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# the register

Central High School

TIME NSPA / ITA BEST OF SHOW WINNER

A HIGH SCHOOL NEWSPAPER PRACTICING PROFESSIONAL JOURNALISM

NATIONAL FACEMAKER AWARD WINNER

## INSIDE ...

### News

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PHOTO COURTESY OF OPS CAREER CENTER

### Entertainment



PHOTO COURTESY OF WARNER BROTHERS

**Slasher movie bores audiences**

Repetitive, same old story line bores audiences with this year's remake of "Friday the 13th."  
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 Vol. 128, No. 4, 20 pages

## Junior still has hope after bullet blinds her

Bria Bell faces hospitalization and rehabilitation after accident at friend's house leaves her visually impaired.

STORY BY MICHELLE RIEGER

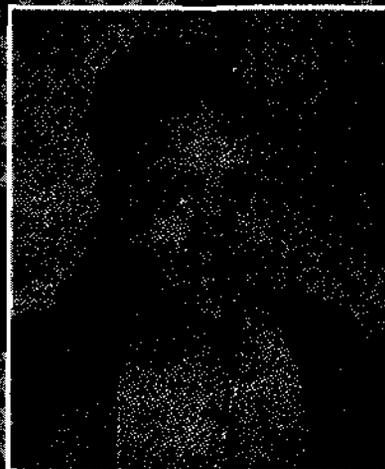


PHOTO COURTESY OF 2009 O-BOOK

On Jan. 15, 2009, a fun night at a friend's house became an unforgettable nightmare for junior Bria Bell, her family and friends.

A gun in the friend's home, something that should have been left untouched, became the weapon that would leave Bell blind in both eyes and emotionally scarred for the rest of her life.

Bell's then boyfriend was playing with a gun and things turned for the worse when he accidentally shot Bell in the head. The bullet entered just behind her left eye and passed all the way through her head.

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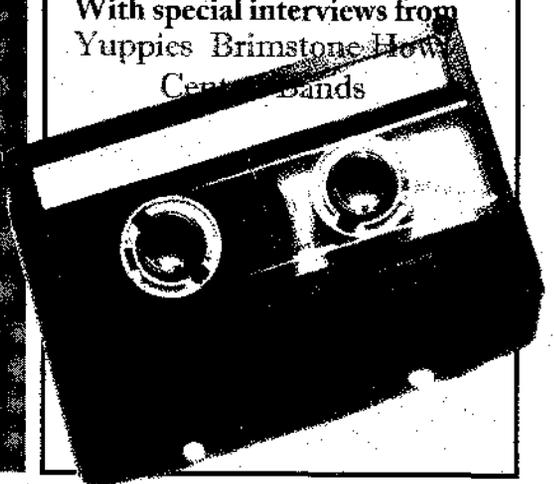
## The Register

MIXTAPE

Special Entertainment Section

Pages 15-18

With special interviews from Yuppies Brimstone How Central Bands



## Watchmen

See the review of the most anticipated movie of the year.

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# the register

2008-2009

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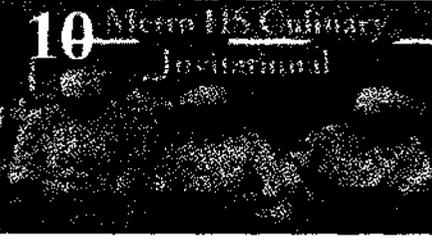
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## Letters to the Editor

Dear Editor,  
I haven't really seen much improvement with the economy despite all of these stimulus packages.

**Amanda Schatderman**  
Grade 9

Dear Editor,  
I personally don't think that nude pictures should be sent or received under the age of 18. Sex should not be on your mind at that age. And receiving or sending inappropriate pictures can give people the wrong message about you.

**Jasmine Hodge**  
Grade 9

Dear Editor,  
Times are hard, but you know what they say: Tough times don't last. Only tough people last.

**Marco Guffickson**  
Grade 10

Dear Editor,  
"Sexting" is very immature. Not only does one risk being exposed but one loses self dignity. Pictures are sent around to everyone.

**Rachel Polanco**  
Grade 10

Dear Editor,  
Finances have definitely changed since the economy started to fall. Many businesses have closed and many people have lost their jobs. If we, as a country, plan to get out of this rut we are seriously going to have to sit down and think about what we spend our money on, how we spend it, and what sort of things we do once we have enough money again.

**John Rooney**  
Grade 10

Dear Editor,  
I don't personally have a Facebook, but I have a lot of friends who do. I can't say what you posted on Facebook. If Facebook owns the system, they can use it when and wherever they want.

**KeRonelle McGhee**  
Grade 9

Dear Editor,  
I think anyone who would actually participate in "sexting" is just desperate for attention. It's terrible! I believe if you do that you basically have no respect for yourself. You're just looking to start some drama.

**Darian Holmes**  
Grade 10

Dear Editor,  
I don't think it should matter if Facebook can own what you upload because they probably are doing that in order to prevent inappropriate pictures and what's being posted on the internet. And I wouldn't be thought they did that before anyone.

**Helen Erickson**  
Grade 9

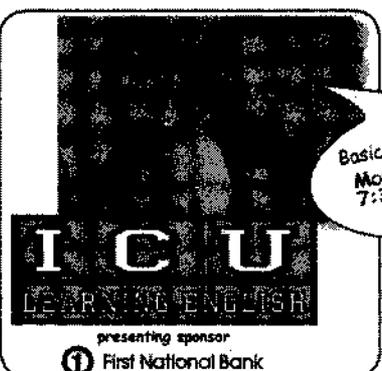
Dear Editor,  
"Sexting." Harmless fun shared amongst free-spirited teens? Or is it a much more serious matter? "Sexting" is not only childish and immature, it shows a lack of responsibility and concern for personal appearance. On top of that, it invades other people's sense of privacy. Don't fall into the habit of "sexting." Not only do you lose respect for yourself, but you also violate the respect of others.

**Catalina Ramirez**  
Grade 9

Dear Editor,  
I really don't matter to me if Facebook wants to own what I upload. I don't care at all.

**Emilia Erickson**  
Grade 11

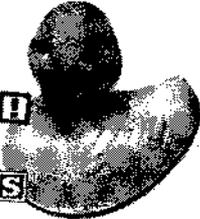
After the death of Albert Einstein his brain was removed by a pathologist and put in a jar for future study.



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## College Corner

### Future Plans

The applications have been accepted and the acceptance letters have been received. See what the future plans are for some Central seniors.

**Jamie Stewart (12)**  
Majoring in Merchandising with a minor in theater arts  
**University of Nebraska-Lincoln**  
Location: Lincoln, Nebraska  
Type: 4-year public

"I'm staying in the Love Memorial Co-op, an all-girls dorm in order to save some money," said Stewart. "And right now I'm currently undecided about my major, but I'm pretty sure I'll be majoring in merchandising with a minor in theater arts."

"Going away to college and being on my own will be a bittersweet thing. I will have more responsibility and will have to take care of myself, but at the same time I won't have a curfew, parents, or anything like that. Fun times."

**Jamillah Hinson (12)**  
Majoring in Entrepreneur business with a minor in art history  
**Creighton University**  
Location: Omaha, Nebraska  
Type: 4-year private

"I will be staying at home. Creighton is too expensive to live at," said Hinson. "I'm very excited about college. I'm looking forward to the experience and the expansion of knowledge and meeting new people."

She chose her major because she has dreams of owning her own interior design firm and she feels a business degree can help with achieving that dream.

"I chose Creighton because I believe it's just an all around better business school and I chose to go there because I know Creighton better than I do any other school in Omaha."

**Alyssa Bell (12)**  
Majoring in Athletic Training  
**University of Nebraska-Lincoln**  
Location: Omaha, Nebraska  
Type: 4-year public

"I will be staying in the dorms," said Bell. "I am excited about living away from family and being able to mix in with different people and meet new people."

She chose athletic training because it will still be something dealing with sports and she won't be stuck in one spot like in an office. She will still be able to move around the gym and in the clinics.

"I am involved with sports in high school but I don't want to continue on with sports in college. And I'm not too concerned with moving away from Omaha because it isn't that far away and it will pretty much be the same thing in Lincoln."

## Bulletin Board

*Link to the school and community*

### Teen Job Fair

Located at the Omaha W. Clarke Swanson Branch Library at 2101 W. Dodge Rd. from 11am to 2 p.m. on April 6. Businesses will be there to discuss opportunities and accept applications. Please dress properly for an interview.

Please bring your social security number, school info, previous employment info, 3 references, black pen and resume. Participating employers include: Cabela's.com, CyberCafe, Restaurant, Gallop-Hy-Vee, Goodwill Industries, Jimmy John's, Sandwiches, Joe Corp, Omaha Steaks, Omaha Sals, Ramer, School All Sports and Timberline Total Solutions.

See Ad on page 5

### Volunteer Opportunities

**Omaha Community Playhouse:** For more info visit [www.omahaplayhouse.com](http://www.omahaplayhouse.com) volunteer or call (402) 533-4890.

**Omaha Children's Museum:** For more information visit [www.omahacm.org](http://www.omahacm.org) or contact Jan McKenna at (402) 442-4844 or [janmckenna@omcm.org](mailto:janmckenna@omcm.org).

**Omaha Henry Doorny Zoo:** For more information visit [www.omahazoo.com](http://www.omahazoo.com).



**Omaha Public Library:** For more information visit [www.omahapubliclibrary.org](http://www.omahapubliclibrary.org) volunteer or call (402) 444-4833.

**Community Career Center:** For more information visit [www.nonprofitjobs.org](http://www.nonprofitjobs.org).

**Omaha YMCA:** For more information visit [www.metroymca.org](http://www.metroymca.org).

**Mosaic Community Development:** For more information visit [www.needstudies.wordpress.com](http://www.needstudies.wordpress.com) or contact Jodi Cooper, Community Coordinator [jodi@mosaiccd.org](mailto:jodi@mosaiccd.org) (402) 933-6672 [www.mosaiccd.org](http://www.mosaiccd.org).

**Omaha Food Bank:** For more information visit [www.omahafoodbank.org](http://www.omahafoodbank.org) or call Karen Hickman at (402) 336-1213.

**The Humane Society of the U.S.:** For more information visit [www.humanesociety.org](http://www.humanesociety.org).

## Math teacher motivates others to be more active



PHOTOS COURTESY OF BRENT LARSON

(From left to right) Larson prepares for a cycling competition with one of his teams. And Larson celebrates with his "honored hero," a leukemia lymphoma member who had leukemia as a girl.

BY ALEX TRAN

Math teacher Brent Larson started the Omaha Public Schools Commuter Challenge to promote wellness and help the environment and economy.

Larson was inspired by a similar competition Activate Omaha holds every summer. Activate Omaha challenges the Omaha business community to bike, instead of drive, to work. Employees earn points per mile they bike and the business with the most points wins.

Currently, the OPS Commuter Challenge is only offered to Omaha high schools.

This year, three high schools have actively participated. South High School won the first and second quarters, but Larson won individually.

In the next couple of years, Larson hopes to incorporate middle and elementary school teachers. "Everyone's ridden a bike before," he said, "but it's not the thing to do."

Larson is hoping to change this by encouraging others to cycle, saying it is both mentally and physically helpful.

"You're out in the fresh air. It's cold, it's crisp," said Larson. "Exercising really does help."

Larson also wants to get students involved. In addition to fitness, he wants students to learn of alternative ways of getting around.

"I always hear students say, 'I need a car, I need a car...'" he said. "You don't need a car; you can get a bike."

Larson believes cycling is an easier and more economical way of transportation. Bikes do not need either the fuel or maintenance of a car.

Especially in college, students need to learn how to get around without a car.

Larson started cycling in college and was inspired to start cycling to work by Social Studies teacher Tim Shipman and Spanish teacher Stephen Gunvalson, who also cycle to school.

