

Hotlines help people

Anthony Clark

Some names in this story have been changed.

The world is full of people with serious personal problems. With suicide, depression, family abuse and neglect, alcohol and drug abuse, and many other problems, it is evident that people need help. Through the creation of several "hotline" telephone numbers, people can call and seek the help they may need.

"The service started by realizing the need for 24 hour service for people," said Katy, office manager of Alcoholics Anonymous. "So a hotline was created to accommodate that need."

The Personal Crisis Center offers a Crisis Line for anyone with a problem. "The service was started by a person who had lost a friend to suicide," said Joan, a volunteer for the Crisis Line. "He had no idea that his friend had a problem. We offer people someone to talk to that they don't know, so they feel secure about their privacy. We also act as a referral service for people who need counseling."

The YWCA Women Against Violence organization offers an emergency number relating to sexual assault, spouse abuse, and child sexual abuse. "Our purpose is to provide services for

victims of rape and domestic violence," said Mary Larsen, Director of the YWCA Women Against Violence Organization.

The YWCA service began in 1973 as a result of a Mayor's commission report on women in prison. The commission interviewed rape and abuse victims and discovered that a prevention service was needed.

The Parent Assistance Line (PAL) was created in 1975 as a Junior League of Omaha project. PAL merged with the Child Saving Institute. "We are basically a listening and referral service for anyone concerned with kids," said Judy Kay, Coordinator of PAL.

Problems

"The most frequent problems are relating to marriage, alcoholism, money, sex, and suicide," said Joan.

The way in which the calls are handled is an important step in the problem solving process. "We encourage our staff to be active listeners," said Ms. Kay. "The callers expect the volunteers to listen and not judge them. We like to think that the parents are airing out their frustrations on us instead of their children."

"Our counselors listen to the problem and try to assess the

situation," said Ms. Larsen. "We then counsel the caller and provide them with options and emotional support."

"Each individual on the staff handles the situation on an individual basis," said Katy. "They've all been there so they know what's best for someone."

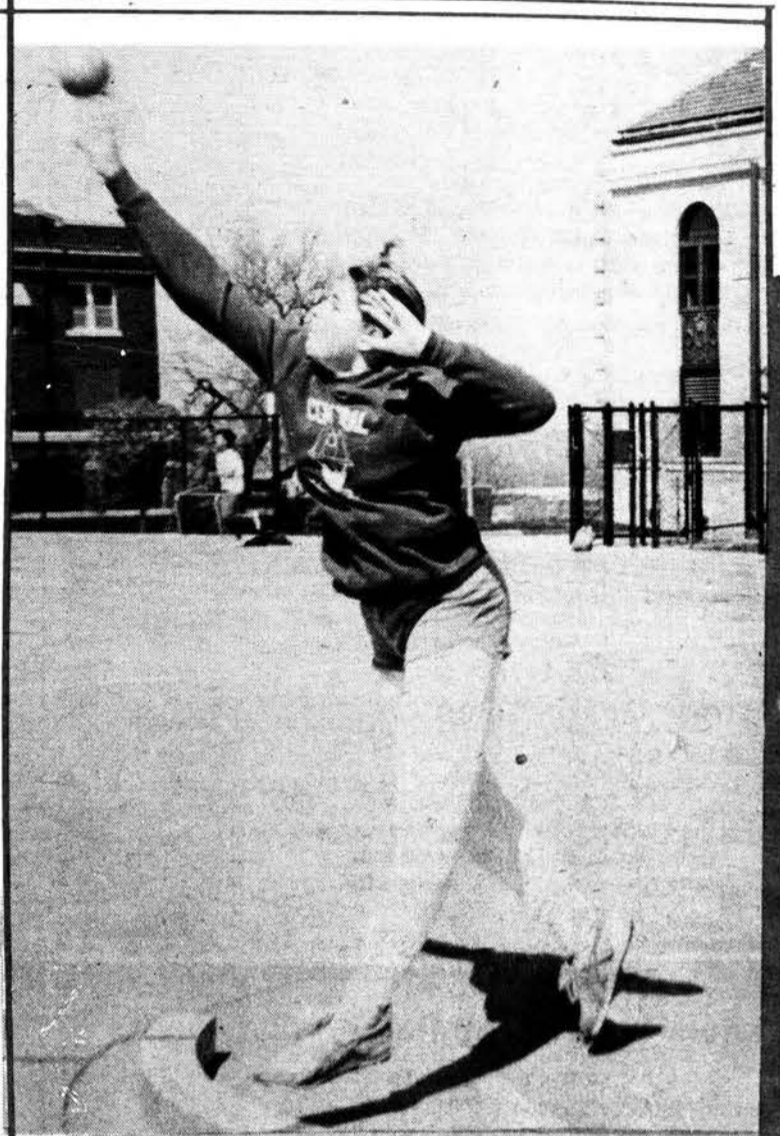
"The callers tell us their problems and we discuss them," said Joan. "We help them look at possible solutions and we can give them a referral if they need counseling. Once they've laid out their problems and we know what they want to happen, we can help them help themselves."

Teenagers

Teenagers often use the hotline services in times of need. "Approximately 50 percent of our sexual assault victims are under eighteen," said Ms. Larsen. "Teens' reactions tend to be delayed about six months before the shock of what has happened catches up to them."

"About 15 to 20 percent of our calls are from teens," said Mr. Henninger. "They often feel that their parents and teachers don't understand them, so we fill in as problem solvers."

"The younger people that call tend to be in serious anguish," said Ms. Kay.



Sophomore Amy Albertson hurls the shot down the field at track practice. The Girls' track team won the Metro track and field Championships. The Boys' team finished fourth.

