

Holocaust survivor visits Central

A victim of the Auschwitz concentration camp during the Holocaust relieves her memories of her younger days. See the take on the Holocaust from a real survivor and how it impacted her.

NEWS PAGE 6

Stress affects students daily

The results of stress could be harmful to a person's health as well as affect their daily lives. See what stresses the Register staff as well as teachers around Central

PAGE 4 & 5

Thursday 4.21.11

Phone: (402) 557-3357
Fax: (402) 557-3339

124 N. 20th Street
Omaha, NE 68102

central.register@ops.org

REGISTER

4-TIME NSPAA PA BEST OF SHOW WINNER THE OLDEST HIGH SCHOOL NEWSPAPER WEST OF THE MISSISSIPPI NATIONAL PACEMAKER AWARD WINNER

Rock The Nest fundraiser to finance Wi-Fi for Central



PHOTO COURTESY OF JOHN BEST

This year's Rock the Nest consisted of a Trivia Night for Central staff, students and alumni. The event raised \$26,000 to help Central advance technologically and become a wireless school.

BY DARIA SEATON

Many Central staff parents, students and alumni gathered in the Scoular ballroom to celebrate Central's annual Rock the Nest event and to help Central go wireless.

Each year, Rock the Nest raises money for Central to use through the year on various projects to benefit the school. This year, the CHS foundation raised \$18,000 to help the students of CHS go wireless.

For admission, students were charged \$25, teachers were charged \$50, and a full table was \$400.

Central principal Keith Bigsby believes that going wireless is a great thing for the school and that it will help with "building the backbone of technology for the next 20 years."

Junior Jamia Houston believes wireless is a "beautiful

thing." She thinks it could be beneficial because students could hand in their homework electronically, and it could make things more convenient.

Even with its convenience there might be a few flaws to having Wi-Fi. "It could hurt if students take advantage of the free Internet and not use it for school related things," said Houston

To raise money, Rock the Nest trivia night consisted of teams with eight or nine people, some with retired CHS "pros" at their table. There were six rounds to the game, each round consisting of 10 questions. Players were competing for prize packages from the Omaha Steaks, Nothing Bundt Cakes, and Wal-Mart.

After answering questions to "Games People Play," "Cornhusker Craniums" and "You Heard It Here," first, second, and third place winners were recognized. Winner Jenny Wilson, and teachers Jennifer Stastny, Tim Shipman, and Lyn Bouma were on teams who earned their way into the top three positions in the competition.

As well as admission fees, the CHS foundation raised money by auctioning off former teachers such as Dan Daly, Jack Blanke, and Paul Pennington.

Bigsby recognized Michelle Roberts, Central's director of development, as the one who planned it all. Roberts worked for months in advance to prepare for the event that helped raise thousands of dollars.

Central alum writes historical book

BY SAM PARR

One of Central's former Alumni, Steve Marantz is spreading the word about Omaha Central and its 1968 basketball season in the book "The Rhythm Boys of Omaha Central High School Basketball at the '68 Racial Divide."

Marantz, who was born in Steubenville, Ohio, decided to come to Central because his older brother and step-mom went there, but his "main reason was that it was the best high school in Omaha," said Marantz. While at Central, Marantz was the sports editor for the Register, made honor roll every semester and won the state sports writing contest. After Marantz graduated he went to the University of Missouri where he earned his degree in journalism. He later got a job at ESPN for E: 60 where he works now.

"The Rhythm Boys" takes place during the 1967 through 1968 school year and focuses on former Central student Dwaine Dillard and racial riots that took place in Omaha during that time.

During that summer, the governor of Alabama stopped in Omaha on a presidential campaign visit and stirred up anger amongst the community with racial comments. Because he disapproved of what the governor had to say, Dillard participated in the riots leading to his arrest one day before the state championship game.

Marantz began the book in 2008, started writing it in 2009 and finished in the spring of 2010. Marantz felt "the political climate in 2008 - much fear and anger - reminded me of 1968."

Marantz said similarities of both years included the "racial

frustration and the Vietnam War" in 1968 and "Wall Street bankers, Barack Obama's candidacy and election" in 2008.

Because the story of "The Rhythm Boys" and the year of 1968 had such a big impact on Marantz and other members of the class of 1971, he "wanted students at Central to know what happened at their school."

Marantz held a book signing at the Bookworm on March 26, 2011 at which many of those in attendance were Marantz's former classmates. Dillard's nephew, who was present, was one of the those people who attended. "I am glad that the story is finally getting out there," he said.

Marantz has high hopes for the book and "hopes that the Central students will read it" and they will understand that history is not a distant phenomenon, but something that happened in the hallways of Central, to students no different from themselves, and "the ghosts of The Rhythm Boys are in those hallways today and forever. He also says that each and every student is part of the Omaha Central story that will be handed down to the next generation and the next."

Marantz has also written two other books called Sorcery of Caesars and Sugar Ray's Marvelous Fight. He continues to work for ESPN and his success in his writing career.

The publishing of the book was just one of the many steps in getting the book done Marantz said "I submitted the book proposal to University of Nebraska Press." After they accepted it, the book had to go through constant revision until it was finally done.

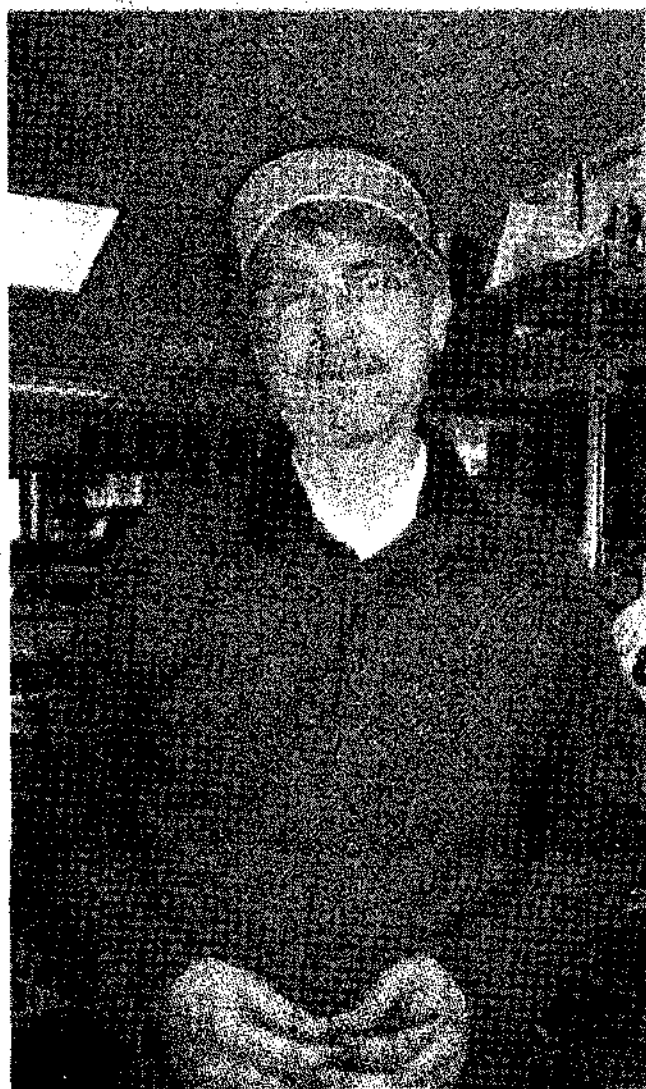


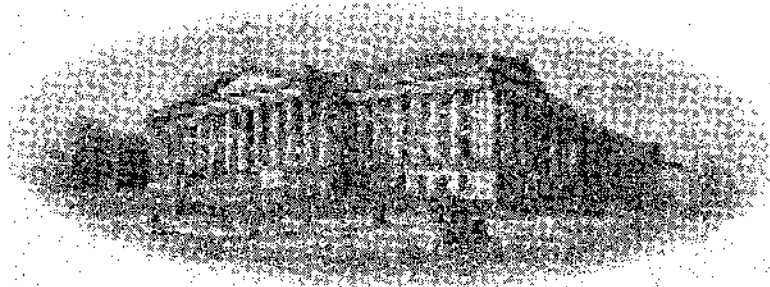
PHOTO COURTESY OF JAN HUAN

Steve Marantz, author of "The Rhythm Boys" held a book signing on March 27 at Countryside Village's Bookworm.

Inside

College Corner	2	Ways to deal with stress	5	Students' biggest fears	9
News in brief	3	What stresses teachers out	6	Prom dresses	10
Lovely Letters	4	Lady GaGa Concert	7	Boys/Girls all metro	12
		Central's top five phobias	8	Internet lying law	15

(©) 2010 Central High School
Vol.124, No. 4, 20 pages



College Corner

Future Plans
See what the future plans are for some Central seniors.

Henry Nunn

Intended College/University: UNO
Location: Omaha, Nebraska
Type: Four year college
Application dates: Rolling Admissions

// I'm going there to play music.

Ethan Bonham

Intended College/University: UNO
Location: Omaha, Nebraska
Type: Four year college
Application dates: Rolling Admissions

// A lot of my friends go to UNO, and I got a scholarship. //

CALENDAR

April

- 11 PEP Parent Meeting**
Parents involved with PEP should meet at 7:00 PM in room 145
- 13-16 NSAA District Music at Ralston High School**
- 19 IB Parent Meeting**
Parents of future IB explorers will meet at 6 p.m. to learn more about the program.
- 18-22 Staff Appreciation Week**
Show Central staff how important they are by being extra nice this week.
- 23 Downtown Cleanup**
Those who wish to brighten up downtown and pick up litter should meet at Central at 8 a.m.
- 19-23 Step Team Tryouts**
Boys and girls interested in the step team will meet in the gym lobby from 3:15 p.m. to 4:30 p.m.
- 21 IB Parent Meeting**
Parents of future IB explorers will meet at 6 p.m. to learn more about the program.
- 28 IB Info Meeting**
Anyone interested in starting the IB program in 2012 is welcome to attend this meeting at 7 p.m.

May

- 2 Teacher Work Day**
No school for students
- 7 SAT Testing**
Test takers will report to Central High at 7:30 a.m. with proper ID.
- 9 PEP Parent Meeting**
Parent members of PEP will meet in room 145 at 7 p.m.

Students excel at Chemistry Field Day

BY TABITHA PANAS

"All the other teams were wowed," said Junior Bridget Claborn, one of the members of Team Uranium who competed in Chemistry Field Day in the Durham Science Center at UNO on Saturday, April 2.

Although Team Uranium, made up of juniors Adam Lacroix, Bryce Gollobit, Harry Simmons, Alex Howe and Bridget Claborn, did not bring home a trophy, they did manage to break a Chemistry Field Day all-time record while there.

They broke the record in the event "Game board Gallimaufry," in which they were to answer as many chemistry questions right as possible within a 25 minute time limit. They answered 59 out of 60 questions correctly, baffling the UNO instructors who did not have a "3" to flip over in the hundreds place on their scoreboard.

Even after this great accomplishment, Gollobit said, "I'm mad we missed that one."

Chemistry Field Day students from Central have clearly had this determined and hard-working attitude in past years. Chemistry teacher Jesse Busse stated that

Central students have won 14 trophies in the past 11 years he has been at Central.

Chemistry Field Day has been an up and running event for 28 years. Any student can put together a team of up to five members with their classmates or friends (most often, students in higher-level chemistry classes) and compete with other teams. There are 40 teams admitted into Chemistry Field Day each year, from any high school from Western Iowa or Eastern Nebraska.

This year, the event was held at UNO, but it alternates between there and Creighton University every year. There are six events of the afternoon; four of them are lab-based and two are knowledge-based. Students earn points for each event and compete with the other schools.

Central had four teams in the competition this year. Although winning is a goal, Busse explains that the students' main focus was to learn and have fun.

There will be plenty of chances to do that in the future. "Primary students are looking forward to going back," said Busse, "and getting better."



PHOTO BY TABITHA PANAS/REGISTER

Team Uranium, made up of juniors Harry Simmons, Bryce Gollobit, Alex Howe, Bridget Claborn, and Adam Lacroix (from left to right) participate in the Chemistry Field Day event "Serial Dilution to a Better Solution" at UNO.

JROTC hosts annual spring blood drive for 7th year

BY DARIA SEATON

Did you know that one donation of blood can help save three lives? ROTC as well as Central helped to save almost 198 lives with the blood donated at the spring blood drive this year.

JROTC hosted the biannual Red Cross Blood drive in the gym lobby on March 18. Colonel Mike Melvin said that JROTC has been hosting the spring blood drive for seven years as a part of the senior's service learning projects and started organizing this year's in January.

JROTC set up a table in the courtyard during all lunches for students wanting to participate.

JROTC members also went table to table in the courtyard and cafeteria trying to convince those eligible to sign up for the blood drive.

About 100 people total signed up and 66 units of blood were given. Among the donators were many JROTC students including senior Malcolm Doman.

All senior 11 JROTC members were required to participate in setting up the blood drive said senior Doman. He described the project as "very strenuous."

Preparing for two months getting the blood drive together, school work, and his many other JROTC projects, Doman had plenty of work to do throughout the days.

Even though it may have been stressful, he said it

was a good experience.

"You learn to deal with people," and learn about business, said Doman.

Melvin also says that it's a good project for the seniors to do; they have to lead and organize the setup and take pride in what they are doing.

In order for a student to give blood they must be 16 years old, weigh 110 lbs. and have an iron level of at least 12.5, according to the medical technicians at the blood drive.

Each unit of blood donated has the potential to save three lives and each donation takes about 10 minutes. Depending on blood type, students were also offered the chance of giving a double unit, which takes around 30 minutes.

A student can give blood again after 56 days. Students don't have to wait until fall to give blood again or for the first time. Students may also go to their local red cross at anytime to donate.

Melvin has high expectations each year and this one was no different.

He believes it was successful drive as it is every year and expects it to be more successful for years to come.

"I always push for my seniors to do better than the last group," said Melvin.

DID YOU KNOW.....

One donation can save three lives

98 percent of people affected by sickle cell disease are African American

9.5 Millions donations are given each year

The most common blood type is O+

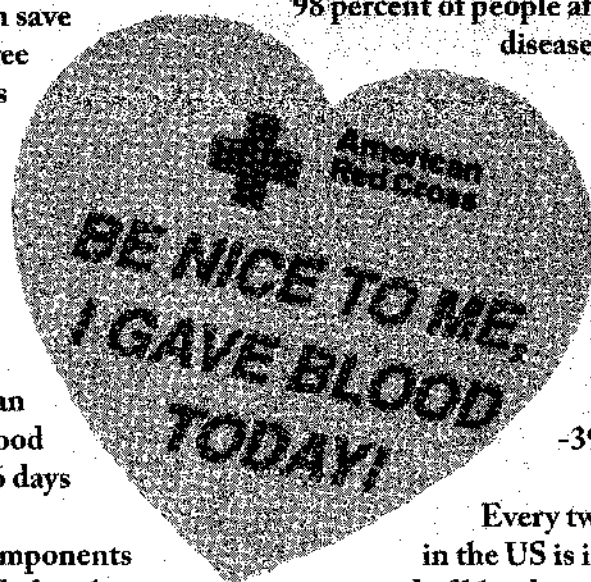
A healthy person can give blood every 56 days

-37% Caucasian
-53% Hispanic

30 million blood components are needed each year

-39% Asian

Every two seconds, someone in the US is in need of blood



Students partake in immersion weekend in Minnesota

BY SHALEIGH KARNIK

Being fully immersed into a completely different language than one's own can be a difficult and unique task, especially for high school foreign language students.

Taking on the challenge, groups of students from several of the foreign language classes at Central took a trip to the Concordia Language Village in Minnesota March 4 to March 6.

For a three day weekend these students were tossed into a group of their own peers and foreign language students from all over to speak in one of the many languages offered and to have a fun, educational and cultural experience.

Three groups of students from foreign language classes took an almost 10 hour drive to Bemidji, Minn. to take part in a very unique experience for high school students from all over to partake in.

Groups of around 15 students from French, Spanish, and German classes participated in what Concordia calls an immersion weekend.

Students that took part in the weekend joined up with students from Wisconsin, Minnesota and Michigan in doing stations of activities, playing games and learning new words and ways of speaking in the language in which were sent.

Sophomore Karlee Qualheim, took the long trip to Minnesota to be a participant in the Concordia weekend and enjoyed her time there.

"I loved it!" said Qualheim. "The counselors were always happy and nice and it definitely helped me learn Spanish."



