# central high Reg ister 

## THE GRADUATE 'Horrible Herb' hails Omaha High his home

by Sheldon Smith

Horrible Herb" they call him. The producers of unfit merchandise or services have Herb Denenberg's name high on their list of undesirables. On the other hand, the consumer rightfully holds his name among the greatest public allies of our time. As a consumer advocate, Denenberg is well known in Pennsylvania where daily, from 9 a.m. to noon, he hosts a radio show, can often be seen on television news spots, and has been on the NBC network programs "Real People" and "Speak Up America."

Denenberg grew up in Omaha where he was born in 1929. After graduating from Central in 1947, he entered Creighton Law School. After seven years there, he graduated with a grade point average that was at that time the highest in the school's history. His education was not over then; in fact he went on to get more law education was not over then; in fact he went on to get more law
degrees at both John's Hopkins University and Harvard Law degrees at both John's Hopkins University and Harvard Law
School and eventually received a Ph.D. in insurance from PennsylSchool and eventually received a Ph.D. in insurance fromer
vania's Wharton School of Finance and Commerce.

Soon, Denenberg made the transition from student to teacher and began teaching insurance at the Wharton school, and in 1968, he became Wharton's first Loman Professor of Property and Liability Insurance.

There, he began developing considerable prestige as a result, and through a recommendation from Ralph Nader, Denenberg was appointed Pennsylvania Insurance Commissioner by Gov. Milton Shapp. However, as a public figure, he was under constant scrutiny for his criticism of the insurance industry and for the regulations he proposed for it.

As he told Sun Newspaper reporter Wes Iverson, "I sometimes have to laugh out loud now. I was the first one to tell the insurance companies that they were going to have to write their insurance policies in language that people could understand. They kept saying, 'We can't do it. We can't do it.' Now we're seeing them issuing press releases about how their policies are so readable, just suing press releases about how their
like it was their idea in the first place."
While he was in office, Denenberg was quite a prolific author, publishing more than 20 "Shopper's Guides" (recently compiled into a book called Herb Denenberg's Smart Shopper's Guide) and into a book called Herb Denenberg's Smart Shopper's
consumer pamphlets on insurance and health care.

After 38 months in office, he left his position as insurance commissioner. "Shapp would have forced me out anyhow," he says. "When he appointed me, he had no idea that I would do what I did."

Although he ran for the Democratic nomination to the U.S. Senate for Pennsylvania after his resignation, he was defeated in the primary. Yet this was not discouraging to Denenberg, for he found that he could retain his impact and power against his consumer foes as a consumer journalist.
"It's the easiest job in the world being a consumer journalist. Every place you turn, there's a ripoff. Every time I take a trip, I end up doing a piece on what the airlines did to me, or how the hotel screwed me," said Denenberg.

His importance as a spokesman for the consumer can be illustrated by one of his television consumer spots in which he warned of potentially dangerous radiation leakage from certain brands of television sets and microwave ovens. In this example, the products had been recalled by their manufacturers but had never products had been recailed by their owners. Denenberg advised the been returned for repairs by their owners. Denenverg advised the
viewers of his show to call the FDA number he gave them if they had viewers of his show to call the FDA number he g
any doubts as to the safety of their products.

During the following two weeks, the FDA office received nearly 1,100 calls, including about 120 cases in which the caller actually had one of the potentially dangerous units.

Recently, Denenberg has been gaining more national attention as a consumer advocate for "Real People" and "Speak Up America" as well as the syndicated program "The Toni Tennille Show". He had some trouble with the "Real People" show at first since they would "bleep-out" the names of the products he attacked.
"I was naming products on that first show," he told journalist Alfred Klimcke. "I guess that's what they were worried about. In later shows I've been into doctors and hospitals and lawyers. But that stuff was just as hard hitting."
"I don't know what would happen if I went back to products," he says. "It's' possible I'd get bleeped again. Maybe I'll try it and see what happens."

Try it again he did, and this time there were no bleeps.

## Inside

Season's Greetings
pg. 5
History in
pictures
pgs. 6, 7
Sports
pgs. 10, 11, 12


Changes include the moving of his faculty parking lot, the closing of 22nd Street, and a new practice field on the west side. Graphic courtesy of Dana, Larson, Roubal, and Associates.

## Central campus to change despite some disagreement

A new plan concerning Central High School's proposed outdoor athletic faciliposed outdoor athietic faciischool officials, faculty, students and parents as well as the public.

The new plan includes moving the proposed football practice field with, artificial turf, surrounded by a two lane jogging track, from running north to south of the school to now running east and west which would cover the and west which would cover the pract practices and a good ball practices and a good
portion of the teachers' parking lot. The teachers' parking lot would be moved to parking facilities either northwest of the school or just west of the OEA (Omaha Education Association) building.

Main entrance moved
This would mean 22nd Street would have to be closed to make room for the practice field and track resulting in the blocking of the main west entrance of the school. The main entrance would then be changed to either the north or south entrances of Central. The entrances of architect in charge of the outarchitect in charge of the out-
side project for Central is Mr. side project for Central is Mr.
Gerald Klein, from the firm of Dana, Larson, Roubal, and Associates.
The original plan, according
to Assistant Principal, Mr. Al LaGreca, called for the field to run west into the student parking lot, which Joslyn Art Museum owns and rents to Central on a yearly basis for one dollar and partially into the museum's parking facilities.

Original plans changed
The reason the plans were changed from the original plan came from Joslyn's board in charge of appropriating the extra property for the football practice field needed in the original plans. Joslyn's board decided they might need their property for any future expansion and development. With the field situated east and west, Joslyn's steps will end up about 30 feet away from a six foot fence surrounding the field and track.
$\qquad$ On Wednesday, November 26, a special meeting of the school board and those interested was held concerning Central's outside changes. Statements expressing Central Highs' staff's worries about the new plan were first introduced. The statements included concern about a confusing traffic pattern around the school in the mornings resulting from an entrance change, the inadequacy of a six foot fence, a longer distance for people to walk to get to activities inside the school, plus other worries.

Mr. George Verret spoke to the school board suggesting an alternate plan to the new one proposed. Mr. Verret proposed a two level structure containing a lower parking garage with a football field on the second level. "This plan would cost about 4.5 million dollar," stated Mr. Verret. He feels the cost could be partially paid back with parking fee charges for activity attenders, faculty, and students.

New Ideas encouraged
Two other speakers were Mrs. Ann Newton and senior, Jay Sturek. Mrs. Newton expressed many of the same worries of the faculty plus some about vandalism to the field's artificial turf, which she feels will be easily susceptible to fire and tear with only a six foot fence protecting it. Jay Sturek spoke out against the plan calling it the "second best proposal" compared to an alternate plan which he felt could be established.
"Many other responses to the new proposal are expected and welcome," said Walter Calinger, school board president. He hopes some ground will be gained before another plan is introduced or before the project is dropped, leaving Central High School without any outside development whatsoever.

## Accuracy of Honor Roll doubted <br> The Central Honor Roll was announced <br> In short, it is possible for certain people

recently and many students were shocked at their being, or not being on the list.
One may achieve Honor Roll status by earning a minimum of 15 "honor" points. The number of points earned for each class varies depending on both the grade received and whether it is a "general," "regular," "Honors," or Advanced Placement course.
This system of honor points does not seem to be fair. Under certain circumstances, students who have received " 4 "'s or " 5 "'s on their report card may be honored. Are these people truly honor students?

## Editorial

In such cases, students may acquire the minimum requirement of points while doing poorly in many classes. If a student has many classes that student could acquire enough points.

It may be argued that it is perfectly understandable that a student taking six classes may receive lower grades than one who takes only three classes. The person with an unlimited number of classes does have a limited amount of number of classes does have a limited amount of time to devote to each class. This
certainly could receive lower grades.
Now what is better? A situation where a person does less but does it well, or when he spreads himself too thin, and does a "half-way" job?
receiving " 3 "'s, " 4 "'s, or " 5 "'s to make the honor roll, while there are some who receive only " 1 "'s and " 2 "'s but don't make it. How is it that one who has earned such high grades is not accepted? For some cases, there should be a more satisFory method for assigning a course its specific "weight" Right now, sciences, which may meet "weight". Right now, sciences, whe same weight as "regular" classes meeting only five times.
"regular" classes meeting only five times. which demere as much or more work and time out of demand as much or more work as full credit courses, yet only half of the class, as full credit courses,
honor points may be earned. This year, the Honor Roll was posted after first
quarter grades were given. It is a fact that only quarter grades were given. It is a fact's record. Quarter grades commonly serve as a report of progress, a sign of current standing. They serve as a warning as to what a student must do to achieve his desired goal by the end of the semester.
Because this is the case, is it right to choose whether or not a student is worthy of honor roll status by his quarter performance?
The idea behind Honor Roll is a good one. It creates an opportunity to commend students who have achieved academic success.
It seems, though, that to truly and accurately pin-point the honor students, a better perfected system must yet be devised.


