BEST BENDEST SCHOOL PAPER WEST OF THE MISSISSIPPI

Biology of the Future...

Central High School~Omaha, Nebraska~Volume 108~Number 5~January 25, 1995

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w conversations in American schools, and communities are void of the topic th violence. According to government cs, youth violence is on the rise in many

any schools and cities are considering approach to combat youth violence. have tried midnight basketball and othtried harsher punishments. Odessa, and Denver tried Teen Court. Through ourt, these communities have found a deter youth crime.

goal of Teen Court is to get young to take responsibility for their own and to take negative action and turn it isitive experience," said a spokesperthe Teen Court Division in Odessa.

en Court allows young people ages 10 a) take responsibility for their actions ang guilty to their offense and acceptintence from a jury of their peers. who pleads "not guilty" to the offense 11. fwh he is accused of is automatically sent

> the referring agency. ourt does not have the the authority to deicls of innocence or by the authority to sentence for the dethe spokesperson

that are heard in art involve theft, pubsication, shoplifting or misdemeanors.

sentences range from er work at different

mity service agencies, to jury duties in ourt, to defensive driving and chemise workshops. Upon completion of ntence the charges are dismissed.

naha 2000, the Omaha Community ship and the Omaha Bar Association are trying to help in lowering teen violence and, consequently, brought up the idea up of a teen court program in Nebraska school districts. They held a meeting on Jan. 19, in which some school district attended for the purpose of maybe setting up a Teen Court in their schools.

Teen court would work in a school similar to the way it does in a city, but would deal with smaller crimes and school violations.

Westside High School is looking into a program very much similar to the one in Odessa, said Dr. John Crook, Westside assistant principal. "I believe there is potential in this program, but I have to reserve any comment," he said.

The Millard, Omaha and Westside school districts do not currently have a teen court

"Ideas should be discussed for Teen Court because it would have advantages and disadvantages to society," said Dr. Ron Burmood, director of student personal services for the Omaha Public Schools. "The advantage of a

program like this would be a learning experience for students and supervisors, but there is a negative to Teen Court, those judging may harass the defendant," he said.

"Teen Court could work in the Omaha or Central High School setting if the following criteria were met: adult supervision, resources, supplies and money," said Dr. G.E. Moller, principal. "Without this crite-

ria, Teen Court would be time consuming, and safeguards on the jury would have to be considered to ensure fairness."

Next issue read opinions school principals and local community leaders on the proposed Teen Court..

Contributed By Thomas Parks.



Green goes red: Ahman Green, senior and star I-back, recently made his college decision at a press conference held at Central on Friday, Jan. 6. Green chose to attend the University of Nebraska at Lincoln after being heavily recruited by Notre Dame and Arizona. Nebraska's winning of the Orange Bowl and becoming national champions influenced his decision.

AP means advantage for Central students

ith finals having recently passed and

Central High

Central High

NE Private

Other NE Public

Percent of Passing AP Grades Earned in 1994

(ID)

(3)

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THE FIRST IN A TWO PART SERIES ABOUT THE

PROPOSED TEEN COURT

students beginto intensify ing for their ams, many alites may re prepared they think, ding to an ational Testrvice[ETS] The e shows that al students nore AP exn 1994 than Benson, Burke

North com-

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ents passing the

Other NE Public A Œ (D) **NE Private** \odot Math (Calculus AB/Calculus BC) Central High $(\ll \infty)$ Other NE Public **NE Private** History (American/European) Central High Other NE Public **NE Private** Language (French/Greman/Latin/Spanish) Central High Other NE Public **NE Private**

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42.1%

E 35.3%

Science (Biology/Chemistry/Physics C) 96.7% E 63.2% E 56.3% English (Literature and Composition) 95.1% 71.0% Œ 64.4% **E** 73.3% 72.2% E 57.9% E 59.1% 58.1% Œ 61.4% E 50.0%

exams than the entire state of Nebraska. In number of 5's, the highest grade possible on many instances, Central has had the most the AP exam, than any other public or private school in the state.

What is so important about these exams? The AP, or Advanced Placement exam, allows students to receive college credit while still in high school. If a student receives a grade of 3, 4 or 5 on any AP exam, he is most likely eligible for college credit in that subject area at numerous universities throughout the nation. The exams are offered at Central in the following subject areas: American history, biology, calculus (two levels: AB and BC), chemistry, English, European/world history, French, German, Latin, Pascal, physics and Spanish. The exams, which cost \$70 each, save students lots of dollars in credit hours at the university level. For example, Stanford University will award 45 credit hours to a student who received a 4 or a 5 on all of the following exams: American history, biology, calculus BC, English and French. Because only 180 credits are required for a student to graduate from Stanford, it is "feasible for a student to graduate in three years," an employee at Stanford's credit evaluation office,

Central teachers are aware of these benefits and attribute Central's overwhelming success with the exams to a curriculum which revolves around preparing students for the exam. Mr. Dan Daly, English teacher and department head, was asked to submit his syllabus of his AP English course to The College Board for publication in a manual which recommends other course outlines to AP English teachers nationwide.

Mr. Jerry Doctor, chemistry teacher and science department head, said, "If a class is going to be AP, then the only thing it can consist of is preparation for the test. You can make an excellent argument against teaching a class specifically for a test. But I don't think such an alternative has the pay-off [,college credit,] that the [AP program] does. I get bothered when I find people not following the AP curriculum, and lying about what their class is." Mr. Doctor mentioned that there are schools in the area that have huge enrollments in AP science" but have very few test-

Continued On Page 4

Rights denied by school prayer

The first colonists came to the new world so they could worship freely In England, the government dictated the religion of the people. The colonists felt that they should be able to choose what religion, if any they wished to practice. When the framers wrote the Constitution, they wanted to ensure that the government could not force people to worship in a certain way.

The Fourth Amendment of the Constitution guarantees the separation of church and state. This is necessary to prevent the State from selecting "acceptable" religions for the citizens. The Fourth Amendment minimizes the power religious groups can exert over the government.

When the republicans took over Congress this month, one of their proposals dealt with prayer in schools. From a Constitutional stand-point prayer in public schools is unlawful. Public schools are funded by the government, thus making public schools a part of the government. Consequently, prayer in public schools as a devotional practice was found to be in "violation" of the Fourth Amendment by the U.S. Supreme Court in 1962. In the U.S., Church and State are separated by the Constitution. Therefore, prayer in public schools in any mandatory form violates the Constitution.

When prayer in public schools is looked at from a moral standpoint, the problems with it go beyond the Constitution. The primary ethical problem with prayer in public schools arises when people try to represent many religions with one prayer. One of the biggest advantages of attending public school is being exposed to a great diversity of people. In any given homeroom there are students of different beliefs. A prayer that is fair to all beliefs will be difficult, if not impossible to create.

Advocates of prayer in public school feel that a daily voluntary, spoken prayer or a moment of silence before classes each day would help young people counteract the moral decline of society. According to those for prayer in public school, a time to pray or meditate set aside everyday in school for those students who wish to do so would benefit students by giving them a chance to fit religion into their daily lives.

There are two major flaws with their argument. First of all, if a student wishes to pray, a student can do so at any time or place. If daily prayer is important enough to a person, it will not matter how busy he is. He will make time and will not need a time set aside in class.

Secondly, practicing prayer in public school will not change the moral climate of society. Prayer in public school will not rebuild families. The rebuilding of families and the change of today's moral climate will come from families. Prayer belongs at home not at school.

Dreams come true with Make-A-Wish

High school is a time in which youth attempt to realize their aspirations, goals and dreams when the future seems wide open and the possibilities are endless. High school can also be a time of many obstacles. most of which are encountered by generation after generation. But imagine being fifteen years old, and in addition to all other obstacles, you have cancer. This happens to be the case of Joe Costello, former Central sopho-

Last April, after noticing some swollen joints, went to the doctor After testing, he found out that he had a cancer us tumor near his heart. rapy for a whole Joe has been in treatment ever since. He has week every three weeks. He started back to hool this year but now he stays home and works with a tutor

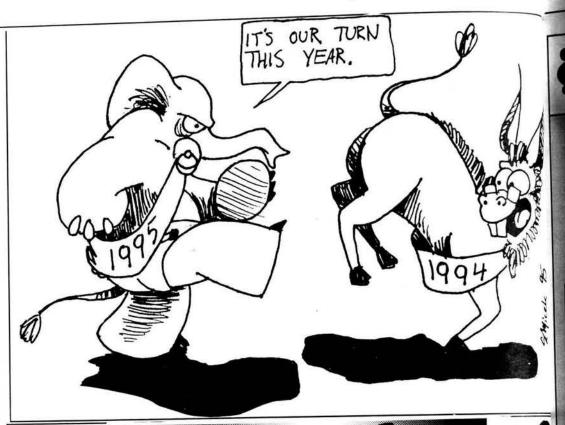
Recently, Joe received a special present trop an organization known for making dreams come true, the Make-A-Wish Foundation of America, a non-profit organization founded in 1980 in Phoenix, Ariana. The foundation grants wishes to children between the ages of 2 1/2 and 18 years old who have medical conditions that are life-threatening or terminal. The Nebraska chapter was incorporated in 1983, and it trants about 80 wishes a year, with the cost of each wish totaling between \$2,500 and \$3,500. The sole purpose of the Make-A-Wish Foundation is to being happiness to children and the families of children who are faced with serious illnesses and to prove that wishes can come true.

There are virtually no limits to what a Wish Child can ask for, but the majority ask to go to Disney World with their family. Make-A-Wish funds the whole trip, including travel expenses and spending money Joe, at first, thought about going on a vacation, but he finally decided to wish for a new bedroom set. The foundation made the wish-granting into an event. One evening, a limousine picked the costello family up and took them out to eat at the Olive Garden. Then, they proceeded to Nebraska Furniture Mart where Joe selected a new bedroom set.

The Make-A-Wish Foundation is a light shining upon families who have seen the darkest days. For most of these families, doctor and hospital bills drain the income, and without the Make-A-Wish program, these dreams would never come true. In its 11 years, the Make-A-Wish Foundation of Nebraska has never turned away a qualified child. Many people donate time and money to see that wishes like Joe's are carried out. The program is funded by it's own fundraisers as well as by generous donations from individuals, corporations and organizations. Ninety-one percent of every dolar donated to the frogram is spent on granting wishes symbolizing the coundation's compitment to the children.

We would like to since by tank he Mak A Wisheroundation for helping Joe, one of our fellow students, and for their dedication to lifting

the spirits of unfortunate children. We recognize the work of the volunteers as the work of angels who unselfishly give their time to make other lives joyous. Finally, to Joe, we regard you as our most valuable student. Good luck to you. We hope to have you back in the halls of Central again





Shades of Grav

This month: Federal Protection at Abortion Clinics

By Shelia Nelson When I volunteered to write this, I didn't know where | I stood on federal protection for abortion clinics. As a entering abortion clinics? After the events of vehement pro-life voter, I couldn't decide. But then I ing John Salvi, most would say yes. But, havin realized that to be pro-life is to be pro-life for all innocent people-born or unborn. That is why I am for federal protection for the clinics.

Hearing about pro-lifers who go on the rampage with lence occurring at abortion clinics have gainst guns makes me cringe. Why? Because they allow people to easily stereotype the entire movement, changing the public's view of this movement from peaceful protesters to militant gun-slingers. But because those militant gunslingers exist, federal protection has become necessary-to keep those pro-lifers who are on the edge of violence from turning into what they abhor-murderers.

Yet I feel the pro-choice movement is taking advantage of this hysteria to eliminate all pro-life demonstrators at all clinics. Although federal protection should be provided, it should only go so far. Prevent people from displaying obiously threating signs outside of clinics and shooting innocent people-yes. No one has the right to threaten someone else's life. But you do have the right to express your opinion-it's called free speech. I have the right to demonstrate-perhaps using signs that convey my opinion, perhaps saying what I think to youstopping short of threats. Am I trying to intimidate you? Of course I am. What did you think demonstrating was

I say yes to federal protection for abortion clinics, but I say no to taking away the right to free speech

Should the government support protections government get involved would not be the be swer. In fact, the government should not been volved. There is no need to. Granted, the acts page publicity in the last few years-the two in Pensicola and the most recent occurrence folk concerning Salvi.

Yet, there are over 1,500 clinics, and most ones being protested at by anti-abortionists and ful. After the alleged attack by Salvi, clinics ping up security. Some clinics are adding am curity guards. Others are installing metal detel the gates. The government has already done concerning the violence at abortion clinics. The tiated the Freedom of Access to Clinic Entrand of 1994. This prohibits anyone from blocks door to a clinic.