PHOTOS COURTESY OF CENTRAL HIGH SCHOOL

Top: Students participate in an activity that the Language Village offered. Bottom: Several Spanish students participated in the camp and took a break from the festivities.

With assistance from an educational grant Central were able to send students to participate in the weekend of events.

Anna Brun, sophomore, went to Concordia in March along with her fellow French students.

"I thought it was really fun," said Brun. "but kind of hard."

Brun added that it was "a great learning experience."

Students successful in state DECA competition

BY MARIN KRAUSE

Students, who competed in State DECA, began spring break on a good note, taking home a number of awards.

On March 17, students involved with DECA had the opportunity to participate in the three day long State competition which was held at the Marriott Cornhusker in downtown Lincoln.

There were a variety of events which students participated in while at State, all of which involved different areas of marketing and business. Students were entered into individual series or team decision events, in which they had to take an exam over their topic and perform problem solving role-plays. Students had the option to participate in research events, which they had prepared for prior to the competition and presented to a number of judges.

Once the competition was over, specific students were given award certificates based on their place within their event. Then students placing in the top eight of their division were given medals, from there the top three in each event qualified to go to internationals to compete with other state winners and some competitors from around the world.

This year the international DECA competition is

going to be held in Orlando, Florida. The dates for the competition are April 29 through May 4.

Students placed top in their events. Senior Katie Fosmer and junior Stephanie Thomsen received sixth place; seniors Rachel Bruch and Molly McVay placed fourth; junior Katie Brock received fourth; senior Jordan Somers, junior McKenzie Mates and senior Fang Bin Zheng placed 10th in their category.

Central students who qualified for Internationals include junior Keygan Foster, senior Ari Koch, junior Taylor Givens Dunn, sophomore Giselle Fran and senior Jaija Carter. Foster took second place in Professional Selling and third in Automotive Services, Koch placed second in Marketing Management Series, Dunn received second in Principles of Business Management and Administration and Fran placed second in Principles of Marketing.

Another group of students made it to internationals through participating in a quiz bowl. The students had to take a test over general knowledge questions then went through a bracket system competing against other schools answering questions over marketing terms, theories and strategies. The team was composed of Bin Zheng, McVay, Somers, junior Gabrielle Watson and Koch.

News in Brief

Robotics club competes in various events at metro area schools

BY MEKENZIE KERR

The Robotics team, sponsored by head coach Trent Lodge and assistant coach Kevin Ommen, participated in numerous competitions held at Mount Michael, Omaha North High School and Metro Community College from March 10-12 ending with the National Tournament at the Salvation Army Kroc Center.

Team A, consisting of sophomores Joe Fitzgerald and Ryan Peatrowsky, freshmen Elliot Corbaley and Noah Yoshida and junior Jorge Estrada, won the driver's challenge and the Mt. Michael competition. Team A also made it into the elimination rounds at Nationals. Team B placed in the top 25 out of 29 teams at Nationals as well with members freshmen Zach Wilson, Eddie Schooler, Alec Williams, Song Zheng and Doug Barnum.

School times to change for OPS high school and elementary students

BY STEPHANIE PAUL

For the OPS 2011-12 school year the start time and the dismissal time will change for high school and elementary schools.

The high schools will be starting five minutes early and five minutes later while the elementary school students will start 15 minutes later and get out 10 minutes later.

OPS decided to do the time change because of busing and financial difficulties. The OPS buses are going to be shared with the elementary schools and the high schools and middle schools. Middle school times will not change at all.

The bus drivers will have more time to get more students on the buses and will not rush with picking up the high school and the middle school students. This will effect the entire OPS district.

Tsunami/earthquake relief fundraiser organized by Student Democrats

BY PRECIOUS GASPARD

After being hit with a 9.0 magnitude quake in March northeastern Japan is in ruins, according to scientific American.com. The earthquake was so powerful that it unleashed a tsunami with enormous waves strong enough to reach the California and Oregon coastline.

Central students have been showing support for those affected by the disaster by donating to the Red Cross Japan Relief Fund. Sophomore Justin Hatfield, president of the Students Democrats Club, took on the responsibility of raising money for the ones affected in the disaster.

This fundraiser is to not only to help, but to show Japan "Central cares," said Hatfield.

According to Hatfield, Central students have already donated hundreds of dollars to the fundraiser.

"Justin is doing a pretty good job keeping up with the amount and everything," said Rita Ryan, advisor for the Central's Student Democrats club.

Japan is still experiencing aftershocks weeks after the original earthquake. The Fukushima-Daiichi nuclear power plants northwest of Tokyo were hit by the tsunami and caused the failure of cooling systems for the nuclear reactors leading to the release of radiation.

Central junior competes in boxing tournament at Tip Top Ballroom

BY STEPHANIE PAUL

Senior Roscoe Bryant received second place in the 123 lb. weight class in his first Golden Gloves Tournament boxing competition on March 5.

Bryant was in the Golden Glove Tournament with several other boxers, which had a sellout crowd. Over 1,000 people packed the Tip Top Ballroom in Omaha to watch the boxer's box.

Before the Golden Gloves Tournament someone would have to compete in an amateur show in Grand Island, which was also sponsored by the boxing club.

Holocaust Literature students take two trips to U.S. Memorial Museum in Washington, D.C.

BY PRECIOUS GASPARD AND TABITHA PANAS

Fifty-eight students took a trip all the way to the nation's capital to visit the United States Holocaust Memorial Museum on with two different groups traveling on March 1 and March 8.

All of the students traveling were in the senior English class of Holocaust Literature, which is a year long class: one semester of regular English and one semester of English focusing on the history of the Holocaust.

They visited the United States Holocaust Memorial Museum to enhance their knowledge and understanding of the Holocaust, said English teacher Jennifer Stastny. They learned of how many were killed because of their differences.

According to USHMM.org, approximately six million Jews were persecuted during between the years of 1939 and 1945. Others were persecuted because of their sexuality, disabilities, religious beliefs, and other factors that Hitler convinced his country were wrong.

There were two different trips both lasted one day. Each group left early in the morning giving them enough time to arrive, visit the museum and make it home before the next day.

The group also fit more into their tight schedule. After visiting the Holocaust museum, the groups walked around and visited monuments in the area, such as the Lincoln monument and the Washington monument.

Even with all they've learned in the class, the students got a real portrayal of the conditions in the Holocaust.

"It was very distressing," said Stastny, "after seeing all that had happened."

Students participate in annual Day of Silence organized by Central's GLBT Club

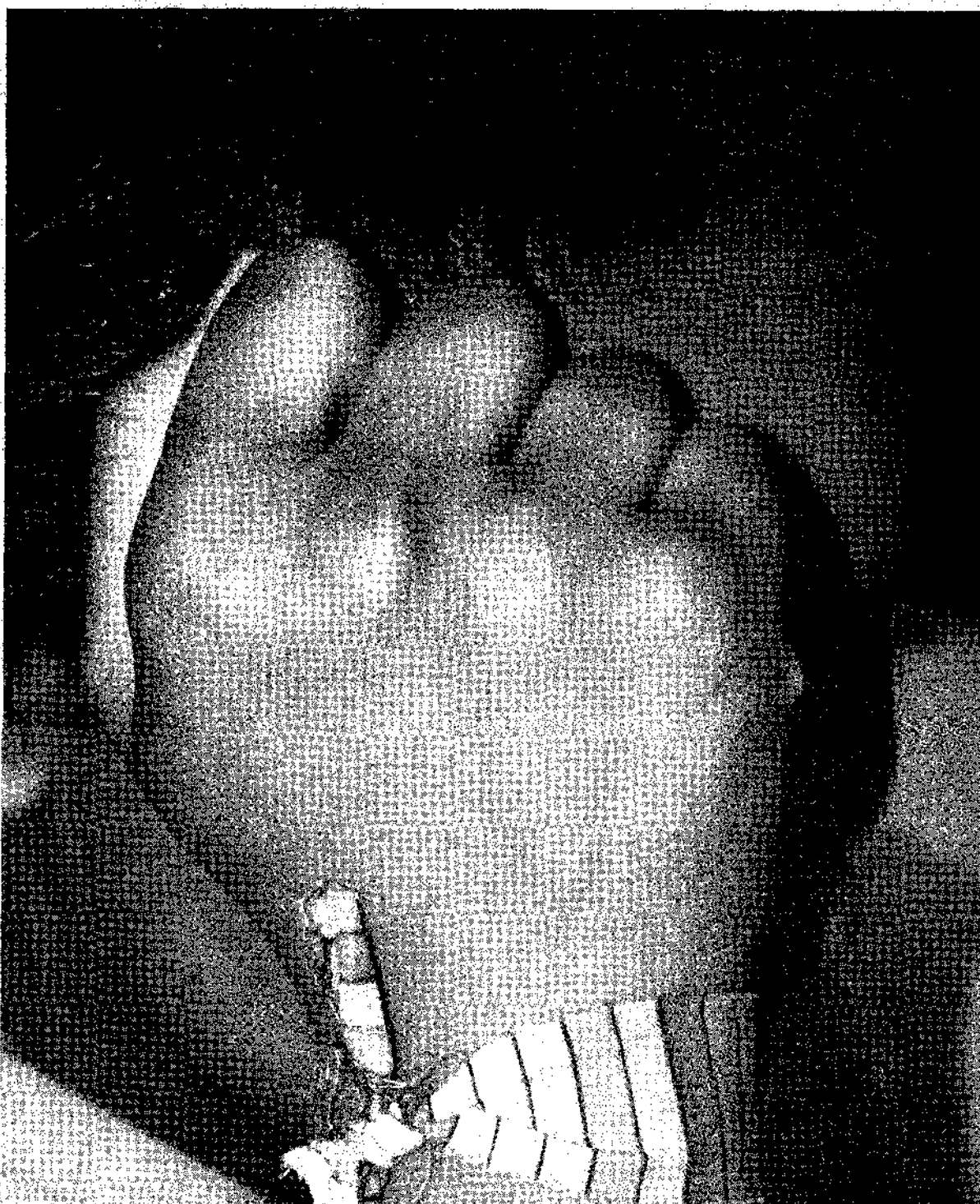


PHOTO BY DARIA SEATON/REGISTER

Central's GLBT club sponsored the annual day of silence where students participated by wearing rainbow ribbons to raise awareness about GLBT issues including bullying and discrimination. That night the club also sponsored the Night of Noise Dance.

Exercise and other methods relieve stress

BY MCKENZIE KERR

Stress overload is a common feeling in many aspects of young peoples' lives these days. Though stress seems to dominantly come from the academic aspects of school, it also spawns from students' social and family lives.

Although the stress and workload may seem like way too much, do not fear, there are many ways to deal with all the stress inducing situations in your life.

There are many different ways to ease the tension on one's mind, but like many things, it may have to be tried before finding one that is most suitable for each individual's stress issues.

One way to clear the mind and cope healthily with stress, according to WebMD.com, is to write. If a person writes for about 10 to 15 minutes a day about events and things in their lives that are worrying them, it can help one find out what is their source of stress. It also helps release the feelings and emotional stress that may be building up inside of them.

Another common way to relieve stress is by simply talking with friends, counselors or family members about what is going on in one's daily life.

Basically any method of getting feelings out in a healthy manner that helps someone cope with stress and understand their feelings is a very practical way to ease the stress.

Yoga, tai chi and gi gong are techniques that incorporate both exercise and meditation to create a blissful time of beneficial, stress-lifting work-out.

The number one way to ease stress and reduce tension is to practice breathing exercises, according to Elizabeth Scott, a wellness coach, health educator, and award-winning blogger.

When having a temper tantrum parents commonly told their children to "just take a deep breath." Believe it or not, taking a deep breath is still one of the easiest and best methods to relieving stress, according to Scott.

It not only relieves stress but fills the blood with oxygen that in turn helps 'wake up' the brain. It also relaxes muscles and quiets the mind, and can be done anywhere.

Another universal way to relieve stress that has been around for centuries, is music therapy. In accordance to Scott it has shown numerous health benefits for people conditions that are mild (like simple schooling stress) to severe (like cancer patients suffer from).

Progressive muscle relaxation, Scott also recommends, can be very helpful. By simply tensing and relaxing (flexing and releasing) all the muscles in the body, it can relieve tension and help one feel much more relaxed. Making a grimace, holding it tight for ten seconds, then relaxing entirely and repeating down the body with different muscles is a definite way to reduce tension 'as quick as it starts', according to Scott.

One way to help balance your mind is to also take breaks in-between studying. While it may seem more reasonable to study until you can't even think straight anymore, it actually makes it harder for your mind to remember. It also crams you with stress, whereas breaking it up helps the brain relax, while easing your mind.

Many different smells also help naturally lessen your stress levels. Chamomile, lavender, lemon, benzoin, clary sage, cedar wood and sandalwood, according to StressFocus.com, are all smells that will relieve stress. These smells can be found in many different forms such as candles, oils and incense. If stress becomes to much while studying at home, find some candles to light up around the study area to keep a relaxed, focused mind.

When dealing with stress make sure that you turn to the positive, healthy alternatives as opposed to the common negative methods. These methods involve overeating/under eating, zoning out on electronic devices, over-sleeping, avoiding the problems by procrastinating, lashing out on others, or drinking and smoking too much, according to StressFocus.com.

Many of the different methods to deal with stress also help maintain a healthy body and lifestyle, which will also affect how well your body deals with stress.

Next time it feels like the stress will be your ruin, remember to stop, take a deep breath, and relax your muscles to alleviate a bit of stress.

