



A high school newspaper practicing professional journalism.

Omaha Central High School

Volume 130, Issue 5

April 9, 2015

the

# register



## I SURVIVED

### HOLOCAUST SURVIVOR FRAN MALKIN SHARES HER LIFE STORY WITH STUDENTS

BY KELSEY THOMAS  
executive editor

Fran Malkin's parent owned a candy store. They were respected townspeople, loving parents, and just two of the more than 6,000 Jews living in Sokal, Poland before the Holocaust.

By the time Fran Malkin, or Fay, as her acquaintances call her, was four years old, her life had already been turned upside down by Adolf Hitler and the Nazis who worked to rid Europe and the world of the Jewish people.

At one point, hundreds of educated, Jewish businessmen were rounded up in the town's center, then led away to an undisclosed location where they would each be told to dig a grave before they were shot to death. Fran's father was one of them.

"I like to think that I would've been a daddy's little girl," she says, reminiscing on the few clear memories of her father that she has.

Malkin and her family's story is depicted in the recently released documentary entitled "No. 4 Street of Our Lady,"

which follows the writings of her grandfather Moshe Malkin before, during, and after the genocide.

The title of the film is inspired by the address of the person who saved them, Francisca Halamajowa, a local woman who hid 19 Jews in her home during the Holocaust. For a year and a half, Malkin, her mother, and her other family members hid in the hayloft of Halamajowa's home. After liberation by the Russians, Malkin's family would learn that their savior had been hiding another Jewish family in her basement, as well as a German soldier who had fled service in her basement. For more than a year, Halamajowa secretly gave food and shelter to 20 people.

For decades, the Malkin family lived possessing the grandfather's diary, but no one considered publishing it. After it was over, Malkin's relatives "kept quiet" about the Holocaust, attempting to continue living without speaking of the atrocities they faced.

Malkin challenged this mentality. She encouraged the publishing of her grandfather's diary, "[the diary] is an act of

CONTINUE TO 'SURVIVED'  
ON PAGE 3

## CHS Goes Gold earns first at state DECA competition

BY SAN JUANA PARAMO  
staff writer

CHS Goes Gold originated from a DECA project led by seniors Meghan Peterson and Erika Regier, who had hopes of raising awareness for childhood cancer and Camp Quality Heartland. After initiation, the project quickly became a success among the Central community and earned first place at the State DECA competition. Now, Regier and Peterson are preparing themselves to represent CHS Goes Gold in Orlando.

The project began when Peterson attended the Summer Bash for Cancer in late August, and approached Regier with the idea to help out Camp Quality Heartland. Camp Quality Heartland is a national organization that offers a summer camp opportunity to children with cancer.

One location of Camp Quality Heartland is located near Omaha. "We both got really inspired realizing how personal it was," Regier said.

Both girls work with children and have met people who were affected by the disease.

"I'm a summer camp counselor and she [Regier] teaches swim lessons to young children, we both know children who are affected," Peterson said.

Initially both girls began with the goal of raising enough money to send two children to Camp Quality Heartland.

CONTINUE TO 'CHS'  
ON PAGE 3

## Zoo Academy student places at science fair

BY ALEC ROME  
staff writer

At the Metropolitan Science and Engineering Fair, held at the Henry Doorly Zoo on March 21, senior Jesslyn Schroeder won first for her project.

Schroeder is a part of the Zoo Academy class at the Career Center, and as a part of her studies, she participated in this event. Many other eleventh and twelfth grade students from across the Metro also took part. Schroeder described the events and how they unfolded, along with her interests in the field of animal sciences.

This is not her first time at the event. However, she still felt nervous, despite knowing what the competition entailed.

"It was really nerve-wracking, but it was the second time I have been in it, so I knew what to expect," she said. In the end, Schroeder ended earning first place in her category of animal sciences, and fifth place overall during the competition, which granted her a spot at the Nebraska Junior Academy of Sciences at Nebraska Wesleyan in April.

"I am really nervous for the state science fair though, because I have no idea what it's going to be like, and it's in Lincoln, so it will be different," said Schroeder.

Schroeder believed that the easiest way to accomplish the project was to involve the Gentoo penguins she was working with.

"I noticed they had a lot of aggression when they were mating, so I did my project on the aggression of Gentoo penguins during their mating seasons," said Schroeder. As a

CONTINUE TO 'SCIENCE'  
ON PAGE 3

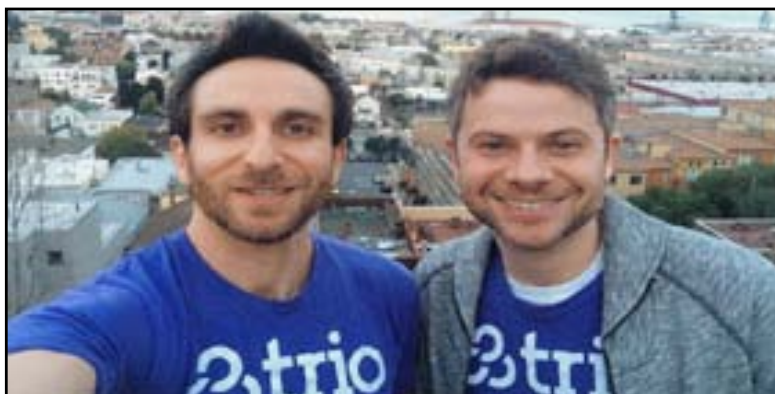


Photo Courtesy of JESSLYN SCHROEDER  
Schroeder pictured above on stage as a first place winner.



STUDENT FASHION SHOW PAGE 2

Students involved in design and fashion classes visit thrift stores, buy items and reconfigure pieces.



THE TRIO APP PAGE 4

A pair of friends designs a revolutionary app intended to mash videos.



AFTER SHOCK PAGE 5

An after school club intended to foster discussion about God meets for the first time.



# Fashion design students compile outfits from secondhand clothing

BY JULI OBERLANDER

staff writer

When it comes to fashion, most people look for the latest in brands such as Gap, Nike and Urban Outfitters. However, that norm can be challenged, as shown by Linda Milliken's CAD Fashion and Clothing 3-4 classes. As a part of UNO's Service Learning Academy Program, Central students partnered with North High and Goodwill to participate in the annual "Sew in Style" fashion show.

Since January, students at Central and North have been working on original designs that would be featured in the show. The one guideline for the participants required students to make their final products from clothes at Goodwill. The high schoolers had only \$10 to spend on material that they would repurpose for the event.

"My CAD Fashion and Clothing 3-4 classes worked together through this process," Milliken said. "They met to decide their theme, which was clothing around the world. They worked on pieces they thought represented various areas of the globe."

Senior Bethany Harwick interpreted this theme in her own Goodwill-inspired creation.

"The purpose was to get involved in the community by getting clothing from the Goodwill and making them into something new," Harwick said. "I took a shirt, a pajama top and some pajama pants and I turned them into a bandeau top, a jacket and a skirt," Harwick said.

The March 20 event also aimed at expanding students' thriftiness by purchasing items and turning them into articles that could be sold as name brand wares for \$50 more than Goodwill prices.

"I learned that even though a project is difficult you have to keep trying and figure out how to correct your mistakes," Harwick said. "You come up with a plan and you stick to it."

Since 2011, "Sew in Style" has increased in popularity. It has functioned as a way for OPS students to learn new techniques from professionals in the fashion field in addition to showcasing their creations.

"This is our second year of participating in the event at Central," Milliken said. "We went to UNO and watched the fashion show three years ago, and after contacting UNO, we became a part of it."

Preparations for "Sew in Style" consisted of a class trip to Goodwill, where students selected items that fit their 'clothing



Photo Courtesy of LINDA MILLIKEN

Fashion students model their recycled designs on the runway. Some designers used their fellow students as models and had them walk down the catwalk.

around the world' theme. Then came the sewing part, where Milliken released them to express their creativity, but still provided guidance when needed.

"Some were their own model, but others choose different students, so they looked for items that they could match to their model's size," Milliken said. "They learned a lot about figuring out how to make things of something else."

Over the past two years, Milliken has enjoyed watching her students develop their skills through "Sew in Style" and the Service Learning Program.

"UNO pays for it, and it's great a benefit for Central," Milliken said. "Afterwards, Goodwill displays 5-6 of our outfits and shows a before and after picture of each. It makes the students realize they can go to second hand stores and

make outfits their own. No one else has it."

Milliken also felt she gained an appreciation of the opportunities second-hand stores provide shoppers.

"Just realizing what's at Goodwill made me be more open-minded," Milliken said. "You can do some many different things. We found a lot of items at 99 cents, so students could purchase zippers, buttons and other items. It was fun to see the ideas coming from them." The experience opened Harwick's eyes to the world of thrift stores, as well.

"Individually I learned that you can take anything old and make it into something cool and interesting," Harwick said. "You just have to use your imagination to see the potential."

# IB students attend camp to learn principles of respect, kindness

BY JORDAN YOUNG

co web editor

"IB Mindful," an event for juniors participating in the International Baccalaureate program was held on March 20.

IB Mindful was held at Boys Town and allowed students to discuss their differences and get to know each other better.

According to IB coordinator, Cathy Andrus, the IBDP staff organized the event and was run by teachers Ron Moore and Ferial Pearson.

"Taking time to be mindful of other people and their differences and reflecting on what that means is an important part of IB. Spending a day doing that is time well spent," said Andrus.

For the IB students themselves, some have a new take on the whole situation.

Juniors Crystal Carney, Michael Galeski and Luke Koesters are three students who attended the event.

The students hadn't known anything about IB Mindful until only a short time before it was set to take place.

"They didn't give us a ton of information," said Galeski. They were notified about two weeks before the event. Although they were given short notice, all three students said IB Mindful was useful and that they came away with something that they can use in their daily lives.

"The first judgment you make on someone shouldn't be said," said Galeski. Koesters said he realized the importance of understanding others' point of views. "It's gonna help you be mindful [and] talk to people outside," said Carney.

Activities at the event allowed students to see their differences and similarities while bonding closer together. For example, Carney explained a game that required students to step forward from a line of other students. The student would step forward if the orator asked, for example, if they had been called a racial slur before.

Despite Andrus saying that IB Mindful was only for "tak-

ing time to be mindful of other people and their differences," the three students had slightly different ideas.

"[For] us two—a lot of people in IB are friends with only IB kids," said Galeski about himself and Koesters. In contrast, he added that students don't have too much of a problem with befriending kids outside of the program.

"IB is secluded from everything else," said Carney. [It can be] cliquy." But the problem with cliques isn't everybody's problem. "I'm not involved with them," said Koesters. Galeski agreed.

Aside from any "clique" problem, students enjoyed the activities, even if it was similar to something they had done before. It was similar to activities the junior class participated in last year on a half day and Koesters explained that the speaker present at IB Mindful talked to student council beforehand and told the same story. Overall it was a good experience for them. "[It was about] respect, we need to respect," said Carney.

**A Special Thank You to Our Adopt-A-School Partners**

Coca-Cola

First National Bank  
One with You.

MIDLAND UNIVERSITY

NEBRASKA METHODIST COLLEGE  
THE KING FAMILY CAMPUS

**Family Urgent Care of Omaha**

Sports Physicals

Cough, Cold, & Flu

[www.familyuc.com](http://www.familyuc.com)

55<sup>th</sup> & Maple 402-434-0095

168<sup>th</sup> & Maple 402-965-4000

168<sup>th</sup> & Center 402-334-2301

Norfolk 402-844-3830

Illness & Injury

Open 7 Days/Week



## Fran Malkin visits to share grandfather's book, Holocaust experience



ANN MILROY | The Register

**Left:** Malkin discusses her memories from before, during and after the Holocaust. **Right:** Malkin reads her grandfather's book to the audience, which shares the atrocities of the genocide.

CONTINUED FROM 'SURVIVED' ON  
PAGE 1

defiance," she said. "But even if we die[d], the world would still know the story."

From the time that she left the house when she was six, until she was in her sixties, she never revisited the site. A few years ago, she felt the urge to revisit the little town and the hayloft where her and her family lived in hiding for eighteen months.

"I have certainly paid the price," Malkin said. Coming back to the home has left her with a renewed bank of memories of those devastating times, many of which she did not recall from

her youth until reentering the home. For the majority of her life, Malkin lived with few recollections of the Holocaust. Her largest obstacle was grieving the father she never received the chance to know well. Seeing the house has changed this.

Malkin also visited the site where her father and hundreds of other Jewish men from her hometown are buried. The Nazis led them to a place near a brick factory, which is now overgrown with weeds and vegetation. Her father is near the building, but it is impossible to know where.

In the documentary, Malkin walks around the site, mourning the loss of her father.

"I know you're lying here somewhere. I hope you're at peace," she tells him.

Malkin is merely one of the people who faced loss during the Holocaust. Her life changed radically, and her family was destroyed by the Holocaust. She is glad to teach others about what happened, and educate younger people through her experiences.

Through all of her tribulations, she has a piece of advice for the next generation, "No matter what your story is...the best thing is to prevail, to continue on. It is the only thing to do."

## CHS Goes Gold raises thousands, places in state

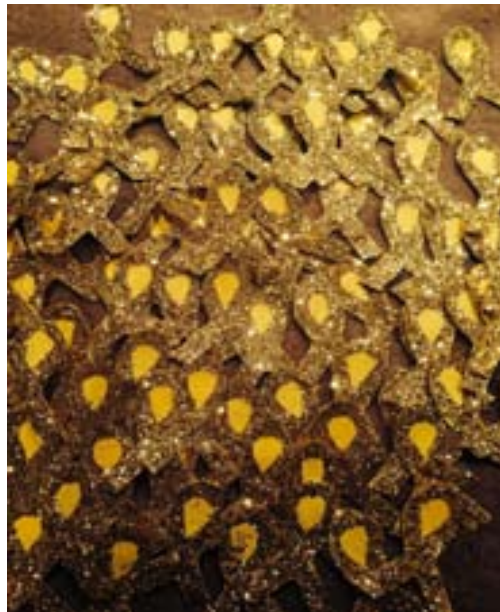


Photo Courtesy of DECA

**Left:** Erika Regier and Meghan Peterson smile after competing in their role-play activity at Districts. **Right:** The girls made ribbons to promote the CHS Goes Gold campaign.

CONTINUED FROM 'CHS' ON PAGE 1

"We started with the goal of raising \$1,900 to send two kids with cancer to Camp Quality Heartland," Peterson said. "Ultimately we ended surpassing our goal by over \$800."

Camp Quality Heartland runs solely on donations, allowing no costs to parents.

"They set up children with a one-on-one companion over the age of 18 who looks after everything they do," Regier said. "They get to do all the normal camp things that kids get to do."

The camp also has a full time medical staff who takes care of any medical treatment the campers might have.

Together they wanted to raise awareness for childhood cancer and Camp Quality Heartland inside their DECA chapter.

"Just to get members in our DECA chapter involved in the lives of children with cancer and those who suffer from the disease," Peterson said.

Peterson and Regier ended up raising \$2,700, surpassing their initial goal and ended up gaining support not just from the Central community.

"The amount of support we got, not only Central people but people from our community was great," Peterson said. "We are incredibly thankful to everybody that took part in the project. Hopefully everyone learned something from it. I know I did."

Peterson and Regier noted that their competition at state would be tough, but ultimately they prevailed.

"We're going to go in and present. As long as we feel like we did well for ourselves then that's good," Regier said.

Upon learning they made it on to the top four, they realized

that they had a chance.

"The field of community service is one of the hardest DECA events to place in," Peterson said. "It's dominated by Millard, it's dominated by Westside. We went in thinking we're the OPS school, chances are we not going to do as well and we proved them wrong."

Throughout the competition, Peterson and Regier updated through Facebook on the project's progress. They immediately received a response from Camp Quality Heartland.

"An email was sent to Dr. Bennett as well as our DECA advisors, they were very grateful," Peterson said. "Not only for the money that was raised, but the awareness raised for childhood cancer."

Now both girls are preparing to attend nationals in Orlando. Regier will represent CHS Goes Gold, while Peterson, who placed in two categories, will represent her own independent project.

"Whether we place or not, I personally want the judges to be aware of the camp," Regier said. "They have so much hardship raising money and keeping campers. Getting them [the judges] to understand what the camp is, why we did and ways they could get involved, that would be my goal."

As they prepare for their national competition, both girls hope that CHS Goes Gold becomes a DECA tradition.

"I'm hoping that Wiles and Gaylor understand that we put a lot of effort into this," Regier said. "I hope they recognize the relationship we've built with the underclassmen in DECA and keep it going as tradition."

## Science competition awards zoo academy student for project



Photo Courtesy of JESSLYN SCHROEDER  
Schroeder's competition trophy, plaque and certificate.

CONTINUED FROM 'SCIENCE' ON PAGE 1

part of her zoo academy class, Schroeder was required to do the project. "I don't have a problem with it because I like that kind of stuff," said Schroeder.

Science has always been an interest and a forte for Schroeder. "I guess I have always been interested in science, so it comes easy for me anyway. So, I chose to go into different science classes at the zoo, which has helped me a lot," said Schroeder.

She believes that subjects like this are beneficial, but "it just depends on what you are interested in and what you are going into."

The fair helped her in more ways than one. "I think it has benefited me a lot with college and where I want to go," said Schroeder, who has an idea as to what she wants to do after high school.

"I am going to major in animal science, but then go on to vet school. I hope to become a veterinarian when I am older." The fair has also become an asset on her resume for the future "I believe [the fair] will have a huge impact because I am going into the science field and it will be good to have on my record."



# New app combines various functions



Photo Courtesy of **MISHA LEYBOVICH**

**Left: Business partners Mila Leybovich and Clay Garrett. Right: The simulated screen images for the Trio app.**

**TRENAY NEWSOME**  
staff writer

Apps, apps, unlimited apps. Everyday millions of people are working on the next hottest app for consumers to download and enjoy.

On March 4 a company named Meograph launched a new app named Trio. The app is intended for high school and college students. "It helps you be funny and creative by making videos out of other people's content, and has real potential to be the next Instagram," said Misha Leybovich, Trio developer.

Trio makes it easy to remix other people's photos, videos or GIFs into mashups. "Putting the world of popular media at your fingertips. This lets you be funny and creative anytime, so you can look cool even if you're not always doing cool activities," said Leybovich.

The app is user friendly and fun to use. Creating a Trio account is even easier; one can simply use their Facebook account or email to sign up. Once signed up there is an introduction to the app. To like a video, photo or gif one will swipe right, to dislike something, swipe left.

Creating the mash up of videos, photos and gifs may seem a bit complicated. But Trio makes it easy, hence user friendly. When creating a mashup one simply clicks on whether they want to make a video, photo or gif mashup. They have the option of searching Instagram for photos and using movie clips

for videos or gifs.

Some questions when creating the app the developers had to consider to make it something new: "What happens when we all start using each other's social media to create new content? Are people getting tired of just selfies and moving towards more creative expression? What are the implications of remixing other people's content, and what's in it for them?" said Leybovich. Looking at the Trio app from these angles gave Meograph a new direction to take for the app making it step up from selfies.

"For future app updates we plan to add even more sources of content and make creation even easier," said Leybovich. All content on the Trio app, such as GIFs, photos and videos, come from Instagram, Vine, Giphy, iTunes, Movie Clips and Image Search. The content is then linked to its source, sort of like Pinterest.

"We have been building the app for a year. Our company has been around for three years," said Leybovich. "Our company has a fun team background including an MIT rocket scientist, professional boy band member, Berkeley student body president, undercover gang documentarian, Georgia Tech art-and-tech star, and Guinness Book of World Records finalist. Plus some high-profile investors." The two developers of Trio are Misha Leybovich and Clay Garrett.

# Louder Than a Bomb team finds success in local competitions

**BY MAYA DURFEE O'BRIEN**  
co web editor

"The points are not the point, the point is poetry."

This is the mantra for Louder Than a Bomb's (LTAB) poetry competition. Central's slam poetry is coached by English teacher Deron Larson. The team has been competing against local area high schools, and earned a spot in the semi-finals.

"Every team that is involved gets a guarantee of two bouts," said Larson. He described the bout as being like in boxing- essentially a match between an opponent, or opponents. The Eagle Slam poetry completed their first two bouts, and among the other 30 teams that competed the team finished with a high enough overall score to make it onto the semi-finals.

Larson's expectations for the season were uncertain. "In terms of expectations for this year, it was kind of wide open. We have a couple seniors that have participated for three years each, so I thought we would have good leadership, and we absolutely have," said Larson.

Kelsey Spangler is one of the seniors that has been a part of Louder Than A Bomb for three years. When Spangler first joined she said her first impression of the group was a memorable one. "It's a really inclusive community, and they were all supportive- it's kind of like a cool expressive outlet," said Spangler. This year the team was supplied with professional coaches from the Nebraska Writers Collective to help them write. "A lot of the feedback is more about performance," said Spangler. "Things just like how to convey your emotion and the message you want to convey through the piece; it's been really helpful."

"Anybody who's got any interest in young people and what they've got to say, attend the Holland Center finals on April 20," said Larson. The Eagle Slam poets will not know if they have a spot in the finals until after the semi-finals, but Larson encourages everyone to support the other slam poets.

"It's the best competition that I can remember because I was transformed by the moment. I didn't have to worry about what's going on, and I really enjoyed their performances," said Larson.

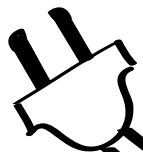
The first bout the Eagle Slam Poets participated in was with Lincoln High's slam poet team. The team took a bus to Omaha from Lincoln fully equipped with supporters ready to cheer on the teams, which Larson said, "There's just a really good energy that goes with that."

Larson said that he has enjoyed this season more than any other season. "Every single member on our team has used poetry to become a different writer," said Larson. He said they used their newfound tactics to discover more about themselves and about their words than they have ever known before.

# VORTHMANN ELECTRIC LLC

"A+ rating from Better Business Review"

402-639-5005



**the register**  
staff

- |   |  |
|---|--|
| <b>EDITOR-IN-CHIEF</b><br>Tia Spears                        | <b>STAFF WRITERS</b><br>San Juana Paramo<br>Trenay Newsome<br>Juli Oberlander<br>Georgia Chambers<br>Micah Martin<br>Choteau Kammel<br>Maddie Hayko<br>Julia Halonen<br>Julia Bielewicz<br>Alec Rome |
| <b>EXECUTIVE EDITORS</b><br>Natalie Nepper<br>Kelsey Thomas |  |
| <b>WEB EDITORS</b><br>Jordan Young<br>Maya Durfee O'Brien   |  |
| <b>PHOTOGRAPHERS</b><br>Ann Milroy<br>Paige Colburn         |  |

- CONTRIBUTING WRITERS/ARTISTS**  
Yeily Barrera  
Imani Brown  
Sebastian

**ADVISOR**  
Hillary Blayney

**ATTN: The Register**

124 N. 20th Street  
Omaha, Neb. 68102

Phone: 402.557.3357  
Fax: 402.557.3339

[central.journalism@ops.org](mailto:central.journalism@ops.org)

It is the goal of the Central High Register to represent the student body in issues affecting their lives as young people and students. If you feel that we are not covering an issue that is important to you, we welcome contributing writers who bring fresh ideas to the issues.

