### Eagle art unveiled

For the past eight months, Mr. Steven Nelson's Art III class has been constructing a 64 square foot mural with a bicentennial theme. The project is now finished and is hanging over the bulletin board outside of the main office.

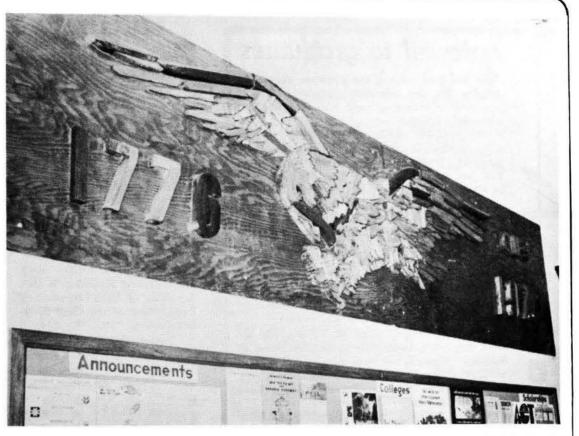
Back in October, when originally approached with the idea for the project, Nelson's students submitted their designs for the proposed mural. Junior Mike Nash's design of an eagle with outspread wings was approved by the class as the best.

The project mural, four feet high by 16 feet long, was constructed out of small pieces of scrap lumber, glued to a plywood backing. The wood, donated by the OPS carpentry shop, was then stained and sealed.

The school itself paid for the plywood base, the stain, and the sealant, but Nelson said that "more sweat and effort was probably put into it than anything else."

The mural, originally planned to be hung in one of the cafeterias, was instead hung outside of the office because it would get more exposure there, said Nelson. Also, Nelson added, he didn't want to see "fruit salad hanging off it."

A frame and a commemorative plaque have yet to be added to the mural. The plaque is inscribed with the names of all who helped contribute to the mural's construction.



Bi-centennial Eagle glowers from its perch.

Photo by Tony Smith

#### central high

## register

Vol. 90

et.

il-

OMAHA, NEBRASKA, MAY 19, 1976

## Ex-Centralite Stewart is practicing psychic

by Joel Davies

Jerry Stewart feels he has a very special calling in life.

Stewart, a large, well-dressed individual with a pleasant and friendly manner, was a student at Central High School in 1956 with the name Jerry Cipinko, a name he later changed.

During his interview with this reporter, Stewart claimed that he has a "psychic sensitivity to unknown forces." He is currently Nebraska's only psychic consultant.

Stewart strongly denied any similarity between his "sensitivity" and what he refers to as "voo-doo, excorcism, witchcraft, fortune telling, that sort of thing." He told me that he believes completely in what he calls "an ability given to me by God to help humanity."

Stewart was born 33 years ago in Chicago and moved to Omaha in 1947. He explained his leaving Central in 1958 by saying, "I was always an independent person, a free thinker."

The gift of psychic sensitivity has always been with him, he told me, but he never recognized it until a few years ago. "Most people," he said, "would discount their psychic abilities as sheer chance.'

Stewart's discovery came in August of 1973, after an intestinal bypass operation helped him shed 330 pounds from his then 540 pound body. Stewart's maximum weight had, at one time, approached 605 pounds. While recovering from the operation. Stewart said he experienced a vision of a "religious deity, a man in white with transparent skin."

Stewart told me he is not automatically able to "read minds;" such an action is spontaneous to him. "It's a definite spiritual experience," said Stewart, who believes his powers to be religiously motivated. I have no idea what I'm going to say when using this sensitivity; I'm in a trance, almost in hypnosis."

His psychic powers manifest themselves in various ways. He has what he called "out-ofbody" experiences, sometimes known as astral projection, in which his spiritual being leaves his earthly body. He also claimed to be "clairsentinent," or able to "see" illnesses or disabilities in his subjects.

Another ability of his he called 'psychometry," in which he senses the character and background of a subject by holding a personal possession (usually metal) of that person in his hand. In such a manner, Stewart "saw" where officials would find the body of a missing Lincoln boy last year. The body was found, said Stewart, exactly where he said it would be, although it was not found under his specific direction.

Stewart also said he is able

to see auras: colors surrounding a person's body. During the interview, he described this reporter's aura as containing "lots of green and blue, with an esoteric level of white." Stewart then took my watch and told me what he observed from it. Some of what Stewart said was eerily close to the truth, while other perceptions he made seemed to have no relation to me at all, especially certain names he mentioned.

He currently operates his private consultation office while appearing as an attraction in an Omaha restaurant, but he vehemently denied that he is a performer. "People come to me for peace of mind, or a better understanding of themselves, and I try to help them," he said.

"It's not witchcraft," he added. "Someday psychics will be as common as plumbers, because I believe we all have psychic abilities. We should develop these abilities to benefit each other."



Photo by Peter Buffett

Ex-Centralite Jerry Stewart is Nebraska's only consulting psychic.

## Exam schedule detailed

The following is the final exam schedule for Central students. This schedule is a major departure from the scheduling system of years past.

Thursday, May 27:

Regular classes for students until 10th Period 2:00 P.M. X Period class exam

(Students not having X Period class excused

to go home and MUST LEAVE BUILDING.)

Friday, May 28:

Students will come to school only for their exams.

10:15 - 11:30 - IV Period class exam

11:30 - 12:30 - LUNCH 12:35 - 1:50 - VIII Period class exam

Monday, May 31:

Tuesday, June 1:

MEMORIAL DAY - NO SCHOOL

Students will come to school only for their exams.

8:55 - 10:10 - I Period class exam

10:15 - 11:30 - V - VII Period class exam

11:30 - 12:30 - LUNCH 12:35 - 1:50 - IX Period class exam

Wednesday, June 2:

Students will come to school only for their

exams.