The government has made abortion a leg available to any U.S. citizen. It is the choice individual to have, or not to have an abortion patient at the clinic must be willing accept the being killed in a mob. Loggers in Oregon and chance of cutting a tree with a steel nail imbed it. The government is not providing protect those instances. The government has done of anything more would be a waste of tax dollar



Feature Editor

The Oliteral Publication of Central Cityla School | Issue 5 Jan. 25, 1995

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T.M. Gahe Advisor The Central High Register seeks to inform its readers accurately and fairly as to items of interest and importance. Letter editor are welcome. The Central High *Register* (USPS 097-520) is published semi-monthly except during vacations and ^{exp} periods for \$5 per year by Central High School, 124 N. 20 ST., Omaha, NE, 68102. Second Class postage paid at Omaha, NE Pl TER: send address changes to the *Register*, Central High School, 124 N. 20 St., Omaha, NE, 68102. Due to the selling of paid adverti the *Register* is self-sufficient. To place an ad or to inquire about ad prices, contact the business manager at 557-3357. $^{\circ}$ Editorials are the opinion of the Register staff.

Register Your Opinions.

How well do you feel the new Republican-controlled Congress and the President will work together?

They will:

a) work together well.

11%

b) compromise on a reasonable number of issues, 55%

c) spend two years in gridlock.

34%

136 students polled



"I think it has a good chance to be successful."

— Andy Bensalah, senior



80

"In the beginning they'll compromise a lot, but by the end they'll be in gridlock."

— Susie Lamm, junior



"They 'll spend two years in gridlock, because the parties have different views on the issues."

— Ernest Harrington, sophomore

REFLECTIONS IN THE WATER BY CLIFF HICKS



"This is for your own good."

the environment, aren't harmed any more. Since second-hand smoke is dangerous to my health, shouldn't the government protect me from it? I'm one of millions of non-smokers who is harmed by second-hand smoke.

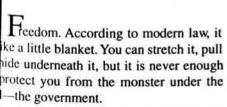
Along this same line, why isn't recycling mandatory? I mean, with our world in a state of decline, shouldn't it be against the law <u>not</u> to recycle? We could do the world a great amount of good by making sure that everyone was doing his or her part.

And why aren't we working on non-polluting transportation? We should ban gas-powered vehicles immediately and let everyone ride bicycles. I want my kids to grow up in a world where they won't have the fear of living in sealed houses because the air outside is filled with toxic fumes and acid rain can peel your skin off.

Ideas are obviously dangerous to our health too, so we'll ban them as well, or at least as much as we can. The government believes that making the sale of some music to minors illegal will help reduce crime in our nation. Though a study proved that music about suicide won't alter someone who isn't already suicidal, why take the chance, right? After all, it is for our "own good."

By now, you have probably realized I am being facetious, but the point I am trying to make here is a serious one. The line upon which America walks today is a very dangerous and very fine line indeed. Many injustices have been done in the cry of "personal freedom" and equally as many have been done "for our own good."

Some of the ideas presented in this column are very logical ones, but others are just obvious attacks to our personal freedom. The obvious question one has to ask is how far is "too far?" I don't have any clear cut answer, but it is something America has to decide soon. We can't wait for tomorrow; tomorrow



In the state of Iowa, it is against the to drive without a seat belt. It is, as the ternment says, for our "own good." Fair bugh; the government does have the right protect its citizens from harming themves and others. But wait, why have we pped there?

Firearms are guaranteed to us by the nstitution, so those obviously have to stay, if Congress slaps enough restrictions on m, America can cut down on the number ned, reducing many urban problems and cking down on crime, and does it really tter if we tread on a few feet along the way?

Prohibition didn't work last time, but is a new era! Why not ban both alcohol tobacco? Since both of these drugs are lictive and dangerous, you have to ask why y are legal when heroin, marijuana and D aren't. Alcohol is responsible for thouds of deaths each year. Tobacco has been med in most public places, why not just ke it fully illegal? Or quarantine people of are smoking, so the rest of us, as well as



The Mailbox

Send all letters to room 315 or look for the mailbox in the Courtyard.

It is the policy of this newspaper not to print unsigned letters.



Dear Editor:

Recently, I sat down in the math office to study for a BC Calculus test, upon which my grade and success as a human being rest. No sooner did I crack open my book when my ears were bombarded with a combination of shrieking, hollering, and terrible pop music. I rushed over to the window, expecting to find some type of anti-abortion rally. Instead, I witnessed the Central High Job Fair.

Never in my eighteen years on the planet have I witnessed a better display of uselessness. Like some type of deranged, psychopathic Epic Center hordes of students, most of whom appeared in need of <u>some</u> type of education, ran amok looking at ice sculpting, massage therapy, and step aerobics. Was the purpose of this fair to scare children into studying? What educational purposes did any of these displays fulfill? Moreover what was the purpose of <u>two</u> of these fairs?

I hope that my children are never initiated into one of these radical cults. I certainly hope that future generations of students are not presented with ice sculpting as a viable alternative to studying, working hard, and gaining useful employment in the job sector Most of all, I fear the counseling center which sponsors such evil events. Let the children study! For, I believe the children are our future, except those who like ice sculpting and step aerobics.

Anthony Whitten and Robert Jespersen, seniors

Dear Editor:

Since I have been here, now for six months, I feel I have something very important to say I wish I knew many other ways to say thank you, but I don't; so I'm afraid I will have to repeat it as many times as I think convenient.

Thank you for letting me enjoy your country, your city. Thank you for letting me learn so many things about how different two cultures can be. Thank you for explaining to me all those jokes that I am starting to get now. Thank you for letting me sing, and dance, and act crazy. Thank you for patiently explaining football at all those games (I'm glad we have basketball in Europe). Thank you for all that extra help during the days when I was so lost. Thank you for teaching me slang and letting me get closer to you. Thank you, every single one of the people I know here, for being so nice.

Homesick? How can I be homesick in a place where I feel as comfortable as at home. In Spain, they are wondering why I am always so happy in my letters. I guess they should be here to understand it. I don't know many other words, and I don't write very well, but I am glad "thank you" was one of the first phrases I learned when I started learning English. Oh! I almost forgot. Thank you for letting me be in the *Register*.

Arantxa Aguine, senior and Spanish foreign exchange student

Correction. We, the *Register* staff, would like to apologize to Danielle Ward and Cynthia Montgomery for a misprint made in the December issue. Cynthia's picture and name were printed with an article written by Danielle for the Shades of Gray topic on afirmative action. Below is the article Cynthia wrote. Again, we are deeply sorry for the error.



Affirmative Action

By Cynthia Montgomery

"We hold these truths to be self evident, that all "men" are created equal, that they are endowed by their Creator with certain unalienable rights, that among these are Life, Liberty and the pursuit of Happiness." We as Americans live by this standard. However, some Americans find these goals unattainable without assistance through afirmative action programs, such as those that began by President Johnson from 1964-1969.

Minorities have been given a so-called leg up in terms of employment and educational opportunities so that they may attain a level of employment similar to that of the white male dominated society that we live in. These minorities include women, blacks Hispanics, Asians and Native Americans. Perhaps even those who have received the benefit affirmative action should include the physically and mentally handicapped, the blind, the deaf and single parents. Each of these groups of people require different levels of assistance to pursue the promises granted by the Constitution.

Educational programs like Upward Bound, MESA and Summer Scholars have given minority students the motivation to pursue college educations. These programs can be accessed through programs here at Central High. There are programs in many different communities throughout the United States, such as The Urban League, Chicano Awareness League and The Native American Council.

Without affirmative action programs, many minorities would not be given the same opportunities as white males. Affirmative action plays an important role in helping to diversify the work place. Books, such as <u>The Bell Curve</u>, only serve the purpose of reinforcing the stereotypes fostered by a society unwilling to accept change.



First National offers students advice on how to prepare themselves for an interview.

First National offers interships

We're really

excited.

--Ms. Liz

Doherty

By Mimi Douglas

The CHS business department are putting plans into action in hopes of "making students aware of the opportunities that the business community in Omaha has for them," said busi-

ness teacher Mr. Harry Gaylor.

On Dec. 15, 1994 representatives from First National Bank attended the business and marketing classes at Central, offering student internships. Twenty positions

are available exclusively for Central students.

"Over fifty applications have been turned in," said Ms. Liz Doherty, directer of training at First National. "We're really excited."

The next step for the applicants was on Jan. 19 when Manpower, a temporary service, met with them to test their mechanical business skills. Students who pass these tests will go on to the initial interview with the bank.

Ms. Doherty has been working

with a team of training professionals trying to design programs to meet the needs of the bank.

Meanwhile, Mr. Keith Bigsby, chairman of the business department, has been trying ot get students more involved in the downtown

> business community. He got in contact with the bank, and after deciphering their needs, made an eleventh hour class available that would offer students the skills needed to maintain an internship with a business such as First National.

The software skills that this class teaches include: Lotus, Wordperfect, DOS and Database. These skills make the students look more appealing to the business, reasoned Mr. Bigsby. Instead of having to hire someone to watch the trainee work, "Central has kids who could just step in and work without much extra training," he said.

"The bank has always had an ongoing relationship with Central," said Doherty. "It was a natural partnership.'

Harvard, Yale, Penn, Cornell, M.I.T, Washington U., Hasting di Early Action/Decision pays

By Marcus Woodworth

H-A-R, H-A-R, H-A-R with a V. V-A-R, V-A-R, V-A-R with a D. Not loud enough to be cocky, just loud enough to be heard, HARVARD HARVARD.

This is what senior Ben Moeller, who has been accepted to M.I.T., may be yelling in an Eastern accent across the Charles River towards the direction of senior Robert Teply at Harvard. Both students have been accepted to the colleges of their choice through Early Action.

Each year seniors in high schools across the nation fill out applications to send to their prospective colleges. These applications are very important to the senior. They determine whether or not this student is going to be furthering their education or whether he is going to be getting a job.

To apply to college a senior must first choose the institution or institutions that will satisfy his career pursuit. This is a small obstacle compared to the other decisions and processes that the student must go through. He must fill out an application that could take up as much time as a research project. If the college wants, the student has to ask teachers for recommendations. He also must perform well on one or both of the ACT or SAT tests. Above all, the student has to decide whether or not to apply early.

The student who decides to apply early has two options depending on the school's

Early Action is the submission of the student's application to the college two to three months before the regular deadline. Early Decision is the same as Early Action, but requires the student to attend that

off for many Central students school. Ben said he made sure that M.I.T didhave a binding acceptance. "I didn't want to h myself into a corner," Ben said.

Early Action provides the student with an portunity to get the application process over with that he can enjoy the rest of his senior year Se Jim Kovarik was accepted at Hastings Coll through Early Action. He said that "now that I it's a lot easier, there is not as much stress."

Early Action sometimes is not an option for dents. In some instances the college is more in to admit a student to their college under early a than under regular admission. Senior Jeff Ba said that he talked to his uncle, who is the associated dean at the University of Illinois at Urbana-Ci pagne, who stated that "the early decision is in tant because by the time the regular deadline around the college has already accepted enough dents under the early deadline." Once the co has already accepted its limit there is no root anybody else.

Applying Early Action provides students many opportunities that they may not receive they apply through regular deadline. "If a su applies to a college through early action, its the college that this student is serious about god their school," said senior Nikki Paley. This to m shows the college that this student is responsible mature.

If a student is accepted to a unive Rep then that student has an ample amount time for other college-related activities. § Chuck Whitten, who was accepted to Rice li junio sity through early action, said "I now have more to look for scholarship money."

Senior Jeremy Fenton, who was accepted to said he was glad he applied under early action Cent nice to know that my grades really don't matter elim

Central AP classes are not like the others

Continued from Page 1

Ms. Ann Winship, associate director at the regional office of ETS, said that these students may be classified as "victims" because maybe they are not prepared for the exam.

One student at an OPS high school is ranked number two in her senior class of 236 and is enrolled in four AP courses: biology, calculus, English, and European/world history. She said, "The teachers really don't talk about it [,the AP exam,] too much. They really don't stress it."

When asked which level of calculus she was in, AB or BC, she was not aware that the Advanced Placement division makes two exams for calculus. She said her teacher "never talked about it." She said that at her school students don't expect college credit in AP classes, but take the courses because "they're honors." She wished teachers would "stress [the AP exam]

Winship said, "There are curriculum § materials to gear [students toward the] AP ev

The student's calculus teacher said, "I det courage students from taking the exam, and encourage students to take the exam." Shed thinks that some students are "afraid" to take and that in her "two years of teaching calculnot one student has taken the exam."

Winship then suggested that students, part teachers demand to see the AP statistics from school district if the issue plays a part in eno at the various high schools.

