

CENTRAL
Register

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Active Honor Society underway

The National Honor Society (NHS) is always an active group, and is planning a large assortment of activities which will include both society members and other students at Central.

In order for the group to be active, weekly organizational meetings are held on Wednesdays before school. According to Stan Maliszewski, one of the National Honor Society sponsors, until the group's officers it can't really function on its own. He said that after the first couple of meetings, the officers will run the meetings. Members are required to attend at least half the meetings as well as one activity per month.

"The whole idea is to promote an informal time and have fun together," Mr. Maliszewski said, but in looking toward the future he added, "I see NHS becoming a part-service oriented committee."

At the meetings, Mr. Maliszewski has introduced the idea of a peer tutoring program and a monthly student recognition pro-

gram for good students who are not usually honored. He would also like to have members begin helping at various school functions.

On the lighter side, more casual outings are being planned for NHS members. Some activities which seemed to be fairly popular were plays, ice skating, or Bagels and Bach at the Joslyn Art Museum.

Krista Lanphier, senior and NHS member, said of the planned activities, "It is important to go out and do something meaningful. It's good to have fun and still do something good for the community."

Also in the future is the possibility of an NHS scholarship fund which would be raised by NHS members and given to a student or students active in NHS.

Mr. Maliszewski said that the success of the group depends on the students, and that, hopefully, the activities will provide an incentive for others to strive toward a higher grade-point average for NHS eligibility.

Many activities part of 'NEED'

Many of Central's educational departments held activities in honor of NEED, National Energy Education Day, March 22.

Mrs. Vickie Anderson, Central Spanish teacher, was Central's coordinator for the NEED project. According to Mrs. Anderson, the art, homemaking, language, mathematics, business, science, social studies and journalism departments were all involved in the NEED project.

"The Energy Education Day steering committee, made up of one or two students from each participating departments, met once or twice a week this past month to coordinate the seven things planned for NEED," Mrs. Anderson said.

The group developed Central's logo, designed by senior Harold Adcock, for Energy Education Day this year and placed posters made by the art department at Central, InterNorth, and other participating downtown businesses.

The Student Council conducted energy pre- and post-surveys. The foreign language department had an essay contest, and the drama department held a mock senate meeting on energy.

There were also demonstrations during all three lunch periods in the courtyard on March 21. The homemaking department demonstrated energyless cooking, the science department showed a slide presentation on energy, and the drama department performed energy commercials.

Mrs. Wanda Utecht, Central business department head and general coordinator in the Central-InterNorth partnership, said, "In-

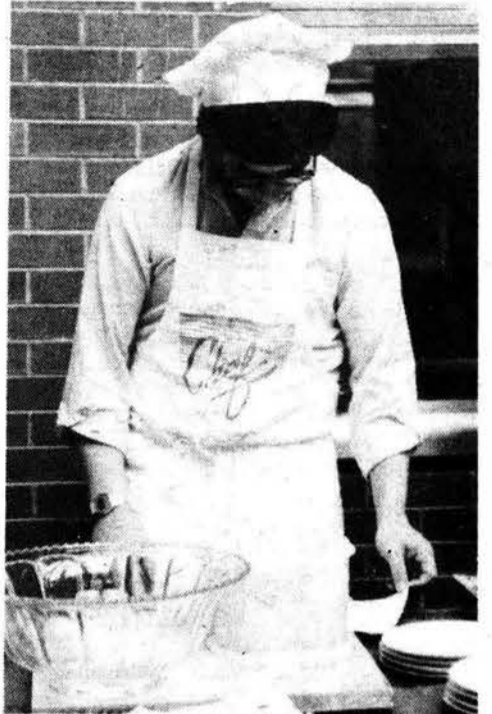


photo by Steve Berman

Senior Phil Negrete prepares for the homemaking department's energyless cooking demonstration.

InterNorth is an energy company, so naturally they are interested in energy company, so naturally they are interested in energy education. NEED was one way of making their adoptive school more aware of the importance of energy education."

Divorce's impact: Guilt, abnormality, and stress prove to be common feelings

Theliese Festersen

Nationally, one of every two marriages ends in divorce, and Nebraska's average tends to be "just a tad behind," according to Ms. Mimi Amondson, counselor at the Conciliation Court of Omaha. (The Conciliation Court handles marital counseling and mediation both pre- and post-marriage.) The causes and effects of divorce are extremely complex, not only for adults but also for children.

Mrs. Jenene Rauth, Central family living teacher, said, "Divorce is really hard on kids. It's a very painful experience. Kids can adjust, but it affects them all life long." (The family classes spend part of a 2-3 week unit discussing divorce, listening to speakers, including Ms. Amondson.)

Mrs. Geri Zerse, Central guidance counselor, said kids' feelings about their parents' divorces are varied, but guilt is common.

Guilt

Senior Whit Whitney, whose parents were divorced when he was about 10, said, "I felt the divorce was my fault. I thought it was because my brother and I were being brats about something."

He continued, "The biggest problem was my parents not explaining why they were getting divorced. As far as I could tell, it was very abrupt. I carried a lot of guilt around for a long time, and I went through a stage when I felt depressed and worthless."

However, others such as senior Evan Will, whose parents were divorced when he was 9, didn't experience any guilt. He said, "I didn't feel guilty at all, just upset because my family situation was so radically changed. It was explained to me that 'Mommy and Daddy don't get along.'"

Jenny Heck, senior whose parents were also divorced when she was 9, said, "I never felt it was my fault, but I always thought my dad was coming back. I wrote letters asking him when he was coming home, and I cried a lot."

'Abnormality'

Another feeling, according to Mrs. Zerse, is one of "abnormality." Janice Jacobs, senior whose parents divorced when she was almost 5, said, "I was really young when my parents were divorced, but, by the time I was in elementary school, I felt really abnormal. My friends' mothers stayed home and baked cookies and things. I thought, 'Gee, I wish my mom was home baking cookies.'"

"People shouldn't feel abnormal because of that,

though," she said. "Now I only feel a little abnormal, but that's because I really have no relationship with my dad. I think the influx of two personalities on a kid is good. I'm a lot like my mom, and I wish I'd had another adult influence, too."

Yet another feeling is one of stress. Ms. Amondson said, "Kids can be torn apart by parents' continued anger. Each parent is saying bad things about the other, and the kids feel they have to pick sides."

Stress and 'mind games'

Jenifer Sturek, senior whose parents divorced when she was 3, said as a result of the divorce, "I've become an expert at mind games. Parents can throw kids around like tennis balls when they say things like 'Oh, you'd be much happier with me.'"

Kids are caught in a "double bind," Ms. Amondson said, "if one parent pumps for information about the other." She explained that parents sometimes use children as tattlers to find out if their ex-spouse is dating and what his/her home situation may be.

She said, "Kids are often afraid or intimidated and don't want to offend the inquiring parent, but they realize that the information is private business." She called these situations "pain games."

In extreme cases, such stress can cause a break in the child's relationship with the non-custodial parent or, according to Mrs. Zerse, can even lead to drug or alcohol abuse. Mrs. Zerse also said that this stress, particularly if coupled with other traumas such as a death in the family or a move, can really be devastating.

Some positive effects

However, not all divorce situations are negative. Mrs. Zerse said, "Divorce can be very positive. Some kids just bloom after their parents are divorced because their family situation becomes more stable."

Whit said, "I miss not having my dad around (he lives in California), but I probably pay more attention to what my dad says now. I seem to value it more."

