#### Who's Who?

Central's hallways are a little more crowded than last year. Here's a chance to get acquainted with a few new Eagles.

NEWS, PAGE 4

#### Mosque near Ground Zero

Proposed mosque near Ground Zero brings back tough memories for many Americans.

OPINION, PAGE 19



Monday 10.18.10

Phone: (402) 557-3357 Fax: (402) 557-3339

124 N. 20th Street Omaha, NE 68102

central.journalism@ops.org

REGISTER

Central High School

11 TIME NOTATIEA BEST OF SHOW WINNER. A THEIR SCHOOL NEWSPAPER PRACTICANCE PROPESSIONAL TOURNALISM. NETWORAL PACEMALIR, AWART WINNER.

# New leader settles in

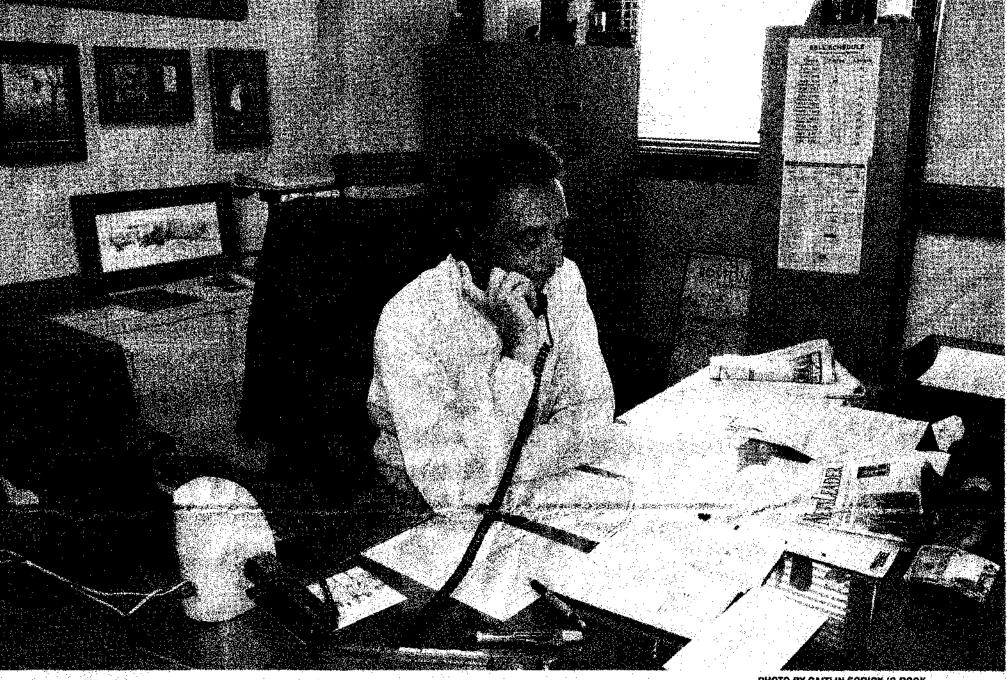


PHOTO BY CAITLIN SORICK/O-BOOK
a dean of students before working at McMillian Middle School for

Succeeding Greg Emmel, who served as Central's principal for four years, Dr. Kelth Bigsby is no stranger to the school. Bigsby worked at Central as a dean of students before working at McMillan Middle School for four years. Bigsby is often known for his "Expectation ABC's", a standard of academic, behavioral and community achievement he expects from all Central students.

To find out more read the complete story PAGE 3.

# Standards Based Grading: Taking Time to Adjust

BY MEKENZIE KERI

'Out with the old and in with the new', is an old phrase that could be applied to the 2010-2011 school year so far.

This applies not only to Central, but the Omaha Public Schools District as a whole with the

recently implemented grading system.

Students were greeted on Aug. 17 with familiar faces, teachers, hallways and an all too

unfamiliar grading system, known as Standards Based Grading.

The official decision to change OPS grading system has been talked about among the district since 2003, according to Dr. Ed Bennett, assistant principal. SBG could not be used because SASI, Central's former student information database, could not process the grading

system, which is why the switch to Infinite Campus was made.

Standards Based Grading, formulated based on the 20 year research from Dr. Robert

#### TAKE A PEEK:

#### Opinion

Columnist analyzes problems involved with NYC Mosque.

Page 19

#### Registration

"Scott Pilgrim vs. the World" brings the pages of a graphic novel to life.

Page 10

#### **Sports**

United Football League team debuts in Omaha.

Page 16

ased on the 20 year research from Dr. Robert Marzano, is a student specific way of grading to work on skill mastery in different classes.

The old system using percentages and letters to determine ones' grade is no longer in use for the OPS district. The SBG system uses grades from a scale of 1 through 5 to determine students' achievement levels.

A level one is the rough equivalent of an F on the old scale; a five is the equivalent of an A. If students are not quite up to any of the grades, teachers can add half a grade to show partial understanding.

Test and quiz scores are now used as the main Deciders for a students' grade, since they show the overall understanding of the raught concepts.

Homework is still very important and crucial to the learning process, although it is not used towards a students' grade. Homework, or as some teachers may refer to it as 'practice work', is still a way to help student's apply, process and study what they've learned in the class setting.

Some students say that the incentive for

homework has gone out the window.

Though if one puts it in perspective, it is like an athlete training for a meet. Coaches will not judge or grade the student on how they do at practices, instead they will help train the student to succeed and work on their weak areas.

Then at the time of the meet, the athlete is then required to show the skills they have built off of and worked for. The outcome at the meet will show the overall accomplishment of the athlete.

This is relative to how homework is no longer graded, but instead the tests (end outcome result) are what determines a student's knowledge, according to the Standard's Based Grading system.

OPS is not the first school district in the Nebraska to convert their grading systems. Other school districts have seen success after switching to SBG such as Council Bluffs schools, which started using the system last year.

Though Standard's Based Grading is still a bit foggy to many throughout Central and the Omaha Public School district, it is hoped that it will be a routine way of grading in about two years.

The process Central is going through to condition the teachers with the new system has steps. Step one is to change the entire philosophy of grading from letters and percentages to numbers.

Next year Central hopes to commence step two of the process, Standards Based Grading report cards.

The new report cards will show one class and the breakdowns of the sections of what is being taught and learned in class. Each breakdown will have a number from one to five of how well the student is mastering each skill.

The hopes are that when students and parents see where the student is excelling as well as lacking, they will be able to improve the specific skills overtime.

Standards Based Grading works towards specifying areas where students need help, and

working towards mastering the skills and sections of that subject.

The new grading system creates what is called a "guaranteed and viable curriculum",

according to Marzano's research. This means that if two people within the district or school are taking the same course, regardless of the teacher, they will still be learning the exact same things. Only time will tell how the school district, students, faculty, teachers and everyone involved

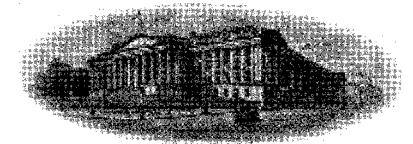
Only time will tell how the school district, students, faculty, teachers and everyone involve with the OPS district will adjust to the brand new way of grading.

## Inside

College Corner \_\_\_\_\_\_\_\_

Movie Reviews \_\_\_\_\_\_ 9
Graphic Novel Review \_\_\_\_\_ 10
Film Stream's Anniversary 11

(©) 2010 Central High School Vol.124, No.1, 20 pages



# College Corner



#### **Luke Compton**

Intended College/University: Luther College Location: Decorah, Iowa Type: Public four-year university

I visited Luther and it really impressed me. It's awesome!

Application dates: Deadline: May 1

#### Christina Klem

Intended College/University: Creighton University Location: Omaha, Nebraska Type: Public four-year university

I really want to major and be a dentist.

Application dates: Rolling deadline

# Exchange students take in new culture

Remember packing up for a week of summer camp and feeling excited and a bit nervous? Well, try imagining what it's like to be packing for nine to 11 months in a different country, where you will know no one, and can only expect the unexpected.

Try imagining the lives of the newest central students who are from around the world.

The foreign exchange students of 2010 consist of eight teens: Rachel Sebbak, 16, of Switzerland; Yorick Vinesse, 15, of France; Theresa Nieber, 16, of Germany; Jiin Jung, 15, of Korea; Marcus Dombrek, 17, of Sweden; Anasith Rujirogonsgula, 16, of Thailand; Scoyeon Shink, 15, of Korea and Saika Fujiwara, 15, of Japan.

The students said many things stood out to them in their first days of Central including the size, and how similar it is to American movies.

Jung, sophomore, noticed the difference in the time schedule.

"School starts at 7:40 a.m. and ends at 10pm," she

Another sophomore, Vinesse said the biggest difference between school in Omaha and back in Paris is that, "teachers are closer to the students here."

However, junior Marcus disagrees. "Teachers are stricter," he said, "and you must call them by their last name."

No matter how close the teachers are to their students, their goal is equivalent worldwide: prepare kids for the real world.

The foreign exchange students explain how moving across the country is harder than it looks. According to a random sampling of students, most American teens wouldn't be ready to be apart from their friends, family, and familiarity for over half a year.

The most nerve-racking experience seven out of the eight newcomers had to do was talk to their peers. "It's a lot like American high school movies," said Nieber, "and it made me scared to talk to people in my classes."

Since every country is different culturally, being on

exchange has a slight disadvantage when one is not in complete access to usual household items.

Every one of the new students said food was what

they missed most about home. "In France, there are three large meals every day, but

in America people snack all day," Vinesse said. The difference between the many regions of the world is endless, with a huge conversion between lifestyles. These students are here for the American culture, but they can't figure it out alone.



Yorck Vinesse





PHOTOS BY STAFF/REGISTER

#### October

- Second Quarter Begins Studets have finished off their first quarter and have started second quarter.
- State Cross Country Championships The state boys/girls cross country meet will be held at the Kearney Country Club.
- Little Shop of Horror Students must report to central by 7 A.M. to sign up and go to their assigned testing rooms.
- **ACT Testing** Students must report to central by 7 A.M. to sign up and go to their assigned testing rooms.
- Little Shop of Horror Central's drama department will put on the Halloween play Friday and Saturday.

#### November

Parent/Teacher Confrences Second quarter conferences will be held in the courtyard from 12:30 p.m. to 7:30 pm.

Spring Parent Athletic Meeting Students interested in participating in spring sports must attend the meeting with parents.

Thanksgiving Recess Begins No school for students Nov. 24 - 26.

#### December

- 2-4 DECA Leadership Conference DECA students will travel to Chicago.
- Senior photos due for the yearbook.
- Winter Vocal Concert The concert will beheld in Central's auditorium.
- 7 First Semester/Second Quarter Ends

# GH SCHOO



42nd & Dedge - Omaha 144th & W. Center - Omaha

14th & Farmain - Omaha 78th & Cass - Omaha 96th & Q - Omaha

168th & Burke - Omaha 168th & Q - Millard 84th & Giles - La Vista 7th & Broadway - Council Bluffs

No Appointment Tanning • Open 7 Days a Week ww.ashleylynnstanning.com

## Parking thrills over

BY SHALEIGH KARNIK

The luxury of not having to come early to find a parking a spot and having a lot very close to school is no

Capitol Hill Apartments is building Capitol Rows, one and two bedroom apartment homes, and the parking that used to be available to students is now a work site for the project. The renovation from the lot to an apartment building began this summer and will be complete and open in the summer of 2011.

Tetrad Development Corporation is developing a \$10 million project to build 82 apartments and a corner retail site. The property will be managed by America's First Real Estate Group.

Parking in Capitol Hill was a convenience for all students who drove last year and in years past. Some advantages included not only the proximity to the school, but the general safety for students cars. Senior Elizabeth de Laittre frequently parked in the Capitol Hill lot last year.

"The parking up by the apartments was just safer than parking down under the interstate," said de Laittre. "There was less of a chance of your car getting broken into."



PHOTO BY SHALEIGH KARNIK/REGISTER

Capital Hill served as a parking spot for Central and Creighton students alike early in the morning. Apartments are set to open in its place in 2011.

Capitol Hill was a safe luxury for students. Central students could leave their cars and feel a sense of assurance that their car would be in the same condition that they left it.

The whole purpose of the project was to change a parking lot into a building to seize small redevelopment opportunities. The Capitol Rows development is believed to be the first new private development to come forth since Omaha adopted its downtown master plan last year.

One of the key goals for the project is to create more housing downtown. This neighborhood would be considered part of the Joslyn district. Capitol Rows is geared to be housing for Creighton upperclassmen and graduate students.

