

Road Show '88

Props change, curtain rises, and spotlights blaze; the next act goes on stage to rehearse for Central High School's seventy-fourth Road Show: A Stage Odyssey. Central seniors Kirstin Schroeder, Melvin Jones, Christmas Reed, and Scott Focht perfect their act for the performance. See page six for more details.

Tess Fogarty



Art students 'bring home the gold'

Jonas Batt

The Central High School art department brought home the gold from the 1988 Scholastic Art Awards competition...not in the form of medals, but of keys.

At the 61st annual regional competition held at the College of St. Mary, eleven Central students won Gold Key awards. "Honorable mentions" went to 25 Centralites.

Judges selected as "Key" quality the entire portfolios of four students, and one student received the Hallmark Honor Prize.

The awards are a "tremendous sign of [the] talent here," said Mr. Larry Andrews, Central art instructor.

Awards are presented on the basis of composition, style, and creativity. Competition judges included an art teacher, a potter, and an art curator.

Students submitted works between January 18, 1988, and January 25, 1988, and categories of the competition include pencil drawing, ink drawing, pastels, crayons and charcoal, mixed media, printmaking and photography.

Scholastic officials

have not verified results of the competition; according to Mr. Andrews, "as far as number of 'Keys,' I think it's official."

Awards went to four of the seven portfolios Central submitted

"As far as number of winners and as far as recognition," Central did better than Northwest High School, the

closest competitor in the contest, said Mr. Andrews.

"If you think about it, Northwest had one of five portfolios [selected for "Key" awards], and we had four of five. We did better [in that respect]," said Mrs. Margaret Quinn, Central art teacher, adding "we feel we did [well]."

Judges awarded five portfolios from the 15-20 portfolios entered at the state level. Awards went to four of the seven portfolios that Central submitted.

The portfolios of seniors Alex Haecker, Amy

Meyer, Lisa Macafee, and Doug Warden will continue Scholastic competition on the national level in New York.

Both art teachers agree that the showing at the St. Mary's competition demonstrates the artistic strength of the Central senior class.

"Students who [entered portfolios] had very strong work," said Mr. Andrews; "fortunately for four of them, the judges thought so too." According to Mr. Andrews, usually only one or two portfolios are selected from the entire state.

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'Unusual' Decathlon team wins regionals

Ann Kay

At the regional competition, 2200 points separated Central High School's Decathlon team from second-placed South High. Due to the increasing number of competing teams, officials held two regional tournaments to choose teams for the upcoming state competition.

The top three winners at the two sites, North High School and Bryan High School, will compete on February 20 at UNO. Those teams are: Central, South, Prep, Mt. Michael, Gross, Bellevue West and Benson.

"What's unusual about this team is that one-half of its members are juniors. In other years they were mostly seniors," said Mrs. Marlene Bernstein, Central High School English teacher and Decathlon coach. "The team was hard to pick because the scores were not clean-cut," she said.

In recent years, Mrs. Bernstein explained, two strong "A" students and two strong "B" and "C" students made up the team. However, this year the scores, based on National Merit Scholarship Qualifying Test results, were not as decisive.

"Up to the last minute, students had to earn a position on the team," added Mrs. Bernstein.

Several Central teachers, as well as a number of speakers, help the Decathlon team prepare for competition.

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Inside:

Pro-life vs. pro-choice, Road Show, a guinea pig-eating teacher, for your health, and ex-Centralite receives honor



Jill Ogden

Senior Decathletes Ann Gentle, Lisa Wolff, Erik Gerlings, Jody Sharpe, and John Miller and junior members Reggie Rennard, Karen Lee, Jenny Hendrix, Kate Leuschen, Mike Lawler, and Rob Hill relax after their comfortable win at the regional competition. The team will soon gear up for the state competition to be held February 20.

Forum

Do you advocate the pro-life stand, that abortion should be illegal in the U.S., or pro-choice, that women should have the right to an abortion?



Mr. James Harrington, teacher: "I'm pro-choice because I don't believe that it is my place to impose my morals on anyone else, but I could never be party to an abortion."



Sean Wilson, senior: "I feel that I believe in pro-choice because such decisions should be left up to the individual. It may not always be the right choice, but it should be available if necessary."



Jeff Pusateri, senior: "I'm pro-life because I just don't believe in abortions. That's how my family feels, and that's how I feel."



Seth Kotok, junior: "I'm pro-choice because [pro-life is] an infringement of a person's rights. If you make a mistake, you shouldn't have to live your life with that burden."



Gabrielle Gaines, sophomore: "I identify myself as a supporter of pro-life. I just don't think that a pregnant woman should have the right to take the life of an innocent unborn baby."



Christine Nieto, sophomore: "I'm pro-choice because I think that it should be an individual's choice whether or not they want to have a baby or not."

Shawn Coleman

Roe vs. Wade needs reversal

January 22, 1973, was a tragic day in American history. It was the day the United States Supreme Court decided to abolish abortion laws in all fifty states.

Since the Court's decision in *Roe vs. Wade* that legalized abortion, the number of unborn babies killed by abortion has exceeded twenty million.

Some argue that abortion must be legalized for the women whose health could be threatened if they were to give birth. But the number of abortions performed for the health purposes of the mother account for less than one percent of all abortions performed.

Many pro-choicers today actually use abortion as a means of "birth control." But true contraception will prevent new life from beginning, not destroy life that has already begun.

While most of the arguments pro-choice advocates put forth seem good, they are all making one important assumption. The assumption is that a fetus is not a human being. There is no way that anyone who knows anything about the life cycle can honestly claim to support this assumption.

Part of the Supreme Court's justification for allowing this killing is the argument that unborn babies are not yet capable of "meaningful life" and are not "persons in the whole sense."

It is ridiculous to say that a fetus is not a "person in the whole sense" until the day he (or she) is born. Abortion

supporters act as if a baby isn't alive until it comes out of the mother's womb. Life actually begins at the moment the ovum is fertilized.

Who in our society has the authority to decide the qualifications for "meaningful life?" The justices of the Supreme Court? The parents of the individual? The one living the life in question?

Pro-choice proponents worry about the rights of the mother and everyone who has anything to do with the child, except for the child itself. Life, liberty, and the pursuit of happiness are three inalienable rights that are guaranteed to all Americans in the "Declaration of Independence."

Yet without life, the baby can never obtain liberty and the pursuit of happiness.

Yet as a nation we are allowing future generations of human beings with enormous potential to be destroyed before they can enjoy their first and foremost right, their right to life.

Now that unborn babies lives may be taken without reason, what guarantees are there that other groups of humans will not be killed because they have become too socially burdensome.

Will our nation decide that crippled and handicapped individuals' or senior citizens' lives do not meet the qualifications for "meaningful life," and eliminate them too?

Many facts about abortion and the ability of the unborn to feel pain are hidden from mothers who have

abortions.

No laws are in effect that regulate the suffering that the aborted endure, although there are numerous laws that limit the ways in which cattle and other livestock may be slaughtered.

In fact there is a growing effort by abortion supporters to deny that the unborn feel any pain at all as they are being killed in the womb. Nothing could be further from the truth.

By fourteen weeks a fetus is sensitive to pain everywhere except on his (or her) back and the top of the head. And by four and a half months, a fetus feels pain just as a newborn baby would.

One of the most tragic things hidden from the public is the large number of babies who survive abortions and are just left alone to die or are suffocated by the doctor or nurses involved in the abortion.

As a nation we need to re-evaluate our reasoning for allowing these millions of unborn babies to be killed simply because they are "unwanted."

We need to learn the facts about abortion and fight for an amendment to eliminate these unnecessary deaths.

Thomas Jefferson once said something that can be directly applied to the abortion issue in our country today.

"The care of human life and happiness and not their destruction is the first and only legitimate object of good government."

Abortion important civil right

In a generation of suspended civil rights in the United States, the 1973 court case of *Roe vs. Wade* marked a significant, if brief, departure from the conservative thinking of the United States Supreme Court.

In *Roe vs. Wade*, the Supreme Court ruled that abortions in the U.S. were legal; it left certain specifications and guidelines, as it should be, up to the individual states.

Civil rights activists and concerned citizens lauded the decision as a victory for the American public and a blow to reactionaries everywhere for it extended to all an important personal freedom: the constitutional right to abort a pregnancy.

Never easy under ideal conditions, pregnancy often involves many difficulties, complications, and circumstances which can necessitate an abortion.

Each year, thousands of women die in childbirth. Thousands more, fortunately, are saved because of the life-saving option of abortion. Pregnancy could have ended their lives, but abortion gave them a chance to start anew.

Still more women become pregnant as the result of foolishness, accidents, or worse, rape. While people must owe up to some kind of responsibility, a solution must exist which can correct these mistakes and/or injustices.

Thus, the ongoing dilemma over whose life should take precedence: an existing, breathing human being or an embryo in the first stages of development.

The mother's age can span anywhere from her pre-teens to her mid-fifties, that of the embryo's only a few months. The mother has established herself in society and life; the embryo has not.

And in the state of Nebraska, children under the age of nineteen are subject to the authority of a parent or guardian. So if a woman, or a minor with parental consent, elects to have an abortion, should she not have the legal right to do so?

Who, but the mother, should be able to decide what is best for either herself or her future child?

And should not an existing life, the mother's, take precedence over a possible one?

Such a decision should and must be made by the individuals involved, not by a crowd or court. Courts, including the U.S. Supreme Court, review constitutionality, not morality; and abortion is a moral issue.

Morality is determined by an individual, not a judge or jury. It is a personal, sometimes deep-set belief, not something handed down from afar.

Thus, each woman, not a rioting throng of

mobsters, should be able to control her own body, for she is her own best judge.

Differences of opinion are what make our country strong and should be tolerated, but that is where they should end, as opinions.

Regardless of the issue, no one person has the right to condemn and chastise another's beliefs as silly and wrong, especially a belief that is ethical and moral. Abortion is one such ideal.

In the states that outlawed abortion before *Roe vs. Wade*, underground abortion clinics flourished which performed illegal abortions, many of which were dangerous.

If the Supreme Court were to reverse *Roe vs. Wade*, these unsafe clinics would resurface and bring with them their same brand of dangerous medicine. Such actions must not be permitted to occur, for it is only prolonging the problem, not solving it.

If a woman or couple is firmly opposed to abortion of any kind, that is their prerogative, and it should be tolerated.

But if another woman or couple opts for an abortion, their decision merits respect, for in the United States the two go hand in hand. One woman's opinion is another woman's belief.

You just cannot have one without the other.

Mandatory school prayer wrong

In his latest State of the Union Address, President Reagan vowed to the American people that he would persist in urging Congress to pass legislation allowing for prayer time in public schools.

However, the president neglected to mention anything about freedom of religion or separation of church and state in that address, two points that he should consider more seriously before introducing such a bill.

A specific time to pray. Is not prayer a personal

conversation between someone and his God? Does a teacher or school official need to mandate it?

And what about those who do not believe in a supreme being? Maybe President Reagan does not realize that not everyone believes in the same God or in a god at all. Does anyone have the right to make the American public pray?

Reagan may not understand that people can pray whenever they like. The United States Constitution states that the school cannot

tell students not to pray. Why should the school be able to tell students that they *must* pray?

The freedom of religion includes the freedom to practice religion on one's own time, not at a time appointed by a school official.

The freedom of religion also includes the right not to worship or believe.

President Reagan and his advisors should rethink their proposal before suggesting such a bill, for the current thought is an infringement upon a precious constitutional freedom.

All-City concert lacking in quality, requires amending

Having first been established in 1950, the Omaha Public School's All-City Festival has come to a crossroad, for the time has come for the Board of Education to either considerably alter the concert or eliminate it all together.

Mr. Richard Jorgensen, the music coordinator for OPS, said that though All-City is not an attempt to imitate the Nebraska All-State Clinic, it is a showcase for the talent of OPS. Yet it sorely misses the mark.

The major flaw with the current system is its decided lack of quality. Granted, it brings together most of Omaha's talented musicians, but what they produce is far from perfect.

Perhaps one of the problems is that OPS does not try to emulate All-State, for it is a top-notch program with an outstanding reputation and tradition.

One, the factors contributing to All-City's poorer quality is the lack of a selection process for the All-City Chorus.

Instrumentalists audition for either the band or the orchestra, and while they too could stand quite a bit of "weeding out," at least their participation is both voluntary

and selective.

The choir, all 400-plus, are merely grouped together and given music to sing without either being asked to participate or auditioning for their spots.

Mr. Jorgensen said that instrumentalists' auditions are held because of limited space, but he said that a smaller choir would be less effective in the vast Civic Auditorium

However, an advanced chorus of 200 or an outstanding orchestra of 75 is almost without exception far superior than an uncooperative chorus of 400 or a sluggish orchestra of 150.

If such measures were taken, the resulting concert would be far more enjoyable for not only would the groups be more select, they would be more manageable. All-City conduct could stand for quite a bit of improvement.

Another factor detracting from the quality of All-City is the music. According to Mr. Jorgensen, once OPS has established the theme, the guest directors choose music that reflects the theme.

He added that the music must differ greatly from that of All-State in that the All-City music must be

considerably easier for the less advanced group.

Though Mr. Jorgensen felt that All-City's music is more appealing to the audience, more challenging pieces performed correctly could be just as successful, if not more so. Yet, it could not happen until the quality of the groups increases.

Still another weak point is the return to a one-concert format. The past few years have contained separate junior high and senior high school concerts, but this year, All-City recombined the concerts into one, lengthy event.

Not only does this detract from the overall quality, the *Register* suggests that perhaps motivating factor is a consistent lack of attendance.

All those empty seats clearly indicate that there is a dissatisfaction with the status quo, that All-City is simply not good enough to draw a crowd.

While these are only a few ideas, the All-City Music Festival desperately needs revamping, for the present concert is neither adequate nor acceptable.