Evan said, "My relationship with my father is really weird. He only lives eight blocks away, so he comes over all the time. My parents get along really well now. It's just a friendly, casual relationship. It's funny because a lot of my friends don't even know that my parents are divorced. At this point, I think I can say that we're a better family for the divorce."

Adjustments are necessary as a result of divorce,

however. Jenny said, "I moved to Bellevue away from all of my friends, after my mom was remarried this year, and we only have one car. I also have a curfew now."

Responsibilities and adjustment

Jenifer said, "When my mom was remarried and had my little brother, I had more responsibilities. I had to do more around the house, and I became the live-in babysitter."

Another adjustment problem, according to Mrs. Zerse, is that kids often have to contribute to the family financially after a divorce. "They have to get jobs, and school no longer is their top priority."

Dating by or remarriage of divorced parents also requires adjustment. Janice said, "My father remarried about three times. It seemed like every time I went to see him, there was a new set of step-children. It was strange seeing another little girl playing with things of ours."

Jenny said, "When my mom started going out, it was weird. That's what bothered me most. I thought 'Moms don't do that,' but it made me realize she's a person, too."

Ms. Amondson said, "The biggest hesitation of a child is to tell their friends about the problems they are experiencing because of the divorce. Kids are afraid their friends will blab."

Friends and support groups

She said the most important things friends can do are listen, be supportive, keep the information confidential, and, if necessary, suggest investigating support groups.

Two support groups specifically for teens are F.I.N.E. (Families in New Environments, a day and a half workshop co-sponsored by Family Service of Omaha/Council Bluffs and Mercy Hospital of Council Bluffs) and Young Adult Beginning Experience (a weekend retreat for kids whose parents have divorced or died).

Mrs. Zerse said, "The best thing for kids to do is to talk to someone they trust — like a school counselor, hopefully. Counselors won't tell anyone, and we have a lot of Kleenex."

When asked how her parents' divorce might affect her future, Jenny said, "I'm going to be really careful about whom I marry. I don't want to make a mistake."

Evan agreed saying, "I think the divorce will make me feel more certain before I get married because I've seen how marriage can not work. It's also made me more sensitive in ways. I had to do a lot of growing up fast. Parents are supposed to be a solid base, and, when you see that base shaken, it tends to open your eyes, maybe a little rudely."

Billboards display work of two Centralites

As part of Youth Art Month, two billboards, one at the intersection of I-480 and Leavenworth, the other at 23rd and Burt, display the art work of Central sophomore Robert Holtorff and Central senior Robert Allen.

Every year businesses of the community promote March as Youth Art Month. Each participating business sponsors a student's artwork, has the work blown up into a billboard, and then has it mounted. Robert Holtorff is sponsored by InterNorth, and Robert Allen is sponsored by Hillmer Electronics.

According to Mr. Larry Hausman, Central art department head, to the best of his knowledge, this is the first year that two Central's students have had their work displayed.



As a part of Youth Art Month, sophomore Robert Holtorff has his work displayed here at I-480 and Leavenworth. Senior Robert Allen has a sample of his work at 23rd and Burt.

photo by Scott Hoburg

Absences show inconsistencies

While looking at your report card, have you ever noticed a varying number of absences from class to class? For instance, in one hour you may have three absences, but in the next hour you have five? If so, you are a victim of individuality.

Editorial

Some teachers count absences differently. Some do not count an absence if you can produce a doctor's note. Some may mark that you were absent, but had a doctor's excuse, an absence which will not count on your ten-day limit, but is, nevertheless, an absence from that class. For seniors, these teachers are nightmares because they are usually the ones who require that students take the final after a prescribed number of absences.

In regards to employers and college admission boards, who like to pay attention to attendance records, the individuality system can be misleading and unfair to the student. If teachers could all agree on a uniform absence-record and absence-final requirement system, the report cards would be an organized transcript record that shows accurate numbers of absences. Granted, individuality is somewhat enjoyable in that otherwise cool, impersonal computer form, but students don't enjoy explaining the individuality system to the people who get excited about attendance — especially parents.

Career Day helpful

On March 6, Central students had an opportunity to talk to representatives of 54 different professions. Career Day, which is held every other year, brings each participating student in contact with representatives from two different professions. These representatives make presentations and answer questions about their jobs.

Editorial

The obvious intent of these sessions is to promote students' interest in their futures. Unfortunately, since Career Day is a required activity, many students did not take it seriously and chose to attend sessions in which they had no real interest. This exposed both the representatives and the interested students to some undeserved rudeness.

Career Day is an excellent way for a student to meet and actually talk to a professional from the field he or she may wish to enter. How many students would actually, on their own, seek out a lawyer, an advertising representative, or a realtor to ask about what they do? The Register staff would like to thank the school, the Rotary Club of Omaha (who sponsored the event) and the representatives themselves for a well-organized, interesting experience.

Registered Opinion: Career Day views

On March 6, the Rotary Club of Omaha sponsored Career Day at Central. Students selected which presentations to attend beforehand. According to Mrs. Udoxie Barbee, Central administrator who was "in charge of Career Day this year, the actual event "went off well." "There were a few problems — mostly tardies and students who had lost their schedule cards." She said the main purpose of Career Day was to "expose students to different types of careers and to give students an opportunity to ask questions."

We asked students and faculty what they thought of Career Day, and if it could be improved in any way.

Miss Carolyn Orr - teacher - Top right

"The speaker whose class I visited was very good. I'm surprised they didn't have more areas of interest. Maybe a questionnaire could be given to students to pick their top five areas of interest, which could all then be put through a computer to get the best ones. I'm not sure those offered were the ones most students would want to attend."

Laural Vogel — senior

"It was very interesting. They had the choices I wanted, and it was well-organized. I liked it because you get to investigate all the different fields of business, and you can find out more about peoples' jobs."

Mr. Kevin Moran- counselor - Bottom right

"I've heard contrasting opinions on it. It should give students an opportunity to talk to someone in an area they're interested in, but some students just go through the motions."

Kevin Ekstrom — senior

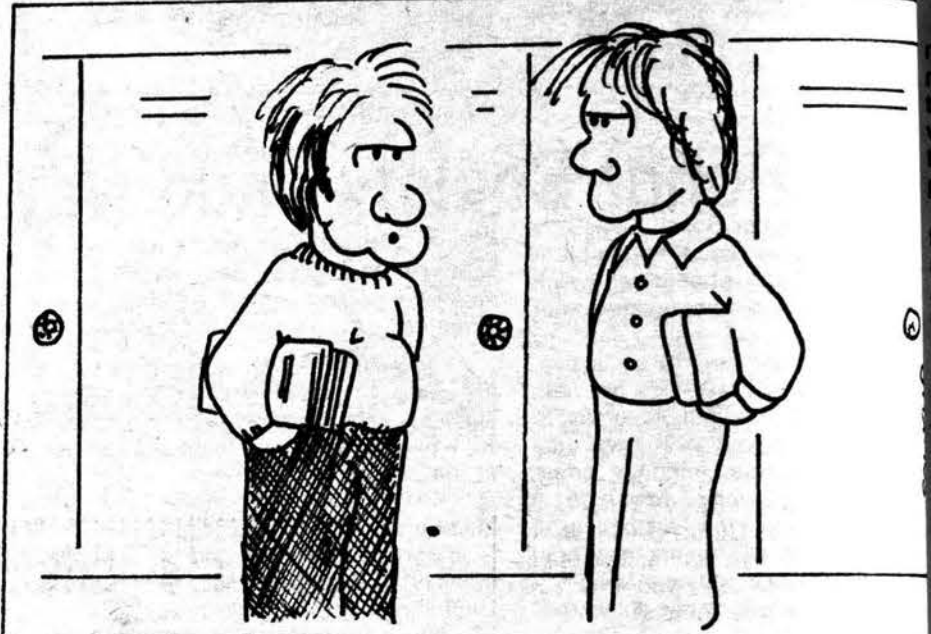
"Career Day was to give students an idea of what they might take in college and what job they might have. It opens your mind to the questions you'll be asking yourself. I think next time it shouldn't be required that all students participate — too many of them skip. The ones that don't want to be in it should go to a study hall. Career Day was a good idea — I'm glad they had it."