10:15 - 11:30 - II Period class exam

11:30 - 12:30 - LUNCH

12:35 - 1:50 - III Period class exam

Classes that meet every day and have a lab on Monday, Wednesday, Friday or Tuesday, Thursday will give their exam the hour the class meets every day. Books will be collected during the

## Budget limits planners

Although money has been appropriated for Central's new gym, the money is not unlimited. Therefore, a committee has been formed to investigate what things will be most important to have in the new structure. All segments of Central are represented, including parents.

There are four parents on the planning committee. They are Mr. Dick Coolidge, Mrs. George Lemen, Mr. Alexander Morrow, and Mr. Stan Olsen.

Mr. Coolidge explained the function of the committee. "We had to determine what was most needed, set up our priorities, and decide what was needed in the additional facilities. All of our requests had to be limited by the size of our budget."

After these initial problems had been worked out, a rough presentation was prepared so that the committee could get an estimate of the total cost,

"At the present time," Coolidge stated, "we're preparing our final presentation and then we'll go before the School Board and ask them to approve our plans so that construction can begin."

Although the members are in

general agreement, there are some differences of opinion concerning the gym which, it is hoped, will open for the 1977-78 school year.

For example, Coolidge feels that emphasis should be placed on providing enough practice space for Central's teams. This space would be available by not having a large seating capac-

On the other hand, Mr. Morrow believes that the gym should have enough seats so that Central's home games could be held at Central.

Also, Morrow sees the basic purpose of the committee as "getting down to meet basic requirements within the budget."

The budget of 660,000 dollars is a handicap, according to Morrow. "It limits you," he said, "but it's something we're trying to work with."

Morrow said that he was "very interested" in the lack of good locker room facilities at Central. "Central has really been cut short," he said, "but we hope the new gym will correct that."

Mrs. Lemen and Mr. Olsen could not be reached for comment on the gym.

#### Farewell to graduates

In this final issue of the Register, we wish to dedicate this last editorial to those Centralites who will be returning next year and to those who will be leaving.

To those who will be returning next year, we offer our deepest sympathy. We understand how you feel, as we went through the same thing. But just keep thinking of how relieved you'll be when you finally graduate.

Next year the Class of '77 will inherit the senior roost, and we caution you, new seniors, that "seniority" isn't all fun and games. Certain things regarding your future must be taken seriously despite the onslaught of apathy which assaults every senior.

We wish the Class of '77 all the luck in the world, and lots of luck to the undergraduates as well. Undergrads: Your day will come.

The graduating Class of '76, we modestly believe, deserves a thoroughly uninhibited round of applause. There is not room here to ennumerate all the awards, championships, and honors students have won this year. Therefore, congratulations to all of you.

Central is a very fine school, and if you don't realize that now, perhaps you will realize it in the years to come. We have all worked together well to maintain Central's excellent reputation.

But the time has come for us to part company. For us seniors, this is the end of an era in our lives, the end of familiar places and faces that we've taken for granted until now, the twilight of our childhood.

Although we strain to be released from this small world where we've grown, we will forever be bound by memories and shadows of memories; fleeting glimpses of the past. And with a tinge of regret we realize that nothing ever remains the same.

So here we are: the curtain is closing, and when it opens again, the scenery will be changed. Act I is over. Here we are: We've ascended the ladder to the high diving board, and we have no choice but to dive into whatever awaits us. Here we are: tiny seeds on a thistle, waiting for the wind to carry us away.

This year has been extremely difficult for some of us, but in time the scars will heal, the bitterness will fade, and the memories will be like golden sunshine on a certain wooden floor. These are "The Good Old Days."

The wind is rising, and here our paths divide. It is time to loosen our hold on this familiar thistle and let the wind carry us where it may. So farewell, Class of '76!

## Foreign student visits CHS

Over the past year, Central has had many visitors. But none of them have been quite like Sebastian Weissenbacher, who came to Central on Tuesday, May 4. Sebastian is just like any other high school student, except for the fact that he lives in Vienna, Austria.

Since last August, Weissenbacher has been living in Omaha as an exchange student with the Walter Anderson family. For this school year, he attended Westside High School.

Mrs. Anderson, besides being the hostess of Sebastian, is also the sister of Miss Virginia Lee Pratt, Head of the CHS Math Department.

"Typical American school"

Miss Pratt felt that Weissenbacher should be exposed to "a more typical American high school." So, she invited the Austrian to come to Central for a day "to see how the real people learn."

Central senior Mike Perelman picked Sebastian up in the morning and brought him to Central for Miss Pratt's weekly early morning session with her AP Math students.

After the session was over, Weissenbacher went with senior Steve Swanson for the first three hours of the day. Following Swanson's schedule, Sebastian visited History, Math, and English classes.

#### Old wooden floors

"He was impressed with the old wooden floors," Swanson said. "He spoke very good English, but that's to be expected since he's been over here for almost a year and has taken many English courses in Austria."

Coming into AP English at the beginning of III Hour, Weissenbacher was greeted in German by Mr. W. Edward Clark, CHS English Department Head. At one time, Clark taught German at Central.

During IV Hour, senior Barry Hoberman took Sebastian on a tour of the building, after which junior John Hall took him to lunch and a physics class.

"He seemed to be a bit confused by the size of the cafeteria, and he said he liked the food," said Hall. "During Physics, Steve Solomon (a junior) started speaking to him in German. He seemed to like that a lot."

Senior Doug Allen and Hoberman were Sebastian's guides for the afternoon.

Weissenbacher is considered a senior although he turned 17 only last month. When he returns to Austria in August, he will still have another year of school to complete because of the different structures of the American and Austrian school systems.

#### Driver's license

After his final year of school, Sebastian hopes to attend medical school.

Although there are several differences between American and Austrian institutions, one of the most striking is in the procedure for obtaining a driver's license.

Before one can take the rigorous driver's test, he must take a course in driving at a private driver's school. The minimum age for having a license is 18.