# Big Changes: Former dean of students takes over

BY TABUHA PANAS

Central High School has undergone many changes since last year. New rules, new grading system and a new principal.

For those who have not yet been to the assemblies, pep rally, or listened to the announcements, his name is Dr. Keith Bigsby and he has a big hat collection. This is due to him confiscating hats worn in the building.

Bigsby has high goals and expectations to make Central the best in academics, athletics, and the community. His number one goal for this year is, "that we won't be second in anything." One thing he is not going to do this year is to allow the Central Eagles to make excuses.

Not only does he have high expectations for all the students at Central, he has high expectations for himself, too. Coming from a middle school with 700 students is a big transition to a high school with 2,400 students.

He says he has more responsibility here at Central with almost triple the amount of teachers and students to take care of:

Before landing here at Central, Bigsby worked at McMillan for four years. He was also previously taught here and was dean of students here at Central,

He has two daughters that attend Central as well;

Michaela, a junior, and Maureen, a freshman. Michaela enjoys having her dad here but says, "I couldn't get away with anything before, and now I definitely can't."

Many students already enjoy his presence here. Senior Jackie Johnson said, "It is nice to have someone that really loves Central." She is excited to have someone with such energy as a principal.

However, some students are not completely thrilled. "His intentions are good," said freshman Karlena Tolston, "but his rules are too strict."

strict disciplinarian because Central is his passion. She feels he is going to make Central more of an academic college prep school.

Central math teacher Susan Drumm said that Bigsby is a

Freshman Calvin Gartin also believes Bigsby will do good things for the school. Gartin is glad that Bigsby "wants every student to pass."

Bigsby does want every Central student to achieve academic success. His opinion on the new standards based grading system is that it is going to be a great thing, but like all new things it will be difficult at first. However, Central is going to make it work. Bigsby said that once it is implemented, it is

going to be a very positive thing.

Bigsby is willing to do anything he can to improve Central High School. He said he's impressed already with the way students at Central behave. Because of that he has only changed a few rules. In his opinion, Central students, for the most part, already strive to follow rules and get to class on time. He did not have to change much there.

One thing Bigsby is working on is the parking situation downtown. With the Capitol Hill Parking lot gone, there is an even greater lack of student parking. Getting more students to ride buses this year is another goal of his. This will also reduce the student parking needed.

Getting Central students involved is another goal of his. "All students want to be a part of things," he said, "That's why they came to Central." He knows it is not going to happen overnight, but that is a long term project that Central is going to focus on.

Proud is one word Bigsby used to describe his feelings toward being principal and having his two daughters attend.

Central

"If I had to choose between being principal or having my kids go to Central," said Bigsby, "my kids would go to Central."



# Check out these clubs



The French club, sponsored by Jeffrey Sill, meets in room 122, every second Tuesday of the month after school. Their purpose is to help enrich students in the French Language and culture. They work through a variety of different activities related to French, Interaction is encrouaged to help students dig deeper into the French culture and language. Field trips may include museums, exhibits, restauraunts and productions. Come try out French Club.

Light Club Sponsor Jesse Busse

Chess Club Sponsor Drew Thyden

Jesse Busse sponsors the Light Club held in room 311 after school every Thursday. The Light Club is a student-run bible study open to anyone who is interested. The club is currently reading through Francis Chen's book, "Crazy Love." Club meetings usually consist of group reading the chapter, and then a discussion about what they have read afterwards. Cookies and other snacks will also be provided every Thursday. Give Light Club a try the next time you have a free Thursday.



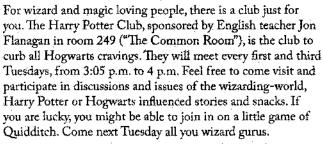
The club meetings generally run from 3 p.m. to 4:45 p.m. The team is involved in competitions such as the Metro League, a competition against other high school teams. They also are involved in tournaments throughout the school year, and sponsors the Annual Central High Chess Tournament. The Central High Chess team has gained six State Chess Championship titles within the last eight years. Test your chess skills at Central's Chess club your next free Tuesday.

Chess club meets in room 329 after school every Tuesday.



**Culinary Club sponsor Cynthla Schram** 

Sponsor Cynthia Schram hosts Central's own Culinary Club. Culinary Club meets every Tuesday in room 037; they go from 3 p.m. to 4 p.m. For students who want to bring out their inner gourmet chef and develop restaurant skills, this club is calling his or her name. As a member of this club, students join in competitions and make professional plans of what they will prepare. As part of the club, students have their culinary mind enriched with visits from guest chefs/speakers, offers for community service and visits to restaurants around the city. Come cook away.



# Program focuses on all

There are many at-risk youth in Omaha today and All Our Kids is here to

All Our Kids is a mentoring and scholarship program dedicated to increase availability of mentoring relationships for at risk youth in the Omaha area and to provide scholarship opportunities so that these students can become productive and employable citizens.

The program is available to Omaha Public School students between grades sixth through 12th. All Our Kids began in 1989 in cooperation with Omaha Public Schools and America Firsts companies. It is also affiliated with the National Mentoring Partnership and meets its standards and the national standards of practice for mentoring programs. Since being established it has assisted over 500 students in the metropolitan area.

All Our Kids is based to increase student and mentor recruitment efforts and to provide more college and trade-school scholarships to mentored students. The program strives to remove the barriers to student success. It realizes that the students that are chosen for the program have academic potential but do not demonstrate it in school.

Students are chosen for the program by teachers and counselors that see the potential in the individual. Once a student is chosen they will attend meetings twice a month after school. The meetings are run by All Our Kid staff members. At each meeting, students are put into groups of about three or four of their peers and a community volunteer. The topics at meetings include academic skills, tutoring, career exploration, community service projects, leadership, teambuilding and healthy living.

Mentors are recruited as individuals, from professional groups, volunteer organizations, local corporations, small businesses and faith based organizations. Each future mentor is carefully screened and trained before they start work with their group. Community volunteers are asked to commit for a minimum of one year to invest in the students. It is encouraged to make the experience long-term in order to help the students through middle school and high school and lead

All year mentors and All Our Kids staff members are available for help to students in the program all their years in the program. The students can get tutoring help at anytime in any area of study, help in preparing for college, help being more involved in the community, and various summer workshops.

The program wants to keep students engaged all year so in the summer they. offer summer workshops and field trips in areas of art, science, social service, literature and healthy living. It is hoped that by working on this in the summer the students will apply what they have learned throughout the school year.

When students join the program in middle school they start preparing for college and then have more structure on the subject in high school. In high school they start focusing on entrance exams, study skills, the application process and the proper way to apply for financial aid.

All Our Kids students have a better chance since joining the program to do well in school and advance to college. Scholarships are awarded to students who complete the program and graduate from high school.

The scholarships are given based on financial need and are used to fund post-secondary education. All Our Kids requires that every scholarship recipient actively volunteer in the community and many end up becoming mentors

Since 1998, more than 50 students have graduated with an Associate's or Bachelor's degree and many have gone on to pursue their Master's and Doctorate



Harry Potter Club sponsor Jon Flanagan

# Students Seeing Yellow: Increase in buses, causes questions

BY MEKENZIE KERR

There has been a surplus of yellow this 2010-2011 school year, in the traffic on 20th

As many students have noticed, the amount of school buses has tripled from last school

Due to the learning community, and who Central has to reach and be open too, the amount of school buses was upped from eight to 27.

The sudden change of buses does not affect students because their bus schedules have not changed. Plus the buses may be less crowded, depending on the schedule and if students have The final and official decision on the buses was made by the District Transportation

As well as seeing more buses, students may also take notice to the amount of teachers and other faculty members outside before and after school. These microbers of this school help with bus duty to keep things orderly.

A group of people from transportation, Central high School, TAC, and the police are also all contributing in managing the new buses and keeping things organized for students

# Who's Who at Central? New teachers speak

What do luxury cars and science class have in common? For Central High School teacher Aaron Strain, it's all in the joy of tinkering.

The biology teacher is the new man in the science department this year, but his work before teaching might seem somewhat surprising.

"I had another career; I was a Mercedes Benz technician." Strain said, "I had soured of the business, and I wanted to return

A recent graduate of Maryville University in Saint Louis, Mo., Strain wasn't sure at first if going back to college was right

"I thought I would take biology first to see if I could stand being in school again," Strain said.

An interest in Sci-Fi and a love of "playing with stuff" kept his attention in the department of science.

A new career also meant a change of scenery for Strain and his family.

In fact, as the freshmen in his biology classes begin the new school year, Strain's wife, son and daughter Margo still wait in St. Louis, preparing to make the move to Omaha.

"We were tired of the hustle and bustle of Missouri," said Strain. "While looking around for a teaching position, we thought 'let's put out some feelers in Nebraska."

Those feelers ultimately led Strain to the hardwood-floored hallways of Central. "I was amazed by it; taken aback when I saw this old building and how well kept it is," he said.

Central's architecture isn't the only thing which Strain was impressed by; he went on to note that he feels students here understand and uphold the expectations of the school.

"I really like the tradition, I feel like I'm walking on hallowed ground," he said, referring to the wall of plaques on the first floor, four side, which honor the achievements of Central alumni. "It's definitely a unique high school."

For the new science teacher, the best days in the classroom are lab days, when he has the opportunity to put students'

curiosity to the test,

"My favorite thing being a biology teacher is when you bring out something gross, and they're going 'Ew, ew, ew, I'm not touching that' and 15 minutes later, they're into it," he said.

Outside of school, the stress of relocating has consumed much of Strain's free time.

When he isn't dealing with

moving matters or grading papers, Strain's favorite hobby is

The self-proclaimed movie buff's favorite films are Frank Darabont's "The Shawshank Redemption" and James Cameron's "Aliens", though he questions the latter director's other movies.

"I don't know how a great Sci-Fi director goes and does "Titanic" but whatever," he said with a laugh.

"I should stand in front of the podium; it makes me look scholarly," said Central High Chinese language teacher Zhao Wei. He posed for a photo for the Register with a laugh.

Formerly a professor at Xi'an Jiaotong University, in Xi'an, China, Wei has been teaching Chinese Language and Culture for more than five years.

But the 2010 - 2011 school year marks his first as a teacher in the United States.

At Central, Wei teaches all levels of Chinese language. His favorite grade level are his freshmen students. Although, according to Wei, they can be "naughty" at times.

"Students here are so talkative, they can be hard to

control," he said.

Omaha will be his home for the next two years, during which he will continue to teach at Central. Afterwards, Wei plans to return to China.

For now though, he says he enjoys living "in the big city," and that living in Omaha is much louder than China.

Outside of the classroom, Wei relaxes by playing table tennis, basketball and badminton.

He is also a fan of computer games, his favorite being the alternate-timeline historical series, "Command & Conquer:

In school, Wei appreciates Omaha Public Schools'

"I don't know if I can really put it into words; it's just the positive hype." she said. "I can't say one bad thing about

She describes teaching as something she always wanted to do, but never had the opportunity to until recent years.

mother of four and in the past has also worked for food research laboratories.

When she's not conquering the stigmas associated with math, Wheeler likes to stay active by kickboxing, which has been a hobby of hers for several years. She also enjoys playing tennis and having family outings to the movie theater.

Wheeler is entering her fourth year teaching.

With a full schedule of geometry and algebra classes, she

standards, saying that Central is run "under a very good system" and that he has gotten to be good friends with principal Keith Bigsby.

It's a rare moment if you ever earch Wei without a smile on his face, but he also takes his profession seriously.

"(Teaching) is a very hard job here," said Wei, "I try my best everyday to be prepared for all of the classes, and I learn from other teachers."



Zhao Wel poses at his "scholarly" speaking podium.

as you walk to math class, if you would rather write an entire theme than be asked to "find x", or if you see yourself facing down pi on a chalkboard in your worst of nightmares, be sure to give math teacher Lisa Wheeler a warm welcome.

If you are one of the many students whose stomachs turn

A new face in Central's antique hallways this year, Wheeler formerly taught just across the river at Thomas Jefferson High School in Council Bluffs, Iowa.

This year, she's aspiring to change the way Central students feel about math, one problem at a time. "There's so much negativity surrounding the subject,"

she said. "People come in thinking they can't do it, when in

actuality they can. I wanted to change the negativity in it." Wheeler describes Central with a smile, calling it "a school which I wanted to teach at" and adding that she admires it because of its diversity and high academic standards.

Central."

