

Central High School
124 N. 20th St.
Omaha, NE 68102

Central High School
REGISTER
Volume 103, December 22, 1989

Cliffs Notes
How useful
are they?
.....page 7



The CHS Singers, an 18 member vocal group, performed in the Dickens in the Market weekend, on December 2. The group has performed over twenty performances since then, for Central's business partners and other merchants, including a performance at Joslyn Art Museum's center court. The group rehearses third hour and is directed by Mr. Terry Theis. CHS Singers is comprised of juniors and seniors. Photo by Ingo Socha.

Freedom, bills: pros and cons to life without parents

Hilary Foster

It is every teenager's dream: to live on your own, free of parents or anyone to plague you with rules and restrictions. Some Central students live alone, either because they have been emancipated from their parents or because their parents are out of the country. They say that although life without parents is enjoyable, there are some negative aspects also.

Jason Abrahms, senior, lived in Hong Kong with his dad for the last year. When Jason moved back to Omaha, his dad stayed in Hong Kong. "I got emancipated because then you don't have a guardian," he said.

Although Jason legally lives on his own, he said that he lives at his grandmother's house. "It's more like a living arrangement than living with parents," he said. "I do my best to work around the house." Jason said that his grandmother provides for him so it is not necessary for him to work.

Virginia Myskowski, junior, was emancipated after her parents' divorce, and she also lives with her grandmother. "It's working out O.K.," she said. "I can do just about what I want. With my parents there was always a time to go to bed, a time to do this, a time to do everything." She said that being allowed to make decisions about when to do everything has made her more responsible.

Although she lives with her grandmother, Virginia said she is still expected to pay room and board. "It's only twenty dollars a month, but it adds up, especially with my other bills like my phone bill."

To pay her bills, Virginia must work approximately 40 hours per week. "It gets really hard. A couple of times I've felt like quitting school, but no I can't [quit school]." She said that her aunt has been a major influence on her staying in school and has told her the value of an education.

"There are plenty of advantages to living on your own," said senior Zi Wu. Zi is not emancipated; he lives with a guardian who is about 32 years old. He has

"I can do a lot of things people with parents don't get to do. It's really up to your own discretion. . . . Paying bills is very painful."

Zi Wu, senior

lived like this since his parents moved back to China last March. They had lived together in the United States since 1985.

Zi's brother in New Hampshire supports him, so it is not necessary for him to get a job. However, he does have to pay bills, among other things. "It's very painful to pay bills."

Freedom is the primary benefit of life without

parents, according to everyone in the situation. "You know how parents are," Zi said. "Sometimes they push you to do something you don't want to do so you do the opposite." He said he finds that he is more efficient when he makes his own decisions.

"I can do a lot of things that people with parents don't get to do," Zi continued. "It's really up to your own discretion."

One of the advantages to being emancipated is the ability to write notes for absences. Although this sounds conducive to skipping, Virginia said that she never skips.

"At first [the attendance office] wouldn't take my notes, but now they do," she said. Zi's guardian writes him notes when he is sick, and Jason's grandmother writes his notes.

"I think when you write your own notes it's unexcused." Jason said that the school office always contacts his grandmother when they need anything. "That really gets to me," he said. "When anything goes wrong, they call my grandmother. If I lived with a friend of mine, would they call him?"

Both Zi and Virginia agree that there are many disadvantages to their independence. Zi said "You have to do everything for yourself which keeps me very busy. After school I have to go home and cook and do the laundry."

Virginia said that her independence has helped her grow up. "I'm learning responsibility and how to take care of myself," she said. "I don't think it is worth it at my age, but that's how it worked out."

Poll Question

Do you think that people will stop using drugs and/or alcohol after attending the STARS assembly?

No 108(66.3%) Yes 38(23.3%) Maybe 17(10.4%)
Total polled 163



Juli Germer, sophomore: No, I don't think a seminar will change people's minds about drugs, especially when it was so boring.



Walter Buckley, sophomore: Sure, because they saw what repercussions of [drugs and alcohol] would be.



Krista Morrison, junior: I think it depends on how heavily the person is into drugs.



Brian Wilson, senior: No, especially if the person is really hooked on drugs and alcohol. No one is going to listen to a person on a screen telling you not to use them.

Photos by Ingo Socha

Central High School
REGISTER

Editor-in-chief	Alyssa McIntyre
Executive Editor	Jodi Chruma
Business Manager	Sharon Stoolman
Associate Editors	Hilary Foster, Tim Pierce, Benjamin Rouch
Editorial Editor	Melissa Roberts
Sports Editor	Justin McWhorter
Entertainment Editor	Lena Gold
Feature Writers	Michelle Hickle, Stephanie Kurtzuba, Jennifer E. Murphy
Assistant Sports Editors	Renee Grush, Chris Harz, Mara Taylor
Assistant Editorial Editor	Monika Langner
Assistant Entertainment Editor	Keith Klanderud
Business Staff	Melissa Drickey, Nicole Gerhard Kayt Headen, Christine Nieto
Reporters	Alyson Adams, Keri Babé, Kelly Schiltz
Chief Photographer	Andre Gilmore
Photographers	Sean Chapman, Stacy Gottschalk, Allie Green, Brenda Heenan, Heidi Rosenbaum, Michelle Rosener, Ingo Socha, Geri Therkildsen
Adviser	T.M. Gaherty
Principal	Dr. G.E. Moller

The Central High Register seeks to inform its readers accurately and fairly as to items of interest and importance. Letters to the editor are welcomed. Unsigned letters will not be printed. The Register reserves the right to edit letters. The advertising rate is \$4.50 per column inch. Students publish the Register bi-monthly except during vacation and examination periods. Subscriptions are \$5 per year. POSTMASTER: send address changes to the Register c/o Central High School, 124 N. 20th St., Omaha, NE 68102. The Register pays second-class postage at Omaha, Ne USPS 097-520.

STARS presentation is entertaining, but intended message not received

The Register staff would like to thank the Central Marketing Department for working so hard to present STARS. The staff would also like to thank the Omaha School Board for helping to make the presentation possible.

However, the Register feels that more time and money could have been spent in making the film less entertaining and more educational. It seemed as if the movie was an extended music video that merely repeated the long-ago worn out anti-drug messages. Teens have had those slogans drummed into their heads so often that they begin to tune

everything out, therefore defeating the purpose of the film.

Instead of saying what negative things not to do, the writers of the film could have focused on what positive things teens should do. Striving to be the best is not good enough, because sometimes kids set their goals so high that it would be impossible for anyone to reach them. When they do not meet all their expectations, they feel like failures rather than feeling proud of having accomplished something.

The staff does not feel that anyone would be deterred from drugs or alcohol simply

because a celebrity said that they were bad. The teens at whom the film was directed need real counseling rather than stars telling them sob stories about the debilitating effects of drugs.

Too often, parents, teachers, and society tell teens that they are bad or that what they do is wrong. They really need to praise teens for what they do right. A little positive reinforcement never hurt anyone's self-esteem.

Rather than being told to what they must say no, the Register staff feels teens need to be told to what they can say yes.



THE VALIANT MEN OF A-1 DEMOLITION WAIT FOR THE GO-AHEAD FROM THE CITY COUNCIL

City Council votes down scattered-site housing

Rejection of OHA plan is regrettable

Recently, the Omaha City Council voted down a plan by a count of 4-3 to tear down part of the Logan Fontenelle Housing Projects and provide temporary, government subsidized, low-cost housing called scattered-site housing to the present tenants of the development. OHA, Omaha Housing Authority, had submitted this plan through its executive director, Bob Armstrong, earlier this year. The housing would have been in different locations around the city, instead of being concentrated north of Dodge and east of 42nd street as most housing projects are now.

At the community debate held before the final vote, one man said that it was not fair that those who "didn't work as hard as [he did]" should have as nice a house as he does. Another argument was that poor children should not grow up thinking they can keep from working by staying on welfare and, as one opponent to the plan put it, "living off Uncle Sam."

These views are selfish and one-sided. Who knows how hard these people have been

working at their respective jobs? When you cannot buy a home or afford to pay expensive rent every month, you are automatically thought of as inferior to the rest of the human race. Some of the opponents of the plan seem to think that if you live in the Logan Fontenelle Projects, you are automatically a bum or a drug runner or an alcoholic and do not work for a living. This is not true.

In fact, many of the people living there have jobs. The only difference between the home-owners' and the tenants' jobs is the pay. When you work for an hourly wage instead of a yearly salary, it is much harder to save enough to buy a home.

Not to say that the Logan Fontenelle Housing Projects are paradise on earth or that all who live or visit there are just misunderstood poor people. In fact, the area is sometimes thought of as "Vietnam" in reference to all the violence and mayhem that goes on there. So, why would anyone want to live in such a place?

What these home-owners are implying is that they think low-income citizens will not take

care of their property or they will attract other low-income people to the area. First, just because the Fontenelle Projects are not well taken care of, it does not mean that the people would not take care of a nice home if they had one. In fact, it is human nature to rise to the expectations of the people around them.

OHA has had the plan running on an experimental basis for a while. The permanent residents have had nothing bad to say about their low-income temporary neighbors. In fact, they say you cannot tell the difference between either the permanent residents and the OHA tenants or the homes in which they reside.

The plan should have been adopted because concentrating a large number of poor people in one area is bound to make problems as it has in Omaha. Obviously, when children see drug dealers in the streets, they are going to want in on the money and glamour they are blinded with. But, when a child can grow up far away from this kind of influence, a brighter future is in store for him.



Spontaneous Combustion with Stacy Gottschalk

"Everybody has their own opinion."

—Jane's Addiction

I have always felt that song lyrics, good song lyrics, often contain meaningful and valuable ideas, even if the ideas are not original. Of course, this is only my opinion.

A short time ago, after a particularly long and arduous struggle with my younger brother over whether or not he was "cooler" than me for knowing the names of the characters on the t.v. show, "Alf" (I claimed that he was not), I angrily retired to my bedroom.

In frustration, I turned my stereo up full blast and listened intently to the song from which the above quote was extracted and included for the reading pleasure or pain of all.

My younger sibling and I solved nothing from our verbal dispute over a simple and pointless difference of opinions, but the battle did result in my new appreciation for the old idea that "everybody has their own opinion."

Differences in views make everyone unique

Humans have opinions formulated from their ability to think and voice their thoughts. I have my own opinions, some of which I find trivial, and others for which I would fight to the very end.