#### Honors trig enrollment down

For a while, it was doubtful whether there would be an Honor Algebra-Trigonometry course next year, according to Miss Virginia Lee Pratt, chairman of the CHS math department. With only seventeen students eligible and only fifteen willing and able to take the course, it will be the smallest class Miss Pratt has ever taught in this course, she said.

The reason for the decreasing class size each year is that more and more junior highs are teaching two years of Algebra before sending students off to high school, said Miss Pratt. Therefore, those students who have had two years of algebra are eligible for Trig-Math Analysis as a Junior.

Both of these classes, Honors Algebra-Trig and Trig-Math Analysis, qualify the student to take calculus in his Senior year. A higher level of calculus is available to the Trig-Math Analysis student, because he will have had a background in Analytic Geometry, which is necessary for the advanced level calculus. These two calculus courses are the most advanced math classes taught at Central.

Miss Pratt said this year's class is presently the smallest she has ever taught. That will change next year as the enrollment drops from seventeen to fifteen. Miss Pratt said she feels this course will eventually be phased out of Central's curriculum, because the enrollment drops further each year.

#### 'Voice of the People'



#### Fund music fairly

The Music Department makes the most money of all the organizations and it receives the least. The Road Show was one of the biggest money-making projects this year.

The Road Show profited about 1700 dollars. This money is divided up among the other activities. The non-spectator sports like swimming, tennis, gymnastics, and wrestling get a portion of this money. The Instrumental Music Department organizes, plans, puts together, and performs the show. I think the non-spectator sports should carn their share of the money.

At both the Spring Musical and the Road Show discount tickets are sold to a student if he possesses an activity card. The Activity Fund is supposed to pay the deficit in the ticket sales. The Music Department gets no set money value from the Activity Fund.

I believe in a good Central sports program. I don't want to see the sports cancelled due to lack of funds. All I want is



Graphic by Joel Davies

a fair distribution of the money. The Music Department only deserves its fair share.

Albert Halls

#### An 'Eat-atorial'

Smoking is a disgusting, deadly habit. We have no more right to smoke than to overeat in a starving world. Yes, you're all ready to point the accusing finger at those of us who smoke, but what about those "bicarbonate - belching"

gluttons? Haven't we all seen those 300 pound "smorgasbord champions" burying themselves at the all-you-can-eat-for-\$2.49 restaurants? Who chides these, whose gullets groan like a smoker's lung? Who admonishes these rotund gourmets to forbear oral gratifica-Surely, if Minnesota Fats can have his cake and eat it too, Amarillo Slim is entitled to a Marlboro now and then. (I hope I'm not hitting below the belt.)

Stephen D. Wentworth

## 76 last year for FFA

This past year was a very active one for F.F.A. at Central High School. There have been numerous stories about their awards and activities. But just what is F.F.A.?

According to Mr. Tom Fredericksen, F.F.A. instructor at both Central and Benson High Schools, F.F.A. is a nationwide group of young people who study agriculture. They compete to evaluate academic ability and physical skills, while developing leadership, responsibility, and competence.

Now, after three years at Central, the agri-business course, F.F.A., will no longer be offered. This decision came after the enrollment dropped off.

Enrollment in agri-business courses is not bad in all high schools. Mr. Fredricksen said, "F.F.A. is very popular in schools such as Burke and Bryan, because they live farther out in the city limits, and they attract rural kids, who are interested in F.F.A."

When asked if he saw that F.F.A. would return in the future to Central, Dr. G. E. Moller, C.H.S. principal had this to say. He said, "The door is always open. If I see that the interest and motivation is high, then yes, perhaps an agribusiness course will return. Right now, I don't know if that will happen."

#### CENTRAL HIGH REGISTER

The Central High Register is published semi-monthly except for vacation and examination periods by the Journalism Classes, Central High School, 124 North 20th Street, Omaha, Nebraska,

Second class postage paid at Omaha, Nebraska. Mail subscriptions \$2.00 per year.

editor-in-chief: Joel Davies
executive editor: Bob Hekl
editorial editor: Zan Bockes
associate editor: Steve Swanson
sports editor: Brent Bloom
assistant sports editor: Mark Simon
business manager: Stuart Kolnick
reporters: Paul Fishkin, Beth Case, Robert Clemens,
John Faier, Greta Jackson, Stuart Kolnick, Jackie McGinnis,
Kerry Schafer, and Colleen Thomas
photographers: Mark Simon,
Peter Buffett, Kevin Anderson and John Faier
distribution manager: Sherry Arnold
advisor: Mr. T. M. Gaherty

principal: Dr. G. E. Moller

#### Brown chosen Youth of the Year

Hubert Brown, senior, was chosen Youth of the Year, and Cindy Hanson, junior, was a co-chairperson at the Youth Conference '76, held at UNO, April 12 to 13. There were approximately 150 students from area high schools. About 35 of them were from Central.

Cindy said, "It (the conference) was a bringing together of youth and adults in the community to thoughtfully discuss issues concerning youth of today."

7

f

ol

d,

d

y

n.

The Youth of the Year award was chosen by the Youth Union, which is an organization of young people that was set up two years ago through the Youth Services Agency, a branch of Douglas County Government. The agency was set up to deal with problems such

as runaways and drug abuse. It folded about a year ago.

Hubert said the award was presented "to honor someone who had been the most help to youth in general and to the Youth Union in particular."

He added, "I started in it (Youth Union) when it began under the Youth Services Agency. And then I just kept along."

This is the third annual conference. It is usually held, Cindy said, during April, so that it will coincide with spring vacation.

The conference, Cindy added, had an informal atmosphere. Fifteen workshops were held, but there was no requirement that anyone would have to attend any of them.

In addition there was a dance

with the band Travis playing and a banquet featuring former Nebraska football player Johnny Rodgers.