## Assembly alive and working

"Student Assembly, what's gether and rewrote the that?"
"I didn't even know Central had one:"
According to some' Central Students, the CHS Student Assembly is next to nonexistant. Mrs. Vickie Anderson, Student Assembly advisor estimated that only $15 \%$ of Central's population know about it.

Just what is Student Assembly, one might ask. According to Mrs. Anderson, Student Assembly was originally just a "social group" elected only by popularity which took care of the Spring Prom and various dances Prom and various dances throughout the year. "However, of students and teachers group of students and teachers got to-
gether and rewrote the
constitution to make the Assembly more of a studentgovernment type organization."
The new constitution states that the Assembly is to be a liaison between students and faculty. Assembly member Scott Barker says that "very few people realize how much Student Assembly does and can do for the student body."
Mrs. Anderson contends that the Student Assembly can take care of grievances and problems that students might have concerning the faculty or school policy. She said it provides services and spirit for the school as well as gives a helping hand to various civic groups.

## Letter:

I'd like to know what is all this commotion I hear about the tile floor going on the courtyard floor. I know many people are against the tile because they say it destroys the "tradition" of the courtyard, but the bricks have only been there around four years! How can the "tradition" be ruined when the bricks are only four years old? Before the bricks were there, there was nothing but a dirt floor that turned into a mud hole when it rained. If it came to a choice between sliding on tile and sliding on mud, l'd choose the tile.

Jesse Conyers

The Register encourages and welcomes all letters. Letters must be signed; however, requests to omit names will be honored. Letters should be de livered to room 317.

However, Mrs. Anderson added that right now; the Assembly is raising money for the Spring Prom and is having dances like the original Student Council.
"I don't know whether it's our fault or whether the students just don't know we exist," she said.
Despite the Assembly's apparent lack of recognition, it has been behind several school related activities and is planning more. Some of the projects have been: a pep rally in the auditorium, the painting of the tunnel on the west side the student directories side, the donor day, and just a blood donor day, and just recently, a dance. Projected plans include and of course, the fund raiser, and of course, the Spring Prom.

[^0]

## My place

Sam Johnson


I hate Christmas! ut I hate Christmas.
I guess all that "giving is better than receiving" stuff is O.K. for some folks, but not for me. I never get anything good!

I don't want to complain, but of all the people I know, I'm the most deserving. My Christmas budget tends to exceed the National Debt, but that makes no difference because, no matter how hard I try, no matter how much I spend, my sister invariably gets the best toys!

1 remember one year when I pleaded, no, begged for just one gift: a super-sonic-hyper-charged laser gun with a projectile launcher. Did my parents buy me one? Nooooooo! They didn't want me to be "emotionally stunted by violence-oriented toys." My sister, probably just to spite me, put the same super-sonic-hyper-charged laser gun with a projectile launcher on her list, the bottom, mind you, and what happens? She gets the stupid thing because my parents "don't want her growing up under the misapprehension that only girls play with dolls and boys play with guns." I could have blasted them right there, or at least launched a projectile at them if I only had the gun.
"Ny parents fell me that I'm at that "difficult age" where I'm too old for toys and too young for grown up things like cologne, ties, or electric drills. I've been at that "difficult age" for the past seven or eight years now and I'm getting a little tired of it.

My parents try to compromise every year by giving me underwear and tube socks. Some compromise

However, after Christmas break, I'm usually the envy of the gỳm class because of my endless supply of clean tube socks and my blinding white briefs!

Even so, a lot of hardship has come from that compromise. For example, the day after Christmas on the first year that my parents deemed I had reached that "difficultage" was the most depressing day of my life. All of my friends ran around playing with their new sleds and their new electric trains while I played with my new underwear. By now, of course, I have become quite an authority on the hours of amusement one can find with underwear and tube socks.

I must confess that usually, right after Christmas, I sneak of and lock myself in the closet with my sister's toys and try to relive the hours of enjoyment I never had. It's always been a puzzlement to my family that the batteries to my sister's toys mysteriously run down after only a few minutes of use

Unfortunately, my closet playground activities are on the decline because all of my sister's new toys blip and bleep so much that they're sure to give me away.

Despite these hardships, I haven't spent idle hours being bitter about my losses. I have, instead, devised plan after plan for retribution. The most likely one I will share with you. After become filthy rich (I will undoubtedly make my fortune on used underwear and tube sock sales) I will buy the controlling stock in a humungus toy factory and make myself the official festor ol the products we manufacture. No one will suspect that this mildmannered financier will be living a childhood he never had during his routine inspections. A flawless plan if I do say so myself!

Sadly enough, my flawless plan won't become a reality for a while longer (I figure it will be at least three more years until I corner the used underwear market).

So, with only the satisfaction of knowing that every package under the tree is another building block to my future empire, I must face another dismal Christmas. I can only hope that your Christmas is merrier than mine, reader. Until next time, Happy holidays!

## Editorials

## Staff proposes suggestions

A most controversial topic, that of campus land on trees ad shrubbery when, in fact, it could expansion which will satisfy and meet the needs supply some convenient and much-needed of everyone, seems to be of great concern to parking

## many.

Because the majority of parking will be located
As the Register staff discussed the proposed northwest of the building, a widely used entrance plan, both negative and positive views were ex- will then be at the northwest corner of the pressed. It was favored, by most, to follow building.
through with the plans due to the fact that there
is not an alternative plan. It is an all-or-nothing situation.
Through discussion, a few ideas which may enhance the proposed plan were suggested. If the drive which now exists could be eliminated and a walk-way enhanced by trees and shrubbery inviting.
To begin with, it is fully understood that it will Changes, both inside and out, would help make be necessary for the track and field area to be this area more fit to be used as a major entrance, fenced. The acceptance of this fence, however, will vary, depending on the fashion in which it is done. it apparently will be.

Its height and appearance are both important memother main concern voiced by Aegister stan factors. If it is a chain-link fence standing 12 feet track and field. Of course it will supply facilities high, many feel that a cold, "prison-like" atmos- far greater and more extensive than what are now phere would be created directly outside the west offered.
$\qquad$ entrance of the building

It is hoped that the vast amount of money going
Then again, if it were only six feet tall, and if it forth for these new changes will be used to prowere of some material other than steel, perhaps duce facilities which will render excessive use. redwood, the fence could prove to be a thing of

It is feared, by some, that the new addition will beauty and warmth. end in a situation much like that of the new gym The idea of all parking being located off- nasium. The new gym has provided a place for campus is also disturbing. The plan calls for a practice and also a place for some sports to green vista (a treed walking path) to be located compete, but then again, varsity basketball south of the track. This area is presently the games are not held there. These will be the cirlocation for a portion of the faculty parking lot. cumstances for track, also.
If this area could remain for parking and Again, given a choice of receiving the proposed provide approximately 75 spaces, it would be plan or nothing at all, the Register staff firmly very convenient. Those people coming to Central believes that the plans should be used. We also for fine arts performances, athletic activities, feel that there are some additional ideas which open house and conferences would have access may be considered or applied to enhance the to this parking. It seems a shame to waste this future changes.

## Reactions to Career Day

On Wednesday December 3, Career Day was parents and teachers about it (Career Day) has held at Central High School for the first time in been nothing but positive," claimed Vicetwo years. Principal AI LaGreca, who added that he had
Response to the day between students and heard no bad responses pertaining to Career Day eachers brought out some interesting questions from students at all.
about the need for Career Day. Some students Career Day has been put on a plan in which it is labeied the day as' a "waste of time" or an "un- held every other year instead of every year. This informative show". Others thought it was good plan is good for the day. It brings out more value and that it told them a lot, but almost all seemed and appreciation in the student body toward the to agree that more time is required to get a full activity. However, in the future, more time should view of their interested fields. actily. However, in einture, morel only every
Dr. G.E. Moller, principal, responded to Career other year, in order for its full potential to have Day by stating he thought it was good and that he any effect on a student's plans and development believed it would be better if it was allowed more after graduation. Either the above alternative time, but that more school time just cannot be should be done or there should be no Career Day taken up for such an activity. "Response from at all in the future.