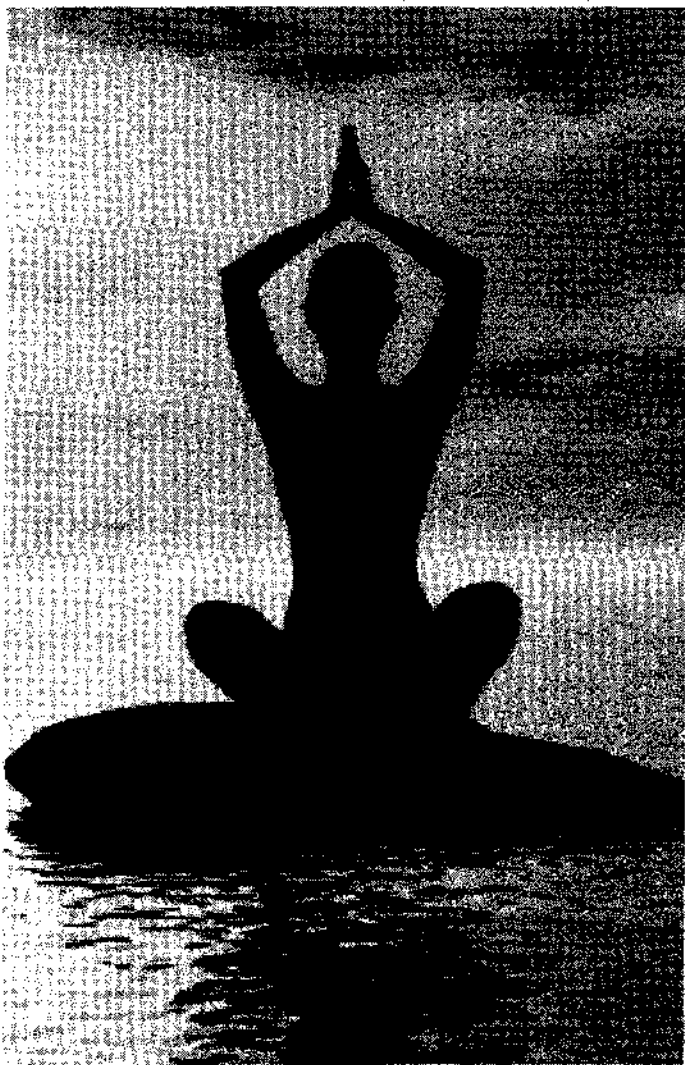
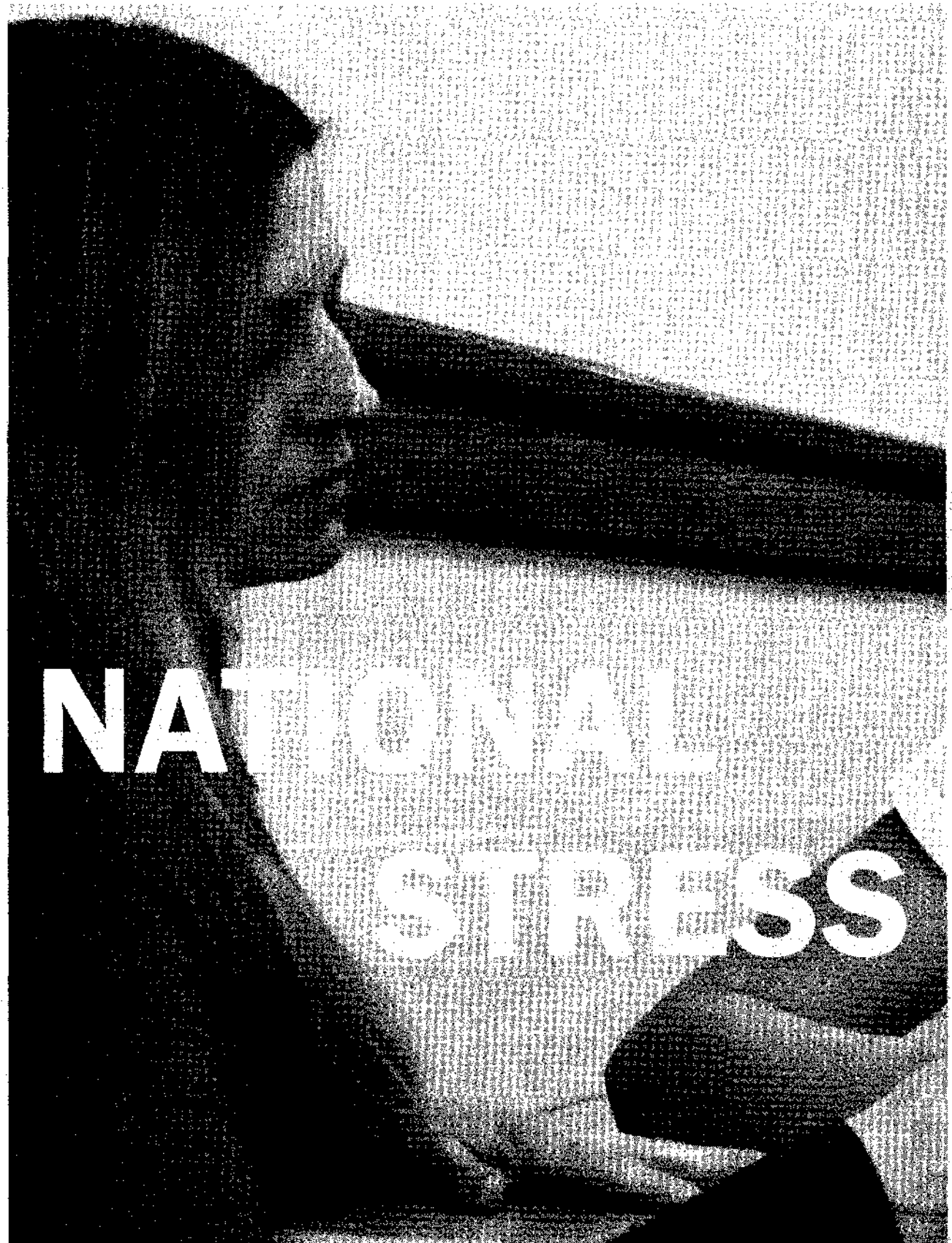


PHOTO COURTESY OF STOPBEINGBORING.COM



What stresses students out?



"Homework. It is much more manageable this year, but I hate when all 8 of your teachers forget you have other courses and each assign you an hour of homework. I can't do 7 hours of school, 8 hours of homework and have a job and remain sane."

Alex Bogatz, 11



"As a student my biggest stress is pleasing my parents and teachers. My parents have very high expectations for me in school. It is always very stressful to do as well as they want me too. I must constantly strive to do the very best to please them."

Andrew Bruch, 10



"The new grading system and how it affects my grades because I try hard and in order to get an A, I need to know information I was never taught."

Sidney Whelan, 10

"The onslaught of project after project."

Marco Gullickson, 12

Stress affects everyone, even teachers and OPS board members

Media today often focus on stress affecting students, but rarely do people ask what stress is being placed on teachers' shoulders.

BY TABITHA PANAS

Teachers have many tasks on their plates, this year especially. As if being responsible for over 100 kids on a daily basis is not stressful enough, the new grading system has caused some confusion and even tension between teachers and their students.

Teachers end up taking all the blame from students when they are just the messengers of rules and regulations.

Besides changes at work, teachers have other factors that cause stress year after year. Music teachers are one example of teachers who would feel these especially when trying to get their student performers ready for a concert or adjudication.

Music teacher Lyn Bouma feels that the most stressful thing about being a music teacher is all of the little details that go into making things run smoothly.

"If I put my heart and soul into it," Bouma said, "I want to feel that they are putting as much effort into it as well."

One thing most teachers agree on that's causing stress is their students. Not only do they have to create lesson plans for their students every day, but they also have to worry about keeping their students entertained and involved in the learning as well.

Physics teacher Ashutosh Kumar agrees that some students can cause stress. Stressful situations occur "when kids do not do their work and play around," Kumar said.

Many people consider a teachers' job as easy or stress-free because they have every weekends off and summers as well. However, many of these teachers work other jobs during their time off, or take classes during the summer.

They do not just work with students from 7:45 a.m. to 2:50 p.m. They work with students before and after school, as well as on weekends. Bouma explains that teachers come in early and stay late. "Teachers are the most dedicated people I know," said Bouma.

Being this dedicated to work can cause stress as well. German teacher Erica Meyer says it can be stressful because, "you don't get a lot of adult interaction." However, what causes her the most stress are deadlines, such as getting grades in by a certain date.

However, all of the discussion about Nebraska's budget plan could be causing stress to teachers all across the state this April. The state legislature is to come together later this month to set the state budget and decide how much money will go into education.

In this past year, the Nebraska state legislature allowed \$950 million to be set aside for education. However, according to the Omaha World Herald, this is too high for the state to maintain.

For the rest of the year and next year, schools across Nebraska are going to have to accept less money and tighten their budget. That is for sure, but the question is: how much will they have to cut back?

Governor Dave Heineman plans to set the school aid budget at approximately \$810 million next year, according to the Omaha World Herald.

While these are large numbers, all of the money still has to trickle down through all of the public schools in Nebraska. While the deficit from this year's budget is over \$100 million, changes and cuts are in the works, which may cause extra stress for teachers and faculty.

"I'm very worried about program elimination and staff lay-offs," said Karen Kilgarin with the Nebraska State Education Association to the Omaha World Herald. The chance of losing one's job is probably the most stressful component of teachers' careers right now.

In just Omaha Public Schools alone, \$7.4 million is expected to be cut from the aid, which is equivalent to 154 full-time jobs in the OPS School system.

OPS recently built a new middle school at 132nd and State Streets, however, with these budget cuts, they now are wondering how they are going to staff their new middle school, according to the Omaha World Herald.

OPS faces a shortfall of about \$26 million that they need to compensate for, which means for Central, publicly funded programs may be cut, or teachers might be forced to find new jobs. This could lead to larger classes with more students per teacher, and possibly larger amounts of stress.



PHOTO BY TABITHA PANAS/REGISTER

History teacher Carol Krejci and senior Brent Sudds expressing looks of stress during their eighth hour AP Government class.

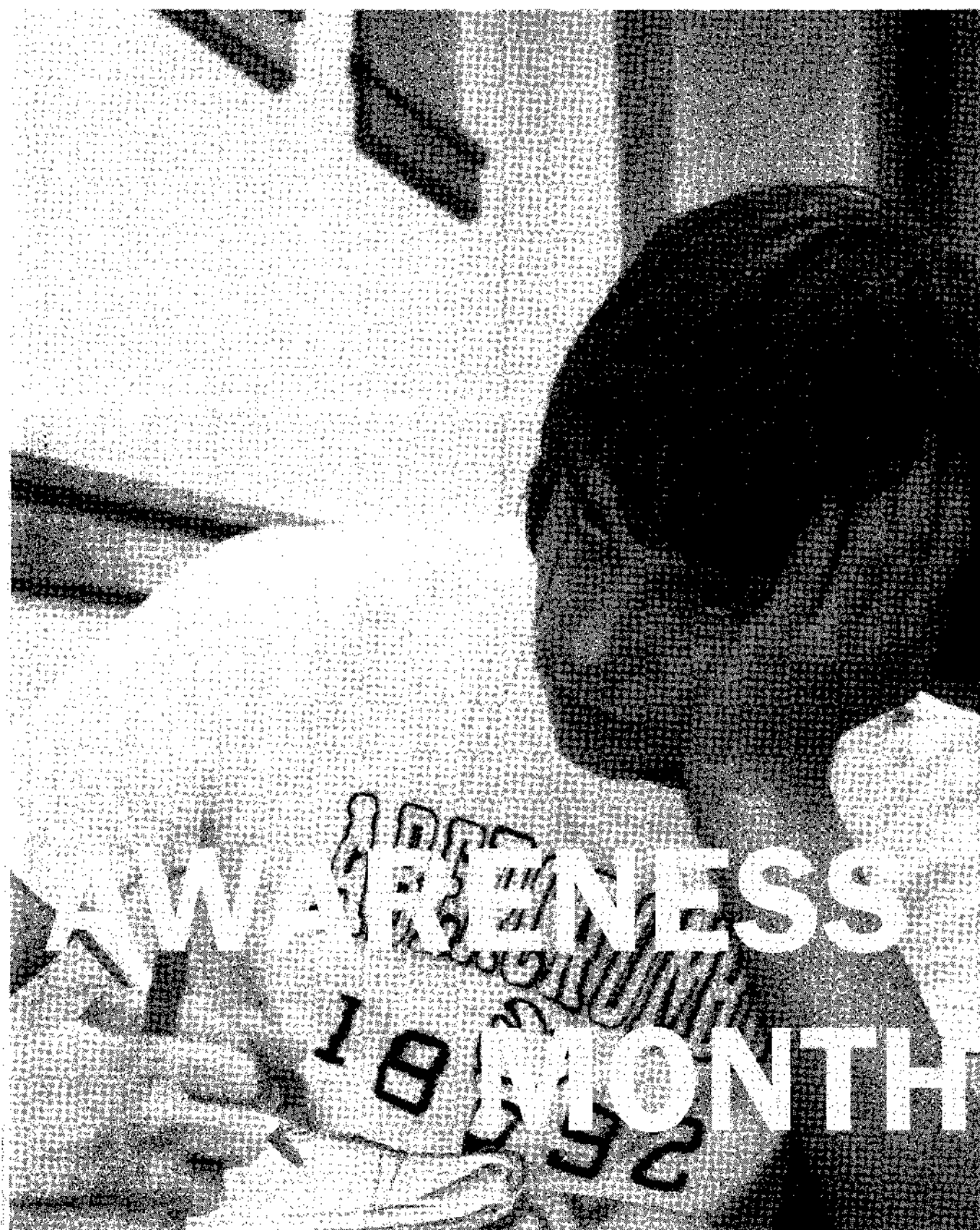
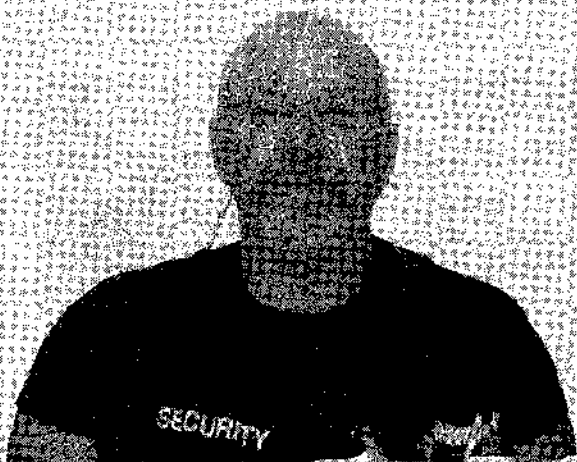


PHOTO ILLUSTRATION BY TABITHA PANAS / REGISTER

Spanish teacher Melissa Kuskie and freshman John Points display stress caused by the interaction between some teachers and students.

What stresses faculty out?



"Working after school down in the gym lobby. Why don't some kids go home?"

Jeff Anderson, Security Guard



"Not being able to visit the classrooms and seeing all the positive things going on, due to the extensive paperwork."

Bill Canney, administrator

1. New grading system, reason: conflicting information.
2. Number of papers to grade, reason: requires me to work at home.
3. Students who are unwilling to learn, reason: make it hard to teach those who do want to learn."

Diane Allen, English Teacher



"Noise and students without a purpose."

Tim Shipman, Psychology



Zio's
PIZZERIA
www.ZiosPizzeria.com



BEST OMAHA
2010

**More than
25 Best Pizza
Awards since 1991**

*Hand-Steaked
New York
Style Pizza!*

*Fox Parties
Call 330-1444
up to 60 people*

391-1881 1834 Dodge St.
330-1444 12357 W. Center Road
344-2222 1235 Center

• Pizza • Calzones • Pasta
• Salads • Hogies
• Appetizers • Beer & Wine

* Full Service
M-F Nights & Sat. Sun. All Day

* Self-Service
Lunch M-F

* We Deliver
Downtown!

Good Samaritan uses facebook to help others

BY PRECIOUS GASPARD

"Facebook plus inspiring anonymous complimenting wall post would most definitely be Lovely Letters," said freshman Aaliyah Dunbar about an anonymous person on the social networking site who has been posting positive comments on the pages of Central students.

Ironically the posts have only been made on the pages of girls who attend Central.

"There are so many other girls in other schools and it would just take a long time to get through them all," said Lovely Letters, who would not reveal her identity. "Also, because I actually communicate with a lot of girls from Central, so I know how they look, how they act and their brightest feature."

The first post from Lovely Letters occurred in 2010. He or she has never revealed her identity and hopes to stay anonymous for different reasons.

"One is that I don't want the publicity that comes with taking the Lovely Letters title," said Letter. "Second is that the mystery makes it easier to talk to me."

People come to Lovely Letters for advice,

because "it's easier to talk to trust a stranger," said Letters. "Third, who I am doesn't matter, but what I'm doing, and what I will continue to do will impact people's lives for a long time."

The concept of Lovely Letters was inspired by someone that was talking about someone that uses Formspring to write on girls walls, thinking that "Hey, Central could use that" said Letter.

"Our school is so full of girls who have little to no self-esteem, and it's just not right," said

"...who I am doesn't matter, but what I'm doing, and what I will continue to do will impact people's lives for a long time."

Lovely Letters

Letter: "Everyone is beautiful in their own way." Lovely Letters has had some negativity surrounding what he or she does. "It's simple to brush it to the side and focus on the girls who need my compliments."

Despite some negative thoughts on the posts, students like Sidni Nore appreciate the gesture. "I thought it was nice that someone would do something nice like that," said Sidni Nore, freshman.

According to Letters, there are many of times being told "you've made my day" or "you're so inspirational" helps.



PHOTO COURTESY OF FACEBOOK.COM

Central students have been receiving "lovely letters" via facebook from an anonymous author.

Holocaust Survivor Kitty Williams speaks

English classes hear testimony from 85-year-old during week of visits

BY KATHERINE SCARPELLO

"I am just one of the lucky ones who lived," said Holocaust survivor Kitty Williams.

At Central, many know about the Holocaust. From Honors U.S. History freshman year to Holocaust Literature senior year, each student knows the gist.

But on Monday, Feb. 28, students were given the opportunity to broaden their horizons when Williams came to Central to speak to students who had earned a 'C' or higher in their English classes.

Beginning with background information on herself, Williams spoke about her home in East Hungary, six brothers and sisters and the breeze of her life up until the invasion in 1944.

Williams explained the shock

of the change she was about to live.

"It was so unbelievable that we just shook it off as if they were rumors," she said.

Continuing in the speech, Williams explained in depth her life as a concentration camp prisoner.

"Guards would say things like, 'Look up to the sky...you see the clouds? That's where your parents are headed.'"

Although the concentration camps were difficult, Williams, along with over 850 camp survivors said the "Love of their family and belief in god" kept them going and allowed them to become the heroes they are today.

Williams moved forward with explaining where she is

today, and how she is almost glad she has the past she has.

The speech ended with questions from the audience. Students were quite informed, and Williams made it perfectly clear that "Central has been her best speech audience yet." Williams now lives in Council Bluffs, Iowa and is retired with very successful children including doctors.

Williams was among other Omaha-area Holocaust survivors who spoke at schools around the area as a part of the week long series of visits called "A Week of Understanding" organized by area teachers who participated in the Freedom Writers program as well as the Institute for Holocaust Education.



