

News



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Central High School
124 N. 20th St.
Omaha, NE 68102
Vol. 102 No. 1

REGISTER

New students:

Underclassmen begin senior high

— Aaron Dennison —

Incoming freshmen and sophomores arriving at Central this year are experiencing the pressures of high school for the first time. Trying to adjust to new schedules, new classes, and new people are all problems that new students have to deal with.

First time in decade

On January 7, 1987, the Omaha Board of Education voted to allow ninth graders to attend high school. Consequently, for the first time in over a decade, Central High School will have freshmen roaming the halls.

Central High principal Dr. E. Moller fully supports the move: "I believe in ninth graders being in high school, and I always have." He added that he believes freshmen are mature enough to handle the often difficult and

trying transition to senior high school.

Space problems

According to Dr. Moller, some rooms had to be divided up over the summer to accommodate the new students. Space problems will occur only if the sophomore, junior, and senior classes don't drop in enrollment as expected, he said.

When asked about the freshmen, Central senior, Matt Nelson said, "I think it's a lot more crowded but it goes along more with the traditional system." He added however, "I would rather push it off on next year rather than us."

"Uncomfortable being here"

One freshman, Duncan Joyner, said, "It's uncomfortable being here at Central when I'm so young and small." However, Duncan thinks that things will get better as the year progresses.

Duncan said he chose Central because he felt it was the best choice in his zoning area. "I was pretty awed," said Duncan of his first impression of Central.

"Feel myself learning"

Duncan also commented favorably on the academic atmosphere at Central High, saying, "When I'm in class doing my work, I can feel myself learning." He said his biggest problem currently is "just trying to get used to everything."

"More people"

Kathi McCoy, a Central High sophomore, says she was ready for high school and didn't worry about the change at all. She stated, "It seems like a junior high except with more people." When asked what she liked most about Central, Kathi answered, "The atmosphere." Kathi also said she chose Central because of its good reputation.



David Kowalski

Students line up in the cafeteria to buy school lunches. A recent UPI article charged schools "for serving lunches so loaded with fat, salt and sugar that they failed to meet decade-old...guidelines."

Tornado, construction alter building

— Justin Kerr —

Students returning to Central this fall may have noticed several changes to the building, including the damaged auditorium roof and new classrooms where study halls used to be. Dr. G. E. Moller, Central principal, attributed these changes, respectively, to the whims of Mother Nature and the efforts of contracted workmen.

The July 15 tornado hit the school with enough force to cause some damage, Dr. Moller stated. "The red tile roof over the auditorium was ripped up," he said. "It looks as though a giant might have come along and taken his fingers and put them under the front of the tiles and just kind of ripped them up."

Dr. Moller went on to say that a fence was needed around

the building under the roof "in case [a tile] slipped out. The tiles are heavy enough so that if they fell and hit a person or car, there would be serious consequences."

Dr. Moller stated that, in addition to the auditorium roof, the courtyard was also damaged. "We had three of the large plate glass perimeter windows at the top of the courtyard blow out. Miraculously," he added, "almost all of the glass blew outwards onto the roof, so there wasn't much glass on the inside."

Dr. Moller said, however, that "a lot of water came in: dirty water from the huge ventilation ducts at the top of the courtyard."

Another source of detritus were the supporting girders at the top of the courtyard, where, he stated, "much dirt and dust had collected over the years. It

got picked up by the rain and the wind and the water," he added, "and blew into the courtyard, making a dirty, muddy mess on the floor."

The giant banners which decorated the courtyard were also soiled, Dr. Moller said. "We're having them cleaned, and they should be back up soon."

The tornado did more permanent damage to many of the trees on and around campus, stated Dr. Moller. "One of those nice little ornamental trees along Davenport Street completely snapped off," he said, "and a lot of the big trees around the teacher's parking lot had large limbs broken off of them."

Alterations of a more friendly nature were made on the building in rooms 215 and 325 by contracted workers. "Basically," stated Dr. Moller, "we had to find several additional classrooms to take care of ninth graders. We did that by putting two partitions in study hall 325, so that two separate classrooms would be made. We left a fairly large room in the middle which would still be used for a study hall."

In addition to this, he said, a partition was put at the back of room 215 to make an extra classroom. Also, a half-partition was put in at the east end of library room 221 "for the new location of the writing lab," said Dr. Moller. Room 147, the old location of the writing lab, he stated, "will now be used as a special education classroom."

School lunch gets graded

— John T. Musselman —

"The people who plan, cook, and serve school lunches don't have it easy."

This statement, which appeared in a recent Omaha World-Herald editorial, refers to the dilemma, faced by school food services, of balancing nutritional lunches with meals kids will eat.

In a recent UPI article, school cafeterias were criticized "for serving lunches so loaded with fat, salt, and sugar that they failed to meet decade-old government dietary guidelines and new ones by the surgeon general."

According to the World-Herald editorial, although the surgeon general has warned that a highly fatty and salty diet is not healthy, children's nutritional needs are different than the needs of adults which is what the surgeon general's report is based on. For example, studies indicate that although it is recommended that adults avoid fats, severely restricting fats in children's diets is not nutritional.

The National Food Service Management Institute is researching the topic of what is nutritional for students and until the results of their study are known, no one really knows what food ingredients, if any, should be altered for school lunches.

Kay Jilbow, assistant director of the OPS Food Service and registered dietitian, however, feels that "school lunches are better than they have ever been."

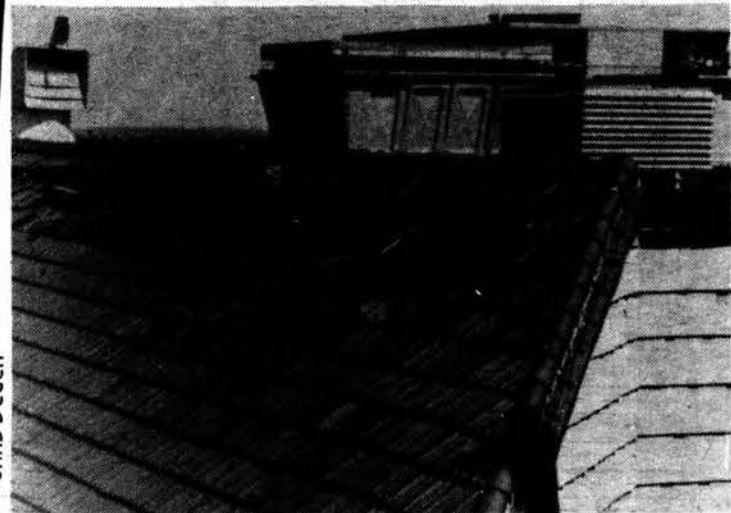
Jilbow said that the OPS Food Service is aware of the articles criticizing school lunch nutrition and said that "things researches have expressed as problems are the same problems we have come up with at OPS."

Although it has been requested, Jilbow says that school food services have not received restrictions regulating the fat and sodium content in school foods.

The government does, however, set regulations on what schools have to serve for lunch. Most importantly, according to Jilbow, is that the food services serve a certain amount of protein each day.

Also, the schools are required to serve at least two ounces of a meat, three-fourths a cup of fruits and vegetables, and a half-pint of milk daily with ten servings of bread per week. Jilbow said that these guidelines are "enforced extremely strictly because our government reimbursement is based on our meeting these requirements."

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The roof over the auditorium suffered damage from the July 15 tornado. "It looked as if a giant might have come along and taken his fingers and just kind of ripped them up," said Dr. Moller.

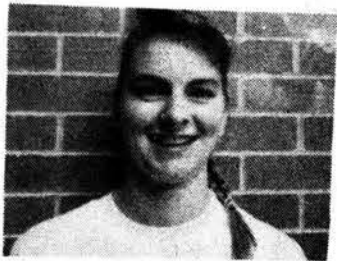
Registered opinion

In general, high school students are adequately aware of political issues.

Yes 42%

No 58%

total questioned 278

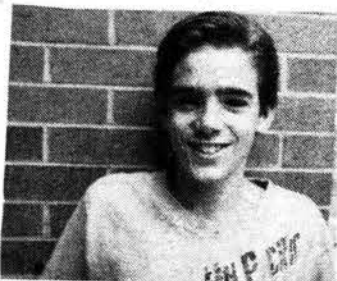


Jennifer Johnson, Sophomore:

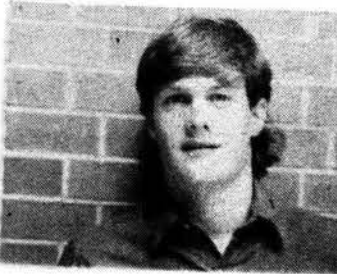
No, I don't believe they (the students) have any idea what's going on. You can ask them basically any question and they don't know."



Perry Smart, Senior: "Yes, I think high school students are a lot more aware of political issues than adults give them credit."



Duncan Joyner, Freshman: Yes, students are informed through friends, TV, news. They know enough to know what's going on."



Tim Pierce, Junior: "It's just like the general public; but I suppose most students don't take the time to learn."



Mary Budny, Senior: "No, I don't think students read the newspaper. I don't think they feel it influences them as much as it does."

Reporters inform voters

The press, during the past couple years, has delved into the histories of political office-seekers. Senator Dan Quayle, Republican vice-presidential candidate, is the most recent of these, haunted by aspects of his past uncovered by the press. Many feel the press has treated Quayle unfairly. However, the Register staff feels that the press has the right to cover issues that may reveal the character of a person campaigning for an influential political office.

Seemingly minor issues which the press covered, such as Quayle's admission into the Indiana National Guard, his exaggerated resume and his self-contradictions add up to these major issues: whether Quayle is able to handle his desired position and is willing to do so honestly. The Register staff, neither approving, nor disapproving of Quayle as a vice-president, wants voters to be informed so they can make their own decisions.

Quayle served in the Indiana National Guard and therefore was not drafted for actual combat in Vietnam. The press confronted Quayle and

asked if he had used an influential family connection to expedite and insure his wartime position. This is a fair question, and one that voters should know the answer to.

Another issue the press surfaced concerned a resume Quayle presumably exaggerated. Apparently, he spent only a few months as Chief Investigator of Indiana's Consumer Protection office, but he claimed to have spent two years occupying

"I [did] what any normal person would do at that age... You call home to mother and father and say, 'I'd like to get into the National Guard.'"

that position. Again, voters should be aware of actions like this in a candidate's past.

When the press questioned Quayle about these is-

ssues he said that he could not remember if anyone helped him get into the National Guard. However, he was also quoted as saying "I [did] what any normal person would do at that age... You call home to mother and father and say 'I'd like to get into the National Guard.'"

These are issues the press presented to the public. Issues of this sort examine a candidate's willingness to offer straightforward answers and show their experience in handling national coverage and controversy.

The Register staff is not concerned whether a candidate took short cuts twenty years ago, but rather how he answers the press' questions, and therefore the voters' questions, about the fact that he took these short cuts today.

A vice-president should be able to work with prominent world leaders and important political issues and should be able to do so honestly and confidently. The Register staff thanks the press for researching recent candidates and, in doing so, revealing their qualifications for powerful positions.