If you would like to write a story for your student newspaper, please contact Hillary Blayney at [hillary.blayney@ops.org](mailto:hillary.blayney@ops.org) or come to room 029 to discuss your idea.



The Omaha Central High School Register seeks to inform its readers accurately as to items of entertainment, interest and importance. The staff strives to uphold the principles of journalism in all of its proceedings.

The Register is a member of the National Scholastic Press Association (NSPA), the Nebraska High School Press Association (NHSPA), the Journalism Education Association (JEA), Quill and Scroll and the Columbia Scholastic Press Association (CSPA). The Register is an 11-time Best-in-Show winner for large newspapers at the JEA/NSPA national conventions in San Francisco, Boston, Phoenix, Dallas, Washington, D.C., Seattle and Chicago. The Register also won first place in Front Page News Layout for large newspapers at the JEA/NSPA convention in St. Louis.

The Register has won multiple NSPA Pacemakers, which is considered the Pulitzer Prize of high school journalism. It has also won many Cornhusker awards from NHSPA, and has been awarded the Gold and Silver Crowns from CSPA for its overall work. Unsigned editorials are the opinion of The Register staff and do not necessarily represent the opinion of Central High School.

Signed editorials are the opinion of the author alone, and do not necessarily represent the opinion of Central High School or The Register staff.

Special thanks to all the faculty and staff of Omaha Central High School and Omaha Public Schools. Your cooperation with our students helps us maintain a professional atmosphere in order to teach media education.

Thank you, readers.

# Advertise With Us!



A large variety of sizing options, packages and pricing available.

Choose between color and black & white.

**Email [Central.Register@ops.org](mailto:Central.Register@ops.org) for pricing inquiries or quotes.**



# Cyclist-friendly mass transit system will provide safer means of transport

BY CHOTEAU KAMMEL  
staff writer

The streets of Omaha get busier every year, and with more and more people coming into the area, it is imperative that they have access to various means of transportation that will both be safe and efficient. In a multi-step process that is only just beginning, I.B. Extended Essay Coordinator and Student Support Teacher Christina Flaherty-Colling and sophomore Erin Burbach are working with Julie Harris of Live Well Omaha, the city itself and even representatives from the Capital to transform Omaha's transportation infrastructure through the input of the people it affects most.

Through a TIGER (Transportation Investment Generating Economic Recovery) Grant, the Metro bus system throughout Omaha is preparing to put into place a bus rapid transit system that will connect downtown Omaha to as far out as Westroads Mall via Dodge Street. These TIGER Grants are competitively given and are based upon proposals in relation to transportation and have significant national or metropolitan effects. The reception of the grant was marked by a visit from the Secretary of Transportation Anthony Foxx as well as further federal suggestions on what to look for in terms of pedestrian and cyclist safety.

Omaha's Dodge Street is the city's longest corridor of traffic as well as serving as a dividing border between the northern and southern parts of the city. Along with its commercial and transport value, Dodge Street also is the route of the city's longest East-West Metropolitan bus lines and many others.

This combination of mass traffic has consequently led to Dodge being host to an extremely high number of pedestrian and cyclist accidents involving motor vehicles. The new bus rapid transit system, as described by Flaherty Collings, will be, "longer, newer and more frequently arriving buses." The routes along Dodge will be modernized, with newer buses with onboard Wi-Fi, nicer interior, new bus terminals and also new shelters at the various stops.

All the improvements and modernizations are to help improve rider experience, satisfaction and the volume of riders. The hope is that with nicer buses and terminals, ridership will increase as the program matures. This new system is scheduled to be operational sometime in 2018.

When the TIGER Grant was given to Metro by the Department of Transportation, it also talked with the city and others involved about several other targets of pedestrian and cyclist safety. This is where the next step in making Omaha's streets safer continues.

Colling met Live Well Omaha's Julie Harris at a Citizen's Academy for Omaha's Future last fall, and was immediately interested in how to promote the use of the Metro system to her students and fellow staff at Central High School. Working together, as well as with city engineers and Department of Transportation suggestions, they have joined to begin a pedestrian safety assessment along Dodge Street is to go along with the preparations into the bus rapid transit system along the same route.

In September of last year, Secretary of Transportation Anthony Foxx announced a new initiative to promote pedestrian

and cyclist safety through infrastructure enhancements and more efficient routing. Several federal agencies will actively assist cities in this promotion as the Federal Highway Administration will be doing on the ground safety assessments of any selected or proposed corridors. In this case, that corridor is Dodge Street, specifically 72nd, 40th and 20th and Dodge.

72nd and Dodge is historically a very dangerous location for cyclists and pedestrians due to the level of heavy traffic. 40th and Dodge is dominated by various Metro routes along with residential traffic and lastly 20th and Dodge because of its immediate proximity to Central and its 2500 occupants.

The safety assessments will be used to better determine what the next step will be in improving the conditions on the roads. At Central, along with Flaherty, sophomore Erin Burbach is working to involve the student populace in being involved with the safety surveys.

She said, "the most important thing is to involve the student body in its entirety and let them know they can contact us." Currently she has presented to several AP Human Geography classes but added that they want to get everyone's input, not just AP students. The tentative date to begin the surveys is May 4th after school.

Although the ultimate goal of the projects is to make Omaha safer for alternative means of transportation, according to Colling they will also make Central a safer and more attractive school. After all, being on the route of a modern, efficient and pedestrian plus cyclist friendly mass transit system certainly adds to the appeal of an establishment and cannot be undersold.

## Chess team excels in state competition, brings home trophy

BY NATALIE NEPPER  
executive editor

Central's chess team dominated the competition at the State High School Team Tournament on March 7. The competition was at Gross High School, and the schools split up into two divisions for their matches. The top division, in which Central was a part of, consisted of Millard North and Prep. At the end of the competition, the Central chess team was named the 2015 Nebraska State Chess Champions.

"We each had our own individual matches," explained senior Joey Gollobit. "There were five rounds, each of us had our own matches."

The teams were set up to play in the Swiss style of chess. Instead of the traditional style of tournament, in this particular competition, winners play winners and losers play losers, according to Gollobit. "If a player has lost two games, he/she will play someone who has also lost two games," chess coach and BMIT teacher Drew Thyden said.

The competitors play 4-5 games each tournament.

The top four scorers from each team earned points from their school. "You just play and try to accumulate points as much as possible," Gollobit said.

In the tournaments, one point is earned per win, a half a point for a draw and a loss collects no additional points.

Gollobit earned a total of 3 points, in the five rounds he competed in, he only lost twice. According to Thyden, Joey beat a "much stronger student" in the competition.

The final scores were Central 12 points, Millard North 12 points and Prep 11 points.

The chess club meets after school on Tuesdays to practice and prepare for these competitions. "The students study chess books, practice during chess club and play in tournaments prior to the state tournament," Thyden said. "Some also play online at home."

Both recreational and chess team members are allowed to come to the meetings, and not everyone is expected to compete. Some of the more serious members also participate in the Metro league or in some tournaments in UNO.

Next year, the team plans to continue competing and hopefully maintaining the title of Nebraska State Chess Champion in the 2016 school year.

## Club welcomes students with interest in God



TIA SPEARS | The Register

Students Destiny Phillip, Jordan Martin and Brooklyn Martin gather around a library table during the first meeting of After Shock.

BY MADDIE HAYKO  
staff writer

The After Shock is a new religious club that focuses on God and the relationships between people and God. The club got the name After Shock for two main reasons.

"I named it after, Shock, my brother who is a freshman here," said Martin. "He helped me with the design and the theme. I talked to my pastor and now it's a club."

The name also indicates that Martin wants to shake up future generations with this club.

Senior Brooklyn Martin created this club and has a very strong passion about God. She wanted to be able to share her views with the rest of Central.

"Since freshman year, I had wanted to start a club based around God, because I really believe in God and I wanted it to be an outreach thing," said Martin. "Finally, I went to a convention. I was praying and God just put it on my heart to start this club. So I went to Ms. Kirksey to figure out what I needed to get this club started."

She not only wanted to create this club to let people know about her experiences with God but she also wanted to help other people see how important God is in people's lives.

"I wanted to create this club because I wanted to do something conversational...I wanted it to be relatable so that we could all talk about certain topics going around all over the world and apply what God says about it from the bible," said Martin. "I teach off the website youthalive, and then I teach different subjects depending on the week."

Martin also shares her testimony and why God is so important to her. It is also encouraged that people who go to this club share their testimonies as well.

"I want the people who come to the club to learn about

God. My mom, she is a single parent and I have two brothers and there's me. My mom was in an abusive relationship with my stepfather and God took us out of the situation after years of being in it and that's kind of my testimony," said Martin. "I just know there is a God and I just want everyone to know that God did this in my life and he can do it in yours. So I would say my goal is to inform the After Shock club's members about God," said Martin.

This club isn't just for people who believe in God or practice a specific religion; this club is open to everyone who has an interest in God. Martin would like people to be open and listen to the conversations that they have in the club. She also believes that this club has the potential to last a long time, but next year she will have to find someone else to be in charge of the club.

"I think this club will last a long time, especially with all the diversity here and all the clubs I think it's perfect," said Martin.

The After Shock club meets every Wednesday in the library with Beth Eilers as their sponsor. For everyday club activities the club tends to follow a schedule that is pretty open. Every meeting consists of numerous activities and discussions.

"When we come in sometimes I have snacks and games, I have my lesson plans so we look at the scriptures and the bible," she said. "If we have new people we hear their testimony and we recap on ours and then we pray before and after."

Martin also ensures that this club does have a private atmosphere. So it is perfect for sharing personal thoughts. She also strives to make sure people in the club are learning new things and building their relationship with God.

"I think we should talk and be able to share things that are going on and see different views. I don't like to judge, and it is a private setting and it won't go anywhere else," said Martin.

2014-15 YEARBOOKS

\$65 in room 029

EVALUATING THE SOCIAL AND ECONOMIC  
DIFFERENCES BETWEEN WOMEN & MEN

## gender equality



## HARD AT WORK

**TIA SPEARS**  
editor-in-chief

Since the 2001-2002 school year, Assistant Principal, Dionne Kirksey, has experienced first-hand the perks and difficulties of being a woman in a position of authority. "I believe certain groups of people have to work harder," Kirksey said.

Early in her childhood, Kirksey's mother taught her the virtue of hard work, which would later propel her into success.

"My mom has taught me work ethic. If you don't have stuff or if you don't get stuff at that time, then that's not a failure against yourself," Kirksey said. "It just means that there's something out there bigger and better for you."

Her mother financially assisted her for one semester of college, but she continued onward in obtaining multiple degrees. She achieved a Bachelor's of Science degree from Emporia State, Master's of Education and Administration degree from the University of Nebraska at Omaha and finally her Master's of Counseling degree from Creighton.

"Don't worry, I'm not going back to school," said Kirksey.

Obtaining degrees wasn't the final step for Kirksey, by any means. Kirksey believes that earning each of them was a step toward doing something even greater.

"There's always something else I gotta do, so then I move onto something else," she said. "So yeah, when I really accomplish something, I'm like 'yeah that was cool', but then by [that] time, I'm already moving onto something else... There's always something that I have to do."

Despite her extensive resume, she has inevitably endured obstacles along the way to high achievement which (in some instances) prohibited her from pursuing other endeavors.

"I don't think to myself 'I didn't it get necessarily because I [am] a woman or black'. I just always believe there's something else more for me, it just was not my opportunity at that time," she said. "If you truly know you've done your best and it didn't work out for you, hold your head up and do something else."

As a woman, who is also of an ethnic minority, Kirksey feels that she has to work harder than anybody else. "There's already a glass ceiling for women, but for black women there's already a glass ceiling too, so I'm never expecting to get anything easy," she said.

Kirksey notes the influences of three former professors that she learned an important life lesson from. "When I went to college, I had three black professors that influenced me to work harder and just to do it," Kirksey said. "Two of them were in my sorority. I was not in that sorority at the time, I became their sorority sister later on.. they just showed me

that regardless of what's going on."

She identified with those three professors very early. What she learned from them, she extends to young women she has the opportunity to influence today.

Her most important piece of advice: find a balance.

"When you do helping jobs, anybody that's a doctor or anybody that's a nurse or anybody that does anything with education or social service... there's a sacrifice for what you do," she said. "It's taken me some time to get it."

Kirksey embodies this piece of advice in her everyday life.

"The perception is that I don't have a life," she said. "I think, in some aspects, I have sacrificed my home or my family life for my job... I'm having a better balance now."

All of Kirksey's accomplishments and life lessons derive from one central concept. "I do believe that if you work hard, you're gonna get it," she said.

For Kirksey's journey to success, she found herself broadening her horizons and constantly learning, which is another piece of advice she gives young women. "Work very hard, but then also, too, expand yourself," she said. In the same breath, Kirksey wants young women to, again, find a balance so that they do not find themselves overwhelmed in all that they do.



## EQUAL PAY?

**BY CHOTEAU KAMMEL**  
staff writer

The often cited stat that women make seventy seven cents for every one dollar a man makes is thrown around like concrete fact by many on the left, and is portrayed as an example of an ever-widening pay gap. This fallacy plays on emotion rather than factual logic and it must be ascertained once and for all that there is no widening pay gap, if it even exists, between men and women.

Prior to assessing the actual numbers involved in factoring the mean incomes of the sexes, it must first be established that no rational person could morally argue that men and women's pay should be based upon their gender. There are a plethora of factors that go into what an individual makes, including education status, liabilities such as student debt, spending habits, charitable giving, employment and hours worked.

In the study *Graduating to a Pay Gap*, done by the American Association of University Women (AAUW), all contributing factors to an individual's pay were controlled, meaning that the college degrees, occupations and length of employment of those involved were the same. The study found that with those factors standardized, the difference in pay between men and women was only \$0.066. On whether or not that minute difference is due to workplace discrimination, AAUW spokesperson Lisa Maatz said, "We are still trying to figure that out."

This contradictory result to the commonly announced twenty-three cent pay gap, obtained when the majority of relevant factors are controlled, demonstrates that the perceived gap is much smaller than is regularly stated, and in fact is so negligible the AAUW cannot even solidly attribute it to gender discrimination, regardless of how badly they want to.

In 2009, the U.S. Department of Labor released a study that came to the conclusion that any existing pay gap was due

largely in part to varying choices men and women make with their money. One such choice is that of whether to save or spend.

According to the Huffington Post's "Men vs. Women: Who's Saving and Who's Spending," 60% of men have more in their savings than they do in owed liabilities while only 49% of women have more savings than debt. The article also showed that 70% of men are willing to take risks for greater financial gain but only 49% of women will do the same.

Another contributing factor to the difference in men and women's median incomes is that of college education. One of the most common fields of study for women is that of social sciences. Very few social science degrees are in high paying areas of study. Men on the other hand are more likely to enter fields such as international business, the sciences or engineering.

This begs the point that women are actively discriminated against when they enter male majority fields such as



# IN THE MEDIA

BY NATALIE NEPPER

executive editor

Turn on the television, pass a billboard on the side of the road, simply look at any magazine cover scattering the racks in grocery stores. Beautiful women with perfectly styled hair, perfect smiles, perfect skin... this "perfect" woman is not anything but digitally altered, professionally primped, primed and plucked. The women often seen in the media are not anything but clay: molded and sculpted in to an unrealistic female with standards impossible to reach.

At one point in time, the ideal woman was a size six.

Now, in an era of Photoshop and image modifying, the ideal woman has been chopped to a third of that. With the idyllic lighting and proper computer programs, the women ready-made in our magazines and pasted onto print ads and billboards are simply skinnier, prettier and more sellable than in the past.

And yet, with every layer of makeup and every possible filter added, women whom are key figures on the screen are still trivialized, bullied and shamed for their appearances. Nobody wins.

In 2011, a full-length documentary filmed titled "Miss Representation" was released, exposing the limits for women in the media- one that convinces females that their value lies in their appearance rather than their ability.

Newsmagazine "Politico" wrote a review of "Miss Representation" in 2013, noting that "the film's message is unequivocal: The mainstream media (sometimes subtly, sometimes explicitly) has a double standard for women leaders..."

The film addressed the ridiculous gap between women and men in power. "While women have made great strides in leadership over the past few decades, the United States is still 90th in the world for women in national legislatures, women hold only 3% of clout positions in mainstream media and 65% of women and girls have disordered eat-

ing behaviors," their website, [therepresentationproject.org](http://therepresentationproject.org), explained.

But despite this documentary's call to action, there is still a long way to go for women in the media. The appearance of news anchors on local television is consistently criticized. Studies have found that while female anchors dressed in revealing clothing earn more ratings, the viewers retain less of the information than if the anchor is dressed in plain, modest clothing.

And women who run for office? They are put in an even more difficult situation. Reports about politicians' appearances can make the women running seem incompetent, incapable or less qualified to have a position of power.

Hillary Clinton has been especially scrutinized in the media for more than 20 years. Jokes made about her usage of scrunchies to pull her hair back, or whether or not she is wearing glasses in interviews drag out to this day. In her statement in CNN against the ridicule, she responds, "If I want to wear my glasses, I'm wearing my glasses. If I want to wear my hair back I'm pulling my hair back. You know at some point it's just not something that deserves a lot of time and attention."

And now, the gossip surrounding the looks of women in power positions seems to be particularly driven by the media. Democratic pollster Celinda Lake comments, "I haven't heard anyone mention her hair or her makeup for probably a decade. It's not the voting driving this at all. They could care less. It is reporters. It is both male and female reporters."

It seems as though reporters are simply pushing for a story, desperate for a juicy gossip column.

Hopefully, the ever-growing community of feminists and the push for female empowerment in the media will make a positive change for news anchors, politicians and any woman altered or ridiculed on screen. Until then, refrain from buying magazines of digitally edited women, supporting journalists whose idea of a story is based on belittling appearance, or judging any female based off of looks rather than ability.

VIOLA MADAU Contributing Cartoonist



## INDIA'S WOMEN

BY KELSEY THOMAS

executive editor

In India, a woman's role is far different than what is expected of a female in America.

Ashutosh Kumar, a science teacher, is a native from India and is very familiar with the situation in both countries.

Kumar and his wife have been living in America for the past decade.

The two primarily traveled to the United States for educational opportunities; Kumar wanted to pursue his third Masters degree, and his wife intended to receive her Masters in business administration.

Before he moved, Kumar spent his entire life in India. He is from a middle class family in the northern region of the country, which he calls "not as developed" as the southern region. His father is a retired teacher, and there are six children including Kumar.

Though they were middle class, his father was able to send all of the kids to school.

The differences between educational and job opportunities for women depends greatly on the region in which they live. It also depends on the religion to which they adhere.

"India is a very religious country. There are Sikhs, Muslims, Hindu[s], and they all have different living styles, and different ways of looking at women," Kumar said.

Some religions are more strict, veiling women and keeping them out of sight. In others, women regularly work in the business world and have independence.

To Kumar, it is important to "empower women." But this is not always possible, especially in the region where he is from.

In south India, there are many more opportunities for

women. There are larger cities and more urbanized areas, so there are more job opportunities. In the north, where Kumar is from, there are less resources to go around. Thus, more chances for advancement go to men rather than women.

"South India, literacy is about 100 percent. At least everyone finishes high school, and most go to undergraduate school. But I am from north India, and it is not as developed. East India is even worse, [there's] less resources, status of the states and not as much income," Kumar said.

Because of this, the few schools that a region has is more and more competitive.

Spots in private schools go to men more often than women, and women are less educated.

"In my case, my father had enough money to send my sisters to school. But in some families, girls graduate from high school... Basically around age 22, 23, or 24 it's 'let's start looking for marriage,'" Kumar said.

Arranged marriage is very common in India.

"Maybe five percent of marriages are love marriages," Kumar said.

Along with this change comes a change in attitude towards marriage. Looking at the numbers, there are far fewer divorces. In fact, the divorce rate in India is near one percent.

"But you can't measure people's happiness, you know. There's no formula... No 'F' equals 'm times a'," he said, incorporating his knowledge as a physics teacher.

To Kumar, it is important to continue to fight for women's advancement. He says that the first teachers of children are their parents, and kids spend especially a lot of time with their mothers.

By educating women, the next generation of people will become more educated too.

science. Although personal bias certainly can be a factor to some extent, once more it comes down to choices. According to Linda Basch, the president of the National Council for Research on Women (NCRW), "Research has shown that women tend to gravitate towards fields of studies and career paths where they can have a positive social impact and work with others, often collaboratively. This is why you see so many women in the fields of healthcare and education. When women do gravitate toward the sciences, it is usually the life sciences."

Women's tendency to enter these fields where they can see a positive social impact is due to a higher amount of the hormone oxytocin which deals with the compassionate traits of a willingness to help and nurture others.

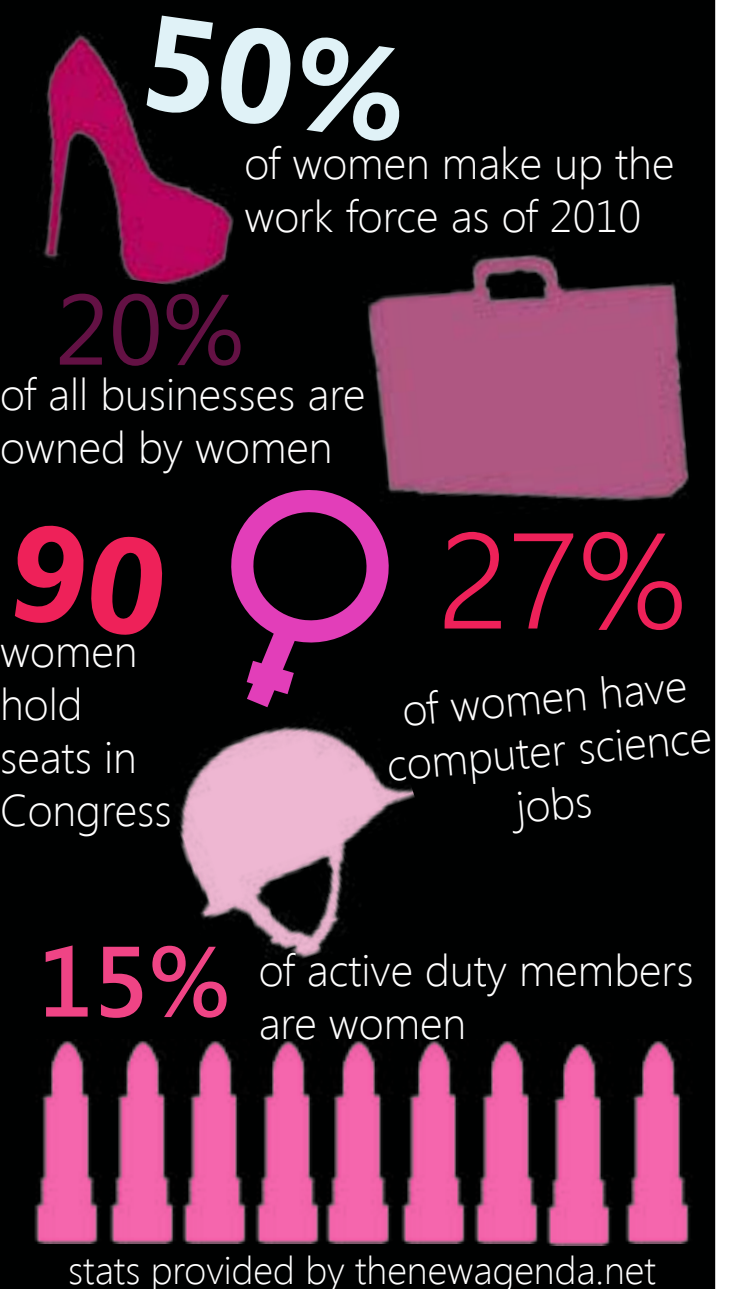
This is not a social construction; it is scientific fact. Of course there will always be outliers to this, just as not all men have heightened protective instincts, but at some point the left and all the proponents of a supposed pay gap must accept that anatomical and biological differences in men and

women's make up are a large part of why they do what they do. Study after study has shown that women do exceptionally well in the fields of technology and engineering, but usually their interests lie in other areas.