Cindy said this year's turn out was poor. They were expecting 500 to 600 participants. Two of the reasons, she said, were the lack of publicity and the folding of the Youth Services Agency.

She added that another conference is being planned for next April. A conference held during the teachers' conventions in October where the students will evaluate the teachers is also planned, she said.

Pre-registration drives will be held next year through the high schools, Cindy said. They were disappointed that only six people pre-registered this year.

# Pigeon's Paradise by Bob Hekl

### Teaching abilities evaluated

For the past few weeks, teachers have been preparing spinechilling finals to spring on unsuspecting pupils. Great anticipation and satanic delight can be seen in the eye of the teacher when these nasty tests are completed.

But why should the teacher have all of the fun? Why can't the students test their teachers at the end of the year?

In an answer to these questions, I have written the official Pigeon's Paradise Teacher Evaluation. Just answer the questions (truthfully?) for your favorite teacher and total up the score. You may be surprised.

(The score for each response is located in parentheses).

(a) Does your teacher use Scope?

Never(10) Once a day(5) Twice a day(3)

Twice a day but hates it(1)

(b) Do you have to raise your hand to go to the bathroom? Never(1) Sometimes(3) Always(6) Only when it's cold(10)

(c) How many times a week does your teacher tell a joke? Never(1) 1-3(3) 4-7(7) more than 7(10)

(d) Does your teacher let you celebrate Arbor Day in class? No(10) Yes(4) At least once a week(1)

(e) Does your teacher use hand gestures when talking? Yes(1) No(10)

(f) Does your teacher use feet gestures when talking? No(1) Yes(5) At least once a week(10)

(g) How does your teacher prepare you for tests?
 Lectures (10) Assigns homework (8)
 Does nothing (6) Reads the questions in advance (4)
 Reads the answers in advance (1)

(h) How would your teacher react if you put a tack on his chair?
 Do nothing(1) Cry(3) Swear(5)
 Maim(7) Kill(9) Bleed(10)

(i) How would you describe the voice of your teacher?

Monotone(10) Raspy(7) Dramatic(3)

Unable to detect(1)

(j) What is the sum of your teacher's three essential measurements (in Inches)?
 Less than 89(7) 89-95(3) 96(1) 97-115(5)
 greater than 115(10)

(k) Does your teacher use a blow dryer on his/her hair?
Yes(1) No(5) More than three times a day(7)
Does not apply(10)

(1) Which hand does your teacher use to scratch his/her head? Right(3) Left(5) Does not apply(10) Mary's(1)

(m) Does your teacher respect students?
No(10) At least once a week(7) Calls them sir(3)
Kisses their feet(1)

(n) How often does your teacher show films?
 Never(10) At least once a month(6)
 Every other Monday(3)
 Every Friday night in his/her basement(1)

(o) How would you describe the location of your teacher's nose with respect to his/her face?

Centered(3) Too high(4) Too low(6)

Under one eye(7) Tangent to the facial plane, symmetric with respect to the coordinate axes(1)

(p) What does your teacher accept as bribes?

Money only(10) Watermelons only(7)

Apples only(4) Radishes only(1)

(q) How does your teacher seat the students?
Alphabetical order(10) Alternating according to sex(7)
Students' choice(3) Holds your chair(1)

(r) What kind of socks does your teacher wear?

Doesn't apply(10 White(8) Argyles(5) Dark(3)

Sheer Energy(1)

(s) With which leader would you compare your teacher?

Gerald Ford(10) Mao Tse Tung(9)

Charles Manson(8) Richard Nixon(7)

Vince Lombardi(3) Pied Piper(1)

(t) What is the most memorable thing you learned from your teacher?
 How to cure insomnia(1) How to snore without being heard(2) How to doodle(4) Something else(5)
 Nothing else(10)

Now add up your teacher's score and compare it with the classifications outlined below.

20-40	In teacher person
41-80	Good job, but needs more pizzazz
91 120	Exemplifies mediocrity
81-120	Unsatisfactory work
121-140	Doomed to eternal teaching
more than 140	Domes to

## German students hold convention

On May 1, Central's German Club hosted a state-wide German convention which attracted German students from as far away as Centura High School in Cairo, Nebraska.

The purpose of the convention was to unite Nebraska German Clubs in order to form a state chapter of the National Federation of Students of German (NFSG). The chapter was officially declared in existence at a morning General Session and was named the Nebraska Federation of Students of German (NEFSG).

The convention began at 8:00 a.m. with registration and a breakfast of donuts and milk. Approximately 90 people from 12 high schools attended. At the General Session, the state constitution was ratified and state officers for next year were elected. German Club President Debbie Beals was elected President of the new chapter, and other officers are as follows: Alice Trekell, Vice-President; Steve Solomon, Secretary; Becky Bohi, Treasurer.

Honored guest speakers at the session were Dr. G. E. Moller, Central High principal; Mr. Norman Zinn, Omaha Public Schools Foreign Language Supervisor; and Janaan Koll Tyler, Area Coordinator for NFSG.

A German language contest took place in the morning. Teams of four from each school competed in answering oral questions on German



photo by Peter Buffett

Mrs. Gretchen Bramhall, Central German teacher, butters her roll at Cafe Joseph.

grammar, literature, and history. The winner of the first level division was Beveridge Jr. High, and the second level winner was Central High.

At 12:30 a banquet was held at Cafe Joseph. The banquet featured a slide presentation of last year's NFSG convention by Janaan Koll Tyler. Afternoon activities included folksinging and a polka. The conventioneers left Central at 4:30.

## Homemakers, electricians trade roles

Imagine boys learning how to cook and girls learning about circuit breakers. It sounds ridiculous, but in light of Title IX and new attitudes toward sex roles, an exchange between the girls foods class and the boys electronics class was taken with complete seriousness by all participants

The idea resulted from a discussion between Mr. Tim Gravenstein, the electronics teacher, and Miss Betty Tisher, the foods teacher.

