

SOAR

The Register

A High School Newspaper Practicing Professional Journalism

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Letters to the
EDITOR

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Do-it-Yourself
FASHION

See SOAR Page 3

**Summer
Entertainment**

What will you be doing?

The Register brings you a
list of summer movies and
concerts!

See SOAR, page 7



Monday, May 11, 2012



Better Shape Up!

SUMMER IS LOOKING BUSY

Make sure to check
INSIDE:

See 'Summer
Workout' for more.
SOAR, page 3



**Stay Pasty, stay
healthy**

You'll be surprised to see what little
things can help keep a healthy glow
over the summer, see SOAR, page 1



LOVE YOUTUBE?

We do too! Come see what
our favorite artists are, and
what other students favor.
See SOAR Page 4



**Budgeted snack
recipes**

There are so many easy, filling things
to eat over the summer. See just a few
recipes. See SOAR, Page 2

Register Your Opinion

Would you rather have:
SUN TAN or SPRAY TAN

Taylor Crayne



Junior

Natural tan because fake tans look orange and you'll end up looking like a Dorito!

Gabbie Bates



Junior

Sun tan; it makes me not feel like I'm going to die like that girl on Final Destination.

Emily Kirkvold



Junior

Neither because I have red hair which looks odd combined with a tan. I wouldn't waste time with a fake tan or risk skin cancer.

Marissa Bower



Junior

I'd rather have a natural tan because spray tans can look orange and you can get skin cancer from tanning beds!



I would rather have a natural tan because a spray tan would look really fake with my complexion,

Stay *pasty*, stay healthy

It's known across the nation: Everyone wants a nice, bronzy glow for the summer season. We also know the different ways of getting it is dangerous. But did you know it's possible to look beautiful, handsome, attractive without a tan? Continue reading for helpful hints.

BY EMILY BECK

It's a major goal of many, such as myself, to maintain a pasty glow throughout the year—but this is particularly difficult to do during the warm summer months, when people tend to wear less clothing to battle the heat. Never fear, however, because it's possible to avoid that brownish tinge and stay pale even in the face of the sun.

The Sun is Dangerous, You Guys.

According to the Skin Cancer Foundation, if someone has had five or more sunburns his or her risk for melanoma (the most serious and deadliest form of skin cancer) is doubled. Melanoma is more directly related to one-time, particularly bad blistering burns. Meanwhile, basal cell carcinoma (BCC) and squamous cell carcinoma (SCC), two other forms of skin cancer, are caused by many years of sun exposure. So regardless of how many sunburns you get, or how bad they are, you're at risk.

Am I the only one who is terrified by this (particularly because I've already gotten burnt twice this year, and it's only the beginning of May)?

I find it very irritating when people claim that they're safe because they don't burn, only darken. Do you realize that exposure to ultraviolet rays can lead to cancer, regardless of your skin's reaction?

When your skin tans, the pigment melanin is released. It tries to protect your skin from UV rays, which start breaking down DNA as soon as you step outside. So darkening is a sign that your skin cells are being damaged.

Look to the Past

It's kind of funny how backwards trends are in the modern era while juxtaposing them with trends of the far past. Throughout history (up to the 19th Century) being pale and chubby signified wealth, power and success, while being spindly, stick-thin and tanned was a sure sign of hard labor and poverty.

This was because farmers and peasants had to partake in endlessly sweaty work in order to maintain fields, crops and property and make a living—as well as other outside work. Naturally they didn't have much to eat, and they were constantly being battered by the sun—which resulted in tanned skin and minimal body fat. Only the privileged could afford to stay indoors and cover up with hats or other fancy garments.

Well, now the tables have turned, and that half-starved and roasted look is in. People who are fleshy and pale are often looked down upon...or told that they need to get some color. Now skinny and dark is what takes work—and it's what everyone wants.

I've Been There

I did suffer from a chronic tan obsession for a few summers, but I've come to realize that

it's unnecessary. Tanning booths are death traps, lying in the sun is incredibly dull, and I like pale skin.

Of course I'm not completely against getting color—it's good to get vitamin D, and sunlight will give you a healthy glow (and freckles!) But your color should be a reflection of how much activity you've done outside—not how long you've lain in the sun.

And *stay away* from tanning booths, for goodness' sake. I've been in them before—I know what they're like. Sure, the heat feels good and it's easy to relax, but often the burns that you get from those booths hurt way worse than the ones from the sun.

These death beds are pumping out UV rays and unloading them onto your skin...and those rays are exactly what causes cancer. Don't believe what Ashley Lynn's tries to tell you in their advertisements adorning the various walls and doors—that tanning is the perfect way to get vitamin D and that it's healthy for you. This is a blatant lie. No matter how much you'd like to believe it, please don't. If you do, you may as well be a chicken in a rotisserie oven.

Tanning booths aren't only dangerous when it comes to your long term health—they can pose a threat to your immediate safety as well. Two or so years ago a booth caught on fire with my aunt in it; luckily she could tell that something was wrong and escaped before it killed her.

So how do you keep a healthy, pasty glow?

1. Cover yourself as much as possible when going out in the sun (don't forget a hat—the part in your hair, as well as the rest of your scalp, can easily be burned). Or if you're swimming or it's simply too hot, slather yourself in SPF 15 (at least) sun screen.
2. Don't lay outside. Do something interesting instead.
3. Always carry something with you so that you can have your SPF 15 on you at all times. Try buying a ridiculously huge

bottle of sun screen and keep it at your house; you can use it to refill the bottle that you carry on you.