Although OPS has not released AP statistic Rick Werkheiser, director of secondary cda said, "It is a difference in philosophy. Cent always strongly encouraged students to take

EWSLINE-NEWSLINE-NEWSLINE-NEWSLINE-NEWSLINE-NEWSLINE-NEWSLINE-NEWSLINE Central holds annual open house

Central's annual open house will be held on Sat. Jan. 28th from 1:30-3:30 p.m. The purpose of this event is to inform Eligible 8th and 9th graders of the activities and curriculum at Central. Tours, a slide show and an activity fair will be presented.

Teachers and parents will be available to answer questions throughout the evening. One new addition to the open house this year is interactive computer stations which provide the user with information about courses and activities which are offered at Central.

Freshman takes third in Young Columbus Contest

Lauren Paley, freshman, participated in the Young Columbus Contest, sponsered by the Omaha World-Herald and won third place.

The Young Columbus Contest is a national contest available in every state. These essays were to be written over censorship in America and how it would change the community. The 150 first place winners are going to England for 10 days next April.

Lauren received a plaque and a \$25 check for her eassay. She received it during a ceremony at the World-Herald on Jan. 9

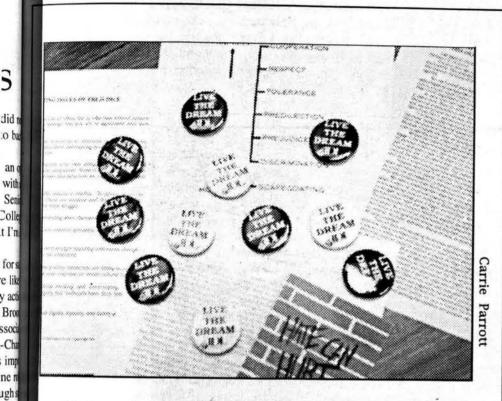
Student Council elections held

Central held its annual Student Council elections on Monday, Dec. 19, 1994. Amon those elected were freshmen Michelle Cabrales, Tom Coleman, Amanda Hansen and Is Mitchell, along with sophomores Chris Darst, Andrea Friedman, Matt Hayduska, Mat Hill, Steffan Hooi, Maggie Jacobson, Mike Kelly, Liz Micek, Maria Theophilopoulo Kyle Thomas, Christina White and Ben Wieduwilt.

"They all seem very interesting and a very lively bunch of people," newly elected sophomore Mike Kelly said. "I actually think we will get most things we set out to done this year."

"This year should be a good year for Student Council," Mrs. Judy Storm, Student Council sponsor, said. "I think we will accomplish our goals this year."

Central students learn to fight liscrimination at ADL workshop



Living the dream, the prejudice elimination workshop teaches students about discrimination.

Carrie Parrott

3

did

SSOC

ne r

ugh

coll

moc

nts

"It takes the entire period of ldhood and much of adolescence master prejudice."

-The Klu Klux Klan: A History Racism and Violence. . . A Special

On Nov. 9, 1994, 20 Central iors along with students and onsors from schools all over naha and surrounding areas hered at the Jewish Community nter to participate in a prejudice mination workshop called elebrating Diversity."

The Central students, along th Mrs. Judy Maniscalco, Central idance counselor, attended the rkshop, sponsored by the Antifamation League (ADL), and ticipated in numerous large and all group activities.

The program opened with eakers from the ADL, and ntinued with discussions on judice, where it comes from and w to eliminate it.

Throughout the morning, merous students spoke of ways they had been stereotyped and past. Some spoke of cases of were: ejudice they had experienced e, religion or nationality.

Next participants broke into small groups, where they discussed how and where they had witnessed prejudice in their lives.

After a lunch break, the groups met again and students began to develop a personal action plan which would help them to reduce prejudice and intolerance in their community as much as possible.

Finally, a large group session was held at the end of the day in which students participated in roleplaying activities, and where they were able to tell all they had learned in the workshop.

Junior Jesica Christensen attended ADL's "Celebrating Diversity" workshop after signing up through her Advanced Placement world history class and feels that it was an extremely good experience.

"It was really great to meet people of all races, religions and schools," she said.

"I think the more you know about people of different backgrounds, the harder it is to be prejudiced," said Jesica.

At the workshop, the students were taught many options to they had stereotyped others in eliminate prejudice. Some or tnem

1. Don't let ethnic slurs or cause of their school, gender, jokes pass without remark. Confront the issues.

2. Be a role model in practicing positive values.

3.Remember that issues of human dignity, equality safety are nonnegotiable.

One theory students learned is that prejudice is learned and is not a natural state of mind that people inherit. scholar in racial prejudice, Mr. Gordon Allport, whose definitions of prejudice were studied at the workshop, found through research that children can learn bigotry and

prejudice in two different ways: by adopting prejudice that parents and other family members have presented to them or by being raised in such a way that they acquire hatred or fears that sooner or later focus on minority groups.

At the end of January, Central students from this year's "Celebrating Diversity" workshop are planning to launch a campaign to get Central to stop prejudice. Students will hand out badges with the phrase "Live the Dream" on them, based upon Dr. Martin Luther King, Jr.'s "I Have a Dream" speech, encouraging all people to unite and live in peace.

The students' campaign is not only aimed at eliminating racism, but also other types of prejudice such as sexism and discrimination against those of certain religions, nationalities, social classes and sexual orientation.

Just like Dr. Martin Luther King, Jr. said in that famous speech, Central students hope that they "will be able to speed up that day when all of God's children, black men and white men, Jews and Gentiles, Protestants and Catholics, will be able to join hands and sing in the words of that old Negro spiritual: Free at last. Free at last. Thank God Almighty, we are free at last."

Recycling? Not for OPS' used classroom textbooks

By Sarah Pugh

"Out with the old and in with the new." The old saying holds true, even for textbooks. Old textbooks are sent to be destroyed when new books arrive. Used books may not be resold or redistributed according to the publisher's contract.

"We're saving the taxpayer money up front," said Dr. Rick Werkheiser, director of secondary education for Omaha Public Schools. "Signing the contract saying we won't redistribute the books means we pay less than what most schools do.'

According to Dr. Werkheiser, OPS is lucky to be able to save money on books. He said it can be difficult to plan within the budget. "Many smaller districts can't do this even if they sign the contract," he said. "OPS can do this because we have good volume."

Numerous Central students felt the school district should be able to find other options.

"By destroying the books, the school teaches us to be wasteful," Lei Brown, sophomore, said. "Why

give

books

them?

-Gavin Tice

can't they recycle?"

"There's not a lot of interest to recycle," Dr. Werkheiser said. "Paper recyclers don't take colored ink, so that eliminates m o s t textbooks."

Another option is to resell the books Presently there are two places

in Omaha that buy back used textbooks.

'We've explored that area," Dr. Werkheiser said. "We pay between \$40 and \$50 per book. The return from used textbook dealers is very small, usually only 25 cents per book. By the time you work it out, you would spend more money on the staff alone than you would

could be put to better use.

language teacher, thought it would our resources."

be a good idea if the books could be donated to a church or community

"They should look into it," Mrs. Johnson said. "Textbooks are bought with the taxpayers' money after all."

'[Destroying them] is stupid," Mr. Brian Watson, social studies teacher, said. "Numerous schools across the country, across the world, would love to have used textbooks."

High shipping charges make sending boxes of textbooks overseas impractical. Dr. Werkheiser said they would like to donate more to third world countries.

"We donated quite a few books to Romania once," Dr. Werkheiser said. "A UNO professor was able to help. We dropped the books off at UNO, and he packed and shipped them."

"There's always a drive to get books to Central America," Mr. Jack Blanke, social department head, said. "Who's going to pay for it? Nothing tangible ever comes from those groups, only the thought."

It comes to a question of

money. The school district ouldn't they saves money on the initial order; the publishers don't lose profit from others reselling schools that their product. Few are willing to pay for can't afford anything that is left over to be shipped to a place that really needs them.

"I don't think that's right," said

Gavin Tice, freshman. "Couldn't they give the books to schools that can't afford them?"

Mr. Blanke said he has tried in the past to find someone willing to take the old textbooks.

"Most people are not interested. Books get out of date, methods of teaching change. Who wants old textbooks?"

Dr. Werkheiser said, Central teachers felt the books no market for used textbooks. There is absolutely no interest. But we'll Mrs. Sonya Johnson, foreign continue to find other ways to use

EWSLINE-NEWSLINE-NEWSLINE-NEWSLINE-NEWSLINE-NEWSLINE-NEWSLINE-NEWSLIN DECA members model for show

Central students revive Greenwich Village in art show will take place at the Scoular Grain Building, one of Central's adopt-a-school

The Greenwich Village Art Club last djourned in the 1970's. Art students recently evived the dusty club constitution and are on campaign to increase the Greenwich Village art Club's popularity. The club had to disband ecause "students had other responsibilities," ccording to Mrs. Margaret Quinn, art teacher nd main sponsor of the group.

Beth Katz, junior and now the roup's official organizer, was one of the udents that influenced the restoration of the club.

The Greenwich Villagers have not yet selected officers or a specific meeting time, but announcements appear in the daily bulletin. The club deals with the area of art.

The main functions of the club, according to the constitution, are to further interest, increase knowledge and introduce vocations in art.

The club is open for any students who have an interest in the subject.

On Feb. 26, 10 DECA students will participate in a Bridal and Prom dress show The

The participating Central students will be modeling bridal and prom dresses during the show.

Student returns to school

In the Nov. 16th issue of The Register, an editorial "Logical punishments, please" ran calling for a more appropriate punishment for Blake Spencer, a McMillan Jr. High student. Blake was expelled for two semesters after deliberately burning another students neck with a fork. Blake's parents took the case to court to get the punishment reduced. The judge overturned the decision reducing the punishment to one semester Blake is currently attending school.

Some members of the School Board are angry about the decision. "Blake willfully decided to break the rules. . .I don't think he has learned his lesson,' Mr. Bill Meier, School Board member said.

Biosphere 2: a biologist's dream come true

About 20 to 30 minutes south of Tucson, Arizona, lies the worldrenowned scientific experiment: Biosphere 2. Buried in a valley in the heart of the Senora Desert, this 100-year experiment holds what many hope will be an answer to our environmental depletion.

Senior Erin Bullington has been interested in the Biosphere project since its construction in the mid 80's. She got her chance to see it during winter break with her family. They went down to Arizona to visit her grandparents who spend the winter there, and decided to stop and see Biosphere.

"I'm so interested in biology, that I thought I would really regret it if I didn't go and visit," she said.

Erin expressed her excitement about Biospehere by saying, "I love it! It is so great!"

Biosphere 2 is a tiny, \$225 million venture, funded exclusively by the Bass Oil Company and tourist revenue. It is a replica of Biosphere 1, the Earth.

Biosphere 2 is a "big, glass dome" that is made up of different [sections] which represent different biomes of the earth. There is a rainforest, a savannah, a desert, a marsh, a 25-foot-deep one million gallon ocean, a human habitat and an agricultural area where the eight Biospherians grow their food.

"The agricultural area was really neat," Erin commented. This half acre of land has to provide food for eight people for two years. Most people depend on six acres of land each year for food, she said.

"I'm planning on being a biologist, and I hope I can be a Biospherian someday," Erin said.

Erin realizes how demanding

job this would be, but said she is willing to make the sacrifices. Because Biosphere 2 is completely air-tight, Erin would have to sacrifice all contact with the outside world, except by phone and fax machine. Contact with the outside world is prohibited to prethe Earth's contaminated air from entering the strictly self-contained envi-

ronment of Biosphere 2.

Erin would also have to get used to living under constant observation with relatively little privacy. Biospheherians' progress is kept under close scrutiny and monitored internationally via satellite. Another adjustment involves eating. The only meat that she would be able to eat would be some of the chickens, fish that they put in flooded rice patties until they are eight inches long and in the first year, pigs.

they had become so picky that they wouldn't eat the scraps. So in keeping with the theme of recycling, Biospherians ate the pigs.

The heat in Arizona has been known to reach 120° F, creating a

back into Biosphere 2 in the win

Erin visited Biosphere 2 du the transition period between second and third groups Biospherians.

> Although tourists are not & to enter B

> > sphere 2. E was able toge feel for whats Biospheriansi through even day by tour the Anale Greenhous The Anal Greenhouses simulation Biosphere made up of t ferent room each dedicate to a differe biome

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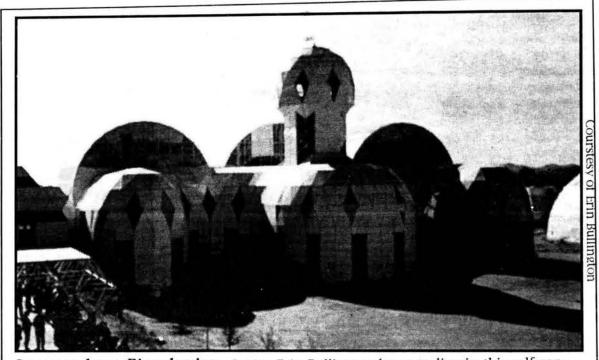
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bro:

aspect of Big sphere 2 th surprised En the mass was desert mone did not see m cactus, and is ally you this

desert, cactus," Erin said

Originally the descri was gottle to be a replica of the Arizona descri but it ended up being like a Mer terranean desert. "It looks kind? like the Savannah, but mo arid...there are sand and rocks erywhere," Erin said.



