



Concert Band Competes

The Concert Band, under a new director, recently performed and competed at a series of local festivals

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Retiring Teachers

As the school year ends, so does the tenure of several Central teachers.

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Leaving the Nest

Seniors on the staff of The Register share their departing words

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the REGISTER

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Marijuana legalization comes to Legislature, ballot box

Pangaea Kaan
staff writer

Nebraskan senators are currently working towards the legalization of medical marijuana throughout the state. After much hard work to legalize the medical use of the drug, senators Adam Morfeld and Anna Wishart are proposing a bill to the Unicameral for Nebraskans to vote for legalization on the 2020 ballot.

The proposition of the bill has come after many debates over the matter, but the most recent was a discussion of legislators who presented the therapeutic benefits of the drug for a wide range of conditions. Lawmakers in Lincoln have worked towards the bill for several years, but it has not advanced to passage. These debates are leading to the pursuing of the ballot measure by advocates.

“Our legislature has been given multiple opportunities to legalize medical marijuana over the past five years and help relieve suffering for Nebraskans with serious medical conditions,” says Senator Anna Wishart who is co-chairing the ballot campaign in addition to sponsoring legislation. “It is essential that Nebraskans have an opportunity to vote on this issue on the 2020 ballot, which is why we have formed a ballot campaign committee and are filing ballot language today.”

Senator Adam Morfeld, who is also supporting the push, added, “The ballot measure will protect patients and establish the foundation upon which a medical marijuana program will be built.”

Both senators joined with the national advocacy group for the Marijuana Policy Project. The measure is a constitutional amendment that lays out protection for patients and caregivers.

The proposed bill allows physicians or nurse practitioners to be able to issue recommendations to patients who would then be allowed to “use, possess, access, and safely and discreetly produce an adequate supply of cannabis, cannabis preparations, products and materials, and cannabis-related equipment to alleviate diagnosed serious medical conditions without facing arrest, prosecution, or civil or criminal penalties.”

For this amendment to appear on the ballot, senators and advocates must first collect valid signatures from ten percent of state voters, amounting to roughly 120,000 signatures.

To support the bill and see it on the 2020 ballot, go to <https://www.nebraskamarijuana.com>.

ABDULLAH AT THE ADDITION

Former Nebraska Cornhusker and current NFL running back speaks to Central students in the new addition's black box theater



Photos Courtesy of JAZZY CHAN

Ameer Abdullah speaks to hundreds of Central students in the new addition's black box theater. He wanted to motivate students by speaking on overcoming vulnerability and used his experiences as an NFL player to guide his speech.

Anne Gallagher
executive editor

NFL running back Ameer Abdullah started his venture in public speaking at THE Omaha Central High School. He made an appearance as the first speaker in the new addition's black box theater this April, with hopes to inspire young minds, “I wanted to come and inspire the youth because the youth of today are the adults of tomorrow” Abdullah said.

As a motivational speaker, it was his first time in front of a student body. He focused on vulnerability, individuality and perseverance and felt Omaha Central was a school that embodied his message, “Omaha central couldn't have been a better place for me to speak to today, because it's a smorgasbord of so many different cultures, so many different races and so many different backgrounds and that's what I stand for,” Abdullah said.

Abdullah's promotional manager contacted assistant principal Justin Thomalla to organize the event and Thomalla said “he did a really good job relating to kids... it was a great message”. Thomalla was not only pleased to have the NFL player visit the school but also thinks it will further elevate the school's reputation, “its only gonna help spread the word about Central and how Central is a great place” he said.

Principal Ed Bennett felt that the students responded positively to Abdullah's talk and the use of the black box theater for the first time, “a lecture like this is one of the reasons the black box is there”

Bennett said.

To attend the event, teachers could enter a lottery where random classes were chosen. Bennett says it gave people who wanted to be there the opportunity to attend without forcing the disruption of class time. Most of the teachers and students who wanted to see Abdullah speak were able to, as he spent time in the auditorium as well as the black box theater. Most of the teachers and students who wanted to see Abdullah speak were able to as he spent time in the auditorium as well as the black box theater.

Abdullah is currently the running back for the Minnesota Vikings but spent his college football career at the University of Nebraska in Lincoln. As a former Husker player, many Central students and staff members were especially receptive to the speech of this record-holding player.

Ultimately, Abdullah wants to motivate society's next generation and says, “we are always talking about changing the status quo of society, changing how we treat each other, but it's about the influence”. Abdullah hoped to embody this influence for the students of Central through his speech.

The first speaker in the black box theater marked a new beginning for Central and intended to connect the school community through inspiration and the ability to personalize his message to any student. He understood that the student body all have unique life experiences and said “I hope that they take my message and make it personal to them”.

With New Director, Concert Band competes at local festivals

Emma Whaley
executive editor

The concert band has recently been attending many festivals in the Omaha area. The attendance to some of these events are due, in part, to the new band director Evan Lee who was given the job this year after former director Peter Wilger retired.

The concert band, which is divided into Symphonic Winds and Wind Ensemble, performed for the Nebraska State Bandmasters Association and adjudications. The Wind Ensemble alone performed at the District Music Contest, along with several soloists.

"The Wind Ensemble this year did very well," Lee said. "They were one point away from a perfect score at District Music Contest."

That festival, and several others, were graded on the basis of tone, intonation, precision, facility, balance, expression and an "other" category. A perfect score would be a one in each category, sometimes called "one plus" or a "one with distinction."

"I think, as a band, we've definitely improved over the last couple months, heading to the end of the year," junior Lieu Hidalgo said. "Some could attribute it to our new band director, but I think, as a band as a whole, we've grown a lot and come together more."

Hidalgo plays the tenor saxophone and bassoon in Symphonic Winds. It's his second year in the Central band.

"There's no other program in Central I'd rather be in," he said. "With the band performing more around Omaha and in the state in general, I think we're going to do a lot better marching and a lot better musically."

As the band director, Lee's biggest goals are to keep improving and keep building the ranks of students who want to play and grow as a community.

"My big picture goal with our band is that we develop a culture and community of excellence and pride in what we do," he said. "I want to see us have a family atmosphere ... where we know that, at any given moment, if we have a kid, one of our own, that is having troubles at home, hav-



Photos Courtesy of EVAN LEE

ing some kind of a classroom issues or just needs a pick-me-up, that we've got people in our group that care about each other."

Next year, the fall marching show will be "Beyond the Small Door," featuring music from the animated movie "Coraline." Lee also hopes to begin the process to get new marching uniforms by the 2020-2021 school year.

"It's been a good first year and I'm looking forward to many more," he said.

The concert band's final recital was the spring concert on April 30. They will also be performing at graduation.

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Legacy walk to honor foundation donors, alumni along Dodge

Anne Gallagher
executive editor

The months of construction at Central have not only resulted in the new library and arts addition, but have also allowed for the creation of the Legacy Walkway. The Central High School Foundation encourages donors to contribute to the walkway and says it is “being erected on the corner of 19th and Dodge Streets to honor Legacy Fund donors”.

Donors to the Legacy Walk can join a variety of “Legacy Societies” based on the amount of money they choose to contribute. These societies range from the \$5000 and above donation group known as the “O-Club Society” to the \$500,000 and above group called the “Eagle Society”.

Each of these groups has a specific dedication site on the walkway outside between the first and second sides of the school. The foundation aims to make their donors feel secure with their money and says “The funds are endowed to create a permanent source of support to ensure the Tradition of Excellence for future generations”.

Potential donors such as alums and Central staff were given a brochure outlining some details and information regarding the Legacy Walk. In this brochure was an excerpt from 1995 Central grad Clark Lauritzen who thanked past donors for their aid by saying “your passion and support open a world of possibilities for Central, its students, and the community it serves”.

The site plan for the new Legacy Walk includes gardens and benches in addition to the walkway. In accordance to the size of their donation and Legacy Society, donors will earn a special mention on a specifically located part of the walkway.

The foundation’s board of directors manages everyday activities and monetary assets. They want to make sure donors feel comfortable, “The Legacy Fund is managed by the Central High School Foundation to ensure the donors’ charitable gifts will grow over time and be distributed to make the greatest impact” the foundation said.

Donations to the Legacy Walk will be included in the foundation’s “Legacy Fund”. This specific group of money will be used as determined by the foundation board of directors, “the Legacy Fund allows a donor to provide a financial contri-



Photo Courtesy of CENTRAL HIGH FOUNDATION

bution to the areas of greatest need at Central High School”.

With no set date for the opening of the legacy walk, the foundation hopes to give donors time to make their contributions that will allow for the biggest impact. The money will go towards “academic excellence, community outreach, innovative technology, essential programs, grants and scholarship opportunities..” and many other uses according to the foundation.

Overall, the Legacy Walk will appear soon outside of

the new addition. It will highlight donors and alumni with the help of the foundation and its immense planning for the future of Central students.

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JODIE MARTINEZ

Malcolm Durfee O'Brien
managing editor

After 32 years of being a teaching staple, English teacher Jodie Martinez has chosen to retire. "I just think this was a good year to retire," she said of the timing. In her wake, she leaves big shoes to fill as she is admired by members of the Central staff and has a deep impact on her students.

Since she was a child, Martinez has had an affinity for education. "I always liked school," she said, "I even played school when I was a little kid. One Christmas, my parents got me a big chalkboard that we put in the basement, my classroom, where I taught my little brother everything I had learned in school. He was able to skip first grade that way." This pushed her to enter the profession of education.

She became an English teacher in 1987 and eventually assumed the role of Department Head. She has placed a heavy emphasis on the achievements of her students, saying the thing she will miss most about teaching will be "class discussions—listening to kids talk about literature and discover something right in front of my eyes." She has always enjoyed her job, saying she has "too many" fun and humorous experiences to share. "I probably have become more empathetic through teaching because I have seen and learned to value so many different students over the years," she said.

This value of students has paid off for Martinez, with her students sharing their positive views of their English teacher. Junior Ruby Gaughan said she valued Ms. Martinez's understanding of her students and Martinez's genuine concern for her student's success, saying, "She has made me believe more in myself and my abilities."

Similar words were echoed by junior Bethy Hernandez: "I like that Ms. Martinez is very understanding, kind and genuinely wants everyone to succeed." Hernandez continued, saying that Martinez had made her more confident in her "abilities to succeed in the future."

Junior Rachel Ross said she likes how caring Martinez is for everyone and wants all of her students to succeed. "She is very nice and understanding. She always comes to class in a great mood and ready to teach us."

Last year, Martinez won the Alice Buffett Outstanding Teacher Award for her accomplishments as a teacher, meeting Warren Buffett as part of the award and receiving \$10,000.

However, after her 32 years, she says she looks forward to finally getting to rest and not having to get up so early to rush off to school. In retirement, she says she wants to stick with her English traditions and work at a library.

Martinez's superiors also lauded her praise, with Principal Ed Bennett saying he will miss her "quiet strength and excellent judgement." He commended her "positive attitude, willingness to work successfully with teachers and administrators alike and general awesomeness." He said she is "liked and respected by her students and her colleagues alike" for her accessibility, professional attitude and polished demeanor. "I've known and admired her for 20 years," Bennett concluded.

Martinez will be replaced as Head of the English Department next year by Katherine Rude.



Jodie Martinez, the Head of the English Department, is retiring after 32 years at Central

Sedona Cheloha | The O-Book



Timothy Shipman, teacher of AP Psychology and former Special Ed teacher, is retiring after 31 years

Sophia Sydzik | The Register

TIMOTHY SHIPMAN

Simon Bullerdick
staff writer

Timothy Shipman has taught at Central for 31 years, starting as a special education teacher and then moving on to Psychology, where for the past 23 years has shared with his students such wisdom as, "Be careful, there are smokers out there, they'll try to kiss you, do not kiss smokers. Protect your personal bubble at all times, remember your mantra, 'lips that touch wine shall never touch mine.'"

For many, such as junior Vanessa Amoah, he is "One of those teachers every student wants to have at some point in their time at Central." After these long 31 years, Shipman will finally retire from Central.

Shipman's students admire him, "I love the way he adds humor into what would otherwise be a rather clinical and dull class like Psychology," said senior Olivia Drobney, "he really makes it easier to grasp the concepts he teaches us."

Shipman attended the University of Nebraska at Kearney and graduated from the University of Nebraska at Omaha for his teaching degree. He has two children, a daughter graduating from the UNO school of arts this year and a son who's heading into his second year at Creighton, both of whom attended Central.

Shipman is known for his love of biking, taking his bike to school every day he can, which became a lot easier once his kids graduated. In to his plans were for his retirement he laughed and said, "long periods of homelessness on my bike."

Shipman has been planning a trip to Europe this summer, where he will follow the Tour de France in June and, with nearly unlimited skiing in resorts in Germany and France, ski across the continent. He's happy and excited for this next chapter in his life, saying, "There are a lot of lies in life, but if anything is true its how fast it all goes, so enjoy it."

RETIREES

This year, seven teachers will be retiring from their service at Central. The Register pays tribute to their accomplishments and futures.

CHRISTINE GOETZ

Mackenzie Coughlin
staff writer

Being a teacher means being able to touch the hearts and minds of many. Teachers at Central hold true to this statement, specifically Christine Goetz.

Goetz has been teaching for a total of thirty-four years, nineteen at Central and fifteen at Lewis and Clark. She is currently finishing out her last year of teaching at Central. "I hate leaving Central, but I am starting a new chapter of my life and it's fun to have a new adventure. It is so difficult to leave a job I love," Goetz said.

Many know Goetz as a math teacher, but she actually started out with teaching computer skills.

Anyone that has had Goetz as a teacher would say that she pushes him/her to do their best. "I hope that students are equipped to do whatever they want in their future. I hope they say that I was tough, but they learned a lot," Goetz said.

Goetz very much loves to teach and cares about all her students. "I had a high school teacher that made a difference in my life. I want to be that person for someone else," Goetz said.

As Goetz's Central career is coming to a close, it is special to reflect on her time here. "My first year was pretty rough because I had a lot to learn. Now I don't stress about things that got to me in my first year," Goetz said. Being able to have so much growth and experience while at Central shows the school's dedication to education.

"Central is like a family even though it is a big school. The students for the most part are good to each other, and the teachers are caring towards each other and the students as well," Goetz said, "There are many different types of people to meet at Central which makes the school so interesting."

Goetz has had many accomplishments during her time teaching. Her favorite is winning the Buffett Award, where she shared a dinner with Warren Buffett himself. This showed Goetz how much she is appreciated as a teacher.

Because Goetz has a passion for teaching, after retirement she plans to work in another school district.



Math teacher Christine Goetz is departing from Central after thirteen years.

Olivia Drobny | The Register



Drew Thyden, Central's resident coding and computer science mastermind, is retiring after 23 years.

ANNE GALLAGHER | The Register

DREW THYDEN

Grace Turner
staff writer

Central teacher Drew Thyden is retiring after teaching at Central for 23 years. He began teaching at Central in 1996. He has taught FACTS, Information Technology, QBasic, Visual Basic, C, C++, and Java during his time at Central.

Thyden began teaching after some of his friends went into teaching and enjoyed it. He also looked forward to learning different teaching skills that way he would be able to teach his own children. Throughout Thyden's time at Central, he has enjoyed watching students learn more about computer science and coding.

Thyden said, "My favorite part of teaching is at the end of the school year when students have abilities and knowledge that they didn't have at the beginning of the school year."

Due to this, one of Thyden's favorite classes to teach is Visual Basic 1-2. This class teaches an introduction to computer sciences and programming. He said, "Students start with very little knowledge about programming, and many become quite talented during the year."

Currently, Thyden plans to spend more time doing activities that he wants to do. He wants to spend more time traveling, reading, pursuing hobbies, and spend more time with his friends and family after his retirement.

LORI FALCON

ANNE HAAS

MICHAEL MELVIN



ANNE GALLAGHER | The Register

EAGLES LEAVE THE NEST

The Register says goodbye to graduating senior staffers. These young adults have provided Central with years of quality journalism. They will be missed, but we wish them luck on their future ventures.



