

Pilling retires as language head *Of Central Importance*

The foundation and pillars of Central's language department is gone. Ruth Pilling, foreign language department head, left Central at the conclusion of first semester. Although she wanted to leave quietly, much the way she had come, the foundation and pillars of the language department cannot depart unheeded.

Key figure

Miss Pilling has been the key figure in the language department for many years. In the time she has been at Central, Miss Pilling has taught French, Greek, Latin, English, and has been a girls' counselor. She also substituted for various other classes.

In recent years, she taught beginning and advanced Latin classes. Although only one student enrolled for Latin X A.P., Miss Pilling refused to discontinue the course. This is only one example of her dedication to her students.



Miss Pilling devoted to teaching.

Devoted teacher

The linguist often worked beyond her duties as a teacher to help the new teachers in her department and colleagues. "At least four days a week I would find something pertaining to German in my mailbox," said

German teacher Gretchen Schutte. "Miss Pilling was the only way I managed to survive the first year here."

Miss Pilling also initiated the word studies class to Central's curriculum. She believed that "if a student could improve his vocabulary, he would be a less frustrated individual and would not have to use his problems." The course is based on the textbook *Word Studies Book*, which is also used by the third year Latin class.

When Miss Pilling first attended Central as a student, there were five Latin teachers; now there is one. It is Miss Pilling's fervent hope that Latin will not die out in the school system. She believes strongly in the merits of the language and is saddened by the number of students who no longer pursue it.

A former colleague considers Miss Pilling a truly dedicated and excellent teacher who has helped advance Central to its high scholastic standing.

Debate team

Central High's debate team was busily competing in several tournaments during the month of December.

At the Lincoln-Northwest tournament on December 2, the overall record of the team was five wins and three losses. Davida Alperin, junior, and Nick Newman, junior, each won a speaker's medal which is given to the top seven speakers.

On December 8, at the GOLD Tournament in Millard, Jeff Pattee and Nick Newman won first place in the junior varsity division. Bob Tracy won fourth place in extemporaneous speaking at the Mercy Novice Invitational on December 12.

Approximately five states and 50 teams participated at the annual U.N.O. Invitational Debate and Speech tournament December 15 and 16. The teams of Davida Alperin, Bob Tracy,

Mary Obal, and Howie Buffett placed second in the varsity division.

Kiwanis award

Senior Glenn Carlson is January's winner of the monthly Kiwanis award. He received his certificate at a luncheon at the Blackstone Hotel January 22.

Glenn is a member of the varsity baseball team and Young Life. He is active in his church's youth program and performs with the Good Friend Singers, a religious music group.

Language head

Mrs. Gretchen Schutte, German teacher, has been chosen to be Central's new language department head. Her main job will be to coordinate the foreign language program at Central.

Mrs. Schutte has been a teacher at Central for twelve years. Presently, she teaches five classes to students having one to five years of German.



Steve Gorelick and Clark Ramsey, math team captains, hold winning trophies.

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Ukrainians hold festivities

January 22nd is an important day for at least two Central students. Alex Prodywus and Andrew Galenda are both of Ukrainian descent. They, along with thousands of Ukrainians over the world, gathered on that date to celebrate the 55th anniversary of Ukrainian Independence.

Ukraine history

Ukraine is a fertile region in southeastern Europe. Its history dates from the ninth century when Ukraine was known as Kievan Rus. Although Ukraine was in existence long before Russia, almost all of it is now a part of the U.S.S.R.

On January 22, 1918, the Ukrainian people gained their independence from the Bolsheviks. These slavik people, having the sole right to decide upon their own destiny, rightfully and freely did so 55 years ago.

The Ukrainian Congress Committee of America commemo-

rated this occasion last Sunday in a concert of song and dance. Both Alex and Andrew are members of the Ukrainian mixed and male choirs. Andrew is also a member of the Ukrainian dancing group "Verchovyna", which means "Ukrainian highlands".

Native costumes color their performance

Twenty-eight people, under the direction of Julian Klaczynskyj, sang and danced various Ukrainian folk and religious music.