Courtyard remains closed Hallway congestion creates unneeded hassle

A spectre is haunting the school's first floor hallways after school. Beware.

The spectre of mass crowding consumes the first floor at the stroke of 2:40 p.m. The struggle to plow through the mob of students is maddening. Something must be done.

There is simply not enough space for all of the students to leave in a semi-organized manner.

The congestion is due, of course, to the closing of the courtyard, and the Register Staff supports the reopening of the courtyard.

The overcrowded hallways are a poor alternative to the previous loiterers in the courtyard.

Overcrowding creates difficulty in access to first floor lockers, classrooms, and more importantly, exits. Central has approximately 1856 students. These people need to exit the building after 2:40 p.m. There is simply not enough space for all of the students to leave in a semi-organized manner. It is difficult enough to move through all of the floors during passing period, much less with all of the students on one floor at the same time.

The overcrowded hallways are a poor alternative to the

previous loiterers in the courtyard. The problem of a defiant student who chooses to remain in the courtyard after the last bell can be solved with an adequate punishment.

A point to be well taken:

the administration expressed concern for the inconvenience of the teachers that monitor the courtyard. But the need for access to the exits far exceeds the inconvenience in monitoring. For acceptable organization, consideration must be concentrated on the majority- the students.

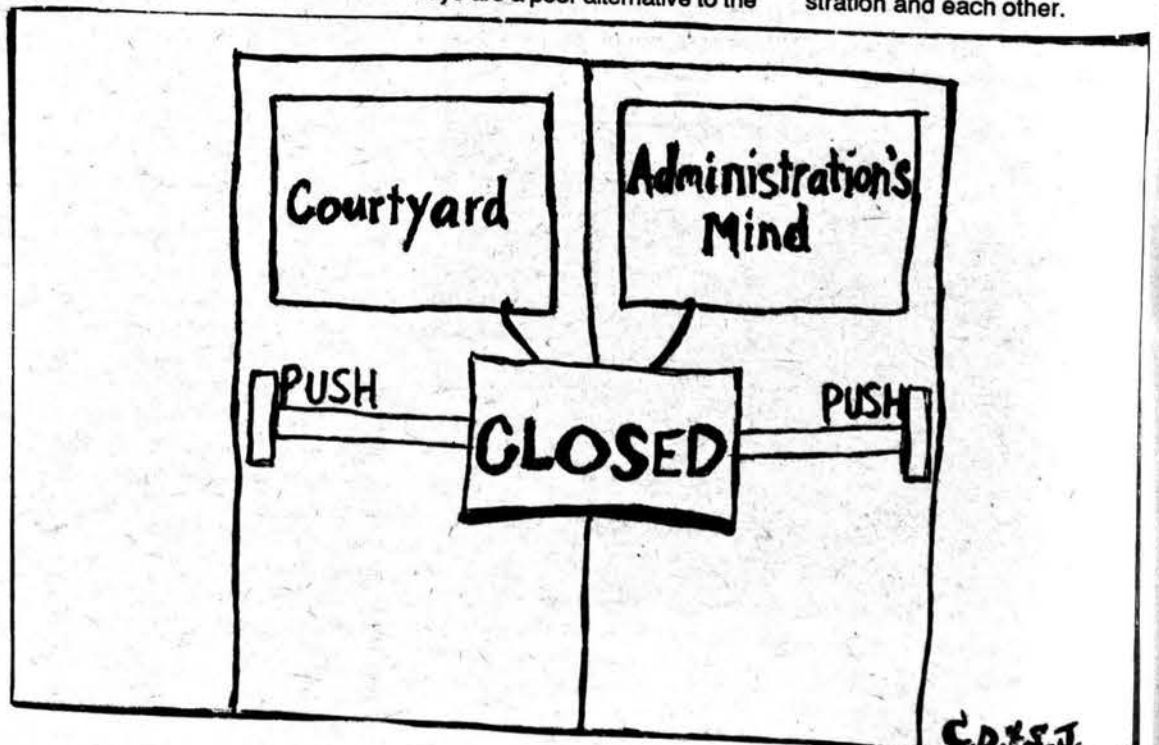
The students have felt the effect of the courtyard; and it is doubtful the previous student offenders will risk punishment not only on themselves, but on the rest of the student body again.

As young adults, the students are mature enough to display respect for the administration and each other.

REGISTER

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Loiterers

West Dodge Street merchants battle unwanted parkers

Loitering in Dodge Street parking lots has been a problem for the owners and patrons of Dodge Street businesses. Although city officials have taken steps throughout the past year to decrease the number of loiterers, the Register staff has not recognized any improvement and feels a change in the Dodge Street situation is crucial.

Last spring, City Council member Jim Cleary proposed a city ordinance allowing police to ticket people who park in the lots if a 'No Trespassing' sign is posted. This ordinance would allow police officers to ticket loiterers without first seeking business owners' permission.

The City Council approved the ordinance, but so far, it has not been enforced. Businesses must apply for signs to post on the businesses' lots indicating that the lot is closed. Approval for five of these signs has taken about three months, and others are still waiting for approval.

According to Cleary the reason for the delay is "classic

Simon Joyner



Omaha area youths gather at the west end of the Crossroads Mall parking lot near 72nd and Dodge streets. This is one of the many parking lots in which these individuals choose to park.

bureaucratic red tape." The public safety director, Al Patavina, said that the businesses must first be inspected and have their bonds and insurance verified before they can obtain a 'No

Trespassing' sign.

In addition to the businesses that have had to wait for approval, many others may never be able to receive a sign. Businesses that remain open for

twenty-four hours or share a lot with neighboring businesses may never be able to stop the problem in their lots.

For this reason, we feel only another solution can stop

the loiterers on the Dodge Street strip. Until a working solution is found, we ask that police begin to clear up the problem by issuing tickets to loiterers caught in lots with 'No Trespassing' signs.

Athletes and coaches deserve recognition through pep rallies

Why is it that Central, being one of the largest and best schools in Nebraska, never has in-school pep rallies? Is it really that difficult to organize an in-school pep rally?

Central excels in both academics and sports, but academics are emphasized while sports are rarely recognized. Many students and faculty members do not realize all of the time and effort athletes put into their sports. Central athletes and coaches are worthy of more support and recognition.

Current Central pep rallies last a mere twenty-five minutes before school. Few students are able to attend the full performance and show their support. The athletes train and practice numerous hours every week. For such a small glimpse of recognition, is it really worth it?

Both Westside and Millard South High Schools have two in-school pep rallies every year. North High School has three, Northwest and Burke four to five, while Prep has four to six pep rallies. Most schools shorten each class by five minutes leaving 30 to 35 minutes at the end of the day for a pep rally.

Yet Central only manages two to three pep rallies before school per year. These pep rallies are organized by the cheerleaders and pom squad. With minimal cooperation from the administration, these two groups could invoke more school spirit. Due to the fact that the pep rallies are before school, little school spirit is promoted by the student body.

There is an alternative to the problem of Central's pep rallies.

The pep rallies could be held during school towards the end of the day. It would not eliminate any specific class, if each period would be shortened only by five minutes.

Why is it Central fails to recognize the significance of spirit for the athletes? Most of Central's athletic teams have fared well in their competitions and their successes are definitely worth noting. Considering all of the efforts the athletes have put into sports, they should be rewarded with at least one in-school pep rally.

Letters to the editor are welcomed. Unsigned letters will not be printed. The Register staff reserves the right to edit letters as necessary. We will not correct grammatical or spelling errors. Letters should be mailed or delivered to:

Central High School
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Omaha, NE 68102

Political education lacks substance

An article in this issue of the Register examines high school students' political education. Those quoted expressed satisfaction with the political understanding of students. Despite the belief by some that students are sufficiently informed of politics, it is the agreement of the Register Staff that most students lack substantial political awareness.

Obviously, the school system's obligation is education. High school is utilized in preparation for the "real" world. The "real" world contains strong emphasis on politics. As respon-

sible adults, American citizens are expected to vote, based on educated opinions.

Unfortunately, only 25% of eligible eighteen to twenty-one year olds are registered to vote. If high school students are not taught the importance of political observation, how can they make adequate decisions as voting Americans?

Students are not given enough objective information about politics. Few high school students are equipped with up-to-date political concerns. And even fewer students have educated convictions. The present

government classes do not provide adequate political information to coincide with recent issues. It is difficult to understand government actions if it is not applied to contemporary matters.

The apparent solution is emphasis on current political issues in high school government classes.

High school students are at the encroaching level of adulthood and voting age. Some students are eighteen and eligible to vote. Political understanding must be in full swing at this age which sets the stage for future political involvement.



In brief....

Senior Mike Lawler was awarded the math and science student of the year. Department heads Mr. John Waterman, math, and Dr. Jerry Doctor, science, chose Mike for the award.

Central marketing students were involved in several summer camps. Rebecca Halsted, John Kozak, Jason Teel, and Todd Beam attended the Creighton University business camp. Dondi Caviness, Jennifer Hausman, and Julie Squires took part in the University of Nebraska at Lincoln business camp. Jason, Todd, and John all were elected chief executives of their camps. Mickey Gomez attended an entrepreneurship workshop at the University of Nebraska at Lincoln. All students, except Jason, are in the advanced marketing class.

12 Central students qualified as National merit Scholarship semifinalists, more than any high school in final lists are Dan Bayer, Erik Clark, Jennifer Drake, Ted Fogarty, Jennifer Hendricks, Jonathan Hill, Justin Kerr, Karen Lee, Beth Lucas, Maureen McVane, Steve Ohara, and Patrick Williams.

Senior yearbook pictures need to be in to room 315 by October 14. Pictures should be 2" x 3" borderless black and white glossies. It is the students responsibility to hand deliver the pictures to the yearbook staff.

The 1988-89 Student Council officers are Meredith Hammons, President; Ralph Falkner, Vice-president; Michelle White, Secretary; Peter Fasterson, Treasurer; Justin McWhorter and Claudette Godinot, Sergeants at Arms.

Five falcons reign on top of Woodmen roof

—Holly Stommes—

Soaring among the turquoise skies of August, five peregrine falcons head toward their new home. However, instead of a nest on top of a cliff, these falcons now reside atop the Woodmen Tower.

According to Mr. Ron Cisar, science teacher at Lewis and Clark Junior High, the reintroduction of the falcons was a project initiated by Fontenelle Forest Nature Center due to the high mortality rate of the peregrine.

The use of DDT and other pesticides caused the peregrine falcon to become an endangered species. Mr. Cisar said that the pesticide somehow made its way into the falcons' food which "thinned the egg shells to the extent that the weight of the mother cracked the shells."

Fontenelle Forest Nature Center initially started the project known as "hacking." According to Mr. Cisar, studies have shown that "hacking," raising falcons in captivity and reintroducing them to the

environment, is decreasing the mortality rate.

