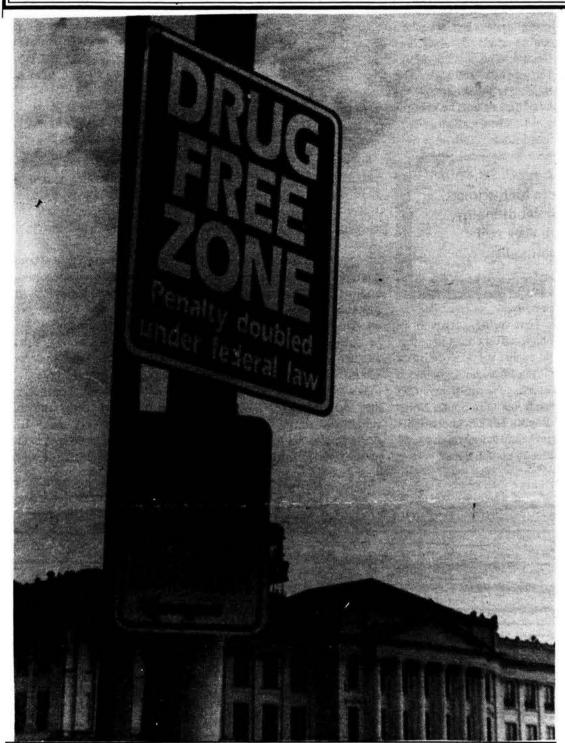
Central High School 124 N. 20th St. Omaha, NE 68104

REGISTER Volume 103, September 15, 1989



City officials' new campaign to keep drugs away from schools can be seen outside of all schools in the Omaha area. People found with drugs on school property are given double the penalty they would receive normally.

Art, music, theater, architecture find place at Central through Humanities open to

According to Mrs.
Marlene Bernstein, instructor of a
new Humanities course offered at
Central this year, "Telling you
about this class is like trying to
see what a baby will look like
before it's born."

But despite Mrs. Bernstein's hesitance in fully ascertaining the Humanities

"It's like raising children, you wish you could raise your first child second..."

course, her students are quick to point out the purpose of taking the class."The reason I decided to take it is because it finally offers me a chance to learn about things that interest me that can't be found in the regular high school curriculum,"said junior Seraphim

Humanities, an idea hatched by Mrs. Bernstein two years ago, was approved last fall by the Board of Education as an elective course to be offered beginning this year. The class will cover various aspects of the fine arts including art, music, landscape architecture, and theater. Mrs. Bernstein has scheduled speakers, performers and visits to Joslyn Art Museum for her students.

Mrs. Bernstein researched the new course with "people all over the nation" and attended workshops this summer at Carleton College in order to gather information on teaching a Humanities course.

"With every new course you must work the kinks out. It's like raising children - you always wish you could raise the first child second because you make so many mistakes," said Mrs. Bernstein.

Humanities is open to both juniors and seniors who apply and are accepted. The class meets ninth and tenth hours this year. "For students considering working for the Decathlon team, this course is excellent preparation," said senior Duane Ludwig.

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Board's 'junk' food woes worry students

Service.

The "junk" foods the board

members are referring to are the "Hostess cakes and pies that students can purchase ala carte," said school board president Stephen Regan.

"For some students, lunch is the only balanced meal they get."

"Our [the board members] main concern is that for some students, lunch will be the only opportunity to eat a balanced meal," said Mr. Regan. "Some students will then only buy the Ho-Ho's."

Mary Trumble, a registered dietician, defined junk food: "When you look at the nutrients, vitamins and minerals in foods, those low in them and high in calories are a less wise choice." She went on to say that these desserts eaten "once in a while" would not hurt. But having them every day at lunch instead of a balanced meal could hurt teenagers in the long run, by their replacing meals with sweets, she said.

"Having three meals a day is good," said Ms. Trumble. "Minerals and nutrients go into the blood stream for energy and kids need to keep their blood sugar even to keep alert in school."

She also said if the desserts are eaten along with a sandwich, fruit, vegetable, milk, it would balance it out.

"Each year, the OPS food budget includes about \$75,000 for Ho-Ho's and Twinkies for high school cafeterias," said Mr. Regan. "It is spread among all the high schools for a year, so the students are not gorging themselves." He also commented that the extra desserts come from the OPS Food Service and the administration.

"By serving the desserts ala carte, the small profit helps balance the budget," Mr. Regan also said.

"I do not agree or disagree or feel strongly about it[the removal of junk food]," said Dr. G.E. Moller, principal of Central. Dr. Moller also said that having it available "is not going to encourage students to indulge" in the desserts.

Dr. Edward Klima, principal at Burke, however, is supportive of the board members who want the desserts taken out of the cafeteria.

"People eat a lot of sweets, and for years I've seen kids in the morning, by their locker, having a candy bar for breakfast," he said. "Some kids come from homes where there is no breakfast, so they have a candy bar to tide them over. Then, at lunch, these kids might have it [a sweet] again." However, Dr. Klima also said that if the ala carte desserts were gone, the students would "plan ahead" and "eat junk food anyway."

Judy Earnest, on the cafeteria staff at Central, works at the ala carte dessert line regularly at the ice cream machines. She said that the Hostess cakes are the most popular among students. Ms. Earnest also said that quite a few students only purchase the desserts for their lunch, but a good number buy them along with milk or juice.

"School food is bad," is Jason Pitzl's reason for eating donuts and Hostess cupcakes everyday for lunch. This junior also said he usually buys milk to go along with the cakes.

Francie Smith, junior, buys foods from the alacarte line rather regularly. She said she "might be a bit upset" if they were gone, but simply "would not eat."