Prior to her classroom career, Wheeler was a full-time

A graduate of the College of Saint Mary in Omaha,

wouldn't want it any other way, "This is my dream job," she said.

"I love it."

Math was her subject of choice because she likes numbers and helping people.

Above all else, however, Wheeler seeks to inspire an understanding of the subject in students who might otherwise be frightened away by pyramids, polynomials and the Pythagorean Theorem.

"Working out a math problem parallels so well to real life," she said. "Knowing you are able to work out your own problems."



Lisa Wheeler stands before a chalkboard of reduced radicals.

# Orchestra and Jazz Band play fall concert

BY TABITHA PANAS

They practice 42 minutes a day, five days a week, and Sept.. 30 was their chance to show all that they had prepared for.

That Thursday at 7 p.m., parents, students, and teachers gathered in the Central High School auditorium to hear the orchestra and jazz band play their fall

Junior trumpet player Jordan Stoler said that playing his solo was "a little nerve-racking, but after it was finished, it was all worth it."

Orchestra conductor Brad Rauch feels that one of the best parts of the concert was the variety of selections that the band and orchestra played. The different genres of music included classical, romantic, and New Orleans jazz.

What is the key to such a successful concert? It is all about practice, practice, and more practice. Senior saxophone player Anna McClellan knows this and

says, "Outside practice is important, but playing together as an ensemble is as well."

The show started with intermediate strings, also known as freshman orchestra, playing Dona Nobis Pacem by Mozart. Next the chamber orchestra played Air and Dance, both from the Brook Green Suite by Holst, followed by Kassation in D Major by Mozart.

Finally the eighth hour orchestra played Emperor Waltz by Strauss and Symphony No. 50 in C Major by Haydn. The Fall Concert ended with the jazz band playing their three pieces: Punta Del Soul by Grusin, All Blues by Davis, and Whoopin' Blues by Beach. Then they concluded their performance with improv jazz, where every player got a small solo.

Rauch thought that the three orchestras and jazz band did very well for their first three concerts of the year and he is "looking forward to concerts to come."



Violin player Kylle Awender, junior, fine tunes her violin before the show. Orchestra, top right, performed several places during the performance. Jazz Band, bottom right, put on a show that included ensemble and solo performances.



# Water benefits students

BY TABITHA PANAS

It's in the air. It's in the ground. It's in your body.

Water is the key to all living things, but according to recent studies done by Organic Nutrition, many people don't get enough water or even realize how this affects them. They rely on juice, coffee, or soda, which doesn't provide your body with what water does.

If you are an arhlete, you probably have heard a hundred times from parents and coaches to drink plenty of water. Not only does water hydrate you and keep you in action on the court; it can keep you in action off the courts too.

Have you ever been working on a project or reading a book and you just can't stay focused? Maybe it is late at night and you can't keep your eyes from drooping shut with your history book in your hands. Don't reach for coffee or soda Try drinking a glass of water instead and you might be surprised.

Now I'm sure you are thinking, yeah right,

I am going to stick to the caffeine, but water is a much healthier way to stay alert.

According to USGS Science, the brain is 75 percent water. If you drink a glass of water it refreshes your mind, therefore you may have an easier time staying focused.

Every cell in your body also relies on water to work properly. Also, if your body cannot : properly function, than there is no way you can stay up late and miss valuable sleep to study for

Water is also essential for lymph, a fluid in your immune system. Getting sick and missing school is a huge factor of students falling behind in their classes. By drinking water, you can build a healthy immune system and eliminate being

So drink eight glasses of water a day and don't be surprised if you feel better, alert, and focused

After all, it is good for your health.

#### FACTS ABOUT WATER 1. Roughly 70 percent of an adult's body is made 2. A healthy person can drink about three gallons (48 cups) of water per day. Drinking too much water too quickly can lead ro water intoxication. Water intoxication occurs when water dilutes the sodium level in the bloodstream and causes an imbalance of water in the brain. 4. Water intoxication is most likely to occur during periods of intense athletic performance. While the daily recommended amount of water is eight cups per day not all of this water must be consumed in the liquid form. Nearly every fond or drink item provides some water to 7. Soft drusks, coffee, and tea, while made up almost entirely of water, also contain caffeine. 8. Caffeine can act as a mild divietic, preventing water from traveling to rrecessary locations in the body. COURTES OF AUGREOUTWATER OR

# Vision for North Omaha" unveiled

Many Central students who live in and around North Omaha are familiar with various

The plan "A New Vision for North Omaha," focuses on an area called the North Omaha Village Zone. This zone encompasses an area of North Omaha from Pratt street to Cuming Street and from 36th Street to 16th street. This area is near or home to many Central students.

The North Omaha Village Zone plan focuses on development and revitalization in various areas including housing, parks, commercial space and community buildings.

and opinions gathered from North Omaha residents in a series of meetings that have been taking place over the past year.

The plan proposed two-way tree lined streets surrounded by wide sidewalks for pedestrian traffic. The plan also proposes new apartments, condos and houses to increase the number of residents living in the area.

At the heart of the Village Zone is a proposed open square block consisting of a park surrounded by a library, African American history museum, John Beasley Performing Arts Center and movie

Along with this development plan, organizers hope to engage, empower and invest in the

Another plan is to create jobs, provide job

promote education, youth development, violence intervention, and healthy families.

The group plans to execute their vision in stages with the earliest parts of the plan being completed in five years and the last stages of the plan being completed 25 years from now.

The group hopes to start meeting with businesses and financial institutions in the community to see what will be needed to start planning. They will then propose their plan to the

The event was attended by various North Omaha residents and multiple city officials including Omaha mayor Jim Suttle, City County Treasurer John Ewing, Douglas County Police Chief Thomas Warren were also present.

BY MATTHEW VONDRASEK

problems that affect the area.

In an answer to those problems, various North Omaha business and community leaders presented a development plan for North Omaha on Tuesday, Sept. 28.

councilmen Ben Gray and Pete Festersen. Douglas Commissioner Chris Rogers and former Omaha Senior Class Reps prepare for year-end, enjoy time

#### These plans were created based on suggestions training and businesses, as well as to develop and

BY EMILY WHITHAM

For seniors, graduation may still feel months away. But for for the 2010-2011 Senior Class representatives, the clock is ticking, and there isn't a second to waste.

The group of elected officers meet weekly with advisors Paul Nielson and Katie Rude to plan and discuss activities and themes for the school year.

With eight months until the anticipated date, they've already begun building the figurative framework for the May 2011 graduation ceremony.

According to senior class president Jessica Taylor, the group have cast their deciding votes on layouts and colors for graduation invitations, and themes are currently being discussed.

Taylor is also preparing the speech she will give at Central's graduation ceremony.

Perfecting her speech is especially important to her, "because I'm not really going to be talking to

the crowd, I'm going to be talking to you all, saying, you know, 'we did it!" said Taylor.

End-of-the-year plans, however, aren't the only topic of discussion for the group.

The group's most recent activities project was planning Central's Spirit Week, Sept. 20 - 23.

Spirit Week 2010 themes were Ugly Sweater Day, Character/ Superhero Day, Western Day and Flashback Day.

Other ideas currently in the works include senior dances, tailgating get-togethers and hayrack rides, said advisor Paul Nielson.

"We just want to do things to make your senior year as memorable as possible," said Nielson.

Senior Class Representatives meet every Tuesday at 7:15 a.m. in room 221.

Besides planning activities during the school year and duties at graduation, the Senior Class officers will also be responsible for arranging



PHOTO BY EMILY WHITHAM/REGISTER

During a Tuesday morning meeting, Senior Class Representatives plan for projects and activities for a fun year, much like their personalities.

reunions for the 2011 Central alumni.

The team of 14 includes president Jessica Taylor, vicepresident Joseph Baratta, secretary Jacob Kmiecik, treasurer Rachel

Saferstein, historian Tiffany

Ziesel and activities coordinator Paul Magnuson. Also included are representatives Cecilia Abbey, Jaila Carter, Alexandra Gillispie, Paulino Gomez, Jacqueline Johnson, Josuf Robinson, Jordan Somer, and Dominique White.

#### Guidance Department hosts college planning night

BY MATTHEW VONDRASEK

The Central High Guidance department recently held their annual College Planning Night. The event held on Thursday Sept. 9 started off in the cafeteria where students and parents were greeted by Principal Dr. Keith Bigsby and Guidance Department head Bettye Norton Ball.

Those who attended were given the opportunity to meet with representatives from the University of Nebraska at Omaha, Creighton University, University of Nebraska at Lincoln, Midland Lutheran College and Metropoliten Community College. The various College Representatives gave 15 minute presentations to the groups about campus life, financial aid, admission requirements and Academics. Students and parents were also given the opportunity to schedule appointments with college admissions counselors and to schedule college visits.

The college planning night also included a scholarship session, presented by Cathy Andrus AP/IB/Dual Central's new Enrollment Coordinator, where students and parents were informed about the guidance department's "Eagle Eye," a weekly bulletin published by the department that gives students info on scholarships that apply to Central students.

Andrus also informed students and parents about national scholarship search sites including Fastweb.com, Fastaid. com, Freshinfo.com, Free-4u.com, Edfinancial.com and Scholarships.

Educationquest, a non-profit college planning organization., provided information as well. The presentation included information on Educationquest's free college planning services, specifically Educationquest's Nebraska based scholarship search, college funding estimator countdown to college and student loan calculators.

Students and parents were also told that students can make appointments with Educationquest's representatives that can help them fill out their FAFSA (Federal Application for Free Student Aid).

Guidance Counselor Angie Meyer gave a presentation on college planning specifically applying to college's and taking ACT's and SAT's. Meyer informed students and parents about upcoming test dates, test prep classes being held around the metro and upcoming college visits at Central.

#### New World Religions course offers opportunities, opens minds

BY SHALEIGH KARNIK

For those interested in religions around the world, Central introduced a new Introduction to World Religions course this fall, taught by Gary Groff.

According to Groff this one semester elective

According to Groff this one semester elective class was created to increase awareness and understanding of the world's major faiths. It is intended to introduce the students to the commonalities, history and basic theology of the major spiritual paths.

The course will cover the need for religion in human society and some of the various things common in the different religions. The first religion that they will go over is Judaism. Groff said that after that the class spends three weeks on Christianity, Islam, Hinduism and Buddhism and at the end of the semester the class will go over a bit of Baha'i, indigenous spirituality or other topics of interest.

The section on Judaism
will include a trip to the Jewish
Community to learn more about
the history of the Jewish population
in Omaha. During the other sections
the students will get to visit the Hindu
Temple of Nebraska and will have a visit
from a representative with the Nebraska Zen
Center. They will also hopefully get to visit the
Islamic Center of Omaha or the Midwest Islamic
Center.

In 1988, at Bellevue West High School, Groff started Introduction to World Religions, which was very successful at the start and grew in popularity eventually being added to the Bellevue East curriculum.

At Bellevue West and now Central, Introduction to World Religions, is a dual-enrollment course through UNO.

"I try to keep the course challenging, especially for the dual-envolled students,"

Groff said. "But not all of the students are dual-envolled, so I vary the lessons."

World Religions, being an elective course, is the students choice to add onto their schedule so Groff hopes that they will find some challenge in it but also feel like they have learned something when the semester is over.

"I think that the students are enjoying the class," said Groff. "It is an elective so the students who are taking the class are there because they have an interest in the subject."

Groff believes that is

important to have an opportunity to learn what this class has to offer.

In the community, there are various religions, which create opportunities all around to learn about different ones.

Groff said these opportunitunities should be taken and not seen as a way to promote one faith.

"The course is not designed to promote any one faith, but rather to educate about all faiths and the important role that religion plays in human existence," said Groff, "I think it is very important that they take with them

an understanding of the religious beliefs of the people that they will encounter in the work place, at school and in their neighborhoods."

#### Beautillion starts

BY SHALEIGH KARNIK

Around 25 to 35 African American seniors from the Omaha area will be presented to society in the annual Beautillion on Saturday, Nov. 25, hosted by Omega Psi Phi Fraternity. Inc., The annual evening of elegance is held at the Mid-America Center in Council Bluffs, in the grand ballroom.

A Beautillion is a way to present graduating African American seniors to society. Beautillions were started to give mothers a chance to present their sons and not just fathers, and daughters in cotillions. Around 35 years ago, the Urban League of Nebraska's Women's Guild established the event and was passed on to the Beta Upsilon Chapter of Omega Psi Phi Fraternity Inc. in 2008.