One such "trivial" opinion of mine is this: I do not understand why those mean and nasty kids will not give the Trix rabbit some Trix cereal that he has been

1800's shared this opinion, though others disagreed. Their disagreement eventually led to the Civil War. I need say no more.

Opinions and the tensions between those with differing opinions are the cause of political parties, laws, economic policies, war, crime, and everything else around us.

I do not understand why those mean and nasty kids will not give the Trix rabbit some Trix cereal that he has been craving for so long. So what if he will die from food coloring and excess sugar? Any rabbit that can talk deserves to eat what he wants.

craving for so long. So what if he will die from food coloring and excess sugar? He is going to die soon anyway from old age! Any rabbit that can talk deserves to eat what he wants, and that is my opinion.

I think that anyone desiring to torch an American flag should be allowed to do so, and as long as this person is the owner of the flag, he should go unpunished. No true American, in my opinion, should actually desire to do this, however.

Seriously? I believe that slavery is morally, spiritually, and pathetically wrong. Others in the

Man's ever-present need to have his opinions be recognized and held by everyone else is the cause of many problems, and the opinions of the man who is the strongest are somehow forced upon all. To attempt to battle the forces of human nature would be futile, but we can certainly learn to relax and not fight so readily with those who claim to have opinions other than ours. At least we can be thankful that we live in democratic nation where we have a small but present amount of freedom to think and believe what we want, even if we cannot always voice ideas or act upon them.

This is all my opinion, of course. And though everyone is welcome to their own opinions, they are also welcome to mine.

Right to torch flag freedom for all

Recently, a great deal of commotion has been raised over whether or not freedom of speech includes burning the flag as a form of protest. The answer should be plain and simple, and that is yes. Yet, the big, important people up on Capitol Hill who wear navy suits and power ties passed a law making flag burning illegal, despite a Supreme Court decision that rules otherwise.

Another View

by
Monika Langner
The writer is the assistant editorial editor of the Register

On June 21, 1989, the United States Supreme Court ruled that burning the flag was a form of protest and therefore protected under the First Amendment. The case they were hearing was that of Gregory L. Johnson, who, in 1984, burned a flag at the Democratic Convention in Dallas, Texas.

Reaction to this ruling was strong, and the Congress, supported by President Bush, decided to pass an amendment that would make it illegal to physically desecrate an American flag. In effect, they wanted an amendment to the First Amendment.

But, Congress, realizing that an amendment would be too difficult to pass, instead passed the Flag Protection Act of 1989. Under this act, which blatantly defies the Supreme Court decision, anyone caught physically desecrating the flag is subject to a fine and/or up to a year in jail.

This act states that the flag includes any flag, in any size, shape or material. Does this include the first grader that draws a flag with his crayons and then cuts it up with his little safety scissors? Or the people with Fourth of July birthdays that devour cakes decorated with the Red, White and Blue? What about tee-shirts with Old Glory printed on them that are abused during the spin cycle of the washing machine?

Anyway, these Congress people cannot be protesting the actual burning of the flag because the Boy Scout Handbook says that if a flag touches the ground or becomes tattered, it cannot be tossed in the garbage. Proper flag etiquette requires that it be burned. These "patriots" are really protesting other people's right to protest.

I think that some people believe that the flag is the country, rather than it representing the country. In wars, the soldiers are not fighting for a tangible item such as the flag; they are fighting for democracy and the end of oppression. Even Senator Kerrey, who lost a leg in Vietnam and holds a Congressional Medal of Honor, is against an amendment and a law banning flag burning.

Some of these pseudo-patriots are using the Pledge of Allegiance as their prayer in worshipping the flag. They want to make the saying of the Pledge mandatory in every school. But this push to force children to say the Pledge is hauntingly reminiscent of the Cultural Revolution in China

and Mao's Little Red Book.

Anyway, in the Pledge of Allegiance, it clearly states, "...and to the republic, for which it stands..." meaning the flag, a cloth on a stick, is a symbol, representing everything America is. Incidentally, the Pledge was written in 1892 by Francis Bellamy for a children's magazine. It is not written in the Constitution, George Washington never said it, and it is not Scripture spoken from the mouth of God, although some people act as if the Pledge is all of the above, and build entire political platforms around it.

What these hypocrites are doing in preventing the destruction of the flag, is destroying a freedom which the flag represents. But freedom of speech is a freedom unique to the United States, and it is a freedom people in other countries die fighting for.

Gregory Johnson was a Communist, and his way of protesting the American government was by burning the flag. But suppose the situation were reversed? Suppose he was a Capitalist in a Communist country, and he burned the Hammer and Sickle rather than the Stars and Stripes? He would not have dared because that is not a freedom which the citizens of Communist countries enjoy. But Johnson felt that under the American Constitution, it was his right to burn the flag. How ironic that Johnson should choose to express his distaste of Democracy by employing what ought to be Democracy. Unfortunately, he was arrested any-

way.

Daily, Americans hear or read reports of reforms in Eastern Europe. The citizens in those countries are risking their lives to be able to say they do not like the President's new hat. Even with the Berlin Wall tumbling down, the call of the masses to end their oppression, and the dying gasps of the Great Red Bear, Americans do not understand the freedoms they have. Not

even the horrible pictures of Tienanmen Square last June can convince the general public of their incredible liberties. Instead, they argue over whether or not they have the right to burn a piece of material.

Think about it: is it worth it to amend the Constitution or even to pass a law against flag burning and thereby to limit and destroy the very freedoms the flag guarantees?

Charity versus greed

Holiday bells snuffed by stores' owners

For the four weeks preceding Christmas every year, an obvious change occurs at the entrance of every major department store, shopping mall, and grocery store in the area.

Cozily-clad women and men stand outside ringing their bells in hopes that the charity theme of Christmas will influence people to donate large sums of money to the Salvation Army.

Most shoppers do not mind giving these people a fair amount of money because the Christmas spirit has put them in a giving mood. In fact, because many recognize that these bell-ringers are giving up their time to stand out in the freezing cold for an extremely worth-while cause, they admire and respect these generous people.

However, some department and grocery stores are forbidding bell-ringers from

standing outside their establishments because they are afraid they will deter shoppers from shopping there.

This is an extreme measure these selfish store owners are taking. In fact, it could backfire when people realize that, indirectly, stores are taking money from the poor to satisfy their own greedy wants.

Also, it is insulting to the average Omahan. What the store owners are saying is that we, as this city's citizens, are stingy enough to avoid places where there might be Salvation Army ringers outside just to save a few bucks or a little guilt.

Sure, everyone feels a little guilty when they turn down a bell-ringer, but store owners should realize that a bit of shame will not cut down on their precious profits, especially during the Christmas season.

SPOTLIGHTS

Michelle Hickle

Students of the month selected

National Honor Society has chosen December's students of the month. They are Juanita Barajas, freshman; Jennifer Obal, sophomore; Micheal Thylin, junior; and Ross Nisi, senior.

English teacher marries

Mrs. Kathy Murphy, Central High English teacher married Dr. Dennis Maloney on December 16 at 2 p.m. Her name is now Mrs. Maloney. Instead of a "hasty" honeymoon during school time, the two are spending a part of Christmas break with Mr. Maloney's family in Portland, Oregon.

Vocal music performs concert

The vocal music department performed its annual Winter Concert on Tuesday December 19 at 7:30 p.m.

The performing groups included the Mixed Chorus, CHS Singers, Junior Choir, Treble Choir, and A Cappella choir, directed by Mr. Theis and Mr. McMeen and accompanied by Mrs. Allender.

Teachers nominated for award

Dr. Robert Wolff, science teacher, and Mrs. Marlene Bernstein, English teacher, were nominated by former Central students, who are now attending the University of Chicago, for the University's Outstanding Teacher Award.

Andre Gilmore is Mr. Beautillion

Senior Andre Gilmore was named Mr. Beautillion on November 26 at the 13th Annual Beautillion sponsored by the Urban League Guild of Nebraska. Mr. Beautillion is an honorary title given to the minority male who has raised the

most money for Urban League scholarships by selling ads for the Beautillion program and tickets to the Beautillion. Other Central students who participated in this year's Beautillion were Scott McPhaul, Dewayne Bonham, Rick Culliver, Walter Jones, Allen McPhaul, Brian Page, Daryl Paulk, Gordon Taylor, Tyrone Turner, and Tony Williams.

Student Council underclassmen elected

Three freshmen and seven sophomores will be added to the Student Council at the beginning of the second semester. The new freshmen Student Council members are: Ryan Basye, Jennifer Beal, and Taria Conley. The new sophomore members are Maggie Boyle, Owei Belleh, Jany Champenoy, Sean Foster, Emily Hooi, Eric Shumaker, and Luke Wilwerding. The Student Council works with students, teachers, and administrators to work on student and faculty goals for the school.

DECA helps senior citizens

DECA, sponsored by Mr. Harry Gaylor and Mr. Darrell Lahmann, spent most of Sunday evening at the Target store on Saddle Creek, helping senior citizens shop. The club also served the senior citizens an evening meal. DECA is a national club to promote marketing education.

Road Show auditions: Jan. 9-12

This year's Road Show auditions will be held from January 9 to 12. The Road Show managers are asking that those who are planning to tryout for Road Show, check the list outside of room 145 to find out the day and time that their group is to tryout and on that day be ready to perform. The Road Show performances will be presented on February 22, 23, and 24.

Students volunteer with Habitat for Humanity

Josh Cooper

Though many high school students sleep on Saturday mornings, some Central High School students volunteer their time to construct homes for less fortunate Omahans.

Omaha Habitat for Humanity, a local organization that builds and renovates houses with the help of volunteer labor, has provided a way for church youth groups and other community organizations to aid the needy.

"[It's] a good thing to do, considering it helps people and only takes a few hours."

Three houses completed by volunteers have been purchased by local families. Low income families who are presently homeless or living in houses of poor condition are eligible for the houses.

Habitat for Humanity is an international organization. Omaha is one of four hundred affiliates in the United States. Fifty related projects are located in Third World countries and other countries where housing is a major problem.

Central sophomores, Mike Langan, Tom Rose, and Michelle McCune, helped to renovate a house at 3737 Decatur Street. The three sophomores were part of a Dundee Presbyterian Church youth group

that took part in the Habitat for Humanity project.