## Students importance superficial?

An incident which involved only one student, but actually concerns the entire student body, occured last month.
An open PEP meeting of the Financial Aid Program at Central was announced. The meeting was primarily for faculty and board members; nevertheless it was a PEP meeting.
First of all, a reminder of what PEP represents is necessary. PEP, itself stands for, Parents, Educators, and Pupils, united and working for common causes.
A representative from the Register staft was to attend the meeting and take note of newsworthy discussion. Due to the fact that this meeting was to focus in on the controversial campus renovation plans, and the possibility of it being a very "hot" or emotional event, reporters for any form of media were not permitted to attend.
Understanding this, the Register representave then chose to attend the meeting as a legitimate member of PEP, with no intentions of reporting on the meeting.

Upon making this decision, the student was informed that he could not attend the meeting He was denied, as a member of PEP, the right to pricipate in the meeting.
This incident surely exemplifies the feeling many students have concerning the actual part hey play or voice they have in what is happening at Central. A feeling of superficiality or pseudoimportance.
Are students, sincerely, encouraged to voice their opinion? Supposedly, a student's thoughts are as worthy and as important as anyone elses

Congrats J. Scott,
I know you'll make
a better President
than geometry tutor

## Good Luck Omaba

Kadimab Conclave
Toucbing and Grinding

## SENIOR PORTRATTS

 Receptions Famly Photos
## DUPREF'S

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$\mathscr{S}_{\text {eason's }}$ (Foreetings
From Your Student Assembly

Sam Eliot Johnson
Crystal Coleman

## Brian Keenan

 Jeff Spencer Larry Station Kim Svoboda Wendy Franklin Monica Baker Lisa Benetz Julie Conine Scott Barker
## Molly Carison

Liz Faier Charice Claxton Steve Coldwell Gwen Combs Diane Donaldson Mary Fisher Marty Johnson Johnny Triplett

Anne Lee Kris Olsen Emma Thomas Debra Wright Sheila Triplett Lisa Walker Barb Wright

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## Competent crew leads Sr. class



Scott Barker
New Senior Class President, Scott Barker, claims his main goal for the rest of the 1980-81 school year is chiefly listening to his fellow senior clas students.

Scott says he has plans of a senior picnic, a five year clas reunion, and possibly a senior banquet. He attributes his plans to fellow seniors who have suggested the ideas to him in the past and appreciates the enthusiastic suggestions. "The only thing holding us back,' Scott stated, "is the fact that we need at least one quarter of the senior class' backing in order to hold such an event." Overall, Scott believes the class of ' 81 will be a class to remember.

Responsibilities of the Senior Class Treasurer

1. Handle and be responsibe for all monies for the senior class.
2. Have the knowledge and ability to maintain a set of books accounting for all class transactions
3. Carry out duties as assigned by the president.
4. Have your accounting books in order at all times so they may be audited by the administration.
5. Attend all meetings.


Mark Conway
Senior Mark Conway is the recently elected Senior Class Boy's Sergeant-At-Arms.
Mark feels students should have a stronger say in some school activities and be able to give positive suggestions oward these activities. Mark also explained the reason he ran for Senior Boy's Sergeant-At-Arms was because he felt he could do a good job in representing other students and help pass on those suggestions
Mark is an active student at Central and is in the top quarter of the senior class.

Duties of the Presiden

1. Preside over all class meetings.
2. Preside over all class officer meetings.
3. Master of ceremonies, and speech at commencement.
4. Organize and co-ordinate all class activities.
A. Cap and gown measurement and distribution. B. Banquet
C. Picnic
D. Baccalaureate
E. Distribution and sale of commencement tickets
F. Check class meeting notes and treasurers report
5. Know the Robert's Rules of Order and conduct meetings following them.
6. Delegate responsibilities to the class officers.
7. Represent the senior class in a manner befitting your high office.
8. Use your time and knowledge to perform all of the duties as president of the senior class to the best of your ability.
9. Attend all meetings.


## Busy Schenken

The Senior Class Treasurer elected by the senior class for the 1980-81 year is Senior Busy Schenken.

Busy ran for Senior Class Treasurer because she wanted to be active in student governto be active in student govern-
ment. She also claims to be very ment. She aiso claims to be very
happy with her newly acquired happy
office.

Other activities Miss Schenken is active in include President of French Club, a member of ACappella plus interest in photography, tennis, and horseback riding. Busy has also been nominated for a Regent's Scholarship and is in the top ten percent of the class.

Responsibilities of the Senior Class Sergeant-At-Arms

Maintain order at all class and class officer meetings.
2. Carry out duties as /assigned by the class president
3. Attend all class meetings.


Roger Olson
Roger Olson holds the office of the new reigning Senior Class Vice-President and holds it with a great deal of personal pride.

Roger expressed his victory and pride with this statement: "I am very humbled by my victory because of the outstanding competition I was forced to go up against. Both of the other two candidates were highly qualified and the fact thighly qualied, and the fact that my peers put their confidence in me is very important to me personally."
The reason Vice-President Olson ran was because he felt he could work well with the other senior class officers in carrying out the duties included with the job. Roger's other activities include Treasurer of Spanish Club, and honor student.


## Diane Donaldson

"I wanted to be in a senior class office," stated Senior Diane Donaldson, "and I felt I could do well as the Senior Class Girl's Sergeant-AtArms."

Diane's interests in student government started in 9th grade when she was in student council. "Being elected Girl's Sergeant-At-Arms," Diane explained, "makes me very pleased."

Diane's other school involvements include co-captain of Eaglettes, participation on the O-Book staff, and being in the top quarter of her senior class while also being nominated for a Regent's Scholarship.

## Little Pete's Coffee Shop

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Responsiblitites of the Senior Class Vice-President

1. Assume the duties of the president in case of absence or resignation.
2. Assist the president in the execution of his duties.
3. Read duties of the president; they pertain to the office of the vice-president.
4. Attend all meetings


## Monica Meehan

Newly elected Senior Class Secretary, Monica Meehan, claims her victory in the senior class elections is an honor.
The reason Monica ran for Senior Class Secretary was because she wanted to be "a leader of a successful senior class." Secretary Meehan believes this year's student officers are very good and feels they will do a more than adequate job to help promote and contribute to the student body at Central.
Monica is a varsity cheerleader, an O-Book staff member, and is active in Campus Life and the Explorer's Club.

Responsibilities of the Senior Class Secretary

1. Record minutes of all class officer meetings
2. Record minutes of all class meetings.
3. Record minutes of all committee meetings.
4. Keep minutes in order at all times so they may be read by the school administration.
5. Carry on all correspondence for the present class and for any class reunions.
6. Carry out duties as assigned by the class president.

## SILKY'S CUSTOM T-SHIRTS

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## Mr. Throne to sing Messiah

Central language teacher, Kevin Throne performed as a member of the 1980 Voices of Omaha. The group, in its twelfth year, performs as its sole purpose Handel's Messiah. The Messiah is an ortorio about the ife of Christ. An oratorio is, as Mr Throne explains, "an opera without actions." The Messiah whoully performed during the is usually periorm Christmas season
Mr. Throne has performed the Messiah ever since he was in high school at Sioux City, Nebraska. When coming to Omaha he involved himsel with the group because he was searching for a musical outle and wanted to stay musically active
Mr. Throne finds the biggest thrill involved with the show performing under the direction of Dr. Thomas Brantigan, who has directed the oratorio for the last four or five years According to Mr. Throne Brantigan, who is music direc tor at Dundee Presbyterian Church, somehow makes the six Sunday rehearsals fun and rewarding.
250 singers volunteered to sing in the chorus whose membership is open to anyone who is interested. Carol Giles a Central graduate of 1980 also participated in the choir The Voices presented the Messiah in two shows at the Orpheum on November 30th.
Though the music is only Though the music is only
nominally difficult, Mr. Throne nominally difficult, Mr. Throne faction from performing the Messiah. ${ }^{\circ} \mathrm{Mr}$. Throne relates "There is something abou participating in a big perform ance like the Messiah that gives me a great feeling."
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Central's fame considered good
In a 1957 issue of Time magazine appeared a list of the top schools (senior high) in the United States. Central was the only school listed between Chicago and Denver.

Opinions at other Omaha area schools and at Central vary as to the ability and academic ability of Central's students (past and present)

What do Centralites think of Central scholasticly? How do other school's students feel about the Eagles?


Mark Jurek, Junior, Creighton Mark
Prep
uI
"I really take Central seriously. It's not just good academically, but they also have a good athletic program. Iknow a lot of people at Central, and they are all really outgoing."