If changes are infeasible or impossible, the Board's only option is to eliminate the entire event.



Mrs. Smith attempts to enforce President Reagan's new mandatory period of school prayer the only way she knows how.

Pulse

Do you advocate the pro-life stand, that abortion should be illegal in the U.S., or pro-choice stand, that U.S. abortions should be legal?

Pro-Life 29.6% Pro-Choice 70.4%

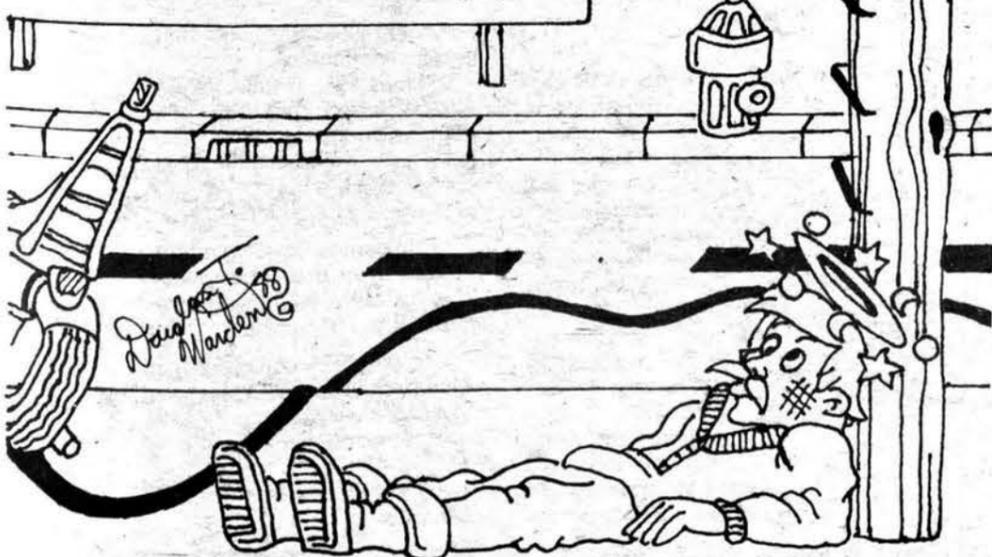
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Rauchut organizes English lecture series

Justin Kerr

"Dear Colleague,

"I'd like to invite you to a lecture series I've organized. All six lectures will take place after work here at Central, and attending means professional growth points. If you're at all curious about what's new in the world of literature, I'm sure you'll find any one of these lectures interesting."

Trends in literature

So begins a letter Dr. Ed Rauchut, Central English teacher, sent to his co-instructors at Central. He has single-handedly organized the six-part lecture series entitled: "Working With Texts," an array of speeches concerned with the latest trends in English literature.

Ms. Missy Dehn Kubitschek of the UNO English department headed the list of speakers, when on February 9 she presented "The Warring Humanities: The Core Curriculum."

According to Dr. Rauchut, it dealt with "the idea of what literature is and what texts should be included in the curriculum."

Following Ms. Kubitschek is Mr. Michael Gillespie from the UNO Philosophy Department, lecturing March 8 on Michel Foucault, whom Dr. Rauchut describes as a "deconstructive historian; also

a Marxist." He added that "critics are now using him to interpret literary texts."

Mr. Ross Mandel of the UNL Philosophy department leads the third lecture, to be held on March 16.

Influential critic

Dr. Rauchut described the subject of Mr. Mandel's lecture, the Frenchman Jacques Derrida, as "the most influential critic working today. Derrida is shaking up everything: both English criticism and criticism in general."

On April 9, Ms. Susan Rosowski of the UNL English department will present her speech: "Willa Cather: Recent Textual Discoveries." Mrs. Marlene Bernstein, Central High English instructor, has tentatively agreed to lecture on "Deconstructing Tennyson" on April 19.

Concluding the series, Mr. Michael Skau from the UNO English Department will present his lecture, "Directions in Contemporary Poetry," on April 26. "Skau will talk about what's happening today in poetry: what kind of poetry people are writing right now, both here and in England," stated Dr. Rauchut.

As for the reasons Dr. Rauchut is spending his time organizing and coordinating a lecture series, he simply

stated, "I just sat down one day and thought what would be fun for me to do. The answer was a lecture series."

He added that "the idea came from a friend of mine in New York who organized a Shakespeare convention. This is something that is not unusual at colleges."

Organizing the lecture series since August, Dr. Rauchut stated that "at the very beginning of the year, I'd made an announcement that any English teacher in OPS who was working on an author should let me know if they were interested in participating."

"I wanted to give the first crack to the English teachers at OPS." Dr. Rauchut added, however, "I didn't hear anything from anybody."

He then went to Creighton and UNO. "I got the names of the people who taught at the universities, then I found out what their specialties were: what they taught, what they specialized in. I then started calling people."

'Hustling up' speakers

Stated Dr. Rauchut, "The way it worked was that I had to hustle up the speakers because no one knew who I was and this is the first time that this has been done."

He added, "It took months just to get these six

people because of narrowing down, making phone contacts, confirming dates, and having plans changed."

"I had very few people refuse once I had asked them," he said. "The ones that did refuse refused because they were doing something else. It happened that the ones who were interested in doing it were the ones who were doing the stuff that was most interesting."

Pertaining to the subject matter, Dr. Rauchut said, "I told each of them that I would want them to speak about what they were most interested in; what they were doing research on right now."

Topics under discussion

One of the topics to be dealt with is deconstructionism, which Dr. Rauchut defined as "a way of dealing with Western metaphysics," which "comes out of many different sources." The lectures on Derrida and Foucault will deal with this, he added.

Mrs. Bernstein will also be dealing with deconstruction in her lecture, specifically involved with Tennyson. "I'll probably discuss the poems: 'Idylls of the King,' 'The Lady of Charlotte,' and 'Maude,'" she stated.

She described deconstruction as "taking a word and

re-emphasizing different parts of it," also calling it a "trendy" field of literature.

Dr. Rauchut has sent out flyers to various people, including the heads of all English Departments at OPS high schools, the Nebraska Council of Teachers of English, the chairman of the English Department at UNL, and "all undergraduate English majors at UNO and Creighton."

Dr. Rauchut added that "the whole OPS English staff and the whole OPS staff in general" is invited. High school students, however, are not allowed to attend.

Explained Rauchut, "The topics under discussion are extremely hard. These are the kind of things that most

students wouldn't be familiar with."

As for expected turnout, Dr. Rauchut "doesn't know" how many will attend. "Five could show up for each one, or maybe twenty-five."

The speeches are planned to run for approximately 45 minutes each, followed by a small break, and concluding with a question and answer session.

Dr. Rauchut concluded that the lectures "are something that are not unusual on college campuses. People do this a lot; they organize conferences."

Decathletes prepare for state competition

Continued from page 1

"Teachers are a big part of the victory. They worked hard, and they were very willing to help," said Mr. Clyde Lincoln, social studies teacher and Decathlon coach.

"Generally speaking," he added, "that's what teachers at Central are like; they want to do everything possible to help us succeed."

Only a few members returned from last year's team, explained Pete Pirsch, senior.

The team meets every day after school to practice,

according to Erik Gerlings, senior. "We spend hours after school every day reviewing material," he said.

With the new team members, the Decathlon team went into this year with little experience.

"The new team members devoted a lot of time, and did a good job catching up to do well," said Pete.

All members agree that the teachers were a big part in the success of the team at the regionals. Others who helped were speakers from Central's Adopt-A-School, Guarantee Mutual.

Juniors, Jennifer Hendricks and Mike Lawler, became interested in Decathlon last year. New to the team, they didn't realize how much work would be involved.

Lisa Wolff, senior, joined the team again after going to the national competition with last year's team.

"It's harder this year, than it was last year. No matter what everyone else says, senior AP classes take a lot more time. And with Decathlon, it's a lot of work," explained Lisa. "I found out last year that Decathlon was a lot of work."

Mike commented that this year's team needs improvement in social studies, natural sciences and aviation. Last week the team went flying to help with the aviation-section in the Superquiz.

"I think the Regional and state competitions are too close together. That is quite a bit to study for," added Jennifer.

Erik and Pete hope that a lot of people will show up to support the team for the Superquiz at the State competition at UNO.

"We know what we have to work on, we just have to work on that."

"We know what we have to improve on, we just need to work on that," concluded Lisa.

OPS reviews movies

Jennifer Andersen

An Omaha Public School requirement is that the administration headquarters, Joslyn Castle, approve tapes before teachers use them.

This OPS requirement has become more strict according to Mr. Jack Blanke, Central High School Social Studies Department Head.

"They [OPS] have become more strict in the past couple of years because some schools were showing whatever they wanted to," said Mr. Blanke.

"In recent years, OPS has done a better job conforming to the law."

"In recent years, OPS has done a better job conforming to the law," said Mr. Dan Daly, English Department Head.

One way teachers may use films is if they gain the approval of an administrator, teacher, parent, and student committee. Such tapes form a library in each department.

Another way to receive approval is for the teacher to send the tape through his department head.

The department head views the film and sends a form with his signature to principal Dr. G.E. Moller, who also signs the

form. He sends it to Dr. Richard Werkheiser, Director of Secondary Education, who has the final approval.

Mr. Paul Semrad, world history teacher, feels that the restrictions are an advantage for teachers.

"It takes the liability off the teachers and gives it to OPS if a problem should happen."

"It takes the liability off the teachers and gives it to OPS if a problem should happen," said Mr. Semrad.

Other restrictions come from the film companies.

"Many PBS [Public Broadcasting Service] programs give permission to tape, but they put a time limit on them so they can't become a permanent part of the library," said Mr. Daly.

Film companies also put restrictions on their films available for rental by putting a request at the beginning.

"If they [film companies] do give permission for classroom viewing, they raise the price to compensate for the number of

people watching at once," said Mr. Daly.

40 countries, 6 continents

Daugherty travels 'for kicks,' education



Shawn Coleman

Mr. Mike Daugherty, math teacher, poses with guinea pig, Meggie. Guinea pig is an exotic meat he tried while vacationing in Peru.

Rob Glasser

Is it George of the Jungle? Dr. Livingston, I presume? Maybe it's Crocodile Dundee.

Nope, it's someone many Central High School students know, a person who probably teaches math to many of them, a man who travels the globe in order to satisfy his own passion for knowledge.

Mr. Mike Daugherty, math instructor, has traveled to six of the seven continents, and over forty countries including Venezuela, New Zealand, Australia, Egypt, Peru, Turkey, Germany, Rumania, and a slew of others.

Why would anyone want to spend so much time away from home, tucked away in the humid jungles of South America or high atop the oxygen-deprived Andes?

Mr. Daugherty answered with a twinkle in his eye that only the wayward traveler would have, "for kicks. But I do it so it's educational."

In fear that thriving businesses may tame or destroy many of the wild places left on Earth, Mr. Daugherty is lacing his hiking boots and packing his gear to visit these countries before it's too late.

This is understandable, for the Amazon basin and many other hitherto "useless" tracts of land are dwindling at an alarming rate, ravaged by the termite-like land developers.

Mr. Daugherty described his traveling as an addiction, an obsession he developed by doing. "I have always traveled, starting with the U.S. and Canada. My first trips overseas were when I joined

the Navy."

In the Navy, Daugherty was stationed aboard a frigate in the Persian Gulf during the hostage situation of 1979-80. He has been traveling ever since.

Skiing in the Alps and New Zealand; scuba diving in Hawaii, the Caribbean, and the Great Barrier Reef of Australia; and sight-seeing in Europe four times are still more travels that Mr. Daugherty can record in his travel log.

Of course, traveling is not all fun and games. "The poverty is incredibly depressing."

Of course, traveling is not all fun and games. "The poverty is incredibly depressing" he said of the underdeveloped countries.

One such service Mr. Daugherty mentioned was the mass transit systems he encountered in Venezuela and Peru. "There are no regulations on buses and trains so they get badly overcrowded," he said. According to Mr. Daugherty bringing livestock such as chickens, dogs, and even sheep onto the vehicles is not uncommon.

On one occasion Mr. Daugherty found it necessary and more comfortable to ride on top of a train. "It wasn't so bad until it started raining. We were also traveling through the

mountains, so sometimes it got a little scary with nothing to hold onto," he said casually.

Mr. Daugherty said that wildlife is one of his favorite parts of his journeys.

Through his travels Mr. Daugherty has seen tiny, one foot-tall penguins and strange ocean creatures. A seal even challenged him once. A bullfight in Spain and a cockfight in Ecuador were two negative wildlife scenes he witnessed, and he described them as "incredibly brutal."

Another advantage to traveling is the opportunity to see how others view the Americans. "We seem very rich in many countries' eyes. They either admire us for it, or envy us," said Mr. Daugherty. He added that, for the most part, the natives of every country he visited treated him very well.

Some of the stranger situations with which he met were a religious festival where the participants got inebriated on homemade liquor and ran through the city. Another was when he apprehensively ate guinea pig while visiting a family in Peru. The guinea pig, he said, tasted like chicken. "When in Rome..."

Does he ever plan to stop? "I planned to stop after Australia and New Zealand, but then I wanted to visit Northern Europe, Russia and others." It looks as if the traveler will never stop exploring this planet and visiting all the people, cultures, and wildlife that make the world go around.

This coming summer he has plans to return to the steamy South American jungles, and over a winter break it's off to a Chilean ski resort to do a little skiing.

Central recruiting makes change

Robin Leavitt

Remember from junior high school those glamorous, awesome, and scary thoughts of senior high school. It is at this time of year that the high schools start heavily recruiting students who will be attending high school in the fall.

This year, the high schools are also recruiting eighth graders. Currently Ben-

son, Bryan and South have ninth graders. However, in the fall all seven of the high schools in the OPS school district will have ninth graders.