"I saw teachers at Central doing it and I knew I enjoyed cycling, so I thought I would give it a shot," said Larson.

Outside of Central, Larson coaches for the sports program Team in Training (TNT), which raises money and awareness for the Leukemia Lymphoma Society.

TNT helps recreational athletes train for more competitive sports events.

Larson is currently coaching a cycling team in preparation for America's Most Beautiful Bike Ride around Lake Tahoe this summer.

Each season is approximately five months. This year's season started on Feb. 2.

This is Larson's seventh year of coaching TNT.

Larson also hosts maintenance, equipment, and nutrition clinics sponsored by TNT to further inform members about cycling.

All fundraising is donated to the Leukemia Lymphoma Society, which provides research funding and local patient services for families.

In the last seven years, Larson has fundraised from \$25,000 to \$30,000.

Larson likes TNT because it is not all about racing, but also riding the ride.

"It's for a bigger cause," he said.

Larson has cycled both recreationally and competitively. He has biked America's Most Beautiful Bike Ride around Lake Tahoe and other charity events. Last year, he finally decided to enter a competitive race.

He said, "It was fun. Maybe I'll get the guts to do it again this year."

Larson also does part-time work at a bike shop, which keeps him connected to the cycling community.

Larson has tried many sports, but says cycling has been his favorite.

"It's really become a passion of mine. I've done other sports, but cycling has really stuck with me," he said.

## ROTC sells dog tags to raise money

BY CHELSEA WILLIAMS

ROTC members raised over \$350 for the program by selling dog tags in February. ROTC (Reserve Officers Training Corps) is a program that helps students build and develop leadership and life skills. Those who are involved in ROTC get the benefits of those qualities by participating in the programs and activities.

Dog tag sales are often held around first semester and occasionally during second semester. The designs that can be engraved into the tags involve clubs, animals and zodiac and Chinese New Year designs. The price of an original tag is \$7 and with a message it is an additional \$3.

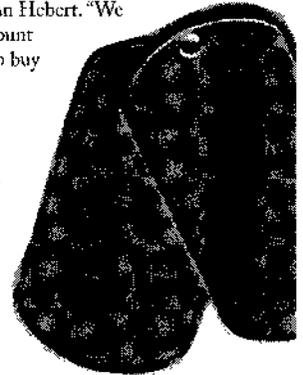
Many students that purchase the dog tags may not know they're supporting the ROTC program. "Money from the dog tags are like donations to the group," said senior Dillan Hebert. "We

use the amount of money to buy color guard marching equipment; anything that mainly focuses on drill team."

ROTC members are proud of the donations so far.

"Overall we've sold over 50 dog tags this semester," said Hebert. "I'm satisfied with the number of sales we have had."

Not only are the students who sold the dog tags satisfied with what they've accomplished this semester, but so are their customers.



## Senior competes in extreme cheerleading for nine years



PHOTO COURTESY OF CHRISTINA CHESTERS  
Chesters during a performance with her cheer team.

BY ALI HODGE

Regular high school cheerleading doesn't appeal to senior Christina Chesters at all, she says with a laugh and something similar to a slight scoff.

Since fourth grade, Chesters has been involved with Midwest Cheer, a non-profit cheer organization for girls grades 12 and under.

Chesters said she loved the all-girl atmosphere of the cheer team and has grown very close to the girls on her squad since they've been cheering together since the seventh grade.

Unlike high school cheer teams, Chesters and her team mates are not grounded, and practices are often spent perfecting some

of the stunts they pull in their routines: tumbling, jumping, formations and tossing girls up in the air.

"If you screw up it hurts really bad," said Chesters who on occasion has come to school with a simple black eye or visible bruise or worse.

Her team practices four times a week; Monday, Wednesday, Friday and Saturday to work on tumbles and flips. Chesters said they don't have a gym of their own to work in. During the winter they practice in school gymnasiums and during the summer their practices are outside.

Chesters said, "The team usually doesn't mind that they don't have a gym of their own. They consider it a great way to save money and always enjoy being outside when the

weather is nice."

All of this practice prepares Chesters and her team for the 15 competitions they're involved with during the year, one of which is hosted by Jumpfest, held at the Qwest Center, and is considered to be the biggest competition of the year.

Chesters said that being involved with the cheer squad has been a good experience for her and it has opened the doors for more travel.

With her cheer team, she has traveled for shows and competitions at places in Texas, Illinois, South Dakota, Iowa and other states.

Chesters said she will continue cheering in college and plans on trying out for the University of Nebraska-Lincoln cheer team. UNL is the college she has decided to attend.

# Native American Club gives back this holiday



PHOTO COURTESY OF NATIVE AMERICAN CLUB

**Native American club sponsor Myles Jones and senior Andre Fasthorse present the check to the family. The money was donated by Central staff for the family in need to pay their OPPD bill.**

BY MICHELLE RIEGER

The holidays can be a tough time for some families, especially in the tough economy.

A local family was already experiencing financial woes when the stepfather was severely injured in an accident just before Christmas.

His leg injury was so severe, his leg had to be amputated.

Myles Jones, Native American liaison at Central, heard about this misfortune through the uncle of the family that was affected.

Jones told the members of the Native American Club and they responded immediately.

Senior and Native American Club member Christina Coniglio, said the plan that was proposed was a fundraiser.

"I thought it was a good idea. It's something simple that everyone can do," she said.

In order to start a fundraiser, it has to be

approved by the principal, Gregory Emmel.

He supported the cause and suggested that the money raised be used to pay for the family's OPPD bill.

To fundraise, they collected money from 70 staff members who paid \$5 to wear jeans on Friday, Jan. 30. Altogether, they were able to raise \$350.

"It was nice to see the staff turn out to support a family the way they did," said Jones. "It speaks volumes about the staff."

Posters and stickers that read, "Jean Day, January 30<sup>th</sup>" were hung up in the hallways to inform staff and faculty about this event. Word of mouth was also a key contributor.

Once all of the money was collected, CAD teacher Trent Lodge, made a giant check that was presented to the family.

"They were very happy. They couldn't believe the faculty here would do that for them," said Jones about the family's reaction.

# Senior competes in motorcycle competitions

BY MICHELLE RIEGER

Competitive motorcycle riding, to most people, might have danger written all over it. Not for senior Amber Rausch.

"I just get on (the bike) and go," she said.

Rausch has been competing in Observed Trials since she was eight years old.

OT, also known as motorcycle trials, is a sport that involves specialized bikes but doesn't focus on speed. The bikes don't have seats because the rider is supposed to stay upright while riding. They are also extremely lightweight.

Her father was the one that sparked her interest in the unconventional sport.

"My dad, he taught me how. He bought me my bike. That's how I learned," said Rausch.

Her father has been riding for over 30 years, according to Rausch. Her step-mother competes as well.

Midwest Trials Association (MWTA), located 15 miles south of Bellevue, is the club that hosts the competitions.

Pro-rider Jesse Kempkes often comes to MWTA to help and train other riders and improve their skills.

Instead of racing in an indoor arena, riders compete on an outdoor trail that is crowded with rocks and logs. Those are just some of the obstacles that Rausch faces when she is competing. She, along with the other riders, must try to remain standing while on their bikes.

Each competitor rides in a section according to his or her skill level. They are then graded and scored by an observer, hence the name,

Observed Trials.

Riders are scored upon the ability to stay standing, and are deducted if go out of boundaries or put their feet down. Rausch said the game is scored like golf. The person with the lowest score wins.

Rausch said she has never officially been trained, but some of the things learned in training are clutch control, switching gears and maintaining balance on the bike. Like any other sport, no matter how much training one gets, injuries will most likely occur.

A broken finger and twisted ankle is all that Rausch has suffered, but she considers herself lucky and said that other competitors have suffered far worse such as broken collarbones and feet.

Despite the risks, Rausch is not worried about getting seriously hurt.

"I like the adrenaline," she said.

OT has not always been the first choice sport for a female. Rausch admitted that she does get intimidated by the male competitors sometimes.

At MWTA, Rausch said there are about 80 males competing and just four girls. This number has not stopped her from performing well at competitions.

Rausch has been awarded first place twice in her riding career. Others have told her that she could do well at a professional level, but she doesn't plan to pursue OT as a career.

Other competitors range in age from 5-year-olds to men and women in their seventies.

Competitions are usually held once a month, except in May and October, when they are held twice.

# Teams place 5th and 7th in annual Science Bowl

BY CHELSEA WILLIAMS

Science is the history of the natural world and how the natural world works.

While sciences of all kinds are not considered to be the easiest or the most fun of the classes offered at Central, the science instructors work hard to offer extra curricular activities for those who do enjoy it.

Those who study science believe it's an easy category to understand, but for some it might be difficult to comprehend.

Students who are involved with the Science Bowl, sponsored by Science teacher Jesse Busse, get the full experience they need while discovering what they know in the science field.

The Science Bowl is a high school academic competition that quizzes students on the studies of chemistry, biology, physics, earth science, mathematics and astronomy.

Question: how would you feel if you were put in front of a group of people you may or may not know answering questions that dealt with biology, chemistry and physics?

Since 1991 The National Science Bowl has given 40 different teams from individual schools from other states the opportunity to be questioned about their knowledge of science.

Central students have been involved in the program since 2004; the same year that the eagles took home a national title.

Students were then split up into two individual teams, which were team A and team B.

Central had 10 competitors.

"We worked really hard this year," said Busse. "Team A placed 5<sup>th</sup> and Team B placed 7<sup>th</sup> in our recent competition."

Compared to 2004 and the recent competition in Feb. 2008, students who participated in the Science Bowl still made sure the eagles name was well-known.

"We got pretty close to the same ranking as last year but overall the teams did good," said Busse.

Those who enjoy the study of science may have a chance to prove their knowledge by participating in the Science Bowl.

Busse is excited about students who are interested for next year's team.

## Teen Job Fair

**Ages 16-19, April 6, 2009**

Noon-4 p.m.

**W. Clarke Swanson Public Library**  
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3 references

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Resume

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interviews



# Senior continues in hobby of chess

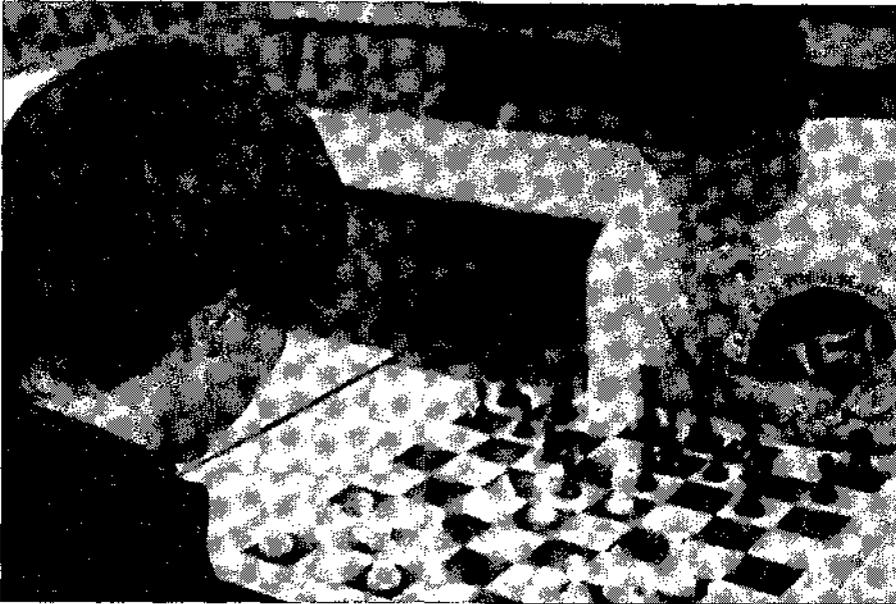


PHOTO BY COURTNEY RIEF/O-BOOK

Senior Ben Susman contemplates his next move at a Chess Team meeting. "Chess has helped me improve intellectually and opened doors for me to make a lot of new friends," said Susman.