"I think it's as important for the boys to know these things (cooking) as it is for the girls to know electronics," Miss Tisher said.

Mr. Gravenstein said the exchange was planned to "give the students a broader perspective."

The classes switched during periods 6 and 7 on May 4, 5, and 6. The boys learned how to set a table and prepare a meal. They prepared pizza, tossed salad, garlic bread, punch, and brownies.

The girls learned how to fix fuses, circuit breakers, and an extension cord, and were instructed in fire safety, and basic electronics.

Julie Kalkowski, senior, was most impressed with the fire safety instruction. Although she had learned mouth-to-mouth resuscitation before, she had not had a chance to practice on a plastic dummy before.

She said: "It was good, practical knowledge. I thought it was a good exchange. I'll have that with me for the rest of my life."

Both teachers hoped that

some of the boys would take food courses and that some of the girls would take electronics

courses next year.

Contrary to what one might expect, Miss Tisher liked teaching the boys. "It went better than I'd thought it would. I'd like to have more guys in my classes."

## JCL presents awards

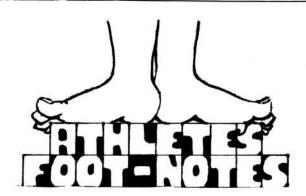
On May 10, Albert Halls, fourth year Latin student, was awarded the \$500 Bessie Rathbun Scholarship at the Roman Banquet held in the north cafeteria by Miss Rita Ryan's Latin classes. Also announced at the banquet were the winners of the Susan Paxson Awards and next year's J.C.L. office holders.

The first place Susan Paxson awards went to Jeanne Clark in first year Latin, Florene Langford in second year, and Alice Trekell in sixth year honors class. Taking second places were Darrell Fluehr, Janet Hrabovsky, and Diana Engel. Third places went to Jill Maser, Albert Halls, and with a three way tie in second year between Barb Kendall, Wendell Fischer, and Alex Rossell.

Susan Paxson was a former Central Latin teacher who left funds to Central. The interest from those funds is split between the highest three scores o nthe Susan Paxson Test in each year of Latin. The first place winners receive \$, the second place winners get \$3, and third place winners are awarded \$2.

Awards also went to Tami Lantis for best costume and Janet Hrabovsky for the best project. The award winning costume was a light blue toga and the best project was a Roman watch tower. Both of these award winning entries were hand made by Tami and Janet.

The new J.C.L. officers were voted on and announced at the banquet. The two senior consuls for next year are Diana Engel and Gary Lukowski. The juinor consuls are Joy DeBacker and Florene Langford, The secretary for next year is Eli McNichols. The treasurer is David Williams



### by Brent Bloom

In 490 B. C., the Persians invaded Greece. In this battle, the Greeks were greatly outmanned by the Persians and sent their messenger Phedippedies the 150 miles to Sparta to gain aid in the battle against the Persians from the Spartans.

Unfortunately, the Spartans were in the middle of a religious festival and could not help the Athenians. Phedippedies had run the 150 miles in vain. But he still had to run back, and run back he did.

The Greeks had to fight the battle alone, and by some miracle of fate, they defeated the Persian invaders. Phedippedies was, at this point, sent from the Plains of Marathon, where the battle was fought, back to the city of Athens to spread the word about the victory.

From the Plains of Marathon to Athens was 26 miles, a mere jaunt for Phedippedies who had already run 300 miles to try and get the aid of the Spartans. Unfortunately, he died upon reaching Athens with the good news.

CHS English teacher Mr. Dirk McNeely does not plan on following in Phedippedies' footsteps to the point of expiring at the end of the race, but he does plan on running in the Omaha Marathon to be held Sunday, August 1, 1976 at 6:30 A.M.

The Omaha Marathon is 26 miles, 385 yards long. The race starts at ninth and Capitol, moves along Abbott drive along the Riverfront, around Carter Lake and up Pershing Drive with a loop around Hummel Park being the halfway point. The runners will go back down Pershing drive to Abbott Drive to a finish at sixteenth and Capitol.

One may ask, why would a seemingly content English teacher want to go through months of exhaustive training to participate in this grueling event?

Mr. McNeely gives four reasons for wanting to participate in the race, of which the record time for successful completion is 2:26.48.6 set last year by Bob Busby of Warrensburg, Missouri.

The first reason is an allusion to the commemoration of Phedippedies' feat in 490. McNeely feels that he would like to experience the same kind of feeling that Phedippedies had (excluding death), as history has passed this teacher of English by, he feels.

The second reason is that it is ego trip for McNeely, and he admits it. "I want to satisfy my ego by finishing it," he commented. McNeely commented that since it is an Olympic year, there will be a lot of Olympic runners in the race, and he wants to be able to say that he ran in the race.

Thirdly, McNeely feels that, if for no other reason, it will have been a good work out. McNeely said "running the race is only half of it, working out releases tension, and it gives me the intrinsic benefit of just working out."

McNeely said that a person needs to set a high goal for himself, and this is a good goal to work towards. He commented that a runner becomes a person who notices things much more, as opposed to the person driving a car who just sees things go by in a blur. He made the analogy of one who watches television to one who reads a book and then sits down and thinks about it; running makes a person think clearer and have better concentration, he stated.

The fourth and final reason McNeely believes is the most important. Mr. McNeely seemed to be a deeply devout man, and he commented that he just wanted to say, thank you Lord, for the mind and the body that you have given me to be able to run this

McNeely said that he has been in training for the race since April 15, when he found out about it. He started out with running one mile a day and was, at the time of this interview, up to six miles a day.

He said that it is hard to find a place to run, and that he has been able to find a six mile route in South Omaha that has been satisfactory. For a while, McNeely commented, he had been running along south 24th Street and that the carbon monoxide fumes were terrible.