Human Growth and Development

Sex-ed course to be added to curriculum in '87

Julle Ashley

The new OPS curriculum, defined as "Human Growth and Development Education," has often been misunderstood, according to Dr. Joyce Buckner, OPS Director of Elementary Education. Much emphasis has been placed on the development of and controversy over the sex education portion of this program, but according to Dr. Buckner, the program deals mainly with "the development of the whole person and individual values."

The Superintendent's Task Force on Human Growth and Development, created by the OPS Board of Education in December of 1985, began deliberations on February 5, 1986, and after 10 months of regular meetings and 10 community input forums at different district junior highs, the task force issued a report on December 22, 1986.

Superintendent Dr. Norbert Schuerman approved a report of special recommendations prepared by himself, his assistant superintendent, Dr. Joseph

Gaughan; the Director of Secondary Education, Dr. Richard Werkheiser; and Dr. Buckner in March of this year.

The program, including these special recommendations, was passed by the School Board with a vote of 11-1 in favor of the new curriculum. "I think the 11-1 vote on the Board reflects the consensus that OPS has developed a program responsive to all the concerns in the community," said Dr. Buckner.

Not separate field

The Human Growth and Development program will be implemented within the next two school years at the elementary, junior high, and senior high levels. According to the superintendent's recommendations, the program on the elementary level will not be taught as a separate field but will instead be included in the health, social studies, science, physical education, and language arts curriculum. The Human Growth and Development curriculum for Kindergarten through the third grade will focus on self-protection from sexual abuse and the

importance of families. Fourth through sixth grade lessons will discuss friendships, basic reproduction, maturation, and, again, the importance of families and each individual family member.

On the senior high level, Human Growth and Development will be a co-educational, one-semester course. The curriculum will include the role of love in family, marriage and other intimate relationships, family planning, the skills and responsibilities of parenting, personal adjustment to adolescence; decision-making and goal-setting, dating, communication skills, human reproduction, the incidence of abuse, assault, and rape, sexually-transmitted diseases, responsible decisions about sexuality, and the "right and responsibility to say no."

Drug education will be included in all levels of the program, as will the emphasis on abstinence from sexual activity. "We definitely advocate

abstinence," Dr. Buckner said. Abortion will not be discussed in any level of the program. The topic of homosexuality and other deviant lifestyles will not be discussed except in conjunction with AIDS and its transmission.

Parents can "opt" their children out of the program at any level, even the senior high course, for which the graduation requirement may be waived.

Parents workshops are planned to keep parents aware of their children's education. "Our goal," Mrs. Buckner said, "is to provide an opportunity for parents and youngsters to discuss issues which concern everyone. The responsibility falls on the church, the parents, and the school."

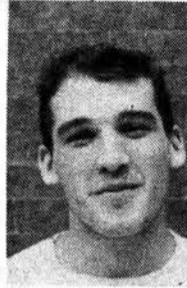
INSIDE:
Central bands work to gain jobs, recognition. p. 5

Viewpoints

Do you think racial strife is a problem at Central?

Don Losole-Junior

Not really. How many fights are there--black and white? There was one that rocked the cradle, that's about it. I get along with black people real well.



Toney Fellows- Senior

They try not to let it show. It's really not a problem though, but some people try and hide it.



Greg Gamble-Senior

It's not really visible with the students, but I am sure that deep down inside some people hold grudges, but not enough to start conflict.



Michelle Kay-Junior

No, I think that going to Central helps me deal with other racial backgrounds better. And it helps me get along with all types of people--I can relate to them better.



Hope Semans- Sophomore

No, I consider friends, friends. I never judge a person from their appearance and would expect the same from them. People are people and we should learn to become known with this.



Valerie Spellman

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'Getting even' match stirs concern

Is racial violence truly dead?

Racial strife, whites hating blacks, blacks hating whites-the madness continues although we profess to live in an enlightened age. A car window is smashed, the vandals run but somebody, somehow knows who did it. The blacks, militant in their charge, find the whites. Maybe two or three of them fight; administrators wrench them apart and the cycle is fast on its way to intense racial tension.

Racial violence is no stranger to Central. In the sixties and seventies, students occasionally found themselves in the midst of a confused riot. At an inner-city high school, this was almost to be expected, although not justified.

In the past fifteen years, prejudice and racial stereotypes have receded markedly. By merely walking into the courtyard, it is obvious that Central's mixed racial make up does not cause as

much strife as many outsiders think. Blacks and whites rarely clash on a strong prejudicial basis. In fact, racial harmony is probably stronger at Central than at most large inner city schools.

