



Students showcase designs at Omaha Fashion Week

Senior Cash Calabro showcased his fashion design talent at the 2019 Omaha Fashion Week

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Arts Addition

The long awaited addition to the building is here.

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State Basketball Recap

After a tense two-day winning streak, Central fell two points short of State Champion

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the REGISTER

Vol. 135 No. 5 | MARCH 28, 2019 | omahacentralregister.com

WHO RUNS THE WORLD?



LUCILLE MASON | Contributing Photographer

Men, women and children alike marched during the annual Women's March in support of Women's Rights. The march focused on the rights of indigenous and native women.

Emma Whaley executive editor

On Mar. 10, hundreds of Omahans gathered by the courthouse in freezing temperatures for the Women's Day March. Women and men of all ages and backgrounds marched the 14-block route around downtown in support for women's rights.

This year's Women's March, which was moved from its traditional January date to be the weekend after International Women's Day, had a specific focus. Among the chants for equal pay and opposing the Trump administration, the march took on the cause of recognizing the thousands of missing and murdered indigenous women. In 2016 alone, 5,712 indigenous women and girls were reported missing. In solidarity, many of the protesters showed up wearing red. The march was also led by representatives and elders from the Omaha tribe.

"I think that it calls into question the way indigenous women have been treated and not acknowledged or taken care of as well as black women and immigrant women," emcee Michelle Troxclair said.

Before the march began, speakers shared their stories and their reasons for attending the event. Many also shared poems by female authors. There was a noted effort to be intersectional, including speakers of various races, religions and gender expressions. All the speakers were accompanied by an American Sign Language interpreter and many were followed by a Spanish translator.

"The feminist movement, typically, has not been really supportive of women of other races, ethnicities or religions, so we wanted to make sure that those women were acknowledged," Troxclair said, "We are part of this country."

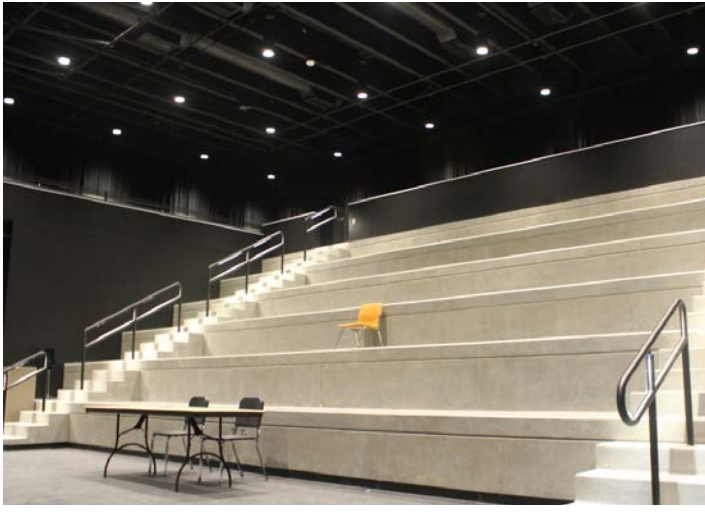
The march itself was full of energy despite the frigid temperatures. Chanters yelled slogans such as, "Women's rights are human rights," and, "This is what democracy looks like." Groups played music on speakers or sang into microphones. Marchers carried signs and banners.

There was a constant opposition of the Trump administration throughout the march. One of the chants called during the march for instance was, "No Trump. No hate. No fascist KKK." The first modern women's march was the day after Donald Trump's inauguration. His comments about women and the claims of sexual assault enraged many feminist protesters.

One marcher said, "I'm here to show solidarity with all the other marginalized people in the city and to protest against the inhumane policies of the current administration. I think it can be very motivating for people to realize they're not alone in the struggle, and, especially in the heartland, alone in progressive policies. I think it's easy to feel outnumbered in the Midwest. If we really work together and come out in numbers, we can really enact change."

Several Central students also marched through the freezing temperatures.

"All these issues have become more aware to everyone, so I think that's motivating a lot of people," senior Julia Dahlke said, "But women's rights are important in general regardless of the administration



BUILDING ON

Jackson Godwin
staff writer

Much of the talk around not just Central, but Omaha as well, has been about the newly opened addition. This new addition is on the east side of the school and faces 20th street. Work and construction began in the summer of 2017 and has recently been opened to the school following spring break. While there are still finishing touches that need to be done on the addition and the surrounding outside area around it, the newly added building has drawn lots of attention. It is said that it was built to retain the charm of the downtown historic building with a modern touch to it.

The 50,000 square foot building frees up a lot of extra space for the crowding in the halls. It also allows some students get a big upgrade in classrooms over some older, outdated ones. Some of the classrooms and features of this new building are a black box theatre, new library and space for drama, instrumental and vocal classes. The workers and adults were not the only people who helped with this.

Perhaps most exciting for Central students was the opening of the new library, a massive structure with floor to ceiling windows that face out to the Omaha skyline. Though computers and Wi-Fi have not yet been set up, the new library welcomed students on the first day back from spring break with many utilizing it as a new study space during study halls or lunch periods.

"In preparation to get everything ready many students were willing to come in over spring break to help move and get everything prepared for the opening," said Olivia Shicke.

The transition has gone smoothly for students and has been a welcome change of scenery. Many students have been adjusting to the new environment. "I have art classes there," Shicke said, "It's been beneficial so far because everything is designed to fit all different types of artists, especially because there is a lot more space for everyone and new materials."

One idea that came into play when designing the building was to follow the style of the current building, to keep the historic classical look, while adding some more modern features on the inside. Many students have transitioned into the new environment well, taking advantage of the new features that are offered in the classrooms. The new library also features a skylight and large glass windows that give a view of the skyline. With Central opening up this new addition, students receive many new benefits are provided with a new and improved learning environment.

Photos Courtesy of HANNAH BROWN, OLIVIA DROBNY and SOPHIA GIBSON

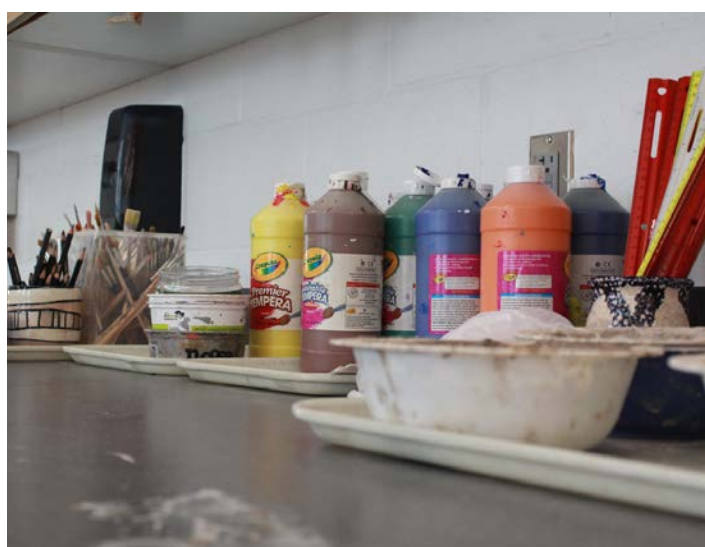


Photo Essay: Flooding wreaks havoc across Nebraska, Iowa

Malcolm Durfee O'Brien
managing editor

Flooding wreaked havoc on the Great Plains, with Nebraska being hit especially hard over the past few weeks, as the several feet of snow melted with the sudden temperature rise, leaving the landscape swamped with water and overwhelming the frozen ground, which usually would absorb the water.

This flooding was worsened by the bursting of the Spencer Dam on the Niobara river, which was overwhelmed by the severe influx of water

An estimated \$1.3 billion of damage has been done to just Nebraska. \$440 million was done to crops and \$400 million was done to livesock, with ranchers losing cattle, crops, land and homes in massive proportions. \$440 million of damages have been done to the state's already poor infrastructure and a potentially irreparable \$85 million of damage has been done to homes and businesses in the already economically struggling rural areas of the state.

Some farmers saw as much as 95% of their land flooded, pictures were shared of houses as island, whole towns comprising thousands of people had to be completely abandoned.

Due to the dire circumstances of this, state officials having declared a state of emergency across Nebraska. Governor Pete Ricketts joined with Congressman Don Bacon, Senator Ben Sasse, and Vice President Mike Pence to tour the areas hit hardest by flooding. The Vice President pledged federal dollars to the recovery effort, though no official effort to do so has yet formed.

Thus far, the Omaha metro area has managed to avoid severe flooding, though a second round of rain in the next week may hit the city harder. In addition to this, further dam and levy bursts may contribute to far worse floods in the coming days.



ANGELINA BARATTA | The Register



Photo Courtesy of ELIJAH MITCHELL

Elijah Mitchell meets Barack Obama at the MBK Alliance Conference. He also had the opportunity to meet NBA star Stephen Curry.

Step-Up helps senior achieve goals, attend national conference

Lizbeth Hermosillo-Najar
staff writer

While in high school, students are encouraged to join programs or organizations that will help them further their knowledge and experiences for life after high school. One program that does this would be the Step-Up Program. What they do is provide teens with paid internships and jobs during the summer in hopes of gaining work experience. They also help prepare students for interviews by doing mock interviews and by showing teens the importance of eye contact and firm handshakes.

Elijah Mitchell, a 17-year-old senior, first learned about the Step-Up Program the summer going into his junior year. His older sister first joined the program a few years before then later persuaded Elijah to join. Through this program, Elijah has had many opportunities presented to him such as a paid internship during the summer at American National Bank as a loan processor. This internship later extended to a part-time position at the bank which led him to being promoted to the lead teller. Elijah exclaimed that he loves his job and the people he works with.

The Step-Up Program teamed up with the Empowerment Network which helped Elijah land another opportunity. Elijah was offered the chance to be able to attend the MBK Alliance conference in

Oakland, California. While he was there, he met a lot of successful students who were impacting their communities in a positive way. "It was such an inspiration being able to see many other young people do such positive things in their communities," Elijah stated. He also met and spoke with Barack Obama and pro-athlete Stephen Curry during the conference. Elijah emphasized that he learned many things while at the conference and felt very motivated to be successful in the future. "One of the most important things I learned from this experience would be if there's not a seat at the table for you, then you make your own table and you do the things that you want to do and surpass the others."

KETV reached out to the Empowerment Network in hopes of interviewing Elijah on his experience in the program and at the MBK Alliance conference. Being on television was a dream come true for Elijah; he was incredibly grateful for the opportunity. Elijah said he was extremely nervous for his interview, but he felt like he did a great job. People around the community and at his job recognized him from the interview. Elijah's parents were especially happy for him, sharing his experience all over social media and calling all his relatives.

Senior wins national Scholastic awards for digital art

Mac O'Brien
staff writer

Senior Benjamin Lane was awarded two prestigious national silver medals by the Scholastic Art & Writing Awards for his digital artworks "Faces of the Puzzled" and "Funny Boy." The pieces make use of a phenomenon called "pareidolia," which causes people to see faces in collections of shapes. Lane said he started by making monochromatic blobs, then shaped them to look like faces and added more detail.

"There's no deep backstory behind them, I just thought they looked funny," Lane said.

He described his creative process as, "throwing stuff at the wall and seeing if it sticks."

"If it looks good, continue adding on to it, if it's terrible, throw it away," Lane said.

He's been drawing his whole life, but he said that it wasn't until eighth grade that he realized he had a talent. He had drawn a caricature of another student, and his friend told him, as Lane recalled, "you're actually kind of good at this."

"That kind of encouraged me to continue drawing," Lane said. "I've been working on my abilities ever since."

Before coming to Central, Lane pursued art on his own, sometimes coming to his father, who was a character designer, for help.

"He's a great resource if I want to ask for advice," Lane said. "He understands what he's doing when it comes anatomy and making your art look decent."

After middle school he went to Creighton Prep, as his family had recently moved from Los Angeles and he said it was the only school they knew much about. He wanted to take art, but was told he couldn't until his senior year, because it conflicted with choir. He decided his sophomore year that the school was not a good fit for him.

"The art department wasn't really their thing, so I just transferred here," Lane said.

His junior year he won his first national silver medal from the Scholastic Art & Writing Awards, for an animation called "First Day of School." In order to qualify for the national competition, his submission first had to be judged regionally and awarded a golden key, then sent to New York and judged again there.

Both of his pieces that won national awards this year were produced in Photoshop, which he said he began to use when he first came to Central. He's drawn to digital art, he says, because traditional drawing is "too messy."

"I did initially start off doing pencil sketches and charcoal drawings, and I was never satisfied with the results," Lane said. "It was too out of my control, I guess, especially with painting... the brush can pretty much just go anywhere it feels like and you get these paint splatters everywhere."

After high school, Lane is planning to attend UNO and take online art courses from Schoolism. He wants to pursue art later in life but is worried that there isn't enough economic viability in certain areas of the creative arts.

"Animation is a perfect example, Lane said. "I like to do a lot of animation, it's a painstaking process, it's awful, but the payoff is generally worth it. The issue is it's difficult to make any money off of your own work, which is what I want to do. Unless you're working at a studio, working on one of their projects, it's very unlikely that you'll be able to make any sort of money."

He explained his plans for the future like this: "I'd like to be able to pursue a career in art, in one way or another, but I don't want to be bankrupt for the rest of my life either."



Photo Courtesy of BEN LANE



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Author visits UNO, creates discussion on Islam and violence

Simret Habte
staff writer

In the past few decades and years, Islam has been portrayed as a religion that predisposes its believers to violence. This image has been fueled by use of the term 'Islamic terrorism' and others similar that encourage the general public to view Islam as a violent religion. Recently, a new movement called 'New Atheism' has taken those beliefs to an extreme by asserting that true Muslims are the terrorists that have perverted Islam.

Dr. Mohammed Khalil is an author, adjunct law professor and director of the Muslim Studies Program at Michigan who wrote the book "Jihad, Radicalism, and the New Atheism." He recently came to the University of Nebraska Omaha to hold a lecture about this movement and why, in his opinion, they were wrong. In his lecture, he brought up the work of self-proclaimed New Atheist, Sam Harris, in his book "The End of Faith and Islam and the Future of Tolerance." Dr. Khalil examined Harris' bold statements and those of like-minded people who believed that the actions of terrorist groups such as ISIS and Al Qaeda were only following the words of the Koran. Khalil explained that those people were selectively using parts of the Koran without context to support their beliefs.

Harris, one of the most notable New Atheists, used Osama bin Laden as evidence for his claims. Bin Laden had used verses in the Koran to justify his terrorism. Dr. Khalil revealed that when these verses were read with context, it does not actually support bin Laden at all; in fact, the Koran condemns the killing of any nonbelievers. Another main topic of discussion during the lecture was misconceptions surrounding the word 'jihad' and its violent connotations in the media.

After Dr. Khalil spoke, attendees of the lecture were asked to get into small groups and discuss questions about the topics that were brought up. Then, they had the opportunity to share their thoughts with the bigger group and ask Dr. Khalil any questions that they might have had. The lively discussions that started because of this talk are important first steps to reducing the ignorance that has become common surrounding Islam.



SIMRET HABTE | The Register
Dr. Khalil speaks with Junior Kaitlyn Engel following his speech. His lecture touched on "New Atheism" and devotion to the Koran.

Lacrosse begins after long winter postpones start of season

Sophia Sgourakis
staff writer

The month of March means a welcoming to the start of a new season of a high school spring sports. You know baseball, soccer, golf, tennis and track, but now, to some Central students, spring is the start of lacrosse.

New to Central this year is a lacrosse team. Very few schools in the Omaha area have high school lacrosse teams, which makes Central that much more special. A Central alum and now parent first addressed the idea to administrator, Mrs. Kirksey. There was a lot of discussing to take place considering this is a building season. Practice spaces are limited and there is a lot of equipment that needs to be provided such as goggles and sticks.

One of Central's own teachers is also helping with coaching and getting this team started. Jenna Saraka is a teacher

for the math department at Central. When growing up in New Jersey, she played lacrosse mainly as a goalie and defender. She pursued her talents in lacrosse her freshmen year at Loras College in Dubuque, Iowa.

Due to a long-lasting winter, there was a delay to lacrosse starting. Saraka was finally able to attend the first practice just recently. She said, "The girls were in high spirits and were just picking up the basics of lacrosse quickly." For many, this is the first time they've picked up a lacrosse stick so it has just been a learning experience. Saraka did say, "It was a lot of fun to watch everyone play together."

After many years of waiting for a lacrosse team, the coaches' goals were to simply spread the love of the game to Central students. However, as the first season is in progress, it is mainly a time to build the program and recruit players who are willing to take a brave step into a new sport.