"Yes, I would be upset!" said Ken Brown, senior. He said he would get a group of people together and protest. "The administration already took the pop and the vending machines away [for

> "Each year the OPS food budget includes about \$75,000 for Ho-Hos and Twinkies for high school cafeterias."

student use during the lunch hourl," he said.

"There is not much support in the board one way or the other," said Mr. Regan. He also said that the administration said they, along with Mary Anderson, the head of the OPS Food Service, will examine the situation, and see if a decision needs to be made.

Does the extreme heat keep you from concentrating and doing your best in class?

> Yes-239 (95%) No-13 (5%)

Total polled-252



Vanessa Strazdas, freshman: Definitely, I think there should be window air conditioning in every room.



Dennae Wulf, sophomore: Yes it distracts you because you think of being somewhere else.



Becky Beerling, junior: Yes, it's so hot you're tired and concentrating on staying awake instead of studying.



Chrishawn Conway, senior: It doesn't bother me, but air conditioning would be nice.



Mr. Jerry Gillogly, social studies: Indubitably. I would like to see air conditioning at Central. It's difficult to learn and teach under these conditions.

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Lack of air conditioning is a major concern to Central students and teachers

The extreme heat and humidity of recent days has become quite a nuisance to students and teachers at Central. The thought of air conditioning to ease the discomfort is a welcome one for many of the students here, but at most of the other area high schools, air conditioning is a very real

At most of the other area high schools, air conditioning is a very real commodity.

commodity.

Last spring, taxpayers in Omaha voted on a bond issue that would enable the school district to renovate area schools. Included in the package were plans to install air conditioning in South, North and Benson High Schools. This leaves Central the only high school without air conditioning.

Why can't Central become one of those schools to which air conditioning has been granted? School administration gives many reasons for the neglect.

Central is the largest high school in the district, therefore, to furnish the entire building with air conditioning would be a major financial undertaking. This is a good reason, except that Central's population is also the largest in the district. This fact leaves 1850 students in a sweltering hot building, suffering through every school day.

Also, Central is already equipped with vents to carry the cool air. This cuts down on initial costs considerably.

The fact that administration keeps extending the school year is another reason for granting this school with air conditioning. If they want students to learn more, they should provide them with suitable learning conditions. According to the Register poll, ninety-five percent of the students

polled say that a hot, stuffy room is not a good place to learn.

Some students say that a sweat-

Ninety-five percent of the students polled say that a hot, stuffy room is not a good place to learn.

invoking classroom makes them fall asleep. Obviously, a student that is falling asleep is not very interested in his world history or trigonometry.

Small fans some teachers bring are not the answer, either, because these are noisy and often distract students from the lecture their respective teacher is giving. The constant whirring sound is also a tranquilizer for many students, thereby sending them to sleep.

Central students and teachers agree that the need for air conditioning is very real. It's time to get the temperature in the building cooler than it is outside.

SLEEPING IS NOT COOL!

Register seeks to inform readers

The Register is the official newspaper of Central High School. The staff seeks to inform its readers accurately and fairly as to items of interest and importance.

Students publish the Register bi-monthly except during vacations and examination periods. Non-student subscriptions are \$5 per year and can be obtained by sending your name, address, and zip code to the Register staff.



Spontaneous Combustion with Stacy Gottschalk

Present generation to inherit tarnished world

How would you react if someone told you that you least period of time, if not forever. will someday inherit a fortune from a rich relative? Would you scream with anger because that relative will leave you with such a huge responsibility, or would you jump with joy with the prospect of newfound wealth and power? As much as I hate to admit it, I am quite positive that I would react in the deterioration of the ozone layer and the continual latter fashion. In fact, the first proposal seems quite ludicrous. So why do I get so angry when I think of the time when my unfortunately will be virtually impossible to remove. generation and I will inherit a much greater fortune, the planet We can, however, as those who will inherit the earth?

First we must realize that this magnificent occurrence is virtually inevitable. As nature dictates, the generation 1989 issue of Greenpeace Barry Commoner, the before us will eventually pass their leadership of the world to director of the Center for the Biology of Natural us, just as the generation before handed it to them. The platter Systems at Queens College, C. U. N. Y., says: that has been used to pass the world's leadership from generation "Prevention works, control does not. When a pollutant was once silver, but it is now tarnished from age and neglect. is attacked at the point of origin, it can be eliminated. It is our responsibility to return it to its original luster, or at

Nuclear weapons, pollution, the drug problem, gang violence, and the homeless are just some of the many problems that can be wiped away with serious effort and diligent work. The removal of the rain forests are staining our planet and planet, work to prevent the further destruction of our environment. In an article in the September/October

But once it is produced, it is too late. "

We need to work to stop the pollution of our planet. Whether environmental or social, we must attack the problem. Unfortunately, we came into a time when most of the damage to the planet has already been done. This saddens me beyond compare, and sometimes it evens angers me. Why did the people before us have to ruin things for us? Instead of a world which is peaceful and fully enjoyable, our world is laden with problems which actually threaten our existence. The Replacements sing: "We'll inherit the earth, but we don't want it. I have to agree with this when I am screaming with anger at the huge responsibility that will soon be handed to us on a tarnished silver platter. And yet I still smile with the prospect of newfound wealth and power that will come with the inheritance of the valuable, though troubled, planet earth.

Recycling is national and local concern

Closing of courtyard a real possibility

Walking through the courtyard after seventh hour, one can see a few custodians shovelling the garbage on the tables and floor into waste cans where careless students should have put it in the first place. This scene occurs on almost any given day and is a disgrace to Central.

The administration is going to take action, believe it or not. No one should be naive enough to think they will not because they have closed the courtyard to lunches before.