If the pay gap was truly the twenty-three cents that the media loves to cite as a rock hard fact, business savvy employers would simply fire all their male employees in order to cut employee expenditures, hire females, and in doing so increase revenue.

Now of course the facts behind the difference, albeit small, in men and women's pay will ruffle a whole lot of feathers, especially those of birds that have become very wealthy marketing the idea of mass wage discrimination against women.

Just as Vice President Joe Biden took to the stand a few years ago wearing a Sebonack Golf Club polo, a country club which costs \$650,000 to join, to complain about income inequality and the evils of the "1%," celebrities like Oprah Win-



frey have profited millions from telling young women they are victims of male workplace discrimination rather than telling them to simply do what they love; embolden young women, don't patronize them.

An interesting thing to note about the same media sources, the same president and the same feminists who continually complain about there being more men in the fields of science, technology, corporate business and engineering, continually "forget" the fact that there are also more male custodians, garbage men, coal miners, occupational deaths and homeless people.

Why is it that men are only acceptable majorities if it is in thankless, dirty jobs, living on the streets or being dead? All in all, any existing pay gap between men and women is due mainly to education, occupation and spending choices and if feminists truly want to pass themselves off as fighting women's equality in all areas of life then perhaps they should advocate for more female janitors just as they push for more female CEOs.





# Typical media portrayals of sex too damaging to youth perspective

BY JULIA BIELEWICZ  
staff writer

In the past decade, it has been more and more common to see and hear about sex in the media.

With the recent adaptation of the New York Times best seller, *Fifty Shades of Grey*, sexuality in the media has been a fresh topic of discussion.

Although all ages are affected by the media and what it's saying, adolescents in particular are affected negatively because it is happening during a time in which gender roles and sexual behaviors are being established.

According to research done by the Planned Parenthood federation in 2000, on average teenagers see 143 occurrences of sexual behavior on the television.

Considering that was more than a decade ago, there is no doubt more sex in the media now since it is a much less taboo thing.

It's understandable that not all teens are affected by this, but it is a very influential time period in which their actions are widely controlled by what they see and hear.

A study conducted by the Kaiser Family Foundation showed that more than 80% of teens reported that their peers find out some or a lot of information about sex, violence and drugs from television shows, movies and other entertainment sources. A shocking 10% acknowledged that they had learned more about AIDS from the media rather than parents, friends, school and other sources.

There are several theories and experiments that have been carried out to explain the effects of media on the behavior of teenagers.

They all center on the same concept, that more exposure

to sexuality on the TV, internet or other sources leads to the acceptance of the same values, beliefs, and behaviors that are portrayed on that certain type of media.

In most cases, and several different forms, sexuality portrayed in the media is unrealistic.

If there is a television show about high school students having sex, it's easy to jump to conclusions about adolescents' assumptions about sex and high school. There is an indirect form of pressure on the people who are affected.

The internet is another powerful source of media. 'Sex' is the most popular search term on the internet.

Although the internet can be a useful tool in learning about sex, this privilege is often abused.

Through the increasing amount of technology, it is becoming harder to keep kids from learning about sexuality

Behaviors induced by sexuality in the media is a concern but so are morals that adolescents are now adapting. A study done by Washington University showed that heavy exposure to sexual oriented television programs have an increased approval of pre-marital intercourse.

Teens of this generation are more likely to engage in sexual activity sooner, due to the increased representations of it while they were growing up.

Sex in the media is a rising phenomenon and topic of conversation in the U.S. The internet and social media is an obvious form of easy access to explicit content.

Television programs are just as guilty when it comes to suggestion or portrayal of sex. This generation has already shown negative effects like engaging in sex at a younger age and the continuation of teen pregnancies.

Topics and representations like these should be censored due to the actions and thoughts it is causing.

80%  
of teens learn the  
most about sex  
through watching T.V.  
and movies

3/4  
teens claim that  
media influences  
their outlook on  
sexual activity

64%  
of T.V.  
programs feature  
scenes of sexual  
behavior

# Premise of "Marriage at First Sight" detrimental to ideals of true love

BY JORDAN YOUNG  
co web editor

In light of A&E's newest reality TV show *Marriage at First Sight*, it seems like any one of Hollywood's run-of-the-mill, one star romantic comedies can become a reality for almost anybody. The show's premise is exactly what the title captures, couples getting legally married to each other after laying their eyes on each other for the first time. There is no script and no hoaky storylines (purposeful that is). Just real life people putting their futures into the hands of proclaimed experts and waiting with blindfolds on and their hands tied behind their back, literally.

As the "contestants" continue through with the "experiment," it seems painfully risky and terrifying enough. But is it worth it? Could there really be truth and advancement behind the notion that trained experts can bring two complete stran-

gers together in a life-long committed relationship?

Some experts are saying "no." According to [express.co.uk](http://express.co.uk), Harry Benson, from The Marriage Foundation think-tank, said: "It's basically got the ingredients of a dating game with a legal twist on the end."

"Marriages work not because people match themselves up terribly well in the first place, the dating agencies have been playing that game for years. The secret to marriage is about being other-centred not about being well-matched," Benson said.

However, for two out of the three couples from the first season, that's the lesson they learned. Although they all agreed to put a ring on it first, over the course of the season the successful couples seemed to have what it took to be a successful couple: the willingness to work at their marriage, to communicate with each other and get to know each other. The only standing factor that was different about these couples was

that getting to know one another came after the commitment. That still cannot officially prove the show as a success and something that singles should begin looking for as an option to find love and long lasting happiness. In a way the show even degrades the institution of marriage because of the fact that couples can essentially "opt-out" if things aren't working, but the shows experts say otherwise.

According to The Huffington Post, Spiritual advisor Gregg Epstein said, "Millions are getting divorced. We're already making a mess of marriages we're choosing for ourselves." The message they are sending through the show regardless isn't necessarily a good one. Past the shock factor and the overall craziness of the show, what it really ends up displaying is the idealized American view on marriage and love and our willingness to do anything and everything to hold that within our grasps, for better or for worse.

BY MAYA DURFEE O'BRIEN  
co web editor

We're all familiar with them. Those parents that just can't seem to let anything go. They're always there for their children, a seemingly good thing, but these helicopter parents are proving that hovering over your kids makes them less independent and less mature.

Recently there was a party that occurred in Millard. More than 50 minors were cited with MIPs. One of the mothers of a cited student told news stations, the Omaha World-Herald and other organizations of high authority about her son's mistreatment by the police. The mother, Angela Janke even wrote a letter to Mayor Jean Stothert, creating a bigger deal out of a situation that happens all the time.

According to the Omaha World Herald, "Janke wrote that she was disappointed with what she said were the actions of the police officers who ticketed about 70 minors at a party of 100 people in Millard on March 7. She asked the mayor to apologize for 'the unethical behavior of those police officers.'"

Sure getting an MIP is not something that anyone wants to have on their record, but there are ways to go about parenting where you can still support your child without going to the extreme of writing a letter to people of high authority.

Police are supposed to do their job and that's all they were doing. They probably were called over to the house that had quite a few minors, and they only did what they were supposed to do. They breathalyzed the kids to see if they had been drinking alcohol or not because as well all know it's against the law to drink under the age of 21. Of course these kids could've chosen to not partake in the breathlizing, but it just goes back to the whole principle of the thing. Everyone at some point is going to get into a situation similar to that. One can either comply with the practices they are trying to put across and implement, and others don't have to. The point is this mom

# under close WATCH

THE INCREASE IN  
PARENTS OVERLY CONCERNED WITH  
THEIR CHILD'S LIVES  
PROVES HARMFUL  
TO DEVELOPMENT OF YOUTH

who decided it was her job to make sure her son got BETTER treatment than the other 40 plus kids that were breathalyzed, making fairness unattainable.

Parents who behave like this only make it harder for their kids to adapt to life in the real world. If someone had their mom looking out for them after everything they did, telling them what they can and can't do, and just bailing them out all the time they would probably not know how to handle living on their own. Part of being a teenager is distance oneself from one's parents. With parents that hover over their children it makes it a more difficult task. That being said, it can be tough for the parents too; they finally realize their kid isn't a baby anymore and that they are capable of making their own

choices. Needless to say it's an important aspect of any adolescent's life. There is a strong need and desire to just go out into the world and explore.

Now, that doesn't mean that parents will be left in the dust. In a good, healthy, non suffocating parent-child relationship, the child would be okay with hanging out with their parents. Which is why it's so important to note that even if one feels like they need help from a parent, more often than not they can figure out the problem by themselves.

As far as MIPs are concerned they're not the worst thing in the world. So parents need to stop hovering and start letting their kids live. It's okay if they make mistakes. Just being there for them when they need their parent's guidance is the correct thing to do.



# Oklahoma University should enforce a more respectful attitude

CONTINUED FROM 'SAE' ON PAGE 8

expelling the two boys primarily shown in the video, and closed down the fraternity. Of course this discipline was just, but it simply was not enough.

After the video received national attention, alumni members of SAE chapters outside of the college and around the country stepped forward, claiming that their chapter had chanted similar songs.

It is clear that this issue spreads far beyond the two boys that were expelled in the SAE chapter at the University of Oklahoma. The two boys expelled were the only ones that could be discerned in the video, thus it was impossible to tell whether or not certain

students were involved.

The course of action taken by the university should be a movement, rather than solely disciplinary action. Expulsions and fraternity closings do not rid the world of racism, though it is a fitting punishment. The University of Oklahoma should begin awareness groups, and aim to foster attitudes of respect from white people not only to African-Americans, but all other races and religions.

This is not to say that racist, intolerant people should be dealt with gently or gracefully. At no time should the University, or anyone else attempt to reason with those who have opinions based only on hatred and faulty logic. There is no intelligent ar-

guing that can take place with these groups of people, one's time should not be wasted on them.

Instead, those who have outdated and simply false opinions should be made to feel that if they continue their harmful beliefs, they have disconnected themselves from the modern world. They have made a conscious decision to choose to be morally incorrect, and that sort of behavior will not be tolerated anymore.

Undoubtedly, the university President made the right choice in expelling the students and shutting down the fraternity. Still, more action needs to be taken. Racism won't be extinguished from mere disciplinary actions, a wake of change in mentality of college students and people across America must also occur.

## #Blackout not racist, meant as a peaceful, inclusive movement

CONTINUED FROM '#BLACKOUT' ON PAGE 8

cans from joining in. In fact, it was greatly appreciated when someone that was not African American participated because it signified the desired tranquility.

It would be false to say that the entire day was an African American involved event only. Users from the U.K., Australia, and Canada joined in support of the current events in the U.S, regarding ethnic tension.

Futuristically speaking, there will be another #BlackOut day in April, but no date has been announced. Seeing how generosity and acceptance overcame ostracism and cyberbullying, was the second most important outcome of #BlackOut.

Today, there is a significant pressure, in any sense, to look, dress, act and think in a certain way, but #BlackOut changed that momentarily.

If more people focused on the true nature of the movement then they would be able to see that. Counteractive groups, like #WhiteOut, were too caught up in a close minded perspective. This disabled them, seeing how they became the perpetrators of negative online social interactions.

In no way was #BlackOut intended to persuade black superiority, yet they decided to push white superiority anyway. One would imagine that if a group of people deeply felt superior, they would not indulge in a counteractive movement that would only fuel the participants of #BlackOut into pursuing ethnic equality and tranquility between people.

Subsequently, the thoughts and efforts of those who joined counteractive groups are part of the reason why #BlackOut was created primarily.

There wouldn't be a need to remind people of how beautiful they are in their own skin if they hadn't made them feel inferior in the first place. The "Black Tumblr" population would be non-existent because no one would have been oppressed.

This isn't directed towards the #WhiteOut group solely, but to anyone who has historically or presently contributed to enforcing a negative regard of African American people and their culture. It's beyond being acceptant of all backgrounds and origins. It's a matter of respect and common sense.

Aside from the negativity, it was surreal to log on to Tumblr and see a surge of love and appreciation. In a time of adversity fueled by getting to the root of things like police brutality, it was absolutely beautiful. It's not often that one can log on to a social media network and be surrounded by positive criticism and admiration of others for something other than materialistic items or fame.

It's silly to think that anyone would negatively regard the movement.

The success of the movement was inspiring, so inspiring it spread to other sources of social media, despite that it was a Tumblr initiated event. Many took to Twitter and Instagram to express their appreciation and favor of #BlackOut's purpose.

Many of the people who participated in #BlackOut were supporters of Michael Brown's death and the #BlackLivesMatter trend that still has a strong presence in the media.

Celebrities like Zendaya Coleman, KeKe Palmer and Justine Skye (who got her fame as an artist from Tumblr supporters) gladly joined the movement.

Before the movement, a community who strongly opposed the government in current events regarding Michael Brown and Trayvon Martin, was formed. They call themselves "Black Tumblr." The #BlackOut movement resulted in an even larger Black Tumblr community.

There is no application or qualifications to join this community. They all share one common interest— noting, admiring and teaching African history as well as supporting its culture globally in a modern aspect.

These are the group of people who will help others become more culturally open minded and understanding which is what today's society, no matter where someone is from, needs. The prospects are high for global cultural appreciation, and it starts with movements like #BlackOut.

## Senior pictures: the downside of graduation

Senior year is full of traditions: graduation parties, college visits, and many more. But to many students, these processes are more of an obligations, rather than enjoyable events signifying the end of their high school career.

One of the oldest traditions for high school seniors is taking senior pictures.

Senior pictures are supposed to capture teenagers at an important point in their lives, in the moment where they are transitioning from a child to an adult. While these pictures are important to many students and their families, many businesses take advantage of people's emotions and nostalgia, using them only to make a profit.

One studio in Omaha takes extra measures to make parents feel more comfortable, leading people into a room furnished to look like someone's home.

They are directed to sit on the couch and look at the screen ahead, where they will soon see their child's senior pictures. An employee hands the parents a box of tissues "just in case," and emotional, lyrical music begins to play. Minutes later, the screen fades to black, the lights come on, and parents are ushered to a counter to buy photos.

As their child is about to graduate from high school and leave the nest, parents are in an extremely vulnerable emotional state. Many photography studios take advantage of this, and manipulate parents into buying far more pictures than they may have initially intended.

Photography studios also attempt to take advantage of students' emotions, particularly the emotions of girls. Businesses call the teenagers, and congratulate them for being "selected" to be a senior representative.

They stress how much of an honor it is to be voted as a representative, as only a handful of girls are selected each year to have the opportunity.

Over the phone, all that is mentioned is a chance to be photographed and put on the brochure that will be sent to their family members and peers.

The girls are pressured into scheduling an appointment with the studio to "go over outfits and poses." "You should really get here as soon as possible," they say, "we're filling up fast, and we wouldn't want you to miss this opportunity."

I was one of the likely dozens of girls called at Central and congratulated for being "voted" a representative. I scheduled

my appointment, knowing what lay ahead. I had no intentions of actually taking photos with the studio, but I wanted to see first-hand the manipulative scheme that I had heard about from generations of girls past. I walked into the studio, a few minutes before my appointment.

A girl walked out of a room, her father following behind. "I'll be with you in a moment," the employee said to me. I watched a girl and her father leave the office in silence, with that recognizable look of sticker-shock on their faces.

Eventually it was my turn. The woman took me on a tour through the studio, telling me which outfits to wear for each scene.

Soon enough, it became clear that this "personalized appointment" was really a memorized speech, complete with Taylor Swift anecdotes and half-willed attempts at relating to teenage clients.

Later I was given a packet with price matrixes and packages.

Like they had done when scheduling my appointment, I was rushed to decide a date to photograph my senior pictures.

The studio took advantage of mine and other girls' self-confidence by first contacting us and making us feel special for being "voted" onto a widely-distributed brochure. Truthfully, whoever is willing to pay the money will get a chance to be on the pamphlet. They lure girls in to the studio without speaking of prices, but first scheduling an appointment, then handing us the available pricing options.

Moreover, the prices for professional senior photos are exorbitant at many studios. Twenty or thirty years ago, they may have been able to get away with this. But today, there are many reasons that seniors should save money on their pictures. Dozens of high quality studios are now open in Omaha, and many provide reasonable prices.

There is no reason that someone should go to a big name studio, such as Arnold Clark or Deyo's, simply because of their reputation. Moreover, it has become easier and easier for seniors or their families to take quality pictures themselves.

It's unfortunate that taking senior pictures has transformed from a way to commemorate one's high school career, to a way for businesses to make profits off of families.

If students and their parents became more aware of the options open to them, many studios in Omaha would find themselves out of businesses.



KELSEY THOMAS  
WE'RE GETTING THERE

capitol  
Letters

ARE YOU A YOUNG  
WRITER, ARTIST OR POET?

DO YOU WANT TO BE  
PUBLISHED IN A NEW STUDENT-RUN MAGAZINE?

IF SO, CONTACT AND SEND SUBMISSIONS TO  
capitollettersmagazine@gmail.com



# EQUALITY FOR ALL

NEBRASKA'S SUPREME COURT RULES TO ALLOW SAME-SEX MARRIAGE BUT SEVERAL OFFICIALS OBJECT & URGE APPEAL

BY TRENAY NEWSOME  
staff writer

To be able to conform to change one must be able to break and rebuild their self. Oftentimes, it seems that the citizens of Nebraska lack this talent. Though time may pass, Neb. cannot bring itself to change.

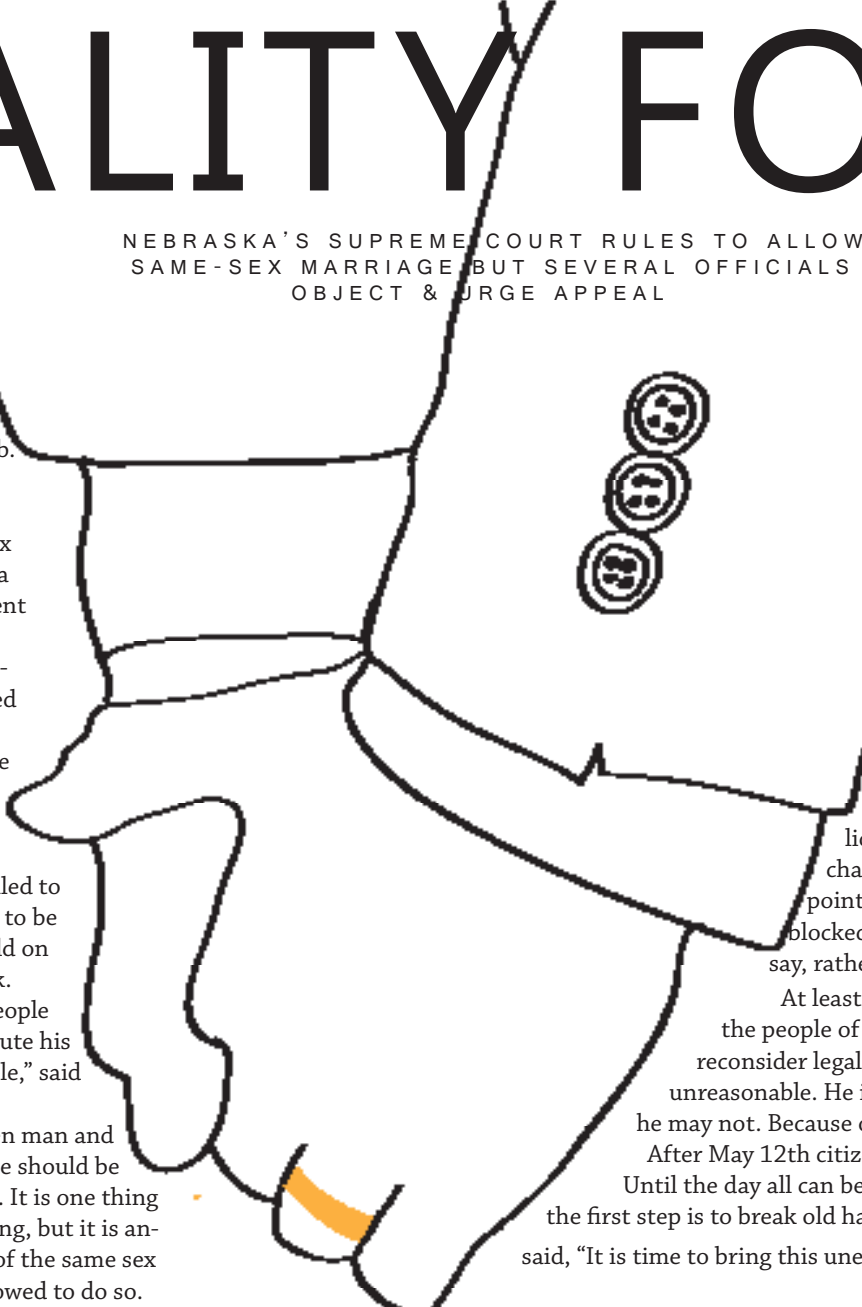
Since 2000, there has been a legal ban on same-sex marriage in the state. This ban prohibits same-sex marriage and civil unions, but it is still legal to be in a domestic partnership. Many years ago, seventy percent of Nebraskans voted for the ban. The ban also means that same-sex couples miss out on medical and financial benefits that are available to heterosexual married couples.

On Mar. 2, the ban was blocked by District Judge Joseph Bataillon, which would allow marriage for everyone. Once the ban was blocked it would not go into effect for a week.

Soon enough, the attorney general's office appealed to the 8th U.S. Circuit Court of Appeal, wanting the bill to be rejected. The hearing for the same-sex ban will be held on May 12, as well as similar cases in S.D., Miss. and Ark.

"The definition of marriage is an issue for the people of Nebraska, and an activist judge should not substitute his personal political preferences for the will of the people," said Gov. Pete Ricketts.