The lacrosse season is no different than any other high

school spring sport. The season starts around March and will go until May or so. The Central team practices on Mondays, Wednesdays and Fridays at Westside Middle School due to limited space. The team hopes to play three to four games this season against teams in Omaha, Lincoln and Papillion.

The First Stick Program created by US Lacrosse is dedicated to assisting schools with equipment to provide the youth an opportunity to play lacrosse. The Central lacrosse team received a grant from this organization which provided our players with 20 field sticks, 20 pairs of goggles and all kinds of goalie gear.

With only a quick glimpse into this new lacrosse season, it is not certain how the first season will turn out. Everyone is hoping for a successful season. Coach Saraka's final statement was: "I am excited to see this program grow and cannot wait to spread my love for lacrosse with others throughout Central."

Broadway musical 'On Your Feet' dances into Omaha

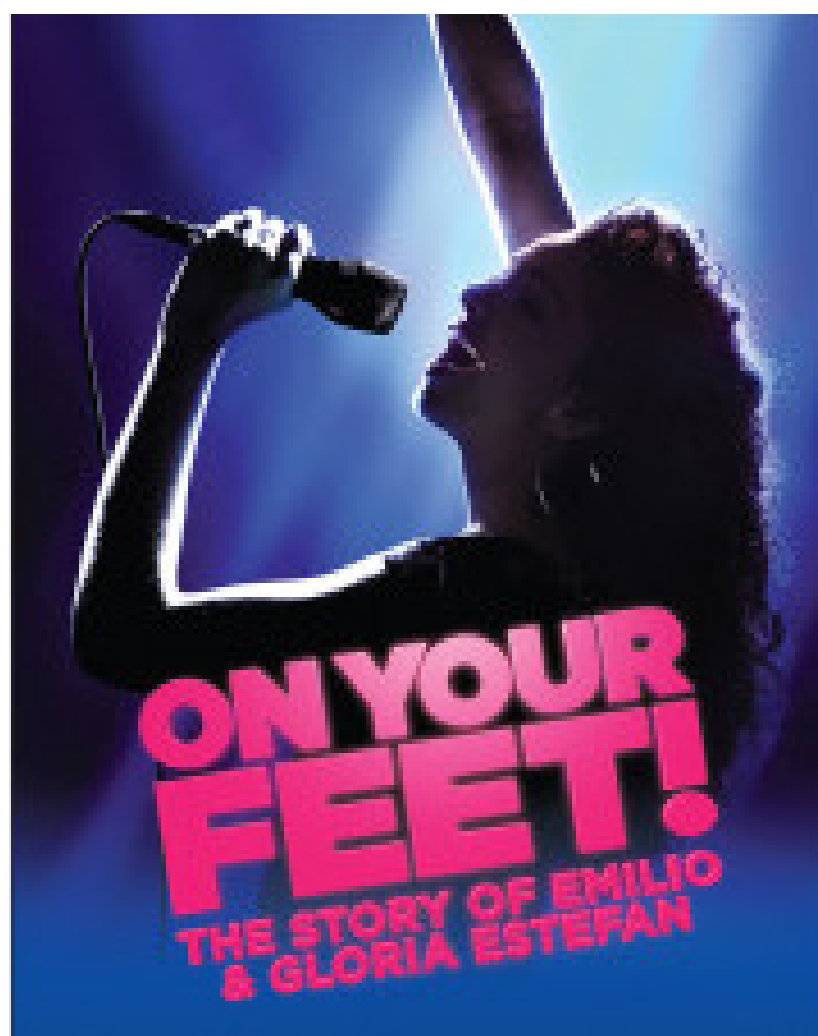


Photo Courtesy of THE ORPHEUM

Emma Whaley
executive editor

"On Your Feet" is a Broadway musical depicting the lives of Cuban-American popstar Gloria Estefan and her husband Emilio from their first meeting to her 1991 performance at the American Music Awards. The show came to the Orpheum Theater from Feb. 26 through Mar. 3 and brought with it a storm of Latin pop. The show utilizes Estefan's own top hits including "Conga," "On Your Feet," "1-2-3" and "Rhythm is Gonna Get You" as well as original music written exclusively for the production, all played by an on-stage band.

After being greeted by the voices of Gloria and Emilio Estefan telling you to turn off your phones, the story begins in 1966 Miami with a young Gloria expressing her love of guitar and singing. After a dramatic time-lapse, we see Gloria at 17 taking care of her younger sister and father who is afflicted with multiple sclerosis. After meeting Emilio and performing for his band, the Miami Latin Boys, later to be the Miami Sound Machine, Gloria's music career takes off at the expense of her mother who is distrustful of the music industry.

The show's title lives up to expectations. Toes were tapping through the show and, at times, the audience clapped to the beat of the familiar songs. The on-stage band got into their music and encouraged the audience to do the same, visibly laughing and dancing in their chairs. Before intermission, as Gloria's hit single "Conga" was playing, the ensemble dancers got down into the house and danced with the audience members.

There was, however, several flaws in costuming

and make-up. The actress playing Gloria had to curl her hair in an attempt to recreate Estefan's unruly 80s-style waves. Unfortunately, the end result ended up looking like her hair had been crimped; not tight enough that it could have been the hair crew trying to emulate the 80s fad, but not loose enough to be really passed for waves.

As for wardrobe, it was easy to mistake some characters for others. The actors who played Emilio Estefan and Gloria's father looked strikingly similar and were often dressed about the same. Obviously, this was a cause of confusion.

A brilliant scene and lighting plan made up for the poor character dress. The backdrop switched between colorful Miami streets, beautiful Havana skies and even achieved realistic animated fireworks. Four moving panels that went floor-to-ceiling rotated and moved around the stage, creating further backdrops and scene divisions between two places. Couches and beds were moved on automated tracks in the stage, but actors would often carry their instruments on with them though their air-playing was poorly developed and impossible to believe.

Overall, the show was very enjoyable. There were issues here and there, but the music made up for it all. The cast's and band's energy flowed into the audience and made the whole theater move. That energy blended seamlessly with heartbreaking scenes of loss and pain. Even if you aren't a huge Gloria Estefan fan, even if you don't know any of her music, you will come out of this show singing and walking to a beat.

Locally made Documentary reflects on racism and injustice in Omaha

Anne Gallagher
executive editor

Out of Omaha is a documentary that focuses on the lives of twin brothers Darcell and Darell Trotter. The film follows Darcell closely through his life in North Omaha and claims to focus on the systemic injustices of the city.

The documentary's producer Ryan Johnston's father served North Omaha through a non-profit organization that was created to guide and aid the youth in this part of the city. "When we met Darcell he was 17, he went to Omaha Northwest and he had been in the youth prison on gun charges" Johnston said.

The film follows the journey of Darcell as he took part in this non-profit program.

The documentary was filmed over the course of eight years and "filming was sporadic over that period" Johnston said, "we would come back to Omaha three to five times a year". Johnston said "Darcell invested so much into the story", which made the filming process easier and more accessible.

Johnston said that the film was created to highlight the "insane barriers that are faced by people in poverty". The documentary was focused on the injustices faced by the African-American community in Omaha and Johnston said "I think the complexity of the situation is something the film depicted".

The film attempted to educate the audience about the modern effects of redlining and racism. Redlining is the process of residential racial segregation that can be seen throughout Omaha. This directly affected Darcell's life and Johnston said "we witnessed Darcell's story and

that's what we were presenting".

The story focused on the 68111 zipcode and the fact that this small section of Omaha has a mean income that amounts to only half of the average income of the rest of the city. "There's tremendous wealth in Omaha, but there's a certain segment of the population that has no access to it" Johnston said.

The executive producer for this film was J. Cole, an American rapper, singer, songwriter and record producer. Cole was interested in the project and wanted to help by aiding in the production process. "It just shows how amazing those guys [celebrities] are" Johnston said.

Although Johnston says the film was not meant to be a call to action, he still hopes people will be inspired enough to reach out to their community. "If the film moves you... call the experts in the community and see how you can help" Johnston said.

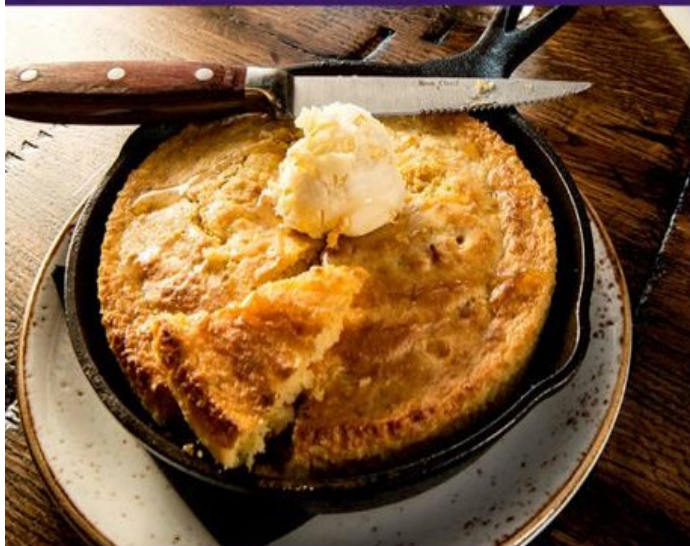
Out of Omaha was screened at the DocNYC festival and won the audience award, but what Johnston valued most was the reception of the film in Omaha.

Both of the two screenings of the documentary overfilled the theater and received positive feedback from the audience. "To have that validation from the Omaha community meant the world to us" Johnston said.

The film is not officially out yet, but when it is released, the producer hopes to have many more screenings in Omaha.



Photo Courtesy of IMDB



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Escape Rooms become new entertainment fad in Omaha

Anne Gallagher
executive editor

As escape rooms have become more and more prevalent around Omaha, Get Out has made a name as one of the city's finest. With four rooms and unlimited critical thinking, Get Out is top-ranked by Google and TripAdvisor.

Although it is only about a year old, Get Out has showcased its rooms and puzzles to people of all ages. The rooms range from the two-person minimum to varying maximum amounts depending on its size.

Customers can schedule times online, in person or by calling Get Out to book a room. The customer, their experience and the amount of people in their group all help determine which room they will experience. "All of our rooms vary in difficulty," Get Out Employee Lili Falcon said, "In order from least difficult to most, the rooms are Y2K, Room 13, Civil War and The Gambler."

The escape room's location on 13th street next to the old market in downtown Omaha proves accessible to many in the Omaha area. "Our location is beneficial to people all around the city," Falcon said, "downtown is a perfect place to have a night out so why not do an escape room?"

In addition to its location, Get Out has the benefit of differentiation from its competitors. "Other escape rooms focus more on their storyline," Falcon said, "but Get Out is just critical puzzle after critical puzzle, the story is within these puzzles."

Due to the difficulty of their puzzles, the success rate of each room is around 35 percent on average. This has caused Get Out to resort to providing unlimited clues to their guests in such challenging yet rewarding rooms. "Our rooms are pretty difficult, but that makes it even better when customers actually get out," Falcon said.

Overall, Get Out draws in many customers with its location and organization. There are opportunities for people to find success in interesting ways. "Get out is a place where people of all ages and backgrounds can engage in critical thinking activities that are really fun and challenging," Falcon said.

GET OUT OMAHA



ANNE GALLAGHER | The Register

LOCKED ROOM



Photo Courtesy of LOCKEDROOM.COM

Kayla Johnson
staff writer

"Locked Room" is the newest escape room in Omaha, located in Northwest Omaha at 741 N 120th St. Escape rooms are adventurous games where players must solve a series of puzzles within a particular time limit by using hints, clues and strategy. These interactive games are ideally for groups of three to eight people aged 12 years and older. "Locked Room" even ensures that customers won't be solving any of the escape rooms with groups of strangers.

Their rooms are ideal for all different demographics; family members, friends and even co-workers often use escape rooms as an interactive team building exercise. As of now, "Locked Room" has four different rooms that customers can choose from. Reservations for groups can be made online or even over the phone.

Each specific room has its own custom theme to go along with the plot of finding the clues. For example, "Last Hour of the Titanic" has a theme based on escaping from the ship's cargo hold. At the end

of the session, you will either "be front page news as survivors of the Titanic or be another cliff-note in the long list of those buried at sea." For those who love a good backstory, in "Back in the 50's: Uncle Marv's Soda Shop," your uncle Marv, who has recently passed away, has put you into his will to inherit his soda shop. It is up to your group to find the clues to be able to "continue the legacy of Marv's Soda Shop." Another includes your group being invited by a millionaire to a vineyard in California where the host reveals that the secret to their flavor is a "highly potent neurotoxin." In "Death by Wine," it is up to you to find the antidote before it is too late. In "Fresh Meat," your group is living through a zombie apocalypse inside an abandoned bakery off of its old pastries. The creatures are outside the door, which is apt to break open in any given moment. It is up to you to use the fresh meat at the next door's butcher shop to distract the creatures for enough time to break free- before the time runs out! But, regardless of which one you choose, your team has only 60 minutes to solve! Prices for each person, regardless of the theme, are only \$24.95 at "Locked Room".

EDITOR'S NOTE:

I am so excited to present to you the fifth issue of *The Register* for the 2018-2019 school year. I hope that this issue provides the same upstanding and fulfilling content *The Register* always strives to publish.

For my fifth issue as Editor-in-Chief, I have tried to put emphasis on making sure that the paper is visually appealing as well as filled with interesting and relevant content. I hope that my, as well as the entire staff's love for journalism shows through our work.

If you are interested in writing or cartooning for us, do not hesitate to get in contact! Stop by room 029 or send an email to central.register@ops.org. As well as our print publication, we will be trying to establish an internet footprint as well. Follow the journalism department on twitter at @CHS_press and instagram at @chsregister. Thank you for your continued support and readership of *The Register*.

Molly Ashford
Editor-in-Chief

The Omaha Central High School Register seeks to inform its readers accurately as to items of entertainment, interest and importance. The staff strives to uphold the principles of journalism in all of its proceedings.

The Register is a member of the National Scholastic Press Association (NSPA), the Nebraska High School Press Association (NHSPA), the Journalism Education Association (JEA), Quill and Scroll and the Columbia Scholastic Press Association (CSPA).

The Register is an 11-time Best-in-Show winner for large newspapers at the JEA/NSPA national conventions in San Francisco, Boston, Phoenix, Dallas, Washington, D.C., Seattle and Chicago. The Register also won first place in Front Page News Layout for large newspapers at the JEA/NSPA convention in St. Louis.

The Register has won multiple NSPA Pacemakers, which is considered the Pulitzer Prize of high school journalism. It has also won many Cornhusker awards from NHSPA, and has been awarded the Gold and Silver Crowns from CSPA for its overall work.

Unsigned editorials are the opinion of *The Register* staff and do not necessarily represent the opinion of Central High School.

Signed editorials are the opinion of the author alone, and do not necessarily represent the opinion of Central High School or *The Register* staff.

Special thanks to all the faculty and staff of Omaha Central High School and Omaha Public Schools. Your cooperation with our students helps us maintain a professional atmosphere in order to teach media education.

Thank you, readers.

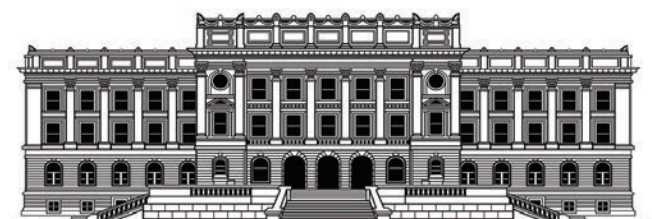
It is the goal of the Central High Register to represent the student body in issues affecting their lives as young people and students. If you feel that we are not covering an issue that is important to you, we welcome contributing writers who bring fresh ideas to the issues. If you would like to write a story for your student newspaper, please contact Hillary Blayney at hillary.blayney@ops.org or come to room 029 to discuss your idea.

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JROTC takes home third at state competition

Rozlyn Olson
staff writer

The Central Eagle Battalion's competitive teams have nearly all come to an end for this school year. The four events the program participates in are Drill, Color Guard, Orienteering and Marksmanship Biathlon. These teams have competed against the other OPS and neighboring district's High School's JROTC programs throughout the year to demonstrate their skills.

Back in September, the Battalion began practicing for the Orienteering competition that was held on the 29th of that month where they, along with many other high schools, went out to Platt River State Park to compete. The competition consists of cadets in pairs using their knowledge and skills of land navigation to take a written test and then proceed to run around the course and locate points given to them in the form of coordinates using a map and a compass.

The commander of this team Aidan Marhenke felt that, "With regards to the written portion, I think everyone was well prepared for [it]. As for the actual land navigation, it's something that only comes with experience." Cadets are not allowed to practice on the course at Platt River prior to the competition.

Marhenke also remarked that the inclement weather on the day of the competition

factored into the quality of the overall performance from the cadets.

