Presidential Candidates Start Campaigning

Election day is coming sooner than you might think! Check out profiles of the candidates and find out what a couple of Central students are looking for when going to the voting booths next year.

NEWS, PAGE 2

Occupy Omaha Forms

Omahans camp out downtown to express their concern with current economic situations across the US. Is this a movement promoting economic equality or another group of protestors asking for hand-outs?

NEWS, PAGE 4

11 TIME NSPA/JEA BEST-OF-SHOW WINNER □-□ NATIONAL PACEMAKER AWARD WINNER

Thursday, Dec. 8, 2011

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THEREGISTER

Central High School

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A HIGH SCHOOL NEWSPAPER PRACTICING PROFESSIONAL JOURNALISM

Grad's passing memorialized online

BY ESAU RENDON

2011 Central graduate Malcolm Minnifield passed away on Oct. 13 day leading many students to flood social media sites like Facebook with messages of sadness.

The social network was how Central grad Alyc Beasley found out.

Sophomore Noah Kohll said he had seen statuses regarding the death of Malcolm, however found out through a text

"It's crazy what social networking does to connect people through certain events," said Kohll. "I found out through a text message from my friend Matthew Tillwick."

Some Facebook users also thought that it was a cruel joke. "I thought it was a joke and many people did too. It was unbelievable," said Kohll and agreed Beasley.

Beasley remembered thinking it was a weird prank but "did some searching and found out that it was real."

After his loved ones immediately found out about his death they held a candle light vigil the next day and the memorial service was held on Oct. 20.

Both which were described as "totally full with people lining all the walls," by Beasley.

Minnifield was born on Jan. 23, 1993 to parents Myron LaRahn Minnifeld and Lynn Mari Sheppard in Omaha, Nebraska and graduated in the spring of 2011.

He was a student at the University of Omaha Nebraska with a full scholarship and planned to become a photographer and filmmaker, according to his obituary.

His family included in the obituary that Minnifield was talented and hardworking.

Minnifield died young at 18-years-old, and left grief in a lot of his loved ones.

"There were so many people there," said Beasley referring to

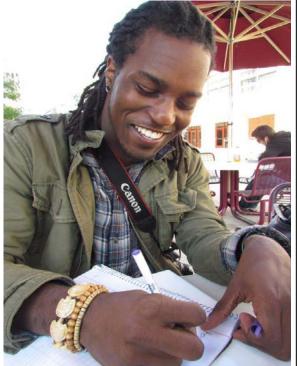


PHOTO COURTESY SUSAN PAYNE

Central graduate Malcolm Minnifield works on a journalism project during the beginning of October 2011. Minnifield passed away a few weeks later.

Minnifield's memorial service.

Beasley believes that Minnifield was truly loved and was happy when his mother said "she could see a part of him in all of us."

Suicide Hotlines and Organizations

Many organizations and agencies exist to help people who are considering sucide. Check out a few listed below.

To Write Love On Her Arms

To Write Love on Her Arms is a non-profit movement dedicated to presenting hope and finding help for people struggling with depression, addiction, self-injury and suicide.

The organization exists to encourage, inform, inspire and also to invest directly into treatment and recovery. They believe "You were created to love and be loved. You were meant to live life in relationship with other people, to know and be known.

To learn more information visit www.twloha.

It Gets Better Project

It Gets Better Project was created to show young LGBT people the levels of happiness, potential, and positivity their lives will reach .and wants to remind teens that they are not alone-and it WILL get better.

Here is their pledge: Everyone deserves to be respected for who they are. I pledge to spread this message to my friends, family and neighbors. I'll speak up against hate and intolerance whenever I see it, at school and at work. I'll provide hope for lesbian, gay, bi, trans and other bullied teens by letting them know that "It Gets Better."

To learn more info. go to www.itgetsbetter.org.

UNO holds annual college

The annual Education Quest-sponsored college fair held at the University of Nebraska Omaha went high tech on Sunday, Oct. 31 by using barcode scanning technology to absorb student information to send to colleges.

Information in the barcode scan included basic contact information like age, gender, ethnicity, and year in school as well as academic information, extracurricular activities, and ACT/SAT test scores.

"The barcode system made signing up easy, less time consuming, and more accurate," said senior Taylor Roundtree who attended

Traffic increased toward the end of the fair. The popular tables were the University of Nebraska at Omaha and University of Nebraska at Lincoln.

According to Education Quest, 4,141 students and parents combined attended the fair and 165 colleges participated.

Upcoming Education Ouest college fairs will take place at Omaha Burke High School Tuesday, April 1, 2012.

Creighton Prep's football team makes controversial list

BY JENNIFER ROONEY

On Thursday, Oct. 27, an article was published in the Omaha World Herald and broadcast on local news about 50 members of Creighton Prep's football team participating in a scavenger hunt including picking up items from a local adult novelty shop.

A photo was taken of some of the players outside Dr. John's Lingerie Boutique located at 72nd and Pacific Street.

Some of the items found on the players' scavenger hunt lists were to "take a group photo with a topless chick," "pic with a fat chick," "get in a yelling fight with a stranger in public" and "steal a varmulke from a Jewish Synagogue" as well as other controversial items.

"Going to Wal-Mart and trying on a skirt" were one of the least offensive item on the The list made its way back

to the school district, but the Omaha World Herald and school officials concluded that none of the activities were

successfully carried out. None of the football players recieved serious consequences, though some received in-school suspension and others were banned from some curricular activities including football practice.

Some think that the players should have had gotten a more severe punishment.

With 50 players, you have to figure out everything.>> Dionne Kirksey

> "Depending on what they did and how far they actually went with it should've determined their punishment, from detention to expulsion.

They should've been punished more severely though. That's pretty weak," said sophomore Noah Yoshida.

Football players, like any team players, now know how bad something may end up after doing something risky.

"I think we would just have to do a lot of running at practice, if this were us," said Junior Darius Gaines, on

The Omaha World Herald reported that if this were any other school that they would have been treated differently and it might not have made the news.

"OPS schools could not get away with anything," said Dionne Kirksey, assistant principal and activities director. "In my own opinion, I think if this was any other school, it would've been worse. The news is always tearing OPS up."

Kirksev also stated that if this was Central's football team rather than Creighton Prep's, the punishment may have been different, too.

"We would have to sit down as an administrative team and just go over the Code of Conduct book," said Kirksev. Kirksey feels that "with

50 players, you have to figure out everything," and those involved would have consequences based on what role they played in the incident.

Student aces ACA DECA math test with perfect score

BY TABITHA PANAS

"That's something that just never happens," says math teacher Greg Sand, referring to the perfect score on the Academic Decathlon math test that was earned by Iunior Marika Svolos.

This Academic Decathlon was held on Saturday, Nov. 5 at Creighton Prep High School. Svolos received a

standing ovation at Prep that Saturday for earning a perfect 1,000 on the test. The second place winner was also from Central, Sophomore Ryan Goding, who got an 880 on the test. The test includes math from algebra to higher

level calculus courses. There are 25 questions for the testtakers to answer in the short period of just 30 minutes.

"To be able to do all of that, in that amount of time, is ridiculous," Sand says, seeming obviously impressed with Svolos' score.

He estimates that probably only about 20 high school students nationwide will get a perfect score on this test every year and he doesn't know if it has ever even happened before in the state of Nebraska.

Svolos says she felt that she did well on the test, but explains that she thought the

test was going to be much harder. However difficult the test was, it obviously did not intimidate her too much. She also says that this test was somewhat of a practice test, and is goibg to prepare the Aca-Deca students for Regionals. Svolos plans to major

in math when she graduates from high school and is looking into the University of Chicago.

Even still, she has another year left in high school to continue to grow and maybe even earn another standing ovation before she

Apple founder passes United Way Campaign

Haunted House Reviews Hello Dolly Review

A guide to our club Tyler the Creater Central defeats Prep Eagles go to playoffs

11

What I like about you How much is too much?

Letters to the editor

Myths on applying for college 18

2011 Central High School Vol. 125, No. 2, 20 pages

INSIDE College Corner Students go to Minneapolis

Occupy Omaha



College Corner

See what the future plans are for some Central seniors.

Connor McNeely

Intended College/ University: University of Nebraska at Lincoln

Location: Lincoln, Nebraska

"UNL is a good school with a good enviornment, and I like Nebraska football."

Andrew **Ordway**

Intended College/ University: Metro

Location: Omaha, Nebraska

"I chose Metro because I can get a degree faster than at a traditional University."

News **Calendar**

December

John Baylor ACT Prep at 3 p.m.

ACT Testing at 8 a.m.

Winter break: no school for students

January

2 Teacher inservice day: no school for students

4

Science Olympiad Meeting

5

Road Show auditions at 3 p.m.

Senior meets President Barack Obama

BY KATHERINE SCARPELLO

Who would you consider the most popular man in the world? Some may say President Barack Obama, but could never imagine meeting him.

For senior Bridget Claborn, simply imagining meeting the President ceased as she shook hands with the leader of the country this past July.

"I was chosen from Girls State and onto Girls Nation," said Claborn, "and had an all-expenses-paid trip to D.C."

Initially those attending the trip, were only taking a tour until a few days before when they had a change in plans.

"We had a planned public tour to see the White House, but then they called us a few days before and they invited us to come for a picture," said

Claborn, who was the only Central student to visit the White House during

Going to the White House, the group of girls were awestruck.

"We went through security and it was just amazing, being in the White House and walking through all of the rooms,"she said. "He finally came in and the room automatically filled with a round of applause.'

Doing something like this is a once in a lifetime experience and must have an impact on a person.

"Leaving the White House all of us girls were just so excited and had such a sense of nationalism," said Claborn. "It really was a great experience."

New restaurant in Dundee to replace Subway

The Subway at 50th and Underwood Streets closed in October to make way for the French Bulldog, a restaurant specializing in fresh meats and

The French Bulldog, to be housed between eCreamery Ice Cream and Gelato and the Dundee Dell, will also have sandwiches with deli meats of

Owner Phil Anania is hoping to add something different to the

"I'm excited for the restaurant to open," says Anania. "I believe The French Bulldog will bring diversity to Dundee."

Anania and co-owner Anne Cavanaugh also own the Dundee restaurant Amsterdam Falafel and Kabob, which features variations of falafels and kabobs, Middle Eastern dishes.

French Bulldog, which will open in March 2012, will be one among many locally owned restaurants in the Dundee neighborhood.



PHOTO BY STEPHANIE PAUL/REGISTER

The Dundee Subway is the future sight of the French Bulldog, a deli style restaurant. Construction is scheduled to be complete soon for the grand opening in March 2012.

2012 Candidates begin campaigning, debating

BY TABITHA PANAS

With the 2012 Presidential campaigns already under way, there is much for a voter to think

Current President Barak Obama will be on the ballot for the democrats and the Republican nominee is still currently undecided.

Most seniors at Central will be old enough to register to vote next November and many issues they will be taken into consideration.

From the economy, to abortion, to gun control, to gay rights; a wide variety of beliefs will be established and prioritized among Americans to come to the conclusion of which president they feel will best fulfill their needs and the needs of their country as a whole.

There are currently 20 or more presidential candidate nominees, and they are all campaigning to win a spot on the ballot come next November.

However, the main nominees who appear at the top of the polls so far are Mitt Romney, Michele Bachmann, Herman Cain, Rick Perry, Ron Paul and Newt Gingrich

Cain recently suspended his campaign amid

accusations he sexually harrassed four women and carried on a long-term affair with another.

Though Gingrich moved up in polls following the first few Cain allegations, there is no clear lead among the Republicans. One will probably not show until the Republican Party officially nominates their presidential candidate to represent them on the ballot.

President Obama has already been named the president elect for the Democratic Party, and will not have to fight for a spot on the ballot.

Senior Myra Martinez will be old enough to register to vote next year and said she most likely will be at the polls on Nov. 4, 2012.

Issues important to Martinez include abortion, the economy and healthcare. Martinez is against abortion and says that she would not want a president in office who is pro-choice.

She also hopes that the next president in office "won't waste as much money on things that are not for our country."

this year and is being examined by not only

politicians, but many students as well.

Senior Malik Thomas, who will be voting in the upcoming election, said he is looking to vote for a president who will "keep us out of recession."

He states that economic issues are his main concern as he prepares to make a decision on who he will give his vote.

Thomas explains that the current economic standpoint of Greece could be detrimental to the United States.

"If Greece can't pay their debts," said Thomas, "it will trickle down to the U.S. and we will go into a recession."