**This has worked
in the wild and in
the cities;
"therefore the
Woodmen was
perfect."**

The young falcons remain in a special box, called a hack box, that has bars but allows the bird to "see out and adjust to its environment." The box must be placed high on a cliff or on a high building. This experiment has worked in the wild and in the cities, "therefore the Woodmen was perfect," said Mr. Cisar.

Since the beginning of August, special volunteers of the Audubon Society have used spotters to observe and feed the falcons. According to Mr. Cisar, the peregrines are very efficient predators, diving at speeds of 150 to 200 miles per hour and catching their prey in mid-air. To

raise the falcons as naturally as possible, these volunteers raise quail and then place the quail meat in the hack box area. They also inject the meat with water so the falcons receive an adequate amount of water.

After a few weeks, the falcons "seem to have adjusted and view the Woodmen as home," said Mr. Cisar.

According to Mr. Cisar, the falcons have developed their natural skills and are now free. After they grow into their adult plumage, the volunteers provide the falcons with a three-day supply of quailmeat, open up the boxes, and watch the birds fly about freely from a special observation box. However, the falcons periodically return to their home on top of the Woodmen.

When asked what the final goals are, Mr. Cisar said, "the expectations are for the falcons to stick in Omaha for awhile and then follow their migratory instincts to the south." The end result would be the re-of the falcons to the wild population along the Missouri River from Missouri up through Minnesota.

According to Cisar, five of the original eight falcons remain. Unfortunately one of the falcons, Pappy, after being missing for 12 days, died along with one of the three falcons sent from Minnesota.

**"Expectations
are for the
falcons to stick
in Omaha for a
while."**

According to Mr. Cisar, the Nebraska Game and Parks Commission, Raptor (birds of prey), Papio Natural Resources District, and the Audubon Society joined Fontenelle Forest in the project.

Mr. Cisar also said that he was pleased with the role that Lewis and Clark's Wild Life and Conservation Club played in the project's financing. After a raffle last spring, the club donated \$531 to the project which was "really exciting." Fontenelle named one of the falcons LC in honor of Lewis and Clark's contribution.

COVE: volunteer students acquire work experience

—Kate Leuschen—

Among all the organizations and clubs to affiliate oneself with this year, a new club is emerging at Central.

The Central Outreach Volunteer Eagles (COVE) is designed to unite interested students with organizations needing volunteers.

Mrs. Joann Roehl, Mrs. Linda Milliken, and Ms. Connie Kozak of the Home Economics Department will sponsor the club. It will meet once a month.

**"Mrs. Roehl
and I felt a
need for stu-
dents to get
experience
working," Mrs.
Milliken said.**

Organizations involved include: the Red Cross, YWCA Crises Hotline, Girl's Club of Omaha, Radio Talking Book, and the Child Saving Institute. Usually, organizations ask for five to ten hours of

work per month. Speakers from the different organizations will join the monthly meetings.

Besides individual work, students will create a group project for every month. Projects will stem from the students' ideas and may include can drives or similar activities.

Mrs. Roehl and Mrs. Milliken initiated the idea of a volunteer club. "Mrs. Roehl and I felt a need for volunteers and for students to get experience working," Mrs. Milliken said.

**The club offers
a range of
volunteer
opportunities.**

The club offers a wide range of volunteer opportunities. Training is involved for some work. The club promotes self-growth by helping others in the community.

About 15 students have already shown interest in the club. Mrs. Milliken stated, "We would like to have at least 25."

Millard South has a similar volunteer club, but Mrs. Roehl is not aware of any other clubs in Omaha Public Schools.

The meetings will be held in room 049. Any students may join, and no fee is required.

Human Growth, Development: new required course this year

—Khorey Abraham—

Aids, human sexuality and coping with parents are a few subjects taught in the new Human Growth and Development class. Although it has been dubbed Sex-Ed, the course is more comprehensive and deals with many aspects of human sexuality and self-esteem. According to Mr. David James, former biology teacher and new Human Growth and Development teacher, the class has been added "to help students cope with problems and to have a better understanding of their own identity." The class, taught by Mr. James and Mrs. Joann Roehl, is required for sophomores but open to everyone.

The addition of Human Growth and Development to the curriculum seemed to cause a great deal of controversy, but according to Dr. G. E. Moller, Central High Principal, parents have raised no complaints. He feels "positive" about the addition because he feels "there is a vital need for facts."

Sophomore Chris Higgins, Human Growth and Development student, feels a little un-

comfortable when the subject turns to sex but thinks "if the students are more educated, they will act more mature." The class has started off with learning about the different aspects of love. Although it takes a while for the students to open up with their ideas to the class, Mr. James feels they are handling it maturely.

Sophomore Marc Chapman feels "the class will help with decision making processes." The students are to keep a journal in which they record their feelings about the class lectures. Some topics being discussed are the developing process between the ages of seven through twenty-one and coping with the problems with parents during that time.

Both Mr. James and Mrs. Roehl have taught subjects related to Human Growth and Development. Dr. Moller feels they are "excellent," and he is "sure they will do a great job." As for an outcome for the class, Mr. James hopes the students will achieve an improved awareness of responsibility to sexuality.

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Counselors combat chaos in counseling center

Karen Lee

"I've lived in Japan for two months. I'm used to crowds. This is not a crowd," said Stephan Dietrich, senior, on the second day of school. Stephan was third in a line of three students waiting for a conference with Miss Jo Valasek, their guidance counselor. Similar "crowds" of students were grouped outside of the other counselors' offices and around Central career technician Mrs. Linda Hazuka's desk, spending their study halls waiting to have their class schedules amended.

"[This is] a frustrating time to be a counselor," said Ms. Judy Maniscalco, counselor. Due to the large demands for counselor appointments, she said that the counselors are "spread a little thin" over their workload. Ms. Maniscalco said that the rush to see counselors comes at the beginning and ending of the semesters.

Mrs. Hazuka stated that the counselors are having a hectic time handling the rush of students, but that it was "the way it is at the beginning [of the school year]." She estimated an influx of more than twenty-five students per class period and sometimes "wall-to-wall" students before and after school.

And why are these students congregating in the counseling center? Mr. Steve Nelson, guidance director, attributed most

of the counselor visits to "immediate concern with classes." He also said that in comparison to last fall, the counseling center is just as busy, but running "much smoother." He said that much of the improvement comes from the teacher's distribution and support of counselor appointment forms, which has helped the counselors be "a little more organized in addressing problems." Once the counselors have received an appointment request, they call as many students as they can accommodate from the study halls "in an attempt to try to get them all taken care of," said Mr. Nelson.

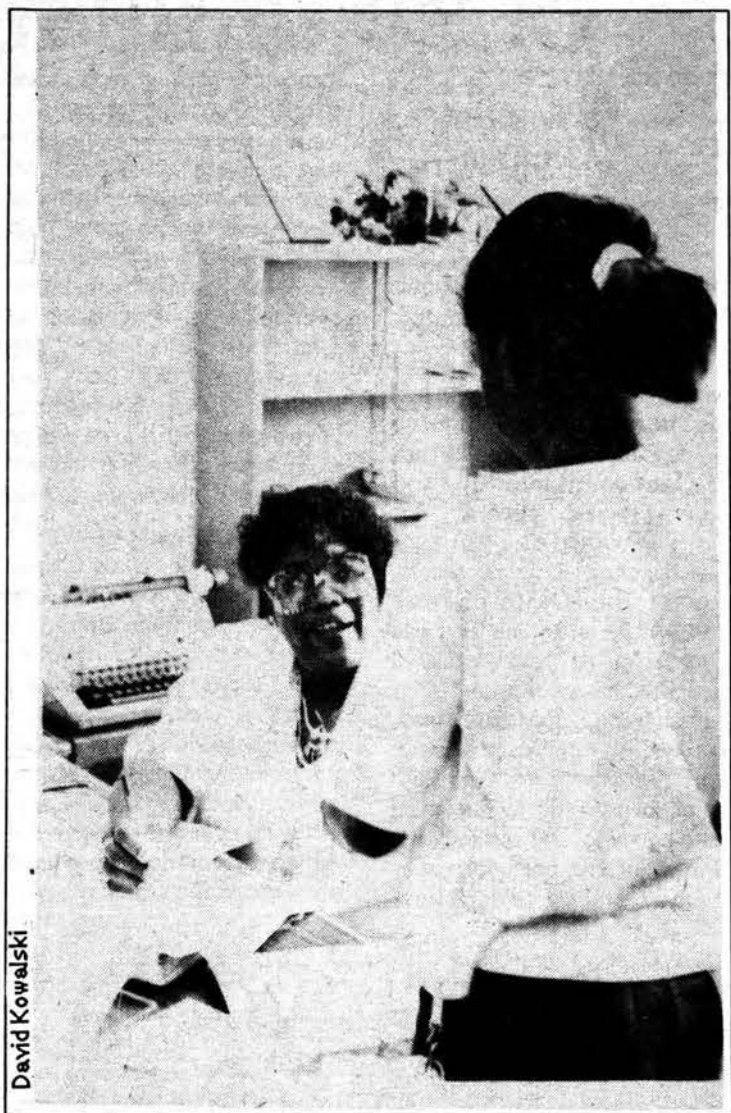
At Central, everyone in the 1700-plus student body is assigned to one of the eight counselors. Junior Keri Babe, an aide in the counseling center, said that despite the number of students her counselor had to deal with, Keri felt that she received "one-on-one attention." "It's like any other counseling center," said junior Melissa King, "but a little messier."

Although the underclassmen have been responding well to the counseling center, anxieties over colleges have caused many seniors to worry about their rapport with their busy counselors. Matt Nelson, senior, said that he thinks his counselor doesn't know him well enough to be able to fill out a personality analysis on college applications for him. "The only impression the

counselors can base the college personality whatchamacallums on is when students come in and pour out their problems," said Matt. "[Most people] don't go in and say, 'I'm doing great.'"

Randy Porter, senior, said that not enough information is given out about college representative visits or PSAT, SAT, or ACT testing dates. Senior Heidi Hankins said that the counselors should schedule times during the year to check up on seniors and remind them about testing deadlines and college seminars. Scott Easton, senior, said that the counseling center should add a few Creighton students as aides. Scott said that those students would be able to answer many questions about college and save the counselors some time and work.

The counseling staff did add another counselor, Mr. Robert McMeen. Mr. McMeen filled in for Mrs. Susan Richards, counselor, for a few months last of school, and then the crowds would lessen considerably until the beginning of second semester. In a few weeks, the counseling center will be open until 7:00 p.m. on Tuesdays, providing more time for students to come in and browse through the college brochures and catalogs and try the various computer programs.



Mrs. Johnson helps a confused student with her schedule. The counselors are swarmed with frantic students, eager for drop/add slips at the beginning of each school year.

School lunches

continued from page 1

Jilbow feels that the OPS Food Service, the largest restaurant service in Nebraska, serves school lunches that are very sound nutritionally and are lunches with a wide variety of items to choose from."

Recently, the OPS Food Service has begun serving more fresh fruits and vegetables. According to Jilbow, "the serving of more fresh items is greatly improving our school lunches."