When the class of 1990 were sophomores, they were welcomed to Central with a ban on eating lunch in the courtyard because the classes one year before had been extremely sloppy in the courtyard.

> The custodians are not the men-servants for the students, nor should they be treated as such.

To get the courtyard back, the Student Council and Register staff did a lot of campaigning and negotiating. The Student Council even assigned "Trash Busters" to baby-sit courtyard lunchers. Fortunately, students became conscientious about their trash. Students worked hard to regain the privilege the students of Central enjoy today.

Don't blow it! Start picking up trash even when it is not yours. The custodians are not the menservants for students nor should they be treated as such. The Register staff is giving fair warning to those who do not want to make the trip up four flights of stairs to the cafeteria every day to

In the front of many Central classrooms are cardboard boxes with bright orange signs that say, "Recycle Box, White Paper Only!!" The Register

> In the U.S.A., recycling has become the new national pasttime.

commends this effort to preserve natural resources.

Only 300 years after America was first settled, most of the virgin forests have been chopped down. In fact, deforestation is taking place all over the world. Some countries, such as Brazil, have instituted nation-wide campaigns to replace the trees

they use.

In the U.S.A., recycling has become the new national pastime. People recycle everything from glass to aluminum cans to newspapers to the used oil in their cars. In recent months, Congress has passed laws banning the use of chloro-flouro carbons, the

chemicals notorious for creating the giant hole in the ozone. Disposable diaper companies have come up with diapers that

> Right now, the city is on a campaign to recycle paper.

are biodegradable. There is even talk of creating a substitute for plastic that would be biodegradable.

On a smaller scale, the city of

Omaha is on a major paper drive in cooperation with ENCOR, the Eastern Nebraska Community Office on Retardation, Truckspick up old newspapers once a month in every neighborhood. Right now, the city is on a campaign to recycle paper, and it has asked local businesses and schools to take part. Central agreed, and now all students need to help fulfill the obligation. In a time where waste is commonplace, show that Central cares about the environment. Save a tree, recycle paper!





K. HEADEN

WANT YOU

To send us your opinion!

In almost every newspaper, a section of local and school-related issues, therefore, appears, usually on the editorial pages, that is specifically meant for the readers' views. Commonly, these views are classified as letters to the editor.

This Register staff is extremely anxious to learn what its readership thinks it welcomes any letters

Any unsigned letters will not be printed and the Register staff cannot correct any grammatical or spelling errors. Opinions presented will likely appear in up-coming issues.

Librarian discovers lack of freedom in China

Kari Babe-

While the government was massacring student demonstrators in Beijing, China this summer, Mrs. Betty Majeski, Central's librarian, was experiencing the beauty and art of Guang Zhou, Southern China.

Mrs. Majeski visited her husband for a week while he was teaching art history at SCNU (Southern China Normal University) this summer.

"The people were absolutely wonderful; the government was nasty," said Mrs. Majeski.

She said the students of Guang Zhou marched in sympathy for two days as a sign of respect for the people of Beijing.

Mrs. Majeski's visit was shortened to a week rather than the month she had originally planned, due to the rioting.

Although the Chinese army didn't come near Guang Zhou, rumors said otherwise.

Mrs. Majeski said the biggest difference between the and American Chinese governments was the lack of freedom.

She said it was hard to come to terms with the fact that only 3% of the Chinese high school students can go to college.

The few who are granted the opportunity to attend college must choose their own major.

"You fulfill the needs of the government, nobody makes their own decisions," said Mrs. Majeski.

The Majeskis stayed at

the university's foreign affairs building called the "panda house" by the people of Guang Zhou due to the air conditioned housing.

They say pandas are animals that need to be cuddled just as are the tourists that are not quite used to the hot

weather, according to Mrs. Majeski.

Mrs. Majeski said she found it amazing that twelve to fifteen people could live in a three bedroom apartment comfortably.

She also stated that the people lived in apartments according to social status.

The higher one ranks socially, the higher apartment floor.

An interpreter escorted the Majeskis everywhere to help with the language barrier.

Mrs. Majeski said, "The few culture differences are easily adjusted to, because there are so many wonderful things to appreciate the country for."

She made several new friends and hopes to see a couple of them in the United States.

When Mrs. Majeski was asked if she had plans to go back to China, she said, "I'll go back for the beauty, the art, and the people. But I'll wait until the government isn't so mean."



"I'll go back [to China] for the beauty, the art, and the people," said Mrs. Majeski after her week-long journey this summer.

Bits and Pieces

At a Universal Dance Studio camp in Kearney this summer, pom squad members Shawnda Langerack, junior, and senior Stephanie Kurtzuba won invitations to perform in the Lord Mayor of Westminster's New Year's Parade in London over winter break.

The registration deadline for the October 14 SAT test date is September 22. The ACT test date is October 28, with a registration deadline of September 29. Registration packets are available in the counseling center.

Dr. Gary Thompson is Central's new assistant principal, but he really isn't "new" to Central. He had been head of the Central science department before becoming South High's assistant principal. Former Central assistant principal Mr. James Wilson has been named assistant principal at BeveridgeJunior High.

The Assistance League of Omaha is sponsoring ACT and SAT/PSAT Test Preparation Sessions. The SAT/Psat Crash Course will be held at Millard South on Thursday, October 12, 6:30-9:30 p.m. or Saturday, October 14, 8:30-11:30 a.m.

Counselors have divided up the alphabet in a slightly different way to even out the numbers of students per counselor. The divisions are: Nelson, A; Maniscalco, B-C; McMeen, D; Valasek, E-G; Johnson, H-K; Richards, L-N; Moran, O-So; and Zerse, Sp-Z.