According to Tom, the work was divided into teams. Some teams picked up trash and others installed insulation. Tom, who insulated two rooms with Mike's help, said he was "surprised that he was insulating a house that someone would actually be living in." Tom also felt that, "It is strange that there are poor and homeless people who need volunteers to construct their homes."

Mike said that any high school student can handle the renovation work. Volunteers learn what to do by watching and learning from carpenters who also volunteer their time. Mike believes that volunteer work is "a good thing to do, considering it helps people and only takes a few hours."

Michelle said that she thinks the Omaha Habitat for Humanity "is a good idea for getting people away from the projects." She also plans to volunteer again if her church decides to do so.

Members of the church youth group that Mike, Tom, and Michelle belong to are rewarded with credit when they participate in church events. This credit, according to Tom, is like money and is used toward paying for an annual ski trip in which the youth group participates. It is a system that motivates youth group members to help the Omaha Habitat for Humanity

which benefits homeless Omahans.

"There is an ever increasing need for skilled and unskilled volunteers."

Junior, Erika Gaylor, and sophomore, Matt Scanlan, both from Central, participated with other youths from the United Methodist Church in the Habitat for Humanity project last year.

According to Erika, the house she worked on was dusty and filthy. Her youth group helped to carry all the "junk" out of the house and to prepare the house for another group of volunteers who would construct walls.

Matt believed that the house he worked on last year was completed this past November. Matt said that the Habitat for Humanity work was fun and he would do it again. According to Matt, his church performs a similar service to the community called the Appalachia Service Project one week every year in the Appalachian Mountain region.

Matt said that in Appalachia he does more construction-type work on houses than he has done on Omaha. The owners of the

homes that Matt has helped renovate in Appalachia, "are thankful for our help and don't expect an expert job."

Matt learned how to help with work, such as plumbing, from books and other volunteers.

"With the purchasing of additional houses there is an ever-increasing need for skilled and unskilled volunteers," said Ms. Gilmore, president of Omaha Habitat for Humanity.

Ms. Gilmore noted that the Habitat for Humanity has

received good help from high school students.

She believes that the organization was also lucky this past summer because of help from an out-of-town group.

According to Ms. Gilmore, high school students have mainly helped with hauling trash, installing insulation, painting, and two students have helped with roofing.

Ms. Gilmore said that volunteers, who are always needed, work Tuesdays, Saturdays, and some evenings.

West Star PRINTING CORP.

Graduation Announcements

4610 South 133rd Street
Suite 104
Omaha, NE 68137

Dance Works Studio

Bobby Brown, Paula Abdul Style Dancing
All Ages - All Levels - Ballet & Tap too

1902 S. 13th St. 341-2347

New record high in Mountain Dew consumption

—Kayt Headen—

Dan Daly and Russ Finch are seniors obsessed. No, not with drugs or girls or the new Metallica album but with the taste of Mountain Dew.

"I go through a 12-pack in a week— if I'm being conservative," said Dan. "Yeah," Russ agreed, "I go through three or four cans a day. It depends on who's paying for it."

The pair can be found any morning before school at the Gas-n-Shop, buying a six-pack for their daily binge. "I keep a 12-pack behind the front seat of my car at all times," said Dan.

Their preoccupation led to a creative display of Christmas spirit. In early October they decided to befriend a tree in the student lot by hanging empty cans from its branches. "We needed somewhere to put all those cans," said Russ.

"It just looked so lonely when all the leaves fell off," said Russ. "Yeah, it really needed something," said Dan. The "something" was thirty empty Mountain Dew cans, attached by their tabs to various branches.

"We did it just for kicks," said Russ. "We always intended to keep it through the Christmas season, though," he added.

"One day we came to school and all the cans were gone," said Dan. "I don't know if they blew off or if somebody took them," Russ said, "but this time we're going to tie them on."

Russ continued, "We

have seventy-five cans in the back of Dan's car. We've been saving them for a month, but we threw some away."

"If I don't have my Mountain Dew in the morning, I'm dead by second hour," Dan said. "Yeah, it really keeps you going," Russ agreed.

"One time I tried to go three days without [Mountain Dew]," said Russ, "but I had a headache the entire time. Besides, it tastes great!"

"It's less filling, too," Dan added.

As for their own Christmas trees at home, Russ said that his mom would "probably kill me if I tried to put a Mountain Dew can on it." Dan, seeming more optimistic, said "I probably could if I remembered it."

"We plan to keep the cans up through Christmas," Russ said. "We'll probably have to come and rehang them every once in a while, though." After that they plan to take the cans to Iowa. "They give you five cents there," Russ said.

"I'm thinking of hanging Cherry Coke cans on our tree for Easter because of the colors [on the can]," Dan said.

Russ disagreed with Dan. He said that the tree would be getting its leaves back by that time and would not need any artificial decoration.

"If he wants to drink all that Coke, he can," said Russ. But he warned that "he'll have to do it himself — I won't 'Dew' it."

"Oh yeah," said Russ, "you have to spell 'Dew' with a capital 'D'. It's the drink of the gods."



Dan Daly and Russ Finch created this very special Christmas decoration in the student parking lot. Photo by Michelle Rosener

Zero hour offers new opportunity for morning people

—Erika Gaylor—

"Early to bed, early to rise, makes a man healthy, wealthy, and wise." This ancient proverb is becoming more popular due to the opportunity to take zero hour in marketing, personal typing, and weightlifting.

Zero hour is a class that runs from 7:00 to 7:41 in the morning. One might ask, why would anyone get up that

early if it was not a requirement?

Junior Emily Rennard, zero hour typing student, said, "It depends on the kind of person you are." Many students take zero hour because of the benefit of early release, meaning they are released from school one period earlier, according to zero hour marketing teacher, Mrs. Alice Bunz. She says this would benefit appeals to the juniors who would normally not be able

to get out early. Junior Robbie Nelson, who takes zero hour marketing said that the early release what attracted him although he has other room in his schedule.

Some students don't have a choice. Due to a heavy schedule, Emily Fitzsimmons and Emily Rennard, both juniors, found the only time to take these extra electives was during zero hour. Emily Fitzsimmons, a zero hour marketing student, said that, "It helps me get going in the morning."

According to Emily Rennard, the only other alternative to taking zero hour typing was a summer school class. She chose zero hour and said she is very glad she had the opportunity.

As a teacher, Mrs. Bunz feels the advantage in starting her day earlier because she is a "morning person." Mrs. Bunz also stated she has fewer disciplinary problems during

zero hour because the students "were either too tired or really wanted to be there."

In contrast to these two electives, marketing and typing, weight lifting is also offered. Coach Joe McMenamin, teacher of zero hour weight lifting said, "Weight lifting gives the students a vigorous morning routine so they can concentrate on their school day ahead of them." That way, he explains, they won't

"[Zero hour] should be offered as long as students want it."

have to take showers interrupting their academic classes.

Like marketing and personal typing, zero hour weightlifting was created for the overflow of students and their demand for the classes. Though the different classes are limited, zero hour provides a "unique" opportunity to Central students, considering it is not offered at any other Omaha Public schools,

except Burke, according to Mr. Harry Gaylor, another zero hour marketing teacher.

During the six years marketing has operated a zero hour, the program has grown to three full classes. Typing and weight lifting both have one full class.

According to Mr. Gaylor, despite the growing success of the program, the administration of both Central and OPS still sees problems with making sure all students have this opportunity. The administration feels students riding yellow school buses usually do not have a ride at 7:00 in the morning.

Therefore, these last major kinks, combined with the ever-increasing enrollment in the classes pose some inconsistency in support of the program.

According to Emily Rennard, the program, "should always be offered as long as students want it."

**When you're ready . . .
Planned Parenthood can help**

- Birth Control
- Free Pregnancy Testing
- Medical Exams

Confidential, low-cost services

In Omaha
554-1040 455-2121

In Council Bluffs
322-6650

Liquid diets, diet pills may provide only temporary weight loss, health problems

Jodi Chruma

40 million Americans may have weight problems, according to a National Dairy Council reference.

People are more concerned than ever about their appearance and to be thin is an important part of that concern, according to Ms. Kathie Meyer, service coordinator at Weight Loss Clinic.

Liquid diets and diet pills have become popular as a quick, easy way to lose unwanted pounds, but Central home economics teacher Mrs. Carla Robinson said that 90% of all people who lose weight on such diets gain it all back, plus more.

Liquid protein diets don't provide all the nutrients that people need, according to Mrs. Robinson. "They are hard on the body." She also said that too much protein can prevent the body from absorbing other nutrients and minerals, like calcium.

The problem with diet pills is that "you can easily get addicted to them psychologically, if not physically," said Mrs. Robinson. Diet pills are amphetamines and they speed up the body's metabolism.

Dr. Raymond Beach, chiropractor and nutritionist, said that there are some ways to break the body's addiction to diet pills. "Get on a whole food diet. Eat live food," he said.

Dr. Beach's definition of live food includes selections of fruits and vegetables. He

said that more than a change in diet may be necessary to break one's addiction to diet pills. "Either they have the willpower, or they'll have to go through counseling."

About liquid protein diets, Dr. Beach said, "There is a great deal of risk." He said that they overload the kidneys and liver, but that the "cells don't get fed enough, so an alarm goes off in the body that says, 'I'm starved.'"

Another risk, according to Dr. Beach, is that girls may stop having menstrual cycles or they may be delayed if girls drop below a certain percentage of body fat. Girls who are "heavily into sports" may develop the same symptoms, he said.

Mrs. Bev Vazzano, director of community liaison at St. Joseph Center for Mental Health, said that dieting can cause psychological problems, also. "If all you talk about is your weight, and your main concern is to be perfect—well, the person who worries so much about what they look like is boring."

"It's neat that teens are getting into a lot of health foods [and dieting], but some will go off the deep end," said Mrs. Vazzano. She said that some people get so obsessed that they are withdrawn from their friends and show no interest in going out since most social gatherings involve food.

According to Ms. Joyce Promes, program director—nutrition education at the Dairy Council of Central States, people who constantly weigh themselves or who talk about

how much they need to diet may suffer the

first signs of eating disorders like anorexia or bulimia. "For any type of diet to be effective, you should evaluate it thoroughly. Any diet is going to involve changes for life," said Ms. Promes.

"Unfortunately, most teens don't do that. So many take up the starvation approach."

According to Ms. Promes, dieting can alter the body's metabolism in a negative way. "When you cut back drastically on your calories, your body goes into a state of semi-starvation. It shuts down doing those extra things that help burn calories."