While the issues are heavy and there is much that weighs on every voter's decision, the next President of the United States is still unknown and will remain that way until next November.

Thomas makes predictions for the election and says, "I don't think Obama will be president

Following the same view, Martinez states that from the Republican Party.

Party: Republican

Religion: Christian

Former Positions: 11-

Abortion: Pro-life

to drill at home

balanced budgets

Economy: promotes

term Texas Congressman

Energy: remove drillng

restrictions allowing U.S.

The candidates stances on important issues

Party: Republican

Lutheran Synod

Former Positions:

Congresswoman

Abortion: Pro-life Economy: massive

Gun Control: supports

individual right to bear

spending cuts

Minnesota

Religion: Evangelical



Party: Democrat Religion: Christianity Former Positions: community activist and lawyer, current president Abortion: Pro-choice Economy: appealing tax Marijuana: supports

medical marijuana

Barack Obama



Party: Republican Abortion: Pro-life Former Positions: Governor of Texas Healthcare: supports creation of jobs to cover healthcare benefits, repeal of Obamacare National Security: strong defense, stand firm with allies and secure borders



Michele Bachmann

Party: Republican Religion: Baptist

Abortion: Pro-life Economy: proposes 999 deal on taxes- 9% tax on income, corporate and national sales tax Gun Control: firm supporter of second ammendment, supports state legislation of codes



Newt Gingrich



Party: Republican Religion: Mormon Abortion: Pro-life Economy: proposes ecomonic plan, "Day One, Job One" Immigration: stong supporter of legal immigration Marijuana: strongly against

Mitt Romney

PHOTOS COURTESY OF 2012-PRESIDENTIAL CANDIDATE.ORG

Herman Cain

Journalism students travel to Minneapolis

BY MEKENZIE KERR

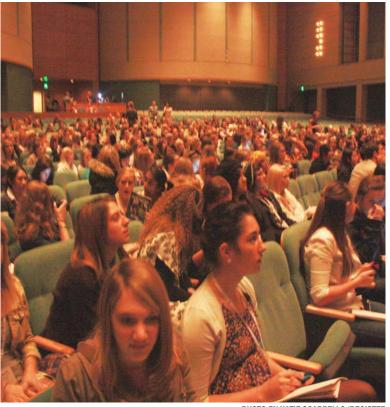


PHOTO BY KATIE SCARPELLO/REGISTER

High school students from across the country interviewed Daniel Radcliffe, star of Harry Potter movies, via satellite about his new film "The Woman in Black." Members from the Register and 0-Book, Central's journalism publications, traveled to Minneapolis for the JEA/NSPA Fall High School Journalism Conference. Central High Journalism students from the O-book and Register staffs went to Minneapolis, Minn. on Nov. 16 to attend the JEA/NSPA Fall High School Journalism Conference in hopes to take away fresh ideas and new methods to assist their publications.

Seniors Jayde Balentine, Katherine Scarpello, Mara Fletcher, juniors Jennifer Rooney, Mekenzie Kerr and sophomores Chelsi Balentine, Rachel Rief, Precious Gaspard, Stephanie Paul represented both staffs.

The conference sponsored by the Journalism Education Association and National Scholastic Press Association, is held for students all over the United States who are on their schools' newspaper or yearbook staffs, and actively pursuing journalism or interested in the area of study.

The conference, held at the downtown Hilton Hotel and Covention Center, presented a plethora of different workshops and lectures for journalism students to participate in from incorporating social media into old-fashioned print media to learning how to be a better editor, the choices were vast for students of all positions.

"The biggest thing I took away from the conference is to make conversation with people instead of straight interview questions," said Gaspard, "and I feel like I really bonded with my staff membrs." These daily meetings were held Wed., Thurs., and Fri. starting at eight am every day, lasting for about 50 minutes each.

Students were also given the opportunity to meet with professionals in different areas of journalism like ethnic media, op-ed, broadcast and news editor. These sessions were held in hopes to increase the knowledge in the professional field for each student.

Many of the journalism staff from Central said they felt the classes to be very beneficial, each of them taking away something to incorporate into their next issue.

Students also got the opportunity to participate in "Write-Offs!" in their specialized field of journalism to show what skills they possessed. Some noted a feeling of nervousness before the competitions, each having between 30-60 kids per section.

The awards ranged from "Excellent", "Superior", and "Honorable Mention" to exemplify the level of satisfactory work each student produced.

Rief not only took away skills to help her on the O-book staff, but also won 'Excellent' for the Yearbook Story and Caption Writing competition she participated in.

Central journalism staff rode home on Sun., Nov. 19, with a wealth of knowledge to put into the new issues and to encourage the yearbook, as well as forming a tighter bond as both staff and family.

Key Club: Doing good for the community

There's a club some students can get involved with and become apart of. Key Club has had been doing many in and out of school activities lately and will keep volunteering their time to whatever is needed.

Key Club, which comes from Kiwanis, is an international volunteer organization for adults as well as a shortened version for students around the world to volunteer.

Key Club has already gone to the Omaha Children's Museum, painted faces at River City Roundup, and helped with the domestic violence collection here at Central.

They plan to serve food at the Sienna Francis house and to gift wrap over the holidays. They wanted to do it at Borders, but they recently realized that Borders is closing and they're thinking of other places to gift wrap.

The group is also working on a project to donate to homeless children. Later they will go to nursing homes and do fun activities with the elders.

Two members are planning on going to a Key Leadership camp, which will have them work on leadership skills.

The members don't volunteer because they think they have to; they love being in Key Club and think it is a great club and really fun.

"The environment is so friendly," said senior Janessa Davis president of Key Club.

"Everybody is so friendly and nothing is awkward."

Some people think volunteering is one of the most wanted things on a college resume.

"Not only does it help the community, it allows you to meet new people and do new activities," said Michelle Synowiecki, Key Club coordinator.

Synowiecki was also a part of Key Club when she was in high school and college herself. "I really enjoyed the service work. I met a lot of good friends," said Synowiecki.

The group's main focus is to volunteer and help others get involved. They do things in everyday life to make a difference to one person at a time.

"You see the world in a different perspective," said Davis.

Key Club is a club that has been around for generations and hopefully will always be around as more and more people will be able to make a difference and do what they love and volunteer.



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The Register | News | 12.8.11

all Street movement occupies (

Occupy Wall Street branched out to Omaha and at a protest on Oct. 14, which lasted for days, the Omaha Police Department estimated 900 to 1,000 participants.

Though Omaha protests did not have as many participants as branches in other cities, many participants set up tents in the parking lot of the Black Sea restaurant with meals and even what appeared to be firewood that took them weeks until their removal by Omaha officials.

Many Occupy groups consist of a variety of demographics participating, ranging from middle-aged adults to high school and college students.

With the vast diversity of protesters, Central students were

not left out. One participant junior Diane Kirchmann seemed to be educated about the topic.

"We are trying to accomplish economic equality," Kirchmann said about her goal for participation in the group. "I disagree strongly with the way money is distributed."

However, some feel that many remain uneducated about the movement and what they really are about.

Economics teacher Derek Leslie feels someone needs to step in to address the group's concerns to a larger demographic.

"They do need a leader; someone they can talk to and get the message out to the mainstream," said Leslie.

Others feel that the Occupy Wall Street movement is idle

and will not accomplish anything but wasted time.

"It is just a bunch of people standing on the corner," said senior Jack Waldo. "I don't think they will ever accomplish anything because no one can really tell anyone how to use their money. Not to mention the U.S. is not communist."

Waldo said he thinks that many participating are not educated on the matter and probably just want to be a part of something.

Despite critics, Occupy Omaha protestors continue to camp out with signs publicizing future events and demands for people coming together as people and not corporations.



PHOTO BY ESAU RENDON/REGISTER

Occupy Omaha protesters camp out next to the Black Sea restaurant located on 2230 Farnam Street. Protesters shared meals, living spaces, bonfires, and support while protesting against big business and more

Student Democrats meet candidate for congress

BY PRECIOUS GASPARD

Douglas County treasurer John Ewing visited Central Sept. 29 after being invited by Junior Justin Hatfield to speak to Student Democrats about his running for Congress.

volunteers to "make phone calls urging people to vote, and spread the word, tell their friends and families about my campaign."

Ewing along with his wife Viv Ewing spoke positively about his 2012 run against the current Congress man Lee Terry. said his main goal for Congress if to help the 14 billion unemployed get back to working. Also strengthening the middle class by keeping jobs in America."

Ewing

he wins is

He also noted that he will work to impact conditions for those working in education.

"I want to help improve the education system by working with the teachers, administrators, students and parents."

Ewing also talked about protecting social security and medicare from privatization and creating more jobs; his main focus was to keep jobs in America.

Student Democrat sponsor Rita Ryan encouraged students in the organization to help the congressional candidate with his campaign.

"I would like Central High students to vote for me, help us go door to doors," said Ewing.

Even though Ewing currently has two staff members working for the campaign, he would also like student

I want to help improve the education doubt that he will lose. system by working with the teachers, administrators, students and parents. "

John Ewing

running for national office, and at that time it made him not want to run.

He decided he wasn't going to run , but his wife and daughter were able to convince him that he should continue to run.

"I had made up my mind that I wasn't going to continue," said Ewing.

Ewing said he is very convinced that his chances on winning are high with the help of Central High students. Considering that he has been the Douglas County Treasurer for almost five years, he has no

In the beginning of his campaign he was warned that there would be some personal attacks against him and his family that came with



PHOTO BY PRECIOUS GASPARD/REGISTER

Left to right: Justin Hatfeild, John Ewing, Viv Ewing, Cassandra Hannah. Hannah and Hatfield are the Student Democrats presidents .

Central teachers travel abroad

BY PRECIOUS GASPARD



PHOTO COURTESY OF JENNIFER STASNY Teacher Victoria Deniston-Reed visits the Dutch Resistance Museum in Amsterdam this past summer

Have you ever imagined what were the exact details about what happened during the holocaust and the effect? Teachers Victoria Deniston-Reed and Jennifer Stastny spent three weeks this past summer from May 24 to June 15 traveling all over Europe researching.

The two visited places like Austria, the Czech Republic, Germany, Hungary, Poland and the Netherlands in search of personal and historical research about the

The main purpose was to get more information and bring it back to teach

"Our goal was to learn as much as possible about the continuing effects of the Holocaust in Central and Eastern Europe," said Reed, "as well as learn about how populations continue to memorialize it and teach about it."

Stastny was interested in finding information not always presented about the Holocaust.

"There was just so much more available to see and a lot was information that isn't presented in America's account of the Holocaust," said Stastny.

Reed said the two visited the Anne Frank House and the Dutch Resistance Museum "as well as an excellent museum attached to the Jewish synagogue there."

The teachers got a grant from "Fund from Teachers" which encourages teachers to further their experience on a topic of their choice.

Stastny, who teaches Holocaust Literature, kept a journal, documenting what was seen, where they stayed, and the form of transportation taken.

The teachers also researched how different cultures and religions support monuments.

"Notable museums were the Warsaw Rising Museum about city-wide efforts to push back the Nazis and the Schindler Factory Museum in Krakow," said Reed.

The two teachers enjoyed the experience of learning especially learning more about the Jewish community during that time.

"In Budapest, Hungary there was another superbly organized museum about the Jewish community there,"said Stastny, "and the onslaught against it by the end of



PHOTO COURTESY OF JENNIFER STASNY Teacher Jennifer Stastny visited the Joods Historisch Museum (Jewish Historical Museum)in Amsterdam

Sophomore runner named All-Academic

BY PRECIOUS GASPARD



PHOTO COURTESY OF JOHN BEST

Sophomore Louise Mullen fights to make it to the finish line and break her goal. Mullen paced herself to

Instrumentalists make Allstate music festival

BY KENDALL PANAS

Hard practice and determination has finally paid off for four talented Central band students; Sam Bertino, 12, Brenna Paulson, 11, Michael Griffin, 12, and Patrick Nolan, 10, will all be participating in the All State Band/Orchestra concert on Nov. 18. Juniors Jake Reed and Matt Harald were selected as alternate band members.

The All State Music Festival is an annual concert where the best student musicians come together to perform in Lincoln. This festival is very similar to the All City concert, only on a

Once a year, students from high schools all across the state can audition for a part in one of the ensembles at the All State concert. The ensembles participating in the concert include Band, Orchestra, Jazz Band, and Chorus.