4. Avoid tanning booths and businesses like the plague.
5. If you see advertisements with attractive tan people, *cover your eyes immediately*.
6. Try flipping through magazines and clipping out pictures of beautiful pale people; paste these around your house, in your car or on your mirror as a reminder that fair skin is beautiful.

And if you *must* have that summer tan...

Apply self tanner like a champ

1. The smoothest self tan can be achieved by scrubbing your face and body before applying self tanner.
2. Use a body scrub prior to showering. From the neck down, add just a slight amount of water for removal of dry patches and dead skin cells (instead of in the shower where water rinses away scrub as you are using it).
3. After scrubbing, moisturize dry areas like knees, heels, and elbows so that self tanner doesn't stick and darken.
4. For a natural faux glow, mix moisturizer and self tanner together and apply at night. Your natural looking tan will develop while you sleep, so that you wake up with a healthy glow.
5. Mix self tanner with lotion and apply with a small sponge to hands and feet, avoiding soles and palms where self tanner tends to darken.



the materials

The best way to have a self tanner look real is to start off with scrubbing your body (St. Ives Apricot Scrub works perfect), then mix a lotion with the self tanner.

the materials



the materials

Each of these makeup items are safe with an SPF, so you get the tan and can stay healthy. Plus, they're affordable!

Make-up can be your friend

- Start with moisturizer
It creates a smooth base for makeup to cling to. Apply one with SPF then let it sink in a minute before you put on makeup.
- Conceal around (not just under) your eyes
Use a tiny brush to paint a creamy concealer over circles, all the way to lash lines, and on inner corners. Use your ring finger to press in the color so it blends.
- Spot on foundation
Find a shade that disappears into your skin, use a sponge to dab it on your nose and chin and blend outward; skip your forehead and cheeks for a more natural look.
- Next use a bronzer (available in different shades) to provide that deep, shimmery tan.
Blend smoothly from apples, up toward your hairline, and then down slightly.
- To set your newly radiant look, dust on a sheer powder using a large brush

Big summer, little budget

Not rolling in dough this summer? That's okay, the majority of us aren't. But with roughly 90 days coming up with nothing to do but have a good time, what are we to do? No need to fear, *The Register* is here! Here are a few tips and ideas on how to have a fun filled, inexpensive summer.



Visit the Joslyn

Museums might sound boring, but you'll be surprised how much fun it can be discussing works of art, or seeing limited-time-only exhibits (like the Egyptian exhibit). Some museums even have interactive exhibits for you and your

friends to really get involved in. The best part? Most museums offer free days (The Joslyn offers it on Sundays), late-night, or special prices for students!
Joslyn Art Museum, Omaha, Neb.



Go on a bike ride

Bike rides are a great way to get outdoors and enjoy the day. Look for local trails and then you can have multiple daytime dates throughout the summer by riding them all!

Catch a movie! (before noon, that is)

There's nothing better than curling up watching a new flick. But movies are getting so expensive, that it's practically an investment to go see the next upcoming movie in theatres.
But this summer, at the Aksarben Cinema (located on 68th and Center, Aksarben Village), movie tickets are only \$5 if you choose one before noon, and the popcorn is discounted too!
And how can you pass that up, what with all the great movies coming out this summer? Batman? The Amazing Spider-Man? Twilight? Well, I don't know if Twilight is coming out this summer, but I can only hope, right?



Have a picnic

Outdated, but not overrated. Picnics are an awesome way to relax on a summer day. Pack some of your favorite foods from your mom's fridge, bring your iPod (with speakers), and enjoy spending one-on-one time together while soaking up the rays (but remember to wear sunscreen!)

Hit the waterpark

Looking for a fun way to cool down this summer? What about a fun day at an inexpensive pool or water park? Papio Bay Water Park located in Papillion offers a high dive, regular diving board along with two big slides and an awesome kids pool. The price is \$5.50 for adults. The pool also has many chairs and a concession stand with a wide variety of food, beverages, and candy.

Perfect summer recipes

We know your hunger for summer is starting to eat away at you, and we want to help! As the warm months are approaching, as well as activities that will starve you, the staff of *The Register* want to give you healthy, quick, and inexpensive ideas for snacks while you're away.

BY ESAU RENDON

Triple Threat Fruit Smoothie

What we love about smoothies:

They pull double duty: quenching thirst and satisfying hunger, taste as bright and pretty as they look, and most importantly: they don't require a lot of fussy ingredients. Here is our favorite smoothie for this summer!

- Ingredients**
- 1 kiwi, sliced
 - 1 banana, peeled and chopped
 - 1/2 cup blueberries
 - 1 cup strawberries
 - 1 cup ice cubes
 - 1/2 cup orange juice
 - 1 (8 ounce) container peach yogurt

- Directions**
1. In a blender, blend the kiwi, banana, blueberries, strawberries, ice, orange juice, and yogurt until smooth.