Following the Orienteering season began the Drill and Color Guard season. Alternating mornings in the gym, cadets practice marching in formation with exact precision and unity for Drill and work to master swiftly and efficiently presenting the American and State flag in a four-man formation for Color Guard. Both events are attempted to be done in perfect unison. This equates to eighty minutes a week for each team to practice, which puts them at a severe disadvantage compared to other schools. Both teams competed in three competitions at Abraham-Lincoln High School, Papillion-La Vista High School and UNO.

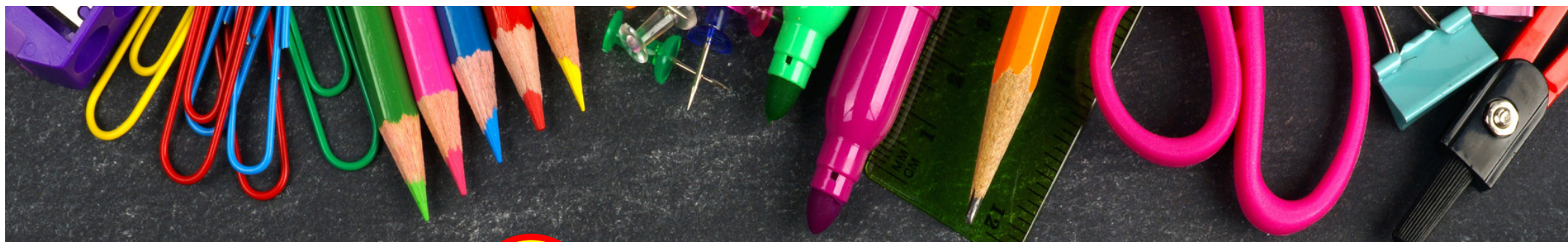
"I wish we had more time and... other groups respected the fact that we need to be able to hear the commands," varsity marcher Alexis Hooper said. Often, the gym is shared by the baseball team and the dance team, creating much background noise.

In February, the marksmanship team competed in the annual biathlon. This event consists of a mile run separated by intervals of shooting. The goal is to finish as fast as possible with the best shooting score. Central took third place.



Top right: JROTC students investigate maps for the land navigation portion of the competition. The commander stated that land navigation is a difficult task that comes with practice. Bottom right: Before the mile run commences, students plan their route. The Battalion began practicing for competition in September.

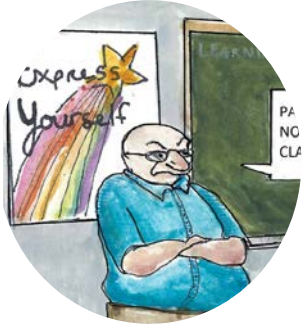
ROZLYN OLSON | The Register



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STEM unfairly emphasized over Arts classes

The long-standing riff between liberal or visual arts and STEM classes can damage the creative potential of students

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Women in the World

Register staffers discuss the difficulties that women face when entering historically male-dominated fields.

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Obsession with celebrities unhealthy

In the age of the Kardashians, a staffer discusses what social media and celebrity obsession does to our minds.



PAGE 12

FYRE FAIL

The now infamous Fyre Festival is a primary example of the evils of wealth and greed



JOEY WINTON | Contributing Cartoonist

Simret Habte
staff writer

Stories of the Fyre Festival have been shared thousands of times since that unfortunate failure occurred. At first glance, it just looks like a funny story of a bunch of rich kids who got played, but it reveals a deeper insight into the shocking amount of privilege and ignorance that the wealthy are allowed to have.

The creator of Fyre Fest, Billy McFarland, is an example how all that ignorance can destroy the hard work of innocent people. Long before Fyre festival, Billy McFarland had tried his hand at business after dropping out of Bucknell University before completing his first year and starting the online ad company, Spling.

McFarland's second failed attempt at a business was Magnesis, a credit card company that was targeted towards young adults and offered them access to exclusive events. Like Fyre, Magnesis ended up being a scam; he offered luxury experiences like tickets to the Grammy's and the Met Gala and couldn't deliver on his promises but kept the money of his unsuspecting customers anyways.

So why is it that after these disappointments that Billy McFarland was able to create the colossal disaster that was

Fyre festival? The answer is obvious: Billy is a rich, overprivileged white guy who's been given way too much freedom to keep failing in the hopes that one day he might succeed without regards to the consequences of his actions.

As he was trying to put the Fyre Festival together, Billy traveled to the island of Great Exuma and hired many of the residents to work on the festival around the clock. To put together the festival he had promised, the Fyre workers would have to have built an entire infrastructure on the island within the few weeks that McFarland had hired the people for.

Throughout the process of attempting to build the festival, he kept promising those who were going to the festival a bigger and more luxurious experience. He advertised shows by people like Blink-182 and rented out villas and apartments that did not exist. As he was doing all this, cash flow became a problem, but somehow, he was managing to secure more and more investors to give him more money.

As the festival began, the extent of McFarland's overzealous promises became obvious. Soon after the festival goers arrived, they saw that instead of the luxury villas and gourmet food, they had a disappointing sandwich to eat and hurricane relief tents to sleep in.

Fyre Festival was a disaster and the laughing stock of the internet. What many didn't realize until months later was how this embarrassment had damaged the people of Great

Exuma. They had given weeks and weeks of back-breaking labor to that man and had received barely any pay.

The catering companies who were hired by McFarland had to pay their employees back out of pocket and lost much of their savings. Not only had McFarland taken advantage of innocent and hardworking people, but he was also engaging in criminal behavior.

It turned out the money that somehow kept coming in was not only from wealthy investors but from victims of the wire fraud that McFarland was running. As the Fyre Festival was being produced, Billy refused to listen to any of his employees who were practically begging him to push it back or lower the expectations of the people. It was obvious that all he could think about was himself and his success.

Billy, and people like him, have no boundaries to the extent they'll go to for their goals. He didn't care about the people who had given him hundreds of thousands of dollars to go to his festival and he didn't care about the people of Great Exuma who worked tirelessly to put his vision together.

His privilege and wealth had allowed him to take advantage of them. Now, he faces felony wire fraud charges, but chances are he will find some way to evade any serious punishment and go right back to his fraudulent businesses.

Youtube begins to filter conspiracy videos, breaches freedom of speech

Emma Whaley
executive editor

Sometimes called the “weird side of the Internet,” the YouTube conspiracy community picks apart everything from 9/11 to the California wildfires to the purpose of the moon. Most members on this side of YouTube, what is sometimes called the truther or skeptic community, create content covering these conspiracies in order to test their sleuthing skills and find proof or just to have fun and see what others think about their theories. Most of these users are not out to harm people or put nefarious ideas in viewers’ heads. Despite this, YouTube has decided to stop recommending conspiracy videos to its users.

In January, YouTube said it was going to curb recommendations of “borderline content and content that could misinform users in harmful ways – such as videos promoting a phony miracle cure for a serious illness, claiming the earth is flat, or making blatantly false claims about historic events like 9/11.” This does not mean that the videos will be taken down or the accounts will be banned, but it will be exponentially harder for content creators in this community to get their work known or to profit from it.

This is a breach of freedom of speech on YouTube’s part. They are purposefully blocking users from accessing certain content and lowering the profits of creators, all because they believe conspiracies are dangerous. In some cases, that’s understandable; conspiracies about bogus medications can honestly be harmful to people’s health, but in what way is believing the Earth is flat harmful? Yes, it’s false, but not necessarily harmful.

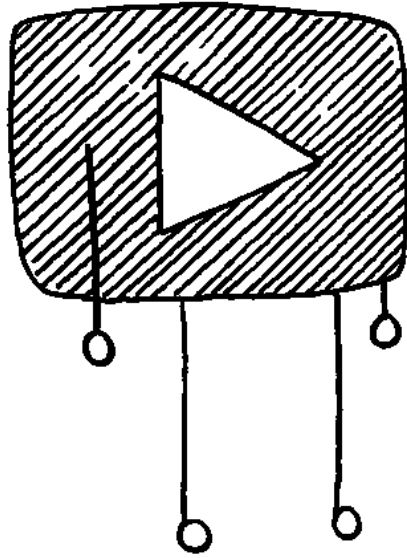
NewsWars, the infamous conspiracy channel of Alex Jones, has been banned by YouTube already for remarks regarding the legitimacy of the Sandy Hook shooting. A lot of the public’s problems with the conspiracy community are for similar ideas. Recently, a man began a conspiracy theory that Ruth Bader Ginsberg, the Supreme Court Justice, was dead. A lot of people, primarily older people, believed him. This is simply a flaw in citizens’ ability to do their own research. A quick Google search will tell you that RBG is perfectly healthy and back to work. YouTube should not have to intervene. If it wants to, it should be recommending videos on how to reverse search an image or type something into Google.

A YouTube video is not exactly a trusted news source. Most of these users are having fun and spreading possibilities that go outside of the norm. Anyone who takes a conspiracy video at

face value to be true has no idea how the world works. If the New York Times wrote an article about how the moon is hollow and a satellite, or how the California wildfires were caused by the government shooting lasers in order to stop an alien disclosure event (both of which are real conspiracies), then I’d be worried. A 25-year-old on his mom’s computer is not a news source.

An unnecessary change often has an underlying reason that’s not easily seen. People are allowed to have differing opinions in this country, even about topics as heavy as 9/11. People are also allowed to spread their opinions to others in hopes of convincing them. This is the same thing that happens every Christmas when you argue with your racist uncle. By reducing recommendations of these people’s opinions, YouTube is essentially stopping accounts from spreading their opinions to new people.

The conspiracy community, obviously being the most affected, has created many videos on the recent algorithm change. Many of them believe that YouTube wouldn’t curb their videos if they weren’t onto something. YouTube has thrown itself in a hole; by reducing recommendations, it has prompted conspiracy channels to create more, and more in-



Got

CONNOR PAINTIN | Resident Cartoonist

depth, videos than ever before. This is a testament to how little YouTube knows about their users and what they will do in the face of something like this.

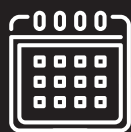
There is also the question of what is really considered a conspiracy video. Shane Dawson is one of the most popular YouTubers today with over 21 million subscribers. He has a series of very popular conspiracy videos on channel, ones that have even sparked large corporations, such as Chuck E. Cheese’s, to deny his claims. Would YouTube stop recommending users watch videos by the 2018 Creator of the Year? Of course not.

This was an unnecessary change on YouTube’s part. It’s made things harder for itself. A multi-billion-dollar company should not have to alter its algorithm for the sake of people who don’t know how to fact check. These are the people who are going to get caught up in email scams. A way to help everybody without hindering liberties would be to push that all users be knowledgeable about the lies that naturally come with the Internet. So, for God’s sake, open a new tab and do a few seconds of research.



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Winter Formal changes cause conflict, safety deemed priority

| Sophia Sydzik
staff writer

Mostly every high school offers a homecoming dance at the beginning of the school year and a prom for juniors and seniors. These dances are typically held at the school in the gym. Central is one of the few that offer a winter formal dance.

Central's winter formal dance typically takes place towards the end of February. Students only qualify to be invited to this dance if they have a GPA over 3.0. A well decorated invitation is mailed home explaining all the details and displaying the theme for the night's decorations. For a change of scenery, winter formal takes place at Field Club. Because of this location, tickets are a little pricier for a total of 20 dollars.

This year, winter formal was set for Saturday, February 23. For almost a week before this date, weather stations were reporting a snow storm coming through the Omaha area, expecting 8-10 inches. Therefore, on the Wednesday before the dance, student council members announced that the dance would be cancelled for this date and rescheduled.

Of course, students reacted. They were getting excited to go to a special dance. Formal attire was bought, hair appointments were scheduled, nails were done, and dinner reservations were made. Not only were students reacting to the dance being cancelled but also potentially getting 10 inches. Many students and parents doubted that there would even be snow. I can admit that I was doubting the snow storm and believed there was no reason for cancellation. Turns out we did get 7.5 inches and it was a safe decision.

As promised, the dance was postponed. The new date was announced to be on Friday, March 8th. Refunds were given to the students who couldn't attend anymore, and additional tickets were also sold.

As I'm happy the dance was rescheduled, it could not have been put on a worse day. March 8 is the day of the second round of the Boys State Basketball Tournament. Our basketball boys

indeed made it to the second

round of the tournament where they played the number one seed, Bellevue West. This limits a whole lot of people who could attend such as fans in the student section, cheer and dance team members, and players on the basketball team.

Students were stuck on whether to get a refund on their ticket or not. A win to advance to the second round of the tournament was not certain. Some returned their ticket just because of the uncertain possibility.

But because our boys were playing a huge game to go into the state championship, more students attended the game rather than winter formal. And because of this, students returned their tickets and got their twenty dollars back. I am not certain, but it seems possible that Central lost money from this event. A lot of money was put forth to rent out Field Club, but not many students bought enough tickets in order to help pay for that large fee.

There were a lot of complaints for the rescheduled date, however the original date was not ideal either. February 23 was the day of state swimming. Central had several swimmers participate in events during this day. Because of this, swimmers were eliminated from potentially attending the dance.

I also understand the weather was dangerous for teenagers to be driving around on February 23rd. However, I would change one thing about this whole situation.

One: I would pick a date that accommodates more people. It is inevitable that not one day will be perfect for every single student. However, it would better to pick a date when another school activity is not taking place so that certain students aren't excluded.

But because these certain things were not considered, I, along with other students, had to pass up the opportunity to attend winter formal. Hopefully next year, scheduling is more efficient for everyone.

Dance team underappreciated, deserves more recognition

| Grace Turner
staff writer

Central has always been known for supporting its students and consistently having pride for the accomplishments made by students. Even when sports seasons do not go as planned, the school still congratulates students for doing their best and for any improvements they made. The school also celebrates the many victories that Central students have throughout the year in both athletic, academic and community areas. Yet, the school's dance team does not get the recognition that they deserve compared to other athletic teams.

The dance team is at nearly every basketball and football game in the school year cheering on Central and performing at half time. However, dance team does a lot more than just perform at these games. The dance team also prepares two dances in the styles of jazz and pom for a variety of competitions that they attend throughout the school year.

They competed in three competitions this year, one at University of Nebraska – Omaha, regionals in Minneapolis

and state in Grand Island. They also performed at two showcases. At these competitions, the Central dance team competes against other schools in the area. These competitions have really difficult competition, but Central is normally able to hold their own even though a couple of the other schools attending are national winners.

Yet, the general population of Central knows very little about what the dance team does besides performing at games. This is because the dance team gets little to no recognition for the competitions they go to and the work they put into preparing for the competitions. The school administration should spend more time congratulating the dance team on their successes just as they do for other sports such as basketball or football.

The girls on the dance team also put in a lot of work to prepare for these competitions, but are not getting the benefits other athletic activities at Central receive. Dance team has practice every morning Monday through Thursday from 6:30 to 7:15. They not only practice during the school year, but also during the summer. However, unlike track and field,

swimming, football, basketball, cross country or many of the other sports at Central, people on the dance team are unable to use dance team as an option to opt out of physical education credits.

People who participate on other sports are able to opt out of one semester of physical education per season of sport they participate in. So, a person who participates in cross country every year in high school would not have to take a gym class. In comparison, the people on the dance team, despite putting in just as much work as other sports, still need physical education credits to graduate.

The Central dance team does not receive nearly the amount of recognition as it should, especially when comparing to other athletic activities and even some academic activities. The dance team deserves more recognition for the work they do, along with being able to receive opt out credit for physical education classes. There is no reason that other sports such as basketball, football or golf should be receiving more attention than the dance team.



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Public obsession with rich celebrities demonstrates broad societal issues

Kayla Johnson
staff writer

The Kardashians and Jenners are public figures and who are essentially known for their scandals over the past decade. Within their initial rise to fame, they were constantly scrutinized for their lack of talent and being “famous for merely existing.” But as the years went on, the public began to view them as more of an inspiration than an example of being born with a silver spoon in your mouth.

For example, people consistently praise their mother Kris Jenner for turning her 6 children into some of the most successful people in our society today. The Kardashians are now a household name due to their success and being able to turn their family drama into wealth and lifetime prosperity.

There is no denying the fact that sometimes who you know is more important than what you know. Networking has been a tactic and useful tool that people have used forever rather than be in the business realm or creating relationships. Those who aspire to rise to the amount of fame that the Kardashians have often feel that as long as they have a connection within the industry that they could essentially become famous. For instance, Kendall Jenner is constantly critiqued for her modeling career. Anyone with any sort of experience within the modeling industry would be glad to share their opinions on her talent such as they fact that she simply needs to work on basic factors like her ‘walk.’ Although it is commonly known that Kendall is not the best at walking, that does not deter from the fact that she is one of the highest paid models in the world. In fact, she continues to work with some of the most prestigious and famous brands and designers in the world. Many people realize that this is not coincidental, but rather she is able to get these opportunities due to the fact that her mother is an amazing woman who is able to network her way through anything that she desires.