With the addition of freshmen, recruiting tools and policies at Central High School changed. "In two to three years, there will be fewer students in high school (even with ninth graders) than there are now in grades ten through

twelve," explained Dr. Gary Bennett, assistant superintendent.

"Recruiting includes a video tape, which is to be shown to all eighth and ninth graders, [a brief explanation of all seven of the high schools], added Dr. Moller. Brochures are also distributed throughout the junior highs. The superintendent must approve all flyers and brochures before distribution.

"No eighth or ninth graders can visit senior high schools during the school day except for school-organized activities like workshops [which are for the purpose of recruiting]," commented Dr. Moller.

North and South are magnet schools, which means that they have exceptional math and computer courses available, and also have relatively low enrollments.

Therefore, they may do more recruiting than the other senior high schools. For example, they can still hold workshops, and they can still present assemblies at junior high schools, which the others cannot do.

Also, South can recruit the eighth graders presently attending Lewis and Clark and Norris Junior High Schools; Central cannot. All schools can have an open

house for both eighth and ninth graders also.

South and North do have some advantages, but Central High School principal Dr. G.E. Moller accepts this, due to the necessity of increasing the enrollment at both South and North.

Central still remains an open school for sophomores, but not for freshmen...

To insure racial balance, Central can recruit white eighth graders who are presently attending Beveridge, Bryan, Mars, McMillan, Monroe, and Morton, according to Dr. Gary Bennett. Central cannot recruit ninth graders at Norris and Lewis and Clark.

Eighth graders who currently attend Lewis and Clark and Norris Junior Highs can remain there for ninth grade, or they can attend South or Benson if they live in those attendance areas.

Central still remains an open school for sophomores, but not for freshmen, and is limited in recruiting because room exists for only two hundred freshmen.

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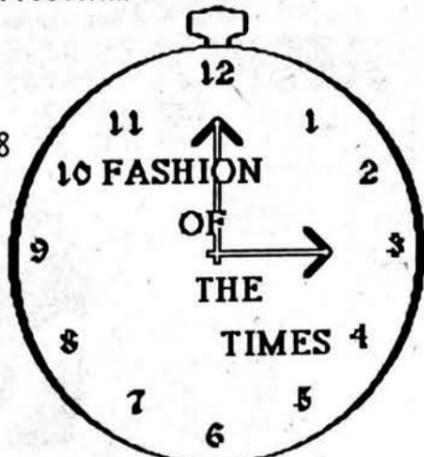
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Candidate promises and other strangeness

"What? In-school suspension for tardies? Two days of in-school suspension for tardies?! No, no, no. There must be some sort of mistake, you see. . ."

Well, here I am: ISS - the Big House, if you will - and let me tell you, it's a lot of fun.

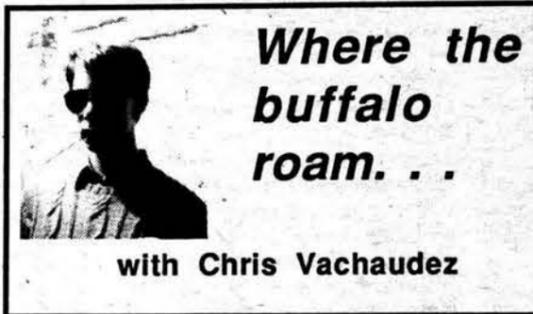
I suppose there's something to be said for this place: peace, quiet, expansively spacious cubicles. . .but it's not what you'd call "toe-tingling excitement," by any means.

Luckily I've got a full pot of heavily potent, steaming coffee sitting in front of me - just to make sure I don't slip into a coma, or anything like that that's associated with brain damage.

Which leads me to my next point: the 1988 Presidential Campaign.

The Iowa Caucuses were just recently held and, naturally, the picture looks pretty gloomy. The whole mess would appear to be just another blurb of television spots introducing "the next President of the United States of America." - but why do I have a hard time believing any of them?

From a journalistic point of view, however, I suppose there is a little bit of intrigue to keep one's sticky little mitts fat and happy. Poor Gary Hart got stuck with a bad deal, as usual, and got himself caught red-handed - with his hand in the cookie jar, so to speak. Pat Robertson and God are busy eradicating hurricanes and the George Bush/Dan Rather fight (date to be announced) promises to be a main event Atlantic City spectacle: a 15 rounder that will undoubtedly net each fighter well over \$13 million. . .but this is just mere estimation and it'll probably turn out to be a



Where the
buffalo
roam. . .

with Chris Vachaud

terrible bummer anyway - going off in one round as a TKO for Rather. Oh, well.

The only thing that genuinely interests me is the fairly misguided publicity campaign of Pete DuPont. Is it real? All too real, I'm sure, but its logical foundation - from a psychological point of view - is heavily cracked, just the same.

Not only did he put out prime time television spots throughout the Midwest saying he'll cut, if not completely eliminate, farmers' subsidies (something you don't tell farmers, at least not until you've suckered them for their votes), but his whole scheme is sadly twisted.

And he's proud, almost boastful, when he denounces all welfare recipients and tells them - in no minced words, mind you - that, "If you can't find a job, we'll find you one."

Wonderful. I'm sure that's just what all the out-of-work, underprivileged people in the land want to hear, since they've heard it all before and *must* know it's going to happen, sooner or later. Chalk up a few more votes for the poor guy.

But my personal favorite, and it is an all-time classic, is his fight against drug abuse. I'm sitting there, minding my own business, when this bizarre commercial pops on the tube.

I see what appears to be the word "MATH" spelled out in cocaine on a school desktop. Now (as someone snorts a line off of the "T") Pete informs us that, in order to stop kids from using drugs, we must "Stop them from getting high in school, first." Amazing. . .why didn't I think of that? Strange how those *little things* can sneak up and grab you sometimes, isn't it?

But that's not it. No, no - it gets much better: after this slice of strangeness, he continues, "And another thing," (it's always "And another thing"), "I say that, in order to get a driver's license, you should have to take two tests: a driving test and a drug test."

Boom. The credits roll; "Paid for by Pete DuPont for president. . ." And you're just left there, dribbling on the last morsel of the frozen pizza in your hand, mulling this concept over in your mind - fearing the worst and hoping it'll all just go away.

Wait a minute, a *drug test*? Well. . .at first I thought it was just a terrible hallucination - something I ate, perhaps (maybe this terrible pizza) - but then it hit me: he's really serious this time, or perhaps just insane. Yes, that must be it. . .

I'm not saying you shouldn't vote for ol' Pete, although it might be a drastic mistake, but just *watch* him - carefully. And always keep in mind: he might just be coming for you next.

So, as always, be careful. And watch your rear-view mirror for any vehicles marked "Pete DuPont for President," it might just be him.

Commitment to academics leads to scholarships, awards

Emily Rasmuss

Jody Sharpe, Central High School senior, is not only an All-State football player, but is also a student deeply committed to academic achievement.

According to Mr. William Reed, Central football coach, "The local news media contacts a number of coaches and gets varying opinions about [players] they have coached. Based on that, they select 25 that stand above the rest."

This is the process for selecting All-State football players. Jody Sharpe is the only All-State football player from Central this year.

Before football, Jody "had become infatuated with the educational process," and Coach Reed believes "that commitment carried over to a fundamentally sound drive to-

wards athletics."

Jody is still interested in the education process and has done cancer research at the Eppley Institute for Research of Cancer and Allied Diseases.

Jody said he attended a seminar there on basic engineering and heard that the institute offered jobs to high school and college students.

Jody was hired to work with two doctors, Dr. Peter Gannett and Dr. Terrance Lawson, researching a chemical in peppers believed to cause cancer.

Articles about the project have appeared in three science journals, and Jody entered it in the Westinghouse Science Talent Search scholarship contest. Jody is one of 300 finalists in the contest.

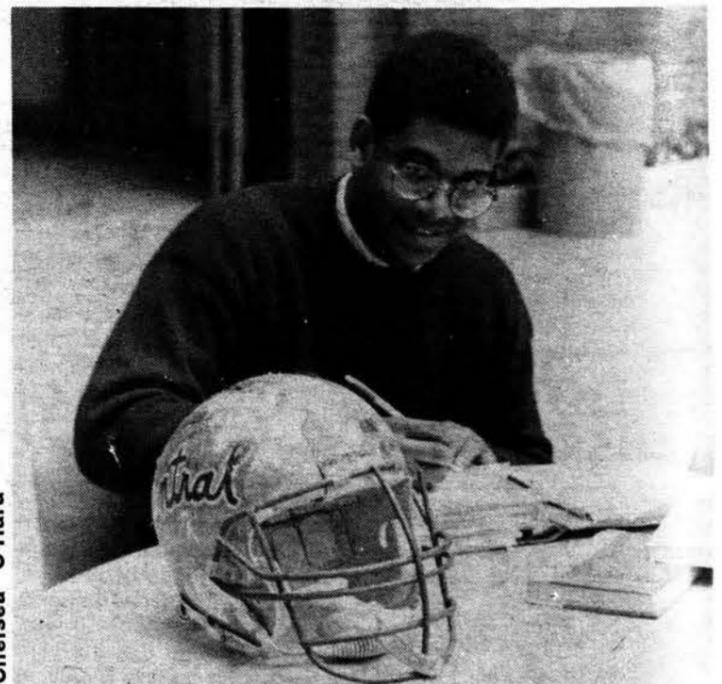
Through Dr. Gannett, Jody became involved in a non-partisan political lobbying

group called RESULTS. The international group writes letters in the hope of influencing political figures to stop famine.

Members of RESULTS are currently working to stop an impending Ethiopian famine. Jody said a resolution is before the U.S. House of Representatives that would stop the famine, and "the only thing to do is pass the bill and set it into motion."

Next year, Jody will attend Vanderbilt University in Nashville, Tennessee, on a full football scholarship. Jody said he "had a good chance of getting into an Ivy League school," but he "didn't want to live in an Ivy League atmosphere."

Jody's wide range of talents qualify him for his scholarship and awards. Coach Reed said that Jody "personifies the true meaning of the phrase 'student athlete.'"



Chelsea O'Hara

Jody Sharpe, senior, studies fervently with his trusty football helmet close by.

Road Show

Off to great start

Jennifer Andersen

Props change, curtain rises, and spotlights blaze; the next act goes on stage to practice for Central High School's seventy-fourth Road Show, A Stage Odyssey.

This year's Road Show involves many changes, including a new director Mr. Chuck McAdam, band director, who recently received his masters degree at Northeast Missouri State University.

Although this is his first year as director, Mr. McAdams feels that it is a good learning experience for next year.

"I'd be lost if it wasn't for my student managers, they know what needs to be done," said Mr. McAdams.

In addition to a new coordinator, tryout judges are using a new way to determine

give grades for uniqueness, showmanship, precision, and adaptability.

"I got as many other faculty involved [in tryouts] as I could. I think the more faculty we can get the better, and we can make it a Central High School show, rather than a select few," said Mr. McAdams.

An added music group this year is Treble Choir. Other music groups that perform traditionally are Central High Orchestra, Central High Band, A Cappella Choir and CHS Singers.

"This year we have a wide variety of acts including dances, piano solos, vocal performances and a juggling routine," said Debbie Noveski, senior and one of the managers.

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Today, individuals aren't locked into "for women only/for men only" roles anymore. People have a lot more flexibility than ever before.

That goes for sexual relationships, too. Today's couples are partners, sharing what used to be "her" burdens, what used to be "his" obligations. They know that enjoying freedom from stereotyping means accepting a wider range of responsibilities.

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The American Indian with his bow and arrow. The American Farmer with his plow and combine. The invaders from the east, the explorers who came to exploit the New World's resources. The invaders from the east, the corporate moguls who have come to exploit the farmer.

The American Farmer...this is a term now synonymous with that of the American Indian. Many farmers are in dire jeopardy of losing their land, and a country that does not seem to care stands aside and watches.

Do you remember Farm Aid? Do you think the problem is over because Willie and a large group of concerned performers had a concert? If you think it's over, then you must believe that we have conquered world starvation.

The farmers, as you read this, are wading through a quagmire of bureaucracy and bad policies. They are bound in red tape, and enveloped in a cloud of debt that they have no chance to escape.

It's easy for politicians to say, "Start a coalition to encourage less production, therefore the farmer can raise his prices. Combine this with farm subsidies and everything will be fine."

I've even heard about a campaign policy that claimed that cutting farm subsidies would help everyone (even though that would destroy the farmers).

While all these politicians are trying to decide what is best for the farmers, the government is foreclosing and auctioning farms. The people who've lived there for generations are homeless, discouraged and destitute.

Buying corn from foreign countries is not helping the situation. American farmers need a market for their produce, and introducing more grain into an already flooded market only worsens the farmers' plight.

Not only this, but the farmers' market has dwindled in size since many foreign countries have learned how to produce their own crops.

You may think that the farmers should unite in an effort to cause a shortage and then jack prices way up; sounds like a simple and fail-proof plan.

I'm sure if we could form a unity like this, it would have already happened. And we would be paying "up the nose" for a loaf of bread. You must remember an omnipotent force is against the farmers...time.

The farmers need time to organize, initiate and harvest. Using up America's already huge surplus would take a considerable amount of time. So by the time we created a shortage, most farmers

would have already lost their land or tried to cash in on their crops so they could retain their property.

The impossibility of this plan is that the farmer must either produce or lose everything he has worked so hard to acquire and watch his family go without necessities.

Which do you think he's going to do? Once the farmer has been run off his land, what is do we expect him to do? Can you imagine taking a family (possibly a large one) and putting it back on its feet after you have lost everything?

This would be a tremendous accomplishment, especially if farming and agriculture are all you've ever known. There are many, many questions and very few answers. The farmers only know of a couple: sell out or, even more desperate, turn to violence (the latter of these is pretty unpopular).

An expanding market, financial tolerance and more public support could all help the farmers out of debt. Many other possibilities exist, and all are complex financial and economic problems.