BY ALEX TRAN

"I might play Queen's gambit," explained senior Benjamin Susman during one of the many Tuesday after school chess practices. "It's where you play your queen pawn, and if your opponent follows up with their queen pawn, then you play your C pawn. And if they take from there, and then you're down a pawn but you're up a position."

Susman believes that Central has the potential to do very well at State, especially if the competitors continue to practice and learn new strategies.

"I'm optimistic," said Susman. "We should have a good shot this year.

Sometimes it's just a matter of getting everyone more comfortable."

The team has done excellently these last couple of years according to Susman, placing first at State two year's ago and second last year. The team hopes to keep this trend going.

Junior Caleb Koch, who plays second board, commented confidently, "We'll probably take first or second again."

Although extremely driven and competitive, the team is open to everyone and encourages new people to join. Chess is a forum that allows people to socialize and play seriously or recreationally.

Susman, who had never played chess before his freshman year, initially joined to make new friends, but quickly realized his potential.

Susman now plays first board for the team and is one of the best at Central.

Two out of the five players competing in State are seniors and there are some worries about filling the spots next season. Susman, however, still believes the team will do very well next year despite the loss because the team has a good

balance between upper and underclassmen.

"I'm looking forward to next year even though the team might have some problems because two people are leaving. They need to fill the spots but they can do it," he said.

Players like Koch plan to step up to the plate next year and lead the team.

Students have also learned more than just strategy from chess. Susman said chess has helped him in other areas and is a lifelong activity.

"Chess has helped me improve intellectually and opened doors for me to make a lot of new friends," Susman said.

# Step team prepares for upcoming performances



PHOTO BY ALI HODGE/REGISTER

Senior Christian Chapman, junior Tanesha Parker, senior Dominique Scott demonstrate a step routine to the rest of the group as sophomore Darrien Howard observes.

BY ALI HODGE

Being a new club at Central, one may think the Step Club would be under the radar, practicing, having fun, forming friendships and learning leadership. They are doing everything listed above except remaining under the radar.

After a performance at the Road Show the audience considered them a smash hit. The Step Club has gone on to participate in a step showcase at Bellevue East High School, and is now preparing for a performance at "Rock the Nest", a fundraising event for Central High.

"The Bellevue East performance went well", said senior Jamie Stewart. But as far as organization and preparedness was concerned, she thinks they could have been better.

"We did good for our first show," she said, "but we could have done better. Next time we will be a little more prepared. I think we were just stressed, and a little unprepared. I know on my part I was."

Stewart said the show they performed for Bellevue East High School Showcase was the same as the one they did for the Road Show, except they added a few more beats.

The Step Team currently practices five times a week for approximately an hour and a half.

"We need it," Stewart laughed.

Sponsor LaTrina Parker said the performance was good, but it could have certainly been better. However, since then, the team has been working much harder and with a lot more determination.

"Just like with anything that's new it takes some getting used to and they're getting used to productive practices," said Parker.

# Classes to educate students, teachers on dating violence

BY DARIA SEATON

Have you or anyone that you know ever been in a relationship where dating violence is a factor? Some might ask, what exactly is dating violence? Dating violence can involve someone who is controlling, continuously jealous, and emotionally abusive, as well as physically abusive.

After a Westside High School student was physically abused by her boyfriend in the hallway at school, the city of Omaha is considering adding a class on dating violence into the curriculum for high school students.

The class would be designed to make everyone more aware of what is happening around them and how to spot dating violence. This will educate teachers as well so they are more prepared to handle a situation like the one mentioned earlier if it were to happen in their presence.

From a recent survey, 36 percent of students would take the class if it was offered, but a lot of students may not know the seriousness and reality of dating violence.

Dating violence can affect one emotionally and physically, but there can be many more side effects. Loss of appetite, trust issues, confusion and sadness, as well as thoughts of suicide can be the outcomes of someone that is in this dilemma.

Dating violence does happen in the community, but are the victims increasing? Human Growth teacher Alexis Grenfell said she doesn't necessarily believe that its getting better or worse, but that it's just getting more attention from the media and more people are speaking out about it.

Most people only hear about women getting abused by their partners, but there are cases where men are abused by their female partners.

"It is not only females that can get caught up in a situation like this. Females can be the abuser in a relationship," said Grenfell. "In our society it is not in the norm to see a man be abused. Men want to keep the 'I wear the pants in the relationship' type of attitude so they wouldn't tell anyone if their partner is abusing them."

So why does this happen as often as it does? Grenfell believes that it's just to feel powerful. "They ultimately want the control and when they don't get it they resort to violence," Grenfell said.

So who does one turn to when one is in this type of relationship?

Some might turn to friends or parents. "Friends can be good if you need the emotional support, but they can't tell you how to cope or how to feel about the situation if they haven't been in the same place as you," said Grenfell.

The Young Women Committed to Action organization (YWCA), Women Against Violence or a school counselor can be of assistance to dating violence victims.

### WHAT'S IN FASHION

BY CHRISTIAN CHAPMAN

A simple trio to the real love pair of sneakers turned into a crossing over of styles.

I pulled out a pair of highly colored Nike Dunks in my friend's wardrobe but she turned on her nose.

Friend's background check of Adrienne Her yardstick is not horrible but ticks cover except for her eye which happens to be the color red.

Adrienne's friend's friend named to Internet house to Champ, he went.

And the elevator and three screaming babies later (I love Adrienne's daughter just meaner than get serious) we finally get to the second level of the Westside Mall.

A casual walk down the road to change and we entered into the store. I try on the new pair of black multi-colored Jordan Six Rings. She wrinkled at her face again.

So we went to the Nike Air Force Ones. She runs her pair of red and white high tops and I just shake my head in disgust.

Don't already have enough, we need to get you out of that phase, and get you into different colors, so put it back. Let's try Lady Footlocker, I said.

On the way to Lady Footlocker we passed by Jounery's and I thought to myself, this is the perfect opportunity to get Adrienne out of these conservative ways and into something more with the times.

Adrienne need it on her head. "What's in Hawaii, can I get her to wear something new? Where's haircuts, what should she get in hair? All hell I've got it. Van's Skinny Jeans. Graphic tee. Colored jewelry.

Just a moment that glided over my face. I know that I needed a plan and if I had to be serious and manipulate in doing it, then so be it by any means necessary!

Adrienne, I think you should try these Van's. I think they would look really fantastic on you. Her look on her face showed that she wasn't feeling it. "Come on Adrienne, if you don't like them then what?"

She agreed and then proceeded to put them on. When she looked at the mirror she actually thought that they were cute. Her reaction, her smile now, to the new fashion. Oh my, oh my, oh my!

That's a cross, she would be good with the color. Could be my next black and white.

Adrienne was silent for a moment. Her eyes were on the floor and she was trying to think of a way to get out of there.

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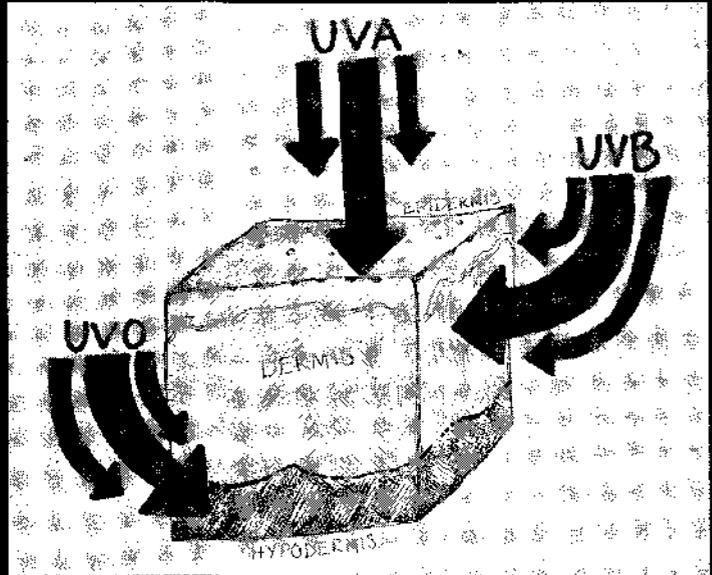
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# Tanning delivers more than 'healthy glow'

## Tanning salons spotlight 'fake baking' in a positive way, advertising increased sexual appeal and health advantages when one tans. Some learn that tanning comes with a much larger threat to their health.

STORY BY CHRISTIAN CHAPMAN  
VISUAL BY ALI HODGE



Throughout the non-summer months some young women and even men go to tanning salons to maintain a golden type of glow when there is a lack of sunlight and warmth.

"I go two to three times a week," said Clover Kelley, junior. "In the winter you lose Vitamin D and it gives you a way to get the Vitamin D dosages."

Is indoor tanning a safe process to maintaining a glow at a time when everyone else turns pale?

According to healthisnumberone.com whether sun tanning or using a tanning bed, it is possible that too much of the UV rays can result in skin cancer and do damage to the immune system.

### Tanning History

In 1923 designer Coco Chanel went cruising to the French Riviera and got sun burned. Her fans adored her new look and tried to imitate it.

Since then statistics show that 80 percent of people under the age of 25 believe that they look better with a tan.

Today according to a story done by MSNBC one million people go tanning every day.

### Types of UV Rays

Whether one is tanning in the sun or in a tanning bed, they both release ultraviolet (UV) rays of light.

There are two types of harmful ultraviolet (UV) rays that occur in tanning. They are UVA and UVB.

UVA rays are the least dangerous kind of UV rays. They are the type that a person may not think are there. They are present all year around and through any whether conditions were the sun may be hidden, even on cloudy days.

This is because the UVA ray can easily pass through the layers of the Earth's atmosphere and this causes it to become the most common type of sunlight that people are exposed to.

The traditional type of tanning is through the tanning bed. The tanning bed has a basket-like shape and is equipped with Plexiglass.

Underneath the Plexiglass there are UVA and UVB lights. This way when the people get in they are able to obtain an even tan all around their whole bodies.

Another type of tanning is through a tanning booth. This is also

known as "stand up" tanning. This is where there is a booth set up with UVA and UVB lights all around a cylinder type area.

Most people think this is a safer method than in the actual tanning bed, but whether or not it is in a bed or standing up the rays can affect a person's skin the same way.

### Negative Effects of Tanning

The skin is the largest organ on the human body. It acts as a protector against heat, sunlight, injury, and infection. It also helps regulate the body's temperature, stores water and fat, and helps produce Vitamin D.

Tanning is known to have lots of side effects to the skin. The most common side effect that can be attained from tanning is a sunburn.

Almost everyone has had a sunburn in his/her lifetime. A sunburn is defined by Webster's Dictionary as the reddening, inflammation, and, in severe cases, blistering and peeling of the skin.

It is easy to treat sunburns. Aloe is applied to the burned area and it heals it. For temporary relief, rub a wet cloth or rag over the area, or simply use anti-inflammatory to stop the burning of the infected area.

Another effect that is linked to tanning is skin cancer. Melanoma, the type of skin cancer that is the most deadly, is particularly linked to tanning.

According to www.cancer.org melanocytes are the cells that can become melanoma and they can be found in the epidermis (top layer of skin). They make the brown pigment in the skin that is called Melanin.

It also states on their web site that Melanin is what makes the skin tan and brown. It also protects the deeper layers of the skin from the dangerous effects of the sun.

### Positive Effects of Tanning

The upside of tanning includes the intake of vitamin D that is very essential to the body by helping the body use the calcium that is produced in a person's daily diet. This can also prevent osteoporosis, a disease that weakens the bones.

A tan is also known for being natural protection from burning of the skin by UVA and UVB rays.

It is also a form of relief to the "winter blues," a seasonal depression that occurs during the winter from a lack of sunlight. Though tanning has its pros and cons, in the end it is a quick fix to feel more alive.