The event is fixed toward African Americans to get a chance to show the good that they have done. Annette Crowder, the chair of the event said, "The media has a field day with what certain African American men do and they give the reputation to all."

For these men it is a way to show off all the honorable things they have accomplished and to give themselves a different reputation. The Beautillion is a time to display as Crowder said, "the good men in Omaha."

Before their special evening, the young men have to go around and sell ads and the money that they raise goes towards the scholarships they are awarded at the event. They solicit ads to put in the "really thick program book," said Crowder. As well as this the young men have to attend workshops, perform a community service project and learn three dance routines.

The recruitment for the Beautillion is a year round process. There are ads that are put out to graduating seniors to see if they might be interested.

At the Beautillion the guys are formally introduced and then proceed into the ballroom where they share a dance with their mothers. After that, they introduce the boys' escorts, the belies. The belies are chosen by the young men and get a chance at scholarships as well.

Finally, at the end of the program the winners and awards are announced. The fifth to seventh grade Jr. Beaus are announced and then the focus returns to the young men. The graduating senior who raised the most money from ads sold before the event is crowned Mr. Beautillion. There are also second and third place awards as well as Mr. Academia, which is given to the man with the highest GPA and finally Mr. Personality, whoever was the most congenial of the group.

The men get a chance at scholarships in the awards but so do the belies, or escorts. The Pasinetta Fitzgerald is named after a woman who passed away and was very involved in the Beautillions and the scholarship remains as a memorial to her.

This is of course is a very proud moment for both the young men and their mothers.

"More has walked this young man from Kindergarten through middle school then by high school that's where it ends for mom," said Crowder. "When he gets married, Mom doesn't have the opportunity to walk him down the aisle. With Beautillion, Mom gets to get to walk with her son. For many of the mothers, they have been waiting 18 years for this moment."

Over the years there has been many students from Central participate and in 2008 Mr. Beautillion was a Central High grad. Last year Bradley Christian-Sallis from Creighton Prep was crowned Mr. Beautillion.

Though the Beautillion may seem like a pageant, it is actually one of the fraternity's largest scholarship fundraisers.

"It is not a pageant," said Crowder. "Say that word to a brunch of guys and no way."

# Central to put on Little Shop of Horrors

BY EMILY WHITHAM

The Central High drama department will perform the musical, "Little Shop of Horrors", on the weekend of Oct. 29 -30.

The musical is based on a 1960 comedy/horror film of the same name. In it, a floral shop owner in a rundown part of New York discovers that one of his plants thrives on human flesh, and thus begins searching for victims to satisfy its hunger.

In Central's take on the musical, the role of the gardinary action was surely to four different puppers. The pupperser, senior Andrew Evans, will operate the plant from a hidden location on stage, while junior Aaron Burbine will be its voice via an offstage

The grucsome script was chosen for its comedic qualities, and because of the holiday weekend on which it coincides.

"It's fairly contemporary, it's fun, and it's perfect to do around Halloween," said Central drama teacher John Gibson.

After school, Central's auditorium is alive with the hustle and bustle of student thespians, techs and stage crew in preparation for the musical.

The cast are currently taking measurements for costumes, running lines and "blocking" scenes, a theater term for telling the actors where to move on stage.

Stage crew are also in the midst of building the musical's

quirky scenery, including a 24 feet by 8 feet tall train station platform, and a rolling set that will become the floral shop.

Show time is at 7 p.m. in Central High's auditorium.



# Open House quietly successful

BY EMILY WHITHAM

It was a dark and stormy night. Rain pelted the roof of Central High School. Outside the windows, lightning flashed dangerously and the wind blew in phantom howls.

But the most frightening thing of all about the evening of Sept. 15, for many Central students, was the prospect of their parents meeting their teachers at Central's annual open house.

Visitors were greeted by green-clad members of Central's JROTC department, who served as hosts for the evening. From there, guest received information packets which included a calendar of upcoming events, school expectations and a directory listing where every staff member could be found during open house.

From 6:30 p.m. to 8:30 p.m., parents and students were able to wander the halfways, get acquainted with teachers, and receive information on topics such as Standards Based Grading and the Infinite Campus Parent Portal.

Tables were set up in the courtyard where guests could purchase CHS clothing items. Bags of baked goods and a much-needed umbrelias were also being sold, the profits of which benefited PEP and C.H.S. V.O.I.C.E., respectively.

Teachers could be found by room number, and offered smiles and handshakes to the parent or student who stopped by to chat or sign their contact sheets.

Guests also had the opportunity to attend informational meetings on IB Explorers and Dual Enrollment in the school library as well as pick up applications for Parent Portal accounts.

The big event of the evening, however, was the Standards Based Grading presentation at 7 p.m. in the auditorium.

The presentation was held to better inform parents and guardians of the procedures and goals of the new grading

During the presentation, audience members were also given the opportunity to grab a microphone and voice their

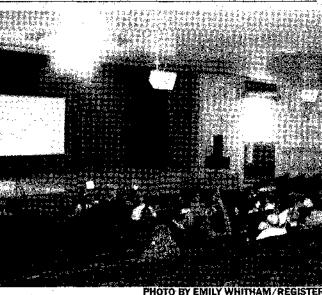


PHOTO BY EMILY WHITHAM/ REGISTER
Parents at the standards based grading Q&A session raise their hands

to voice concerns on the topic, during this year's open house.

questions and comments. Some spoke their opinions of
Standards Based Grading strongly during the presentation.

"When the time came for people to ask questions, a lot of people just got up there and said how much they disliked it," said sophomore Sam Bennett, "To me, they went in there without an open mind."

In other areas of the school, visitor traffic dwindled as the evening progressed.

"Being the first open house with the new grading system. I was expecting more parents to be curious about it. This was a surprisingly small turnout," said Spanish teacher Enrique Garcia as he locked the door of his basement classroom and prepared to head home after the event.

Whether students attended as members of a school organization, with their parents or guardians or maybe just for PEP's chocolate chip muffins, open house was intended to be an easy-going evening: a meet-and-greet lacking the seriousness of events such as parent-teacher conferences.

The evening came to a quiet conclusion at 8:30 p.m., as the last visitors exited the school on the hill, and teachers turned off their classroom lights while storm clouds gave way to starry skies.

#### "Charlie St. Cloud"

The story of a young man's journey away from his past and towards a brighter future.

PAGE 11

#### Do you love coffee?

Register staff took to the streets of Omaha to find you the greatest coffee shop locale.

PAGE 12

# The Register | Monday 10.18-10 | central register@ops.org

# **Annual Pow-Wow held for Natives**

BY DARIA SEATON

In this society some people shun or set themselves off from those who don't dress, talk, or look like they do.

In an effort to move past this way of thinking and showcase diversity, Metro Community College hosted the 19th Annual Pow-Wow on Sept. 18.

Although it had been the coldest day of the year so far, hundreds of Natives and non Natives gathered around to experience the culture.

Central students participated in the day's events through the Bridge to Success Program a part of the African American Achievement program.

Students passed out coffee to the cold participants and handed out raffle tickets to win star quilts and other cultural prizes. Central students often volunteer at multicultural events sponsored by Metro.

Senior Denisha Thomas, who is of Native American descent, feels that people owe the natives that much to honor their culture.

"This is where they first started. So why not have something special for them," said Thomas. "This is where they originated and they were pushed away so I feel that they should have something for them."

Although the number of tribes represented is unknown, there were tribes such as Ponca, Pawnee, Omaha, and Black Foot.

Also making an appearance was Ruby Wright, a Pawnee/Otoe princess. Other princesses were also in attendance.

During the event, dancers from different tribes performed traditional dances that the youth as well as seen and women of the tribe have done for years.

Dance leaders were Dedric Thomas, Santee Sioux, Thelma White Water, Ho-Chunk, and Native Soul Drum, Lower Brule, S.D.

There were dances reserved for specific tribes, as they are the ones that know their tribes tradition dances, but there was also open dance. Dance leaders were available to help out spectators and teach them the dance moves of the Native American culture.

The festival offered many different foods, dances, clothes, and jewelry that are native to the Native American culture.

One of the many foods derived from the Native culture is fry bread. Fry bread is somewhat like an unleavened bread made from flour, baking powder, sugar salt, and water. Indian tacos were also among the foods.

Necklaces, quilts, blankets, pictures and moccasins were among the items that were sold. Unlike moccasins usually seen in stores, the moccasins on display were authentic and made of soft leather. Moccasin for men, women and kids are differen, but all can be made with a little flare to make them more beautiful than they are.

Metro will continue to honor the community's Natives and display the diversity Omaha has to offer.



PHOTO BY MARSHA FREISZ/BRIDGE TO SUCCESS

Central High's Symphonic Band practices for the upcoming NSBA performance in early March. The band has every day morning practices at 7:30 a.m. and every other week Tuesday and Thursday evening practices from 6 p.m. to 8 p.m.

# **Never Say Never Slowly Grows to Fame**

BY MEKENZIE KERI

Christofer Ingle Drew, better known as his stage name, Never Shout Never, has slowly grown to popularity, growing with the release of his newest CD, Harmony.

Now that Drew is on his new record label, with his own imprint label, Loveway Records, he decided to release a new album.

'Harmony', released recently on Aug. 24, was highly anticipated after the release of the single, "cheatercheaterbestfriendeater".

After getting let down with the release of EPs and singles, I can say 'Harmony' has restored a little faith in me about Drew and his

The album boasts 12 songs, two videos and a lot of heart, soul and emotion.

I was not at all sure what to expect on this album, but what I was anticipating was not the best.

When I first found out about NSN in 2007, I fell in love with his

acoustics, vocals and quirky-light lyrics.

Though for the next two years his sound began to change.

Though for the next two years his sound began to change, becoming less and less of what I had orginally liked.

Drew has slowly been growing as a person, artist and writer,

which is very apparent in 'Harmony.' His lyrics are still about love and heartbreak, but also the pain he has gone through with his parents' divorce and growing up with a hard situation.

The one thing is that after long hours of listening, his somewhat unique and endearing voice can occasionally get on my nerves.

Drew, the Missouri native, was first recognized in Sept ember 2007 when his band was NeverShoutNeverl.

His main outlet for his music was through MySpace, where he became very popular on the web. Soon after the attention, he released the Yippec EP on July 29, 1008.

His musical online popularity grew within the next year with the release of many singles, leading up to The Summer EP, released on June 23, 2009.

Drew then released a new album, What is Love? in mid-2010, before switching his label over officially Warner Bros. Records.

As time has passed, Drew has released a plethora of singles and EP's.

Overall, Drew's music has greatly improved, become softer and is now definitely at a musical level that may be more worth listening to.



PHOTO COURTESY OF PHOTOBUCKET
Christopher Drew pictured here more commonly known
by his stage name. Never Shout Never is slowly gaining
popularity with his new album "Harmony."

#### Billboard Top 20

- 1. JUST THE WAY YOU ARE -Bruno Mars
- 2. LOVE THE WAY YOU LIE
  -Eminem Featuring Rihanna
- 3. ONLY GIRL (IN THE WORLD) -Rihanna
- 4. TEENAGE DREAM -Katy Perry
- 5. DJ GOT US FALLIN'IN LOVE -Usher Featuring Pitbull
- 6. DYNAMITE
  -Taio Cruz
- 7. I LIKE IT
  -Enrique Iglesias Featuring
- 8. JUST A DREAM -Nelly
- 9. CLUB CAN'T HANDLE ME-Flo Rida Featuring DavidGuetta
- 10. LIKE A G6
  -Far East Movement
- 11. TAKE IT OFF -Ke\$ha
- 12. MINE
  -Taylor Swift
- 13. BOTTOMS UP
  -Trey Songs Featuring Nicki Mi...
- 14. NOT AERAID \_\_ -Eminem
- 15. COOLER THAN ME -Mike Posner
- 16. AIRPLANES
  -B. o. B. Featuring Haley
  Williams
- 17. CALIFORNIA GIRLS
  -Katy Perry
- 18. MAGIC
  -B.o.B. Featuring Rivers
  Cuomo
- 19. DEUCES
  -Chris Brown Featuring Tyga
- 20. MISERY -Maroon 5

COURTESY OF BILLBOARD.COM

# Book tells history of America's railroads

The first novel by Lawson McDowell, "Omaha Gold: A Story of the Transcontinental Railroad," is a lengthy, yet immensely satisfying novel in which a tyrant's ruthless greed with America's first transcontinental railroad started a chain reaction leading three high school students to face immense challenges in the future.

