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Winter means more illnesses: strep, mono

With the outside temperatures hovering in the teens during the winter season, one is apt to hear sneezes, sniffles, and coughs on a more regular basis.

Mrs. Geri Thomas, Central High nurse, said that she has seen many upper-respiratory infections, three cases of chicken pox, and a 'couple dozen cases of strep throat among the students and even the staff."

According to the **Merck Manual of Diagnosis and Therapy**, strep throat is an infection of streptococcal bacteria. Symptoms include an extreme red sore throat, a possible fever and headache, fatigue, and nausea. Because so many of the symptoms are those connected with the common cold, a definite diagnosis of strep is usually made by a throat culture. Antibiotics are the means by which to treat the infection.

Strep throat and many viral infections are extremely contagious, according to Ms. Jeannie Dudzinski, R.N. These illnesses are transmitted by droplets, the saliva. So, drinking from someone's glass, eating from someone's silverware, kissing someone, or being the recipient of a sneeze, all subjects one to these infections.

Ms. Dudzinski said that one becomes more susceptible to illness if his resistance, his body's ability to fight infection, is low. "A person can't catch a cold in the rain, but his body must work harder to keep warm," she said. Thus, catching a chill and getting little sleep tend to lower resistance.

Mrs. Thomas also said that six Central students have been diagnosed as having mononucleosis. Mono is a virus, and its symptoms include fatigue and swollen lymph nodes along with occasional nausea and fever. Because mono is a virus, antibiotics are of no value. Ms. Becky Tuomikoski, L.P.N., recommended "plenty of bed rest and a high protein diet."

Mono lasts anywhere from two weeks to three months. However, after having mono, the body appears to develop an immunity to it, as shown in the detectable levels of antibodies that remain in the bloodstream for life, according to **The Merck Manual**.

Graduate brings 'Whiffs' to Central

anneliese Festersen

"Sing the Whiffenpoofs assembled" rang out in the auditorium January 10. The seven members of the Whiffenpoofs, the select senior men's singing group from Yale University, performed for Centralites as a part of the group's winter tour.

Sam Johnson, a member of the Whiffs," as they call themselves, graduated Central in 1981. He was **Register** year-in-chief, drama club officer, and an opera member.

Sam organized the group's three-week winter tour of seventeen cities in the Midwest and West, which included two performances in Omaha — an informal concert at Central and an evening engagement in white ties and tails before about 160 people at the Opera Club.

While onstage at Central, Sam talked about being back at his alma mater. He said he remembered attending numerous assemblies while he was in high school, but he said, "I never really got anything out of it." He said he hoped this assembly would be different and proceeded to offer the group about 600 a host of goodies, which he picked up at the airport, such as a PCOT Center pamphlet, his Eastern Airlines pass, a plastic puppet, and an air-ess bag.

Later in the performance, Sam introduced a song, "Everything Happens To Me," to his sister, Schuyler, a Central junior. The Whiffs sang a mixture of serious and comic tunes for about forty-five minutes, and they received a standing ovation.

Singing groups are very active at Yale, and the Whiffenpoofs, an a cappella group, considered "the creme de la creme," according to Sam. Five Yale seniors establish-



photo by Lisa Larson

Sam Johnson, member of the Yale Whiffenpoofs, the university's select senior men's singing group, introduces the ensemble before their January 10 concert. Sam was a 1981 graduate.

ed the group in 1909, and they named themselves after a mythical beast in a Broadway show, according to Geoff Burns, a Whiff from New York City.

Geoff went on to explain that interested men try out for the group in the spring of their junior year at the New Haven, Connecticut, university. About a week later, on a special evening known as "Tap Night," the previous year's ensemble selects new members on the basis of their vocal ability and their desire.

Sam said, "It's pretty difficult to get in. The number who try out each year varies from about 40 to as many as 70."

The group practices an average of 2-4

hours per week now, and they give 3-5 concerts a week. The Whiffenpoofs have performed everywhere from airports and airplanes to Saturday Night Live to the Cotton Bowl to William F. Buckley's son's wedding, to Mory's, a private club in New Haven. This year's group also performed at President Reagan's inauguration.

Arthur Zinn, another Whiff from New York City, said he enjoys being in the group because he likes singing and travelling and spending time with the other Whiffs.

Another Whiff, Mike Beresick, commented that being in the Whiffs "is a lot of work, but the experience is well worth it."

Teenage parenthood, some students' choice

Stewart Diemont

Parenthood is a stage in life that most people do not reach until after high school. Most teenagers do not feel ready on the time and responsibility of a child. Those girls who find themselves pregnant may choose to put their child up for adoption, or they may opt to have an abortion. But a handful of students do not follow either of these paths. This handful chooses a third alternative, keeping their babies and raising them on their own.

Due to the delicate subject matter, the names of the teenagers discussed have been changed.

The father of the child is often disliked by the teenager because he does not take the responsibility that she has him to, according to Mrs. Faye Johnson, Central guidance counselor.

Jane is a senior at Central. Her baby boy is eighteen months old. The father of her baby no longer sees her or their child. Jane describes the father in a very negative way.

Jane's family is quite unstable financially. Jane used to work but her grades went down forcing her to quit her job. Her family receives aid from a program called Aid to Dependent Children, which gives financial assistance to mothers who cannot afford to raise their children.

Jane's family is quite supportive, however. Her brothers babysit. Jane's mother also had children when she was young. Jane looks upon her mother as a role model, someone who went through the same trials and tribulations and emerged.

Supportive family and friends help

Jane's new boyfriend and close friends also help her. Jane's boyfriend buys presents for her baby, and her friends help.

Jane has changed a lot as a result of this experience. She said, "I can't go out as much as I did before. It isn't right to have a baby and run the streets. I take my baby almost everywhere, and I don't fool around as much as I did before." Jane is very happy with her decision to keep the child. It was mine. It would have been a waste of time to go through all this and have nothing to show for it."

Beth is a sophomore at Central. Her baby boy is eight months old.

Beth and Jane differ a great deal. Beth comes from a fair-weather family and she originally looked upon her baby as a burden rather than a blessing.

"I wasn't happy at first. My baby took up too much of my time," she explained.

Beth's opinion of the father of her baby is also negative. "He does not do anything. He promises and promises and does not do anything. I really despise him," said Beth.

Even though Beth's original opinion of her baby was not positive, she does not look upon teenage pregnancy in a negative light. "This time is not like the fifties. Lots of teenagers have babies, and it is all right."

The experience has not affected Beth's outlook on life or her goals for the future. "I still plan to attend college. My mother will take care of the baby while I am away. And I still plan to get married. I do not think having a baby affects my social life. I still party as much as I did before."

According to Mr. Stan Maliszewski, Central guidance director, a child is a limiting factor. But if a student is self-motivated and responsible, his future will not greatly alter.

Even though Beth's outlook on life has not changed, she has matured. "I realize now that life is not all for yourself. When you have someone else to take care of, you realize this fact."

Jenny is a senior at Central. Her husband, Ben, and father of their seven-month-old baby girl is 23 years old.

Jenny describes her married life as happy and fulfilled. The family has a house and is doing well financially. Jenny said, "Ben has a good job, and we are quite comfortable."

The couple married after they found out Jenny was pregnant. But according to both Jenny and Ben, the pregnancy only accelerated marriage plans. "We were going to get married in a couple of years anyway."

Mrs. Johnson believes that teenage marriage is all right provided that the father is employed, and he does not allow marriage to interfere with his vocational plans.

Both Jenny and Ben grew from this experience. Jenny said, "I'm glad we kept the baby. She has brought a lot of joy into our lives. And I wouldn't be half as responsible if we had not kept the baby. I used to be a wild and crazy teenager, but I have settled down."

"I learned what life is all about. It is not going out and raising hell like I thought it was. It's loving, being loved, and growing together," Ben said.

Mary is a senior at Central. Her baby boy is 10 months old. The father of the baby is a senior at Central as well, though he declined to comment.

Mary is worried that her baby, not having a real father, will have pressures in his later life.

Emotionally, this experience has put quite a strain on Mary. "Dating is very hard. Few guys want to get involved with a girl with a baby," Mary said tearfully.

The baby did not really affect the family financially. Mary has worked ever since she had her baby.

Mary's future appears the same as it was before she had her baby. Her mother is going to take care of the baby until Mary is secure in her adult life.

A father often divorces himself from a relationship when he finds out his girlfriend is pregnant, according to Mrs. Johnson. But Cathy and Jim do not follow this pattern.

Cathy is a senior at Central. Her baby boy is 20 months old. Jim, another Central senior, is the father.

Originally, Cathy and Jim were going to get married. But Cathy thought Jim was not mature enough to handle the responsibility, and, consequently, she ended the relationship. Jim originally disagreed, but now he agrees.

Marriage requires maturity and responsibility

"I was not ready. I was willing to marry her — we were going to get married — but now that I think about it, I was not ready. I go down and see the baby every once in a while now."

Financially, Cathy is not doing very well. "We had to scrape up a lot of money in the beginning, and right now I am looking for a job."

Jim said, "I didn't have a job then, and I don't have a job now. I don't have enough money to support the baby now, and I didn't have enough money to support the baby then."

Socially, Cathy does not feel the same effects that Mary does. "I just had to get back in the swing of things. Guys and friends treat me the same as they did before."

Academically, Cathy is trying harder now that she has a baby. "I have to make something of myself, so I can support my baby," she explained.

Both Cathy and Jim grew emotionally because of their child. Jim said, "I learned how to be a father and how not to be a father."