PHOTO COURTESY OF LAURA STASTNY

Holocaust Survivor Kitty Williams visited Central on Monday, Feb. 28 during fourth through sixth hours. Williams told her story on surviving the Holocaust to interested students who earned a 'C' or higher in their English class.

April Fools! Central students enjoy holiday

BY KENDALL PANAS

One day a year, kids and adults alike band together to pull the craziest pranks to get a good laugh.

Some are just born with that natural funny bone that shows around this time of year. These people spend all year planning the best tricks, yearning for that one day, April 1st, when it's okay to pull a hilariously humiliating prank.

Unfortunately, not everyone is a natural prankster. These are the fellow students or co-workers that get singled out; the ones who turn on the faucet and get squirted, or sit on a whoopee cushion.

No matter what side one is on, the joke is almost always funny. Pranksters and targets can coexist as long as everyone is a good sport, and no one gets hurt. Whether at school, home, or the workplace, people have a natural instinct to have their guard up on April Fool's Day.

Prankster Patrick Nolan, freshman, recalled the greatest trick ever played on him with a chuckle.

"It was April 1 in sixth grade," he began. "My teacher gave us this huge assignment - a paper with a bibliography, research, the whole nine yards - and it was all due the next day. After we had worked and complained for twenty minutes, my teacher

told us to rip up our papers. I'll never forget that prank!"

To get back at Patrick said, friend tried to his teacher's to his desk. was all

into the door and busted worth a try. We him get away with his prank without

I'll never his teacher, he and a tape all of belongings "The plan ruined when he walked

revenge."

"I also tried to get my whole class to stop and stay still for a whole minute at recess. It took some planning, but it was executed perfectly. After the minute was up, we kept playing like normal. It was a simple joke, but the teacher's definitely had some surprised looks on their faces," said Patrick.

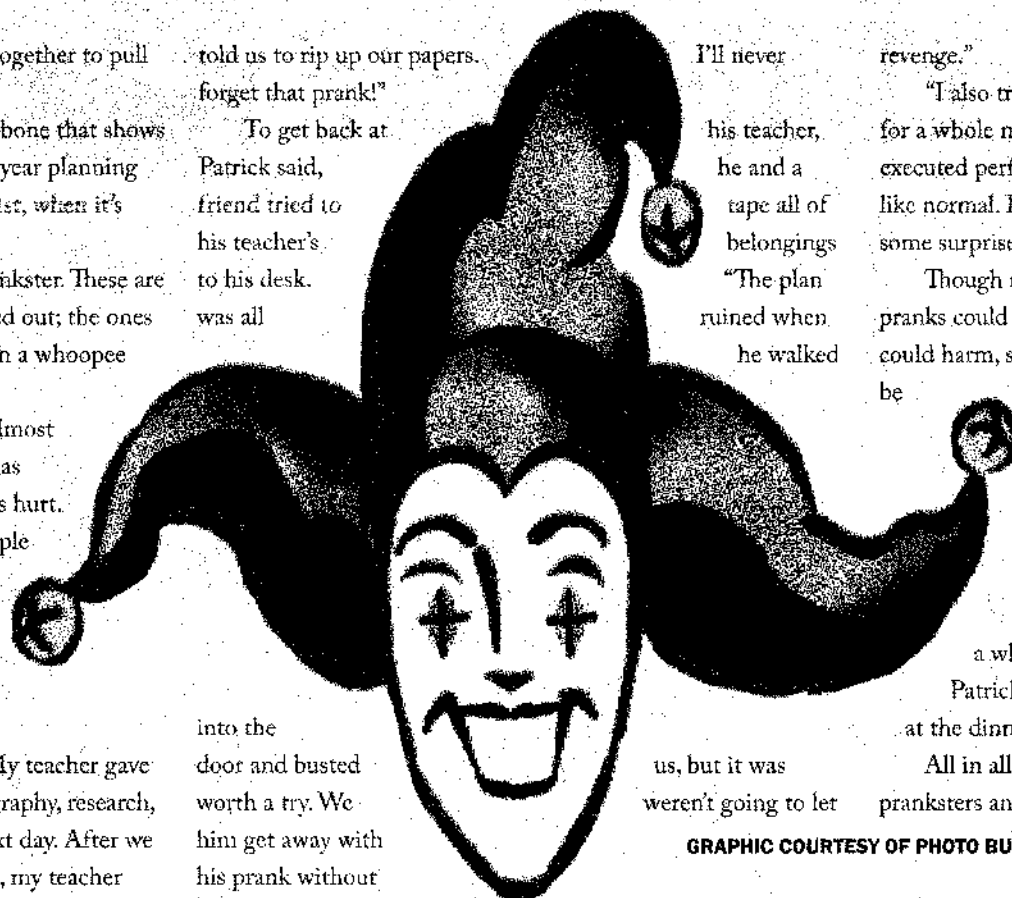
Though most jokes are simple, harmless, and fun, some pranks could get a prankster into deep trouble. Any prank that could harm, seriously embarrass, or ruin someone's outfit should be played outside of school or work.

Some classic pranks seen around the hallway on April Fool's are lockers filled with toilet paper, kids wearing complete backwards outfits, or the all-time classic, the whoopee cushion.

"One year, I got my dad almost six times with a whoopee cushion, all before dinner time!" bragged Patrick. "But it wasn't as funny when he put it on my seat at the dinner table. I didn't even see it coming!"

All in all, April Fool's Day can be a great day of laughs for pranksters and targets of all ages. What new pranks will be seen in the hallways this year?

GRAPHIC COURTESY OF PHOTO BUCKET.COM



What's your biggest phobia?

See what the Register staff admits to being their biggest phobia as well as the most common fears around Central.

PAGE 8

What's hot and what's not for prom?

Staffers inform people on what they believe is a prom dress hit or miss.

PAGE 10

ET A ENTERTAINMENT THEATRE ARTS

The Register | Thursday 4.21.11 | central.register@ops.org

11 TIME NSPA/IEA BEST-OF-SHOW WINNER THE OLDEST HIGH SCHOOL NEWSPAPER WEST OF THE MISSISSIPPI NATIONAL PACEMAKER AWARD WINNER

Movie stores shut down due to options

BY KENDALL PANAS

Across the city, video rental stores have been closing due to lack of business and only three Blockbuster Videos are open in the Omaha metro area, and just barely open at that; the video rental store business is struggling immensely.

Not only Omahans are affected by these unfortunate closings; Blockbusters have been closing across the country as well.

According to a representative from Blockbuster, the stores have been closing due to Netflix, Redbox, and On Demand. These methods of renting movies have been booming lately because they are more convenient for some.

"I think Redbox is the most convenient way," said freshman Laura Ervin. "It only costs a dollar, and they have good movies. The only bad thing is that you have to return it the very next day."

Some movie watchers are inconvenienced by the lack of movie stores in the metro area.

"I always used to rent movies from there, but now their selection is kind of crappy. The locations are far away from my house, too," said freshman Kate Bonham.

Since Netflix, Redbox and On Demand offer an almost limitless list of movies and TV shows, only the most popular titles are up for rent at Blockbuster.

Just like Redbox, On Demand movies are only rented in 24 hour intervals. "I miss being able to keep the movies for a week," said Bonham.

While Blockbuster's location numbers are falling, Redbox's are steadily increasing. New stations are popping up across the city outside of grocery stores and pharmacies.

Netflix is only \$8 a month, with "unlimited TV shows and movies," according to their Web site. Users can watch basically whatever whenever they want, and some choose this as opposed to leaving their homes to go to a store.

Others think that these new movie methods are not as good as the original movie rental store.

"We like to have the actual DVD so my family goes out to buy certain movies now," said Ervin, "rather than renting."

Lady Gaga brings tour to Qwest

BY SHALEIGH KARNIK

Electro-pop blasting through the speakers as the crowd starts to chant, "Gaga". People of all different ages, many dressed in eccentric costumes and outfits, all singing to the same energetic, fun songs.

Lady Gaga brought her Worldwide Monster Ball Tour to Omaha on St. Patrick's Day, March 17. Mother Monster, as some fans call her, performed her very elaborate show along with her opening act Scissor Sisters to a sold out Qwest Center audience.

The show started off with the Scissor Sisters performing a half an hour set of their alternative upbeat songs. Overall, the crowd responded well to their performance; however, what was coming soon after was what everyone had been waiting for.

While waiting for the stage to be redone and set up for Lady Gaga anyone could feel the energy being built up in the audience as the fans sat awaiting her entrance. After waiting about an hour and a couple attempts of the wave by the audience and numerous hopeful chants, the lights slowly went down and the show started.

The whole concert was acted out as if it was Lady Gaga's trip to "The Monster Ball" with numerous complications such as her car, which later turned into a piano, breaking down so her and her friends had to take the subway which led them to where they had to battle the Fame Monster.

Playing a long show with almost all of the songs from both of her albums kept the crowd entertained and singing along the whole night. Lady Gaga showed off her usual crazy outfits and choreographed dances along with showcasing her powerful vocals all throughout the night.

Every now and again between songs she would thank her fans and take a break to spread her love and talk about the importance of being who you are. With "Born this Way" being such a hit she talked about how important it was to be who you are and to not let anyone tell you weren't perfect.

All of this put together made it an unforgettable night for everyone in the audience. Not only was Lady Gaga incredible but personally to just see people from all walks of life coming to a concert enjoying the same music and the same talent of an individual made me feel as if all fans of Lady Gaga were somehow united at that moment.

Being St. Patrick's Day, many of the audience members were wearing green, but those who weren't were wearing eccentric costumes, most of what looked like things Gaga wore in the past or people's own interpretations. However, along with the green came audience members who might have gone out before the concert. As some seemed to show up to the show intoxicated or close, many were just about to be as they were walking to their seats with alcohol in hand.



PHOTO COURTESY OF IMBD.COM

Before the concert fans eagerly awaited the entrance of Lady Gaga or Mother Monster as some fans may call her. The stage was prepped and ready to go for the elaborate show after the opening act, The Scissor Sisters, an alternative band performed their set. Lady Gaga then hit the stage an hour later in her eccentric costumes.

Thelonious Monk Jazz Institute visits Central

BY TABITHA PANAS

He was recently named #1 Jazz Piano Rising Star in Down Beat Magazine's 2010 Critics Poll. He has traveled nationally to perform his music and has been nominated for two Grammy Awards. His name is Gerald Clayton.

Recognize the name? He played in Central's auditorium Friday, March 18 with his Booker T. Washington Jazz Quintet, performing the Thelonious Monk Institute of Jazz Combo Program.

This quintet, made up of five young and talented Jazz players, from Booker T. Washington High School for the Arts traveled here from Dallas, Texas and include: senior Lessie Vonner on trumpet, sophomore Matthew Babineaux on saxophone, senior A.J. Durham on guitar, sophomore Grayson Schwerts on bass, and sophomore Michael Mitchell on drums.

Jazz music may not be as well known here in the Midwest compared to other places such as its birthplace in Southern Louisiana, but that didn't stop Central students from "moving and grooving" to the music. Dynamic Jazz Vocalist Lisa Henry, who sang a few songs with the quintet, got the crowd involved, inviting anyone who likes to sing Jazz to sing on stage along-

side her.

A few girls were tempted, but were too shy to appear on stage. Finally, brave soul sophomore Matt Harald stepped up to the plate. He didn't seem nervous at all as he swayed back and forth to the music, echoing the lyrics Henry sang to him. However, he said he was a little nervous knowing a lot of students were watching him.

Harald plays the bass trombone in Central's jazz band and says he has always been interested in jazz. Among many students, Harald also enjoyed the program. "It's amazing how they are our age, but so good," said Harald.

While everyone enjoyed the music, they also learned a great deal about jazz. The show was narrated by Dr. J.B. Dyas, former director of Jazz Studies at New World School of the Arts and Executive Director of the Brubeck Institute. He has taught many students at every different age level.

Dyas started off the program with a little information about jazz. Did you know jazz is the only style of music invented here in America? He also taught students about the fundamentals of jazz music and how it works in a 12 bar system.

Freshman Patrick Nolan says he has always listened to jazz, yet still learned new things from the show.

"You can work your whole career at jazz and only scratch the surface," said Nolan. Nolan has played trumpet since fifth grade and plans to go to a music conservatory for college.

Overall, the Thelonious Monk Institute of Jazz Program was enjoyed by many students, and proved to be educational, too.

According to Nolan, for Central students the performance was "an awesome experience."



Young Jazz musician, Gerald Clayton works in the music room with Central's Jazz Band after performing in Thelonious Monk Program. The Booker T. Washington Jazz Quintet played in the program and are dispersed throughout the band, practicing

PHOTO BY TABITHA PANAS/REGISTER

WHAT

IS

YOUR

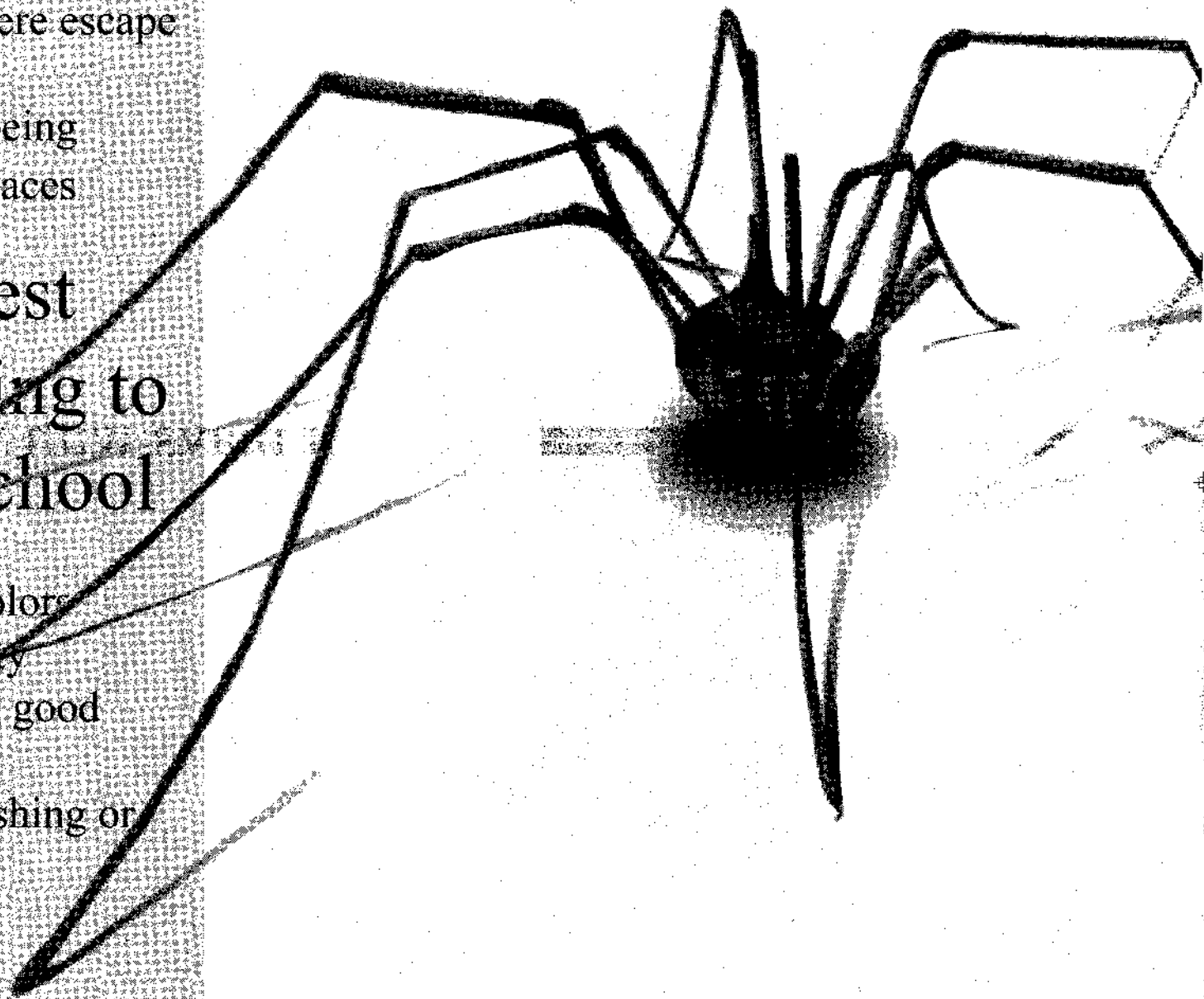
Top Five Phobias

Top five common Phobias according to Phobia Fear Release

1. Arachnophobia- Fear of spiders
2. Social Phobia- Fear of being evaluated negatively in social situations
3. Acrophobia- Fear of flying
4. Agoraphobia- Fear and avoidance of any place or situation where escape might be difficult
5. Claustrophobia- Fear of being trapped in small confined spaces

Top Five weirdest Phobias according to Central High School

1. Chromophobia- Fear of colors
2. Barophobia- Fear of gravity
3. Euphobia- Fear of hearing good news
4. Albutophobia- Fear of washing or bathing
5. Astrophobia- Fear of stars



Members of the Register staff



Excuse me?!
A column by Shaleigh Karnik

No matter what age, gender or personality type there is one major bug everyone has to deal with. Phobias haunt many and some to the extreme. They can cause definite pain and anxiety. In fact, the definition for phobia is an anxiety disorder characterized by an extreme and irrational fear of simple things or social situations.