Ms. Promes said that after dieting, "One's body is able to conserve calories, so once you go back to eating normally, you gain all the weight back, plus more usually." She said that

people need to "get back to the basics—" to eat from

the four food groups and to change their eating habits for life.

If people must eat fast food, Ms. Promes said that some choices are better than others. "A lot of times, people think that ordering a burger is bad because it's high in fat, but many times, [a hamburger] has less calories than a deep-fat fried chicken sandwich. I would recommend choosing the smallest burger and ordering it without the special sauces. I would not, however, encourage them to order [a burger] without the cheese.

Typically, teenagers do not get enough calcium"

Mrs. Promes

also said that teens, especially girls, should order milk because it is also a good source of calcium.

Another good fast food option, according to Ms. Promes, is to go to a restaurant that has a salad bar or that offers baked

potatoes.

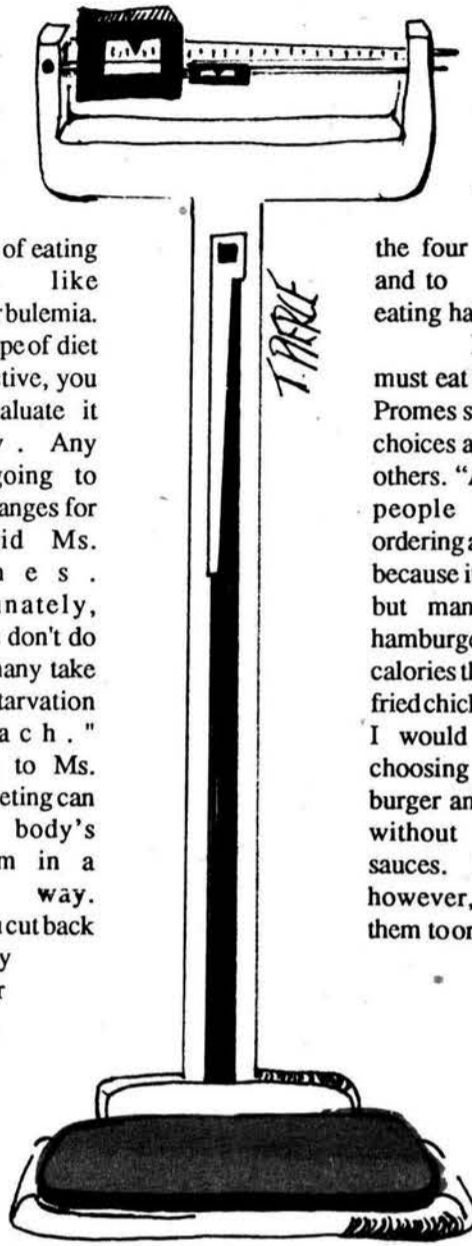
Ms. Debbie Hettwer, Central physical education teacher, said that people need to change their lifestyle if they want to lose weight. "Liquid diets don't teach you how to eat. The key is keeping the weight off by eating less and exercising. A diet that works for one person doesn't always work for another," she said.

Mrs. Jo Dusatko, Central physical education instructor, said that age, size, and metabolism determine how many calories a person needs each day. "People need to be very careful when they diet. When it becomes an emotional, mental thing, [dieting] can be deadly."

Sophomore Tamara Jeffries said, "I've tried not to eat anything [when I want to lose weight], but I felt it wasn't right to do it that way. According to Tamara, it is more realistic to set a goal of losing only one to two pounds per week if the person needs to lose weight.

Senior Laurie Anderson said that one way to lose weight is to stay busy and to work out. "The less you think about food, the less you want to eat. Don't starve yourself, though. It's better to eat four to five small meals a day than two really big ones." Laurie also said that breakfast is the most important meal of the day.

Laurie said that she eats a lot of whole grains and fruit, but that she eats "junk" food every now and then. "If you give up all the foods you like, you'll just end up craving them more."



ROTC unit earns Honor Unit score in inspection

Kelly Schiltz

The annual military inspection for Central's Reserve Officer Training Corps, or ROTC, was held on December 19, 1989.

Every year the Department of Army of the United States requires an inspection of all high school ROTC units in the United States. The actual inspection is conducted by an outside agency, according to Major Richard Yost, senior Army instructor at Central. This year's inspection was conducted by active duty officers at Creighton University, Major Yost said.

The inspection also acted as a competition between high schools throughout the United States. Central competed against high schools in the western half of the United States. There were approximately 170 ROTC units that competed.

Areas of inspection were the ability to march, uniform, a student staff, and

knowledge of ROTC classes, said Major Yost.

The student staff, which keeps and maintains ROTC records, must also assist and advise the battalion commander. This year's battalion commander is senior Richard Pallat. The student staff was graded on their record keeping and a briefing they gave, according to Major Yost.

The scoring system

contains four categories, which are Honor Unit with Distinction, Honor Unit, Satisfactory, and Unsatisfactory.

This year, Central's ROTC unit received a 91% score, said Major Yost.

Central's ROTC units, which were started in 1893, have done extremely well in past inspections, according to Major Yost. Last year, Central also received an Honor Unit score.

All 101 ROTC cadets worked extremely hard for the inspection, said Major Yost. "There's a lot of practice put into it. The effort is worth it in the end. You feel you've accomplished something," junior Darin Kiel, third year cadet, said.

"You learn a lot about yourself and your capabilities," said Darin.

"It's worth it," said sophomore Burnell Williams,

second year cadet. He said he wasn't nervous about the inspection because he participated in last year's inspection.

The inspection demonstrated teamwork to the cadets. "If one person looks bad, everyone looks bad," said Major Yost. The inspection allowed the instructors a "feeling of self satisfaction, seeing the cadets do well," he said.

OUR STUDENTS SAY IT BEST

"I came to Missouri Western on a baseball scholarship. Everyone is friendly here, and I have many new friends. Living in the dorms lets me be away from home but not too far to get back on weekends. I like the location of the college and the whole area. I really like it at Missouri Western." "B.J." Sojka (86)

MISSOURI WESTERN STATE COLLEGE
Call COLLECT (816) 271-4266 St. Joseph, Mo.

- Low cost
- Great location
- Quality programs
- Beautiful campus
- Financial aid
- All graduates accepted
- Small enough to know you
- Large enough to serve you



an equal opportunity institution

Neon Hair



2553 Leavenworth

Entrepreneurial senior makes creative plans

Keri Babe

To most people, spray painting walls and old buildings would be classified as an act of vandalism, but not in the case of Central senior Terrell Grant. Terrell is a member of a graffiti art group called Scribble Creu.

The five members of Scribble Creu each utilize their artistic abilities in a positive art form to promote the well being of Omaha youths.

The group started five years ago in 1985, after Terrell and four of his close neighborhood friends participated in scenery painting for a school talent show. Their completed work, Terrell said, resembled a jumble of scribbles.

Their work can be found throughout North Omaha. Several people have decorated their homes with Scribble Creu's graffiti art, and their art has also been used as logos for area businesses.

According to Terrell, the money they receive from private jobs is used to purchase more crayon paint and supplies.

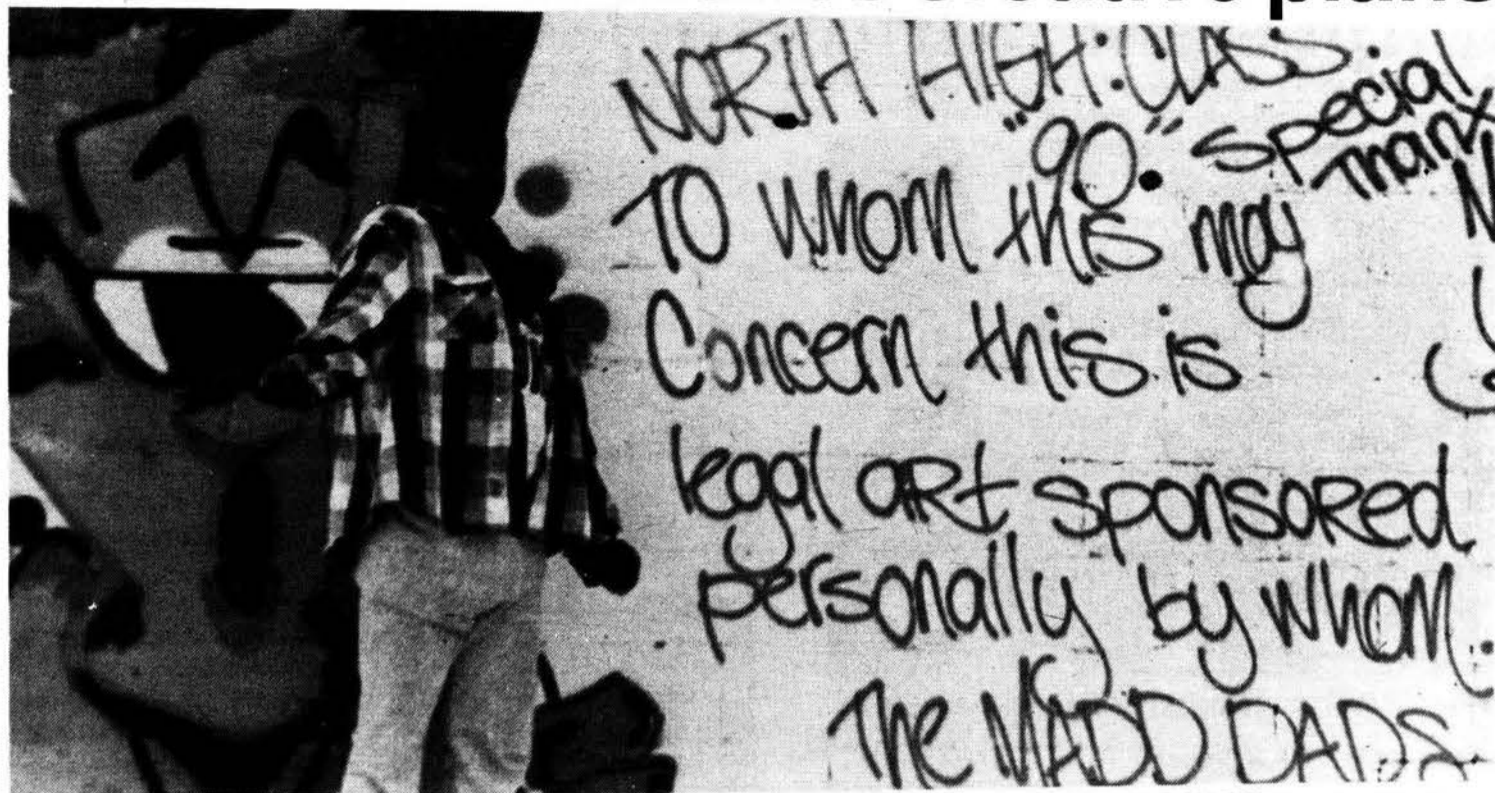
"Our art expresses the way we see the world through our eyes. We draw what we feel," said Terrell.