I wanna be a Biospherian. Senior Erin Bullington longs to live in this self-contained bubble located in Arizona.

Originally goats, chickens and pigs were incorporated in Biosphere 2. Since everything in Biosphere 2 is completely recycled, the pigs were going to be fed the scientist's dinner scraps.

By the time that the pigs were mainstreamed into Biosphere 2, pressure that would blow the top off of Biosphere 2. To prevent this, two huge "lungs" with magnets on top have been built on both sides of Biosphere 2 to "breathe" for it. These lungs, by way of an underground tunnel, can expand up to 20 feet in the summer and can push the air

unusual ways to earn money for college

Left handed? Have red hair? Last name Gatlin or Gatling? Are you a tee-totaller? A licensed operator of an amateur radio, maybe? Perhaps some of your ancestors the Constitu-

signed tion or fought on the side of the Union in the Civil War, or maybe they were sailors and you once lived in the Greater New Bedford area of Massachusetts? If so, you've got a few scholarships

During this time of the year, most of the senior class will

available to

you that most

people can't

get.

be filling out scholarship applications. but still, Ms. Diane Fick of Educational Planning Center estimates that "maybe a million dollars goes unawarded each year."

"The academic scholarships are given away every year, but other awards are simply so specific that

no one applies for them," Ms. Fick

How can a scholarship be too specific, one may ask? Take a look at a few examples:

1. Anyone who is from the Greater New Bedford area of New Bedford, Massachusetts and is the -Scholarship Checklistdescendant of a seaman or

6-fingers, twelve toes

2-headed female

rown eyes

whaler, is eligible for a specific scholarship.

Parapalegic Bowler
Black-eyed w/ a lisp
Mamed Tori Spelling 2 Anyone who is a descendant of either someone who signed the Constitution, or a descendant of a Union soldier who fought in the Civil War, is eligible for a specific scholarship.

> 3. Anyone who is left-handed is eligible for a specific scholarship at Juanita College.

4. Anyone who is a licensed amateur radio operator and majoring in electrical engineering or electronics is eligible for a thousand dollars in scholarship money.

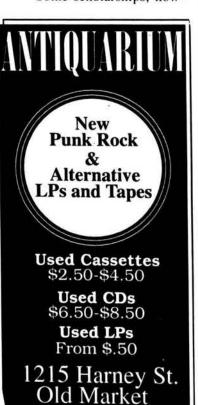
5. Anyone who has the last name "Gatlin" or "Gatling" is eligible for a specific scholarship at North Carolina State.

6. Anyone who is a teetotaller, one who has sworn not to partake of alcohol, and is not in athletics is eligible for a specific scholarship at Bucknell College.

"Some group of people has some money and decides, 'Hey, this group of people is getting left out' or they want to help people who belong to their group," said Ms. Fick.

The scholarship from the Greater Bedford area is from the New Bedford Port Society. The amateur radio operator, the American Radio Relay Foundation.

Some scholarships, how-

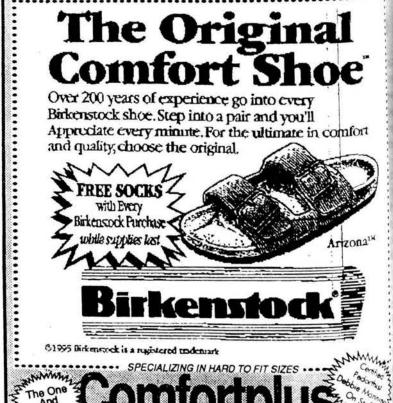


ever, eventually open up to a broader base of people, as they are not being awarded. A scholarship from the Pacific Islanders offered to journalism students was originally only for people from the Pacific islands, and now it requires that students prove they are concerned for the Pacific islands.

"I have some white males

who come in here and do the con puterized scholarship search and look shocked when a scholarshi from a black women's businessit ganization pops out," Ms. Fick sale

"Sometimes the scholarship are just too specific, so eventual they have to let more people apply or else no one is really benefiting from it."



QIFT CERTIFICATES AVAILABLE

Continued success the forecast for Central graduate

By Sarah Danberg

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Analog

() Wind, if winter comes, can spring be far behind?" With this quote, the poet Shelley sums up the feeling of optimism many share for the coming of spring. And many long for the reassurance only a select few can give. The select few-the meteorologists.

Ms. Cheryl Lemke, an on-camera meteorologist for The Weather Channel, a nationally-watched weather channel based in Atlanta, is no stranger to that feeling. The Central graduate has been forecasting for The Weather Channel for nearly nine years.

Ms. Lemke graduated from Central in 1978. She then went on to Iowa State University, where she graduated in 1982 with a major in meteorology and a double minor in mathematics and psychology.

"After graduating [from] Cenral High, I had dreams to become a proadcast meteorologist. But it vasn't until my junior year in colege that a career in T.V. became real or me. It was at that point when I ad a couple internships at two loal television stations serving the Des Moines metro area," she said.

Ms. Lemke added that she deided to become a meteorologist be-

cause she had always been fascinated with science and trying to learn the "why's" and "how's" of nature.

After working in Indiana doing evening weather casts, occasional environmental reporting and the weather forecasts for four radio stations, Ms. Lemke learned of a job opening at The Weather Channel and filled out an application.

"Lo and behold. I got the job," she said. Ms. Lemke started working at The Weather Channel on June 2, 1986.

Her job is very demanding. "Job requirements have changed somewhat over the past few years, but most on-camera meteorologists are responsible for doing four onehour shows per day, usually working four to five days per week," she

In addition to the on-camera



Forecast for success: Ms. Cheryl Lemke, a broadcast meteorologist for The Weather Channel, remembers Central fondly.

performances, the meteorologists also give talks to various places such as schools and civic groups.

"Sometimes we are even used as the talent for various cable promotions," Ms. Lemke added.

Ms. Lemke said that she thinks going to Central has better prepared her for her career.

do my best was instilled upon me throughout my high school years. Central High is known for its high academic excellence, and I'm proud to say that I went there," she

"I remember a lot of things from my high school years-from pep rallies in the auditorium to physics experiments on the fourth floor with Dr. (Robert) Wolff. My best memories are those of the close friendships I developed while I was a student," she went on to say.

She particularly had fond memories of both French class and her earth science class with Mr. Allen Roeder.

Ms. Lemke is proud of the fact that she has earned both her American Meteoro-

logical Society and National Weather Association television seals of approval.

Currently Ms. Lemke lives in a suburb of Atlanta roughly ten minutes away from The Weather Chan-

" I plan to get back home (to Omaha) to visit at least once a year. miss shopping at The Westroads and Regency," she added.

Besides working at The Weather Channel, Ms. Lemke also does some free-lance work consisting of voice-over announcing for radio and television commercials in Georgia. She is also an occasional model.

Ms. Lemke also volunteered to help for the Billy Graham Crusade when it was held in Atlanta back in Oct. of 1994. "The crusade was a very rewarding and uplifting experience." she said.

"I enjoy what I'm doing, so I wouldn't mind continuing things the way they are, but someday getting into the management end of broadcasting also seems intriguing." she said.

Ms. Lemke "basically" works Monday through Friday in the mornings and early afternoons at The Weather Channel.

Ms. Lemke concluded by giving advice to anyone considering a career such as hers.

"Broadcast meteorology and, in fact, all of the broadcasting industry is a very competitive field. Never give up pursuing your dreams no matter how tough the 'going'

Phenomenal' librarian making 'miraculous' recovery

By Carrie Parrott

On Nov. 29, 1994, at around 8 a.m., Central librarian Mrs. Betty Majeski began feeling ill. She felt pain in her arms and knew then that something was very wrong. She called Mrs. Bernice Nared, assistant principal and nurse, for help and sat down in her office.

Mrs. Majeski was having a heart attack. Knowing that painful arms was a symptom, she called her doctor and was told to go immediately to Clarkson Hospital.

Mrs. Majeski was then given a blood thinner, a drug routinely given to heart attack victims to prevent further blood clotting.

Next, angioplaste, a procedure in which a balloon-type object is inserted into the arteries and inflated, was performed. Angioplaste allows blood to flow freely throughout the body. Mrs. Majeski was told that she was going to be admitted into intensive care.

Unfortunately, it was then discovered by doctors that the thin blood in Mrs. Majeski's body was traveling to her brain. "Loose blood was pooling in my brain, causing injury to my brain. We think it was the medication [that caused the

was losing my speech. They did major surgery." Mrs. Majeski was having a stroke.

Doctors gave Mrs. Majeski new blood plasma, causing her blood to thicken so that they could perform surgery without her bleeding to death. By 9:30 p.m., doctors

had done major surgery on the right side of Mrs. Majeski's head. "In 12 hours, I'd had a heart attack, a stroke and major surgery. They [doctors] said they'd never known anyone who'd gone through what I did and survive."

While Mrs. Majeski was in intensive care at

Mrs. Majeski said that relatives and friends would almost constantly

pooling]," said Mrs. Majeski. "I - speak to her and tell her to sit up and heart attack. "Whole clumps of brain. She said that without that erasing stuff from my brain." stimulation, she might not have recovered.

> Immanuel Hospital's head trauma some paralysis on her left side as a program. Mrs. Majeski began her result of her stroke. road to recovery. She started physi-

balance again.

lie down, it takes for six weeks."

recovery, do therapy, "They say I'm phe-

could go home."

There have been numerous side get in my car and drive." effects from Mrs. Majeski's stroke

and open her eyes to stimulate her time are gone. It [the stroke] was

Also, Mrs. Majeski sometimes has a hard time thinking of words Soon, after being accepted into when speaking and has experienced

> But, she is healing quickly. cal therapy to get her Once unable to walk. Mrs. Majeski nerves and muscles is now able to walk with a walker into shape and in and leg brace. Someday she will walk without them. "The muscles "Every day you in my legs are alive," she said.

> Residing at her home. Mrs. three days of work Majeski goes to therapy three times to get your muscles a week and is excited that she will back. I was in bed be able to drive in 30 days. Her husband Tom, who she met in high This was the school and to whom she has been of Mrs. married for 43 years, does all house-Majeski's miracu- work and helps her get around and

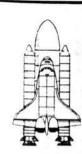
Mrs. Majeski said that the worst nomenal. I kept consequence of her heart attack and Clarkson for eight days, there were beating my goals," she said. "Then stroke has been her loss of indepennumerous people rooting for her re- one day, the doctors told me that I dence. "I can't get out of bed without my brace," she said. "I want to

> Mrs. Majeski has faced problems in dealing with buildings that are not handicap accessible. "The first building I went to with my husband wasn't handicap accessible. and it was a medical building! It's a whole new way of life."

Mrs. Majeski said that she has learned a lot from her experience.

"I want everyone to know that things happen unexpectedly that will completely change your life. You can't do anything about it. It also affects the people around you. I've also found that the bottom line in life is the people you love. You have to be changed inside when you brush death [this] close."

As for work, Mrs. Majeski said that she hopes to be back working at Central by September.



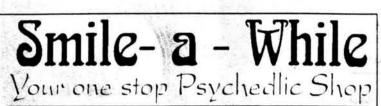
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muscles

legs are

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alive.

Majeski

--Mrs.

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SAD comes with the Winter Blues

By Elizabeth Kaplan

After the excitement of the holidays has worn off, many people get a case of the winter blues. During the holidays people attend many social and family gatherings. When these events are over, some people feel a sense of loss and even depression.

Dr. Kevin Cahill, clinical psychologist. said that the "winter blahs" are caused by a decrease in activity. "People tend to hole up. They don't go out with other people as much. Loneliness is magnified during this time," he said. "We are social animals, and we need validation from others to feel good about ourselves."

Dr. Cahill also said that people tend to feel depressed after the holidays because they "spend lots of money to try to make things better, and then they are let down when things don't improve."

Senior Lara Hunter said that she suffers from the winter blues. "I start feeling depressed usually right after Christmas," she said. "I like the cold before Christmas, but after the holidays I feel trapped indoors. It doesn't feel like winter is ever going to end."

During the winter, Lara said that she always feels tired and gets sick more frequently. "I do a lot of meditating to relieve stress and negative feelings," she said.