Throughout life, there are the little things that frighten you especially starting at a young age such as a monster in your closet, the fear of the dark, and also the fear of the unknown.

However, there does seem to be a difference between a fear and a phobia. When I was a child, like most others I was a tad frightened by the possibilities of creatures coming out during the night and haunting my dreams. This would most likely be characterized as a fear. A phobia is more of a certain thing causing you pain and anxiety by just the mere thought of it.

For most of my life I haven't had just one phobia. I would consider mine scattered and not necessarily focused on one particular topic. My number one phobia though would probably have to be my fear of heights or domophobia. Whether it's climbing up on a ladder or even just atop my childhood bunk beds, I was very much frightened by the fact that at any moment I could be tumbling down and hurt myself. Heck, I was even afraid of falling out of my bed.

Another one of my phobias is atychiphobia, which is the fear of crowds. My fear of crowds is not as much getting up in front of a crowd as it is getting lost in a sea of people not being able to find my way out. Although this has never happened to me it also relates to one more of my other many phobias. I am afraid of being trapped in small spaces, the very well known claustrophobia.

Although, my fears definitely don't cause me as much pain and anxiety as they do to others it still frightens me to think of any of them happening to me.



YES, I'M SERIOUS
A column by Tabitha Panas

Some say people are afraid of the dark because they are afraid of the unknown. Countless children are afraid of the dark and many of them carry this fear into adulthood.

Nyctohylophobia, fear of the dark, is probably one of the most common phobias out there today.

Yes, I am one of the millions of people scared of the dark. Every since I was little I have slept with a night light.

I remember running into my room and jumping on my bed after using the bathroom in the middle of the night, scared something would jump out at me if I was not running my fastest.

Still, to this day I find myself uncomfortable without multiple lights on in my dark basement. Or course there is nothing lurking in the darkness, but I can't help the little things that come together to create this phobia. My heart will start to beat fast inside my chest and before I know it I am jogging up the stairs, a little faster than usual.

All of the horror movies viewed in our culture these days don't help either. I'm not just scared of monsters coming out of the darkness, but The Grudge and Michael Meyers suik in the shadows of the dark as well.

It is a human's natural instinct to be afraid of what may be lurking in the shadows of the night. Humans rely heavily on sight to direct their behaviors or alert them. In the absence of lights this sense is somewhat disabled, heightening our other senses. This is the reason that noises of the night are emphasized in our minds, leading us to wonder what horrifying creature caused it.

However, instincts are a good thing. Many animals hunt at night. This ancient phobia of the dark could have helped our earliest ancestors survive in the wilderness.

It still helps us today in being alert and aware of our surroundings at night, when crime or other mishap is more likely to occur.

Prom dress hunt begins with nearing of dance

BY MEKENZIE KERR

With prom season right around the corner for juniors and seniors at Central High School, students are out scurrying around to find their perfect dress and tux for this once in a lifetime occasion.

Whether a fashion-guru or a picky person, the hunt is on to find the best dress that suits your body shape, along with your preference in color and style.

There are a plethora of prom dresses available and sold anywhere from department stores to bridal stores. Colors, lengths and styles are up for grabs in a variety of different types, sometimes making the process of picking out the best-suited dress a little difficult.

One of the main deciders in a prom dress is how well it fits each individual girls' body type. According to PromGirl.com, there are six different types of dominant body shapes that they have dresses for. From a 'pear-shaped' body to an 'apple' type, there are dresses with numerous forms for everyone.

Prom-night.com recommends monochromatic color choices because they are always slimming for any body type. As well as choosing a dress that is either all one color or two colors, instead of busy dresses to make it a well-put-together look. Another prominent part of shopping for a dress is what style, involving color and length, you want.

"I am looking for something simple and floor length," said Julie Zukaitis, a junior at Central, "I don't want ruffles and



PHOTO BY TABITHA PANAS / REGISTER
If you are having trouble, try a fun and short dress like these from Nouvelle Eve in the downtown Old Market.

bedazzles, but a simple and elegant dress."

Others, like Janessa Davis, are going for something with a little bit of "oomph", like lace. "The dress I'm wearing is purple with black lace," she said, "it's very pretty."

Whether buying a dress with more pizzazz, or classy formal, there are numerous places to go looking for the one that has been sitting in your mind.

Department stores like Delia's, D.F.B. and JCPenney's are fashionable, generally fairly affordable places to shop for dresses ranging in price from 50 dollars to three hundred. All these places display kooky colors and unique patterns for all types of girls', from wild spirits to the earthy calm types.

Although if one has a more designer, eloquent you can visit boutiques, like ones scattered in the Old Market, like Nouvelle Eve.

If going out to get your dress isn't necessarily one's thing, then online shopping works just the same. Alex Gillispie, a senior, recommends lulus.com, modcloth.com and promgirl.com as helpful websites to scout out that one special dress.

Prom dresses are also generally the main expenses of the total sum high school prom fees. Prom-night.com has a few prom dress tips to help lower the costs.

Overall, when shopping for a prom dress, don't settle for less. Keep looking until you find the one that best suits yourself. Don't lose hope because there are numerous places all around the metro area, and online, to find the perfect fit for that memorable night.

Bright Eyes Album: Intricate Collection of Talent

BY MEKENZIE KERR

Conor Oberst, front man of famous Omaha indie band, Bright Eyes, has been producing mellifluous tunes since 1995 with Saddle Creek Records.

Their newest album and seventh album, The People's Key, does not disappoint.

Review scores from different listener groups like All Music rank it four and a half out of five stars, Drowned in Sound ranks it nine out of ten.

'The People's Key' boasts a full 10 songs, and an extra 11th if the album was pre-ordered via iTunes.

Bright Eyes' albums have always had a consistent indie sound with Oberst's one-of-a-kind vocals.

'The People's Key' still contains the talent and music style that they have always stuck with. This album presents the same admired sound Oberst has always pleased listeners with.

There is an equal amount of slower, acoustic pieces that enhance the purity and distinct voice of Oberst. "Beginner's Mind", "Approximate Sunlight", and "Ladder Song" are examples of the classic, feel-good music from Bright Eyes.

Other songs are a bit faster-paced and layered with more than just acoustic guitar and piano, like "Shell Games", "Triple Spiral", and "Haile Salessie".

Bright Eye's lyrics are perplexing from song to song. Often times their lyrics begin turning the cogs in one's mind, turning the simplicity of most lyrics to philosophical ideas about different aspects on life.

Denny Brewer discusses the concepts of time, aspects of Scientology and serpents in "Firewall", the opening track for "The People's Key".

The relatively simplistic sound of music is really an intricately pieced together collection of pure talent. Every note played presents even more of a reason Bright Eyes has gained such success, and an even better reason to listen to the revolutionizing album, "The People's Key".

Not only is the album an artful masterpiece that is a pleasing medley of lyrics, passion and instrumental talent, it also has many other Omaha artists featured.

Alongside band members: Conor Oberst, Mike Mogis and Nate Walcott were Matt Maginn (of Cursive) and Clark Baechle (from The Faint).

Bright Eyes fanatics have a beautiful blend of heart and soul in store for them with "The People's Key".

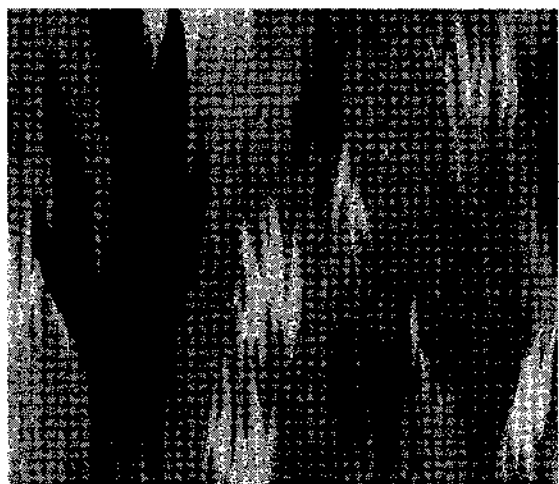


PHOTO COURTESY OH POPSTACH.COM

Rhythm Boys published

BY SAM PARR

Imagine living in a small city of 340,000 where everyone doesn't get along. Everyday there are riots and signs of segregation in all the schools. It is also in the midst of the 1968 racial divide and the championship basketball game. This is exactly what is explained in Steve Marantz's book "The Rhythm Boys of Omaha Central High School Basketball During the '68 racial Divide."

Steve's book is filled with many great facts that everyone needs to know. For example, he reveals that Omaha was separated into its own sections. You had the north side, south side, and west Omaha. All the different parts were occupied by certain racial groups; if you went there and didn't live there you were looked at in a weird way.

Marantz is also very specific about different personalities affecting the outcome of things such as how the principals who were there at the time weren't very supportive of African Americans. Another example is how the new coach that came to Central in 1967 could have cared less.

The book keeps you interested no matter how long you read. It could be for one hour and you still couldn't get enough. It also does a good job of keeping things interesting.

Not only does it have good explanation of each character that is introduced, but it also makes things better when it jump from the good sides of things to the bad.

The best thing about "The Rhythm Boys of Omaha Central" is that there is a history lesson on every page you turn. Little by little, you learn about what Central was like during 1967. It gives you a perspective of how much things have changed. Some of those things are as small as the boys and girls stairwells to bigger issues such as racism.

It also tells a lot about the true personality of each player, if they were a trouble maker or not. Marantz does a good job of going into details, which also makes the book even more addicting. Yet it doesn't go to deep into detail where it is boring.

It keeps things interesting by going into the personal lives of the players. One example of this is how one of the starters, Willie Frazier, is dating a white girl which was frowned upon at the time and how he ignores it and dates the girls anyway. Still, the relationship doesn't last for long.

The book teaches you a lot about the city of Omaha in '67 and

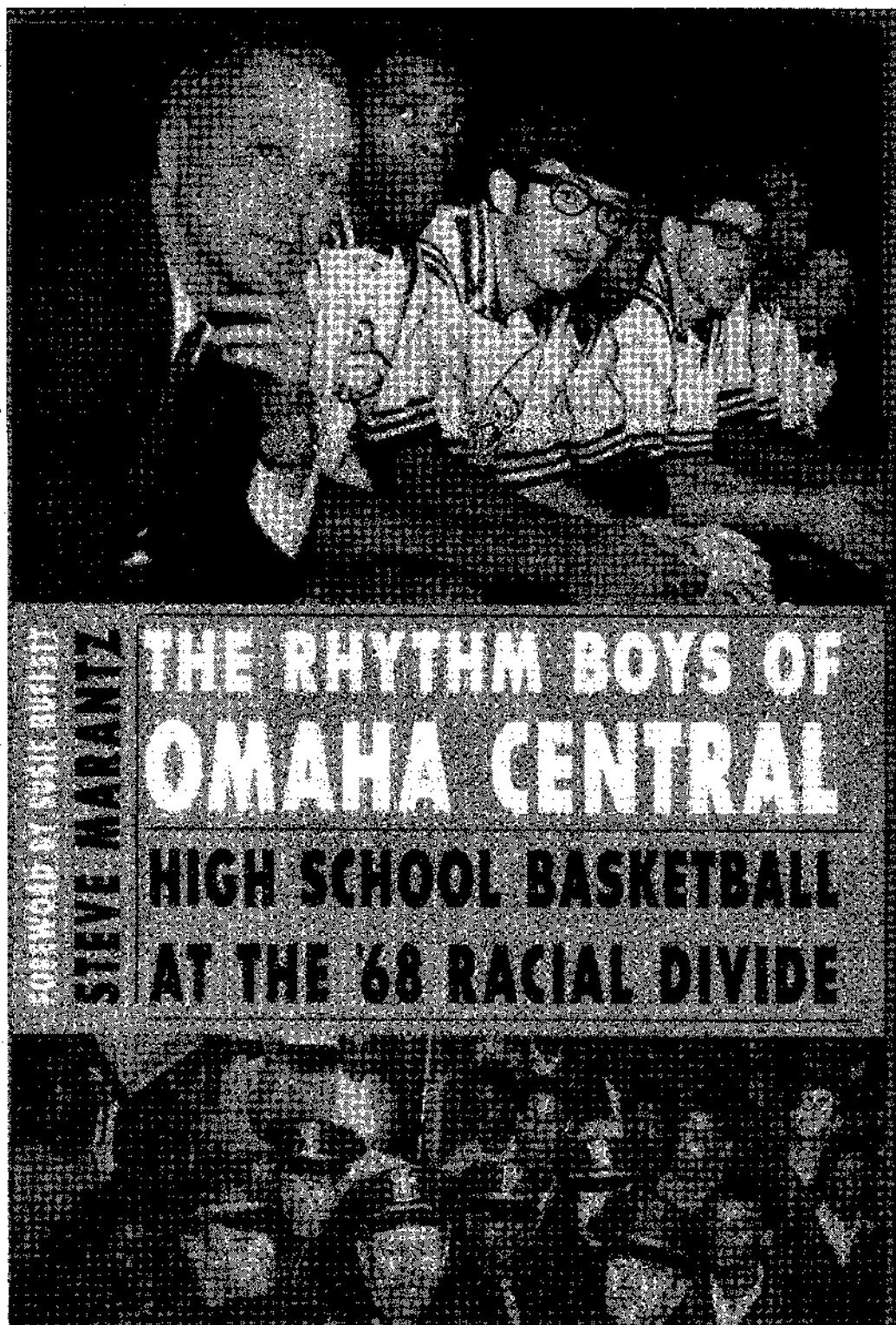


PHOTO COURTESY OF STEVE MARANTZ

In March 1968, two high school basketball teams played for the Nebraska state championship, a contest with decades of wholesome tradition, but this game was different.

The Rhythm Boys

Omaha wasn't always perfect.

After reading this book, I learned many lessons such as the environment of Central in '67 and '68 and the all around school experience. This book is perfect for anyone. Marantz did a good job of making sure the point got across.

If you are sitting around your house trying to figure out what to do, you need to get up and go down to the book store and pick up "The Rhythm Boys."

'68. It mentions that we used to have a population of 340,000 instead of 300,007 today. It also helps you understand that people didn't get along as much as now and every race was expected to live in a certain part of town; you had to be careful when going into another part of town.

Marantz helps you understand how people of Omaha felt about desegregation and racism. There were riots and fights that would break out;

Winter and Spring Sports in Brief

Varsity baseball up and running

The Varsity Baseball team started off their season against Burke on March 18. It was a close game but Central lost 4 to 3. One factor that has hurt the team so far has been the weather.

"You have to get out there and play all the time," says Varsity Coach Steve Russell noting the team has lost practices due to the rain. However, the boys have many returning players. The team is split up about evenly between juniors and seniors.

Defense is one thing this team has down this year. Russell hopes this could take them down to Hay Market Park, where state baseball is being held this year in Lincoln, something he has only done once since he has coached at Central.

Central will have to tackle some tough teams out west early on to make it to Districts. Even still, Coach Russell holds the bar high. When asked about his goals for the team, he said, "It's always to go to State."

Coach feels soccer team has potential

Girls Soccer has a lot of potential this year- and next year. With only one senior leaving this season and many incoming freshman playing on higher level teams, Central's soccer is looking up. The varsity team has about half of their starters returning this season but many freshmen to fill the other places.

As Dr. Bigsby said last year, Central's soccer may become the "powerhouse" of Central High School. With the season off to a bit of a rocky start however, Varsity Coach Jason Page is making goals for his team. He feels they need to work on playing as a team and getting the best players in the best positions. However, he says, "Varsity has lots of potential."