Six foreign exchange students go to class at Central this year. From West Germany: Miriam Heil, Ingo Socha, and Tim Romberg; Anneli Forsberg, of Sweden; Siv-Line Olsen, of Norway; and Jari Erkke Ala-Ruona, of Finland.

Employers often call the counseling center requesting students for part-time employment. A listing of current part-time jobs is posted on the bulletin board in the counselingcenter.

Seniors, the deadline for yearbook pictures is October 2. The photo should be a standard 2x3 black and white glossy; the pose of the head and shoulders, with a standard background. A photographer will soon be available at school for seniors who don't want to go to a studio, but won't give students a pose choice. See Mr. Gaherty in room 315 if you have questions.

South America excursion includes backpacking, skiing, but not scuba diving

Tim Pierce

Mr. Mike Daugherty, Central High Math Teacher, made his second expedition to South America this past summer. During three months from June 16 to August 10, Mr. Daugherty encountered new people and experiences.

Preparation for this solo expedition included daily trips to the gym. "I have to go to the gym every day. If you go in there [South America] cold, it will kill you."

In Mr. Daugherty's previous trips to Central and South America, he lost twenty pounds due to dysentery illness.

being in southern Peru. It was just horrendous, the number of Gringos (North American Caucasian people) I met in southern Peru who had been robbed,"he said.

" I became suspicious of people, thinking, what do they want?" said Mr. Daugherty.

Mr. Daugherty said traveling through Chile and Argentina was much cleaner. He traveled and skied with an Austrian ski instructor for ten days in Argentina.

From Argentina, he went East to the Valdez Peninsula where he intended to scuba dive with orcas, which are killer whales.

" I have to go to the gym every day. If you go in there cold, it will kill you."

Mr. Daugherty travels to South America because he says it is an incredible place of natural history and archaeological importance.

He backpacks through Incaruins and speaks with many people. With every trip, Mr. Daugherty said he becomes better acquainted with the language but does not intend to become fluent.

The expedition started at Lima, Peru then went South. "It made me nervous

When he discovered that this is strictly discouraged. Mr. Daugherty said he decided to visit the whales by boat instead of encouraging an illegal enterprise.

Crossing the border of Argentina and Bolivia was difficult, according to Mr. Daugherty.



Mr. Mike Daugherty

An elderly lady gave him a place to sleep at her home and advised him to wake at 3:00 am in order to get a place in line at the train station.

When the ticket window opened at 8:00 am people began mobbing the train station, he said. The ticket door closed and the Bolivian National Guard was brought in to restore order.

Mr. Daugherty said he decided to return to Argentina and travel back through Chile to catch his plane from Lima, Peru, to Miami, Florida, then home to Omaha, Nebraska,

"In general, I guess people are more friendly down there [in South America] than they are up here [in the United States], he said.

" Not often do people start talking to you then invite you to their house."





Woodstock remembered

Keith Klanderud -

There seems to be a fervor of nostalgia in music these days and a lot of us may wonder why. The answer may be because most vintage music, mainly from the mid and late sixties, had strong symbolic meaning and spoke for a generation of youth and their new ideas and philosophies. Woodstock, a three-day concert in Bethel, New York, was perhaps the greatest and most influential concert of the decade.

Such music legends as Janice Joplin, Jimi Hendrix, The Grateful Dead, and Joe Cocker, performed at this chaotic care-free concert in August of 1969. People young and old traveled hundreds of miles just to be a part of this concert which they were warned not to go to. Well, the flower children are older now and as the twentieth anniversary of Woodstock rolled around last month, today's youth got an idea of just how great the concert that woke the nation really

When Central students were asked what they thought of Woodstock, their responses varied. Senior Chris Archer said "When I think of Woodstock, I think of hippies, drugs, and spontaneous sex."

All of those things seemed to be in everyone's mind when thinking of Woodstock. Sophomore Justin Mcguire said, " I think of my mother, she didn't go to Woodstock, she was just a hippie." Some Central students such as Jill West were repulsed when thoughts about Woodstock arose. " It disgusts me- all the people running around half naked and doing drugs, the twentieth anniversary of

"When I think of Woodstock, Ithink of hippies, drugs, and spontaneous sex."

Woodstock should have been locked in a closet."

With all the 60's t.v. series', "Dude its Freedom Rock" cassette offers, and Vietnam war movies, kids today can't help knowing something about Woodstock and what it stood for. Most high school kids have either seen the movie, heard the soundtrack, or heard about it from parents or other relatives that went. Senior Jason Adams said, "My step-dad went but he doesn't remember muchhe remembers seeing Jimi Hendrix and all the rain, but that's about

it." Chris Archer said, "Some of my parents' friends went and they thought it was a

"It disgusts me- all those people running around half naked and doing drugs..."

disaster."

Woodstock could be described in hundreds of different ways both good and bad. Regardless of the disadvantages such as the 14 mileline to get in, the rain and mud, and the poor bathroom facilities, students still said they would have gone. Junior Mike Gonzales said,"I definitely wish I could have gone, but I saw the movie and it was king." Jason Adams also has seen the 4 hour movie and has it on video tape.

The impact Woodstock had on people then and now was evident as the celebration of its twentieth anniversary came to an end last month.

Although there are still big concerts today, many people say that none compare to Woodstock. When people young and old were asked to think of a popular concert, Woodstock almost always came to mind.

Dalton as new 007 inherits licence to kill

- Ingo Socha -

Two circles roll onto the screen from the left, dancing around until they merge. The circle enlarges and suddenly the audience is looking through a gun barrel. Timothy Dalton enters the scene and turns a gun toward the camera. The action freezes and blood drips down from the top of the screen.