Cathy said, "This all forced me to look at myself. Everybody makes mistakes, and I realize this was a mistake. I know now that you should not fool around at such a young age."

But after making one mistake, Cathy did not make another one. "I would have been missing a lot if I had not kept my baby. I would have missed seeing him grow up, and I would have missed all the fun times that we have had together."

In this article one finds a mere sampling of teenage mothers and fathers. Through this sampling, he sees that parenthood affects different teenagers in different ways. Some are clearly not ready to take on the responsibilities while others feel natural in the difficult role. For some, pregnancy results in marriage; for others separation. Financial difficulties often pose problems for teenage parents and almost inevitably emotional strain occurs. Parenthood is an element of life that requires and synthesizes maturity.

Futility theme of nuclear arms talk

We want you to know, right now, that you won't have to worry about becoming old. To those of you who are already aged, don't plan your retirement years quite yet. Chances are you won't have to worry about getting old or being alive at all — we're probably all going to be blown up.

Oh, not right this minute, of course. Maybe not even this week. After all, the U.S. and the Soviet Union are on speaking terms now (respectively George Shultz and Andrei Gromyko, representing America and the Soviet Union (respectively), have agreed that the two countries should be discussing arms limitations. In other words, the rigmarole begins again. Both countries will meet, perhaps agree to stop making nuclear weapons (a "freeze"), or agree to get rid of a few missiles somehow ("arms reductions"), but neither country will do anything they promise because both rightfully believe the other country won't do anything ("dead end").

Editorial

Of course, we have no one to blame, do we? Until the ultimate war breaks out ("escalated hostilities"), the same cowboy movie will run for our delight over and over again, and it will always end with the same scene. The two cowboys are facing each other in the middle of a dusty street, one in black, one in white with a silver star, both with guns aimed at the other. One holds a sleek automatic, the other a sawed-off shotgun. Surrounding the cowboys are various people either in white or black, also with guns. Which one will shoot first? How can you trust the guy in black (who's a merciless swindler) not to shoot just because you don't shoot?

The guy in white (who may be Reagan or Chernenko — depending in which country you live) only wants peace.

The United States and Soviet Union hold different weapons, but they do the same thing. Not only will our "shotgun" blow the "bad guys" away, but it will also kill everyone. And it will destroy the environment — world-wide. What more could you ask in a weapon? Reagan wants a magic wand, though, that will blow the Russians' missiles away in mid-flight, leaving ours free — for what? To get the Soviets because they tried to get us?

Even if the miracle wand remains a dream, all of us are left with the bombs and missiles. What can we do? Tear up the formulas, throw away the bombs, develop lasers, and live happily ever after? No, not even if someone — anyone — could get the "supers" to give up theirs, let alone persuade the jolly madmen in South America, Africa, and the Mid-East to give up their coveted power, because someone would always try to build more. We feel like we can't do anything except call for a freeze, and then hope some common sense (if not of the negotiators' devising, perhaps that of some kindly galactic alien) will prevail during these talks. At least we're talking to the guy in black, and he can't shoot if he's distracted.

Registered opinion: Distrust ruins talks

When the U.S. and the U.S.S.R. meet to talk, the world will, too. All the allies will discuss — as most of them are prophesizing now — the proceedings and the eventual outcome. However, with President Reagan refusing to compromise on his pet project, the space defense program, which is all the Soviets want to (seriously) discuss, that outcome is likely to be similar to our last set of talks — the other side walked out. We asked Central Students and faculty what they thought the outcome of the talks would be, why they thought so, and what they thought of arms talks in general. We found the lack of trust disturbing, however permanent it may be, and now wonder if there ever will be a series of answers for us, the "leaders of the future."

Mr. Allen Roeder-teacher

"Considering the way the administration is talking, I don't expect very much — part of the administration is doing one thing while the other part is doing another. I like to see them talking, though. I think they will do some good — when we have reasonable people talking. I don't think our administration is very reasonable."

Mrs. Pat Pruss-teacher

"I expect insincere promises on the part of the Russians because in the past they have not lived up to their agreements, and

it is difficult to monitor future arms they may choose to create."

Paul Temple-senior

"I don't trust them, (the Soviets) at all because I don't really know them. I don't know of any situations where we could trust them. I think the talks are just a political stunt."

Trena Plourde-junior

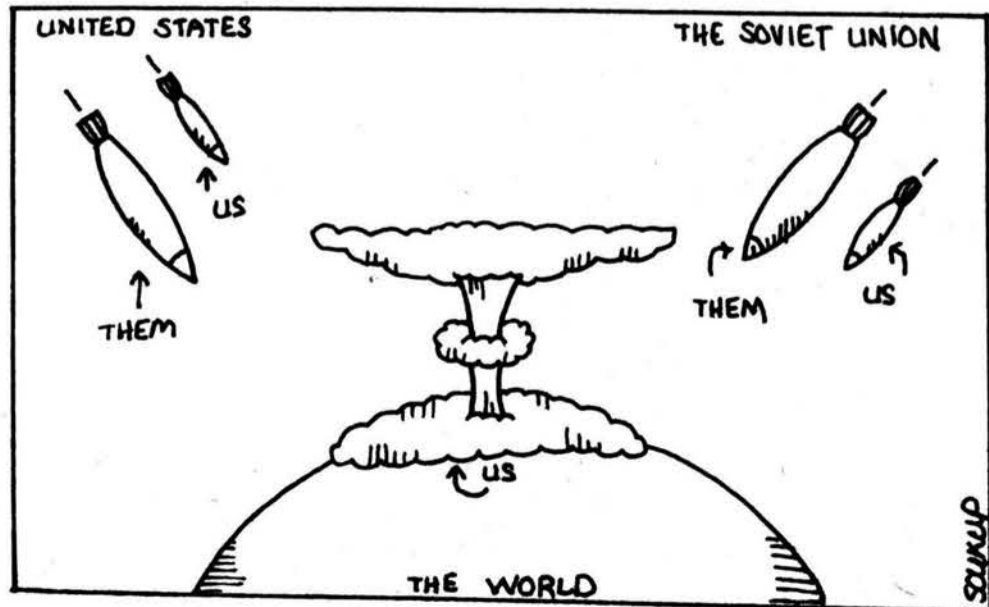
"I really haven't thought of it before. It'll probably be the same thing again — I don't think it'll change anything. I don't really trust the Russians, just from all the things that have happened before."

Kelly Avery-sophomore

"From what I think, they'll just make a treaty to stop making nuclear bombs. They'll break it, though, and then we'll be right back where we started. It won't change."

Opal Gray-senior

I think it'll accomplish nothing — eventually one of us will use our weapons. The talking is good in a sense they are communicating. Even if they break the agreement — at least we're still talking."



SOUKUP



"I THINK YOU'RE TAKING THIS NUCLEAR FREEZE FAR TOO LIGHTLY..."

1985—year of the who

As you may have noticed, a new year has descended upon us. At the start of every year people usually hear a lot of publicity about the naming of the year: The Year of the So and So. Usually there are special functions that go with this honor, and it is made into a big deal.

So, now that you are aware of the year and see the most apparent need for the Year of the Journalist, it is your duty to...

I just happen to have a few ideas on what you can participate. First of all, when you are invited by a Register staff member, please bring money. (For the subtle effect, send flowers to the office in honor of journalists as well as the holiday in honor of journalists as well as the columnists.)

Which brings me to my next proposal: believe the year 1986 should be declared The Year of the Columnist. If you have any ideas for 1987, I will be more than happy to pretend to listen to you.

From Me to You



LeAnne Lovings

Well, this year, I have taken it upon myself to name the year. I have decided to declare 1985 as The Year of the Journalist.

I know what you're thinking. You're thinking gee, why didn't someone think of this long ago. Well, what can I say? My mind works overtime.

Anyway, since this is now The Year of the Journalist, it is only right that certain privileges and honors follow.

I just happen to have a few suggestions. I think Jerry Lewis should do a telethon in order to honor journalists all over the world. People could then support Jerry's Journalists.

Here at Central, Dr. Moller could do his own bit by declaring Fridays official days off for journalists. This would be a time for all us reporters to rest from our constant roving.

I know you teachers are out there just begging for something to do to contribute to this theme. Well, fortunately you have something we could use, a coffee pot. I think just the presence of a coffee pot would make the journalism room a more relaxed atmosphere in which to work.

Being the modest person Mr. Gaherty is, I know he won't want me to mention this, but I think a life-size statue of him would make a charming centerpiece for the courtyard. After all, credit should be given to the man who chose this incredible staff.

You may consider this a little much, but think of how important this would be were it not for journalists such as myself. You would not be informed on world-wide as well as school-wide issues such as murder, drugs, thefts, and new laws, not to mention, the weather.

We put up with a lot from you, the reader and all-around critic. But let's face it, I know that on paper days no one can wait to read the paper. I watch your greedy little faces as I deliver the paper to your homerooms. I think the least the public can do is give us a year. I believe this calls for a national campaign to honor us, the reporters, who are often forgotten and/or taken for granted.

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Discipline policies 'for safety of students'

by Kim Schwartz

Discipline — The dictionary has several definitions for it: a system of rules governing conduct or activity; training that corrects, molds, or perfects the mental faculties of moral character. Some people see discipline as a necessary structure of society, others find it a hindrance. In everyday life, people have many rules and laws to follow, state laws, traffic laws, work rules — all with disciplinarians to enforce them — court officials, police, a boss at work, etc. At Central there are rules for students and faculty alike.

"There shouldn't be so many (rules)," said one Central senior. "They (administrators) get on your case for the stupidest things, like a few tardies or something." However, one Central junior said, "I definitely feel there are rules needed. Without them, the school would be in chaos."