They paint about three or four times a month, according to Terrell. Recently the Scribble Creu volunteered to work on a logo for Omaha's MAD DADS, and they also painted a logo for Leolas record shop on 56th and Ames.

CBS featured Terrell in a video insert on "The Home Show," according to Terrell.

The other four members of Scribble Creu are from North, South, Burke, and Northwest.

After graduation, Terrell hopes to major in graphic art. Terrell said, "I want to be able to make a difference and keep kids out of gangs."



Terrell Grant stands next to his graffiti art, this one a legal promotional which was sponsored by MAD DADS. Photo by Allie Green

Cliffs Notes

Are they asset or detriment?

Stephanie Kurtzuba

"I don't know what I'd do without Cliffs Notes. They're my salvation," said Central High School junior Sara Torrens.

Cliffs Notes are a "supplementary aid designed to help students with the evaluation of selected literature," according to Cliffs Notes' editor Gary Carey.

Guide to rigorous curriculum

Many Central students use Cliffs Notes as a guide to assist them with the rigorous Central English curriculum. Junior Wiff Farrell believes that Cliffs Notes are used in such abundance by students that, "teachers should forget about handing out books and just give us Cliffs!"

A survey of several CHS students revealed that approximately six out of ten people buy them for assistance with literature read in class.

Central English teacher Mrs. Marlene Bernstein said that she uses Cliffs Notes. "I sometimes use them to organize for class. They're good for organizing theme and plot. But I make up my quizzes with Cliffs Notes in front of me so it's impossible to do well if you don't really read the book."

Three out of ten rely solely on Cliffs Notes

Even with tactics like Mrs. Bernstein's "creative quizzing," many Central students (about three out of ten) admit that they skip reading the book completely and rely solely on Cliffs Notes.

"I never read the book. Why should I when I can get it all in plain English and half the pages," said an anonymous sophomore who hoped that his English teacher was out of earshot.

Mrs. Bernstein said she believes that Cliffs Notes are a poor resource when it comes to "discovering the author's style."

"They are especially lacking when it comes to Hemingway and Twain. You miss out on the mood and tone of the book," she added.

Central English teacher, Mrs. Judy Storm, said that she is aware of the widespread use of Cliffs Notes and believes they can be helpful.

"Cliffs Notes should be used in a selective manner. They can be an asset as a supplement, but should never be used as a sole source to any piece of literature."

Some CHS teachers even promote Cliffs Notes as a guide or review aid to school curriculum. Senior Stacie Travis said, "Mr. Waples encourages them and lets us use Cliffs in class."

However, some students say they have never used Cliffs Notes. Tim James, freshman, said, "We haven't read any huge novels yet, so I don't really need them."

On the other hand, senior Kate Shaw said she has never sought the assistance of Cliffs Notes. "I've never bought them. I suppose the summaries are fine but the analyses are always weak. I have trouble getting a feel for a book if I haven't really read it."

Cliffs Notes are published and distributed out of the main office in Lincoln, Nebraska, said a spokesperson for the company. "We currently have about twenty people working in the office and in shipping. We are a national distributor."

According to the Cliffs Notes spokesperson, the idea for the product originated in 1958 by

Cliff Hillegass. By contracting various professionals to write the synopses, many of them from the University of Nebraska at Lincoln, Cliffs Notes Inc. has accumulated 215 titles.

Cliffs Notes also offers test preparation guides to the Scholastic Aptitude Test (SAT), Test of English as a Foreign Language (TOEFL), and Graduate Record Exam (GRE).

Aside from Cliffs Notes, students may choose from a variety of study aids published to guide students through the classics. Some of these include Masterplots, Barron's Notes and Monarch Notes.

Mrs. Bernstein said that she prefers Masterplots because they are cheaper.

Among most expensive book notes

At \$3.00 to \$4.95, Cliffs Notes are among the most expensive booknotes sold in Omaha, according to Ms. Terri Foster, manager of Read All About It at the Crossroads Mall.

"We carry only Barron's Notes because they're cheaper, and the majority of people buying them are students. Anyway, they have virtually the same information as Cliffs."

Ms. Foster said that the book notes sell very well.

Senior Kitty Carpenter agreed that Cliffs Notes are very expensive and said, "You only use them for a few weeks, then what do you do with them?"

But despite their cost and the availability of other brands, many CHS students stick with their Cliffs Notes.

Senior Jake Torrens added, "After all, they're much easier if you don't want to read the whole book."

CLUB SODA

73RD & BLONDO 397-CLUB

- | | | |
|---|----|--|
| D | 22 | DANCE MIX |
| E | 23 | CHRISTMAS PARTY!
(LIP SYNC-CASH PRIZES) |
| E | 27 | DANCE MIX |
| M | 28 | ALTERNATIVE NIGHT
(NEW ORDER, DEPECHE MODE,
ERASURE, etc.) |
| E | 31 | NEW YEAR'S CELEBRATION
(DANCE CONTEST-CASH PRIZES!) |

ONE DOLLAR OFF WITH THIS AD!!
EXCEPT NEW YEAR'S EVE
COUPON EXPIRES 01/31/90

Seasons Greetings

David S. Perlman
Attorney at Law
7377 Pacific St.
393-4031



New dance club bubbles with teens

Ingo Socha

In a storefront where people used to try on shoes, neon lights flash over a



Crowd at Club Soda hits the dance floor. Photo by Ingo Socha.

1600 square foot dance floor. Or at least there will be a dance floor soon. The carpeting and the wooden dance floor have not been installed yet. Right now it is still linoleum.

Club Soda is a new dance club at 73rd and Blondo. The club is intended for people between the ages of sixteen and twenty-one and is open Friday and Saturday nights from nine p.m. to 2 a.m.

"We had to rush a little to open the place because we had the advertising already scheduled," said Mark Koprek, one of the two owners.

is to have one long song the whole night so people never get a chance to leave the dance floor," he said.

All the club's discs are marked with the tempo of the beat to make it easier for the d.j.'s to pick the records with matching beats. "If the beat doesn't match, don't play it," said Captain. The majority of the music played is top-40 with a bit of progressive and R and B. That seems to fit most of the customers' personal tastes of music, although some complain. "They should play more rap," said Central junior Sandy White. "Although disc jockeys have a rough plan of what they are going to play that



particular night, we are taking requests," said Captain.

Club Soda tries to break its routine with events such as a Christmas party. "We are definitely going to do something for New Year's Eve, but we are still working out the details at the moment. We are probably going

to have a dance contest of some sort," said Captain.

"We have had a few problems with the club," said Koprek. Some of the club's



neighbors complained about the noise. "The first weekend, there were several complaints [about the noise], but we don't think they were legitimate," said Koprek. They tried to ease the noise problem by installing carpet in the entrance.

Complaints about the noise are not the only thing the club has had to cope with. Local shops do not want to have the cars of Club Soda customers' in their lots. The sign at the entrance is meant to be a friendly reminder: "Park in our lot, or your car will be towed."

According to Captain, during dance sessions, the room gets terribly hot, and "the sweat runs down walls and windows." He does not, however, want to turn the air conditioning too high because he does not want

the people who do not dance to freeze.

To guarantee the safety of the guests, incoming people are checked for drugs, guns and other weapons. In addition, 15 security people and two off-duty uniformed Omaha Policemen continuously wander around. "So far we only had one fight," said Rick Thiman, one of the doormen.

"People have fun, feel safe, and it keeps the kids off the streets," said Central junior



Marlon Wright.

Business shows that the concept of an alcohol-free club can work. "We've had about 500 guests a night," said Captain. Most Central kids I talked to were there for the second or third time. Why? Central junior Carrie Lundin puts it this way. "There are lots of sexy guys around there."

Murphy, friends make Harlem fun

Lena Gold

Eddie Murphy, Richard Prior, Arsenio Hall, and Redd Fox all in the same movie? Yeah, you know it's got to be good.

Harlem Nights is the light new Eddie Murphy movie, a great combination of sex, violence, and humor.

Harlem Nights is the light new Eddie Murphy movie, a great combination of sex, violence, and humor. The roaring twenties in New York City, Harlem, as the name implies, is the setting for this outrageous comedy which focuses on the rich, the powerful, and the slime in New York City night club business.

Prior plays the wise and sly Sugar Ray, owner of a prosperous Harlem after hours club. Ray's club, however, seems to be just too much

competition for the dirty underhanded scoundrel, Bugsy Calhoun, who owns everything from night clubs to cops in the big apple. Calhoun, being the scumbag he is, attempts to crush Sugar Ray's business. But Ray's hothead son played by Eddie Murphy is up for a fight.

But Harlem Nights isn't an Eddie-takes-over-and-does-the-movie type of show. The spot light is shared equally with the other stars. Arsenio plays a hysterical hysteric, and Redd Fox, a half blind old man with a

But Harlem Nights isn't an Eddie-takes-over-and-does-the-movie type of show. The spotlight is shared equally with the other stars.

killer wit.

Overall, it's good fun, not an award winner, but fun just the same despite the excess of foul language—the mark of Murphy.

The choice of a new generation Hall is new night king

Allie Green

The following story contains the opinion of the writer.

What does it take to make you stay up watching late television night after night?

Many feel that Arsenio Hall has what it takes to keep millions awake one hour later each night, and if the ratings are speaking for the general consensus of the people, "The Arsenio Hall Show" has become the "must see" show of the year.

Arsenio Hall hit the airwaves January 3, 1989, with much hoopla and skepticism. From the word go, Arsenio killed Pat Sajak and David Letterman in the ratings, and it looked like "The King of Comedy," Johnny Carson, was in serious trouble of being dethroned.

Bruce Binenfeld, promotion manager for KPTM, said, "The appeal of Arsenio Hall could be that he is closer in age to his audience than other talk show hosts."