In Neb., marriage is defined as the union between man and women. This mindset is illogical and incorrect; no one should be able to determine who can and cannot love someone. It is one thing to govern in the interest of citizens and their wellbeing, but it is another to restrict their desires and feelings. If people of the same sex want to be together for a lifetime, they should be allowed to do so.



Since the beginning of the millennium, divorce rates have been at their highest. Why? People get married because they don't want to be together or may not want to try hard enough to stay together. Would same-sex couples divorce rates be as high if they were allowed to marry? It is possible that the answer is no, because they've found the one who they love, and then stayed together through discrimination and difficulty. This is something difficult for anyone to overcome.

In this situation, the people of this state seem like a bully, and same-sex couples are the targets. Maybe the people and the government should focus on bigger issues - such as lowering crime rates and improving the economy. Determining the happiness of others should not be an issue for the government to handle.

But everything can't be blamed on the general public alone, because the leaders chosen are also unable to see change in the future. Gov. Ricketts voiced his negative viewpoint concerning same-sex marriage in the same day the ban was blocked. He thought that Nebraskan citizens should have the final say, rather than an "activist judge," as he called it.

At least Batallion is being a logical person and trying to convince the people of Nebraska that it is time to look at the bigger issue, and reconsider legalizing gay marriage. As for Ricketts, he is being irrational and unreasonable. He is unwilling to consider that the people want change, though he may not. Because of him, the state is going down a dark path.

After May 12th citizens of Neb. will see if change will come. Until the day all can be equal Neb. has failed as a state. In order for Neb. to change the first step is to break old habits and see the world from a new perspective. As Batallion said, "It is time to bring this unequal provision to end."

## Annual U.S war exercises should continue due to North Korea's illogicality

BY CHOTEAU KAMMEL  
staff writer

Most people can remember from their childhood the kids, who when they didn't get their way in a game of kickball or other playground activity, simply took the ball and left. They stomped off like the angry little child that they were. In the world, countries have their own share of the angry little children among them. Chief of these being North Korea, or as they prefer to be called, the Democratic People's Republic of Korea.

Amongst other times, North Korea becomes particularly whiny when the United States conducts military exercises with its allies in the South. Regardless of the petty threats and tantrums Mr. Un may throw, these drills are a powerful signal to the North and its allies that any act of aggression towards South Korea would meet with swift and strategic action on the part of the United States.

March 2 through April 24, the United States began its annual war games exercises with South Korea. To coincide with this, the North regularly renews its pledges to destroy America and makes various threats regarding its budding nuclear program. In further shows of displeasure, North Korea even launches some of its own domestically produced missiles into the ocean, in the hopes that the United States will be cowed into submission.

The North makes the claim that these war games are offensive in nature, and has even gone so far as to say that it is only prelude for a preemptive nuclear strike against their homeland. This complaint reeks of hypocrisy as the North conducts its own military drills, many of which involve actual infiltrations of the South via tunnels that have been discovered under the Demilitarized Zone and even using midget submarines to sneak in using the water ways.

The United States and South Korean joint exercises are de-



signed to simulate

coordinated action if the North was ever to begin full offensive operations against its southern neighbors. Therefore, the first steps to be taken if an act of war ensued on the Korean Peninsula, the first moves made by the U.S. and South Korean forces would be to shield the rest of the south from further attack, and then begin offensive movements.

In the past, the military drills have been postponed in a sort of appeasement towards the North during negotiations

ness rapid rate, tious and the U.S. and scheduled so as to project power into that tense region of the world.

involving its nuclear program. That mindset however, has changed in recent years as the North has continued to press on with its acquisition of more radioactive material.

North Korea has also used the joint exercises as a political tool, to use its heavily censored state run media to paint the U.S. and the South as imperialist aggressors. This helps them justify their further expansion of the military and continual missile test launches that coincide with the South Korean war games.

Throughout this entire process, there has been one consistent wild card. Kim Jong Un, North Korea's hereditary ruler, has followed in his father's footsteps in actions only. He

makes bigger threats, more denunciations about the West and makes bolder claims to North Korea's sovereignty over the South.

All in all, with the boldness of North Korea continuing at a rapid rate, and being led by a young, ambitious and unpredictable ruler, it is imperative that South Korean military war games go on as scheduled so as to project power into that tense region of the world.

IMANI BROWN | Contributing Cartoonist

WANT TO SEE MORE OF **the register?**  
check out: <http://omahacentralregister.com>



# War on terror should be fought on two fronts: battlefield, media

BY ALEC ROME

staff writer

The war against terror in the Middle East has become even more of a world issue. With the emergence of ISIS in recent months, the entire world view on terrorism has been changed because of the way ISIS carries themselves as an organization. Many have volunteered to assist in the fight with or against ISIS. This has created even more publicity, with stories being released left and right about the heroes on “the front lines.” However, a select few have found a completely different perspective when the cameras are not there. One story reported on The Daily Beast reported on an anti-ISIS American fighter named Patrick that described a completely different perspective.

Poor conditions and bad treatment have been claimed by some, while others seem to be captured in a more heroic light. This seems to be a war that doesn’t have as much information given to the public as expected. With the threat growing, it is vital to know the dangers that volunteers fighting ISIS have, and the dangers that those fighting with ISIS present to the United States and the globe.

The news media has gobbled up these stories about veterans and other Americans choosing to fight against ISIS or with ISIS. What the public does know is that ISIS has been able to lure Westerners into fighting with the group along with various Americans (around 100) who have joined the fight, and are appearing to be on the front lines. A U.S. intelligence official claimed that “once an American arrives in this no man’s land, our ability to track them clearly diminishes.” Many stories have been published supporting the heroic stories of those fighting with the Kurds, along with the contrasting stories as

to the treatment of these volunteers.

Patrick talked about the lack of combat on the ground, poor conditions and a great amount of “grooming” that took place when media outlets came to report. According to the fighter, they “were given food, we were given tea, and everyone shook our hands, and everyone treated us very well, but progressively we were more restricted, we were locked down.” It continually got worse for Patrick. “Our movement was limited, and week by week we found ourselves in something more akin to a prison.”

Patrick also stated that he played a completely different role than the one he expected and wanted. “My expectation coming into the country was that I would have opportunities to fight ISIS. In cooperating with the YPG we soon found out they did not ever intend for us to be on the frontline and engage in combat against ISIS.” These statements led some to believe that the imagery that has been associated with these fighters is all for publicity.

NBC News also came out with a report about these American fighters that was severely different. Jeremy Woodward was another one of these fighters that described the Kurds as “the type of people that would give you their shirt off of their backs if you had nothing at all, it’s just a shame that they don’t have all the support that they deserve.” It seems as if once again we have another form of contrasting stories, and with a war being fought thousands of miles away, it would be incredibly difficult to find the truth.

If the story about the terrible conditions is true, then not only is the situation purely for media publicity, but also they are under utilizing resources to defeat ISIS. However, if the NBC News report is correct, then it is good to see that people

are willing to assist in an important fight with an organization that has the potential to do evil. More assistance, in the form of soldiers or aid, would benefit the Kurd forces and the American volunteers.

Even more unsettling is the fact that many Westerners (around 3,400) have joined in the fight with ISIS, which begs the question as to how they are able to accomplish such a feat. ISIS has almost become cult-like, and has resorted to mass propaganda along with preying on youth.

One of the biggest factors to ISIS’ big Western following is the use of social media to reach a widespread following. In fact, 90,000 tweets a day of ISIS propaganda are posted on Twitter, which attributes to the incredibly sophisticated machine that the terrorist group has become.

Certain people underestimate the impact of Americans joining the fight with ISIS, but in war, numbers mean a great deal.

More education is vital in battling against the mainstream messaging that has never been seen in a terrorist group like this, and being able to combat the youth from joining ISIS should become a focal point in a battle against media that has been successful.

Overall, this newfound war against terror now needs to be fought on two fronts: on the battlefield and in the media. This organization has potential, especially with the sophistication of its propaganda, and the recent success it has had in recruitment. Volunteers have played and will continue to play a role, and they need to be used in order to defeat ISIS. Countries definitely need to put issues aside and realize the ramifications of ISIS continuing to grow.

# Scanning fingerprints for groceries in Venezuela immoral

BY SAN JUANA PARAMO

staff writer

In an effort to combat shortages of basic goods, President Nicolas Maduro of Venezuela has implemented the installment of 20,000 digital fingerprint scanners in grocery stores around the country. Hoarding and smuggling are to blame for the scarcity of common household goods and foodstuffs; the scanners are an effort to stopping these activities.

The program was originally announced in 2014 by Maduro. It has been in effect in state-run grocery stores along Venezuela’s border with Colombia. Recently the president announced that seven major private grocery chains agreed to install the scanners.

Shoppers will now have a cap on the quantity of a certain product they wish to buy. The fingerprints will serve as identification to ensure that they don’t exceed their limits.

Plans have been made in which customers will be allowed to shop on certain days according to their identification numbers.

Shortages have become a notorious facet of life in Venezuela, as have long wait lines. Many of the basic foodstuffs have disappeared from grocery shelves, and the dwindling economy is not helping. Maduro blames hoarders or rather smugglers who buy items at Venezuela’s controlled prices and sell them at

a premium in Colombia.

Many Venezuelans have witnessed a positive aspect of the new policy: wait lines have decreased. Many are hopeful that the number of products being smuggled will also decrease due to the fingerprint scanners.

With the implementation of the scanners, Venezuela’s general population will be able to purchase more goods. But critics, including the Colombian government, say that this will do little to stop the current problem. Comparisons have been drawn to that of the Communist Rationing book, it is another form in which the Venezuelan government is controlling its citizens.

Protests broke out rejecting the fingerprint system, claiming that the system will lead to rationing, which the government denies. The biometric system will be used to catch those who profit from the smuggling of food.

Venezuela’s attempt to curb shortages is applaudable, but the manner in which they are doing so is not. It is creating an atmosphere of further discontent from its citizens. Instead of implementing the biometric system, the government needs to work to better the economy.

Stringent price controls and the shortage of foreign currency add to the problem, discouraging domestic production and imports. The drop in global crude oil prices has added to the severity of the problem.

Politically Maduro has suffered since he took office, many Venezuelans were expecting a change from the tough regime led by Hugo Chavez. The sad fact is that Maduro has done little to nothing to improving the country.

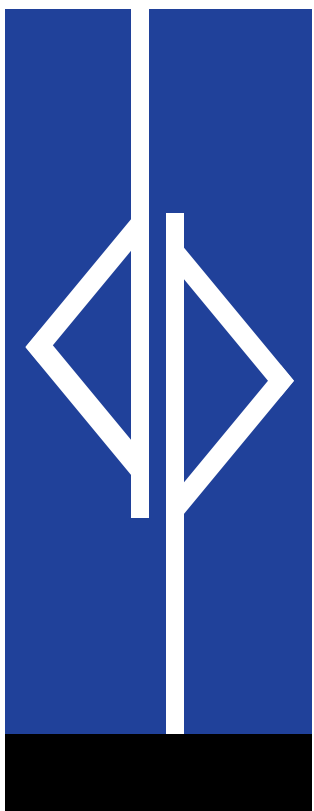
The government states that there is a silent “economic war” that is being waged by rich opponents and this is another method to stopping it. The country has lost its ability to use technology to increase oil yields.

The inability to pay for imports and price controls have worsened the economy resulting in shortages. Instead of exerting further control on its citizens, the government needs to send a message that they are nurturing business ventures. Introduce a “level-playing” field that needs to be accessible through education to all of its citizens.

In this way the well-being of a country in turmoil will improve, slowly but hopefully. The government has good intentions, but creating a system that further increases the feeling of oppression is wrong.

There are many areas in which the government needs improvement, “food rationing” in an attempt to curb “criminal’s and shortages is not one of them.

The root of the problem begins with a government that has always been corrupt. Until the government as a whole improves, only then will the country as a whole improve.



## Design Plastics Inc

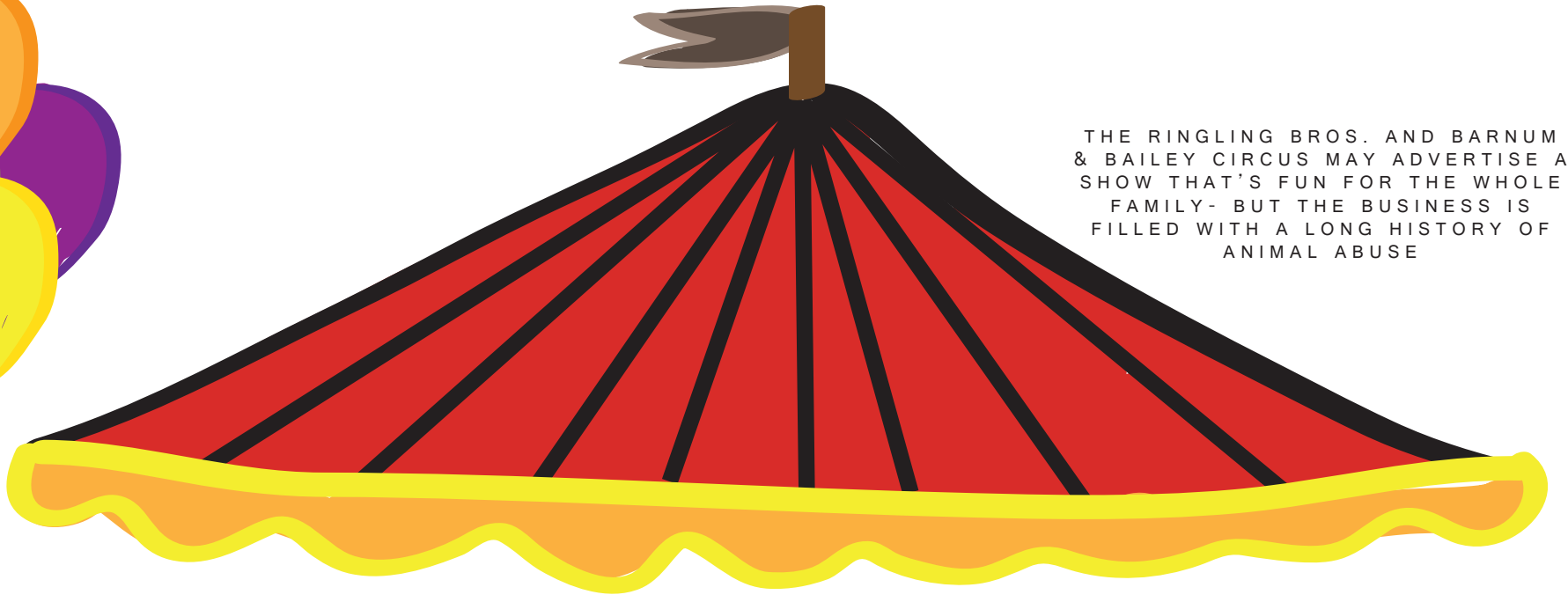
Quality Plastic Parts for Worldwide Industry

**3550 Keystone Dr  
Omaha, NE 68134-4800  
Apply in person.**

**Paid books and tuition at Metro and UNO.  
Must be 18 to apply.**

**(402) 572 - 7177**





THE RINGLING BROS. AND BARNUM & BAILEY CIRCUS MAY ADVERTISE A SHOW THAT'S FUN FOR THE WHOLE FAMILY- BUT THE BUSINESS IS FILLED WITH A LONG HISTORY OF ANIMAL ABUSE

# THE CRUELEST SHOW ON EARTH

BY NATALIE NEPPER  
executive editor

Dubbed "The Cruellest Show on Earth," by animal rights activists, The Ringling Bros. and Barnum & Bailey Circus holds a long history of abusing animals. Through torturous acts and barbaric treatment, the show has accumulated a negative reputation for their animal conduct.

The U.S. Department of Agriculture has cited several dozen serious violations of the Animal Welfare Act since 2000, including improper handling of animals and failure to provide proper medical care.

Elephants, camels, lions and tigers have all been recorded as being mildly or seriously mistreated in the hands of Ringling employees.

Recently, the circus has announced that they plan to phase out elephant performances by 2018. This news comes as a relief to every person against The Ringling Bros.' harsh conditions. But some have to ask the serious questions here. Why won't the circus consider ending elephant abuse immediately? Why haven't they decided to remove other animal performances that are just as mentally and physically draining?

In 1999, 4-year old baby elephant Benjamin drowned while trying to escape the trainer who was poking him with a bullhook. Benjamin had been removed from his mother too young, and therefore was never able to learn how to swim.

In 2004, 2-year old lion Clyde died of dehydration and heatstroke while traveling through the Mojave Desert in a poorly ventilated boxcar on a particularly hot day. The trainer

failed to check on the animal or provide him with any water during the trip.

In 2011, after a 61-year old elephant was euthanized, concerns were raised about elephant handling practices. This particular elephant and more than a dozen others were chained to concrete floors for 16 hours a day.

These are just three of the countless recorded incidents of the abuse animals in the show endure. On a daily basis they are forced to perform difficult and confusing tasks, and if they fail to follow orders, they are exposed to harsh and completely unnecessary consequences.

The circus is supposed to be a place of fun and joy for the general public to gather. The performances are expected to be positive and make lasting, meaningful impressions in children's minds. Instead, The Ringling Bros. and Barnum & Bailey Circus tortures and kills animals under inhumane circumstances.

And not only that, but many employees in the circus have been cited with criminal activity, such as possession of child pornography, sexual harassment, bank robbery

and more.

These are the people handling the animals. The Ringling Bros. and Barnum & Bailey Circus hires criminals to "care" for these captured and tortured animals in cruel environments. Over two dozen investigations have found rotting animal food contaminated with rat feces and mold, which are supposed to be maintained by employees.

If the circus seriously decides to continue performances, they should thoroughly investigate their workers and the conditions in which they contain and care for the animals.

If they truly hope to do the right thing, The Ringling Bros. and Barnum & Bailey Circus would shut down their show, admit the animals to care facilities or sanctuaries and discontinue their franchise of abuse. Animals have rights too.



## Calipari: one of the best coaches in college basketball history

BY ALEC ROME  
staff writer

The Kentucky men's basketball team had a magical run through this college basketball season, winning 38 games in a row before it all came to an end, losing in the Final Four against Wisconsin on April 4. Even with the stunning loss, there is a lot to reflect back on with the success of this year's Kentucky team.

John Calipari, the head coach of Kentucky, has been a distinct part of the season that will go down in the history books even though the end was not as what the entire team had hoped.

The game itself came down to the wire. It was tied with about two minutes left, and some controversial calls played a part along with clutch three-pointers by Wisconsin to end Kentucky's pursuit of perfection.

Kentucky was the first team to start 36-0, and now holds the record for the best start to a season of 38-0. However, for a team to lose on the way to make history, along with it being in such a dramatic and painful fashion, it is a tough obstacle to overcome. John Calipari tweeted on Sunday that "As each hour passes, I'm beginning to feel better."

He was also correct in stating, "All of us need to look at this season for what it was. This season changed college basketball," said Calipari, "Not only historic 38-0 start, but it showed that All-Americans can be selfless & servant leaders that care about others more than themselves." This has been contested due to the post-game conference comment by Andrew Harrison calling a Wisconsin player a racial slur.

He apologized for it and talked to the person he made the comment toward, but in a moment of weakness for the team it showed that the young players on Kentucky's starting lineup are not necessarily the best choice to represent the program. Kentucky has been under scrutiny for having so many one-and-done players, and the lack of upperclassmen leadership attributes to moments such as that.

Despite the scrutiny, this season has shown a constant

“ All of us need to look at this season for what it was. This season changed college basketball. ”

JOHN CALIPARI

Head Coach of Kentucky men's basketball team

with the Kentucky basketball team: one-and-done players get the job done. Calipari has been able to succeed widely on top recruiting, which is vital in creating a dynasty.

Kentucky has had so much depth in the past few years, and it seems that every year the line-up of Kentucky is completely different from the year before.

Most of Kentucky's players were All-Americans out of high school.

In fact, the amount of depth at the beginning of the season allowed Calipari to create two "platoons" of five guys that switched out every few minutes. Both "platoons" played

equally well, and it created a huge advantage over teams with eight or nine players that could not put fresh players out on the floor that frequently.

Later in the season, Kentucky lost that ability due to injuries that plagued their star players.

Most of Kentucky's players were All-Americans out of high school.

Unfortunately, the depth of Kentucky has not brought the exact amount of success that you would seem to expect from such a team.

Kentucky has had four Final Four appearances over the past five seasons. Despite that, they have only won one national championship under Calipari.

However, one cannot take away from the incredible run Kentucky had this year. In the modern era of basketball where there are so many variables, this season has shown that it can be done.

Calipari and his players have nothing to be ashamed of, and they just ran into a better team.

Calipari will go down as one of the best coaches in college basketball history, for sure. He was recently elected to the Basketball Hall of Fame.

His impact in the recruiting process has brought top-level talent along with a team that can consistently compete in the tournament and make it a long way.

Kentucky certainly is not a dynasty yet, but a few more championships could easily solidify the Wildcats' legitimacy as one of the best basketball programs ever. No team has ever gone this far, and this team has no reason not to celebrate the amazing success of a historic season.



## Government agency oversteps boundaries by regulating internet usage, deceiving Americans



**MICAH MARTIN**  
EVERYDAY'S ANOTHER  
CHANCE

On Feb. 26, the Federal Communications Commission passed a new set of net neutrality regulations, which they claim will promote an internet that is free and fair for all users. Supposedly, all that this law is going to do is prohibit providers from blocking legal sites or providing speedier service to the highest bidder, which in theory will give consumers equal access to all content on the internet. However, it is hard to believe that this is all the FCC has outlined in their over 300-page order that wasn't released until Mar. 12, two weeks after net neutrality was passed. Maybe the FCC is going to tell the public that all they are trying to do is "open the internet," but the way they are going about it is definitely overstepping boundaries.

One of the first steps the FCC took was getting the internet classified as a public utility. This may seem odd and unrelated, but that's far from the case. Now that it's classified as a public utility, the FCC has the authority to regulate it. However, the Chairman, Tom Wheeler, claims that net neutrality isn't meant to regulate, but to better the internet. If that was merely the case, why would they have the internet reclassified as something that they are able to regulate? If what they were saying was true, none of their initial groundwork would have been necessary. This makes it hard to believe that net neutrality is all about the wellbeing of the consumer, as much as it's about the government getting a hand into something that has grown an important part of the lives of the American people.

On top of this, net neutrality would fulfill promises that Obama made while campaigning for the presidency, while, at the same time, being completely removed from his agenda or influence. Wheeler, who was appointed by Obama, says that any decisions made by the FCC were without white house influence. Yet, he claims this while all three votes in favor of it were democratic and the republicans voted against it. In this instance, it's not even about the Democratic or Republican parties, it's about who's really calling the shots. Is it the members of the FCC or "peer-pressure" from the white house? This may not seem like such a big deal, but it is important because it could help to indicate the true intentions behind this proposal.