The book itself was well written and I enjoyed the twists on the historical facts and the fiction McDowell wove together to make on spectacular novel. At a first glance of the cover, I was unimpressed and thought that the book would be boring and full of history with no exciting plot. Then the title, "A Story of the Transcontinental Railroad," made me revolt at the very idea of reading. I enjoy history but the fact that it had to do with the railroad made even me want to throw the book away. However, once I began to read, I was amazed at what was really going on within the text. You know that saying your mother told you not to judge a book by its cover? Well your mother is

The story starts with Steve Brandon who finds a lost treasure that will turn his world upside down. Along with his best friend and cousin, Steve sets out to find out the history of the box, but leaves a dangerous trail behind as would-be thieves, crooked cops, and public officials try to thwart him.

The novel is written in parallel storylines, which the chapters switch back and forth between present day Omaha and the pioneer days during which crippled soldier Eugene "Gene" Davenport struggles to

remake his life from the cold and terrible times when powerful financiers were able to decide the fate of a city. The building of the transcontinental railroad sets the background for the story as famous characters like Lincoln, Dodge, Grant, and Doctor Durant help to unfold the country and let it be open to the savage West.

a wise woman.

The story switched on and off every other chapter, back and forth between two times in history. It follows the two main characters Gene and Steve, who are two men in search of something they believe in, yet separated by 140 years. The day Gene goes off to meet his new employer and the day Steve finds a rustic box in the bottom of the muddy Missouri are two events in history that will weave together to create one long story of two men and the issues they had to go through.

Gene's character was hard not to love. His compassion and loyalty was outstanding throughout the book. At the points where you would think most men would be fed up with the treatment they were given, Gene pulled through. Even with the disability of a crippled leg, Gene



PHOTO COURTESY OF LAWSON MCDOWELL Central Alum Venice Washington graces the cover of a new novel with others.

works harder than most men with two good legs; and he does not complain.

Another prominent character was Dr. Thomas Durant who was in the same time period as well as the ruthless employer of Gene. Durant is a mean-spirited and very shrewd character, but is so brilliant, he can get away with the dirty deeds he conjures.

Steve's character, however, did not amaze me as well as the other characters did, and perhaps that may be due to the fact that Steve is from this time period instead of 140 years ago. However, his loyalty to his best friend Jamal and his cousin Christi, are powerful strengths that both Gene and himself

possess.

Many instances while I was reading I would ask myself, "Wow! Did this, or things like this, actually happen?" To my surprise there was an Author's Notes in the back of the book telling fact from fiction, which helped to straighten out most confusion.

McDowell's writing style was infused with great description of both modern-day and historic events. For instance, there is a graphic description of the worst day-long battle in American history, a description of a lost treasure found in present day, not to mention all the other details that surround and fill the story with pictures.

I recommend this novel to any person who loves history and may also enjoy a bit of mystery and suspense.

# Central student walks the runway

"Omaha Gold"

Author: Lawson McDowell

BY TABITHA PANAS

Amidst a background of crumpled newspapers, Central students participated in a fashion show for Bell Weather boutique in the Passage Way at the Old Market on Friday, Aug. 27.

Fierce music pumped as the first models made their way down the runway, marked by neon red duct tapes.

The purpose of the free fashion show, organized by the owner of Bell Weather Boutique, was to showcase the collections of local

The sidewalks outside the Old Market Passage Way were marked with arrows drawn in chalk, directing people toward the event. Central junior Imagine Uhlenbrock was the final model of Claire Landolt's collection, Itchy Uhlenbrock wore a black dress adorned with strips of newspaper and black lacey bloomers.

Uhlenbrock said she likes to showcase what other people design and create. She also mentioned the laid back style of this particular fashion show.

"The models are not as fierce as they look," she said, "and everyone was very nice."

Central Sophomore Mecca Slaughter also participated in the fashion show. She showed off the collection Buf Reynolds, wearing all black. She wore a black bandeau, sleeves, leggings and leg warmers. Her outfit was brought to life by a knitted, neon orange shawl. It was Slaughter's fifth fashion show.

Her favorite part of being in a fashion show is "the rush you get when you walk down the runway."

Although this fashion show was laid back, the image was nothing less than professional. Models of all different ages represented the many different designers on the runway.

Donadea Hug, junior Sophie Hug's mother, has had much practice in modeling. She donned a silky, backless navy blue dress.

Being in fashion shows and modeling are not just all about looking stunning. They represent not only designers, but emotions, feelings, or

groups of people. Events like these create culture within a community. Caitlin Hochwender, Central junior, recently represented culture within the community in Omaha Fashion Week, Sept. 13-18.

She was dressed in a backless blue dress in Jane Round's collection in the finale on Sept. 18. It is the third running year of Omaha Fashion was a read and make the second running year of Omaha Fashion was a reported to have about 6,000 audience members.

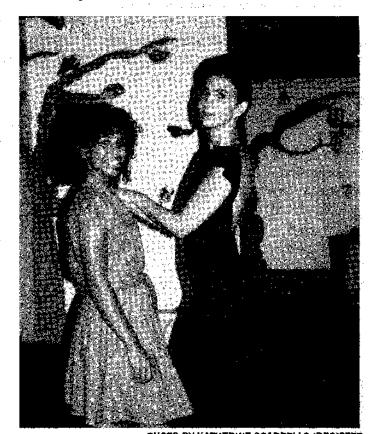


PHOTO BY KATHERINE SCARPELLO/REGISTER imagine Unionbrock 11 and Donadea Hug, mother of junior Sophie Hug find a moment between runway walks for a break.

# Disney Classic comes back to life

BY KATTHERINE SCARPELLO

"Tale as old as time, true as it can be, barely even friends then somebody bends, unexpectedly."

If you're as much of a Disney fan as I am, you probably knew the title within the first few words.

Well, if the song is still unknown to you, it's from the

1991 Walt Disney classic "Beauty and The Beast."

The story of "Beauty and the Beast" is quite simple and, in

the way it's told, extremely romantic.

Belle, whose father Maurice is imprisoned by the Beast (really an enchanted Prince), offers herself as a prisonor instead and after staying in the castle, falls in love and, therefore sees the Prince inside the Beast.

The hidden messages in this tale are all about never reading a book by its cover, which is what most of us have heard all our lives.

Those words are truly inspirational and necessary to remember when walking the halls of school everyday, which is why Disney movies, and "Beauty and the Beast" in particular has always been so important from when we were growing up, to now

I mean, we all basically grew up with Belle, Ariel, Cinderella, Snow White, and Pocahontas, right?

Whether we care for one more than another, or have special memories with a selected few, they all have something

in common. And that is Walt Disney Studios.

Disney has this little tradition in which, several years after an animated film is released, they put it in the "Vault." Putting a movie into the vault is when Disney Studios puts video releases of animated features on moratorium.

When the movie is out of the vault, the film is available for a limited time (usually around a month or so), after which it is put back in the vault and not available for another several

Well, ladies and gentleman, the Disney Animation Vault has re-opened for a better quality version of none other than, "Beauty and the Beast."

I don't know about you, but this tale is my favorite of all the others and I will be for sure purchasing a new and improved film.

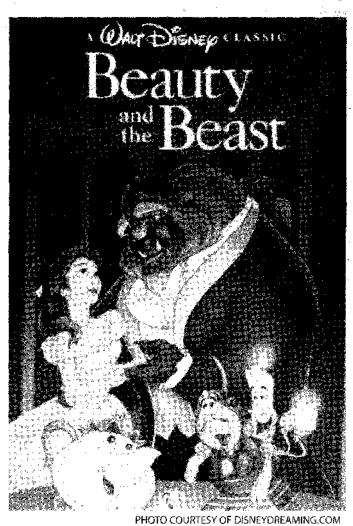
The vault was re-opened in the beginning of October and will close up again in the beginning of November, meaning there is only a short amount of time left.

Purchases are available at stores like Target, Wal Mart, Best Buy, online, or any store that carries movies.

Go out and get your new edition of one of the classics before time runs out.

Like I said before, there is only a short time that the yaul

Like I said before, there is only a short time that the vault will be open and you don't want to miss this.



# Harry Potter Club, unlike other clubs

Wizards, dementors and magic, oh my! Seniors Marin Krause and Sorcha Desmond started Harry Potter club at the beginning of last year to talk about the Harry Potter books and discuss their phenomenon.

"We knew that a lot of students shared the same fascination with the world of Harry Potter, and the club would be a great way to bring us all together," says Kraus.

It was sponsored by French teacher Natalie Minthorn last year, but will be sponsored this year by English teacher Jon Flanagan.

Harry Potter Club is unlike many groups as it is more a Harry Potter following than an average club.

Last year, the club met every other Tuesday and consisted of eating snacks and discussing the books.

Occasionally they had special events. One of these was a wand decorating contest, of which, was won by senior Katie Graves.

The members were also sorted into houses, just like in the Harry Potter series, and during one meeting they created a social skills video.

Desmond and Kraus have a lot of spells up their sleeves for their club this year

Desmond said that they are planning on having Quidditch matches with their fellow rival Harry Potter clubs. They will also try to hold a Yule ball in the spring.

They again are going to sort their members into houses and are hoping to hold a triwizard tournament and reward the winning members with a house cup. T-shirts are also a definite for Harry Potter club this year.

One of the good things about Harry Potter club, says Desmond, is "the fact that all the people who like Harry Potter club can like it together with other people."



PHOTO COURTESY OF MATTHEW VONDRASEK/REGISTER

Sorcha Desomond explains to club members how they will be sorted into their houses before the sorting starts. activities as last year, but with even more excitement.

For many students, the club is a great way to incorporate what you love into an extracurricular activity. And with all of the hype about being involved this year, this club is a great way to do just that.

For those attending Harry Potter club for their second year can expect the same unique

Watching video clips from the movies and discussing them is also on the agenda for this year's Harry Potter club.

Harry Potter Club is planning to pick up right where they left off last year, with wands,

Quidditch matches, and maybe even a Yule ball.

### CHS Jazz Vocalists Perform at Memorial Park

BY EMILY WHITHAM

Central High's vocal jazz group, Omaha Jazz Central Station, were the guests of honor at the annual Bank of the West sponsored free concert and fireworks show in Memorial Park, July 2, 2010.

Eight thousand spectators crowded the park with picnic blankets and lawn chairs to enjoy the performances of 1970s rock outfits Foreigner, Styx and Kansas. The three groups headlined the concert as part of their national "United in Rock" Tour.

For Omaha Jazz Central Station, however, the privilege of performing at the nationally recognized summer concert was one for which they had to work.

Music" contest, earning the opportunity to perform the song "I Want to Know What Love Is" with Foreigner, as well as a live television performance on local news station WOWT.

They also received \$1,000 prize money from the contest, which will be used to purchase new microphones and sheet music.

For entry into the contest, the vocalists created an audio recording of their version of the song and submitted it with a paper application to VH1.

Approximately 10 days later, Central vocal music teacher Colin Brown received a call notifying him that Omaha Jazz Central Station were the lucky

Brown then pulled the group of ten together for a rehearsal, during which he revealed the good news. "They did some whoops and hollers and high-fives," said Brown. "They were really happy."

In total, the vocalists had three rehearsals as a group prior to the Memorial Park performance. Brown describes Omaha Jazz Central Station as being very high ability group, who practice independently for the most part.

For singer Elyssia Finch, 11, rehearsal runs in the family. Finch's mother and grandmother are her vocal coaches. While driving with her to the Memorial Park event, the two encouraged her to warm up her singing voice in the car.

"It was nerve wracking at first, because you think since I'm choir, I'm used to being in front of people. But there's never that many people at one of our concerts," said Finch. "And they

"Vampires Suck"

PHOTO COURTESY OF EMILY WHITHAM/REGISTER Omaha Jazz Central Station gather around the plane with their sheet music in room 145 during their weekly practice.

made the mistake of telling us how many people were in the crowd before the show. I was afraid

my voice was going to shake." Once at the concert, Omaha Jazz Central Station waited backstage during Foreigner's set list. Then Foreigner frontman Lou Gramm announced the group, and they took the stage to perform "I Want to Know What Love Is."

Despite the initial cases of stage fright, the performance went great, Brown said. For Finch, the effort is all for the joy of singing.

"I love how the voice just does things that aren't supposed to be done," she said with a

Omaha Jazz Central Station will also be performing at the event, "Jazz at Central," on Nov. 9, 2010 at 7 p.m. in the Central High Auditorium.