Summer Colors Fruit Salad

Ingredients

- 2 cup(s) cantaloupe, cut into 1/2-inch pieces
- 2 cup(s) honeydew melon, cut into 1/2-inch pieces
- 1 cup(s) (sliced) strawberries
- 2 bananas , peeled and sliced
- 5 whole(s) oranges ,peeled and cut into 1/2-inch pieces
- 1/2 cup(s) orange juice
- 1/4 cup(s) lemon juice
- 1 teaspoon(s) vanilla extract
- 1 teaspoon(s) (ground) cinnamon

Directions

1. Combine fruit in a large serving bowl.
2. In a smaller bowl, whisk orange and lemon juice, vanilla and cinnamon.
3. Pour dressing over fruit and toss to coat evenly.
4. Savor every delicious bite!



Just-Like-Tel Aviv Falafels

- Ingredients**
- 1/2 cups dried chickpeas
 - 1 small purple onion, quartered
 - 2 garlic cloves
 - 1/2 cup fresh cilantro leaves
 - 1/2 cup fresh parsley leaves
 - 1/2 teaspoon ground cumin
 - 4 tablespoons all-purpose flour
 - 1 teaspoon baking powder
 - 1/2 teaspoon baking soda
 - 1 teaspoon oregano
 - 1 teaspoon kosher salt
 - 1/3 cup water

Directions

1. Soak the chickpeas overnight, unless you use canned chickpeas.
2. Drain chickpeas and place in food processor. Add onion, garlic and parsley and pulse until texture is grainy.
3. In a separate bowl cumin, flour, baking powder, baking soda and salt. Add

chickpea mix and mix till well combined. Add water gradually until thick paste like.

4. Mold falafel balls to ping pong ball size and place in 375 degree oil, for three to five minutes or until golden brown.
5. Serve warm on Pita bread or my favorite toasted Telera roll, topped with Tahini or virtually anything.



Register Your Opinion

Which summer concert are you looking forward to most and why?

Clare Jasnowski



Junior

If the Tupac hologram comes to Omaha or anywhere nearby, than that's the concert I'd be looking forward to.

Amity Hinchey

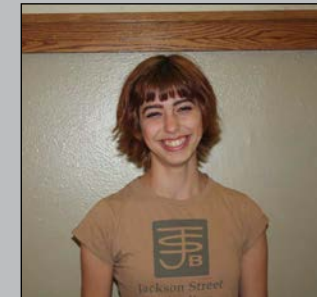


Sophomore

I'm looking forward to the Remedy Drive concert because I love their music and lyrics!

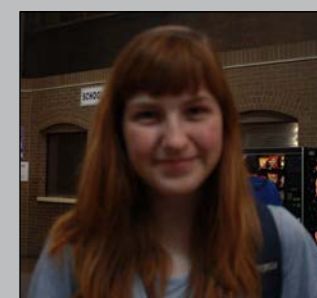


Hot Spitta, because I got kicked out last time before he got on stage.



Leslie and the Lys in Des Moines. There will be lots of wonderful spandex and colors.

Kelsey Magnuson



Senior

Andrew Bird, because he's awesome. Also, he's playing at the Holland center, and ocaation will be great for it as well.

Register Your Opinion

Would you rather go to:
A LAKE or PUBLIC POOL?

Brittany Margrave



Freshman

I would much rather go to a lake than a public pool because I enjoy the privacy and lack of rules!

Marian Gottner



Junior

Pool because there is bugs and other life forms in lakes.

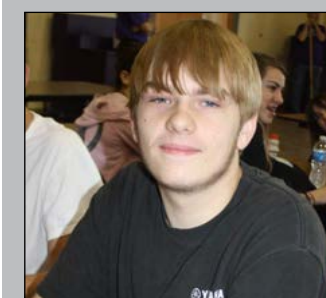
Rachael Rief



Sophomore

A pool because I don't like fish and it doesn't seem as dirty.

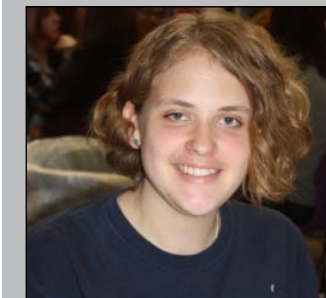
Ben Hedrick



Junior

A lake because it's more nature and there is way more things to do.

Monica Sheridan



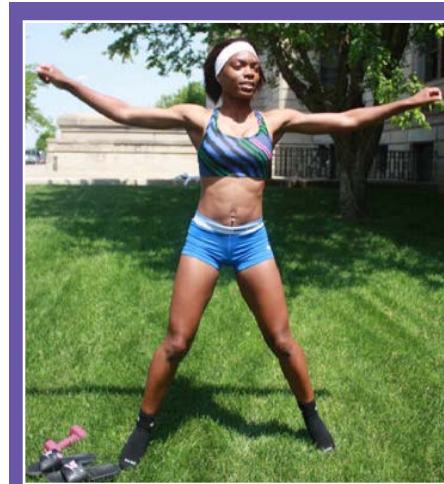
Freshman

I would rather go to a public pool because I cannot swim very well and so, though it might be more crowded, I'd like the safety of a lifeguard.

Tone your tush

The summer season is approaching, and with Neb. being one of the hottest states in the country, we know the less clothes, the better. Here are a few ways to not only tone your tush, but everything you'll need for 100% confidence this summer.

Brought to you by Mekenzie Kerr, *The Register*



Monday

25 jumping jacks
20 Lateral Raises
-Stand with your feet shoulder-width apart, Hold a 3-5 lbs weight in each hand and turn palms toward each other, then raise your arms straight out to each side until they are shoulder-height, slowly lower them.