At this point in time, there is no way to know the final impacts that net neutrality will have on the internet, but it's sure to be much more than the FCC's claims. Since its birth, the internet has been allowed to grow without governmental regulations that could possibly "stunt" its growth, which is one of the reasons why it has been able to evolve into the innovative platform that it has now become. However, now that the FCC has proposed this law, that freedom will be restricted and regulated. In order to let the internet continue to grow and innovate freely, net neutrality has to be stopped, otherwise who knows what will happen.

Once the government gets a hand into the internet, they will be able to do whatever they want with it; there will be virtually nothing that the public can do to stop it. Net neutrality may seem like a "harmless" proposal that no one will really notice, but it's the first step towards governmental control of the internet. Wheeler's reasoning behind this proposal included that the internet was, "too important to let broadband providers be the ones making the rules."

If under net neutrality the companies providing internet aren't making the rules and according to what the FCC claims neither will they, then who is? It's almost as if Wheeler has admitted to something with this statement. By trying to hide the truth behind his group's proposal, he has unwillingly told it. With this proposal, the FCC is going to regulate and control the internet, which means that the government will finally have a "legal" hand in it. They won't have to secretly or illegally dip into the information that they want regarding the internet; they'll just rewrite the net neutrality order and complete their agenda under the guise of bettering the internet and protecting consumers' rights.

The FCC is in many ways counting on the blindness of the American people to get net neutrality put into place. Sure, they're going to promise that this will help consumers and that in the end it'll make the internet better, but once this rule is adopted they'll be able to whatever they want with it. The FCC may claim that net neutrality will promote a free and open internet, but providers are already saying otherwise. Some even claiming that it may hinder the expansion and upgrading of their networks across the country.

## Food waste produced by Americans destroys landscapes, takes resources from lower class

BY JULI OBERLANDER  
staff writer

Though food waste is a problem throughout the U.S and the world, the issue especially hits home for people in the Midwest.

In a country where food is the largest single source of waste, 40 percent of the U.S food supply is never consumed, according to research funded by the National Institute of Health.

Landfills are overflowing from food thrown out by schools, restaurants, stores and homes. Yet, millions of Americans don't get enough to eat each day. There is something wrong with this picture.

According to the Iowa Waste Reduction Center, there has been a 62% increase of food waste disposal in Iowa landfills from 1998 to 2011. Research from the Nebraska Department of Environmental Quality finds that food comprises 16.64% of Nebraska's municipal waste stream. It is clear that the rate which food is thrown out by citizens of the Midwest is spiraling out of control. One such advocate for Midwestern governments to spread a movement for a greener earth (and, as a result, fuller mouths), is Jack Chappelle. Chappelle is a solid waste consultant with Engineering Solutions and Designs whose job is to search through the garbage in local landfills and find out what it contains. Governments hire him and his company to do this.

The conclusion he has come to through searching landfills in places like Kansas City and Lincoln is that Midwestern cities need to encourage the initiative to keep food out of landfills, where they make up 20% of the waste, according to the U.S Environmental Protection Agency.

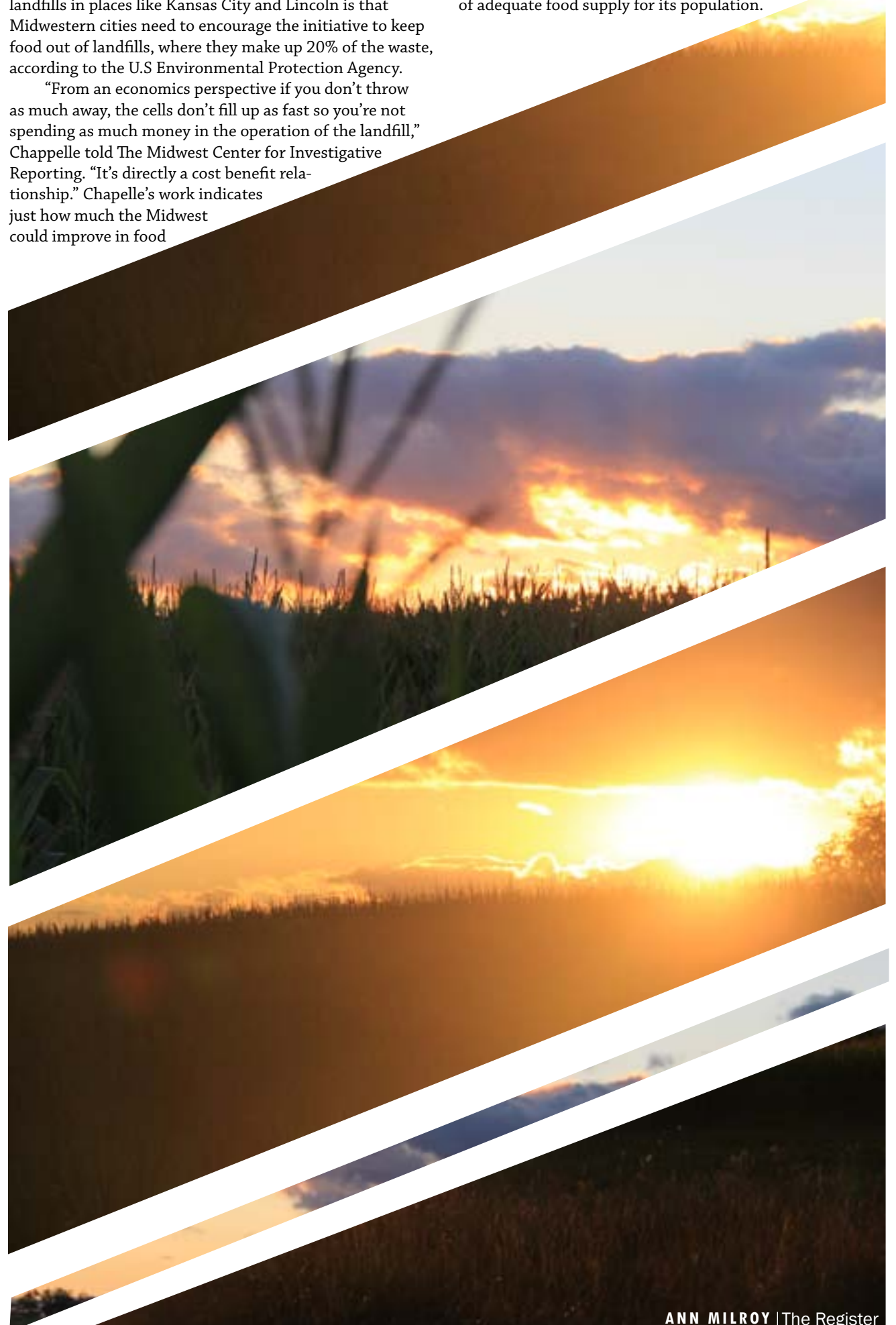
"From an economics perspective if you don't throw as much away, the cells don't fill up as fast so you're not spending as much money in the operation of the landfill," Chappelle told The Midwest Center for Investigative Reporting. "It's directly a cost benefit relationship." Chappelle's work indicates just how much the Midwest could improve in food

conservation. Forty-nine million Americans have trouble putting food on the table, according to the U.S Department of Agriculture. This problem could be countered if governments went to greater lengths to spread the message and encourage citizens to take home leftovers or finish off food before it goes bad.

Various Midwestern organizations are fighting against the trend of food waste in the Midwest and across America. Illinois State University has teamed up with Midwest Fiber to convert millions of pounds of rotten food into compost. People are being exposed to just how damaging uneaten food in landfills can be to the environment, but there is more that the leadership can do to eliminate food waste.

Everyday people should counter this issue, too. Citizens across the Midwest and America can limit their shopping lists to items they really need, avoid impulse buys and plan out their meals ahead of time. Americans should also do a better job at monitoring the age of certain food items and keep up with expiration dates.

Donating what one doesn't need is also a practical method to decrease food waste. Food kitchens will gladly accept contributions for those in need. These are only a few ways that food waste can be prevented by society. If the media, governments and people throughout the Midwest, the country and the world would work together to spread the message against ill usage of food, then the air would be cleaner, the landfills smaller, and the stomachs of millions across the globe fuller in a world in increasing need of adequate food supply for its population.





# entertainment



**ANN MILROY** | The Register  
One of Katharine Hepburn's costumes worn in "Mrs. Delafield Wants to Marry."

## INSIDE A STAR'S CLOSET

KENT STATE UNIVERSITY LENDS KATHARINE HEPBURN'S CLOTHING TO EXHIBIT AT DURHAM MUSEUM

**BY TRENAY NEWSOME**  
staff writer

The Durham, home to many artifacts important to history, features exhibits ranging from costumes to trains and airplanes, to life in the Midwest. On Feb. 7 a new exhibit was brought to town, the Katharine Hepburn exhibit.

Katharine Hepburn was an American actress who starred in many movies over the course of her life span (1907-2003). The exhibit was modeled after her because, according to The Durham Museum's website, "she challenged the norms of the day, taking control of her image and identity by establishing a unique sense of style that continues to resonate today." Although it may appear that the exhibit is exclusively about the life and history

of the actress, the exhibit features many costumes she wore.

Therefore, explaining why the exhibit is called "Dressed for Stage." The costumes were organized by Kent State University. It has more than 35 costumes which she wore in 21 films and 6 stage productions. This exhibit is very exclusive because the clothing items were a part of her personal collection. She wanted them to be used for educational purposes so they were given to Kent State University. The exhibit has been shown in very few museums. After April 26 the exhibit will go back to Kent State University and it is yet to be determined the next time or where they will be seen again.

The exhibit is located in the bottom half of the  
**CONTINUE TO 'HEPBURN'**  
**ON PAGE 18**

## Nepali students share heritage, culture through dance at 101st Road Show

**BY JULI OBERLANDER**  
staff writer

For Krisha Regmi and Binisha Maharjan, traditional Nepalese dance is more than just a few steps on a stage.

The ancient tradition, originating in the Himalayas, represents freedom and self-expression for the seniors.

"Ever since we were younger, we would do family gatherings," Maharjan said. "I first loved dancing, but Krisha hated it."

Eventually, Regmi began to appreciate Nepalese dance as an integral part of her cultural identity.

"When I was small, my mom put me in a ballet class," Regmi said. "Since then we started dancing. We were about six. I didn't always like dancing, but I started to enjoy it when I realized what it represented."

Individuality is one characteristic of their heritage that the dance epitomizes for the IB students.

"I like how creative we can be with it," Maharjan said. "I used to take a jazz dance class, but it was the same moves. I got bored with it. With this type of dancing we can have fun with it and interpret various aspects of our culture."

The seniors also enjoy dancing to the language that they grew up speaking.

"Binisha was born in Nepal, and even though I was born here, Nepali was my first language," Regmi said. "I still had a hard time adapting to the lan-

**CONTINUE TO 'DANCE' ON PAGE 18**



**SEBASTIAN BECERRA** | O-Book

Seniors Krisha Regmi and Binisha Maharjan prepare to begin a Nepalese dance during their act in the 101st Road Show. Both girls use the dance style as a form of self-expression.



**WATIE WHITE** ▶

A local artist and Omaha Entertainment Award recipient shares his story.



**PAGE 16** **BREAKFAST** ▶

The Register reviews the most popular breakfast places in Omaha.



**PAGE 17** **LASHANDA RHIMES** ▶

A Central High graduate pursues her career in modeling.

**PAGE 20**



# ART FROM THE HEART

LOCAL ARTIST WATIE WHITE  
WINS OMAHA ENTERTAINMENT AWARD  
FOR UNIQUE PAINTINGS AND PUBLIC ART WORKS

BY CHOTEAU KAMMEL  
staff writer

Omaha's cultural scene is rapidly becoming one of the fastest growing in the nation and by far the most burgeoning in the Midwest. Part of this growth is the hosting of Omaha's yearly entertainment awards to recognize those in the creative community who are on the rise.

This year, the city hosted its ninth annual Omaha Entertainment Awards. One of the many locals making a difference in the community with their respective gifts is painter and public artist, Watie White, who took home awards for both Best Public Art and Best New Media Artist.

White grew up in rural southern Illinois as the youngest of four. Both his parents were cultural anthropologists who ran an anthropology school of sorts for students from middle school up through high school. He says that his parents were very supportive of his budding creativity, and that they instilled in him, "a love of mythology, craft and people from a different time's perspective," an ideal which he still carries with him as an artist.

Like many of the most dedicated in his profession, White aspired to create from very early in his youth. He said that most children, at least when they are young, love to draw and make things, but that between nine and eleven most stop out of embarrassment or because they are teased.

He elaborated, "Most artists had a supportive parent and they never really stop." Living in the rural area that their school was located in, White also found ways to entertain himself before the digital age. He said, "I had to combat the boredom, so they [my parents] totally encouraged doing things in nature and making stuff." That being said, White and his siblings all worked in some capacity in their parent's school. From the age of 12 up through college, spring through the fall, he worked as a full time employee.

The field school was attended by students from Illinois, Wisconsin and even Texas. As a full time employee, White cooked, cleaned and also taught. He also participated in the camp's activities such as building Native American housing with natural materials, describing much of his youth as a, "hands on childhood." White said of growing up, that although his family may not have always been the wealthiest, "I got the message of finding something you love. A love that is admirable and rewarding."

Following his love of the arts and a personal passion for painting, White attended Carleton College in Minnesota for his bachelor's in studio art, the School of the Art Institute of Chicago for further studies and also obtained his masters from American University. Throughout his education, his areas of study focused mainly on painting, print making and drawing. He said of his choice to pursue these mediums, "I thought they were beautiful."

White opened his first studio in Chicago of 1996, but moved to Omaha in 2006 because of job opening for his former wife. He said of the move, "Moving here was very different than Chicago. It's much more difficult to have a sustainable practice here." However, what he found was that the burgeoning cultural scene of Omaha was very conducive to artists, and that this was what helped bring him into the arena of public art. He said, "In Omaha, there are more collaborators than competitors."

One of the reasons for White's awards in his field are his public art projects across the Omaha area. He said, "There is a social mission with the work. I do a lot of projects with nonprofits." In one such project, he collaborated with Habitat for Humanity, to remove useful materials, such as wooden planks from condemned homes in North Omaha, turning them into items such as tables and chairs, and then painting murals to place in the windows of the homes to remain there until the houses' destruction.

The murals were based on interviews with the house's neighbors or the former occupants. Each of the projects White takes on with nonprofits begins with an initial conversation. He said that it comes down to seeing if the mission of the organization overlaps with that of his studio. He added, "I figure out a way that uses unused resources to generate a positive impact for any who come into contact with it."

As an artist, White constantly works to improve on his past creations, while also doing something new. He explained, "I'm a little bit of a strange artist in terms of reinventing my work." Along with the growth that Omaha's creative community is experiencing, south Omaha's immigrant community is also growing. White's community and collaboration public art projects have taken him there to raise awareness and spread the stories of what many of these immigrants have gone through.

Working with Justice for Our Neighbors, an immigrant advocacy group, White will be painting large scale murals, with text from interviews done with many immigrants in the community. Currently, White serves on many boards, including the Omaha Creative Center, the Beemis Center and the Union for Contemporary Art. He also continually journals to put ideas he has onto paper, before they hit the canvas. For much of his studio art, he also paints his nine year old daughter, "I try to tell a story about her," he said.

All in all, he never really stops working. He said, "Being an artist, the membrane between work and social life is very thin." For aspiring artists he has this advice, "In order to grow you have to embrace the idea that you may make something that sucks. Be your own worst critic. Grow as a person, grow as an artist."





# MUNCHIN' ON BRUNCH

Omaha's most visited breakfast destinations

Photos by ANN MILROY & NATALIE NEPPER

## lisa's radial café

BY ALEC ROME

staff writer

Breakfast at home—except not quite. The vibe of Lisa's Radial Café makes it seem as if one were just eating breakfast at home, but some aspects of the café were too cozy for someone who wants to have a full meal.

Lisa's is located on North 40th Street, not far away from Central. It has hours that work with anyone on their way to work, or someone who wants to have a full breakfast. They are open from 6 a.m. to 2 p.m. on weekdays and 7 a.m. to 2 p.m. on the weekend.

The inside of the café is not the greatest, but some of the painted artworks and many family photos add to the overall look. Also, there is a weird divider that seems to disrupt the flow of the room.

As for the comfort, it was incredibly cramped. The tables by the window were the worst. It would have been a stroke of luck to fit both legs under the table. That seemed to be constant throughout the restaurant. Even the bar-top seating was cramped for customers that were looking for a little more leg room.

One minor problem was that you could only pay with cash. With credit cards and debit cards being more common than ever, it seems odd that a commonly visited café doesn't go with the times. However, they do offer an ATM, so you will have to deal with a small ATM fee if you need cash.

The food was the overall best part of the visit. One of their greatest dishes was the veggie skillet. It had eggs with green and red peppers along with hash browns. The combination had an interesting flavor with a little added kick because of the pepper. Nothing on this dish was burnt and they took their time to make the dish taste its best.

But most of all, a good breakfast place has to be able to excel at the most basic of items. Their pancakes were huge; two of them filled an entire plate, and it was tough to even finish one of them. Also, they were not too fluffy and too thin; just the right thickness and consistency. Their scrambled eggs and over easy eggs were good, and it can be hard to find restaurants that buy quality eggs.

However, the bacon was not as hoped. It was a little burnt and it was hard to taste any significant flavor. The juices were very faint, and it tasted more like disappointment than anything that stimulated the taste buds. Other restaurants in Omaha have great bacon, and Lisa's doesn't stack up.

In all, Lisa's Radial Café provides a great breakfast option, but it needs a much better building and table arrangement in order to provide customers with comfort. The food is great, but that's it. You can have breakfast and have coffee, but for a better experience, choose elsewhere.

system, but once people started to move out, the tables were quickly cleaned and people were seated fast. The restaurant overall was very cozy and comfortable. Even though the atmosphere is amazing, Leo's Diner would benefit from a remodel. A few tiles were coming loose in the floor and half of the wall on the right side was just brick instead of dry wall. They do have a flat screen TV behind the counter and the tables seemed rather new so they might have been working on a remodel.

Though there were maybe just two or three waitresses, they were very on top of things and didn't often leave costumers waiting when ordering. When it came to the food it was classic diner meals with pancakes that were bigger than the size of a person's face. The diner didn't just serve breakfast. They also served lunch, but it seemed like their main focus was breakfast food because they had much more to choose from

when it came to breakfast. The breakfast menu reminded me a lot of Village Inn's, menu except this menu didn't have unnecessary things to order. Comparing the menu to Village Inn's the prices were about the same, some things might have been overpriced, but they were mostly similar.

It didn't take long for the food to be ready and when it came it was delivered in huge portions that looked large but still manageable. Unlike Village Inn, Leo's gave you a choice of ham for your meat instead of just bacon and sausage. The ham was cooked perfectly; it had a great flavor too. Everything was also served with hash browns, bread and eggs and they gave a lot of choices to choose from, and although the pancakes were huge, they tasted perfect. Overall the food and the atmosphere in the restaurant were amazing and if you are ever passing through Benson and looking for a place to eat, stopping at Leo's Diner is definitely worth it.

ers and small-talk, food being consumed in every available seat. I was spellbound by the industrial ceilings, gray and yellow color scheme with one side of the wall wood and the other side chalkboard.

But since I had unfortunately come at their busiest time of the week (Sunday at noon, when all the church-goers and their families come to sip tea and talk about sermons) I was left with a long wait. I had stolen a paper menu from the hostess stand, eyeing their descriptions of breakfast sandwiches and bakery treats, bored and anxious to eat.

When I was finally seated, they stuffed me in the back near the breakfast bar at a table for four. Come to think of it, every table at Overeasy was a table for four (which is frankly quite inconvenient space-wise, and awkwardly leaves couples with too much room at the table). I ordered a strawberry-banana smoothie, orange crème French toast and their signature homemade Nutella Pop Tart.

My companion decided on an apple juice with the Overeasy "Classic," a meal consisting of hash brown clumps, a few strips of bacon and scrambled eggs.

When our food arrived some 30 minutes later, our taste buds were left confused and disappointed.

My French toast was soggy and flavorless, and pairing it with the orange sauce did nothing but make it worse.

The hash brown spheres were overly spiced and tasted like barbeque but decent in comparison to the fishy eggs and burnt bacon.

The Nutella Pop Tart had too bland of a crust and too sugary of a filling. My smoothie was not impressive either; it is something I could blend up on my own (and not have to pay for).

Ultimately, Overeasy did not fulfill my expectations.

The food, in combination with the wait, did not add up to a very exceptional experience. I might visit again, perhaps to try something else on the menu, but I definitely wouldn't go out of my way for a meal. Despite the presentation and atmosphere, I would not recommend Overeasy as a go-to breakfast destination. Stay at home and make your own toast instead.

that those who visit the café have a special bond to the restaurant, and to each other.

The restaurant's success in the lobby services continues with the waitresses. The servers are polite and friendly, and take orders quickly. The workers clearly have a lot on their hands, but they operate efficiently, all with a smile on their face.

The cinnamon-swirl French toast was an interesting concoction. It had all of the perfect ingredients: butter, sugar, eggs, toast, cinnamon, syrup—it seems that nothing could go wrong. The French toast would have been the perfect dish, but it is served undercooked, leaving a disappointing, doughy mess.

The Philly omelet tells a similar tale. It's complete with cheese, onions, steak and green bell peppers, all ingredients that should make for a savory, flavorful dish. Unfortunately, the omelet is bland. It could be served with eggs alone and taste the same.

Both the French toast and the omelet suffer



## 11-worth café

from another drawback: the price. Each were priced several dollars over what they should have been, and had a poor showing for it.

The 11-Worth Café is really close to being good. They have the right idea, the right atmosphere, the right items on the menu, even the right ingredients, but the food is executed poorly. There are dozens of breakfast

places in Omaha that are much better, and for less money.

The 11-Worth Café is a restaurant that makes one want to like it. The environment is close to home and endearing, it is unfortunate that the food is the source of the negative aspect.



## leo's diner

BY MADDIE HAYKO

staff writer

Most breakfast places in Omaha tend to be manicured, but Leo's Diner does not give you that kind of feeling. The outside of the diner is very old looking, but it gives you a feeling that this place is very much a home-style, classic diner kind of restaurant. The inside of the diner was very packed with costumers but it seemed like everyone was used to it being like this.

The diner isn't very big, it is a long hallway that doesn't provide much space, but they seem to make it work. On the left side when you walk in there is an open kitchen and you can see behind the counter. The counter has several bar stools where people can sit. There is also a long line of booths on the right side of the diner, where most people sit. The line to get seated was very long and people didn't get seated right away. It wasn't a very organized



## overeasy

BY NATALIE NEPPER

executive editor

Overeasy, located at 168th and Q, encompasses everything I would hope for in a breakfast place—except for good food. The restaurant disguises their poor meals with a beautiful façade: interesting decor, fresh greenery and artwork, friendly wait staff and service, etc. I was left simultaneously entranced and dissatisfied at my beautifully plated breakfast sitting before me.