Even though it is very unfair that the people with true talent have to work harder than those who are healthy with connections, that is simply how the world unfortunately works.

Many people see their own opportunity for fame

through the use of social media. They have the mentality that as long as they post consistent and trendy pictures on Instagram, that they will be able to gain a following and start to earn money through the app. Although there is nothing wrong with wanting to get recognition and bring in extra income, people should want to work harder for the things that they have, which includes actual work. People such as YouTubers do so much more than simply taking a photo and editing it.

Rather, their editing and work takes days to perfect and they should be recognized for their hard work and dedication to creating. But, people who think that their appearance should be the factor that rises them to fame should become more in touch

with reality and try to focus on more important things going on in the world.

Stemming from the fact that people want to become famous like their family, they must realize the fact that they have the opportunities that they have due to their last name. Their name is essentially a brand in which they use to capitalize on, which is both intelligent and unfair. For example, there was a lot of controversy in July of 2018 when Kylie Jenner was the cover of Forbes magazine and entitled a “self-made woman.”

It was reported that her net worth was around 900 million dollars due to her cosmetics brand. Many people felt that someone who was already a millionaire before starting their business should not be categorized as a “self-made woman” which has the connotation that she worked hard and came from nothing to have the wealth that she has now. Regardless of what people think about Kylie personally, her cosmetics line definitely sells. Each new product she releases is immediately out of stock, which she tends to take advantage of.

She sells her sub-par products for a much higher price due to the fact that she knows that people will still be eager to purchase it because to her name. For instance, her brand has constantly dealt with complaints such as empty high-lighter pans, half-filled liquid lipsticks and default brushes. But rather than use her millions to make sure that her products are of luxury quality to match her prices, she instead just releases it to the public anyways.

Also, instead of providing a refund to her customers, she just releases statements along the lines of “the next release will be better, don’t worry.” She knows that people will always continue to give her brand another chance due to her name, so she just continues to sell expensive and basic products.

Not only are the Kardashians guilty of editing their photographs on social media, but so are many other social media influencers. This may come across as reckless and important, but this unfortunately has negatively impacted the lives of many young men and woman around the world. People will see these unrealistic photographs with small waists and round derrières and think that, in order for them to be considered “attractive,” they must do the same.



LUKA MORRIS | Contributing Cartoonist

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Diet culture encourages disordered eating



EMMA WHALEY

SAVE THE WHALES

A lot of people worry that they're eating too much. We're taught that portion control is the key to maintaining a healthy body weight, but, sometimes, this message means we end up eating too little.

This diet culture is ingrained in American society. From Weight Watchers to Slim Fast, it's impossible to escape. New fad diets pop up every few months, encouraging people to cut out carbs or only eat during a certain time. These diets are detrimental, not just for your body, but for your mind, too.

Most diets, such as Weight Watchers, encourage restrictive eating, or only eating up to a certain number of calories. In excess, restriction becomes extremely dangerous and even addictive, sometimes leading to the development of eating disorders.

Other diet systems use intermittent fasting, where you only have a small window to eat for the day. This can also be taxing on the brain. It encourages you to deny hunger, which is your body telling you that you need food. As this goes on, you get better at denying hunger until you don't feel hungry at all and have no desire to eat. You fast for longer periods of time because you aren't hungry and often end up binge eating later in the day.

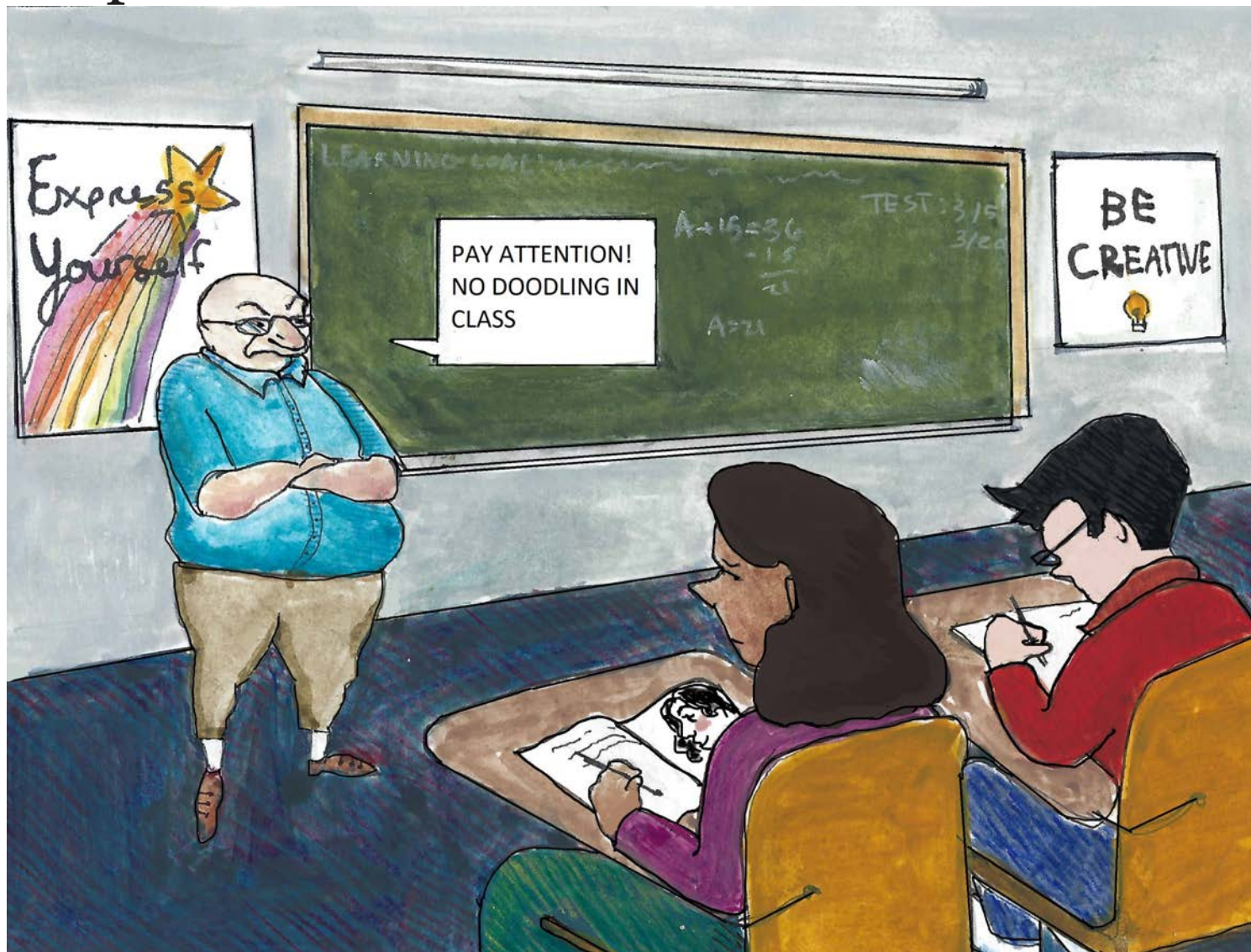
Diets are festering swamps of disordered eating. Food shouldn't be something to restrict or be afraid of, but, often, that's what diets encourage. Diet culture dictates that food isn't to be enjoyed; it's purely to give you energy through calories, but not too much.

In a world full of diets, we forget how to eat normally. The best way to eat is intuitively, eating when you feel hungry, but, if you're coming right off a diet, your sense of hunger may be thrown off. In this case, a more structured eating plan may be necessary. Many of these "recovery" plans include three meals, each including starch, protein, fat, dairy and fruits and vegetables along with three snacks, each being at least 15 grams of starch.

This can seem like a lot, especially when we're often told not to eat many snacks and not to eat late at night. If you're coming off an extreme diet, it can feel impossible to physically eat that much. It may take weeks to gradually add food to your life, or you risk being sick.

Diet culture is nothing but absolute scum. It encourages disordered eating that can lead to serious health issues, both physically and mentally. If you're honestly worried that your weight is a problem, first see a medical professional. In a world of supermodels who dehydrate themselves for the look, it's easy to think you're overweight when you're not. Just try not to get sucked into a diet culture. It'll hurt you and the people around you.

The Fault in our Curriculum: Emphasis on art needed



HANNAH HOUGH | Contributing Cartoonist

Molly Huibregtse
staff writer

It is no secret that education is very highly valued in our society with a heavy emphasis on STEM classes. In a society always growing and improving alongside the constant advancement of technology, there is no doubt that Engineering, Science, Math and, of course, Technology are vitally important to the growth and development of society.

However, why are such classes, particularly higher-level math classes, prioritized over other subjects? The purpose of high school is not only to further educate the youth in the society, but furthermore foster their growth and interests, to encourage them to be the best versions of themselves and to contribute to society as responsible citizens once their schooling is completed.

Society claims that everyone is special, and all students have the potential for greatness. However, as a student, if you are not good at math you are labeled "stupid," "dumb," or "lazy." Math is important, that is true, but it is not the most important subject. Intelligence of entire population cannot be determined by an individual talent.

Writing, History and Literature are classes or subjects that are deemed important by the school board as well yet being bad at any or

all of the three or disliking them in anyway does not label someone stupid, because "it's not their forte, they're good at other things." Academic intelligence is not the only type of intelligence.

Society values academics over individual talents or intelligence and creativity. All students are required to take these academic classes whether they are inclined to them or not, including Physical Education in some cases, but performing and visual arts classes are strictly electives as only kids who are artistically inclined are encouraged to take them.

A student may not even realize they enjoy or are good at the arts because they have not been required to take an art or music class since elementary or middle school and, as a result, go through school only taking the required classes.

Claiming that a particular subject is superior or more important than another "inferior" subject tells students that are good at the "important subjects," like math, that they are smarter than students whose talents lie elsewhere. This method of thinking creates a toxic environment for students.

Video games take away from reality

Mackenzie Coughlin
staff writer

Today's generation lives a very different lifestyle than previous generations with the ever-continuing advancements in technology. Everyone knows teens are connected to phones and video games as a way of connection to the world, but it affects them in other ways as well. According to the American Academy of Pediatrics, teens spend an average of seven hours a day on some sort of electronic device.

Video games in particular have taken over the lives of thousands of teens around the world where playing the hottest game 24/7 is a must. More and more studies have come out in recent years showing how dangerous the world of video games really is, but that is not stopping anyone.

Unless people are aware and exposed to what could happen to their brain and mental health if gaming isn't reduced, then nothing will change.

Another study done by the American

Academy of Pediatrics showed that children and teens who played video games to the point where it was an addiction (pathological gaming), showed strong signs of impulsiveness, depression, social phobia, anxiety, etc. Now the question is, are kids and teens being exposed to the side effects of gaming, and if so, why isn't it stopping them?

For many teens today, growing up around technology and watching it expand, grow and change before their eyes is very normal. Many were surrounded by technology that wasn't even imaginable a century ago.

This made it routine to play online games pretty much daily without actually knowing what could happen from it. It pretty much gave young children their addictions to gaming before they knew anything different, and they are now having to grow up with that addiction and continue or put a stop to it.

A significant number of the video games that kids play deal with guns, harsh violence and the act of killing other people. Although some may be mature enough not to fall into this, younger children who are more impres-

sionable will play these games and grow up with that mentality. Violence in video games mixed with the violence of the world today can create disastrous thoughts in those kids' minds.

The overuse of video games is also taking away from people's real lives and relationships. Many people will skip important activities or events to play video games instead. This could hinder students' learning that choose to ditch school for games or other things of that nature.

All in all, video games are causing a great more amount of bad than good, and the developing brains in today's society could be at risk. It is important to think about the actions that the world is taking to solve this epidemic and wonder if it is enough.

GIRL POWER

A look at the obstacles that women face when seeking positions in historically male-dominated fields

Women in government face barriers to political significance

Pangaea Kaan
staff writer

Despite the progression the United States has accomplished over the years dealing with issues such as the representation minorities throughout the country, the government has failed in the representation of the women throughout all political bodies.

There is an overwhelming shortage of female empowerment throughout the Senate, House of Representatives, Congress, and presidential cabinet members. Women compose a majority of the United States population yet hold less than 20 percent of the congressional seats.

Compared to other nations, the United States is falling short, ranking 98th in the world for percentage of women in legislature out of 195 countries, just behind Kenya and Indonesia. Out of the 50 governors, only 5 are women, and twenty-four states have never had a female governor.

The percentage of women holding statewide and state legislative officials in less than 25 percent and only 12 out of the 100 largest cities have female mayors. A recent study has shown that with the current politics, it will take around 500 years for women to gain equal representation in the United States government.

Various studies performed by the American Political Science Association have shown that

women elected into legislative positions are more likely to more bills than men regarding areas of civil rights, environmental issues, education, health, employment issues, and others. Globally, research has shown ethnically diverse and divided nations elect women rather than men to key national leadership offices and end up with better economic performance.

Other nations, with a high percentage of women in office, use "fair representation" electoral systems, also known as proportional representation. These methods use multi-seat districts where political parties win seats in proportion to their vote share. Thus, creating a multi-party democracy, allowing each political party to earn its fair share of representation and allow each party to offer its fair share of choices for candidacy. This creates a fair system allowing each party to present their choices for office, including women.

Although the United States is considered one of the world's leaders in economy and industry, it continues to fall short of representation of all minorities in positions of power, including women.



Photo Courtesy of WIKIPEDIA



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Despite advancements, women face significant backlash in combat positions

Rozlyn Olson
staff writer

Although Secretary of Defense Ashton Carter lifted the decades-old ban on women in combat back in 2016, it is still a strongly debated topic with a large variance of opinion, largely due to stereotypes. However, if women can reach the necessary physical standards to safely perform on the battlefield, there is no real reason they should be barred from combat.

Anyone educated on the topic knows that when Carter decreed the ban over, the branches made the physical requirements for females lower than those of their male counterparts. This decision came at a cost. Naturally, this allows those who disagree with Carter's decision to enforce the argument that women are not as strong as men. While on a generally physical level this may be so, not all women are built the same. There are of course women who are not built to be on the front lines, but all bodies are different, and every woman has a different level of dedication towards training.

Countries such as Norway, Denmark and Canada have allowed women who work and train hard enough to meet the proper safety standards to assume combat roles for decades. There are women who would have no problem lifting a fallen fellow soldier over their shoulders and out of the line of fire, another common safety concern. A proposed solution to this issue is to keep the physical requirements of men and women the same. This would make sure women are capable of performing all the necessary protocols needed to stay as safe as possible while on

the front lines.

Another commonly used argument is that men can't control themselves around women when away from home for so long, leading to more sexual assault and harassment. It seems that the logical thing to do in this situation would be to teach rape prevention and hammer "no means no" into the heads of these male soldiers. By taking the easy way out and simply denying women certain roles, America's rape culture is being allowed to fester.

The Marine Corps is renowned for its merciless basic training, however, Kate Germano, a former Marine Corps Battalion Commander of the recruit training battalion in South Carolina and author of "Fight Like a Girl," details her experiences. She describes that in the final rite-of-passage nine-mile ruck march through the forest to the top of a mountain, chairs once waited at the top for female Marines who were tired. These chairs were not open to men until Germano ended the practice all together once she became commander.

It is thought that by integrating women into units on the front lines and making the standards the same regardless of sex, respect for women would increase and sexual harassment and assault would decrease. If a woman is physically capable of safely executing her orders in a combat role, the only true thing holding her back from participating is the society that deems her unworthy.

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Got Caffeine?

The Register checks out the best shops for coffee and tea around the Omaha area

PAGES 18-19

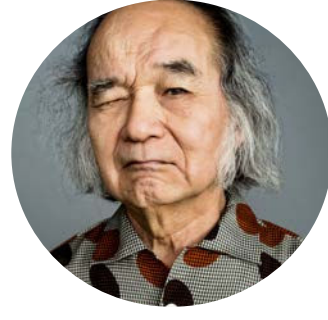
The Register Reviews

From Oscar movies to crazy milkshakes, check out the latest reviews of local restaurants and recent films.

PAGES 20-21

Central Alum works to revitalize film photography

Alum Scott Drickey has come a long way since his Central days, becoming a nationally-regarded photographer



PAGE 16

PASSION FOR FASHION

Senior showcases work at Omaha Fashion Week



Photo Courtesy of CASH CALABRO

Above: Calabro poses next to the models who walked his designs down the runway on February 26th. The student night aims to celebrate young and emerging designers.

Anne Gallagher
executive editor

Young designer and senior Cash Calabro was one of many Central students to showcase his designs at Omaha Fashion Week's student night on Feb. 26. He worked alongside student designers from all over the metro area to display his work.