Yeah, it's another James Bond movie: "Licence To Kill," the 15th production of a Bond film. But Bondmania does not seem as strong as it used to be. The film is not accepted by American audiences.

Have we become tired of James Bond? Or was it the fact, that quite a few very successful films, such as "Batman," were released this summer? Or maybe the viewers cannot get used to Timothy Dalton acting as James Bond?

According to the show business trade magazine "Variety," Bond films are still doing well in all parts of Europe. After a big opening in England earlier this year "Licence" is still third among the most-popular films in London after eight weeks. In Helsinki and West-Germany, it still leads the charts. But, after six weeks in the USA, it has fallen to No. 22.

Curiously, James Bond may have become more appealing on the small screen. An Applause Video salesman reports the first Bond production to feature Dalton, "The Living Daylights," has done very well in rentals the past few months and later Bond movies rent better than the earlier

Listening to movie talk over Central's cafeteria tables, one hears recently-released films mentioned, but not "Licence To Kill". Even when asked directly about this Bond movie, students return very fast to other films.

Many actors came and went on this series, which is said to be the most successful series still in production. James Bond was introduced to the public in Ian Fleming's novel "Casino Royale" in 1953. The movie series started with "Dr.No" and starred a truck driver's son: Thomas Sean Connery.

But, Connery never played Bond as Fleming describes his character in his novels: According to him, Bond has undergone much physical pain in his life, but nothing is as painful to him as boredom. He takes life seriously: the early James Bond is as humorless as a statue. Connery playes him more like a nonchalant, stoic, gentleman.

Sean Connery got bored of the Bond character after five films, including such peaks as "Goldfinger". He quit Bond films when "You Only Live Twice" was finished, but after his attempt at film-making proved fruitless, he was convinced to do two more Bond films: "Diamonds are Forever" was released in 1971 and "Never Say Never Again" in 1983.

Though several actors, including Woody Allan, played Bond in a movie spoof on "Casino Royale," only two others were identified with the role before Timothy Dalton took over: George Lazenby, who only appeared in one film, and Roger Moore, who did half-a-dozen.

None of the actors preceding Dalton, played Bond as close to the image Fleming penned, which may be a major reason the difficulty audiences may have getting used to him.

Fleming wrote the character as a "normal man, not a superhuman," Dalton said in an interview. But, maybe, what the American public is looking for in a film these days is batmen with superhuman powers, not normal men.

Not your usual underwater film

'Abyss" is wet, wild, very deep

-Lena Gold -

If you go to "The Abyss" thinking Flipper and Shamu, forget it. It's wet and that's where the similarities end.

Writer-director James Cameron has made another doozy of an adventure film, which, like his other creations, "The Terminator" and "Aliens," drained leaves you exhausted, which isn't bad for \$4.50.

The Plot Thickens

In our plot, we have an off-shore oil-rigging crew lead by Bud Brigham who is joined by his ego-maniac, soon to be ex-wife, Lindsey Brigham, and two navy personnel in a mission, supposedly, to check a newly sunken U.S. nuclear submarine for survivors.

U.F.Os and psychosis

Complications arise when some of the crew members begin spotting U.F.O.s, as in underwater flying objects, and one of the navy personnel goes psychotic (amiss in the abyss) and steals a nuclear warhead from the sunken sub.

Between the aliens, the Brighams' messy marital crisis, inconvenient and a rather hurricane named Fred, you will not be bored in this one.

"The Abyss" is a refreshingly (and surprisingly) unpredictable underwater film. of the usual sharks maulings and no submarine rehash, just decent acting and

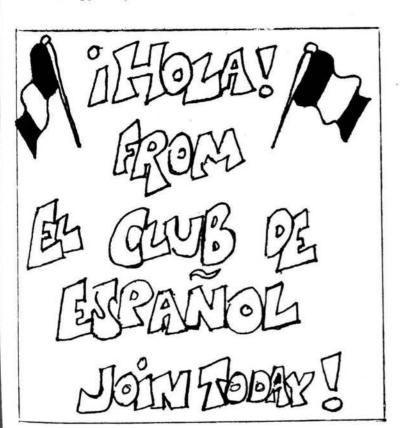
lots of action based on the fact that if it can go wrong, it will, and when you are three miles under the ocean, the margin for error is very slim.

The End

So, for the most part, the movie was great except for the ending, which, to be generous was, lacking, and to be honest, was dumb. But that's only the last ten minutes so it's only a waste

of about 23 cents of your money. Overall, it's a thumbs

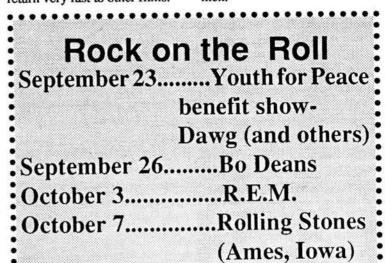
up.





Emergency Pregnancy Service

5001 Leavenworth Ofc. Hrs.: M-T. 6-8 p.m. W-Th F-S 10a.m.-1p.m.







Mortimor's Dance with **Benjamin Rouch**

" A guy walks into a bar ... "

-the first stand-up

caveman

It was one of those long, boring, lose your mind if you watch another episode of Jeopardy, days. I'm not saying that Jeopardy isn't one of the finest game shows around, along with Tic-Tac-Dough and, of course, Wheel of Fortune (love that Pat), I'm just saying there comes a time a time when one must escape the clutches of the Lazy-Boy chair and get out into that forgotten and now unknown world.