Molly Ashford

University of Nebraska-Omaha

The time has come: I have passed gym, successfully been Editor-in-Chief of The Register for an entire grueling year, and have managed to only get suspended for one day. As I get ready to exit the two side doors once and for all, I have had a lot of time to reflect on my experience at Central. While I am far from a model student, I have still learned a lot about myself, my peers and the world around me over the past eight semesters.

But in all honesty, I have not had that great of a high school experience—as most people who know me already know. I have been itching to get out since the moment I got in.

I will miss these halls on some level, but I am excited to move on to the next steps of my life. I plan on going to UNO for one year, moving in with my girlfriend and a few friends, completing my general education courses and introductory journalism classes and then transferring somewhere along the coast. As I am writing this from the poolside in California, I know that I aim to end up somewhere warm. I don't know where life will take me, eventually. I just know that I would like to explore the world away from Omaha.

Though I have had a rather tumultuous four years, I owe quite a few people a thank you. First, to my counselor Mrs. Walker, for always putting up with me and letting me cry in her office. Of course to Mrs. Mahoney, as she is still the reason that I believe in my writing ability. To Mr. Groff for taking me under his wing and giving me a myriad of opportunities, and Menten for being the reason I joined newspaper in the first place. But more than anyone, I owe the biggest thank you to Blayney for being an incredible advisor, friend, and advocate. I do not know where I would be without her and this publication.

029 has become my second home. The people there have become my family. I wish that I could write paragraphs about all of them, but I hope this will suffice. I hope to pass down what little wisdom I have down to Emma and Malcom, whichever one of them becomes editor. Emma, you have unbreakable potential and are truly a ray of sunshine. Malcom, work on believing in yourself and the products of your work and you will do so well in whatever endeavor you choose.

And to Anne, my executive editor and best friend, I love you so much and am so proud of everything you have accomplished. It has been a trying year but I am so lucky to have a friend who both keeps me grounded and lets me go crazy, all while being my partner in crime.

Thanks to journalism, my time in high school will not be clouded with memories of breakdowns in the counseling office or getting soft-kicked out of Senior AP English. Instead, I will remember fever-dream JEA trips and sitting on the California beaches at Sunset, redecorating the closet of 029 to be our dream hang-out space, feeling recognized for my work at competitions, and finding my passion.

Anne Gallagher

University of Nebraska-Lincoln

Although I have only been on staff for two years, The Register is one of the best aspects of my high school experience. I have been able to excel on the newspaper staff due to the exceptional education I have received from Central High School. Even though I have been extremely overwhelmed and stressed by my high school experience over the last four years, I have become a stronger person because of my time as an eagle.

My Central education would not have been the same without the guidance and inspiration provided by some of the best people I have ever met. I want to say thank you to Mrs. Mahoney, who taught me what it means to be a cohesive writer, to Mr. Wilson, who showed me how to apply my passions and find success in knowledge, to Mrs. Denniston-Reed, who pushed me towards academic growth and expression through formal writing, and to Mrs. Blayney who single-handedly dealt with all of the journalism kids while helping us produce quality publications and being the best advisor ever. My teachers at Central have transformed my life and urged me to be the best person I can be. I am eternally grateful for all of the members of the Central High School staff for supporting my academic excellence and showing me what it means to be a leader.

Additionally, I will greatly miss the members of the newspaper staff. Although we constantly trashed the interview room and you guys were horrible at meeting deadlines, we have connected as a family and I will never forget the impact of my Register brothers and sisters. To the junior editors, I wish the best of luck next year, whether one or both of you is EIC, just know, Emma and Malcolm, that you are both strong writers with endless capabilities and knowledge. I hope this year has been enough to guide you guys through the challenges of The Register next year. But ultimately, this publication would not have been possible without our editor-in-chief and my partner-in-crime Molly Ashford. Together we have made The Register our motivating force to come to school and worked as a power team to try to manage our crazy staff. As best friends and journalists we have navigated our futures together and supported each other through some of the toughest times of our lives while also feeding off of each other's stupidity. I will never forget the memories I have made in 029 or the people who created them with me.

Over the course of four years, I have grown as a writer, a student and a person. Next year I plan to attend the University of Nebraska at Lincoln with a major in broadcast journalism. Through the same leadership skills I learned at Central, I hope to propel myself into the work force and travel as much as possible. Part of me never wants to leave Central, but the other 99% is so grateful to be graduating with the experiences I have had at Champ High. I cannot wait to see what the future has in store for me and I am excited to take my next step into the real world.





Grace Salanitro

University of Nebraska-Omaha

This year was my first year as a staff member on The Register and it was so much fun! Writing for The Register was such a new experience and gave me multiple learning opportunities which I am so thankful for. I started my high school career off at Omaha Burke, which I attended for two years. At Burke I participated in band, orchestra, FBLA, and pit orchestra for the school's spring musical productions. At the end of my sophomore year I decided Burke was not the place for me anymore and I decided that I wanted to start my junior year at Central.

Starting junior year at a new school was a fresh start for me and overall I definitely enjoyed Central more than Burke. Participating in another new orchestral setting was a also good experience. I plan on attending the University of Nebraska in Omaha to start my career as a journalist. I would like to thank Mr. Almeida and Mrs. Allen for helping me get accustomed to my new school setting and motivating me during my junior year. To Mrs. Blayney, you make every student feel heard and accepted in the journalism department and for that we could never thank you enough! Thank you for your constant support and advice, you made my experience at Central something to remember. I had so much fun senior year but I am so ready to be done!

Simon Bullerdick

University of Nebraska-Lincoln

My name is Simon Bullerdick, this is my first year as a writer for The Register, and it has been one of my favorite experiences here at Central. It is one of my biggest regrets in high school that I did not start journalism and newspaper earlier. Though what I learned this year, I was able to apply myself to being a better writer, which will hopefully enhance my experience at college. I am happy to say that in the fall, I will be attending the University of Nebraska at Lincoln. I want to study History and Psychology, but I am unsure of what my profession will be. I am happy with the memories here at Central and the friends I have made, but I am excited to take that next step and expand. Thanks for everything, Central.



Connor Paintin

University of Nebraska-Omaha

I will be continuing my education at the University of Nebraska at Omaha in the fall of 2019, pursuing a degree in Music Technology/Performance. As much as I will miss Central and everything that these past four years have given me, I am very excited to move forward with my music career. This year was my first official year on staff for The Register as the Resident Cartoonist, but I had been involved in years previous when cartoons were needed. I will forever be grateful for the experiences and for the people I connected with through this class, and I will forever be proud of what we created this year. Thank you for a fantastic year. Yeehaw.

-Panini



Molly Huibregtse

Northwest Missouri State University

I have been involved in Central High School Journalism since sophomore year when I took Photojournalism. Junior year I served on the yearbook staff and as a senior, I have been a staff writer for the Register. What I'm going to miss most about Central High School is the community and atmosphere of success and family. Being a part of this year's Register staff has built my confidence in my writing and ultimately led to my chosen majors. Next year, I will be attending Northwest Missouri State University where I will be double majoring in History and Journalism.





Mac O'Brien

Colorado College

Next year I will be attending Colorado College in Colorado Springs. I don't know what my major will be (English? Philosophy? Computer Science?) but I plan on writing for the college newspaper while I'm there and hope to eventually write professionally, either fiction or journalism.

Writing for the Register has been one of the most valuable experiences of my time at Central. It's hard to say who I would be without it. When I leave, I will miss Blayne and the newspaper staff, as well as the broader Central community that I've grown to be a part of over the last four years.



Lizbeth Hermosillo-Najar

Seattle Pacific University

I joined journalism my freshman year, I'll admit I didn't enjoy it as much as I thought I would. Unfortunately, I did not take newspaper my sophomore year, but I immediately regretted it. I missed it so I enrolled in the class again my junior year, which was probably the best decision I've made during high school career.

Joining newspaper gave me the opportunity to express my thoughts and opinions in my writing. I've written pieces about topics I feel strongly about and topics I felt needed to be talked about. In the process of becoming a better journalist I grew out of my comfort zone and developed a new level

of confidence in myself.

029 has quickly become my favorite room in the whole building. The other staff members also became like family to me over the course of two years. They're probably going to be the only people I miss from high school honestly and 029 is the only room in the building I'm going miss being in every single day.

After leaving Central I plan on attending Seattle Pacific University and majoring in Apparel Merchandising with a minor in Spanish. Although I will be leaving the state to attend college I will miss Omaha as well as my family.



Olivia Drobny

University of Nebraska-Omaha

Although this was my first year on staff, I have truly enjoyed getting to know everyone in the journalism department in the past nine months. I am going to the University of Nebraska at Omaha to continue my education. I am debating between majoring in Photography or Psychology, but I plan to continue practicing and enhancing my photography skills throughout my life whether or not it is in a professional setting. I want to thank Mrs. Blayne for being so supportive and always being there for me, and I also want to thank Mrs. Martinez for the guidance and care that she has for all of her students. I also want to recognize everyone who was involved in the Girl Up club that I helped found the Omaha branch of this year, as their passion and dedication to the message made my last year bearable.

EDITOR'S NOTE:

I am so excited to present to you the sixth and final issue of *The Register* for the 2018-2019 school year. I hope that this issue provides the same upstanding and fulfilling content *The Register* always strives to publish.

I am honestly heartbroken that this is my last issue as the Editor-in-Chief. I have enjoyed journalism more than I ever enjoyed anything pertaining to school, and this publication has given me a purpose and a passion for the truth.

If you are interested in writing or cartooning for us, do not hesitate to get in contact! Stop by room 029 or send an email to central.register@ops.org. As well as our print publication, we will be trying to establish an internet footprint as well. Follow the journalism department on twitter at [@CHS_press](https://twitter.com/CHS_press) and instagram at [@chsregister](https://www.instagram.com/chsregister). Thank you for your continued support and readership of *The Register*

Molly Ashford
Editor-in-Chief

The Omaha Central High School Register seeks to inform its readers accurately as to items of entertainment, interest and importance. The staff strives to uphold the principles of journalism in all of its proceedings.

The Register is a member of the National Scholastic Press Association (NSPA), the Nebraska High School Press Association (NHSPA), the Journalism Education Association (JEA), Quill and Scroll and the Columbia Scholastic Press Association (CSPA).

The Register is an 11-time Best-in-Show winner for large newspapers at the JEA/NSPA national conventions in San Francisco, Boston, Phoenix, Dallas, Washington, D.C., Seattle and Chicago. The Register also won first place in Front Page News Layout for large newspapers at the JEA/NSPA convention in St. Louis.

The Register has won multiple NSPA Pacemakers, which is considered the Pulitzer Prize of high school journalism. It has also won many Cornhusker awards from NHSPA, and has been awarded the Gold and Silver Crowns from CSPA for its overall work.

Unsigned editorials are the opinion of *The Register* staff and do not necessarily represent the opinion of Central High School.

Signed editorials are the opinion of the author alone, and do not necessarily represent the opinion of Central High School or *The Register* staff.

Special thanks to all the faculty and staff of Omaha Central High School and Omaha Public Schools. Your cooperation with our students helps us maintain a professional atmosphere in order to teach media education.

Thank you, readers.

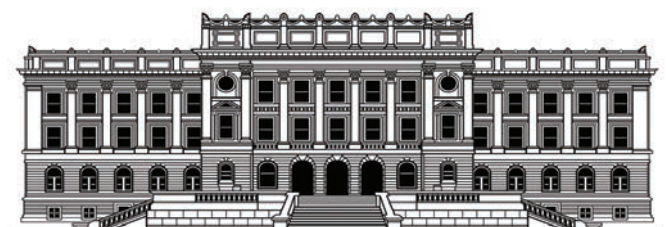
It is the goal of the Central High Register to represent the student body in issues affecting their lives as young people and students. If you feel that we are not covering an issue that is important to you, we welcome contributing writers who bring fresh ideas to the issues. If you would like to write a story for your student newspaper, please contact Hillary Blayne at hillary.blayne@ops.org or come to room 029 to discuss your idea.

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High schoolers spread too thin

Between clubs, sports, work, volunteering, and academics, how can students be expected to care for themselves?

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Awareness of flooding concerning

Following catastrophic flooding in Nebraska, awareness of the disaster from other state's populations has been underwhelming.

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Pro/Con: Too Close for Comfort?

In light of Joe Biden being accused of inappropriate conduct, two staffers debate about his presidential future.



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ATTENDANCE ADVICE FROM A TRUANT

WHY GO TO
SCHOOL?



Molly Ashford
editor-in-chief

As Cheryl Logan began her first year as superintendent for the 2018-2019 school year, 'Strive for 95' became the OPS motto, decking Central's halls with posters detailing the new and improved attendance plan. In the same building, I exist—sometimes.

In the approximated 180 days in a school year, I have missed a cumulative 530 class periods, equal to over fifty days of school based on a nine-period day—though since I only have seven periods in my school day, it would likely equal out to about seventy days. This means that I will have missed upwards of 35% of my Senior year of high school.

I, originally, intended to write this story to talk about how I survived the last four years without actually attending a substantial chunk of high school, but later changed the scope of my piece. Throughout the process, I have had mainly positive and constructive conversations with the counselors that have intervened. They are not negligent so much as I am difficult.

Regardless of my personal attendance, the entire Omaha Public Schools district does deal with a substantial amount of truancy, or as many organizations have come to call it: "Chronic Absenteeism". This is defined as missing 10% or more of a school year, equal to about 18 days. 23.6% of OPS students meet this criteria according to the U.S Department of Education.

So, to the district from a chronically absent student, I have a few recommendations to achieve the proposed 95% attendance rate.

Predictably, truancy rates rise exponentially once students hit high school. Truancy and unexcused absences are easier to control in earlier years of schooling, as parents have an integral role in making sure that their children attend regularly. As kids become high-school age and are less codependent on their families, the attendance system still focuses on parental control until the student turns eighteen.

As many high school seniors have not yet turned eighteen, the blame for truancy gets pushed aside onto the parents instead of addressed with the students themselves. For stu-

dents who have parents who either do not care about the issue or are not signed up to receive e-mail and phone notifications of absences, this often means that they can get by with little to no consequences or confrontations.

Instead of this system, face-to-face intervention between a trusted teacher, administrator or counselor and the student would likely be a more effective method. This is difficult considering that the administration has a large number of students to deal with, but if a student's issues with attendance get to a point in which legal action is an option, it is worth using the time and resources to actually understand the root of an individual student's issue before contacting a parent or guardian.

'Trusted' is the key word in this theory. I have had many conversations with teachers and administrators about attendance, and those that have been constructive have been with people who had previously known me. I have also had one incidence of confrontation that was much more accusatory that, if anything, made me want to come to school even less. Truant students should not be expected to have difficult conversations with people who know nothing about their situation and see them only by the statistics available on their campus portal.

My second solution is an idea that I have been pitching since freshman year, though it applies more to Central's personal attendance issue than the district's. Other schools in the Omaha area, including Westside and Millard West, offer conditional open campus. This means that students are allowed to leave the school building as they wish during allotted times throughout the day in which no classes are scheduled, as well as for lunch.

Incentivizing attendance by promising less school at a later date is rather ingenious. During the brief stint in which I participated in the UNO/OPS Middle College Program, if you completed all of your classwork and went to every class that week, you were given a pass out of Friday classes. It gave students something to work towards and to show up for.

Since the middle college housed a hundred students at

most and Central boasts well over two thousand, a program like this would likely be too difficult to keep track of—but the concept could help to keep students in the school building during key instruction time.

Of course, an open campus policy would be a privilege earned by having a strong track record of good attendance. This would both encourage students to keep a strong attendance record in early years of high school and eliminate the possibility of truant students exploiting the system.

While I do believe that incentivizing attendance in a positive manner would help to tackle OPS's current attendance issues, I also believe that the lack of tangible repercussions that attendance has on a student's grades or ability to graduate is a massive deterrent to going to class.

Under the current OPS grading system, attendance does not factor into grades at all. Given this, there are a few classes in my schedule in which I am able to get away with not showing up for the majority of instruction time, do well on tests, and get by with a moderately high grade.

As my counselor noted to me when I was explaining this, being able to get away with not going to class and passing is a privilege. Knowledge is a privilege. And not going to class because you know the material is not smart or a way to cheat the system, it is just irresponsible. Even though it is irresponsible, however, it works. If the district truly wants to see a change, attendance cannot be viewed as an optional component of high school success.