Hall, at thirty, is one of the youngest talk show hosts in syndication. On 167 stations nationwide, the appeal of Arsenio is not hard to pinpoint. Arsenio's appeal comes partly from his not trying to be another Johnny Carson. He is not after that audience. "He's after Johnny's audience's kids," said Mr. Binenfeld.

Because of all the

national attention that Arsenio has been receiving, Mr. Binenfeld expects the rating of "the Arsenio Hall Show" to do very well in the rating sweep. "I wouldn't be surprised if the ratings doubled," he said.

"It's like Arsenio Hall has a party every night, and the whole world is invited," said senior Dawn Larmon.

Senior Gordon Taylor agreed. "It's a party where you can enjoy yourself. Everyone on the show is having a good time. Everyone appears so hyped up."

Another reason for the Hall appeal is his guest list. Arsenio can chat comfortably with the shakers of political circles or with the hippest rappers of the music scene. Senior Eric Neal said he watches Arsenio "because he's got people on there that I want to see."

By having such a diverse guest list, Arsenio has brought the streets to middle America and middle America

to the streets. "Arsenio doesn't talk black or white," said junior Tracey Finley, "he talks young."

Arsenio Hall, acting in the spirit of late night reforms, is not just the "host" of "The Arsenio Hall Show," he is also executive producer of the show, has a budding movie career, and has recently released an album in the guise of a fat rapper called Chunky A, whom Hall played on a show last May.

"Arsenio is more different than the others," said senior Tiffany Martin. "He stands out more."

Junior Greg Mercer agreed, "David Letterman is just funny, but Arsenio hall is funny and exciting to watch."

Tracey said, "I wouldn't want to party with David Letterman."

To the tune of "Let's Get Busy," Arsenio is certainly a breath of fresh air in the old late night ball game. Let's hope that Arsenio and his posse keep doing it right.

ALCOHOL HURTS !!!

**OUTPATIENT
DRUG AND ALCOHOL TREATMENT**

Operation
Bridge

114th and Dodge
496-4777

42nd and Center
346-7100

**Need Someone
To Talk To?**

Confidential Counseling

554-1000

Free Pregnancy Testing

Emergency Pregnancy Service

5001 Leavenworth or Bergan Mercy Hospital / Rm. 309
Office hours at both locations • 554-1000



Centralites party on T.V.

—Keri Babe—

Where's the party? Tune into KPTM Channel 42 Sundays at 4:00 and find Party Arti rockin to the tunes and hosting the teen dance show, "It's a Party."

"It's a Party" is to stress to young people that they can have fun without drugs or alcohol.

Everyone who wishes to appear on the show must first try-out. Kids ranging from the ages of 15 to 21 can audition for the show. The auditions and actual taping take place at Club Soda located at 73rd and Blondo.

According to Party Arti, Arti Kurturba, the main theme of "It's a Party" is to stress to young people that they can

have fun without drugs or alcohol.

"It's good, clean, fun" said Arti. Arti, who graduated from South High School in 1987, is currently trying to pursue a career in acting and modeling. Arti also works part time as a D.J. for Complete Music. Two years ago, he D.J. 'd Central's homecoming.

"It's a Party" first aired on Channel 6 in July. After one taping, Channel 6 dropped the show and KPTM, along with Hues Productions, took over. Since that time, "It's a Party" and Party Arti have been tremendous successes.

Junior Jermaine Bell said he found out about the show through his friends. "I thought it was really fun to appear on 'It's a Party.' You see all those dance shows on T.V. and wish you could be on one. It really is

a party."

Junior Laura Capp said, "It was neat to be on the show. It's like a smaller version of a national dance show; the only difference is, you know a lot of the people on it."

"I thought it was really fun to appear on 'It's a Party.' You see all those dance shows on T.V. and wish you could be on one."

On New Years Eve, Party Arti will be celebrating at Club Soda counting down the top seven songs of the previous shows.

Party Arti said, "It's hard to make it, if you see me on the streets throw me a quarter."

Family Business is intelligent film

—Benjamin Rouch—

Sidney Lumet's *Family Business* is typical of the Christmas movie season. It is a light-hearted, adult comedy/drama which is superbly written and acted. The entire film is entertaining, as well as intelligent, and thus, I definitely recommend it for an easy-going night out.

The cast of the film should show the potential of the film. Dustin Hoffman, Sean Connery, and Matthew Broderick head a very capable group of actors. All of them are seasoned actors of the highest quality who have been critically acclaimed for their performances, and once again they turn in thoroughly enjoyable and believable performances here, too.

Matthew Broderick may not have had the intense publicity or been given the accolades of the

other two, but he is able nevertheless. In *Family Business*, his first "real" adult film role, Broderick holds his own and shows he is definitely a star on the rise.

Sidney Lumet's name should also stir great expectations. The director of the smash hit, *Tootsie*, Lumet allows his grand cast to be free in their acting. He also balances the drama with comedy, and maintains the easy-going atmosphere throughout the film.

The plot of *Family Business* is an unusual one: three generations of criminals join together to perform a "cakewalk" heist, all three are family members, too.

Through the three family members we explore cultures, dreams, and independence, as well as the aspects of crime through the characterization of the three.

New entertainment with rough edge

Wrestlemania slams into nineties

—Keith Klanderud—

"This is my match. This is my town. The punk doesn't stand a chance against me, but I can't let him get the best of me. This guy has what I want, and I'm gonna' get it," said Kerry Von Elrich, *Inside Wrestling*.

This is what professional wrestling is made of: anger, hatred, and destruction. The competition is tough, the action is intense, and most of all, kids love it, at least some kids do.

Wrestlemania became a hit in the mid 80's and as the 90's approach professional wrestling promises to continue to be a fun source of entertainment.

Such wrestlers as Rick Rude, Hulk Hogan, Rowdy Roddy Piper, and Randy "Machoman" Savage battle it out in the ring to prove who really is the manliest, sexiest, and meanest body slammer of them all.

The wrestling madness began in the mid-80's. There are now wrestling movies (*No Holds Barred*), wrestling action figures, wrestling video games, cartoons, magazines, stickers, key chains, sweatshirts, t-shirts, and just about anything else possible that can carry a wrestling logo.

There are even several wrestling leagues, there's WWF, WWI, AWA, USWA, AND CWF, but they are all doing basically the same thing: wrestling, and not Greco Roman styl, mind you.

Professional wrestling is different from "real" wrestling and according to senior varsity wrestler Brad Costanzo, "It's fake because they (wrestlers) are ex-wrestlers turned entertainers."

Sophomore Robert McLaughlin agreed adding, "It's obviously fake because of the times when they miss (the moves).

Senior Sabra Bull "begs to differ". "It's real, and it's rad!" "I love to watch professional wrestling, it gives me something to watch on Sundays and the wrestlers are cool."

Most students watch *Wrestlemania* on television but some students, such as junior Tony Wittengel, have seen the show live.

"It was crazy, I thought. I just went to see what it was really like."

The actual matches are exciting and sometimes get "carried away". "One time my favorite wrestler, Brutus Beefcake, got thrown right over the ropes, and into the audience," said Sabra.

Rob mentioned his favorite thing about wrestling were "the steel cage matches." In these matches, wrestlers compete in huge steel cages and, of course, break all the rules.



You need money. Pickles needs your used Compact Discs. Top dollar paid.

Pickles

RECORDS - TAPES - COMPACT DISCS

8027 Dodge Harvey Oaks Plaza Millard Plaza
31st. & Farnam

Family Business is intelligent film

There is also tag-team wrestling where wrestlers get stomped on, thrown around, and of course, double teamed. Yes, there are referees, but most students did not know if they served any real purpose in the matches.

After the popularity and success of *Wrestlemania*, the G.L.O.W. (Gorgeous Ladies of Wrestling) girls stepped into the ring. This caught the attention of many after appearances on Donahue and being downright nasty.

Senior Kendra Koski said, "The G.L.O.W. girls are hilarious; I would maybe want to be a G.L.O.W. wrestler in college to earn some extra spending money."

The G.L.O.W. girls, however, are not loved by all. Brad said, "Girls have no place

in wrestling, even if it is fake."

So, is the wrestling business really all it's cracked up to be?

"It beats sitting around watching Newhart or something like that," said Sabra.

Finally, is it real? Go see *Wrestlemania LIVE* at Pershing Auditorium in Lincoln, December 28, and find out for yourself!

WRASSLIN' ROLL CALL

- Most Popular
1. Hulk Hogan
 2. Rick Flair
 3. Rowdy Roddy Piper
- Top 3
1. Rick Flair
 2. Hulk Hogan
 3. Lex Luger
- Most Hated
1. Rick Rude
 2. Terry Funk
 3. Randy Savage

BUY ONE

FOOD ITEM OR SALAD AT REGULAR PRICE

GET ONE

OF EQUAL OR LESSER PRICE FOR ONLY

99¢

With purchase of a medium soft drink

One coupon per customer per visit. Offer expires 31 Jan 1990

SUBWAY

514 SO. 10TH

SUBWAY

My Way!



New Location: 514 So. 10th



"You are all a lost generation."

-Gertrude Stein

I was in the midst of clipping my toe nails in delight, when the doorbell rang, and immediately my heart sank. Today was Saturday, the day that I had promised Nicolette I would go Christmas shopping with her. My mistake, I know.

It was definitely a day of gloom and doom. I had completely forgotten about this ordeal I had so foolishly volunteered to endure, and I had had my heart set on a day of laziness. A day in which toe nail clipping would be the major highlight.

However, Nicolette had really wanted to go shopping with me, and because I loved her dearly, I would complete my commitment. Besides, after the doorbell had rung for the 12th time, I knew she wasn't leaving without me. In other words, I had no other alternative.

We arrived at whatever-roads shopping mall at about seven o'clock in the morning. Let me repeat myself: we arrived at the whatever-roads shopping mall at SEVEN O'CLOCK in the MORNING. Nicolette wanted to get there a little early, so when the mall opened-TEN O'CLOCK in the AFTERNOON we would have a head start on the opposition.

Early Schmerly

Nicolette's strategy didn't work, though. There was a large mob of cut-throat shoppers already assembled and preparing for the siege of the mall. They were forming lines, performing pre-shopping exercises, and making sacrifices to the credit card gods. Generally, though, everybody was jockeying for position in line in order to get a clear path for the 100 meter psychoshooppers' sprint.

"Run away," I told myself. "There are plenty

Credit Card Christmas Joy

of other fish in the sea. Why risk life or limb for a Barbie doll?"