I personally realized it was time to take a step toward the sunlight when, during a Price is Right commercial, I noticed a small patch of yellow and green and puke colored fuzz-fur connecting me to my recliner. At first I wasn't alarmed, barely even startled, I just figured the Price is Right would be back on the air in just a jiffy and I would easily forget all about the growth upon my chair and me. This was not the case, however. Upon further inspection, I noticed that not only was my wonderful chair covered with this sickening dung, but the entire room! It encompassed the walls, the ceiling, the floor, my cat, literally everything. I was stricken with terror! Luckily, my game show came back on and settled me down somewhat, brought me back to my senses. I mean doesn't everybody have a three hundred foot dust ball they have to vacuum up during the spring cleaning? I told myself to just sit tight and clean it all up when something stupid comes on the tele, like the news for instance. But then the thing moved and I, for the first time in... in... in I can't remember how many years, shot up out of my Lazy-Boy and up the stairs and into the safety of the living room in a swiss-timed 2.2 minutes! Eat your heart out Ben

Talking Television Man

And this, my friends, is how I realized that I should brave the new world of the outer TV room. I know it sounds like a heroic story, and it is, but you too can be courageous and leave your love seat to venture out where no man has gone before. It doesn't have to be pretty as long as it's successful.

For example, take a few steps away from your well-worn chair (just to get your feet wet), and then back track to your love seat once again. After you think you've practiced enough, each time going a little farther, try to make it into an adjacent room. Bring the remote control if you feel you need some sort of security. Do whatever it takes as long as you can make it away from the boob tube. I know this is asking a lot, my friends, but it will all be for the better in the end. Trust me.

Now that I've told you about my re-birth and given you a pep talk of sorts on the "great escape," let me now narrate my infant moments away from my TV.

First of all, after the mad dash away from the jaws of death, I needed a rest. As I rested, I pondered on what to do on my first outing away from that adorable, one hundred per cent leather, champion of a chair, my Lazy-Boy. Nothing came to mind. I missed my TV and chair, already; my life didn't seem to have meaning anymore without them. I knew I had come this far, though, so I forced myself to push on.

I thought about mountain climbing, I thought about triathlon, I even thought about getting in touch with my girlfriend (I hadn't seen her for three years so why not?), but although these were noble pursuits none of them tickled my fancy. A bright idea did come to mind, though: installing a cable hook-up for my TV! I sadly dismissed this idea, however, when I contemplated the perils of coming face to face with my one and only love rush of mountain spring water down jogging. You don't really walk, so as far as I'm concerned weigh a ton.

it's exercise, but you don't really run so how excruciatingly painful could it be? I decided to start this instant.

First, I searched the house for the jogging necessities (steering clear of the TV room, of course), and to my joy accumulated everything I could possibly need. This list included, my friends (in case one day you were brain damaged and wanted to take up jogging): a walkman with cassette deck, cassettes, sunglasses, a cooler filled with non-diet Jolt, assorted chips and dip, and suntan

Why would I need a cooler filled with soda and assorted chips and dip? Because, my fellow health nuts, in order to jog properly and efficiently, one must have a great tan. Therefore, if I'm seriously going to challenge the likes of such health heavyweights as Simmons and Fonda, I must discipline myself and start with the basics. Thus, a "king" tan is simply mandatory.

I kick back into a padded lawn chair and crack open a cool one. The afternoon heat is coming down in a wave as I stuff my face with Ruffles Extra Carbohydrate brand potato chips and listen to some tunes by New Kids on the Chopping Block. Jogging could never be any better than this.

So you see, escaping your TV and Lazy-Boy is anything but difficult. If there is a will, there is certainly a way to dodge responsibilty and make it look as though you are changing for the better. Take heed of these wise words from a man who's been around (to the backyard, at least, which is better than you've done). So brave that first step, bring your remote if need be, but reach out to the world. You'll feel better knowing you're doing the same thing only in a different way; and they'll all love you for

Till next time, when we try to do something seat and tele. Then the perfect idea came to mind like a different and unusual in the not-so-glamourous realing the pants: of columns, a la fa la. And remember, it takes a big dog to

Returning to spotlight

Id rocks roll over into new generation

Lena Gold -

Pick a band, any band. If it's old enough that your parents listened to it, it's probably up for an encore in what appears to be Music Revival 1989.

Some of the last generations' most reknowned artists are back, and, though they're old, they don't seem to have lost the touch. "Whatever people are looking for, it's still going to be there," says Scott McAleer of KRCK radio station. "They haven't lost the talent."

Musicians on the comeback include the BeeGees ("One"), Crosby, Stills, Nash ("American Dream"), Dion ("Yo Frankie"), Bob Dylan ("Oh, Mercy"), Jefferson Airplane ("Jefferson Airplane"), the Rolling Stones ("Steel Wheels"), the Who on tour, and lots more.

"It's kind of a musical hing, but it's also a marketing thing."

So, why is this happening now? "It's kind of a musical thing, but it's also a marketing thing," says McAleer. Good popular bands often will recede into the backround of the musical scene for a length of time after being very successful maybe because their popularity was beginning to slide, or because, as Joni Ryan, radio station Z-92 Promotions Director, says, "I think musicians, in general, get burnt

out and make some rash remarks like, 'I'm never doing this again,' and then five years later they're sitting around with nothing to do." So, off they go again, on tour like the Who, with a new album like every Peter, Paul, and Mary from

" They have big houses and cars and they need to keep that stuff up."

the 1960's and 70's, or both like the Rolling Stones. But there's always that basic ulterior motive, "They need the money," says McAleer. "They have big houses and cars and they need to keep that stuff up."

And as time goes on, the profit gets bigger. " Now, they can take advantage of two generations raised on rock and roll," says Erin Belieu of Homer's record store.