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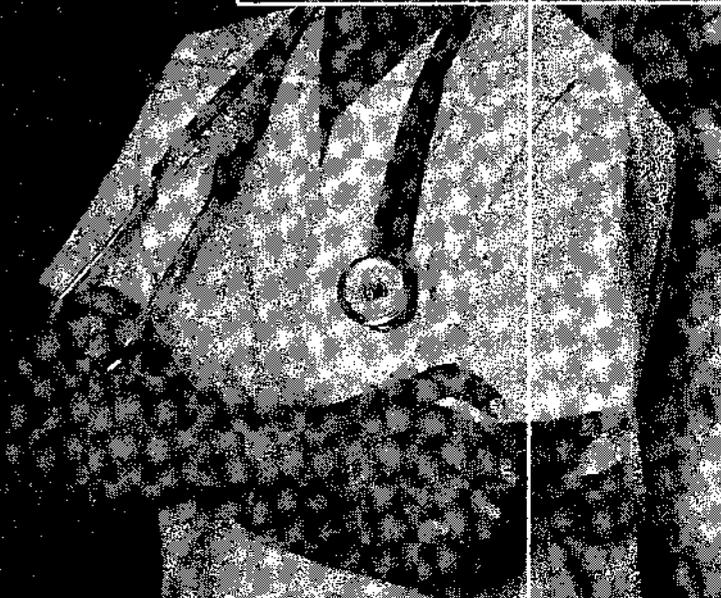
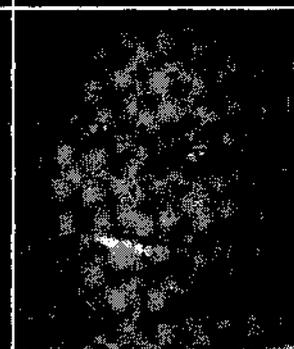
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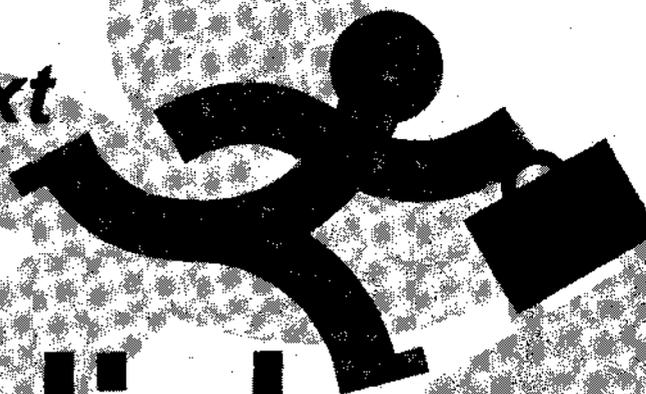
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# Junior shot in head, loses eyesight, survives



PHOTO COURTESY OF SHARON BELL

Bria Bell recovers from being shot in the head at friend's house.

Despite a gunshot wound to the head, Bell, amazingly, did survive. However, she lost sight in both of her eyes.

Sharon Bell, Bria's older sister, found out about the incident when her father called that night.

"I was just thinking 'Oh my gosh' I couldn't believe it. I knew it wasn't a joke because my dad doesn't joke like that," said Sharon.

Her initial thought was that Bria and her boyfriend were hanging out in North Omaha and were involved in a drive by shooting. She soon learned that they were at a friend's house near 120<sup>th</sup> and Blondo Streets.

Bria's English teacher, Diane Allen, turned on the news the following Saturday morning only to see one of her student's names running across the screen.

"I was shocked," said Allen.

Allen described Bria as a sweet young lady who was always smiling and never complaining.

Even now, after the incident, Bria doesn't seem to be complaining. Sharon said that Bria is staying at home and getting plenty of rest. She is also being home schooled.

Bria had to stay in the ICU for four days following the accident then moved to the regular hospital wing for another two days. She

then had to go to rehabilitation for a week.

This tragedy has changed Bria's and her family's lives.

Now, Bria must see her doctor almost everyday. Because of the constant care and attention Bria must receive, her parents were forced to take time off of their jobs to stay home with her. Sharon also stays with her once a week.

Sharon said that the shooter is in jail.

"He needs to be there," she said.

Sharon doesn't believe that Bria and the shooter are dating anymore.

According to Sharon, their lives will never be the same because of this accident.

"He just changed my sister's life and my whole family's life," she said. "She was a typical teenager and now she's disabled."

Despite the major adjustments the Bell family has had to make, this has not had an entirely negative effect on the Bell family.

"It brought our family together," said Sharon. "We spend lots more time together."

Sharon is able to talk to Bria regularly, however Bria isn't ready to talk about it.

"When she is ready, she will talk," said Sharon. Because of home schooling, Bria will be able to return to school next year and graduate with the rest of her class.

## IN MY WORDS

A COLUMN BY CHELSEA WILLIAMS

Everyone around the world has his or her own personal addiction, mine personally is more like an obsession. Whenever I'm out and about the thing I desire to listen to or hear is a certain someone's voice. Not only do I know about this person, but over a million people in the United States could also agree on my term. This person I desire for is the talented rapper Lil Wayne.

Dwayne Carter has been in the music industry since 1997 when he was formally with the group Hot Boys. In the year of 1999 was when his music began to take off. I remember the lyrics like the back of my hand. "Now you know I play it like a pro in the game. Naw better yet a veteran half of fame, I got that medicine I'm better than all the names. Aye it's Cash Money Records man lawless gang, I was in the backseat of my cousin Jessie's convertible I had my head bobbing so hard I thought it was going to fall off. The whole time I was listening to his lyrics it seemed like nothing around me mattered the music was so intense and interesting that I guess I got caught in the middle of it. At that moment I knew I was going to be a true Wayne head!"

Many of those who hear me speak like this have the first impression that "oh she's just a groupie."

I'm nowhere near a groupie. A groupie is someone who sleeps or has sexual contact with a famous actor or music artist so please don't take it like that. I simply consider myself a real fan. Since the summer of 2004 I have played the real role of showing those what a fan is.

Which people ask me "what makes you enjoy his music so much?"

"They expect me to hesitate or not know how to answer the question, but I know for sure why."

I'm a real Wayne head because I enjoy his vice and music. The words he expresses through his music shows he's a carefree person who loves to have fun. Everyone can relate to his music in some way. From love to hard times growing up and well-known heartbreaks, Wayne has a way with his choice of words that always keep me wanting to hear more.

"And if you come from under that water then there's fresh air, just breathe baby. God's got a blessing to spare."

Yes I know the process is so much stress, but it's the progress that feels the best.

"Cause I came from the projects straight to success and you're next."

So if they can't steal your pride it's inside, then find it and keep on grinding.

"Cause in every dark cloud there's a silver lining."

Lil Wayne's "I'ma Fly" is a good song that sends a message to those all around, basically stating if you give up on something never give up and strive for what you want to achieve.

If you are someone who enjoys listening to hip-hop and rap you may relate, but this is my addiction. What's yours?

# Senior earns highest ROTC rank in school district

BY ALL HODGE

"I feel like a lot of hard work, dedication and long hours has paid off," said senior Kenneth Dupree, "and it's not my time to coast, it's my time to work harder."

Dupree was awarded the highest title of high school ROTC in OPS, Brigade Commander, an award that came at the end of a successful high school career in ROTC.

Brigade Commander is the highest enlisted cadet in charge of a school district and is only eligible for students who have the highest title in their school, Battalion Commander.

Dupree has been involved with ROTC since his freshman year and since has worked hard to work his way to the top. At the end of his junior year he was awarded Battalion Commander. When the time came for Dupree to interview for Brigade Commander, he went up against all other commanders in OPS and the board of officers of the Nebraska Army National Guard. Qualifications for the award consisted of behavior that had to have been exhibited over all four years of his participation in ROTC.

"He had done just about everything and he's sought leadership and when assigned those he always tried to make it the best that he could," said Colonel Mike Melvin, Dupree's ROTC teacher of three years. "He is very outgoing, has outstanding people skills, he is a good motivator, a hard worker and very involved. People are usually drawn to him."

Dupree has been involved with drill team, marksmanship, flag detail, color guard, as well as many other elements of the ROTC department.

The qualifications for Brigade Commander include appearance, sense of humor, knowledge of battalion staff, functions and responsibility, knowledge of curriculum, oral communication skills, contribution to high school ROTC and community and leadership.

Winner for Brigade Commander was determined by an interview and one's score on a series of questions.

Dupree said he felt honored to receive the award after all of the hard work he has done in Central's ROTC.

"(ROTC) has forced me to grow up a lot faster and take responsibility head on, but it has taught me how to deal with groups of people and individuals as well," he said. "How to work with them on their level instead of a general level."

# Central wins state wrestling for first time since 2006

BY MICHELLE RIEGER

Central has not had a state wrestling champion since 2006, when then senior Guy Smith took home the gold in the 130 pound weight class.

Sophomore Tyrell Galloway took home the gold again for Central High's 117<sup>th</sup> State Wrestling title in the 119 pound weight class.

"We (the team) knew he was capable of doing well," said coach Jimmie Foster. "Considering he won the state title as a freshman, we assumed he would do the same as a sophomore."

Galloway and his older brother, Skylar, who is a senior, transferred to Central from Gross High School at the beginning of the year. Because of this, the brothers weren't able to wrestle during the first semester of this year.

Since Tyrell has been wrestling ever since he

could remember, this was a grueling time for him.

"Every time I see other people wrestle, it gets me really hyped up to wrestle," said Tyrell.

However, Tyrell showed his dedication for the sport and team as he practiced and prepared with the team during the summer.

Foster doesn't fail to recognize Tyrell's hard work either.

"He works hard and he tries hard," said Foster. "He puts in a lot of time to be successful."

Tyrell couldn't be as successful as he is without Foster's guidance and input.

"He's a good coach. He would work out with me when I didn't have a partner at practice," said Tyrell.

Going into the match that would determine his title, Tyrell said he felt confident, but anxious at the same time.

"I just wanted it to be over with really quickly," said Tyrell.

Foster was on the sidelines to calm Tyrell's nerves and to motivate him.

"He just told me to stay focused," Tyrell said. "He treated it like any other match."

Tyrell plans to continue to wrestle throughout high school and into college. But right now, he's just focusing on goals for the next wrestling season.

To keep in shape and skills in top notch, Tyrell is in club wrestling, which practices year round.

This year Central had six state qualifiers. Seniors Anthony Fielding, Blake Cantrell, junior Skylar Galloway, sophomores Ethan Fletcher, Tyrell Galloway, and freshman Keygan Foster were the six to move on to the wrestle at the Qwest Center after winning their district titles.

## IN THE HEADLINES

A COLUMN BY MARK VONDRASEK

I joined Troop 597 of the Boy Scouts of America when I was 12 years old. Almost six years later, I am almost 18 and I am preparing to move to be a freshman at the University of Nebraska at Lincoln. Boy Scouts has taken me from childhood and prepared me for adulthood. Weekly meetings and monthly campouts have given me leadership skills I will take with me forever.

The weekend of Feb. 20, my Troop and I went camping close to Fremont, Neb. at a scout camp named Camp Eagle. Serving as my troop's Senior Patrol Leader, I was in charge. And when it's 15 degrees outside and the wind is blowing, it sucks to be in charge. I had to stay out in the cold for 20 minutes unpacking our equipment for our campout, all the while dealing with immature 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> graders.

Once unpacked, we had to organize both of our two patrols into the two cabins we would be staying in with an adequate distribution of adults to supervise the kids. That was a chore, seeing as we had two female adults with us as well as a daughter of one of our leaders. And that split up the boys into two groups that some were not happy with. So whom do they go and whine to? Me, of course.

Part of learning to be a good leader is knowing how to compromise. I had older kids who were angry about having to sleep with the annoying younger kids, and I had younger kids who didn't want to do dishes and wanted to hang out with the older kids. (Heavy sigh) So I split the old and young kids. I put the younger ones with the two female leaders. The older kids got their own cabin and everyone was happy for the moment.