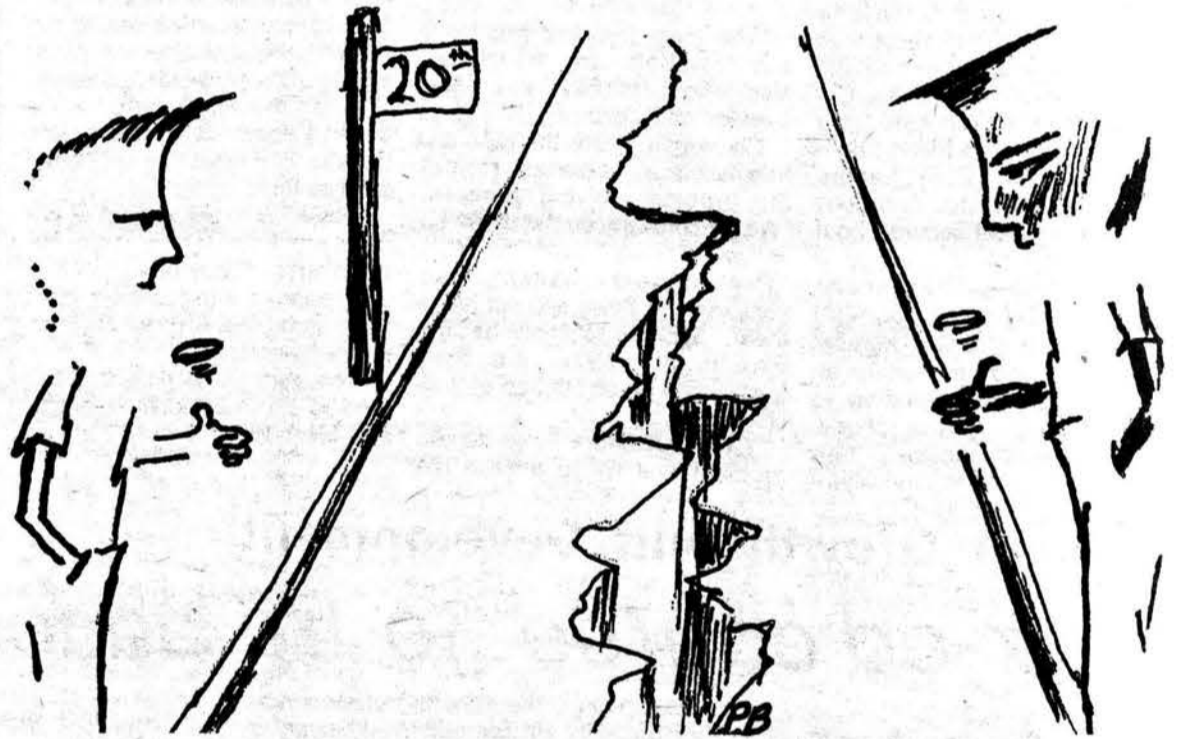
By merely walking into the courtyard, it is obvious that Central's mixed racial makeup does not cause as much strife as many outsiders think.

Still, recent incidents involving prejudiced violence seem to indicate a slight resurgence of racism. The incident described at the beginning of this editorial is not

fictitious. As some students may recall, the situation almost reached a small riot state just before spring break. Fortunately, the incident was an unusual display of hot-headed "getting even" and was put down before any one was hurt.

The immaturity and ignorance displayed by everyone involved was appalling. To see a large group of students lined up across 20th st., ready to fight at the slightest provocation is almost a flashback to the early seventies. Even if the incident was not initially a race conflict, there have been many concerns that it may have evolved into one.

It seems that almost every argument for human equality has already been attempted. Unfortunately, they are often ignored by the very people who need to listen the most.



LETTERS

11, May, 1987

I never saw Doug Haven without a smile on his face. We shared a study hall, and when I think of Doug, I see him standing by his desk, one hand on the strap of his backpack, and smiling calmly as he waited for the bell to ring.

I knew who he was - it seemed that everyone did - he was always the guy just around the corner or down the hall. I cannot believe he won't be there tomorrow.

Maybe we passed a few words once in a while. I'm sure he didn't even know my name, but it doesn't matter now. I am very sorry Doug was killed Friday, and though I did not know him well, and cannot possibly share the pain his family and close friends

feel, I still mourn the death of a classmate, and I will not forget his smile.

Ann Gentle

To the Citizens of Gopher Gulch,

Howdy folks and a BIG hug and thank you from your friendly local director of SNEAKY FITCH. I never loved no one but you all and I'm glad we did the show. It was a delightful production- well executed by the crews and well acted by the cast- all of you have much to be proud of. It's the code of the BEST!!!

Love,
Mrs. Stommes

Dear Editors:

I would like to call your attention to the "Viewpoints," of your May 8th edition. Notice all are the opinions of male students, with the exception of one female teacher. Obviously you overlooked this fact. Don't female students have a view on this particular issue?

Jennifer Smith

This issue of the Register is dedicated to Doug Haven, a reporter and a friend.

This is not about Don Ho

Speaking
in
Tongues
Joe Fogarty



to tell you how much fun it's been watching you people stare at me and listen to what I'm saying (You make some strange faces. It's been pretty hard to keep from completely cracking up sometimes). I guess I could start right here and begin to rattle off "remember when"s, but I don't feel like it. I'm too tired and too content with what I'm doing to resurrect a bunch of bizarre, disconnected images.

So listen, you folks have to write me over the summer. I do believe I will return every letter I receive, even if something horrible and unforeseen happens. I'll be hanging around at Fogarty's (5111 Cuming St. Zip-68132) so you can send any questions or comments or ludicrous babblings.

"Well, this is my so long, my farewell, my auf wiedersehen, good night."

And as I finish my last paragraph with you, the Grateful Dead are fading out, and the sun is just about gone. I kinda wonder where Gordon is about now, but he's been seeing Debby Fishbane pretty often lately. I think Uncle Raoul floated off into the depths of the ocean to contemplate his navel (or rather his lack thereof) and Mom's asleep upstairs. I feel like something new is coming on - its like a silent, powerful wave that is beginning to wash over my immortal soul and --

(Melba grins, the grin becomes a smile, the smile turns into a giggle, then a chortle, then a laugh, then a guffaw, and soon he is rolling hysterically around the porch clutching his sides and making much more noise than befits a serene young man.)

Melba: He ha ha! You remember what I said about something horrible and unforeseen happening? Ha ha hee! Well, watch this!

(He explodes into a billion tiny bits.)

Melba: Today, I address you, the students of Central High School. I know that many of you have listened to me speak through this idiot Fogarty for quite some time now. But today, I have free rein. You see, I'm alone this evening. Fogarty took off somewhere to walk the dog. This is my chance to speak to you directly.