A lot of the original Stones fans are now in their 40's and 50's and can afford the 30 dollars for tickets, according to Z-92's Joni Ryan.

And the appeal has spread from parents to kids. Central senior and Stones ticket holder Matt Montequin says, "I love the Stones. I grew up with the Stones, my parents listened to them."

But a lot has changed since the 60's and 70's including music style and yet groups like the Rolling Stones can still be put in the limelight with a new album, they can sell out concerts charging thirty dollars a ticket when newer, more popular bands would be lucky to get twenty, and they can tour using extremely popular bands such as Living color and INXS as openers.

"We have just as many people coming in here looking for the Stones' new album as we do for the Cure's," said Homer's

employee and Central graduate Joe Fogarty. "I think people are getting sick of top forty."

Even the modern pop-

We have just as many people coming in here ooking for the Stones' new album as we do for he Cure's."

oriented radio station Sweet 98 is playing cuts from "Steel Wheels." "I hate to say this," said

Fogarty, "but I think a large percentage of new stuff pales in comparison."

The groups haven't altered themselves much, as both the Who and the Stones are touring with all original members. Who members are Roger Doltry, John Entwhistle, Pete Townsend, and Simon Phillips. Stones members include: Mick Jagger, Keith Richards, Charlie Watts, Bill Weyman, and Ron Wood. The Stones will be playing in Ames. Iowa, on October 7.

"You have to admire these people, they started everything," said McAleer. "As long as people want them back. they'll come back."

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Offsides by Justin Mcwhorter

Players need tougher rulebooks making violations less frequent and not as severe

I have lost all respect for a one time childhood hero of mine Pete Rose. I, for one was heartbroken when was watching my favorite wrestling show on ESPN and no sooner did Gorilla Monsoon leave the

screen, when I immediately saw Baseball's Commissioner A. Bartlett Giamotti. announcing that Pete Rose had been suspended from baseball for life in exchange for the Commisioner never concluding that Rose actually bet on baseball.

Now, many of you may feel that this was a stroke of brilliance by Pete's lawyer, but I feel that this was

> "... but I feel that this was a complete cop-out by Rose."

complete cop-out by Rose.

The only reason that Rose and his lawyer were able to pull of such a deal is because of Pete Rose's appeal to the public and the fact that he will soon be put up on the ballot to be entered into the Baseball Hall of Fame.

I'm not as concerned about Rose entering the Hall of Fame as I am concerned about the manner in which Rose was disciplined.

Another athlete that seems to have slipped through the hands of any real justice is Ben Johnson.

You all know the Ben Johnson story. Johnson runs the best 100 meters in the 1988 Summer Olympic Games and is later found to been using steroids prior to his performance. As a result Johnson had his gold medal stripped and lost many of the endorsements that were promised to him.

All of this did not seem to bother Johnson because a few days later many national news programs showed Johnson smiling and answering questions about the controversy while washing his black Ferrari.

When a person reaches the status of a Pete Rose or a Ben Johnson there is much responsability to the public.

Although a celebrity's private life should be should be ready defend themselves.

The thing that discourages me the most about these two cases is that both men knowingly broke the rules. Before Rose's trial he denied betting on anything. Comissioner Giamatti later concluded that Rose was guilty of betting on almost everything but baseball. The same can be said about Johnson. Johnson blamed the chemical imbalance in his system on a spiked drink he had received earlier in the week.

"... National news program showed Johnson smiling and answering questions anout the controversy while washing his black Ferrari."

I know that the American athlete of today is not thrown upon the shoulders of that individual. expected to be perfect, but you'd think that if you knew your Responsibility that cannot be avoided or ignored. There every move was being monitored, you would be a tad more is not only responsibility to one's self, but responsibility careful. Many of these athletes may think that they are unable to be caught because of their status and clout.

If the Commissioners of these sports do not begin to kept private, there is always a chance these activities enforce the rules of their game more strictly, more incidents will be brought into the public eye and the accused like we've seen in the past will become prevalent and more severe.

Volleyball

Lady Eagles strive for success

-Renee Grush

No Central volleyball team has ever made it to the state tournament before, but this year's Lady Eagle team has high aspirations.

ally well this year," Susan said. "We help each other during practices and we are learning to work more together.

According to senior Diane Wageman, returning letterwinner, The team is also conscientious about their eating habits.

"We try to stay away from burgers and eat three nutritious meals a day," Lisa said.

The lady eagles would like to see more school support at their games this year.

In appreciation for the effort their parents have made, the team sponsored a Volleyball Parents' Night.

Everyone was announced on the court at the September 7 game.

"We held two car washes to raise money so we could buy sweatshirts for all of the parents," Susan said. "The idea was to show our appreciation for their support."

Miss Hettwer and team members would like to encourage and invite everyone to attend the

the team's unity is a major bonus "We help each other during practices

and we are learning to work more together."

in their aim for the state tourna-

communication problem on the

court, but we continue to

improve in every practice,"

team has been practicing since

July 24. Their workouts consist

of jogging, sprinting, weight-

lifting and practice on the court.

"We still have a slight

According to Lisa, the

ment.

Diane said.

"This season should prove to very promising, said varsity coach Debbie

Hettwer. "I think

we will surprise a lot of teams."

According to returning letterwinner Lisa Littlejohn, senior, the team has strength in every position

"Summer volleyball camp helped to bring both the JV and Varsity teams closer together," Lisa said.

Senior letterwinner, Susan MacDissi, agreed. All of the team members get along re-

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Support Central's sporting events. Consult the calendar and be there!