In order to be considered for a part, the high school musician must practice the assigned songs and then send a recording to university judges, who will then choose the best from each high school. "The secret is to just practice," said Patrick Nolan, who was chosen to play trumpet for the Orchestra. "No one likes to practice, but you have to in order to improve."

For all young and aspiring musicians, making it into an All State ensemble is a huge accomplishment. "To me, this means that I've progressed to a higher level as a musician. It's really quite an honor, and I'm proud to be involved," said Nolan.

The six Central students selected to play in the concert will travel to Lincoln to rehearse for the big performance on Nov. 18. There are normally two or three rehearsals with everyone throughout the state, according to Nolan, but each individual musician is required to practice the

Though there is no Regional or National music festivals for high schoolers, the musical accomplishments do not stop after All State. "Making it to All State looks really good on a college resume, and that can open up a lot of opportunities for musicians," said Nolan. These talented six Eagles are eager to go to Lincoln and show the state what they are made of.

12 students qualify for All-State

BY TABITHA PANAS

The All- State Music Festival is just around the corner, and Central's choir seems to be roaring and ready to go.

Auditions for All -State Choir were held on a Saturday in Oct. where 12 singers from Central were selected to participate.

Senior Dawaune Hayes has tried out the previous two years and was proud to finally be accepted into the choir this year.

He explained that he was estatic when he found out. Hayes talks about the auditions, saying, "I was a bit nervous but I had practiced

He feels that he can attribute his being accepted into the All -State Choir to his practicing and growing. Also learning during

The 12 Central singers admitted to All-State Choir are senior sopranos Kaitlin Beck, Emily Hill and Elyssia Finch; altos senior Jasmine Polk and junior Annah Shipman; tenor seniors Jacob Wilson and Dawaune Hayes, juniors Dreizan Moore and Evan White: and Bass seniors Alexander Kinkead. Harrison Leitch and Jordan Christensen. Alternates for the concert include junior Maggie Fey, senior Shelby Larson, sophomore

Samantha Quintana, junior Terrell Brown and junior Joseph Fitzgerald.

The concert will be held in Lincoln on Nov. 18 at 7 pm.

The choir, made up of hundreds of high school students all across the state of Nebraska, will be singing "There is a Dose of Such Virtue" by Robert Young, "Fan Fare for a Festival" by Ron Nelson, "You Are the Music" by Dan Forrest, "Choose Something Like a Star" by Randall Thompson and "The Creation" by Willie Richter. The singers will stay the night at a hotel in Lincoln after the concert. "It is fun to stay in a hotel and hang out with your friends," says Hayes. Many other students are obviously excited as well.

Senior Iacob Wilson is also looking forward to the Saturday trip down to Lincoln. "I'm excited, not nervous," he says. This will be Wilson's second year participating in the All State choir and feels that he has not been in All State long enough to acquire sentimental feelings toward this concert that will be performed with so many other singers, but he says he will miss Central's close-knit choir a lot after he graduates. He says, "I've basically lived in the choir room since Freshman year."

Sophomore Louise Mullen was named Metro All-Academic for the Cross Country Team on Oct. 6 at the Papio South Metro Meet. To qualify for the award students must have a 3.5 GPA or higher.

Mullen is considered the number one runner for her team. " Louise is one of our best runners," said Coach Trent Lodge.

Mullen has made a great improvement that is seen in her timing and mileage since her ninth grade year, "She put in a great amount **44** can push myself

of miles over the summer," said Lodge. Lodge also said that the most of the improvement came from running to break more than 17 during the summer

Mullen looked minutes. forward to winning the award and her most significant goal in cross country.

Unfortunately she was sick the day they were giving out awards and was unable to receive her certificate.

"I wish I could have ran in that meet and been there for the awards," said Mullen.

Even though she did not run that day she still was able to win an award and break 17 minutes in the race before the metro meet.

Her main goals were to break 17 minutes and make it to state, "But I didn't qualify, I only broke it by like a second," said Mullen. Even though she only broke her time by a second, she still is going to strive to push herself to do her very best.

Next year, she plans to make it to state as a team. With constant hard work, she believes

to set more time records. "I can push myself harder, I really want to break more than 17 minutes, "said Mullen.

Mullen started running in the summer of training before freshman year. She found a passion for competitive running. Going on long runs seems to keep her going.

Mullen enjoys going on runs with her father, who encourages her the most to keep

She admitted that sometimes she got a

little lazy and would make up many excuses for not wanting or being able to run, but she keeps herself motivated to push herself to the limit.

"Once you start running you realize it's not that bad at all," said Mullen. Making it

to State is a big thing on her mind for the next two years to come. Her next big goal is to make it to State as a team, she plans to continue to work hard until next cross country season and encourage her teamates to push themselves harder as well.

Mullen makes plans to run track and practice the following summer after to make sure she keeps her endurance up while running.

"I'm going to run track so that I'll be ready and in shape," said Mullen. "I'll be able to make it to state and break more than I did last

Seeing from Mullen's records and latest statement she seems positive about it all. " I have no doubts," said Mullen, "that I won't

Apple Founder's death leaves imprint on world

harder, I really want

Sophomore Louise Mullen

BY MEKENZIE KERR

"We don't get a chance to do that many things, and everyone should be really excellent. Because this is our life. Life is brief, and then you die, you know?" said Steve Jobs in an interview with CNN Money, "And we've all chosen to do this with our lives. So it better be dang good. It better be worth it."

Jobs, the genius and visionary in the black turtleneck, according to CNN, behind the technology revolutionizing company, Apple, recently passed away on Oct. 5, at age

"He was one of the significant, first of many geniuses; a renaissance man," said Ben

Jobs fought a battle versus pancreatic center, in which he was diagnosed in mid-2004, according to Wall Street Journal online.

While his death will be mourned by the Apple company and fellow Apple fanatics, his legacy will continue to linger.

"I think the great thing is he has a legacy, he brought about half of the information age we are in now," said Strazdez, "The beauty in it is that the world has the knowledge he

"Steve's brilliance, passion and energy were the source of countless innovations that enrich and improve all of our lives," said Apple in a statement to CNN, "The world is immeasurably better because of Steve."

Central sophomore, Maryssa Brown, agrees. "I think it's huge because he has done so much stuff since the 1980's," said Brown, "Whatever he was doing he was making the world more

That energy and passion was what fueled the creative ability behind the 'bigger than Microsoft' company, according to magazine, Wired.

Jobs co-founded Apple computers in 1976 alongside his partner Steve Wozniak. In the Jobs' family garage, the duo sold Jobs Volkswagon and Wozniak's scientific calculator to get things booming, according to biography.

The both items. and the steps along the

way, amount to the market estimated value, said mashable.com, of about \$316.7 billion

Apple, originally known for what students say is "revolutionizing" computers, made home computers more intuitive, cheaper and compact. Not only did Apple revolutionize the accessibility of the computer but, with much thanks to Jobs, created the mouse, iPods, iPhones, and most recently, the iPad 2.

Jobs stepped down from is position, giving the executive chief seat to Tim Cook in Aug. 2011, in what journalists note to be a poignant note saying the resignation was due to medical

Jobs' body succumbed to the cancer that October morning. His life leaves a lasting imprint on all of the world.

"We've lost something we won't get back," Wozniak said in an interview with The Associate Press, the Wednesday after Jobs' passing, "The way I see it, though, the way people love products he put so much into means he brought a lot of

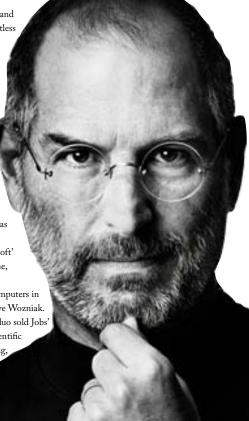


PHOTO COURTESY OF APPLE.COM



find some tips to blow them good-bye!

page 8

Plug-in with your peers...

Central offers a multitide of clubs for students to get involved in. Check 'em out! page 7

E.T.A

ENTERTAINMENT THEATRE ARTS

'Hello, Dolly!' is a Heck Of A Show



PHOTO BY JAYDE BALENTINE/O-BOOK Leading lady Emily Hill caught in action during the production of Hello, Dolly! The production was held the

PHOTO BY JAYDE BALENTINE/O-BOOK

Senior Emilly Hill, as Dolly Levi, speaks with Horace vandergelder, played by junior Joseph Fitzgerald ir Vandergelder's Hay and Feed Store.

BY ESAU RENDON

After a plethora of great reviews flourished in the halls of Central due to the matinee preview, Central High's Performing arts department put an outstanding show that received them a full crowd standing ovation on its last night.

weekend of October 21st.

Directed by new Drama Teacher Scott Mead, "Hello, Dolly!" followed matchmaker Dolly Levi in her attempt to find a husband with great vocals, costume, beautiful background and above all an excellent cast.

In her quest of finding herself a wealthy husband, Dolly finds Horace Vandergelder, the owner of his own hay and feed

Other than helping herself a partner she seeks to fix relationships with rich widow Irene Molloy and Cornelius Hackl an assistant to Vandergelder, as well as Molloy's assistant Minnie Barnaby (also an assistant to Vandergelder) and starving artist named Ambrose with the very saddened character Ermengarde.

Indeed the cast seemed to be selected quite wisely and made the whole production impeccable and coherent. The main roles were played by senior Emily Hill as Dolly, junior Joe Fitzgerald as Horace Vandergelder, Senior Dawaune Hayes as Barnaby Tucker , senior Shelby Larson as Mrs.Molloy, senior Bridgette Claborn as Minnie, senior Jacob Wilson as Cornelius Hackl, junior Annah Shipman as Ermengarde and sophomore Luke Gregson as Ambrose.

With the most memorable and Academy Award worthy actors of the night being Shelby Larson as Mrs.Molloy, Larson maintained a convincing and impressive submersion in her character along with great facial expressions and vocals.

Annah Shipman as Ermengarde was able to accomplish the difficult task of maintaining the same emotion for the

majority of the play effectively. Dawaune Hayes as Barnaby took the role of the innocent and naïve assistant to such an extent allowing the crowd to feel sorry for such an adorable character. Bridgette Claborn portrayed Minnie accurately as gossipy and nosey. Jacob Wilson made Cornelius Hackl opportunistic and girl-obsessed.

Characters participated in memorable scenes like the Grand Central Station act where countless actors flourished in the center of the stage and sang in unison along with staying in sync in their dance. The finale closed the play perfectly, with Dolly and Horace gracing down the stairs as newlyweds and welcoming into the elite Harmonia Gardens restaurant with song and cheer.

The most prominent actor of the night was leading lady Hill, who seemed to be without a doubt handpicked for the role of Dolly and rightfully so. She recited her lines adequately, being coquettish and playful as she depicted her role famously. She gave life to her lines with a great deal of character and charisma, which became the cherry on top of the "Hello, Dolly!" sundar

The flirty lines gave the sensation that this wasn't just a high school play; it could easily be seen on other platforms like the Omaha Playhouse or the Orpheum Theater.

It wasn't difficult to see that Hill showed how great she was as an actor and did not fail to sparkle and shine as the play's vivacious leading lady.

Regardless of being risky, the lines won numerous laughs throughout the show. Among those laughing was former director and drama teacher John Gibson making the play seem especially nostalgic with his very memorable, very rowdy chuckle, which didn't go unnoticed. "It's always nice seeing an old face and hearing Gibby's contagious and obnoxious laugh, obnoxious in a loving way"

Other reactions in the crowd were strong waves of claps that took place at the end of every scene.

But, what was most recognizable about the crowd's reaction throughout the show was the standing ovation that occurred after the finale.

The ovation was very well deserved to the worthy actors, stage crew, directors, orchestra and sponsors due to the excellence in sound, vocals, acting, costume, and setting.

Mead and the rest of stage crew, chorus, actors, and

orchestra definitely seemed to have aimed for an A plus and sure enough they got it, most likely due to teamwork and very rigorous work. Their togetherness was well displayed and gave off an enviable sense of family and belonging.

Mead thought they worked proficiently as a team.

"They worked very well to create Hello Dolly!, the cast and crew," said Mead.

Hill felt the cast and crew were so close they became a family.

"We rely on everyone cast, crew, directors, we became a family, I miss it," said Hill.

At the end I felt honored to have bared witness to one of the best productions I had seen at Central and feeling as if this production had been one of the many successful plays Mead will direct throughout his career at Central, which is likely to be long considering he is enjoying his days at Central.

