When a fisherman casts his line into the water, he doesn't really know what will happen; whether he does or doesn't catch something depends upon how lucky he is that day. Fishermen very rarely see their catch before they bring in the fish. Also, most fish will put up a good fight before they are ready to be landed.

Multiple catch

Technology has raided the innocence of this sport also. Fish finders and other radar devices have been used by fishermen all over the nation. On a recent canoeing trip, I met a man who told me, "I just use my radar to find a big school of fish. Then, I drop a line in. The line has about ten pounds of shiny, spinning devices, four pounds of bait, and 100 hooks. I let the line stay in the water for about 20 minutes, then I bring it up. Usually, ten to twenty fish have gone for my lure."

Obviously, hunting and fishing will remain as popular pastimes in America. But if we wish to keep them true sports, there must be stricter controls and guidelines set up, and these guidelines must be enforced. If not, we may find the Robert Jacobs of America slaughtering an ever decreasing amount of wild animals in this country.

CHS coach impressed, golfers finish 4-4

This year's boys golf team finished the season with a four win four loss record in dual meets. Coach Warren Marquiss said, "I am very impressed with the way the team has performed this season."

"Gary Kudym is the team's most consistent golfer. He almost always goes out and shoots well. Grady Hansen may not always do well in the dual meets, but he does very well in tournaments," the coach

added. Grady tied for seventh place in the Papillion Invitational, and tied for eighth in the Metro tournament.

Ron Kiger, Todd Ashinger, and Ambrose Jackson comprise the rest of the team.

"I think that we can do quite well in our district meet. I say this every year, and I will say it again, we definitely have the potential to qualify for the State tournament," concluded the coach.



photo by Tony Smith

"It gives me satisfaction to blast somebody on their rear end."

Unknown stars find self-satisfaction in role

by Dan Goodwin

The ball is snapped. The quarterback makes the handoff. Bang. Five yards and a cloud of dust. That's good for a touchdown. Sounds easy, huh?

Many times in football you watch a back cross the goal line to paydirt. He gets all the glory and the publicity for the score. After all he did it by himself, right? Wrong! What about those other five guys up front — the ones that get kicked and spiked, clipped and bruised? In case you didn't know, they're called the interior linemen.

The line

The interior line of an offensive football team includes a center, two guards, and two tackles. On the Central varsity squad these underpublicized heroes are Tom Hedrik (center),

Stan Perry (guard), Andy Krolkowski (guard), Mark Rigatuso (tackle), and Steve Poole (tackle).

The attitudes, as well as the abilities of these unsung stars are the reasons for their success so far this season. Stan Perry, two year letterman, has mixed emotions when he does his job well. "When a back scores off my block it makes me feel good inside. Then when the back gets his name in the paper and I don't get any credit it makes me feel kind of bad," said Stan, "I try to look at it from a team standpoint. After all, it's a team effort." In Central's tie with seventh ranked South High, Stan threw a block that wiped out two defenders, enabling halfback Perry Washington to complete his 48 yard run that evened the

score at 12 apiece. "It's a rough job, but somebody has to do it," Stan added.

Rely on quickness

For junior Tom Hedrick a senior Steve Poole "knowing we did our job" is reward enough for their gridiron laurels. Tom Hedrick, weighing in at 110 pounds, is usually over 100 pounds lighter than his adjacent foe. "I rely on my quickness to beat my opponent," said Tom. Steve Poole feels it's a real challenge to move an opposing defender for a few low teammates. "It gives me a lot of satisfaction to blast somebody on their rear-end," said Steve Poole.

Thanks to the help of the Eagles' "fearsome fivesome" Central backs have collected 810 yards and 9 touchdowns in only five games this season.

New crosscountry rule determined unfair

Central's crosscountry team has opened the 1977 season with a new look.

The metropolitan cross-country conference now allows girls to compete with the boys. In fact, the new rule states that the girls cannot compete head to head against other girls. Central crosscountry coach Dave James feels the ruling is unfair. "It's a dumb rule which is going to hold the sport back. For the girls to have to compete with the boys is frustrating and discouraging," said Mr. James. Central harrier Bob Kain also opposes the rule. "The girls are afraid of running with the boys, it's unfair," Kain said.

The girls' fear of competing with boys is quite evident at Central and around the city as well. Central has four girls on its crosscountry team, Pat Gue, Pam Strunc, Jackie Washington, and Cami Springer, which is more than any other school they've competed with. Bellevue East's Patty Rinn competed against Central and

she finished the two and a half mile course in the middle of the pack. Coach James thinks Miss Rinn could be one of the best competing among other girls. "Girls against boys is a test of endurance isn't an equal comparison. The physical capacities of the two are unbalanced," he said.

"I won't allow my girls to compete now because it could be a demoralizing experience for them. I'm working to have the rule changed by next season," Mr. James added.

Homecoming victory first in years

Central won its first Homecoming game in three years by downing the Bryan Bears, 22-14. The last time the Eagles won a Homecoming game was in 1975 when they defeated Bryan, 28-14.

A sparse crowd showed up on a rainy night to see Central take a quick 14 point lead over the Bears. Kirk Curry scored from 49 yards out on Central's third play from scrimmage. Dan Goodwin scored on a two yard touchdown run, and a two-point conversion.

Tough defense

A tough Eagle defense kept Central out of trouble throughout the second half. Bryan had a chance to score with little time left in the game. Goodwin broke up a Bryan pass on what seemed to be the last play of the game. However, pass interference was called on the play, and the Bears got the ball on the one yard line, with one more chance to score. Goodwin and Johnson broke up the Bears last ditch

scoring effort, giving the win to Central.

Central's second loss of the season came at the hands of the Millard Indians. Millard, 2-4, upset the Eagles, 17-14, in an error-filled game. The Indians' first two scores were set up by Central turnovers. Rob Hansen, before being stopped at the one, raced 59 yards on the first play of the second half. Hansen scored on Millard's next play for the Indians' last score of the night.

Curry went 18 yards on a sweep left for Central's first score, and Goodwin broke two tackles on a 78 yards touchdown run. Goodwin finished the game with 186 yards rushing on 23 carries.

Last Chance

Central had a chance to win the game, but an incomplete pass on fourth down and goal at the Millard five stopped all hopes for an Eagle victory. Central's final points came as Swait tackled Hansen in the end zone for a safety, with 35 seconds left in the game.

Central's next game of the season is against Creighton Prep, on October 14. "We have to play our best, and both physically and mentally ready if we expect to beat Prep," said Gary Bailey, Central's head football coach. "We must be well prepared for the game if we hope to have a chance," he went on to say.

Toughest opponent

Coach Bailey explained, "Prep is probably the toughest opponent we will face all year, even tougher than unbeaten Papillion. Prep has had over seven points scored on them a year, so we will have to be on their defense."

This is Prep's Homecoming game, so our team will need the support of as many loyal Eagle fans as possible. The game is at 7:30 P.M. at Bellevue. It is an away game.

Once again, the Las Vegas oddsmakers are smiling in Central's favor, as one oddsmaker promised, "Central will win, 8-6."