So, fellow brunch frequenters, I suggest leaving before you enter the disillusion is sure to disappoint.

Overeasy is merely a small brick building tucked in the corners of a small brick complex. First impression? Cute. Entering was like becoming a part of a different world, one that was hustling with serv-

BY KELSEY THOMAS

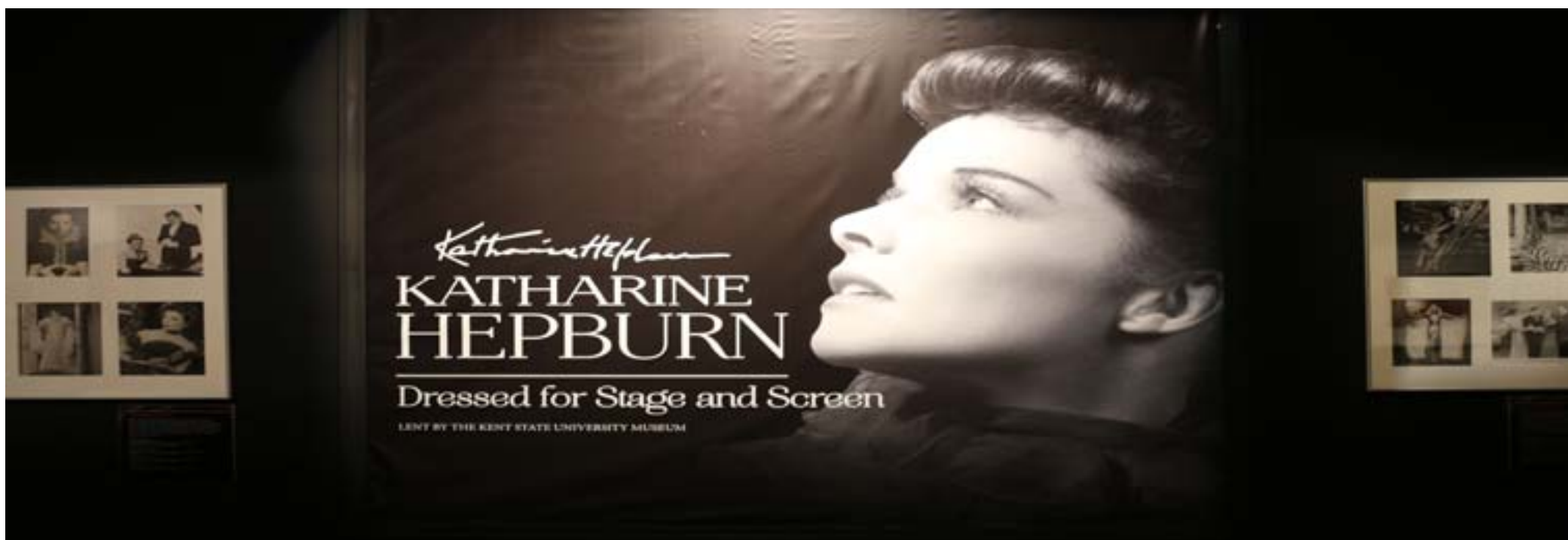
executive editor

On weekends, two parking lots are filled constantly from 7 am to 3 pm, through breakfast, brunch and lunch. Located on 24th and Leavenworth, the restaurant may find it difficult to come across as a safe, family-based welcoming environment. I live only a few blocks away, and even I was a little nervous to go inside the restaurant.

With those parking lots full of cars comes a lot of people, and not a huge amount of space. At its busiest on Sunday mornings, the café has a packed lobby, filled with people waiting up to 45 minutes for a table.

But the restaurant handles it spectacularly. There is free coffee, complete with sugar and creamer available. There are many places to sit down, and even a few tables where one can thumb through the day's newspaper. At 11-Worth Café, the wait may be long, but all of the patrons seemed eager and happy to be there. It is clear





ANN MILROY | The Register

**Left:** Katharine Hepburn's costumes from "CoCo" on display, channeling her signature look. **Right:** Costumes from "The Philadelphia Story" are exhibited alongside images of her in the pieces.

CONTINUED FROM 'HEPBURN'  
ON PAGE 15

Durham. Along with the Katharine Hepburn exhibit there is another exhibit for costumes which were featured in well-known films. Upon going into the exhibit there are two people who will guide you through the exhibit. They are trained by Kent State University to be experts on the costumes and clothes Hepburn wore.

Along with the actual clothes being on mannequins, there are photographs of her wearing the piece and a description to

go along with it.

You may be wondering why Katharine Hepburn's clothes are important enough to have an entire exhibit dedicated to her. This is because as a woman and actor she broke many barriers for women. For example, slacks; she is responsible for breaking that barrier.

In her time women mostly wore dresses and skirts but she wore what she wanted, slacks, jeans and broke the barrier and allowed women today to wear jeans and pants on a daily basis. Also her costumes have formed today's fashion.

Some people have had the opportunity to experience the "Katharine Hepburn: Dressed for Stage" for free. The people that gave a tour of the exhibit were very nice and informative about how Hepburn shaped the fashion world and why her costumes are important.

This exhibit showcases the advancements in women's fashion and its impacts on social barriers. It is recommended for anyone who has an interest in how the fashion world was shaped.

## Traditional Nepalese dancers show their cultural pride in Road Show

CONTINUED FROM 'DANCE'  
ON PAGE 15

guage and customs here, so the dance helped me through that."

To interpret their cultural dance on stage, Maharjan and Regmi research how certain icons are depicted in both Nepal and the U.S, such as the sun.

"We look up various English translations and make up moves from there," Maharjan said.

Through dance, the Nepali Americans have had many opportunities to perform in various venues over the years.

"Each year we'll dance in Nebraska Nepalese Society cultural events," Regmi said. "We did the Nepalese New Year this year, and we have also been asked to dance at birthday and Christmas parties."

However, it wasn't until the 100th Road Show that the seniors considered dancing in the most highly publicized presentation Central has to offer.

"We starting performing at Central last year," Regmi

said. "Last year we danced to tunes of three Bollywood movies from India. That dance gave us more confidence, so this

“*Being able to grow up in a Western culture and dance has shown us how we are special*”

KRISHA REGMI

Central High senior  
who performed  
Nepalese dance at the  
Road Show

year we focused on Nepal."

Besides having the opportunity to perform in front of their classmates, Maharjan and Regmi wanted to contribute their cultural pride to the mix of acts showcased in the Road Show.

"We have a big Road Show, so we thought, why not bring some diversity and a cultural aspect to it," Maharjan said. "It's

nice to see something in a different language."

Even though the dancers are graduating this year, they don't see the interest in diversity at Central waning.

"We both want the culture to go on," Regmi said. "My third cousin is thinking of dancing in the Road Show next year and continuing the tradition."

As they go on to new phases in life, the seniors will keep their Nepali heritage with them.

"I think our culture has an impact on our identity because it shows who we are as people," Regmi said. "Being able to grow up in a Western culture and dance has shown how we are special."

For Maharjan and Regmi, their participation in Nepalese dance has helped them to see the value of tradition and the life lessons it provides.

"No matter what the culture is, you can express yourself," Maharjan said. "Our songs represent having fun, enjoying life at the moment, being yourself and fulfilling your life, because you might not get another day."

# Purchase your 2014-2015 yearbook

Write a check or bring cash  
to room 029

# \$65



# Artist's photos of American landscapes on display at Joslyn



Photos Courtesy of **ANDREW BOROWIEC**

**Left: An image of McKees Rocks, PA. The town used to be an industry-driven center, now wildlife grows in the area. Right: A photo of Turtle Creek, PA, which lies near remnants of industrialization.**

**BY SAN JUANA PARAMO**

staff writer

For 30 years Andrew Borowiec has been photographing the American industrial landscape. From New York State through Pennsylvania and Ohio, Borowiec's work depicts the "Rust Belt" that was the steel and coal industries from the turn of the 19th century.

Joslyn Art Museum's Riley CAP Gallery is hosting an exhibition of Borowiec's work featuring colorful photographs from *The Post-Industrial Rust Belt (2009-2012)* series from Feb. 7 through May 17.

In the mid-1980s, the "Rust Belt" epicenter suffered a steady economic decline that transformed thriving communities into ghost towns. In the 2000s, plans were beginning to emerge to recover the area, but as the United States slipped into recession in 2008, the Rust Belt was affected once again.

Borowiec intended to portray the rebuilding process of the area, but instead captures boarded-up storefronts, run-down houses and abandoned streets. The American dream can be seen in glimpses across his photographs.

Influenced by the cultural, political and economic histories of the sites he visits and his own personal experiences, Borow-

iec captures a sober American landscape that is still hopeful.

Altogether, Borowiec's images show places everyone has at one point in their lives encountered, a street corner or one's own backyard. Clearly all of these places have been touched by industrialization, places where people can thrive. But these images give off an eerie vibe of desolation, as if people just got up and left, leaving nothing behind.

Borowiec does an incredible job of showing the products of the American dream. The Rust Belt of the nation shows the improvement made capable because of industrialization. He also does an incredible job of showing the remnants of what was left behind once the area began to decline.

Borowiec captures communities that are decaying when at one point they were thriving centers for innovation. The series, *The Post-Industrial Rust Belt (2009-2012)* depicts just that, photographs of communities that at one point were thriving and successful. He perfectly captures the community's attempt of revival fueled by hope.

The images make one contemplate what people's feelings and thoughts were, after being successful, they were suddenly faced with a rough blow. In a country as developed as the United States, one would not expect to be faced with images such as these.

What truly shocks visitors, is the vivid color exhibited throughout Borowiec's photographs. There is at least one color that strikingly stands out in each image, giving them a sense of life in such sober landscapes.

"McKeesport Pennsylvania, #2" (2012) shows a barren, worn out concrete basketball court. What gives this particular image a sense of hope is the metallic fuchsia streamer that dangles off the posts. The concrete and metal makeup of the court gives it a desolated atmosphere, but is it the streamer that catches one off guard. Borowiec's work stands out from those of other photographers, his images don't have a set subject. He doesn't stage the scene he wishes to portray instead, his photographs capture landscapes in the moment.

His work focuses on places that have been affected rather than people. In a way, this holds more meaning. These places seem to have been left to their own accord while the people who once lived there, might have gone and made a life for themselves somewhere else.

Joslyn's Riley CAP Gallery represents the integration of contemporary works of art into the museum. Borowiec's *Post-Industrial Rust Belt* series encompasses contemporary art perfectly.

## A CLASS ACT

SOPHOMORE INGRID HOWELL SHOWCASES HER TALENTS AS A SINGER, GUITARIST AND PERFORMER

**BY MICAH MARTIN**

staff writer

Last year, in Central's 100th Road Show, Ingrid Howell made her debut. She was only a freshman when she performed an act where she sang and played the guitar. This year, for the 101st Road Show she was a repeat performer, covering "Better Days" by The Goo Goo Dolls, where she once again shared her talents.

"There is so much time, talent, and hard work put into it and everyone does such a fantastic job...I decided to perform again because I loved it so much last year, and it's my chance to share what I love doing," said Howell. Not only has this event given her a platform to perform, but it has also allowed her to be a part of something that she has grown to love.

When Brad Rauch, Howell's orchestra teacher, first met her last year, he had no idea that she could sing or play the guitar, but when he heard her perform for the first time he wasn't necessarily surprised. "I didn't know that she played guitar or sang until, I don't know, midway through freshman year, but I knew she was an excellent viola player and had musical skills...I thought wow, I didn't know that she did this. I thought she was great," said Rauch.

Howell first pursued music by starting to play the piano when she was young. "We had a piano and I was frustrated that I couldn't make it sound pretty, so I learned how to play," said Howell. Ever since she began to pursue music, she has been motivated to learn new things. Since starting out with the piano and singing, she has added the viola and guitar to her repertoire.

Throughout the years, she has been able to evolve as a musician and a person as she gets the opportunity to

perform. "My favorite part about performing is sharing with everyone what I love the most about life," said Howell. Through music, Howell is able to put into words things that are normally harder to address and because of her talent she is able to share that with the rest of the world.

Her talent and personable attitude has allowed her to come this far in both life and music. Rauch best described her as "positive minded," with a "happy personality". Her outlook on life not only makes her good natured, but a talented musician as well. Her passion for this art has allowed her to be successful when it comes to music and performing.

This year especially, Howell's song choice meant a lot to her; the song "Better Days" has been an influential part of her life the past few years. It was a piece that truly showed her passion for music and performance, which to Ingrid, is a critical part of it all. "I think passion describes performing the best. You can play a song without passion, but it's not really a performance," said Howell. "Performing is being passionate about something and giving what's in your heart to the room you're playing in."

With this outlook, and the help of the Road Show, Ingrid was able to share a part of herself that she might have otherwise not been able to. "The Road Show is a way for our students to show off their diversity and talents in all different kinds of performing arts...It's an opportunity for them to share their art with the world," said Rauch. Because of such an opportunity Ingrid has been able to share something she loves with Central as well as the community.

Rauch hopes that others will be inspired by those like Howell, who do what they love, so that they too reach for their dreams. And for those people, Ingrid has a piece of advice, "I would say to forget the idea that it's about you," said Howell. "It's about the music and sharing it with everyone."



Photo Courtesy of **SEBASTIAN BECERRA**

Sophomore Ingrid Howell performs her cover of the song "Better Days" at the 101st Road Show.



## Federal government sanctions on food industry intrusive, too demanding



**JULI OBERLANDER**  
OVER THE HILL

The scenario has been seen time and time again. The government institutes a tax on soft drinks and bans trans fat from restaurants. Nutrition standards are set for fast food meals that come with toys.

These examples are why I believe that the U.S government is way too intrusive in its sanctioning of the food industry.

From banning fast food chains, Happy Meals and salt content in certain towns to the lengths that the Food Safety Administration goes to prevent such "unhealthy" cuisines as unpasteurized milk, the government is too involved in the nutritional lives of its citizens.

I have heard of several cases of people being raided, accused of felony, and imprisoned like criminals for their possession or sale of, according to Washington, "illegal, unauthorized" foods, and I think these actions lean too far towards the spectrum of oppressing the choices Americans can make about their food intake.

Don't people have a right to eat what they want? This is America, after all! The intrusion of Uncle Sam in commanding permits to sell lemonade in the family neighborhood is simply ridiculous.

Can't kids still invest in the simple practice of mixing lemons and sugar, of getting the first taste of the workforce?

I believe the U.S government is crossing the barrier between necessary action and obstruction of justice. The American Dream is being tampered with as Washington forces its dietary preferences on the American people. Being overweight is not an ideal situation for anyone.

However, I feel it is the American peoples' right to live as one is most comfortable. If that involves nightly excursions for a Big Mac, then so be it.

If that involves consuming and proudly selling slightly raw farm products, then that should slide before the ever watchful eyes of the bureaucracy.

I don't think Americans should be punished for running outside the boundaries that the government so eagerly sets. When it comes to food regulation, there is no justification for Washington creating a new policy every time it believes that Americans are eating poorly.

Even if the legislative body believes certain nutritional habits are unhealthy for Americans, they cannot physically get between citizens and their mouths.

I feel that Uncle Sam's attempt to limit so-called harmful cuisine is unenforceable, just as Prohibition, also linked to dietary practices, was a well-intentioned but impossible law to force on Americans.

In my opinion, it is neither honorable nor constitutional for the government to get between the happiness in the routines of its inhabitants, not matter if they believe it to be for the best.

It is the American tradition to make mistakes and learn from them.

To enter houses and companies saying it's abominable to sell goat cheese is downright contradicting the values of free enterprise, self-expression, independence, and entrepreneurship that are so uniquely American.

I believe that the land of hamburgers and football is the greatest country on the face of the Earth. To destroy the freedom of choice in food and other areas is to vanquish the entire identity of the U.S and the privileges we live for every day.

Washington has no right to rearrange our kitchen cabinets. I believe that the only way Americans can preserve their liberty is to petition the government to stay out of their kitchens.

While Michelle Obama's mission for healthy living is a nice sentiment, it is not the government's responsibility to force such programs on each of its citizens.

America was founded on the ideal of freedom of choice for all, yet Washington is starting to disregard the Constitution for its own agenda. Though healthy eating is important, the government needs to realize it does not always have final jurisdiction when it comes to the choices of its people.

## DREAMING ON THE RUNWAY

CENTRAL GRADUATE PURSUES A CAREER  
IN MODELING, RECEIVING ROLES AT OMAHA FASHION WEEK

BY JORDAN YOUNG  
co web editor

LaShanda Mankins works the runway every time her feet hit the catwalk. The 2012 Central graduate has worn the hottest fashions and hit the sharpest poses in photo shoots and fashion shows in Nebraska and various other locations as a freelance model.

Although Mankins is a talented up and coming model, the dream she is living out today wasn't always her dream.

"[People would say to me] 'Hey you have a nice shape,'" she said. But Mankins had never thought much of other people's appraisal and encouragement to pursue modeling except to respond with a "thank you" and move on. That is, until she became involved with Omaha Fashion Week.

"Omaha Fashion Week is local and out of town fashion," she said. "I've done it three times." The event happens during the spring and fall of every year, usually lasting for five days out of the week and a finale on Saturday.

Mankins initially became involved because of her friend and designer Brittany Rose, who asked Mankins to model some of her pieces on the runway.

After that, she received more encouragement to begin modeling freelance for Omaha Fashion Week officially.

The first time she auditioned wasn't as much of a success; Mankins was still learning her craft, but the second time she auditioned, her journey to become a model began to take off.

"Five call backs [from] five designers," Mankins said. It was an exciting time. "I actually had fun," she said with a laugh. "Some clothes were so tight I couldn't walk down the runway. The clothes [are] my favorite thing about modeling," she said. "Wire, phone cords... [it's] random and out there." One outfit even had chicken wings hanging on it.

However, bigger challenges developed besides deciding which designer to model for on which days. "I walked for all five," she said. "Only one night I didn't walk, it was a lot...to be honest I didn't know how to pose right."

By then Mankins enjoyed herself so much that she decided to go freelance and has been since Oct. 2014 while balancing a full time job.

"Modeling I take really seriously," she said.

Mankins is part of the agency Asos and her agent Alyssa has helped her learn how to continue perfecting her craft.

"I did a magazine spread for the Omaha World Herald... the best thing in the entire world," she said. It was for a Younkners platform. Mankins also participated in a runway show for the Nebraska Crossings Outlet Mall. As Mankins has pursued her newfound dream, she has learned lessons along the way and developed new goals of her own. "Pressure, changing in front of the girls...it's so quick," she said. "For Younkners we got dressed in under 45 seconds."

"I'm always nervous," she said. Mankins explained that she often would compare herself to other girls, but has since learned from that.

"No matter where you go there will always be someone better than you at something," she said. But Mankins doesn't let that get to her and instead continues striving towards success.



Top: A makeup artist applies eyeshadow to Mankins before a runway show. Bottom: Mankins is featured in a magazine ad.




# MOBILE BANKING.

Download the app today.

[firstnational.com/mobileapp](http://firstnational.com/mobileapp)

Pay bills, transfer money and deposit checks from wherever life takes you. Scan the code below with your phone or search "FNBO" in the Google Play Store or Apple App Store. Once you download the app, log in with your Online Banking User ID and password. For more information, talk to a banker or visit [firstnational.com/mobileapp](http://firstnational.com/mobileapp).







For Personal Accounts Only. Member FDIC





JULIA BIELEWICZ | staff writer

## restaurant

**Mula**

location: 3932 Farnam Street

rating: 8 out of 10

### Unique tacos, many flavors add spice to new eatery

Mula could easily be defined in one word: perfection. From the food to the service and atmosphere, the Mexican midtown restaurant is one that people will return to again and again.

As one enters, they are greeted by dim hanging lights and friendly faces. The layout is spacious with a variety of seating, including at the bar. The decorations in the venue are very unique, but also make the restaurant relaxing and peaceful.

The first item on the top of the menu was yucca fries. Yucca Root, which is also known as Cassava is a waxy root that cultivates in several Southern American countries, Mexico, and the Caribbean. The fries themselves are crispy on the outside yet soft and fluffy on the inside. The fries are served with tomatillo ketchup that compliment the appetizer.

Mula's house guacamole is absolutely remarkable. The traditional Mexican dip has a creamy, light consistency. It has a strong flavor of cilantro and lime, which compliments the other ingredients and adds to the overall flavor. On the menu, there are several varieties of guacamole to try which is ideal for people with unique tastes and food preferences.

This restaurant is well known for their jackfruit tacos. Jackfruit is a large, spined, oval fruit that is believed to have been first produced in Indian rainforests. Although the description sounds rather unusual, the jackfruit tastes like barbeque and one would never know that it wasn't meat. The order comes with three tacos, and several toppings such as grilled pineapple.

At Mula, the side dishes cost extra but are definitely worth it. The pablano-cilantro green rice is very satisfying and would go well with any main course. The rice was sticky, sweet, and had great seasonings. Paired with the tacos, it was a near-perfect meal.

On the menu, there are several variations of the same taco concept. One of the first is a dish called sope. Mula's interpretation included a thick tortilla as the base topped with flavorful and tender meat, crunchy cabbage and a lot of beans.

Another variation is the rolled taco trio. Resembling taquitos, the plate has three rolled tacos with an elegant presentation. The chicken tacos cooked to perfection are then topped with cream, salsa verde and cotija cheese.

Although their desert portion of the menu is small, the flavor is not. Mula's flan had an amazing, creamy texture and a nice presentation. It is beautifully garnished with sugared orange zest and a mint leaf.

Overall, this restaurant has a lot of strong qualities. The food was tasty, the atmosphere was comfortable and the service was very fast and friendly.

TIA SPEARS | editor-in-chief

## event

**Omaha Fashion Week**

designer: Christopher DiGiorgio

rating: 9.5 out of 10



### Up and coming designer showcases looks at Fashion Week

Omaha Fashion Week was held March 10 through 17, with Student night commencing the highly anticipated event. Designs from students at Central, those in the Kent Bellows Mentoring Program and the 4-H program were prestigiously selected and featured at this show.

Amongst those designers was Christopher DiGiorgio of the Kent Bellows Mentoring Program Designers. He won a \$500 prize from the SAC Federal Credit Union as the Top Designer, but his stellar designs stood out amongst the rest. His show was a brief, yet jaw-dropping six look exhibition I define as the epitome of casual menswear.

All of DiGiorgio's designs had a casual and urban vibe. It was easy to imagine a younger guy walking in down the street in any of the six designs.

The majority of his looks were patterned co-coordinates, mixing and matching designed button ups and elongated shirts. It seemed as if his target market was a mixture of contemporary and almost punk; however, there were no accessories,

hair or makeup aspects that screamed "punk" while watching the show.