photos by Lisa Larson

Commendation for Semrad

Mr. Paul Semrad, girls' varsity basketball coach, recently resigned his post for personal reasons. Semrad began the team 11 years ago and has been the only coach ever since. We would like to commend Mr. Semrad for his dedication and for his fine coaching skills, which helped to develop many outstanding players and led to two state championships.



"I'VE GOT TWO ABSENCES IN JENSON'S CLASS, THREE IN SMITH'S, AND SEVEN IN GYM. I HAVEN'T MISSED A DAY OF SCHOOL YET THIS YEAR..."

Central 'C', Eagle song part of tradition

Oh so swiftly the days pass. Recently I have been made aware that my term or "time" as some may call it, here at Central is just about over. Therefore, I feel it necessary to pass on some things to those of you who have one or two years left to serve.

Here are some facts about our mascot, the eagle. The eagle has always been known as a symbol of strength, bravery, and pride. This is because of the heights at which the eagle flies and nests. Although eagles feed on small birds and mammals, the Central Eagle has been known, on occasion, to peck out the eyes of bulldogs.

Also, it is traditional not to warn the coming sophomores that Central does not have many crippling doorstops.

One last little tidbit, I hate to disappoint you, but there is no such thing as rain in purple.

From Me to You



LeAnne Lovings

First I would like to remind you that Central does have a school song, although, you wouldn't know it because half of the population at Central does not know the words. Well, here is my good deed. The words to the song are as follows:

Come on and cheer, cheer for
Central, Show your loyalty,
shout the praise of your school,
urge your team to victory.
Rah, Rah, Rah, come on you
Eagles fight to win this game.
You can make it!
You can make it!
Central High is bound to win!

(Courtesy of Ms. Pegi Stommes, Central teacher and former Central cheerleader.)

Furthermore, as you might have noticed, there is a big "C" on the first floor, three side. Traditionally the "C" is supposed to be sacred, thus, one is not to walk on the "C". Yet, to my disgust, I see the "C" trampled on by students as well as TEACHERS. I have even seen some young lads break dance on the "C". Will you people get a clue!

Oh, and remember this, when Homecoming comes around, contrary to popular belief, the decorations put up are not put up just to be torn down. No, they are not put up to prove that Centralites can use tape just as well as everyone else. They are put up to prove that Central is, in fact, a proud school.

Let me also remind you of some of the finer points mentioned in the Central Handbook. Central will offer you "a new school freedom different from the elementary grades and junior high." Also, one other very important thing, "hats and hair in curlers are not considered proper attire."

CENTRAL

Register

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Senior Jane Kurtz: First Nebraska female appointed to United States Naval Academy

Gwen Oberman

United States Naval Academy, Annapolis, Maryland. Mission: "To prepare shipmen morally, mentally, and physically professional officers in the naval service." Senior Jane Kurtz recently became the first woman from Nebraska to be appointed to this prestigious military academy. Not until 1975 did legislation authorize female admission to the three service academies of West Point, the Air Force Academy, and the Naval Academy, according to **United State Naval Academy: A Guide for Counselors and Candidates**. In the Annapolis' Class of 1980 was the first to include 81 women.

Differing from a regular university, the Naval Academy has military requirements such as a mandatory dress code of Navy uniforms in addition to the standard academic classes and extra-curricular activities, Jane said. Furthermore, Jane said, food, room, and board are all provided, as is a monthly salary of \$480 for books, uniforms and personal needs.

After graduation, one must join the Navy for five years. "It's a way to train officers while they're getting four years of education. They're actually in the Navy while they're at Naval Academy," Jane said.

Application procedures

The application procedure was a rigorous one, according to Jane. Beginning in the spring of her junior year, Jane wrote letters to the Nebraska senators, her congressman, and to the Naval Academy itself in order to communicate her interest in becoming a nominee.

Next, Jane said she made applications to Congressman Hal Daub and both senators. She had to write essays and send



Photo by Krista Lanphier
Jane Kurtz will become a midshipman when she enters the Naval Academy on July 2.

them her transcript.

Sending an application to the Naval Academy as well, Jane had to explain why she wanted to be an officer in the Navy and was required to respond to other essay questions while also sending them her transcript and test results.

The Academy also requires applicants to take a Physical Aptitude Exam (PAE)

which includes events such as the 300-yard shuttle run and the flexed-arm hang. Jane took the PAE in September for the first time. After doing "poorly on the bent arm hang, the Academy contacted me and told me to improve. I worked on it, and it did improve by 30 seconds," Jane said.

Choosing nominees

Jane said that she then went through interviews with each senator's and congressman's committee of judges. Each senator and congressman can choose ten nominees for each vacancy. Each may have five midshipmen attending the Academy at any one time. The Naval Academy then chooses the top nominees to attend their institution, Jane said. She received a letter of acceptance from Rear Admiral Charles R. Larson, Superintendent of the Naval Academy, who is also from Omaha.

Classes for incoming freshmen, who are referred to as "plebes," begin July 2. In succeeding years, one becomes known as a third classman, then second classman, and then midshipman first class.

July and August constitute a "plebe summer." "Infantry drill, firing a .45 calibre pistol and the M14 rifle, sailing Navy yawls, handling minesweeping launches, and participating in a rigorous physical conditioning" all contribute to the summer's activities, according to a Naval Academy catalog.

"The first day of plebe summer is a day that most midshipmen will remember

forever. This is scarcely surprising, for in one schedule-crammed day, civilians are transferred into midshipmen and began adjusting to a strange and challenging way of life," states Annapolis: United States Naval Academy.

Stress at the Naval Academy

Plebe summer eliminates those who will not be able to endure the stress of the Naval Academy, Jane said. "You're not considered a human, you're never right, you don't have the privilege to speak unless spoken to, and you're told when to go to bed," Jane explained.

In essence, Jane said, "They take away everything and then build you up to what you should be. They put stress on you so you can handle pressure while commanding." Jane said that many drop out after the first day. One plebe commented, "The novelty of being a girl is not the hardest part of being here. Just being a plebe is the toughest."

Jane explained that under U.S. law, women cannot be stationed on combat ships. Therefore, by graduation from the Naval Academy, Jane will be prepared to command non-combat ships and command a station at a Navy base. She will be able to work in most any field available within the Navy.

"I view the Naval Academy as a personal challenge. If I can survive this, I can survive anything," Jane said.

Slide show warns cyclists

On March 13, Dr. James Manion came to Central and presented a graphic slide show of seriously injured or dead motorcycle accident victims.