20 shoulder presses
-Stand with your hands by your sides, hold a 3-5 lbs weight in each hand and bend arms, positioning hands in front of shoulders, palms facing forward. Raise your arms above your head until they are straight, slowly lower them.

Tuesday



20 minutes of cardio
- 15 to 20 regular or bent-knee push ups
20 chair dips
-Sit on the edge of a chair with knees bent, grab the front of the seat and keeping your back straight, use

your arms to lower your torso in front of the chair until your elbows are shoulder-level, resume previous position and repeat
40 bicep curls
-20 per arm, holding 5-8 lbs weight.

Wednesday

Time for cardio, and a lot of it! If you work-out at a gym than you can try running on an elliptical or treadmill.

a gym, than try running outside on a nice day. Jumping jacks, running in place, anything that gets your heart going is cardio and a great fat burner. Shoot for at least 30 minutes!



Thursday

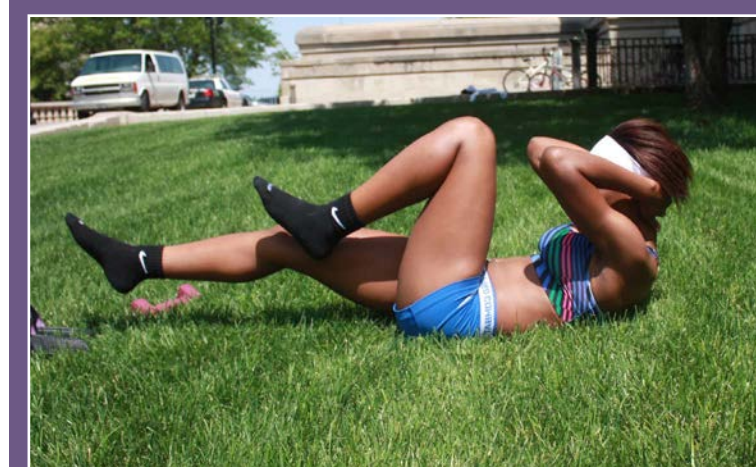
Thursday is all about pilates, people! Pilates focuses on your core (abdominal) muscles.

The Hundred - lie flat on your back with hands by sides. Raise your head off of the mat and then lift your

legs. To make this more difficult, raise legs higher. The Roll-up - Lie flat on your back completely straight. Slowly roll your body up with arms straight out. Avoid doing a regular crunch by just sitting up.



Friday



10 minutes of cardio
20 Pelvic lifts
Lie on your back with knees bent, feet flat on floor, arms resting by your sides. Raise your butt toward the ceiling (about three to five inches from the floor), then slowly lower it.

30 Bicycles
Lie on back in crunch position with arms behind your head. Lift the left knee to get as close as you can to the right elbow, then switch and do the same for the opposite limbs. Repeat until you hit 30.

Do-it-yourself Diva

Tired of all the same looks at the mall? Now you can decide your own fashion by altering the clothes you've already purchased. Continue reading for how-to steps.

Go shopping...

in your closet
Feel like you have just exhausted all options for outfits from what you have in your closet? Pick a t-shirt, and grab some scissors, baby.

Fix the sleeves

No one likes to look sloppy with those sleeves that hang down to your elbows.
Roll them up and secure your roll with a little thread. Then, cut a slit up the front of the shirt about 12 inches long.

Cut the neckline

It's no secret that ladies look better with a scooped neckline. Cut it to your desired scoop, and depending on how crafty you are, secure the hem by sewing it.

and ...

... tie it up!
Roll up - or cut up - the back of the shirt and secure it with a little thread, so that it doesn't fall down when you're wearing it. Then tie the shirt in the front right underneath your bust or lower and rock it!



With small beginnings on media outlet YouTube, musicians have concocted and produced musical mantras worth praise and attention. From the sea of musicians with talent flowing in their veins, four artists have been selected for your summer playlist pleasure.

Brought to you by Mekenzie Kerr
The Register



Gabe Bondoc

Search

Browse

Upload

In lieu of a typical count, "1, 2, 7, 9" is always followed up by the mellifluous chords and strumming of an acoustic guitar or tropical-sounding ukulele on YouTube channel 'gabebondoc'.

Gabe Bondoc, the Filipino, self-classified "guitarist," "singer," "songwriter," and "nerd", performs One Take Sessions (best known by fans as OTS) featuring covers of notoriously popular hip-hop or acoustic-pop songs. Bondoc has also released three EPs teeming with beloved originals like 'Little Black Book' and 'Dictionary.'

Possessing the magic ability to turn songs like 'Strip' (Chris Brown) or 'Adorn' (Miguel)

into acoustic masterpieces, Bondoc has become a veteran doing so, posting his first original five years ago. Appearing as the sticky-up-hair, five o'clock shadow guy, Bondoc's raw, fluid talent was apparent from the beginning.

As the qualities of his recordings have improved, his abilities have done thing but the same. Bondoc's voice, like many of his fellow Pinoy YouTube peers, is articulate, smooth, and, for lack of better words, an entirely refreshing listening experience. With simply one of his guitars (lovingly named after 'Lion King' characters) or ukelele in hand and a pitch-perfect voice, Bondoc turns already chart-topping mainstream popular songs into masterpieces.