Oakley Gibbs, Junior
"I think Central is a great school. It has rich tradition, an excellent faculty and staff who try to help you, and gives me one of the most well-rounded educations I can receive. Central gives more varied opportunities for students.

## Ten year olds are attending Central

Every day fifth graders stream into Central, but Why? Because Central hosts the Art Resource Center in which they are participants.
For over five years, Central has been the site of the center for fifth grade students and special education students who are interested in art. "The students attend Central to broaden their scope of art," according to teacher Laurie Russell.
She along with Connie Farmer head the program. They team with students and teachers from each prospective school to teach what has been called by one student, "a lot of work, but worth all the time. Each class consists of nearly fifty children from schools from all over the public schoo system. The classes meet two hours each day. The center has two of these shifts daily.
"Fifth graders were chosen as the recipients of the special class opportunity because the school board thinks they de school board thinks they deserve something to themselves and are easy to get along with," said Mrs. Russell.
The grade school principals decide whether the children attend the art center or the science center located a Burke. After the one-week session, Mrs. Russell and Mrs. Farmer give each student a

Darci Lindell, Senior, Westside
"I used to have a low opinion about Central until I met some people from Central. I think people from Central. Think
highly of those I've met. They highly of those l've met. They have a friendly aura about them. I've been to the school once and thought the atmosphere was cold but appreciated the building, its size, and its history."


Katy Smith, Sophomore It's a good school; I'm sure there are things that can be improved. There are more opportunities at Central than at other area high schools.
 ment" for their efforts.
Mrs. Russell has been teaching for five years in this center, and three years previously at other locations. She feels Central is the ideal location for a center because it is so near Joslyn. Joslyn is used as an extra learning center. She said, "The students think it is fantastic here. They are especially tastio impressed wion."
construction.
The students feel comfortable, partly because their teachers are present. Mrs. Russell said there are no problems with children not doing work because this is just a continuation of their classwork.
The fifth graders have mixed feelings about the center. A Dundee student said, "I wasn't there long enough to get used to it, it was pretty fun though." Another said, "You learn a lot in just a week, and the other kids are nice."
Thenture of the center has been discussed with Merle Rambo, architect of the Central reconstruction. "There is a chance that the center will expand," explained Mrs. Russell. "In five years the center has served double what it was first intended. If there is an expansion of our area, we will become permanent residents," said Mrs. Russell.


## $\mathfrak{S x a z a n} \mathfrak{y}$ (breetingz

To Champagne Dick. EMJ AALNBJP.
Lorraine Gruber, Merry Christmas. Better luck in my next life. Sincerely the scratched batch.
To Di and the rest of the sailors, Merry Christmas and say hi to Popeye. Ruth.
Merry Christmas, Kirsten. Thanks for all your help. Curly? Than

David, have the best Christmas ever. Love Princess.
Mas ever. Love Princess. Mark Day, Thanks to a certain junior I'm a little less confused and ready for great times. Annette
Tari A. Thanx for letting me cry on your shoulder. Merry Xmas, S
Merry Christmas to my favorite Rad Rat. Love Green eyes
Merry Christmas to everyone on the stairs. K.
To Michelle Forever. Love Brad
Heather, keep the fire burning over X-mas break, Love Ed Merry Christmas, Todd, Love Carol
Susan Erts, You are not my one close personal friend so, one close personal!!! Wiz
Happy Holidays to my party pals, love a lady with "great hands"
Vous, I missed you alot! Merry Christmas, Love you always, Moi
To varsity women \& Mrs. Brown: Have a Merry X-mas \& Happy New Year. Luv ya, Cindy Glenn, hope Santa brings you what you want. Luv ya, Cindy I Love You Linda from Master "G".
Hi Dave, How's Annapolis! Are you surprised? See ya, Erin
Merry Xmas to Lilibeth ravis
Merry X-mas To Nancie, Donna, and Pearl from C.B.
To Andrew Frost I like you very much and l'd like to go out with you.
J.D. If you feel like jogging' over Xmas just call! Merry Xmas Luv M.V.

To Sir Knight's Honey Merry Christmas from a Jacobs Fan.
To Tony Bachmann - Have a Merry Christmas!
To Greg Rohn - Merry Christmas from a dimple lover. To a Rick Everrett Fan Merry Christmas.
To Annette, Merry Christmas from a Bouza admirer.
To Bear: Merry X-mas. Thanks for being a friend.
Lynette, Merry Christmas and Happy one month and two days.
Terry, Welcome Homel I missed you very much! love ya, Holly
Merry Christmas to Jim from his Honor. Don't get caught! The Quinn Happy Holidays The Hausmans
To my favorite Space kid Merry Xmas from Kel.
Dave, this is God speaking Merry Xmas. Love ya
Merry Christmas Marky, I Love You. Kay
Merry X-mas Aldo, love ya tod-tod
Dad, Mom, Jen, Merry Christmas! $V$.
Steve, Merry Xmas, don't jumpl $\mathbf{V}$.

Kirt T. Merry Christmas Love and J.
Merry Christmas fellow Englishmen from Lori
Greetings to Mom Holt: from your two darling daughters. Greetings to those on cushies. CRASH, K. Blabs, S.F., Lover, Gag me, R.L., and Rizzi. Love, the B.K. Queen.
Paul R. Have a super Christmas Love from a secret admirer. Merry Noel Ernie, Bert, Grover, Big Bird, you know who, and his sidekick. Luv M.P.
Dan S. A Merry Christmas to my one and only. I love you! Patty T.
To all the Eaglettes, the very best Christmas ever! Love ya, Patty T .
To R, J, \& P - Merry Xmas Pals! P.T.
Merry Christmas! Rocky Horror
Merry Christmas to my avorite seniors, M, L, B, K, V C, B, T, N, S, S.
Wife, Merry Christmas! Hubby
Merry Xmas, lover of hot dogs on roller skates. Love EEEBA Merry Christmas Beth. Love Peggy
Merry Christmas corn nut gang!
Diane, Kimbe, and Shelli, Merry Xmas Love ya Angie
H.C. Merry Xmas Lub ya A.M. Merry Xmas Love (MLN) From RRR
Happy Holidays Twin (KLAN) RRR

Merry Christmas to Cara.
Merry X-mas Eagle Fans from Jose'
Merry Xmas to DT B-ball player K.R.
I love you, David, from Duck To Tommy's love Merry Christmas from Jerk's Ex
Merry Christmas P.P. from J.M.

Beth R. - Remember honors students don't get vacations! Have fun over X-mas anyway! Have
Merry Xmas Julie M. from
Kelli; Next Christmas in Denver, OK? Charles
Merry Christmas Bo \&-Co from one of us.
Merry Christmas to all the cheerleaders. Love Monica
Flea \& Brent, Happy Hanuka! Love Mouse
Be there or be square. Merry Christmas C.L. from B.B.

Merry X-mas, Amy. Luv Bobbie ILT

Charles Heise-Hope Santa brings you many gifts on Christmas. Merry Xmas! your "Latin" lover.
Scott C. Hope this Christmas is the merriest ever! Your little "band" mouse.

Erin - we all urp in public now and then, happy batteries. — M.K.
Greetings to my pals; Sherie, Sue, Sherry, Sally, Sherrie, and Shannon. Love Cherie
Dot, Susan, Wiz, Mark, Steve, Keith, Kevin, Yvonne, Carol, Sherry, Kevin, Kirt; Merry Xmas!! Luv Val
Jackie, Merry Xmas Sweetie!! V.A.

Dot, MERRY CHRISTMASI! Love Vel

Merry X-mas to a lady with great hands". Thanx M.HB MC ILU YAVSTM. Kate Merry X-mas to my little brother. Love Carleen To Kirsten, Merry Christmas BFB
Scott, Mary, big guy: Let's do that again sometimé. Merry Christmas. Love Busy
Joe B. What's a Westsider among friends Ed.
Merry Christmas to all the mooseheads.
BAH HUMBUG from Stew and Steve
To FROG PLAYER Merry Christmas! S.L.
Tony Bachman - Have a beautiful Christmas - Jenny B. To D.W. Merry Christmas Klingon. Love Sheshtin
To K Merry Christmas No wine, no women. Love B.F.B.'s four-year-old.
To Terry, Merry orange juice and happy nyquil. Love Duke To Kelly, Merry $X$ To all future P.P. people like us.
Merry X-mas Rad-Rats. Love Lisa P
Merry X-mas Jackie O. Luv .P.
To Larry Bouza, Merry Christmas. Love, the one who adores your tights.
Season's Greetings CFers!
Merry X-mas to muscles and curly from Big Bertha
Merry Christmas and Happy New Year from Capitol Beauty School.
Doc, Happy X-mas \& Merry New Year Luv Docll
Grizz \& Katie - Happy X-mas Luv Hoy.
Merry Xmas, Sailors, may your boats flow over seas of purple passion. Popeye
Merry Xmas to all the gang on the one side. (RHPS). S.E.
To Magic, Rick, Superstar, Doug, Pick, and Andrew "Dog Action". from B.S.