Evident when he said "I am liking being here at Central it's a great place to be." $\,$

New drama teacher brings big plans, new ideas for drama

BY TABITHA PANAS

Scott Mead started his first year as the head of the drama department here at Central this fall and is already jumping into the job with his first musical "Hello Dolly" which took place during the weekend of Oct. 22.

"I really like the team/family mentality here at Central," says Mead, who has spent his past five years teaching drama at Burke. Mead graduated from Eastern Michigan University with his Masters in Fine Arts in theatre.

Coming into a new school and a new environment can be difficult, for students and teachers alike.

Mead says that he is still getting used to how things work and admits he has had to adapt and learn the ways that Central's performing arts department operates. However, he seems to really enjoy the diverse atmosphere of Central high school and feels that, even with the number of students, Central is a close-knit family. He has made the observation that Central is very "community oriented."

When former drama teacher John Gibson left last year, he left a talented drama department. Mead seems to realize this.

When asked about his goals for the future of the drama department, he simply wants to develop the drama department further. He says that he is not planning big changes, just to continue the tradition of excellence that Central has unheld

continue the tradition of excellence that Central has upheld.

Part of his goal to develop this tradition of excellence

further includes his plans for Central's drama department to participate in the District One Act Play Competition, for which he has selected the play "Birthday of the Infanta." Mead also wants Central's drama department to become members of the International Thespian Society.

Many students in the drama department seem to like what Mead is bringing to the school.

Senior Jacob Wilson said that Mead "is really organized and methodical about things." Wilson feels that this should help Central's drama department step up to reach all of their goals for this year.

"He is very enthusiastic," says senior Bridget Claborn, who has worked with the teacher.

Mead also plans to advertise the drama department more than has been done in previous years and establish more student involvement. The drama department has already put a big boost on publicity with their posters and announcements of "Hello Dolly." Their success was evident through the excited and the properties of the grand.

do the same with their future performances.

Among the various opportunities that Mead plans to bring to Central, he still feels that his main goal is to take things to the next level and "improve on what has already been created."



PHOTO BY ESAU RENDON/REGISTER

Their success was evident through the excited enthusiastic reactions of the crowd. They plan to Road Show coming up at the during the weekend of Jan. 27-29.

Club Special: A guide to the clubs and activities available to our very diverse and large population

BY ESAU RENDON

Culinary Club



Students with an interest in the art of culinary can attend meetings for Culinary Club in room 037 every Tuesday from 3 p.m. to 4 p.m. and join other students in the career exploring

Sponsored by Cynthia Schram, students participate in hands on activities in the kitchen and learn how to concoct the perfect meal, appetizer, snack or dessert.

Members also have the unique opportunity of interacting with professional chefs and mentors within the culinary community.

Latin Club



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lembers of Latin club practice for the Latin Certamen that occurs in late November.

Central is one of the only schools to offer Latin as a foreign language in the city let alone the state.

Truly, Latin is a class that doesn't go by unnoticed at Central and the fact that there is a club dedicated

With meetings held once a month in room 121 before the first bell, this club allows students to explore this ancient language to an extent outside of the classroom.

solely makes that evident.

Activities include scavenger hunts, movie nights and annual participation in the Latin Certamen (Latin for quiz or contest), which started in Nebraska at Central in

African American History Club



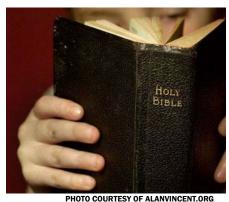
Rev. Dr. Martin Luthen King ,Jr. visited Omaha in 1958

Interested in history? If so, how about the African American History Club as an extra-curricular activity?

Led by teachers Patricia Brizendine and Rod Mullen, with meetings in room 113 every 1st and 3rd of every month, students get together to tackle issues relevant to black students, the community and the nation. The sponsors also provide students with letters of recommendation for scholarships and college as well as job leads.

Activities include canned food drives and clothing donations to the Open Door Mission, volunteering at the Sienna Francis House, Spring Downtown PHOTO COURTESY OF 0-BOOK Clean-Up and banquets.

Light Club



In meetings, Light Club members bring their Bibles to participate in the study groups.

Looking for a Bible study group? Well, you don't have to go to any church; you can stay put here at Central with our Student - led Bible study group.

Sponsored by teacher Jesse Busse, with meetings held every Thursday from 3 p.m. to 4 p.m. in room 311, students participate in discussions sprouted by readings of passages in the Bible.

Discussions from the Bible can range from being about a book to a topic on students' minds to the media. Light Club can be a great way to meet Christian peers and learn more about the Bible.

Gay-Straight Alliance



Central's Gay Straight Alliance members participate in a

The Gay/Straight network is a national network, however surprisingly this club can sometimes be absent from rosters of clubs at high schools in the

Luckily, at Central Gay Straight Alliance, which meets every first and third of every month, is alive and running providing students who are members of the GLBT and straight community with a safe and welcoming

GSA, sponsored by counselor Clyde Richards, works toward an environment full of people aiming to rid the school, the community, and the world of discrimination against people of different sexual orientations and gender expressions.

Step Team



PHOTO BY ESAU RENDON/REGISTER Step Team member Precious Johnson practices steps after

Available exclusively to students in grades 10th through 12th, one of this club's main focus is to produce outstanding routines for performances in the art of Step, a form of African dance.

Sponsored by LaTrina Parker, Step Team is not the only activity that students participate in; they also take part in community service and learning and developing the concept of working as a team. Members must meet the initial requirements of maintaining a GPA of at least a 2.5 and possessing good character and academic integrity along with no serious punishments such as suspensions and referrals.

Perception Club



Sophmore Linsay Wilson looks for a new perspective of

Inspired by the book "How to be an Explorer of the world," teachers Sue Oles andTracey Menten sponsor Perception

The group offers students an opportunity to discuss a different outlook on life, challenging them to think about every day lives.

Students can meet every Thursday from 3p.m. to 3:45p.m. in room 240 to try to broaden how they perceive anything and everything.

Physics Engineering



Club sponsor and member look at the space that they will take part in designing,

Sponsored by the Society of American Military Engineers and teacher Jane Colling, Physics Engineering Club, which meets every Thursday at 3:05 p.m., is unique because not many schools offer it as a club, but as a class.

Students who are interested in physics and the career of an engineer can participate in activities like the SAME regional competition in April where professional engineers mentor students in creating student based/ student-designed space in school

Physics Engineering Club also is a good place to practice knowledge in math, science, and of course engineering.

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Latino Leaders



Billingual Liason and club sponsor helps club members on

Latino Leaders Club brings to mind the population of Hispanic students in Central's population and although the clubs members are primarily Latino, being Latino or Hispanic is not a requirement.

Sponsored by Aleiandra Soto, with meetings every Wednesday after school, Latino Leaders is a club devoted to promote secondary education, cultural awareness, and community service with its participants. Activities in the club also

include guest speakers who are sometimes former students and college representatives as well as fundraising for charities or the club.

Diversity Club



With a school as diverse as Central it comes to no surprise that there is a whole club devoted to embracing that diversity.

Diversity Club has many activities all year round like community service, social events, collaborations with other Central clubs and collaborations with other Omaha area Diversity clubs.

Hands down, this club is perfect for meeting people from all backgrounds, ages and ethnicities and is led by counselor Ron Moore in room 127 with meetings held every other Tuesday from 3 p.m. to 3:30 p.m. after school.

Diversity Club members participate with other clubs to make

New Amazon Kindle Fire possible competition for Apple's iPad2



PHOTO COURTESY OF GETTYIMAGES.COM

Consumers compare the thinner Apple iPad's larger touch screen to Amazon Kindle Fire's smaller touch screen BY ESAU RENDON

In the midst of the entire tablet craze no one has been able to beat Apple's almighty iPad. However, questions are on the rise. Will Amazon's latest update of the Kindle be some hard hitting competition to the very prominent and ahead of the curve giant technology retailer?

Set at \$199 the Kindle is an android tablet complete with touch screen, games, internet, 8 GB, and weight of a measly 14.6 ounces. However it is still not an iPad, meaning that it is not as impressive to some.

Some of the things that make the iPad awesome include 16 to 64 GB, 3G, and Bluetooth while the kindle doesn't offer any of that.

"The iPad is certainly a more impressive machine, but that may not matter to every user", wrote David Price in PC magazine. This isn't surprising seeing how Apple has long been considered on the cutting edge and has even gained a considerable amount of attention from the public since the death of its former CEO Steve Jobs.

Even though Apple has a cult following, it wouldn't be smart to forget that the Kindle has developed a strong fan base as well and feel that the iPad is for internet and the Kindle is for books, even junior Sara Winkellbauer

"I don't necessarily like the idea of combining

Internet with books; I think they should be separate," said

Many other brands (i.e. Sony, Hewlett-Packard) have only created similar knock-offs drawing inspiration from the work of the great minds that produced the tablet with most notoriety. This is something that will run across the

Junior Joseph Fitzgerald thinks "the iPad is so unique even the other brands don't quite size up, at least yet.

The Kindle might win because it is a less expensive substitute to the iPad. That will also be a strong determinant with the buyers in the approaching holiday

The truth is that many are going to have dreams of playing with the iPad, but with the difficult economy many may receive the "next best thing", which is the Kindle Fire.

Surely the Kindle Fire has potential to fly off of local Wal-Mart's shelves, not because of its technological innovation connected to the irreplaceable iPad, but due to its penny-pinching appeal.

So for all those who would like to receive an iPad in anticipation of this holiday season don't be surprised if you get the 7 inch slab of a Kindle Fire.

Wilco's The Whole Love proves to be hard to love



PHOTO COURTESY OF GLORIOUSNOISE.COM

Wilco went with a minimalisite and contemporary art approach to

BYKENDALL PANAS

Wilco's seventh full studio album, "The Whole Love", was a highly anticipated buy for most Wilco fans. Released on Sept. 27, 2011, the album is a very average collection of songs, and it took a few listens to really get into it and appreciate the music. It would take a true and devoted Wilco fan to fall in love from first listen.

The band is an American rock/alternative band based in Chicago, Illinois. The group has produced an album about every 1-2 years since 1995. Ranging in sounds from rock to indie, Wilco's sound is

"Dawned on Me", perhaps the most famous song on the album, has a catchy tune and sound that I find myself humming throughout the day. The song features a lot of heavy guitar with lead singer Jeff Tweedy's voice singing a mellifluous chorus.

Containing both a classic rock and electronic sound, the song "Standing O" is very upbeat and new compared to previous songs. The background is filled with many different computerized sounds, a newer thing for Wilco. The only bad thing is Tweedy's voice which sometimes gets just a tad scratchy and unpleasant to the ear. The lyrics he sings are quite bland.

"Whole Love", the song the album is named for, has a more acoustic sound than the rest. The lyrics and instrumentals of the song are more similar to Wilco's earlier sound. The band's style started out more soft and acoustic, and it has evolved to a more alternative

"Rising Red Lung" sounds very similar to the song "Solitaire" from the band's earlier album "Wilco (The Album)". Both songs feature soft and melodic acoustic chords and soft vocals.

A personal favorite from the album is "Born Alone". The song uses a harder electric guitar. The band is very versatile and can accomplish many different genres of music.

At first listen, this album was really nothing special. A really bland song, "Sunloathe" is very slow at first. Electronic bells and strings are incorporated towards the middle, which adds a pleasant melody. Though the music was listenable, the lyrics were predictable $\,$

Although "The Whole Love" didn't fully engage me right away, I started to like a few of the songs about the second or third listen. Wilco is a band of diverse sounds and their new album is a must buy

Make sure to avoid...

Caffeinated Beverages

Winter symptoms got you down? Try these remedies to bring your pep back in your step

BY KATHERINE SCARPELLO

It's beginning to look a lot like-that time of year. Boots, hot cocoa and coughing up a storm. This is better

Not only is the common sick season vastly approaching, but end of the semester finals are just around the corner as well.

But what do these unwelcomed circumstances have in common?

Research shows that, while no one ever chooses to be sick, the conflict between the conscious and subconscious mind creates inner conflict, or stress, that may cause the immune system to break down. This build up of tension

also imposes extreme stress on the internal organs, which can be converted to physical or emotional illness.

Sure, there are defensive tactics against these sicknesses such as getting more sleep or bundling up in the cold, but that's not all you can do to make sure you won't have to miss any school days.

Some say "you are what you eat," and if what you eat is unhealthy, well, you'll be just the same.

So, don't want to be sick? Good choice.