Dr. Manion said his extensive experience, gained from ten years of working as an anesthesiologist in various hospitals emergency rooms, motivated him to show his slides to "impress upon people what it can happen to them."

Dr. Manion's strong feelings against motorcycles are not unfounded. The basic statistics show that ninety percent of all motorcycle accidents result in death, as opposed to nine percent of all car accidents. In 1984, seven people died in Omaha in injuries received in motorcycle accidents. Not one of these victims was wearing a helmet. Dr. Manion explained that most of the deaths were from fatal brain injuries and that the victim's other internal organs were uninjured. This fact explains why 80 percent of all organ donors are motorcycle accident victims. He said that a study was done in states with and without helmet laws,

and it determined that, in states without helmet laws, there are three times as many deaths. Nebraska is one of the few states which has yet to pass a bill requiring helmets.

The slides, which Dr. Manion put together from his personal experience with accident victims, showed everything from mangled faces to amputated legs and fingers on bloody sheets. Because Dr. Manion knew his patients, he was able to explain how the accidents affected the victims mentally as well as physically.

Dr. Manion describes the advertising industry as a "great enemy" due to the sensationalism it gives to motorcycle riding. He said, "The industry equalizes speed, power, and sex appeal with motorcycles, making them appeal to younger and more impressionable people."

Dr. Manion stressed that even with the proper protective riding gear (helmets, leather gloves and jackets, and boots) motorcycle accidents will cause numerous, painful injuries and many deaths.



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of Central importance

Five seniors reach finals

Seniors Anneliese Festersen, James Keene, Arthur Kosowsky, Kris Lawson, and Dan Mirvish, all of whom reached the semi-finalist stage of the National Merit Scholars competition, have also reached the finalist stage.

Sponsored by the National Merit Scholars Corporation (NMSC), the students are selected by a committee of college admissions officers and secondary school counselors.

For the initial eligibility in the Merit program in the state of Nebraska this year, students must have received a selection index of 193 or above on the PSAT/NMSQT.

After becoming a semi-finalist, a student must continue to meet certain requirements, including filling out a scholarship application with detailed information and receiving comparable scores on the SAT. From such students the finalists are selected.

All the Central semi-finalists became finalists.

Teams compete at fair

The German Trade Fair was held on March 2 at UNO. The event was a simulation of an actual international trade fair.

Each school involved had two five-member teams, one representing a German city and the other representing an American product. The teams that represented German cities wrote to the actual city and found out information about the city in order to decide what products would be appropriate there.

This year Central's product team was composed of marketing students, sponsored by marketing teacher Miss Jerrie Harris. The team won third place. Central's city team, composed of German students, was sponsored by German teacher and foreign language department head, Mrs. Gretchen Schutte.

Mrs. Schutte said, "The trade fair is not mainly for the prizes, it's meant more for the students to learn about international trade and about German cities."

Two Central students win Peter Kiewit scholarships



photo by Kathy Fritz

Seniors Jeff Wageman and Kris Koehler make plans for college. They recently won Peter Kiewit Scholarships, each worth \$16,000.

College seminar to be held

Mr. Stan Maliszewski, Central guidance director, will hold a seminar on college and scholarship decisions on April 11 in Central's library from 7 p.m. to 9 p.m.

The seminar is for sophomores and juniors and their parents. Mr. Maliszewski will answer questions about college and will try to get the students thinking about college decisions now. He explained that the beginning of a student's senior year is too late to begin making college decisions.

Among the subjects Mr. Maliszewski will address are college application procedures, college selection, and scholarship opportunities.

"By the beginning of a student's senior year, he should have chosen his top three colleges," said Mr. Maliszewski.

Food ordered by sign

Today over the lunch hour, a group of students, accompanied by Mr. Stan Maliszewski, Central guidance director, and Mrs. Linda Hazuka, counseling paraprofessional, will go to the Burger King on 45th and Dodge. They aren't skipping, rather they will spend the entire time ordering and conversing in sign language.

Mr. Maliszewski, who teaches the sign language class, explained that the reasons for the trip include "gaining some empathy for the hearing-impaired, becoming more comfortable with signing in public, and practicing our signing."

Andrea Petersen, junior, expressed fear of "people staring, and strange looks," while Kris Koehler, senior, was afraid of embarrassment and laughing while signing. Mr. Maliszewski reminded his students, "The stares and misunderstanding are the other person's problem, and this might be a means of educating them to the problem faced by deaf or hearing-impaired people."

Students await field day

On April 13, Central's chemistry II teachers will each send five students and possibly one team from the AP chemistry class to Creighton University to participate in the science field day.

Teams will be divided into two levels, primary and advanced teams. Only first year students can be members of the primary team.

Chemistry students will work on computer quizzes, balancing equations, making solutions, and a titration race. Plaques and medals will be awarded to the winners.

The purpose of the field day is to have fun while learning and showing your knowledge. Central chemistry teacher Miss Elizabeth Hug said, "The field day is a fun contest, not a bitter rivalry."

Last year, Central chemistry students on the primary team placed first overall.

Sorority seminar soon

On April 11 the Omaha Alumnae Panhellenic will be at Central to present a seminar on the advantages, disadvantages, and obligations of sorority life.

The seminar will last approximately a half hour and all college-bound junior and senior girls are invited to attend.

Mr. Stan Maliszewski, Central guidance director, said that he feels sororities are very beneficial. "Sororities provide girls with a small community to get involved with, which is especially helpful in a large university setting."

Juniors chosen for State

Central juniors Mike Salerno, Travis Feezell, Jill Stommes, and Johanna Krell were selected as delegates, and Matt Carpenter, Randall Underwood, Sarah Holmes, and Wendy Novicoff as alternates for the Cornhusker Boys' and Girls' State.

Boys' and Girls' State is sponsored by the American Legion and trains the students in good citizenship as well as state government. It will be held June 2-8, on the UNL campus.

The student delegates were nominated by their social studies teachers and named by the scholarship review board at Central. Each participating high school may send two female and two male delegates. Two females and two males are chosen as alternates.

Vina Kay wins contest

Vina Kay, Central junior, won a state-wide journalism contest sponsored by the Governor's Committee on Employment of the Handicapped, in February.

As the state winner, Vina received \$500 to help cover the costs of a trip to Washington, D.C., in May for the national contest, which is sponsored by the President's Committee on Employment of the Handicapped. There are five prizes at this contest ranging from \$1,000 to \$3,000.

Vina won the contest with a story she wrote for her journalism class. According to Vina, Mr. T. M. Gaherty, Central journalism teacher, suggested the topic and informed her of the contest. The topic dealt with employment of the handicapped.



photo by Jim

Freshman Susan Lager shows her cheering talents. The 1985-86 cheerleading outs were held March 13 and 14.

1985-86 squads selected

Over 50 freshmen and sophomores and juniors competed for on the 1985-86 Central cheerleading squads March 13 and 14.

The participants were judged by a panel of eight faculty members on cheering, voice projection, and jumps.

The members of the 1985-86 cheerleading squads are:

Reserve: freshmen Jennifer Anderson, Kalen Anderson, Shawnda Brye, Cooper, Chandra Freeman, Carole Holmes, Jennifer Holmes, Severin Huff, Jones, Joan Jorgenson, Sue Lager, Kristi Rogers.

Junior Varsity: sophomores Browne, Kelly Coughlin, Michelle Wendy Haber, Mary Beth Hays, Stepien, Tracy Nettles, Chris Reyes, Ridley, and Michelle Ruffin.