The first territorial Capitol Building (above) housed Omaha High School's first classes in 1859. In 1870 a more permanent school bullding was built on the same site (right)
Material compiled by Stew Magnuson Photos courtesy of Central High Office Special thanks to Mr. Al LaGreca


So whe Ignores ?

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cause of this, its history is very long. Thesy over 110 years and continues to this day with the court yard.

1859 - on November 10th, the first ses School took place in the old State House be Farnam. However, this was only a temporary High was to have nine different locations location was found.

1870 - The search for a permanent loc J. H. Kellom and S. D. Beal. Their search was capitol was moved to Lincoln and the Cap unoccupied. But the building was pronoun Board of Regents decided to remove it and

1872 - At this time the new building was stories and contained 18 rooms. The buildiy which spired 390 feet above the Missouri Rive lent view of the present day Omaha.

1900-1912 - Soon Omaha High Schoogan construction started on the East wing. The firs on November 24, 1900; exactly 80 years ago

Due to poor heating and ventilation, thead were added and the old building was torn dow as we know it today, not including gymnasiums.



1930's - On February 3, 1930, the school board voted approval of the addition of a gymnasium and auditorium. Until this time the productions of shows were held at different places in the building.
Separate acts would actually be in different rooms like, 215, 235,


325 and possibly 315 and 335 . This explains the out of place arches in the study halis. The new auditorium and gym were completed around 1933 approximately the same time Joslyn Museum was completed. A 1935 picture shows a practice field where the present day teachers parking tot is located. This is ironic because the present plan for the new campus would put a practice field back in the same location
1970's - For over 40 years the building itself underwent few changes although the city and terrain around it changed greatly. For a short time Central housed the Public Radio station, which is now at Technical High school, and the antenna still remains today now 1977 the construction bogan for the new gymnasium which wa completed in 1979. 1979 also saw the knocking over of the chimney completed in 1979. 1979 also saw the knocking over of the chimney stack, which was declared unsafe.

1980 - Construction began for the Dome over the courtyard. And plans are being discussed for a new campus.


Additions to the old bullding were instalied and Central began to take the appearance of today's Central (center). The old bullding was torn down except for the additions (above). Note the rallroad tracks being installed were for streetcars.


#### Abstract

The 1930's brought many changes including a new au ditorium (above left). Later In the 1970's a new gymnaslum was bullt and the smokestack was demolished.




## Museum across the street rarely visited by any eagles

## by Gretchen Vogel

Joslyn: A parking lot or a many new ideas. museum? The answer to that question differs from person to person. Many of Central's students have never ventured past the "social jungle" of Joslyn's parking lot to the expanse of learning, interest, and opportunity that lies inside the art museum.
How many students actually visit the museum? According to Diana Prewitt, the curator of education at Joslyn, "Not as many as we would like to see."
The use of Joslyn by Central students now is limited to special trips to the museum by the art classes to see unique ex hibits. How could Central use Joslyns resources in the form art history or humanities ourses so that all students might have a chance to benefit from them?
Principal, G.E. Moller noted, "There has to be a demand for any new classes. The courses hat are offered are based on need." Dr. Moller also explained he limits on the school's budget. He pointed out that development of a program would require a cooperative efort by the two institutions. Representing the museum's view is Dave Dechant, in charge of public relations at Joslyn. He sees very exciting opportunities for learning in a relationship between Joslyn and Central. Dechant also expressed concern for Joslyn's budget, but he feels the staff Joslyn is very geared up to expanding resources to attempt

Both Dechant and Prewit eel Central students could be utilized in the "Docent" program in the museum. This program brings in volunteers and trains them as guides to conduct tours for various groups. Mrs. Quinn, a new teacher in he art department at Centra said she would also like to se more use of Joslyn "Because the staff at Joslyn is new and I the stal it will take some time o to develop a worluing relation and programs". She new a sig and programs. She sees a sig nificant amount of interest in art history and appreciation among Central students. Quinn, who will be working on a board of O.P.S. teachers to improve art programs in Omaha Public Schools, intends to stress art history as a possibility of expansion.
One CHS student was very surprised that Joslyn wasn' used more by Central. "It's like having a swimming pool across he street, and no swim team." Another student, who is not presently taking any art, expressed interest in a course applying art to things such as history, psychology and civilization. He added, "It is an excel lent opportunity to broaden Central's curiculum and rein force the school's reputation", Whatever the relationship between Central and Joslyn is or could be, it will not disrupt the fact that Joslyn Art Museum is open to the public and offers unlimited veins of exploration.

## Campus

On the East side hallway bulletin board, a sign is usually posted explaining the time and place of the next Campus Life meeting. Campus Life is an interdenominational youth organization which meets about once a week at the houses of Central High students. The group usually meets on Mondays.
A typical meeting starts off with singing and games, after which the group splits up and which the group spilts up and movsions about life drugs and cussions about lite, drugs, and other teen-age problus. he group then comes back to gether and Barry Braun, the group director, then closes the meeting with a discussion or a film.
Campus Life is an international club affiliated with the Youth for Christ organization which is not connected with any particular church or directly

## fellowship and you get to know

with Central High.
Barry Braun, who is also the Fellowship of Christian Athletes sponsor and the Campus Life Director for Burke High School, says, "the group is set up to help and encourage a high moral and a positive outlook on life for teen-agers."
This is Campus Life's first year at Central. The group started out early this fall with about 15 students but now has expanded to about 25 to 30 students per meeting
Part of the interest for having a Campus Life group for Central was started by Senier Central was started by Senior first got interested in Campus first got interested in Campus Life when l went to a summer camp in Colorado. Cecil then started going to meetings at other clubs and with a friend. When asked why she likes the group, Cecil said, "It's a good
your school and people better."
Monica Meehan, also a senior, says she likes the group because it's fun to be active with all other grades at Central and I enjoy the activities, games, and discussions." But Monica also added, "It's fun, but it can also be serious. The discussions help me to face discussions problems when I see how other people react toward them.'

The group has many other activities besides the weekly meetings. On Thursday, December 4, a Gym Night was held along with the Fellowship of Christian Athletes. The group has also held a skating party and is planning a ski trip to Colorado along with fourhundred other Campus Life members from the state of Nebraska during Christmas vacation.

##  <br> How can future energy

problems be solved? What are the main problems of space colonies? These questions can all be solved by the Creative Problem solving method.
Creative problem solving is a process by which a "fuzzy" situation (a problem with an unclear solution) is solved and a fit solution is arrived at. This process is used constantly in industry and other fields to solve complicated problems that arise.
Creative problem solving involves interaction between a group of three or four students to solve the problem. The
process involves four steps First, the group brainstorms to find the root of the problem. The group then isolates the problem and brainstorms for solutions. The solutions are then evaluated, the best one singled out and refined then it is sold to an audience of judges. Central's creative problem solving team sponsored by Dr Robert Wolff physics teacher, consists of Tony B teacher, Consists of Tony Bachmann, Steve Bouma, Larry Bouza, Yoichi Ii, Eric Johnson, and Sam Johnson. The team meets before school as often as possible to solve practice problems. The team is preparing for the state problem solving bowl

## for season

held in Kearney late in March and if successful they will goon to compete in the national bowl held in Lincoln sometime in April.

This is the sixth year the bowl has been held. All of the recent national bowls have been held in Lincoln. However, this is the first year that a preliminary state bowl will be held.

Forty-five schools from across the nation will compete in the bowl at three grade levels: a high school level, a junior high level, and an elementary level. Last year Central's team finished third nationally in the high school division.


## Of central importance

## Club initiates

"It has the possibilities of becoming a great Central tradition," commented senior, Mica Wojcichowskyj, about the Drama Club initiation ceremony.
Scott Barker, round table member (the club's officers are members of the round table), said the purpose of the inititation, "was to promote spirit within the club by sharing and making club secrets with the members"
Each of the approximately 50 members who were initiated went through a five part ceremony. The history of Drama Club, the secret password, and a lesson on
how members might leave their mark in The Book were some parts of the ceremony.
Mica said the thing she liked most about the initiation "was the dramatic sense created by the members of the round table, erie and memorable."