Mr. A.A. LaGreca, Central administrator, said that school rules are "all in the interest of the safety of the student." Administrators deal with students for several kinds of problems.

Mr. LaGreca said the problems with which the administrators deal most frequently are "ironically, not the serious offenses."

Tardiness and truancy are the main problems.

Tardiness and truancy

Susan is tardy to school for the fourth time, and her administrator sends a card to home notifying her parents of the tardies. She is tardy again a few days later, and she receives a warning from her administrator.

Several weeks later Susan has accumulated seven tardies, and her parents must come to Central for a conference with her administrator. Her administrator explains that, if Susan is tardy ten times in one semester, she will be placed in ISS (In-School Suspension).

Bill leaves school after fourth hour to lunch with his friends. The next day, one of his teachers sends him to his administrator because he doesn't have an admittance slip. His administrator calls his parents for a conference. (If a student is truant for an entire day, he is suspended for a conference.)

"When we have a parent conference, we try to find out why the student has been tardy so often, or why he skipped a class," said Mrs. Udoxie Barbee, Central administrator.

"I try to point out to the parent, the school's responsibility of knowing where the student is and the fact that he or she is missing instruction time by being late or skipping. Parents expect us to know where students are. They don't like, but they do appreciate our calls," continued Mrs. Barbee.

Excessive tardies inexcusable

According to Mr. LaGreca, punctuality is enforced to prepare students for the working world. An employee who is constantly late for work will not have the job very long, and Mr. LaGreca emphasizes this to tardy students.

Mrs. Barbee said that she understands tardies can occur due to car trouble, bad weather, and oversleeping, but she feels that excessive tardiness is inexcusable. There may be some students who have plausible excuses for all ten tardies, but she contends that exceptions cannot be made for some students and not for others.

Some Tech students are having difficulties adjusting to the ten-day absence policy. One Central junior from Tech said that it didn't matter how many days she missed from Tech so long as she kept up with her work.

If a Tech student skipped school, he was placed in SAAC (Student Alternative Attendance Center). A SAAC room is not used at Central because, according to Mr. LaGreca and Dr. G.E. Moller, Central principal, SAAC does not prevent repeated offenses by students.

Some sophomores are also having trouble keeping within the ten-day absence limit, according to Mr. LaGreca. Because Tech students and sophomores are new to Central, "they have a learning experience to go through, an adjustment," he said.

School's responsibility

Truancy concerns administrators because they are responsible for students during school hours, and, when students are out of the building, they have no one protecting them. "Because so many things happen in any city, (muggings, killings, etc.) one should be careful," said Mrs. Barbee.

According to Mrs. Barbee, nothing should come up about which the school should not be notified, such as family emergencies, for exceptions can be made for these situations.

Also, if tabs are not kept on students and a student who is skipping is hurt outside of school, "Central could be liable in a lawsuit," said Mr. LaGreca.

Insubordination and assault

The next most frequent problem with which the administrators deal, is insubordination by students to teachers. Mr. LaGreca feels that while a student does not have to agree with something a teacher says or does, the students should still be respectful of the teacher as an adult. Foul language is not necessary or acceptable behavior while speaking to a teacher or to another student. Language offenses usually result in a parent conference or suspension in more serious cases.

Assaulting a student or teacher, however, may mean expulsion, depending on the aggressor's past record. It may seem unfair, if one student picks a fight with another, that both of them are sent to ISS or expelled. However, said Mr. LaGreca, there are rarely any "unprovoked attacks."

Mike runs across another student, Brad, whom he has never liked. Mike decides to start something. He blocks Brad's path, and issues an unspoken challenge. Brad drops his books and takes hold of Mike's jacket, answering the

challenge. The two fight, and both end up in the administrator's office.

They will probably be placed in ISS, suspended, or recommended for expulsion. As far as administrators are concerned, because Brad answered the challenge and participated in provoking the fight, Brad is as much to blame as Mike for the incident. Mr. LaGreca said it is very difficult to determine who started the fight and if the fight was provoked because witnesses usually have conflicting views.

"We're better off treating both parties alike," said Mr. LaGreca. But if an administrator can reasonably determine that a fight was not provoked by one of the students involved, that student will not be punished.

Smoking

Smoking is another problem with which the administrators must deal. "We would be derelict as educators if we allowed students to smoke," said Mr. LaGreca. While administrators will not take away a student's cigarettes, they will make the student aware of the health hazard posed by cigarettes.

Kathy has a quick cigarette in a bathroom stall during a passing period. A teacher comes into the restroom and catches her. Kathy's parents must come to Central for a conference. Her second offense could result in ISS or suspension.

Pot smoking is treated more seriously. According to administrators, lockers may be searched for pot (or drugs or alcohol) when any member of the faculty has reasonable cause for suspicion, but students possessing or smoking pot are usually caught by patrolling teachers. Offenders are mandatorily reassigned to another school, and they may have to appear in court, as the police will be informed. "This year, I've had only one of those

cases," said Mr. LaGreca.

Drinking

Similar punishment can hold for possession of alcohol in school or for a student at school who is intoxicated.

Jim and some friends come to school drunk. Teachers see some unruly behavior from them and smell liquor on them. One by one they are caught and sent to their administrators. These students may be suspended, put in ISS, expelled, or even recommended for chemical dependency treatment.

If a faculty member smells liquor on the breath of a student, sees a student with an alcoholic beverage, or sees him smoking at a school function, a phone call would probably be made to the student's parents. This may also be true of non-school functions. "I would feel an obligation to inform the parents. We want to help," said Mr. LaGreca.

Some rules re-evaluated

Mr. LaGreca did say if he feels a rule is unfair, if students and faculty members think it is unfair, Dr. Moller and the administrators are more than willing to re-evaluate a rule (if it is a Central rule and not OPS policy) and decide if the rule needs changing.

Dr. Moller has changed several rules since he became principal. At one time, there was a rule against students sitting outside on the porch during their lunch hours. "There came a time when I felt that (rule) was too restrictive on young adults," said Dr. Moller. He has also relaxed the dress code.

Both Dr. Moller and Mr. LaGreca feel that school rules are enforced for the safety of students. "Central kids, on the whole, are good kids," said Mr. LaGreca. "We're only concerned about their safety. That's our responsibility."

Fogarty finds success with unique hobby of bagpiping

Many Central students have musical talent and interest. But perhaps no one is interested in such an unusual instrument as Central junior John Fogarty. John plays the bagpipes and is very successful at his hobby.

John started playing in 1978 while in the fourth grade. This interest in the bagpipes was sparked by a performance by the Omaha Pipes and Drums at an Irish-American Cultural Society meeting which John attended.

Soon afterwards, John became a student of the Omaha Pipes and Drums where he went to the higher of a two-level course following one and a half years of study.

This enabled him to become a band member, the youngest of the Omaha corp. He gained experience as a band member as the band performed in parades, at ethnic festivals, and in local bars.

Each spring, the national Highland games take place around the country. John finished first in Class 3 of the Kansas City games at the age of twelve. John outplayed people three times his age and became the best player in his organization. He also plac-

ed second at a competition in Golden, Colorado.

After four years with the Omaha Pipes and Drums, John left because the organization wanted him to share his earnings since he wore their uniform while performing.

John plays traditional bagpipes, which have six main parts: the bag, made of sheep or goat skin; three pipes (drones) made of India hardwood; the blowpipe; and the chanter, which produces the melody.

The bagpipes are played by blowing air into the blowpipe which inflates the bag. The player then squeezes the bag, forcing the air through the chanter and drones producing a single note. This is done very rapidly to produce a chord sound. Brand new India hardwood bagpipes cost \$500 and used ones tend to cost even more as they are broken in.

John comes from a musical family. His mother is a piano teacher and an opera singer. His two younger brothers play the violin and drums respectively.

John plans on joining the Omaha Pipes and Drums again soon and wishes to attend McCollister College and major tentatively in music.

IT'S COMING!!

ROAD SHOW 1985

"Need We Say More?"

February 15, 16, 17 at 7:30 p.m.

TUESDAYS 7:30 AT COUNCIL BLUFFS ROCK ISLAND DEPOT

SHOE FITTERS SINCE 1918

CORBALEY
FAMILY SHOES

We'd rather miss a Sale than miss a Fit Crossroads

393-1212

The Cutting Edge

HA

of Central importance

Variety makes Road Show perhaps best ever

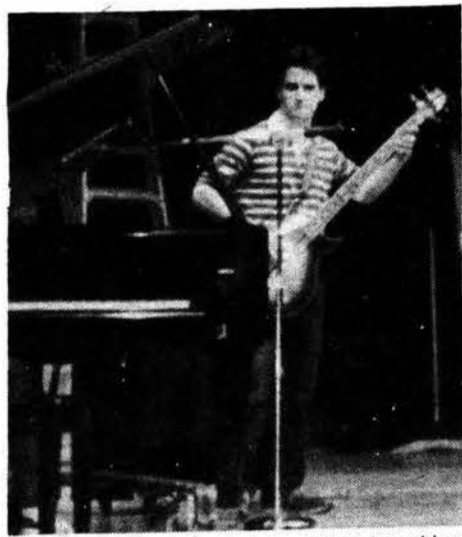


photo by Krista Lanphier

Senior Evan Will practices on his guitar. He and many others will perform in Central's 71st annual Road Show.

The first performance of the 71st annual Central Road Show will be at 7:30 on February 15. Road Show will run from February 15 through February 17.