PHOTO COURTESY OF MAASULR2011.WORDPRESS.COM

You may also like: J.R. Aquino, Jeremy Passion



Karmin

Search

Browse

Upload

Clad with a suicide roll atop her forehead and his piano at the tip of his fingertips, Karmin's success has been growing right in front of fans eyes since their humble beginnings on YouTube.

The "girl with a guitar and the guy with a box" have become sensations outside of their YouTube roots with the most recent release of their single and music video, "Brokenhearted."

'KarminCovers' made-up of couple Amy Heidmann and Nick Noonan, is home to rap songs with a twist. Noonan puts his pianist skills to the grindstone playing riffs of 'Super

Bass, 'Look At Me Now' and '6 Foot 7 Foot' to accompany Heidmann's far from typical rap skills. Both enlightening and quirky, Heidmann's singing voice has a heavy bravado and old school feel, while her rapping is fast-paced and flighty.

There is something comical yet completely astounding when watching a classical piano and a 70's style female take the stage and transform rap songs into another genre itself. The capability of doing this shows the freakish talent and chemistry that this couple marries together well.



PHOTO COURTESY OF CLUB 93.7

You may also like: Jessie J



Mastamic

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Browse

Upload

Wub, wub, wub, wub, zoom, wobble, wobble, womp, womp are not run of the mill human-generated sounds, but for Masta Mic, inhuman sounds are his specialty.

For dub-step fans alike, you know the "dirty, grimy, and filthy" heavy drops of dubstep are what characterize dub as a genre all in itself. But the robotic, synth sounds that fall from the lips of Masta Mic, hailing from Russia, are incredulous.

Imitating classic dubstep heavy drops

and sounds, Masta Mic uses a range of wobs, wubs and vocals to create songs that without seeing the videos, you would have no idea that the sounds were all created vocally. With the occasional help of a few synths and key-boards, Masta Mic is able to concoct elaborate overlays of his vocals to make professional sounding songs.

From the depths of this man's Russian kitchen, the truly astounding capabilities of the human body in itself are released.



PHOTO COURTESY OF 123PEOPLE.COM

You may also like: Skrillex, Nero, Liquid Stranger



J.R. Aquino

Search

Browse

Upload

Webster's Dictionary does not have any synonyms that hit the nail right on the head to describe YouTube star, JR Aquino's smooth voice. While the Filipino-American singer only made it to the top 44 of popular show "American Idol," he has gone on to do even greater things than any competitive singing show could offer him.

Currently performing with YTF (YouTube Family), Aquino's fame was nurtured and grew from his YouTube channel. Beginning with covers of R&B songs and formulating his own such as internet-famous 'By Chance (You & I)', he has made a name for himself among

not only the Asian, but world community.

Aquino's voice radiates a warmth that is versatile in both his covers of mashes like 'I Hate Sleeping Alone So Take A Shot For The Real Her Medley' and Frank Ocean's 'Novacane.' But even more impressive is his latest cover 'Climax', the Usher song that has started a craze among fans. Aquino's voice is undetectably the same as Usher's, being more like an acoustic version of Usher's song rather than a cover.

An unintentional imitator of popular singers, Aquino blows other acoustic artists out of the YouTube waters.

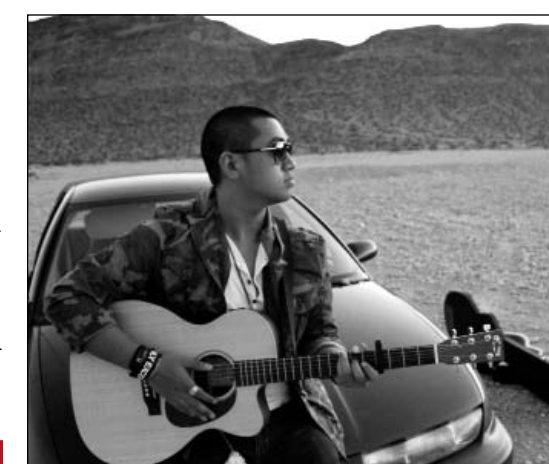


PHOTO COURTESY OF HYPETUNE.COM

You may also like: AJ Rafael, Jenny Suk, Jayes

Register Your Opinion

What Youtube artist do you enjoy most, and why?

Malcom B.



Junior

The Hodge Twins because they get deep in every and anything they talk about.

Shelby Christiansen



Junior

Annoying Orange and Jenna Marbles - they are funny and odd enough to be different.

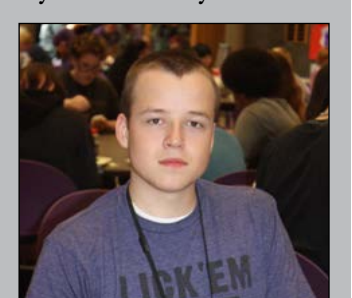
Duyen Le



Sophomore

UrbanGermany - I really love his acoustic style and his own originals.

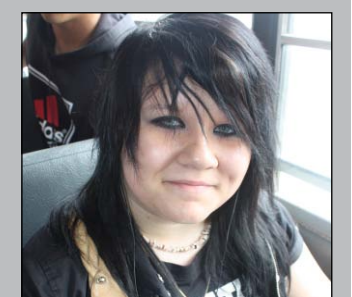
Ryan Peatrowsky



Junior

Tre Melvin, because he's in high school and analyzes everything to make it also loutely hilarious.

Ashia Smith



Junior

Tabbs24x7 - she is funny, smart and totally fun to watch. She does a lot of hilarious stunts in her videos.