The event was sponsored by Metropolitan Community College to encourage local high schools and fashion mentoring programs to utilize this platform as a productive outlet for young designers. From the 4-H organization to Burke and South high schools to Joslyn's fashion art program, many Omaha students were represented by their hand-crafted work.

Calabro designed for the event as a part of the Kent Bellows program and was able to show three designs in one of his collections. In order to work with the Bellows program, he went through a competitive process. "I had an interview where they asked me questions to see if I was a good fit for the Kent Bellows design program," Calabro said, "It was scary, but I am glad I have the opportunity to work with other skilled student designers."

Omaha Fashion Week is held at the Omaha Design Center and showcases over sixty-five designers over the course of six days. Through inviting young designers, Omaha Fashion Week hopes to nurture their creative abilities and give them an outlet for their talents.

He dressed models from Develop Model Management who he worked with twice before the show. "I had two fittings with the models which is pretty standard," Calabro said, "I got their measurements before I made the pieces, but I adjusted them when I worked with the models in person."

The models wore pieces that Calabro worked on for about four months. "The design and creation process was fun but also challenging because I had to scrap some of my work in order to figure out what I really wanted to show at fashion week," Calabro said. Though he had help with the sewing of his pieces, the design process was done completely by Calabro with critiques from his peers and mentor.

The fashion designers at Kent Bellows were all mentored by Buff Reynolds who guides their deadlines leading up to the designer's shows. "She helped me a lot when I was designing the collection and always critiques my work to show me what I can do better on," Calabro said.

Calabro had a cold on the night of the event, but he was still confident in his abilities and excited for the show. Showing his designs on such a recognized and observed platform made the night very memorable for Calabro. "It was a really important night in my life," Calabro said, "Seeing my designs on the stage of Omaha Fashion Week was really validating and it showed me that I could have a future in fashion."

Omaha Fashion Week yeilds successful turnout

Kayla Johnson
staff writer

Omaha Fashion Week is a very luxurious event that annually showcases a wide variety of designers by presenting their designs on the live runway. Each year, stylists, designers, models, photographers and all things fashion can present their talent and gain new opportunities through networking. The 2019 Spring event took place during the week of Feb. 25 through Mar. 2.

At 6:00 p.m., the doors opened to the Omaha Design Center located at 1502 Cuming St. Not only did the runway show take place that night, but there were also several other side events including assortments of live entertainment.

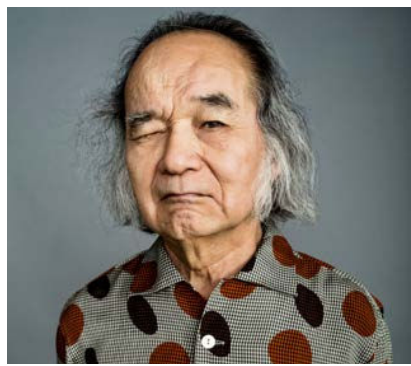
General admission tickets were priced at \$10 for the event. VIP ticketholders were also granted special access to

lounges and complimentary hors d'oeuvres and drinks during the event. There was also a pop-up shop market in which hosted a large variety of vendors that guests could choose to shop from. Guests were encouraged to take their photos at the Omaha Fashion Week red carpet and a live panel was hosted at 7:30 by the Omaha Fashion Week's producer Brook Hudson on "careers in creative industries such as fashion, photography, design and more!"

The entire week was filled with a multitude of different themes and events. Monday was entitled "Omaha Wedding Salon" where guests could gather inspiration for all things wedding-related while gazing at the high-end bridal runway show which took place from 6:00 p.m. to 9:00 p.m. Wednesday's theme was the "UNL Student Showcase" in which thirty talented students from the University of Nebraska-Lincoln's textile department were able to showcase their original

designs out on the runway from 6:00 to 9:30 p.m. Thursday's event was "Methodist & Xenon Survivor Show presented by American National Bank." The event celebrated over 100 cancer survivors where they presented the designs of local boutiques while strutting out on the runway at 8:00 p.m. Friday included "ADORNED Emerging Designer Showcase" where the designers used the multiple components of textures, layers, embellishments and color to make a particular statement while making a fashion statement. Saturday's lineup was entitled "GILDED Featured Designer Showcase" which happened to feature more experienced designers with extremely high-quality work. To end the week, on Sunday from 11:00 a.m. to 2:00 p.m. there was a free and open to the public shopping event at the Omaha Design Center where guests could shop and meet the designers.

Central alum aims to revitalize field of film photography



Grace Salanito
staff writer

Being part of one of the first generations that has grown up with technology, most of us don't think about what life was like before these technological advances. When it comes to photography, it is one of the only practices that still often uses older model software such as film cameras.

Photographers nowadays are constantly debating the pros and cons of shooting on film versus shooting on a digital camera. Omaha native Scott Drickey has been working with film since his teenage years and has always had a passion for it. Scott attended Central High School and began saving up money to visit photography schools such as RIT, Parsons and Brooks Institute during his high school career. He ended up attending Brooks Institute in California. "This education propelled me into a storied career of assisting some of the World's most notable photographers of our time. I'm very fortunate but don't subscribe to luck... My uncle was a photographer... so he let me in his darkroom where I made a big mess with fixer

chemistry marks everywhere, printing some contact sheets for him."

The photographer explains that his love for photography came from a young age, sparked by his curiosity of the darkroom. Drickey says, "Shooting film forces you to use fundamentals such as the law of reciprocity which affects exposure and inverse square law which pertains to lighting. It is unforgiving in that you're working with a latent image, or an image that can't be seen."

In 1991, Kodak released its first professional digital camera system aimed at photojournalists. Since then, digital cameras have done nothing but progress. Fast forward a few years later and film cameras are making their comeback. Scott claims learning photography on film helped shape his knowledge and talent when it came to shooting pictures on film: "Pixels are not as random as grain is in a negative so there is a different feel to the images captured by film."

Film photography is often referred to as a dying art, but I believe it will always stick around.



Photos Courtesy of SCOTT DRICKEY

Four activities for the upcoming spring and summer seasons

Mackenzie Coughlin
staff writer

1. Hike at a State Park

Around the Omaha metro, there are several state parks that offer many opportunities for people to experience the outdoors and have fun while doing so. These parks hold very scenic views to enjoy and nature to interact with. The springtime is a primal time for many to get out and get active again. Therefore, making a trip to a state park is perfect since one can make a day out of the experience and bring along friends or family. A very popular state park that many love is Mahoney State Park, which has hiking trails, horseback-riding, miniature golf and several other outdoor activities.

2. Lauritzen Gardens

What is more spring than 100 acres of botanical gardens full of bright flowers and nature? At Lauritzen Gardens, one can be encapsulated by all things green and nature by walking through multiple exhibits of calming scenery that are open all year-round. This is much different than visiting any other museum, for Lauritzen Gardens is a "living" museum with unique and interesting displays. Lauritzen also offers educational opportunities in their displays as well as engaging hands-on classes.

3. Heartland of America Park

For those who spend a lot of free time Downtown, the Heartland of America Park is a stunning place to go on a spring night. The park is known for its large fountain display located in the middle of the lake. It adds to the beautiful view of the Downtown Omaha skyline. The park itself is located right behind the Old Market, and has many exhibits to learn about Omaha's history, as well as a pedestrian bridge leading to the Lewis and Clark landing sight. The fountain is set to open again on May 1, right in time for nicer weather and warmer nights.

4. Bike Rental in Aksarben

Aksarben Village is a great place to spend the day in the upcoming spring months. The open atmosphere allows for one to get outside while going through daily life. Around the Aksarben area, there are several locations where one can rent a bicycle for the day and experience the area in a new way. Riding a bike with friends or family through the streets and parks of Omaha is a unique and interesting way to spend a spring day. Aksarben is a very popular place for bike riding due to the open sidewalks and scenery.



1.

MOLLY HUIBREGTSE | The Register



2.



3.



4.

HANNAH BROWN | The Register

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Marvel films to watch before 'The End Game' is released

Grace Turner
staff writer

"Avengers: End Game" is going to be the newest member of the ever-growing Marvel movie lineup, following the last installments of the "Avengers" franchise, "Avengers: Infinity War" and "Captain Marvel." "End Game" will be picking up after "Infinity War" which hit theaters in May of 2018. There are many theories surrounding what will happen in "End Game," and many of these

theories date back to the older installments of the Marvel franchise. Of course, there is no way of knowing what will happen in "End Game" until the movie is released, however these four movies are the most likely to tie in with the storyline. Note that this list is solely about the movies that will most likely play into the story line, not about knowing or understanding all the characters. In order to know who everyone is, what their motivations are and how they are a part of the Marvel universe, all the movies in the "Avengers" franchise needs to be watched. This list is only commenting on what movies could play into the plot of "End Game."

The Avengers: Infinity War



Obviously, in order to understand the second movie in a series, one needs to watch the original. This is the exact reason that "Infinity War" needs to be watched before seeing "End Game." Unless Marvel decides to jump off the rails with its newest movie, the majority of "End Game" will be spent attempting to undo the events that occurred during "Infinity War." Without this base of knowledge, including what happens to the majority of the heroes featured in the movie, "End Game" will be virtually pointless. Additionally, it will be important to note in this movie the scene where Thanos kills Gamora in order to receive one of the infinity stones. There are many fan theories that point to this being the way to undo the end of "Infinity War." The main theory suggests that Thanos will be overcome with guilt and grief for killing his (basically) daughter, Gamora. This will cause Thanos to use the time stone to reverse time to save Gamora, and in the process reverse the end of "Infinity War."

Antman and the Wasp



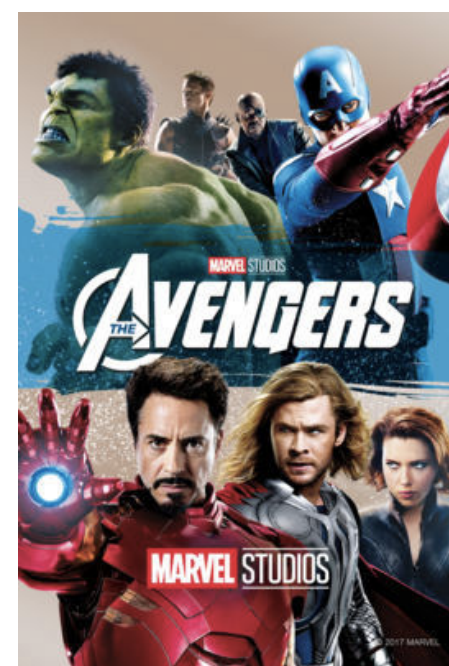
Sadly, there is no obvious answer when it comes to the second most important movie to watch for "End Game." However, "Ant Man and the Wasp" deserves this place for its use of the quantum realm, the telling end scene and how overlooked it was when originally screened. At first, "Ant Man and the Wasp" seems to be a throw away Marvel movie, but it might actually give more hints as to the new movie plans than can be originally seen. Besides being a funny Marvel movie break that everyone needed after the events of "Infinity War," "Ant Man and the Wasp" deeply explored the idea of the quantum realm. It seems odd that Marvel randomly decided to place the air date of "Ant Man and the Wasp" so soon after "Infinity War," only to have no more new movies until almost a year later, unless "Ant Man and the Wasp" directly relates to the events of "End Game." From the end credit scene, it is known that Scott Lang (Ant Man) is trapped in the quantum realm. However, from the "End Game" trailer, we also know that he somehow escapes from this realm, a feat which was previously thought impossible. This leads to the "End Game" theory known as the quantum realm theory. Basically, Thanos sent all the people caught in the snap to the quantum realm instead of killing them or erasing them from existence. Once this is discovered, they can relatively easily be saved. This theory seems extremely far-fetched, and even if it's not true, watching "Ant Man and the Wasp" will still be extremely important to understand how Scott Lang escapes from the quantum realm himself.

Captain America: The First Avenger



Including this title on the list may be one of the most painful things as overall the Marvel universe includes some amazing movies, but this one is quite honestly really boring. That being said, the appearance of Red Skull in "Infinity War" is too startling to ignore. Red Skull is a character that has been presumed dead and a non-threat since "The First Avenger," and having him appear in "Infinity War" is a red flag that something bigger is happening. There are many theories around Red Skull's inclusion in "Infinity War," including that he may be the key to undoing Thanos' events. The most prominent of these theories is that Captain America and the rest of the (not dead) "Avengers" gang will find a way to travel back in time to the era of "The First Avenger" to kill Red Skull. Doing this will make it so Thanos can never receive the soul stone. Again, this theory seems far-fetched, although many of the prominent theories contain time travel and Red Skull's random appearance seems too important to be ignored.

The Avengers



This is another difficult entry to include because it feels like everyone has watched this movie about seventy times. Yet, with many of the leaked photos from the scenes of "End Game," this movie seems to be extremely important to the events that will take place. There have been many leaked photos that show Loki in a similar costume to his in the original "Avengers" movie. Additionally, there have been leaked photos showing Ant Man on the set from the original "Avengers." It's not known how this movie will play into "End Game," but it will play a role.

Photos Courtesy of IMDB

Fans await return of The Black Keys after five-year break

It's been almost 10 years since the Black Keys have come out of nowhere with hit tracks such as "Tighten up" and "Howling for you." With Dan Auerbach on guitar and Patrick Carney on drums, it took them 10 years and 5 albums to reach mainstream success with the release of "Brothers." This resulted in long tours and promo events, but they still managed to release their quicker "El Camino" album a year later.

With rock at its lowest ever commercial rate, they still managed to release two hit albums with their blues-rock sound. In 2014, they responded with "Turn Blue," a psychedelic twist on the blues-rock sound that earned them their first number one selling album. Subsequently, their past albums reached top charts as well because of the attention they gained such as for "Rubber Factory." They spent so long as underground artists

and when they finally made it to what seemed like the peak of their career, they disappeared. It's been 5 years since we got anything from the two; what happened?



SIMON BULLERICK

When you put in perspective the total amount the two have accomplished, it makes sense that they would take a break, at least from each other. While working with the producer Danger Mouse for their three most popular albums, both started to branch off into their own works. Dan Auerbach released his first solo record in 2009 after the release of "Attack and Release" along with the collaborative album with Danger Mouse "Blakroc," a pretty unknown rock-rap album with appearances from Mos Def and NOE.

This action of Dan breaking off may have been the first of many steps that would push the two apart. A year after their last album, "Turn Blue," Dan started a side band called the Arcs. Started by Dan and Lean Michaels, they released the

fuzzy blues-rock album "Yours, Dreamily" with great success.

However, Dan wasn't the only one branching off into his own work. While Dan was on tour for his solo album, Patrick Carney started a side project of his own. Teaming up with other Ohio native bands, they created the indie-rock vibe "Feels Good Together" under the name Drummer. Patrick continued to take on a producer role for many artists like "The Sheep Dogs" and "The Growlers" while Dan went on into more projects himself.

Other than Dan's last solo album in 2017, it's been a while since we've seen anything new from the duo, but when you take into consideration the amount of hard work they put into that 5-year period of releasing seven different smash titles, I believe they have earned a break. When they do return, I have faith we won't be disappointed.



GOT CAFFEINE?

THIRST-TEA CAFE

Olivia Gilbreath
staff writer

Boba tea has become a popular beverage in Omaha in the past couple years and Thirst Tea's popularity has only grown since. The shop offers many different types of tea in addition to boba and bubble tea. Customers can order from the menu or mix and match flavors of tea and boba. Thirst Tea is in Midtown surrounded by other restaurants and near the location of the summer Midtown movies.

Summer is a notably thriving season for the business, but winter has not stopped customers from drinking Thirst Tea. The winter season has limited the tea shop's seating to indoors, also removing the corncorner and jumbo checkers until warmer seasons. In addition to their very large menu of tea, Thirst Tea also sells a more limited menu of snack foods like eggrolls, edamame and takoyaki. The tea is a cool beverage for the hot days of summer, but customers have also deemed the product drinkable during the cold days of winter.

The shop has a fun atmosphere with an interesting mural and round hanging lights resembling bubbles. One wall is covered in wood paneling and the employees' work area walls are lined in a lime green tile backsplash. The solid-colored furniture is very

simple and fits well with the rest of the tea shop, providing practical and sensible seating for the customers. Employees of Thirst Tea are very polite and add to the positive environment of the tea shop.

Drinks come in plastic cups with lids which are punctured with a straw that can be taken to-go or enjoyed in the tea shop. Thirst Tea makes cups that require the customers to use straws for the beverage's consumption, but this tea shop could be considered better than most locations that require straw usage. Straws are recyclable in number type five plastic containers, but otherwise straws cannot be recycled and must be thrown away. The cups that are used at Thirst Tea are type five plastics, so, it is possible for customers to recycle the straw and cup they use together.