"This year's Road Show has the most variety of any Road Show that I have ever been involved with. Vocal music acts used to be predominant in Road Show. But this year we have a lot of instrumental and comical acts," said Mr. Warren Ferrel, Road Show director.

Road Show student managers held tryouts before winter recess. In all previous years, the tryouts were after recess.

"The change was good. Students tell themselves that they will practice over vacation, but they do not," Mr. Ferrel said.

"This year's Road Show should be as good or better than any previous Road Show. The quality is really good in this show," said senior Stacey Elsasser, Road Show manager.

Students must register

Central High School is the only Omaha Public School which requires its students to register for second semester classes separately.

According to Mrs. Martha Rasp, school secretary, Central does this to give students a chance to drop classes they are failing, and to give students an opportunity to make other schedule changes or rearrangements more conveniently.

A new practice which was started this semester was the printing of second semester program cards on the school computer. This process eliminated the time consuming practice of students filling out their own cards in homeroom.

ROTC is 'honor unit'

Central came away from the annual formal inspection of seven junior ROTC units in the Omaha School District with an unofficial score of 96.12, meaning that Central's ROTC won the highest possible inspection honor.

Major Richard Yost, Central ROTC instructor, said that the score makes Central an honor unit with distinction.

He said, "The last time Central's ROTC had that distinction (of honor unit) was 1980. The people were outstanding. They looked good. They sounded good," said Major Yost.

Cadet receives award

The Legion of Valor of the United States of America, Inc., which is composed of men that have won either the armed services' top awards for valor in combat, has awarded Central senior Debra Carter the Legion of Valor Bronze Cross of Achievement.

"Each school normally submits the name of a junior cadet deserving of the award," said Major Richard Yost, a Central JROTC instructor. Debra competed for the award against the Fourth ROTC Region, which encompasses the fifteen western states, Alaska, Hawaii, Guam, Korea, and American Samoa. Only five such awards are being given in the United States.

Applicants for the award need a good background of school and JROTC activities and a GPA of at least 3.5. Except for the Medal for Heroism, the Legion of Valor is the highest award a JROTC cadet can earn.

Bad weather conditions make process complex

Snow days are a major part of winter. Determination of snow days is a complex process.

"On possible snow days, the Omaha Public Schools contact the mayor's office, the sheriff's office, the weather service, and street maintenance," said Dr. Margaret Fitch, Assistant Superintendent. OPS sends out seven or eight cars at 2:00 a.m. to inspect the roads.

OPS polls metro schools to determine if the weather is bad enough for a snow day. "We contact District 66, Millard, and the Archdiocese, and exchange information," said Mr. Ralph Bradley, Public Information Director. The official decision is made before 6 a.m. and school officials notify local media sources.

The school board schedules 179 days of school in a year. The law requires that students have 175. If over four snow days occur in the winter, students will come to extra days at the end of the year until the number of actual school days equals 175.

Banner to be symbol

The InterNorth Corporation is designing a banner for Central's courtyard as a symbol of InterNorth's partnership with Central in the Adopt-A-School Program.

According to Mrs. Wanda Utecht, Central business education department head, some representatives from InterNorth were at Central for a meeting as part of the adoptive program and decided to take a look at the courtyard.

"We talked about acoustics, and I suggested that a banner be made symbolizing Central's partnership with InterNorth, and the representatives liked the idea," said Mrs. Utecht.

The banner is now being designed at InterNorth, and it will be hung when approved by Central's In-School Advisory Committee and Adoptive Task Force.

"This is just one more contribution from InterNorth expressing their desire to share their time, expertise, and facilities with our students to help them achieve their academic and career goals," said Mrs. Utecht.

Students earn top seats

This year approximately 60 Central band and orchestra members made the All-City Band and Orchestra. For the sixth consecutive year, Central had more students qualify than any other OPS school.

"I feel that this year we've got the highest spots ever," Mr. Warren Ferrel, Central instrumental music instructor, said. "Not necessarily just first chairs, but second and third chairs, as opposed to fifth and sixth chairs."

The following students are sitting first chair in their section:

Band — Liz O'Keefe, Anita Barnes, Fred Peterkin, Carmell O'Dell, Mike Barna, and Jon Lexau. Orchestra — Jennie Hazen, Liz Hazen, Heather Hammans, James Quigley, Tina Strohs, Stacey Elsasser, and Natalie Brown.

"I'm really proud of the kids; they've worked very hard," Mr. Ferrel said. "I feel that we have one of the top if not the top, instrumental music programs in the metro area."

Mayor proclaims day

January 10 Jacques Fasan, senior, and three other members of the Omaha Area Youth Symphony went to Mayor Mike Boyle's office for an official proclamation of Youth Orchestra Day. Jacques is assistant concert master of the Omaha Area Youth Symphony, which consists of high school students from Omaha and surrounding areas.

Jacques and the other orchestra members presented the mayor with a t-shirt on which was inscribed "Honorary Youth Orchestra Member."

Exhibition gives awards

The 1985 Nebraska Scholastic Art Awards exhibition will be held February 16 to March 5 at the College of Saint Mary (CSM). Talented art students in high schools across the state will have an opportunity to win honors for themselves and their schools.

Held in the Hillmer Art Gallery on the CSM campus, national juries of distinguished artists and educators will select winners of national awards, scholarships to art schools and colleges, and honorable mention certificates. There will also be Hallmark Honor Prizes of \$100 each for the best painting or drawing from each region.

In addition, there will be a black-and-white and color photography division. Scholarship grants, cash awards, and honorable mentions will be presented in this category. A Kodak Medallion of Excellence will be presented for the best photography entry from each sponsored region.

Entries are to be submitted during this week and again on Monday.

Doors to stay locked

For security purposes, Dr. G.E. Moller, Central principal, decided to have all school doors locked except the west ones. The doors are locked at approximately 8:45 a.m. and are kept locked until the next morning, according to Dr. Moller.

Dr. Moller said, "We just have too many unauthorized people coming into the building, such as dropouts or people off the streets who wish to use the restrooms or come in out of the cold. Some teachers have reported seeing people looking into their classroom and bothering students."

Dr. Moller said that the doors that are locked do have "panic bars" so that people may go outside, but no one may come in through those doors.

Courtyard gains sound

Central High School had a new sound system installed in the courtyard which cost \$20,872, according to Dr. G.E. Moller, Central principal.

The new system, which was paid for by the Omaha Board of Education School Operating Board, was installed by Electro Sound, Inc.

Dr. Moller said, "It will be used for concerts, rallies, prom and other activities. The recent banquet (the football banquet) was the first time it was used. We had transistor boxes before, but the sound is just too large and the acoustics are bad. We needed this system. It seems to work just fine."

Parents attend dinner

Over two hundred band members and parents attended a potluck dinner Saturday, January 12, at Norris Junior High being held for Central-Benson basketball game. Following the dinner, the band parents made plans for fundraising to enable the band to participate in a national competition.

The parents discussed fund-raising such as a chili supper on February 16, the second performance of this year's Road Show, a fruit sale, and a raffle with prizes of a cordless telephone, a VCR, and/or a VCR.

Mr. Warren Ferrel, Central instrumental music instructor, stated that he was pleased with the response of the parents. He said that they are "very enthusiastic about the endeavor."



photo by Lisa...

Miss Rita Ryan, Central Latin teacher, was recently interviewed by *Time* magazine. Her quote appears in the December 24, 1984 issue.

'Time' quotes teacher

Ms. Rita Ryan, Central Latin teacher, was recently quoted in *Time* magazine's feature story on the "rebirth" of the language.

Ms. Ryan said that the Latin language was never dead, but it was simply unappreciated with students at one time. She said, "The middle of the 70's was when it began looking up."

Now, all over the nation, Latin is increasing in popularity. According to the December 24, article in *Time*, "High school enrollment in Latin are up by 20,000 nationwide."

Ms. Ryan was interviewed by *Time* magazine. She said that the editor probably got her name from Creighton University or from the American Classical League in Ohio.

According to Ms. Ryan, "Latin is a language to take because it helps with English grammar. Sixty percent of all English words used today come from Latin. Learning Latin vocabulary, you can improve your English vocabulary."

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Have a Great Year

brunch at Red Lion Inn

National Honor Society inducts students

brunch honoring the new Central High National Honor Society (NHS) members will be held this Sunday at the Red Lion Inn. Dr. Johnson, a Nebraska State representative, will be speaking to the students during the brunch, which InterNorth sponsors. The brunch also provides the Centralites with NHS pins.

One of the main differences in this year's NHS program from that of last year is that seniors are also being inducted. This year there are 148 new members, compared to 79 from last year.

According to Mr. Stan Maliszewski, guidance director, this chapter will be active one. While Mr. Maliszewski has many activities in mind for the group, "I want the activities to come out of the group." The first organizational meeting will be held sometime during the year. "I would like to alternate a serious activity with a fun activity," stated Mr.

Maliszewski. Some possible activities include presentations by speakers from different careers and programs on the stress of college. He would also like to get the NHS members involved in volunteer tutoring.

The following students have met the 1984 National Honor Society Selection Criteria:

SENIORS:
 Brian Adamson, Harold Adcock, Tammy Adkins, Francisco Albanese, Jill Anderson, Lisa Appel, Evangelos Argyrakis, Dorothy Baldwin, Lisa Bashus, Sabrina Blazevich, Natalie Brown, Tiffany Brown.

Joe Burnes, Debra Carter, Lisa Curry, Stewart Diemont, Michelle Ebadi, Stacey Elsasser, Jacques Fasan, Anneliese Festersen, Michele Frost, Timothy Gaherty, Heather Hammans, Tami Hammerstrom.