Register Your Opinion

What is your favorite summer activity?

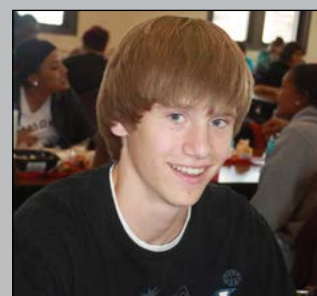
Djenaba Kelly



Senior

Tubing, because I really like being in the water in the summer, and tubing gives me an adrenaline rush.

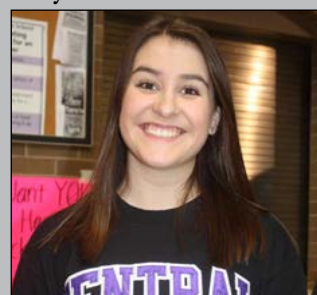
Nick Courcier



Sophomore

Basketball because it never gets old and is a big part of Central.

Katy Pallman



Junior

My favorite summer activity is going to cheer camp and hanging out with my friends.

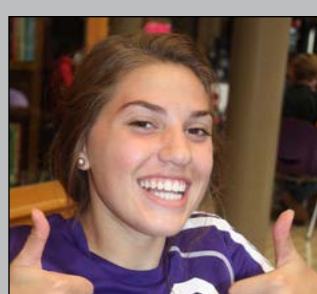
Haley Meier



Junior

I enjoy hanging out with my best friend, Jennifer Rooney the most over the summer.

Ali Vinci



Junior

Hanging out with my friends, especially Laramy Overton.

keeping up with the ~~Kardashians~~ **EAGLES**

Is your club or organization doing something this summer we need to cover? Call the Register
email central.register@ops.org

What's happening at Central High?

Keep up to date with the school over summer break!

may 21

Graduation Ceremony

Congratulations Class of 2012!

Graduation will be held at the Civic Auditorium at 7:00 p.m. Music will be provided by The Central High band.

may 17

Senior Recognition Ceremony

Come support the hard work of the class of 2012. Senior Recognition Ceremony will be held May 17 in the Central Auditorium at 7:00.

june 04

Summer School

Summer school will be held at Central High School; please see your academic counselor.

june 29

Summer Graduation

Congratulations to the Summer class of 2012! Summer graduation is held in the Courtyard.

june 10-20

Cheer and Pom Squad Camp

Who says you can't have school spirit during the summer?

june 11-15

Creative Writing Camp

aug. 2-3

Color Guard and Drumline Camp, Central Band

This one time at band camp ...

aug. 6-9

Band Camp

TRAVEL ABROAD for the summer

BY ESAU RENDON

The month of June starts and all I can think about is vacations. Sure a vacation in the modest town of Marfa, Texas would suffice, but a trip to the Midwestern metropolis of Chicago. However, it seems that a trip abroad would blow those fine options out of the water.

Many turn down the idea of traveling to another country for many reasons. One of the reasons is safety, there is a perception held by many that a country as safe as the United States does not exist. However, there are still countries that have seen less crime than a lot of the United States like Sweden and Costa Rica that don't even have one city listed on the list of 50 most dangerous cities in the world, five of which are American. Junior (11) Tal Marglit is a dual citizen between the US and Israel and makes trips to Israel every year and says that the middle eastern country is relatively safe except for the hot spots, being the West bank and the Gaza Strip.

So in reality there are many countries one can travel to while escaping the perils of petty crime and drug lords.

Another reason for the rejection of traveling abroad trips is the cost. Many make remarks like Paris, Milan London, how expensive. They seem like destinations available to members of the jet set. However, they can also be affordable with trips hosted by the school.

This option has proved attractive to Seniors (12) Riles Maxwell and Gabrielle Watson both of which are going to cities in France, Spain and Germany this summer with the guidance of German Teacher Angie Meyer.

"I think that trips available through schools are less expensive than going on ones own mediums and also safer" included Maxwell.

Another great way of going abroad for

summer vacation is studying abroad. Also regarded as expensive and sometimes even bofing by some. However, Freshman (9) Mikol Kelley disagrees, he feels very excited for his trip to the South American country of Bolivia where he will take an advanced Spanish course and a Bolivian literature of Spanish for six weeks.

He mentions that he will do some volunteer work but he will also get to see a lot of the sites and taste some of the food. Bolivia has no other, all making him very anxious for the end of the school year and the beginning of summer vacation.

The trip has been made possible through his fathers profession as a college professor that teaches theology classes in other Spanish speaking countries. However, the study abroad opportunity is also available to other students, most easily this option is available to college students.

Many colleges have Study abroad programs and offer many schools in many destinations with various price ranges. Destinations from Milan to Buenos Aires to Taipei. One can take language classes and one can even take classes in English, even if that is not the country's language.

Emily Hassenstab the Study Abroad advisor at the University of Nebraska at Omaha said prices can include flight and additional expenses and sometimes do not. However, semester exchange programs can range from \$7,000 to \$10,000 and \$7,000 to \$20,000 for all semester programs.

She also included that research shows that students who study abroad tend to have better grade point averages than those who do not, given the experience. As one of the pluses to studying abroad.

Kelley, Watson, Marglit and Maxwell feel that there are many positive aspects, and would do it again in a heartbeat.