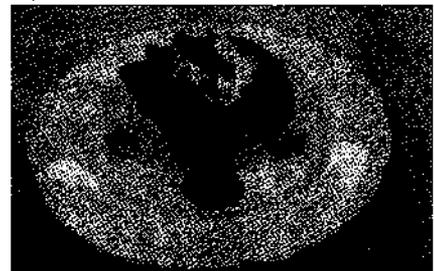
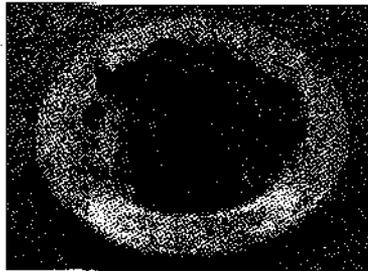
Leadership is a difficult thing to learn. In order to learn leadership, I think you have to have a good example of good leadership. In my troop, I had a perfect example of what not to do. When I joined scouts, the older scouts who ruled me were horrible. There were more little kids than big kids and they made us do all of the work. We had to cook, clean and do other assorted chores. Being the leader now, I understand how I felt when I was a little scout. So through having that bad example when I was young, I think that gave me the understanding to be a good leader now.

The next part of learning leadership is having experience. Before I was Senior Patrol Leader, I was just a Patrol Leader. The time when I was a Patrol Leader gave me a smaller version of ruling the entire troop. I got the experience I needed then to be a good leader now. I learned how to motivate my scouts to help me with chores, and I learned new skills that allowed me to pose as teacher in my patrol, which gave my scouts more respect for me.

So from a bad example to follow and a few years of on the job training comes a Boy Scout ready to venture out into the real world with the leadership skills I need to succeed.

I just hope it's not 15 degrees wherever I choose to go to be a leader.

# Gourmet dishes earn OPS Career Center recognition for culinary skill, talent



PHOTOS COURTESY OF OPS CAREER CENTER

(Right to left) Senior Dyllon Ishii is braising a chicken for his main dish while his three teammates, senior Justin Gipe, Senior Liz Solorzano and senior Carmen Ruiz prepare their dishes. Ishii and Ruiz's main entrée is a stuffed chicken breast with a couse couse salad and sauted vegetables. Gipe's appetizer is scallop ceviche on top of flatbread spoons and quenelles of tzatziki sauce. Solorzano's dessert is an orange curd inside a fried crepe bowl topped with a medley of fresh fruit and torched merengue with raspberry sauce on the side.

BY ALI HODGE

The 4th Annual Metropolitan Community College High School Culinary Invitational was met with high spirits from students who worked for months to perfect the dishes they would be creating for judges in a live competition.

Feb. 27 and 28, students in teams from every high school in the state gathered to compete. Each team had one hour, not including set up time, to create a main course, an appetizer and a dessert. They created two plates of each, one for the viewing tables, one for the judges.

The competition, which was held at Metropolitan Community College's Fort campus, lasted two days in order to accommodate all that the young chefs had to accomplish.

Of the teams representing Central was "Smokin' Hott," which consisted of seniors Justin Gipe, Carmen Ruiz, Lizbeth Solorzano, and Dyllon Ishii, all students at the OPS Career Center, but also all students of Central

High School. The team created a menu themselves, then spent months (with practices twice a week or more for 2 hours and 45 minutes) perfecting the cooking process in order to create the entrées in an hour.

"Smokin' Hott's" menu consisted of a main

entrée of stuffed chicken breast with a cousecouse salad in the shape of a pyramid and sautéed vegetables, created by Ishii and Ruiz, an appetizer of scallop ceviche atop flatbread spoons and quenelles of tzatziki sauce, created by Gipe, and finally a dessert of orange curd inside a fried crepe bowl topped with fresh fruit and torched merengue with raspberry sauce.

The team went on to earn a silver medal.

"We didn't do too bad," said Solorzano. "I just wish we could have done a few things differently. I wish we could do it again. I would do the whole thing all over again, it was such a blast."

Solorzano said to prepare for the competition they spent a lot of hours of practice, missed a lot of classes during the school days, grew to learn teamwork and

became good friends with her teammates. She said the process was crazy.

"Through all the highs and lows, our team always stuck together like a family," said Gipe. "This was the most memorable experience of my high school career."

One of the people that helped them the most, Solorzano said was Chef Maybell Galusha. Galusha, who is one of three certified secondary culinary educators in the nation, was very supportive and helpful through the entire, long process, Solorzano said.

"They did outstanding, wonderful," said Chef Galusha. Of her Central students, "Smokin' Hott" took silver and "Home Slice" with Central students Joel Kielion and Bill Ujhely were overall champions, taking gold and qualifying for state, and "Los 4 Picantes" with Central students Jessica Smolinski and Jose Cardenas also qualified for state, taking silver as well and also earning the award for best dessert.

Chef Galusha said preparation for state is continuing to be very time consuming and tedious. The teams have to perfect their food preparation, which earns them 100 points in the competition, and Management Case Study, which earns them 400 points. If they do well, Galusha said they will go on to Nationals in San Diego.

"I really have good feelings about this year," she said. "My students from Central are always phenomenal."

This was the most memorable experience of my high school career.

Senior Justin Gipe

# "April Showers" has strong message, Omaha ties



PHOTO COURTESY OF APRILSHOWERSMOVIE.COM

BY MICHELLE RIEGER

Most filmmakers don't tend to look to the Midwest, let alone Omaha, Nebraska to make their movie. But writer, director and Omaha native Andrew Robinson thought it was a no brainer to film his movie "April Showers" in his hometown.

"April Showers" is a story based on the actual events of the 1999 Columbine High School shooting. As a survivor of the shooting, Robinson wanted to give a different perspective to the audience, one that the general public hasn't seen before.

"It was important for me to show that there's another side of things. What they (media) don't show you is what does a 17-year-old do when they watch a friend die? How do they deal with it? The media and public don't see that," said Robinson. "It shows that the trauma doesn't stop when the bullets do."

Filming of the indie movie took place in Plattsmouth and Omaha. Jeff Wiles, principal of Plattsmouth High School along with the Plattsmouth School Board allowed Robinson and his crew to use the school as a set. Robinson said that Wiles wasn't concerned about or hung up on the reenactment of a school shooting.

"He saw it as a learning experience for the students. We had many students that volunteered so that they could absorb everything that happened around them. He (Wiles) really did see the benefit for the kids," said Robinson.

Many Plattsmouth High students appeared as extras in "Showers."

Robinson said that many students who weren't even considering entering the film or entertainment industry e-mailed him later and thanked him for the opportunity. He said that some are now pursuing careers in that field.

Marketing teacher Vicki Wiles, also wife of Jeff Wiles, allowed for the crew to film in her backyard.

"The most fun was watching the finished product," said Vicki.

With a small budget, the production of "Showers" lasted about a month and during those days friendships and bonds were created.

Robinson and his crew had to make several trips to Plattsmouth before starting production. He said this is how he and the crew became more familiar with the location and the residents.

"The more and more time we spent with everyone down there it became more of a real relationship instead of a working partnership," said Robinson.

These friendships lasted beyond the time of production.

The Wiles invited the cast and crew over to their home for a Memorial Day barbecue and fed over 75 people.

"We just used our Midwestern hospitality," said Vicki.

This kind of atmosphere and working environment is just what the cast and crew of "Showers" fed off of.

With many big-name actors such as Tom Arnold "Happy Endings", Daryl Sabara "Spy Kids" and Kelly Blatz "Prom Night", production of "Showers" was sure to bring many on-lookers and even friendships.

Actor Daryl Sabara, who is probably best known for his role as Juni Cortez in "Spy Kids", took pictures with Vicki's nieces and took time to get to know others outside the movie set.

"If you can go somewhere that appreciates a different kind of experience, that's always a good thing," said Robinson. "Filming in the Midwest was a completely different experience. If we're filming in L.A. or somewhere like it, people get annoyed. But here, people appreciate us and get excited that we're here."

Through the making of this movie, Robinson hopes that teens who usually wouldn't have anything in common would be able to talk about things in the movie they could all relate to.

"I hope to use the film as a springboard for young people and adults to enter into a conversation about the world we live in at the moment," Robinson said.

# Beloved graphic novel transforms into film equally beloved by fans

BY MARK VONDRASEK

Barbara Walters asks a fellow news consultant what his opinion on the current nuclear war situation with Russia will have as an outcome. He responds with a pessimistic comment about nuclear war and how he believes that instead of preventing nuclear war, Dr. Manhattan is causing it. They then discuss the 'doomsday clock', a fictional clock that 'predicts' the current time until the nuclear oblivion of the human race. When the clock reaches midnight, humankind will witness their own extermination via nuclear bombs. Barbara Walters turns to five men in white cloaks who are standing next to a clock. They move the hands so it reads 11:56. Four minutes until nuclear annihilation.

Watchmen began in the 1980's as a series of twelve comic books written by Alan Moore and illustrated by famous comic book hero creator Dave Gibbons. The comic books were hailed as "the best graphic novel of all time." The novels are highly regarded and are not seen as the typical 'super hero' genre.

The book begins in the early forties, when a New York City police officer decides to take on the mask vigilante name of 'Nite Owl.' Nite Owl dons a costume in his pursuit of bad guys. Several others join in the fight too. Hooded Justice, Silk Spectre and The Comedian, just to name a few. All of these heroes fight injustice for about thirty years, and when they retire, the Watchmen take over the vigilante business. Also, over these thirty years, the emergence of a key character, Dr. Manhattan, appears to complicate the entire situation with the threat of Nuclear War. Dr. Manhattan, with his seemingly endless powers,

is asked to step in the war in Vietnam by President Nixon. And because he accepts, America wins the war in Vietnam.

But when the Keene Act is passed in Congress, the vigilantes are required by law to give up their costumes and reveal their identities. And all of them do, except for the seemingly out of control Rorschach. The vigilantes must live normal lives in society.

The threat of nuclear war with Russia escalates to the point that one costumed vigilante must choose between the lesser of two evils in order to save the world. "Kill a million, save a billion" is the logic he uses. This single vigilante will change the course of history. But the history made is a horrible choice that Ozymandias must make in order to save humankind from itself.

Watchmen displayed an amazing show of visual effects and computer graphics. From a man being turned into a superhero in an accident to a giant cat kept as a pet by one of the masked vigilantes, the movie displayed stunning visual effects. Even the remains of New York City after a nuclear explosion appeared real.

From beginning to end, Watchmen offers and delivers an amazing performance by all actors. Watchmen had a great story line to begin with and it has apparently never lost its fan base. The plot was amazing and the action was fast and stunning.

Watchmen leaves behind it's super hero competition with a storyline and plot that surpasses all other super hero films.

Watchmen will be released on DVD this fall.



PHOTO COURTESY OF WARNER BROTHERS

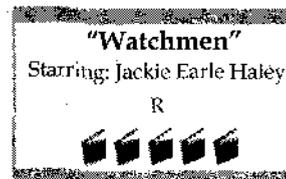




PHOTO COURTESY OF PARAMOUNT PICTURES

## World-renown slasher story drawn out

BY DARIA SEATON

Jason, the world-renown serial killer, is back at it again. This time it isn't to finish what he started. The new movie is a more modern version of what happened 10 years ago, but with a little twist.

Jason, age 10, drowned at Mystic Lake 10 years ago. Now Jason is back haunting the lake and killing all the innocent visitors and bystanders that may get in his way. Still doing so while wearing his infamous hockey mask that many recognize him by.

Jason uses many different techniques to bring all his victims to the most sickening ones to see was the

girl being hung over a fire in a blanket left to burn to death while her boyfriend stands by and watches from a bear trap that he can't escape to save her.