Mary Hargens, Jennifer Heck, David Henriksen, Dawn Hogan, Jay Hinsley, Gene Huey, Janice Jacobs, Stacey Kinnamon, Kristin Klein, Arthur Kosowsky, Donald Krueger, Jane Kurtz.

Krista Lanphier, Kristina Lawson, Orest Lechnowsky, Jon Lexau, Leanne Lovings, Heide McGee, Thomas Mahlberg, Mitzi Markese, Amy Meek, Daniel Mirvish, Cynthia Munsell, Deborah Niemeyer, Rodney Oathout.

Gwen Oberman, Elizabeth O'Keefe, Robert Pelshaw, Marcia Peters, Francine Pope, Holly Pospisil, James Quigley, Janice Rhine, Brooke Rose, Jennifer Roth, Daniel Schinzel, Laconda Scott, Kristin Smith.

Tyrus Soares, Amy Story, Valaree Torchia, Jeanine Trim, Jeffrey Wageman, Richard Walters, Dana Wayne, Lauren Whisenand, Peter Widhalm, Evan Will, Helene Workman, Andrea Zdan.

JUNIORS:
 Brent Adamson, John Argyrakis, Michael Baker, Michele Bang, Brenda Barber, Anita Barnes, Donald Benning, Jessica Bresette, Shanda Brewer, Arnell Brock, Jeffrey Burk, William Carmichael.

Heather Carpenter, John Carpenter, Thatcher Davis, Bryan Douglas, Laura Ever-

ding, Travis Feezel, Debra Fleissner, Kerry Flynn, Heidi Graverholt, Tina Gray, Karen Grush, Princess Hampton, Monica Hart.

Peter Holmes, Sarah Holmes, Cheryl Hoppes, Shanel Houston, Debra Howland, Julie Howland, Gerry Huey, Sandra Johnson, Jennifer Katleman, Vina Kay, Sean Kershaw, Timothy Kilgore, Wendie Kirkpatrick.

Tonja Koob, Susan Kraft, Jo Krell, Kelli Kubik, Elizabeth Lanphier, Bart Lovgren, Michele Martin, Lisa Martincik, Sean McCann, William Moreland, Laura Murray, Tracey Newby, Wendy Novicoff.

Caroline Nubel, Timothy Ostermiller, Todd Peppers, Andrea Petersen, Matthew Pospisil, Gordon Pioreschi, Matthew Reynolds, Rebecca Reynolds, Tonya Robards, Julia Stommes, Michael Salerno, Theresa Scholar, Julie Selk.

Margaret Shugrue, Christopher Swanson, Lisa Tubach, Mary Turco, Randall Underwood, Sonna Voss, David Weill, Denise Wenke, Michele Wolford, Debra Ziskovsky.

Some students call their teachers mom and dad

By Mike Rose

While some students ride to school, others make it a family affair. Three teachers currently have at least one child enrolled here. The teachers and their children are Ms. Pegi Stommes, drama teacher, and Jill, junior; Mr. T.M. Gaherty, math teacher, and Tim, senior; Mr. Paul Widhalm, geometry teacher, and Paul, senior, and Paul, sophomore; and Linda Hazuka, guidance center professional, and son Jim, senior.

Most of the teachers seem to agree that it is an advantage than a disadvantage to have their kids at school with them. "My mom will always know what my job is," said Tim Gaherty, "and he'll have a better understanding of what I do."

Both Jill and I are very busy," said Ms. Stommes, "so it's nice to be able to spend time together." "It has helped me understand my sons," said Mr. Widhalm, "since I know, firsthand, what kind of problems they encounter."

Mom like 'home base'
 Some students also agree in this area. "I've cited any great disadvantages. I want to have my dad here," said Tim. "I'm sure he's aware of what's going on in school." "It's nice having someone to go to,

especially sophomore year," said Jill. "My mom was kind of like a home base."

According to Pete, "It's been all right; I can't complain." Paul also feels that it is more of an advantage.

Overall, the students agree that the main advantages come with a ride to school, easy access to a parent's signature for notes, and money.

Mr. Gaherty and Ms. Stommes both had the "privilege" of having their children as students. According to both of them, it was strange having their children in class, but, after a while, they got used to it, and they were just like any other student.

"I was a little tougher on him with grades," said Mr. Gaherty, "but I didn't want to favor him." "Sometimes I think I went a little far in the opposite direction while trying not to favor Jill," said Ms. Stommes.

Happy medium necessary
 Ms. Stommes felt that it was harder to deal with Jill's friends in class than it was to deal with Jill. "It was difficult having all of her friends," she stated. "Some would try to take advantage of the fact that they knew me out of school. I just had to find a happy medium."

Other teachers also react to having one of their peer's children in class. "I feel like I have to do better," said Tim, "because teachers will say things to my dad."

Teacher has jewelry hobby



photo by Brian Lundin
 Mr. Williams displays his jewelry. Jewelry-making has been a hobby of his for thirteen or fourteen years.

Mr. John Williams, Central chemistry teacher, has a unique hobby, jewelry making.

He has been making jewelry for thirteen or fourteen years. He began his jewelry career after meeting a Central art teacher who was also interested in jewelry. "I have been interested since I can remember," he said.

With some other teachers, Mr. Williams began attending workshops at a rock shop in Bellevue and has been going ever since. "I normally go once a week," he said. "They last three to four hours."

There are only three or four other people that have been attending the workshops as long as Mr. Williams has. All materials which one requires to make the jewelry are sold at the workshop which makes it much easier for the artist, according to Mr. Williams.

Most of the work done in making jewelry has to be done at the workshop. "I do some of the wax work at home," he said, "but because of the equipment needed, I have to do the rest during the workshop time."

Mr. Williams has had some of his jewelry displayed and sold in a few stores throughout Omaha. The Silversmith in the Old Market, Town Tree, and Gloria's Galeria, are just a few. He also has jewelry in the Four Seasons Gallery in Jackson, Wyoming.

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Former Register feature editor Janet Gendler relaxes in her back yard. She autographed her latest book, "The Qualities," at the Dundee Book Store.

Former Register staffer autographs latest book

by Kim Schwartze

Ms. Janet Ruth Gendler, a 1973 Central graduate, autographed her book, *The Qualities*, at the Dundee Book Company on December 22.

Once a feature editor on the *Register* and a member of the anthropology club at Central, Ms. Gendler began writing as a child. "I think since I was a little kid I've wanted to be a writer," she said.

However, upon graduating from Stanford with B.A.'s in English and Communications, Ms. Gendler did free-lance writing only in her spare time while working for publishing companies in the San Francisco Bay area. She said she wasn't sure she wanted to commit herself to the time and discipline that serious writing requires. Also, according to Ms. Gendler, it is difficult to support oneself on a free-lancer's inconsistent income.

"In order to make enough money (free-lancing), you have to really turn things out," she said.

An auto accident caused her to make a decision. "I was in a very bad car accident that made me think about what I should be doing here (in life)."

Ms. Gendler's idea for *The Qualities*, paragraph descriptions of human feelings as humans, came from her childhood, when she would imagine what emotions such as anger and happiness would be like of they were human.

Ms. Gendler wrote and illustrated the work, and a friend suggested that she

organize the material into a book. Ms. Gendler worked in the publishing industry and she knew that in order to have her work published, she must give a commercial publisher control over the book's cover design and editing. She decided on a different approach.

"I formed a little publishing company and published the book myself," said Ms. Gendler.

Ms. Gendler is currently working on new projects but is unsure of her next move with Turquoise Mountain Publications, her company.

Ms. Gendler is also a painter and has taught art and mask-making to children and to the elderly, often using writing to begin the creative process. She feels it's important to learn "how to work with what's inside you," and not to censor a thought or concept before it's produced.

Ms. Gendler feels that high school journalism taught her some important ideas. She said that in journalism, if one did research well and asked good questions in interviews, the stories would almost write themselves. "It (journalism) gave me a sense of discipline in writing," said Ms. Gendler.

Ms. Gendler encourages young writers to continue writing constantly for improvement and to read about the lives of other authors.

"When I read about a writer I can relate to, I almost feel like I've found a friend," said Ms. Gendler.

Independence for the disabled

by Vina Kay

High school years are a time to grow up and to experience some of the privileges and setbacks of the adult world. As a teen-ager matures, he becomes gradually more independent — socially, academically, and financially.

For some teens, the quest for independence is a bit more challenging. Central sophomore William Salerno is in a wheelchair, paralyzed since birth with spina bifida. Bill, despite his handicap, feels he has gained academic and social independence, but financial freedom may take "a little more work."

Bill's first year at Central has proven to be "very successful." He puts in a full day at school, and he has a variety of hobbies including collecting stamps and hat pins.

Bill is also an athlete, having competed in the Special Olympics for ten years. Last year he placed first in racing and second in softball throwing. But with all these activities, when does Bill think about a job?

"I used to work at Lozier's, and second semester I start working in the office at Central," said Bill. He is interested in business and feels the experience he gets now will help in the future.

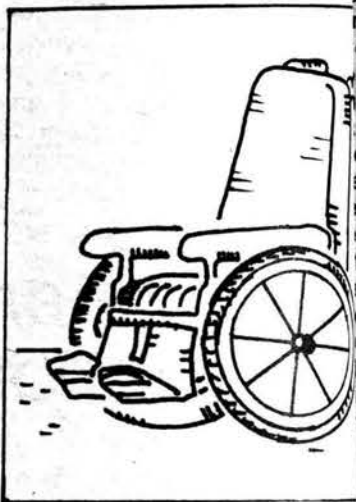
Mrs. Penny Boykins, a job counselor who visits Central once a week, says office work is usually the best kind of employment for the disabled. "A disabled person must look for a line of work where his handicap will not be a handicap," she said. Actually, the handicap often lies in the business, not the employee.