The Varsity team has plenty of talent and skill, especially good defense. Once the team gets used to communicating and working together, they should pull through to have a good season.

Girls track placed 2nd in meet

The girls track team started practicing on Feb. 28 and their hard work seems to be paying off. The team placed fifth in their first relay at Burke and second in their meet at Bellevue East.

Varsity Coach Trent Lodge felt that they did a lot of good things during their Bellevue East relays, but still have room for improvement. Highlights of the Bellevue East Meet include Junior Avrie Welton winning high hurdles, low hurdles, and high jump; and Freshman Maddie Buller who was on three winning relays.

The girls team lost two seniors last year which could hurt them this season. Graduates Celeste Robinson and Tatyana Davis were both state qualifiers last year. While this team is young, they make up for it with hard work. Lodge is confident in his team this year. He hopes to win districts for the third year in a row and finish in the top five at State.

Young tennis team gets experience

Forty-five girls lined up for girls tennis try outs this year at the Dewey Park Tennis Courts. Coach Christie Goetz says her girls "are looking good," and have "a lot more experience this year." The girls played their first game against South Sioux City on March 24. Although it was an away game, the girls came back with a strong 8 to 1 victory.

The team is somewhat young this year, with only two seniors on varsity; however they seem to have potential. Their top four players are freshman or sophomores, leaving them a solid few years to play for Central in the future.

Goetz explains that their youth is both their strength and their weakness. "The girls are young and getting good experience," she says.

Coach Goetz always has the goal for her girls to finish in the top ten, which is seemingly in reach this season. She says her ultimate goal for this season is "to be competitive with top the top schools."

SPORTS CALENDAR

April

21 Boys Track- Dennis Smith Invite @ Papillion LV South

22 Girls Soccer game, Omaha South Invite (Home)

23 Boys Baseball- Lincoln East Invite

28 Central Soccer Invite, times TBA (Home)

May

3 Girls Tennis Bellevue East Invite @ 4:30 p.m.(Home)

5 Baseball game vs Papillion-LaVista South @ 4 p.m. (Home)

11 Girls Tennis Metro Tournament, times TBA

21 State Track and Field @ Burke High School-events start @ 9 p.m.

Power lifting competes at State



PHOTO BY TABITHA PANAS/REGISTER

Senior Sidney Gard pictured above was one of the many Central girls that competed at the state power lifting championship meet. The meet was held at Omaha South High School in February. The girls power lifting team won the runner up title at the State competition. Seniors D'Nasha Jackson, Makayla Cutler and Sidney Gaurd were all state champions in their weight classes.

Boys Basketball Honorees

- Akoy Agau: Nebraska All-Class Team and the All-metro First Team.
- Darian Barrientos-Jackson: Omaha World Herald Class A Honorable Mention, Journal Star Honorable Mentions and All Metro Second Team
- Tra 'Deon Hollins: Omaha World Herald Class A Honorable Mention, All Metro Third Team and Lincoln Journal Star Honorable Mention
- Dominique McKinzie: Lincoln Journal Star Honorable Mentions and All-Metro Honorable Mention
- Ed Vinson: All Metro Honorable Mention
- De'Andre Hollins-Johnson: All Metro Honorable Mention and Lincoln Journal Star Honorable Mention
- Deshaun Roberts: All-Metro Honorable Mention

Girls Basketball Honorees

- Brianna Rollerson: Omaha World Herald Nebraska All-State Second team, Lincoln Journal Star's Super State Basketball Team and All-Metro First Team.
- Emily Gamble: Omaha World Herald Class A Honorable Mention and All Metro Third Team
- Sylvia Smith-Gatson: Omaha World Herald Class A Honorable Mention and All Metro Second Team
- Mercedes Bender: All Metro Second Team

Central winter sports Athletes recognized at banquet

BY PRECIOUS GASPARD

Celebrating, Recognizing and thanking all in one night. Many coaches and parents were recognized at the Winter Sports Banquet at 6p.m. on March 9 in the central cafeteria. Many members from Girls and boys basketball and Boys and girls swimming teams attended the event as the season ended.

"This banquet highlighted the recognition of student athletes", said Coach Jay Landstrom. "The boys and girls basketball teams both did a really good job playing as a team and showed good sportsmanship," said Landstrom.

Freshman Nautica Suggs, was one out of many that said she couldn't wait to play next season. Suggs was on freshman girl's basketball and said "It was kind of sad ending the season, but I think next year we will be better as a team and also as individual players."

Darin Williams Athletic director, most of all wanted to thank the parents for allowing their students to participate in the sports programs.

Williams also said "there is more to life than high school sports, I want student athletes at all times, to represent themselves, their family, and the central community in a positive manner. That's the Central philosophy."

Part of Williams speech to the athletes was that "Success is not always measured on wins and losses, but how a person conducts themselves in life."

It touched many athletes' hearts, including Sophomore Ashlea Bless-Mixan who had a learning experience from the experience of participating. "I was saddened by the season ending, but I eventually got over the feeling and I actually have time for my homework now since I'm not all wore out and tired," said Ashlea.

Overall athletes enjoyed each other's company and later, after dinner and all of the coaches speeches, teams were split up and joined together to be awarded for their accomplishments.



Dr. Linda Rock-Paul

10410 South 25th Street Bellevue, NE 68123 (402) 291-1255
www.bellevueanimalhospital.com

See how the boys felt during State and what they aspire for upcoming seasons

Tradeon Hollins

Q: What is the most exciting part about state?
 A: The student section. The chanting and encouragement we get from them.
 Q: What are your hopes for next season?
 A: [My hopes are] to win state again.

Akoy Agau

Q: How do you feel the guys played during state?
 A: I think we played well and we played our game.
 Q: What are your hopes for state in years to come?
 A: To win stat, point blank period!

Deandre Hollins-Johnson

Q: How did it feel winning state?
 A: It was the funnest thing that ever happened in my life.

Darian Barrientos-Jackson

Q: What is the most exciting part about going to state?
 A: Just the atmosphere. Hearing the crowd screaming and playing in front of a bunch of people.
 Q: What are your hopes for next season?
 A: Do it again. "Bring home another state title"

Dominique Mckenzie

Q: How did it feel to win state as a senior?
 A: It felt good to end senior year with the championship. Dream come true.
 Q: What do you expect from the team next year?
 A: I expect them to win again. I have high expectations for them to keep the championship going and bring it home.

PHOTO AND Q&A BY DARIA SEATON/REGISTER

Girls basketball players reminisce about State

Brianna Rollerson

Q: How did it feel to play at state for the first time?
 A: Exciting. I was really nervous since it was the first time being out there for
 Q: What are your hopes for next season?
 A: I want to go undefeated and win state.

Koi Bradley

Q: How did it feel to play at state for the first time?
 A: It was nerve racking. I felt proud we made it that far, especially from last season.
 Q: What does the team need to do to win state next year?
 A: As long as we trust each other more we'll get there.

Sylvia Smith-Gatson

Q: How did it feel to play at state for the first time?
 A: It felt great with all the fans there.
 Q: What does the team need to do to win state next year?
 A: We need to play well together as a team again.

Emily Gamble

Q: How did it feel playing in state for the first time?
 A: It was a big adrenaline rush.
 Q: What do the girls need to do to take state next year?
 A: [We need to] hold composure more.

Abigail Niebrugge

Q: How did it feel to play at state for the first time?
 A: As a freshman, it was a great experience. The games and the team bonding was the best part.
 Q: What are your goals for the team next year?
 A: We have high goals to win state next year. The coach wants us to do better.

PHOTO BY MATTHEW VONDRASEK/REGISTER Q&A BY DARIA SEATON/REGISTER

Gender Issue: Male sports preferred?

A clear preference is given to the boys when it comes to the Central sport department. Columnist delves into the reasons why.

PAGE 19

Prom: Is going alone social suicide?

Columnist discovers and decides if going alone to prom is a good decision or a disaster waiting to happen.

PAGE 17

"Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof, or abridging the freedom of speech, or of the press, or of the right of the people to peaceably assemble, and to petition the government for a redress of grievances."

First Amendment of the United States, ratified Dec. 15, 1791

OPINION

11 TIME NSPA/JEA BEST-OF-SHOW WINNER THE OLDEST HIGH SCHOOL NEWSPAPER WEST OF THE MISSISSIPPI NATIONAL PACEMAKER AWARD WINNER

New law targets libel on the internet

The popular social media site Facebook is kicking off more than 20,000 underage users in Australia daily because of a new law passed restricting lying on the Internet, according to CNN.com.

While the company is doing this, many people are getting angry about it. People should not get mad at Facebook for kicking off underage users because the it a good thing for the users so that kids won't get in trouble and who ever let them have an account won't get in trouble because of the new law.

In America people are taking offense that this law is in effect even though in another country, but these people should get angry when the law goes into effect in our country.

The law was considered in the U.S. House which was able to get it passed through to the Senate. The Senate passed the law which will go into effect in 2012, once signed by the president.

If we had this law in 2006 it would have saved the life of Megan Meier a 13-year-old girl that hung herself because of an online relationship with "Josh" which turned out to be a parent of a girl that lived down Megan's street.

If we had a law about lying on the internet the parents of the other girl would have gotten in a lot more trouble then they got in.

Australia wants to protect their citizens and hope this would never happen in their country like ours. Even though people don't like the law, the government wants to protect the citizens from the dangers on the Internet.

Some people would probably get mad about this law because it could ruin their freedom of speech. Well to those people freedom of speech is speaking your mind not lying on the Internet.

The freedom is saying that you have an opinion and you're

free to say it such like a speech or a paper you write for your class. While you lie on the internet you can hurt someone without even knowing it.

With IMing or instant messaging these days, you don't know when someone is serious or just kidding. If you can't see someone's face you can't see what they are doing or if they are just

acting. This is how people can get hurt.

With the world getting more dangerous, the Internet is has a lot to do with teenagers getting lured from their homes, which can make it scary.

We should be happy that this law is going into effect so that nobody will get hurt again like Megan or many others.

OPINION
The OPINION of
The Register staff



PHOTO COURTESY OF SHARKCROBOT.COM

Having the in law on the internet has bloggers on a twirl. The photo can promote several different feelings and emotions. From the emotions of Megan Meier suicide and the parents lying about how old they were and their gender.

Physical Education, not needed

High school is a place to learn. A place to develop friends. A place to grow up and figure out who you want to be. Not a place to get completely sweat drenched.

Physical Education is the dreaded class that has been required since our grandparents were in school. Now, I guess I am just making a generalization when I state that PE is a dreaded class. Of course some people do like changing into sloppy sweat pants and old tennis shoes to run around for a half hour and then go sit back in a classroom while smelling to high heavens. However, I would like to believe that most people do not.

Don't get me wrong; exercise is very important.

It is crucial to being in shape and healthy. I love

exercising after school when I am not forced to play

some weird randomly invented elementary level recess

sport with big orange cones and a plastic whiffle ball. I prefer to exercise when all of the kids in my class aren't watching me and I can take a cool shower afterwards. (And P.S. to gym teachers- no one uses the dirty showers so you can stop trying to make them sound appealing to us on every first day of the semester.)

I just do not feel it is the school's job to require us to be healthy to graduate. PE is like home-ec, the cooking-sewing-cleaning class in middle school, in the sense that neither of these classes should be required. If PE is required, then art should be. And why not require chorus too, just to make our students extra well rounded? Requiring PE is not fair to all the other classes that they do not require.

It should be parents' jobs to teach their children these important life skills, such as how to stay active and healthy, not the schools. By schools requiring these classes, they are enabling parents to sit back and not teach their kids how to properly take care of themselves.

At the same time, schools are not doing nearly as good of a job as parents could do. Teenagers look up to their parents and remember valuable life lessons that their parents taught them, not valuable life skills that they learned in PE. All PE has ever taught me was how to pull a pair of sweat pants over any outfit and pretend to do something physically straining.

Let's face it, if schools really wanted students to be healthy, they would make healthier school lunches. In a perfect world school lunch would be substantially nutritious and PE would not be a required class. If you want to talk about a really perfect world, students would be free to exercise how they wish in PE class.

Now that's an idea. I guarantee there would be a lot of kids signed up for the PE class

where students have treadmills, bikes, or weights and are free to exercise at their own will. Then I would gladly put in effort.

One thing that makes giving up hope when I walk into any class is the environment. create a setting where

based on that they kids do not participate they feel awkward about doing things in front of people or they get bullied, so they choose to sit out or not participate.

On the other end of the spectrum, there are always those gym teacher's pets or kids who will skip their other classes just to play basketball for a period. These kids are the reason PE does still exists. They take PE class so seriously; arguing about the rules of a game or running until they nearly pass out on the Pacer test.

PE class has such a contrast of too many different levels. If it was not a required class,

then some kids could go and try to take PE class seriously and the rest of us could stop wasting our time.

YES, I'M SERIOUS

A column by Tabitha Panas



GRAPHIC BY TABITHA PANAS/REGISTER

10-11 Register

The Omaha Central High School Register seeks to inform its readers accurately as to items of interest and importance.

The staff strives to uphold the principles of journalism in all its proceedings.

The Register is a member of the National Scholastic Press Association (NSPA), the Nebraska High School Press Association (NHSPA), the Journalism Education Association (JEA), Quill and Scroll and the Columbia Scholastic Press Association (CSPA).

The Register is a 10-time Best-in-Show

winner for large newspapers at the JEA/NSPA national conventions in Philadelphia, San Francisco, Boston, Phoenix, Dallas, Washington, D.C., Seattle and Chicago.

The Register staff was also responsible for the publication of the EDGE feature magazine, which also won a first place Best-in-Show award for specialty publications.

The Register has won multiple NSPA Pacemakers.

The Pacemaker is considered the Pulitzer Prize of high school journalism.

It has also won many Cornhusker awards

from NHSPA.

It has been awarded Gold and Silver Crowns from CSPA for its overall work.

Unsigned editorials are the opinion of the Register staff and do not necessarily represent the opinion of Central High School or its faculty.

Signed editorials are the opinion of the author alone, and do not necessarily represent the opinion of Central High School or the Register staff.

Letters to the editor are encouraged.

They can be sent to the Register at 174 N.

20th St., Omaha, NE 68102 or via e-mail to central.register@ops.org.

Letters must include the author's full name and grade. The use of pen names is not permitted. Unsigned letters will not be printed. Letters will be edited for length, clarity, taste and accuracy.

Misrepresentation of fact will not be considered. Advertising information is available by calling (402) 557-3357.

If there is no one available, please leave a message. A staff member will call you back as soon as possible.

Social Networking: Gift or Curse?

BY SHALEIGH KARNIK

Ever since the uprising of social networking sites in the past couple of years, they have been a definite hit in society. According to socialnetworkingwatch.com, there are now more social networking accounts than there are people in the world.

When the Internet started becoming more and more common in the 21st century, it created new technology and new innovations in the way people communicate and now almost in the way everyone lives and works.

Technology has now changed communication in general and in lives of citizens everywhere. It is now very uncommon to find someone who doesn't own either a computer or a cell phone. Also, in today's day and age it seems like every other day a new cell phone or device comes out on the market.