The worst part is that some one tried to warn them. The gawky guy,

with no one to hook up with, tried to tell them all that Jason roams around at night and doesn't care who you are. He will murder you on sight with no warning, but may make you suffer a little bit first.

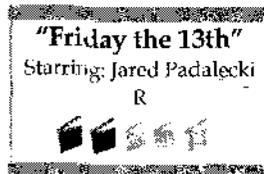
Did they listen?

No, they were more interested in the sex and drugs rather than their own lives. In the end, only being concerned with having all the fun caused them their life. Not such a happy ending for them.

A lot of people may like how they keep continuing the movies and how they keep modernizing the story line. To me, honestly I believe it's drawn out and have been doing it for too long.

There comes a point in time when they just need to end the series and they should have done so along time ago. The story of the old serial killer needs to be retired for good.

You've seen the movies. So, is it worth \$8.75? That's up to you. Too bad there are not any refunds.



## Movies restate social skills in entertaining way

BY WILL LANGAN

Most everybody has seen the new videos shown in homeroom that demonstrate various social skills.

So far, four videos have been shown about these skills. The first was about greeting, the second about following instructions, the third about making and accepting apologies and the fourth about accepting 'no' for an answer.

Students have made all the videos, with student actors playing student-written roles.

Each video is only a few minutes long, but students say they do a good job of demonstrating the social skills that have been taught for the past couple of years in homeroom classes at Central High.

The social skills taught at Central were adopted from a Boy's Town method of

encouraging better behavior. The social skills include simple lessons of communication and politeness.

The social skills videos shown in homeroom highlight these specific lessons. They provide a brief interesting message, rather than having the teachers review them. Making the videos also encourages creativity for the creators of the videos and for the homeroom audience.

Senior Lydia Stern was a part of the third video shown. The video, made by Central's Diversity Club, was about making and accepting apologies.

Stern thinks that showing the videos in class is a creative approach to teaching social skills.

"People pay attention to it more than a teacher standing up in front of class giving a presentation," Stern said. She added that many people seemed excited about the video.

In the video, lyrics written by the Diversity Club were sung along to the popular song "Apologize" by Timbaland. Every member of the Diversity Club played a role in the video, which included a skit, dancing, and singing.

The three other videos also had much creativity put into them.

The first video, about greeting, included a song written and performed by junior David Foster. The second video of the series was a humorous skit about following instructions.

All of the videos have been informative as well as educational. Also, the videos really demonstrate great creativity, as well as a very good sense of humor.

The videos allow a fun lesson to be taught on a subject that otherwise would be considered boring or elementary.

Students agree, the videos are entertaining.

## Book Marked

A COLUMN BY ALI HODGE

I've always been a fan of culture, for anyone who knows me. Since the dawn of time I have been interested in traditional Asian culture of all kinds. But lately, I have opened my eyes to a corner of the world that I always thought I was least interested in: the Middle East.

And I have a single book to thank for that: "The Kite Runner."

You know how it goes. I have a thousand unread books on my bookshelves. I've always wanted to read them, but I've never had time. It's the classic complaint of a book addict.

Then my AP English teacher, Ms. Martinez, passed it back to me; I was immensely excited. It had been called a modern classic. Holding it in my hands, I felt as if I was holding "Romeo and Juliet" or "A Tale of Two Cities," or something of that literary caliber long before it ever reached the status of "timeless classic," which inevitably "The Kite Runner" would become. I realized, after reading it,

My class split up into groups, six different books of required reading, six different groups of disgruntled students, one really happy Ali. My group was small, but luckily they seemed to be excited to read "The Kite Runner" like I was, so this was good.

The book claimed my attention for two weeks. I would have inhaled it faster if it weren't for the three other books I was reading at home. Either way, it was astonishing. There really is no other way to describe Hosseini's literary portrait of Afghanistan in a time where the old world falls away and a new generation of Afghans grow up as used to the sounds of gunfire as their elders are used to the sound of birds.

It completely opened my eyes to a world I had known nothing of before. As astonished as I am to admit it, I started to see the people of these Middle Eastern lands as citizens of their country and people with families and emotions, and not heartless soldiers or terrorists. I realized it was a country with regular people and not an army of fighters.

But in the same breath, it made me realize the horrors of life living under the control of the Taliban. For example, what it was like attending a simple baseball game where the half time show is the stoning of a man and woman that had an affair with each other. In the name of Allah, they killed two people in front of a crowd of thousands (including children). Their only crime was loving each other.

Soon after I finished the book I bought "A Thousand Splendid Suns," also by Hosseini, and "The Sadruddin Kitchen," a book about a Middle Eastern family living in New York.

They taught me about a world completely different from my own, about a group of people I knew nothing about, and, above all, cleared up the prejudice and unfair assumptions I've previously made.



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Conducting customer satisfaction surveys over the phone, reading scripted questionnaires over the phone, typing respondents answers into the computer accurately, knowing and adhering to Quality Assurance Standards.  
\$9-15 /hour  
Start April  
12-34 hours/week  
For more information contact:  
Alyssa Vaughn  
402-392-0755 x136

### Busser/Stocker -Ameristar Casino, Council Bluffs

Assure all tables are clean and set, set up serving stations according to checklist, assist food servers, respond to some guest requests, be personable.  
Full time & Part time available  
For more information contact:  
Employment Team  
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### Seasonal Bible Day Camp -Open Door Mission

Work with children from diverse backgrounds in the setting of a bible-based day camp. There will be bible lessons, crafts, games, and outings. Will be working with children from kindergarten to 6<sup>th</sup> grade.  
40 hours/week  
May 25-August 7  
\$6.55/hour  
For more information contact:  
Charity Watts  
2828 N 23<sup>rd</sup> St. East

### Dishwasher -Tiburon Golf Club

Wash dishes.  
20 hours per week plus weekends.  
For more information contact:  
Dan Cury  
402-895-2688

### Food Servers -Ameristar Casino, Council Bluffs

Provide outstanding guest service by serving food and beverage items per guest requests according to established service standards. Must possess service and communication skills.  
Part time & Full time  
For more information contact:  
Heather Hersom  
712-396-3030

### Gift Shop Clerk -Doubletree Hotel

Provide a warm welcome to all guests while assisting with purchases in a professional manner, use suggestive selling techniques to help guests make decisions and try to sell whenever possible. Must have at least 6 months previous customer service experience and cash handling required.  
15+ hours/week  
\$8-8.40/week  
For more information contact:  
Human Resources Recruiter  
1616 Dodge Street

### Guest Specialists/Cashiers -Burger Star

Responsibilities include greeting guests, taking orders, delivering food to tables, general cleaning and providing excellent customer service to guests. Please apply in person.  
Part time & Split shifts  
For more information contact:  
Sean or Bob  
402-333-7827  
For more information contact:  
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### Delivery Driver -Pizza Hut

Enjoy working in fast-paced, team oriented work environment. Candidates must be 18 years or older with reliable transportation and proof of vehicle insurance coverage.  
Up to \$13 /hour  
Flexible scheduling  
For more information contact:  
Any Pizza Hut location in the metro

### Banquet Server -Associated Staffing, Inc

Prefer an outgoing person who enjoys working with the public and can be team oriented and polite to customers. Serve at banquets, experience an added bonus.  
\$10 /hour  
Part time  
For more information contact:  
Trista Nelsen  
402-827-5050  
For more information contact:  
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Part time cashiers to work during the lunch hour. Need extremely friendly, outgoing people who thrive on taking care of their customers.  
\$7/hour  
15-20 hours/week  
For more information contact:  
Mike  
6303 Center St.

### Dishwasher -Immanuel Health Systems

Maintain cleanliness and sanitation standards for china, glassware, tableware, pots, pans, cooking utensils, etc. using machine and manual cleaning methods. Requires general and work related experience.  
20 hours/week  
Mon - Thurs and Sun  
For more information contact:  
John Drozek  
402-829-3220

## Career Fairs

### Omaha Works Job Fair

Wednesday  
April 08, 2009  
10:00am - 4:00pm  
Holiday Inn Central  
3321 So. 72nd Street  
Omaha, NE

### Diversity Works Job Fair

Wednesday  
May 27, 2009, 1:00pm - 5:00pm  
Holiday Inn Central, 3321 So. 72nd Street

## Thank You Tips

You sent in your resume, landed the job interview and met with the hiring manager. Now what? What can you do after a job interview to help your chances of being hired? It can be as simple as sending a thank you letter. Here are some tips on who you should thank and the best way to thank them. You should thank and the best way to thank them.

### Act Fast

Plan to send out your thank you letter as soon as possible (preferably within 24 hours of the interview). If time is of the essence, say thank you via e-mail. Choose your approach based on what you think will be most in line with the personality of the organization.

### Make an Impression

According to the Work Technical Institute, less than 1% of applicants send thank you notes. Stand out from the crowd and make a great impression.

### What You Didn't Say

If there was something that you wish you had mentioned during your job interview, but didn't have your chance to say it by including it in your thank you letter.

### Short and Simple

Keep your thank you letters short and simple, but do use the letter to reiterate your interest in the job, your enthusiasm for the company and to sell yourself as the ideal candidate. Each thank you letter should include a thank you for the interview, your interest in the job, your qualifications and skills and a final thank you.

### Proof Your Letter

Spell check and proof your thank you letter. Then ask someone else to proof it for you. That way you will be sure it's perfect.

### The Bottom Line

It is always appropriate to say thank you. It will let you know whether you should thank someone, thank positively and spend a few minutes saying thank you.



Word of the day...

# FIERCEology

**Fierce • ol • o • gy (Firs-äl-əjē) Slang.** The study of the ferocious loyalty and allegiance of PSC students and Bobcat alumni, most often attributed to the personalized attention students receive. Also references the competitive nature of our innovative programs.

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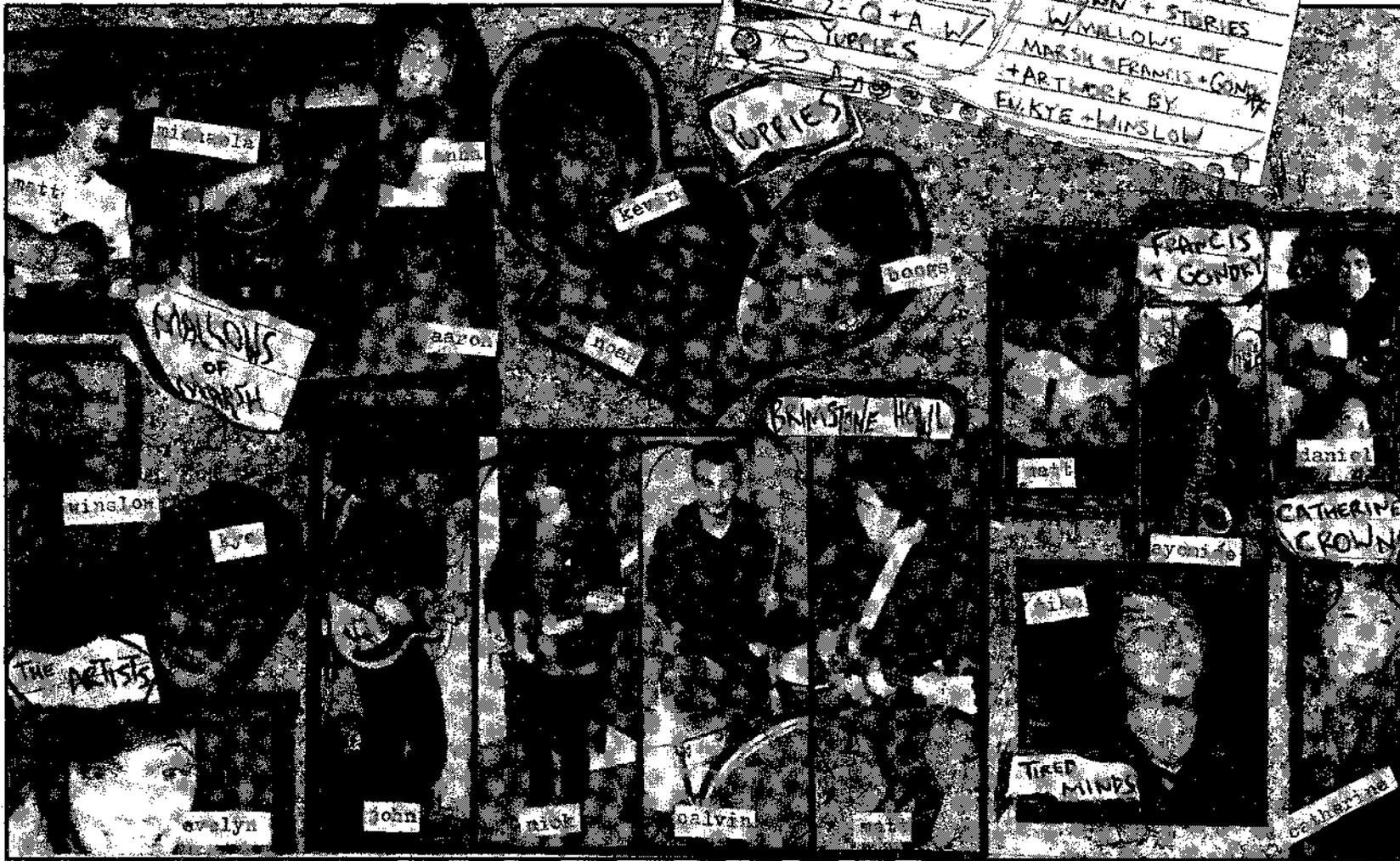
[www.peru.edu/theword](http://www.peru.edu/theword)