An attendance program that operates on a 'one-size fits all' methodology is bound to fail in a district that houses students with such a broad range of experiences. The road to combating truancy begins with alterations of the grading and attendance systems but must focus more heavily on individualized intervention for each student who falls into the category of chronic absenteeism.

High schoolers spread too thin, stress causes deeper issues

Anne Gallagher
executive editor

High school. A time of vulnerability, growth and confusion. During these four years of mental and social adaptations, students learn what it means to be successful and how to continue to grow throughout the rest of their lives.

Each student's definition of success drives their ambition. At Central, our tradition of excellence pushes us toward academic achievements and often rewards us for them. From the beginning of our high school careers, we are influenced to join as many clubs and extracurriculars as possible while also excelling in academics.

This means that the students who do not partake in school activities often feel left out or even discriminated against by the rest of the student body. It gives them a sense of disappointment and encourages disconnection with peers.

The confusing high school experience mixed with the pressure to succeed results in students feeling bad about themselves or ultimately spreading themselves too thin. Personally, throughout my high school experience I have been involved in the National Honor Society, O-club, cross-country, track, DECA, the newspaper, Science Olympiad and science fair and it has almost put me in my death bed to work towards success in all of these organizations.

The reason I have taken part in these groups is not only to have fun and feel accomplished, but also to feel a sense of belonging at Central High school. Involvement is equivalent to over-extension most of the time. We want to find our place and claim to be a part of something, but this results in multi-organizational involvement and the unhealthy overload of activities on a student's plate.

As I am writing this paper, I am extremely overwhelmed by the stress from all my schoolwork, activities and senioritis. As a Central High School student, I would feel bad if I wasn't an over-achiever.

Society and the atmosphere of high school have pushed me to the edge of my patience, mental stability and overall well-being. I have learned and grown so much from my education, but it has inflicted immense suffering and stress on me.

While students are figuring out who they are, it may seem helpful to have so many extracurricular options, but involvement should have a limit. It would be beneficial to encourage students to carefully consider what they decide to devote their time to.

Additionally, excessive amounts of homework impede a



LUKA MORRIS | Contributing Cartoonist

student's ability to succeed in extensive amounts of clubs and organizations. Teachers should allow more flexibility for students. Although high school is our full-time job, we should be able to breathe from the constant stress of school,

Overall, high school is a whirlwind of emotions, stress and a constant desire to drop out because of the difficulty of

courses mixed with the appeal to join as many clubs as humanly possible. Students should be smart about the extracurriculars they choose to participate in and the amount of time they put into their homework, because ultimately, high school can be dangerous and if you aren't careful it will tear you down mentally.

Use of Adderall as a study drug has dangerous repercussions for students

Mackenzie Coughlin
staff writer

The world today is such a competitive place and everyone feels that they need a leg up. To achieve an award, scholarship, grade, etc., one must need something to make him/her unique and stand out from the crowd. This is where the use of drugs like Adderall come into play for those with and without prescriptions.

As seen in the 2018 Netflix documentary, "Take Your Pills," the act of using nonprescribed

Adderall as a performance drug is mainly seen in college age students but is well on its way to high school students. People in the documentary state that taking the drug makes "impossible" tasks as well as writing a paper, making a report or cleaning much easier by alerting focus.

Researchers that are studying the topic of Adderall abuse have said that there are several dangers that come along with being too dependent on amphetamines, just like with any other drug. Many see amphetamines not as real drugs due to the fact that they are used to treat ADHD. With this being said, people who aren't diagnosed with ADHD will think that it is justifiable to take Adderall when they just can't focus.

There have been many cases of college students openly selling their Adderall pills to others to make extra cash. These situations, although technically drug dealing, are not seen as such by the public. This could be from the fact that a lot of children are prescribed the drug and it is a pretty common one. This does not hide the truth that Adderall has very serious, sometimes deadly side effects when used improperly.

It is interesting how the selling and misuse of Adderall and other amphetamines are not as widely talked about as other drugs. Actions should be taken to lessen the illegal distribution of Adderall, for it is silently hurting many people.

AddictionCenter.com says that Adderall has similar effects to meth. The people that are using Adderall without a prescription are at a higher risk of gaining an unhealthy addiction.

Another reason why this problem has not been solved could be because students are not properly educated. Drugs that are discussed more in depth in classrooms are more intense stimulants, depressants, etc. Adderall could possibly be overlooked due to the fact that many already know what it is and what it is used for. If students were educated more on the outcomes of taking high doses of nonprescribed Adderall, or any drug, it could prevent many high school students from doing it in college or later in life.



EMMA WHALEY | Executive Editor

Class rank system unnecessary, causes stress

Emma Whaley
executive editor

Right there on your transcript, right under your GPA, sits your class rank. Some students worry endlessly about raising it, while others barely notice it's there. For those obsessed with the idea of raising their class rank, this number makes their lives unnecessarily stressful. The class rank system is useless and only harms students.

In the past, class rankings may have been more important. With smaller class sizes, seeing where you sat among your peers could have been beneficial.

In today's classes, students don't need to be constantly reminded how they compare to everyone else. It only causes more mental strain. Unlike one's GPA, it's very hard to change class rank if one wished to do so. Study a little harder in class and turn in your homework, and suddenly your 2.5 GPA turns into a 3. But, studying harder likely isn't going to fix your class rank.

If you take fewer honors credit or AP classes than another student, you'll likely be below them in class rank. Even if you work just as hard or harder than the AP student, they will be above you in class rank.

A college isn't going to look at your transcript and say, "Well, it looks like John Smith was right above this person in class rank. I think I'll send him the acceptance letter instead." All that really matters on the academic front is GPA. Yes, this is what class rank is based on, but there's a large difference between seeing how you are doing and where you need extra work and seeing where you stand in comparison to your classmates, most of whom you probably don't know.



MADELINE KRAUSE | Contributing Cartoonist

The most anyone could possibly need to know about your class rank is your percentile. Top 25% versus bottom 25% is all colleges or standardized tests are going to care about.

It's a broken system. There's no way for a dedi-

cated, non-honors student to rise above. In this way, class rankings don't represent hard work any more than they represent class choices. They don't serve a purpose, and there's no reason to continue using them as a means of evaluation.

Stan culture has damaging repercussions

Lizbeth Hermosillo-Najar
staff writer

A Stan is defined as an overzealous or obsessive fan of a particular celebrity. Stan culture is very popular amongst teens on social media who dedicate pages to their favorite celebrity. There are millions of stan pages on Instagram, Twitter or other forms of social media where these fans obsess and praise their idol. Although being interested in celebrities' lives is normal when does it become too much?

The word 'stan' originated from a song written by rapper Eminem. The song is about an obsessive fan who later becomes insane due to being ignored by his favorite rapper Eminem, eventually the fan commits suicide. The term refers to the crazy fan being a 'stan.' Now, of course, the word is used in less severe cases and used in more every day vocabulary to refer to someone as a dedicated fan rather than a crazy fan.

There's nothing wrong with supporting and admiring your idol but the behavior many stans exhibit can be seen as toxic or extreme. In many cases stans attack or bully others who oppose their opinion on an artist going as far as threatening their lives. Many of them criticize and drag others for not supporting or being in competition with their idol.

Stan culture is most evident in pop culture where fandoms often have names such as Beyoncé and her 'Beehive' or Ariana Grande and her 'Arianators'. These fans often identify with these fandoms in order to create relationships with others who also support their idol. They also create relationships or fantasies in their heads with their idols. These stans essentially end up in a parasocial interaction in which energy, interest and time are dedicated towards the object of obsession whilst that object remains ignorant of the existence of the other.

As time progresses, the word stan will eventually have a negative connotation associated with it. Crazy and obsessive fans who leave mean and cruel comments on other artists' pages, preying on the failure of their competition. Hopefully stan culture can acknowledge the wrong in their actions and can grow into a more supportive and loving community.

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Trump administration's separation policy an affront to human rights

Pangaea Kaan
staff writer

In 2016, when current president Donald Trump was first elected into office, one of the promises he ran on was regulating the illegal immigration into America by building a wall bordering Mexico. Although the promise of this wall had been conducted even before Trump announced his candidacy, it has since been three years with little progress while asylum seekers from Mexico are being further detoured.

Families arriving at the border are primarily seeking asylum, which is when a person who has left their home country as a political refugee is seeking protection in another. These individuals arriving are also in search of employment or escape from an impoverished life. Many with hopes of traveling to America have families, but once at the border are forcibly separated from each other.

Between Oct. 1, 2017 and May 31, 2018, at least 2,700 children have been split from their parents. 1,995 of them were separated over the last six weeks of that window — April 18 to May 31 — indicating that at present, an average of 45 children are being taken from their parents each day.

The awareness regarding the separation of families at the border has recently increased and the Trump administration and border patrol are under immense fire. There is no official Trump policy stating that every family entering the U.S. without papers must be separated, but there is a policy that all adults caught crossing into the U.S. illegally are supposed to be criminally prosecuted — and when that happens to a parent, separation is inevitable.

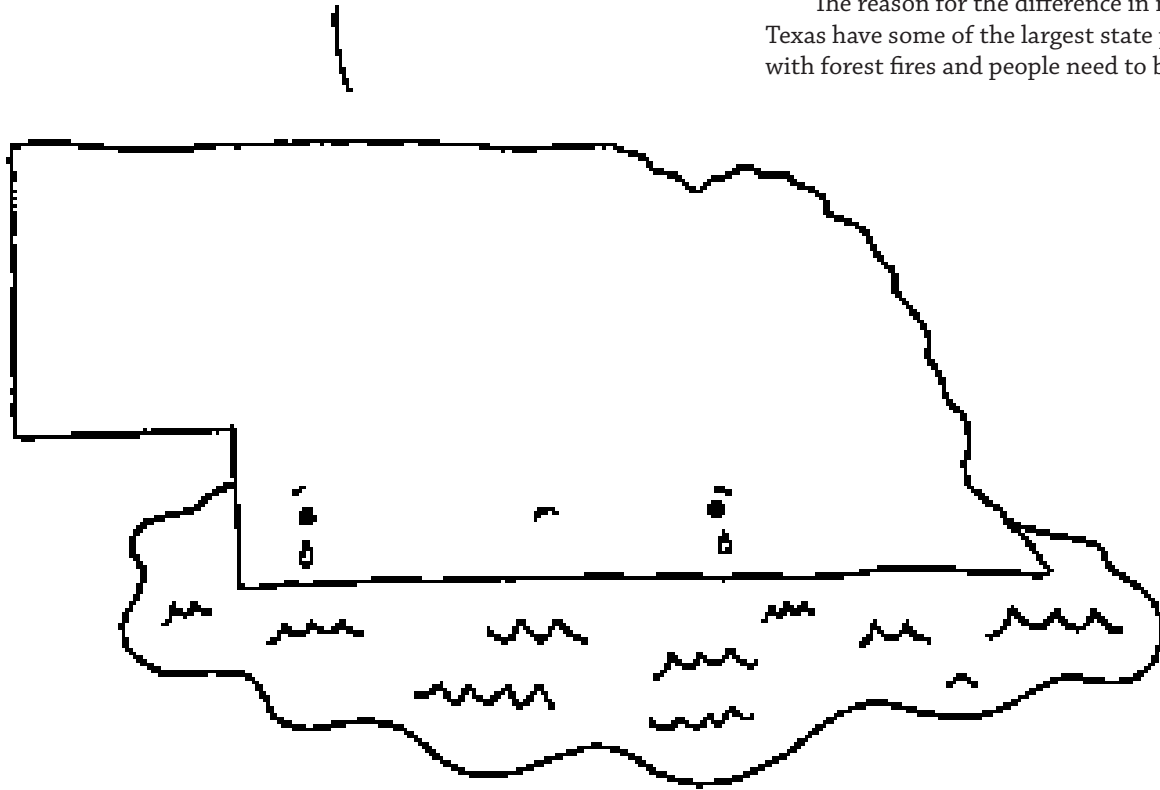
Typically, people apprehended by crossing into the U.S. are held in immigration detention and sent before an immigration judge to see if they will be deported as unauthorized immigrants. However, migrants who've been referred for criminal prosecution get sent to a federal jail and brought before a federal judge a few weeks later to see if they'll get prison time. That's where the separation happens because you can't be kept with your children in federal jail.

Some families have been reunited, however, the government is sending very mixed signals on how families can be reunited and whether the Trump administration is trying to make it happen at all. White House Chief of Staff John Kelly waved off questions about the policy saying children would be sent to "foster care or whatever."

Thus, the lack of information and insight into the separation of families has allowed the government to ignore decent humanitarian rights. This issue is finally raising the awareness it deserves.

Other states' absence in awareness of flooding unacceptable

"I'M UNDERWATER
AND NO ONE IS
HELPING..."



Throughout the last couple years in the United States, there have been many environmental crises such as the California forest fires and the Dallas flooding. Nebraska was also recently hit with a large natural disaster: overwhelming flooding that took lives, ruined farms and left some cities such as Fremont stranded for days. However, in comparison to the national outcry and desire to help that was seen during the California and Dallas disasters, the Nebraska flooding has not been treated in the same way. For California and Dallas, major fundraising drives were sponsored and the news was covered by other states whereas the Nebraska flooding was only reported on in the state of Nebraska and other nearby areas.

The reason for the difference in news coverage comes down to the difference in the area effected. California and Texas have some of the largest state populations and also contain many large cities. When a city like Los Angeles is hit with forest fires and people need to be evacuated from their homes, it draws a lot of attention. This is amplified when major stars such as Kim Kardashian are among those who are evacuated. It brings a lot less attention when Nebraska is flooded as there is a lower state population and no large cities. In fact, most of the people affected by flooding were not in the Omaha metro area and while Lincoln was put on a water reduction, the city was not ruined by flooding.

Overall, the main areas that were affected by the Nebraska floods were agricultural areas. As of now, these areas mean very little to the American public outside of agricultural zones. However, entire farms were completely ruined by flooding. Fields were washed out by the floods and many production animals such as cows, pigs and chickens were killed by the flooding. This will leave a major impact on the availability of food this upcoming year as states like Nebraska are the main producers of agricultural outputs.


The need for these agricultural areas will become abundantly clear when prices for beef, chicken, pork and produce skyrocket in the United States. Big cities like Los Angeles and New York rely on the farms that were flooded in Nebraska to provide food. These farms were ruined by the flooding and now the amount of food available to the public will decrease majorly. Due to this, prices for food-based products will sky rocket. Once the prices rise, larger areas that are currently ignoring the flood crisis in Nebraska will no longer be able to remain ignorant as it will be affecting their daily lives. Yet, until that moment comes, the hashtag NebraskaStrong is very accurate since the only people willing to help the flooding are fellow Nebraskans.


CONNOR PAINTIN | Resident Cartoonist


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PRO/CON: TOO CLOSE FOR COMFORT?

Following accusations of inappropriate conduct from the Democratic frontrunner, a fierce debate has sparked about if Joe Biden should be the next President of the United States. Two Register staffers weigh in.

Simret Habte
staff writer

In recent weeks, numerous accusations have come out against former Vice President Joe Biden. Some women, most notably Nevada lieutenant governor nominee Lucy Flores, have stated that Biden has on multiple occasions made them feel uncomfortable with unwanted touching.

There's an obvious imbalance of power between Biden and the women who have come out against him. Just a couple of years ago, he was one of the most powerful men in the world. A common theme in the stories of these women is that they trusted him and believed he was there to help them. It's hard to outright refuse the requests of a person that is in such a high position of power, especially when that person has the ability to either launch your career or ruin it. Biden, knowingly or unknowingly, exploited his station and political influence to put women in a situation where refusing him didn't seem like an option.

His actions also added to the already stark separation between women and men in the workplace. In her essay, Lucy Flores said his inappropriate behavior at her rally was "demeaning and disrespectful" as she "wasn't attending the rally as his mentee or even his friend" but "as the most qualified person for the job." What he did to her and the other women was completely inappropriate and unnecessary. Instead of treating her as a candidate and a respected peer he treated her poorly, disrespected her space and made her feel small in a time and place where she was supposed to be in control.