First of all, to those of you who enjoy my escapades, I thank you to a severe degree. And to those of you who are basically disgusted by me, well, I guess I thank you too. (Why? I don't really know. Maybe I should just hope you get your tongues snagged in an escalator. But why make sworn enemies of people that merely dislike you?) And to those of you who haven't the faintest idea what I am and are just basically confused about the entire concept of this column and the characters and actions and ideas presented herein, let's get together and have a party and ride around on cows and sing about Phyllis Diller all night long. I do so enjoy confused humans.

So listen, here I am sitting on Fogarty's front porch. The sun's about to set and I don't care about what's coming tomorrow. The Grateful Dead are singing in the background about Sugar Magnolia--"Sunshine and daydream," and all I have to do right now is think and breathe. Summer's coming on full speed and there is nothing I can do about it (or want to do about it.)

Well, this is my so long, my farewell, my auf wiedersehen, good night. I can't begin

Remembering with a smile

A
Closer
Look



Kris Deffenbacher

it's even harder to accept when it happens to someone so young, someone with so much ahead of them, someone who you've seen everyday and who you'll never see again.

I think if Doug were reading this over my shoulder he'd be laughing at me by now for getting "mushy" and "two damn sentimental." In the middle of the year, when the Register staff was doing stories on death and dying, divorce, AIDS, and other up-lifting subjects, Doug was making fun of us as a bunch of "too serious downers." He made the radical suggestion that we do a story on something happy. He made everyone smile, and I noticed our writing got a little more up-beat. Doug had that effect on people.

I spent the Saturday morning after Doug's death in shock. But I went to track practice that afternoon, and being around my friends cheered me up to the point of momentarily forgetting about him, laughing

I'm writing this from my roof looking down the block to the driveway where Doug used to shoot baskets. It's Sunday, and Doug Haven has been dead for two days now. Central's graduating class of 1987 will be missing one member come commencement day.

The paper said that he was driving at high speed when he hit an embankment and was thrown from the car. I can see Doug driving fast. I can't see him dead.

In the article, Doug was described as "a quiet young man." They didn't know him very well. Doug was always talking, always smiling that "impish grin," always lightening the moment by making people laugh.

He loved to make people laugh. Some of my most vivid memories of elementary school are of his class clown antics--sneaking out fire escapes, hiding from teachers in cupboards--that used to brighten everyone's, including the teachers', day with a little laughter.

Luckily Doug never outgrew that gift for making people laugh. In the Register staff meetings this year his ready remarks and jokes would lighten an otherwise heavy atmosphere. Mr. Gaherty never knew why our corner of the room would suddenly erupt with laughter in the middle of a "serious" meeting.

I don't think anyone can explain why Doug is dead. An accident report only lists meaningless facts, without explaining the true causes and effects. Doug was 17, and was going to graduate from school in just 20 days. Death never seems fair, but

and having a good time. I got home and started to feel guilty about having been out on such a beautiful day and having had such a good time the day after a friend I've known for years died.

Then some friends called and invited me to a party out at the lake. I was about to turn them down when I got a flash-back to a day in the Register room when we were all sitting in the corner, laughing as Doug was telling us a story. Doug wanted people to laugh, to be happy. I went to the lake and had a good time. And I was able to think of Doug as I laughed.

I know that there are others in this school who were closer to Doug than I, and I know that their pain has got to be great. You'll always remember Doug. Don't feel guilty about remembering him with a smile--he'd want it that way.

Doug has left behind empty chairs in his class-rooms, an empty seat at commencement, and an empty place in many of our lives. But he's also left happy memories of a young man with a child's grin who lived for the moment and made us feel the joy in each moment.

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In Brief

The Central Band and Orchestra performed their year-end concert May 7 at 7:30 in Central's auditorium. In addition to the large groups the event featured solos and duets by Elizabeth Hazen, Deborah Noveski, Tim Stohs, and Nancy Wolf. Band Director Warren Ferrel introduced the senior members of the groups. He also announced that he will not be at Central next year.

The Drama Club held its final banquet at Scribbles May 8. The induction of the '87-'88 officers and the announcement of Pegi awards took place. Pegi awards recognize outstanding drama club members. New officers are President, Stephanie Brown; Vice President, Jeanna Orduna; Secretary, Susie Donelson; Treasurer, Stephan Dietrich; Historian, Ann Lietzen.

The French National Honor Society held its induction for new members after school April 30 in the courtyard. The society honored parents who had been especially helpful to French Club with boutonnieres and corsages. The induction ceremony involved holding lighted candles and saying pledges in French.

Fabrications '87, a fashion show featuring the work of CHS Home Economic students, took place April 26 at the Westroads. Miss Milikan, CHS Home Ec teacher, said the purpose of the event was to let Omahans know what goes on in sewing classes.

A Cappella had its spring concert May 12 in the Central Auditorium. Besides A Cappella and CHS singers the concert showcased Senior soloists Lisa Arnett, Kirsten Lillegard, Vince Orduna, a male quartet and a mixed quartet. Members of the male quartet were Anthony Clark, Jon DeLaCastro, Joe Montequin, Todd Schmidt. Members of the mixed quartet were Amy Buckingham, Kathy Easton, Bob Fuglei and Steve Likes.

The German National Honor Society, Delta Epsilon Phi, had its year-end banquet at the Bohemian Cafe on April 30. The society honored Joe Montequin, Joel Johnson, and Esther Sinnapoo for their outstanding contributions to German Club. They inducted their officers for the '87-'88 school year. New officers are President, Todd Weddle; Vice President, Allen Klopper; and Secretary/Treasurer, Koren Mann.

The Spring Swing Thing will be tonight in the Auditorium. The concert will highlight the Jazz Band and CHS singers. Some of the singers' selections include Mystery and Jazzman. Jazz Band numbers will be Doing Basie's Thing and Mount Saint Helen's. The groups will combine for the song Ely's Coming.