# the register MIX TAPE

## LOCAL MUSIC IS ESSENTIAL.

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BY JUDE MCCOY

Omaha is nationally known for its thriving music scene. The perception of the scene in Omaha being monopolized by Saddle Creek Records is quickly fading with the departure of their two most popular bands to other labels, Conor Oberst to Merge Records and The Faint starting their own label (Blank.Way). People realizing that the Saddle Creek owned club The Slowdown isn't that fun, and finally, the rise of some blazing hot underground bands. These underground bands are what the Register wants to expose to the beautiful students of Central High School. George Bush of the United States of America had in fact been hiding these bands under the cover of Saddle Creek for some time, so as to make Omaha feel like all they are is a city full of weepy teenage girls, but now that Obama is in office,

it is time for change. These bands are your new best friends and good music is necessary to have in one's life. Good music may make one want to change their life in a positive direction, it may inspire one to enter into the creative process of making music themselves, or it can give someone a sense of freedom they might have never experienced before. Local music is essential. Local music has saved the lives of many dreary Omaha youths, pondering jumping into the Missouri river until hearing of music that was being created in the same town where even breathing could sometimes feel impossible. Local music has inspired many to live life, many to create things themselves, and others to just have something to do on a Friday night in a city that always sleeps. This four page spread includes Q & A's with three local bands and features on three Central music groups as well as artwork from three Central artists.



# THE YUPPIES

Yuppies are a pop-punk do-it-yourself band of the 21st century. On stage Boogs pounds on the keyboard contorting his limbs to the loud beats of Kevin on the drums, while his eyes pop out and then chink back up in between violent screams over the rhythmic leads of Noah on heavily distorted guitar. Noah shreds out a poppy guitar solo while Boogs' smashes his forehead against his keyboard, and if Kevin didn't have to keep the beat his facial expressions seem like they would lead his body into the crowd to devour some helpless human mortal. This is the kind of band every boy wants to be in. The crowd is intrigued and some whisper, "what did he just say?" The girls question is followed by the raising of the voice of separate scoffs standing around the room, after they realize the passion of the song revolves around the frustration of not knowing how to smoke a cigarette. Have scoffs ever experienced the want of smoking a cigarette and not known how to? Have scoffs ever inhaled and had the smoke get all stuck in the wrong part of their throat and burn, and every time, trying to take a bigger inhale which takes away more of the precious cigarette without ever giving the desired buzz, just standing alone coughing like a fool in the darkness? With passion it's true. The real American boy doesn't want to hear about poor dying soldiers or depressed emotions, the real American boy wants to be free to do what he wants and hear a song about apple-sauce and slapping mayonnaise on one's body and scream along about the frustrations of writing music, songs about those things he can relate to. Music is about fun and nothing else, there is no room for scoffs in punk rock.

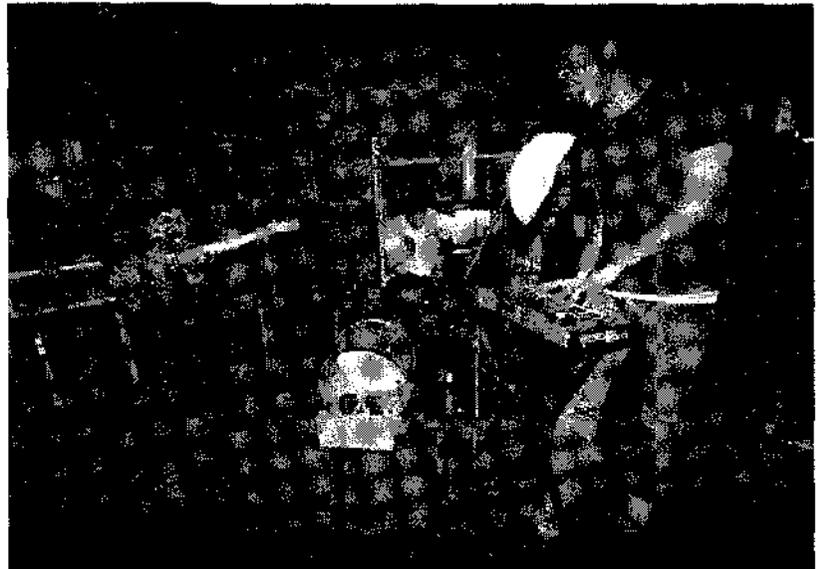


PHOTO COURTESY OF YUPPIES

BY JIVE MCCOY  
 MYSPACE.COM/YUPPIESBAND

**R: Yuppies tell me about yourself.**  
 KEVIN: Well we started a year and a half ago and have recorded a little bit, have two seven inches out and plan to record more. Got a couple tours. That's pretty much the jist of the band. Agreed?  
 NOAH: I'd say so.  
**R: Yuppies tell me about your experience.**  
 N: Well I guess how we kind of got like on our first tour, kind of like I guess you could say our like break or what not (was) when there was a show at the antiquarium, up here with (Psychadic) Horse\*\*\*\* and Pink Reason.  
 BOOGS: November of '07.  
 N: Mhm, and we had all been a band for-  
 B: 3 months, we had only played like 3 shows.  
 N: Yeah and we had recorded like 4 songs that we had and we just put a mic-  
 B: They were really darty.  
 N: Yeah and we put a mic at Boog's parents over a door, just like recorded these songs. We gave a cd to one of the dudes that were playing here and they liked it and ended up setting up a tour for us, since then we've just picked it up kinda.  
 B: Yeah, I had never even thought of touring before he suggested it to us.  
 K: Hi, Brian.  
 N: C'mon Brian your interrupting our interview man, with Vice magazin! Hey Brian, you sounded good in there Brian.  
 BRIAN BYRD (owner of Antiquarium Record Store): Yeah this is interesting, this is an interesting dynamic we've got going on here. You go on with your interview.  
 R: Brian how about you go back downstairs.  
 BB: Huh?  
 R: How about you go back downstairs.  
 BB: Yeah I will, I'm gonna steal this microphone then ill be out of your way.  
 N: Contrails practicing tonight?  
 BB: No uh, Rudy Waltz show or whatever, we're practicing.  
 B: This place is a mess.  
 BB: Your life is a mess, but I ain't saying nothing stupid.

**R: What is your most important accomplishment to date?**  
 K: I'd say going to New York City, we played in New York.  
 B: Yeah that was a really great opportunity, it was a lot of fun.  
 K: It's New York City.  
 N: And probably South by Southwest too, or we haven't done it but we are going, that's pretty cool, that's a pretty big thing. I'm excited about that.  
**R: Yuppies how would you describe your ideal job?**  
 K: Driving from city to city every day, playing music everywhere.  
 N: Touring, that'd be pretty cool, if we could do that and like, live off that.  
 B: I want to be a doctor.  
**R: Why did you choose this career?**  
 N: Career? I don't know if I'd call it a career.  
 B: I wouldn't call it a career.  
 N: Not yet, I mean I would like to sometime but I don't know.  
 B: That'd be cool, I'd say it's pretty difficult to make music a career.  
 N: Yeah agreed, I spend all my time doing it so.  
**R: How do you personally define success?**  
 N: I don't know what success is.  
 B: A major label deal, a record with Warner Bros.  
 N: Hangout with Bright Eyes. That is success.  
 B: I would say success as far as music is concerned is just to have fun, I mean as long as you're having fun and like, you show up you can do anything I guess, that's pretty successful.  
 N: Make a ton of money.  
 K: Girls.

B: Yeah, that too.  
 K: Girls are an important factor, you cant say it's all about the music its just not.  
**R: Describe a situation in which you were successful.**  
 N: Meeting Beth from Times New Viking, that was really successful.  
 K: People clap for us sometimes when we get done playing, I consider that a success.  
 N: She told me not to cut my hair.  
 B: Yeah, I remember that.  
 N: That was flattering. She must like my hair.  
**R: What motivates you?**  
 K: (long, long pause) I don't think I'm

*B: I would say success as far as music is concerned is just to have fun. I mean, as long as you're having fun and you show up, you can do anything.*  
*K: Girls are an important factor. You can't say it's all about the music. It's just not.*

motivated.  
 N: I like actually making something like new, like just making music.  
 B: Yeah, just making something, writing the songs, it's a nice sense of accomplishment when you know you made something that you really like.  
**R: If you had to live your life over again, what one thing would you change?**  
 K: I think I would've started playing music earlier or would have gotten into magic earlier.  
 B: Yeah I would've probably tried to pickup a guitar earlier in life, yeah.  
 N: I would've just not played music at all, go down the football route. I feel like I really passed up something there.  
**R: Where do you see yourself five years from now?**  
 N: The same  
 K: Pretty close to here  
 B: Hopefully, hopefully have a degree in something by then from college.  
**R: What is your greatest strength?**  
 B: This is like a job interview.  
 K: People like me "too" much.

B: My work ethic, my-  
 K: Probably I'd say somewhere in my legs.  
 B: The tongue is the strongest muscle of the body.  
**R: Yuppies, what is your greatest weakness?**  
 B: I care "too" much.  
 K: Sorry.  
 N: Tireless work ethic, we usually work "too" hard.  
 B: A bit of a perfectionist.  
**R: Is money important to you?**  
 K: No.  
 N: Have to get by.  
 B: Musically definitely not, for sure.  
 N: Yeah, for sure.  
 B: I mean it's definitely important to everyone to some degree.  
 K: It has to be.  
 B: With the cost of living but as far as making money off of music, it would be nice but its not like a major goal.  
 N: Yeah, it's better being able to just like instead of sweeping in, to like play shows and go see different parts of towns that we would be able to see and like meet a bunch of cool people. We met a bunch of really cool people already, which is, that's like, "forsheez" the best part of it.  
 B: Yeah that's definitely like one of the best parts I think of what we're doing is we've been able to go places that we never would go for any other reason, places like Lafayette, Indiana or like Cleveland and we've made friends all across the country. That's really nice.  
**R: What do you think it takes to be successful in this arena of music?**  
 N: Do what you want to do, like make what you want to make.  
 K: Yeah, we are not really thinking about being successful, we are just kind of making music and people want to come see us.  
 N: As far as success goes.  
 B: I mean I think it depends on how you define success. So far I think we've been pretty successful with having fun, like I said already.