"Businesses, especially the small ones, are not equipped for the disabled," said Mrs. Boykins. "but we can't make demands on the small business." It is usually too costly to provide sidewalk ramps and other equipment, she explained.

"Right now, large companies with a need for computer programmers are a great source of employment for the handicapped, but this, of course, is limited to older, more experienced people," said Mrs. Boykins.

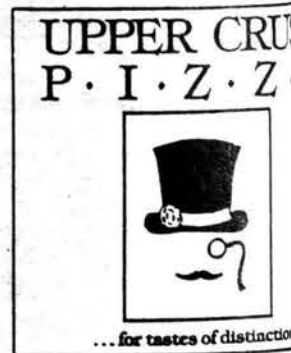
For younger people, finding a job can be a little more difficult. "I have noticed disabled kids are a little more willing than their peers," Mrs. Boykins said. "willingness is a quality for which employers often look."

Mrs. Boykins believes some employers are always attached to the handicapped, regardless of his experience or education. "Judges exist which make employers look sharply at a disabled person's weaknesses and exaggerate them. A handicapped person may have to be better than the average in an employer's eyes."



Central sophomore Sharon Johnson wears a leg brace and walks with a cane. She has some goals for the future that are difficult for anyone to accomplish. "I would really like to compose music, produce records for the band I sing in, and is also interested in modeling and acting at the International School for the Deaf." "It is just this type of determination that helps these students overcome their disabilities," said Mrs. Boykins. "and they will succeed."

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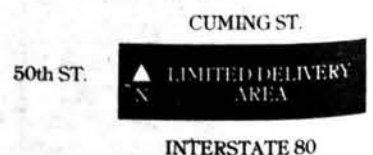
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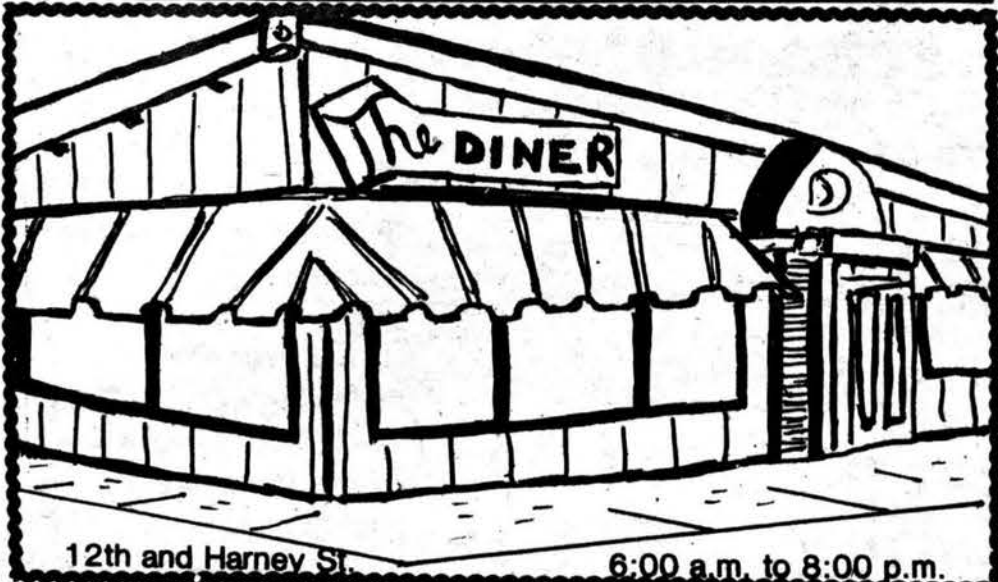
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College recruiters battle for high school athletes



ERTIME

Schinzel

That is the opinion of Central athletic director, Richard Jones, Central boys' basketball coach, Jim Martin, and several athletes.

According to several nationally prominent athletic figures, the growing problem of recruiting violations is directly related to the enormous growth of the popularity and financial importance of major college athletics.

Pressure to win

John Underwood, nationally known sports writer who specializes in college athletics, said in a March 1982 Sports Illustrated that the growing pressure on coaches to win and build a money-making program, leads to recruiting violations.

"The athletes are the arms and legs and beating hearts of the big business of major college sports," said Underwood.

According to the National College Athletic Association (NCAA) statistics, several prominent universities have recently been on probation for recruiting violations, including the University of Southern California, Wichita State, and the University of Nevada, Las Vegas.

Several college authorities have addressed the issue of illegal athletic recruiting in publications such as Sports Illustrated.

According to Notre Dame basketball coach, Digger Phelps, the recruiting problem is common. Phelps claims that several

universities have made financial offers of up to \$10,000 to prospective athletes.

The Reverend John J. LoShiavo, president of the University of San Francisco, which dropped its basketball program in 1982 in the midst of a recruiting scandal, also believes that unethical recruiting practices are abundant.

"We are seeing an environment of people who believe that you can only compete by cheating," said LoShiavo.

According to Mr. Jones, the recruiting problems are not evident at Central.

"I have not seen any violations," said Jones. "I have a feeling that there is a problem such as overzealous alumni associations."

Martin agrees with Jones. "I don't know anyone who's experienced problems," said Martin.

Grade requirement

According to Martin, he has never coached a heavily-recruited athlete.

"John C. Johnson and Dennis Forrest were not heavily recruited," Martin said. Johnson went on to play for Creighton University while Forrest attended the University of Nebraska at Omaha.

The NCAA requires a minimum 2.0 grade-point average for any high school athlete that receives a college athletic scholarship.

The 2.0 grade requirement is good, according to Jones. Several college coaches, however, claim that the minimum grade requirement is not enforced.

"I have seen transcripts of high school athletes that you would not believe," said former Notre Dame football coach Dan Devine. "Some of them are tragic."

According to Louisiana State University basketball coach Dale Brown, transcripts are often altered.

"Colleges will inherit a student from a high school with a 3.0 average who, in fact, is reading at a sixth grade level," said Brown.

Although accusations of recruiting violations have been aimed at several universities, Nebraska and Creighton are not involved in illegal practices, according to Jones and Martin.

Jones said that Nebraska runs "a clean program."

"Creighton and Nebraska are usually good," said Martin. "Creighton discusses rules."

Big decision

Because of the intensity of recruiting, the student athlete often becomes subject to immense pressure, according to Martin.

"It is a big decision," said Martin. "Everybody is nice to him. He is not used to making those decisions. It makes it tough."

Bad breaks' hurt wrestlers

The wrestling team, coming off a disappointing finish at the metro tournament in Bluffs, is hoping to turn the season around, according to head coach Gary Schinzel.

The team again have had problems with injuries. Three of our top wrestlers have had at least one meet because of some injury.

Schinzel explained that all of his wrestlers have wrestled well this season but, because of bad breaks in matches, have not done as well. At the metro tournament, Andy Sanborn and Frank Albanese both had big leads in their matches and ended up losing. The

wrestlers who beat them then went on and won medals."

Coach Kubik said he can't explain why the team has not been as successful as he had first anticipated. "We prepare ourselves well for each meet, and our team is in top condition. It's just the little mental mistakes that have been hurting us."

Although the team's success has not been as great as was hoped, the wrestlers showed promise with a high finish at the Prep Invitational. "Coaches around the Metro know we have talent. Now all we have to do is put it together."

Calendar

Boys' Basketball

- Jan. 25 Varsity/J.V. vs. T.J. (H) at 6:15
- 26 Varsity/J.V. vs. Bryan (A) at 6:15. Reserve vs. Burke (H)
- Feb. 2 Varsity/J.V. vs. Roncalli (A) at 6:15. Reserve Vs. Gross (H)
- 8 Varsity/J.V. vs. Prep (A) at 6:15. Reserve vs. Prep (A)
- 9 Varsity/J.V. vs. Millard South (H) at 6:15

Girls' Basketball

- Jan. 29 Varsity/J.V. vs. Northwest (H) at 6:15
- 31 Varsity/J.V. vs. Roncalli (A) at 6:15
- Feb. 5 Varsity/J.V. vs. S. Sioux City

- (A) at 6:15
- 7 Varsity/J.V. vs. Marian (A) at 6:15
- 12 Varsity/J.V. vs. Bellevue East (A) at 6:15
- 14 Varsity/J.V. vs. Ralston (A) at 6:15

Girls' and Boys' Swimming

- Jan. 29 Burke (A)
- Feb. 7-9 Metro Meet

Wrestling

- Jan. 25 Bryan (H)
- Feb. 4-8 Districts
- 14-16 State

P.E.P. would like to wish a Happy New Year to all and to thank the following individuals, families, faculty, and students who have helped support P.E.P. by becoming members.