These accusations date back to around 2008 and since then there have been a number of articles that show Biden interacting with women and young girls who look obviously uncomfortable with his lingering hugs and other unwanted displays of affection. He's been called "affectionate", "a flirt", and "America's favorite uncle." These terms downplay the effect of his actions and dismiss them as harmless fun when in reality it's disrespectful, uncomfortable, and a clear invasion of privacy.

Joe Biden is a reflection of a society that's made men believe they are entitled to a woman's space and her body. Whether intentionally or unintentionally, he along with countless others has repeatedly made women feel uncomfortable and uneasy with no apparent way out of these situations. Biden's actions have repeatedly been compared with the allegations of sexual assault that have been brought up about Donald Trump. What he's done is illegal and obviously awful. That doesn't mean Biden's actions should be excused because 'it wasn't as bad'. Voters shouldn't have to choose between a lesser of two evils. Although what he did wasn't necessarily a crime or illegal and it isn't seen by the larger public as a huge deal, it made the women on the receiving end of his unwanted touching feel uncomfortable in what should have been their own personal space and that should never be ignored.

The discussion that's been brought up because of Biden is an important one that's calling into question what's long been considered acceptable behavior. In the era of #MeToo it's becoming clear that any form of nonconsensual contact that clearly makes women uncomfortable can't be ignored. Of all people, those who intend to lead this country should understand that.

Malcolm Durfee O'Brien
managing editor

Joe Biden is the frontrunner for the Democratic nomination for President. As such, he has received the kind of negative attention only a frontrunner can. A few weeks ago, several women came forward saying he made them feel uncomfortable with his physical style of politics, including a former statewide Democratic nominee for elected office. Joe Biden's actions are certainly inappropriate, but to report on them to such a huge extent, with this story being the lead to many news shows over the past weeks, is a disservice to the American public, it pulls attention away from real abusers of women, real abusers who are themselves candidates for President.

To start, the women who have come out and said the former Vice President are not liars, those who have implied they are maligning the Vice President for political gain are the scum of the Earth. He certainly made them feel uncomfortable and considering his physical style, we should not be surprised.

Intention is key in situations like this. The women who have reported unwanted contact with the former Vice President have explicitly said his actions were not malicious. This is where the problem with the media reporting comes into play, publications like The Atlantic have compared Biden's actions to the sexual abuse committed by former Senator Al Franken, but this is not even remotely an apt comparison, Franken deliberately harmed women and forced his lips on theirs for either sexual gratification or to make a 'joke,' Biden was trying to use physical contact to communicate his support for the women, he was not trying to harm their egos or lessen their value, he was campaigning for one of these women, Lucy Flores, for goodness sake!

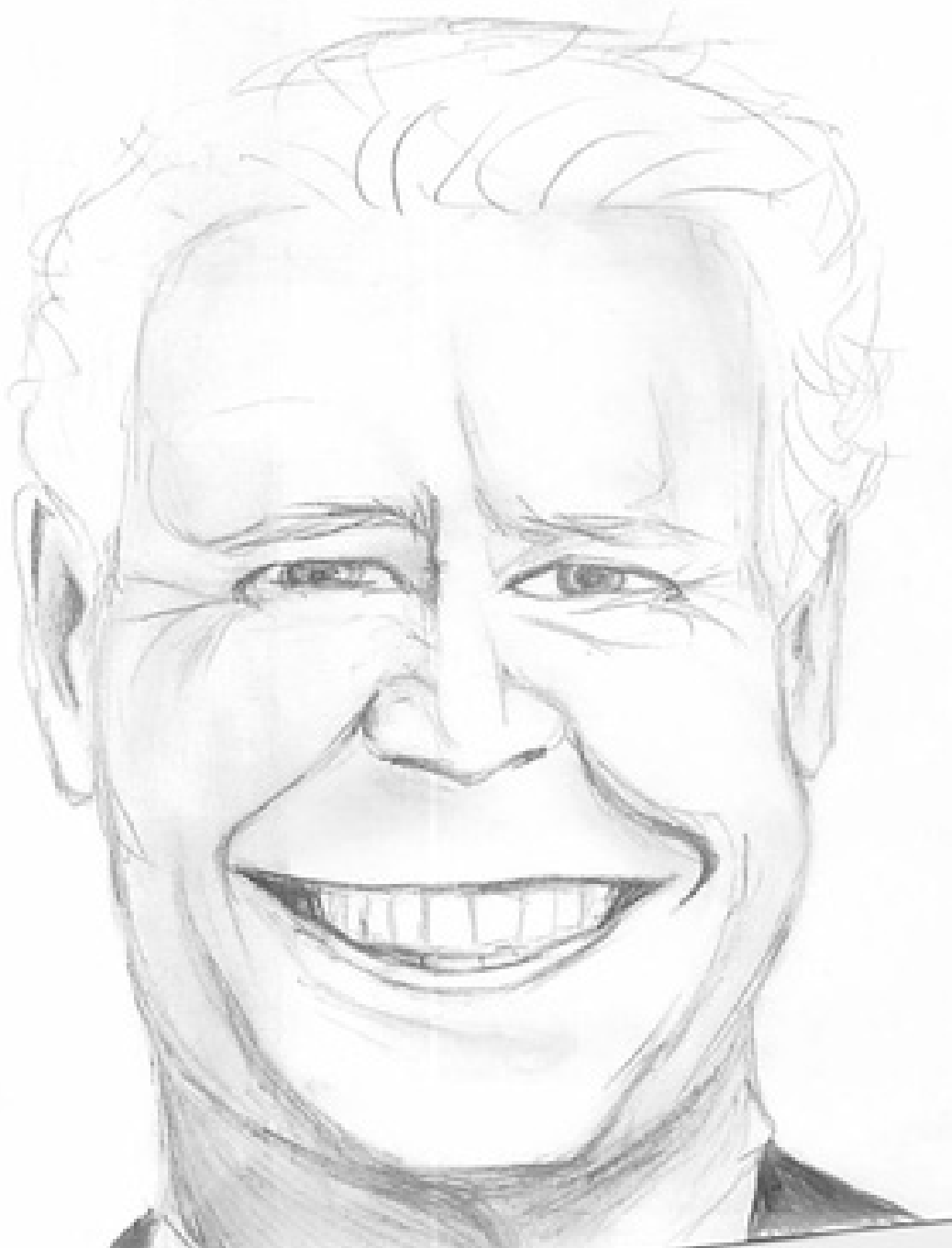
Joe Biden is weird, we all knew this already. We've seen the memes, we've seen him romantically gazing at the back of Barack Obama's head during the State of the Union.

What these women coming forward are saying should not surprise us in any way; he is too physical and he needs to change his behavior. There are plenty of photos of Joe Biden being overly friendly with people of

all genders, from him grabbing President Obama's thigh to him essentially kissing a male foreign dignitary; he is very physical. Too much so. I feel uncomfortable just watching the way he interacts with others, regardless of gender. However, being weird or overly touchy, without the intention of causing harm to the other person's self-worth or physical well-being, is not worth reporting on, it certainly is not a front page story.

Now, this high focus on Joe Biden is not necessarily a problem on its own. It hasn't done any damage to the Vice President, whose poll numbers have held firm at around 30% in the month since the story came out. The problem with this reporting arises when this unintended mistreatment of women is given more attention than accusations of sexual abuse against the President of the United States, among other abusers. There is a man in the White House who has deliberately harmed women, who is on tape bragging about harming women. Joe Biden was writing the Violence Against Women Act when Donald Trump was mentally abusing his wife Joe Biden was mourning the death of his wife and daughter when Donald Trump was cheating women and minorities out of their money to build a new slum in Manhattan. Joe Biden was calling for the re-authorization of this act while Donald Trump mocks female reporters. The media, by focusing on Joe Biden's weird behavior, is drawing attention away from real abuses of women's rights and makes people who have stood up for the rights of women

Joe Biden's actions, while weird and inappropriate, should not be a major news story. It is something we all knew about already. It is sickening that they have chosen to report more on the actions of a former Vice President who has stood up for the rights of women than on the abuses of a sitting President who has clear and strong bones of misogyny in his body.



SEDONA CHELOHA | The O-Book

Changes to school scheduling could benefit students, administration

Pangaea Kaan
staff writer

High schools around the country tend to rely on the same year long calendar: school starts before 8 a.m. and ends before 3:30 p.m., there are a minimum of 180 days and students receive seasonal, holiday and random breaks throughout the year. However, there is enough room to make improvements in order to benefit the students.

One of these changes include starting the school day later. Teens are advised to receive at least 9 hours a sleep a night, but majority average 6 to 7 hours. Sleep deprivation is a real issue students are facing. According to a study published by Science Advances, it was shown that students who slept more improved academic performance, reduced sleepiness and increased attendance. This study was tested on students in the Seattle School District after their start time was moved from 7:50 a.m. to 8:45 a.m.

It is easy to understand how students benefit from sleeping in. They will obviously get more sleep and won't be as tired when arriving at school. When they wake up feeling energized, that will carry into the school day. An extra hour of sleep will allow students to receive a sufficient amount of sleep, so they are not oversleeping or under-sleeping. Right when their alarm goes off, they will be ready to go to school and be there by first hour.

The AAP's Adolescent Sleep Working Group researched the effects of not getting adequate sleep. It is hard for a student to wake up around 6 a.m. when they've gotten less than 9 hours of sleep. According to researchers, sleep deprivation has several effects on teens; poor sleep is related to an increased reliance on caffeine, tobacco and alcohol. When students are allowed more sleep because school is starting later, they will stop relying on harmful and illegal substances.

When school starts later in the day, that means it will end even later too. Although that is something I would not personally be happy about, it might be worth it if I get an extra hour to sleep in the morning.

Another potential change for the school calendar is when the school year will end and then start again. As of right now, school will typically end in the second to last week of May and will start within the first couple weeks of August. However, in Omaha, the weather contradicts this schedule.

When school gets out, students have to wait maybe a week or two before the Nebraska summer arrives with its sun and high temperatures. Students should carry out those extra two weeks and end school right when summer actually takes place. Since they will stay in school two extra weeks, they would get two extra weeks of summer in August where the weather is enjoyable and still sunny at a tolerable temperature. Students then begin their new school year after Labor Day.

One last suggestion is for when spring break occurs. For several students who travel somewhere tropical, it doesn't matter to them, but for students who stay in Nebraska it's a different story. It is not unusual for a Nebraska winter to extend past March. Therefore, students are not really getting a spring break. When spring break is planned within the first two weeks of March, it is most likely about to be ruined by snowy or rainy weather. Another conflict with the early break is that there are no more breaks until the last day. So essentially, students get one week off and then continue more than two months with no

days off.

So, no matter what, school will be at least for 180 days and at least 8 hours long. However, changes can be made to when these school years and days start. No change will be made until students start to use their voices.



MADELINE KRAUSE | Contributing Cartoonist

Arrest of Julian Assange a direct threat to the freedom of the press

Tyler Zipay
staff writer

Julian Assange, the founder of whistleblower site WikiLeaks, was dragged out of the Ecuadorian embassy in London by British police on April 11. He faces possible extradition to the United States on the pretense of helping a source hack government computers to obtain classified information, and to Sweden for a sexual assault investigation.

Regardless of our personal opinions of Julian Assange, people who support press freedom should oppose his extradition to the United States because it is a flagrant attempt to crack down on dissent. Julian Assange revealed information to the public interest by exposing war crimes committed by U.S. forces in Afghanistan.

The United States' extradition request, which was issued in 2017, charged him with helping Chelsea Manning break into a Defense Department computer in 2010. Manning was convicted on 17 charges of espionage and sentenced to 35 years in prison, 28 of which were commuted by President Obama.

Manning was one of eight people prosecuted under the Espionage Act of 1917 for leaking information to journalists during the Obama administration. That had happened only one time, in 1971, before Obama took office. Obama set a dangerous precedent that is ripe for abuse by demagogues who openly rail against a free press like the current occupant of the white house. This case is different and far more critical; U.S. courts have charged journalists' sources before, but this is the first time they're going after a journalist themselves.

Some have claimed Assange isn't actually a journalist, likely in an attempt to discredit him, but he has done all the things that journalists regularly do. This includes helping a source (Manning) to obtain information, which is essentially what he's been accused of. If Assange is prosecuted, it will set yet another dangerous precedent.

The silver lining, however, is that Assange's extradition is likely to be appealed on grounds of the state of Assange's health, the clear political motive behind the extradition request, the legality of the death penalty in the U.S. and human rights and press freedom concerns.

A movement to protect Assange from extradition to the US has been active since he was arrested. When being forced into a police truck, Assange yelled, "The UK must resist!" It so happens that the British opposition Labor Party and its leader Jeremy Corbyn will try to prevent Assange from facing a trial in the U.S.

They may not be able to do much except encourage the movement against his extradition to grow stronger, seeing that they're a minority in Parliament. Press freedom will have a much better chance of being upheld if there is a popular movement against his extradition.

This issue, however, is larger than just the UK or the U.S. If prosecuted, the legal system of any country could go after any journalist for publishing anything deemed a threat to 'national security.' For example, the Syrian government could prosecute American journalists for publishing human rights violations that were covered up by the al-Assad regime.

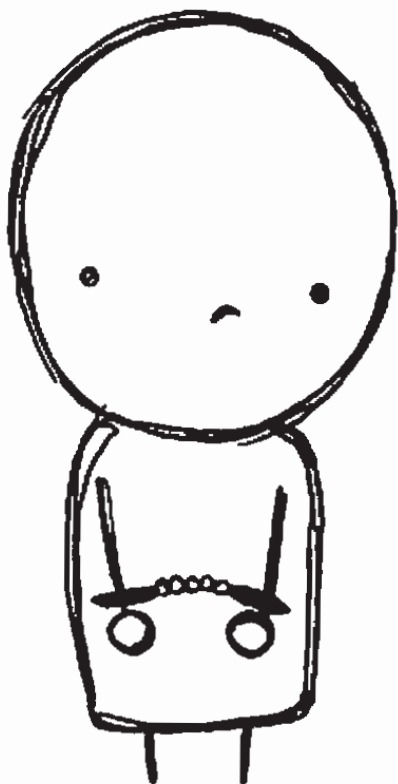
There are three possible reasons for Assange being kicked out of the embassy where he has received asylum since 2012. One theory is that the U.S. has been putting diplomatic pressure on Ecuador to allow him to be taken out of the embassy in London. Another is that the Ecuadorian President, Lenin Moreno, is opposed to maintaining his asylum for political reasons. The final major explanation is that Julian Assange was a 'bad house guest.' All three are probably true to a certain extent.

There has been widely circulated video footage of Assange skateboarding through the halls of the embassy and breaking furniture in the process. In his defense, he has been locked up inside the embassy for seven years. Imagine not being able to go outside for seven years. Most people in that situation would not be perfect guests.

Of course, there is also the issue of the sexual assault investigation he is facing in Sweden. There is absolutely nothing wrong with him being extradited to Sweden and tried for the rape allegations against him. This is not - and should not - be about who Assange is as a person, but rather, it should be about whether or not journalists have the right to help sources obtain information and publish information critical of a country's government.

For a properly functioning democracy, we need a free, open and robust press. Journalists should not be afraid of exposing war crimes or anything that is in the public interest but against the government's interest. We need an informed public who can make rational choices, and for that ideal to be a reality, citizens must know what their governments are doing at home and abroad.

All who believe in the First Amendment and the basic principles of liberty upon which our country was founded, should protest Assange's extradition. Freedom is, and always will be, of far greater importance than 'national security.' We should exercise it while we still have it.





Pizza Party

Pizza is a unanimous favorite for all people. So where is the best place to get a slice in Omaha?

PAGES 16-17

The Register Reviews

From Broadway stars to breakfast, check out the latest reviews of local restaurants and recent novels.

PAGES 20-21

New breakfast spot has long wait, incredible food

Incredibly popular new breakfast and brunch spot serves a wide variety of food that is well worth the long wait

PAGE 21



ROADSHOW 105

The long-standing tradition showcasing Central student talent displays everything from dance to comedy



Senior Bria Gilmore dances across the stage during the 105th roadshow. Her group performed a hip-hop style dance with a surprise appearance from Orestes Cooper, the Senior class president.