# Twilight spoof lives up to viewers expectations

Imagine seeing a teenage girl racing in and out of a crowd of people dressed in bright red robes and the intense music is playing in the back ground. However, the new movie "Vampires Suck" takes many unexpected turns and uses many over used

The "Twilight" series has been popular among teen girls for a couple of years now but it was only a matter of time before a spoof came along. Vampires Suck pokes fun at the Twilight Series and the many other vampire related television shows, books and movies.

Jason Friedberg and Aaron Seltzer, the creators of movies such as "Disaster Movie", "Date Movie", "Epic Movie" and "Meet the Spartans", have created yet another movie chock full of jokes about pop culture and the ridiculous elements of our time.

The movie follows the first three installments of the well known vampire series and while making jokes about the characters mannerisms and quirky actions they do a wonderful job of making the sets and scenes look as if they were the ones used in the original.

If you are a fan of Twilight or even if you're not, you might take pleasure in this movie. If you have seen the films in the series

some of the jokes such as the ability to race through the forest incredibly fast are comical because of the help of the Segway that Edward is riding on.

Yet if you don't care for the films, Vampires Suck relates and says even in the tagline, "From the guys who couldn't sit through another vampire movie." **MOVIE REVIEW** 

Despite the fact that a spoof is supposed to only make fun of a certain movie or movies, their portrayal of the original characters is right on the nose. From just a bite of the lip or a flip of the hair the actions and reactions is on point with the first film.

Although there are many well known actors in this film, one of the main characters just got her start with a leading

Jenn Proske, who plays Becca in the film, graduated in May 2009 from the College of Fine Arts at Boston University with a BFA in Acting and Theatre Arts. Her costar, Matt Lanter, has appeared on the television show "Gossip Girl" and in the film "Disaster Movie". Another you may recognize is the comedian Ken Jeong, who portrays the leader of the Zolturi, Daro.

From the commercials or ads this film may seem as if it is just another spoof, but it was comic relief and gives viewers some carefree laughter.

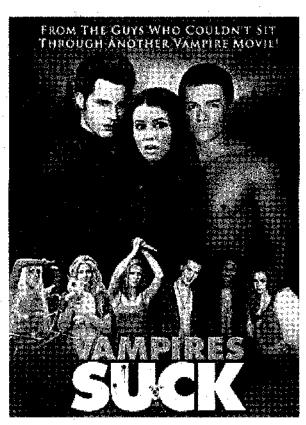


PHOTO COURTESY OF ECLIPSEMOVIE.COM

# Scott Pilgrim, a fast-paced virtual reality

All is fair in love and...video games?

In the visually delicious action/comedy "Scott Pilgrim vs. the World," fighting for the girl of your dreams means literally brawling it out, all the while collecting gold coins and 1-Ups, Nintendo-style,

Set in Toronto, Canada, the film follows the endeavors of 23-year-old jobless, ambitionless bass player, Scott Pilgrim (Michael Ceta), and the mysterious new love interest who suddenly rollerblades through his dreams, the rainbowhaired Ramona Flowers (Mary Elizabeth Winstead).

Early on as Pilgrim attempts to pursue a relationship with Flowers, he learns that in order to be with her, he must first defeat the League of Seven Evil Exes of her past in head-tohead combat. Chaos and hilarity ensue.

Through the magic of modern technology, "Scott Pilgrim..." blends old-school video game graphics seamlessly over live-action, creating a glittering virtual reality your innerchild wants to live in.

Comic book-style text boxes appear on screen, aiding in narration, and every one of the film's numerous fight scenes is highlighted by a colorful splattering of action words and symbols.

The film, directed by Edgar Wright, earned \$10,525,000 during its opening weekend of August 13, 2010. Many fans had eagerly awaited the action/comedy, based on author Brian Lee O'Malley's six book graphic novel series, since its production was announced following the release of the first graphic novel.

Despite having only occasionally impressive moves during its fight scenes, "Scott Pilgrim..." captures the audience's attention and doesn't give it back until you've been thoroughly thrashed by its contagious energy.

With a cast full of young and beautiful faces battling for record deals and fighting in the name of love, it's no surprise that "Scott Pilgrim.." contains plenty of quirky allusions to young adult popular culture.

Uniquely so, however, is the tongue-in-cheek manner which these references are delivered, making the film truly as much a parody of pop culture as a celebration of it.

Every coffee-shop hipster or local music scene hopeful will be left wondering whether to feel personally offended or applauding with pride.

Full of edgy style and attitude, the film also sports a host of not-so-witty one-liners that audiences everywhere are most likely rolling their eyes at right this moment. The plot also becomes unclear on occasion, the result of condensing a sixbook series into a single movie.

However, the movie's fast pace and infinitely captivating cast moves the viewer beyond these small shortcomings for a wickedly entertaining experience.

"Scott Pilgrim vs. the World" has all of the credentials to become a staple movie of our generation, a film which I can easily imagine being awarded midnight showings at the Dundee Theater in the future.

Packed with special effects, KOs, cute girls with unnatural hair colors, a fantastic sound track and more truth about young adult relationships than you could ever hope for in just 112 minutes, there is never a dull moment in the world of Pilgrim.



PHOTO COURTESY WEAREMOVIEGEEKS.COM

"Scott Pilgrim vs. the World" star Michael Cera poses with a sketch of his character, drawn by author/artist Brian Lee O'Malley.

# Novel offers real-life characters, simple art style

With all the lights and noise that go hand-in-hand with a newly-released movie, films attract attention easily. But for the movies whose story lines began in the quieter form of novella, like the newly released "Scott Pilgrim vs. The World," the paper-bound source material is equally as worth your time.

BY EMILY WHITHAM

Prior to his movie and video game interpretations, the fictional Scott Pilgrim was alive within an eponymous six book graphic novel series. Written and illustrated by self-proclaimed "starving artist", Bryan Lee O'Malley, the novels were published by indie comic book label Oni Press, and released between Aug. 2004 and July 2010.

The books follow the love life of a 23 year-old bass player/ freeloader as he struggles to overcome the scars of his past relationships, make it big with his garage band "Sex Bob-Omb", grelate the traits of his characters to the people you know. By and win the affections of the beautiful and mysterious Ramona the end of the series, you might feel as though you're friends of Flowers.

If the plot sounds a little cliché, just wait until the first boss

This isn't your average love story, after all. Soon after meeting Ramona, Scott finds out that he has to defeat the seven evil exes of her past in battle before he can pursue a relationship with her. Along his epic journey, Scott learns lessons about love, honesty and the power of self-respect.

O'Malley's writing is simple, yet well-done and

amusing. The story is packed line-after-line with laughs delivered in modern humor,

the kind you might find if you tune your TV into Cartoon Network after 9 p.m.

The author also toes a line between reality and sci-fi, drawing the reader into a world as normal as the one you would find if were to walk the hallways of a high school, all the while infusing it with physic super powers, giant robots, and bad guys who explode into coins when defeated. Video game references abound here, as Scott gains extra lives and

O'Malley depicts people very honestly, making it easy to Scott and Ramona personally,

However, some plot elements are introduced very subtly, making "Scott Pilgrim" a "between-the-lines" read at times. For the casual reader who might be skimming the story or not paying close attention, it can leave you flipping back a few pages to catch up. The story is more intricate than it seems at first glance. You'll also want to look closely for little puns and references, which are tucked away in the text boxes of every

The artistic style of the series is usually very simple; a Japanese manga influenced cartoon style. Yet the characters

remain very expressive. The only downfall of the artwork is that it is presented only in black and white, with the occasional shades of gray. O'Malley's character designs would benefit greatly with the additional definition of color, especially since they are such colorful characters in personality.

In relation to "Scott Pilgrim"s film adaptation, the characters you meet within the graphic novels are much more thoroughly developed than those of the movie, typical for almost all books-gone-big-screen. Though the film has a definite advantage over the book series due to the advantages of color and music, it rearranges many points of the original story, while leaving another dozen or so out entirely.

If you've already seen the movie and then decide to pick up the graphic novels, you might be in for a surprise yet. This isn't unusual considering that O'Malley actually penned the final volume of the series after production of the movie was completed.

The film will definitely give any reader who claims "the book is always better than the movie" a run for their money, but O'Malley's "Scott Pilgrim" series is a must-read recommendation for any "Scott Pilgrim vs. the World" moviegoer, or better yet, before you ever buy that ticket.

# Check out these other books-gone-big-screen:



# Omaha's only non-profit cinema celebrates 3rd anniversary

BY SHALEIGH KARNIK

PHOTO BY KATHERINE SCARPELLO/REGISTER

Many interesting films are shown at the Ruth Sokolof Theater, but you won't find them at any other local theater.

The art house located at 14th and Mike Fahey Streets, near Central, is home to Film Streams, Omaha's caly nenprofit cinema.

Film Streams, in the Ruth Sokolof Theater, was opened in July 2007 as a cinema to show independent, foreign, and classic films. It has two state-of-the-art screens with amphitheatiestyle seating, 206 seats and 96 seats, and an extensive concession stand which serves the traditional popcorn, candy and soft drinks. However, you can purchase Blue Line Coffee and desserts by La Charlotte and if you are a member you can buy other refreshments as well.

The grand opening of Film Streams featured Nebraska native and Oscar-winning film maker Alexander Payne introducing the first repertory series, "Alexander Payne Presents", along with the first run film "La Vie en Rose."

Since the opening of Film Streams more than 100 movies have premiered and they have shown about 300 classic films. The theater has sold around 120,000 tickets in its three years. Film Streams is open seven days a week and films are shown in the late afternoon

Monday through Wednesday and early afternoon Thursday through Sunday.

In the Ruth Sokolof Theater there are the two theaters, a lobby and a second floor conference room which is available for daytime rentals.

The mission of Film Streams is to enhance the cultural environment of the Omaha-Council Bluffs area through the presentation and discussion of film as an art form.

This nonprofit organization wants many great movies to have a place to be shown. Also, they focus on screening films based on their creative, artistic and social merits.

Film Streams depends on the community to survive. Of its income, 45 percent is box office and concession sales. They also rely on the support of their membership program, individual donors, grants from foundations, corporations and government organizations and community volunteers.

The membership program at Film Streams is an annual rate of \$50, but for students and teachers there is a discounted rate of \$35. With a membership you can receive varied benefits such as half price movie tickets, 20 percent off of concessions and advance notice of special screenings and events.

Also, Film Streams High School Film Club is open to high school students and gives them an opportunity to experience repertory selections from throughout the history of cinema and to engage students in guided discussions about air, subjectivity and culture. The Film Club is free to students with a valid ID and if teachers bring five or more students they receive free admission plus a complimentary movie pass.

Additionally, at the Ruth Sokolof Theater there is a Student Night. The first Monday of every month is a free night for any full-time student. All that is needed is to show a school ID upon entry and students will receive a complimentary movie pass for that day. These Student Nights are made possible by the support of the Peter Kiewit Foundation. The next Student Night is being held on Nov. 1, 2010. More information can also be found at filmstreams.org.

# Takers proves more interesting than previews portray

BY DARIA SEATON

Starring: Matt Dillon, T.I.

"We're takers, gents. That's what we do for a living. We-

Idris Elba, Gordon Jennings, Michael Ealy, Jake Attica, T.I., Ghost, Hayden Christensen, A.J., Paul Walker, John Rahway, Chris Brown and Jesse Attica, star in the thriller "Takers." Although the movie may have been portrayed as cheesy and very fake in the previews, it turned out to be not so bad.

One main point that stood out to me, don't test your luck more than once.

They start off doing their scheduled one heist a year. In doing so Jesse gets a little too cocky, throws up the deuces and could have possibly cost them some of their lives. They finished it very smooth and came out completely clean. With not a spot on any of their records no one would evet suspect they got their big houses and nice cars the way

All the while, Chost had a plan of his own. Fore years stansarads gentresque reside activitée doi a amob tent an norma of dollars but instead had gotten left for dead and taken to prison. He played his role as the forgiving ex partner who has the perfect plan to get him back on top and make them more money than they had ever taken at a time. All this taking place just days after getting release from jail. He did everything he needed to do to set the plan up right but the takers made a hig mistake, they trusted him. Gordon should have known you

don't do work with someone you have previously screwed over. Even though this movie is filled with a lot of under handing scandalous plans, the movie showed a lot of different talent that wouldn't have ever been expected out of some of

Idris Elba doesn't usually have a set character. He has been a musician, a devoted father but never a thief. Even though I could never see it I think he did a good job transferring from someone who you admire to some someone that you're slightly afraid of and would never want to mess with. Michael

Ealy keeps the "bad boy" persona that he has maintained since barbershop. T.I. went from a loving young teen who just wanted to be an artist, to a sneaky con man who only looks out for himself and will shoot among abopportunity away from him.