Junior Don Shennum tied for first place with six players in the Class B division of the National Scholastic High School Chess Championship.

DECA:

National competition yields championship award for business

Doug Haven

For the first time in Central's history, DECA placed in the National DECA conference. Not only did Central High DECA place, but the DECA club placed twice including a national championship. This year's National DECA Conference was in New Orleans, Louisiana.

"Going to National is the pinnacle of competition," said Mrs. Alice Bunz, Central Marketing teacher. "Any placement at the national level would indicate that you (business department) are really in tune with the Real World."

Central brought home the championship trophy and \$2,000 in Pepsi Stock as a result of John Hannon's entry in the Pepsi Learn and Earn Competition.

"...the main interest of the competition is to see if a chapter can carry on a profit-making business."

Profit business

According to Mrs. Bunz, "the main interest of the competition is to see if a chapter can carry on a profit-making business. This includes the planning and organization, goals and objectives, what you learned from what you did, and your ability to evaluate and improve yourself as a result of your past mistakes."

According to John Hannon, author of Central's entry in the Pepsi Learn and Earn

Project, Central's entry was based on the fundraising project with Idelman Telemarketing Inc. 48 Central DECA students participated in the project. These students worked at Idelman before school from 5:00 am to 7:30 am, helping Idelman with the McDonald's Promotion "Kick-off Pay-off."

"This is the first year that this competition was offered, and everytime that a new competition is opened there is a flood of people that compete in that subject."

Manual

"It took me approximately two months preparing the manual for state," John said. "Then another month of checking and revising the project before Nationals. While the Central Marketing Club received \$2,000 in

Pepsi stock, John received \$125 from the Pepsi Cola Co. for the publishing rights to his manual. In addition to the \$125 for the publishing rights Pepsi picked up the tab for John's trip down to New Orleans.

Central also qualified in the chapter Public Relations project. Kim Klipsch, senior, has been working on this project almost the entire school year.

"This is the first year that this competition was offered," said Mrs. Bunz, "and every time that a new competition is opened there is a flood of people that compete in that subject."

"We decided to use a campaign that seemed very pertinent to the average teenage pressures and fears," stated Kim, the manual's author. The subject they chose was "Don't Drink and Drive."

According to Mrs. Bunz, the Business Department decided that many small reminders over the duration of the year would have a greater effect on the student body than one large event such as a dance.

Bulletin Board

According to Kim, the

"We decided to use a campaign that seemed very pertinent to the average teenage pressures and fears."

Business Department set up large bulletin board (on 3rd floor 2 side) including 14 posterson drunk driving, then surveyed students on which poster they thought had the greatest impact.

Both John and Kim's manuals had to be 40 pages in length even to qualify.

Other students who participated at nationals were Senior Dave Havelka, Junior Jason Lips, Senior Mike Farquhar, Junior Renee Ryan, and Senior Doug Haven.

"Any placement at the national level would indicate that the business department was really in tune with the real world."



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Teenage bands struggle for recognition

• Elaine Williams

"In the beginning we didn't know which bars to play. We didn't know where to rent sound equipment and how to rent people to run it. We never made contracts for gigs. There were all kinds of things that we were unaware of," said Fred Peterkin, Central graduate and member of the band the Confidentials which plays the Lincoln scene.

Problems similar to the ones that Fred's band faced are a big part of the reason that high school bands never get off the ground. While the recent Jailhouse Rock and Class Gift benefit concerts gave teenage bands a chance to perform, younger bands are restricted from playing in bars because the drinking age is 21, according to *World-Herald* music critic James Healy.

He said that The Lift Ticket Lounge has shows for teenagers on Sunday. Senior Bill Guilfoyle said that his band, Something Sacred, plays the Lift Ticket Lounge alot.

The Swing, a teenage night club which recently opened at 7207 Grant, featured live bands every other week when they first opened but had to quit because



"live bands were a little too noisy for the neighborhood. The police didn't like it because it attracted too many people," said Richard Van Slyke, owner of the Swing.

"High school bands have to rely on word of mouth publicity to

become popular before they get a chance to play something like Class Gift," said Sarah McWhorter, member of the Jail House Rock student committee.

Something Sacred gets information about their gigs posted at Drastic Plastic, according to Bill.

Sophomore Joanna Kosowski said that she heard about the Central group, Clambake, when the members of the band invited her and a bunch of other friends over to their house to hear them play.

"Clambake relies on an arsenal of instruments which includes tin whistles, a saxophone, bagpipes, tapes for background noise, and tuning forks. We have absolutely no amplification which makes it

wanted to be in the lime-light. People started cutting out on practices and scheduling rehearsals without letting all the members know about them," said David.

"It's hard to find a band you can work with. I have drummer now that I'm going to kick out because he won't play anything but heavy metal," said Dan Hughes, member of X-rated and former member of Cauchemar.

Personality conflicts are not unusual events among band members. Fred said that he and one other member Paul Durant are the only left from when he started playing with the Confidentials. The ones who quit were not as serious about being in a band as the ones who stayed.

Clambake avoids personality conflicts by relying on messages from the Clambake council according to Josh France, Clambake member. He's not concerned about John Fogarty leaving for school in the fall because the council will tell the band what to do. He has no idea who is on the council.

A message from the council instigated the formation of Clambake. "In 1985 I got a message dated 1901 from people I don't know that told me to start a performance art group. The message was addressed to me and Bob Garfield (another band member) and contained descriptions of the two other band members, Joe and John Fogarty."

Other messages gave advice about where to have concerts and what direction to take with the music, said Josh.