Some people suffer from a more serious physiological form of winter depression. They are affected by the lack of sunlight which accompanies shorter winter days. These people have a disorder known as Seasonal Affective Disorder or

Ms. Jeannie Longa, a counselor who specializes in SAD, said that Seasonal Affective Disorder is a pattern of fall and winter depression. "When we have less light, it trig-

gers hormonal changes in the body," she said

Dr. Cahill said that a decrease in the amount of sunlight in contact with the skin causes the production of the hormone melanin to drop which affects the way neurotrans-

Avoiding the Winter Blues by Dr. Cahill

- stay active, exercise if not an outdoor person,
- build a good social calendar anticipate the winter and plan fun activities

mitters work. He said that people with fairer skin are more susceptible to SAD because they have less melanin in their skin.

"It is difficult to focus mentally," Ms. Longa said. "It makes people feel depressed or like they are a failure. It causes some people to overeat."

Other symptoms for the disorder include a craving for sweet and starchy foods, a drop in energy level, a tendency to oversleep and a reduction in the quality of sleep, irritability, avoidance of social situations and an inability to complete tasks.

People with the disorder usually begin to feel depressed in September or October and the depression usually abates in March. January and February tend to be the worst months for SAD sufferers because they are usually very cloudy.

Ms. Longa said that

approximately eight per cent of the people in Omaha probably suffer from SAD on a clinical level. "The farther north you are the more people are affected because there is

less day time." SAD does affect teenagers, Ms. Longa said. "They may start having problems in school," she said. "They may not get algebra anymore. Things may seem to be closing in."

SAD is usually treated by exposure to a bright light, known as phototherapy. The patient sits in front of a light box, which is 10 to 25 times brighter than normal light for 30 to 45 minutes usually at dawn or dusk to extend the daylight hours. The light treatment is usually supplemented by other methods of treatment similar to those of other major depressive disorders. Dr. Cahill said that because it is a form of clinical depression, SAD is also treated with verbal therapy, and sometimes medication.

STUDENTS

By Sarah Pugh

College applications, final exams and mounting deadlines all add up to make the end of first semester a stressful experience.

"We've had more reports of stress and frustration," Mrs. Judy Maniscalco, counselor, said. "Times of transition are always difficult. A combination of expectations for the holidays and changing expectations for the new year add extra stress."

Finals

Mr. Jim Harrington, math teacher, said he was no more stressed than he usually is around finals time.

"The only stress on us is getting the final written and the review done. Then it's only a matter of getting grades in."

Finals are some students only chance to make the grade. Several freshmen were surprised taking finals for the first time at Central.

"In my honors classes the finals were really hard," Stephanie Putnam, freshman, said. "Some of the teachers put stuff on the finals they didn't review. I don't understand some teachers who do stuff like that."

But teachers often don't understand students either.

David Echternach, is one example. He be more you worry, the hap thing will be

"So don't worry h David said. "Besides, ify tention all year finals on a problem."

lege." Stephanie agreed a isn't much one can do "Some finals will be bettering ers," she said. "I'll justa adds st can."

College

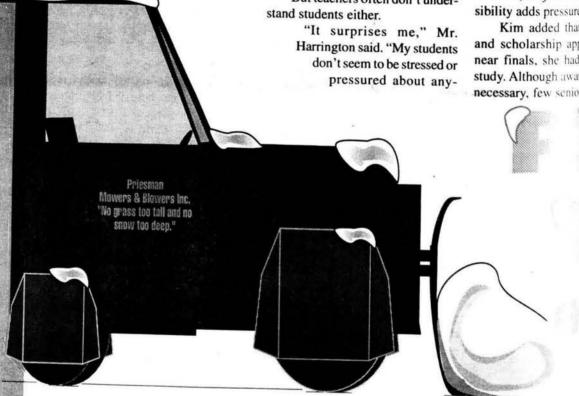
Seniors are plannin Richar the next challenge in their the co ishing the first half of the counse of high school means me feeling to the responsibilities of dated

"You have to make now." yourself," Sarah Vance. Manis "For the first time whaty said. " do next isn't mapped ou ers, ad

Deciding on a colle trators, easy part for some g selors. proved to be a bit more around

"There is a chance passing," Kim Covault. "I need all my classes in busy v cause I have to meet cred pieces ments to go on to colleg petition can do it, but just knowing due at t sibility adds pressure."

and scholarship applica said. near finals, she had in grades, study. Although awared necessary, few seniors portfoli



Cold and wet winter conditions prove to ri caused by a virus. Symptoms in- Nurse's House Call, said the cold cases of flu and cold rise during

Sledding, skiing and snowboarding! What could possibly put a damper on your feelings of winter joy? Well, if you were one of the several people who were attacked by the cold or flu this season then you know how it can ruin your season of

According to Mrs. Susan Martineau, nurse associated with Ask-A Nurse, "the cold and wet winter weather is a risk increase, which can cause an individual to be more susceptible to these viruses during the winter season."

Mrs. Martineau described the common cold as a contagious viral infection of the upper respiratory passages.

Mrs. Martineau said that the flu, influenza, is a common contagious respiratory infection clude chills, muscle aches, head-

The main difference, accord-

ing to Mrs. Martineau, between these two viruses is that with the flu comes muscle aches and also a fe-She said, "You just generally feel worse when you have the flu." Mrs.

ache and fatigue.

Goettsch,

Y ou just generally feel worse when you have the

> -Mrs. Goettsch

flu.

registered nurse and owner of said the main reason that the

is not as severe as the flu. She said the "flu could cause you to be put in the hospital" whereas the cold is less

severe. Mrs. Goettsch said one similarity between the flu and the cold is that the flu acts "just like cold." She said that people can mistake the flu for the cold since the symptoms start out the same.

Mrs. Geri Hansen, assistant supervisor of Health Serthe winter is mainly because "people are in closer contact with each other."

She said, "People are staying indoors, not like spring or summer where everyone is out doing things."

Mrs. Hansen also said that in the winter students are confined to a classroom where everyone is breathing each other's

Mrs. Hansen said that it is a common myth that exposure to cold weather will give you a cold. She said that she can remember her mother telling her not to go outside without a coat on, or you will catch a cold. She said, unless you were exposed to the germ, you won't catch a

Mrs. Hansen said that the cold and wet winter weather

may "certainly" be risk for catching a cold or flu thing that makes you lo resistance is a risk increa Mrs. Hansen. Mrs. Har another risk increase is ing properly for the we

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"Influ

Mrs. Hansen said the season this year has st slowly, but "It may jus calm before the storm. Hansen.

Ms. Roseann Maspi miologist at the Douglas Health Department, Sal far "we have one lab-c case in a two- year-old b said that in this case the drew blood from the sent it in to the lab to the virus. Ms. Maspio there may be more case der peo that have not been lab to eumor "Where there's one case Ils peop probably more,

ing co others,

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Kim added that w Mrs. M

WED IN WITH STRESS

ahead of schedule.

"I waited until the last minute get my forms in," Natalie

or, said. "I uldn't get self motied for col-

Delaycompletitems is stress to ers, 100. "Mrs.

chardson, college inselor, is ling inuned right Mrs. iniscalco d. "Teach-

adminisors, coun-

ach virus.

ifluenza typically knocks

t, like a truck ran over aid Ms. Maspio. She said

th the flu usually comes muscle aches and pains. Maspio said after you otten rid of the flu, you communicable for 3-5

ter your symptoms are

Maspio said that the flu only prevents the flu in $^{
m 0}$ percent of the cases, vaccine does "prevent eople from developing onia, and that's what

pple."

epard, se-I t feels as if

the universe just my shoulders. --John

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Long, senior

ors. . .stress increases for all und this time."

Art

Many art students have been y with extra projects too. Art es for the Scholastic Art Comtion and senior portfolios were at the end of finals week.

"It's been terribly stressful," Margaret Quinn, art teacher, "With the competition and les, everyone is affected."

For seniors wishing to prepare folios, they must complete eight to ten pieces of work. The finished works must then be matted, photographed and catalogued. Colleges

often look at portfolios when considering appli-

John Long, a senior in studio art, is trying to keep up with classes while getting his portfolio completed. Though he has already been accepted to art school, he has a chance at scholarships depending on the strength of his portfolio.

"It feels as if the universe just plopped on my shoulders," John

said. "I can't stand this pressure."

"We try to ease the stress for [seniors preparing portfolios]," Mrs. Quinn said. "We eliminate extra work and try to give them class time."

Joe Lupo is a junior in studio art. After watching the seniors attempt to finish everything, he said, "I would think long and hard before I choose to do a portfolio next year. Already working on my pieces has cost me precious time studying for

Vacations and holidays are supposed to ease the extra stress of the season. Yet sometimes taking a break translates into more work upon return.

Sarah Raful, junior, visited California over winter break. She missed the Wednesday and Thursday immediately after break.

"Thank goodness we had that Friday off from snow," Sarah said. "Finals have literally been my life for the past week."

Sarah said she missed a lot of little stuff, in-class reviews and small assignments that really say what is on the final.

"I have never been so stressed in my life," Sarah said. "Things weren't nearly as hard my sophomore year, yet my parents still expect me to get the same grades."

Relief

Mrs. Maniscalco said each individual must look at his own life in order to try to ease pressure.

"You have to sit down and look at what you can and cannot change. Work on the things that are worth it to you. Once you come to peace with things you'll find your life is much less stressful."

An excerpt from one of Mrs. Maniscalco's pieces, published in the recent PEP newsletter, reads, "Regular exercise, eating a healthy diet, taking time to relax and relieve tension can help us feel more energetic and better able to cope with the stress of the season."

One student's Christmas gift is helping her relieve tension. Sarah Vance, senior, was given a full-body, half-hour massage from Design of the Times. She has been saving it until after finals week.

"It's a way to treat myself after all this hard work," she said. "I'm looking forward to it to relieve all the stress I've been under."

What to do during those cold months

"I go out with my boyfriend to movies or to get a cup of coffee. We'll go to M.J. Java or Denny's--anyplace really. Sometimes we even grind our own beans at my house and just stay there. That's the best."

Lindsay Conn, junior





During the winter I'll have snowball fights with my brother."

Desirae Santon, sophomore

'When it's cold out I usually head for the malls. I go shopping at Oakview and Westroads because those are the coolest malls. They have some nice clothes, especially dresses."

Cara Medley, sophomore





"Skiing is the best winter sport. I go skiing whenever I can. I just got back from skiing at Copper Mountain in Colorado last week."

Vanessa Bang, senior

"I just hang out with my friends. Even going to the library is fun. We'll spend a day there reading everything. Also I go ice-skating

Lei Brown, sophomore

at Benson Ice Arena."



isk increase for illnesses

Ms. Maspio said that "any-Maspio said that everyone can certainly get the flu." sociates the flu with a She said the elderly are more h virus which includes susceptible to the flu because "as ng and diarrhea. She said you age, the body's ability to ople recognize this as the protect itself diminishes." t in reality it is probably

Ms. Maspio said the flu season last year was more active than it has been this year.

She said, "We saw more activity of flu earlier last year." Ms. Maspio said that they are expecting an increase, but "I'm not expecting that we will have a widespread epidemic."

Mrs. Goettsch said that one reason why she believes there has not been a widespread epidemic this year is because "The American Lung Association has joined with a lot of companies to promote the flu vaccine."

Mrs. Goettsch said the flu shot is recommended for all age groups, basically because anyone can get the flu, "anyone

One student who has had trouble with a cold this season is J.J. Morlan, junior. J.J. said she has had the cold for a "couple of days." She said it has effected her school work, because "I can't concentrate."

Another central student whose winter has been ruined because of illness is Cynthia Montgomery, senior. Cynthia said she missed about four days of school because of flu like symptoms.

"I knew if I went outside, I'd get worse. I knew the cold air would burn like a knife in my chest," said Cynthia.

Mrs. Goettsch said that to prevent against the flu she highly recommends the flu shot. As for the cold, she said "It is basically just healthy living."



By JB Jones

Worst Actor:

The nominees are:

- 1. Woody Harrelson in Natural Born Killers
- 2. John Goodman in The Flintstones
- 3. Christian Slater in Jimmy Hol-
- 4. Macaully Culkin in Richie Rich
- 5. Pauly Shore in In the Army Now And the winner is...

Christian Slater. Work that demonstrated some actual talent in Heathers and Pump up the Volume. leaves us to ponder if perhaps the cause at work here could be that when he stopped acting like Nicholson, he just stopped acting.

Worst Actress:

- 1. Penelope Ann Miller in The Shadow
- 2. Julliette Lewis in Natural Born Killers
- 3. Lori Petty in In the Army Now 4. Rosie Perez in It Could Happen To You
- 5. Tia Carrere in True Lies

And the winner is...

Lori Petty. So many bad actresses. so little time. No other actress nominated managed to inspire such a longing that her last costar. chiefly a large killer whale named Willie, had just ingested her and freed us from her moronic screen presence.