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|------------|-------------------|--------------------|-------------------|------------------|--------------------|-------------------|--------------------|
| Adamson | Ken Carlson | M. Flowers | *Lisa Hug | *Judy Mahaffey | J. Nigh | *Laraine Roberts | Craig Story |
| Addison | Rich Carmichael | Richard Flynn | T. Irvin | *Berry Majeski | Jim Nilius | Don Rock | J. Supeh |
| Ahlvers | George Collins | Patricia Fogarty | Marcia Jensen | *S. Maliszewski | Don Novicoff | JoAnn Roehl | V. Suttle |
| Aktivmur | Michael Combs | Patricia Foster | *Faye Johnson | B. Markese | Bob Oberman | Marv. Rohn | John Swanson |
| Allyn | John Carpenter | Wm. Foster | Frank Johnson | A.C. Marshall | Katherine O'Hara | Lou Rose | Frank Szynskie |
| Anderson | Mario Ciummo | Josephine Fox | Jim Johnson | *Diane Martin | Don Olson | B. Ruegnitz | Bettie Threats |
| Anderson | Barbara Clark | Donald Freeman | *Lynette Johnson | *Jim Martin | *Carolyn Orr | John Russo | *Gordon Thompson |
| Anderson | A. Clark | Dave French | S.M. Johnson | L. Martincik | Helen Orr | *Rita Ryan | B. Thorson |
| Andrews | G. Comfort | John Frenking | *Richard Jones | Leon Mason | James Osborne | Kathy Saar | Robert Tomlinson |
| Arrington | *Eileen Conway | S. Frost. | *Mark Kaipust | Doug Mattson | George Ostermiller | Pat Salerno | Edward Treller |
| Ashley | *Mary Cottingham | John Gaffney | G. Karbowski | E.F. Maycock | J. Page | *Terrie Sauders | Kathy Trotter |
| Avery | David Coughlins | *Mike Gaherty | Joel Kadleman | Wm. McArthur | Pete Pallesen | Jack Savage | Allan Tubach |
| Axelson | John Cox | N. Galiano | V. Kay | Garold McCann | J. Palzer | Mike Scasny | Gary Tuma |
| Backens | Naomi Crawford | Joe Gaughn | *John Keenan | Pat McCann | Tom Pansing | L. Scharff | *Wanda Utecht |
| Backens | T. Crayton | *Harry Gaylor | Charles Kenny | Dick McCormick | Gloris Patmon | *Kim Schellpeper | *Josephine Valasek |
| Baker | Gary Crinklaw | Galen Gearhart | Vince Kershaw | Bruce McCoy | Steven Pendleton. | Richard Schiltz | *Carol Valdrighi |
| Barb Baker | Harry Crook | Harold Gillaspie | Dale Kilburn | Ralph McGee | *Paul Pennington | Don Schinzel | S. Vatnsdal |
| Barbee | Velma Curry | *Jerry Gillogly | Gaynelle Kilgore | *E.H. McDaniel | William Penry | Herman Schmidt | M. Vazzano |
| Barber | *Norman Custard | Cynthia Grandberry | Daniel Kinnamon | James McDaniels | Larry Peppers | Eric Scholar | *Juanita Vico |
| Barber | *Daniel Daly | N.M. Graverholt | K. Klipsch | Wm. McDaniels. | *Joe Perina | Sam Schroeder | Robt. Voss |
| Barnes | Donald Daley | *George Grillo | Harold Kosowsky | *Bob McMeen | Tom Perrigo | *G. Schuette | Frank Wageman |
| Bashus | Jones Davis | John Hamler | Harold Kosowsky | *J. McMenamin | Robt. Peterson | *Dianne Sedlacek | *P. Wallington |
| Bayer | Barney Deden | Fritz Hammans | Don Krehbiel | Clint Meehan | Phyllis Phillips | Bob Seitzer | Linda Wanzenied |
| Behrens | Ken Deffenbacher | *Glaucia Hansen | Dolores Kovarik | Rita Meek | R. Pickering | *Paul Semrod | *Ed Waples |
| Bender | John DeLaCastro | M. Hargreaves | *Betty Krager | *P.J. Merrigan | C.W. Poore | Gene Selk | *John Waterman |
| Berman | V. Demarest | M. Hart | *Eleanor Krajicek | Jon Messer | Gary Pospisil | Herman Selman | *Brian Watson |
| Bernstein | Tom Dognoti | Barbara Harris | David Krecek | Howard Meyer | George Pospisil | Alan Severin | Phil Wayne |
| Bicak | Sam DiMauro | *Jerry Harris | Patrick Krell | *Wm. Middleton | Lisa Pospisil | Glen Sheeler | Robt. Weberg |
| Biggs | Steven Dloogoff | *Larry Hausman | P. Kriegler | Bill Mellea | L. Prescott | George Shestak | Jerry Wehrspann |
| Blanke | *Jerry Doctor | D. Haven | Jerry Kullbom | Linda Miller | Mary Pioreschi | Eugene Simmons | Rex Weight |
| Bode | Mike Donham | Richard Hays | Paul Kunze | Robert L. Miller | *Ellen Pricthard | Dick Shugrue | R. Weill |
| Bourne | Richard Donovan | Wm. Hazell | John Kurtz | S. Mirvish | *Pat Pruss | Bob Sitzman | Rick Wemhoff |
| Bozak | *Joanne Dusatko | Anthony Hazuka | *A. LaGreca | Melvin Mobley | Edmund Pusch | Richard Sieling | Russ Wenke |
| Bresette | Elvin Einsel | Donna Heger | Robert Larson | *G.E. Moller | James Quigley | Ulf Skoog | Patricia Will |
| Brigham | Kenyon Elsasser. | L. Hergenroder | Jack Lee | John Moran | Patricia Raabe | Earlyn Smith | Burrell Williams |
| Brown | E. Everding | Bonnie Hiatt | Lois Lerner | *Kevin Moran | *James Rawlings | *Michele M. Smith | Geraldine Williams |
| Brown | Ray Farquhar | Scott Hinckley | James Lexau | Les Mood | Neil Rheiner | Michael Smith | Robt. Williams |
| Browne | *Warren Ferrel | Fred Hinsley | *Clyde Lincoln | *Joyce Morris | Eugene Rhodman | Rick Spellman | James Windorski |
| Brundieck | Patrick Ferrin | Arthur Hoden | N.B. Littrell | Larry Morrison | Donald Riley | Norman Spencer | Daniel Wolf |
| Bunz | Paul Festersen | William Holmes | J.F. Long | *Kathy Murphy | Reno Rizzuto | Roy Springer | Harold Zabin |
| Byers | Mary Ann Finnigan | Judith Hoppes | Tom Lovgren | Wallace Murray | Joe Rizzo | Tony Sortino | *Geraldine Zerse |
| Cain | *Lloyd Fitch | Bill Houston | I. Lunga | *Dean Neff | Gordon Robards | Larry Station | |
| Cannon | Donald Flaxbeard | | J. MacCashland | Gene Nelson | T. Robbins | Gilbert Stodola | |
| | Robert Flick | | L. MacNaughton | T. Netties | Jim Roberts | Sidney Stohs | |
| | Calvin Flott | | Earnest Madison | | | Tom Stonehouse | |

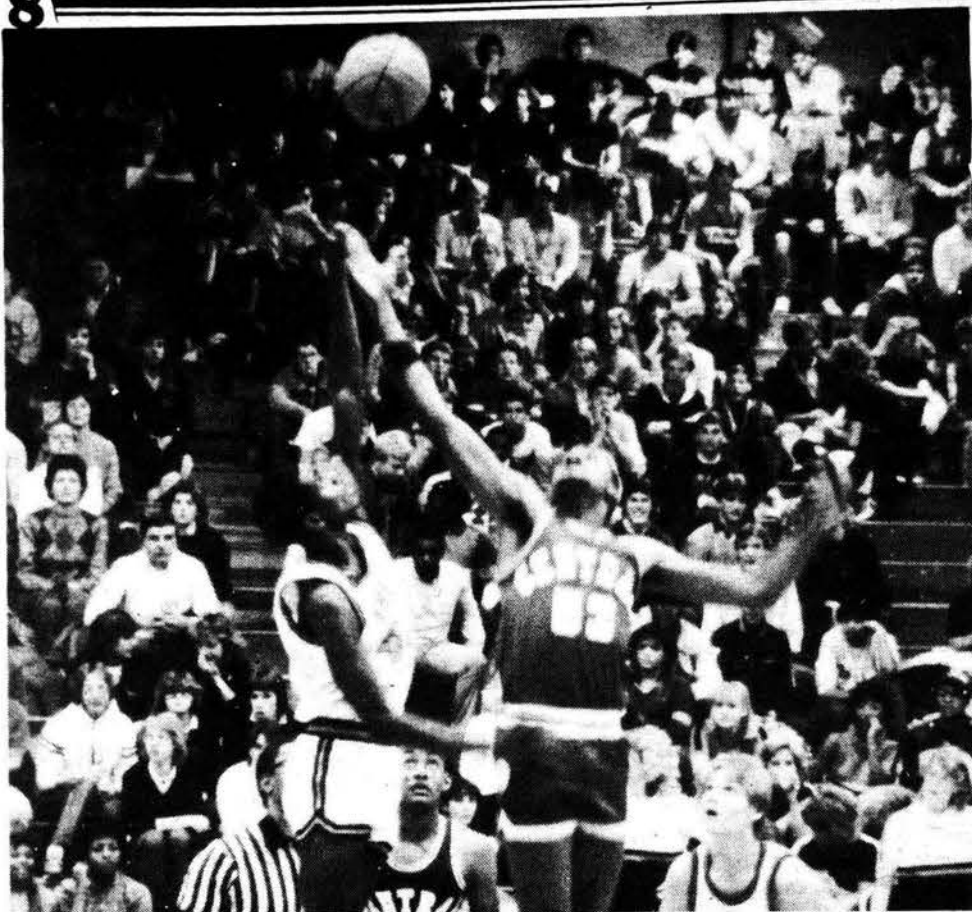


photo by Scott Hoburg

Senior David Moody reaches high for the ball during the Central-Burke game. After a slow start, the Eagles have rebounded back into the top ten.