But what we can do is keep the pressure on to help the farmer, make sure the public is protecting him and trying to help him receive aid. What is there to fear? Why should you help them? On a level of humanity, we should help because they are in trouble and deserve our aid.

If this doesn't appeal to you, then think of the possibility of big corporations getting all the land and using their influence and power to create a large, money-making shortage.

It could happen. It may have already begun.

Marketing provides experience, leadership for students

Justin Kerr

A line of young businessmen waits outside the office of their prospective employer. Each one is hoping to successfully beat his neighbors in the race for the lucrative job.

They wear three-piece suits, conservative ties and are immaculate in appearance, but one interviewee is set apart from the rest; he doesn't share the sweaty palms, accelerated pulse, and nervous twitches common to the others.

He knows he has the edge: he is a Marketing student.

According to Mr. Harry Gaylor, Central High School Marketing instructor, the 300 plus students enrolled in the marketing classes at Central

possess an excellent means of honing that edge.

"We have beginning-level marketing and fashion merchandizing classes for juniors" and an "advanced-level class for seniors who have proven themselves in their junior year," stated Mr. Gaylor.

Mr. Gaylor defined DECA as "a study of distribution, which is what marketing and management is all about."

The club is an avenue for youth leadership development and gives students a chance for enrichment through competition, seminars, and field trips.

Junior Mark Klipsch is one of the "70 to 80" students planning to attempt to enter the state marketing competition next month.

Said Mark: "People go

out and research a certain career, then write a research paper on it and send it in early."

At the competition, members of the business community test the applicants.

According to Mr. Gaylor, "last year, out of OPS, we qualified eight students, with our nearest competitor only qualifying one." As for Central's chances in the contest this year, Mr. Gaylor predicted that "we will do well."

In addition to competition, Mrs. Bunz, Central Marketing instructor and DECA sponsor, stated that DECA also offers trips to business seminars in large cities.

"Until the students are in their own specific profession and would be sent out by their company to a seminar," she said, "they probably won't en-

counter anything as well done as what they get through DECA in high school."

Central Marketing students have visited Minneapolis, Kearney, Chicago, New Orleans, Lincoln, and New York.

"They incorporate the fundraiser with the ideas of marketing. When we have a fundraising project, we try not to just attack it by selling candy bars," said Mr. Gaylor.

Mrs. Bunz added that DECA also coordinates civic activities. "At Christmas, we did a civic consciousness event with Target, helping senior citizens shop," she said. She went on to add that "part of our fundraising goes to helping out in civic areas."

The final leg upon which a good marketing knowl-

edge rests is the internship program, according to Mr. Gaylor.

"The students get credit for their work, putting the theoretical things of the class to practical application on the job, at the same time getting paid for their work."

Mr. Gaylor added that the Marketing students at Central are working with over 100 different internships around Omaha and that he considered this a "significant input of Central students affecting the business community."

Mr. Gaylor observed that "one-half to two-thirds of the employed work force is involved in the marketing/merchandizing/management field. The other one-third is reliant on the people in marketing."

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Students should be choosy with colleges

Number five in a series
Steve Likes

April 15 is one of the most long-awaited days in America, and it is not just because it is tax day.

On that day, hundreds of high school seniors across America find out which colleges have accepted them and which colleges have rejected them.

While not all schools respond to their applicants on this date, a great majority of "prestigious" colleges have been adhering to this day.

Some schools, especially state-supported universities, notify students on a "rolling basis"- they inform the applicant shortly after receiving his application.

Yet regardless of the date, most students sigh with relief once they have finished their applications. After requesting the information, filling out the forms, and sending in the applications, the momentary reprieve can be enjoyable.

Sooner or later, however, you are going to have

to face up to the results: whether or not your favorite college has accepted you. If you've already been accepted to your school or are only applying to one with much certainty that you'll get in, great!

But for many, numerous decisions accompany these acceptance letters (unless, of course, you were denied by everyone; then your options are pretty limited). Choices like: big school versus small school, big city versus small city, or big student loan versus small school loan await you.

Probably the primary concern for most will be cost. Quite honestly, the monetary factor will prevent many talented students from attending a top-notch school. And even worse, so-called "undeserving" students will be able to attend for the wrong reasons.

To help offset the "penalties" for attending college, loans and scholarships are available for many people. Some feel that it is

detrimental for a college graduate to have huge, outstanding loans, and for some, especially those considering graduate school, it can be.

Chances are that at least one college will probably reject you; many educators feel that if every college admits you, you have not applied to a "good enough school."

In the event that you are denied admission, it's not the end of the world. There is simply no such thing as the one perfect college, so even if your number one school turns you down, there's bound to be another college that can most ably suit your needs.

And remember: unless you transfer schools, you are going to have to spend four or five years at just one college in just one city.

If big cities cause you to break out in hives, don't plan on attending New York University, and if colleges that have a smaller enrollment than your high school give you culture shock, a large state school might be for you.



Scott Drickey

AIDS sparks discrimination

Renee Besancon

AIDS...it is one of America's most frightening four-letter words. Nightly news stories and public health officials point out that the disease is a rising health concern and that misconceptions abound.

To many people, Acquired Immune Deficiency Syndrome is a source of fear, a fear so great that it gives rise to discrimination and terrorism.

According to Ms. Margaret Kennedy, Registered Nurse at City of Hope National Medical Center in Duarte, California, the most contagious, debilitating effect of AIDS is fear.

In the April issue of *Nursing 87*, she wrote, "AIDS patients may respond to their disease differently—with denial, anger, depression or withdrawal. But the underlying emotion is fear."

The general public and people in contact with AIDS patients have their own fears, and Ms. Kennedy stresses the importance of awareness.

"Information about safe sex practices and human immunodeficiency virus [HIV] screening can help allay some of that fear," she said.

"AIDS may be the most talked about but least understood disease of our time," she continued. "Usually, once [people] understand the means of transmission, their fear lessens."

According to the U.S. Department of Health and Human Services, the first case of AIDS was reported in the United States in 1981.

Since that time, researchers in the Public Health Service and in medical institutions across the country have worked to develop treatments for AIDS and to find a means of preventing its spread.

They have also attempted to inform the public about the facts and myths of AIDS.

Dr. Marvin J. Bittner, a member of the task force developing a Creighton University policy on infectious diseases, said in Creighton's current *Window* that no one is sure where AIDS came from.

The AIDS virus is called Human Immuno-deficiency Virus, or HIV. It grows only inside an animal cell and carries its genetic material in ribonucleic acid, or RNA.

The virus breaks down the natural immune system of the body. This leaves those stricken with the virus vulnerable to infection, disease and cancer.

In effect, an AIDS victim may die of something which most people consider harmless, such as a cold or influenza [the flu]. Thus, AIDS is not the direct killer.

The U.S. Department of Health's pamphlet, released in the spring of 1987, states, "The AIDS virus

is spread by sexual contact, needle sharing, or less commonly, through transfused blood or its components."

The occurrence of the syndrome in hemophiliacs (those who have an hereditary condition in which one of the normal blood-clotting factors is absent) and persons receiving transfusions provides evidence of transmission of the virus through blood, according to the Department of Health.

Dr. Bittner explained that it has never been safe to get a blood transfusion. "Risk is present in every facet of medicine," he said.

The risk of getting AIDS from a blood transfusion with today's screening programs, he added, "is estimated at one in 100,000 to one in 1,000,000."

However, AIDS researchers emphasize the fact that people who give blood are not at risk. Blood banks and other blood collection facilities use disposable needles and sterile equipment. They encourage those people who have given blood in the past to continue to do so.

According to the Department of Health pamphlet, "The virus may be transmitted also from infected mother to infant during pregnancy or birth, or shortly after birth (probably through breast milk)."

The Reverend Ann Showalter, director of the AIDS pastoral care network in Chicago, said in a December 1987 *Campus Life* article, "AIDS is infectious, not contagious."

This means that people can get AIDS only through "intimate contact," that is, primarily through blood and semen.

Mr. Anderson cited scientists at the Harvard University School of Public Health who are searching for an answer to the ominous AIDS question.

The researchers have identified protein markers that seem to appear on all strains of the highly changeable virus. "These markers could serve as the basis for an effective vaccine," wrote Mr. Anderson.

Further, he writes that scientists are experimenting with several drugs to treat HIV infection. "Among the most promising, according to Dr. Samuel Broder of the National Cancer Institute, are ribavirin and azidothymidine."

Suramin and HPA 23 are two other experimental drugs, but so far they do not regenerate the patients' immune function.

The culmination of the fear that AIDS breeds is discrimination and, in some cases, terrorism.

AIDS victims in past years have lost jobs, been evicted from apartments and refused health care. Some are afraid to admit that they have the disease for fear that their insurance companies may reject them.

Others with AIDS suffer from

physical violence as well as psychological abuse.

A man received a call at his office. He responded affirmatively when the caller asked if he was Mr. So-and-so. Moments later, two men with baseball bats entered the office and began beating the man. The reason: the man had AIDS.

Just recently, a family of five in Arcadia, Florida watched as their house burned. Authorities suspect that the fire was the work of an arsonist who knew that the three hemophiliac children in the family had AIDS.

Dr. Bittner advises, "Everyone, homosexual or not, should avoid sex with those infected with HIV."

"Everyone, drug abuser or not, should refuse to share needles. Health care workers should learn the safety rules and observe them."

"If everyone would follow that advice," he stated, "then in 20 years we would be able to look back on AIDS as a phenomenon of the twentieth century."

Sexual

Teens 'don't eat right' College preparation inclu

Jonas Batt

To be sure, food is a basic necessity of life. The ways in which humans fulfill that necessity are some of the greatest choices they make each day.

The kinds of food individuals eat contribute in a big way to their health. Good eating habits and nutritional choices are an important step to a healthy individual.

Many teenagers practice these good habits, while many do not.

Nutritionist Ms. Linda Hester believes "younger people probably [are] more aware of nutritional choices" today than ten or 20 years ago.

She said that the media contributes to this awareness through commercials, reports and ad campaigns, suggesting a lower consumption of fatty foods, cholesterol, salt and sugar.

Ms. Hester said that this kind of information can be beneficial, but at the same time, harmful.

"Females more than males are intensely interested in weight control," she said.

Eating disorders

Society can cause teens to engage in bad dieting habits and develop eating

disorders, according to Hester.

Peggy, name, was diagnosed with an eating disorder and a nutritionist regularly treats her. The treatment helps her to be aware of what she eats and to maintain a healthy body.

"I didn't know it was okay to eat fatty foods now that I can eat and still be healthy and maintain an ideal weight," she said.

Many students benefit from the advice of a nutritionist and have developed perfect eating habits.

Eating disorders
Senior Editor

Calisthenics, cauliflower aid health

Steve Likes

Flabby underarms, pot bellies and cellulite-filled thighs: obvious indicators of bodies that are in desperate need of exercise.

Low pulse rates, firm triceps, and muscular calves: more signs of bodies that also require exercise.

The connection? All people, regardless of their physical shape, need some kind of exercise to maintain a healthy body.

While many people feel that only "couch potatoes" are hurting for exercise, trained athletes need just as much, if not more, conditioning to remain fit; they have to or all their previous work will have been for naught.

Today's society offers many options to fulfill exercise quotas. People can enroll in health clubs, join athletic

leagues, purchase home equipment or just run around the block. Just about anything will do.

Central High School senior Kalen Anderson feels that exercise plays an important roll in her life. Kalen, whose family belongs to Mademoiselle Figure and Fitness Center, said that "exercise makes me feel great about myself; I feel like I'm doing something positive for myself."

Her workouts, she said, include low-impact aerobics, exercise bikes, and jogging. She began training in seventh grade, "but I took it up seriously as a freshman. It's just something that I want to do."

Mr. Jim Martin, a Central math teacher and the boys' varsity basketball head coach, believes that exercise and conditioning hold something for

almost everyone, himself included.

While he wished that he had more time and energy to work out, he said that "my wife and I try to get out and walk, at least when the weather permits us to do so."

Mr. Martin stressed that general exercise carries over into high school athletics. In his basketball practices, he combines windsprints, lines, aerobics and jumping with the usual shooting and dribbling.

"A good physical workout makes for a much better game, and it shows."

Along with exercise, Mr. Martin said that the proper diet is important in staying in shape.

"Kids today," he said, "just don't eat enough vegetables and salads; if you place some cauliflower in front of a kid, he usually won't eat it unless you force him to."

He added that colds and flu sideline at least one basketball player a week, and that it most likely could have been prevented with the correct diet.

Junior Lynn Mousel said that she prefers a more relaxed yet equally dedicated exercise pace. "I don't see myself as a major fitness person," she said, "but I try to work out two or three times a week."

While not belonging to a health club, Lynn said that she prefers jogging, walking, and calisthenics as sources of exercise.

Like the others, she agreed that it was more difficult to stay fit in the winter, "but it just requires a little extra effort."

She added that "it's to the point where I look forward to it; it just feels good."

Teens suffer from stress

Amy Buckingham

Call it pressure. Call it tension. Call it anxiety. It is pressure, it is tension, it is anxiety, it is strain. But stress by any other name is still stress.

The dictionary defines stress as an urgency or pressure causing a mental or physical tension or strain. But what kinds of urgencies and pressures cause such a tension?

According to a recent study of 172 teenagers done by physicians John Green and Gerald Hickson, psychologist Lynn Walker and nurse-clinician Juliette Thompson, failing grades, arguments between parents, serious illness of a family member, breaking up with a boyfriend or girlfriend and a death in the family rank among the highest causes of stress.

Dr. Green said, "Teen stresses are no different from adult stresses." He claims that school is similar to a job situation, with the same pressures and responsibilities.

Central High School sophomore Pam Haynes agrees. She felt that the change from junior high to high school was stressful. "I remember walking into the building for the first time and thinking, 'Oh no!!!' But I just had to face it. I had no other choice."