Worst Picture

- 1. Cabin Boy
- 2. Jimmy Hollywood
- 3. Natural Born Killers
- 4. Baby's Day Out
- 5. The Flintstones

And the winner is...

Well it was a toss up between Cabin Boy and Jimmy Hollywood for a while but what else could you expect from a man who has a TV show about a 33-year-old paperboy who lives with his parents, so Jimmy Hollywood gets the coveted prize, if not for the sheer agony it put movie-goers through, then for the fact that at one point in time Barry Levinson actually showed promise as a director.

Worst Director

- 1. Barry Levinson... Jimmy Hollywood
- 2. Oliver Stone... Natural Born Killers
- 3. John Hughes... Baby's Day Out 4. Adam Resnik... Cabin Boy
- 5.Gary Marshall ... Exit to Eden And the winner is...

John Hughes. Not much agonizing about this one. The mogul of such cheesy yet endearing 80's teen classics as The Breakfast Club and Sixteen Candles has stooped to lows that few could dream, forced to recycle the same plot over and

over. We can only pray Steven Spielberg doesn't fall prey to the same illness. Think Velociraptor Jones and the Temple of Doom scary!

Worst Concept for a Film

- 1. Double Dragon
- 2. Getting Even With Dad
- 3. Pagemaster
- 4. A Live-action Flintstones
- 5. Baby's Day Out

And the winner is: a Live-action Flintstones movie.

Oh this was a tough one. On one hand you've got a movie based on a videogame nobody cares about anymore, lost in the hype for another videogame movie. Then, on the other hand, two Mac movies: one too ridiculous to waste two hours of celluloid on and the other an overlong PSA for reading. Surpassing them all has to be the Flintstones movie, though as I write, an even worse idea has already been proposed, a live action Scooby Doo movie. I kid you not.

Worst Adapted Screenplay 1. Exit to Eden from Anne Rice's

- novel
- 2. Disclosure from Michael Crichton's novel

And the winner is...

Exit to Eden, no contest. Sure Disclosure never bothered to let anyone in on its plot, but at least it retained half of that plot. It's up to anyone to guess why they even bothered to keep Anne's name on this disasterous S&M comedy which gave us more of Rosie O'Donnell and Dan Akroyd in black leather than anyone could stomach. "Exit the Theater Now and Save Your Lunch and Your Sanity" would have been a more appropriate

Biggest Snow Job on Public by Film Industry

- 1. Natural Born Killers and Oliver Stone
- 2. Flintstones
- 3. Disclosure and its marketing as a sexual harrassment thing.
- 4. Macaully Culkin's career And the winner is...

Natural Born Killers and Oliver Stone, the king of all snow blowers. You've got to hand it to him, to so effectively con most critics into praising him with the oldest trick in the book. Only Stone could pull off such a cliché trick as marketing his plotless film as a complex satire, forcing all critics who wanted to appear semiintelligent to immediately get and love the film.

1B's Oscar Picks

By JB Jones

OK, I'm about a month early. but I've decided to beat the Academy to my nomination picks and predictions. So without further ado. JB's Oscar picks, the way they should be, but not necessarily the way they will be.

In the category of Best Actor I see John Travolta for his role in Pulp Fiction, Morgan Freeman for The Shawshank Redemption, Tom Hanks for Forrest Gump, Ralph Fiennes for Quiz Show and Gary Oldman for Immortal Beloved. Gary Oldman is someone I think should get a nomination, but it is more than likely that Paul Newman will knock him out of the running with his work in Nobody's Fool. The Oscar will probably go to Travolta. His work has been touted from the beginning as potential Oscar stuff. Tom Hanks probably is not much of a threat because he won last year and I don't think the Academy will give him two in a row. Paul Newman might give Travolta a run for his Oscar though, not just for talent but Newman is old and the Academy tends to give awards to oldsters over promising young actors, probably thinking that they're old, they don't have many more opportunities. This phenomenon explains why Tommy Lee Jones won Best Supporting Actor over Leonardo DiCaprio last year, but that's another story altogether.

In the Best Actress category I think the nominees will be Susan Sarandon for Safe Passage, Winona Ryder for Little Women, Juliette Binoche for Blue, Natalie Portman for The Professional and Jodie Foster for Nell. My prediction is definitely Jodie Foster. Her inspired performance was talked about even before the national release of Nell. The only competition in my opinion would be Sarandon, though Binoche is a strong actress herself, particularly in Blue.

For Best Supporting Actor my nominations are Martin Landau for Ed Wood, Tim Robbins for The Shawshank Redemption, John Turturro for Quiz Show, Rob Morrow for Quiz Show and Samuel L. Jackson for Pulp Fiction. Jackson has my prediction as the winner with his brilliant performance, though I'd like to see Landau take home the Oscar for his own equally beautiful portrayal.

In the category of Best Supporting Actress I can see the nominees being Trini Alvarado for Little Women, Claire Danes for Little Women, Sally Field for Forrest Gump, Kirsten Dunst for Little Women and Natasha Richardson for Nell. My pick is Sally Field for Forrest Gump. The Little Women actresses indeed provided strong performances, but they aren't much of a threat because three nominees for one film kind of cancel each other out. It is also a factor that a child won last year

My nominees for Best Picture are: Forrest Gump, Pulp Fiction, Quiz Show, The Shawshank Redemption and Nell. My vote goes to Pulp Fiction. Not only has it received big hype, but it already walked away with the Palm d'Or at Cannes. The Shawshank Redempdeserves a nomination" films, but it will probably find itself forgotten by the Academy. Its replacement will probably be The Crow, a strong contender, perhaps, but it probably doesn't earry enough weight to walk away with the Oscar.

My picks for Best Original Screenplay are: Pulp Fiction, The Professional, Bullets Over Broadway. Quiz Show and Ed Wood. My pick is definitely Pulp Fiction. Its Red. My personal favorite of the brilliant script is a treat for actor and audience alike. Bullets might be a Krieslowski is a winner. contender, but none of the others have the power to usurp Pulp Fiction's place.

As for Best Adapted Screen- and Pulp Fiction. My vote goes play my nominees are: Forrest Gump, Little Women, Interview with black and white cinematographs the Vampire, The Shawshank Redemption and The Crow. I think it'll be a close race between Forrest Gump, Little Women and The Crow. Forrest will probably walk away nominees are: The Crow. F with it though. I think that The Shawshank Redemption should win. It's my personal choice as the best.

In the category Best Score my nominees are: Quiz Show, The Professional, Interview with the Vampire, The Shadow and Stargate. My Academy guess is Quiz Show. Personally, I'd pick The Professional but in the madcap Hollyworld, gloss often says more than feeling.

For Best Foreign Language am, or, just guess for yourself.

tion is another one of my "I think it Film I have only three nonunec is because only three have e Omaha for me to see and I has heard any hype on any other polani nominees other than these three 45 way the nominees are Blue, White Red, Krieslowski's Color trilog there is any country that I would diet would pick up a nommano would be China. In the last fewage the country has produced some se ously talented films. My pick gap was Blue, but anyway you looka

> sion my picks are:The Huds Proxy, Wolf, Forrest Gump, Ed W Wood because of the complicate other favorite for the awar Hudsucker Proxy because of its ish art deco gloss.

In the special effects category Gump, The Mask, Wolf and Sta My guess is Forrest Gump bec has been touted and because it did scream "Look at me I'm a specia fect." The Crow is the only othern nee I'd give any weight to since managed to graft the face of the Brandon Lee onto his stunt doubt complete the film.

So now that you know the JE car picks, sit back and see how t

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C.H.S. REGISTER GUIDE TO ENTERTAINMENT







orn Dec. 22- Jan. 19

will enjoy a lot of friendship this month. In February, your and attractiveness will be much more noticed.

ius Jan. 20- Feb. 18

will communicate well in January and use lots of time talkuperiors and peers. You may have problems with a relationhen the other person seems to be begging for a fight.

Feb. 19- March 20

anuary, you may receive rewards perhaps involving money. ry will be a month to be quiet and think about your life.

March 21- April 19

ary is a month for romance. In February, you may be drawn reer that puts you in view of many important people.

S April 20- May 20

prepared for someone to offer gifts and other tokens of af-February, aggravations will bother you, but don't let them hest of you.

i May 21- June 21

ermination will be the name of the game in January. In Febour love life will continue to be active.

June 22- July 22

mantically, you will understand someone's intentions after ceive gifts of affection. Financial matters will come to an February.

uly 23- Aug. 22

ew romance in January will have you needing some time on vn. An exciting trip promises fun for you late in the month. uary, a relationship will occupy your thoughts.

Aug. 23- Sept. 22

anuary, everything around you will seem to be particularly ve. February, you will be especially creative, and you will joy yourself more than usual.

Sept. 23- Oct. 23

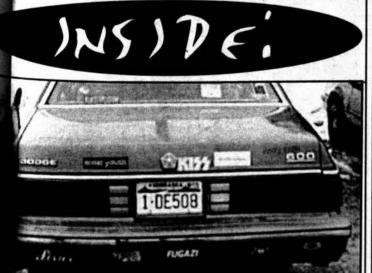
lary you will enjoy a friendship with those around you. Febill be a calm month at your house. Valentine's Day will be ely unexciting.

o Oct. 24- Nov. 22

me life will be strenuous in late January. You may have a cabin fever, which doesn't take away any of the workload on you.

arius Nov. 23- Dec. 21

Too many demands on you have you frustrated in late February will be a lucky month for you, but be cautious.



mper stickers decorate students automobiles, p. 13 een Eggs and Spam® shares the Valentine's spirit, p. 12 gher Learning; Fishbourne's latest hope to teach, p. 12





By Andrew Kammerer

"Uhhh, like who the hell is Sam Johnson, huh, huh, huh?" Thumbing through your 1981 Central O-Book you may run across a curly blonde haired kid who was active in plays, in writing and was the editor of the Central High Register. Now Central's own Sam Johnson, along with his partner Chris, is the head writer for the scripts, trading cards and books for MTV's Beavis and Butthead.

After graduating from Yale University, Sam started in New

York editing for National Lampoon Magazine. His next project was writing for Comedy Central where he met his partner Chris Marcil. Because of the small market for television writing in New York, Sam was rather limited in the market of his writing. After losing excitement in Comedy Central, the two sent material to the head writer of David Letterman.

"Although the show wasn't in need of writers at that time, he liked my style and told me he would pass my work along to other people in the

business," Sam said. The business called. MTV was on the phone and was looking for writers for a new cartoon series called Beavis and Butthead. The network sent Sam and his partner a pilot episode called "Frog Baseball," to give the two writers ideas for the style of writing that the show called for. After writing a few episodes and the first book for MTV, the network formally hired the duo as permanent writers. Sam has worked for MTV for a little over a year now.

"We all thought that the show would be popular, but never to the level that it is now," Sam said.

The style was indeed differ-

ent from magazine writing. Sam said, "I'm not saying I'm the king of stupid writers, but there is a logic on how to put all of the scripts together. A lot of people can be stupid, but you have to be stupid in a funny way."

So how does an episode of Beavis and Butthead get from Sam Johnson's pen to an animated show?

Sam starts the process by submitting rough ideas to the show's creator, Mike Judge, who is the voice behind Beavis and Butthead. The ideas are then

> lot of people can be stupid, but you have to be stupid in a funny way. -Sam Johnson maining on his Beavis and

picked by Judge and scripts are written for the selected ideas. When Sam finishes the scripts, they are taken to the studio for the recording of the voices. After the recordings are finished, the scripts are then rewritten to fit the adlibbing that Judge does during the recording sessions. A story board is then drawn by the animation director and the main frames are drawn by the animation crew. After the main frames are completed, they are sent to an animation house in Korea where artists fill in the animation between the rough frames of the storyboard to form a completed cartoon.

"The process takes about five to six months so the new episodes that are coming out right now were written before the summer," Sam said. "Because it's on everyday, the studio is forced to run the old episodes into the ground. We just can't produce as many shows as there's a demand for." said Sam. Although the writing for Beavis and Butthead is much less structured than other forms, Sam does have some topics that he is encouraged to stay away from.

"Obviously, fire," said Sam. "It seemed pretty ridiculous at first, because there are far worst sins committed by TV shows then the fire on Beavis and

> Butthead, but we've learned to work around it." "Anything that is sexually related is also taken out pretty quickly," said Sam.

> Sam plans to stick with television writing in the future and says, "I'm hooked on TV I really can't see myself doing anything else, now. They pay a lot of money for not much work."

He still has a year re-Butthead contract so he plans to stay around as long as they need him.

"The network is always talking about new shows that they are interested in, so there's a lot of things I can fall back on."

Sam also reminisced about his Central experience crediting supportive teachers for his success in writing.