Malva Taylor, a Central High School cafeteria employee, agrees with Jilbow's OPS food rating.

"In a nutrition test, our food would rate one hundred percent," said Taylor.

Some changes have been underway in Central's cafeteria, including plans for a new soup and salad, serve-yourself bar in the courtyard that

is due to open later this fall.

Also, a new Cash Express line has been put into effect in Central's cafeteria. The line accepts cash only and is intended to speed up chaotic lunchroom traffic. Daily features in this line range from hamburgers and fries to fresh fruits and vegetables.

Barbara Gordon, an OPS Foods Service employee, is "really proud of the presentation of the food at Central" and feels the variety of foods offered at Central is "great for the students."

The Central cafeteria staff is enthusiastic about their new food service changes. The staff welcomes and encourages suggestions and comments from Central students and stresses that "it's worth the climb to the Eagle's Nest."

Nine new teachers become Eagles

Jason Auslander

Even though the 1988-89 school year has just started, Central has seen many new changes already. With the addition of freshmen, come nine new teachers. Some veterans of Central have switched either departments or subject levels to teach the incoming students.

Mr. Paul Semrad has switched from teaching Social Studies to being an assistant administrator at Central in a new program to help the administrators with their workload.

"I work with students who are at-risk," said Mr. Semrad. At-risk students are students who are in danger of failing a class, either because of attendance or academics. Dr. G.E. Moller, Central principal, explained that the program which Mr. Semrad is participating in came about

because a number of principals requested some extra help for the administrators. "Due to the changing problems of students," said Dr. Moller, "we felt all of their needs weren't being met."

As you may have noticed, we have many new teachers in the building this year. A new addition in the Social Studies department is Mr. Paul Blazeovich who came to Central from Horace Mann. Mr. Blazeovich has been inducted into the Nebraska and UNO football hall of fame.

Ms. Cindy Newberg and Mr. Tim Shipman are new special education teachers. Ms. Newberg comes to Central from Morton Junior High and Mr. Shipman is new to Omaha Public Schools.

New to the Math department this year is Mr. Stephen Shonkwiler. Mr. Shonkwiler asked to be transferred to Central when Horace Mann changed curriculum.

Mrs. Diane Pfeiffer, new Physical Education teacher, came to Central "fresh out of college."

A new addition to the science department is Mr. Vernon Krenzer. Mr. Krenzer also comes to Central from Mann and has been teaching for 22 years.

Mr. Jurgen Shawver is the newest English teacher here at Central. Mr. Shawver has been teaching for nineteen years and came to Central from Mann.

Mrs. Carla Robinson is new to the Home Economics department. Before she came to Central, she was a nutrition educator for five years at the Dairy Council of the Midlands.

Mrs. Elyce Azriel is new to the Foreign Language department teaching Hebrew.

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Revelations on frolicking in Tiffany, tofu, tinfoil and trash



Another Illusion

with
Simon Joyner

My friend Drool and I were thirsty while passing a fast food restaurant the other day, so we decided to stop for some pop. We went up to the counter and ordered two Dr. Peppers.

"Would you like two, beat the cheeseburger boredom, roast beef-with-cheese sandwiches and some fries with your drinks, sir?" the somewhat warped impersonation of a human being responded instantly like MUZAK to a closed elevator door. We worried that if we didn't agree then it might flip something as disgusting as itself into the bottom of our pops for us to swallow, and we couldn't bear

the thought of being impregnated with Dr. Peppered fungus. We were happy to accept the offer and decided there was no promotional tool better than that cashier and that he should be a free-lance scare tactic. We eventually settled in a booth overlooking a vast, beautiful stretch of parking lot. The conversation we had was perhaps a bit too philosophical, but we decided that taste was an overrated necessity of eating. The more we talked the less we tasted, or so it seemed.

"Simon, what do you think it's going to be like one hundred years from now?"

"Well, everything will be extinct except us. The crops will all be irradiated, sort of like that cashier, and we'll only be able to eat that tofu stuff, so everyone will commit suicide, and the earth will cake over and dissolve into an acid raindrop and pollute someone else's planet."

"I like tofu."

"Yeah, well you like Tiffany, too, and she sounds like tofu tastes. Besides, we've already begun. What do you think the falcons living on the Woodmen tower are doing there? We bought them so they would kill the pigeons in downtown Omaha. That makes almost as much sense as waiting for them to fly south for the winter and blowing them up while they're together. It wouldn't be natural, although it would give us a chance to test some of the nuclear weapons we've been storing."

"Shut up, you're too pessimistic. You're completely overlooking the fact that there are many good people working to reduce pollution and extinction of precious wildlife and nuclear arms and waste. People are..."

"Yeah, they are like a thousand little pigeons but the people with the power are sitting on top of the Woodmen tower."

"Well, I think the earth has a chance. We can still still save it."

"Oh, do you? The earth will be completely overcome by its own garbage before we have a chance to make all of the animals extinct ourselves. We won't even be able to live here. Where do you think the tin foil wrapper for your nasty sandwich is going when you're through with it? Waste."

"I'll eat it then."

"It's probably better than the sandwich, actually."

"You know, I wonder if there are two aliens sitting in a restaurant talking like we are now on a completely different planet that evolved at the same time that earth did. Maybe they call it Sparby's though."

"They probably look like that cashier."

"I mean there has got to be more than one planet with life on it. Earth can't possibly be the

only one; not with a billion-trillion galaxies out there. I bet some of the U.F.O. sightings have really been aliens."

"They probably used to be, but now they burn up trying to get through our aerosol O-zone."

"I really hope we're the only ones. If we have the chance of a life, and we're wasting it when a billion-trillion galaxies don't even have that chance, that's a sad thing."

"You're right, Drool. I don't think eating that foil is going to help."

"Simon, I think the pigeons should escape this place and try to live somewhere else."

"I do too, Drool. Maybe in one hundred years all of the people who think like we do will be living on the moon or some uncorrupted planet where the falcons will have to fly long distance to get to us."

"I hope so."

We ate our trash, and continued to live—anyway.

Today's youth politically aware

—Chris Chapman—

"My interest is in the future because I'm going to spend the rest of my life there," said American inventor Charles F. Kettering. But with the election only months away, do Central High School students care? Are they wondering about their future and what this election will mean to it?

"Yes," according to Mr. Jack Blanke, Social Studies Department Head, who feels that Central students are certainly politically aware because all the social studies teachers discuss political issues with their classes and stimulate student interest. In fact, the Election Commissioner's office informed Blanke that Central registers more students of voting age than any other high school.

Students are indeed more aware and concerned about what is going on in the world.

Congress. Also, she feels the schools should encourage their students to participate and become actively involved in their local political process. She believes it will benefit the students to see that they can make a difference in their government and that getting involved is the right way to do it, she believes.

Senior Mimi McVane, vice president of the Central Young Democrats, agrees that involvement is a way to change but that students have to want to get involved.

Involvement begins with awareness. "Overwhelming," is the word Steve Jarding, press secretary for Democratic Senate candidate Bob Kerrey, used to describe the hundreds of Omaha students who are volunteering to work in Kerrey's campaign.

Within Central, views on political awareness are pretty evenly divided. Perhaps Central principal Dr. G. E. Moller stated it best when he referred to Central High School as a microcosm of the city, where the views and awareness are divided among the students just as they are among the population of Omaha.

Wes Bailey plays toughest role Central High graduate dupes talk show hosts

—Seth Kotak—

Appearances on syndicated talk shows by guests who are not what they claim to be has caused some controversy in recent weeks. At the center of this controversy is Wes Bailey, a Central graduate.

Mr. Bailey, now a part-time Chicago actor with his own production company, portrayed an impotent husband on "The Sally Jessy Raphael Show" and two weeks later played a 34-year-old virgin on "Geraldo."

Both of these characters had been "cured" by a sex surrogate who was portrayed by actress Ms. Tani Freiwald, also of Omaha.

Talk show scandal

These actions have caused a scandal in the talk show world. "Geraldo," "The Sally Jessy Raphael Show," and "The Oprah Winfrey Show," which was duped earlier by Ms. Freiwald, have all been criticized for allowing phony guests on the shows.

According to Mr.

Bailey, the situation started about two years ago when Ms. Freiwald's employer, Dr. Dean Dauw, received a call from the "Oprah Winfrey Show" to have a "sex-hating wife" on the show. Dr. Dauw asked Ms. Freiwald to appear on the show.

Later Dr. Dauw was called by "The Sally Jessy

Mr. Bailey said, although the publicity is nice, he did not originally do the talk show as a stunt.

Raphael Show" to send in an impotent husband cured by a sex surrogate. Ms. Freiwald portrayed the sex surrogate and she recruited Mr. Bailey to portray the impotent husband.

In a telephone interview Mr. Bailey said that he thinks Dr. Dauw was hoping for recognition for his clinic.

Dr. Dauw denies this and said that he was unaware that the guests were false,

according to the Omaha World-Herald.

Mr. Bailey has also received criticism for his actions. He said he did not think he was wrong and tried to be "responsible" by giving "only the most general advice."

Rivera, who threatened to sue, has not yet contacted him. No problems have been caused by the shows and he is now considered a legitimate actor, Mr. Bailey said.

"No regrets"

Mr. Bailey said that although the publicity is nice, he did not originally do the talk shows as a publicity stunt. He said he has "no regrets" about the shows and feels that the majority of the people are on his side.

"It's weird to be considered legitimate," said Mr. Bailey, who has been acting since he went to Central. He appeared in many of the school plays. Mr. Bailey said he still considers Ray Williams, the former Central drama teacher, his mentor.

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BAND FOR SALE - rock'n roll dance music. Available for parties, etc. Cheap rates for a great show. Talk to Todd, Heith, David or Arron or call 551-7304.

John Majorek, the scheduler for Jerry Schenken, Republican candidate for Congress, feels that today's students are indeed more aware and concerned about what is going on in the world, and they are no longer single-issue oriented but hold a broad range of views concerning pertinent issues.

Awareness starts through friends and family, feels Mary Atkinson, volunteer coordinator for Peter Hoagland, Democratic candidate for

Cable television: Cox not quite up to par



**For
What
It's
Worth**
with Seth
Kotok

Welcome to the wonderful world of cable television. It is an "artistic" medium which broadcasts anything from congressional hearings to Australian rules football.

Luckily we Omahans are blessed with over fifty entertaining yet informative channels for our viewing pleasure.

To help you, the t.v. viewer or fan, as the case may be, I've compiled a list of some of

the lesser known stations and the ways in which they use the stimulating, far-reaching medium that t.v. is.

On channel 4, the Health and Wellness channel, the t.v. viewer is treated to a talk show hosted by a lady who, although I'm sure is intelligent, talks as if she's a rejected host from Romper Room.

In this intelligent, insulting manner, she questions her guest, a doctor who can't even pronounce his own specialty correctly.

Personally I wouldn't trust this man to tie his own shoes let alone cut into a person's chest. Titillation runs rampant on the Nashville Network. They run a country music version of the "Gong Show."

They even have their celebrity judges like Billy Nash.