Talented bands that do stay together often have trouble getting the recognition they deserve. Chad Stevens, manager of KRCK radio, said that record companies look for groups

they can package for the commercial market. "They're looking for another Bruce Springsteen."

"Digital Sex, an Omaha group, got picked up by a French label and did very well. Z-92 still won't play them," he said.

"When we do it (perform) we don't feel like we're being musical. It's more of an impulse...It's incredible, instant Clambake, kind of like a Stouffers meal."

"Cinderella wasn't anybody until Bon Jovi found them," said Dan Hughes, former member of Cauchemar.

Dan is now with another band, X-rated. His dream is "to make it big and play at places like the Civic auditorium in different cities." In the mean time he works at Valentinos and uses what he makes from gigs as spending money.

Why do bands work so hard to be successful?

Bill hopes someday to be able to spend time putting the music on tape and going out to tour over and over again. "I wouldn't make much money, but I'd be having a lot of fun. I'll play drums as long as I can move my hands and feet."

We play real fast, real loud, real clean music. All these kids freak out on it. I like watching them, said Bill.

Fred said he'll never forget one of his first gigs. "It was incredible to have all kinds of people we didn't know dancing to music they didn't know."

Joanna said that Clambake members are "not really concerned with what other people think. They wear 70's polyester leisure suits when they perform. You know they like what they're doing."

Clambake's love of their music also prevents them from getting performance jitters. "When we do it we don't feel like we're being musical. It's more of an impulse.

We find out about a concert a day or two a head and charge up and do it. It's incredible, instant Clambake, kind of like a Stouffers meal," said Josh.

Someday Josh wants to "tear down 40 city square blocks and build a fortress with an infinite amount of equipment" that would send out Clambake tapes to broadcasting organizations around the country.

Students differ about whether they prefer live or recorded music. Central Sophomore Jeni Casun said "I really don't like to hear live bands. I like to hear the real group."

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"Everybody wanted to be in the limelight. People started cutting out on practices and scheduling rehearsals without letting all the members know about them."

hard for us to do live performances," said Central graduate John Fogarty, Clambake member.

Cauchemar, a Central band that played hard rock, got exposure by playing Road Show last year. Former member David Vodika said that they really started going places in the summer of '86. "We were practicing everyday. A lot of people said we were sounding really good."

In October of that year the band broke up because "everybody

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Buddha's bash attracted many

Kelly Penry

On May 2, PEP (Parents, Educators, and Pupils) sponsored the 1987 Post-Prom Party. This year's theme corresponded with Prom's "Night On the Orient" theme. The party, the Buddha's Bash, opened at twelve a.m. and lasted until five a.m. Held at the Downtown YMCA, Buddha's Bash cost two dollars per person to get in.

PEP planned many activities for the students to keep entertained. Food was provided by parents and teachers during the early a.m. hours for snacking, and orange juice and doughnuts for the morning breakfast. Some students could bring their own food, but alcoholic beverages were not allowed.

Many sports activities were open to the students, as well. Swimming, racquetball, volleyball, and basketball occupied the students throughout the night. Other games, such as chess, cards and tag games were provided by the students.

To keep many of the games going, PEP sponsored competitions in which prizes, such as cassette players, stereos, and various door prizes, were offered to the individuals whose ticket stubs matched the numbers drawn by PEP members.

Dancing was also a main activity of the night. A local disc jockey, Clint Crawford, played top forty music for many of the students who preferred dancing to other games and sports. Movies, such as Nightmare on Elm Street and Top Gun were provided for those students who wished to "slow down" for awhile, according to Tyrel Johnson, sophomore.

"The party was pretty much active, because a lot of people got involved in sports activities. People played volleyball the most throughout the night, and others danced or went off in groups to do other things. I'd go again next year...they (PEP) had free pizza and pop for students, too," said Tyrel.

Most students who went to the Buddha Bash said PEP had a nice turnout, but there was enough food and room for more students.

According to Mr. Richard Jones, student administrator, the major concern for next year's post-prom party is to limit the number of outside visitors.

"The Committee members usually make recommendations to the PEP Board for the planning of next year's party. This year's committee decided to restrict the Party to those students who previously attended the Prom. It seemed like there were just too many kids from other schools who had no affiliation with Central," said Mr. Jones.

Another recommendation for the Party called for the amount of food supplied to the students. It seemed that much of the pizza went to waste as a result of overordering. However, many students were pleased that free food was offered throughout the night.

Teens risk health to get tan

Kelly Penry

It's in the dead of winter, and no sun is to be seen. What happens to all those avid sun-worshippers of hot, summer days accompanied by those skin-safe rays of sunshine? One might find them making their way through wind, rain, and snow to the neighborhood tanning booth to catch some manmade rays...only to tell admirers that they just returned from a week of skiing in Colorado or of sunning in the Bahamas.

Some people go to tanning salons before a tropical vacation, thinking that if they can get a good "base," they will be less likely to burn on vacation. However, because sun damage is cumulative, the more UV exposure one has, the more

... the more UV exposure one has, the more damage one will face in the long run.

damage one will face in the long run. Dermatologists and skin specialists claim that a pre-existing tan is not a good protection against further sun damage. Also, people most likely to use tanning booths are the ones who don't tan easily.

White base

Michelle Becker, sophomore, said that she uses tanning salons because her skin is of a white base, the very fairest of pigmentation, and is not easily tanned or colored.

"I visit a tanning salon probably twice a week but not as much as other people who go at least once a day. I suppose I wanted to try the tanning process at my convenience instead of waiting for a good 'laying-out' day. Besides, I can

"Tanning makes you look good for a while, but the skin damage is more serious than some people think."

There is no such thing as a 'safe suntan.'

actually get a tan by using booths, whereas the sun sometimes burns and peels my skin," she said.