Chris Brown may have had the most impressive performance of them all. He has always been portrayed as the sweet and innecent boy, not referencing the incident that took place in February of 2009. He was cute, innocent, and he made you just want to hug him. Now he has a more dangerous appeal to him. Like wow, you know you need to stay away from him but something about him attracts you in even more. Most Idris Elba, Micrisol Ealy, Jake Attica, Hayden Christensen, Paul Walker, impressive, according to MTV/news.com. All the jumping over cars, hopping fences, and flying off buildings, knowing it was him, made his performance much more spectacular.

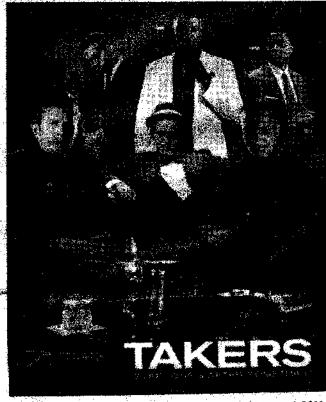


PHOTO COURTESY OF MYMOVIECINEMA.COM

and T.I. prove their acting telents in the recently released "Takers." All actors showed different sides to them that haven't been portrayed in the

# Charlie St. Cloud, odd but heartwrenching tale

**BOOK REVIEW** 

Author: Ben Sherwood

"Charlie St. Cloud" (originally published as the Death and Life of Charlie St. Cloud) tells the story of a young man, Charlie, who was resuscitated in a car accident that killed his little brother Sam. The accident enabled him to see and communicate with people who had passed away.

Some might find this idea odd along with other scenes in the book. From an outside view it is very odd, but Author Ben Sherwood tells the story in such a way that makes the reader feel like they are trapped in the situation with the character.

The reader develops empathy and understanding of the character's plight and the heart wrenching story tugs at the reader's emotions. Sherwood also enables the reader's imagination by abstaining from meticulous details of the exposition and

settings of different scenes in the novel. That's one thing that has always bothered me about certain novels is that authors feel the need to provide meticulous details about characters and setting like hair color, the way the wind is blowing, what color the car is. It just drives me insane when I find myself pouring through expository details about every little thing in a book

The story is told in first person by Charlie and also his opposite Tess Carroll, a local entrepreneur and sailor that becomes romantically involved with Charlie. Now I know what you're thinking "Chick flick alert, they fall in love the end." Let me stop you there. Yes the pair does become romantically involved, but this is a very small portion of the story that comes at the end of the novel. Also, most of the book goes into Tess Carroll's half of the story not Charlie's During which Sherwood has Tess appeal to the male reader.

Sherwood does an excellent job of having the story naturally grasp the reader's attention. The characters are educated, intelligent, athletic and romantically appealing. The plot is filled with Emotion from the characters, the way the story is told and from the readers desire to relate and understand the situation. Although the motion picture was filmed in Vancouver, British Columbia, the setting chosen by Ben Sherwood is Marblehead Massachusetts. The town of Marblehead offers an excellent setting for the novel. The Town is one of the last remaining colonial towns that has most of the colonial era buildings still intact. Another Important aspect of Marblehead is its cemetery. Unlike many small town cemeteries, Marblehead's is formed

more like a park than a cemetery with hundreds of acres of wooded forests and neatly kept gardens. The cemetery overlooks the beautiful bay and the multitude of fishing and sailing boats that line the shores. This cemerery plays out to become an important part of the novel.

Ben Sherwood tells the introduction and first two chapters through the eyes of paramedic and fireman Florio Ferrente who revived Charlie after the accident. Ferrente tells how his Catholic Faith has helped him through tragic events of his life. Ferrence's account of the night of the accident really gives insight to the reader on how precious life is. The reader will find out later in the book that Ferrente was killed in a fire leaving his wife and son behind.

This helps Charlie realize how precious his life is

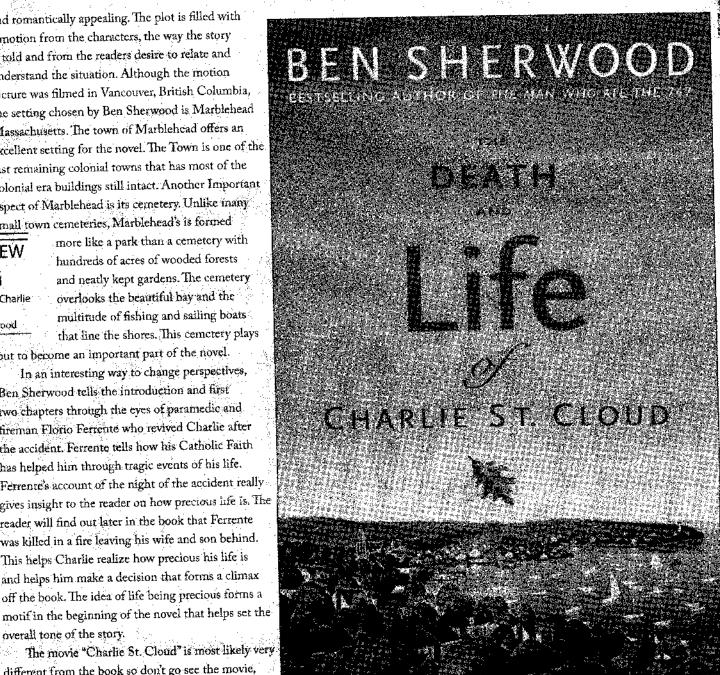
and helps him make a decision that forms a climax

off the book. The idea of life being precious forms a

In an interesting way to change perspectives,

overall tone of the story. The movie "Charlie St. Cloud" is most likely very different from the book so don't go see the movie, decide you don't like it and not read the book because you think it's the same. I haven't seen the movie

so I can't vouch for it but hopefully the movie will accurately depict the novel.

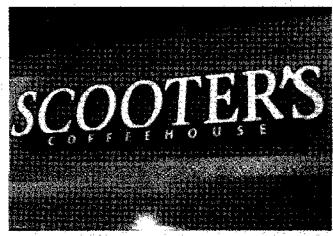


The "Death and Life of Charile St. Cloud" recently published as "Charlie St. Cloud" focuses on moving on after tragedy strikes. The move, "Charlie St. Cloud" was released this past summer.

# Omaha coffee shops get rated by tough critics

There's nothing like sitting in a cozy corner, taking in a few pages of a good back and a few wiffs of coffee beans and tea herbs. But the cozy corner can't just be anywhere. Check out how we rate Omaha's local coffee shops for your reading and sipping pleasure.

#### **Scooters**





Most people get to a certain point in their day where all their energy is drained and they need an energy boost to get them through the rest of the day. Sometimes you just need a bit of caffeine to put a little pep in your step.

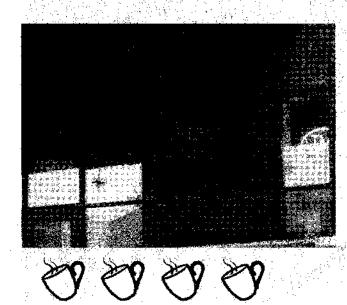
One convenient place to the get that little bit of energy is Scooters. Located at 16 dodge right inside the first national bank building, scooters is a good place to get something tasty for any time of the day.

There are cold drinks, warm drinks, and little pastry to also help that need for motivation.

It's a nice and quiet environment. It comes equip with many tables and also a conference table in the back if you want to have a nice study session without going to the library.

The people are pleasant to converse with, try their best to get you what you want you want to your liking, and want you to come back, again.

#### Aroma's



This was the best chai latte I've ever had, and I was delighted by the slightly lower price than usual. It was sweet and refreshing, and didn't have all of the flakes that are usually

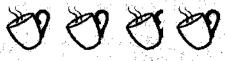
However good the product was, the atmosphere was a bit cold for my taste. When walking into a place you're about to spend hard earned money on, you'd like to feel welcomed.

Usually, however, coffee places in Omaha seem a tadsnobbish. Each has their hipster with recently in-style Buddy Holly glasses, skinny jeans, and thrift store t-shirt smoking on the deck glaring as you walk by Aroma's was no different with a be the place for you. The most expensive thing on the long slight feeling of exclusion and rejection.

All in all, I'd give Aroma's Coffee four stars, because, no matter how comfortable you are walking into the shop, the main objective is to get the best thing you're looking for.

#### Seattle's Best





As I sit here in a quiet mook of the store I read my psychology textbook and sip on a cup of hot chocolate and nibble away at my slice of banana nut bread.

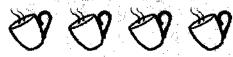
The store's 20 plus tables that seat about two are full and people quietly go about their business typing away on their computers or reading a number of books.

The moment is just about perfect when someone at the counter orders a frappe-something and the clerk goes to work using a violently loud machine that makes a horrid noise interrupting the dull lull of the atmosphere around me. So as I enjoyed my hot chocolate and banana bread every few minutes I would hear the loud sound of a hot drink making thing followed by the clerk yelling "COFFEE BLACK!"

Taking in to consideration the excess noise and overall service I'd give it a 4 out of 5.

#### Blue Line





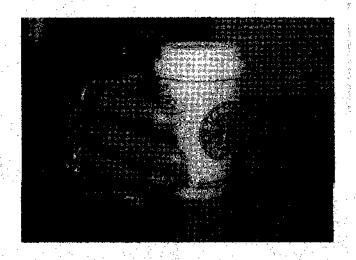
If you are looking for a quaint, quiet, little coffee shop, Blue Line coffee is the place for you. Blue Line is located on 15th and Underwood in the old Dundee shopping area. When you first drive up it doesn't look like more than an old rundown shop but when you walk in your whole perspective

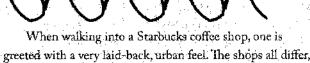
Everything about the place makes you feel right at home. When you walk in you are hit in the face by the great aroma of coffee.

If you are looking for a cheap quick coffee this would assorted menu is \$5,50, which doesn't seem high enough for such a great coffee.

The coffee tastes even better knowing that it is homemade along with everything else on the menu.

#### **Starbucks**





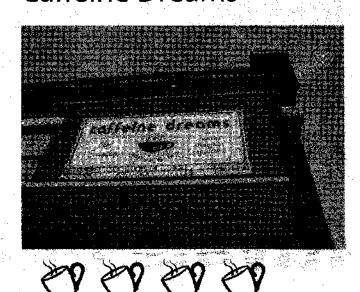
greeted with a very laid-back, urban feel. The shops all differ, but still maintain the earthy toned accents and urban, abstract décor. Starbucks offers a wide range of blends and single-origin

coffees, with a grand total of about 30. Though as time has progressed. Starbucks has made many of their drinks much more personalized. An avid coffee-drinker has the choice of fat-free, skim, soy and whole milk.

Their iced-drinks, hot drinks and original coffees are all extremely tasty. Though be prepared to shell out some money for a simple coffee beverage. Is it worth it? That's up to your taste, but in my opinion it is.

The workers at Starbucks are always friendly; I have never visited a Starbucks that lacked good service. Overall, Starbucks is worth the money and trip.

#### Caffeine Dreams



The shop serves all sorts of coffees, lateas, cappacino's and various cold drinks along with a number of sandwiches and pastries. I tried a ham and swiss on white bread that proved to be very appetising along with a coke.

The shop consists of a food prep room near the entrance suurrounded on two sides by a L-shaped room that has plenty of seating including tables that seat two or three, sofa's large leather chairs and a bar along one wall. Outside of this room is the outdoor patio that's surronded with a fence and offers a nice quit green filled enviroment.

All in all the shop offers the caffeine seeker an easy going environment to do homework or just read a book or

Considering the excellent food, relaxing environment I would give it a five out of five.



# Sudoku: Test your knowledge

Expand your intellect and problem solving skills with the following. Central's enrichment math classes donated sudoku for the student body's entertainment.

9	5	7	8	2	3	6	1	4
1	2	4	5	6	7	9	8	3
3	8	6	1	4	9	2	7	5
2	1	5	7	9	8	4	3	6
6	7	9	4	3	5	1	2	8
4	3	8	2	1	6	5	9	7
7	9	_	6	8	4	3	5	2
5	4	3	9	7	2	8	6	1
8	6	2	3	5	1	7	4	9

1	7	9	2	8	3	4	6	5
4	6	5	1	7	9	2	8	3
2	8	3	4	6	5	1	7	9
6	5	7	9	3	1	8	2	4
9	3	1	8	2	4	6	5	7
8	2	4	6	5	7	9	3	1
3	1	6	7	4	2	5	9	8
7	4	2	5	9	8	3	1	6
5	9	8	3	1	6	7	4	2

#### Sports Q&A

ind out what coaches set as their goals, and what they'll do to succeed.