## Record broken

The newly formed Central High Wargaming Club is planning a Dungeons and Dragons Marathon to be held over the Christmas Vacation. The marathon will be held from December 27, to January 3rd.
The club plans to break the current record of 117 hours of straight Dungeons and Dragons playing. The
group plans to play 168 hours with only five minutes of rest every hour. The club is looking for sponsors to help fund the marathon and to help pay for a computer needed for the club.
The current records for playing D and D are approved by TSR Hobbies, but the group is trying to get The Guinness Book of World Records to approve the record. Approximately twelve members are planning to join the marathon. A sponsor sheet will be in the library for those who wish to sign up.

## Mall music

Interaction was the main idea of a concert on
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December 17 at the Center Mall. The CHS Orchestra teamed with the Blair Orchestra to present a a concert for Christmas shoppers.

Participants commented that they enjoyed playing and hope for another opportunity like this again next year.
Says Warren Ferrel, Central instrumental instructor, "This was coordinated with an idea and need for interaction between the groups. I feel that students enjoyed the experience and hopefully we'll be able to organize another one next year."

## Chess kings

With a record of 3-1 the Central High School Chess Team Challenges the defending Metro and State Champions, South High School, on December 9. School, on December 9. Mr. Kevin Throne, Chess Central can defeat South.

Central has been victorious over Lewis Central, Roncalli, and Papillion while their only defeat came against Northwest.
Juniors Alex Applegate and Darnell Willims are undefeated this season. The other team members records are: Eric Johnson 1-2, Ryan Megill 3-1, and Steve Nelle 2-2. Mr. Throne said, "the team is improving every match."

## Klein counsels

Journalism I students had a special guest. Steve Klein, sports editor for The Omaha World Herald, spoke to the class anid answered questions they had about the coverage of sports news
The points he stressed were that sports writers must, like other news writers, be accurate, concise, and clear. He said that sports stories must contain hard facts and perhaps "play up" the story to interest the reader.
He cautioned against hiding ideas. "This (hiding ideas) is the best way to lose a reader," Kline said.
He also pointed out the problem of too much presidence for certain sports stories. "At this time of year, the complaints are usually against football," Kline said. Kline admitted that football does get a lot of coverage from The World Herald, "but," Kline said "the biggest news story is the football team; thus, it receives the most attention from our photographers and writers."

## Debate excels

At the Millard High Schoo Debate Tournament, November 14-15, the debate team of Maurice Karpman and Lisa Schoning placed second. After the preliminary rounds they were undefeated and had the highes speaker points.

On November 21-22, the Ralston Speech and Debate tournament was held. In the tournament Lisa Schoning placed second in extemporaneous speaking. Again the team of Maurice Karpman and Lisa Schoning had the highest speaker points of the tournament but did not place.

## Party changes

To teachers: There is to be no class time nor studyhall time taken for Christmas parties. This matter came too close to getting ontirely out of hand last year." These were instructions in Tuesday, December 9 , student bulletin from CHS Department Heads and principal G.E. Moller
Why is such a firm rule being put into effect? According to Dr. Moller, "Ten years ago the rule as to any kind of party was very firm. However, over the years the rule has been allowed to slide to the point where it was last year. At Christmas especially, there seemed to be no academic purpose for the last day before vacation. Students and teachers began to celebrate the holidays in school with parties."
There have been questions and complaints to the andinistration about the adminstration about the rule, but vising The Spanish Club will hold its Christ Club will hold its Christmas festivities after school instead of during class time. The Latin club, which celebrates the Latin holiday Saturnalia, will exchange gifts and turn the "party" into a learning experience. Miss Ryan will tell the students about Saturnalia, but no food will be served
Justification of another type of party was explained by Moller. "Purple feather day is a very special occasion which happens once a year. It 'is for the people who have higher than average grades and not for everyage grades and not for every

## X-mas Prom

On Monday, December 22, Peony Park is once again holding the city-wide high school Christmas Prom. The annual dance will take place in the Peony Park Ballroom from 9 to 12 midnight.
The band for the event is scheduled to be the Rumbles. The group, consisting of Steve Hough, Bud Phillips, Steve Ford and Lance Han Bob Ford, and Lance Han cock, started playing toaether back in the late 1960's but broke up in 1972. They rejoined to play a single show reunion. They stayed together and have since re joined the party and bar circuit they originally toured Their style includes many 60's pop songs by such groups as the Beach Boys and Creedence Clearwate Revival with the recent addition of many contemporary tunes.

Tickets are $\$ 8.00$ per couple in advance and will be $\$ 8.50$ at the door. This year's Christmas Prom King and Queen will be announced at the dance Central High candidates are Rick Everett and Pam Palmer

Road Show
The school activity that employs over 225 Centra students is approaching in February. Although Road Show, the CHS variety show is two months away, people should begin to prepare acts now, according to Warren Ferrel, band and Road Show director.
"The acts are judged on variety, caliber of talent, and the overall outlook of the show," Mr. Ferrel said in describing how the 25 to 35 acts are selected.


Terry Houlton executes a release move on the high bar in the state meet.

## CHS Gymnasts place fifth

The Central boys' gymnastics concluded a successful season with a fifth place finish in the state meet on November 21-22 in Lincoln. Steve Coldwell, second in the vault, and Yoichi li, fourth in the parallel bars, were the top individual performers for Central and medaled in the events.

Eagles make cut
According to head gymnastics coach Kent Friesen, the Central gymnasts narrowly made the cut following the opening session of the meet as the field was cut to five teams for the final day. "The first day was kind of funny," said Coach Friesen, "We missed a lot of sets early, but came on strong near the end. We were worried for awhile until a very solid performance on the vault got us

The Eagles failed to move up in the standings on the second day, even though they turned in their best performance of the year with a 146.71 score. Mr. Friesen said he was very proud of the way the team performed in the session. The team went in with a sizable four-point deficit, which left it out of the race for the team championship. "I told them they could either give up or go prove either give up or go prove
themselves, and they went out and hit their routines; it was a super effort," said Mr. Friesen. Coach pleased
Overall, Coach Friesen was very happy with his team's performance in the meet. He stressed that the team had performed exceptionally on the vault on both days, making for

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what he believed to be the best what he believed to be the best
showing by any team in the meet on the apparatus. He said that his main regret was that the team did not come away with more individual honors. He was also disappointed that Yoichi li, sidelined for six weeks with a broken thumb, was never able to regain his original form.

Districts 'fun'
The Central gymnasts qualified for the state meet by running away from an otherwise weak field in district competition on November 13 at Central. The Eagles proved to be inconsiderate hosts, taking 25 of the 35 medals awarded, including the top three in the all-around and the top five in the floo exercise. "That one was a lo of fun," Coach Friesen said.

Larson ice skates with Blade and Edge Club

It's 8:30 A.M. at the Hitchcock Park ice skating arena. Out on the ice is a 15-yearold Central sophomore. While her classmates are going through the motions of another school day, she is going through some motions of her own; double axels, toe-loops, double salchows, and flying camels.
The figure out on the ice is that of Lisa Larson, who is a member of the Blade and Edge Figure Skating Club of Omaha. She was up at five o'clock this morning, just as any other morning, to meet her six o'clock starting time. A shortened day permits her tobegin school with the start of second period.
Lisa says she became interested in ice skating seven years ago after seeing an ice show. She then began taking public lessons and has been skating "seriously" now for five years.
Early last month, Lisa and five other Omahans competed in the Southwestern Figure the Southwestern Figure Skating Championships in Denver. In the competition she placed ninth out of a field of skaters representing a nine state region.
Although Lisa is not currently training for any competition, she continues to go through her morning regimens to work towards passing an upcoming skating test.
According to Lisa, ability in skating is classified by what testing level the skater is on An individual is permitted to move on to the next level after she has executed all of the she has execut and of the equired moves and figures in rently working towards passing her fifth test.
her fifth test.
Lisa says that the tests is "scary", for the skater is the only person out on the ice. During that time her every move is being watched by a panel of three judges. The test consists of a three-minute free-style routine set to music in which the required moves and jumps are performed. The skater must
then complete a set of figures, tracing over each several times for accuracy. Lisa says she is currently at a point when she can retrace a figure, or patch as

photo by Lisa Laviolette Lisa Larson
they are sometimes called, two to three times over with only slight deviation from the original.

Lisa's future goals in skating include passing the eighth testing level, the highest achievement level, and going on to greater success in competition. From there, she is unsure of which direction she will pursue in skating. But in the meantime, Lisa is enjoying skating too much to trouble with that question now.