The term referring to Michelle's reason for tanning booths is 'photo-aging' according to skin specialists. This is the process of skin damage caused by overexposure to the sun.

Environmental factors
Local dermatologist, Susan

Braddock, MD, estimated that 90 percent of skin's aging is due to environmental factors: wind, cold, soap, heat, but worst of all sun.

"Over the past fifty years, we have been sold a bill of goods that tanning is healthy. Tanning makes you look good for awhile, but the skin damage is more serious than most young people know. Sun damage may not show up for twenty years, but it starts the moment you expose your skin to sunlight."

Many students feel that tanning booths are a much safer method of tanning than the means of actual sun rays. To an extent, the booths might be safer due to a limited exposure of ultraviolet (UV) rays with skin contact. However, there is no such thing as a 'safe suntan' and, in fact, people who go to tanning parlors may do more harm to their skin than if they sunbathed outdoors..



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Columnist summarizes sports year



Sports Staff Says:

Michael Page

Well, I hate to say it but the year is coming to an end. This is our last issue and our last sports column. The seniors are moving on to another stage in their lives. I have mixed feelings about leaving Central. Sometimes, I can't wait to go to college and to be on my own, with all the freedom and the added responsibilities. But on the other hand, I think about how I'm going to miss my friends and the school itself. Central is not only rich in academic tradition but in athletics as well. This year has been no different. Central has had many accomplishments and memorable moments in sports this year.

Sanctioning of soccer

This year has been a big victory for the sport of soccer. The Board of Education announced last fall that soccer will become an official high school sport for boys and girls, starting January 1. The board will pay for uniforms, transportation, and the game officials. After the first year, schools are on their own.

State tennis championship
Junior, Joe Salerno, won his third straight state tennis singles

Despite all the deadlines and hard work, I'm really going to miss working on the paper and the new friends that I made. I hope you enjoyed the sports section this year.

title. He was named to the National All-American High School Tennis Players Association, and he is also ranked nationally. He also was the subject of an article in the national magazine, *SPORT*.

Powerlifting championship

Central's Powerlifting team won its sixth straight Nebraska State Powerlifting Championship. Central had five individual state champions and they were seniors, Evan Simpson, Curtis Cotton, William Battle, and Eric Kelley along with junior, Jody Sharpe.

Football scholarships

This year's football team has nine players who will attend college on a football scholarship. This is the most in the state. Some are Chris Sacco, UNO; Terry Lee, Northern Iowa; Randy Rouse, Wayne St.; Rodney Dailey, St. Cloud St.; and John Ford, Emporia St.

Girls' basketball all-stater

Senior, Phazaria Wilson, was named to this year's All-State and All-Metro teams in girls' basketball. She was on the *World-Herald* Leader's Charts in scoring, rebounding, assists, and free throw percentage. She turned down scholarships to San Diego St., Creighton, and Kansas to accept a scholarship offer at Nebraska.

Flowers to NU

Senior, Leodis Flowers, was named to the 24th Annual High School Parade All-American Team and the 1986 Blue Chip Team honoring the top prep athletes in the country. He was offered scholarships to Okalahma, Arizona St., Texas A&M, and Iowa but accepted a scholarship to Nebraska.

Track coach missed

This year has also had its sad moments. After fifteen years as head coach of the girls' track team, Coach Jo Dusatko announced that she was stepping down as head coach. She had been head coach since 1971 and had seven state championship teams, five runners-up, and two third places. On behalf of the boys' and girls' track team, we want to say thank you for the many hours of hard work you put in. We'll miss you.

"Sports Staff Says"

Tracy, Sarah, Jeff, and I have always tried to bring you, the reader, the most recent, factual, and interesting story. Listen to me, I sound like a television advertisement for ABC News. The sports staff has also tried to leave our mark. We tried to develop our own style and I believe we succeeded. First of all, Tracy is only the second female to ever hold the job of sports editor on the REGISTER.

We've also tried to handle the work load a little differently. In the past, the editor assigned the stories and the sports editor wrote all the sports columns. This year, the sports editor assigned all the sports stories and the sports staff shared the duty of writing the sports column. Everybody knows our trademark picture of the four of us and our logo "sport staff says."

Despite all the deadlines and hard work, I'm really going to miss working on the paper and the new friends that I made. I hope you enjoyed the sports section this year.

Sailing keeps Centralites busy in summer months

Sarah Story

For many people during the hot summer months, sailing proves to be a good way to escape the heat. Junior Alex Haecker and sophomore Peter Festersen are actively involved in snipe sailing. Alex sails at Lake Manawa in the spring and fall and travels to Lake Superior every summer.

Alex became interested in sailing when he was very young. "My dad used to live in the Virgin Islands; he started to sail a lot there." Alex said that his dad taught him how to sail, and he also went to camps to sail when he was young.

Peter became interested in snipe sailing when his dad bought a new boat and gave the older snipe boat to Peter. His dad and a friend from Houston taught him the basics of sailing.

In the summer months, Alex sails everyday. Alex belongs to a snipe fleet in Omaha, the Iowa/Nebraska Sailing Association, and a yacht club in Lake Superior.

"The longest race that I've been in was an off-shore race that lasted six days," said Alex.

Peter sails at least once or twice a week in the summer. He is also involved in many tournaments that occur in surrounding states during the summer.

"Tons" of races

"There are tons of races during the summer," said Alex. He said that his family has traveled to Madeline Island in Lake Superior every year since he was born. He has been snipe sailing for three years and racing for two years. He has also competed in off-shore races in Lake Superior. These races usually last at least two days.

July 25 and 26, Alex and Peter will be involved in the snipe nationals; they will be in the junior nationals. Alex said that there are usually two or three races a day. The longest race being 90 minutes, but they are usually short, about 40-90 minutes. "The longest race that I've been in was an off-shore race that lasted six days," said Alex.