Here are a few foods to help relieve all the stress of preparing for finals, and fight off the flu or cold before it

Almonds

Are you ever looking for something you can really dig your teeth into when you're stressed? Try crunching on almonds to get some aggression out. A good source of Vitamin B2 and E, as well as magnesium and zinc, almonds are high in fat, but most of the fat is unsaturated. Like vitamin C, vitamin E has been shown to fight the free radicals associated with stress, and in particular, those free radicals

PHOTO COURTESY OF THEORIGIN.COM

Cottage Cheese & Fruit

Cottage cheese is high in protein and calcium. "Foods with high protein content that aren't loaded with sugar won't cause a spike in blood sugar and will keep you satiated for a longer time," says Geise. Try mixing the cottage cheese with a fruit that is high in vitamin C like oranges. Vitamin C plays a role in fighting stress because it's an antioxidant that fights the free radicals that get released when you're stressed. These free radicals have been shown to cause cancer.



Foods rich in Vitamin B

These include clams, lentils, chickpeas and quinoa. Foods high in vitamin B have a calming effect on the body, helping to melt away feelings of stress and anxiety and enhance your mood. Fruits and vegetables with orange and yellow pigments are generally going to contribute vitamins A and C, as well as folate, which helps enhance the mood.



PHOTO COURTESY OF THEORIGIN.COM



Transfatty Acids

PHOTO COURTESY OF THEORIGIN.COM

Found in sweets like cakes, pies and cookies, trans fats compromise the immune system, which causes more stress on the body and also increases your risk for heart disease.

Caffeine injects adrenaline into

your system, giving you a temporary boost, but possibly making you fatigued and depressed later. Caf-

feine also increases the body's levels of cortisol, or better known as the stress hormone", which can lead to

other health consequences ranging from weight gain and moodiness to heart disease and diabetes.

> Along with these, sugar auses spikes in blood sugar levels, which robs your adrenal glands of their ability to control stress hormones and protect the body against stress.

PHOTO COURTESY OF THEORIGIN.COM



GK

Odd Future Wolf Gang Kill Them All, abbreviated as the illustrious OFWGKTA, is a collaboration of 11 talented artists ranging from mellifluous R&B soulful rifts to fluid, solid raps.

Frank **Ocean**

BY MEKENZIE KERR

Counteracting the eerie feeling of music that dominantes and is often associated with Odd Future, Christopher Frank Ocean, more easily recognized by his stage name, Frank Ocean, has recently began producing symbolic, easy-listening riffs for Odd Future, presenting a whole new vibe.

Ocean's career is just dawning on the music scene itself, with Odd Future to help promote the hype. After being evacuated to Los Angeles during Hurricane Katrina in 2008, Ocean began treading waters to pursue his own music career.

Midi Mafia, a producer, has backed-up most of Ocean's tracks, including ones from his phenomenal 63-some-track mixtape, "The Lonny Breaux Collection".

Diversity is present in both mixtapes "Nostalgia, Ultra." and "The Lonny Breaux Collection" from simplistic, heart-felt tracks accompanied by hard-

"Can't Be the Last Time", "Dust", "Strawberry Swings" and "Hardest Thing" are notably slow, R&B reminiscent melodies that intertwin a brilliant mix of lyrics and dope beats. Most impressive is "Acura Integurl", representing "Nostalgia, Ultra." opening with an easy-listening, almost sadly-effervescent melody, hauntingly breath-taking.

Most well-known are "Thinking About You" and "Swim Good", both incredible songs that display the true genius and burning passion behind Ocean's productions.

"Thinking About You" is an eye-opener into the vocal power singer Ocean possesses. Ocean's falsetto is pitch-perfect in the chorus, spewing out the think so far ahead? 'Cause I been thinkin' 'bout forever." Vocal range and strength is eminent in all his work, but most notable "Thinking About You "

But there's an aspect of Ocean that is even more stunning than his vocal, melodic intricacies. Lyrically-speaking, Ocean is a powerhouse of thought, stringing together lyrics that pack a true impacting punch towards listeners.

"We All Try" tells of Ocean's personal beliefs from "I believe a woman's temple gives her the right to choose, but baby don't abort" and "I believe that marriage isn't between a man and woman, but between love and love". Ocean's views and thought-process are empowering and very much his

Independent with a broad, bright future ahead, Ocean's music makes up a part of Odd future that would be sorely hurt if he wasn't in existence

Tyler the Creator BY CONTRIBUTING WRITER JAKE STIEHL

ent people's ears. Lyrics that wouldn't be necessarily very school appropriate filled his latest 16 track album, "Goblin". It is borderline a sequal to his first release "Bastard" that continues to follow the plot of his fictional therapist, Dr. TC and Tyler. Along with the same plot pattern his typical, lonely, judging and sadistic lyrics refer darkly to abandon-

like murder and drug use. It's nothing new or jaw-dropping to the underground music scene, but to the sort of audience who only pursues music coming from the radio, it could be quite alarming and catch one off guard.

Although the album may not fit everyone's tastes, the witty and well thought out lyrics combined with a catchy chorus or hook make record sales soar



PHOTO BY YOUR FRESHTRONIC.COM

MellowHype

BY MARA FLETCHER

Los Angelesborn OFWGKTA members Hodgy Beats and Left Brain coalesce flawlessly to form hip-hop duo MellowHype, arguably one of the more underrated elements of Odd Future. The pair's styles complement each other perfectly and demonstrate Odd Future's versatility, broadening the group's audience with lyrics more accessible to the general public than the trademark graphic flows of Tyler, the

Rapper Hodgy Beats, whose real name is Gerard Long, spits wordy, intelligent

Creator and Earl Sweatshirt.

which relies heavily disturbing content and shock value to hook listeners On several tracks. notably BlackendWhite's "Gunshots", Hodgy artfully conjures the golden years of old-school gangsta rap. Likewise, Left Brain (aka Vyron Turner) plays off the laidback flow with warm, funky beats that have earned him a position of respect from all

While staying true to the bellicose, chaotic style that defines

PHOTO BY YOUR FRESHTRONIC.COM

corners of the hip hop industry.

OFWGKTA, "Odd Future wolves ain't some passive artists," raps Hodgy Beats on "Brain". It's not an empty claim, either -- MellowHype succeeds in offering an accessible album for first-timers who might be put off by some of the over-the-top relentlessness of Tyler and Earl's tracks. It comes as not much of a shock that the most licentious tune of the duo's two album's is "F666 The Police" -- the one which most prominently features Tyler, the Creator.

The pair met through mutual friends while still in high school, with Hodgy searching for a producer and Left Brain for an artist. It was fate; the two are undoubtedly musical soulmates. At only 21 years old, the prolific duo has released two well-rated studio albums, YelloWhite in 2010 and BlackenedWhite in 2011. Another album, Numbers, is expected in early to mid-2012.

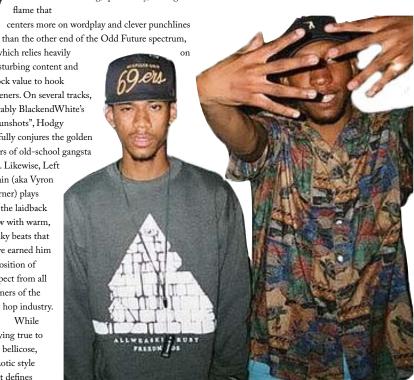


PHOTO BY YOUR FRESHTRONIC.COM

Fall sports review

See the highlights and stats of our fall players. Page 11

Central goes to playoffs

Central football teams makes its way to the top and make it into the playoffs. Page 11



Central defeats oldest rival Creighton Prep





PHOTOS COURTESY OF JOHN BEST PHOTOGRAPHY

PHOTO COURTESY OF JOHN BEST PHOTOGRAPHY

"We sent the message," said Dr. Keith Bigsby. And indeed we did; 38-0, the Eagles defeated their oldest football rival in history, Creighton Prep, at Seeman Stadium on Friday, Oct. 7.

Early in the first quarter, junior Quentin Williams ran the ball a miraculous 42 yards to put the Eagles up 7-0, and it was all uphill from there.

In the second quarter, the Eagles scored a 32-yard field goal kicked by senior Mykal Ramsey, scored another touchdown ran by Williams, and defensively shut down the Junior Jays, setting the score 17-0 at half time.

"Defensively, I think we played one of our best games out of the year," said Central's head coach Jay Ball. Though Prep is said to be Central's biggest rival, Ball said the team prepared like it was "any other game," practicing hard to play well and keeping confidence levels high.

"I think the game went really well," said senior varsity player Joe Pieper. "But there's always

Starting off the second half strong, the Eagles put up yet another touchdown. Score after score by Central, Prep just couldn't stand up; the game ended 38-0, yet another Eagle victory.

"I think we played outstanding," said Dr. Bigsby. "I'm really proud of the sense of community and spirit from the team, the band and pom squad, and the crowds of parents and students."

Clad in pink for Breast Cancer Awareness month, hundreds of fans cheered hard the entire game. "That's the biggest message we can send; not only the best in academics and athletics, but the best in community as well," Bigsby said.

Central's rivalry with Creighton Prep dates back to the beginning of the school's football teams. Before relocating to 72nd and Western Streets in 1958, Creighton Prep was located on the Creighton University campus, blocks away from Central.

Students from both schools grew up in the same neighborhoods, and the competition between the two schools was fierce. This rivalry between the two oldest high schools in Omaha has stayed alive over the years, sparking interest in Omaha natives young and old.

Often referred to as "The Greatest Game in Nebraska High School History," the game between Central and Prep on Oct. 7, 1960, was monumental in the development of the current

According to an article on Central's Athletic web page written about this historic event, the game attracted nearly 14,500 Junior Jay and Eagle fans alike, all joining together into Omaha Municipal Stadium (which later was called Rosenblatt Stadium).

The game ended in a 0-0 tie, which caused much controversy among fans. Ever since then, the rivalry has been as fierce as ever. Just last year, the Battle at the 'Blatt was recreated, but it resulted in a sad defeat of the Eagles. Community members supporting Prep and Central alike remember the Greatest Game in Nebraska High School History.

The rivalry between Central and Creighton Prep is the oldest and most known in all of Nebraska High Schools. This win over Prep means a lot to Eagles as a football team and a

Central sports evolves throughout the years

BY JENNIFER ROONEY

Omaha Central High School's sports' teams have changed throughout the decade and will

Now one might ask, what do we see when we look in the past of Central sports? What sports

have actually changed drastically throughout these years of high school? Every sport has gotten ranked just a bit different each year.

Central's football team, for example, is ranked #2 in the districts and #3 in Nebraska. Last year they were much lower as they were struggling to win just a few games. This year they only lost fans to OPS's Burke High School, but they will be playing them again having another chance to win. They plan on working hard through play-offs and making their way to state and winning it all.

Central's fan based has grown throughout the season as well.

"I'm really proud of the football team this year and I think they could go all the way," said junior Henry Gentle, "And everyone is very much into our football team this year because of how good we are, as we win more games, more people came and got more excited for them."

The year 2007 was the last year that Central's football team had won State, playing against Millard North. This year, Central beat Millard North again.

It seems as if every few years we have a freshman team with a winning streak that finally makes their way to become varsity players which brings our ranks off the charts. Coach Ball should also have some credit because he pushes these players left and right.

Another prime example of Central's teams switching it up and bringing up their ranks is our winning streak basketball teams, both boys and girls. The fans are very into basketball and love when we make it to State.

Many fans come to both boys and girls games and cheer all of them on.

Central has won State in boys' basketball in 2006, 2007, 2008, and 2010. Central has also won them on makes the love of the sport grow each year.

several other times in the past during Central's beginning years.

Now don't get too caught up in boys' sports; girls' teams have also accomplished a lot.

The lady eagles went to State last year almost winning, but lost at the last minute. According to statistics in the 2010-11 season, the boys' basketball team was ranked #1 in the

districts and the State of Nebraska. The girls' team was ranked #4 in the State of Nebraska.

These statistics give players and coaches hope for state and provide motivation for all of the

And what would Central be without its track and field? Many students get into the fun at the end of the year in this widely competitive sport. Our track and field teams have won State in 2007 and 2010 in the past 10 years. But, overall,

our track and field teams have won State over 30 times in the past. That being said, the track team has a reputation to keep it up and are practicing hard not to

Let's not forget wrestling; where teacher Jimmy Foster works hard to keep his wrestlers in focus and ready to win.

Central's wrestling team has won over 10 times in State in the last 70 years.

Many other sports have changed throughout the years.