"My English teacher (Mrs. Bernstein) was inspiring to me and a lot of other students that went through her class," said

"I was also involved with the the newspaper. Mr. Gaherty's calm attitude during the most stressful of times never ceased to amaze me. He is a very wise man," Sam said."Central gave me a great high school experience, and I felt so prepared for college and for life," Sam said.



Ahh.... Valentines Day is almost here! You know, I just adore this time of year. Spring is fast approaching, love is in the air and Barry Manilow is on tour again. What more could a guy want?

I'm an old-fashioned type of guy. When I take a girl out, I try to show her a good time-my treat. I'll pick her up in my 1981 Yugo—the perfect date car, let me tell you— and take her to a nice restaurant; you know, like Burger Lust. I'd let her order whatever she wanted- none of the "try the number three combo, because I've heard it's

John Singleton, was recently re-

leased to rave reviews. Starring

in the movie was Ice Cube, Omar

Epps, Larry Fishbourne, Busta

campus of Columbus University.

The whole movie featured differ-

ences that arise when people from

33 countries, six races, three reli-

gions, and two sexes get together

in one place. John Singleton said

that the movie is a "representa-

powerful movie highlighted by the

extreme limits Singleton takes the

audience. It features the struggles

that students go through in college

Rappaport deals with the trials of

fittiing in. He is a character who is

willing to join any group. He is ba-

sically a sheep waiting to be led,

thus he becomes a member of the

local Nazi group. They feed on his

weakness and lead him to their

ing views of his life. He is con-

stantly reminded by Fudge (Ice

Cube) that he is just a horse run-

ning for the college. His girlfriend

tells him that he is not a horse but

Omar Epps' character, Malik

beliefs of white supremacy.

The character of John

Higher Learning is a very

tion of the whole world.'

and life.

It takes place on the fictional

Rhymez and John Rappaport.

Green Eggs and Spam® cuddles with sweeting

divine!" junk— and I'd try to get to know her as a person. Real nice and simple. I'd try to find out what her hobbies were and if she liked animals and what her favorite color is and if she prefers John Denver or Neil

After dinner I'd take her to some classy movie, not a cheap, B-picture, but a nice romantic comedy— like Death Wish 3: Severed Heads. After the movie I'd take her home. Her home. And I'd promise to call her the next day; which I would. I'm not the type of guy who'd break a promise like that one. I take relationships very seri-

The next date, however, would be very different. This would be the time for us to be casual and relaxed. We'd have already gone through all of the first date tension and jitters and stuff.

We could just enjoy being with each other. We could hang out at the mall insulting all of the losers we don't know, and we could throw watermelons off of overpasses at unsuspecting motorists. You know, all the stuff anyone in love does with their sweetie. And after that, we could relax in my "lovepad" and watch good, wholesome, family entertainment-NYPD Blue followed by monster truck racing and Wrestle Mania Nine Gazillion.

After several dates, we could sit down and discuss some more serious issues-sex, marriage and who's going to win the Super Bowl. All of the really important issues in today's society.

You know, it's amazing some of the reasons girls can't go out with you! I remember one weekend when two girls suddenly came down with a rare skin disease; another girl had to wash her hamster's teeth; another three girls took weekend trips to Europe (although I swear I saw them at the mall the next day); and yet another girl was doing research for a history paper on ethics and history (this struck me as somewhat strange because it was the middle of July).

But I never take rejection too seriously. Sure, I threaten to shoot innocent postal workers and kidnap and torture little children, but that's a natural reaction. I mean, I've only got six restraining orders against me.

All this talk about love and romance

and dating reminds me of a story I to heard. It seems this man was out close jibby Bro shopping and ended up buying a new sh He took it home and found a note with name and address of a girl pinned to the side. The note read: Please write and sen photograph.

"Ah," thought the man, "here is romance."

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So the man wrote a letter and sen photograph to the girl. Soon, the man ceived a response from the girl. With heart all aflutter, he opened the letter tos what words of love the girl had writtenh It read: "I was just curious to see what of man would wear such a funny shirt.

Now that's romance! A love affair mail, never knowing just who is really the other side. Ahh...The mystery, the trigue, the passion, the funny shirt; it se chills up my spine!

But to be serious, at this time of I always remember what the well-kn speaker David Chambless once said.

"Better to have loved and lost as person than never to have loved a tall." Happy Valentines Day!

educates earning Study Hall Eye By Marcus Woodworth a man trying to get a good educa-Higher Learning, a movie by

> I personally enjoyed the movie and would recommend it to almost anyone. I say almost because there are a lot of sensitive issues in the movie that may offend some people. There is racism, anti-semitism and gay bashing just to name a few. The movie doesn't glorify these subjects but it just makes people understand that even in today's society there still are

After seeing the movie I immediately went out and bought the soundtrack. To say that it is good would be an understatement. It is excellent!

ignorant and weak people.

The sound track features a wide range of musicians from Ice Cube to Liz Phair. Each song is an adventure in itself. The best song is Rage Against the Machine's song, "Year of the Boomerang." The songs of Ice Cube, Higher, Eve's Plum and Eye are not far behind on my list. But the most emotional songs on the soundtrack come from Tori Amos. I had never listened to her before, and after hearing her songs from this CD, I Williams, deals with the conflict- was overcome by a sudden urge to buy all her albums. Both her songs were outstanding. I recommend you to get the Higher Learning soundtrack, if not, at least go listen to some of Tori Amos' music.

Escape from Doc Moller's office to your Summer

Vacation! But don't get caught by an administrate

Semrad Doc Moller Roberts

Compiled by JB Jones and Brian Priesman

-In November, an intoxicated man in Garfield, New Jersey, died after he was run over by his own car. He tumbled out of it while it was in reverse, landing so that the front wheel pinned his neck, suffocating him.

- In July, in Iowa City, Iowa, 26 pianists combined talents to play "Vexations" by French composer Eric Satie. The piece consists of a single sheet of music that must be played 840 times consecutively. It is a single page of chords that must be played very slowly. Each repetition lasts 90 seconds; the entire composition lasts 21 to 25

-A new magazine called Combustible Garbage recently appeared in Japan. The magazine, by artist Tetsuo Ogawa, 22, contains pictures of vinyl bags of garbage from his and his friend's apartment. He solicits people to let him clean their rooms and periodically "publish" the results of his work. Talk about a waste of good garbage!

-Japanese fish markets have

been experiencing a run of eyeballs. Nutritionists had rep that mice injected with the I wei terol and a higher brain capal stay The eyes are now consider delicacy at \$15 a can. Said on company executive. "Unfor nately, fish have only one pa eyes."

-In St. Joseph, Michigan Harry Caldwell III won thed cratic primary race for co commissioner despite being three weeks before for paying \$5 of the \$34,980 owed in support. Ah, the power formed, cautious voters.

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Road Show! Student Matinee Periods 1-4, February 15 **Public** Performances 7:00 p.m., February

16-18

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Planne Call for "My kid beat up your honors student"

umper stickers display personality

by Brockemeier

you can read this you're too Honk. If You've Seen "Have You Hugged Your Today?" Where have you ese messages? Probably on nper of that car in front of

would someone put a

on the of their Harmony n. senior. orts many rstickers car, said. rlooks like ma car so stickers to tion can be son for stickers. dissatisith their oking cars iney them vith fun stickers. se Stanek. and when I up bear with a

r sticker.

ways read

imis do

use SUCKETS US ions for themselves, but as tons for other people to enwell. This is a good anechumper to bumper traffic. se, who has several bumper on his green Ford Bronco, Too many other people have e mine, so with the stickers personally make it different the others." Another reason bumper stickers is the personation of one's car. People lookfor a simple way to identify
ir cars can use bumper stickers.
This could also be of great help
one who can't find his car in

the parking lot. Not only does personal identification of a car help the owner, but friends of the owner as well. When driving down a street, a friend behind you may recognize your bumper stickers and know it's

In addition to identification, a bumper sticker can reveal things about the owner's personality. So

or "Save The Rainforests," is likely to be compassionate about the Earth's problem and wanting to help reduce those problems. Somebody with a sticker saying "Rush Is Reich" is obviously speaking from a liberal point of view. On the other hand somebody with a sticker saving "Rush Is Right" is speaking from a conservative point of view.

does a "hard core" music lover necessarily have a "hard core" attitude? Bumper stickers may give hints to someone's personality, but they don't tell all.

Brandie Taylor, senior, said, "The bumper stickers I have are there to support my favorite bands." The majority of bumper stickers indicate a support factor of some kind.

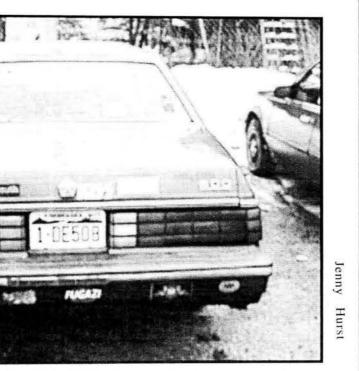
Music groups provide their fans with fun bumper stickers to increase their support. This is part of another reason bumper stickers exist and that is advertising. With the help of music fans, music groups make money off the advertising and possibly gain a few more fans. Bumper stickers encourage other individuals to support groups of their interests, but also discourage individuals with opposite opinions.

What about those people

who don't like bumper stickers? It is apparent that not all vehicle owners sport their cars with bumper stickers.

Andrea Friedman, sophomore, believes bumper stickers are too distracting. "They could cause someone to get in an accident," said An-

On the other hand, bumper stickers seem to be a hot item for some people. Pat Oakes, senior, shared a story about having stickers stolen off his car outside his house. "Who wants to use wrinkled stickers?" asked Pat.



Pick your favorite band: Senior Brandie Taylor's car shows her creativity with a variety of colorful bumper stickers.

not only do they know it is you, but they know a little about your personality. How is this determined? by the messages on bumper stickers.

of bumper stickers. Types of bumper stickers may include those that express viewpoints or a statement. support for a cause or even a favorite musical band. A popular type of a bumper sticker which could define someone's personality or interests may be that of the environmentally conscious.

An individual with a bumper sticker saying, "Love Your Mother"

Beth Katz, junior, sports a bumper sticker saying "Create Peace" with a picture of Picasso. Beth said, "It is a way of communicating to people how I feel about is-There are many different types sues, and I also just liked the picture."

One's interests can also be shown through bumper stickers of his favorite musical bands. Someone with a bumper sticker for the band Ministry shows an interest in "hard core" music. Someone interested in "folk" music may sport a bumper sticker in support of the group Indigo Girls. The question is,

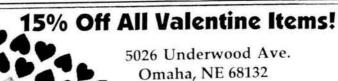
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Road Show auditions were held the week of Jan. 21-23. Over 100 acts tried out for this, the 81st Road Show. The variety show will include instrumental, dramatical and vocal acts as well as dancing. Road Show will run from Feb. 16-18 and there will be a student matinee on Feb.

YEARS AND STILL GOING STRONG...

Nicki Petersen and Rachael Robertson, sophomores, are in the Intergenerational Troupe at Emmy Gifford Theater. The troupe combines teenagers and senior citizens for original plays and skits created by the group. They tour at schools and retirement homes. This is the second year for the troupe, which meets from January-September.



Nicki Petersen

&

Rachael Robertson

Trailer Park played at Club Fusion on Fri., Jan. 13. Sophomore Ben Wieduwilt is the group's guitarist. The band has played at Club Fusion and many other clubs around Omaha. Trailer Park has been a band for about five months, and they have been named one of the twenty best bands in the city.

** If you have any entertainment news, pleas drop it in the mailbox in the courtyard.





TEN-MINUTE MISCONDUCT

"INSTANT REPLAY"

Sports Opinion by Michael Sigmond

As the National Football

League's season reaches its final climax, the Super Bowl, I would like to make an early appeal to the owners to bring back instant replay. This Sunday will mark the three-year anniversary of the last game played under the auspices of a replay judge and that big screen Sony television with all the extra fun buttons, and I think it is about time that the fancy TV and that extra judge return to the NFL.

Instant replay was used for three years to review questionable calls made during the game by the on-field officials. The replay judge could only be consulted on certain types of calls, such as whether a player was down by contact before or after a fumble, or to decide the time a player stepped out of bounds. Instant replay could not be used for penalties or to decide if a field goal attempt was good or not.

The use of instant replay was accepted with interest and vigor from fans and players alike. Most argued that if technology can help to better determine the true winner of a sporting event, then it should be utilized. The National Hockey League realized the opportunity instant replay presented and now allows the referee to consult with the judge on controversial goals. The arguments for instant replay are as valid today as they were six years ago, yet instant replay has disap-

The NFL's owners have repeatedly attempted to shorten the length of games. They lowered the time on the play clock last season, removed three minutes from halftime and removed instant replay. Several owners argued that instant replay lengthened games by 15 minutes or more. Yet, ESPN reported that games were less than three minutes longer, on average, with instant replay than without. The owners are

out of arguments and are under pressure from the fans, players and, of course, we, the media.