Computers for boats

Many technological advances have been made in boating. "The America's Cup had a computer on board. Today, you have to know how to use a computer. Everything is really high-tech. You can buy the equipment, but it really comes down to the person who's sailing the boat," said Alex.

Crewing for friends

Many students become active in sailing by crewing for other

boats. Alex considers his "best sailing" as crewing on boats like the Morgan 36. He said that he prefers sailing larger boats (36 feet) to smaller boats. He does, however, like snipe sailing and racing. "It's like sailing a larger boat, but it is small," said Alex.

The snipe is 15 and a half feet long, and it has two sails, the jib and the main. It holds two people, the skipper and the crew. The skipper is in charge of strategy and steers the boat. The crew controls the jib and "helps with the little things that you change when you change directions," said Peter.

Alex's main job is trimming the main. Sometimes he steers but "basically everyone does a little of everything". "The goal of the crew is to have a better general idea of everything, not just one thing," said Alex.

Youngest skippers

Peter and Alex are the youngest skippers in their snipe fleet of 18 members. The next youngest person is around 30. Alex said that to be a skipper, you must own a boat, "but it helps to be a crew member first."

Wind surfing vs. sailing

Wind surfing is another upcoming water sport that has gained a lot of attention in the past few years. Alex said that he became interested in wind surfing through a friend. He spent everyday on one for three months to master it. "It took two weeks to get the basic techniques. I could stand up by the first day, but now it is more fun when you can do different turns with it."

"Now people are more involved in wind surfing than sailing. People think that it's a lot more fun," said Alex.

With the "tons" of people who have become interested in wind surfing, it has drastically affected small boat sailing. "Now people are more involved in wind surfing than sailing. People think that it's a lot more fun," said Alex.

Goals for sailing

Alex considers sailing "a part of my life". After he graduates from college he would like to crew for other people on two to three week races. His dream is to race in the America's Cup. He also said that someday he would like to sail around the world by himself.

Peter would like to go to a college with a very good sailing team. His current goal is to get in the top three in the junior nationals. A couple of years ago, he placed seventh. He will also compete in the senior nationals with a friend from Houston. There they would like to be in the top 15 in the nation.



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Lisa Jensen

Michael Page

The boys and girls soccer teams are now finishing up their seasons. The boys team's record is 2-9-1 and the girls record is 6-5.

The boys team's season is over. The season ended with a loss to Westside, which the score was 3-2. Central's two goals were scored by senior, Dan Carlson and junior, Dave Bushey.

The highlight of the season was the win over top rated Burke.

Senior Tom Hazel said, "Our record doesn't indicate the ability of the team. We had five tough losses with identical scores of 3 to 2". He went on to say that lack of experience was a factor in the outcome of the season. The team only has four seniors.

The girls team qualified for state.

Sports Briefs

The girls track team won the Metro track and Field Championships. Junior, Mallory Ivy, set a new record in the 200 meter dash in a time of 25.09.

Sophomore Johnny Musselman qualified for the state golf tournament May 21. He placed seventh in districts with a score of 80 at Benson Park Golf Course, qualifying him for state.

Head football Coach, William Reed is planning a summer football camp for youngsters. The two camps will be held in Omaha and Des Moines. Over 900 kids will be in attendance for the three sessions. Major corporations are sponsoring the camp and professional football players will help run the camp.

Senior Angie Pick won a softball scholarship to Colby, Kansas. Angie and sophomore Lisa Utterback play on a AAA division I women's (ages 16-18) fast pitch softball team called the Omaha Express. The team is currently 1-1. They beat the Gladiators but lost to the Omaha Echoes in overtime. The team will play 80 games for the season, traveling to many Midwestern tournaments.

The boys track team finished in fourth place in the Metro Track and Field Championships. "Four valuable sprinters and jumpers were unable to compete due to injuries," said junior, Tommy Smith.



Samantha Guinn

Jeff Palzer

The Central baseball team ended their season with a record of 8 wins and 12 losses, losing to Papillion in the district finals last Tuesday. According to senior Doug Blasing, the team went into the district playoffs with high hopes.

"We won two big games before districts and were beginning to come around as a team," he said.

District tournament began on Monday, May 11, with Central playing Roncalli. They had played each other during the season with Roncalli winning. Central scored five runs in the bottom of the third and held Roncalli to win 6 to 1.

Central lost to Papillion in the next round of the tournament.

Central softball players compete in serious and just for fun leagues

Jeff Palzer

Despite the fact that softball is not organized by the school, many Central students play actively. The Omaha Softball Association, OSA, organizes softball in the metro area. The teams can decide what class to play, either AA, A, or B.

According to senior Stephanie Somers, the difference between the classes is the level of competition.

"Class AA and class A are far more competitive than class B; they compete for college scholarships where class B just plays for fun," she said.

Senior Angie Pick won a scholarship to Colby, Kansas after playing on the Omaha Express, a class AA team.

Stephanie plays on both a class A and class B. "The class A team is fast-pitch and the other is slow," she said.

According to senior Patty Stodola fast pitch is much more competitive because they travel to tournaments and are recruited for colleges and for scholarships.

Patty said that even though the schools do not organize softball they "should help with facilities." She said the benefits are that the teams can have professional coaches who may not be teachers and players compete on a team where they relate to the coach.

Stephanie plays on a slow pitch team with three other Central students, Niki Galiano, Tiffany Boyer, and Tracy Edgerton. The team's name is "We Don't Care."

Tiffany named the team after becoming frustrated thinking of a name.

"I told my uncle (the manager), that we don't care what the name is and that's what he named us."

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