Andrew Galenda had the solo in "Verchovyna", the theme song of the group. He sang his part with the slow and solemn richness of a people proud of their culture. The chorus responded with the lively intensity of an independence day celebration.

The dances were vigorous and colorful. The performers all wore hand-embroidered shirts

as part of their native costumes. The girls wore garlands of flowers atop their braided hair. Their movements were colored by red boots and bright ribbons and sashes.

The dances were those once performed in the meadows and churchyards of Ukraine. Sunday, they were performed on the stage of Paul VI High School.

The highlight of the program was the "Zaporozhetz" or "Sword Dance". Four boys, clad in sharvari (Cossack pants), embroidered shirts, red sashes, and pointed-toe shoes, performed the sword dance with the spirit and boldness of Cossacks.

Whereas the fourth of July is celebrated with fireworks, the Ukrainian Independence Day is marked by speeches, both in Ukrainian and English, and by the universal language, music.



Andrew Galenda, left, sings and dances in Ukrainian ceremony holding hand carved ax made by his father.

Central mathletes dominate math contest at South High

The Central High math team completely dominated the First Annual South High Math Contest on Saturday, December 16. Central sent an "A" team and a "B" team, and they won first and second place respectively in the team competition.

In the individual scoring, Central also placed very well. From the senior class, Clark Ramsey placed second, Dean Way third, George Lozier fourth, and Steve Gorelick sixth. On the junior level, Peggy Marshall placed third, Meyer Schwartz tied for fifth, Mark Gould tied for sixth, and David Still placed eighth. The four sophomores from Central, Tim Seaver, Jeff Klopping, Paul Hodgson, and Bill Hoff, swept the first four places respectively.

There were eleven high schools from the Omaha area which entered teams in the contest. Each team consists of six mathletes: two seniors, two juniors, and two sophomores. The contest itself consisted of each member of all teams taking a 30 minute written exam over the history of mathematics and math definitions. Then every contestant took a 60 minute written exam over problems covering areas of mathematics from his grade level.

Miss Virginia Lee Pratt, head of Central's math department, said that she was "extremely delighted with our overwhelming victory at South High." Clark Ramsey, captain of Central's math team, said, "I hope our excellent showing at South will help alleviate doubts of anyone who questioned the quality of this year's math team."

Senior class elects '73 officers

On December 22, election results for the 1972-73 Central High Senior Class Officers were announced. Those elected were President, John Niemeyer; Vice-President, Paul Yahnke; Secretary, Ann Bucheister; Treasurer, Barb Sterenberg; Girls Sergeant-at-Arms, Sue Lunbeck; and Boys Sergeant-at-Arms, Jeff Lebens.

John's duties as President include acting as Master of Ceremonies at Commencement, being chairman of various committees, and conducting meetings of the class officers. As Vice-President, Paul will assume the President's duties any time the President is unable to attend, and he will also be in charge of various committees.

Ann, as Secretary, will record the minutes at the executive meetings and senior committee meetings, and she will also be in charge of the class reunions. Barb's duties as Treasurer consist of collecting fees for caps and gowns and keeping a record of expenditures for Senior activities.

When asked about his plans for the coming year, John said that he had plans of abolishing a Senior Banquet since attendance is low at such an event. Last year's officers failed to get 200 people to buy tickets for the banquet. John said, "Instead I was thinking of having a Senior Picnic or something that would interest a large number of Seniors."

George Harris

Moller lauds friend Harris

One of my greatest pleasures as a principal is the opportunity to work with, guide, and help to develop into fine teachers young men and women coming right out of college. Mr. George Harris was a superb example of this pleasurable opportunity.

He was so vibrant, so buoyant, so optimistic, sincere, personable and colorful. He possessed all the necessary attributes for moving rapidly from being a fine beginning teacher to being a truly outstanding experienced teacher.

In addition he was a genuinely "good" and interesting person who conspicuously desired to be a friend of all with whom he came in contact. In particular, I think it was very obvious that he displayed great empathy for and an ability to communicate very effectively with students for whom school work is not particularly appealing or is quite difficult. In my opinion this is one of the highest compliments that can be paid any teacher.

It is always so very sad to lose a friend. I am very proud to feel that I was one of George's hundreds of friends.