Kayla Johnson staff writer

The theme for this year's Road Show was entitled "A Night at the Museum" which featured many different forms of musical talent. Acts in this year's lineup included a quartet group, as well as all levels of students in the orchestra, band and the drama department. This production continued the Road Show's 105-year history.

There were three scheduled opportunities for both students and others in the community to come and support the drama department.

The first show took place on Friday April 5th at 7:00 p.m. There were also two showings on April 6th- with one at 2:00 p.m. and another at 7:00 p.m. Tickets for adults were priced at \$10. While students (with their ID) were given the discounted price of \$8 for each ticket.

Staff and students in the drama department spent months and countless hours in preparation for the annual Road Show. On the first weekend of April, these students and staff members were able to display their talents and hard work on the Central stage.

Senior Lydia Baum shared her personal role within this year's Road Show along with the work behind the scenes. Although she was able to contribute her time to the Road Show by assisting and help with the technicalities, she states "I was the emcee! So, I basically helped lead everyone through the different acts."

Everyone recognized the hard work and dedication

of the performers, along with balancing other extracurricular activities and school work. However, many people forget to give credit and respect to the numerous individuals who spend as much time and dedication making sure the show flows smoothly.

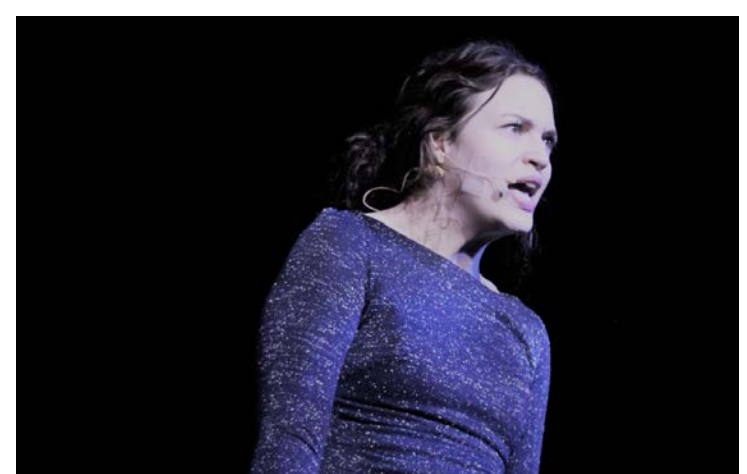
Baum shared her personal techniques and routine when it comes to preparing for highly awaited performances such as the Road Show. There are time sacrifices that students both on and off the stage must make in order to help the organizational aspect of the show.

Baum said, "I prepared a lot by working with my friend Rachel [the other emcee]. We spent a lot of time writing the script, taking notes, revising and rehearsing. As far as focus, it's a mindset for me. I have to prioritize what's the most important. For me, I take my school work seriously, so I have to spend time to make sure that I get my work done. Tech week is always stressful though. I spend a lot of time running lines and going over any blocking that I need for the show."

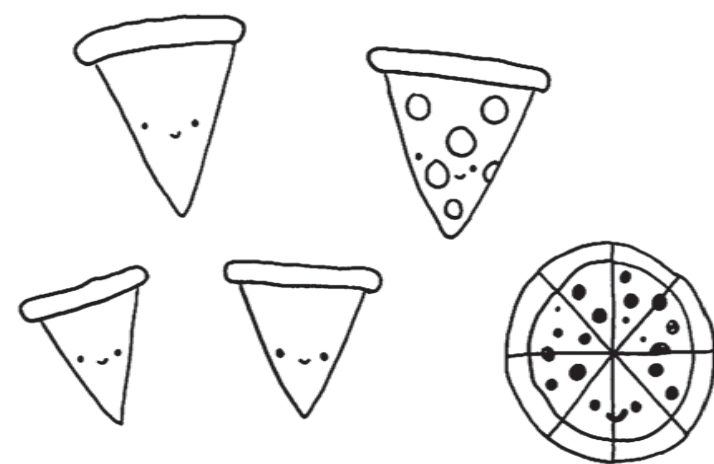
She also explained the aspect and importance of tech week, as "it is the week of the show where everything comes together for the final time." There were three scheduled opportunities for both students as well as those in the community to come and support the drama department.

Top right: Daniel Dennenberg performs New York State of Mind by Billy Joel. This was his first year performing in the roadshow.

Bottom right: Evelyn Hill performs a Broadway solo, also making her debut in the Roadshow.



PIZZA PARTY



HANNAH BROWN | The Register

PITCH PIZZARIA

Jackson Godwin
staff writer

Throughout Omaha, there are a variety of pizza places that offer anything from deep-dish to flatbread or takeout to sit down. One of the more popular places around town that has become a regular for some is Pitch Pizzeria. Pitch is a very sleek, modern, warm and cozy Italian pizzeria that has a broad selection outside of just pizza fired in their coal oven. Options are also offered for those who are vegan or even prefer gluten free. There are two locations currently in Omaha, one being in Dundee and one in West Omaha. Being open for brunch, lunch and dinner with outdoor seating for nice days gives customers a variety of options to choose from throughout the day. It is not unusual for there to be a wait time before being able to be seated and dinner reservations are recommended especially on weekends.

The atmosphere at pitch is casual, warm and comforting, yet still considered upscale. For those who are low on time, you can also call in advance to get a takeout order or opt for seating at the bar area. For special occasions, the restaurant offers an exclusive two-top table that overlooks the chef as they prepare and serve your meals. What attracts many to Pitch is the variety of options on the menu making it not just your average pizzeria. This restaurant serves meatballs, wings, salmon, shrimp and burgers with a unique list of pizzas themselves. A few of the popular pizza flavors are the Thai Pie (peanut sauce, chicken, bean sprouts and green onion), the Margherita and the Doc (goat cheese, asparagus, red pepper and fennel sausage). If none of the items on the pizza section interest you, they have a build-your-own pizza which is popularly used for creating breakfast pizzas.

Pitch is a place for all ages or groups of people to come in and enjoy a bite to eat any time of day with a broad selection on the menu that can satisfy almost anyone. This modernized, sleek restaurant is a favorite for many and is still gaining popularity with new options on the menu and signatures that people find hard to resist. It gives many a different style of Italian food that's unique from other restaurants.

MY PIE PIZZA

Kween Alabi
staff writer

My Pie Pizza is an "authentic New York inspired" pizzeria with two locations in the metro area, one being in North Park and one in Aksarben. This pizzeria has a very rustic, yet modern feel to it.

The staff is extremely friendly and warmhearted; from the second you walk in, an employee is already smiling, ready to welcome you into My Pie. The employees were very eager to inform me about what types of pizzas they serve or if I should customize my own, following through with their "pizza your way" slogan.

My Pie Pizza allows customers to choose from 21 New York inspired pizzas with creative names that stick like "My Uncle Nicky" which includes marina sauce, parmesan, mozzarella, ricotta and meatballs, "Angry Bird" that includes barbeque sauce, gorgonzola, spicy chicken, red onions and ranch drizzle and "The San Gennaro" which pays homage to the Feast of San Gennaro, an 11 day American-Italian religious festival that celebrated immigrants from Naples who settled in New York. The commemorate pizza ingredients include sausage, green bell peppers, parmesan and toasted caramelized onions.

My Pie also offers a few vegan options both through customization and a signature pizza called "The Very Vegan." Along with that, they have 3 vegan friendly salads: "Going Green," "A Simple Caesar" and "The Health Nut."

My Pie Pizza has a pizza bar which gives customers the opportunity to create their own personalized pie, which I decided to do at my visit to the pizzeria. Each pie is \$8.95, a reasonable price for a decent-sized personal pan pie that allows you to have up to 10 toppings. My Pie personalizes the experience by allowing you to watch your pizza being made. First, the pie maker will ask which crust you would like (white, wheat or gluten free), then asks you to choose from 16 total sauces and cheeses, 8 protein options and 15 toppings.

My custom pie included white crust, pizza sauce, fresh mozzarella, ham, sausage, pineapples (which, yes, do belong on pizzas) and pepperoncini. A small mishap occurred while my pizza was in the masonry oven, resulting in my pizza being a little burnt, however, the employees were extremely forgiving and remade my pizza for free.

My custom My Pie pizza pie was probably the best pizza that I have had in Omaha and definitely the closest thing to New York style pizza that I've had in the city. The fresh mozzarella was full of flavor and the pizza sauce was spread just right, allowing for the perfect amount of sauce on each slice of pizza. I would definitely recommend My Pie Pizza to anyone looking for a pizza spot.



OLIVIA DROBNY | The Register

LIGHTHOUSE PIZZA

Kayla Johnson
staff writer

Pizza is a universal favorite amongst consumers. In Omaha, there's tons of different pizza spots around the city, but one place stands out from the others in regards to quality and size.

Lighthouse Pizza is notorious for their large pizza slices and unique and piled-high toppings. They have a variety of options available on their menu including vegetarian options as well. Their unique toppings and pizzas are what differentiates Lighthouse from other pizza spots in the city. Some of their specialty pizzas include mac and cheese, Thai chicken and buffalo chicken.

The size of the slices also makes Lighthouse pizza much more memorable. A person can buy either a 9-inch slice or a whole pizza; the 9-inch slice is about two pizza slices put together. The best part would have to be the super fries. They have beef and bleu fries as well as tiger fries which has roast chicken, bleu cheese crumbles, cheddar jack cheese sauce, buffalo seasoning and buffalo aioli drizzle.

Lighthouse pizza is quite inexpensive compared to the quality of the pizza and the portion sizes. A slice of pizza is priced at \$6.38, while a whole pizza is \$22.79. Quite a steal for what you're getting.

Lighthouse Pizza has two locations, one off 74th and Pacific and another downtown location in the newly developing Capital District. Parking in the downtown location can be difficult and irritating at times and the facilities themselves are quite small and usually always packed. They're open Sunday through Thursday, 11 a.m. to 10 p.m. Friday and Saturday they're open 11 a.m. to 3 a.m. The drive thru is open late for all the people who crave a late-night snack.

The atmosphere at lighthouse pizza is fun and friendly. It's a perfect place to take the family out for dinner or to hang out with your friends. It's a very casual spot and usually has an average noise level. There's something for everyone to enjoy there.



Photo Courtesy of LIGHTHOUSE PIZZA

ORSI'S ITALIAN

Malcolm Durfee O'Brien
managing editor

Pizza is something that, I think, unites us all as Americans. Orsi's Italian Bakery and Pizzeria, which is celebrating its one hundredth anniversary this year in the Little Italy neighborhood of Omaha, is one place at which this patriotic pie is sold. It is a fantastic little place. It does not feel like a restaurant in the traditional sense, but more like a grocery store. There are not really any places to sit since it is all order out, though there are folding tables they can put out if one wishes to eat at the wonderfully charming establishment. The wall is lined with imported Italian grocery goods. There is a deli counter from which one can buy nice, Italian cheeses, meats and various other items.

There seems to always be a man behind the counter who knows off the top of his head the entire history of the bakery and Omaha, which is always an entertaining thing to listen to.

Beyond the aesthetics, more importantly, there is the pizza. The pizza comes in enormous, square-shaped quantities. The strength of Orsi's pizza is by far its dough. They make it themselves and it has a dinner roll-like chew to it in each slice's center and

a satisfying crunch on the crust. The dough also has the flavor of a traditional white bread, which adds further complexity to the pizza's flavor. The sauce is also excellent, as it seems to be made from very flavorful and high-end ingredients. Overall, Orsi's is well worth your time and you should spend as much money here as feasibly possible, as I wish for its charm and flavors to endure for another century in the otherwise dull culinary scene of Omaha.

Having said that, there are some things that are not fantastic about this place. There is always just a bit too much cheese on the pizza. The sauce is not as abundant on the slice as it should be, and its great flavor ends up shadowed by the overwhelming slab of cheese. The absurd size of the pizza, though overall a positive, causes the pizza to cool down too quickly and allows the middle slices to become soggy with that famous pizza oil.

In spite of any flaws, Orsi's is a truly wonderful gem of a restaurant, with a culture all its own, a quality most restaurants have begun to lack. Anyone who loves pizza and loves supporting Omaha-area history and businesses should check it out. I give Orsi's four New York stars out of five.



SOPHIA SIDZYK | The Register

DANTE

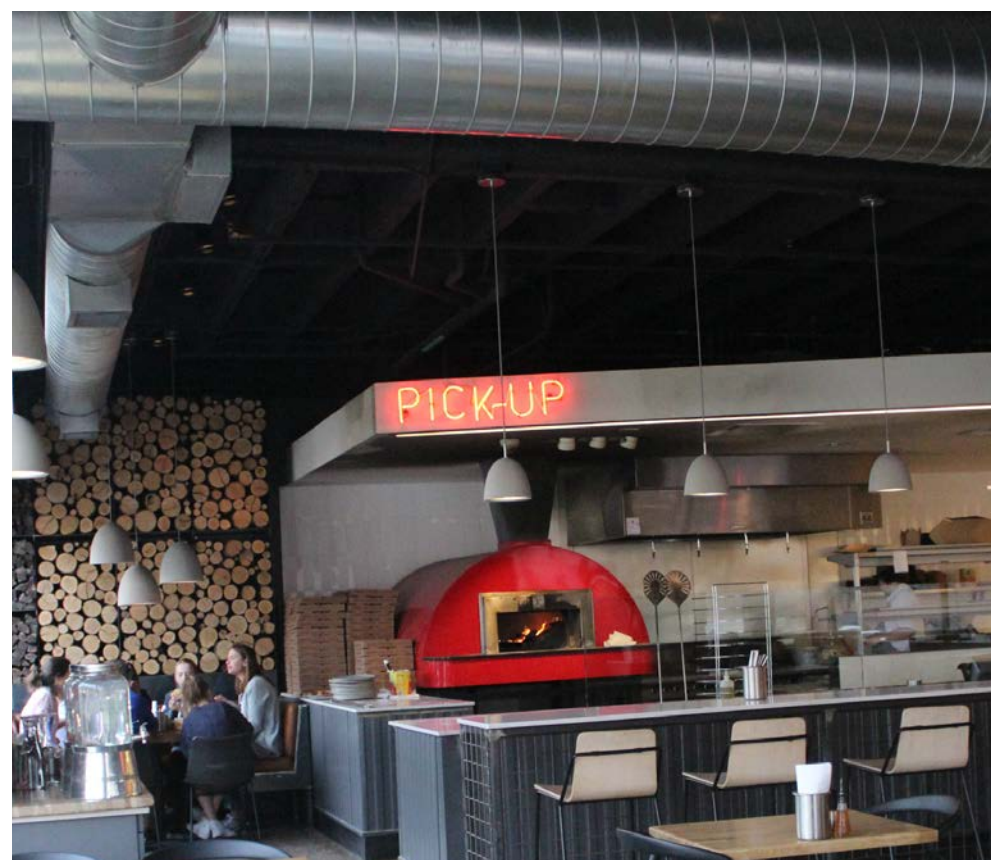
Simret Habte
staff writer

Dante's Pizza is a local pizza restaurant with two branches. One branch of the restaurant, the original Dante, is in West Omaha while the other Dante Pizzeria Napoletana is located on the corner of Farnam and 42nd street in Omaha's Blackstone District. Dante Pizzeria Napoletana is a more casual alternative to its West Omaha counterpart. Their website boasts of it being "the first fast-fine dining experience in Omaha." The main goal is to maintain the quality food and experience of their West Omaha location without the formality.

When you first step in to Dante Pizzeria Napoletana, the large, redwood fired oven stands out. Next to the oven, the cook can be seen working on the pizzas, giving a glimpse of what makes Dante unique. The restaurant is decorated very simply with wood tables and comfortable booths. There are many windows that allow plenty of sunlight in and add to the warm and comfortable atmosphere. All the employees are friendly and welcoming. They were also patient and enthusiastic about helping the customers.