Employees in the shop make many drinks during the days Thirst Tea is packed, but once a customer orders his or her drink, it is produced in a minimal to moderate amount of time. The tea shop remains popular year-round and customers have the option of ordering a plethora of tea drinks. Since the cups the tea is sold in are made of type five plastic, it is possible for customers to recycle the straws they use in their cups.



LEXI BLANKENFELD | The Register

THE TEA SMITH

Kween Alabi
staff writer

Before entering the Tea Smith, I decided to research the Tea Smith online to browse the menu before going into the store. While a menu was not available online (only loose-leaf teas were available for online orders), I stumbled upon what the mission of the store was. Their website claims that one of their primary goals is to "provide an enhanced enjoyment of life through tea." The inspiration of opening the tea shop was "planted in Japan...in observation of the tea ceremony Cha Noyu."

The Tea Smith is a small tea shop sandwiched in a shopping strip located on 345 North 78th street in Omaha. Upon entering, one will be greeted with the scent of loose-leaf teas which the store collected from gardens across the world that are displayed behind the counter in jars.

The front counter has digital and printed menus, the staff at the tea shop was extremely nice and was more than willing to help a newcomer like my friend and I with our selection. The employees were knowledgeable on each type of tea and gave The Tea Smith a more authentic feel compared to other tea shops I have been to in Omaha.

I asked the very friendly "tea crafter" which teas were most popular since it was my first time in the store and decided to order a red bean milk tea with the highly praised boba while my friend got the strawberry milk tea with boba. Our selections were based on our "tasting profile" that was given to us by the tea crafter. Our drinks were \$5.25 each for 24 ounces, which is similar in price to a more mainstream coffee and tea company like Starbucks or Scooters.

Another mentionable part of the tea store is the beautiful array of tea ware displayed across the store including teapots, sets and tea infuser cups. All are decorated in various designs such as black cranes, butterflies and flowers. My favorite pieces were mugs that had the look and feel as if they were carved. However, the placing of these pieces was not ideal. Although the store has a very cozy feel, because of spacing, the aisles are very narrow, making me extremely cautious of all the tea ware available.



HANNAH BROWN | The Register

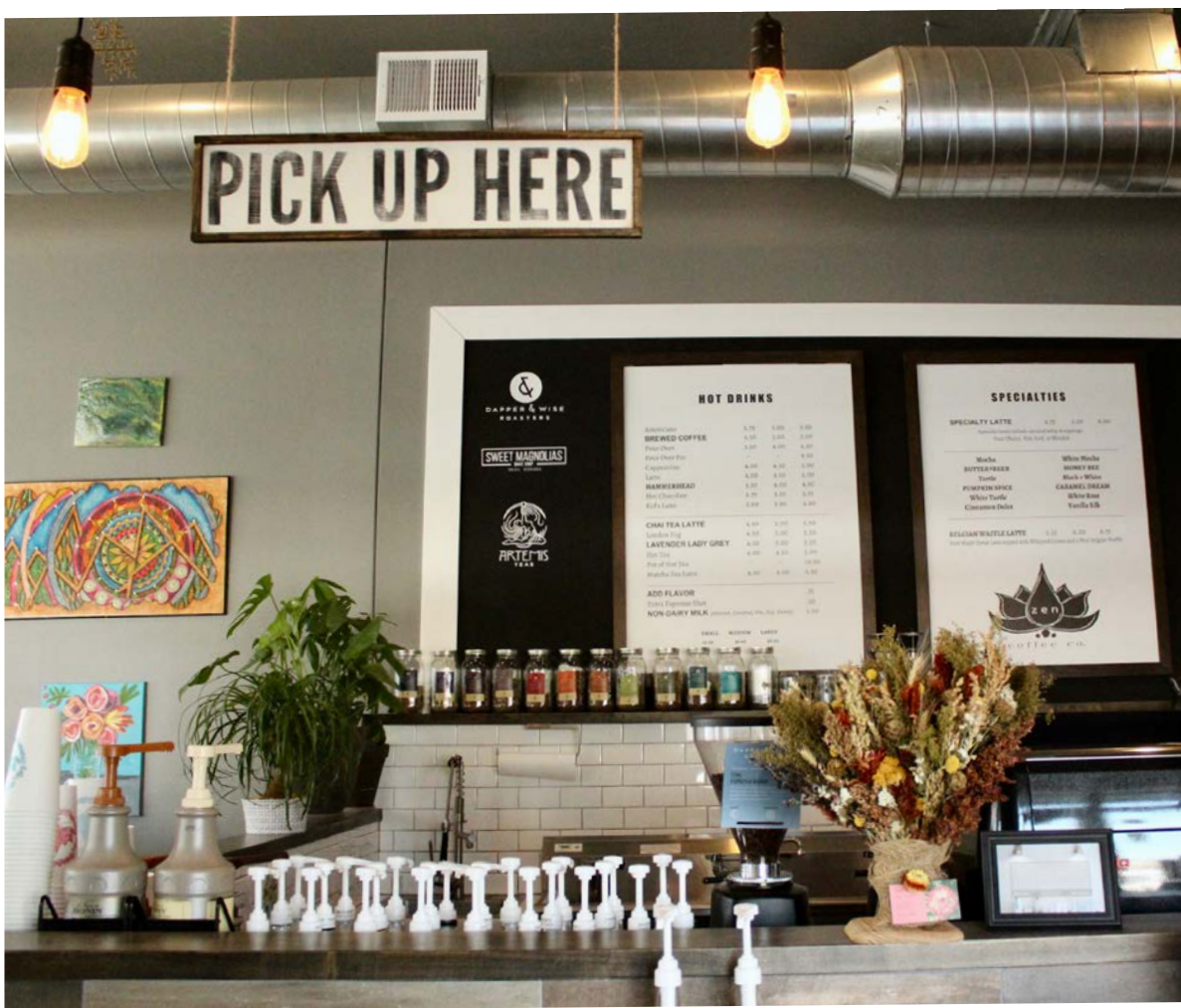
After carefully maneuvering through the aisles of the tea shop, we sat down and indulged in our teas. My drink, the red bean milk tea with boba, was extremely good and very reminiscent of a red bean mochi ice cream. The milk tea was true to the flavor of red bean and was sugary in a way that wasn't overpowering. However, my friend's strawberry milk tea tasted somewhat watered down, but I did enjoy the chewy texture and sweet flavor of the strawberry Boba.

Overall, The Tea Smith has a charming feel as the atmosphere is very welcoming. With a tea section of over 150 flavors, I would recommend the tea shop to any tea lover in town.

The Register staffers select and review the best local spots for coffee and tea



CONNOR PAINTIN | Resident Cartoonist



OLIVIA DROBNY | The Register

ZEN COFFEHOUSE

Simon Bullerdick
staff writer

Zen Coffee Company is one of Omaha's smaller, but most cozy cafés. This café attempts to capture a peaceful, calming and overall 'Zen' vibe. Zen Coffee has a periodically changing menu of home-brewed coffees and teas along with a variety of smoothies and pastries. They even offer a happy hour, something a lot of cafés don't always have.

With an endless supply of good hospitality and comfortable seating, it's a good home-away-from-home to work on whatever you may need to. The size may be small, but when the weather gets better, their patio will open to expand the seating by nearly double.

This shop is also a consistent supporter of the community by featuring local artists' work and by hosting live music performances despite their small space. Zen also partners with other local businesses like Magnolia Flowers Designer Cookies among others to support local bakers and offer fantastic pastries. Additionally, parking is pretty easy, which is surprising considering the small building and prime location on Farnam in Midtown.

You are always welcomed with kindness and compassion every time you walk in. The baristas are always happy to be there and seem to truly enjoy their jobs. Zen is a green-certified, cozy space that will welcome you with open arms every time you come in desiring a delicious drink.

WELL GROUNDED

Molly Ashford
editor-in-chief

Situated in an unsuspecting strip along 24th street is Well Grounded Coffeehouse, a small but charming coffee spot with a simplistic menu, friendly baristas and truly incredible coffee.

Decorated with earthy tones and bright lighting, the space is welcoming and open. The baristas know many customers by name and order, and are always eager to spark up a conversation. Moreover, they are obviously very knowledgeable about the coffees that they make behind the dark green espresso machine. Though the menu showcases mainly basic espresso drinks, the quality of coffee makes up for any lack of options.

With comfortable seating behind the coffee bar, it is a fan favorite for a study spot. There is a PrintWithMe printer available for use as well as free wi-fi. The lively and bright environment makes it perfect for an afternoon study date or an early morning cup of coffee.

Though food options are limited, a small display case by the cash register has a variety of locally made bakery snacks.

Below the coffee house, the basement is utilized as a concert space. The unfinished brick room turns into a stage for local bands, with a large floorplan that could easily hold fifty or more people. People stand around the bands or pull out folding chairs to watch from farther back, with Christmas lights decorating the rustic space.

Where Well Grounded truly sets themselves apart from similar coffee shops in Omaha is the quality and care that goes into each and every one of their drinks. As mentioned previously, it is obvious that the baristas are highly trained and talented at making high-quality espresso. Most times, hot drinks will come with carefully crafted latte art on the top.

Besides the taste and appearance of their coffees, they also sustainably source all of their beans from roasteries based in Omaha or Chicago. They do this with the intention of creating transparency through the distribution process. More impressively, they donate 10% of their profits to the charity "Charity: Water." With these donations, the charity helps to build clean water wells and other sustainable water products.

With a community-minded presence, incredible espresso and a friendly staff, Well Grounded is a fantastic spot for coffee with a conscience.



OLIVIA DROBNY | The Register

the REGISTER

INDIAN BOWL

Sophia Sgourakis

staff writer

The Blackstone district recently added a new restaurant to the block: a fast and casual one for Indian cuisine called Indian Bowl. This new restaurant adds a spin to other restaurants in the same area because of its change in food and ordering. It also provides the Omaha area more options for Indian food.

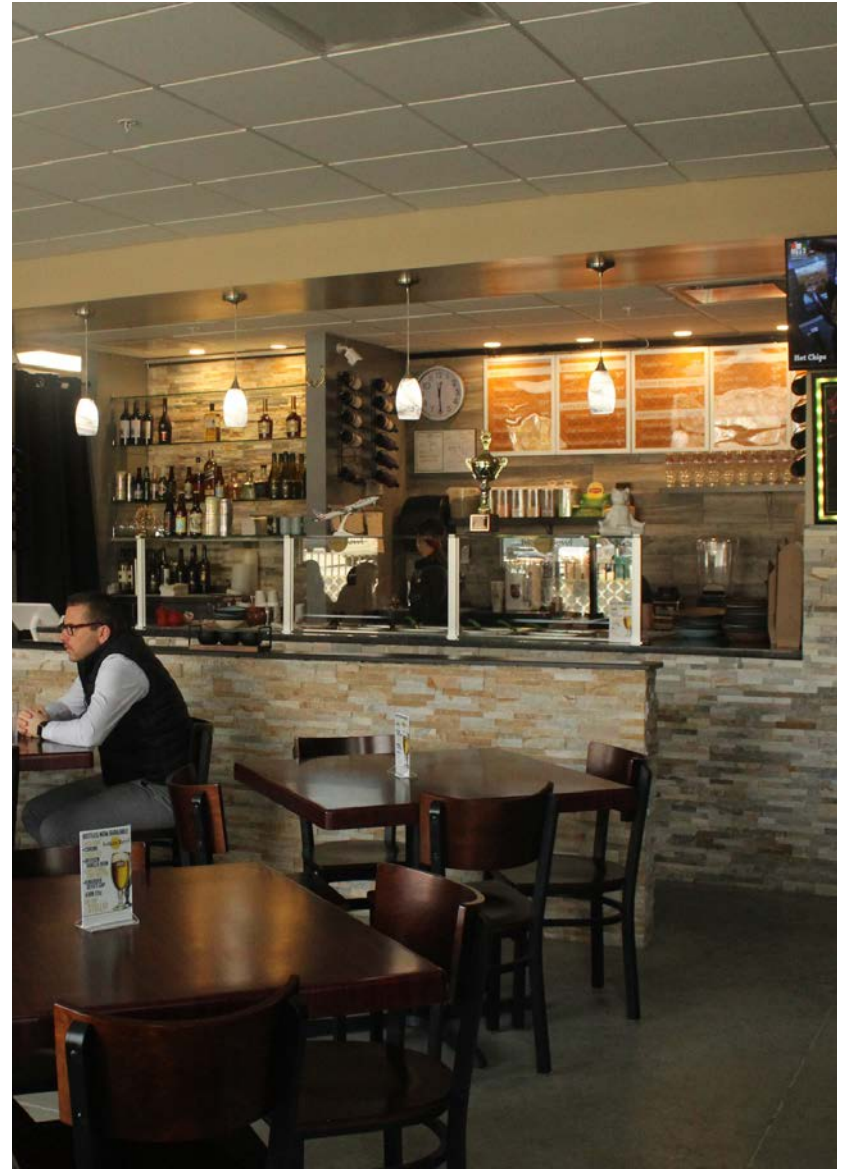
Indian Bowl is located towards the end of the Blackstone district, sharing a building with another restaurant called Butterfish. The outside is fairly simple with no decorations worth noting. Once you enter, you immediately recognize the setup of this restaurant. It is closely similar to a Chipotle where you order at the front and all the food options are laid out in front of you. The counter for ordering is made of very modern brick which adds some architecture. The rest of the restaurant remains area for seating consisting of booths and tables. The interior and exterior of this restaurant are basic, but offer a clean atmosphere.

The staff was very welcoming and friendly, as ordering here for the first time may be intimidating. An employee was quick to ask me if this was my first time in and explained how the ordering system worked. Essentially, a customer can order a bowl or a burrito. With a bowl, rice is served and a choice of meat is picked. With the rice and meat, or vegan option, a vegetable is offered. Two of the vegetables offered are cauliflower and potatoes or chickpeas. Although I didn't try a burrito, there are only two options with what the burrito is stuffed with.

My plate of food consisted of rice with the chicken tikka masala and the cauliflower and potato vegetable special. The tikka masala is a mildly spiced, creamy tomato sauce served with chicken or paneer, an Indian cheese. The food was presented in a fairly large bowl and the serving sizes were quite large. That being said, all my food was eaten because every bite seemed like it just kept getting better and better. The food tasted healthy and well prepared. Unlike other Indian food I have had, it definitely didn't have nearly as much spice which isn't a big issue for me. The vegetable side that I chose was also very delicious. It had a sauce served on top of it that tasted very similar to the tikka masala. I also tried their naan which was very good when dipped into my tikka masala or just eaten plain. All the food tasted fresh, even though it had been sitting in the line of food at the ordering counter.

The price of food is always a concern for people when trying a new restaurant. At Indian Bowl, you are still getting quality Indian food. On top of that, the food is ordered ready and there is no waiting time. Also, portions are quite large and there are sides available. All the bowls ranged between 10 and 11 dollars. The burritos are cheaper, with prices of around 8 dollars. Essentially, the money you are paying is worth it without a doubt.

Soon enough, Indian Bowl is going to show great success. With the amazing food and affordability, it will be a hot spot in Blackstone. This review doesn't do the restaurant any justice, go in for yourself and you'll soon understand!



OLIVIA DROBNY | The Register



SOPHIA SIDZYIK | The Register

HUNGER BLOCK

Jackson Godwin

staff writer

For those who enjoy extravagant and an unordinary selection of food and drinks, The Hunger Block located in RockBrook Village offers it all. The Hunger Block is a Latin cuisine that offers a wide variety of foods and drinks that you can't find in other places. This restaurant is very authentic and is ran by the two owners Carlos Mendez, and Rogny Diaz who both originated in Caracas Venezuela which helps with experience in making it the most authentic as possible. Their main goal is to offer and represent some of their favorite meals and dishes from trips around both Central America and South America.

One specific option on the menu that stands out more than others for most people. For those who have a sweet tooth and still have room for desert after he or she should check out the milkshake. The two flavor options are chocolate and vanilla, but these are no plain milkshakes, these milkshakes come with many extra toppings most have never seen or tried before on top of a milkshake to create an outstanding appearance.

The difference that Hunger Block adds is they offer ever changing milkshakes so each time someone orders a milkshake they add different toppings they call surprises. They list basic add-ons to the shake but add a few extra surprise toppings that customers do not know yet. Some of these unique add-ons to the milk shake include, brownies, cupcake, donut, cookie, ice cream scoop and underneath all of that is a delicious milkshake. The preparation they get ready is very appealing to the eye and is presented as best as possible. They stack the extra items on top of the mason jar filled with a rich milkshake instead of plainly setting the extra stuff on the side. They also do an excellent job at making sure if you are not ready to handle what is on top and want to get into the milkshake itself before attempting to devour the top they have straws positioned through the other foods so you don't have to get through other things to just get into the milk shake. The Hunger Block offers a unique menu and ideas that draw in people to try to get them out of their comfort zone and educate a little on latin food and style itself.