PHOTO COURTESY OF TAL MARGALIT

Summer to-do

may 25

Men in Black III

Movie

The third known sequel to the famous "Men in Black" will be coming to theaters on May 25th, this summer. "Men in Black III" stars the famous Will Smith as Agent J and Barry Sonnenfeld directs it.

"Men in Black III" is when Agent J travels back in time to the earlier years of Men in Black, in the 60s, to change history. He must stop an alien from assassinating Agent K, Agent J's friend. If you enjoyed the first and second "Men in Black" then you will most likely enjoy the third and I suggest going.



The Register is bringing you the complete guide to full up your summer to-do list!

Brought to you by Jennifer Rooney The Register

may 15

Daughtry

Concert

It is "No Surprise" that "Daughtry" will keep you wanting more. His tour "Break the Spell" has been going on since March and he will be coming to the Omaha Theater this May 15th.

His concert will be held at the Orpheum Theatre this summer. This time, his tour "Break the Spell" will be all about his multi-platinum selling rock band's third album. If you enjoy Daughtry and would like to see him perform in concert, I suggest grabbing those tickets and heading out soon.

may 25

Yo Gotti

Concert

The southern rapper from Memphis is back and better than ever. Yes Yo Gotti. He has been on tour for while and will be arriving to Omaha this summer on May 25th. The concert of course will be at the Sokol Auditorium that night.

The concert will feature songs from his album "Live from the Kitchen" and you think his concert will be a "5 Star" concert than head on over this summer and be ready to party.



June 15

Rock of Ages

Movie

"Rock of Ages" will return to the theaters this summer on June 15th but not as a musical, just a plain old fashion movie. Adam Shankman is the movie director. The main characters are Sherrie Christian, played by Julianne Hough, Drew Boley, played by Diego Boneta, and Stacey Jaxx, played by Tom Cruise.

The movie is set in the 1980s in Los Angeles as Drew and Sherrie are chasing to fulfill their dreams in the big city. It may be love at first sight with them, but there will be challenges to overcome. Not only is this movie a romantic comedy, but it's also a musical that could entertain millions.

July 03

The Amazing Spider-Man

Movie

All though there may be three Spider-Man movies out already, this one does not compare to the last. "The Amazing Spider-Man" includes different characters, a different director, and a different plot. This one includes, a new British man named Andrew Garfield as Peter Parker and Emma Stone as Gwen Stacy. The director is Marc Webb.

"The Amazing Spider-Man" begins as Peter finds a clue that might as well help him understand why his parents disappeared when he was just a young boy. His path towards his result puts him on a risky collision with his father's former partner though.

Even though this movie may be different than the others, I suggest trying something new.

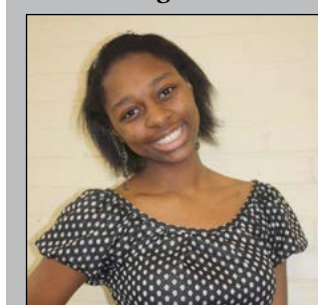


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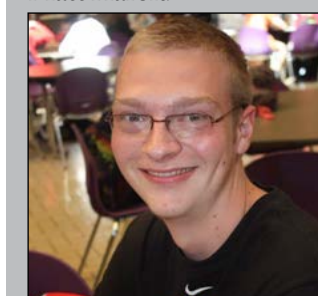
Mecca Slaughter



Junior

Fiji, because of the waterfalls and the exotic animals.

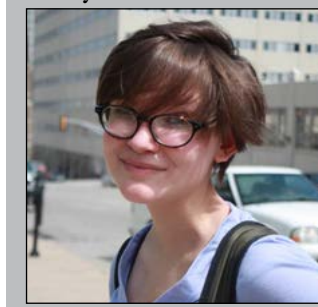
Matt Harold



Junior

My favorite spot is florida in a hotel with all of my friends.

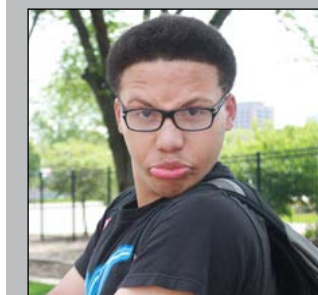
Emily Bell



Freshman

I would like to travel through Southeast Asia (including India) for several years and become immersed in the culture.

Kamau Brown



Junior

I want to go to space, mostly because I want to meet the aliens.

Lavone Walker



Junior

The bahamas, because it's got a beach and it's very hot.

The Voice of the Eagles

The Staff of *The Register* understands the opinion of the student and staff body, and are glad to hear their voice as well as share it with our readers.

LETTERS TO THE EDITOR WANTED

Letters to the editor are gladly accepted in room 029, via e-mail to chs.register@ops.org or can be placed in Ms. Blaney's mailbox in the main office. Letters must be factual and contain the author's full name and grade. Incorrect or unsigned letters will not be printed. The use of pen names is not allowed.

Positive article reflects Centrals open minded culture and ideas

I appreciate your article, "Our own Modern Day Equality Movement." It's cool to read such a positive and supportive article. It reflects the open minded ideas about homosexuality that I often find here at Central.

I specifically enjoyed the section, "Why religion isn't a good argument," and the way that the arguments were split up by the bold titles. Well done.