Senior Sandy Lane said that finishing college applications on time is a big stress for most seniors. "Making sure everything is in on time and then waiting for acceptance letters can be nerve-racking too."

What are the signs and symptoms of stress? How do you know that you are "stressed out?"

Stomach aches, irritability, depression, poor grades and high blood pressure are all signs that people are experiencing tension.

Another indication of stress in life is sleeping habits. If a person sleeps too much, or is not getting enough sleep, he may be under stress.

Why are teens so stressed? According to Ms. Susan Lillegard, a psychotherapist with Saint Joseph Center for Mental Health's Bellevue Clinic, going

from childhood to adulthood is "the biggest change in a person's life."

"You go from being totally dependent to being totally independent," she said. "It's like being on a tightrope, and somebody suddenly takes the net away. But there is no way to get around it."

Another problem that teens seem to have is getting overextended. Ms. Lillegard feels that teens have problems "setting their priorities. They leave no time for relaxing."

"You need a certain amount of stress to keep growing and developing, but your body can't be in a constant state of tension," she added.

Ms. Lillegard offered these suggestions to alleviate stress: "learn to manage your time, and eliminate things that aren't all that important. Be a friend to yourself in stressful situations; say the kinds of things to yourself that you would say to comfort a friend."

"Stress always happens. The key word, however, is balance," she said. "Trying to achieve a balance between school, friends, parents, work and fun is hard, but it can be done."

Mental

Kudos, Cooch berries

admits that his eating habits are "not good." He must often rely on himself for meals because both of his parents' work.

"Every once and a while [his] mom makes a grand meal," but more often, Erik relies on microwavable food for his meals.

Erik's favorite snacks are "soft, pink, taffy balls" called "Cooch berries" that his cousins send from Texas.

"I eat them like popcorn," he said.

Like Erik, Senior JoAnne Streib describes her own nutritional choices as poor. She eats "nothing healthy," relying mostly on "junk food" for her sustenance.

JoAnne said she has tried to change her eating habits, but her mother does not cook, and she must rely on herself and leftover pizza for meals.

"I eat pizza, Kudos, potato chips, soda pop, and I love candy," she said, adding, "at least, I'll be ready for college."

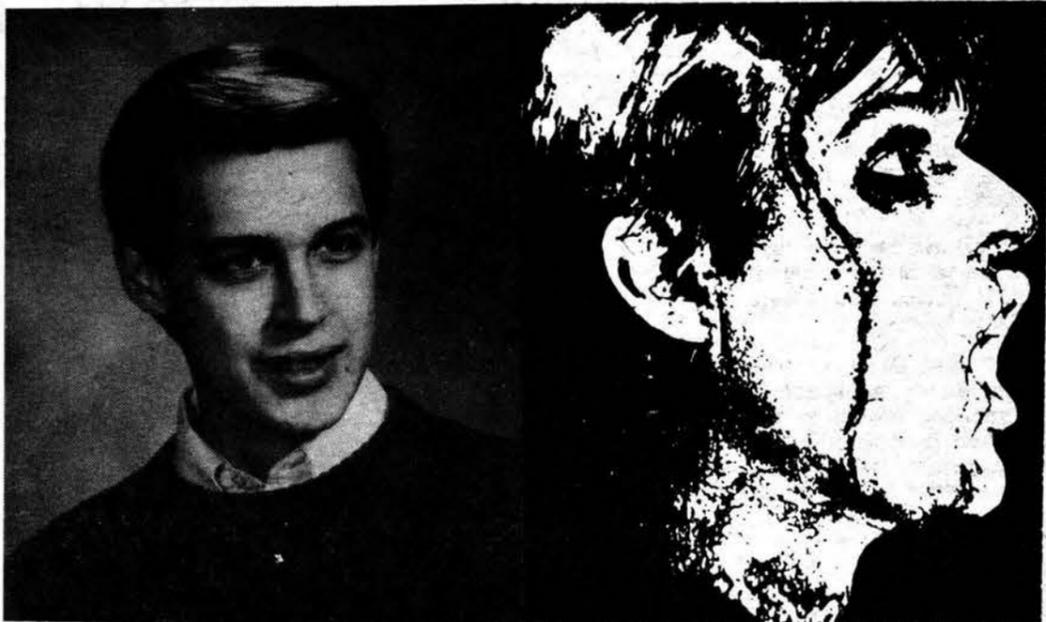
Ms. Hester believes that teenagers can "still eat nutritiously, even with busy schedules" and can include junk food "if [they do it] right."

"They know they need to eat, [they] just don't eat right," she said.

Scott Drickey



I was a blood-drenched head Central graduate experiences decapitation



Before and After: '86 Central graduate Kurt Hubler sports a youthful grin, which turns to ghoulish terror when his head is decapitated in the movie *Shadow of Death*.

Joël McCulloh

Silence fills the movie theater as everyone watches the second character get slaughtered in the latest horror flick. He's moving slowly across the floor as if he's waiting for the ax.

And then it comes; people are screaming and pop-

corn is flying. Poor guy got his head ripped off. But it's only a movie, you tell yourself as you gape in horror at the blood-drenched head. Right?

Central graduate of 1986, Kurt Hubler, starred in a "B-slasher" movie, and found out about the special effects of blood-drenched heads. In fact, he was one.

Kurt auditioned for a

role in *Shadow of Death*, a low budget film also starring Anthony Perkins. The movie is about the making of a movie while on location at a women's prison, and naturally people start dropping like flies due to a mean old man (psychopathic at that).

Kurt spent the months of March and April of last year filming in Brighton, Colorado.

Kurt's character, Tommy, is the production assistant, and he is one of the lucky ones who faces the wrath of the psycho killer.

"I just kept having the thought: 'this character is going to die,'" said Kurt. "If you really let your mind wander on it, this character didn't want to die, he had no idea he was going to die, and he died very violently."

Copies strewn all over

According to Kurt, one does not actually see the head being ripped, it's found later stuck in the copier machine, copies of his decapitated head strewn on the floor.

The expression on the face was important. "It had to convey that this guy went through hell before he died," said Kurt.

Having your head cut off isn't an everyday situation, and Kurt admitted that he was a bit uneasy. "I was just a little paranoid about how they were going to make my head look like it had been decapitated. And if you let your mind really go wild; well what about these snuff films; what do they do in them?"

Obviously Kurt still has his head, and it is attached quite firmly to his shoulders, but in order to obtain that decapitated look, Kurt had to sit through one and a half hours of gooey make-up, done by various special effects artists, one of whom did the make-up for *Nightmare on Elm Street III*.

"The blood is flavored, and I remember one time it was watermelon," said Kurt.

No one knows what that effective goo is made of, only the special effects people themselves. "It's like a secret family recipe," said Kurt. "Special effects is a very competitive business."

Working with Perkins

Shadow of Death was Kurt's first film, and working next to the reknowned 'psycho,' Anthony Perkins, was an experience. According to Kurt, he described Mr. Perkins, "I still call him that," he grinned, as an every day normal person.

"After about the third day of filming, I had gotten over my awe of Perkins," said Kurt. "These people, Anthony Perkins included, are no different than you and I."

John Hughes's new movie

Babies, babies, babies

Amy Buckingham

Babies, babies, and more babies. I am sick of babies and their career-oriented parents. Of four movies showing at a local theater, three were "baby movies." Is the movie industry trying to instill in the public an intense dislike for small children?

A break in the dominance of single-career-people-thrust-into-parent-situations.

The movie industry has done it again! They made another "baby movie," but this time it has a funny, yet serious storyline. *She's Having a Baby* is a delightful movie that all aspiring parents will enjoy.

This movie has two people that fall in love, get married, and then have kids as opposed to the common pregnancy-out-of-wedlock, or single-career-people-thrust-into-parenthood scenarios that seem to dominate today's "baby movies."

Kevin Bacon plays Jake, a dissatisfied newlywed, who at the age of 22, does not know what he wants to do with his life.

Realizing that he has a wife to support and the impending responsibilities of

Register Review

marriage to face, the story proceeds as he forges through the first few years of his marriage looking for that missing something.

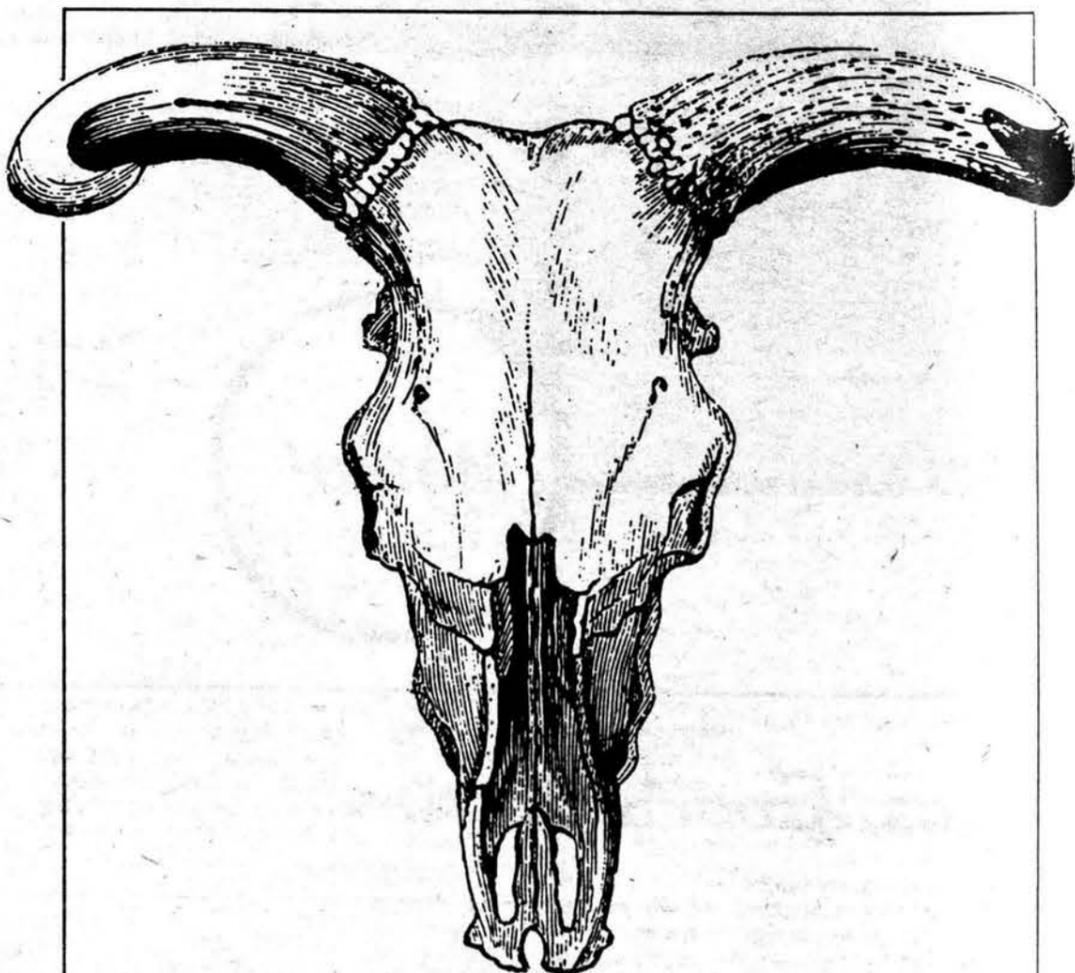
Elizabeth McGovern plays his wife, level-headed, supportive, and, yes folks, she even loves him. The marriage is picture perfect, almost.

There were a few things about the movie that were questionable. A choreographed dance scene with the neighbors and their lawn mowers didn't quite do it for me. Nor do any of Jake's hallucinations. (No, he is not on drugs).

"They stay jackasses for the rest of their lives."

However, Jake's father makes an astute observation at Jake's wedding concerning the maturing process. He says, "No one matures anymore. They stay jackasses for the rest of their lives."

I would have to agree with him on that one. And I guess over all I liked this movie. I laughed, I cried, and (I know this sounds corny) I learned that happiness is relative.



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Nebraska's Largest Music Retailer

Bad noise in the guise of true audio entertainment Pseudo-musical trash of today lacks creativity

Jonas Batt

This article includes the opinion of the author.

Is it just me, or is music today just bad noise in the guise of true audio entertainment? I'm really not saying that every single contemporary song, album, and group is horrible, pseudo-musical trash, but that isn't far from my point.

It seems that today, the avid music listener might, at any particular time, tune in to one of the Top 40 stations in our area and hear a particular song.

You're saying, "Well, yeah, so what? What else would I turn on the radio for?" Well, I'll tell you what. Did you notice that the song you're listening to is virtually the same as the song before it, is not too dissimilar from the song you heard last hour, and is almost identical to the No.1 hit from last week?

Mold of mediocrity

O.K., I'm no musician, but I do have a strong belief in creativity. Some of the new music is unique, but there is much more that melts into the mold of mediocrity.

I'm not just trying to raise a ruckus for no particular reason, I truly believe that the music today has lost the real talent and flavor that it had in the past.

When was *real* music still alive? The 60's and 70's to be specific.

Those were the days when some of the greatest bands in musical history were doing their best work.

The Beatles, who brought nearly a decade of revolutionary music to the world, Led Zeppelin with their own brand of heavy metal, the Doors and the poetics of Jim

Morrison, the Who, the Rolling Stones, Pink Floyd, Cat Stevens, perhaps the greatest, most talented guitarist of all time, Jimi Hendrix, and others each developed unique and creative musical styles and performed with unequaled energy and intensity.

bands remain original in make-up.

Emulation of yesterday

Of course, these great bands cannot be magically reconjured. What is past is past, but maybe the groups that perform today might try to emulate the great bands of yesterday.