Tournament wins Eagles improve record

Central's boys' basketball squad gave its dreary win-loss record a much needed shot in the arm during the Metro Holiday Tournament. The Eagles finished fifth out of nineteen teams.

The varsity Eagles opened the tournament with a first round bye. In the second round, senior center Dave Moody led the Eagles to a victory over Council Bluffs' Thomas Jefferson.

Coach Jim Martin said, "We didn't play so well, but we won, and that was good for morale." Central went into its second contest with Omaha North undefeated.

The Eagles were led by 6-foot sophomore Leodis Flowers who responded to first game pressure with 20 points. Central stayed within three points of the sixth-rated Vikings most of the game.

With three minutes left to play, Central took a three-point lead. Central then went into its stall game. The Eagles had erased two minutes from the clock when an errant shot by senior forward Larry Williams hit the lip

of the rim, and the ball bounced into the hands of North's Ken Cribbs. Forced into a three-minute overtime, the varsity Eagles battled to a one-point loss, 70-69.

"We played really well in the North game," said Coach Martin. "I think we started to compete."

In the consolation bracket Central took over. The Eagles manhandled Papillion, beating the Monarchs 54-43. Senior forward Bertrand Turnbo paced Central's offensive attack by scoring 17 points.

In the fifth place game, Central faced 6-1 Westside. The Eagles displayed a balanced and enthusiastic offensive while playing an unusually stingy defense.

Central trounced Westside by 16 points to wrap up fifth place and what appeared to be a positive turn in the season. Coach Martin felt that the wins were great confidence builders.

"We thought we could do it," he said. Martin cited Leodis Flowers' play in the tournament as the igniting factor for the wins.

Players receive awards

Football banquet formally honors State champions

by Gia Ciummo

Though the state football championship trophy has been resting in Central's trophy case for over two months, Central formally honored its champions at an awards banquet held Wednesday, January 9, in the courtyard.

Though the banquet didn't start till 6:30, many players, along with their families and close friends, chose to come early to watch the "classic" film of the Creighton Prep/Central game.

After the group of approximately 200 finished eating their catered meals, Dr. G.E. Moller, Central principal, started the program. Joe Mancuso, a 1979 graduate who was one of the first big name tight ends from Central and who is currently on scholarship to UNO, was on hand to give the opening prayer.

Many other distinguished guests attended the banquet such as the newly-attended Board of Education President, Ms. Brenda Warren and the Omaha Public Schools Associate Superintendent, Dr. Don Benning.

Many of the team members were pleased to see some of Central's past football greats take to the podium. Those in attendance, along with Joe Mancuso, were Parnell Bryant, 1980 graduate who has recently been named to the North Central all-conference team for his excellent career at UNO; Parnell Gatson, 1981 graduate on scholarship at UNL; Dave VanMetre, 1981 graduate on scholarship at Cornell University; Larry Station, 1981 graduate, former High School all-American and consensus all-American at Iowa University; and Frank Rizzuto, Central's captain last year, who plays at UNL.

Olympic coach speaks

The banquet's distinguished guest speaker was Coach Joe Newton. Coach Newton is in his 29th year of high school cross country and track coaching in Chicago where he has led his school to twelve state championships. Coach Newton was also on the 1984 Olympic Track and Field Committee and is a former Olympic running coach.

Newton presented his thoughts on suc-

cess and failure. Senior Tony A. "He was good. He's the kind of need — energetic." As Newton said in his speech, he said, "Once you're on top, the view down is beautiful — where you guys are now."

The Omaha World Herald reporter Larry Porter was also on hand to present the team with an official "Rate One" certificate and also to present Central's All-States with their certificates.

The master of ceremonies was William Reed, who in some people's eyes "stole the show." Coach Reed presented championship medals to his players. The medals were put around each neck, film highlights of the football game were shown. Coach Reed said, "I wish that we stuck together, and we'd win each other."

Individual awards

After the medal presentation, highlights of this awards ceremony were shown. The Most Valuable Player, Rodney Oathout, and Solid Gold Athlete of the Year, Leodis Bass.

"I think the recipients of these awards were very deserving," said Coach Newton. "Rodney Oathout (MVP) through after our loss to Gross Pointe our season around. Without Rodney's quarterbacking, we wouldn't have won."

Other awards and their recipients were: Most courageous Eagles, Mark and Jim Lee; outstanding offensive back, Bernard Jackson; outstanding defensive back, Bruce Cullum.

Outstanding offensive line: Thirus; outstanding defensive line: Ridley; outstanding receiver, Tony Wemhoff; outstanding two-way player, Shaun Wemhoff.

Powerlifters seek fourth straight state title

by John Carlson

The powerlifting team began practice again this season with hopes of extending their consecutive string of state championships to four years.

"We are optimistic about defending our title," said Central powerlifting coach Joe McMenemy. "Several state champions returned from last year's team."

According to Coach McMenemy, the team started to participate competitively in the Metro five years ago. "Everyone on that team had a goal and a purpose for lifting." After finishing second two years in a row, the team began its run of first place finishes.

The team lifts three times a week and has workouts consisting of squatting, bench pressing, and dead lifting. Senior Mark Buckner, a two-time defending state champion, said these practices take a great deal of concentration and work. "For every lift a person makes, he must be able to psyche himself up. This takes a great deal of effort."

The team's top lifter, according to Coach McMenemy, is Richard Bass. "We use a system called the Schwartz formula to find our top lifter. It relates how much you weigh to how much you lift."

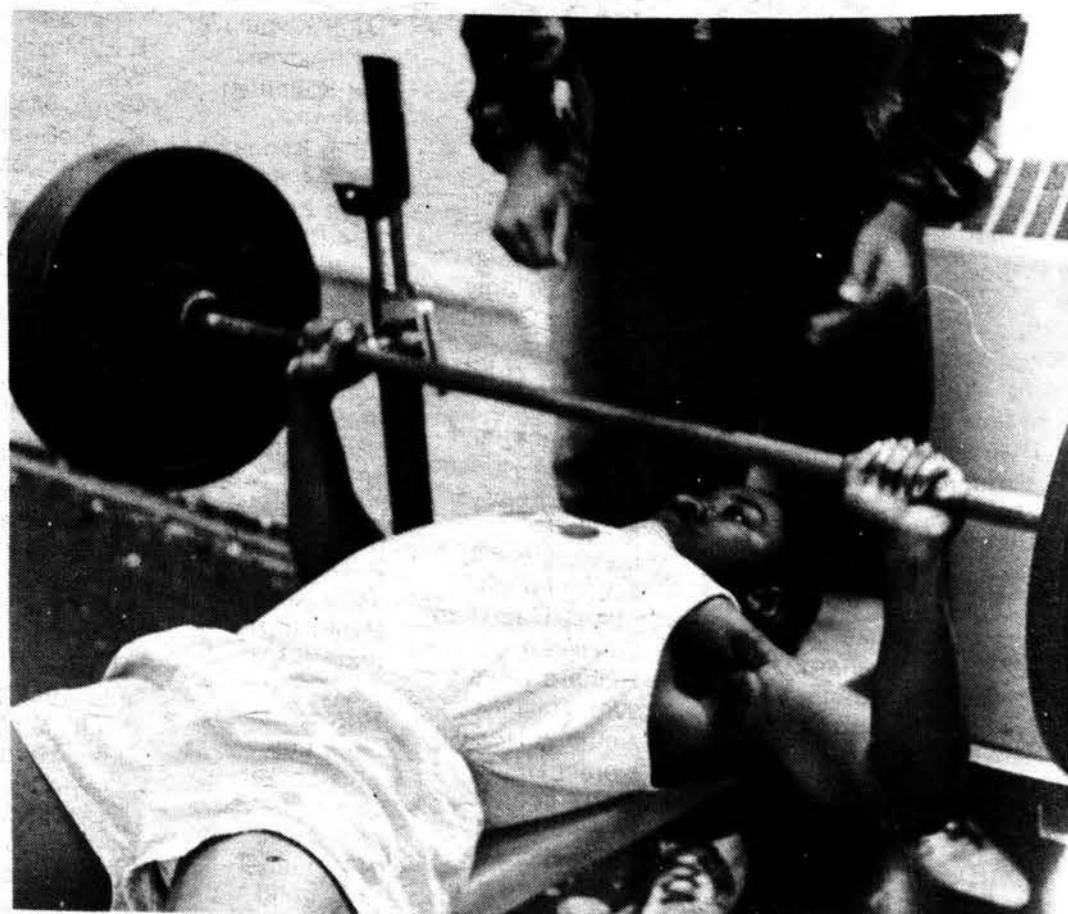
Rich, who recently was offered a football scholarship to Nebraska, said he lifts to improve his speed and strength for other sports. "Powerlifting helps me no matter what," Rich said. A trophy or state championship is just an added bonus for the extra work I put in."

Rich said his strong point in competition is his bench press. Here, the lifter uses the strength in his arms to bring the weight to his chest and then back up. "I bench 360 pounds which usually can give me a good lead in competition."

Coach McMenemy has mixed feelings about the importance of powerlifting. "I want to see lifting help athletes in other sports. I don't want people to miss a winter sport such as basketball just to lift."

At meets, lifters choose a starting weight. They have two chances to lift that starting weight. If unable to lift that amount, they are out of competition. "To be successful, it is very important for a lifter to pick the right starting weight," said Coach McMenemy.

Coach McMenemy expects tough competition this season from Northwest. "Northwest has traditionally been tough and should continue to be tough this season." But as Rich explained, "As long as we continue to work hard, we should have a good chance to repeat as champions again this season."



Senior Richard Bass works out at the bench press. The Eagle powerlifting team is preparing for its state title.