Varsity: juniors Jessica Bressette, Grosse, Princess Hampton, Monica Marti Offenberger, Kellie Paris, Lynn ten, Becky Reynolds, Chrystal Spraling, Terry Texidor.

High scores earn honors

Central seniors Francine Pope and Lexau have each won \$2,000 scholarships because of their high PSAT scores. Merit Scholarship Program sponsored scholarship competitions.

Both Francine and Jon automatically placed in various scholarship competitions for which they were eligible.

Francine was one of 15,000 students whose high scores allowed her to compete in the semi-finals. In the semi-finals applicants can receive corporate-sponsored scholarships if they are not chosen to advance to the finals. Francine received a scholarship from the IBM Corporation.

Francine is pleased with her scholarship and said it will be helpful in paying tuition at Northwestern University in Illinois.

Jon was also placed in competition through the Merit program but missed competing in the semi-finals of his competition because he missed the eligibility score two points. However, he received a scholarship from American Allied Van Lines, whom his father is employed.

"I'm pleased with it (the scholarship)," said Jon, "Because I missed the cut, I really didn't expect anything."

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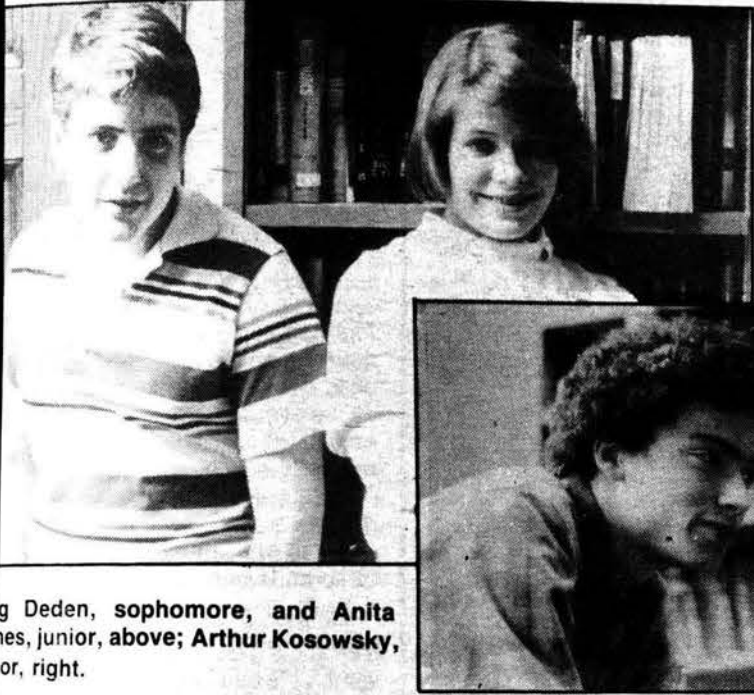
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Three students qualify to take AIME



photos
by
Phil
Berman

Three Central students took the American Invitational Math Examination (AIME) on Tuesday, March 19. Arthur Kosowsky, senior; Anita Barnes, junior, and Doug Deden, sophomore; all qualified for the test by scoring 95 or above on the American High School Math Examination (AHSME) on February 26. Arthur scored 124 out of 150 (1st in the state), Anita 116 (2nd in the state), and Doug 95 (4th in the state).

"The AIME is a three-hour test with fifteen difficult math questions," Anita said. The test is not multiple choice like the AHSME. All answers must be exactly correct.

A student who scores well on the AIME goes on to further competition. "Students who do well take the Olympiad test on April 23," said Mr. John Waterman, math department head.

About 75 students are chosen each year to take the Olympiad, according to Arthur. The Olympiad consists of six questions to be answered in five hours. The eight top scorers on the Olympiad make up the United States team which will compete internationally in Europe.

Arthur hopes to be one of the 75 students chosen for the Olympiad. "I care about the AIME because I want to make the Olympiad team." Arthur competed last year in the AIME and scored in the top 25% nationally.

After taking the test, Arthur's hopes decreased. "I made two stupid mistakes. I think I got seven, possibly eight. The cut-off will probably be nine," Arthur exclaimed.

Anita and Doug have a much more passive view of the AIME. "I know I am not going to do very well," said Anita. "I'm glad I qualified, but I don't look upon it as a big deal." She added, "Next year I might be more anxious."

Doug's views are quite similar. "If I do well, that's fine. I'm just a sophomore," Doug said. Doug is the first sophomore in Nebraska to qualify for the AIME since the competition began two years ago. Doug answered two or three correctly on the AIME.

Six Trilogy members at Central

Central DJ's broadcasting throughout Omaha

Brooke Rose

Captain Courtney, The Baby, Dr. Rock, E-E, The Almighty A-G, Kevi Kev, Fresh-Ria-B, and L-A Rhyme are the names of the nine Central students who are disc jockeys (DJ's).

Captain Courtney (Courtney Perkins), The Baby (Allen Perryman), and Dr. Rock (Delano Goodseal) are members of the Trilogy. The Trilogy is sponsored by the Edmondson Youth Development Association which is run by Joe and Jean Edmondson. Joe came up with the idea of the Trilogy when he began a radio show on KBWH, FM 88.1, last May. The group started with three members, according to Joe, and was used for a fund raiser.

"We decided to throw parties with our equipment and raise money for the organization," Joe said. Initially, Joe set no requirements for the DJ's. "I was really looking for new kids to join the organization," he said. "I didn't want the same kids doing two or three different things."

Monthly parties

The first party the Trilogy had was at the Civic Auditorium on 24th Street. Now, they throw parties monthly at the Civic Auditorium. Since the group has become well known, Joe has limited the membership to six. When these students graduate, Joe said he will review applications for new members.

Captain Courtney was one of the initial three members. Courtney helped Joe with equipment and records for the radio show. "One day Joe let me go on the air," Courtney said, "and they loved me." Courtney began as a substitute DJ on KBWH, but now he has his own program from 12:00 a.m. to 6:00 a.m. on Sundays. "Joe helped me learn how to use the equipment," Courtney said, "and then I started working with the Trilogy."

Allen was the last member to join the group. Allan was enjoying one of the group's parties at the Civic Auditorium when he became daring and got on stage. He grabbed a microphone and started to rap. "I was kicked off the stage," Allen said, "but they must have liked me because they all had a touch with me later to join the group."

At the end of this month, Allen will become the main MC.

Dr. Rock entered the group just before Allen. Delano was introduced to the Trilogy through his cousin who was already a member. Delano also DJ's for KBWH from 6:30 p.m. to 7:30 p.m. on Sundays.

A family affair

Last December, Delano turned the Trilogy into a family affair when he introduced his sister, Maria Summers, and two of her friends, Yulonda Avant and Leticia Muhammed, all Central sophomores, to Joe.

The three girls got involved in rapping when Leticia (Fresh-Tee) moved to Omaha after living in New York for three years. "She brought back some songs, and we started learning the words," said Maria (Ria-B). "Then we started changing the words around."

"We thought we sounded good," said Yulonda (L-A Rhyme), "so we kept on making new raps." In December the girls became the Lady MC's and began working with the Trilogy. The two groups always work together.

Second group

Another group consists of seniors Easy-E (Eric Williams), The Almighty A-G (Alan Wright), and Kevi Kev (Kevin Franklin). These three students have called themselves The Supreme Team, Master Mix Inc., and The Superior Three, but now go by their individual names.