Dante's has a wide variety of pizza options on their menu with prices ranging from eleven dollars to fifteen dollars. Their "Giuseppe Pizza" is topped with sausage, cipollini, wood-roasted peppers and mozzarella cheese. Overall, it was a good pizza, but there was a little too much sausage that caused the crust to be weighed down and a little soggy. Other than that, the pizza was delicious. The sauce and cheese tasted amazing; it was not overpowered by the other toppings. The thin crust was perfect and didn't taste doughy or undercooked.

All in all, Dante's Pizzeria Napoletana is a great addition to Omaha. It truly delivers on its promise to be a fast, yet fine-dining experience. The atmosphere, employees and, most importantly, the food, were amazing. It's definitely a restaurant worth frequenting.



OLIVIA DROBNY | The Register

Review: Come From Away emotional in acting, faulted in musicality

Emma Whaley
executive editor

More and more children are being born into a post-9/11 world. As time passes, details get lost, however, the Broadway musical “Come From Away” is bringing some of those details back into the light. The Tony-winning show came to the Orpheum for a four day stay from Mar. 27 to 31.

“Come From Away” is based on true events. During and after 9/11, the United States air-space was closed, and all planes had to land. Thirty-eight of those planes landed in the town of Gander, Newfoundland in Canada. The 9,000 residents took the “plane people” in and treated them as their own through the days following the terrorist attack.

The cast is only made up of twelve actors, so most play multiple parts. Despite this, who’s who is rather easy to follow, as each new character has a different hat or jacket that makes them distinct. If you’re going to be confused by anything, it will be the dialogue. The actors talk and sing very quickly, and if you’re not listening closely, you’ll miss something important. It doesn’t help that all the Gander-native characters have the thickest Newfoundland accents you’ll ever hear.

The costuming is nothing to rave at. Since all the characters are ordinary people, they wear ordinary clothes: flannels, letterman jackets and t-shirts. What is impressive is the set. The scene set on the stage changes little, though the scene in the play can go from an airplane to a road at night to a Tim Horton’s. Beautiful lighting and a spinning center disc on the stage make for most of these magical scene changes, but trees always border the stage and mismatched chairs are always scattered on the ground.

The actors’ abilities are nothing to scoff at either. 9/11 is a clearly emotional event and their characters are in the middle of it. That emotion really comes through. There was a moment when I was sure there wasn’t a dry eye in the Orpheum house, including my own. That was all thanks to the pure emotion radiating from each of those twelve actors. The ability to, in a moment’s notice, shift from one character to another takes skill, especially when those characters are so different. For cast member Nick Duckart, one minute he was a gay man from Brooklyn coming home from a Paris vacation with his boyfriend, the next he was an Egyptian Muslim man being constantly looked at with fear and pulled aside for extra security searches.

Though their acting was wonderful, I found the “musical” part of the show a bit lacking. Many songs were amazing, such as “Me and the Sky” sung by Becky Gulsvig. However, it quickly became obvious that these actors were chosen based on their singing ability, not dancing ability. The choreography was basic to the point of non-existence. In fact, the only thing I can remember that would at all count as “dancing” would be a unison stomp on the beat in the



Photo Courtesy of THE ORPHEUM

opening song, “Welcome to the Rock.”

The music was provided by an on-stage band. Though they were often tucked back into the tree props, their presence was known. This became especially true during the song “Screech In” and after the curtain call, when the more mobile band members went further on stage to feature themselves. The score gave an Irish feel, featuring an Irish flute, mandolins and a bodhran (an Irish frame drum). Despite the play being set in Canada, the Celtic vibe fit and enhanced the setting. I suspect it was just the reminder that they weren’t in America anymore, they were in a foreign land.

Despite the show’s few faults, I couldn’t help but enjoy myself. Most of these criticisms are only realized after the show itself. Sitting in that theater, I was purely invested in the good show. I laughed and cried with everyone else, and I’m sure any other theater-goer will, too.

Alamo Drafthouse Cinema opens second midtown location



Simon Bullerick
staff writer

The Alamo Drafthouse and Cinema has over forty locations and the second one to come to Omaha just opened in the midtown area. Taking the place of the Marcus Theatre, they will try to satisfy what Marcus Theatres could not. The Alamo will give you a rare opportunity to not only watch whatever current block buster is playing, but to enjoy a meal while doing so. With the three-story venue, they have five theatres and a full bar and restaurant on the second floor if you wish to eat before or after instead of during the movie. Fans of the venue in La Vista will be very pleased with this more centralized midtown location because of the high standards and quality all Alamo locations have.

The menu will surprise a lot of people, with a wide variety of snacks, breakfast and dinner options to choose from while you watch. A lot of the items

are also references to food in movies, such as the ‘Beef Royale’ from the movie “Pulp Fiction.”

When talking to corporate manager Ronaldo Lopez about the theatre, he said, “We top all other theatres in almost every category. In the last five years we’ve topped all other theatres in screen display quality, seats, popcorn and drinks and more.” Talking about the grand opening, he mentioned, “There’s a lot to prepare for this opening. It’s important to us that we have everything we need and we have all the skills and knowledge we need to succeed. This isn’t like a normal restaurant or theatre; it’s like none other and making sure the employees understand and are well equipped for that is very important.”

Starting in Austin, Texas, there have been over 40 locations throughout the country all with the goal to outdo and surpass the last one. They have grown a following for their quality service and experience and they take that with pride, hoping to grow and improve.

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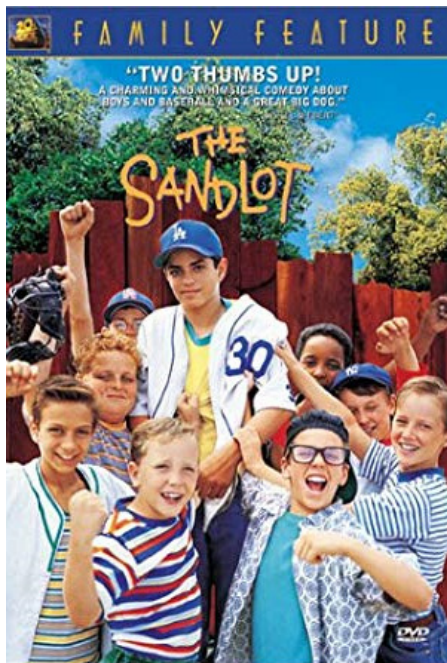


Top five summer-themed movies for the upcoming season

Mackenzie Coughlin
staff writer

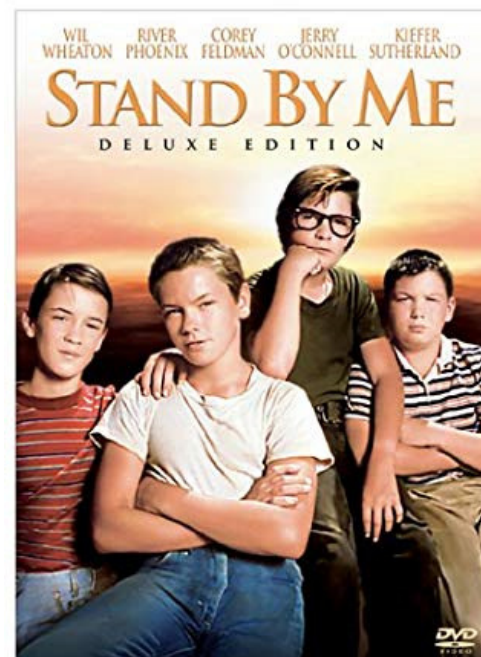
#1: The Sandlot

With baseball being America's favorite pastime, "The Sandlot" is the perfect movie to add to this list. "The Sandlot" captures everything summer means to young kids who want to have fun. The story is set in the summer of 1962, with a group of neighborhood kids that stir up trouble regarding a prized baseball. The movie involves them working together to get it back, while enjoying the days of summer. Many can attest to the fact that "The Sandlot" is the story of rivalries, craziness and friendship, which are pretty stereotypical to summer in the best way. "The Sandlot" also contains some of the most memorable movie quotes such as, "You're killing me, Smalls."



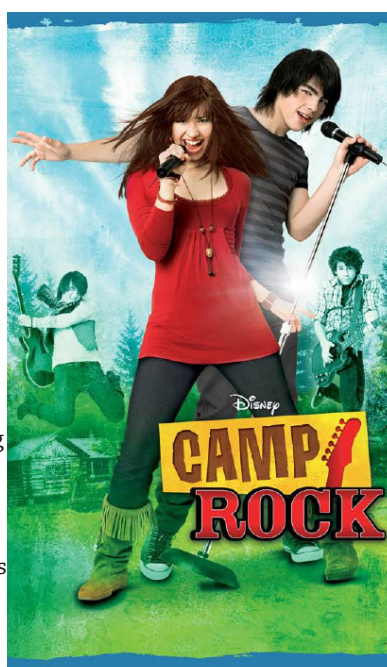
#2: Stand By Me

"Stand by me" is a movie that shows the journey of four friends that get into some serious trouble while on the hunt for a dead body. It shows how each character changes in their own ways while being heavily entertaining. A prevalent theme throughout the movie is friendship, as the four boys put much trust in each other when coming across dangerous obstacles. "Stand by me" is also one of those movies where many quotes become famous and very well-known. The dialogue is hilarious, filled with several NSFW jokes.



#3: Grease

"Grease" is a great movie to watch in the summertime because it depicts the very sought-after summer romance that is always seen in movies. The idea of the perfect summer romance is usually never true, but watching it in a movie is close enough to the real thing. "Grease" also contains girl and guy split friend groups that gossip about each other, adding a layer of drama that everyone loves. "Grease" is able to give a glimpse into the time of milkshake diners and leather jackets that have become a staple to old-school summer.



#4: Camp Rock

As the most modern movie on the list, "Camp Rock" is a throwback summer Disney movie that many love. It is a funny, feel-good movie that follows a pop star trying to discover the face behind a singing kitchen worker. Going to summer camp is a very common theme in a lot of peoples' summer vacations, so watching a movie about it can't get closer to summer. With stars such as Demi Lovato and the Jonas Brothers, watching "Camp Rock" is a look back on the older days of Disney that many loved as kids.



#5: Jaws

This list would not be complete without the all-time summer classic, "Jaws." "Jaws" is the story of human vs. nature as a killer shark invades a beach resort. Although many have seen "Jaws" countless times, it continues to reign as a top thrilling drama. "Jaws" has a very detailed plot and is mainly focused on storytelling, with Esquire.com saying it is in a genre of its own.

Photos Courtesy of IMDB

Omaha zoo offers year-round attractions, variety of exhibits



ALEXIS BLANKENFELD | The Register

Left: Sea lions swim around their outdoor tank. They have daily training sessions, attracting many visitors. Right: Giraffes tower over to eat from the trees. They are located in the African Grasslands.

Grace Turner
staff writer

The Henry Doorly Zoo is the biggest year-round attraction offered in Omaha and draws over a million visitors every year. In recent years, the zoo has made many expansions including the now-completed African Grasslands, the soon-to-be-finished Asian Highlands and a glacier landing that will be opening in spring of 2019. These new additions, along with the older exhibits, makes seeing everything at the zoo a difficult feat. However, there are a few exhibits that are much more entertaining and enjoyable at the zoo that should be the top priority when visiting.

1. The Asian Highland Exhibit

This exhibit has to make the list and deserves to be at the top. The Asian Highlands has been an addition the zoo was planning for many years, and it finally will be finished this summer. The theming and landscaping around the exhibit already proved to be awe-inspiring, even outdoing the African Grasslands area. However, it is important to note that these exhibits will be the busiest with likely the least number of animals this year as the exhibit is new. That being said, the Asian Highland area will probably also feature a variety of volunteers ready to talk to the public about Asian Highland animal facts and conservation efforts. These volunteers make the zoo experience more enjoyable, are often easy to talk to and rarely are overcrowded by guests.

2. African Grasslands

The African Grasslands was the newest exhibit to be finished before the Asian Highland exhibit. It features typical grassland animals like elephants and giraffes, but also unique animals

such as pygmy goats and impalas. This exhibit is crowded in the summer but spread out enough to still be worth going to, especially to see all the new animals.

3. Aquarium

The Henry Doorly Zoo has the largest zoo-embedded aquarium in the United States. The aquarium is full of different varieties of sea stars, fish, jelly fish, eels and almost any other sea creature imaginable. This exhibit is not new by any means, however, it is still enjoyable and one of the most versatile areas. Visitors often find it fun to look for the aquarium's only octopus that hides during the day. The other great part of the aquarium is that it has some of the best air conditioning in the entire zoo, so it is a great place to stop on warm days.

4. The Wildlife Kingdom Pavillion

This is the first building one sees when entering the zoo. Nearly everyone skips over this exhibit because it does not contain any large animal species. That being said, the pavillion offers some of the most interesting animal and zoo facts, and there are nearly always zoo employees and volunteers ready to talk about animals. It also contains a variety of all types of animals including fish, birds, insects, arachnids, reptiles, amphibians and others. It is a great stop to make in the zoo at least once.

5. Sea Lions

Unfortunately, the sea lions are not a part of a larger exhibit, however, these animals are worth watching. With the incredible history behind the tank, this exhibit is one of the best in the zoo. The sea lions are entertaining, and their training sessions are always enjoyable to watch.

the REGISTER

Saddle Creek Breakfast Club serves amazing food, worth the long wait

Sophia Sgourakis
staff writer

For some people, breakfast makes them feel some kind of happy. I am one of those people. Fresh eggs, a little burnt hashbrowns, fluffy pancakes, crunchy bacon, all the traditional breakfast foods are my favorites for my first meal of the day. However, some restaurants take a spin on traditional breakfasts and add more unique options. One of these places is Saddle Creek Breakfast Club, ironically located on Saddle Creek Rd.

This restaurant may be hard to locate while driving by because of its size. However, in order to locate it, all you need to know is that it is painted in a matte black color with accents of wood and has an LED light with abbreviations for the restaurant, SCBC. A little patio is included with benches and a couple tables which is very convenient for when the weather starts to get nicer. When you first walk in, you instantly recognize the limited space. There are a couple benches inside for waiting, as waiting times are quite long. I went on a day when all high school students were out of school besides juniors for ACT testing, and the wait for four was 20 minutes. It is safe to say that there will be a wait whenever you decide to go. There are about four seats at the bar, four window seats, a row of three tables with benches which seats 2-4 per table and then 3 tables that fit at most 4 people each. A large party would not be ideal to bring to Saddle Creek Breakfast Club. The interior is decorated very modernly and could be seen as aesthetically pleasing.

The employees were all very pleasant. We were greeted right away and told an accurate wait time. They were working as efficiently as possible to make sure we would get seated as quickly as possible and I can understand why since they try to get people in and out in a timely manner. The restaurant was completely full and the food still only took about 15 minutes to get out to us.

The menu is limited but organized into 4 different sections: breakfast, add-ons, vegan and lunch. During my visit, I ordered the banana pancakes. I was served two pancakes that were fairly small, but they were the best pancakes. They were thick and super fluffy and were served with peanut butter whip, crushed peanuts and honey. The perfect bite consisted of getting the pancake with a couple banana slices and an excessive amount of the peanut butter whip. Because I was unsure how full I would be from the pancakes, I ordered a side of egg whites scrambled. They were very fluffy too and had lots of taste with salt and olive oil. Overall,



the best pancake creation I have had! One of my friends got the Cali club which was served on a croissant with a fried egg, bacon, avocado and chipotle cream cheese. It was a struggle to eat and take a bite, but they found a way and cleared the plate. My other friend got a meal served with Mexican rice, two eggs, avocado, salsa verde, salsa roja and queso fresco called dos salsas de maria. It was quite similar to a breakfast chipotle bowl and looked like something I will have to try.

Prices ranged from anywhere between 9 dollars and 16 dollars. My pancake meal was 9 dollars and my add on eggs were 3 dollars. Because the food was delicious, the price was worth it. However, because wait times could be long, it may not be worth it.

If you come to Saddle Creek Breakfast Club with patience and a craving for a great breakfast meal, you will not be disappointed.



OLIVIA DROBNY | The Register

Broadway actor, Omaha native writes touching memoir

Molly Huibrigtse
staff writer

In the last few years, all sorts of celebrities (former presidents or their first ladies, YouTube/social media personalities, singers and actors, etc.) have authored memoirs and autobiographies detailing their fabulous lives.