I've just got one question for this station, who the heck is Billy Nash, and since when is he a celebrity?

The USA network, whose motto is "in touch with today's world," programs such "in touch" shows as "Saturday Nightmares" and the "Edge of Night."

Shopping by phone is the premise of the QVC network. The stupidity of this 24 hour home shopping network merits no comment.

Just a few channels away from that t.v. shopping foolishness is the Trinity Broadcasting Network. Here you can watch Jim and Tammy rip-offs with matching white bouffant hair and moan about the sins of the day.

Meanwhile, the founder of televangelism sits next to these

two and gloats about his accomplishments in the world. Needless to say, it all made me sick.

While these religious right-winger jokers sit and gab, a few channels away on a public access station another preacher, dressed like a monk, preaches over the t.v. about the evils of materialism.

So if you're not a fan of that junk, watch the opposite, science, via the Discovery channel. You too can be astounded with the facts you will learn about Malaysian pygmies, the development of the South American tree frog, and a host of other intriguing subjects.

Cox also offers the usual 24-hour networks such as 24-hour news, sports, music, and, of course, the ever exciting weather channel. This station is

for those of you, who like me, wake up in a cold sweat at 3 a.m. wondering whether it is raining in Walawala, Washington.

Finally, as if all this isn't enough, cable offers the movie channels. But Cox cable has specialty movie channels like the Playboy Channel, a plethora of soft core pornography. High quality programming.

If you get bored with all these channels (although that's surely impossible), switch to the channels of last resort, the networks. Maybe you will be able to catch the CBS Late Movie, even though it is never really a movie.

Well I will let you decide what to watch on this veritable orgy of entertainment called t.v..

I think I will go listen to some music. NO, not on MTV!

Foreign travel

Students gain insight

—Holly Stommes—

Going abroad—exotic food, glamorous places, beautiful people, and terrific shopping. Many people imagine travelling to be all of these things. But is it really so wonderful? Three European teenagers and three American teenagers tell of their travels abroad.

Dennis Wiese, from Detmold, Germany, said, "I saw going abroad as a very positive experience."

After living in the United States for about two weeks, Dennis said that he has become more independent and has learned a lot about American society.

Dennis said, "I am happy that I grew up in Germany. I see that families are very close. On the other side of independence, they're not as close."

However, after adjusting to the differences in culture, Dennis said, "If I had grown up here with family and friends, I would like to live here."

Central senior Sabina Boberg, an exchange student from Värmdö, Sweden, said that she was excited to come to America. "Learning the English language, the culture, the independence, and learning to take care of myself are the best parts of travelling," Sabina said.

Sabina added that she enjoyed the selection of courses offered at Central and all of the clubs and teams. "In Sweden, we only go home and do our homework."

Another Swedish student, Central senior Anna Rowa, said that she had no expectations about coming to America but "that it sounded like a nice place."

Anna said, "I am glad I took a chance," because she has discovered many things about different societies. On a scale of one to ten, Anna rated America as a seven. "It is so different from my country," she said. "I think [Sweden] is the best."

Stephan Dietrich, a senior at Central, lived in Japan for two months and said, "I

learned just as much about Japan as

I learned about America." Stephan experienced quite a culture shock, but one day he intends to work and live in Tokyo.

"The Japanese have a very closed society. However, it is very homogeneous, they all work together."

Stephan said that he did not miss America at all. The low crime rate, pride in family, and respect to each other impressed Stephan and made him see America in a different light.

"America has such a diverse culture, there's always something to do."

Another Central senior, Karin McCoy, stayed in Norway for two weeks. She immediately noticed a diversity in cultures. "America has such a diverse culture, there's always something to do."

Karin said that before she travelled, she thought that she wanted to live in a foreign country. However, now she would much rather stay in the United States. "It is much more comfortable here. I like the government, culture, and climate better."

Meredith Hammans, another student who travelled to Europe, stayed in Spain and France for a month. She stated that she "grew up so much. I learned so much about myself." Meredith said that she felt different after travelling abroad and that she had acquired a new pride for being an American. "We're up-to-date, friendly, and fun." However, Meredith said that "it was great to know about another country. I think everybody should travel abroad."

Hard work pays off

Band camp proves a success

—Ellen Kaban—

One may have noticed that the Central High marching band looks a little better this year. This is not only because of the arrival of the much needed band uniforms, but also because ninety Central students that make up marching band, pom squad, and flag corps attended band camp this summer. The four-day camp was held August ninth through the twelfth, at Concordia Teachers College in Seward, Nebraska.

Every day in very hot weather, each student spent an average of nine hours out on the field learning formations and routines, along with several hours of indoor rehearsal.

Despite the difficulty of the camp, most of those that participated thought that the work was well worth the effort. According to Gina Weberg, senior, co-captain of the pom squad, the work was hard, and they had to learn a lot of material in a very short time. "I think that we are going to be a lot better this year than last," said Gina. "We definitely have a lot of potential."

Jonelle Abbott, senior and captain of the flag corps, says that the work they've done over the summer will really show in their routines. "We are better this year than we have ever been."

Bill Miller, senior and band president, states that the camp really brought every one together. "There was a swimming party and a dance and we all had a really good time at those. I'm really looking forward to this coming year; I think we're going to do very well."

Band instructor, Chuck McAdam, says that he was very pleased with the effort everyone put in. "Everyone did very well. I'm very proud of them."

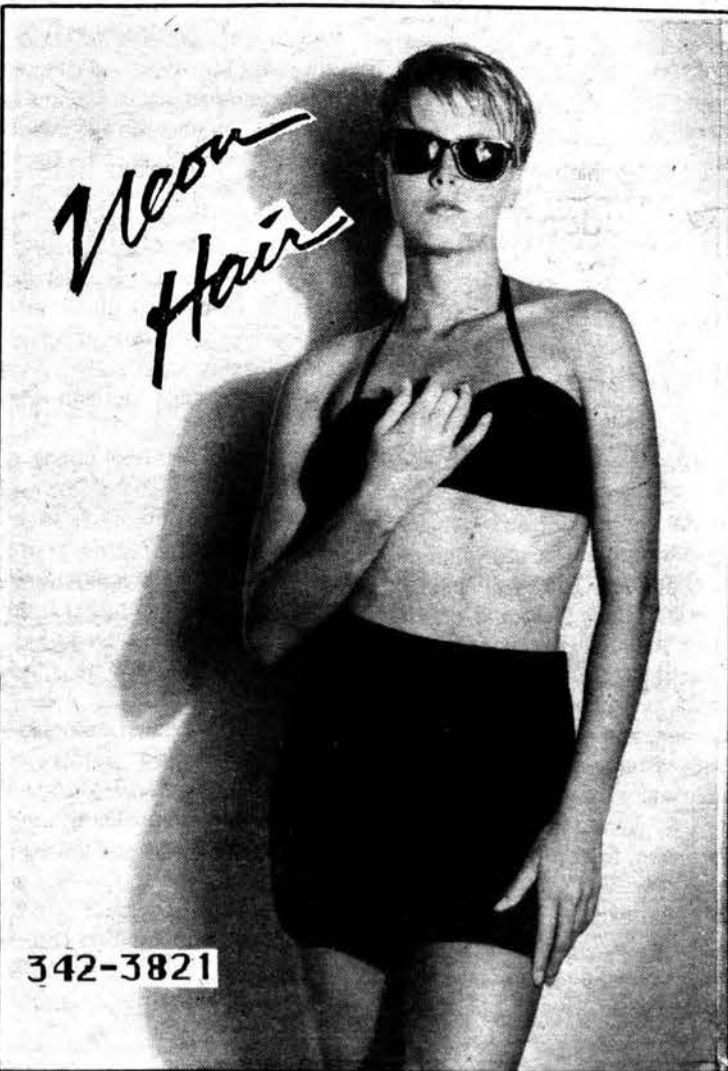


Band members perform their marching maneuvers at a football game. They spent four days last summer of intense training at a marching camp.

In addition to the camp in Seward, most of the section leaders and drum majors attended a summer camp in Kirksville, Missouri, during July. This learning camp was designed to teach them the qualifications to be successful in their positions and to run the band effectively.

Also this summer in August, the band held a car wash to raise money. They will be holding more fundraisers further along in the school year.

When asked what he had to say about the band's coming year, Mr. McAdam replied, "I'm very excited!"



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Discos capture tourist appeal

—Hilary Fenner—

The atmosphere was excited yet relaxed. A cool ocean breeze traveled through the crowds of people conversing in various languages and brought a sweet relief to others dancing to the beat of such groups as New Order and INXS. The little silver lights overhead came not from the a mirrored silver ball but from the stars. Natural palm trees and the Mediterranean Sea provided the decoration.

Although this setting does not sound like the type John Travolta would be seen in, it is typical of European discotheques according to Central student Tzari Christon. Tzari as well as Jennifer Drake, Reggie Renard, Holly Stommes, Stephen Deitrich, and Meredith Hammans travelled to various countries and found discos to be the main aspect of night life.

Jennifer Drake, who lived in Luebeck, Germany for a year, stated that discos "are the thing." According to Jennifer, discotheques in Germany vary greatly. She explained that there are "normal" discos with an admission of two to five Deutsche Marks or one to three American dollars, where people go to dance and to have drinks.

Jennifer described an alternative disco as being a "punk scene." "These are places with

cheap admission, a lot of beer, loud music and slam dancing," she explained.

Jennifer stated that a third kind of disco is the "elite" disco with a very steep admission fee and a dress code.

Stephen Deitrich, who travelled to Yokohama, Japan, described one of these "elite discos" called the Maharaja as being nice but very expensive. "You had to pay forty dollars to get in which bought you a few drinks, and, although it was very crowded, there were many nice effects such as dry ice machines sending smoke onto the dance floor," he said.

"There seems to be a common bond between people away from home."

Central student Holly Stommes found that she enjoyed discos that were obviously European but popular to people from all over the world. "There seems to be a common bond between people away from home; everyone just wants to meet everybody else," she explained.

According to Meredith

Hammans, who vacationed in Tours, France, French discos are good for dancing only. "Although the dancing is great, the discos are gross; I mean major pick-up joints and that's it," she said.

"Israeli guys think all American girls are tramps," said Reggie.

Reggie Renard described Israeli discos similarly. "Israeli guys think all American girls are tramps and as a result hit on every American girl who walks through the door," she said.

Reggie elaborated saying that it was difficult to relax at the Israeli discos because all young Israeli men are required to serve in the army and as a result must carry guns at all times.

Regardless of the atmosphere, Reggie and the others found discotheques to be a very popular and entertaining sources of nightly entertainment. Although these discos vary in style and theme, they all have one important trait in common: music. Whether it be two year old American pop music or new wave disco, in all cases, they have come a long way from Saturday Night Fever.

Sprite Nite: fun and "healthy"

—Adrian Ferguson—

Boogie'n to the Bangles with Sweet 98 D.J. "Hot Scott", having a smoke with the boys, and just hanging out scoping chicks were my envisions of what Sprite Nite was all about.

Well, in reality, these conceptions were not far off. You might call it an observers paradise.