Every team will have their rough years and fall in the ranks, but there is always a new crop of talented students that help climb their way back up.

Every sport at Central no matter winter, fall, spring, or girls', or boys' team means something to the school, the teachers, and most of all the student athletes and student population.

The fans make every sport better. The players knowing that there are people out there to cheer

2005

3 2008

2010 - Boys Track and Field win State





The Register | Sports |12.8.11

Sports Calendar

December

Varsity Swimming @ Benson time TBA

6 Varsity Wrestling @ Gretna 7:30pm

10 Varsity Swimming @ Bryan 9 a.m.

17 Varsity Boys Basketball @ Burke 5:30 p.m.

Varsity Girls **20** Basketball@ Northwest 5:30

January

Varsity Wrestling @ 6 Lincoln Northstar 5:30 p.m.

12 Varsity Swimming @ Iowa's Lewis Central 4:30 p.m.

Varsity Boys 14 Basketball@ Lincoln High 7:45 p.m.

Statistics of Central Fall Sports

Girls Golf

Coach Linda Brock helped lead four of who she considers to be her star players into Girls' Golf Districts held on Oct. 3, in Lincoln at the

Holmes Course. Allie Brock (junior), Emily Jezewski (freshman), Margie Kramer (junior) ınd Riley (senior) were the four players that proved themselves goodenough players (senior). Brock to compete. Katie the fifth player Central's District team. suffered a knee injury that held her back from competition oowerload district," aid Brock about the other seven in the district Central competed against. Central's Girls' golf team placed sixth out of eight teams the competing.

different districts available, with eight teams placed in each. Although while competing, there is no specific special placement.

Brock is anticipating next year with a definite "two players to qualify", as they continue to advance in their putting skills. PHOTO COURTESY OF JOHN BEST

Volleyball

The Girls Volleyball team gave there all and dedication to the season despite ups and downs.

PHOTO COURESTY OF JOHN BEST



Girls and **Boys Cross** Country

With having their first meet canceled the boys and girls cross country went through the fall season soaring.

> Central Invite: Girls-3rd; Boys-4th Harold Scott: Girls-13th; Boys-11th Prep Invite: Girls-13th; Boys-8th Millard West invite: Girls 8th; Boys 7th Distict: Girls 7th; Boys 5th UNK invite Girls 16th; Boys 11th.

PHOTO COURTESY OF JOHN BEST

Central Boys Tennis had a Boys Tennis and a Central Boys Tennis had a Central Boys Tennis had a More Tennis and won

CENTRA

plenty of matches as well as placing at invites. Here are the stats of their

CHS vs. Millard North: 3-6 CHS vs. Prep: 0-9 Millard West Invite: 3rd place Lincoln East Invite: 3rd place CHS vs. Burke: 4-5 CHS vs. Westside: 3-6 CHS vs. Omaha North - 9-0 Millard North Invite: 7th place CHS vs. Papio-South: 6-3 Lincoln North Star Invite: 3rd

CHS vs. Omaha Benson: 7-2 CHS vs. South Sioux City: 6-3 CHS vs.Millard West 3-6 CHS vs. Ralston: 4-5

PHOTO COURTESY OF JAYDE BALENTINE/ 0-BOOK

Football

"We played as a team and came ogether to get our first play-off win since ve won state," said junior Joe Cherek. "We played our best game The Eagles played East Spartans in the first play-off game on Oct. 28 winning 49 to 14 and placed third overall for State.

PHOTO COURTESY OF STEPHANIE PAUL/ REGISTER

Softball

Check out the team's stats for the season.

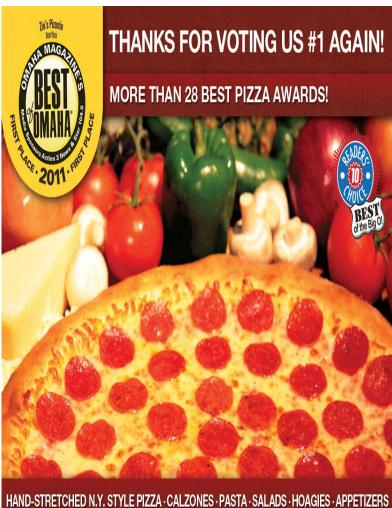
vs Benson @ South 8-3 W vs DC West @ South 10-2 W vs Bellevue West @ South 8-0 L Mercy 15 - 7 W vs Elkhorn @ Benson 5-3 L @ Benson 3-1 W vs Westside @ Seymore Smith 5-1 W vs Millard South @ Seymore Smith 9-2 L @ Bellevue West 2-0 L Northwest 9-0 W

vs Burke @ Blondie Ruff Field Papillion

vs Lincoln Southeast @ Blondie Ruff Field Papillion 5-1 L vs Papillion LaVista South @ Blondie Ruff 12-5 L

vs Kearney W Blondie Ruff 4-1 W Millard West High School 4-1 L @ Burke 8-0 L 09/22 North 10-2 W

09/26 vs Bellevue East @ Lied Fields 10-2 W 09/27 @ Papillion La Vista South 09/29 Bryan 8-0 W 10/03 @ Gross 8-2 W 10/04 South 8-0 W



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How much make-up may be a bit too much?

See what columnist thinks about that on page 13

There are many myths about what is needed for a college application.

See what students have said about this on page 14

"Congress shall make no low re-penting an establishment of religion, or profhibing the free excersize therof, or abridging the freedom of speech, or of the press, or of the right of the people to peaceably assemble, and to petition the government for a redress of grievances."

OPINION

First Amendment of the United States, ratified Dec. 5, 1791

Public displays of affection gone wild

BY MEKENZIE KERR

At the beginning of every year of school we get the Student Code of Conduct book that mandates the basic rules for students to neglect every year: shorts and skirts to fingertip length, preferably not tighter than your skin, no spaghetti strap tops and no sagging pants.

But why is there no "school law" that states: "No public displays of affection in the hallway", because it seriously seems like there's still a handful of students at Central High School who do not realize that intensive public displays of affection, also fondly referred to as PDA, make people feel awkward, lack proper etiquette and are just downright unclassy.

While pecks on the lip or cheek are easily looked over, there is a fine line between a kiss and a full-on snog session. There have been numerous times I've been politely minding my own business, headed onto my next class destination when I've seen passionate sessions ranging from a PG-rated macking scene to a PG-13 "hormones gone wild" display of more than just simple, admirable affection.

I'm not entirely sure if these couples realize that hip-grabbing, pushing against lockers macking makes for an unenjoyable scene for, what I feel is safely, about 91% of the school population, the other 9% is doing the same thing, enough not to care.

display a heck stand for what I feel is safely, about 91% of the school population, the other 9% is doing the same thing, enough not to care.

Of those estimated 91%, how many of you truly know what is lingering and creeping around in the mouth of your school-time lover? Squirming around waiting to be contracted could be mononucleosis, cold sores, strep throat ccording to infectious diseases. about.com,

Not only are couples conducting games of tonsil hockey in the hallways, but they are also spending their lunch hours as a romantic, passionate date, ruining peoples' appetites and making them barf up what they've already eaten.

I would prefer these types of intensive, passionate moments be saved for your out-of-school time in a place that isn't revealing all the "tricks and tips" of pleasing a significant other. And the fact that these little monotonous moments can be seen from hall to hall in a short, five minute passing period beg the question: "can you keep your hands off of each other for a few moments and talk?" (Just because you're caught doing this doesn't mean you can't hold a conversation, but there's no reason to show everyone the physical aspect of your relationship.)

PDA as an acronym for public displays of affection, frankly, seems a heck of a lot more suitable to stand for "public displays of AWKWARD".

Overly passionate smooches that last for 90 seconds can shave

minutes off of your life. These moments elevate one's blood pressure, also resulting in the pulse racing. The amount of existing hormones in the blood increase, thus reducing life by one minute, according too English.Pravada.ru.

Besides bearing witness to convulsing tongues and open lips, overboard PDA is an even worse situation when the passion-stricken couple decides to park their loveboat right in front of your locker. For those of us that utlize our lockers and have been victimized by these ships setting sail, you understand the complete, utter, downright weirdness of having to ask them to move. Getting to one of the bland, tan lockers shouldn't be made a strenuous activity, and couples up against them make it almost impossible.

Not only do students feel exceptionally weirded out by the public displays of over-affection, but teachers also have to man their posts in the halls. I am pretty sure they aren't out there to watch a passionate scene from that of a sappy, goopy chick flick.

Aside from the fact that it is a bit unnerving to witness multiple cases of love- stricken couples express their love via a mack-session, school just isn't the place to show affection.

As harsh as that may come accross, the ideal of school is to gain an education to better your future. And as far as I am concerned, most students who take shool seriously aren't here to learn different methods of keeping your partner literally tongue-tied.

Next time you're about to your passing period into a passion period, consider the rest of the Central population, and change the acronym from public displays of affection to private displays of affection.

This is what dreams are made of

BY JENNIFER ROONEY

Dreams can be very complicated and not understand by many people. Nobody really knows what the purposes of dreams are or which ones mean what. Some people may not even know what the definition of an actual dream is.

Dreams are successions of images, emotions, ideas, and sensations that occur involuntarily in

You may ask how do we actually get dreams and how does it happen. Dreams mainly occur in the rapid-eye movement or REM, when the brain activity is high. We are most likely to remember the dreams that have gone through the REM phase, but not all dreams are remembered. I had thought that we just remembered the really important ones or maybe one that could have impacted us

Dreams have many different characteristics. They can arrange from normal and ordinary to completely bizarre and unrealistic. The most common emotion said in a dream is to be anxiety. You could probably figure out why that may be that way.

People have also had repeated dreams, meaning having certain dreams more than once in their lifetime. That's normal for most people. Sometimes I think that's kind of scary or creepy to have another dream over. I mean think about it, it just feels like something is stalking you, coming

This has been a topic of many scientists nowadays. The study of dreams is called Oneirology. Scientists have stated that dreams are things that your mind is trying to tell you. People are interested in their dreams these days. They want to know why something happened a certain way.

There are many myths about dreams. For example, if you think about something or someone before you go to sleep, you will not have a dream about that thing or person. But, my own self has proved that theory wrong. Another one is that if you have a dream about somebody that that means they were thinking about you before they went to sleep. I don't know if that is actually true,

but I don't believe it. I think your mind is just playing tricks on you.

Dream interpretations date back all the way to 5000 to 4000 B.C. People would connect their dreams to their religion to try to figure out the definition of them.

Nightmares are also a big part of dreams are an unpleasant dream that can cause a strong negative emotional response. Typically they result in fear and/or terror. After having a nightmare, some people may be unable to fall back asleep. Having a nightmare can have a physical cause like for example, sleeping an awkward position. Eating something before falling asleep may trigger

There is also a discussion of color verses black and white in dreams. Most people have stated that their dreams are mainly black and white. I think that people just don't remember really if color was in them. One times, I have had an actual dream about if my dream was in black or white or in color. It sounds freaky, but is true.

Dreams can be for a few seconds to many hours. Time is another main thing discussed about dreams. Dreams can feel like one second when really it has been countless hours of sleep. That's usually the reason of why we think nights go by so quick.

There are many websites on the internet to translate people's dreams like: dreammoods.com or dreamforth.com. Another choice could just to go to Google. Interpreting your own dreams could be a fun thing to explore. I haven't tried any of these websites so I don't guarantee you will get what you want.

Scientists have stated that all mammals dream, probably because only mammals really sleep. So really dreams have a very complicated understanding and these days, many people still don't comprehend the whole concept or definition of these creative images that we have during our different stages of sleep.

Not enough time to get to buses after school

Forty buses come to central everyday to pick up and drop off students. With picking up

students at 2:45 p.m and leaving school grounds at 2:55 p.m.
Well many students don't think that is enough time
to get their ninth hour to their buses in time. And many

think it's a perfect amount of time.

One of these people who thought that they thought it was not enough time after school

Justice Bokelman (10). "I go to my locker school and talk to friends we just need minutes to get to the bus."

With having five more minutes is too much to ask for? Well with school buses and city buses that come to central every day.

I am one of those lucky people that get to ride the city bus. I ride bus number two after school there's a certain bus that come to central after school about five minutes after school gets over and leaves five minutes after it gets here.

While I wait for the city bus I see many

school buses pass as they leave school. If I would ride the school bus I think I would never make it in time to get on the bus.

Whenever I go wait for the bus I always get distracted by friends and teachers.

Also I go to my locker for text books I may need that night or a jacket perhaps.