Break-up of bands

Tragically, most of these bands did not survive to entertain listeners today. Drugs took the lives of several performers, disputes broke some groups apart, and few

Not that today's popular musicians should try to copy the style of any great long-gone musician, but maybe they might attempt some of the same creativity and vigor of their own musical past.

Ooey-gooley slimy things



Don't bury me...
I'm not dead!

randomly throughout the motion picture are really going to scare someone. If you want to be scared, play chicken with a Mack Truck on the interstate (without a car) or Russian roulette or something of that sort; don't go to the Serpent and the Rainbow-bo-bo-bow..." (I said that with my special echo voice).

In a few years, people are going to look back on this movie and laugh, "boy they really yanked us that time ha, ha, ha."

Now I'm not talking buckets of blood when I say the movie is gross; I'm talking bugs, worms, snakes, arachnids, and even destruction of bodily parts such as eyeballs and personal parts. OUCH! Anything that could make a person cringe appears in the movie in full, Technicolor glory.

Unlike most movie reviewers, I'm not going to mention character names or the names of the people who played the characters because I can't remember them having any.

All I know is that the movie is a weak attempt to display strange voodoo (fictional voodoo I'm sure) to a crowd of dim-witted gore lovers. If you are one of these dimwits...my condolences.

Avoid this movie at all costs if you have a weak stomach. If your humor is as demented as mine (and you can get in free), go ahead, waste your time. Just remember, I don't recommend going.

The latest movie from the infamous Wes Craven (director of *A Nightmare on Elm Street*) is just that, a bowl of rotting guts. The movie is called *The Serpent and the Rainbow*, and it could be easily equivocated with stupid gags in a haunted house.

The makers of the movie seem to think that ooey gooley slimy things placed

Rob Glasser

Register Review

Do you remember when you were young and you made haunted houses in the basement? Did you do the spaghetti trick? For those of you who haven't, the spaghetti trick is placing a bowl full of cold spaghetti in a dark section of the haunted house and commanding the victim (usually smaller kids from the neighborhood) to place their hands in the bowl.

Once the hand is submerged in the gook, you tell him he's touching (ominous music please) ...GUTS! OOOOH, yucko.

WHAMOSCOPIES!

Rob Glasser

Virgo...Virgo Virgo Virgo rhymes with turbo (almost). You want to make sure things go your way this month? Phase#1. Place your right index finger in your cheek, between your upper and lower jaw. Phase#2. Pursing your lips, look straight at a member of Central's faculty and blow as hard as you can, flapping your lips. Phase#3. Smile very wide and say, "I'm a horse."

Libra...Libra Libra Libra rhymes with zebra. You will find that gravity pulls, and the mighty mystic power of the stars will cause you to be unfocused. You will be able to see other people fine, but you will look blurry to them.

Scorpio...Scorpio Scorpio Scorpio rhymes with spaghetti. Because of the threat of serious physical harm from a group of irate Scorpions, who shall remain nameless, I have made another call to he Biiig Dippaaahh. Say it with me "the Biiig Diippaaahh." Fun stuff, no? Well anyway, it was arranged for all Scorpions to have one good day with the person of their choice, no strings attached. Makes for a boring whamoscope, though.

Capricorn...Capricorn Capricorn Capricorn rhymes with auto-horn. Floyd had singled out Capricorn as the recipient of his wrath, so it's up to me to tell you about him. He's a mild-mannered menu author by day and a furious bed-wetter by night. Keep your doors and windows locked, and you will probably avoid his mayhem. If you can't do this, take a raincoat to bed.

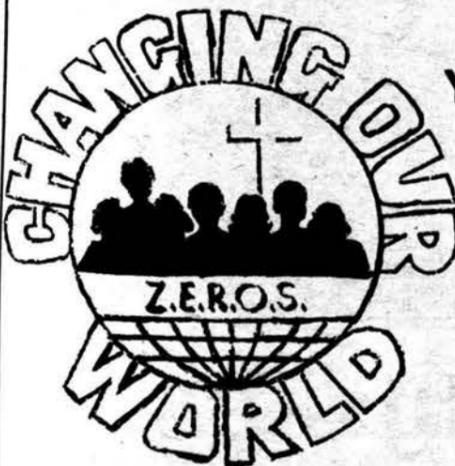
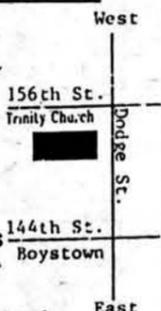
Sagittarius...Sagittarius Sagittarius Sagittarius rhymes with "dogs are harrious." A great hole has opened in the collective unconscious; coincidentally it opened in the Sagattarii region. You may experience brief periods of total relation to all organisms on Earth, reaching back to the primal broth of Genesis. But you can't have my job.

Aquarius...When I think of Aquarius, I think of hippies (must be from that song, "The Age of Aquarius"). I made a quick call to "The Biiig Dippaaahh," actually the Big Dipper but he likes it when I call him the Biiig Dippaaahh, and he agreed to help me with a little job. In all confidence I will predict that Aquarii hair will grow at least three feet, Aquarii pants will blossom with flowers and belled bottoms, and all Aquarii will experience a craving to hear "Puff the Magic Dragon."

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Foreign languages celebrate Mardi Gras

Emily Rasmuss

The foreign language department held a Foreign Language Banquet Tuesday, February 16 in the courtyard.

Mrs. Daryl Bayer, French teacher and co-chairperson in charge of entertainment, said Mardi Gras was the chosen theme for the banquet because it is celebrated by people in many countries and "it would give a festive air to the banquet" which fell on the same day the Mardi Gras celebration ended in Europe.

Traditionally, Mardi Gras is a festival held before lent, the six-week period before the Christian Easter holiday. Mrs. Gretchen Schutte, German teacher and foreign language chairperson, said Mardi Gras is "the last party before starting a period of fasting."

Central students, their families, and faculty members took part in a celebration along with many other people throughout the world. Students dressed in elaborate costumes, to follow a Mardi Gras tradition, and competed for prizes. Ann Gentle, senior, dressed as a French pierrot doll and interacted with the audience.

The foreign language department invited families of all foreign language students to attend. Instead of an admission charge, each family was to bring an entree to add to the potluck dinner.

After the meal, students provided entertainment for the audience. Presidents of

foreign language clubs introduced varying acts from each language.

"We've had a variety of things as far as entertainment is concerned," said Mrs. Vickie Anderson, Spanish teacher and head of this year's banquet.

Tracy Glesne, who has participated in the banquet for three years, said she enjoys the entertainment because "it's fun to see what the other languages do." This year Tracy did "Die Ententanz," or "The Duck Dance," with five other German students. "Die Ententanz" is a German folk dance.

Two flute soloists also performed at the banquet. Julie Williams played a German selection and a Latin one. Other instrument acts included a jazz trio from German AP students and John Miller performing two piano pieces by Chopin, a French composer.

Singing was also a part of the entertainment. Soloist Julie Anderson sang the Spanish "Via Dolorosa," and a French club trio sang "Tous Les Garcons." Four Spanish students presented a rapp done completely in Spanish.

The festivities and entertainment of the Foreign Language Banquet have "become a tradition," said Mrs. Anderson. The banquet started eight years ago "to involve families of students and show them what we were doing [in the foreign language classes]." Now, "students and families look forward to the banquet," she said.



Jeff Howard

Various performers were: (top row) Ann Kay, Brian McQuiddy, Justin Kerr, Todd Weddle, Charles Kay, Derek Hart, Kelly Yancy, Abe Hoskins. (bottom row) Koren Mann, Amy Meyer, Tracey Glesne, Ann Gentle, Laura Greenlee, and Natasha Kraft.

Scholastic Awards

continued from page 1

Amy Meyer said she "went into the competition with confidence," and added, "I've been working hard." Amy felt her "chances were high" for an award at the regional level, but "if it's chosen [as a winner] in New York, I'll be ecstatic."

Amy plans to pursue a career in art and views the competition as "a stepping stone."

"I want to do this for the rest of my life," she said.

Lisa Macafee was less confident going into the regional competition. "I didn't think I had a chance." She said she was "shocked" with the news that her portfolio had won a Gold Key.

Like Amy, Alex Haecker looks ahead to the national competition in New York.

"[It's] exciting to have [my] art work judged on the national level," Alex said. He concluded that the awards received at the Scholastic competition were "a big honor for Central ... to dominate in the state art scene."

Junior John Holtorf gained the special distinction of a nomination for the Hallmark Honor Prize. The five best individual "Key" winners from the

regional receive the nomination and are eligible for a monetary award.

John went into the competition hoping for an "honorable mention". He was "very surprised" and "really honored" at the nomination. John hopes to enter an entire portfolio in next year's competition.

"Hardwork, integrity, talent, motivation, and determination."

Mr. Andrews attributed the Central showing at the Awards to his students' "hardwork, integrity, talent, motivation, and determination."

Other Gold Key winners include Michelle Howley (2), Gretchen Gemar, Ron Hansen, Tammy Macafee (2), Carla Fritchie, Alisa Jochim (2), Alex Haecker, and Jennifer Rost.

The award-winning works of art are on display at the College of St. Mary's from February 20, to March 8.

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Student attends Anglican conference

Ann Kay

Central High School senior Elissa Mood frankly stated her career goal. "I want to be a priest."

Elissa confirmed her desire to be a priest at the International Conference of Young Anglicans which took place in Belfast, Ireland, January 3-8.

Elissa spent two weeks with 250 youths of the

Anglican church from around the world.

The group, consisting of approximately 40 various nationalities, met to discuss current issues and make resolutions.

Through her Episcopalian Church, which originated from the Anglican Church of England, Elissa was among 17 other Americans attending the conference.

Every ten years, all

the Bishops of the Anglican religion meet to discuss current issues and decide the stand that the church will take on an issue. After discussion they decide on a resolution.

"This time, the church had the youths meet six months beforehand to discuss the same issues as the Bishops to make our own resolutions," said Elissa.

"The Bishops will meet in June; they will have read our decisions on the exact same issues. Most of the Bishops are older, and the results of the youths' discussions give them an input on what we think," she explained.

What is Anglican? This was the term that Elissa and her group spent one week defining.

"We decided that Anglican is a lot of different things, based on spiritual ideas. Every culture has their own individual customs," said Elissa.

Other topics on which the group debated were the definition of what is rich and what is poor and ecumenical relations. The topic of ecumenical relations entails how Anglicans relate to other religions.

"Each group consisted of about 20 people, and each group was assigned to work out a different topic. In the afternoons, groups gathered to discuss Africa and the war between Catholics and Protestants in Ireland," she said.

Some countries that sent Anglican Church representatives were Canada, South Africa, and Tanzania. Some countries of Europe also attended.

"I learned a lot about living in an oppressive country like South Africa. It's a hideous situation over there," remarked Elissa.

Only five of the 25 South Africans who attended were white. "The whites ac-

cepted [the blacks], and they were very much against Apartheid," explained Elissa.

During her stay, the Archbishop of Canterbury came. "He talked to us about the different issues and his opinion of each one. The Archbishop also gave the Epiphany service at the church in Belfast," she said.

Elissa summed up her impression of the service. "It was very interesting, with the different Bishops, very pretty."

And what is the final result of assembling 250 young people with the common bond of the Anglican church? "I learned a lot about my church, how complex it is, and all the different cultures involved," said Elissa.

"Youths from other countries are much more politically aware."

"One big real difference between youths in other countries and Americans is that youths from other countries are much more politically aware. The people from South Africa weren't allowed to vote, and they wanted to," she said.

During the first week of her visit, Elissa stayed with a family in Scotland. The family showed her around, and she learned about the culture of the area.

"In Scotland, I met a guy from Tanzania, [who would also be attending the conference]. We talked about what we wanted to do," Elissa said.

"I told him I wanted to be a priest. At first he was shocked. I explained to him that women in the Episcopalian church could be priests, and he accepted the different cultures," she concluded.



Laura Grillo

Senior Elissa Mood experienced different cultures when she recently attended the Anglican conference in Belfast, Ireland.

In briefs

Journalism contest

In the 1987 Nebraska Press Women High School Journalism Contest, Tess Fogarty, senior, placed second in photography; Lisa Jensen, 1987 graduate, placed third in photography; and Kelly Penry, 1987 graduate, placed first for her news story.

Students of the Month

February Students of the Month are sophomore Melissa Garner, junior William Miller and senior Ann Kay.

Honors recital winners

Omaha Area Youth Orchestras sponsored a concerto competition on December 5, 1987. Sophomore Hilary Foster, who plays the violin, and junior Matthew Nelson, who plays the french horn were honors recital winners.

Writing Achievement

Central's nominations for the National Council of Teachers of English's Achievement Awards in Writing 1988 are juniors Jenny Hendricks, Patrick Williams, Kate Leuschen and Kip Lathrum.

Caucus participants

Seniors Tracy Frame and Vicky Rabiola participated in the Iowa Caucus for democrat Paul Simon, by trying to persuade people to vote for their candidate.

Senator's shadow

Jason Lips, senior, followed Glenn Goodrich, state senator, on February 10. Jason, Vice-President for District IV DECA, shadowed Senator Goodrich at Nebraska's state capitol in Lincoln.

Science Award

Jody Sharpe, senior, was one of the 300 finalists in the Westinghouse Science Talent Search scholarship contest.

Chess Team

Don Shennum, Niv Palgi, Eric Troy, Steve O'Hara, and Joe Schlesselman of Central's Chess Team finished their season with a 10-0-1 record. The team will enter the Metro League Conference tournament as the number one seed.

Debate Team

Pari Smart and Kim Fuller tied for first place in J.V. debate at the Papillion High School Debate Tournament.

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Basketball team hopes to make state at districts

Chris Vachaudes

In a roller coaster season that has seen the ups and downs of a talented boys' basketball team, a recent winning streak turned into a heartbreaking losing streak.