G. Moller

'The Death of the Flowers'

In the cold earth we laid him, when the forest cast the leaf,

And we wept that one so lovely should have a life so brief:

Yet not unmet it was that one, like that young friend of ours,

So gentle and so beautiful, should perish with the flowers.

This poem by William Cullen Bryant expresses how we of the Register staff feel about the death of George Harris. We will remember him not only as an English teacher but also as a friend; as the blond-haired, hazel-eyed man who was often mistaken for a student; as the teacher who changed a small dreary office into a cheerful place where there was a cup of coffee and a welcome smile for anyone who came in; as the gymnastics coach who always smiled—even when we lost.

This was George Harris.

His main interest was in the students; his goal was to see that they learned and enjoyed learning. He had a dream. Long will we remember him.

Ken Fishbain
Paula Saunders

Thank you to all the students for caring. Mr. Harris cared for each of you. His life was enriched and blessed by knowing and guiding all of you. Please accept my thank you.

Mrs. George Harris

Counselor says 'Every day different'

"It's very difficult to define the role of a Community Counselor because we do so many things," said Paul Cooke, Central's Community Counselor. "Every day is different."

In the course of a day, the Community Counselor may have cause to meet with a group of parents about a multiple behavior problem of their children; contact a Douglas county Social Service Caseworker about inadequate care of a child; make a school report and attend a hearing in the Separate Juvenile Court about a child who has become involved with the Juvenile Court, whether through his behavior or the neglect of his parent; and contact a social service agency to initiate a family in counseling.

Maintain proper learning situation

Community Counselors work as liaisons between school, home, and community agencies. They are not primarily concerned with the curriculum contents and the learning process itself, but more with the problems of maintaining a proper learning situation for the student.

These "problems" can be included in three categories: attendance, behavior, and welfare. It is seldom, however, that any problem of a child evolves completely in one category.

"As a Community Counselor, I do not become involved in a

problem until I receive a referral from a teacher or principal of a school," said Cooke. The first step to solving a problem is an investigation. For example, after Cooke is notified about a student with excessive absences, he contacts the parents to verify the school's report and persuades the parent to send the student to school.

Social work

Behavioral problems usually have multiple causes, and, in order to solve such a problem, the counselor may have contact with several people or agencies. The Community Counselors have access to over 100 community agencies.

Investigation of a behavior problem sometimes overlaps the area of welfare. If conditions are such that welfare is needed, the Community Counselor will contact a social service agency to initiate family counseling. Community Counselors also have a special fund for children in need of shoes and clothing.

"Making home visits is an important part of my work," stated Cooke. "We talk to parents to make them aware of the services that are available for their child." The home visit enables parents to speak more freely about the school situation in an informal atmosphere. "Many people are in need of help and I enjoy helping them. It's tremendously satisfying for me," Cooke added.

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Paper reporter to teach under staff advisor

The Juniors for next semester's Journalism I class have been announced by Mr. T.M. Gaherty, journalism advisor. James Cleary, a nighttime reporter for the World Herald will help teach the class as a student teacher under Mr. Gaherty. Mr. Gaherty said that there will be an emphasis on writing along with learning other basic techniques of newspapering. He also plans workshops at the end of the year. In these workshops the class will work with this year's Register and O-Book staffs.

At the end of the year, the students in the class may submit an application for a position on next year's O-Book or Register staff.

Those students selected to take the class are: Margie Amster, Steve Bernier, Nancy Bahle, Peggy Brand, Dave Brandt, Rita Briggs, Lisa Danberg, Cathey Davis, Judy Davis, Julie Denton, David Duitch, Mike Endelman, Sandra Epstein, Jim Firnhaber, Victoria L. Goessling, Richard F. Hekl, Jr., Muzette Hill.

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Opinion Forum

Book use involves red tape

Central High, noted over the past decades for academic excellence, has jeopardized its scholastic status by placing severe restrictions on student use of the library. When a need arises for which a student must utilize the library facilities, he runs into an enormous amount of red tape.

First of all, a student must obtain a pass from one of his teachers, but not just any teacher. He must get a "please allow" from a teacher for whom he is going to do work. If a student can prove there is grave necessity for library work, the teacher is then allowed to give him a pass.