With the city bus I have multiply buses I can catch I miss one but with the school bus if you miss it's your lost and you have to find another way home.

When I was in middle school I had to take the school bus my school had a five minute warning bell until the buses will leave. At my middle school I went to you had over ten

my middle school I went to you had over ten minutes to get to you buses.

Buses at central have 10 minutes to wait for students what I get is that you should be ready for the bus right.

but what I get is that you should be ready for the bus right after the bell rings after ninth hour. Just be ready for your s before the bell rings.

PHOTO COURTESY OF MEDILLREPORTS.COM

Insider: 21st Century Central Style

BY TABITHA PANAS AND MEKENZIE KERR

Of all the adjectives available for us to begin to describe the plethora of Central High School students' style, we decided to let them voice their own opinions and reasons for their apparel.



How much make-up is too much?: A writer's view on cake-face syndrome

BY KATHERINE SCARPELLO

How old were you when you started wearing makeup? Fifteen? Sixteen? According to Allure magazine, most young women begin wearing make-up when they're 12 to 13 years of age.

If this is true, don't you think that as a high school student, girls should have learned how to wear makeup appropriately by now?

Looking through magazines, walking the streets, malls and halls of Central

Why do teenage girls feel the need to wear so much make-up?

Sure, there is an occasional blemish, and trust me, I get that. But what is with all of having everything be done to an extreme? Is it really necessary to look three shades tanner than you really are? To me, the answer is no.

Don't get me wrong, I love foundation, mascara, eyeliner; the works. However, make-up is meant to enhance a girls features, but not diminish the way they naturally look.

I'm telling you, if I have to see another uneven, unnatural, orange foundation tan, I think I might scream. Not to mention, men don't find you more attractive with heaps of makeup on.

According to allure.com, Justin Bieber says, "I don't like girls who wear lots of makeup and you can't see their face. Some girls are beautiful but insecure and look much better without the makeup, but decide to put loads on."

Biebs has a point: If you're overdoing it, you're suffocating your natural beauty.

A natural look, still consisting of make-up, can be beautiful and done right. Here are a few ways to ensure a beautiful, fresh look without so much make-up. Exfoliate, exfoliate, exfoliate.

Prime-or at least moisturize.

Some make-up artists believe it's heresy to apply foundation directly to bare skin. They say make-up primer creates a remarkably smooth surface. If you don't want to add an extra step and a new product, just massage moisturizer onto clean skin. Make-up will then seem to melt into the face rather than sit awkwardly on top of it.

The famous rule about getting ready, then removing one accessory before you leave the house applies just as well to make-up. After you've done your face, turn away from the mirror; then quickly turn back. You might be surprised to see that your blush suddenly looks too bright, or the shimmer on your eyes is more disco than dazzling. A light dusting of powder will tone it down.

If you're putting on all of this makeup to ensure covering your blemishes, then think again! Putting on coat after coat just makes your face more oily and open to

tract type 2 diabetes, dementia and even Parkinson's.

Make sure to remember, natural is beautiful, and less is more.



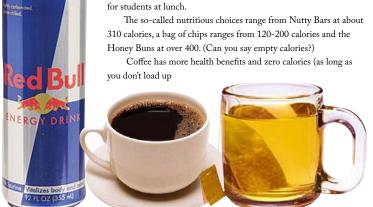
Pros break the scale against cons for caffeine

Night after night I spend awake writing, solving, and thinking my way through homework. While some nights are sleepless, others result in what I consider, a nice 4 hours of solid snoozing. I know I can safely say that my fellow students are also losing sleep, due to whatever reasons, and wind up completely out of it by 7:40 am.

The solution I propose for groggy minded students everywhere is coffee or some caffeine abundant beverage, and what better place to get it than school?

If the school began selling anything from coffee to energy drinks to help boost students' cognate level, both student and school would reap harvest from the

> decision of implementing some new eye-opening drinks. While some may argue that serving students drinks loaded with caffeine is a health risk, might I point out the "extras" available



Not only will this alleviate students' stress level due to feeling an overwhelming sense of sleeplessness, it will also heighten productivity in school.

on cream and sugar), while also proving to help people who consume it to be less likely to con-

I fail to find any, repeat any health benefits of the fat-overloaded, sweet treats gracing those

Teachers are consistently nagging students to "sit up straight" or "get their heads up", and I

can safely assume these issues are the direct result of no sleep. With beverages to help keep the student awake, the teachers get a break from seemingly-lazy students; no more empty warnings or frustrated, petty arguments over the placement of one's

Schools like Knox County in Tennessee have implemented a coffee system, in hopes to boost participation during breakfast hours, according to a local news station interview.

The up-bringing of energizing beverages would increase revenue for Central; Coffee, tea, and energy drinks could be extremely beneficial to funds.

Energy-boosting beverages would be something students would definitely take interest in, and therefore boost funding for schools. Although it might cost more, the income off of the drinks would, in my opinion, be staggering.

While funding boosts, the teachers' stress levels may decrease as well.

Students, at one time or another, seem to be lowering heads and getting better views of the back of their eyelids rather than the lesson on the board. If energy drinks and other caffeinated beverages are up for grabs during the school day, students can snag one and have a higher alert-

Overall, all aspects of the school from economics to teachers' personal interests, offering caffeine as a supplement to the daily snacks available at school, would benefit dramatically. Who doesn't want to implement something with higher pros than cons?

Myths and truths about applying for college

We all know applying for college is stressful and completely nervewracking, and all of these rumors we've heard throughout the years do not make it any easier going through the process. So what's the one thing that will get you into the school of your choice? Read on to find out.

LAYOUT BY KATHERINE SCARPELLO

MYTH Volunteer Hours are a must have to get into college

Desperate college applicants tend to jazz up their applications with a little volunteer work such as working in a soup kitchen or cleaning up trash in public parks. But nowadays, you'd be better off tidying up your own bedroom. Colleges know that most high schools enforce volunteer work for students, and are even more aware of the volunteering done just for the sake of a good

"One admissions officer told me, If I read another essay about kids building houses in Costa Rica, I'm going to scream," says Bruce J. Breimer, head of college guidance at the prestigious Collegiate School. So when thinking of having numerous hours of volunteering, think things that are related to you and what you will be studying when in college.

MYTH You should be on every page in the yearbook

Thinking about stacking up all of your after school activities to make your school see you've done everything throughout high school?

That's not the strongest idea.

Among similarly qualified students, strong extracurriculars can give one candidate the edge.

But admissions officers would rather see you excel in one club, rather than just show up at 10.

Working with more than a few clubs at a time can add on extra stress, and when applying for schools and getting ready to graduate, that is literally the last thing you need on your plate.

MYT] admittance essay is everything

Maybe you're a teeny bit embarrased by your transcript and decide, "No worries, I'll get into school by blowing my personal essay out of the water."

Keep dreaming, Shakespeare.

Although an amazing essay is definitely a pro on your list of haves, it will not and can not salvage an underwhelming application.

Local admissions advisor Dr. Marlyn McGrath Lewis says, "We never base our decisions on essays. We read them carefully, but we understand how easily they can be purchased or written by anyone. They can certainly illuminate a case, but we'd be foolish to base our decisions on them."

INFORMATION COURTESY OF FORBES.COM

What do students thin

Students were asked what they think is the most important part of a college application.



The resume is the most important thing

to include in college applications. A myth is extracurricular activities because that

I am trying to to maintain academic achievment and join more extracurricular activites.

-Mollee Brummond, 12

The most important thing is extracurricular activites. I also think that the least important is your personal -Bailey Newman, 12



The most important part of yur college application is your personal essay because it gives the college and idea of what kind of person you are.

-Jade Cageioua, 12

To make sure I get accepted into college, I am going to keep good grades, get on the honor roll, and am getting a job.



-Alyssa Smith, 9

challenge myself.

doesn't show you're a good student. I am preparing for acceptance

to college by

participating in

honors and AP

courses because it

shows I am a hard worker, dedicated

-Chianda Young, 11

The most important things to include in an application is the clubs that they were in.

-Emily Tonnies, 9

PHOTOS BY KATIE SCARPELLO/REGISTER

Take the most substantial step in college application

BY KATHERINE SCARPELLO

Above is listed three myths for when applying to college. But what is the real thing high school students should think of when applying for college?

Yes, you should be thinking about your volunteer hours, extracarricular activites, and personal essay. However, if you don't excel in these three things, don't fret.

College admissions counselors want more than just your average essay and transcript. They want a hard working, ready to learn, well rounded student.

According to Forbes.com, applicants continually search for a formula to attract the attention of admissions officers, but the only thing that always works is being an all-around

"We try to understand the student as a whole person, and also to understand how he or she has performed in the context of whatever academic and community opportunities he or she has encountered," says Jeffrey Brenzel, Yale's dean of undergraduate admissions. "We seek academic excellence, evidence of leadership and integrity, and evidence of high personal impact So what will get you the "big envelope" vs. the "little" one?

Admissions officers don't have specific pre-made profiles for ideal candidates, and they don't rely on any one factor to determine admission. Instead, they aim to compose a diverse student body with a diverse group of individuals.

Sound familiar central students?

"We define diversity as interests, experiences, values and background," says Christoph Guttentag, Duke University's head of admissions. A proficient glockenspiel player can be just as desirable as a football MVP--it simply depends on what a college is lacking.

Knowing the tricks can only get you so far. In the end, to be an ideal candidate for a college, a student must work hard, develop a sense of passion, yearn for intellectual and personal stimulation, pursue activities outside of the classrooms in a profound way--and remember to

Says the Collegiate School's Breimer: "Be yourself. Don't try to beat the system."

Prohibition of Phones at School Should Be lifted

BY MARA FLETCHER

Seventy five percent of American teens carry with them the most effective communication and information device in the history of mankind; one that allows

students to read, research, collaborate and question globally; one that literally fits in the palms of their hands; one nearly so ubiquitous that it wipes out the digital divide -- and our schools have banned it?

This is my first year at Central. I'd be lying if I tried to write it off as anything but a superb school in nearly every aspect; on the contrary it's truly superior in terms of diversity, academics, opportunity and a well-rounded staff and student body. That conceded, there's one glaring fault that can't be overlooked- the school's draconian, unjustified prohibition of cell phones, iPods, and other electronics. Are the restrictions well-intentioned? Certainly. Rather, our administration seems to affected by a pitiable atmosphere of cultural lag.

As times and technology evolve and expand, naturally so should our educational system. During the 1980's, a similar debate was taking place following the public availability of handheld calculators: should students be permitted to use them in school at appropriate times? Today, the answer seems obvious and we can hardly imagine getting through elementary, much less high school, without them. Television programs, documentaries and movies have been seamlessly integrated into the classroom environment.

With the dawn of the Internet came a drastically increased ability for teachers, staff, students and parents to communicate with invaluable efficiency and scope, and the revolutionary contribution it has made to education can hardly be exaggerated. Tools such as the SmartBoard enrich and extend our scholastic horizons beyond what could be conceived only a few generations ago, even as laptops replace textbooks in a growing number of schools.

And why can't devices like smartphones, iPods and iPads be utilized in the same manner? I'll be the first to admit that we aren't yet at the stage where implementing these devices as supplementary academic tools is a practical option, but as history indicates, it can and will be done in time. We need to overcome our stubborn refusal to yield to modernity and take the first steps to utilizing personal electronics appropriately in the classroom environment. The obvious first step is to lift the outright ban during school hours.

During my sophomore year, I attended a public school in Phoenix, Arizona, in which electronics were permitted at all times during the school day and were only to be put away if a teacher requested that the student do so, the way a teacher would ask a student to put away a recreational book, personal doodling or note-writing. I noted some pros and cons to this leniency: students were able to take pictures/videos of projects or assignments to send to their parents, text message missed assignments and notes to absent students, take pictures of notes on the board or PowerPoint slides, and put in earbuds during independent study time to help block out external distraction. Scientific calculators are expensive for schools to provide, and most phones and iPods come with calculators built in with advanced capabilities. Likewise, students can look up maps, atlases, dates, formulas, and other relevant tidbits needed during class- of course, only at times when this is approved by the

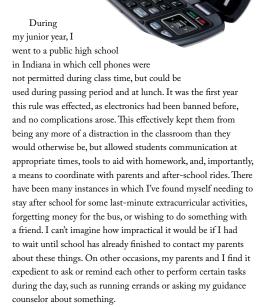
Some may object that students may take advantage of this and look up answers during quizzes or tests or other prohibited times, but this argument is erroneous. Students inclined to sneak around and cheat electronically under the suggested regulations can just as easily do it under the current ones. Cheating is cheating and the same penalties would apply.