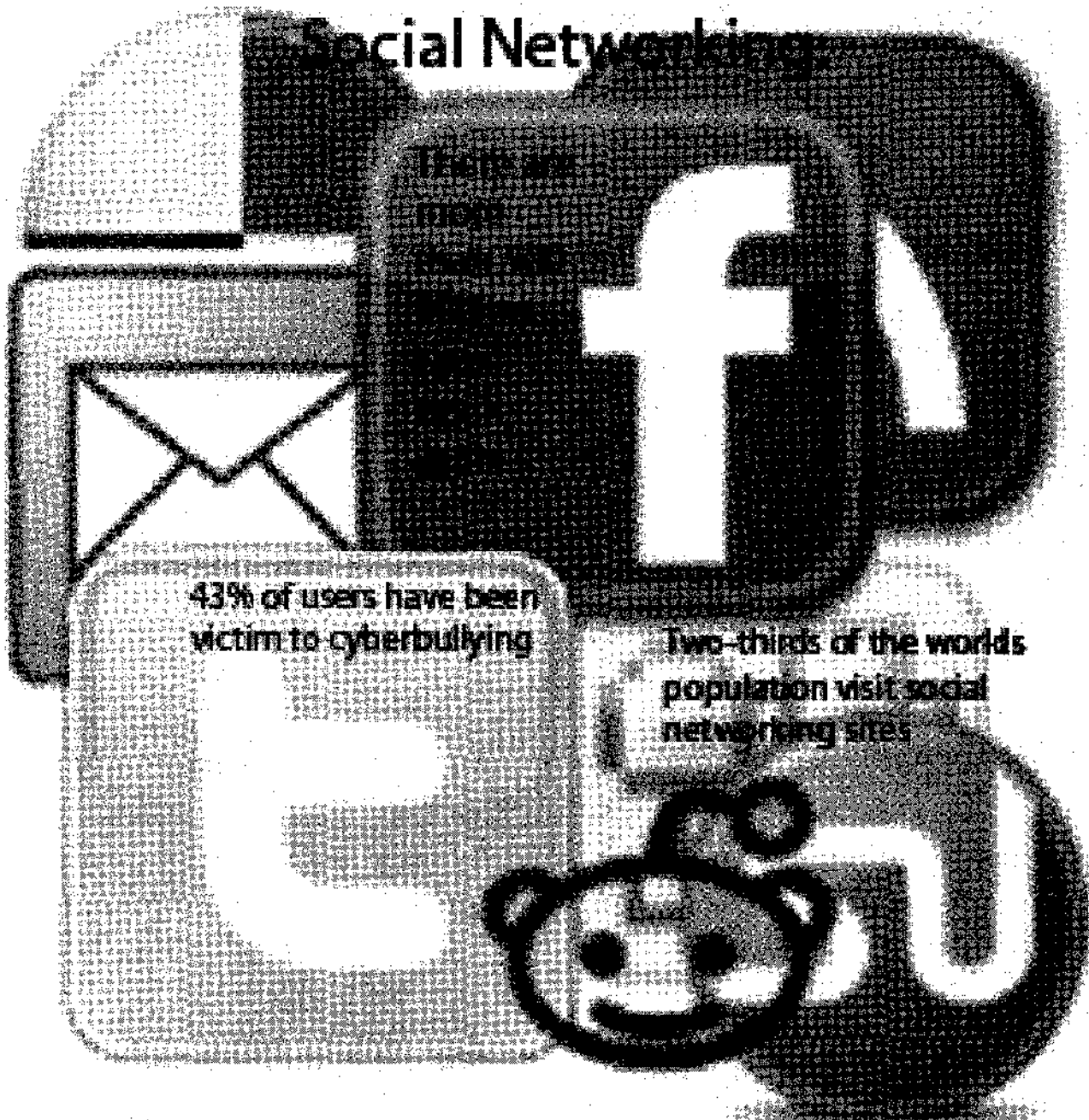
Social networking has become one of the many helpful tools and shortcuts in technology in the nation and all around the world. According to sco41.com, social networking is not only a tool for users to meet new people from all around the country and world, but to market businesses and companies. However, being a

helpful tool is not always helpful. There are many safety issues having to deal with networking site as well.

Since social networking sites came about possible colleges

and employers can see the personal life of almost anyone by the click of a button. This is also possible for anyone anywhere

eliminated face to face conversations or even just conversations on the phone.



Social networking has spread discussion and international relations, but has caused anyone and everyone who has access to the Internet to be able to see anything and everything anyone posts.

Not only does this make it easy to communicate to people all over the world, but it is also very easy for anyone to watch everything you do. On Twitter and Facebook especially, users feel free to write what is going on in their life all the time and can do it almost immediately. Gaining this information makes it simple to almost cyber stalk any person. This has been shown multiple times.

Anyone can contact you and look at anything you have ever posted. If it goes on the internet it will stay there forever. Some don't realize that before they express some feelings and say things they would never say out loud. By just the click of the 'Add as Friend' button anyone can see your posts, pictures and personal info.

It has also been over the media that on social networks there has been a rise in cyber bullying. Many believe that it is not face to face so anything goes. However, saying what is on your mind can lead to the possibility of

not getting a job or not getting into the college you want. With every gift there's more in store than meets the eye. Time will only tell what's in store for the future of social networking.

to see your personal profile and your info as well. At first these sites seem as if they help keep friends in touch and help communication overall; however, these networks have mostly

Celebrities make dating 'up' cool, but in high school?

Demi and Ashton. Miley and Liam. Hugh and his Playgirls.

Why am I listing off these completely random celebrity names, you ask? Well, each celebrity duo has something in common.

Each pair is, or was once a couple, with an extreme age difference. Today, Hollywood stars just can't keep their hands off someone many years older or younger.

Women like Courtney Cox are considered to be "cougars" and that's completely normal, if not "cool."

But what about students like us? Is there really such a thing as being too old for someone? I'd like to know...how old is too old with Omaha Central students?

Speaking legally of course, there is such a thing as being too old for someone.

According to Human Growth teacher Ryan Neel, in the state of Nebraska it is legal for a 17 year old to date, and have relations with a 19 year old. However, if that same 17 year-old were to date and have relations with a 16 year old, it would be considered illegal and an injustice.

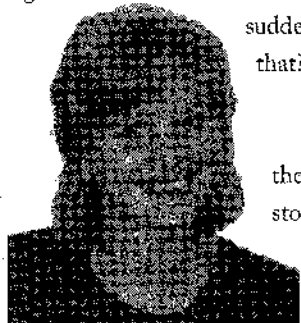
High school, however, is a completely different story.

First of all, since when do we really listen to people telling us what to do? We're teenagers; it's almost as if rebelling is our job. That comes especially when it comes to dating. At our age,

we're so naïve and excited to actually be dating, we aren't going to listen to anyone's advice.

Dating someone older is even better at our age. Socially, it makes us seem cooler.

I mean think about it. Your new boyfriend has a car and can drive you anywhere. Your posse notices and suddenly you are the Queen Bee. How awesome is that?



Just curious...
A column by Katherine Scarpello

Eh, it's really all on the surface.

I've lost track of how many of my friends, their friends, and friends of theirs have had stories of their "older boyfriend." Even my older sister dated a senior while she was going into her sophomore year.

Each story I've heard has ended with a not so happy ending.

I'm sure not all age differential relationships end up being down in the dumps, but the majorities tend to be that way.

I personally think age is just a number. However, there is a fine ethical line for the situation. There is a known "rule" to ward off the questions of an appropriate age distance. Apparently, you take one half of your age, and then add seven years. That's the cut off.

Hearing about this rule brought such a ridiculous grin to my face because, that would mean that as a 17 year-old, the

oldest I should be dating is 15. Obviously, that little "rule" is totally wrong. Don't listen to it.

The law is just one thing, but bringing in your own personal or social ethics, is a whole other ball game. Some students at Central have opposing theories.

Junior Delphine Roussel believes that, "if you're an older high school student dating college students it's acceptable, but nothing over 22," and thinks it's normal to date an older person between those limits because "a lot of people do."

Senior Emily Palestino feels differently.

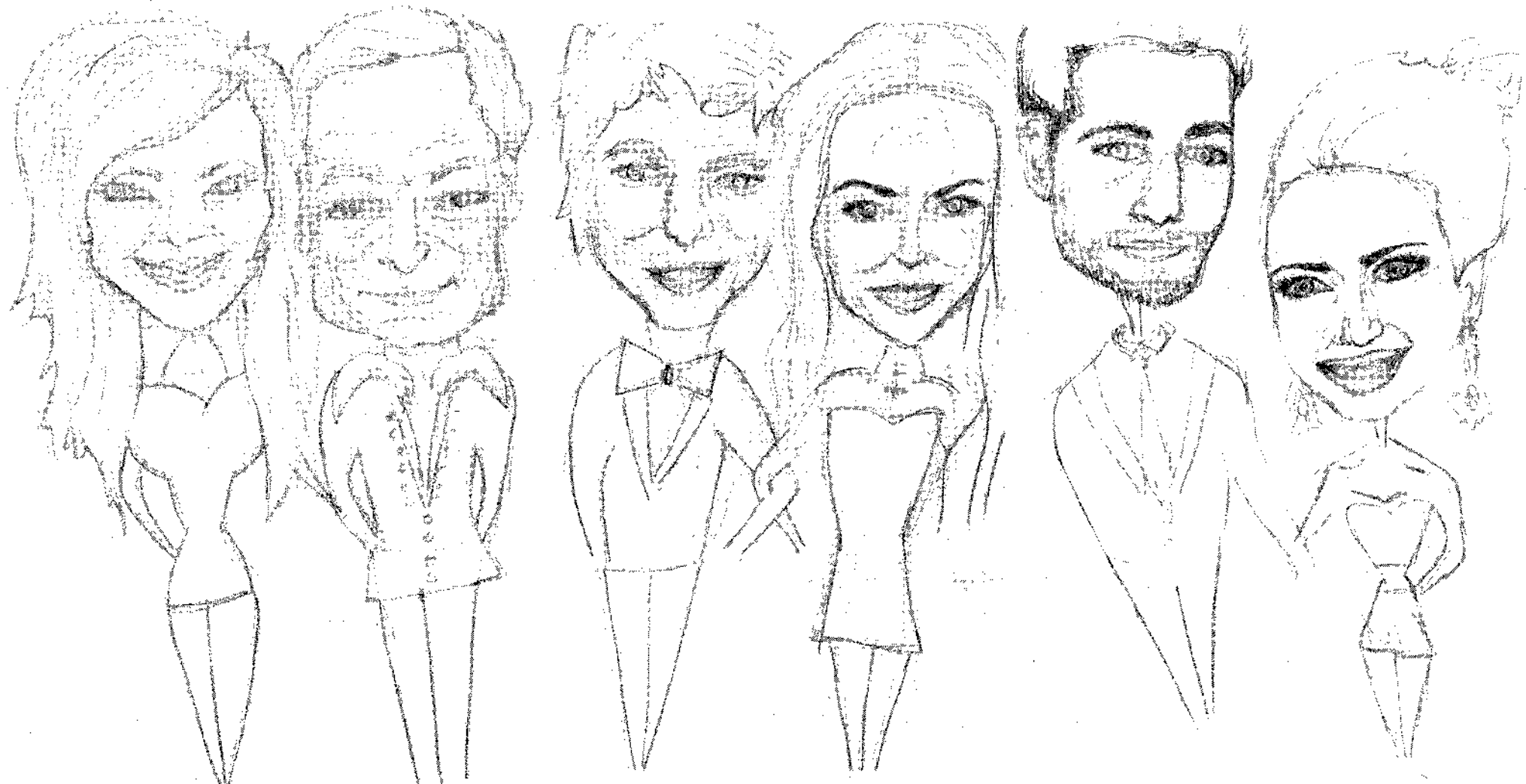
"While in high school, there should be an age limit, and that limit should be three years," said Palestino.

Junior Dominique Edwards, who is a bit younger than most juniors sways between the two.

"I have never dated anyone younger, but when I was 13, and a freshman, I dated a 17-year-old junior."

It also really depends, in my opinion, if it is a male dating older or vice versa. A 17-year-old girl is more likely to date an older guy because of our (now this is something I was told in science class at King Science people, so don't get mad at me) maturity levels. Biologically, girls mature two years faster than boys.

Legally or ethically, there is a line between the rights and wrongs of dating someone. Agism has always been an issue in society; I just never thought it would be for being too open to all ages.



CARTOON COURTESY OF KOLBY GIDDINGS

In Hollywood, dating someone older is the "in" thing to do. Celebrities such as Hugh Hefner and former girlfriend Bridget Marquardt (left), Demi Moore and husband Ashton Kutcher (middle) and Miley Cyrus and former boyfriend Liam Hensworth have significant age differences. As teenagers' role models, are they setting a good example, and for high school students, what is the age limit for dating someone in high school?

Central students don't have issues with 10 digit dialing

People in Nebraska's 402 area code now have to use either the 402 or 531 area codes when dialing out as of Feb. 23. Instead of splitting the 402 code area and creating a new 531 area code the Nebraska Public Services Commission decided to add 531 numbers to new phone lines to numbers in the 402 area. Though many have complained about having to change their phones contact numbers so area codes are included, the change is not as bad as it seems and the commission gave ample notice for residents to fall in suit.

For two years now the Nebraska Public Services Commission which controls phone servicing issues, started warning residents in the 402 area that due to the increasing number of cell phones and fax machines taking up numbers a new area code would be needed to provide more numbers to the residents of eastern Nebraska.

Callers in the 402 area have been able to dial using all ten digits since June of last year. The reason the 402 and 531 area codes weren't split into two area is because the change would be too disruptive for businesses who would have to change all their numbers. Officials said it was hard to find a solution that would work well for everyone but the idea they came up with would work the best

The issue for most with these new changes is that people whose numbers aren't changing to 531 now have to use 402 when dialing numbers. In the past most people didn't even have 402 programmed into their phones with people's phone numbers.

Most service providers sent multiple notices to their customers warning them of the changes some even sent text message alerts to customers.

After Feb. 23 customers that dialed numbers without an area code heard a recording that reminded them of the new regulations that require ten digit dialing.

Similar situations across the country have been occurring where areas have been spit into two code areas or where new area codes have been added to new phone lines.

Central senior Breannon Adam commented on the new area code being added saying "I think it's necessary because there are so many numbers being used." She also said "I don't think its that big of a deal having to dial another three digits. Phone numbers in Europe are sometimes 15 digits long so I don't have anything to complain about."

Although some students have complaints about having to dial all 10 digits now most haven't even noticed the changes to dialing numbers. Most service providers even alerted customers about the changes.

OPINION
The OPINION of
The Register Staff

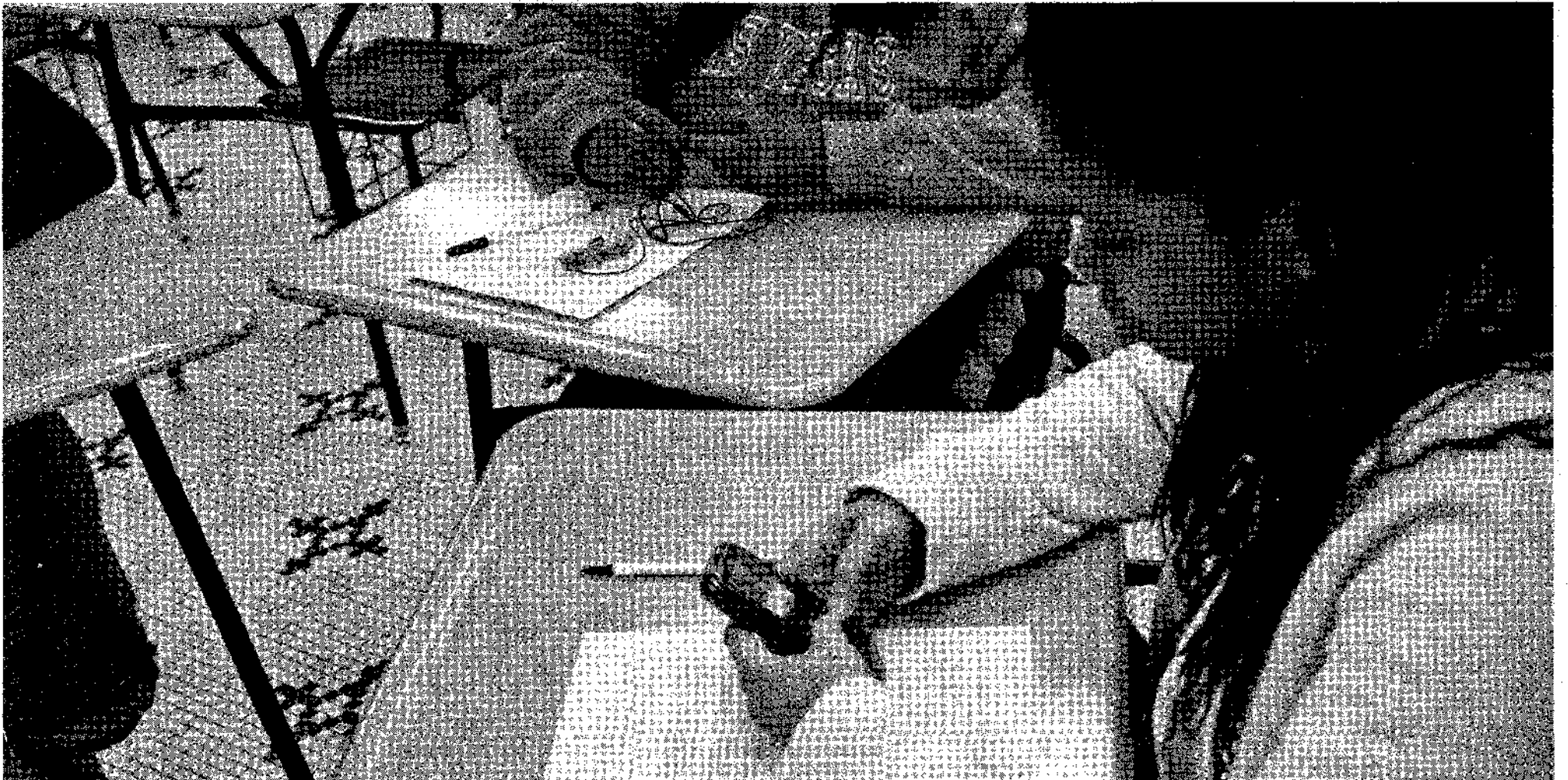


PHOTO BY MATTHEW VONDRASEK/REGISTER

Junior Macy Mitchell sends a text message to a friend having to use all 10 digits with the phone number. Some people have complained about having to use all 10 digits when dialing phone numbers, but most Central students don't feel that the changes have been a big issue. Starting Feb. 23 people in the 402 area code had to start using all 10 digits when dialing phone numbers.