Picture the Cal was the first cartoon character to be made into a parade balloon

## CATHERINE CROWN



BY JUDY MOCK

Catherine Crown is a four-track recorder, an intriguing unique voice that has a sound of a 1920's stereo box, with rhythm acoustic guitar and quirky offbeat leads on electric guitar or keys that makes the song odd at first, but addictively listenable. The lyrics have a nostalgic feeling of youthful romances that fade before even becoming, commenting on them without whiny lyrics, but a gentle understanding sung through simple symbolism, that gives a feeling of inspiring potential instead of sorrowful regret. Wrapping yesterday's better days with a warm blanket of sunlight, Crown still has straight forward statements

that pop out like small fireworks amidst the imagery of rivers and rockets, "I don't want your spirit, by my side...you're always changing...you're not my friend." Catherine Crown is Central High junior Catherine Carne. Catherine writes a rare song focusing on the disappointment of life that vibrates positively, sounding unique honesty that gives rays of hope with enough quirks that distinguishes Crown with the potential to be a wholly original songwriter.

## MALLOWS OF MARSH



BY WILE LINGAN

The Mallows of Marsh are a unique music group for Central High School.

The group, consisting of two current Central students and two former students recorded a full length album called "Nebraska is my Home."

Their musical style is unlike anything traditional. The combination of instruments is different, yet when the combination of guitars, cello, bongos, and xylophone comes together, it creates a unique sound.

The album has a very laid back feel. While listening to the album, one can tell that the group enjoys playing music with each other, therefore the music

has a natural sound. The Mallows of Marsh's music would be considered folk, but its untraditional arrangement makes the music hard to classify. There are elements of folk, rock, and blues that come together to form their own style.

The album seems experimental, with unique instruments and a casual music arrangement.

The band is made up of Senior Michaela Favara and former student Matt Cronin, who both play the guitar and sing. The two take turns singing, while on some songs they sing together creating a perfect balance of singing.

Senior Anna French plays the cello on a few of the songs. Anna's brother, Aaron French, a former Central Student plays the xylophone and the bongo drums on the album.

Anna French described the music as having a natural sound. "We never play a song the same way twice," French said.

## FRANCIS AND GONDRY



BY WILE LINGAN

Two Central juniors recently formed an independent rock band after casually playing music together for a short time.

While hanging out together about two months ago, Matt Tillwick and Daniel Ellis started their band, Francis and Gondry.

The duo began playing after an impromptu jam session in Tillwick's basement.

"Daniel just hopped on the drums and we jammed," said Tillwick, who plays the guitar and sings for the group.

Now, Francis and Gondry has written several songs, with three recorded, and the band has a concert scheduled in May.

Tillwick describes the band as being half rock and roll and half acoustic, with Ben Kweller and The Yeah Yeah Yeahs as influences.

Their music is mellow, yet is made powerful by riffs of the electric guitar and Ellis' steady beat. Not to mention Tillwick's voice has versatility—he would sound good singing over any music.

Because the band is so new, they don't really know what they want to achieve with the project.

Right now, the band's goal is to begin playing shows around Omaha, which Tillwick did with his previous band, called No Contempo. The group also wants to record more songs.

Tillwick thinks that Francis and Gondry is more developed than his earlier band, which included a former Central student.

While Tillwick has played in bands for a few years, Ellis is new to playing music professionally.

Ellis began playing the drums recently and has never played a concert, so he admits to being nervous about the upcoming show.

Ellis gave much credit to Tillwick, who has written Francis and Gondry's songs.

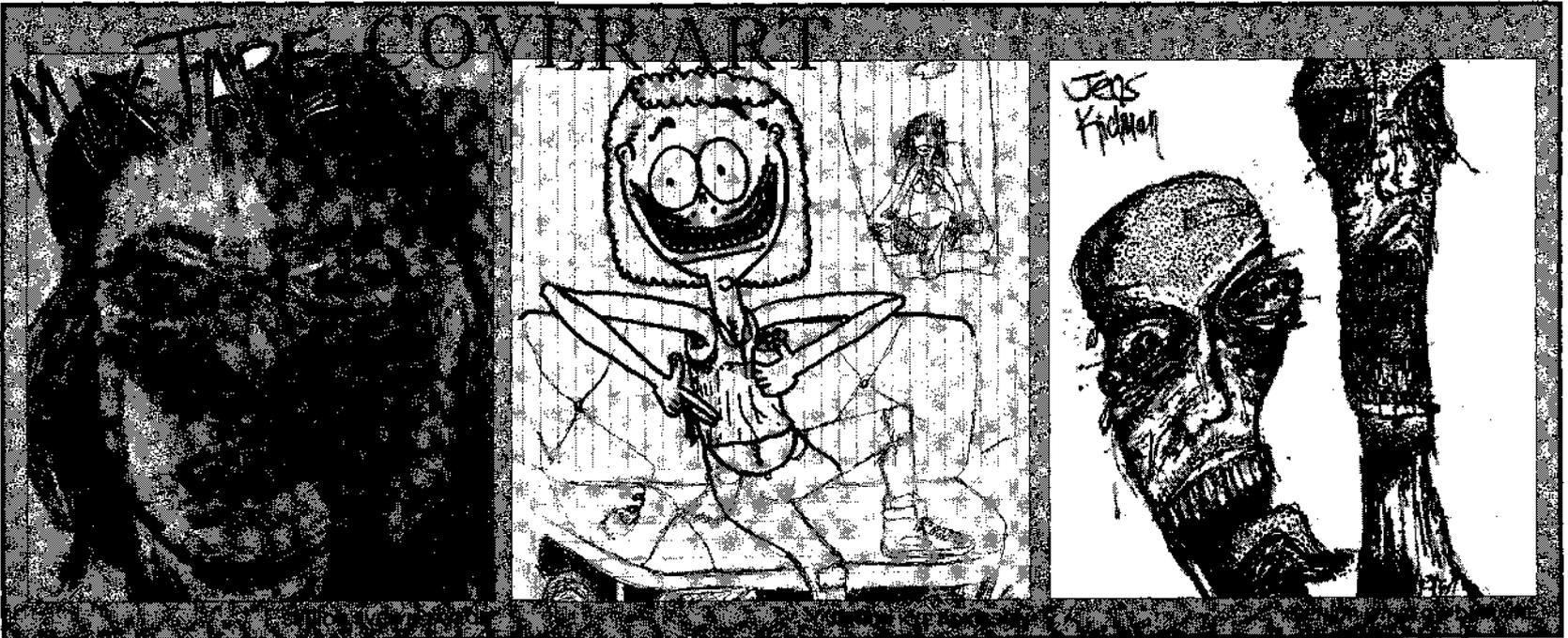
"It seems so easy for him to come up with things so fast," said Ellis about the singer and guitarist. Rather than writing songs ahead of time, the group comes up with much of their music while playing together.

Tillwick said his favorite part about being in a band is the sense of accomplishment that comes from hearing what they have recorded.

The band's first concert is on May 28 at the Pizza Shoppe Collective in Benson, where they will open for an east coast musician called Juviley.

Until then, Francis and Gondry's music can be heard on the band's Myspace page.

*Their music is mellow, yet is made powerful by riffs of the electric guitar and Ellis' steady beat. Not to mention Tillwick's voice has versatility—he would sound good singing over any music.*



# the register

2008-2009

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After the death of Albert Einstein his brain was removed by a pathologist and put in a jar for future study.

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**5 Senior competes in dangerous motorcycle competitions**  
Senior Amber Rausch competes in motorcycle competitions; a hobby that most people consider to be dangerous.

## Letters to the Editor

Dear Editor,  
I haven't really seen much improvement in the economy despite all of these stimulus packages.  
**Amalinda Schneiderman**  
Grade 9

Dear Editor,  
I personally don't think that nude pictures should be sent or received under the age of 18. Sex should not be on your mind at that age. And receiving or sending inappropriate pictures can give people the wrong message about you.  
**Jasmine Hodge**  
Grade 9

Dear Editor,  
It's not hard, but you know what they say: Tough times don't last. Only tough people do.  
**Marcus Gullikson**  
Grade 10

Dear Editor,  
"Sexting" is very immature. Not only does one risk being exposed but one loses self dignity. Pictures are sent around to everyone.  
**Rachel Polanco**  
Grade 10

Dear Editor,  
Finances have definitely changed since the economy started to fall. Many businesses have closed and many people have lost their jobs. If we, as a country, plan to get out of this rut we are seriously going to have to sit down and think about what we spend our money on, how we spend it, and what sort of things we do once we have enough money again.  
**John Rooney**  
Grade 10

Dear Editor,  
I don't personally have a Facebook, but a word of advice to those who do: be careful what you post on Facebook. If Facebook owns the content, they can use it when and wherever they want.  
**Je'Ronelle McThee**  
Grade 9

Dear Editor,  
I think anyone who would actually participate in "sexting" is just desperate for attention. It's terrible! I believe if you do that you basically have no respect for yourself. You're just looking to start some drama.  
**Darian Holmes**  
Grade 10

Dear Editor,  
I don't think it should matter if Facebook can own what you upload, because they probably are doing that in order to prevent inappropriate pictures and stuff from going around on the internet, and it wouldn't be thought they did that before anyway.  
**Helen Erickson**  
Grade 9

Dear Editor,  
"Sexting." Harmless fun shared amongst free-spirited teens? Or is it a much more serious matter? "Sexting" is not only childish and immature, it shows a lack of responsibility and concern for personal appearance. On top of that, it invades other people's sense of privacy. Don't fall into the habit of "sexting." Not only do you lose respect for yourself, but you also violate the respect of others.  
**Catalina Ramirez**  
Grade 9

Dear Editor,  
It really doesn't matter to me if Facebook wants to own what I upload. I don't care at all.  
**Emilia Erickson**  
Grade 11

### What do you know about ...

#### Family and Consumer Sciences

Provided by teacher Karen Stecker

- Which of the following nutrients is most lacking in the American diet?
  - A. protein
  - B. calcium
  - C. Vitamin A
  - D. Vitamin D
- Which Omaha restaurants were featured on the Food Network Show "Diners, Drive-Ins, and Dives"?
  - A. California Tacos
  - B. Lo Sole Mio
  - C. Greek Isles
  - D. Dixie Quicks
- How should you lay babies down to sleep?
  - A. on their stomachs
  - B. on their sides
  - C. in a crib with a lot of toys
  - D. on their backs
- Who is the host/hostess of "Project Runway"?
  - A. Heidi Klum
  - B. Tim Gunn
  - C. Tyra Banks
  - D. Christie Brinkley
- What style of architecture is the Joslyn Museum?
  - A. Frank Lloyd Wright
  - B. Traditional
  - C. Contemporary
  - D. Art Deco
- What percentage of sexually active young people contract STD's?
  - A. 70%
  - B. 25%
  - C. 46%
  - D. 7%

ANSWERS

1. D  
2. C  
3. B  
4. A  
5. D  
6. C  
7. B  
8. A  
9. D  
10. C  
11. B  
12. D  
13. A  
14. C

President John F. Kennedy had a monthly hairdressing appointment in January of 2009.

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## Crossword

Created using [www.armoredpenguin.com](http://www.armoredpenguin.com)  
By The Register

Test your knowledge on: elevated diction

Please remember when doing the crossword puzzle that spaces are included and counted as letters.

**Down**

- A speech delivered in a formal or ceremonious manner.
- Calm, untroubled.
- Ambiguous, uncertain, undecided.
- One who flatters in the hope of gaining favors.
- Impenetrable, incapable of being affected.
- Brightly shining.

**Across**

- Extraordinary ability
- Giving off intense heat, passionate.
- Deserving of respect because of age or achievement.
- Clear, easily understandable.
- To take back.
- Wanting harm to befall others.
- An assembly of people.
- Brief and direct in expression.
- Hasty, incautious.