## Teacher relaxes with paddle in hand

Most Central students probably believe that all feachers do is give long drawn out homework assignments and go home to devise different types of torture to inflict upon poor unfortunate students. Well, this may be true for some, but for journalism instructor Michael Gaherty his nights lie where the ball and paddle are.
According to Mr. Gaherty he spends at least three hours, one evening a week playing table evennis at a week playing table nis Association located in Pipal Park. Mr. Gaherty explained that he began playing table tennis in grade school, but kind of got away from it after college. He took up the game again about ten years ago, when he discovered a neighbor who was as interested in the game as he.
An "absolute nut" about the game is how Mr. Gaherty describes Mr. John Denny, neighber Mr. John Denny neighbor and ping pong partner. Mr. Denny and Mr Gaherty began playing ping pong in Mr. Gaherty's base ment. According to Mr. Gaherty they got to the point where they were playing two to three hours four nights a week.
Mr . Denny, according to Mr. Gaherty, heard about the O.T.T.A. and suggested they venture out to see what it was like. "We were really outclas sed," explained Mr. Gaherty. "The people at the club were far

After than we.
After some visits to the O.T.T.A., Mr. Gaherty said he "learned a lot," including the rules, Mr. Gaherty explained that luckily he and his neighbor had made some advances at home before going to the O.T.T.A., such as the correct way to serve the ball.
Mr. Gaherty explained that the club annually hosts a tournament in which competition is open to all corners. According to Mr. Gaherty there are five main levels of competition: The first division, people who have never competed before, the novice division for fairly new competitors the "B" division, people with experience in competition, and the " $A$ " and championship divisions, the old pros at the game.

Mr. Gaherty won the first and novice divisions about three years ago eliminating him from participating in those fields again. Mr. Gaherty says he attempted to take the " B " division title but was beaten in the second round. Regular play at the club is very informal, explained Mr. Gaherty, with all games being won by the best two out of three matches. Mr. Gaherty added that anyone at the club may challenge the winner of any table.
For all you people who enjoy the game of table tennis or ping pong there is a distinction
between the two which should be recognized. According to Mr. Gaherty, amateurs or people who just "dabble" are referred to as ping pong players while table tennis players put more emphasis on the competitive aspect of the game and the stroke and form applied.

Mr. Gaherty also added that table tennis is becoming more of a scientific type of game, so all ping pong or table tennis players get out the science texts and start studying

photo by Jay Sture
Jeff Spencer works a set of squats in the weight room.

## Weights help athletes

The people of United States in recent years have been engulfed by an urge to become more physically fit. Included in this drive has been the increase of people using weights in their training. Not only have the benefits of weights been seen, but most athletic programs now use weights to increase speed and strength.

In 1978, along with the arrival of Joe McMenamin to the staff at Central High School came a new and improved weight training program. With the improved program, the previous 14 hapless football team has emerged as one of the best teams in the state (ranked 6th in the World-Herald poll). Joe McMenamin, assistant football coach, said, "Our weight, program has made Central one of the strongest teams in the state."

The Central powerlifting team, made up predominantly of football players was second in state competition and are returning two state champions, Terry Evans and Larry Station. Coach McMenamin said, "We will be very competitive if not the top powerlifting team in the state this year."

Coach McMenamin, a weightlifter himself, saw the need

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for a weight training program at the high school level when he went to Colorado State University and witnessed how much stronger the other players were due to weightlifting in high school.
The football team works out nine months of the year, five days a week, stressing the bench press and squats. Coach McMenamin said the average workout is an hour and a half.

Coach McMenamin said everybody in the program has increased his speed and strength. He pointed out the following players: Terry Evans who, as a junior, ran a 5.1 seconds forty-yard dash. Weighttraining brought that time down to 4.6 seconds. Larry Station emerging as one of the states top discus throwers and Jim Van Metre who increased his bench press who increased his bench press 200 pounds while in
weight 55 pounds.

Not only has the football team found the benefits of weighttraining, but now all of Central's athletic teams are using weighttraining as a form of exercise. All coaches praised the benefits of weighttraining. Stan Standifer, girls' volleyball coach, said, "I think weightlifting is the most beneficial exercise girls can do for either athletics or for self-improvement." David James, cross country and assistant girls' track Coach said, "Weightlifting gives a person an all around improved body strength, better posture, and increased speed."

An increase of Central students use of weighttraining as a form of exercise has taken place. Although training with weights to get in condition for a sport, they now lift weights for the fun of it. Some of the places students can go to train include Champion Charley's Muscle Palace, The European Health Spa, and The Omaha Athletic Club.

## Sports Shorts

## Wrestling

Nine returning letterman make up a wrestling squad tha may be young but has a very bright future. Leading the team are seniors Joe Mease and Mike Curry and junior Fred Harris.
The returning letterman include Dan Schnuettgen, Joe Mease, Shawn Agosta, Mike Curry, Tim Cordes, Fred Harris Charles White, Doug Sortino, and Frank Peterkin.
Wrestling coach Gary Kubik said practice started November 10 and included running two miles, lifting weights, and doing mat drills.
Coach Kubik added he had an exceptional crew of sophomores. They are Michael Whitner, Songdok Sparks, Charles Marion, and Tim Chamberlain.
At the first meet of the year, the North High Invitational, Central did not fair well. Only Central did not fair well. Only the first round of competition. Joe Mease placed second, and Joe Mease placed second, and Fred Harris placed third.
Coach Kubik said, "With the seeding process, an inexperienced wrestler has to beat a seeded wrestler and our inexperienced wrestlers did not beat anybody."
Their first dual of the year was held Tuesday, December 9 . Central was matched against a powerful Papillion team. Central was defeated 52-12 with their only win coming from Joe Mease.
Although the first two meets of the year were indictive of the team's inexperience, Coach Kubik said the future looks bright and the team is definitely going to improve.

## Girls' Basketball

Giris' Basketball got underway last week with a victory over Technical High School. has good vemea about this year's team and-hoses -to better last year's $11-9$ tecbrd.
According to coach Semrad, this yepar's team is more ex perienced with guards Evelyn Davis and Wanda Hartso leading the team. Mr. Semrad said he has seen much improvement in junior Denise Hart and feels his forward and center players will be great assets to the team.
Mr. Semrad also said that freshman Maurtice Ivy has "lots of ability," but needs experience. Maurtice scored nine points last week in the girl's first game against Tech.
According to Mr. Semrad, in the game against Tech, the girls played very well in the first half but lost a little of their composure in the second half alposure in the second half alcomeback.
Three team members scored

## Fall Scoreboard

## Team

Boys' Cross Country Girls' Golf
Reserve Football
Girls' Cross Country Boys' Gymnastics Varsity Football J.V. Football J.V. Football Boys' Tennis Girls' Gymnastics J.V. Volleyball Varsity Volleyball

## Wins

in double figures to help to aid the Eagles in their victory over Tech. They were Evelyn Davis with 16 points, Wanda Hartso with 13, and Lisa Mayhue with 10 points.

## JV Basketball

The loss of the reserve basketball program at Central has left the team with an abundance of sophomores on the $J V^{e}$ team. "They are inexperienced," said JV coach John Waterman. Of the five starting players on the team, four are sophomores.
The lack of preparation time (three weeks), inexperience, and poor bench support were all contributing factors in the loss to Tech High 74-49," Waterman said.
He added, "We showed a lack of composure and made too many fundamental errors. We played a style of basketbal (run and gun) that must end." The outstanding players were junior John Barna who scored 15 points, had six rebounds, and drew two charging fouls. Coach Waterman also compli mented Ed Vinson who con tributed 15 points. tributed 15 points.

If we continue to work hard and improve on fundamentals we could have an excellen team," said Coach Waterman.

## Osborne Visits

University of Nebraska head football coach, Tom Osborn, paid a recruiting visit to Central earlier this month with the apparent design of having Terry Evans, the state rushing leader in Lincoln next fall.
Central football coach william Reed, the recipient of Osborn's visit, confirms that the subject of their discourse was Evans. According to Mr Reed Coach Osborn said that the coaches at the University the coache Terry the top re conuit from the Omaha area re crult from the Omaha area and The visit to Coach Rrogram The visit to Coach Reed was a reaffirmation of a scholarship offer extended to Terry a week earlier when Osborn had visited Terry at the Evans Home. The Nebraska Coach did not wish to see Evans on his visit to Central, for seeing Terry would have used up the second of the three visits a college coach recruiting a high school athlete is allotted by NCAA.
As yet, Terry has not yet committed himself to Nebraska or any of the other 26 schools which have contacted him. He ways he is also interested in
offers from Drake, Iowa, Okla-

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homa, lowa State, Michigan and Nevada-Las Vegas.
Coach Reed refutes the contention that at 170 pounds, Evans lacks the size of a college running back. He points out that strength, not size, is what is important, and that Terry's upperbody and leg strength are comparable to that of a 250 pounder. Says Coach Reed "I think Terry is ready to play big-time college football."