Here's why your principal is a 'Belieber'

All year Central students have been wondering where their principal caught his never ending sickness. What sickness is that you ask? Nothing other than Bieber-fever and a severe case of it I must say. According to alljustin.com, Bieber-fever is a sickness where a girl or boy is extremely obsessed with Justin Bieber and everything related to him.

If one was to take the opinion of Central students on their views of Bieber you would get a kaleidoscope of responses. Some students can't stand his music (Bieber-haters) or even references to him. Other students enjoy his music, myself included, and find their principal's references to him amusing. These are the true Justin Bieber fans (Beliebers). A select few students at Central not only have Bieber-fever, but they need an everyday dose of Justin Bieber (Bieberholics). One Central senior Gianti Flores even wrote the newspaper describing how much she loved Bieber.

"I love how Dr. Bigsby references Justin Bieber on the announcements," Flores said. "Every time he does it I scream; I get so excited."

What many Central students are wondering is where their principal developed this obsession and why does he continually use Justin Bieber references when delivering announcements?

To find the answer to that question one has to look at what Bieber represents when it comes to values. I dove a little deeper into his background (Biebersearch).

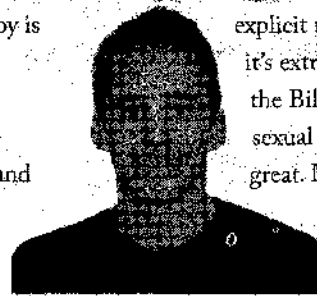
As many know Justin Bieber achieved fame through posting his music on Youtube. This is what eventually led him to work with Usher, but Bieber broadcasted his work on Youtube for years without success. He also attempted to negotiate a contract with multiple record companies, but was turned down dozens of times because he didn't have a platform to sell on. With years of

dedication and hard work, he finally achieved his dream (Bieberdom).

Unlike the majority of her music on the market today, Bieber's music contains no sexually explicit material or profane language. With all that absent the music is still popular; actually, it's extremely popular. Bieber was the first artist to have seven songs from a debut album on the Billboard Hot 100. This goes to show that no, popular music doesn't need cursing or sexual content to sell. People really like the music because its genuine, catchy and sounds great. Many music producers and recording artists sat around dumbfounded in 2009 when music made by a 15 year old sold millions of copies. So yes music industry, clean music can sell and it can be popular.

Another reason I think Central's principal has such admiration for 'him' is because Bieber has a genuinely good and decent character. Most music artists in their free time are seen drinking, doing drugs or sleeping around. It seems that every teenage singer turns into a drug addict or alcoholic. Parents wonder why their teenagers are having sex when they're listening to music like "Love Game", "I'm in love with a stripper" and "F** You!" When I look into Justin Bieber's personal life do I see sex, drugs and alcohol? Nope. I see a person who spends his time and money working for charities like Make a Wish Foundation, the Red Cross and founding his own anti-bullying programs.

Bieber is a unique person in the present day media world. The guy is a "goodie two shoes" but he's still popular and people like him a lot. Some people make fun of him saying his voice is high or he hasn't hit puberty yet. Just to make a comparison, Enrique Iglesias was squeaking like Alvin and the chipmunks in "I like It" but nobody complained about that. Bieber-haters say what you want but the truth is Justin Bieber is one of the most popular music singers of all time and he didn't curse his way to the top of the charts.



True Belieber

A column by Matt Vondrasek



PHOTO COURTESY OF BBY.COM

Justin Bieber who starred in a Best Buy commercial grew to fame in recent years after his album "My World" topped the Billboard Hot 100. Central students have been both ecstatic and irritated by their principal's use of Justin Bieber lingo while he delivers morning announcements. Unlike many popular music artists in American culture, Bieber has left out sexually and verbally explicit content from his music. Bieber also dedicates much of his time and money to charitable causes including Make a Wish Foundation and the Red Cross. Bieber also joined the It Gets Better Project, a non-profit that targets bullying issues.

“Not our problem” unacceptable response to violence

Throughout recent history scholars and politicians have said that people who stand by while the innocent are being harmed are just as guilty as the as the people who hurt the innocent. After the Holocaust people said “never again will we let this happen” but time and time again all over the world acts of genocide, persecution, and discrimination have taken place. All the while leaders of nations across the world offer their sympathies to those being hurt, but do little or nothing to stop atrocities when they see them happening.

Libyan president Moammar Gadhafi started using hired military forces to attack his people two months ago after Libyans started protesting his regime. Over a month later, U.S., British, and French military forces initiated a no fly zone over Benghazi, Libya and destroyed Libyan military equipment being used to harm Libyan people. This action came after the United Nations Security Council approved a resolution (U.N. resolution 1973) that called for military action.

Between the times when Gadhafi started attacking his people until the U.N. resolution was made the only thing U.S. officials did was condemn the actions of Moammar Gadhafi. Over and over President Barack Obama and Secretary of State

Hillary Clinton expressed their serious concerns with the events in Libya, but no actions were taken to stop Gadhafi's assault on his own people.

Why did U.S. officials wait for the U.N. resolution? The Obama Administration didn't want to invade Libyan air space because they feared this action taken by the U.S. would be viewed by others as overbearing and intrusive. In other words it was unpopular, unpopular, but the right thing to do. Even though the Libyan people needed protection and they repeatedly asked for a no fly zone the Obama Administration waited for over a month so they could hide behind a U.N. coalition.

When the U.S. and other nations intervened President Obama stressed that “America's role would be limited” and that the U.S. would “transfer responsibility to our allies and partners.”

President Obama went on to say “the risk of this operation—to our military and to American taxpayers—will be reduced significantly.” Should cost or risk really be an issue when people are in danger and need help?

The action of the U.S. and its allies came too little, too late for hundreds of Libyans who were killed by Gadhafi's forces. If we sit back and let violence go on in other parts of the world

without taking action we will not only have a guilty conscience for letting others perish but the problems that we think are across the world and of no concern to U.S. interests will inevitably spread and effect the American people.

In many senior English classes students read Ellie Wiesel's “Night”, which depicts the horrors of the holocaust experienced by Wiesel and his family. When students read the book there is generally a shared sentiment about how horrible and unjust and inhumane the Nazis “final solution” was.

A key point in the award winning novel is how the neutrality of many countries helped the Nazis accomplish their mission. In the novel, Wiesel expresses this feeling saying “Neutrality helps the oppressor, never the victim. Silence encourages the tormentor, never the tormented. Sometimes we must interfere. When human lives are endangered, when human dignity is in jeopardy, national borders and sensitivities become irrelevant.”

Events similar to the holocaust are happening today around the world and people are of the opinion that using military force to help the oppressed is “not our problem.” Anyone who has this opinion should be ashamed of themselves. People who stay passive or opposed to intervention aid dictators and tyrants. Staying silent enables violence, and persecution to take place.

OPINION
The OPINION of
The Register Staff

Rules may restrict, but are teachers too strict?

Sam Parr

Are teachers too strict? That is a common question that you hear often around a school every day. To me it depends on the person.

If someone is just looking for trouble all the time then sure, they are going to think the teachers are too strict. If you have a kid who doesn't than that person might say the complete opposite.

I am one of those people who stays strong on my opinion when I say that teachers aren't too strict. To me they are always in some sort of good mood during the day no matter the circumstances. Here are some reasons why I believe this.

When it comes down to it, it is all up to the students. If they make a bad impression in the class then of course a teacher is going to be less patient. If a student makes a good impression in the classroom then that teacher is going to be more patient.

You also have to consider what a teacher goes through on a daily basis and they still have to survive at least seven classes of students a day. For example, a teacher is always grading homework or tests. That is never easy for anyone who has to grade at least 100 different student's tests a day.

If a teacher is having a bad day who knows what can set them off. I have witnessed incidents where students who don't normally get in trouble get yelled at because one thing comes out of their mouth. Next thing you know, they are being threatened to be escorted by security.

There are many different types of incidents that take place and end up with a student getting in trouble. For example, some students just don't give up like when a student just can't stop talking even when they are warned. Bye bye to them. Another example is when a student obviously just doesn't care. They are going to be gone, too.

Teachers already have enough on their hands. There is no reason why they should have to add even more to it for the simple reason of one student.

No matter what way you look at it teachers being strict are a student's decision. If they are bad students make sure you are prepared for a strict teacher. If not, not so much.

No matter the circumstances you may think you always have a strict teacher but before you blame it on the teacher, think of all the things they must go through on a daily basis especially, the students.

Revolutions in Arab world will bring prosperity



PHOTO COURTESY OF UPL.COM

Starting in Tunisia a wave of anti-government protests has been sweeping Arab nations caused by anger and frustration with corrupt government. The demonstrators above were some of the thousands that protested the regime of Egyptian president Hosni Mubarek that led to his resignation. Demonstrators in Tunisia eventually forced out President Ben Ali after weeks of protests and King Abdullah II of Jordan dismissed the Jordanian government and promised “genuine political reform” after many Jordanians died in government-protester conflicts. Yemen, Saudi Arabia, Lybia, Syria, Bahrain, Qatar, Lebanon and The United Arab Emirates have also been experiencing protests

As waves of anti-government sentiment ripple across the Arab world U.S. officials are analyzing what impact these revolutions will have on the future of the Middle East region.

Many of the protests have been against authoritarian government such as the revolutions in Egypt, Tunisia and Libya; others have been in countries that are close allies to the U.S. such as Jordan. Whatever the case, these revolutions will ultimately put more power in the hands of the people of these nations. When the people have more power they will feel a greater sense of involvement and political efficacy in their prospective governments and this will lead to more rapid political reforms and ultimately democracy.

In many of these protests social networking has played a huge role in organizing protests and disseminating information rapidly. Unlike many western nations in the Arab world most media is controlled by state ran institutions and often these

institutions are used as propaganda pushers for the government, especially anti-Western sentiment. Once more media becomes open and uncensored, the people of Arab nations will have a clearer picture of political issues and world events. This will also allow for people to see the freedoms offered in other nations and give the Arab

people a greater desire for more and more freedoms and the process for acquiring those freedoms will become faster and change will come about more quickly.

With more open government economic changes will come about. In many of these nations experiencing revolutions, economic resources are controlled by state agencies and government leaders profit most off the benefits derived from economic resources. As those resources become more publicly controlled the people will receive more of the profits from those resources. This impact will allow for the growth of the middle class. Most of these countries have

large populations of poor and impoverished citizens and eventually poverty will be alleviated and the lower class will become smaller.

One of the best aspects of the revolutions taking place is that instead of foreign nations stepping in and pressuring governments to make reforms the people of these individual countries are stepping up and demanding it from their leaders. Instances such as Iraq and Afghanistan where foreign governments had to intervene to cause political change will no longer be necessary for many of the nations that are undergoing political changes.

Although democracy appears to be in the near future for many Arab nations some political reforms will only be stunts by governments to quell the unrest of their people. Although many revolutions should bring true changes to countries, all political changes hoped for may not be achieved as soon as thought. Even if some changes take time, the events in the Arab world are a huge step toward democracy and prosperity for many.

OPINION
The OPINION of
The Register Staff

LETTERS TO THE EDITOR WANTED

Letters to the editor from students, faculty, alumni and the community are all welcome. Letters to the editor are gladly accepted in room 029, via e-mail to Central.Register@ops.org or can be placed in Ms. Parker's mailbox in the main office. Letters must be factual and contain the author's full name and grade. Incorrect or unsigned letters will not be printed. The use of pen names is not allowed. The Editorial board is always open to story ideas from students.

OPINIONS-EDITORIALS

LETTERS, E-MAILS, FAXES, POLLS, CARTOONS

President Obama allowed U.S. troops to issue air strikes to stop Gadhafi from attacking his own people. Whats your opinion?

Obama should focus on Libya

Dear Editor,
"I believe that no one deserves to die for the sake of power. Obama should concentrate his efforts solely in Libya."
Brent Sudds (12)

Libya intervention not good

Dear Editor,
"I feel like it isn't the best decision he did. We just got out of a war."
Cameron Jackson (11)

Obama should focus on U.S.

Dear Editor,
"I feel like he (President Obama) should mind his business because the United States has enough to deal with."
Allen Terry (11)

U.S. should mind our business

Dear Editor,
"I think we need to mind our own business and let them figure things out on their own."
Jordan Grau (10)

U.S. involved in too much

Dear Editor,
"I feel like the U.S is wrong for going into Libya. My opinion is that the U.S gets involved with too many problems in the world."
Andrew Bruch (10)

American action selfish

Dear Editor,
"Well I think it's selfish."
John Herman (11)

Gadhafi should be removed

Dear Editor,
"I personally think that Gadhafi should just get out of power."
Agustin Welch (9)

Obama's actions justifiable

Dear Editor,
"I approve President Obama's action to stop Gadhafi's attacks on the people of Libya. Regardless that they are his people, the fact that he would attack them is an unnecessary way to demonstrate a dictatorship."
Isabella Vinci (11)

Dear Editor,
A push-up bra is wrong for any age group let alone seven year olds. Seven year olds should not be wearing anything that revealing.
Andrew Bruch (10)

Dear Editor,
"It's inappropriate. Girls shouldn't be so worried about sexuality at such a young age."
Melissa Sutton (10)

LETTERS TO THE EDITOR WANTED
Letters to the editor are gladly accepted in room 029, via e-mail to centralregister@nes.com or can be placed in Ms. Parker's mailbox in the main office. Letters must be factual and contain the author's full name and grade. Incorrect or unsigned letters will not be printed. The use of pen names is not allowed.

What is your opinion about Abecrombie & Fitch producing push-up bikinis for 7-year-old girls?

Sex appeal wrong for seven years

Dear Editor,
"It's terrible for a seven year old to be having sex appeal."
Cameron Jackson (11)

Seven too young for bikini

Dear Editor,
"I think it's too young for kids to have padded bikinis. Children shouldn't be trying to be so grown."
Alliyah Taylor (10)

Seven too young for peer pressure

Dear Editor,
"They are too young. Kids should not already have to deal with the pressures of the world."
Jenna Skiles (10)

Product not good idea

Dear Editor,
"It's not good. Society already makes it hard to not be provocative."
Sam Mareno (9)

Inappropriate for seven years

Dear Editor,
"It is inappropriate for their age because they don't have anything to push up."
Maddie Buller (9)

Seven too young for push-up

Dear Editor,
"I think that it's dumb they are too young to have pushup bikinis. Even a two-piece bikini isn't good for a young girl to wear."
Tommi Coco (10)

Sex shouldn't be issue at seven

Dear Editor,
"There shouldn't be a one piece for the seven year olds because that's not right for a seven year old."
Colton Hanson (11)

Product awful for seven years old

Dear Editor,
"It's awful. They're little kids."
Ryan Peatrowsky (10)

THE EDITORIAL BOARD



Matthew Vondrasek
Editor-in-Chief



Daria Seaton
Executive Editor



Mekenzie Kerr
News Editor



Stephanie Paul
Staff Writer



Katherine Scarpello
Opinions Editor



Anita Hodge
Contributing Cartoonist



Shaleigh Karnik
Chief Advertising Officer



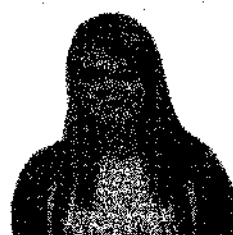
Marin Krause
Staff Writer



Sam Parr
Staff Writer



Tabitha Panas
Sports Editor



Kendall Panas
Staff Writer



Precious Gaspard
Staff Writer