Dazed and Confused

I didn't get a chance to answer myself as I was shoved to the ground and trampled by the onslaught of the mass. Some stooge opened the doors an hour earlier than he was supposed to, and I was taken slightly off guard as the hoard surged into the mall. I could have knocked the tar out of the guy who opened those doors.

At the moment, though, I was in a daze and in no position to do anything. I was simply trying to survive. I was squirming on the concrete trying to avoid the sharp steps of high heels, while at the same time, I was trying to get up onto my feet so I could find myself, and then Nicolette.

The situation seemed utterly hopeless. Nicolette had raged into the mall with all the others, and I lay paralyzed upon the ground. Even if I could manage to stand up, I would probably never be able to find her in this merciless inferno.

Luckily for me, Nicolette came back to my rescue. Her methods of salvation, I must admit, I didn't approve of. She clamped on to my hair and drug me away to her first designated store like I was nothing but a big sack of potatoes. No one could have possibly recognized me because of my countless bruises and lacerations, so I didn't really mind being treated like the pride of Idaho. It also saved me the trouble of dodging the Mack truck traffic.

Nicolette finally pulled me up onto my feet and handed me a tuft of hair she had just yanked out of my scalp. She then narrowed her eyes on mine in a way that scared me to death.

"Listen, Benji," she commanded like a drill sergeant, "and listen good. There is a Spinach Patch doll in this toy store. Our mission is to infiltrate the enemy stronghold and retrieve the doll. Do you understand soldier?"

"Yes," I whimpered.

"UNDERSTAND!" she pierced my ears.

"YES, SIR!"

"This mission is imperative to National Security... I will not be denied."

She has flipped her lid, I thought. God have mercy on her estranged soul. I mean, I've seen her lose it a couple times, but nothing compared to this. I'm usually the cause of anger this great! Something is definitely wrong.

Guerilla Warfare

I followed her into "enemy" territory anyway, watching my back as I did so. We reached the doll section without much trouble, but the luck ended there: there was one Spinach Doll left, and Nicolette and another woman each had a hand on it.

They stared each other down, growled, and flexed their muscles at one another, but neither of them backed down. I got really, really worried.

Then, all of a sudden, Nicolette said the other woman could have the prized doll! She gave in! My jaw almost hit the ground (if it hadn't been broken by high heels it probably would have). I could not believe my eyes.

But then, just when the woman had loosened her grip, Nicolette snatched the doll and threw it to me.

"RUN!" she screamed, "I'LL BLOCK!"

And with that she lunged at the shocked woman and swept her legs out from under her.

I, dumbfounded at this turn of events, dropped the stupid doll and ran out of the store, out of the mall, and all the way home—never stopping and never looking back. I had run not only from the chaos of the mall, but from Nicolette as well. When she finds out I dropped that doll, my life will be over.

I never saw Nicolette again after that. She seems to just have vanished into thin air, like all the rest of the lost Christmas shoppers.

I often return to the mall, not to enter the accursed place, but to visit the monument out in the parking lot. They call it the Tomb of the Unknown Shopper, and I visit it to pay my respects to Nicolette, and also to remind me never to lose myself in the Materialistic Season, which some of us call Christmas.

New York style pizzeria best in town

—Benjamin Rouch—

Zio's Pizzeria often boasts that it has the best pizza in town. Z-92's Otis XII and the Omaha-World-Herald's Peter Citron have each given the restaurant rave reviews, and yes, backed Zio's claims of being Omaha's best pizzamakers. This reviewer won't tell you any different either.

Zio's makes the best pies in town, no doubt about it. The New York style pizza is made with unbleached, hand-stretched dough and spicy

homemade sauce. Zio's also has over twenty toppings to choose from. One can have a pizza made with sausage or green olives or even sauteed zucchini. All the toppings are fresh and bountiful, too.

"It was very authentic [New York style] pizza," said Amy Vosburg, junior. "The pizza was great."

Zio's also offers other menu selections besides their award winning pizza. Assorted kinds of pasta, hoagies, and calzones are also available for the hungry consumer. All are

prepared by hand, and all can be prepared with any of the toppings available.

Zio's success can easily be attributed to the owners, Dan and Usha Sherman, who watch over Zio's like a mother does her child. The two of them monitor all operations concerning the restaurant, from the advertising to the cooking, to the customer's satisfaction, which Dan and Usha say is the most important part of the business.

Happy Holidays

from the

Register staff

1-402-397-0600

An Unplanned Pregnancy?

It's not a time for hassles...
It's a time for help.

- * Free early pregnancy test
- * Referral Services
- * Counseling
- * Complete Confidentiality
- * Open six days a week

Located at the corner of 78th and Dodge
in the New Tower Travel Building

AAA Crisis Pregnancy Center

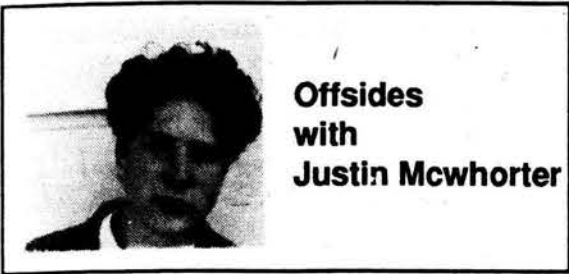
You see we've got this sweet little seamstress who's a bit, well... unconventional in the way she sews a rugby jersey together. She takes a sleeve from here, a back from there, a cuff from somewhere deep in the stack, and before you know it, that shirt is just plain ugly! But we love Doris and it turns out that all our mates here in New Zealand love her shirts - not just because they're tough enough for rugby practice, sailing and dirty work, but because each one is absolutely unique.

CANTERBURY OF
NEW ZEALAND
AVAILABLE ONLY FROM

G'day!

1003 Howard St.
"The Old Market"
341-1093





Offsides with Justin Mcwhorter

Late night sports programming could use some serious revisions

Have you ever been extremely bored and turned on your television to watch a sporting event in either the early morning or the insanely late night hours? More often than not you come away thoroughly disappointed by the sport chosen for you by the particular channel you are watching. Most sports that are programmed into these slots of time are not of the quality you would expect from your favorite sports channel. I have had the pleasure of watching probably the worst displays of sport ever while scanning channels for something good to watch. I thought I would share a little bit of the events I came across this weekend.

CHESS!!!! I'm sorry that I have to break the hearts of all you who were on the edges of your seats when Bobby Fischer took Boris Spassky's world title in 1972, but chess is boring to watch for any length of time. Don't get me wrong, chess takes much more strategy and intelligence to win than the average athlete can muster.

There is one major problem with this game of the kings, there's no contact. Not that every game needs contact to gain attention, but in the case of chess it couldn't hurt.

Why don't they try actually inflicting physical pain when a rook or pawn is taken by the opposing player. Perhaps the importance of a playing piece could directly relate to the amount of pain administered by the opponent. I was thinking somewhere along the lines of a thump on the hand for the taking of a pawn all the way up to the severing of a digit when a checkmate occurs. This

wouldn't only add the element of pain, this method would eliminate the chess players who are not up to par after only ten matches. I think that I would even give up a Saturday afternoon of college basketball to catch a little version of this revised chess on the tube.

HORSESHOES!!!! Now is this a sport? I actually saw the Horseshoe Championships of the World on ESPN one night. This blew me away. Granted, I can't throw a horseshoe some thirty odd feet and make it hang around a pole stuck in the ground, but even if I could, I don't think I would want anyone to know about it.

While watching this truly awe inspiring sports event I noticed that you really don't need to be in any type of physical shape to excel in this display of what a human mind can invent when put to the test of absolute boredom. I figured that if you could combine horseshoes with bodybuilding, you could not only improve ratings, (don't tell me you've never watched those heavily-veined men and women flexing their muscles and parading their scantily clad bodies for at least a few moments), but give the average horseshoe player a better physique, and give the farming communities of the mid-west, heros that not only can get a ringer 99 out of every 100 times, but bench press twice their own weight.

SYNCHRONIZED SWIMMING!!!! Enough said.

ROLLER DERBY!!!! I remember the onslaught of roller derby on television a few years ago. I never

thought I would see the day when these roller skate clad men and women would be seen screaming around the track in order to please the crowd of 90% women. This is a hard sport to take seriously. I rate the realistic aspects of this so-called-sport right up there with pro wrestling (something we'll speak more of when we have more time, and I'm sure that the W.W.F. isn't making another stop in Omaha).

Where do they get these people who come on to your television and glare at the camera, snarling and spitting spewing words that are unintelligible and crude? The only possible explanation for the behavior of these animals is that they must be pro wrestling rejects. I figure the women must be too good looking to slip on lycra and jump around the ring while the men didn't possess a physical feature that was either disgusting or hairy enough to show the audience at home.

This display of human ignorance could merge with pro wrestling in order to keep all of the large, sweaty, socially maladjusted people in one show. This way there is no need to be insulted by both of these athletic follies on a single hour show.

I understand that television stations are paid to show these events, but are they worth it? Just because I was stupid enough to watch these shows, the public should not be subjected to the same self-inflicted torture I went through.

Please be careful what you find yourself watching when you are feeling bored.

Both Central faculty and students use hunting as a sport and enjoyment

Christopher Harz

Hunting is a sport which is enjoyed by both Central faculty and students.

"The reason I hunt is because I love the outdoors," said Central administrator, Mr. Paul Semrad.

"The reason I hunt is because I love the outdoors."

Mr. Semrad began hunting at around the age of 14. He grew up in a small rural community in which many people hunted often.

There are two major ways to hunt, bow hunting and gun hunting. Junior, Bruce Pendleton, gun hunts almost every weekend.

"When I go hunting I like to hunt waterfowl, upland game (pheasant and quail), deer and beaver," said Bruce.

Mr. Semrad has been hunting by bow and arrow for about the last 12 years. He hunts both deer and wild turkey by bow. "It is a real challenge because the wild turkey has such good eyesight that if you move too much you will have a hard time getting the turkey," he said.

Senior Trevor Flynn also hunts deer and upland game.

Both Trevor and Bruce went to northwestern Nebraska in the opening of deer season this past fall, and were successful in each getting their deer.

"The biggest problem with hunting is that I have to get up so early in the morning."

Junior David Bowen also likes to hunt deer during

the fall with his father. David has been hunting since he was eight years old. "Hunting is a family tradition, and my dad has hunted in many parts of the world, so hunting is just something our family does," said David.