Mixins establishes itself as top-tier rolled ice cream shop

Lizbeth Hermosillo-Najar

staff writer

Rolled ice cream has become extremely popular over the last few years. Rolled ice cream originated from street vendors in Thailand. This food trend has popped up everywhere including the Omaha area.

Mixins is the newest rolled ice cream spot in Omaha and also the first black-owned rolled ice cream store. Mixins is conveniently located in the downtown area on 1405 Jackson street. The ice cream shop is quite small and usually always

packed. Inside, there's only a few tables available for customers to sit at as well as a few tables outside. Although it's small, the establishment is very cozy and inviting.

The menu at Mixins has a variety of options available to customers. All options have fun and unique names such as "Ballin' on a Fudget" or "Pardon my French Toast." A fun time is guaranteed at Mixins; while waiting in line and watching your ice cream being made, they offer to write your name in any sauce of your choice which is perfect for an Instagram or Facebook picture to post. It makes the long wait worth it in the end.

Mixins is usually opened at 12 p.m. until midnight on weekdays but closes at 2 a.m. on Fridays and Saturdays. So, if you happen to be craving rolled ice cream late at night, Mixins can help satisfy your needs.

This establishment creates a family-friendly atmosphere that is fun for everyone. They make fresh and delicious treats that can satisfy a variety of people. From the welcoming staff to the cute displays, Mixins is a place everyone needs to visit. They are obviously in no competition with other rolled ice cream shops in the Omaha area.

reviews

2019 LIVE ACTION OSCAR SHORTS

Molly Ashford
editor-in-chief

As the 2019 Oscars came and went, one of the hottest topics was the short films. The critically acclaimed Oscar-nominated short films made their way to Omaha theatres from mid-February to early March. Omaha's resident art-house theatres, Film Streams' Ruth Sokolof and Dundee, showed the short film collections up to three times each daily.

The series of short films consist of five to seven films that are under thirty minutes long. They show live action, animation and documentary-style collections. While animation shorts are a fan favorite, live action shorts are an often-overlooked part of the short film fiasco.

The five-movie set begins with a Spanish film entitled "Madre," chronicling an intense phone call between a mother and her young child after the child finds himself alone on a deserted beach in a foreign country. It is a scene straight from a parent's nightmare. The mother, played by Madrid actress Marta Nieto, offers a disturbing amount of sincerity in her portrayal of a distressed parent who is doing everything in her power during a crisis. Though the cinematography is minimalist, swift camera movements and innovative use of sound and music made the film a promising Oscar candidate.

Next is the Canadian film "Fauve," one of my personal favorites. The movie shows a friendship that blooms between two young boys and their adventures through abandoned places in their hometown. When they find themselves caught in an incredibly dangerous situation at a construction site, one of the boys is forced to walk alone and deal with the events that took place. Without giving away too much, the film is an instant tear-jerker with immensely beautiful cinematography and symbolism. While there is not an abundance of dialogue, the personalities of each child shine through their chilling portrayal of a friendship through a life and death situation.

"Margarete," the third short, is a beautifully done film. The film follows the relationship between an old woman and her female caretaker. It is soon revealed that her caretaker is gay, which leads the old woman to reminisce on her love for her best friend back when homosexuality was considered a mortal sin. The acting of both main roles is impeccably emotional, and the relationship that buds between them is so beautifully pure and earnest that it brought me to tears both times that I viewed the shorts. It consistently stuck out to me as the most well-rounded and impactful film of the bunch.

Following the overall dreary theme of this year's live action Oscar shorts comes "Detainment," which is quite possibly one of the most disturbing films of any length that I have seen. Based on a true story, the film follows the interrogations of two ten-year-olds who kidnapped and brutally murdered a baby in Ireland. Few graphic details are left out and conversation snippets are juxtaposed with shots of the children walking with the child. It is absolutely gut-wrenching to sit through. While all the acting, particularly on the parts



Photo Courtesy of FILMSCHOOLREJECTS

of the children playing the murderers, was impressive, the content was so hard to take that multiple people left the theatre towards the end of the film and failed to return for the final short piece.

"Skin," the fifth and final Oscar short, is a satisfying revenge film that is reminiscent of Jordan Peele's "Get Out." It centers around the life of a young boy in a Redneck Southern family, and while the hillbilly characters seem nice enough, their true nature is soon revealed as they nearly beat a black man to death in front of his family. The screenplay for this film is incredibly innovative and unexpected and the cinematography is rather realistic than artistic, but it gets the point across very well. "Skin" was the winner of the Oscar. This is likely due to its powerful message and call to action as well as the excellent characterization by all actors.

In my personal Oscars bracket, "Fauve" or "Margarete" deserved the win. However, "Skin" is a chillingly realistic portrayal of modern-day racism with an interesting twist; their win was undoubtedly deserved.



Photo Courtesy of IMDB

CAPTAIN MARVEL

Malcolm Durfee O'Brien
managing editor

Marvel's latest origin story, "Captain Marvel," is the best "Star Wars" movie since "The Force Awakens," filled with dog fights, evil empires, complex characters, laser swords, Samuel L. Jackson and a weird villain with poorly defined powers who gets killed by a bunch of wimps the next time he appears. It is truly a major accomplishment for Marvel to have made such a fantastic science fiction film.

What's good in this movie? Well, there is the humor, which is just as strong and sarcastic as past Marvel films, though not quite as strong as that of "Guardians of the Galaxy," though that may be an unfair comparison. The film probably had the best action of any Marvel movie; one actually feels punches connect as they do on screen and the people actually feel like they are in pain. This being opposed to the usual Marvel action where everyone just seems like they're getting hit repeatedly with a wet pool

noodle rather than a laser blast from a space gun or getting their teeth knocked in with Captain America's shield.

The shift in time periods was quite interesting; seeing this take place in the 1990s gave some new energy to the usually bored looking world of the Marvel Cinematic Universe. Naturally the acting was between acceptable and great, with Brie Larson nailing her role as an intergalactic warrior-turned-superhero and is very good with relaying the complex emotions her character feels in each scene. Samuel L. Jackson is Samuel L. Jackson, I feel like I don't need to go into explaining how Samuel L. Jackson's performance as Nick Fury is great because he is Samuel L. Jackson. He's usually the best part of these movies, though I think Larson outshines him in this one. The villains are villainous enough and give strong enough performances, however they don't have a lot of screen time and

that detracts from their ability to build up personas or shine in the film.

What's bad in this movie? Well, they are pretty much the same problems most of the MCU films have. The climax is extremely forced and feels tacked on because they were told they "needed one." There is a major twist in the story's plot which lacked any buildup. Like with most of Marvel's movies there are moments with tonal issues, like all the suspense being drawn out of one scene because Captain Marvel wouldn't stop cracking jokes. The main theme of the movie is boring; it doesn't evoke excitement and instead is just filler sound.

Overall, "Captain Marvel" is a very strong film, with most of its drawbacks coming from the Marvel Formula. I give it eight "Star Wars" out of ten. I suppose this means the next "Star Wars" movie will feel like a Marvel movie, so that the force is perfectly balanced, as all things should be.

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State Basketball

Highlights in photos of the NSAA Boys State Class A Basketball Championship

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Spring Sports Team Captains

Inside look on the duties of the tennis, track and field, soccer and golf team captains

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Dahly Diving

Sophomore represents Central, OPS at state diving meet

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sports & leisure

THE REGISTER

Vol. 135 No. 5 | March 28, 2019

STATE SHOWDOWN

Varsity basketball team brings home the state runner-up title after tense championship game

Aerobics teacher dedicates 20 years to sports

Mackenzie Coughlin
staff writer

At Central, there are many teachers that have made lasting impacts on countless students' years, however, one would not expect a PE teacher to have this effect. Ms. Studer, aerobics teacher, contradicts that statement by saying she has done more one-on-one counseling than she would behind a desk.

Being a PE teacher for Ms. Studer means to help students achieve their goals and to be a support system for them along the way. A main part of a student reaching a physical goal is education on the workouts, their body and the right nutrition. Ms. Studer focuses on teaching important curriculum that will directly apply to the everyday workouts of the class and daily life.

Studer has very much dedicated herself to her physical fitness and health and makes the most out of every class from the warm-up to putting equipment away. "I played sports all my life and enjoy being active," Studer said.

This is Studer's 21st year teaching at Central. "When I first came to Central, I took the previous aerobics teacher's spot. This was not my specialty at the time, so I had to teach myself by visiting gym facilities, videos and clinics," Studer said. It really was pure coincidence that Studer was placed in the aerobics position, but it turned into something she loves.

It took Studer five years to become a full-time PE teacher, and she has a variety of endorsements in other areas including adapted PE. "Teaching ACP PE is very rewarding. Many of the students look forward to working out and playing. They get really excited when they accomplish the simplest things that some of us take for granted," Studer said. Studer is one of very few teachers to be endorsed in adapted PE.

Along with working the normal school day, Studer also gets involved in after school events. "In the fall I work football, volleyball and softball. Winters I work basketball and swimming. I also have been on a variety of committees," Studer said.

Studer believes that students have the misconception that aerobics is all about dancing. "Aerobics is any activity that gets your heart rate up for long periods of time. The class is designed to be an alternative for sports classes with working out and learning a variety of skills," Studer said.

Aerobics has a beginning class as well as an advanced class. Beginning aerobics is an introductory class to show students different ways to work out and different classes that they may see in a gym facility. Students learn proper techniques and get the opportunity to create their own workout. Studer said, "Students should take this if they want to learn how to kickbox, step, yoga, tone, spinning (biking), dance and other fun aerobic-type activities."



DILLON GALLOWAY | The O-Book

Senior John Tonje jumps to score a point in the third quarter of the tournament game against Westside. The Eagles went on to lose to Omaha South in the championship game 58-56.

Ari Saltzman
staff writer

"We got the ball back and then obviously we lost the ball, and they got a bucket." That is how Central head coach Eric Behrens remembers the final seconds of the 2019 Class A Boys State Basketball Tournament. That play would prove to be decisive as Omaha South beat Central 58-56 earlier this month at Pinnacle Bank Arena in Lincoln.

In the previous two seasons, Central had arrived at the State Tournament with lots of momentum. That momentum was halted each of the two previous years, as the Eagles got bounced in the quarterfinals both seasons.

This year Central played Westside in the state quarterfinals and it looked like the same thing was going to happen when Westside hit a three to take a 63-60 lead with 49.4 seconds left. However, Central responded with a quick 6-0 to lead by three with 9.7 seconds left. Westside's look to tie the game failed, and the Eagles advanced to the state semifinals. Behrens said Central was, "Fortunate to come out on top," and it was a "really competitive game." He credits his players for making big plays down the stretch and winning the game.

In the semifinals, the Eagles played the #1 seed in the tournament, Bellevue West. Central may have played their best half of the season in

the opening 16 minutes, as they led the Thunderbirds 37-17 at the break.

Central was on cruise control in the second half leading 57-29 after three and winning the game 71-57. Behrens said, "I thought our guys played really well. I thought we attacked the press really well and changed up our defenses a little bit and just seemed to find some success. It was probably one of our better games of the year."

Central was looking for its first state title since 2013 when they took the floor to play South in the final. Central jumped out to an early 5-0 lead and led 16-9 after 8 minutes. It was a mostly even second quarter, and the Eagles led 29-23 at the break. South made their run in the third quarter and took a 36-35 lead late in the period. The lead then ballooned to 6 with 3:38 left, before Central went on a quick 9-3 run to tie it at 56 in the final minute.

The Eagles played good defense and got the ball back with one shot to win the state title. However, South forced a Central turnover and scored the game winning bucket in the final seconds. South 58, Central 56. Behrens said, it was "a lot like Thursday in the sense that it was just going to come down to the last minute." He said it was "an unfortunate way to lose a game."

#1 JOHN TONJE #3 LATRELL WRIGHTSELL JR. #10 MAXWELL POLK



Height: 6'5

Position: **Small forward, Shooting Guard**

Points Per Game: 23.8

Rebounds Per Game: 6.1



Height: 6'1

Position: **Point Guard, Shooting Guard**

Points Per Game: 17.1

Rebounds Per Game: 3.8



Height: 6'1

Position: **Point Guard, Small Forward**

Points Per Game: 13.1

Rebounds Per Game: 2.6

SPRING SPORTS TEAM CAPTAINS

The leaders of the spring sports this season tell their stories and reflect on their leadership



Photo Courtesy of NICK LARSON

Senior Nicholas Larson runs the 800 meter dash at the Central track invite. The meet was held at Burke high school during the middle of the 2018 track season.

NICK LARSON - BOYS TRACK

Anne Gallagher
executive editor

The recent start of the spring sports season allowed boys track team captain Nicholas Larson to step into his position as team captain. Over the past four years, Larson has developed his running skill in order to achieve the title of team captain.

Not only is Larson one of the best runners on the team, but he has also developed his leadership abilities by being a varsity athlete for the past four years. He knows he is a fast runner, but always strives to improve which has solidified his position as team captain.

A normal day at track practice obviously includes running, but for Larson every practice is an opportunity to lead by example. He enjoys "leading the kids through the workouts and showing everyone the ropes."

Past team captains have shown Larson the value of inclusivity within the team. "I know I've had experiences with people that seem to be kind of left out," Larson said, "I think they could have been better athletes if they would have just been included in the team more."

As a leader, he recognizes the necessity in being able to take people in and "give them a push." He also values kindness and tries to give every runner an opportunity to succeed, regardless of their age or ability.

His coach has showed him how to display confidence which has helped him guide the team. Coach

I'm not really showing out for just myself or fans, but for my teammates also.

NICK LARSON
senior

Elliot Evans is the ultimate leader of the team, but Larson is able to contribute to workouts through this confidence and the mental toughness he has learned over the past four years.

Although he is eager to see how the season goes, he thinks the team is "lacking in the fire-power" this year. "I hope we can have a lot of guys represent in varsity races and a lot of representation at the state meet."

Larson is humbled by the opportunity to guide the team. "It's cool to be able to be looked at as a role model for the younger kids," Larson said. As a senior, he is finally able to showcase his abilities while also guiding younger kids to reach the same amount of success as him.

Although sprinters and distance runners are separated during practices, Larson acts as a role model for the whole team. "It means a lot being the person people can look up to... it's nice to know and it gives me confidence when I race," Larson said.

Overall, Larson appreciates his position and ability to lead the team. He knows that running is a team effort and gives every practice and meet his all so that the rest of the team knows the way track should be run. "I'm not really showing out for just myself or fans, but for my teammates also," Larson said.

BLYTHE PETERSON - GIRLS TENNIS

Mac O'Brien
staff writer

ably the worst thing about this season," Peterson said.

About half of the six-person state team will be taking the tests and this isn't the first time IB tests have interfered with state tennis.

"Two years ago, my partner left in the middle of our match with Marian, so we had to forfeit because she had an IB test," Peterson said. "That was great."

Usually, she said, the team does very well in the first round of state before they are paired up with a team like Marian that has a large pool of people to recruit from and more access to courts. She enjoys metros more because "there's a consolation round, so if you lose your first round you don't have to leave right away."

"I think there's an aspect that every sport needs of being competitive, but you also definitely want to have fun," Peterson said. "There are some girls that will throw their rackets and hit the fence every second, and there's no reason to be that stressed in a high school sport. Especially because most of us aren't really thinking of playing in college."

Peterson herself is unsure of whether she will keep playing after high school. She's committed to Bowdoin College and says it depends, to some degree, on how good their team is.

"I definitely could play club tennis," Peterson said. "I'd be interested in doing that and more of a recreational kind of thing than being fully committed to a team."

Whatever she decides, Peterson said she is happy for the time she's spent playing tennis and for the relationships she's made along the way with teammates and coaches.

"They're like my second family," Peterson said.

Blythe Peterson has been playing tennis since she was three. She plays tennis with her family during trips and has, for the past four years, played over her summers while working for a country club. She has qualified for state tennis every year of high school.

Part of what draws her to the sport, she says, is that it allows her to be both an individual and a part of a team.

"Most of your matches you're playing individual... But you also have the team aspect of it, that you're all together and practicing together and wearing the same uniform," Peterson said.

Over the years, Peterson's role on the team has changed; her experience teaching tennis has led her to take on more of a leadership role by helping the JV team and planning practices with her coach. The experience, she said, has taught her lessons about leadership that have carried over into other aspects of her life.

"Your leadership in sports definitely correlates to your leadership in classrooms and school. Being able to connect with your teammates is kind of similar to your peers in class," Peterson said.