Beatrice Duncan

Race isn't a question when it comes to basketball, Eagles excell regardless of stereotype

I fervently agree that race does not matter when it comes to sports. Our basketball team is not the best because it is predominately african american, but because we work the hardest and have the best players. Such racism expressed by other jealous people is extremely immature. I personally think that the reason for racial predominance in sports is due to upbringing. Race does not matter.

Jeremy Anderson

WiFi beneficial, however electronics need to be allowed

I am all for Central getting its own WiFi system! However, even with this small integration of technology, many staff members and students alike are uneducated about it. Some of my peers (that didn't know WiFi was installed) were surprised to see me accessing the network on my Nook, which is easy to access. I have even used this to look up answers on the web to questions asked during class discussions.

Another problem I have noticed is some staff acceptance of this new technology.

For example, my independent novel for English class is on my Nook. During free work periods during class I would take it out to continue reading my novel.

Some of my teachers do not mind it at all, some threaten to take it away, and some are even convinced that I can make cell phone calls and text on it (which, I can't).

In response to Bigsby's support, I agree that this does help us learn. The only way to help us fully would be to please educate the staff and students on the basics of this new technology.

Amanda Schneiderman

Story of softball player Anesa Gilreath truly an inspiration to all

I really enjoyed the article about Anesa Gilreath. It indicates the well being of hard work and true dedication. It also made me think...what if I were in another persons shoes. I have to say Anesa Gilreath is a unique person. I would have never guessed what she went through and what she still goes through. I have to say I have watched her play and she is wonderful at her game. In as she has humbled me and I'm sure others. I am personally honored to hear her story.

Carlisa Cunningham

LB88 brings controversy in school, student believes a waste

LB88 is a ridiculous law, just because a kid is missing 20 days doesn't mean they are bad students and shouldn't have to go through the court system. Like they said in the article, the administration should deal with the kids instead of wasting their time going through an attorney and wasting tax payers money. If the kid doesn't want to go to school then why should tax payers pay for them to go to court?

Mercedes Bucholz

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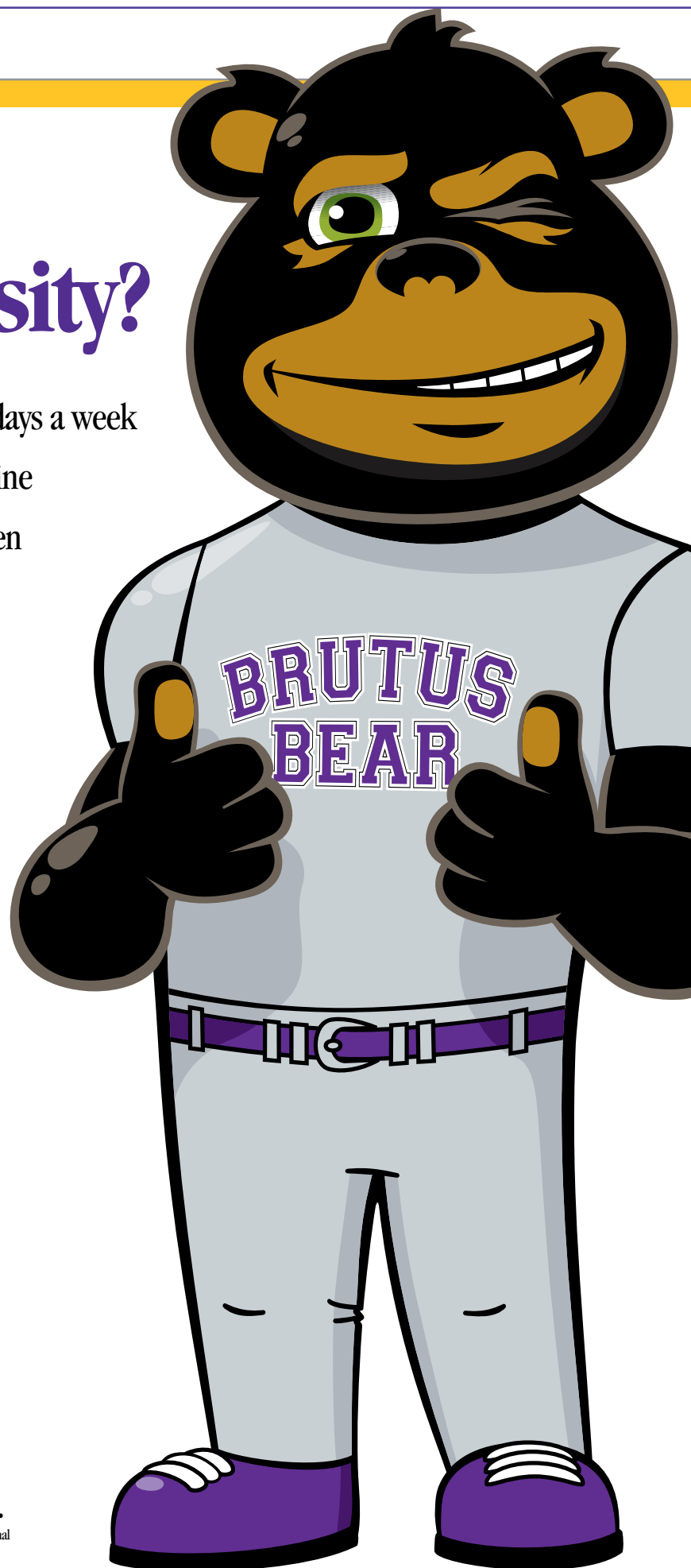
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