McNeely stated that one must not think of the race in terms of "oh good I finished another mile," but one must think of that last final stretch of ground before the finish.

In closing, Mr. McNeely challenged any other runners to compete against him and the other runners in the marathon saying that some of the cross country runners could probably beat the 3.5 to 4.0 hour time in which he expects to finish the race.



Seitzer "nets" victories.

-Photo by Tony Smith

sen takes

Bryan, ten of the active team members qualified to compete in the state meet. The team, who lost the meet to Bellevue 129 1/2 - 114 1/2, outnumbered their winning opponent in firstplace finishes seven to five.

The girls' track team com-

pleted a successful season by

placing third in the Nebraska

Girls State Track Meet and se-

cond in the Class A-3 District

In the District competition at

meet on May 6.

The gold medal winners were: T.J. Thompson, hurdles; Rhonda Calvin, discus; Annette Gibson, long jump; Jo Ann Olsen, 440 and 880 yard dashes; Sherry Arnold, Greta Jackson, Ann Rigatuso, and Jo Ann Olsen, mile relay; and Sheila Miller, T.J. Thompson, Ann Rigatuso, and Toni Midder, 440 relay.

Miss Olsen won the Class A 880 yard run and tie Class C runner for the state gold score of 67 points.

medal in the event.

Miss Olsen also anchored the sixth-place winning mile relay, placed fourth in the 440 yard dash and ran a leg of the third-place winning 880 relay.

Senior Toni Midder placed third in the 100 yard dash with a time of .11.1 seconds.

Toni also anchored the 440 and 880 relay teams which placed third.

T. J. Thompson and Annette Gibson were the only other team members to place in individual events. T. J., who experienced defeat only once during the regular season, took third in the 80 yard low hurdles. Miss Gibson placed fifth in the long jump.

The team's final score of 37 points was only one point below that of Lincoln High, the runner-up. Scottsbluff, the Class A champion recorded a final

Seitzer seeded fourth

## sixth in State

The Girls State Tennis Championships were held at Dewey Park on May 14 & 15.

Representing Central were Kris Anderson, Pam Kohout, and Kiki Seitzer. Kris and Pam, the doubles team, lost in first round action to Fremont. Kiki defeated Liz McCormick of Benson 6-1, 6-3 in the first round.

In her next match, Kiki lost a hardfought battle to Wendy Wedman, fourth seeded, of Lincoln Northeast, by scores of 5-7, 7-6, 6-2,

Central's team came in sixth in State.

About her win over Liz, Kiki said, "I knew she was ranked above me in Metro, but I was happy and slightly surprised to win."

In her loss to Wedman she said it was hard to get adjusted to the play because McCormick did not hit the ball as hard.

The loss of the tiebreaker in the second set was a demoralizing factor. Kiki was just two points away from beating Miss Wedman. Kiki felt that she played well in Metro and in the State and Metro tournaments, and she commented that she was not surprised with the out-

Kiki said that Diana Meyers was serving well, and combined with her good volleys, she played well. In a baseline hitting contest, Wendy Wedman could have won, commented Seitzer.

Miss Seitzer, fourth seeded in Metro, was placed behind Liz McCormack of Benson who she eventually defeated. Seitzer was given this relatively high seed by virtue of being unbeaten in Metro play during the regular season. Seitzer eventually lost in the semi final round of the tournament to the eventual State and Metro tournament winner, Diana Meyers.

The Doubles team of Kris Anderson and Pam Kohout lost in the first round of the Metro tournament to Gross, by a score of 6-0, 6-1.



Four-Year Liberal Arts and **Business Administration College** 

SENIORS: We're for YOU!

- Small classes
- · Lots of parking
- Financial aid No lines

Day and Evening Classes Begin September 13th

Come in or call:

291-8100

2 miles south of the Southroads - Galvin Rd. at Harvell Dr.

## Runners qualify Centralites' activity hungup

Central's track team ended their 1976 season at the Boy's District Track Meet held at Bellevue High School on May 13. The top four in individual races and the top two relays qualified for State.

Central qualified six track team members and placed several others, finishing fifth in

Qualifiers for State were seniors Keith Schafer, placing second in the 880 yard run, and Terry Gutierrez, placing fourth in the mile run. Senior Doug Allen placed third in the 220 yard dash, and sophomore Marion Collins placed third in the 100 yard dash.

In the field area, sophomore Danny Goodwin placed third in the triple jump and sophomore Ambrose Jackson placed sixth in the high jump, but cleared six feet, which is an automatic qualification for State.

Central's two-mile relay, consisting of Keith Schafer, Kerry Schafer, Dan Jaksich, and Bruce Culver, and the one mile relay, consisting of Doug Allen, Ambrose Jackson, Kevin Freisen, and Bruce Culver, each placed

Sophomore Oscar Pulliam, placed fifth in the 120th high hurdles, and sixth in the 180 low hurdles.

The State Track Meet will be held May 21 and 22.



Two Central High seniors, Zan Bockes and Jeanette Obal, have recently entered a course to learn the art of hang gliding. Under the instruction of Pat Conrad, the two have already gone to ground school and had one "in flight" lesson.

Conrad, who was one of the first people to hang glide in the area, began about 15 years ago. He is one of three people in the area who teach hang gliding.

The class which Conrad teaches has one of lowest accident rates in the country. According to Jeanette and Zan, this is a result of the ground school given before the lessons in the air. Until recently, when there was one fatality, there were no deaths which were a result of hang gliding in this area.

Lessons during ground school are free. The first hour of lesson in the air costs \$15. Every hour after that is \$10. Zan reported that it usually takes about three hours to learn how to handle the kite.

In the accompanying photographs, some of the beauties of hang gliding have been captured through the artistry of Peter Buffett.

## **Eagles**

The Central High School Varsity Baseball team has finished its regular season with a Four win-eleven loss record.