The group began three years ago when Eric Williams, a semester transfer from Benson, moved to Omaha from New York and attended Nathan Hale Junior High.

Eric has been involved in DJ activities since he was 10 years old when he worked with his brother. "On my 14th birthday, I got my own system," Eric said.

When Eric moved to Omaha, he threw some parties of his own, but it wasn't until he did a party at his junior high that he met Alan, also a semester transfer from Benson, and Kevin.

According to Kevin, he, Alan, and Eric started by comparing each other's music and then began working with the equipment. "Eric had a mixer, which I had never seen before," said Alan. "He taught me how to



photo by Phil Berman

The Trilogy, a group of D.J.'s, holds parties regularly at the Civic Auditorium. Trilogy members pictured from left to right: Maria Summers, sophomore; Courtney Perkins, junior; Leticia Muhammad, sophomore; Allan Perryman, senior; and Yulonda Avant, sophomore. Not pictured is Delano Goodseal, sophomore.

use it." (A mixer is used to take two records with similar beats and to mix them together.)

This threesome has done parties at the Rose Bowl, the YMCA, and many houses. Alan is in charge of the money, Kevin finds the parties, and Eric does the rockin'.

Various philosophies on DJ talent

The DJ's have different ideas as to how to apply their talent. Alan said, "I'd like to continue this as a hobby but not as an occupation."

Courtney said, "Most DJ's go into rap records. I'd like to own my own recording studio some day."

"I'd like to continue being a DJ as an occupation," Alan said. "It pays well." Alan just recently received his radio license, and he would like to go into radio and television broadcasting.

Yulonda and Leticia would also like to continue rapping as an occupation. But Marie just wants to rap as a hobby. "I'd like to be a model and an actress," she said.

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Central's social activities unique

by Kari Hulac

With only two months of school left, and spring break here, sitting in class and actually concentrating on one subject for 40 minutes is next to impossible. This time of year is undoubtedly the hardest for students to be productive, and boring weekends don't make those Monday mornings any easier. When homework gets unbearable, the attention ultimately shifts to the social aspects of school.

All a visitor has to do in order to get a sample of Central's social atmosphere is step into the crowded courtyard at 3:20. Various groups of students, black and white, oriental and hispanic, male and female, sophomores, juniors, and seniors, line the walls, sit at tables or hang around the lamp posts.

'Melting pot'

These students come from a wide background of varying incomes, families, and homes. This is primarily due to Central's open enrollment policy.

Most students seem to enjoy the results of this policy. Van Dyke Walker, senior, said, "It's good the way people interact and all get along. Central is the melting pot of the Omaha School System."

Bob Thorson, junior, said, "It's a lot healthier atmosphere than most other schools. People don't really care what you're like."

The range of fashions, hairstyles, and attitudes one sees at Central is endless. Sarah Carlton, sophomore, said, "There are a variety of people. No matter what type of person you are, you can find someone to

hang around with, but I suppose it's hard if you can't get along with different people."

Most Central students interviewed feel that Omaha just doesn't have enough things for teenagers to do. Of course, it all depends on what entertains you. Bob Thorson and Matt Flick, juniors, describe their average weekends as "just bumming around the Old Market or going to see some local bands play."

Other people listed parties, movies, and eating out as their main weekend activities. Sarah said that she thinks parties with a lot of different new people and music are fun.

Chris Lamberty, senior, said, "There's nothing to do for anyone our age except go to parties." Another senior said the only thing which makes parties fun is "beer."

Ideal weekend

With all the complaints, not one person had any difficulties thinking of the ideal weekend. Chris Seitzer, senior, said his ideal weekend would be "out of Omaha — in L.A., New York, or some big city, or laying out and shopping at South Padre Island."

Chris Lamberty cited his ideal weekend as just being with a few close friends "having a good time in a relaxed atmosphere." For Jason Gaughan, sophomore, a perfect weekend would be staying out all night in the summer, "pool-hopping, raiding some food places, driving around, and sleeping for about an hour."

African student seeks American education

by Brooke Rose

The first day of high school is usually an exciting experience for most students. But, for Paul Ilunga, Central senior, it was much more than exciting. It was one of the most difficult challenges he had ever faced.

As a freshman, Paul entered a high school in Freeman, South Dakota, knowing no English. Paul is from Zaire, Africa, and was sent to the United States with his older brother to get an American education.

Paul's father went to college in South Dakota, and, when Paul was one year old, his family moved to Africa. "I knew that some day I would be back in the United States for an education," Paul said.

When Paul first came to the U.S., he stayed in a dorm on the campus of Freeman Junior College. After that, he and his brother lived with a family for two years. When Paul's brother graduated from high school, he enrolled at UNO, so the two moved to Omaha, and Paul enrolled at Central.

Paul admits that he was scared about coming to the U.S. "I didn't know if I would be able to communicate," he said, "but people pushed me and told me I could do it."

As a freshman, Paul took a regular English course and a course similar to English as a second language. Paul's primary language is French.

Paul said he has had few problems learning English. "I had to learn quickly to be able to communicate," he said. "I still have problems in English class," Paul commented, "but I understand everything else ok."

Definite differences between schools

Paul has found that the schools he attended in Africa and Europe are comparable to the schools here, but he said there are some definite differences.

First of all, everyone in Africa must pay for their education. "The U.S. has a good



photo by Phil Berman

Senior Paul Ilunga models some of his traditional African clothing. He is currently studying at Central.

way of education," Paul said. "It's more free and you do what you want to do." According to Paul, if he didn't do his homework back home, he was punished.

Paul feels that because not all kids in Africa are able to attend school, those that do, take it more seriously. "There are a lot

of students that take their schooling here at Central," Paul said, "but all come to enjoy themselves."

"I'm not saying there aren't guys in Africa," Paul adds, "but they go to school." Paul feels that if all kids required to go to school, they would have the same problems that are apparent in

Treatments of elders

One of the major oddities Paul found in the U.S. is the way students treat their elders. Paul said the average American child doesn't listen to his parents as the average African. "We never speak to adults without putting Mr. or Sir before name," he said.

Paul also noticed that American students are much more free. "We don't start dating until we're 18," he said. Paul feels that freedom is both good and bad.

It's good he says because "kids find out a lot about themselves and find out what they want." It's bad because "when they are forced to face situations they don't know how to handle, they don't get advice from their parents."

The only other thing that really bothered Paul is the comments that people make about his clothing. "One teacher asked me if I was wearing my pajamas," he said. "That's just not right."

Paul feels that he has had to learn a lot since he came to the United States. Paul has four more years to spend at UNO. During this time, he plans to

After graduation from college, Paul would like to return to Paris where he spent five years in a private school before coming to the U.S.

Internship at Central Student teachers fulfill requirements

by Bob Soukup

As part of their certification requirement, students in the field of education must spend some training time in actual classroom settings as student teachers. Four student teachers are currently working at Central. They are Mr. Andrew Shiers from Creighton, and Mr. Tim O'Reilly, Mr. Bill Wellner, and Miss Susan Roberts, all from UNO.

Mr. Shiers works with Mr. Paul Pennington and Mr. James Harrington, Central math teachers. Mr. Shiers began his training during finals week of first semester. He said that the time he has spent at Central has been a good experience. "It's a training period for me, and it gives me good 'hands-on' training."