If a student fails to obtain a pass from one of his teachers and goes to the library, he is subject to the consequences of truancy.

Realizing, of course, that the librarians do face disciplinary problems at times, I see no logical justification for curtailing the use of the library for all students.

A possible solution to the problem would be to establish an open-library system whereby a student can use the library without a pass from one of his teachers. If a student abuses the privilege of an open-library, the present restrictions can then be placed on that student. This system would allow full use of the library and at the same time insure a suitable environment for studying.

Mary Obal

Senior year needs change

A senior shows up late for school for the fourth time in two weeks.

A student procures a work pass for a non-existent job.

Senior participation in clubs and elective courses drops below that of any other class.

These are a few examples of what high school administrators commonly and jokingly refer to as "senioritis". As the situation grows increasingly worse, I fail to see it as a joking matter. An up-dated mode of study and selection of courses is urgently needed to change the generally apathetic senior year to its past state of useful importance.

The causes for this apathy are clear. After the same eight period day, day after day, year after year, mental weariness for the system can easily be understood.

In most cases, the senior student has very few credits left to earn and feels little pressure about graduating. By second semester the condition worsens. The average senior has either been accepted to a college for the following fall or is growing anxious to begin life in business or matrimony. The student, at any rate, ceases to worry about further high school achievement.

For this educational ailment, I would like to propose a cure. An opportunity to pursue an individual field of interest and to stimulate the mind to a higher state of productivity is needed. Possible seminars and study groups would involve the students in indepth experiences in broad fields of interest. Depending on the subject matter, the studies could include individual research, projects, or work in the community.

While pursuing his chosen field, the student would be freed from the conventional eight period day, allowing him to devote full time and attention to his main endeavor.

Participation in this program would require completion of all required courses prior to second semester.

Study material for these seminars would be subject to the demands of the students. Courses in fields of religion, economics, social services, etc., would serve not only as a transition from high school to higher education but also as useful preparation for adult living.

"Senioritis" can no longer be ignored. By restoring the senior class to its previous magnitude, it is not necessary to revert back to bobby socks and beaver coats. What is necessary is that this important final phase of youth education be utilized in such a way as to climax the high school experience.

Kristin Menke

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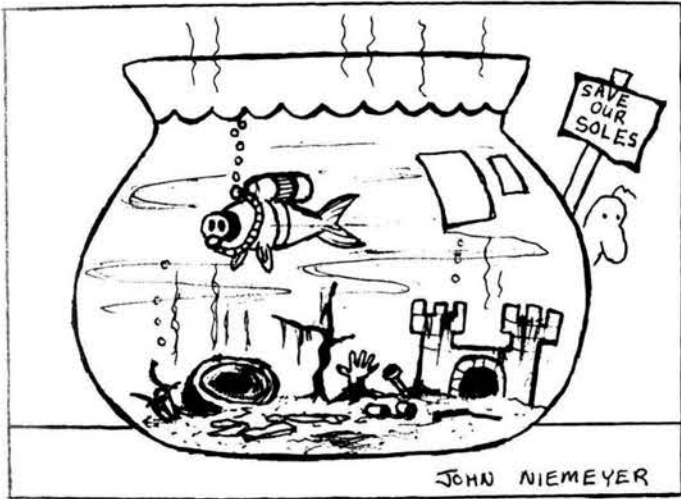
New resolutions mean fun in '73

After three weeks of anxious (anxious?) waiting, here it is: Beat the B. - '73!

To commemorate the start of a new year, no doubt all you ambitious Centralites have compiled an impressive list of those doomed-to-failure disciplinary measures, better known as New Year's Resolutions. Unfortunately, though made with the best intentions, New Year's resolutions are notoriously known as failures. But take heart, there's still time for a second chance, Chinese New Year's is coming up soon!

Perhaps the reason your first resolutions fail is because you're aiming too high. Now really, girls, did you ever intend to lose 65 pounds by Valentine's day? And how about the kids who vowed to spend four hours a day at their homework. Rome wasn't built in a day, you know.