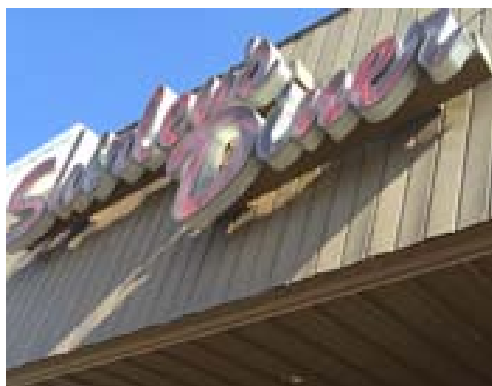
The second and third look were similar. They both had a lot of floral print, offset with fall color palettes which make the design work. Normally, when one sees floral, they think of spring, but he blended the print flawlessly into a different season. One look was a floral short sleeve button up with black along the collar, in the buttons and on bottom half of the shirt. The other look was a long sleeve button up with a similar floral print, except the pants were mostly a maroon color, with the print around the knee caps and the sleeves were maroon as well.

Both looks were crisp and it's easy to tell that DiGiorgio put thought behind his designs. He made a feminine print work on a male silhouette without being overpowering or just plain silly. With those two designs, DiGiorgio's attention to detail and construction skills were necessary.

The fourth one was my least favorite. It kind of reminded me of a remixed jail jumpsuit. While I respected the design of the zip up jacket, the color blocking just didn't work out very well overall.

Fortunately, the pace picked back up with the following look that DiGiorgio's sent down the runway. The final outfit was probably the most creative one that I saw. It was a white and glow in the dark version of the second look. It almost looked like the glow in the dark feature was splattered down the right pants leg which was cool.

After watching the show, I felt like for a young designer he is on the road to becoming the next Alexander Wang or Oliver Rousteing, perhaps, but with his own twist. I'm genuinely eager to see more



GEORGIA CHAMBERS | staff writer

## restaurant

**Shirley's Diner**

location: 5325 S 139th St

rating: 8 out of 10

### Average food, great atmosphere served at Millard diner

In a small corner of Millard Plaza, tucked away from public view, is a place that looks as if it is just another option of where to have a bite to eat for breakfast or lunch.

However, as soon as the front door opens and one would him or herself around the tight walls entering the diner, it feels as if one has left the present era and gone back several decades. A huge jukebox and pictures of the 50's decorate the restaurant and emphasize a diner theme. Elvis Presley and Marilyn Monroe photographs exemplify the carefree feeling roaming about the diner.

On a quiet Saturday morning in west Omaha, the diner lures quite a crowd. Where there would not be crowds elsewhere at this hour, there is certainly one gathered here. The place is busy, but that does not stop them from serving quality food.

The diner serves breakfast and lunch, and offers dinner on Friday nights. Served here are many homemade recipes.

The diner offers a variety of different food. For breakfast, diners can choose food such as home style French toast and sausage with a side of hash browns. Omelets, pancakes and biscuits with gravy are among the many other breakfast options.

For lunch, there is much offered, includ-

their pork tenderloin or patty melt. Also very popular is their famous side of hand-breaded jumbo onion rings.

The food was served quickly and was good, but the most important and pressing aspect this diner has to offer is the atmosphere and its history.

Shirley's has been open for 40 years, and continues to be a popular spot for many. Yes, the location may be unfavorable for some due to the fact it is so far from the downtown area. Yes the place may look like it is in need of a renovation and yes the dining area may be a little too tight of a space, but the history this place has is unmatched.

If the owner moved to a central location and changed its look, it would lose its unique quality. Much of their food is made following homemade recipes, but there is nothing really that sets aside the food from any other breakfast or lunch place, so if it did not have the history it has tied alongside it, I would not have enjoyed it as much.

There are other places I may choose over the food served here, but nothing beats the atmosphere here. I could have easily went to Red Robin and enjoyed some of their famous onion rings and saved gas in doing so. However, they do not have the history this diner does. It is almost unexplainable, so I recommend taking the time to visit the diner to witness it.

Shirley's Diner has unique hours, so make sure to call ahead before going to witness a part of Omaha's history. Not many restaurants can say that they have been in business for 40 years, and that plan to be open for years and years to come



MAYA DURFEE O'BRIEN | co-web editor

## movie

**Still Alice**

director: Ana Lily Amirpour

rating: 8 out of 10

### Moore, Stewart shine in film confronting Alzheimer's

The thing we have to remember about Alzheimer's disease is that it is a disease, but one that strips you away of the thing that sets you apart from everyone else- your mind.

Your memories, your experiences, basic mental functions are gone forever never to return. It's a harsh and sad reality for people with Alzheimer's.

Alice Howland, the main character in "Still Alice" and a linguistics professor at Columbia University, is slowly forgetting. First she thinks it's due to her getting older (She turned 50 that year), but suddenly realizes it's much more serious.

She begins to get lost on her usual running routes, starts to forget words and as a linguistics professor, this is a surprise. And then finally she begins to forget more and more.

She then decides it's time for her to go to a doctor, a neurologist to see what's wrong. The results are shocking- Alice has early onset Alzheimer's disease.

Up until this point Alice's life seems to be perfect. She's got a beautiful apartment in New York City, she's got a husband who loves her, children who want nothing but to make her happy and a job that

she finds fulfillment in every day. Her whole world gets turned upside down, but she can't save it because she has no choice. She begins to master the "art of losing," knowing that she'll have to give up involuntarily everything she's ever known and loved, to trade in for a life she doesn't know. Julianne Moore makes it all believable. It's like she actually is Alice, she is going through Alzheimer's disease, but in reality she's not.

All the while her unsupportive husband, who is played by Alec Baldwin, does not realize the severity of the situation.

Her children are slightly more understanding, and surprisingly the most understanding of the bunch is her youngest child, Lydia, played by Kristen Stewart. Stewart gives a wonderful performance adding to the realness of the piece of work.

Deeper and deeper she goes down. It happens slowly, and then all at once, and as an audience member you're left in shock.

What's most important about this movie, is that it truly shows that Alzheimer's is a disease, and that it's not the person's fault. The person is still there somewhere deep down, they just can't find themselves.

At the ending portion of the movie there is only one person who seems to get that, and it's not who anyone really expected it to be.

"Still Alice," is a movie about unconditional love, acceptance and an overall knowingness to do the right thing given a situation. Julianne Moore gives an outstanding performance shining a light on a issue which the public likes to turn a blind eye.



# sports

## no need for ASSISTANCE

CENTRAL GIRLS AND BOYS POWERLIFTING TEAMS PLACE AT STATE, BREAKING RECORDS ALONG THE WAY



BY TIA SPEARS  
editor-in-chief

“Though they didn’t achieve their team goal, I still felt like each individual tried their hardest [and] they competed well,” powerlifting coach Bryan Calder said. On March 1, the state powerlifting competition concluded with Central High placing second and South High placing first.

Last year, the team finished first, but coach Dennis Baker feels as if nothing has changed except the amount of girls who participated.

“Everything’s pretty much the same. The problem was this year, we had tougher competition,” Baker said. “Plus...you’re getting more girls involved...there was a large number of girls participating this year, larger than there ever have been in the past.”

Calder feels the same, but ultimately is proud of how the girls performed, despite a larger, stiffer competition from other high schools in Nebraska. “Even though the girls were state champions last year and not this year, overall I felt like their performance was just as good, if not better, than last year,” said Calder.

There were 16 girls and five boys who placed at the state competition.

Spencer Witte, Christopher Sturgeon, Augustin Castro, Connor Pavlik and Micah Griffin all placed.

CONTINUE TO ‘POWERLIFTING’  
ON PAGE 24

## New adaption of mercy rule great for less-skilled teams

BY MICAH MARTIN  
staff writer

When it comes to high school athletics, there are always going to be games where teams are unevenly matched. In some games there will be an obvious underdog, but there are also those times when a school just doesn’t stand a chance against their opponent. Due to this being an issue, Nebraska, as well as other states, has something called the mercy rule. With the hopes of preventing embarrassment and injury, this rule is implemented in order to help protect all student athletes who participate on game day.

A new adaptation of this rule went into effect for the 2013-14 school year, for both girls and boys seasons. This adaptation calls for a running clock to be used if a team is up by 40 points from its opponent’s score after the first half is over. Basically, what this means is that the clock won’t stop except between third and fourth quarter, if an injury occurs or a timeout is called once the point criteria is met. Even if the gap in points is lessened or even completely crushed, the clock will continue to run. For some, this fairly new adaptation may seem ridiculous, but in truth it is actually more helpful than anything else.

When it comes to high school sports, there is no reason for anyone to be embarrassed or put down for not being as skilled as another. During this time, playing a sport is about learning things like teamwork and gaining new experiences, which is why a total blowout should be somewhat cushioned.

Facing a team that is exceptionally better than yours is hard enough without having to worry about what the score might end up being at the end of the game. When allowing the clock to run itself down, by not stopping for things such as foul calls or free throws, the mercy rule helps to decrease the amount of time the “better team” has to score on its oppo-

CONTINUE TO ‘MERCY RULE’  
ON PAGE 24

## Costa Rica welcomes Central soccer players



Photo Courtesy of **STEPHEN SIY**

Sophomores Stephen Siy and Angel Perez during their time in Costa Rica to play in an international soccer league.

BY SAN JUANA PARAMO  
staff writer

Stephen Siy and Angel Perez attended the United States Youth Olympic Development Program International Tour in Costa Rica. From Feb. 14 through Feb. 17 they had the opportunity to train and play with players from around the country as well as represent their state and school in competition.

Siy plays multiple sports, however soccer has been one he has enjoyed since kindergarten. “I play other sports with my friends, but soccer is the only one I play competitively,” Siy said.

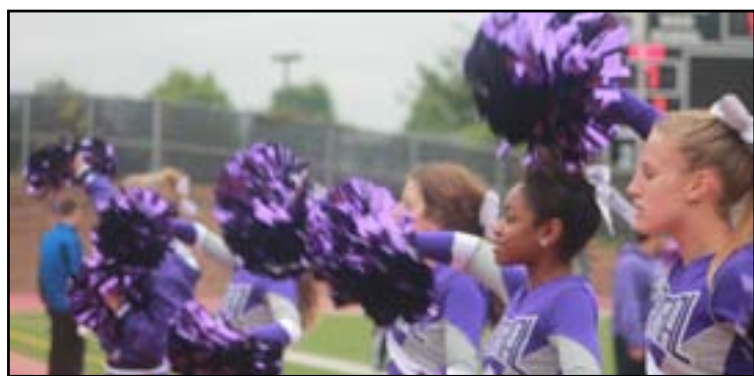
Similarly, Perez started playing soccer at a relatively young age and now plays for different club teams. “I’ve been

playing soccer since I was three or four,” Perez said. “I play for the regional select team, for Omaha FC and I’m hoping to sign with Real Salt Lake in July.”

This school year will be the first year that Perez and Siy will play for Central’s soccer team. Both Siy and Perez have played for various club teams and for Omaha Football Club (OFC).

Siy has been playing for Omaha FC since he started playing soccer. “I’ve played for two [club teams], the first one turned into the second one,” Siy said. “I’ve played for Gladiator which became Omaha FC in 2007.” Siy played for Gladiator in the second grade and in the fifth grade for

CONTINUE TO ‘COSTA RICA’  
ON PAGE 24



OPINION: CHEERLEADING ▶

PAGE 23

Editor believes cheerleaders not given the respect they deserve.



LEWIS COBB ▶

PAGE 26

Senior swimmer reminisces about his four years on the boys team.



JACOB BIGELOW ▶

PAGE 27

This year’s new basketball manager shares his perspective from his job on the sidelines.



## Basketball player meets with coach, pursues future with Iowa Western



Photo Courtesy of **THE O-BOOK**

Maguy Agau follows through with his shot in an early season game against North High.

BY JULIA BIELEWICZ

staff writer

Maguy Agau recently committed his college basketball career to Iowa Western Community College. He has been an important player at Central and now he waits in anticipation for what is to come regarding academics and basketball.

"I haven't officially signed yet, but I have committed to Iowa Western. They have a really good basketball program there that I'm interested in being a part of. I have already made a positive connection with the coach. Another plus to the choice that I made is that it's close to where I live," Agau said.

Previously, he was looking at and considering attending several other colleges. Some of them were Pratt, Carper, Southeast CC and McCook. Agau was looking at these schools closely because they all have well known basketball programs with good reputations. He was also interested in considering schools that could help him advance with what he wanted to do in the future, but basketball was always the top priority for him.

Agau chose to focus on his basketball career when thinking about what college he wanted to attend. He says that he absolutely loves the game so that's what he wanted to give extra attention to and focus on when considering different schools.

Several different schools offered Agau scholarships and different opportunities so that he could play at a high level for their basketball program.

He is eager to sign to Iowa Western and have the actual event take place but doesn't expect the event to be drug out

or extravagant by any means.

"No, I don't think it will be a big event. I just expect my friends, family and teammates to be there supporting me," Agau said.

He is excited about the new people he'll be able to meet and the friends he'll find at Iowa Western and through their basketball program. He is mainly excited about having fun on his new team, finding new opportunities and getting better at the sport he loves.

"I expect the biggest difference between high school basketball and college basketball to be the high level of competitiveness between the schools we will face. I also think how I'm always getting challenged every moment or competing for a spot will be a big change for me," he said.

Agau says he will prepare himself for his future career by working hard to maintain his spot and doing workouts with the team to better him for the games and matches that are approaching.

He says that Central has really pushed his basketball career and his playing style in the right direction. Agau added that playing on the team has made him into the best player he could possibly be and taught him to work hard at his sport every day.

Agau said that he is very thankful for his time playing basketball at Central and most importantly, his coaches. He says they are supportive of him and his choices and they always want what's best for him.

Although graduating is bittersweet, he is eager for his future career and improving every day.

## Earning spot in top rankings, sophomore plans to continue wrestling career

BY JULI OBERLANDER

staff writer

Positive would be a word that describes Dax Galloway's experience at the 2015 Nebraska State Wrestling Championship.

Of all those who competed in the tournament across Nebraska, the sophomore placed 6th overall. This accomplishment took more than just a little bit of hard work on the part of Galloway.

"On the first day I had to win two matches to reach the semi-finals," the wrestler said. "I lost in the semis to a kid who reached the finals. After that, I lost the last three to get sixth."

Competing in the 126-pound weight class, Galloway was pleased with his ranking at state.

"Last year I was one match away from placing, so this was a big improvement for me," Galloway said.

The athlete believes that the tournament helped him to improve his wrestling mindset as well as his technique.

"I took away that I shouldn't get really worked up before a match," Galloway said. "They're all the same."

For the sophomore, this confidence boost further increased his appreciation and enjoyment of the sport. Ac-

ording to Galloway, his favorite part about wrestling is "the fact that you have to give it your all. It's one hundred percent mental. If you're not into a match you're not going to win."

Galloway, who has been wrestling since the age of four, plans to stay committed to competing at Central for the next two years of his high school career.

“It's one hundred percent mental. If you're not into a match you're not going to win.”

DAX GALLOWAY

Sophomore wrestler

"I definitely want to get first at state and definitely get less than 10 losses," the sophomore said.

As for his future competing in the sport, Galloway has thought about that, too. "I will probably wrestle for four years in college," the wrestler said.

Like any other high school student, Galloway has a variety of hobbies, participating in many different groups at Central. He likes hanging out with friends and playing cello in Chamber

Strings. He is also involved in enrichment math and Tri-M Music Honor Society.

However, his teammates and coaches are among those who have impacted his time at Central the most.

"They really push me," Galloway said. "They help me to be more determined and focus on improving."

Perseverance and concentration are qualities that Galloway finds essential to the attitude of a wrestler, and he feels he has grown in these areas over the 2014-2015 season.

"I think I'm learning less about the little things and focusing more on big matches," Galloway said. Overall, Galloway believes the state wrestling tournament helped him to prioritize his goals in the sport and to make adjustments when needed. It has served as an invaluable experience that he will take with him for next year.

As he improved from his freshmen to sophomore year, the athlete has high expectations for himself as an upperclassman at Central. For Galloway, placing at state has allowed him to better prepare for his future in wrestling.

"That meant I was getting better," Galloway said. "And I'll definitely just keep progressing and getting better."

## Professional cheerleaders underestimated, need to be considered athletes too

BY TIA SPEARS

editor-in-chief

They're up at five a.m. for morning practices. They're at every game. Blood, sweat and tears are put into the one thing to which they've devoted considerable time. These are cheerleaders, the true athletes.

Whether they started at a young age working on their technique or were inspired by cheering their high school team on, they have been devoted since day one just like any other athlete should be; yet, they're seldom referred to as athletes.

This is because they are commonly annexed to the entertainment business, however sports are considered a part of entertainment as well so that doesn't quite seem right.

Think of the Super Bowl. It's a nationally popular event that attracts sports fanatics, businesses and celebrities yet cheerleaders are almost never seen. This isn't to say that they're the most important part of the game, but they are an influential part.

They're held to physical standards just like any other athlete and are only allotted an average of seven seconds of broadcasted games.

Considering their apparel, it can appear like professional cheerleaders do not look professional which can cause people to not view them as athletes at all. The Dallas Cowboy cheerleaders, for example, have a very renowned and provocative outfit adorned with little white "shorts" and blue stars around the belt with an additional low cut tie-front top.

This isn't a fitting reason for denying cheerleaders their athleticism. No one would expect a NBA player to cover up their tattoos while playing, nor would they expect an NFL player to wear looser pants because of how tight they are.

This brings upon another unfair reason as to why professional cheerleaders are not

viewed as athletes.

Gender roles have an immense effect in society, but even more so in sports. Sports is a male dominated field. This is most likely due to the dainty perception society has historically attributed to women.

True enough, there are female athletes now but statistics support the conclusion that male athletes are more entertaining to watch than women.

This accusation is supported by the very low earnings of professional cheerleaders. According to Sporting News, the Ben-Gals who cheer for the Cincinnati Bengals earned \$45 a game, although pay depends on the prestige of the team.

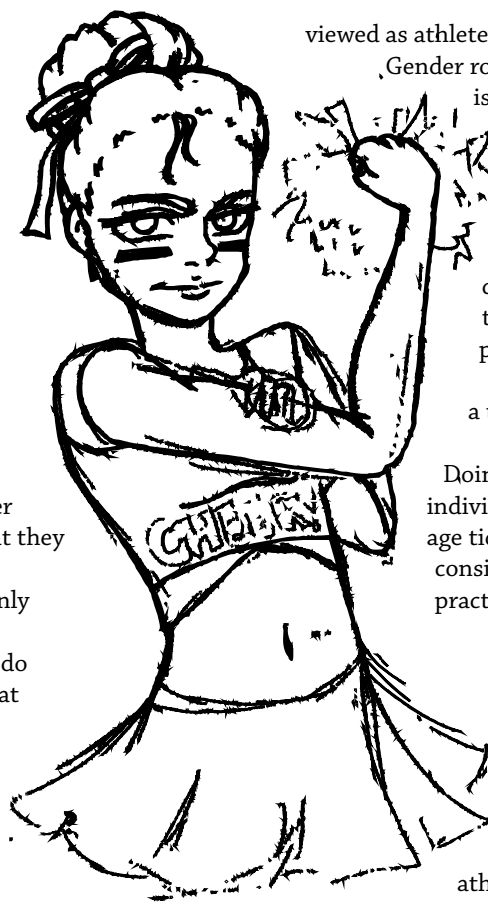
Still, it is not a lucrative profession despite the fact that they represent a team at every game during the entire season.

The average pay for a professional cheerleader is \$40-100 per game. Doing the math, one easily discovers that it's not even a fraction of what each individual athlete gets paid, even the ones who ride the bench. In 2014, the average ticket cost \$85 and during this 42 week period of working cheerleaders, it's considered a privilege to receive a parking pass. They are unpaid for mandatory practices in addition to this.

Court cases and reparations for underpaying professional cheerleaders have occurred due to their underpayment, however their current financial stability is still subtly supported by their profession.

Their low income supports the undermining of professional cheerleaders as athletes, so does the amount of publicity they receive on the big screen.

True grit and dedication are needed to acquire this career and it is unfortunate that professional cheerleaders are denied an entrance in athletic categorization because of this.



IMANI BROWN | Contributing Cartoonist



## Players earn spot in international camp

CONTINUED FROM 'COSTA RICA' ON PAGE 22

Omaha FC.

He genuinely enjoys playing for the team. "I've gotten to go places and played against elite competition. It's been awesome," Siy said. The feeling is mutual for both players. "My [club] coach gives us lots of good competition and takes us around to play a lot of good teams," Perez said.

Over the summer, Siy attended an Olympic Development Program regional camp. Each state brings in a team, from there they picked 48 players who stayed at the camp longer.

"They got to see more of them and that put your name on the list and they picked me to go to Costa Rica from that list," Siy said.

On the other hand, Perez went with a select team in the region. "They took some guys down to Florida, there they selected 18 players and I was part of the 18 they selected," Perez said. Though they did have the opportunity to see the region while away, soccer was the number one priority.

"We did get to go to a volcano we got to see their culture we got a city tour," Siy said. "It was pretty sweet."

They both had the opportunity to play with players from other states and improve their techniques which was a privilege they greatly value.

"Getting picked and getting to go, it kind of boosted my confidence," Siy said. "I feel like I learned from getting to play with people from other states that I've never played with before and learned off from what they know and came back with more knowledge."

Both agreed that they would like to participate in similar programs because of the enjoyable experience. "It was fantastic," Siy said. "I would love to travel outside of the country for soccer again."

## Mercy rule revision proves benevolent

CONTINUED FROM 'MERCY RULE' ON PAGE 22

nent. Thanks to this, stress put on the "less-skilled team" will be reduced, which will hopefully decrease chance of injury and unwarranted embarrassment.

If a rule like this can work towards increasing the safety of student athletes and it can help to create an environment that allows them to grow as individuals as well as players, it is definitely worth it.

Some may argue that losing is a part of life and sports, but there's a difference between a loss and a blowout. Plus, at a stage of competition like high school sports, there really is no reason to force athletes to go through something like that. The fact that they are committed enough to go out in front of their whole school to play someone that they know is going to win, provides a greater lesson than a loss to that other team ever could.

Maybe losing is a part of life and perhaps it does teach lessons on occasion, but what has to be remembered is the fact that there's more to life and athletics than just winning and losing. This very fact is one of the reasons that something like a mercy rule is so important to the welfare of not only athletes, but competitive sports as well.

Sometimes, it's hard to stop a good thing when it gets going, and sometimes you might get lost in the moment, which is why something like the mercy rule is helpful. Even if a team or its members don't personally think about the growing gap in points, the officials who have to follow the rule will. This will not only remind the team on top that they can take a step back, but it also helps to support the other one.

Some may worry that this rule gives an unfair advantage, but if a team is good enough to get 40 points ahead of its opponent in the first half, it's doubtful that they wouldn't be able to maintain that lead after the clock continuously runs. This makes it very unlikely that the rule would cause them to lose in any way, thus not really providing an advantage so much as it is leveling the playing field. If anything, it would ensure their win by giving the other team less time to make a comeback.