The team won its last three of four games. The wins were over North, Abraham Lincoln, and South High Schools.

In the North game, Central won by a score of six to one, with Tom Curran pitching his second victory of the season.

In defeating the Abraham Lincoln Lynx from Council Bluffs, the Eagles had to go three innings over the regular seven innings, to defeat the Lynx, three to two.

On Saturday, May 15, the Eagles defeated the Packers from South High School by a score of seven to two. Junior Steve Anderson was credited with the pitching win in this, his first start of the season. Kirk Trofholz pitched in relief.

In looking forward to the District meet to be held this Thursday and Friday at Booth Field, Pennington commented that he feels that the Eagles have a good chance of making it to the finals of Districts and possibly to State.

Central plays South High School in the first round of the single elimination tournament. If the Eagles defeat South, they will go on to face the winner of the Creighton Prep versus North High School game in the District Finals.

The State Tournament will be held Monday and Tuesday, May 24 and 25 in Ralston.

In closing, Pennington commented that "It was all a matter of getting something going to start winning."



#### No, we do not offer a course in Auk Watching...



But we do offer about 50 exciting things you can do with your life. Associate degrees and certificates in dozens of different career areas. Call us up! 334-8000

Metropolitan Technical Community College

## Gym shorts

#### Boys Golf

The CHS Boys' Golf team defeated Abraham Lincoln High School on April 30 in the Eagles' final dual meet of the season.

The defeat, by only one stroke, 180-179, kept the Lynx from A.L. from becoming the division champions in their division.

In the district meet, Central placed fifth out of eight teams in the competition, with Mike Fitzgerald almost earning a chance to go to the State Tournament.

Fitzgerald shot a 77 in the regular competition earning him a fourth, fifth, and sixth place tie and a chance for the playoff. The playoff proved to be Mike's downfall as he lost on the second hole.

Other members of Central's team in the district tournament were Glenn Prettyman, who shot an 82, Mike Simpson, who shot an 89, and Bob Johnson, with a 94.

Coach Warren Marquiss commented that the team did well and that Fitzgerald's score of 77 was very good.

#### Jayvee Baseball

The Junior Eagle baseball team finished their season with a two win, seven loss record. Junior Steve Anderson netted both of the victories, and sophomore Don Meyer batted .500 for the

The team's most recent win was over Lincoln high, 13-1.

According to Coach Paul Semrad, the biggest problem of the team was errors. "In the games we won, errors were not a problem." In the Prep game, the game was lost because of an error, the final score being three to

"We had more confidence as time went on," commented Semrad, "and our pitching was pretty good."

The last four games of the season pointed this out as they were all very close. Semrad feels that his players will make contributions to the Varsity team in the next

#### Girls' Basketball

The Metro Girls basketball tournament will be held June 11, 8:00, in the Holy Cross gym.

According to Coach Paul Semrad, the game is to honor all graduating players in the Metro Conference. He added that the North squad will be dominated by players from Cathedral, as "they have more seniors on their team."

Tickets are available from Coach Semrad. Admission is one dollar for adults and 50 cents for students.

In other girls basketball action, there is a Girls' Prep Summer league being formed. Semrad said that any girl interested in playing on the team should contact him. Games will be played at Holy Cross School.

### Night school attracts many; Central second in enrollment

Why, in recent years, has the attendance of Adult Night School increased? More specifically, why has the number of Central High School students attending grown significantly in the past two years?

To administrators, questions like these are very important when deciding if night school is beneficial to high school students. In the last two years the number of Central students attending night school has risen from 58 students last year to presently 119.

An interesting statistic is that Central High school has the second largest enrollment of students in the program while Burke was first. Does this enrollment reflect directly on the student body? Many individuals feel that the amount of students attending night school actually has no relationship to a school's student body.

However, not only are many students from Central directly involved with the Adult Night School program but so are two members of the Central faculty. The two faculty members are counselor Mr. Kevin Moran and librarian Miss Julie Hayden. Mr. Moran is an assistant in the administrative office. He organizes various programs and activities. Miss Hayden is an instructor for the program.

CHS counselor Mrs. Geraldine Zerse believes that most students only attend night school because they need some credits to graduate. However, does the Adult Night School offer classes of greater opportunity, normally not offered during high school hours? Mr. John C. Peace, principal of the Adult Night School stated that there are various vocational opportunities offered at Technical High School during the evening sessions.

One might also ask if the title of Adult Night School reflects the majority of its student body. Presently, seventyeight percent of the students actively enrolled are between the ages of 16 and 21. Many individuals believe that the program should be renamed High School Night School. The total enrollment of the program is 1851 students which was a marked increase over last year, according to Mr. Peace. Mr. Peace also mentioned that the average class size was roughly 22 students.

According to many of the counselors, there are quite a few reasons why students have enrolled in the evening program. Some of the most common reasons are to create accelerated learning, to get a shortened day while learning at night, and to make up required classes. For the individual between the ages of sixteen and twenty-one, there is no charge for the night school enrollment if the individual lives within the OPS district.



Photo by Peter Buffett

Keenan prepares a Checkered Giant for judging.

## Keenan caters to cottontails

Although English teacher Mr. John F. Keenan has been breeding rabbits since 1968, he didn't have the chance to publicize his hobby until May 7.

On May 7, Mr. Keenan appeared on the Joni Ballion Show with a fellow rabbit breeder. During his interview he demonstrated how to judge, handle, and prepare rabbits for exhibits.

Keenan is a member of the Nebraska Rabbit and Cavy Breeders, which is a subdivision of the American Rabbit Breeders Association. Keenan and another member were chosen by the other 18 rabbit breeders to represent the club on the show.

The main reason for the interview was to publicize a regional rabbit show on May 16. The show took place at Fontenelle Park and was open to the public. The show attracted rabbit breeders from several midwestern states.