#### Omaha's first semi-pro team

The Nighthawks are leaving their legacy on the city as the acquire a win their first game.

#### Player defeats odds

A softball player overlooks challenges and difficulties to play the sport she loves.

central register@ops.orc.

É ÉMÉ NEPA/JEA BEST-OF-SKOW WINNER. A HIGH SCHOOL NEWSPAPER PRACTICING PROFESSIONAL JOURNALISM. NATIONAL PACEMAKER AWARD WINNER



PHOTO BY CAITLIN SORICK/O-BOOK
The Central High Varsity football team offense runs a play against the Omaha North Vikings on Sept. 3, 2010 at Central's Seeman Stadium. The game resulted in a score of 1,6-6 loss for Central

# Rivals battle on the gridiron

Earlier this year, two of Omaha's biggest rivals Central and North squared off for the bragging rights of North Omaha. Although the game on Sept. 3, 2010 was filled with many errors, it still turned out to be an intense and exciting game.

Central students, teachers, and alumni were all in attendence to one of the biggest games of the season. Among them were a plethora of alumni from Central graduationg class of '85 as it was their 25 year reunion. All came to see and support the Eagles even through a few minor

Unfortunately, a couple of the errors were made by Central. Early on in the game Central had trouble catching the ball and it would go on to hurt them in the end. They would also have a couple of fumbles and interceptions that would lead to loss of possession. This would come to haunt them later in the game when North took control of it.

The Eagles tried to pick through North's defense through a wide variety of run plays that would gain them a few yards; however North's defense proved to be trouble. That would be until the 2nd quarter when Central took an 8 to nothing lead. But, North would soon fight back.

The Central defense also came out firing on all cylinders, doing a great job of slowing North's offense down. The defense would start to bend late in the 3rd quarter when North tied the game up. Then the defense bent even more in the fourth when North took the lead, which would stay the same for the rest of the game. Still, nobody can complain about the effort of the defense throughout the game.

Late in the third quarter North scored a touchdown to tie the game up at 8. The game would remain this way until the fourth quarter when North took a 15 to 8 lead. Central tried for the rest of the last half to score another touchdown, but would not be successful due to some short runs and a tough North defense.

This would be a very tough loss for Central High School. The North Vikings had won the bragging rights of North Omaha and would contain that for the rest of the year.

Even though the game ended with a loss, no one could complain about Central's effort. They did their best and worked hard to get the game to where it was. Hopefully, next year Central has a better turn out:

# Annual football scrimmage gives glimpse of upcoming season

PHOTO BY CYNTHIA TREJO/O-BOOK

Central players displayed what was expected for the upcoming season in the Annual Purple vs. White game. Parents and students alike cheered on the teams. It was a beautiful day for a game and the stands were filled with die-hard Central football fans. Getting ready for a new season was the goal of Central's 2010 Purple and

White scrimmage on Friday, Aug. 20.

Although the scrimmages are not nearly as exciting as regular season games, the stands were nowhere near lacking fans. Central's coaches and team were ready for the opportunity to show what they could do. The boys were rowdy and riled up as they finished their pre-game

Parents and students alike were eager to catch a glimpse of what talents Central's team will display in the upcoming season. Central High School has a long history of placing many players at the division one level.

One player, senior Ted Lampkin, an Iowa State verbal commit, intercepted and ran the ball 40 yards for the first touchdown of the scrienceage. The stands went wild with the first score of the year.

Lampkin is among a talented group of skilled players returning this year. Junior quarterback Will Burgess returns as well for the offense.

The fact that the team came out of the scrimmage without injuries is a positive outcome, according to Coach Jay Ball. Coach Ball feels that overall, the team is not looking bad. He enjoys working with a team that works hard for each other and thinks that that value will get them far this season.

Other positive aspects of the scrimmage are that the "backs ran well and the receivers have made improvements this year, too," said Ball.

He also noted the improvements of individual players. Eddie Vinson is going to be "a real disrupter on defense,"

There is no shortage of fan interest for the Omaha Central's football team as well. Central's rich and storied tradition draws many long-time fans. Norbert Pieper, father of Central's wide receiver Joe Pieper, attends every game he can. He has high expectations for the upcoming season and as well he should because the Eagles are ranked number 9 in the Omaha World Herald's preseason class A rankings, he said.

Despite last year's injuries, Central still managed to make the playoffs and finish the season with 4 wins and 6 losses. Having six returning starters for both offense and defense is reason for optimism.

It is obvious the team is not the only ones optimistic. Central junior Fred Cooperwood said, "We're going to State."

The Eagles have their peers, coaches, and community supporting them as they will attempt to prove what they can do for this upcoming season.

Central opened their season Friday, Aug. 27 at Burke before hosting North High on Sept. 3 for the home opener at Seeman Stadium. The rest of the schedule is filled with several tough opponents, including last year's class A state champions, the Millard South patriots who visit Seeman Stadium Sept. 24.

Central's fans and coaches will be watching and waiting with them as they try to achieve their goals of winning state after a three year absence.

# Sports in Brief

Wrestling team prepares for season

After having some of the best wrestlers in the state last year, Central will try to keep that intensity this season.

Coach Jimmie Foster has high expectations for the upcoming season.

"I expect to be in the top ten again," he says.

With three state finalists last year in wrestling, this goal is well within reach for them. Some key returns to help them accomplish that goal include junior Kegan Foster, last year's state runner up; senior Tyrell Galloway, a three-time state finalist; and sophomore Skylar Galloway, last year's 118th state champ.

Coach Foster looks forward to working with the wrestlers this season and says they are going to "continue doing good things that work up the intensity."

Injuries and wrestlers out was a weakness of the wrestling team last year, however their dedication still kept them going strong according to Coach Foster.

Their usual rivals this season are North High School and Creighton Prep.

#### Boys tennis, optimistic about season-end

The boys tennis team this year has strong determination to win. They have won one match, but according to Coach Robert Tucker they have placed in the top half or above in al of the tournaments in which they have participated.

The varsity team has eight people and junior varsity has a total of seven. Some of the strengths of the team are the willingness to get better, support for each other and the skill and depth of experience the team has. Tucker said the team's weakness is the difficulty to win the matches.

Tucker also said the overall record doesn't reflect the level of the players because they are playing the top players in the

#### Girls Golf, dominates invite, loses at home

Central's girls Golf team, led by head Coach Linda Brock and Assistant Coach Ben Mihovk, has had one home game at Elmwood Park against Papillion-LaVista on Sept. 21 ending in a loss of 198-204.

The season began on Aug. 26 with a match against Lincoln High at Pioneers Golf Course and the regular season ended with a match against Papillion-LaVista at Eagle Hills Golf Course that resulted in a 17-18 outcome.

Since the end of the regular season, the team has participated in the Metro Tournament, Districts and the JV only Millard South Invite.

The team also dominated the OPS invite this year taking first, second, third, fourth and seventh places.

#### Girls Basketball condition for tryouts

Excitement is building as the girls basketball team prepare for the 2010-2011 season and new coach Thomas Les showcase what they might see this season.

The team started conditioning on Sept. 7 and have been preparing ever since, every Monday, Wednesday and Thursday. The team will take two weeks of rest before the actual tryouts scheduled for Nov. 15.

The coach's workouts for conditioning aren't easy. Each day of condition "the girls run the track, do hills, and stairs and then they have open gym, so conditioning isn't a piece of cake," Lee said.

Lee has been impressed with the turnout so far as he has gotten up to 30 girls each day. He hopes it keeps up, and is looking forward to a great season.

#### **New Reserve coach adds to Central family**

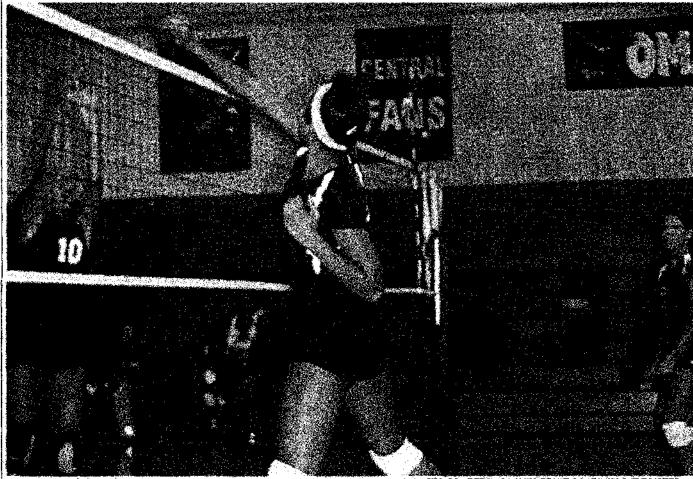


PHOTO COURTESY OF KATHERINE SCARPELLO/REGISTER Freshman volleyball team player attacks the ball against Omaha Burke winning the game. The team received a new coach at the start of the season.

BY KATHERINE SCARPELLO

Throughout the years, Central's Volleyball program has had many volunteers, coaches, and supporters.

But at the end of the 09-10 school year, the volleyball program received news they were receiving a new face for the program-a new coach.

Coach Angela Capellupo recently replaced reserve team head coach Molly Shields, who left Central for another teaching job in

Most know Capellupo from Lifetime or Team sports as she taught both classes, both the coach took on the new title in 2005.

Capellupo started at Central five years ago as a physical education teacher and varsity assistant coach to the varsity head coach Jodi Brown.

Capellupo said she loved her past position as varsity assistant, but fell into the new coaching position and is looking forward to the challenge of a new group of girls to interact with.

On any given day, Capellupo can be found around a group of

girls laughing and smiling, a testament to the relationship already developed amongst the team.

Many girls said they enjoy "Capp" as their coach because "she makes you feel comfortable to be yourself and have a good time, but at the same time has enough authority to get done with needs

There are many differences between being an assistant to a head coach and actually being a head coach.

Capellupo says the biggest difference and by far her favorite part is "making my own decisions with the players and drills."

Being a head coach involves much more time spent with the girls and getting a closer relationship with them, not to mention deciding who makes the team, and who is in what position.

According to various volleyball supporters, Central has always had moderately successful seasons.

The current Reserve teams' record is boasts a total of eight wins and two losses.

#### Cross Country new runners, same old goal to win

BY SHALEIGH KARNIK

This year the girl's cross country team has garnered some voiling newcomers in addition to the three retainers.

According to Coach Trent Lodge, the girl's team has not won any meets this year, but he has had a couple of the runners place at the junior varsity and varsity levels. Freshman Louise Mullen has stepped up to be the number one runner, finishing multiple times at the varsity level,

Lodge says that they are a young team and there is much talent, but he is hoping that the girls will put in time next summer to become better as a team.

With the talent there is also a lot of inexperience. Though there is conditioning and training in the summer, most of the girls didn't start running until school started. According to Lodge, the key is to put in the miles in the summer. This will reduce injuries and build up strength for the year,

The boys cross country team's next meet is the Metro Goinfeience Championship. Coach Elliot Evans said they are hoping to place in the upper half of the competing teams.

At the District Championship, the team will need to finish in the top three teams to qualify for state. Evans says that this will be a very difficult meet for the team and they will need great performances from their top seven athletes to get the job done.

Leading runners have been sophomore Kyle Foster and junior Steve McCann. Following behind are seniors Enrique Perdomo and Erick Perez, juniors Texan Tonje and Harrison Lietch and freshman Corey Finnigan, who make up the varsity

Fourteen of the total 16 will be returning next year, Coach Evans says that the prospects should improve with additional time and training.

# As the end of fall season finishes up, take a look at coaches? aspirations and expectations.

Q: What is your plan for success during the season.

C) What kind of things do you do to answere a serie or the he love a game of quality is that



A: "To work hard and get one percent leaves every day."

Concordantie Poste

A: Just to get everyone playing at a high level and working as a team.

-Coach Jodi Brown

A: Before a game it's all about getting focused."

-Coach Jay Ball





A: I am 'always positive and tell them the things they are doing well.



A: "Encourage the girls to practice hard."

Coach Linda Brock



A: Tve given our I-shirts and biggeto motivate them to work hard.

-Coach Trent Ladge