Instant replay should be brought back for the same reason it was instituted in the first place: to make the officiating nearly perfect. This season, more than most, the officiating has been ineffective. Many games could have had the winners and losers reversed had the calls on the field been accurate.

The truth is that most calls are simply a matter of where a foot or knee lands on the field. In the split second the referee has, it is nearly impossible to make the correct call every time or even

75 percent of the time. Don't the tered into the weekend players, coaches and fans deserve of January 13 with the the accurate call 100 percent of the anticipation of easy

I refuse to blame officials. I Gross and Lincoln feel that as professionals, they sim- High. The day before ply do the absolute best job possible the game, senior Dan with the eyes and ears of a human Payzant, said that he being. At the same time, I know that felt Gross would not be technology has given us eyes and a challenging oppoears far better than any humans'. nent. Unfortunately Our technology can replay some- for the Eagles, Gross thing ten times over giving the hu- was up to the chalman the ability to undoubtedly make lenge. the correct call. The officials will still have plenty to do on the field nificant lead going into and will still make accurate calls the fourth quarter but most of the time. The fairest thing lost the lead and the to do, though, is to give the officials a "fall-back" so they can be perfect Eagles have been at their job.

Instant replay does cause the failure to hold leads lengthy delays during the actual review of a play. But, come on, is it that bad? Make another sandwich, take a trip to the restroom or pick up the latest copy of the Register. In fact, instant replay may actually raise the readership of this column from the single digits. I am liking instant replay more and more.

I am positive about my wish being granted this off-season. The Philadelphia Eagles' new owner Jeffrey Lurie has come out as a proponent of instant replay, unlike the former owner Norman Bramen. Many experts, including ESPN's Chris Mortensen are reporting that he may become the swing vote.

In the end, the review process will be good for football. It will end much of the bickering over the officiating, giving the officials deserved peace and quiet. Finally, it will bring more time to the television networks for Ford Truck and Bud Bowl X commercials. Bottles with helmets: what more can a sports fan

"Hey! Hey! That player from the Bud Dry team stepped out of bounds! I want to see the replay!"

Back-to-back cliffhangers result in tour weekend split for Men's varsity basket

By Michael Sigmond

With nine games remaining in the regular season, a state berth appears to be slowly fading for the 6-

4 Central men's basketball team, but the dream has not died yet.

The Eagles enwins over Omaha

Central held a siggame 51-50. The plagued all season with in the fourth quarter. "We lost our concentration, committed turnovers and took bad shots," said sophomore Ryan Behrens. Senior Khareth Bartee said,

"We have done this too many times, but it will teach us not to relax."

The upset by Gross changed the outlook on the season for the Eagles as they were dealt their third loss in their last four games. Central only made about half of their shots from the field as senior Donnie Johnson led the team in scoring with 19 points. Bartee added 12 and shot 100 percent from the field and Behrens had 10 points on the night.

The upset appeared to be the best medicine for the Eagles as they

traveled to Lincoln to play Lincoln High the following night. Central built a tenpoint lead early in the game and took a 21 point lead into the fourth quarter as they did the night before. With about three

minutes left, deja vu began to set in scored eight points ea on the fans as Lincoln began a scoring run to narrow the lead to one point with less then ten seconds re-

Eagles did have problem By J. onto the ball, turning it over in the game.

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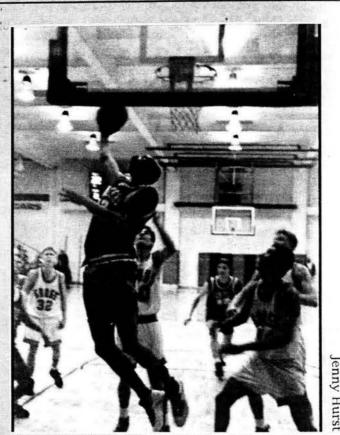
shots

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aid off



From the backdoor, Senior Donnie Johnson completes a reverse lay-up.

maining. A stunned Central crowd breathed a breath of relief, though, as senior Kyle Schultz would hit one foul shot with 1.4 seconds remaining icing the 61-59 win.

Central shot 55 percent from the floor against Lincoln with Johnson connecting on 80 percent of his shots. Johnson also led the team in scoring with 19, rebounds with nine, free throw percentage with 75 percent and blocks with four. Sophomore Kenny McMorris scored 11 and Behrens and Schultz

over on the court because sponsible, not him." Scho Following 10 games.

leads the team in scoring! 16.3 points per game, reho 7 per game, steals wi blocks with 35. Barte shooting percentage at 67 Senior Tony Laravie is leader with 48 and Schult team in free throw per 81.8 percent. McMorris the three point leader st percent from downtown

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ecent losses put swim eason in perspective

Specht

Although they are now just getting their in the water, members of the Central ming team have experienced the bitter of losing in the team's first two dual sof the young season.

assie Neary, senior, said that for all the

that is being done now. "We must be doing something right because we have one swimmer that has already made the state cut."

Kelly O'Dell, sophomore, is the distinct Eagle swimmer who has already achieved this feat. When a swimmer is able to make the state cut, it means that regardless of what hap-



roking it, Senior Cate Townley begins her portion of the relay

work the team has put in thus far, the dishave been few. "We practice for three s after school and lift weights before of twice a week, but so far it just hasn't off," she said. The team practices from after school until about 6 p.m. every and lifts weights Monday and Tuesday lings from 6 a.m. until 6:30 a.m.

Despite these first few losses, Neary best the team will improve and will be able ribute this improvement to the hard work

pens the rest of the season, that person will automatically be allowed to compete in the state tournament.

O'Dell has made the cut in the 100-meter breaststroke event but may not be the only swimmer to do so by the time the season has ended. "We have some people who are very close to making the cut and with the continued hard work, there's no doubt that we can have these people represent us at the state meet," Neary said

SPORTS QUIZ

Seniors Clay Wulf, John Woolery and Seth Farrington all knew that Randall Cunningham of the Philadelphia Eagles was the correct answer. Thanks to all who entered.

Here is your mission for this month: Who am I? In June, 1988, I appeared on the covers of *Time*, *Life*, *People* and *Sports Illustrated*, and my name appeared in the *Register* last year.

SPORTS CALENDAR

MEN'S BASKETBALL	WOMEN'S BASKETBALL
1/27 at Bellevue East 7:15	1/27 at Bellevue East 5:30
1/28 Northwest 6:00	1/28 Northwest 4:15
2/3 Papillion/LaVista 7:15	2/3 Papillion/LaVista 5:30
2/4 Burke 6:00	2/4 Burke 4:15
2/10 at Millard South 7:15	2/10 at Millard South 5:30

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Western Gold Rush



the SPORTS page

Page 16

'We cover Eagle Territory'

Wrestlers pin down key victories; Narduci Lawrence, Agosto lead team at tournament

By J. Specht

The 1994-95 wrestling season is in full stride and Central's squad is steamrolling toward the state tournament in

Lincoln. Problems filling up certain weight classes have subsided and made way for great success from the whole

At the beginning of the season, Coach Gary Kubik said that he was having substantial problems getting all of his team's weight classes completely filled up. "We're going to have trouble winning this tournament without enough people," he said in reference to his lack of wrestlers at the Vern Ekfelt Invitational Tournament. Central got an important individual effort from senior Jason Lawrence(126 pounds) who was stopped short of a first place finish, losing 3-2 to a wrestler from Bellevue East. "I think that tournament might have set the tone for our entire season because we had a lot of people finish in the top four and top five," Lawrence said.

The Eagles have brought home champion-

ship after championship in a variety of different weight classes at many different Nebraska and Iowa tournaments and double dual matches. Throughout the season, the wrestlers have kept both their individual and team-oriented goals high on their

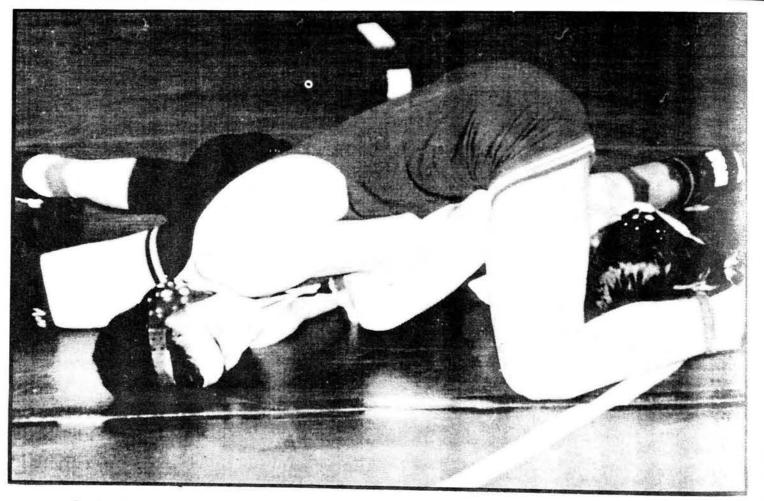
one of the best wrestlers in Ne-

which he finished first in the 103-Vito Agosto, sophomore, has pound weight class, is just one of his expressed his belief that he can be many accomplishments this season. Lawrence and his brother Gabe,

Shan Zimmer, senior, said that earlier in the season he would have liked to have competed at a lower weight class level than 130 pounds,

126-134 pound weight ray pending on how much he we the day of a match.

The team has just on By Jac



Immobile, Senior Jason Lawrence ends a match with a custom move he designed with the help of Head Coad Kubik.

braska. "I want to win state, and I junior, also won their respective think I can because I've been there before and I know what it takes," Agosto said. Agosto believes that he now has what it takes to win, and his recent performance in the Creighton Prep Tournament, in

weight classes at the tournament. Others who placed at the tournament were Phillip Narducci(106 pounds), senior, who finished second and Eric Willits who finished in

which at the time of the Ekfelt tournament, was his weight class. "It would be a huge advantage to me to compete with guys a little lighter," Zimmer said. "One hundred and twenty-six pounds would be great." Zimmer currently wrestles in the

dual match left until the district tournaments be match will take place at Lincoln High School on p.m. Central will wrest Abraham Lincoln and High School.

Centralites spend break cheering on the Husker

By J. Specht

If there is one coach, one state, one university that deserves a national championship in football it is by far Dr. Tom Osborne and his University of Nebraska Cornhuskers," said Mr. Lee Corso, ESPN football analyist.

And football fans from across the state of Nebraska will tend to agree with statements

Departments

Ten-Minute Misconduct Page 14 SPORTS QUIZ Page 14

such as these after witnessing the end of a 23year national championship drought for the Husker football team.

"Tom [Osborne] has patiently waited 22 years for one of the most prestigious honors in all of sports, and it just shows that he is the classiest and most deserving coach in the entire country," said Clay Wulf, senior. "Since I've been following Husker football for my entire life, I've been dying to see a national championship or maybe even a win in the Orange Bowl. I'm just glad to know that it happened before I died."

Ben Darling, senior, agreed with Wulf expressing his enthusiasm about Osborne. "I honestly don't think there is a single person in the entire United States that can show me another coach more deserving of the national championship than he [Osborne] is," Darling said. "He can die in peace now."

Three Central teachers and one Central parent were among those considering themselves lucky enough to attend the Orange Bowl game against the University of Miami

Hurricanes.

Mr. John Georgeson, physical education teacher, and his wife Mrs. Pegi Georgeson, drama teacher, attempted to film parts of the game unaware that it is illegal to bring camcorders of any sort into a stadium during an NCAA sanctined event. "At the end of the game I told my wife to just take it out because wasn't about to miss the last few plays," Georgeson said.

Mrs. Vicki Anderson, Spanish teacher, also attended the game and was very pleased with the Miami hospitality. "We didn't have any problems with the Miami fans because we sat right in the middle of the Nebraska section," Mrs. Anderson said. "However, their were some people we saw that looked like they had been bullied up a little by Miami fans who threw things at them."

Dr. Rusty Crossman, father of Central senior Liz Crossman, said he lost his voice during the game and was not able to speak clearly again until about a week later. "I've never yelled louder or as much as I did that

night," Crossman said. "Once the low ter came and it was really time to port, every Nebraska fan was up ar about as loud as possible because tell we were gaining the momentu

Following the game, many H in Omaha engaged in various lyp game celebrations in the form of b or possibly gathering together will watch the ensuing wrap-up show television. Another popular even Omahans took place on the cornero Dodge Streets. A total of 6000 pe believed to have been present at the between the hours of 11 p.m. an celebrating the Husker win.

One such Husker fan was N senior. Small said that there was a form of unity among those who ga the location to celebrate the victory believe that I was able to run down Dodge and celebrate with people 1db know," Small said. "It was quite pos of the greatest feelings I've ever exper

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