Mr. Shiers is at Central from 8:10 until about 11:40 every morning. He takes classes in the afternoon. Both Mr. Shiers and Mr. Pennington said that they would rather Mr. Shiers were here for a full day. "He has 'bankers hours' as far as teachers go," said Mr. Pennington. "I would rather he were here for a full day; I think he would get more out of it."

A student from UNO, Mr. O'Reilly is fulfilling his requirement in the classroom with Mr. James Rawlings, Central American history and psychology teacher. With majors in both history and English, Mr. O'Reilly says his interests lie in both Russian and East Asian histories. His internship consists of fourteen credit hours or two and a half hours a day for a semester.

Mr. O'Reilly said that he and Mr. Rawlings team-up on classroom activities. "Mr. Rawlings' experience is a great help to me in handling a classroom," he said. "I enjoy teaching on a high school level although I must admit it was a tad scary at first."

Mr. Wellner teaches biology 1 and 2 with Mr. Gary Kubik, Central science teacher. Once a nurse in a renal unit at Clarkson Hospital, Mr. Wellner has a strong background in science and says he really enjoys teaching.

Mr. Kubik explained that student teachers help the "old (teaching) veterans" reflect on themselves. He also explained the importance of helping newer teachers. "To

someone in a profession — such as teaching — it is almost an obligation to promote the profession and bring all the good things you can to it."

Miss Roberts teaches, with Mr. Lincoln, Central government and social studies. She is doing what is called "double blocking." The first eight weeks of student teaching requirement were spent at Papillion Junior High. Now, in her last eight weeks, she spends a full day teaching and observing at Central.

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Semrad resigns from coaching

Carlson

Seven years ago when Mr. Paul began his tenure as head coach of the girls' basketball team, people looked at girls sports. "Girls sports were not seriously. We practiced at grade level and a lot of spectators laughed," Semrad, with an overall record of 100-100 and two state championships, resigned after taking girls' basketball and making it one of the most popular programs in the Midwest.

Semrad started his coaching career with the boys' baseball team. "Coaching this gave me the urge to coach. Then I wanted to move up and coach bigger teams. I saw coaching as a challenge," he said.

Semrad did move up from there as he became the volleyball coach at Central. "I became coach by accident," he said. "I wanted to coach baseball, but, when I was asked to coach volleyball, I agreed." When the position of head coach of the girls' basketball team opened up, Semrad took it. At the beginning of Semrad's second year, the team ran into some problems. They started off 0-5; and lost to Marian in their first game. "But two weeks later, I got my biggest wins ever when we came out and defeat Marian in the finals of the Holi-tournament."

Along with his state championships, Semrad has had the chance to coach many individuals, something he said he

will never forget. "I have coached four all-stars and maybe the best two players in Nebraska, Jessica Haynes and Maurice Ivy." Semrad credited these two players for their hustle and their knack for coming through in the clutch.

Winning is important to Semrad, but he said, "Helping players to go in the right direction and become better citizens is what makes you successful. A state championship is just a bonus."

It was this kind of attitude, according to senior forward Tonya Kelley, which allowed the players to succeed. "A lot of pressure was taken off us. We were prepared well for every game. This game me and the other player a lot of confidence."

Semrad said another benefit from coaching was the relationship he had with his players. "I worked hard to have mutual respect with the players. I have always been honest with the girls."

Although this year's team missed a chance at their third straight championship and finished 22-2, Semrad said two seniors were great leaders and taught the younger kids a lot. "Jessica and Tonya typify the kinds of kids you want in a program."

Semrad said he can now concentrate on teaching. "It is difficult to do a good job at both coaching and teaching. I am a teacher first," he said. "It's been a great experience and something I will never forget. I have had more success in the last three seasons than other coaches might ever experience."

Girls' tennis team opens season with new coach

The girls' tennis team opens its season against Benson with a new coach, Ms. Joyce Morris had to leave last year due to a back operation. Ms. Gambaiana coaches Central's volleyball but this will be her first time coaching tennis.

Ms. Gambaiana has had no formal experience in team tennis, but she plays tennis. She would like to participate in tennis and said, "As I see the girls play, I want to play even more." She said she is currently assisted by tennis players Bill Hall and sophomore Gene Huey. The tennis condition season began the week of February and the girls participated in the weekly workouts voluntarily. The girls were introduced to a new aerobics program for three days, and the other two

days were spent in the weightroom. Formal team workouts started at Dewey Park several weeks after the conditioning period.

Leading the team are returning members Ann Addison, Jenny Foster, Jenny Heck, Stephanie Pendleton, Marcia Peters, seniors; and Jill Stommes, junior, but over half of the team this year consists of sophomores. Though some of them have never played before, Ms. Gambaiana notes that the underclassmen "will need some work but have a lot of talent."

Currently the top three seeds are Foster, Addison and Kristin Leach, sophomore.

"This year I'll just be getting my feet wet," said Mrs. Gambaiana. "I hope to have fun, to learn, and to help as much as I can, or find someone that can help."



photo by Jim Hazuka
Coach Ed McDaniel helps Senior Larry Whisenand line up a shot during practice. The golf team hopes to make it to state this year.

Top two golfers return to provide experience

There is one sport at Central where the thrill of victory and the agony of defeat are rarely publicized. That sport is golf.

Varsity player Senior Brian Adamson said, "I don't think anyone knows about us. I don't think we'll get any recognition until we start winning."

Win is exactly what the players intend to do. The squad's number one and two golfers are three-year varsity players. They are Brian and Charles Knight. "We switch back and forth," said Adamson.

Knight cited the team's depth as its strong suit. "We have more solid players in backup roles than ever before," said Adamson. This year's squad is composed of strong drivers, according to Adamson.

As a team, the golfers will set out to place highly in districts and make it to state. Adamson and Knight's personal goals are to place in the top five at state.

The main competitors for the team this season will be Westside and Prep. "I think we can stay pretty close with them this year," Coach Ed McDaniel said. He cited Knight and Adamson as his best golfers and the team leaders. "We try to set examples by our actions," said Knight. "The younger guys are very experience so it's not a big job."

Other team members are senior Larry Whisenand and freshmen Jim Kemp and Kevin Gaffney.

Calendar

- Baseball**
- Apr. 1 Millard North (H)
 - 4 Millard South (A)
 - 5 Bellevue West (A)
 - 8 Benson (A)
 - 10 Roncalli (H)
 - 11 Bellevue East (A)
 - 12 Bryan (H)
 - 15 North (H)
 - 16 Northwest (H)
 - 18 Westside (H)
- Boys' Golf**
- Apr. 4 Bellevue East (J)
- Girls' Tennis**
- Apr. 4 South (H)
 - 11 Bellevue East (A)
 - 16 Gross (A)
 - 18 Marian (A)
- Boys' and Girls' Track**
- Apr. 9 Prep/Marian (H)
 - 16 North (H)

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photo by Krista Lanphier

Sophomore James Keith works out on the hurdles at the Central practice field. The girls' and boys' track teams will be involved in several upcoming meets.

Track opens season, prepares for upcoming meets

by Gia Ciummo

The boys' and girls' track teams opened their seasons two weeks ago with top finishes in the UNO Invitational and the Burke Relays. Because the meets were the same weekend, coaches had to decide in which meet to participate and whether to divide their teams and compete in both.

The defending state champion boys' team placed second in the six-team Burke Relays. The meet involved only relay events and field events. Senior Sean Ridley won both the shot put and discus throws, and senior Bernard Jackson won the triple jump. The relay teams won first place, four second places, and three third places in the 15-event meet.