Wasting no time, I made my way onto the outdoor dance floor just in time to catch seven Burke students attempting a synchronized, Morris Day looking dance. Boy were they proud, and rightfully so. This energetic group hadn't missed a Sprite Night all summer.

Holding my laughter in to a slight facial contortion, I made a fast get away, only to be amused again.

A couple, making out on the dance floor, remained slow dancing even though AC/DC's "Shook Me All Night Long" blared out of the speakers. Tacky. Maybe someone should shake some sense into the two love birds.

As "Hot Scott" said, "Sprite Nite gives me a chance to connect with the teens and is a little more healthy than other things teens might be doing." Yeah, like listening to his repetitive format of the top forty tunes on the radio.

Surprisingly, the hot D.J. Scott ventured away from this rut, to bring a potpourri of hits from the Beatles, Dead or Alive, the theme to the movie "Colors", and many other great songs, in order to satisfy the wide spectrum of musical tastes.

Aiding our photographer, "Hot Scott" asked the crowd if they knew what to do, and they sure did. On cue, they all cheered and flailed their arms in the air, giving us a chance to take a few shots from the stage.

For a moment I thought Revlon was giving free samples out, or maybe the Children's Museum was doing face paints. Girls, get a clue. I wanted to let them in on a little secret. It's the quality of application and not the quantity that makes the make-up work to its full advantage.

Giving a roll call of high school names, "Hot Scott" ended the list with Central. Judging by the cheers he received when calling our name, Central had the largest group attending.

Sprite Nite...If you don't already go, do yourself a favor and stop by. If not to dance, then just to have a good laugh. There's only one catch, you can't go until next summer. But don't worry, the synchronized dancers assured me they would be back for sure.

Crossroads Mall gets a face lift

Dillard's department store complements Crossroads

—Jennifer Smith—

Finding a parking space at the Crossroads Mall is no easy feat. People cannot get enough of the mall since the renovation.

Twenty-five stores were added to an already crowded mall. Stores added include; The Limited, Victoria's Secret, Bachrach, Walden Books, Payless Shoe Source, Card Attack, Greenbergs, Paragon Music, Braun's, Unique Creations, Brass Buckle, Software Etc., and, of course, Dillard's.

Fiberglass bears, penguins, zebras, seals, giraffes, and monkeys stalk the halls.

No matter where a potential shopper or browser enters, the changes are immediately noticed. The tiles catch the eye with their blue and creme hues. Multi-colored flags drape from the ceiling. Fiberglass bears, penguins, zebras, seals, giraffes, and monkeys stalk the halls. In the new wing, palm trees grow under a ceiling of sky lights.

When anxious shoppers want to comb the second level, only three sources of transportation exist. First, the more active browsers can jog up the stairs located near the new parking garage. Second, hungry

shoppers can use the mirrored escalators leading to the potpourri of fast food stands. Lastly, the glass elevator provides an interesting view, and a long line.

The air is filled with the distinct aroma of a recently finished mall. The atmosphere is fresh. The awed people rush about open-eyed, fascinated at the mall's face-lift.

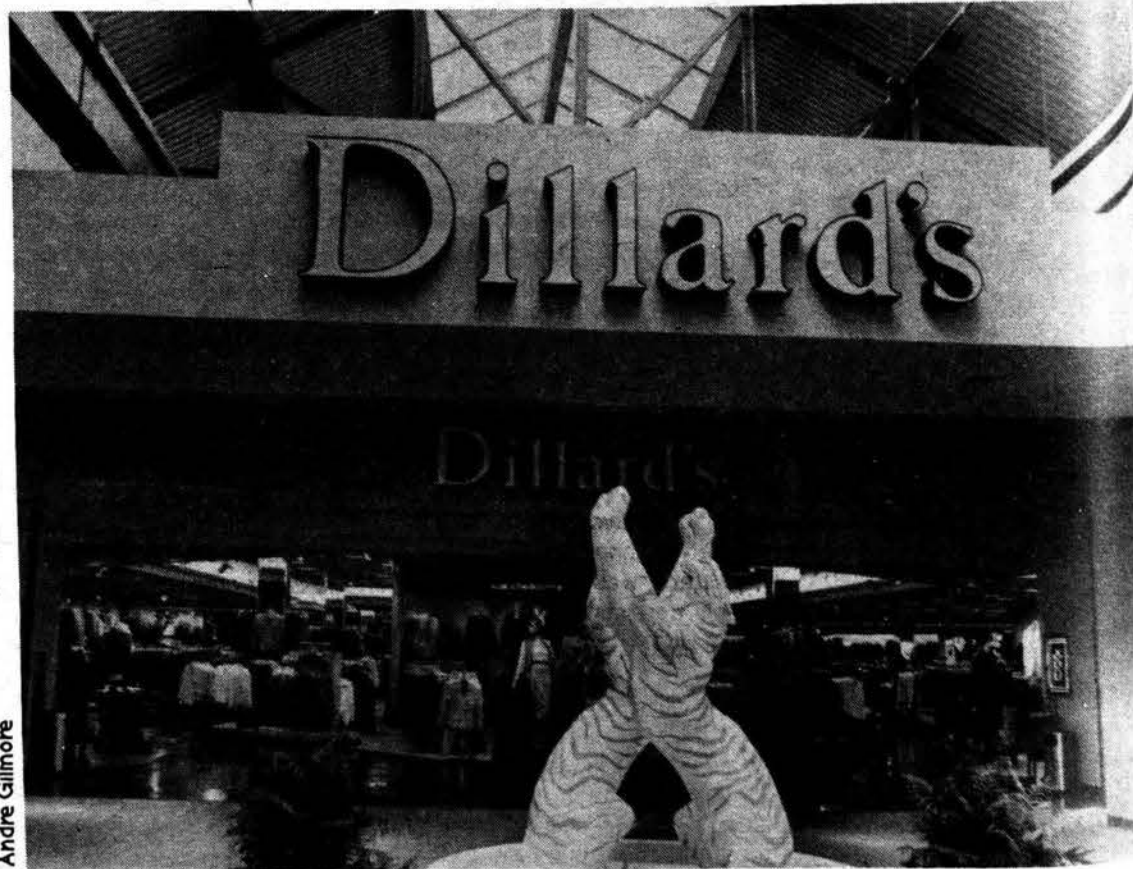
One reason most people roam the halls is Dillard's. The new three storied department store is situated at the northern corner of the mall where it reigns over all other shops.

Dillard's avoids the light tiles which appear throughout the entire mall and instead combines dark marble tiles with a sleek and modern display of glass and chrome. This creates an appropriate display for the latest and most fashionable clothing and scents.

The first floor consists of women's accessories, cosmetics, and junior and men's fashions. Women's fashions are located on the second floor and household items ranging from china, glass, and silver to luggage and lamps dominate the third floor.

The updated decoration and the winding pathways through the merchandise add an extra touch of unfamiliarity, and people basically browse through the store.

The third level of the store opens into the food court, another new addition to the mall. This is a welcome neighbor-



Andre Gilmore

Dillard's department store adds a new dimension to Crossroads Mall. The addition of the Dillard's store is one of many changes that the Mall has undergone recently. The Mall is more easily accessible due to a six-story, high rise, parking garage that is free to Crossroads shoppers.

because Dillard's does not boast a restaurant of its own.

People tend to overlook the free parking garage. Cars fill the spaces near the elevators, but the rest of the ramps remain empty. The walkways leading to the mall are conveniently placed on the second floor.

More stores plan to join the Crossroads team soon. Among them are: Lerner's, Youth Fair, Mr. Bulky, Stride Rite Shoes, Things Remembered, and Royal Optical.

The new addition to the mall provide students in the metro area not only with ex-

tensive shopping opportunities, but with available jobs as well.

With the addition of these new stores, the Crossroads Mall will surely compete with Westroads Mall for the Omaha shopper's dollar.

Food court adds variety of ethnic food to Crossroads Mall

Hilary Fenner

If you have entered Crossroads mall recently, you may have noticed that it bears absolutely no resemblance to the sixties styled mall that you might remember. The old mall has been completely transformed by modern decor and many new stores. One new addition is that of the Food Court, an eating area made up of thirteen different fast food restaurants.

Congested location

The Food Court is located on the second level of the mall underneath two large white structures that resemble a circus tent. In fact, on a busy day, with the small triangular flags fluttering about overhead, the mob of people, and even an occasional juggler, you get the feeling that you are part of a three ring circus.

This does not exactly make for a relaxed, quiet atmosphere.

There is the pressure of deciding what type of food to order.

New restaurants

Sbarro's is a new Italian restaurant that is actually quite good but greasy. Their huge slices of pizza are a favorite of many diners, and the entrees, such as lasagna and calzones, are also large and filling.

At Philly Dilly you can order a variety of steak, chicken, or ham sandwiches. These are fairly good until about the last quarter when you begin to feel the effect on your stomach.

Bland ethnic food

Two more new restaurants are Confucius Says and Kuzu's Kebab which serve not quite authentic ethnic food. Confucius Says serves a rather thin garlic chicken, and Kuzu's

Kebab makes passable gyro's that are not at all extraordinary.

Corn Dog on a Stick and Stadium Dogs are pretty much self-explanatory. There's not a whole lot you can do with a hot dog.

Then you have other familiar favorites such as Swensen's and Paltani's, which become not quite as favorable when served as fast food. Along with these are the common fast food joints; Little King, Arby's, and Runza.

Long wait

Now that you have finally picked a restaurant, you often have to wait in line for about five minutes, depending on the popularity of the particular place.

I would suggest that you go to the Food Court not for a relaxing supper after a hard day of shopping but for a quick bite to eat between stores. And decide what to get beforehand.



Andre Gilmore

Thirteen restaurants make up food court at Crossroads Mall. This "eatery" is located on the second floor of the mall.

Controversial picture offers little temptation



Kimberly Gossin

The line extended down the block. People laughed and talked and waited, 1 to 2 hours. A juggler set up his stage on the opposite side of the street and supplied brilliant entertainment for the long wait. He made a fortune for the day's efforts. Screaming picketers blocked the entrance to the box office. A feeling of excitement swelled in the air.

I was one of hundreds who awaited the commencement of the movie, *The Last Temptation of Christ*, showing in San Francisco, California. The controversy was too intriguing to avoid.

Finally, people began to move, and the doors opened. I reached the entrance, surrendered my purse to the guard for inspection of harmful objects, passed, and entered the theater.

It was filled with anxious moviegoers. But the anticipation ceased as the movie began. The *Last Temptation of Christ* was not what I had expected.

The storyline is the traditional saga of the crucifixion. A man called Jesus Christ preached about benevolence and attracted many followers. The Roman leaders felt threatened, and eventually they crucified him.

A dynamic story, yes. *The Last Temptation of Christ* depicts the tale in a very human and realistic form. The movie deserves credit for this effort.

The Last Temptation of Christ is heavily flawed, though. The movie lacked the creativity to sustain my attention. I found my thoughts wandering into a preferable state of oblivion. The flow of the story was choppy. Frankly, I found the near three-hour production boring.