Central's recent four-game winning streak that included soaring victories over Bellevue East, Millard North, Abraham Lincoln, and an impressive victory over Westside ended in a loss to Bryan.

'Didn't think could win'

"It's like we really didn't think we could win," said head coach Mr. Jim Martin. Since this loss to Bryan, Central suffered two more losses, both by point margins of less than five.

The current losing streak includes the loss to Bryan and the slim-margined losses to South and Papillion.

Despite these misfortunes, Coach Martin still believes his team to be in the running for a birth to state competition.

'Good chance at state'

"I think we have a good chance [to go to state], but we need to gain more momentum and to discipline our game; we've been winning games by taking fewer shots. We need to do more of that by improving our shot selection," he said.

Coach Martin went on to mention a few factors that

helped to boost their winning streak. Factors such as execution, control and the ever-important shot selection played an important part in their four-game winning streak, but the actions of key players also sparked them on to victory.

Players boost effort

"Of course we do have a few players that are important to our game, and that gives us a boost in winning. Jim [Martin], of course, is a key; we really need to get scoring from him.

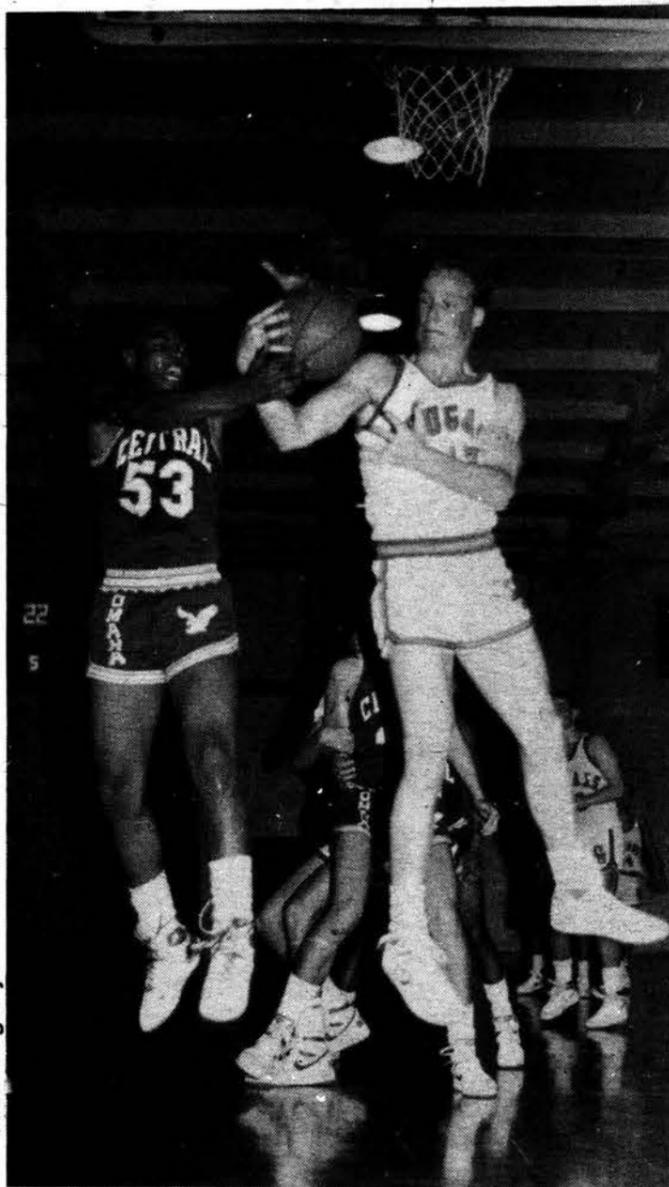
Gary Wilson helps a lot, too, but he isn't as consistent as we'd like," commented Coach Martin.

"Scott English played excellent against Westside and had a great game against Abraham Lincoln - scoring 22 points - and that really gave the team a boost," Martin said.

Improvement seen

Despite the topsy-turvy wins and losses, Coach Martin still spots much improvement in the team over the course of the season. He mentioned specifically the discipline of control and shot selection that has been a focal point of improvement for the coaches and team.

With an overall record of five wins and ten losses, Central trails Bellevue West, Westside, Benson, and Papillion in their district, the district they will have to win in order to earn a place in Lincoln when it comes time for state.



Tess Fogarty

Scott English, junior, battles for a rebound in a game against Gross. The Eagles need to win their district to qualify for state.

Sports brief

● Central's wrestling team had seven wrestlers qualify for the state tournament at last Saturday's district competition held at Bellevue West High School. That is the most wrestlers a Central team has ever had qualify for state.

● Dominic Phillips, junior, won first in the 119 pound weight class by pinning the number one ranked (and undefeated) wrestler at 119 pounds in the state.

● Tyrone Turner, sophomore, placed fourth in district competition to qualify for state. (in the 130 pound class)

● Larry Littlejohn, sophomore, won third place in the 140 pound weight division.

● Trevis Sallis, senior, placed second in districts after losing a decision to Derrick Browder from North High.

● Phil Warner, junior, qualified for state by placing fourth in the 160 pound weight division.

● Tony Finch, senior, won third place in a decision over Gary McClure from Bellevue East (in the 189 pound divisions).

● Keith Tooley, sophomore, qualified for state by finishing fourth in the heavyweight division.

● The Lady Eagles basketball team raised its record to 11 - 8 by defeating Council Bluffs Thomas Jefferson 61 to 23 last Monday. Senior Mallery Ivy led the team with 16 points and senior Johnetta Haynes added 14 points. The Lady Eagles will take an eight game winning streak into their district competition on Monday.

● April Morris, junior, broke a women's state record by squatting 355 pounds at the Metro powerlifting meet held last Saturday at Central. The record was not just for high school girls but for any level of competition.

Sharpe's record highlights metro powerlifting meet

Lance Grush

Last Saturday at the metro powerlifting meet in Central's new gym, three Eagle lifters won first place in their weight divisions.

Senior Jody Sharpe and juniors Tony Flatt and Sherman Williams each won first place in their weight classes.

The highlight of the meet was when Sharpe deadlifted 615 pounds to break the previous state record of 610 pounds.

Sharpe wasn't sure that he would be able to break the record. "I haven't had a lot of time to prepare," said Sharpe. "I didn't work out as well as I should have because of school and other activities."

Sharpe is an honor student and is also a member of Central's Academic Decathlon Team.

Williams did not expect to place first in the meet. "My bench wasn't as good as I expected because I messed up the first two times," he said.

Each lifter has three attempts in each of the three lifts, which are the squat, the bench press and the dead lift. A lifter might successfully lift the weight and still not be credited with the lift because of a technicality.

One technicality that hurt a lot of lifters was placing the bar back in the rack before the head judge told them to.

The metro tournament didn't include team scoring, but was strictly individual competition. Northwest would have won the meet if team competition had been in effect.

"I'd say this is the best team from Northwest since I've been at Central,"

The highest of the successful lifts in each category are added together to determine the winner in each of the ten weight divisions.

Williams hopes to improve his overall performance at the state meet. "I think I can do better," he said, "if I can get my bench up."

said Head Coach Joe McMenamin. "They will be tough to beat at state."

The Eagle lifters, who have won state for the past six years, were not at full strength for the metro competition.

"We were missing Dan Stillmuck in the heavyweight division and a couple of other people with the Road Show," said McMenamin. "I was pleased we had three metro champs."

Coach McMenamin said that he is pleased with Central's overall team depth. "I feel we'll be ready by state to challenge for another state title," he said.

The state meet will be on Saturday, March 12, at Northwest High School.

Juniors Eldon Maggett and Lance Partridge and sophomore Galen Anding each placed second in their weight divisions.

Anding was twenty-five pounds out of second place going into the dead lift. "I didn't think I'd be able to pull off second place," said Anding.

"To win I had to dead lift thirty more pounds than he did," he added. "Fortunately, since the dead lift is my strongest event, I was able to pass him."

Senior Tony Romero, who recently had knee surgery, junior Kelly Yancy, and sophomore Garret Wilwerding each took third in their weight classes.

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New recruiting rules hurt the Cornhuskers



Over
time

with Lance Grush

Well, another recruiting season is over for college football (Wednesday, February 11, was the national letter-of-intent signing day).

Recently, the NCAA has been passing new rules that restrict the recruiting methods that colleges may use.

Evaluation time cut

Last spring the NCAA decreased the on-the-road evaluation period that colleges have to observe recruits' play. The old evaluation period was four months long, from August 1 to December 1; the new evaluation period has been drastically reduced to one month (from November 1 to December 1).

The old period was essentially the entire high school football season.

Last fall, for the first time, officials put the new scouting period into effect. Now coaches may not begin attending high school games to watch recruits until November! Which means coaches are not able to watch all of the schools that they want to.

In Nebraska and many other states, the regular season is over for high schools at the end of October. So, until they obtain films of the other teams, coaches are only able to see the teams that make state.

'Handicaps' schools

This also cuts down on the amount of time a college has to evaluate and decide to which players they will offer scholarships.

This rule "handicapped" the Nebraska Cornhuskers' recruiting efforts this year, according to Head Coach Tom Osborne.

The Huskers have a designated off-campus recruiter, Jack Pierce, who in

the past has had four months to evaluate talent across the country. Suddenly he has only one month to do the same amount of work.

Need more time

These types of rules that the NCAA passed tremendously hurt schools that are in sparsely populated areas (such as Nebraska). Because they are so far from the large pools of talent in the country, they need those four months more than most other schools.

Now the NCAA has passed another recruiting rule that will go into effect next year.

Visits limited

A school will only be able to have the head coach visit a player in his home on one of the three home visits allowed. This is another rule that will hurt Nebraska and other schools that need to go way out of state for most of their talent.

The head coach used to be able to build a relationship with a player by visiting him and his family several times. Now it will be very difficult for a head coach since he is only allowed one visit at a player's home.

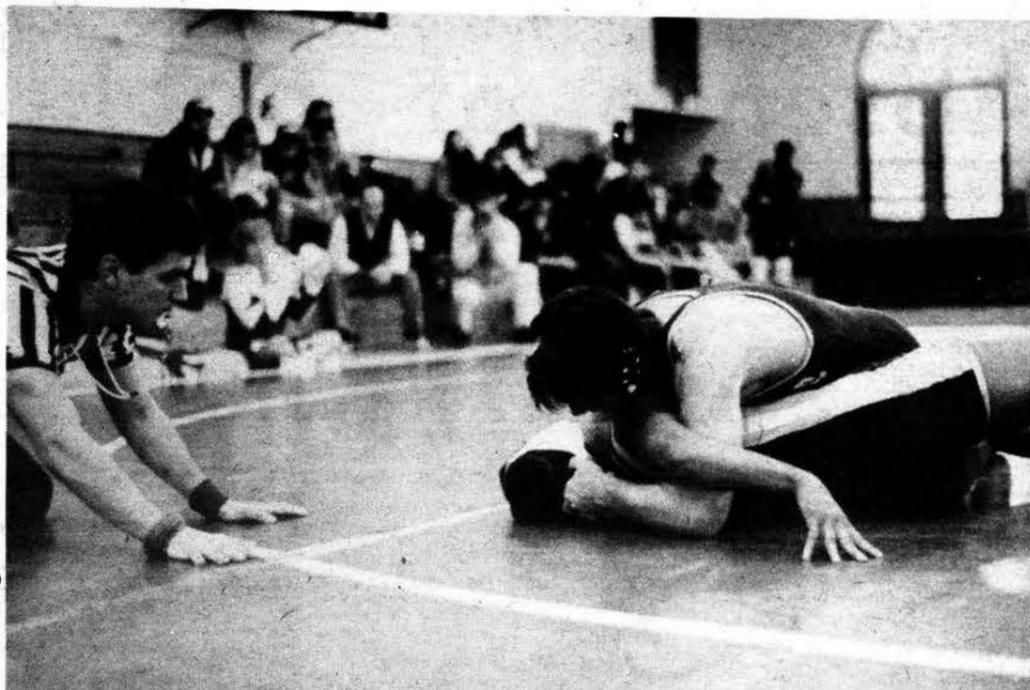
Mickey Joseph, a Parade High School All-American quarterback from Louisiana who accepted a scholarship to Nebraska last year, probably wouldn't have come to Nebraska if Osborne hadn't been able to visit him three times at his home.

Parents influence

Many players' parents influence their decisions much more than people would think.

The impression a coach leaves with the parents of a player could become a deciding factor in a player's decision on which college to attend. Osborne's honesty in recruiting could only help Nebraska's chance to land a top player.

Hopefully the NCAA will not continue to pass rules that cut down on recruiting anymore than they already have, or Nebraska and other schools that are far from most of the top talent could suffer more and more in recruiting.



Jill Ogden

Vince Costanzo, senior, pins his opponent in a meet against Benson. The Eagles won the meet 48 to 8. The wrestling team qualified seven wrestlers for state. See sports brief on page 14.

Former Lady Eagle's jersey retired

Johnny Musselman

When Maurtice Ivy made the Central High School girl's varsity basketball team as a freshman, then Central High girl's coach, Mr. Paul Semrad, said that it was "apparent that she could play for us."

Maurtice quickly began to do more than just "play for us," and now, Central High is retiring her jersey number, "the ultimate honor to pay an athlete," according to Mr. Semrad.

Maurtice grew up across from Fontenelle Park where she played basketball with her brother. Maurtice said that her "family played a very important role" in her basketball start. Forest Roper, a basketball coach for the Hawkettes, a YMCA team, also helped Maurtice begin to develop her basketball skills.

When Maurtice was in fifth and sixth grade, Mr. Roper helped her "organize some connections relating to camps and coaches," said Maurtice.

After she made Central's varsity team, while attending Lewis and Clark Junior High School, the media began to notice her. As a freshman, Maurtice led the Metro in scoring with 351 points and a 16.7 point average per game.