Mr. Larry Hausman, Central art teacher, also likes to hunt, especially upland game. Unlike Mr. Semrad, Mr. Hausman does not like to hunt big game like deer because he thinks it is unfair to shoot an animal from a long distance.

Mr. Hausman's enjoys hunting with family members. "You must be able to trust the people you hunt with or you have a good chance of being shot," said Mr. Hausman.

"The biggest problem with hunting is that I have to get up so early in the morning," said senior Brian Armstrong.



Senior, Trevor Flynn, displays his deer antlers and his high powered rifle which he used to get the deer. Photo by Stacy Gottschalk.

Next Issue

1. Demolition derby
2. Wrestling
3. Omaha Racers
4. Snowboarding
5. Spirit Club
6. Powerlifting
7. Offsides

**SHUCKS
POPCORN
FRESH POPPED**

GOURMET GOOD

plain
cheese
caramel

Girls' Basketball

Holiday Tournament offers competition over winter break

—Mara Taylor—

As the holiday season is a time of celebrating and gift-giving, for some Central students it is also a time for showing off their hard work and determination. This dedication will be put to work, according to Mr. Don Knauss, girl's varsity basketball coach, during the week of December 26th through December 30th. Central will host the annual Holiday Tournament in the new gym.

All of the metro area high schools, including Central, will be participating in this tournament, Coach Knauss said.

"We play Benson our first game on the 26th. And then, as a 'dubious honor', we are allowed to play Marian as our second opponent," he said. According to Coach Knauss, Marian is the top seeded team in the tournament with Millard South, Millard North, and Gross seeded next. Central is seeded eighth, he said.

Coach Knauss, Maria Bang, point guard, Chalawnda Kelley, guard, and Leslie Cotton, forward, all agreed that Marian will be the toughest team they will face both during the tournament and regular season play.

"They're head and shoulders above all of the teams in the league," Coach Knauss said. "There is some possibility that we could upset them. We don't want to overlook Benson yet, though," he said.

According to Maria, the Central team should do well in the tournament. "We could do really good if things come together, we work as a team, and are ready to play," she said.

Coach Knauss felt that it is difficult to say how well Central will do. "Judging from past games so far this season it's really just hard to say," he said.

"I feel that our team will come out on top overall because of the talent on the team and the experience of the players," Leslie said.

Chalawnda said, "We're going to do better than we did last year."

According to Coach Knauss, last year's Varsity team did poorly. "We won one game and lost two. It wasn't a very good tournament for the girls," he said.

According to Maria, the team has not really concentrated on the tournament during practices. "We try to keep only

one team on our mind and practice for the team we play that week," she said.

Coach Knauss agreed, stating that the team still had season games to play. "We're not worried about the tournament yet," he said. Chalawnda said that the extra running and offensive work during practice has prepared her for the holiday tournament. "At first we weren't really serious in practice," Leslie

Lincoln East."

The player that needs to be more consistent is Leslie, Coach Knauss said. "She hasn't found herself yet," he said. "Her passes and shooting are off. Maybe she is expecting too much from herself too soon in the season. We need her to come around."

Leslie agreed that one of the major problems during the game is in her hitting the free throws. "We work really hard on

that in practice, though," she said. Maria is a three year starter and the leader on the team, according to Coach Knauss. "She must do well for us to succeed because everything starts with her," he said.

According to Maria, in order for Central to do well and succeed in this tournament they

get the ball in the basket if we can't get it there to shoot it."

Chalawnda said, "This tournament will show everyone how improved Central's team has become."

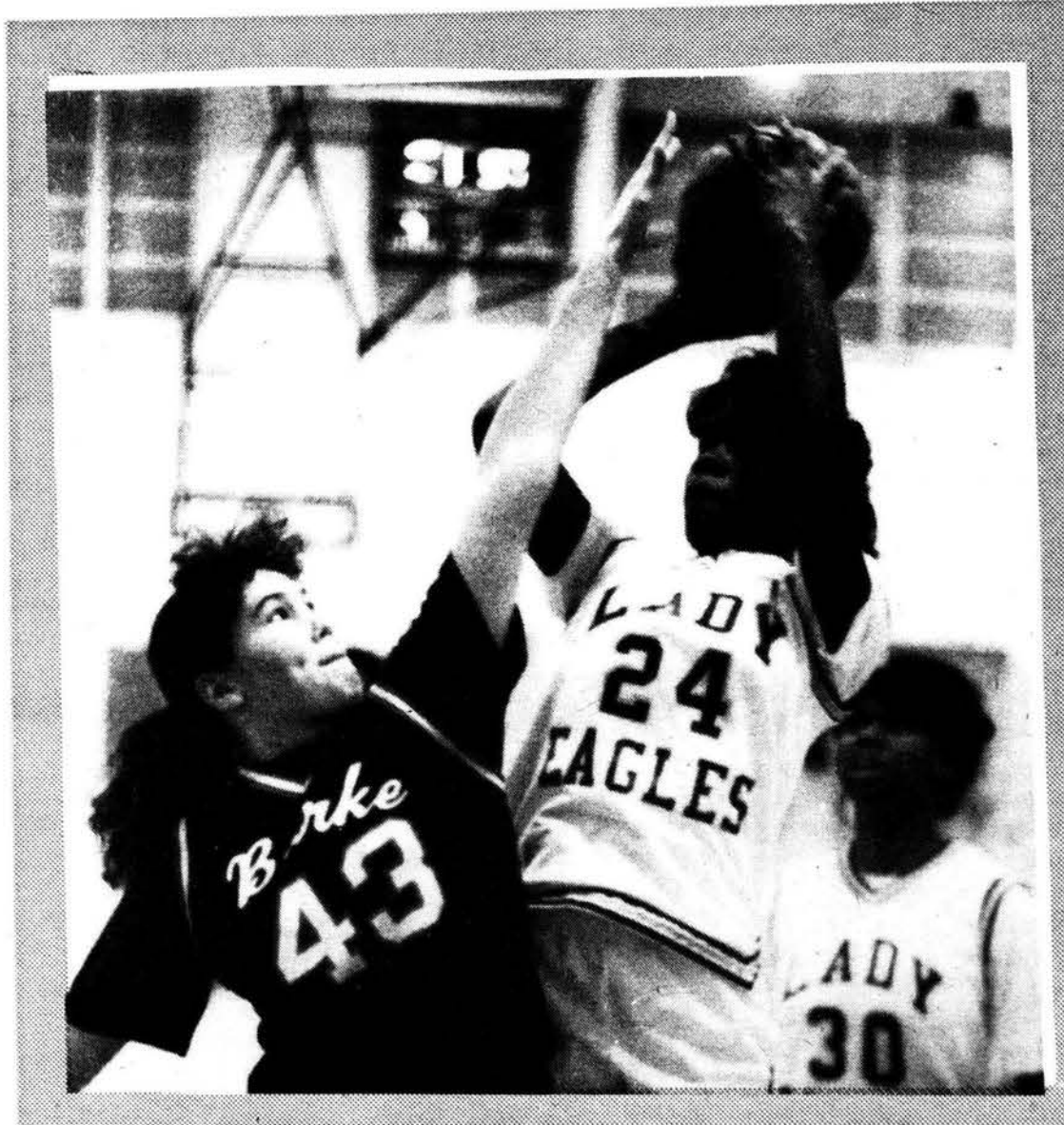
Another problem with this tournament is its closeness to the holidays, said Coach Knauss. "It's horrible! I don't know of any coach who's excited about coaching the day after Christmas."

"Most of our vacation time is spent at practice or at a game," Leslie said, "and then there is hardly time to spend with your family."

Maria added, "You can't go out of town and visit relatives either," she said. "It's also difficult to keep crowds," Coach Knauss said. "I wish that it could be divided into smaller tournaments so you don't have to play teams again in districts. The way it is now we end up playing people three, sometimes even four times."

"I'm also not so convinced that that much basketball is good for a player over the holidays," he said. According to Coach Knauss, he has been really excited about working with this year's team. "This is the first time since I've worked here at Central that I can say the players have put forth 100 percent of their effort to benefit the team. It has worked, and that is what it takes," he said.

"I hope the girls come home with three wins and only one loss," Coach Knauss said.



Avis Williams attempts to shoot as a Burke defender tries to block her. Photo by Andre Gilmore

must "play as a team and take our time to run the offense."

Leslie agreed, "We need to keep our attitudes together, run the plays right, and hit our free throws. If we do all of this consistently I think we'll be all right."

Consistency is the key, according to Coach Knauss. "We need to do the little, important, and basic fundamentals like catching and passing to achieve total success," he said. "We can't

get the ball in the basket if we can't get it there to shoot it."

SPORT SPOTS

Michelle Hickie

VOLLEYBALL

Diane Wageman was named the Coaches' American Division All-Division Metro Volleyball Team, to the second team of the World-Herald All-Metro team, and was given honorable mention for the World-Herald All-State Volleyball team.

SOCCER

Central F.C., an indoor soccer team consisting of ten male Central students, placed first in

the Under 19 Division for the last session which ended on December 12. Their games for the next session, which began on December 19, will be played on Tuesday nights from 8 to 11 pm at the Indoor Soccer Center.

FOOTBALL

All- State

Calvin Jones, Doug Roper, and Keith Tooley have been named to the World-Herald All-State football team. Calvin

Jones, the leading Class A ground gainer in the state, has been designated as the honorary captain of the offensive team.

Donnell Griffin and Rick Heller were named to the World-Herald's second All-State team.

Members of the Class A All-State Football team are Calvin Jones, Doug Roper, Keith Tooley, Garrett Wilwerding, Ed Wilson, Chris Harz, and Eric Neal received Class A All-State honorable mention.

All- Metro

Donnell Griffin, Rick Heller, Calvin Jones, Doug Roper, and Keith Tooley were selected for the World-Herald's 1990 All-Metro League team. Chris Harz, Central's place kicker, was selected for the second team.

All- Division

Donnell Griffin, Rick Heller, Calvin Jones, Doug Roper, Keith Tooley, Garrett

Wilwerding, and Ed Wilson have been chosen by the Metro league coaches to be named to the American Division team.

Honorable mentions to the American Division team were Jonathan Culliver, Dwayne Bonham, Todd Reger, Willie Ray Starks, Chris Gray, Brian Armstrong, Steve Manhart, Sherman Gould, Eric Neal, Terrance Jackson, Aaron Moss, Richard Pallet, Dave Coleman, Bryant Gardner, and Dorrel Morrow.