Off the court, Peterson is rigorously involved in academics, including participation in the International Baccalaureate program. Her academic life, however, is threatening to interfere with her tennis season since some of the IB tests are scheduled on the same days as state and metros.

"Since a lot of seniors are in IB this year, our tests are going to get in the way of us playing metro and state, and since you can't move the IB tests, a lot of us won't be able to, which is prob-



Photo Courtesy of BLYTHE PETERSON

Varsity tennis player Blythe Peterson holds her racket before practicing at an indoor tennis court. After four years on the team, she has assumed the position of tennis team captain.

ANNE GALLAGHER - GIRLS TRACK

Molly Ashford
editor-in-chief

Anne Gallagher has been a member of the cross-country and track teams for the entirety of her high school career. After three years as a distance runner, she has taken up the role of team captain for the 2019 spring season.

"I really love the team and everything that they have brought to my life", Gallagher explains. "I have always felt comfortable in a leadership position and since I feel so passionately about track, I figured that I would try to lead my team the best that I can as their team captain".

A normal day for the girls track team includes warming up and stretching before splitting into groups of distance runners, sprinters and throwers. Although this makes the team more divided, Gallagher says "it is important to include all of the runners in the team aspect of the sport, we are all lady eagles and it is important to recognize that the team is a cohesive group of girls who all care about each other".

Gallagher's first three years of cross-country and track were injury-free, but as she began conditioning for the 2019 spring season she developed shin

splints. "it really sucks to be injured and to not be able to run alongside my girls every day" Gallagher said, "but through constantly supporting the team and cheering for them at practice, i still feel like I am fulfilling the leadership position that the girls deserve".

Shin splints stopped Gallagher from running at both of the indoor meets this season, yet she feels confident in her ability to recover and eventually join the team in the upcoming outdoor meets.

"I am a very competitive person, but I understand that I needed to sit these meets out in order to better myself and my team" Gallagher said. Through resting her shins and spending practices cheering on her team, Gallagher has become more apt to manage her injury, rather than becoming worried that she has not been able to run as much.

"To be honest, i'm not as good as I used to be, but that doesn't mean that i won't do a good job at guiding and leading my team this season" Gallagher said, "this team is so important to me, and I can't imagine running for any other school because I love the girls, the coaches and the overall environment that Central provides".

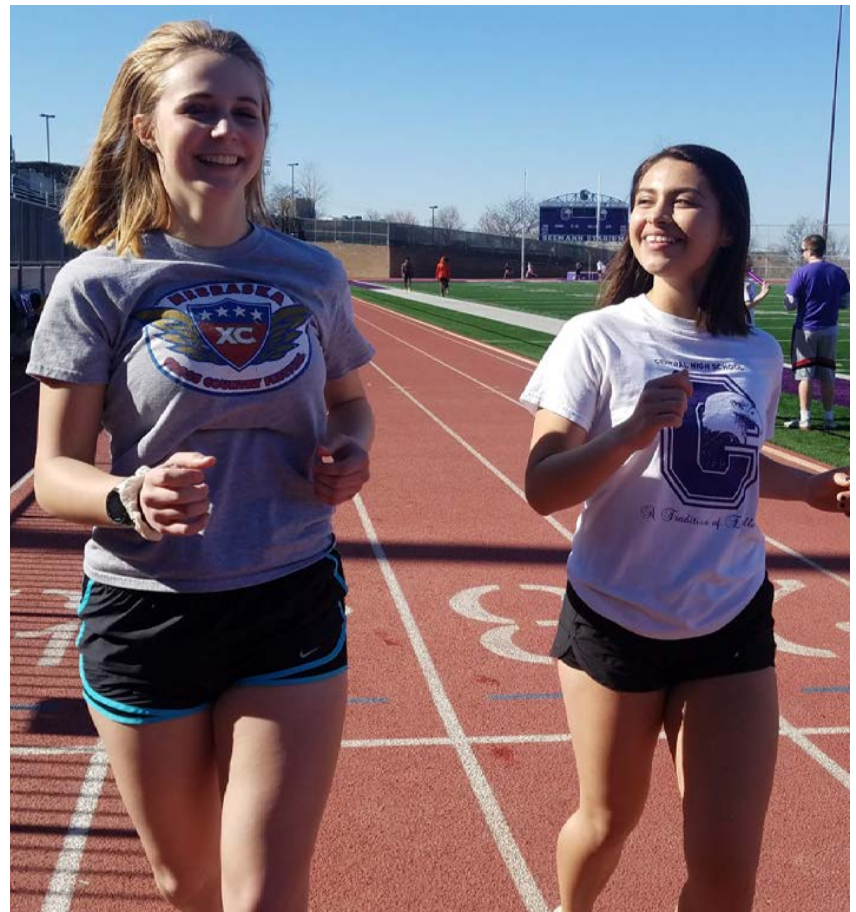


Photo Courtesy of ANNE GALLAGHER
Seniors Anne Gallagher and Elaine Velez laugh while running around the track. To prepare for meets, the team uses the track to warm up and practice starts.



Photo Courtesy of CHARLES LEVY

Boys golf team captain Charles Levy swings his club during practice. As a basketball manager he learned what it means to lead and coordinate the operations of a team.

HUDSON HOOPER - BOYS SOCCER

Olivia Gilbreath
staff writer

Boys soccer team captain, Hudson Hooper, has a positive attitude concerning the team's performance in the upcoming season. Hooper was the team's captain as a junior and is ready to continue leading the team for his final year of high school. The captain plays center back on the field and has gained skill and comfortability throughout the past four years. "Our team is a lot more focused and dedicated to working hard in the preseason," Hooper states, regarding this year's team, "So I'm excited to see how that plays out on the field."

After two years of leading the team and 15 years of playing soccer, Hooper has gained experience in the sport. His responsibilities as team captain include leading pregame warmups, keeping his teammates on track during practice and discussing strategy with the coaches. Hooper likes to approach his position in "leading by example," but he hopes to take a more verbal approach with his teammates this year, saying, "I can always work on being vocal and communicating with our players. Especially as a senior, I've been trying to lead verbally."

Since he loves the sport and has so much experience in it, Hooper has smoothly adapted to the leadership role. He claims that the easiest aspect of the position is forming relationships with his teammates. Hooper voices his opinion, finding the

most difficult aspect of his role to be arguing against points he disagrees with. The unpredictability of the outcome of each game is exciting to Hooper and he admires the reality that one can never become too comfortable in the game and players must always stay on their toes. He states his favorite element of soccer being "the fact that anyone can compete with anyone, because it makes every game interesting."

After graduation, Hooper is undecided on where he will be attending college, but he plans to study computer engineering. He hopes to play for his school's club soccer team, and if not, he will continue to play soccer intramurally. Hooper previously played for the soccer club teams Omaha Futbol Club and, more recently, Azzurri. This season he has recognized areas to improve himself, disclosing, "From a personal perspective I'm working on staying focused with every pass I make and every touch I take to become a better player technically."

According to Hooper, the team has high hopes for the 2019 boys soccer season. In practice and preseason, the boys have been working hard to improve as a team. Hooper divulges that each player needs to make individual adjustments so the team can become better together. The team has worked a lot on drawing out formations and strategy that work best on the field. "We used to be satisfied with going .500, but now we believe we have a chance to win every game," affirms Hooper, "We will be disappointed if we don't find ourselves in the state tournament."

CHARLES LEVY - BOYS GOLF

Simon Bullerdick
staff writer

With the basketball season finally ending, a lot of students are looking forward to the upcoming soccer season. However, Central is also home to a proud, strong golf team that shouldn't be left in the shadows with a team consisting of two seniors: Trae Brown and Charlie Levy. With a two-and-a-half-month season including nine tournaments and two duels, they put a lot of time and effort toward the game. There's a lot of good players at rival schools, but they still push to challenge themselves and they deserve our support this season.

Basketball manager, senior player Charlie Levy, looks to make this his best season yet. Charlie will have to push for it just like he helped push the basketball team to state. With a first-place finish at Elmwood under his belt, he just needs to keep that mindset and play as a leader for the team to be the best they can be. I asked Charlie what advice he had for the new players on the team and he said, "My advice to freshman and incoming golfers is to work extremely hard day in and day out and to swing your swing, shape your own game. Your mental game is just as important as your swing, being strong mentally is vital to having a complete golf game. The payback will be great if you put in the hours on the course."

Golf has always been important to Charlie; starting young and working as a gold caddy during the summer, he's always been around it and it strengthens his game. "Golf has always been important to me," Charlie said, "Golf is important to me because it has taught me a lot of great lessons. I have put a lot of work into it and the game has rewarded me with many great experiences and relationships."

This golf season is on track to be great and hopefully, with the right leadership from the coaches and players, it will be as rewarding as the other sports' seasons.



Photo Courtesy of EMMA NIELAND

Hoiberg promising coach option for Nebraska basketball



ARI SALTZMAN
GO BIG RED

Deep down, we all had to know; we had to know that a Nebraska basketball team that was 13-4 and ranked #24 in the country was going to let us down. We had to know a team that beat Creighton by 19, Seton Hall by 23, Oklahoma State by 23 and Clemson by 2, was going to be off the bubble come the end of February. As inexplicable and freakish as the utter collapse of this team has been, the program has to suffer the consequences, and so does the head coach.

Tim Miles has done a good job at Nebraska. Look at where the program was when Doc Salder got fired. It was pretty much nothing. In his seven years in Lincoln, Miles has risen the profile of the program significantly. Nebraska has a new arena and Miles' run to the NCAA Tournament in 2014 might have a huge effect down the road. That run put so much energy into the program and its effects are still present today. Returning most of the team that made the tournament in 2014 and with a preseason ranking to its name, Nebraska completely tanked. That was followed by a disastrous 2015-16 season, and the Huskers lost nine in a row to end 2016-17. Nonetheless, last year, Nebraska went 13-5 in the Big Ten and 22-9 overall. The tragedy of that team not making the NCAA Tournament led to enormous expectation for 2018-19. Everyone was happy after Nebraska dominated Indiana at Assembly Hall. They were 13-4 on the year. The Huskers lost close to Michigan State at home, and then a 31-18 lead to Rutgers was the last time any Nebraska fan was truly happy this year. Nebraska gave up a 15-0 run and the rest is history. It was game two of an eventual seven game losing skid. Game three of the skid saw Isaac Copeland blow his knee, and he was out for the year. Even on Feb. 19, the Huskers had a shot. All they had to do was beat the worst team in the league, and Miles' team would have been firmly on the bubble. Well, we all should have known what was going to happen. Penn State 95, Nebraska 71.

Miles was almost certainly fired at the end of the death march that was the last 8 weeks, but his time in Lincoln should not be remembered in the same breath as Collier or Sadler. He brought energy into this program, and that energy will hopefully transpire into the first ever big name hire in Nebraska basketball history.

There is one realistic hire who can instantly boost Nebraska's profile. That would be Fred Hoiberg. Hoiberg was fired from the Chicago Bulls in December. It ended an NBA career that was not exactly successful. At the collegiate level, Hoiberg was a rock star. He took Iowa State to unprecedented heights in his time in Ames. He made four NCAA Tournaments in five years and was consistently near the top of the Big 12. Hoiberg also has connections to Nebraska, and his grandfather coached the Big Red from 1954-1963. He was born in Lincoln, and his niece is involved in the Nebraska basketball program while she attends college at UNL. Hoiberg also knows college basketball in this part of the country better than pretty much anyone alive. This is clearly the right fit for Nebraska, and Bill Moos needs to do everything he possibly can in order to bring him to Lincoln.

The Tim Miles era at Nebraska can be seen as a transition period. He elevated the profile of the program significantly, successfully opened a new arena, and helped Nebraska get used to life in the Big Ten. He could not quite get the program over the top. Now is the time when the guy that can do it gets hired. Hoiberg did it in Ames, and there is no reason why he cannot do it in Lincoln. It is time for Nebraska to open the checkbook and bring in a big name hire, specifically Fred Hoiberg.



Photo Courtesy of **DAHLY LONG**

Dahly flips off of the diving board at the state meet. She placed 5th in the competition.

Sophomore only female OPS diver at state

Pangaea Kaan
staff writer

Dahly Long is one of the few Central High School students in history to medal at the Nebraska State Diving Meet. She started diving in her freshman year of high school and is currently a sophomore.

"I used to be on a national tumbling team but wanted a change, so I started dive because it was different, and it seemed like an easy transition from gymnastics."

Throughout her two years of diving, a valuable lesson she's learned is overcoming her fear of diving. "A lot of people think diving is a scary sport, but the lesson I've learned is you cannot let the fear control you on certain, seemingly scary dives; you have to be mentally strong."

Some of her biggest supporters have been her parents and her two coaches, Kevin and Peter.

"Diving is a mental sport more than physical, so when I'd occasionally get mental blocks, my parents and coaches would always be there to support me by helping me through it. I'm also very hard on myself and always wanted to break my personal record or add a more degree of difficulty to my diving list."

Through her diving experience, Long has experienced many important lessons. "Some big take-aways from diving are that you are your worst critic, especially since diving is an individual sport. Also, mentally, diving is a tough sport. Eventually I realized that if I want to be good and achieve something in dive and possibly

get a scholarship, then I have to be mentally strong and not let fear control me."

This was her second year making it to state, which she described as a surreal experience. "Going into the state meet, I was the only OPS diver, so I knew that I was representing the entire district. I also knew that I had been practicing hard enough that I had a good possibility to place in the top eight."

"I honestly just wanted to do better than I did at state last year at state, which was 14th," she said. "I tried not to let everything about the television cameras or other divers get in my head and just try to do my personal best."

You are your worst critic, especially since diving is an individual sport.

DAHLY LONG
sophomore

Through her hard work and strong will, she was able to successfully place 5th in the state, earning our school and district pride.

Long's diving career has allowed her to create great memories and friends from the community. "My favorite part of diving is meeting new people, since the dive community is small (but continues to grow) everyone is very close and supportive. Plus, my coaches rock so it's nice to spend time with them."

She plans to continue her diving career. "I will certainly continue diving my last two years of high school, then hopefully a Division 1 college will notice me and recruit me," Long said. "Trust me, I still have a while to go before college and time to improve and add more challenging dives to my list. But my dream is to get a diving scholarship to UCLA."

Duke freshman standout in March Madness

One name that has stood out more than others this 2018-2019 college basketball season is five-star forward for Duke University, Zion Williamson.

Zion is a freshman and is already known as one of the best players to ever play for Duke and in the game of college basketball altogether. Zion has already pretty much solidified the #1 draft pick for the NBA next season with the way he has performed thus far this season.

Many players from the NBA have recommended Zion to not risk his potential success in the league by playing in college. With the achievements that Zion has already had at the collegiate level, many are calling him the next LeBron James.

Zion Williamson is from Spartanburg, S.C. and is listed as 6 foot 7, 285 pounds. With being this big, most players have been known to struggle with mobility and quickness getting around the court, but Zion has been known to keep up with everyone else, making him stand out from others.

There has not really been another player that has his size with his agility. He has been named the ACC player of the week multiple times already in the season and has broken Duke's freshman single-game points record, dropping 35 points against Syracuse. Recruiting him, many coaches favored his ability of ball handling and passing skills, not to mention that he can block just about anybody.



JACKSON GODWIN
J G O D

As the season approaches the end of the year tournament, Zion will begin to think more and more of his future in basketball and where he will land next season.

Many players even recognized, if the rules had allowed him to, that Zion already had the talent to play in the NBA straight out of high school. There have been a very scarce number of players that hold the talent to play with grown men as an 18-year-old coming straight out of high school.

That is a reason why many players have told him not to risk having a career ending injury in his only college season that will jeopardize everything at the next level. Zion has

refused to sit out for the rest of the season and is focused on the end goal of winning a championship before he focuses on where he will be next year.

With March Madness happening, Zion keeps working to be the best he can be while helping the team at the same time. His potential could make him one of the greatest basketball players ever to play the game and many are anxious to see how he turns out at the next level.

STATE BASKETBALL

The boys basketball team came so close to winning the state championships. After a close game, Omaha South took control of the final possession it needed to win. Despite the loss, the Eagles stood proud after a game well-played.



Max Polk dribbles down the court, backed by the Central student section. Many Eagles turned up in Lincoln to support the boys, giving their chants of encouragement.



John Tonje lands a slam dunk.



Latrell Wrightsell Jr. celebrates after the victory against Bellevue West.



Max Polk goes for three against the Packers.



Abe Hoskins III eludes a defender from Bellevue West.



OMAHA'S ZOO

Lexi Blankenfeld | The Register

The zoo, with its wide diversity of creatures, has some of the most visually striking sites in the city. The Omaha Zoo is nationally recognized for its size and extensive Desert Dome.