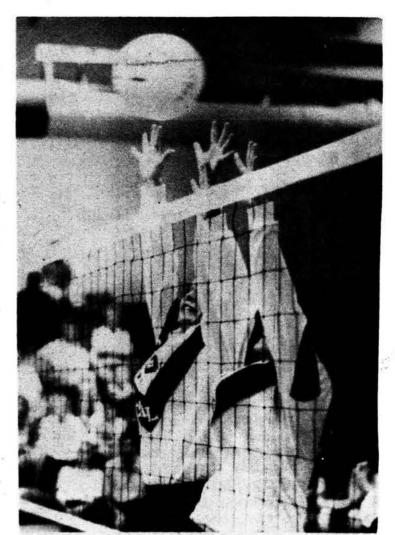


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Two Central volleyball players go up to block the opposing teams offensive spike back across the net.

Sports Calendar

Sept. 15-Varsity football (A)

Cross country Bell. W. Inv. Sept. 19 -Golf (H), Volleyball(H), Tennis(H)

Sept. 20 -Tennis (H

Sept. 21 - Varsity football (A), Golf (A),

Gymnastics (H) Sept. 22- Tennis (A)

Sept. 23- Cross country Bryan Inv.

Sept. 26- Gymnastics Hallstrom Inv., Golf (A)

Tennis(H), Volleyball (H)

Sept. 28- Metro Golf, Tennis (A), Gymnastics (A)

Sept. 29- Varsity football PREP, Cross country (A), Metro Golf

Sept. 30- Gymnastics Millard South Inv.

Wrestlers attend summer workshop

Renee Grush-

While many students spent this summer relaxing by the pool and savoring the joys of summer, seven of Central's wrestling team members worked hard at a training camp in Estes Park, Colorado.

Seniors Costanzo, Larry Littlejohn, Keith Tooley and Chris Wiese, juniors John Tiemann and Charles Porsel, and sophomore Chet Crinklaw were those in attendance at the Top of the Nation clinic from June 11 through 17.

According to Brad Costanzo, everyone was required to attend two workouts a day and optional workshops on specific skills and techniques werealso available.

"Each day we worked with different coaches from all over the nation on technique and style," Brad said. "We definitely improved our skills."

At the end of the week, several awards were given to outstanding wrestlers. Larry Littlejohn was announced the most valuable wrestler, out of 150 competitors, for the second year in a row and received the sportsmanship award.

> "Each day we worked with a different coach"

"I feel really good about the Outstanding Wrestler award, but it really meant a lot to win the Good Sportsmanship prize,"

Larry said. "Keeping calm is not always easy to do."

Other trophies were awarded for campers who acquired a certain number of points throughout the week. According to Brad, points were earned by keeping their rooms clean, making their beds, and participating in early morning jogs. Each of Central's team members came home with a trophy for their extra work.

Coach Gary Kubik sponsored the trip and felt that it was a great experience for the team.

"The coaching staff is excellent and [the camp] allows the boys to wrestle someone completely different," Mr. Kubik said. "It's also a good chance to get away from Nebraska and enjoy the mountains."

Girls golf "Tees-off"

Christopher Harz

The 1989 Central girls golf team could have a rather successful season.

According to Mrs. Jo Dusatko, golf coach, "Our expectations for this year are to be better than last year." She said this could be a reality because six of the seven-member team are returning from last year.

Sophomore Dana Souser and junior Heather Collins are golf team players who practice frequently during the summer.

Heather said,"Golf might not get enough recognition as being a hard sport, but for the girls it is." She said the golf team practices everyday except Friday and has matches every week. "

Metro golf is very competitive, takes a lot of practice, and is also very fun," said Heather.

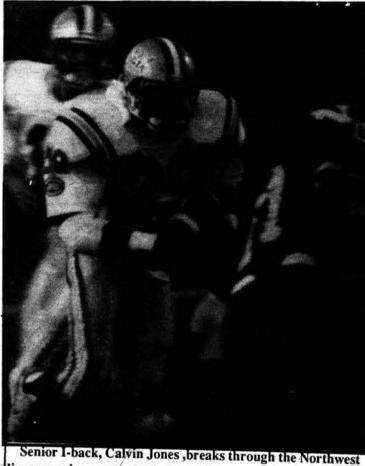
Each girl has her own reason for joining the golf team. Senior Jenefer DeRoy said she joined the team to get better at golf and to have fun.

Stacy Gottschalk, senior, said she joined the golf team because she played golf with her

> "Metro golf is very competitive..."

grandfather and decided to go out for the golf team this fall.

Although Mrs. Dusatko said she has good expectations for the girl's golf team, "we play in a very tough district so it's hard to tell if anyone will qualify for state," she said.



line, as senior quarterback. Todd Reger looks on,

Football

Experience, talent lead Central to number one

Christopher Harz-

The Central Eagle football team is starting the season with the number one ranking in the state. There are many good reasons for this.

Some of the talents that the Eagles possess include speed, talent, size, and experience. "Central's biggest strength is our experience and the fact that we have a lot of three-year starters back," said Mr. William Reed, football coach. Rick Heller, senior center and three-year starter, also commented about the experience of the offensive line, "This is the most experienced line I've seen in the last two years since I've started."

Talent is also a part of Central's football team. "This year's team has just a little more talent in the offensive and defensive line than last year's team," said Jonathan Culliver, senior defensive end. One of the talented players on Central's Calvin Jones, senior I-back. Calvin has been named one of the top 25 players in high school by U.S.A. Today.

When asked what coach Reed thought about all the publicity that Central's football program was receiving he said, "It's nothing new to our program; the press Calvin is getting is nothing new to us." According to Calvin he was taking the publicity one step at a time.

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