Keenan owns 18 rabbits of the breed known

as "checkered giants." In competition, rabbit judges look for good body formation, color, and fur condition.

"The Nebraska Rabbit and Cavy Breeders usually have about two shows a year," Keenan said. There are national shows every year for all breeds of rabbits. In the past, Keenan's rabbits have won first and third place prizes in the Checkered Giant shows.

"I love to go to shows," said Keenan. However, he said that he doesn't get to go to as many as he would like to.

How did he get interested in rabbit-raising? "I became interested in rabbits in 1968. A student of mine raised rabbits as a hobby, and he asked me to come over and see them. I got interested and began raising them myself," Keenan explained.

Of his television interview with Joni Ballion, Keenan said, "It was an interesting experience."

## Of Central Importance

#### Wayne hosts CHS

Three of Central's foreign language groups, French, Spanish, and German, on April 30, participated in the Eighth Annual State Foreign Language Convention at Wayne State College in Wayne, Nebraska.

Each group was required to prepare a skit or music selection to perform and compete against other schools in Nebraska.

The groups were judged by different students at the college on a 40 point basis, for originality, technique, pronunciation, etc.

The French group performed their version of a TV game show. The Spanish group presented their rendition of "Goldilocks and the Three Bears" and the German group made up their own skit of the TV program "Welcome Back, Kotter." After being divided into languages, each group acted or sung their entries for the convention.

Following the dinner banquet, there was an awards presentation. Central's German group received a third place award. They were the only group from Central to receive an award.

#### New staff chosen

Mr. T. M. Gaherty, Central Journalism teacher, has selected individuals for the staffs of next year's Register and O-Book. The staffs are chosen from students who are presently taking their first year of journalism.

Included on the 1977
O-Book staff: Colleen
Thomas, Editor; Molly Meehan, Activities Editor; Eli
McNichols, Clubs Editor;
Steve Lambson, Faculty Editor; Kathie Slavin, Senior
and Underclass Editor; Tim
Koenig, Boys' Sports Editor;
Kim Detwiler, Girls' Sports
Editor; Cheryl Saxon, Index
Editor; Tony Smith, Randy
Ellis, Photographers.

Included on the 1976-1977
Register staff: Editor, John
Faier (first semester), Jane
Johnson (second semester);
Executive Editor, Susie
Koperski; Editorial Editor,
Sarah Traub; Sports Editor,
Leigh Bernstein.

Associate Editors, Jackie McGinnis, Greta Jackson, Special Assignment Writers, Jane Johnson (first semester), John Faier (second semester): Business Manager, Rob Clemens; Feature Writer, Beth Case, Sandy Smith; Exchange and Distribution Manager, Rob Smith.

Reporters, copyreaders, and assistants will be selected from next year's Journalism I class and will be named at a later date.

#### Assembly elected

Recently, Student Assembly elections for next year's representatives were held. Juniors elected were Katina Axiotes, Daryl Brown, Joy Debacker, Cindy Hanson, Dan Hooi, Way Huey, Donald Jackson, Scott Nielsen, Luna Okada, Leo Rigatuso, Kirk Trofholz, and Tyree Webster. Also elected as alternates were Renee Glaseman and Carla Graham.

According to Hubert Brown, Student Assembly President, "I was pleased at the number of people that ran in the election. A world more of people ran this year than last."

In speaking of Student Assembly this year, "The Assembly has improved much this year. The possibilities of an active Assembly are great."

#### A Cappella travels

The Central High A Cappella choir traveled to Kansas City for competition in the Festival of Choirs at Worlds of Fun, May 8 and 9. The choir received superior ratings for their performance and came in second in their division. The choir which came in first was the only other group that received a superior rating.

Two Greyhound buses supplied the transportation for the 75 students and 7 chaperones on the trip. Choir director Mr. Robert McMeen and his family drove to Kansas City in the McMeen station wagon.

The group stayed at the Sheraton Royale Hotel and spent their free time at Worlds of Fun. Because of many fund raising projects, the cost per person was 10 dollars fo rthe weekend. Some of the fund raising projects included bake sales and candy sales. In November, the group sponsored "A Night with A Cappella" to raise money. Other concerts in which A Cappella performed also helped them financially.

## Artists receive prizes

Central senior Jim Wolford recently won a Hallmark Award and a \$100 check in the National Scholastic Art Awards competition, sponsored by Scholastic Magazine.

Senior Mary Smith and junior Mike Nash received Honorable mentions for their works "Roadside View," a print, and "Biocastro," in mixed media.

Wolford's winning entry, an acrylic watercolor entitled "House of Many Moods," won him the \$100 cash prize he need not put to educational use.

His work, currently on display in the Chicago Public Library Cultural Center, was one of five regional pieces of artwork nominated for a Hallmark award. Wolford also had another piece of work nominated, as did Central junior Holly Peterson.

"I was quite surprised to get nominated," said Wolford, "but I was really surprised to get the Hallmark." Wolford said he spent almost a full quarter on the painting, under the instruction of Zenaide Luhr, Art Department head. Miss Luhr said that Central students have won several Hallmarks in years past.

#### WANTED

REAGAN TARGET
DELEGATE BUTTONS.
WILL PAY \$1.00.
WILL BUY ALL OTHER
POLITICAL PINS.
CHRIS: 333-2614

MEN-WOMEN

## Good jobs and hard work in Europe.

Would you like to see more of the world than your own home town? Meet new people? Make new friends? Do some traveling? You can in the Army.

If you qualify, we'll train you in the job of your choice, and put you to work in Europe. Once you get there, you'll earn a minimum of \$361 a month (before deductions). Plus you'll get free housing, meals, medical and dental care, and many other benefits.

While you're there, if you'd like to continue your education, or learn a foreign language, we'll pay up to 75% of the tuition.

For more information, give us a call.

## Call Army Opportunities 221-4721

Join the people who've joined the Army.

An Equal Opportunity Employer