According to Mr. Semrad, Maurtice came to Central with "the ability of a senior high player and had the tools to become a great player."

Maurtice's game quickly caught fire and along with it, the girl's team began to dominate the league. According to Mr. Semrad, Maurtice's intensity, leadership, and love of the game were the keys to her success.

"I don't see how anyone could play with more intensity," said Mr. Semrad. "She had an incredible ability to be a leader and her leadership was felt not in what she said, but in what she did."

During the 1982-1983 season, the Central girls varsity team, began to play well, behind Maurtice's 21.1 point per game average. When the state championship game arrived, the Central girls were looking for their first state title. After being behind all game,

Maurtice was fouled in the act of shooting with two seconds left in the game.

Central was behind by one point and Maurtice had two free throws. According to Mr. Semrad, the other team called time out to try and "freeze Maurtice." He said that when his players came over during the time out, he was so confident that Maurtice would make the shots that he talked to his players about what they were going to do after she made them.

"I can't think of anyone I would rather have had on the line," said Semrad.

With Central's first girls state championship on the line, Maurtice stepped up to the free throw line and made both shots.

According to Maurtice, making the two free throws to win the girl's first state title was "the most exciting memory of Central High basketball."

**Mr. Semrad:
"She put in the
time it took to
be a great
player and she
loved the
game."**

Maurtice and the Central team did not let up the following season. Mr. Semrad said the 1983-1984 team, led by Maurtice, who was a senior, had the "right chemistry. The girls complemented each other and Maurtice was the team leader."

The team again made it to state. The Central girls won their second state title behind Maurtice's 33 points which was the majority of the team's 58 total points.

Not only did Maurtice lead her high school team to two state championships, but she broke the record for career points scored by a Nebraska high school girl, with 1926 career points.

As her high school career wound down, Maurtice began to sort through the 250 colleges that were trying to re-

cruit her. After consulting with her family and visiting some colleges, Maurtice narrowed her choices to Iowa, San Diego St., and Nebraska.

"I sat down with my family and asked their advice," said Maurtice. "They wanted to watch me play and I wanted to give them and other friends an opportunity to watch me play."

With these thoughts in mind, Maurtice decided to attend Nebraska.

Current Nebraska women's head basketball coach, Angela Beck, did not recruit Maurtice but "inherited her" when Beck took over as head coach. Coach Beck said that when she began as coach of the Nebraska team, "Maurtice had already established herself in the state. I wanted to try and make her a better player."

Maurtice did become a better player. As a junior, she led the Big Eight in scoring and was a All Big Eight player. Currently, Maurtice is a senior and is leading her team to a probable Big Eight title. She also has broken the Nebraska women's all time scoring record with 1,868 career points. (which she will continue to build on the rest of the year)

Mallery Ivy, Maurtice's sister and Central senior, attributes Maurtice's success to the fact that "she knew that it was something she really enjoyed."

Mr. Semrad, when asked why he thought Maurtice was so successful, said "she put in the time it took to be a great player and she loved the game."

Maurtice has added another honor to her accomplishments. A group that wanted to thank Maurtice for staying in Nebraska and to recognize her for all she has done to women's athletics, decided to retire her Central jersey, number 22.

According to Mr. Jim Hart, the head of the group, Maurtice had an appreciation day and was presented with a gift from her past coaches.

Mr. Semrad hopes that the jersey will be on display in a trophy case at Central because he feels that Maurtice has "inspired many young girl basketball players and should always be remembered."



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Absence of pool 'drowns' team

Johnny Musselman

"We don't get enough pool time," said Kurt Goeser, Central High School junior, when asked how Central's lack of a swimming pool affected the swim team.

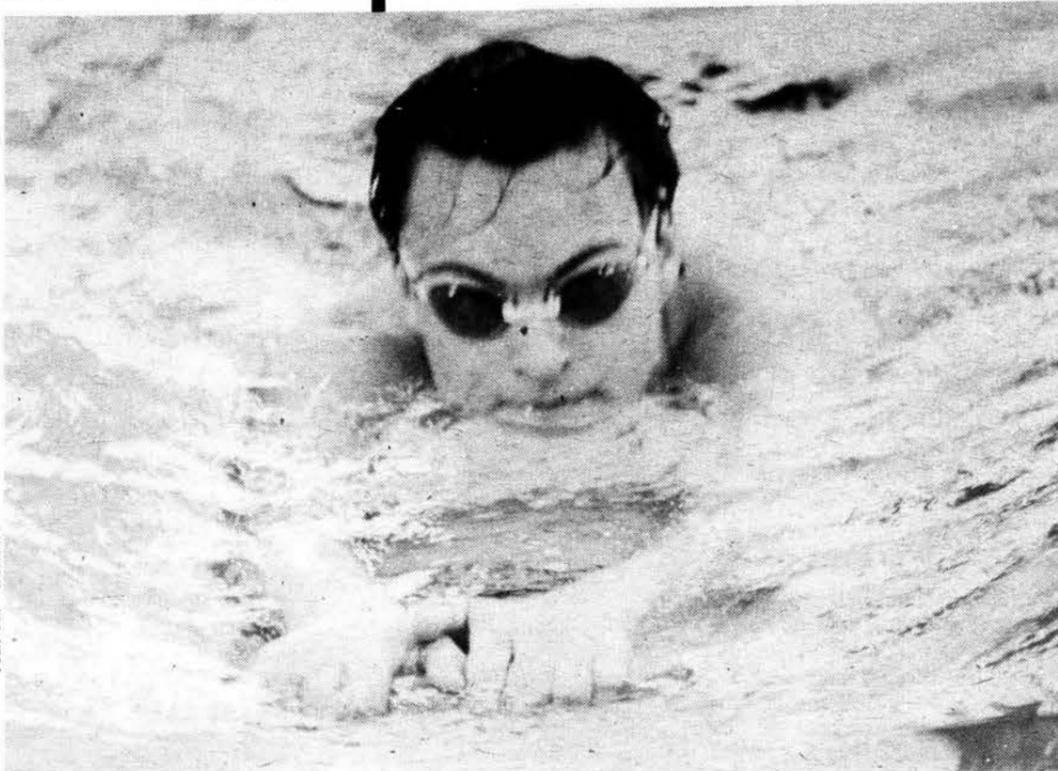
Mr. Mark Allner, for the sixth year, coaches the swim team. The team has had a difficult time battling the problem of where to practice. According to Coach Allner, "there is a lot of swimming talent in the building, but it is hard to bring it out because of our lack of a pool."

Since there is no pool at Central, the team has to travel to Norris Junior High to practice. At Norris, the team has to compete with the ninth graders for the pool. Coach Allner said that practicing at Norris creates many transportation problems for swimmers.

The problem of inconvenient practicing facilities has disadvantaged the team's depth. Central's swim team has only eight swimmers whereas other schools, such as Westside and Burke, have well over twenty.

According to Goeser, the team's lack of swimmers does not allow the team to be competitive at dual meets.

"At big dual meets, we can't compete," said Goeser. "Where schools like Westside



Karen Smith

Ted Fogarty, junior, works to increase his times during a practice session. The swim team lacks participants due to poor facilities and limited practice time.

have two and a half hours of practice a night and twenty-five swimmers, we are lucky to swim for an hour and a half with our eight swimmers."

Central's team does not have enough people to get the points which judges use to score swimming. The point system is the reason why the team has difficulty doing well. Although the

pool problem and the lack of team depth have affected the team, members have exhibited a lot of individual talent. John Roberts, senior and team captain, said, "Considering our size, we're pretty good."

Coach Allner sets goal times which each swimmer strives to meet by the end of the year.

He said, "Meeting

these goal times is very important to the team." Since the team is at a disadvantage with so few members, these goal times allow the team to keep competitive and keep trying to swim faster.

Regarding the team's chances in state and metro, junior Andy Timm said, "The team has good swimmers, and we should do well individually, but

we don't have enough depth to fill the positions."

As for next season, the team will return most of its experienced swimmers, since they only lose one letterman. According to Coach Allner, the team's success will depend on how many underclassmen are willing to keep up with "the individual and self-motivated sport."

Persistent pitching practice pays

Bridget Buckley

Central High School senior Erin Coughlin's goal was to play softball in college. It is a goal that she will finally achieve with a Kearney State College softball scholarship which she recently received.

"Finding a sport for a girl to play was hard when I was in third grade. My parents and I decided that softball was a good one to play," said Miss Coughlin.

Erin played on her first softball team when she was in the third grade. The team was called Dundee Red and was part of the Rainbow League.

In 1980, Mary Hagan of the Creighton Lady Jays softball team introduced Erin and her parents to Ron Osburn. He was at that time the Lady Jays' softball coach. He then became Erin's pitching coach.

"Ron is the person most responsible for making Erin what she is today," said Dave Coughlin, Erin's father.

Erin practices as much as possible. When she practices, she throws softballs and lifts weights. She said she often uses a weighted ball to strengthen her wrist.

As she practices her pitches, she breaks the pitch into different parts. For example, she works on wrist snap and coordinating her stride with her wrist snap. She lifts weights to build strength.

"Erin works all winter as other kids are out doing other things. Pitchers pay a terrible price. They work and work to get to where they want

to be, but a good team makes it easier on them," said Mr. Coughlin.

Erin feels that her dad is a strong influence on her and has had an impact on her success. "He works with me on my pitching, catches for me and reminds me to lift weights. He's tough and does yell," said Erin, "but then reminds me that it won't be easy in college." Mr. Coughlin said that he often has conversations with his daughter about her goals. "I ask if she is willing to make sacrifices," said Mr. Coughlin, "and she is."

He continued, "It is important that kids persevere and set goals. I encourage her to set high standards and to compete with herself instead of just competing against other pitchers."

Erin now plays on a Division One team of the Omaha Softball Association. In Division One play, the pitching mound is forty feet from the plate.

Erin's fast pitch moves at the speed of fifty miles per hour. She uses four other pitches, including the change-up which comes in and drops lower. Another pitch, the knuckle ball, comes in and drops like a knuckle ball without a spin.

Third is the rise ball which comes in at shoulder height and rises to eye level. Lastly, the drop ball comes in at the shoulders and drops to the knees.

Erin had a win-loss record of 19 and 7 in 1987 and

an earned run average (ERA) of 1.01. This figure means that she gives up one run per game on the average.

As Erin was first thinking of what to do about further education, her first idea was to take a year off after high school. Then the College of Saint Mary called her and asked her to try out for their softball team.

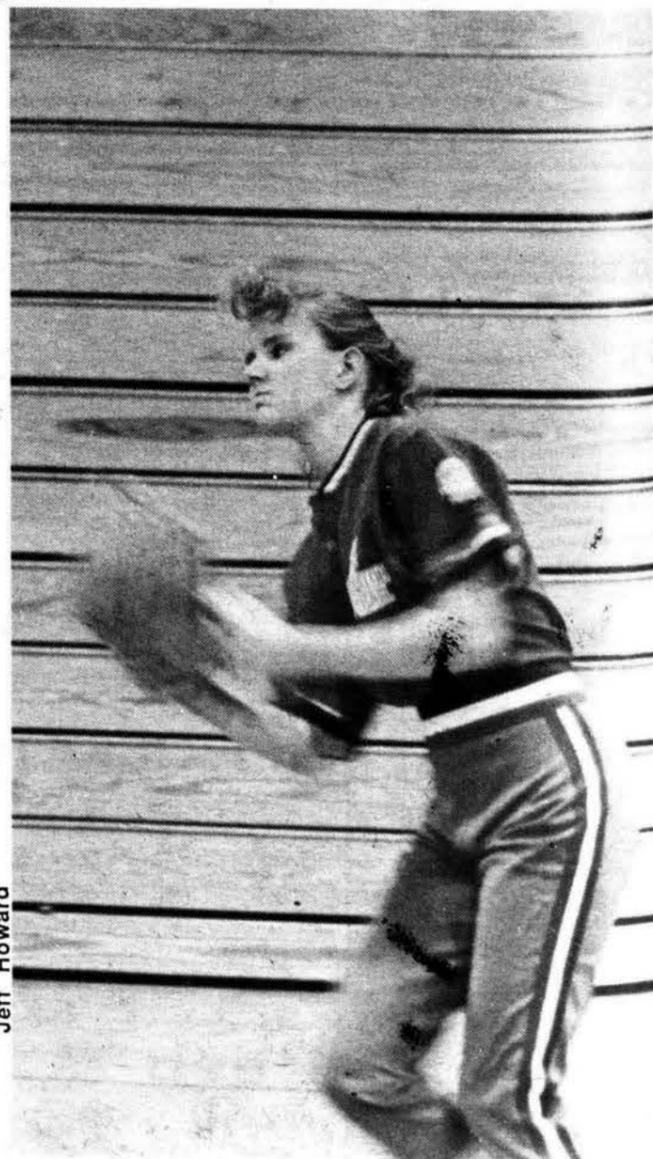
After that first inquiry, she began to look into other schools. She then had a tape made of her pitching and first base and fielding skills to use as a preview for colleges to look at.

Ron Osburn, her pitching coach, made arrangements with Dan Simmons, head coach at Kearney State College, for her to come and look around the campus and learn about the softball program.

She later went back to Kearney for a recruiting trip, and it was then that they offered her a scholarship which she promptly accepted. As of now, Erin does not know the amount of the award, but she has to have a grade point average of at least 2.1 and an ACT score of 15 or above in order to be eligible.

"We're thrilled about her scholarship. Coach Simmons is a super pitching coach, and I am looking forward to her playing for his team," said Mr. Coughlin.

"It is a nice reward for someone who set out to do something. Setting and achieving goals is hard to do, and Erin always wanted to play softball in college," said Mr. Coughlin. "And now she will."



Jeff Howard

Erin Coughlin, senior, practices her pitching all through the winter. Her constant practice has rewarded her with a scholarship to Kearney State College.