Unlike most of these recent books written by Hollywood's sweethearts, "Too Much Is Not Enough" by actor Andrew Rannells does not highlight the glamorous life of fame and fortune, but rather the long road from rags to riches. Rannells describes his life as the "starving artist" before his fame and reminds himself and everyone else of his humble roots.

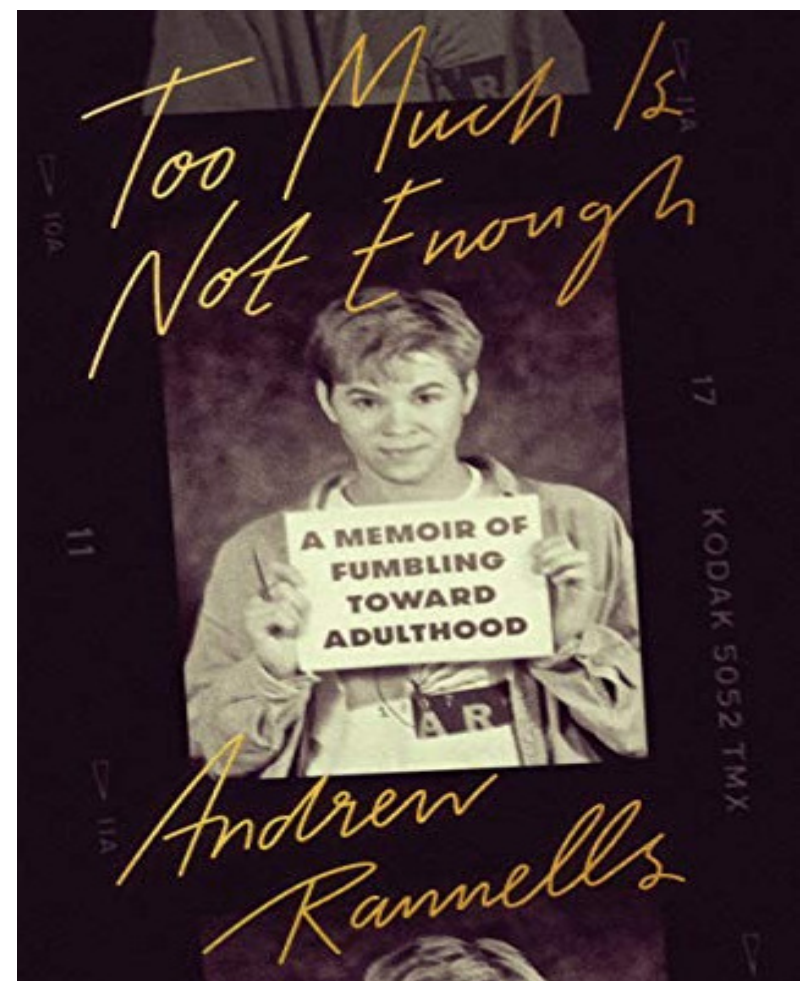
Andrew Rannells is an actor/singer who was born and raised here in Omaha Nebraska. He attended Our Lady of Lourdes K-8th school and graduated from Creighton Prep Highschool. Rannells is best known for his Broadway roles of Elder Price in "The Book of Mormon" and Whizzer in "Falsettos" and for his TV

appearances in "Black Monday," "HBO's Girls" as well as "Boys in The Band."

However, while lesser known, Rannells also performed at the Emmy Gifford Theater (now the Rose Theater) as a young boy here in Omaha, starred in "Pokémon LIVE" and "Hairspray" on Broadway as Link Larkin all before his "big break."

Rannells' voice and humor leaps off the pages as he relays the story of what it was truly like to be a newly out of the closet, nineteen-year-old theater student from the Midwest all alone for the first time in the big apple.

The book begins not with his role in "The Book of Mormon," as many of his bios do, but instead with the image of a terrified and ambitious teenage boy leaving the only home he's known to chase his dreams in New York City. Rannells recounts defining and/or memorable moments of his childhood and along his path of success.



Photos Courtesy of GOODREADS

reviews

Axe throwing venue 'Le Smash' opens in Downtown Omaha



OLIVIA GILBREATH | The Register

Olivia Gilbreath
staff writer

Le Smash Omaha is a place where people can go to relieve stress, bond with each other, and make memories while having fun breaking provided (or personal) items. There are three different offered “smash packages” along with optional add-ons which allow a person to increase the intensity of their smash session. Located in Bellevue at 4105 Harrison Street, Le Smash is just fifteen minutes away from Central. To schedule smash sessions, one can call the business’ phone number (402 915 4040) or contact them through their website www.lesmashomaha.com.

Safety waivers were required for participation in the smashing activities at the business and safety equipment was provided. The safety equipment distributed included long, heavy aprons; large face masks; and gloves. Although I was fine wearing a t-shirt, it is recommended that one should wear long sleeves and close-toed shoes when going to Le Smash. Once in the smashing room, there is minimal supervision for the destruction that a person does. While destroying the walls or other parts of the rooms is prohibited, throwing bottles and televisions against the brick wall in the room is encouraged.

Weapons of destruction are provided, optional weapons include various sizes of crowbars, golf clubs, and baseball bats. It is fun to test all the different weapons while the items provided (or the add-ons) in the room. Picture-taking and videoing is allowed in the room, one thing I did was video portions of the smash session in slow motion. One admirable feature is the rooms’ blue tooth speakers which allow customers to listen to their own music while smashing away.

In all smash sessions, each person is given twenty small items and one large item to destroy as a group. Small items are empty beer bottles and empty bottles from other types of booze, given to customers in separate crates. Generally, the “large item” is a TV for the individual (or individuals) to destroy solo or together. Written in multiple locations on the walls is the advice to “smash TV’s last.” My group decided to wait until the end to destroy the television and we found this to be smart advice because of the energy and time taken to demolish the item.

Items are provided depending on which smash session a person chooses. The different smash sessions are the individual smash session, the demolition duo smash session, and the smash party. Pricing decreases as the number of people in the smash session increases, the maximum number of people allowed is fifteen, in the “smash party” package. For a single person, the business charges fifty dollars, for two people the cost is forty-five dollars a person, and for three to fifteen people, the cost is twenty-five dollars per person. I would recommend gathering a group of friends or family to do the “smash party” smash session to lower the price and maximize the fun.

Le Smash is one of the city’s hidden gems because of its awesome atmosphere and gratifying activities. The employees are helpful and very laid back, while helping to ensure safety and giving recommendations to help increase the fun customers have in their smash sessions. Le Smash leaves its customers feeling powerful and allows customers to write about their experiences on the interior walls of the building. I would do this activity again and I would recommend it to anyone as a stress relieving activity or simply something fun to do when bored.

AVENGERS: ENDGAME

Rozlyn Olson
staff writer

Finally, the most awaited-for movie since the debut of *Avengers: Infinity War*, *Endgame* is here. The final movie in the *Avengers* series brings America’s favorite heroes’ home for good, after a 21-movie build up, providing a deeply emotional experience exploring love and loss, duty and loyalty, friendship and family.

The overall atmosphere of the film is somber; with significantly less jokes in the darkness of the recent losses of the character’s friends and family; their grief impacting us even more than would be expected. The way Marvel balances the grief and the happiness truly restores all faith in tacky superhero movies; in short, *Endgame* is nearly perfect. Although there was concern about the ending of America’s beloved series following Disney buying Marvel, the conclusion leaves all in the theatre with mixed feelings of joy and heartbreak when the credits start to roll that will not be forgotten. There is a welcome focus on the original *Avengers*, despite the integration of *The Guardians of the Galaxy*, *Dr. Strange*, *Black Panther*, and *Captain Marvel*’s recent debut into the *Marvel Cinematic Universe*. That’s not to say that they didn’t all get their time on screen; it is, after all, a three-hour movie. Each character and any loose ends are tied together flawlessly at the end, and character development as a whole leaves the audience wanting for nothing.

Unlike all of Marvel’s other films, there is not an after-credit teaser scene, adding to the overarching feeling of finality. Marvel has not confirmed a continuation of the series, and it seems like the world would be at peace with the way things ended in the *Marvel Cinematic Universe*. Rated highly on all popular medias of review sites, *Endgame* is a must see for everyone; if you can ever find tickets and good seats.



Photo Courtesy of WIKIPEDIA

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sports & leisure

THE REGISTER

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Unusual Sports

Often overlooked as 'sports', Register staffers highlight teachers and students who find passion in hunting and fishing

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Senior Signings

Five seniors sign to colleges to continue their athleticism onto the University level.

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Cadet Challenge

Central's JROTC team places in the Annual Cadet Challenge

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SENIOR SOARS PAST COMPETITION



O'Brien competes in one of her races. She plans to continue to cycle recreationally, but does not plan on going professional.



Photos courtesy of ABBEY O'BRIEN

Mac O'Brien
staff writer

The 2018 national mountain bike championship was a 25-mile circuit that was to be run twice. It was relatively flat, which meant only that the cyclists had no opportunity to slow down, instead having to maintain a high speed and intensity throughout despite the blisteringly hot weather. It was at this race, in Arkadelphia, Ark., that senior Abbey O'Brien became the 2018 age group champion in the mountain bike event.

O'Brien's strategy in marathons like these is to pace herself, to conserve her energy so that even if she starts out behind, she can make up ground as the race wears on.

"It was a little scary because the first climb I got dropped by everyone," O'Brien said.

However, she stuck to her plan by maintaining her rhythm, drinking every 15 minutes and eating every 20. Slowly, she built up speed and cut her way through the pack. She didn't know that she was leading until she crossed the finish line and heard her name announced as the first-place finisher.

"It felt really really good, but it was also kind of weird... I am the same person, but I also won a very important race and get to wear stripes on my arm for the rest of my life," O'Brien said, "So, it was just this awe-inspiring thing."

O'Brien has been bicycling for most of her life but started to do it seriously after she moved to Omaha when she was 13. She started going to nationals for Cyclocross, a type of event in which cyclists race for 45 minutes in difficult conditions. Later, she started doing marathon races as well when she realized she was better at them. But her accomplishments haven't come easily—to keep improving she has had to sacrifice much of her personal time to follow an intense training regimen.

"It's very time consuming, so you have to figure out how to balance how you're living person-wise and then bike-wise," O'Brien said.

On Tuesdays, she practices short, high intensity intervals, making sure to warm up on the ground before getting on her bike. Then, on Wednesdays she practices longer intervals, leav-

ing as soon as she can so that she doesn't run out of daylight. Thursdays are either another high intensity day or a recovery day, and Fridays she spends doing openers in preparation for Saturday—race day. On race days she makes sure to eat at least three hours before her event, so if it starts at 8 in the morning, she is up by 4:30 cooking breakfast. If the race is a two-day event, she spends Sunday racing as well, but otherwise she gets the day off. Mondays she spends resting and recovering in anticipation of another week of training.

The grueling nature of her training routine sometimes makes it difficult to stay committed, but she keeps herself motivated by watching races, appealing to her own competitive nature and making pump-up playlists consisting of old school punk, 90s hip hop and a single K-pop song. More than anything, she says, it's the biking community that keeps her coming back.

"The race community here is small but mighty," O'Brien said. "It's super cool; there are like 300 or so people who ride bikes and race bikes here, and it's really cool because almost all of those people end up at every local race... They're all goofy and loud and obnoxious, but fun."

Even though there are no mountains in Nebraska, O'Brien says that there is an active mountain bike community that builds and maintains trails. The group THOR ("Trails Have Our Respect") has built two new trails in the past three years.

"What I do with them, and what I have done in the past, is just go into those trails with weed-wackers and lawnmowers and make sure nothing's growing on the trails and nobody is leaving trash around," O'Brien said.

But as supportive as O'Brien feels that the biking community is, she says that there are still many young women who are discouraged from participating, partially due to a toxically hyper-competitive atmosphere surrounding the sport.

"I think that it's important, especially in the cycling community, to realize that you don't have to race, and you can just go enjoy riding bikes," O'Brien said.

Another factor that O'Brien says keeps young women from starting to bike is the sexism ingrained in many of the sports' institutions. Sometimes, this takes the form of catego-

ries that are available to male cyclists which aren't available to young women.

"I had to fight for the category to be added for the nationals that I won," O'Brien said. "I had to make a couple phone calls and a couple emails like 'Hey, why do you have a dudes' category for my age, but there's no female one?'"

O'Brien also says she experienced this institutional sexism at road Nationals in 2016, when they combined the girls' 15 and 16-year-old group with the 17 and 18-year-olds. When the distance between the two groups closed, the administrators made some of the girls stop while others, O'Brien amongst them, got mixed in with the other age group. No such combination was made with boys' groups.

A similar scenario occurred at Cyclocross nationals when the boys and girls were put on the same course due to inclement weather, and once the boys caught up with the girls, the girls were pulled from the race, meaning the winner that year only completed one lap.

"They don't give us equal opportunities and it screws up everything and makes girls not want to race bikes at the national level, and therefore they don't ride bikes," O'Brien said.

As professionals and young women fight for more equal treatment, O'Brien has said things have started to improve and expects them to continue to improve in the future.

As for her own future, O'Brien says that she wants to continue biking, but does not want to go pro.

"You have to be a superhuman, and I'm not a superhuman. I like doing other things too," O'Brien said. "[Fort Lewis] has a cycling team, and I might end up there, but if I don't, I'll just keep riding because bike communities are everywhere, regardless of how big or small they are. Bike people are good people; I've never met a mean bike person, so I'll just bond with them and ride bikes with them. I'm never going to stop."

SENIOR SIGNINGS

Eagles sign with Colleges around the midwest to continue athletics at the collegiate level



NICHOLAS KRIVANEK

Olivia Gilbreath
staff writer

Central varsity football's starting outside linebacker, Nicholas Krivanek, plans to continue to play football in college at Nebraska Wesleyan next year. Krivanek has played the sport for nine years, and during his time in high school, he has learned to stay dedicated and work through struggle. Coach Jay Landstrom admirably speaks of Krivanek saying, "He did everything we asked of him and I was happy that he played all four years of high school."

Entering high school, Krivanek remembers being very small in comparison to his fellow athletes, so he worked hard to improve himself. He struggled when Central's team lost nine games in a row his first season playing with the school. Krivanek believes facing adversity helped him to become a better player and it helped the team to grow together. Landstrom comments on Krivanek's football career, assuring, "He is an extremely hard worker, an intelligent student and he was a great kid to have on the team."

Some people do not define themselves as leaders, but they make sure to stay motivated and always do the right thing. Krivanek said that he often led by example, trying to do the right thing and continue to be positive. He found motivation during hard times with the inspirational story of Eric Berry. Berry was the defensive back for the Kansas City Chiefs who was diagnosed with leukemia. After a long process, the player recovered from his illness and began playing football again. "I am motivated by the feeling of success and unity after working with my team to win a game or score a touchdown," Krivanek says, "But I am inspired to become better by athletes like Eric Berry."

Krivanek has a passion for sports and being involved in athletics, leading him to pursue a career path related to sports and athletics. In addition to his passion for sports, Krivanek is passionate about helping people and would like to incorporate this into his career. At Nebraska Wesleyan, Krivanek will study hard and hopes to graduate finding a job in athletic training. Speaking of his football-related plans after college, Krivanek discloses, "I'll keep playing intramurally and for fun, but I'm not going to try to play professionally... It would be cool to work with football players as a trainer, though, because I like the environment."

Sports bring people together; a group of people working toward the same goal builds unbreakable bonds between teammates. While the team struggled, Krivanek pushed on. He recognizes that it takes a lot of heart to keep going. Each player must keep going to reach the team's goals since without individual work, a team cannot expect to succeed. Krivanek advises, "If you want to play a college sport, start practicing now. Play your sport, play other sports- this will help you to become a better athlete. Don't give up on your goals."

JOHN TONJE

Ari Saltzman
staff writer

Two weeks ago, senior boys basketball players John Tonje signed with the Colorado State Rams of the Mountain West Conference. Tonje put up 23.8 points per game during his senior season, as he led the team in scoring. He also added 6.1 rebounds per game, helping the Eagles reach the state title game.