Better to start small like keeping a book cover on your English book or cleaning your gold fish bowl twice a month. Then you can work up to biggies like jogging around the breakfast table every morning or dusting your stereo on Saturdays.



Another good trick is to throw an "ace in the hole" in your resolution list. For non-smokers, cutting out cigarettes is a good one. If not, promise yourself to breathe deeply at least twice a day. Now that you revised your list to a more workable one, you're ready to tack on your special entertainment section which I have already compiled to keep things hoppin' even in dull spots of '73.

1. I promise to see a film or movie which will enrich my cultural existence (besides Creature Feature!)
2. I promise to attempt at least one creative project, like batik dying, chinese cooking or maybe doing my homework.
3. I promise to throw away my spiro-graph, my "paint by numbers" and buy a new film strip for my "give-a-show" projector.
4. I promise to memorize the Central school song before I graduate.

With those important undertakings in mind, I have a few other suggestions. All good record freaks should resolve themselves to hear Billy Preston's new LP *Music is my Life*.

In your next 2 spare hours, deliver yourself to a theatre to see *Deliverance*. Violence in this show is technically no worse than your average western, but artistic realism really makes it hit home. (So fair warning for the weak stomached.) Jon Voight is great and then there's always Burt's boy.

If all that reality is a little too much for you, I do, I do, is now playing at Omaha Playhouse. Sweetness and light in all its glory. Student tickets \$2.00

And there's one last item which should be included in any good set of resolutions: an escape clause. If all else fails, use the list to wrap garbage in, and return to your natural life style! So with sincere hopes for the best year ever, I'll be seeing you all out and about, *Beating the Boredom!*

Centralites pass FCC exam

Twelve Central students recently passed a test administered by the Federal Communications Commission (FCC), enabling them to receive the FCC third class radio-telephone operators license with a broadcast endorsement.

The students, Chris Anderson, David Harbert, Terry Harmsen, Tim Laborde, John Ptacek, John Voris, Cece Adams, Tony Naughton, Gayle Otteman, Gary Rasmussen, and Tom Wolf, took

the test at the Federal Building during the past semester, and are all planning to take Advanced Radio Broadcasting this semester at KIOS-FM.

Mr. Frank Bramhall, who taught the sixth and seventh hour beginning radio classes, stated that he was quite pleased with students who passed the test, covering basic radio laws and important information needed for radio broadcasting in particular.

Students hold homeroom reunion

"The pleasure of your company is requested" was the message printed on the invitations to former members of Miss Dorothy Cathers homeroom 129. The occasion was a reunion; the time was 7:30 A.M., Wednesday, December 20th.

The reunion was Miss Cathers' idea. She was the homeroom teacher of 129 last year, and thought the the reunion

would be fun for everyone. Miss Cathers felt that "there is a spirit of friendliness that develops in a homeroom that is not possible in a classroom situation, and because of the change of policy at Central, many students who became good friends during their sophomore and junior years were split up this year."

Latin students enter catapult contest

Three third year Latin students, Nick Patrinos, Lary Irwin, and Dan Pollack have entered the Second National Catapult Contest. Central may be an intra-mural site for the catapulting some time between the ides of March and the ides of May.

Several categories in competition

There are several divisions that the boys can enter. There are heavy weight machines (weighing 100 lbs. or more) and light weight machines. Under these two categories are counterweight rock hurlers, twisted rock hurlers, and bent wood rock hurlers. There is also a division for twisted rope spear hurlers and bent wood spear hurlers. Central is planning on entering the twisted rope rock hurlers.

The projectiles (rocks and

spears) must weigh at least one pound, the different classes of weights range to class VI which is 75 lbs to no limit. There will be a plaque awarded for the heaviest rock successfully fired. The rocks must be natural rock in substance, not concrete, shot-puts, metal weights, cannon balls, etc.

All the machines can be copies of machines designed by the Romans to fire rocks or spears. They must be self-supporting and the supporting structure must be wood. The equipment on the machine must include a trigger mechanism for firing from ten feet away.

Each machine must be sponsored by a high school Latin class or Latin club, and each catapult must have a separate adult advisor to work with. A classical name like Spiro, Aeneas, Heracles, must be entered with each catapult.