Basically, the characters were weakly portrayed with the exception of Barbara Hershey as Mary Magdalene, who performed provocatively. My greatest disappointment in the characters was with David Bowie's performance. His ap-

pearance as Pontius Pilate was brief and bland.

But what of the controversy? Unfortunately, I did not witness a conflict of substantial concern. My intention in seeing the movie was to view an awesome scandal. But no, *The Last Temptation of Christ* was not blasphemous. In the end, Christ did not succumb to the temptation of choosing to become a sexual human being.

It is a hypocrisy to denounce the film for portraying Christ as a simple human who undergoes temptation. It is a hypocrisy because Christianity applauds Jesus Christ for his humanness and his ability to overcome desire. Yet, Christians condemn the movie for visually revealing an actual temptation. The bottom line is in *The Last Temptation of Christ* Jesus Christ overcame his desire and chose to die on the cross, the actual Biblical account.

As far as entertainment, *The Last Temptation of Christ* proved dull. I hope this movie is the last of its kind.

Credit is given where credit is deserved, right? Well, my six dollar credit goes to the juggler.

A Fish Called Wanda : "summer's hottest flick"

Adrian Ferguson

If the new school year has you feeling glum, I have just the right cure. What you need is to immediately see *A Fish Called Wanda*. This hilarious movie combines comical, exciting, and sexy scenes to form this summer's hottest flick.

Britain's comedians, actors, John Cleese and Michael Palin, formerly from Monty Python's Flying Circus, team up with America's Jamie Lee Curtis and Kevin Kline; each hold their ground and are equally humorous.

Kline and Curtis, posing as siblings, play scheming thieves who meet up with a stuttering Palin, also portraying a thief,

and a zany lawyer Cleese.

Although each character managed to get one scene where they left the audience laughing uncontrollably, no one managed to steal the show. With Curtis' instant turn on to the sound of foreign languages, Cleese always being caught in awkward positions, Kline not having the slightest clue to life, and Palin's love of animals, this crew has plenty of chances to bring out the

humor. Believe me, you'll be left rolling in the aisles.

Even though there was an occasional lull in action, I found it welcome. It gave me a chance to regain control of my laughter as a kind of rest period before being hit by the next gut-busting scene.

A Fish Called Wanda should be placed high on your list of musts. I found it to be my favorite summer flick, and I'll bet you will, too.

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Game day: behind the scenes

—Tyler McLeod—

—Dan Pansing—

The 2:40 bell rings on Friday, and most Central students are on their way home, thinking about parties and/or other activities surrounding the football game. At this time, the Central varsity football players are heading for the locker room to begin preparation for that night's game.

At 2:50, all the players are in the locker room while roll is taken. After roll, the team is allowed one hour to walk downtown and eat. Most of the players stick together at the Park Fair Mall, according to senior team member Ted Fogarty. This gives the players a chance to relax and talk about the upcoming game.

After dinner, the players must make their way back to Central before 4:00. The door is locked after four, and late players cannot suit up for that night's game. At this point, the players get their equipment together and begin to suit up, and the coaches start taping up the players and getting equipment ready.

Around 4:30, Coach Reed notifies the team that there are 15 minutes until quiet time. During quiet time, players are not allowed to talk without permission. Some players walk around, stretch, or finish getting suited up. Other players rest on the benches and mentally psyche themselves up.

"We take it pretty seriously," said team member Calvin Jones, "I sit down and think about

the game and start concentrating."

Quiet time was part of Coach Reed's High School football team's preparation.

"There are a varied amount of things a player has to think about on game day, and he must make time to concentrate,"

"Quiet time is meant to get in the mood for total football."

said Reed. "Quiet time is meant to get in the mood for total football."

The players and coaches near preparation, and quiet time begins to loosen. A team meeting is held where coach McMenamin runs through the calls, and gives pointers on what to expect from the other team.

The buses arrive at the field shortly after 6:00, and the specialty teams warm up. After warm up the entire team takes the field for intense stretching. The team yelled confidently "Beat Knights" after each stretch.

"Traditionally, Central is a good team, so we always have confidence. Most teams are intimidated," said senior Eddie Greeno. This seemed to be the feeling of the entire team.

"Our house" and "our crib" were heard from the Central locker room at Berquist stadium before the opening game. The team was psyched, and the butterflies were gone.

Things settled down, and the players got on their knees as coach Reed gave a brief pep talk. At game time, the team ran out of the locker room yelling with confidence.

During the game, coach Reed gives plays and carefully watches the game. Coach Standifer and Mr. Galus watch the game from the press box, relaying messages to coach Reed on the sidelines. According to Reed the "Bird's eye view can relate things differently than on the ground."

At the beginning of half-time, the team rested in the locker room while the coaches discussed problems or new ideas on the chalkboard. After about five minutes, coach Reed emphasized the other team's weak spots and presented Central's strategy.

Half-time ended, and the team was fired up and ready to win. Coach Reed ran out with the team and followed each play up and down the sidelines.

Inevitably, each game brings mistakes on both sides of the game. Coach Reed is able to keep his cool through these mistakes, and most players respect Coach Reed for this.

Reed feels that it's better to calm the player and show him that there is no reason to magnify the mistake. "A player that's mentally in the game and makes a mistake you don't have to yell at," he said.

According to Abe Hoskins, "The man is marvelous."



Senior, Pete Festersen puts a good foot on the ball during last year's Varsity game against Ralston.

Soccer

Year-round players improve team

—Tyler McLeod—

To some people, Central soccer ends in May, but to senior

players Adam Sortino and Peter Festersen, it's only the beginning of a new season.

For Adam, the next season begins in May and goes through July with The Blue Jay Soccer Club. The Blue Jay team won state this year and played at regionals at Indianapolis, Indiana.

Presently, Pete and Adam are nearing the end of the

"Club teams offer more competition and travel opportunity."

Olympia Soccer Club season. "Club teams offer more competition and travel opportunity," said Adam. The Olympia Soccer Club team placed second in the Tulsa, Oklahoma invitational over Labor Day weekend.

Each year Adam and

Pete must try out for the team they want to play for. "It's harder to make club teams because good people try out from all over the city," said Pete.

Adam feels that people who play year round help to strengthen Central's team. Central soccer coach, Mr. David Martin, agrees.

"They seem to progress faster, learn more skills and have a better understanding for the game," he said.

Indoor soccer starts this fall and lasts through a majority of the winter. Ben Krell, Andy Huff, Todd Beam and Simon Joyner are among many other Central team members who play indoor soccer. The teams are usually not sponsored by clubs. Instead, the players get together and make their own teams. "Indoor soccer helps to keep me in shape for the spring season," said Adam.

Apparently, the indoor season doesn't "burn out" Central team members. According to Coach Martin, "since soccer has become an official Central sport, the intensity is as great as it has ever been."

Volleyball team attends summer camp

—Peter Festersen—

Last summer several members of the Central girls volleyball team attended a volleyball training camp, held at the University of Nebraska at Omaha, to improve their skills for the 1988-89 metro volleyball season.

Three returning varsity players that participated in the camp are seniors Cindy Carpenter, Theresa Alvarez, and Kirsten Glesne. The camp lasted four days, Monday through Thursday, for about six or seven hours a day, according to Kirsten. "It was the first volleyball camp for Central players as a team," she added. Some players, including Kirsten and Cindy, have previously attended individual camps, however.

The UNO camp was also attended by volleyball coaches, including Central coaches Ms. Sue Paar and Miss

Debbie Hettwer.

According to Miss Hettwer, the coaches met every day and discussed teaching methods, player discipline, and how to conduct productive practices.

The camp was designed and run by members of the UNO women's volleyball team and coach Nancy Dugan. The UNO team finished third in the nation in the National Collegiate Athletic Association, division two, last year.

At the end of each day the UNO team would scrimmage for the benefit of the players. "Sometimes just watching other people play helps," Miss Hettwer said.

According to the players, the camp was definitely geared towards team work and movement. "We mostly scrimmaged and did lots of team hitting drills," Kirsten said. Theresa agreed and said, "We basically

worked on the fundamentals of team volleyball."


"The camp was for prospective varsity volleyball players," Miss Hettwer said. However, Cindy said, "Unless you played last year, you probably wouldn't have known about it."

Kirsten described the camp as state wide, although it did attract a few teams from outside Nebraska. A lot of small town high school teams and several metro teams participated, Cindy said.

Cindy, Kirsten, and Theresa all agreed the camp was worthwhile. "We got excited about playing volleyball, as well as getting to know everyone," Miss Hettwer said.

Miss Hettwer hopes to send two full teams to the camp next year.

The participants also agree that this year's team gets along better together than last year's team.




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Hopeful eyes turn toward Seoul



Personal Foul

with
Dan Pansing

Well, the Summer Olympics are back but this time with some change—we hope.

The last time the Summer Olympics were going on, none of us were at Central, but then the last time the Summer Games took place, they were in the summer, not in the Fall.

No, the change I speak of is not due to the fact that tennis will be played in the Games for the first time in over 60 years, although that is terribly exciting.

The change I am talking about is that for the first time since 1972, a major portion of the world will not be boycotting the Summer Games.

In 1976, the black African nations boycotted the Olympics due to its ties with South Africa. A meaningful show of brotherhood for the suppressed blacks in South Africa, and obviously a worthy cause, but I doubt that it affected the leaders

within South Africa as much as it did the athletes from the boycotting nations.

In 1980, the Americans boycotted the Moscow Summer Olympics, drawing 65 nations out of the Games, because of the Soviet invasion of Afghanistan. The boycott of these countries was a dedicated show of support on the part of the West, but I have a feeling the Afghans, hardly took notice. Chances are they didn't get a chance to read about the boycott in their local newspaper between incoming rounds.

Then, in 1984, it was the Soviet's turn to "show" us. This time the Games were being held right here at home in Los Angeles, and who were we kidding when we talked as if they were really going to come? Yes, they boycotted along with almost all of their allies, saying that they felt the Games were going to be unsafe. Pretty good excuse, why didn't they just say, "You didn't come to our Games so we aren't coming to yours?"

Although the Africans and Americans had good reasons to boycott, and the Soviets probably believe they too had a good reason to boycott, no rea-

son is sufficient to take away the hopes and dreams of the athletes from the boycotting countries. Some athletes only get one shot at their dream of appearing in the Olympics because they only occur every four years.

It seems that the countries of the world, and especially the two superpowers, have finally realized that the Olympics should not be used as a tool to get back at one another, but instead should be used as a tool to help all nations come together.

The problem this time around is one of an entirely different nature. Any problems that may arise stem from the location of the Games. The Olympics this year are being held in Seoul, South Korea, and students there have been violently rioting in the streets. The South Korean Government appears to have solved this problem by placing the dissenters in prison during the Games. Not a very democratic action but one that may save the lives of people from all over the world.

Let's hope that the government is right, and no incidents take place which could ruin the harmony of the Games.