Tonje improved drastically this past year, and credits his, "teammates and my coaches encouraging me and giving me confidence and let me play my game." He took home many awards for his successful season including appearing on the Omaha World Herald's All State Team, and he was the honorary captain of that team.

In addition to the numbers he put up this year, Tonje scored over 1,000 points in his Central career. 665 of those came this year. He also led the state in made three point field goals, making 73 shots from deep, and averaged 37.6% from deep. Tonje shot over 50% from the field during his senior season.

Tonje was first offered by Nebraska-Omaha, and was then offered by the Rams. He said, "one of the big reasons (he went to CSU) was the coaching staff, and I feel like I can fit in their system." The Rams finished 116th in the nation in scoring, at 74.8 points per game. Tonje says he main goal in college is to, "win a conference championship", something that would lead to a birth in the NCAA Tournament. Colorado State's last trip to the NCAA Tournament was in 2013, when they beat Missouri in the First Round, before falling to Louisville in the Round of 32.

He will join a program that is coming off of a 12-20 campaign that saw them loose to Boise State in the first round of the conference tournament. The Rams went 7-11 in conference play.





DAYZANEQUIE HAYNES

| Ari Saltzman
staff writer

Two weeks ago, senior girls basketball players Dayzanequie Haynes signed with Southeast Community College in Beatrice, NE. Haynes finished her senior year averaging 3.5 points per game for the Eagles, to go along with 9.4 minutes per game. She played in 19 games this season. She also battled two ACL injuries during her career.

Haynes is thankful that she is able to play college basketball, as she had a torn ACL during her Central career. As for her college choice, she said, “they game to me”, while referring to the Storm. Haynes mentioned she was grateful that they still offered a scholarship to her despite the injury.

Haynes said her favorite part of her Central career was, “team bonding.” Haynes said that she is most looking forward to, competition in college basketball, and that her goal is, “to be stronger than I was in high school both mentally and physically.”

Haynes will join a program that struggled in 2018-19, as they went 9-20. They are coached by Lynn Schalke, who will begin his fourth season in charge of the Storm in the fall.

CAMERON GORDON

| Simret Habte
staff writer

Every year, numerous Central High seniors get the opportunity to continue their athletic career as they pursue a college degree. This year, Cameron Gordon is one of those seniors.

Soccer has been a big part of Gordon’s life, as he’s been playing since the second grade. He enjoys playing soccer because of the teamwork he said “I think everybody has to do their job and be held somewhat accountable for the team to be successful.”

Playing soccer has not only helped him to be able to further his education, but it has also taught him many life lessons. The unpredictability has helped him to “expect the unexpected.” “Being able to adapt to certain situations that you haven’t planned for” has been useful not just in soccer, but in his daily life. To him, being on the soccer team is a reflection of the atmosphere at Central High School. The team is full of people who are from many different backgrounds and that experience has taught him how to work and communicate with everyone from different walks of life to reach a common goal.

This fall he is going to be beginning his freshman year at Bethany College in Lyndsborg, Kansas. There, he’ll be studying to either become a teacher or pursue a career that has to do with marketing. In addition, he will also be playing for Bethany’s soccer team.

As he begins his college career, he’s looking forward to the freedom that college affords. Going to a small college is going to be a new experience compared to how big and full of people Central is. He’s most excited to see himself grow and adapt to a new environment.

Gordon will miss the community that he has grown accustomed to at Central. He says “at Central there’s a sense of community and you feel like you know everybody.”

He credits his coaches, teammates, parents, and other family for helping reaching this point in his life. He believes that his coaches especially have had a great influence on his success. They’ve pushed him to work hard and pushed him into positions where he had to work hard to become successful.



JACOB HILDING

| Grace Turner
staff writer

Senior Jacob Hilding recently signed with Nebraska Wesleyan College for wrestling and football. Hilding has participated in both sports at Central since his freshman year, and began playing football at the age of nine.

Hilding decided to sign at Wesleyan due to the college’s recruitment and interest in him. Wesleyan was one of the first schools to talk to Hilding about signing, encouraging Hilding that Wesleyan would be a good college choice. Hilding said, “They were really involved in the signing process and their premiums were really good so it was an easy decision.”

Hilding has been playing football since the age of eight, and has now been playing for about eleven years. He started by playing in little league, and then began playing on middle and high school teams. He has many good memories of playing football at Central and truly enjoyed the experience.

He began participating in wrestling in middle school after his dad encouraged him to start. He then moved onto the Central team in his freshman year. Hilding said, “In my freshman year of wrestling I only won one match on varisty. This year I placed at the state tournament, so I have improved a lot since my first year.”

Hilding is looking forward to continue participating in football and wrestling during his time at Wesleyan. He said, “I am most looking forward to continuing to play. I love both sports and I am just glad that I have the opportunity to continue participating.”



Tensions arise regarding use of athletic facilities over summer

Pangaea Kaan
staff writer

The use of facilities by Central High School sports over the summer has been an issue throughout the school's long history. Almost all sports require the use of facilities in and out of Central during the summer. This issue could be due to a variety of reasons regarding location, such as the lack of space in the heart of Downtown Omaha, within far proximity from sports venues used to accommodate a large number of players. Although the school recently built a new football field and surrounding track, the building of the new addition to Central accommodates to the Arts, such as new band rooms, drama classrooms, and art studios.

While many students and coaches would agree the situation regarding space for sport related activities is limited, Luke Dillon, assistant principal and athletic director, says they are trying to find ways to accommodate every one's needs. "We're trying to do so much to make up for all the time lost during transportation, it can be tiresome and at the same time, it feels like we're at a huge disadvantage. I see the work the kids and the coaches put in, so those things are sad to see. Really, it's a whole scope, some people see it as, 'well they're the best in OPS' and it's true, but they don't see the amount of extra work our kids go through every day to produce those kinds of results."

The way the school is able to obtain these facilities falls into a matter of cost and proximity. "We have to purchase the usage of all facilities. Let's say tennis for example, a summer camp, the city has fees that they charge for the core usage. There are some sports that don't require practice over the summer such as swim, which has a lot of club swimmers who are getting that practice out of school."

The usage of these facilities during both the summer and the school year is extremely important despite the difficulties that are presented with it. "There are some sports like golf or tennis that don't have on site courses and fields near or around the area. It's usually lower level sports like cross country, we don't have anywhere for them to run nearby so transporting to another location is essential."

Despite all the usages provided by the facilities, Dillon wishes it were easier for the athletes, coaches, and himself. "Honestly, I wish there were a different way where I didn't have to spend so much time and money on transport and location. When you think about what other schools are doing, none of them are doing near as much as I am as far as trying to arrange a site, transportation to and from. It can be mind-boggling sometimes, especially when you don't have reliable transportation sometimes."

In the end, Dillon is trying to make the usage of facilities better for the athletes, even at the cost of other things. "We may be lacking in some of the other areas, we may not have new uniforms, but it's something that we just have to put on the backburner to give our students a better chance at succeeding."

Special education teacher shares passion for hunting

Anne Gallagher
executive editor

For Evan Block, a special education teacher at Central, hunting is "a way of life." For some, hunting is a hobby or a seasonal past-time, but for as long as he can remember, Block has been hunting creatures out of passion for the sport.

"For me, it's just like fishing; its tranquil," Block said about the nature of his hunting endeavors. He has been hunting with his family for as long as he can remember and does not plan to stop any time soon.

A normal hunting trip for Block depends on the season and the weapon. He mainly hunts with the more difficult bow, but during the fall deer hunting season, he uses a rifle for the two-weekend excursion. To use a bow, "it's definitely more of a challenge and it takes more patience," Block said, "Bow hunting is in September and it goes through January first."

Block takes pride in the fact that he is a trained and patient bow hunter. "Any joe blow can pick up a rifle, sit in the tree stand and pay two-thousand dollars," Block said, "But that doesn't take any skill or effort."

He usually hunts in the state of Nebraska. "There are places out near Fort Calhoun and out near Gretna and Elkhorn," Block said, "When I go rifle hunting, however, I go out to where my family is from, near Gothenburg, Neb."

Block eats what he hunts and says that although some people do not enjoy the taste of deer, he and administrator Dan Wilson love it. "Deer is way



Block poses next to a turkey during the Thanksgiving hunting season. He emphasizes the importance of hunting as part of a transcendentalist lifestyle.

healthier for you than beef; it is a lean meat and a great source of protein," Block says.

Every year, Block will normally shoot two deer while keeping one for himself and donating the other to a family in need. "Nebraska has a really cool program... if you tag the deer and transfer the permit of the deer to a needy family, you just donate it to them," Block said.

When he taught at a high school in Alaska, Block would do a lot of predator hunting for wolves and bears. In college, he student-taught at Central before making the move to Alaska and eventually coming back.

Overall, hunting is one of the most important ways that Block feels he gives back to the community. "It's pivotal not only to our agriculture for farmers, but also for the safety of residents," Block said. He views it as an issue of overpopulation and says, "Deer would populate like rabbits if we didn't control the population," which therefore increases the possibility of car accidents and health problems with such restricted resources for the creatures.

As a transcendentalist, Block says he believes, "Men and women are truly who they are when they're one with nature." Through its tranquility and serenity, Block finds peace when he hunts and his true self when he practices this "way of life."

Junior finds time to fish despite packed schedule

Jackson Godwin
staff writer

Each person has different hobbies he or she favors more than others; something that distracts them from their problems, something they are pursuing to do in their future or something he or she simply just enjoys participating in when free time is available. Hobbies can be anything from a sport to reading, cooking, cleaning etc. For junior Tyler Hirchert, fishing is a hobby that he enjoys doing not only in the summer, but also as ice fishing during cold months. Fishing is primarily for pleasure for most, but some are known to compete in recreational tournaments. With all types of fishing, there are regulations and rules all fishers must follow limiting the way fish can be caught.

Nebraska is home to many lakes where people who are interested may partake in the activity. Tyler has been following fishing for a long time and it has interested him as young as he can remember. "My dad got me into fishing when I was about 4 and I have stuck with it ever since," Hirchert says. Over the years, he has begun to learn much more about the sport and has grown to enjoy it the more he learns about it.

Even though Tyler has baseball and school on his schedule, he still tries to find as much time as possible to get outside for part of the day to

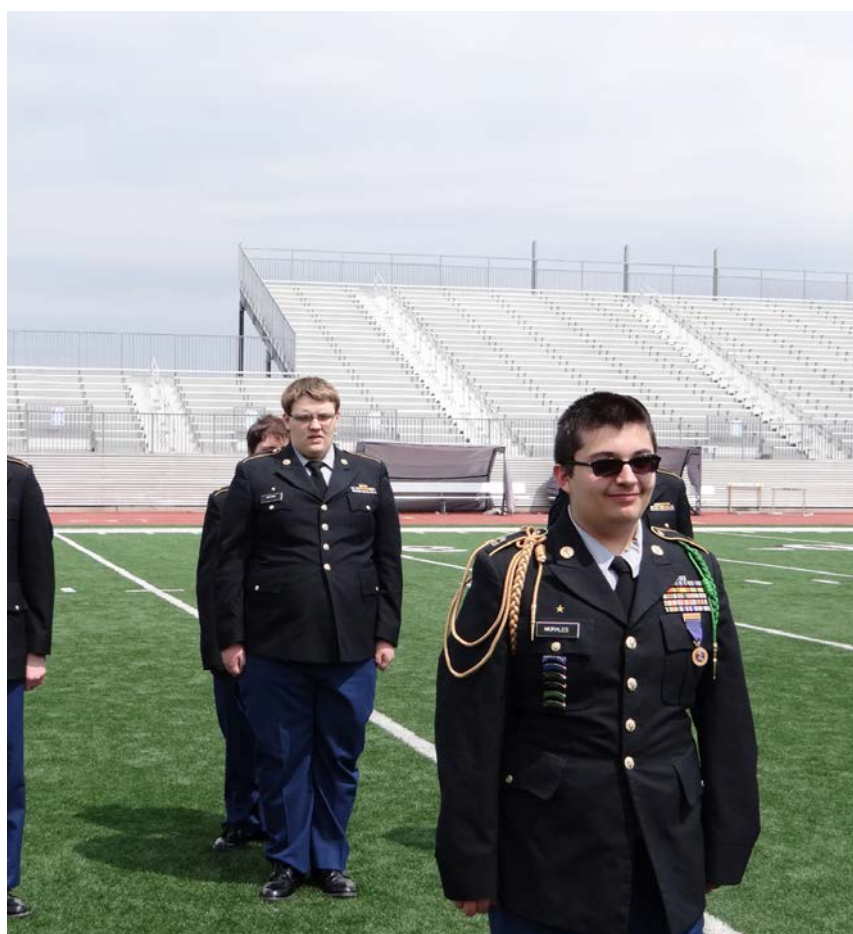
fish. "I fish as often as I can, but find the most time for it on weekends," he explains. With spring and summer on the way, fishing is becoming popular for many and now is considered one of the best times of the year to fish. Tyler enjoys this time of the fishing season due to the type of fish he prefers, saying, "My favorite time to fish is late spring during what is called pre-spawn or spawn where the water stays consistent and the bass are the biggest they will be all year." There is a wide range of types of fish that people prefer to catch, but with the number of types in Nebraska being limited, bass is popular for most.

Each person has different hobbies he or she enjoys that intrigue them. For Tyler, fishing is one of them. While having to balance both school and participating in baseball, Tyler still finds time to get outside and go fishing as much as he can.

Photo Essay: Annual JROTC Cadet Challenge

Rozlyn Olson
staff writer

Every year, the OPS JROTC department organizes a cadet challenge event hosted at Benson High School. This year, it was on April 9. The challenge consists of six events: standing long jump, shuttle run, 50-yard dash, curl-ups, flex-arm-hang (females)/overhand pull ups (males) and the mile run. Each event is designed to measure and test specific muscle groups of the body. Each event is done in stations by school until together they all run the mile; first females, then males. The challenge concludes with an awards ceremony. This year, freshman Achilles Bridgeford represented Central by taking 3rd place in the freshman division.



Varsity Girls goalie rapidly improves following first season in career

Sophia Sgourakis
staff writer

Every player plays an important role on their team. Whether it be in soccer, volleyball, basketball or any other sport, no success is brought without a complete team effort. The Central girls soccer team has learned this lesson firsthand.

The girls season started off just how they would have wanted. All the starters were healthy, games were being won and everyone was excited to see a successful season on the rise. However, an unanticipated event took place. The starting goalie got a concussion and would be out for a month, along with the backup goalie.

A successful game of soccer cannot be played without a goalie. All of a sudden, the team was in search of a new one. One of the coaches, Mrs. Denton, was discussing this situation one day, which is where Central junior Gianna Baratta comes in. She was advised by Denton to go to practice and just see what the whole goalie situation was really like. Baratta says, "My initial reaction was that I wanted to do it, but I was very nervous because I've never played soccer before."

It was helpful that the head coach's wife was an experienced goalie trainer. She was able to provide an informal tryout for Gianna along with two other girls who were trying out for the new goalie replacement position. Baratta stated that, "I had one-on-one practice with the coaches to get me more comfortable with the goalie position."

However, Baratta knew that just physically practicing would not make her a better goalie. She prepared for her new activity by doing a lot of homework. Baratta admitted, "I watched YouTube videos and read the rules, so I was aware of all the goalie's jobs."

With only a school week to prepare, the first game with Baratta as a goalie approached quickly. As anyone else would be, Baratta said, "I was extremely nervous for the first game, but during the game I got a hang of what I was doing and got more comfortable. The team helped me out a lot with telling me what to expect and what I needed to do."

The first game with the new goalie was a devastating loss to Bellevue West, but Baratta and the rest of the team knew that there were only improvements to be made. The next game, the girls pulled off a 5-2 victory over Burke. Quick improvements and suggestions were successful in order to get a win.

Baratta will remain goalie until the original starter recovers. Until then, Baratta said, "My goal for the rest of the season is to improve and help the team anyway I can."



ROADSHOW 105

OLIVIA DROBNY | The Register

Another year brings another Roadshow, Central's long-standing tradition of a student-led variety and talent show. For the 105th year, students sang, danced and performed in front of hundreds.