## Swim Team

After severe graduation losses from last year's 7-4 squad the boys' swim team will be going through another rebuild ing season. The girls' swim mers, however, are looking for ward to having one of their best seasons in recent years.
According to swim team coach Steve Heck, the 15 boys out are not making up for what was lost from last year's team The roster is basically made up of juniors, several of whom saw limited competition last year. O the five Seniors, two are primarily divers, while two others are new to Central and swimming for the school for the

The team was dealt a furthe blow when Don Rhodes, the best. swimmer over the las two years, was declared ineligible for the first semester. "Let's face it," said Coach Heck, "Don is a very important part of the team." Coach Heck feels that Don has the potential of being a Metro champion in the $100-y d$

The main bright spots on the boys' team are Senior diver Steve Coldwell and Flip Crummer. Flip is the defending Metro and state diving champion who has been defeated only twice in two years of high school competition Over the summer, Flip was named an All-American, the highest honor a high schoo diver can attain Steve placed fourth in the Metro meet las year and is expected meet last year and is expected by Coach this year "Flip and Steve give us the best pair of divers in the us the best pair of divers in the state," said Coach Heck.
Although never having coached the girls before, Coach Heck says he is impressed by what he has seen thus far. He feels the 16 girls out make up a good young team. Despite


## NSAA ruling sparks debate

Early last spring, a bill was passed by the general assembly of the Nebraska School Activities Association, the governing body for the states' high school athletics, which combined the boys and girls' teams in three varsity sports: gymnastics, swimming, and track.

Though the ruling does not imply that the boys and girls are to compete against each other, it does mean that they must share the practice facility and coaching staff, and likewise have combined dual meets. Since its passage, the ruling has sparked much debate in the state high school athletic community.

The proposal, according to Jim Riley, executive secretary of the NSAA, was first brought up in a meeting of high school athletic directors, coming mostly from OPS schools. He says it came in response to a plea from the NSAA that an effort be made for energy conservation in athletics. Central athletic director Doug Morrow termed the proposal of the athletic director's a "joining the bandwagon to save energy.'

## Transportation savings

According to Mr. Riley, a consensus of high schools believed that money would be saved in transportation cost and facility usage if the sports were made "co-ed," for they could then transport two teams, the boys' and the girls' for the price of one. Mr Riley feels that the originators of the proposal were also influenced by the spending lid, which at the time, loomed over the athletic program and threatened severe cutbacks in funding.

Thus, Mr. Riley feels that the athletic directors were trying to show that they were willing to make sacrifices

Mr. Riley feels that with the fear that these sports would be cu altogether, that the athletic directors decided combined boys' and girls' teams in these sports would be better than no teams at all

## System first test

The new system was first tested earlier this year during gymnastics season. Central gymnastics coach Kent Friesen feels that bringing the two teams together overall served to hinder the gymnastics program. With the coach's attentions divided between the boys and girls, he does not have as much time to devote to individuals as he would like. According to Mr. Riley, this opinion echoes that of most gymnastics coaches across the state.

Coach Friesen added that although he had been told that the format change would spark enthusiasm for what had been termed a "dying" sport, he saw no dramatic turnaround in interest in gymnastics this year. Central's savings in transportation costs during the gymnastics season under the new system totaled approximately $\$ 400$, said Mr. Morrow.

## Problems in swimming

The swim team is also operating under the NSAA's ruling wim team coach Steve Heck has needed only a short exposure to the system to find the "obvious" problems brought on by it. The eam now must put twice as many swimmers in the same poo space, making for crowded conditions during practice. "I feel we can't get the proper workout needed to maximize each swimmer's potential under this system. There is overcrowding and too wide a variance in abilities, thus I might have to have two or three differen workouts being run at the same time," Coach Heck said

Further problems are posed in the swimming meets. "Each meet now has twice as many events as before, causing meets to run anywhere from 45 minutes to an hour and a half longer," Coach Heck said, "depending on the meet's organization and the arising of any unforseen circumstances." Mr. Riley says that Coach Heck's bjections are typical of the ones he has heard from many coaches cross the state

The projected transportation for Central in swimming under the boy-girl system is in the neighborhood of $\$ 250$, says Mr. Morrow.

## Coaches want more say

Both Mr. Heck and Mr. Friesen feel that the coaches' opinions should have had more bearing on the proposal when it came up last spring. Coach Heck said that before the NSAA general assembly voted on the proposal, a questionnaire was sent out to the coaches o get some of their feedback. Although Coach Heck knows of no coaches that favored the proposal, the results of the questionnaire ppear to have had little or no effect on the NSAA's decision Coach Friesen said, "I don't really like the idea of people who don't even know what a backward roll is telling us (the gymnastics coaches) what to do

What the dispute all comes down to is money. The consensus of coaches feels that the few hundred dollars in costs saved in their sports are a "drop in the bucket" compared to the total athletic budget of a high school and feel that their sports are being "nickel and dimed" to death by the NSAA's "two for the price of one" bargain.

## Evaluate system

According to Mr. Riley, the schools will have to evaluate the savings and decide whether they are worth all the problems brought on the change, and if they no longer favor the system bring the issue back before the general assembly. He feels that if he subject were to come up in the general assembly again this spring, it might only stand a 50-50 chance of survival Mr. Riley said, With all the conflicting opinions of the parties involved the issue could get very emotional."

## Record stands at 2-1

Central five opens 1980 campaign
The Central varsity basketball team will put a very of-fensive-minded lineup on the court for the 1980 season, according to head coach Jim Martin.
The addition of speed this year, he says, will make for an improved offense. But a high scoring offense may very well be needed to make up for some severe defensive shortcomings With no one over $6^{\prime} 5^{\prime \prime}$ on the roster, Coach Martin fears ebounding could be a problem. However, he also feels that aggressive play could make up for the lack of stature Rebounding is all a matter of getting position and using intelligence," he said.

Summer basketball
If a team's summer league performance is any indication of its ability Central could have a very good team this year. According to Coach Mar year. According to Coach Mar A. $V$ Sentral's entrant in the A. V. Sorenson Summer League went undefeated in twelve regular season games and de feated Prep in the playofs before falling to Benson in the semi-finals. Coach Martin feels that some of the league's results, however, could be deceiving for none of the teams were always at full strength.
Coach Martin says it is a little early to try to foretell how successful the season will be He feels one must consider the quality of the opposition in the conference, which he feels is great this year. He does believe ghat the team could easily that the improve on the 11 mark taliled last year, a rare losing season for Central.
Season opene

Season opene
Many of Coach Martin's doubts in his team's rebound ing ability should have been alleviated in Central's 67-57 season-opening victory against Tech.
Senior Anthony Jones proved his rebounding ability by dominating the boards and in addition added 11 points to the Central attack Rick Everett led all Central scorers with 23 points.
Afterwards, Coach Martin praised Everett's play Martin praised Evick' 11 of 17 shooting from the flo 11 of 17 shooting hit a floor helped the Eagles hit a combined 58 percent of their shots, "a super perormance for the first game of the year," said Coach Martin Coach Martin also felt tha

photo by John Gibson

## Jones attempts a layup amid three Tech defenders.

Jones' game high 12 rebounds showed how much the senior has improved over last year.

The Eagles extended their mark to 2-0 with a $58-49$ victory at Bellevue East last Friday. East, not felt to be a tough opponent, played even with Central for three quarters before being outscored by the Eagles 14-5 in the final frame.

Anthony Jones led the Cen tral scorers with 16 points, while Senior Ricky Hampton added 14 of his own.

Centrals next contest, a trip to Lincoln to face East High ended in a convincing Spartan victory.

The full court press was instrumental in East's game plan as the Spartans went to it early and reaped a harvest of Central turnovers. The Spartans went into halftime with a commanding 15 -point lead and extended their advantage to 28 points before the third quarter was spent.
Anthony Jones scored 13
while Rick Everett added 10 points to the humbled Central attack.
Over vacation, the Eagles will play in the annual Metro Conference Holiday Tournament. The single elimination tournament will begin on December 26 and extend through December 30 with the finals on January 2.

##  <br> CHRISTMAS AT UNION STATION

UNION STATION 1-6 PM. 1-6 P.M. 2 Sunday, Dec. 21st Mr. and Mrs. Santa Claus Choirs, Violines, and a German Band



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