Central: pre-season coaches' favorite

Peter Festersen

When asked what his reaction was to the Central football team being picked by the high school coaches as the favorite to win the metro conference, senior Ted Fogarty said, "It's a positive thing, but I don't think we should underestimate other teams."

This statement seemed to typify the reaction of several team members, including seniors Abe Hoskins, Kelly Yancy, both pre-season All Americans, Sherman Williams, and Eddie Greeno. "It didn't even come up in practice; it was just like any other year," said Eddie.

According to Coach William Reed, Central's main advantages are speed, experience, and talent.

"Every year Central has a handful of talent, and this year is the best in the three years I've been here. This is the state team," said Kelly.

Central boasts the fastest backfield in the metro, with Kelly, Abe, and Sherman, the fastest athlete ever at Cen-



Billy Sherrod, varsity quarterback, puts the ball into play during a practice on the turf at Central.

tral, among others.

Although the team is already experiencing many injuries, Abe and Kelly feel that once they get their first win, the team will be ready for the challenge of being the favorite.

Abe said, "It's kind of a monkey on our back," but he

admitted he likes being the team to beat. Coach Reed responded, "Central will always be ready for challenges like that. It's become a tradition."

Abe said, "The toughest team is everybody, and by the time we get to Prep, we'll be at our peak."

"Different philosophy" takes over

Summer team shows progress

Peter Festersen

From the beginning of June until the end of July, Central's top fifteen baseball players competed in a summer baseball league to prepare themselves for the 1988-89 spring season.

Some players who contributed to the summer team are seniors Ryan Gaughan and Kurt Goesser, and juniors Trevor Flynn and Kimera Barte.

The team was sponsored by Valentinos restaurants, but used school equipment for practices and games, according to Trevor.

The strongest support, however, according to Ryan, may have come from their new coach, Mr. Elvis Dominguez.

Mr. Dominguez is a former Creighton University baseball player, and at one point became the assistant coach of the team.

"He's the best coach I've ever played under," Ryan said.

Mr. Dominguez said, "I'm teaching a totally different philosophy towards baseball than ever taught at Central before." He feels baseball is a college sport at the high school level in the metro.

According to Mr. Dominguez, baseball is 80 percent mental attitude, with the rest consisting of desire and determination to succeed. "You don't have to be the best to win," he said.

Kurt said, "Coach Dominguez brought the team up for every game. I learned more from him in one season than I've ever learned before."

According to Trevor, the team ended up with 12 wins and 15 losses, a great improvement from the previous spring season. Most competition came from the other high schools in Omaha and surrounding areas, he said.

According to Mr. Dominguez, the only teams Central failed to beat at least once were Northwest and Creighton Prep.

Kimera felt the league was definitely worthwhile, and said, "It gave last years sophomore players experience on the varsity level, and kept us playing as a team."

Both Kimera and Kurt believe that experience, depth, and the many young players returning to the team will give them an edge next spring.

The team seems encouraged by the summer league results.

Wrestlers gain skills at Colorado summer camp

Marcie Rosenbaum

During the lazy months of summer not everyone has a chance to relax by the pool. For some Central students involvement with school activities lasts throughout the summer. Six Central students, Phil Warner, Jason Blakenship, Ed Reyes, Brad Costanzo, Tyrone Turner and Larry Littlejohn, found that they had their work cut out for them. They were the only wrestlers from Nebraska who attended a wrestling camp called Top of Nation, in Estes Park, Colorado.

The camp, which began June twelfth and lasted through the seventeenth, helped prepared the wrestlers for the upcoming season. The cost for the camp was \$400 per wrestler, but the team sold candy to pay the fee.

According to Mr. Gary Kubik, head wrestling coach, this year's wrestling team is showing "great potential."

Sophomore, Larry Littlejohn received the Most Valuable Player Award out of 130 wrestlers who attended the camp.

Sophomore Larry Littlejohn received the Most Valuable Player Award out of 130 wrestlers who attended the

camp. This is the second consecutive year Central has claimed that honor in 1987 Travis Sallis was also MVP. Tyrone Turner, junior, was runner-up for MVP this year.

The wrestling camp is run on a point system. A wrestler receives so many points for running, pummeling, and even for making their bed. At the end of the camp whoever has the highest point total is the MVP.

Tyrone claimed that "the wrestling camp was a great educational experience."

"The camp helped prepare us by showing us new techniques," added Littlejohn.

"I feel that we will conclude the upcoming season with at least three gold medals from state, said Turner."

"I feel that we will conclude the upcoming wrestling season with at least three gold medals from state," said Turner.

"Many people feel that wrestling is a wimp sport, but it takes a lot of strength and endurance in order to survive," said Littlejohn.

When asked if the team was planning on attending the camp next year, Mr. Kubik replied, "Yes, we definitely plan on attending."

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Ultimate frisbee relieves senior's tension

—Marcie Rosenbaum—

"Disk it!"
"Ultimate!"

A favorite picnic pastime, frisbee, has become a serious sport for a few Centralites.

Ultimate Frisbee is a game played by two teams, each team consisting of seven players. The object of the sport is to get the frisbee down to the goal so your team can score. The game itself, resembles football without physical contact.

"It's a gentleman's sport," said Mike Lawler, senior.

The team, Omaha Discs, was started by a Central graduate, Joe Fogarty, in 1983. Although there are only two teams in Omaha, the team plays in tournaments in Kansas City and Iowa.

In two weeks the team will travel to Iowa to play a team from Ames. According to Mike,

the Ames team called his team and asked them to come and play.

Last June the team took part in a demonstration with another Omaha team at Memorial Park. Mike said that people had come from as far away as Kansas and South Dakota.

Mike has played frisbee competitively for Omaha Discs for almost one year. The team practices every Wednesday evening and Sunday afternoon at Memorial Park. Another Central senior, Joanna Kosowsky, also played for Omaha Discs but had to quit because of job complications. Travis Mood, Central graduate, also played on the Omaha Discs but presently is attending Rice College.

"I like to play Ultimate Frisbee to relieve tension and pressure; it is a great emotional outlet," said Mike.

Although Ultimate Frisbee has not been very popular in Nebraska, it has been well received across the United States. It is extremely popular in Califor-

nia, Kansas and New York. The national champions of Ultimate Frisbee is a pro-team from New York City. The team represented the United States in a tournament in Belgium. Most winners of the tourna-

"Although many people have never played Ultimate Frisbee, it is actually a challenging sport."

ments receive cash prizes.

"Although many people have never played Ultimate Frisbee, it is actually a challenging sport," claimed Mike, "if anyone is interested the team has openings."



Simon Joyner

Senior, Mike Lawler beats his man to the frisbee during a game of ultimate at Memorial Park.

Freshmen lead boy's tennis

—Dan Pansing—

This year's Central High Tennis Team, is filled with new and younger faces. The varsity team consists of three seniors. Ryan Gaughan, Dan Pansing, and David Huyhn, and three freshmen, Andy Urias, of Lewis and Clark Jr. High, Joshua Cooper, and Rob Anderson, both of Central.

"We're a different team this year than we were last year," said senior, Ryan Gaughan. He went on to say that most of the team is underclassmen.

Coach John Waterman feels that the team this year is much better than the team last year. He said that this year's team would probably beat last year's team eight to one if they played a dual against each other. The one point for last year's team, he said, would go to Joe Salerno, the four-time state tennis champion, who graduated from

Central last year.

Last year's team relied solely on Salerno for points, but the points this year will come from a wider variety of the team's players. Almost anyone on the team has the ability to gain points at tournament time, and this improves the overall quality of the team.

Younger players are often inexperienced at the high school level, and this may be especially true with the freshmen, but Coach Waterman feels that inexperience will not be a problem. He said, "These kids have been playing tournaments."

All three of the freshmen present on the team said they participated in tournaments sanctioned by the Missouri Valley Tennis Association. The team's number one player, Andy Urias, played in a series of tournaments on the Missouri Valley Tennis Championship Circuit. He was one of 48 players from five states to participate in the tournaments, located throughout the region.

Both Rob Anderson and

Josh Cooper have also played in tournaments around the state and region.

All three players feel that this tournament experience makes them more comfortable at the high school level. Rob said that he finds playing in high school more relaxing and a lot more fun because he does not feel as much pressure at high school matches.

Josh finds that he is a little nervous before matches, but he said that he is not more nervous than before any other match. His nervousness stems from his playing varsity as a freshman.

All three agree that the tournaments have taught them secrets to being winners at tennis. Andy said that he feels the tournaments taught him things such as how to come back when he is behind in a match.

Overall the team feels pretty confident about the upcoming year. As Ryan said, "We're not going to be a State Champ this year, but this team will be excellent in the next two to three years."

Seniors play in the sand

—Marcie Rosenbaum—

"We will prevail as champions again this session," said senior Todd Beam.

Champions of what? Sand volleyball, of course. Every Tuesday night at 8 P.M., a few Centralites can be found at Box Car Volleyball, located in Irvington.

Central graduate, Mike Frey, and seniors Todd Beam, Mickey Gomez, Cindy Carpenter and Kirsten Glesne are a few people who play Sand Volleyball during their leisure time.

"Sand volleyball may appear easy to play but in actuality it is quite difficult," said Cindy Carpenter.

"Since Central's girl's volleyball has begun,

Cindy and I don't have enough time to play sand volleyball," claimed Kirsten.

The teams play in sessions, each session lasting eight weeks. The team's fee each session is 75 dollars.

During the last session the team placed first out of six other teams. This session the

"Placing first was quite an accomplishment because we are the only team under the age of 21."

team's record is 19-0.

"Each game we use a different strategy to beat the other

teams," said Frey. "Placing first was quite an accomplishment because we are the only team under the age of 21," added Beam.

The team has been playing since last April. They practice for half an hour before every game they play. "Although I am shorter than most players a good jump helps to make up for my disadvantage," said Gomez.

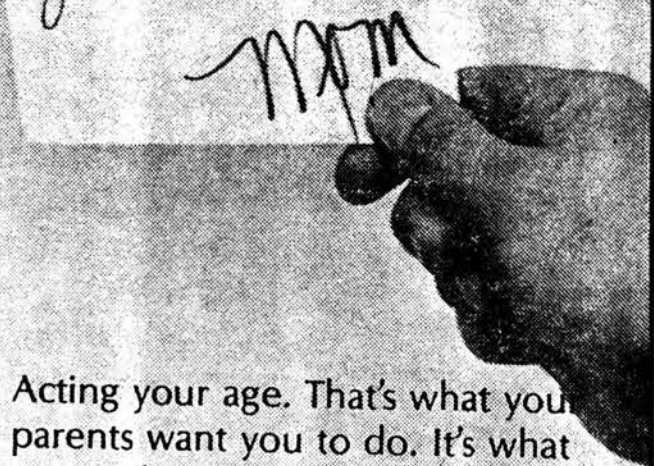
"Playing in the United States Volleyball Association (USVBA) gives me an advantage over the rest of the players," added Beam.

According to Todd, the USVBA team placed first, second, and third in the Cornhusker Games, which took place in July in Lincoln.

During the off season the team will play indoor sand volley-

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