In a situation where two professional teams are playing against one another, maybe this rule is unnecessary. However, when considering two high school teams, it is perfectly acceptable and even helpful. When the competition gets to a level where athletes are paid and methodically drafted something like the mercy rule would be out of place. Yet, when talking about the high school level it makes perfect sense, and should be acknowledged as a tool to help ensure safety and a fair match between any team or school that crosses paths.

## Powerlifting team breaks records at state



ANN MILROY | The Register

Senior Spencer Witte preps to lift the bar. Central placed second in the state competition and Witte was one of five boys to place.

CONTINUED FROM 'POWERLIFTING' ON PAGE 22

As for the girls, Patricia Mendez and Jordan Young both placed first within their weight class and Elizabeth Salgado placed third. Jekamah Turner, Eileen Carbajal-Imay, Angel Schneider, Maritza Roman, Courtney Young, Crystal Carney, Makensey Pankers, Yesika Juarez-Oxlay, Stephanie Lopez, Tamia Ellebb, Mariela Santos, Roxana Estrada and Jamie Colvin all placed as well.

Of all who participated, senior Roxana Estrada was the only one to break a record.

"I was in the 191 [pound] weight class. The record was 180 [pounds] and I [squatted] 270," Estrada said. Despite the victory, Estrada isn't quite satisfied. "I'm actually disappointed in myself because I felt like I could do more," she said.

Estrada commented that she missed a few practices due to being ill. She feels that contributed to how she performed overall. However, she regards her last three years as a part of the time more positively. "There's a huge difference. I've gotten a lot stronger," said Estrada.

After high school, Estrada plans to attend Iowa Western

Community College. She is unsure of whether or not she will do powerlifting due to a back injury.

She has enjoyed her experience on the team overall and thinks highly of her coaches, specifically Baker. "He motivates me a lot. [Some] think girls are not strong, he motivates us to do better. He knows we can do more," said Estrada.

There are three powerlifting coaches this year being Calder, Baker and Coach Natalie Allen who is an ex-lifter, none of which feel a coaching style is to blame for earning second in the competition. "I think that every competition we try to coach the individuals that we have. What works for some doesn't work for others," said Calder.

Even though, Estrada is the only one who placed, both Baker and Calder are proud of the teamwork they experienced first hand. "They always encourage each other. They worked hard. I don't fault their work ethics. They always work hard for me and this year was no different than any other," Baker said.

Calder appreciates the teamwork in and out of competitions. "It... speaks well of the team interaction when the group is as diverse as it is and they got along as well as they did. Powerlifting is one of the few sports where guys and girls of all grade levels practice and compete together."

## Basketball team ends season with unique bond

BY GEORGIA CHAMBERS

staff writer

"One important thing I took away from this season was family is forever," junior Taylor Gunter said. "We were close with our seniors and we realized that even though the season is over we all will still be close."

The girls' varsity basketball team competed differently this year than in past years, resulting in their overall success with their season.

This season the girls were introduced to new coaches. These new coaches made changes to the program that helped better the team. Gunter described the rigorous conditioning they were put through.

"We ran all the time. At first we were mad, but the extra conditioning helped us out run the teams," Gunter said.

The girls in of this program this year seemed to be different than those a part of the program in the past.

Gunter said last year the girls did not get along, but spending more time as a team together this year, they created a special bond.

It was obvious how this bond did the team wonders.

"The key this season was to trust our coaches and play as a team. Selfish teams do not win," Gunter said.

Having a great season, they were in the running to possibly make it to the state tournament.

It got down to one game- Central versus Bellevue West. If Central won this game, which was the district championship, then they would advance to the state tournament.

This deciding game ended in an upset for the girls with a loss to Bellevue West with a final score of 58-51.

Bellevue West advanced, only to lose later on in the tournament, while the eagles left the court for the last time this season.

History teacher Rod Mullen was an avid fan at the girls' basketball games. Mullen believed the girls had had a good shot at going to state this year.

The upsetting game against Bellevue West had some pressing factors as to why the Eagles lost.

"The concussion [senior] Tiani White got caused Central's rotation to be thrown off," Mullen said. "Before injury, Central was playing very well and was ahead of Bellevue West early."

Gunter also felt their loss to Bellevue West was due to various injuries, but also connected the loss to other aspects.

"A lot of our key players were out due to fouls and injuries, and I think we let to poor officiating get to our heads. Playing all four quarters strong is something we need to work on. We are good at working hard at certain parts of the game, but then we let up. We need to be able to bury teams," Gunter said.

Mullen added that looking forward, the girls need to work on their inside game.

Overall, even though the girls had an upset against Bellevue West, they ended in a good place. The girls finished in the top ten in the Omaha World Herald and Lincoln Journal Star ratings. In the Omaha World Herald, they ranked tenth and in the Lincoln Journal Star seventh.

Even though the girls did not advance to state, they grew as a team and created a bond that was not always there in the past teams.

Moving forward, the team will only improve, and hopefully next year the girls will make it all the way.



# JUST KEEP SWIMMING



**Above: Girls swimmers cheer their fellow teammate during a race in the swimmeet.**

**Left: Central swimmer races in her breaststroke heat.**

**Below: The swim team does laps while practicing afterschool. They practice at Norris Middle School everyday during the season.**



**BY TRENAY NEWSOME**  
staff writer

The boys and girls swim teams went to state from Feb. 26 to 28.

There were 23 qualified state swimmers. The following students participated in individual events: Chris Pospisil, Jessie Ferguson, Mira Williams, Oliver O'Brien, Hannah DePriest, Alexis Ketzler, Madeline White, Aggie Mullen and Rob Guardiola, the rest of the state qualifiers participated in relays or were alternate swimmers for relays.

Individual events are events like butterfly, backstroke, or medley. Compared to relays, individual events is one person competing against other people, while relays include multiple students that compete with each other. "For example, Chris Pospisil made it to state in the 200 and 500 freestyle," said Kristoff Berzins, varsity boys coach.

There are different things swimmers have to do to be qualified for state swimming; students must make a certain time for the different events. If the swimmers are under that time then they are automatically qualified. "Swimming is very similar to track. Track has districts and we have our metros. What you have to do and work on all season is trying to meet a certain time," said Berzins.

For example, in the girls 500 freestyle, she would have to swim faster than 537 seconds. If she swims faster than 537 seconds then she will qualify for state. "It's like that for every single event and every single relay, there is a time that you have to be faster than just to get to state. Once you make state, if the time is 537 seconds and you swim it in 536 seconds you made it to state but that means you are probably the slowest person at state so you have to go even faster," said Berzins.

"Basically you score points depending on what place you get in the individual events, you get points for that, like Chris Pospisil got fourth in the 200 freestyle relay and we got 18 points for that. After the events all the scores are added up and whoever has the highest score wins state," said Berzins. Overall the boys walked away with 13th place and girls got 17th place

Although this was a satisfying turn out for head coach Berzins, he wants to see improvement for next year's swimmers that are qualified for state. "Our relay swimmers made it to state and state is a two day process and all of our relays made it to the second day but they were in the constellation round so they do not get as many points as the finals round. For next year I'd like our relay swimmers to make top 8 so they make it to the finals round. For example, our boys 200 freestyle relay got 11th, our 400 relay got 13th and our 200 medley relay got 15th so I'd like to see our boys and girls make top eight for next year," said Berzins.

"I was really proud of our swimmers, it was nice to see Central had such a large showing at finals," said Berzins. "We had a lot of individual events which doesn't happen too much with Central so I am excited to see what these kids can do next year."

## New coach brings Canadian charm to the track field

**BY CHOTEAU KAMMEL**  
staff writer

Dual citizenship is still a fairly rare occurrence. However, Central High School's algebra I,II and geometry teacher, Frances Keating, possesses exactly that.

Keating was born in the city of Toronto, in the Canadian province of Ontario. Growing up she pursued both academics and sports with an equal vigor. In the classroom she loved numbers. She said, "I was big into physics," and on the track she raced in a multitude of events including the 80, 300, and 400 meter hurdles, the 100 meter dash and the lengthy heptathlon.

The heptathlon is an event that is spread throughout two days in order to fit in all the competitions. The first day consists of 100 meter hurdles, high jump, shot put and the 200 meter sprint. Day two has the long jump, javelin throw and the 800 meter run. In this versatile event, Keating competed with Team Canada at the international championships in Belgium. Throughout her high school years, Keating found that her coaches were some of the most influential people in her life. She said, "All of the coaches became parental figures. Anything. Anytime."

Following graduation, she chose to study at the United of Nebraska at Lincoln (UNL), not to live in the United States but at first only to learn. Keating was drawn to UNL initially by her love of physics, and the fact that there was a particle accelerator on campus was a big attraction factor.

Once part of the college scene however, Keating found that the path of physics main not have been what she wanted. Throughout the next four years, her major changed five times,

beginning with physics, then math, undeclared, international business and then finally settling on sociology. She said, "I wanted to get the most out of my education. Make sure every class counted and graduate on time." Keating also continued her love of track into her college years, first as an athlete and then as a recruiter and assistant. Freshman year she ran the 100 and 400 meter hurdles, and the 4x400 and 4x100 relay races. In the Big 12 championships, Keating finished as the second highest scoring women on the team.

Due to injuries sustained the years before, Keating red-shirted as a sophomore, and then worked to help the recruit new athletes for her final two years. Whether it was as a participant in the meets or bringing in new talent, once more Keating said that the coaches made huge impacts in her life, "The coaching staff was so supportive, welcoming me in like a member of the family. I'm so grateful for all the coaches I've had."

After navigating, at last, the plethora of academic options available, Keating graduated with an honors thesis in the gangs of Nebraska, a degree in sociology, and a double minor in French and Math. She has also obtained two graduate degrees including her post-baccalaureate teacher certification, endorsing her to teach math in grades six through twelve, and also her master's degree in teacher education, specifically math education.

Looking back at college, Keating said, "academics and athletics work well together. You always give the 110%, but the proudest achievements in my life have been academic." She said she enjoyed the learning process but also that being involved in extracurricular activities certainly reaps rewards such as meeting new friends, building relationship skills and

feeling closer to ones school. Her coaches throughout her life really instilled work ethic and perseverance and that they are one of the reasons she coaches the girls track team as well.

After graduating from UNL, Keating taught math for Lincoln Public Schools before beginning her first year at Central in the fall of 2014. She said that almost immediately she knew that she was in the right place. She said, "I love Central. It's such a family environment. The teachers love teaching and I can be my goofy, quirky self."

Currently, Keating has no immediate plans or thoughts on leaving Central, albeit if she chooses to pursue a new academic field of study in a decade or so.

When she is not coaching or teaching, she also enjoyed spending time with her son Matthew and daughter Elizabeth. She said their activities include the Laritzen Gardens, Durham Museum, learning Spanish together and basically any other family activity they can find. Through being a mom, she has also found ways to better improve both as a teacher and a coach.

"I don't accept just the answer, I want to know the why behind it as well." This applies both at home and in the classroom, whether it's her children expressing an opinion in the kitchen or at a museum or a student figuring out an algebraic equation.

From Canada to the United States, Lincoln to Omaha, Keating has carried with her a very important piece of advice. She said, "Each day is a new opportunity, a new experience to learn. You have to reflect on your weaknesses and build your strengths. I hope I never forget that."





Photo Courtesy of **SEBASTIAN BECERRA**

Cobb poses for a picture with his twin sister Sheila and their parents at senior night.

# HOLD YOUR BREATH

SENIOR LEWIS COBB HAS BEEN SWIMMING VARSITY ALL FOUR YEARS. BUT NOW, WITH COLLEGE JUST AROUND THE CORNER, HE QUESTIONS WHETHER OR NOT TO CONTINUE ON THIS PATH.

BY **MAYA DURFEE O'BRIEN**  
co web editor

Lewis Cobb has remained on the varsity swim team since he was a freshman. As a junior and senior, Cobb made his way to many competitions, which has helped shape him to be the person he is today.

Cobb has been swimming since he was a kid. "I was about 6," Cobb said. He started out his swimming career so to speak at Brookhill Country Club where he learned the ins and outs of the water. While at Brookhill Cobb was taught to swim by someone he now knows quite well, a faculty member named Kristoff Berzins, it all came full circle for Cobb. He finished with who he started with, truly.

"I get to bond with my swim team which I consider to be a part of my extended family—we're very close with everyone," said Cobb. From the team dinners, morning practices and meets it is a lot of togetherness.

"I think it's really taken me out of shell. As a freshman I was introverted, but now because after the swim season my freshman year I became much more extroverted. It allowed me to more openly become friends with people," Cobb said.

Cobb said his least favorite thing about swimming is the actual swimming portion, while the best thing is his team. "It's good to stay in shape; I like being competitive," said Cobb. Sometimes while in practice Cobb wonders why he even does it all, but at the end of the day it's something he likes a lot.

He swims the 500 freestyle, the longest individual event. "[I] frequently swim the 100 free, which is what I swam at State," said Cobb.

In regards to his placement at State, Cobb said that he didn't finish last. "I swam in the medley relay at State and the 400 free[style] relay at State," Cobb said.

Cobb has been to the State competition twice, in his Junior and Senior years. Last year Cobb swam the 200 freestyle relay.

As a varsity swimmer Cobb has enjoyed being a part of the team for so long. "It makes me feel really great because I've been able to bond with many different levels of swimmers," said Cobb. Cobb has even been able to bond with his twin sister, Sheila Cobb. "Me and Sheila help work out issues on the team between swimmers and between swimmers and coaches, if there ever is one," said Cobb.

As far as swimming in college, Cobb is not going to pursue it. "I'm looking to expand my education," said Cobb. He plans to attend the University of Nebraska at Lincoln.

"I want to be an electrical engineer," said Cobb. This is something that Cobb believes swimming cannot help him with which is why he is choosing to not continue on with it in college. Cobb said even so he will miss it, especially the team at Central. "They're my family," Cobb said.

"I think it's really taken me out of shell. As a freshman I was introverted, but now because after the swim season my freshman year I became much more extroverted. It allowed me to more openly become friends with people," Cobb said.

## "Casual football" structured for safety, only makes game confusing

Everyone has been there. Playing football on the playground, or in a backyard. Where it is only two-hand touch, players are in a straight line, and the quarterback is forced to chuck the football and hope to have someone catch it. It makes no sense. If children enjoy the game of football, then why shouldn't they be able to play it? Just because parents want to keep children safe doesn't mean that "recess football" should take away from the enjoyment of the game.

It seems like adding "childish rules" like small endzones or having to have one foot down no matter whether or not the ball crossed the plane of the endzone. It may be time to allow children to enjoy the game that they watch on television, even if it is only two-hand touch.

"Casual football," or the football now played by children of various ages, is a weirdly structured game to "protect" the safety of children, while giving them a taste of real football. Obviously, there is a better way to do such a thing while keeping the safety of children.

First, the entire structure of "casual football" is confusing. The game seems to be shrouded in mystery as to when it was created. For those who played football years ago, they never played with the concept of "two-hand touch," only regular football that is only as structured as the game itself. But now, parents and adults alike are so focused on protection of their children that the actual game has become chaotic. Sure, making sure that fewer children are sent to the ER for these types of injuries is important, but injuries happen even at the professional level where they have the best equipment available. Some sort of system needs to be made to compromise the safety of children and the integrity of the game.

Here is an attempt at making a system that fits the compromise.

Depending on the size of the field, the kicking team will punt or throw the ball from either midfield or from their endzone. The opposing team receives the ball and runs it as far as possible. A "tackle" is when a defender lays both hands on the ball-carrier and slightly pushes them in order to stop their momentum. This is to prevent controversies of close calls.

The offense from their current position has four downs to make to the endzone (small fields) or to the midfield point (larger fields) in order to get a first down. Formations are the same; with an offensive line proportional to the amount of players on each team, and defenders with the ability to strafe the offensive line in order to get to the quarterback. To balance that ability out, the quarterback is allowed to run at anytime.



**ALEC ROME**  
WHEN IN ROME

The only restriction to offensive play calling is that two passes must be attempted for every four downs. This is to even out the quarterback scramble. So, this allows the offense to run on first and second down, then throw on third and throw on fourth if they choose to do so.

Strategy is part of the game, and it is more fun to come up with plays to fool a defense instead of always throwing bombs. This proposed system is to allow balance between having a strategic game and keeping injuries at a minimum.

Overall, the idea of casual football takes away from the feel of the game. In this system, only a few simple changes were made, but the overall impact is more apparent. Little technicalities can take away from a game that should be enjoyable, and the game should be as true as possible.

# WHERE DOES ALL THE MONEY GO?

YOUR QUESTIONS ABOUT OPS SPORTS FUNDING BROKEN DOWN

BY **NATALIE NEPPER**

FOR THE 2014-15 SCHOOL YEAR:

**\$536,187,024** in the total OPS budget  
(this amount has gone up \$286,156,603 since last school year's budget)

the budgeted amount for supplies and materials is **\$31,012,038**  
(this amount has gone up \$6,901,122 since last school year's budget)

**\$3,489,472** goes to equipment under \$5k  
(this amount has gone up \$273,501 since last school year's budget)

FROM THERE, FUNDING IS SPLIT DOWN TO HIGH SCHOOL & MIDDLE SCHOOL SPORTS & P.E. CLASSES

OPS BUDGET 2014-2015





# Basketball manager encourages team by building friendships

BY KELSEY THOMAS  
executive editor

There are a million thankless jobs in today's world. Parents complain of it all the time, as do most of America's working class. It is a common side effect of many professions.

But one job at Central goes particularly unnoticed and unappreciated by some: the role of manager for the boys varsity basketball team, held by junior Jacob Bigelow.

Bigelow has had a passion for basketball for his entire life. Though he stopped playing the sport in middle school, he has found ways to continue his involvement.

"I'm constantly doing basketball related things, such as coaching my friends YMCA teams. I've always loved basketball and even though I don't play anymore, I try to be around the game as much as possible," Bigelow said.

As Bigelow transitioned into high school, he discovered that his passion could be directed towards a team closer to home: the Central boys team, who had just come off of a three-year state championship winning streak, and would continue to win the championship again his freshman year.

Though the team has not continued their perfect track record, Bigelow still has pride in his school and the team, which is a large part of the reason he wanted to become the manager.

"I wanted to be basketball manager because of my love of basketball, especially Central basketball. I appreciate the rich history and tradition of the basketball program at this school and wanted to be a part of it in any way possible," he said.

As a manager, Bigelow has several responsibilities. He fills water bottles, and makes sure that the team has enough basketballs to practice with during warm-ups.

Additionally, Bigelow enjoys keeping the team thinking positively, with a high morale.

"I offer as much support as I can to the team. Unless someone spills water I won't be stepping foot on the court and I don't impact the final score, but I try my best to encourage everyone on the team, be somewhat like a cheerleader if I have to be, and overall just be supportive. It's the least I can do," he said.

The role of manager has had its ups and downs. For Bigelow, the most difficult part of the job was getting used to the routine of the game. But overall, he has been extremely happy with his decision to become manager, and he feels he has benefited greatly.

"The best part of the job is the relationships I've developed with some of the players and the coaching staff. They're all a great group of guys and I'm very glad I got to be a part of it. I also enjoyed the heckling I received during the games at Burke



Photo Courtesy of JACOB BIGELOW

Left: Bigelow refills water cups as part of his team manager duties. Right: Bigelow stands alongside the team during a pep rally.

and Prep. I couldn't help but smile at it," he said.

Along with these relationships has come a deep sense of unity with the team. After sitting on the bench with the team, and sticking by them through time-outs and half-time, Bigelow feels wins and losses just as much as a regular player might.

"Winning games was definitely fun, we all could celebrate a win together, and the losses of course sucked...The district loss at Prep was especially tough, because I didn't want to see that group of seniors go out the way they did, and postgame was pretty emotional for everyone. Even myself," he said.

One of the best friendships Bigelow developed while managing was with the coach, Ben Holling.

The two first began to speak early in the year, before tryouts or practices for basketball even began. Bigelow and Holling first

became acquainted, as this was Holling's first year at Central. Bigelow, after hearing from some friends about the job, decided that he would like the role. Bigelow asked Holling in the fall, and once basketball season came closer, Holling told him he could have the job.

Since then, the two have become close friends.

"[Holling] is a great coach, and really cool guy. He gives me grief for being a Duke fan and I return the favor by giving him grief for being a Kentucky fan. I've learned a lot from him and I can only learn more over the next year," Bigelow said.

To Bigelow, one of the greatest parts of the season was watching the team work together and become a group. It is largely for this experience that he plans on returning to the position again next year.

## Q & A

THE REGISTER SITS DOWN WITH FORMER CENTRAL BASKETBALL STAR TRA'DEON HOLLINS TO DISCUSS HIS PAST EXPERIENCES AND FUTURE ENDEAVORS

BY ALEC ROME  
staff writer

**AR: Describe your athletic career.**

TH: Successful. I accomplished a lot in my four years.

**How about your academic career? Is there anything you did well or could have done better?**

I was lazy, and I really didn't know I was going to be a college athlete until late in my high school career, so I didn't really take it seriously. I was just playing basketball, so when I figured out that I could go and be somebody and use my athletic gifts and abilities, it was kind of too late. So I was trying to dig myself "out of the hole" when I could have started as a freshman, instead of being at the bottom trying to get to the top.

**What were some of the reasons why you came to Central High School?**

Tradition. I grew up watching Central games and just seeing how the student section was loving, and with the atmosphere, I knew I was going to be able to fit.

**What were some of the best and worst memories of Central?**

My best memory was graduating. My worst memory

was my ankle injury. I had a high ankle sprain and at first they were telling me that I had to miss 8-10 weeks, which included the state tournament and the Oak Hill game. I wasn't ready for that.

**What is currently going on in your life?**

Right now I am finishing my AA at Drew Columbus, and I committed to UNO to play basketball.

**What job field are you currently in or want to go into?**

Right now I currently work with my grandpa detailing cars at his shop, but in the future I want to be a parole officer.

**What was playing under Coach Behrens like?**

It was great. He taught me a lot about the game. We just built a great relationship and we still communicate today. We built a relationship that is going to last a lifetime.

**Transitioning from high school to the real world can be challenging. What did you find difficult or interesting during this transition?**

I learned that life is for real. In high school, everything was all good because we were a powerhouse high school and we were loved. As far as when high school was over with, as soon as the bell rang and Ms. Kirksey and everybody was say-

ing "get out," and that was when life started happening for me. Life is different.

**Basketball has probably been a part of your life for a while. How long have you been playing?**

Since I was young, about when you start playing basketball at the YMCA. I did have a team up at the Benson Library. But it didn't become a dream until about seventh or eighth grade.

**Making it to a Division I college basketball team is an achievement. What is special about making it to another level?**

What is special is that not everybody gets this opportunity. So it is special because I can't take it for granted. A lot of kids want to play college basketball on all levels, but some don't get the opportunity. I have been fortunate enough to get that chance.

**Do you have any advice for future athletes that want to get to the level where you are currently?**

Yes. It's called student athlete, not athletic student. From the start, you don't know where your career could go or how it could go, so get the education first and then go to the court.