The boys' coaches chose to divide the team and send some competitors to the UNO meet. The meet involved many Metro and Nebraska high schools, and competition was divided between the schools of 500 students and above and schools of fewer than 500 students.

Unlike the Burke Relays, the meet also involved individual running events. Senior Richard Bass was second in the 55-meter sprint. Senior Tony Avant won the 55-meter high hurdles and placed second

in both the high and long jumps. Bruce Cullum placed third in the long jump, and Art Thirus won the shot put.

Hard Practices

The team will be participating in many other meets this spring and sprint coach William Reed stressed that these meets are just practice. "The team, unlike many others, practices through the meets, which means that there are no easy workouts. 'We practice up to the day of the meet to get us ready for state. Everything else is secondary,'" said Reed.

The state runner-up girls' team chose not to participate in the UNO meet but went on to win the Burke Relays. Though only one Centralite placed in the four field events (senior Tabitha Whitmon was second in the high jump), the girls dominated the remaining relay events. The girls grabbed first places in the 240 intermediate hurdles, the distance medley, the 400, the 800, and the 1,600 relays.

Top gold medal winners were seniors Jessica Haynes (400, 800, and 1,600 relays), and Tabitha Whitmon (240 intermediate hurdles and 1,600 relays), juniors Monica Hart (400 and 1,600 relays), and Lynn Jackson (400 and 800 relays), and freshman Mallory Ivy (400, 800, and 1,600 relays).

Returning lettermen lead baseball squad

by Mark Buckner

With the end of the basketball season and the beginning of spring, baseball seems right around the corner. The Central baseball team is gearing up for what will be one of the best seasons yet. The lettermen we have back and those coming up from 'Triple A.' I think it's a decent season," said head coach Coach Knight.

Coach Knight, a former player of the Cincinnati Reds, has coached the Eagles for four years.

Central boasts six returning lettermen. The players are seniors Maurice G. Dave Mancuso, Jeff Wageman, Jensen, and juniors, Travis Feezel and Salerno. The Eagles are also looking for sophomore, Mike Buckner. Mike is the only freshman player on Central's team last season.

Coach Knight is confident that

Pitching staff

bolsters

Eagle's defense

get good young talent from last season's Triple "A" league which is designed for freshmen and J.V. players can get extra game experience.

Coach Knight feels that, if the team strengthens their pitching game, they will be competitive in one of the toughest leagues in the state.

"Northwest, Ralston, and Papillion are all in our district, and it's a tough one," said Coach Knight. Knight said that his pitching staff has experience and that it should bolster the Eagle's defense.

Seniors Jeff Wageman, Maurice G. Jensen, and Jerry Jensen as well as Mike Salerno and Travis Feezel provide depth and strong arms for the pitching staff. Jerry Jensen said, "I'm really looking forward to this season. I think we'll pitch well."

The varsity Eagles open their season with Millard North April 1 at Lynch

Roles, relationships make coaching satisfying

OVERTIME



Dan Schinzel

Coaching. One day it can be satisfying; the next day it can be frustrating. When the team is winning, the coach is everyone's hero; when the team is losing, the coach is the subject of everyone's criticism. He is constantly analyzed, critiqued and second-guessed by the media, his peers, and, of course, all the amateur "coaches" out there who always seem to know everything there is to know about athletics. The pressures, the uncertainty, the criticism, and the constant public attention might be enough to keep anyone away from this line of work. It is obvious that it takes a unique person to be able to handle all of the demands that are placed on a coach.

According to many Central coaches, what makes the profession worthwhile is the satisfaction a coach gets from seeing his players develop and from knowing he played a part in their maturity.

"I guess the most satisfaction I get has nothing to do with winning," said Mr. Dave James, cross country and assistant track coach. "It is the feeling that you played a part in influencing a person. Tremendous lessons in life are learned in sports."

"Pushing an athlete to his potential is satisfying," said Mr. William Reed, football

coach. "That is the top thing, and, really, when I lose that feeling, I will stop coaching."

Winning

Everyone loves a winner. Since society places such an emphasis on winning, it is evident that sometimes a coach's ability and success is measured solely by his team's record. According to Mr. Jim Martin, basketball coach, too many aspects of coaching are measured in terms of wins.

"There has to be inner satisfaction, but, unfortunately, it's usually tied in with winning. It's hard not to get caught up in measuring yourself by whether you might have made it to state," said Coach Martin. "Some of the coaches I admire are those who went years without winning and persevered through that situation."

Mr. John Waterman, boys' tennis coach, believes that through his experience, he has learned to put winning in perspective. "When I was younger, my goal was to win. I've reached the point where I could go through a losing season and still find things to feel good about. The first time I lost, it affected me. I took it personally. I think I can handle it better now."

Success of individuals

After guiding the Eagle football team to a state championship this season, it would seem natural for Coach Reed to parallel his success as a coach with that of the team on the field. However, according to him, that is not his philosophy. "The success and failure of the individual kids determine my record. We started with 101 kids this year and ended the season with 92 still going strong. I feel our record was 92-9 not 11-1."

A coach often plays an important role in an athlete's life. That role usually depends on a coach's relationship with his players.

"I guess you are the happiest in coaching when you have a good rapport with your players," said Coach Martin. "I don't think winning should be a factor in that, but they do go together. The kids feel more comfortable and don't think you're letting them down."

Coach Waterman feels that his role varies from player to player. "I think you have to have a set of rules as far as treating every athlete alike. But individuals have different needs from a coach. Some need discipline, while others need a pat on the back. You almost need to be a psychologist."

'Powerful' individual

Coaches are very influential people, according to Coach Reed, and, thus, do have a certain responsibility to their players. "A coach is a very powerful individual, if he chooses to be," said Reed. "My role could be coach one minute, counselor the next, and friend the next. It could be a number of roles. It all depends on how close I become to the individuals."

Coach James also feels a coach has a responsibility to fill several different roles. "To be a true coach, a person has to be a father; that is, a role model, or a friend to confide in. I think one of the first things a coach is, is a motivator," said Coach James. "There are a lot of roles and there is a knack to combining roles."

While a coach might make himself available to fill several capacities, it is often the players who decide what kind of role the coach is to fill and what his relationship is to them.

Center of attention

"I guess one of the things that frustrates you is when the players don't relate to you

well enough to receive counsel," said Coach Martin. "It's basically true that kids relate with younger coaches better. As you get older, the role becomes more oriented toward coaching, not to be a friend or counselor."

Because of the growing interest in athletics, a coach is always the center of much attention. Often this attention takes the form of negative criticism, be it from the media, or rival coaches. "No one is ever criticized, and yet it's part of the territory," said Coach Martin. "Coaches have high exposure to the community, and people are generally negative."

According to Coach Reed, it is this outside influence which causes a coach to feel insecure. "It's not so much pressure from others, but that which you put on yourself," said Reed. "That kind will drive you out."

Often a coach does not fully realize his success with a player until after the season is over, or even until several years later. Coach Martin said he gets much satisfaction from seeing former players come back to visit. "You see things that you did that were good for that kid," said Coach Martin.

For Coach Waterman, looking back on a season gives a feeling of satisfaction. "When one season is all over, and you've had fun and achieved the potential, you look back about it."

While all of these coaches are active in a different area of athletics, they all share the belief that coaching is more than just putting in a new offering on a trolley a practice, or even winning a championship. A high school coach today must expect coaching talent to be able to fill a role that is required of him.