Could the phones be distractions at times? Certainly. This is where vigilance on part of the instructor comes in: he or she must mandate that absolutely no phones be used while lecturing, giving notes, issuing tests/quizzes, and/or while the student should be working on another assignment.

Another prominent objection claims that phones are often used for bullying, coordination of bomb threats/shootings, and other harmful behavior. This is nothing more than a copout. Bullying via text is not limited to school hours and the restricting of usage during school cannot do anything at all to remedy the situation. Before cell phones, students passed notes and found other subtle ways of communicating. The current regulations are completely frivolous in terms of limiting communication.

While school is primarily an institution of education, it would be dishonest and naive to assert that it is not equally an environment that teaches students about life and helps them to grow socially and relationally. And if you've spent any amount of time around high school kids, you know well that our social lives mean a whole lot to us. And that's healthy; these life skills are as important as the "book smarts" we're picking up in the classroom. As far as bomb threats and school shooting threats go, cell phone limitations are about as helpful as invasive TSA screenings and pat downs are to airborne attacks.

Admittedly, this complete lack of regulation is probably not the best course of action. Some structure is required in a public high school setting. There is, however, a fantastically functional middle ground.



A final point worth mentioning is that, as students, teachers, parents and I'm sure administration knows, in the end this is a losing battle. Students find it ridiculously easy to text in their purses, under desks, and in bathroom stalls. Many even make calls in the bathrooms. A substantial amount of parents feel very comfortable contacting their children during the school day, because it's basically a given that this rule can't be taken seriously. Additionally, the unspoken truth is that, at least in my experience, about a third of teachers are lenient about cell phone and iPod usage anyway, as long as the electronics don't detract or distract from class time. And when a rule gets to that point, you know it's time to take a good hard look at it.

As we've already discussed, concerns about bullying and coordinating of destructive activity is not an issue that can be addressed by limiting use of phones at school. That leaves the issue of electronics potentially becoming distractions in the classroom, which is completely nullified if they are only permitted during passing period and at lunch.

With all arguments demolished for the prohibition of electronic usage during these select times, nothing is left but an embarrassingly antiquated mistrust of the changing face of technology on the part of our administration.

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Elections around the corner, why don't students vote?

BY TABITHA PANAS

Many people will tell you that unless you are willing to do something about a problem, then you can't complain about it. I hear this saying often applied to voting. But, really. Does nothing count as "doing something about it?"

If you are in the graduating class of 2012, then you are probably going to be turning 18 soon and can register to vote in the next presidential elections coming up in November. You probably will be considering the big question of, "Who are you going to vote for?" However, another important question you might want to consider is whether or not you even want to vote at all.

In the United States, people look forward to voting. They line up every four years on election day to cast their ballots. They leave the poll booths proudly sporting their red, white and blue "I voted today" stickers adorned on their shirt pockets. But do their votes really count? And even if they do count, is it really worth it? I feel that not only is the system in which we elect our presidents unfair, but so are many of the candidates we as Americans support.

It is a fact that Russia has a more direct presidential election process than the United States. While Russia elects their leaders by popular vote (tallying up each individual's vote to determine the winning candidate) the United States uses a system called the Electoral College. Each state has a certain number of electors that vote for the president instead of the individual. While debating over the amount of power the people should have, the framers of the Constitution came up with this compromise. The level of fairness of our voting system is still debated today. Many people, like myself, would agree that this system does not allow the people enough freedom.

First of all, the people we elect to represent our state are not necessarily required to vote in the popular favor of their state. They can change their opinion at any point in time before they send in their ballots. While this rarely happens, it last happened in 1988. Even when our electors vote in favor of the people whom they represent, it still does not always accurately portray the opinion of the people as a whole.

Four times throughout the history of the United States, the candidate who received the most votes was not elected to office. The most recent election in which this occurred was in the 2000 presidential election. George Bush was nominated president with over a half million less votes than Al Gore. Many would argue that the Electoral College did exactly what it was supposed to do in situations like that. However, if I line up to vote, I want my vote to count. What happened to the half million votes for Al Gore that should have won him the Presidency? Were they just

completely disregarded?

One vote in a direct voting system is like a small grain of sand in the whole ocean. That being said, what can one vote in the United States be compared to? Your one vote is still as small as a grain of sand, however it might get counted and it might not.

While the system itself has its short-comings, so do the politicians themselves. I feel that voting for president is similar to voting for American Idol (except American Idol probably counts the votes more fairly). Most candidates are only concerned with building themselves a good image and will say what they need to say to get votes. Many are known to contradict what they have previously said while speaking to different audiences.

As Groucho Marx once said, "Those are my principles. If you don't like them, I have others." Not only do many candidates simply state what they believe will bring in the most votes, they also forget to practice what they preach. President Barack Obama shouted about bringing the troops home during the election, yet he deployed 30,000 troops during his first year of presidency.

I am personally choosing not to vote because I do not believe that my vote really counts. I am not trying to be pessimistic, but there are so many miles my little vote would have to travel to make a difference, and even if it got there, how can I be sure I even wanted it there in the first place? By the end of every president's term, significantly less people would have voted for them again if they had to the chance to go back in time.

I don't mean to discredit all politicians, just most. So many politicians are involved in crazy scandals, so many of which never even reach the public. Most politicians have lost the value of integrity that our government maybe once had. Sometimes it just seems that all politicians are power hungry.

The government does not keep our country under their control using physical force. They don't gain power over us through the police department or judicial system. They get their power through our very own vote, and I am not sure I want to hand over that power to any politician. Hitler did not arm-wrestle his way into office. He won it through a fair election. I am not in any way comparing anyone to Hitler; I am just saying be careful who you so willingly give your power to. If you want to support a twisted system of voting and a twisted government, be my guest. There is no "Please don't feed the monster" sign anywhere. After all, I'm pretty sure it is a free country.

PHOTO COURTESY OF ROCKTHEVOTE.COM

Do teachers really follow the rules?

BY PRECIOUS GASPART

It's known that there are certain criteria and rules, teachers and staff must abide by. There are rules on how to teach students and grade their work, as well as disciplining students. The question is, how often do teachers actually follow the rules? Truth be told, not often.

There were several accounts last year when many teachers were very confused about the new grading system and decided to grade their own way. That left them still confused and

However, in some cases, it is not the teacher's fault that the new grading system was confusing. The supervisors and school board did not follow instructions and guide teachers

appropriately which is why they were mostly

Even though the grading system is recently more efficient this year, some teachers still refuse to go by the rules and use it correctly.

With disciplining students, some teachers build anger at one student or class and take it out on the next and it's not right.

Teachers don't have the right to disrespect anyone if they're not being disrespected by that individual.

Some teachers give out after schools and referrals for small and ridiculous things such as talking or eating during class. Even though, things students do often can get trying or make teachers fed up, but constantly sending students to their administrator is redundant, and it just proves that some teachers that teach can't handle a high school class.

When students may not understand something or are being plain annoying, some teachers can be sarcastically rude. Being sarcastic towards students is also something teachers learn not to do, but yet sarcasm is still used.

Another example of teachers not following the rules is during midterm week. Dr. Bigsby made it known to all teachers and students that there were to be no homework because he wanted students to focus on studying for Yet some teachers used loop holes to assigning homework. Some teachers assigned in-class work at the last few minutes leaving no actual time to complete anything, and leaving students with homework on top of a review worksheet.

Teachers should be put in their places like students are. If students get detentions, after schools, and suspension for not following the rules so should teachers.

Even though teachers are adults they still make mistakes that need to be accounted for as well as students are made to. The worst consequence teachers could get is there teacher's license revoked.

What comes first: Makin' the Grade or Makin' Dollar Signs?

BY MARA FLETCHER

We've all heard the familiar adages: While you're in high school, your job is being a student. As a teenager, school is your career. Your education comes before everything. But is this idealisic mindset a reality for Central students? And is it even practical?

Interestingly, a broad lunch room poll of students in every grade reveals that while school is virtually every student's focus when they enter high school, by the time they reach senior year other things have taken precedent and left school work in the backseat. The most notable distraction is part-time employment.

Explains freshman Calvin Banksley, "School is more important, for sure. Because otherwise you aren't going to get a better job."

Banksley makes a good point, but for some, money is an immediately pressing matter rather than a long-term aspiration.

Counters junior Ashley Liss, "Work is my number one priority, there's no doubt about it. I hate school, I'd rather make money now!"

And 17 of 25 seniors sampled expressed similar sentiments to Ashley's. Some work for pocket money and the freedom that comes with it. Teens with cash of their own to spend enjoy

more independence in the form of extended transportation options such as gas money and bus fare, and the ability to purchase their own clothing, food and other items. Several students disclosed that they work to help support their family or children, and one student even explained that he works to afford care for his elderly parents. While she admits that she doesn't have a job, one senior declares, "When I get home, my son is my number one priority. School comes second, if at all."

Many would also argue that a part-time job in high school instills in teens self-reliance and responsibility that the structure and babying of the scholastic environment can't teach. It prepares them for the workforce.

Many kids, though, find the demands of school and a job to be overwhelming and don't think they can adequately balance both. More than 50 percent of the students polled who held jobs claimed that they would sacrifice homework/study time if it meant missing work and risking being fired.

It's a delicate balance, and the stats are indicative of the rising generation's ambitious

OPINIONS-EDITORIALS

Letters, Emails, Faxes, Polls, Cartoons

Steve Jobs, founder of Apple, recently passed away on Oct. 15, leaving behind his technology legacy. In what ways do you think his death will affect the Apple Company or you? Do you think he will be the last great genius of our time?

"I do think that Steve Jobs will be the last great genius of our time. He is innovative and has a creative way of thinking and is not something that comes around everyday. I do think the Apple Company will be affected by his death, however, the outcome is hard to predict. Steve Jobs has changed technology in ways not many could imagine."

- Hanna Ritland, 10th

"Without Steve Jobs, we potentially wouldn't have the iPods, iPads, all this technology that some people can't function without. Some people would probably be pretty stupid and helpless without this technology."

- Haley Meier, 11th

"I think he is the last of geniuses of our time. I say this because people now depend on inventions of others instead of creating it. This may affect the Apple Company for he was the brains of it and now I don't think it will be as quick in the race for the newest technology."

- Molly Johnson, 10th

"I think in overall Steve Jobs' death will affect anyone who is a fan of Apple products. Steve Jobs is the last great genius of our time and it is unfortunate that he had to pass away."

-Maritza Estrada, 11th

"Steve Jobs' death is very tragic, however, this does not mean the end of Apple Company. The company will continue to innovate their industry. He was a huge asset to Apple, but in time they will find another to replace him. May Steve Jobs R.I.P. "

- Andrew Bruch, 11th

"Yes, because his technology will be remembered because he is the founder of Apple."

- OJ Wilson, 10th

"No, I don't think he will. Just wait a few years. We will have another genius that will come around sooner or later."

- Neil Brown, 11th

"I believe that he affected the Apple Company. He had vision and was a creator/ genius at this time. I think Apple company is coming to an end."

- Dustin Martinez, 10th

LETTERS TO THE EDITOR WANTED
Letters to the editor are gladly
accepted in room 029, via e-mail to
Central.register@ops.org or can be
placed in Ms. Parker's mailbox in the
main office. Letters must be factual,
school appropriate, and contain the
author's full name and grade. Incorrect or unsigned letters will not be
printed. The use of pen names is not
allowed.

Occupy Omaha is a protest of people rallying against what they think is the government helping big cooperations out and leaving the small, local ones behind. Do you feel that large businesses have an upper hand, and if so, how much of one?

"I feel that big businesses do have an upper hand. One of the key points is that."

- Ryan Brehm, 11th

"Yes, larger cooperations are, a lot of the time, nationally and governmentally funded; small companies usually have to fund themselves. If a large company was in danger of bankruptcy, the government would rush to help them. If it was a smaller less known company they would probably be left in the dust."

-Katy Pellman, 11th

"Large businesses overthrow smaller businesses all the time, which could some day corrupt America's economy. Many large businesses import from out-of-country, which builds on the already enormous national debt. If we never give back by producing American-made products, our economy is seriously in danger, especially if large businesses overtake all the smaller businesses."

- Anna Brun, 11th

"Big cooperations do not need any help. The little ones are what make Omaha unique."

-Augustus Welch, 10th



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