At the local competition each machine gets two shots and the best one is recorded.

Awards for various categories

A National Awards Banquet will be held in Indianapolis on May 19 to award ribbons and plaques. Ribbons will be given for the first, second and third place distance in each weight class for heavy and light weight machines.

Plaques will be given for the heaviest rock successfully fired, the rock thrown the farthest, the spear thrown the farthest, and for the greatest cumulative distance achieved by a Heavy Rock Hurler entered in four to six weight classes. A trophy will be awarded to the school that accumulates the most number of points based on ribbons. First place gets three points, second place gets two, and third place gets one point.

Kugel, Williams take fencing lessons

"Many people associate fencing with dueling. But it's really like comparing skeet shooting to holding up a liquor store because you use a shotgun in both cases," said Jim Williams, Central senior. Gretchen Kugel, also a senior, and Jim study with the Omaha Fencing Club which meets at the downtown Omaha YMCA.

Foil fencing

Gretchen and Jim really have to keep "en garde" during their weekly Tuesday night fencing lesson. Presently, they are learning how to use the French foil. When fencing with foils, the object of the fencer is not to wound his opponent as it was done before fencing became a sport, but to "touch" the opponent in certain target areas on his body.

In competition, foil fencers duel in six-minute rounds. After five touches, the match ends. However, the winner is the fencer who was touched the least number of times during the match.

After learning how to use a foil with skill and agility, the student may advance to the saber or the epee. The saber is a cutting and slashing weapon as well as a pointing weapon. The epee is similar to the foil. However, it is more difficult to use and the target area includes the whole body.

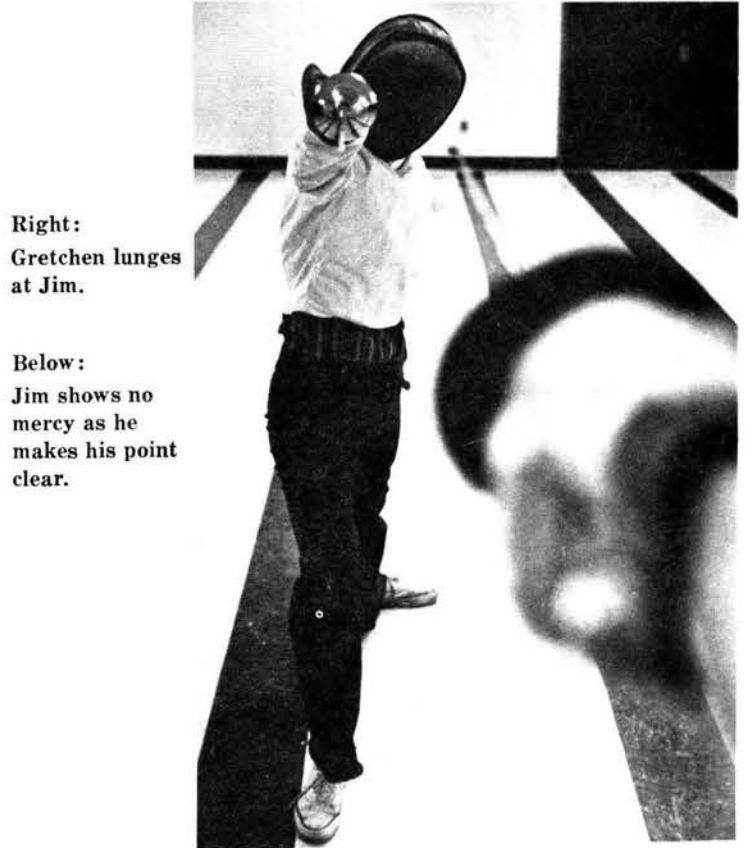
"Physical and mental agility"

"Fencing requires a great deal of physical and mental agility," said John Madden, fencing instructor. "After a period of time, fencers usually attain a sense of balance, coordination, and endurance."

As in most sports, exercises are done before each lesson in order to strengthen the body physically and sharpen the reflexes. "One guy didn't do the warm up exercises and he pulled the ligaments in his legs when he lunged in a fencing match," said Jim. "He couldn't walk for weeks and he didn't fence for three months."

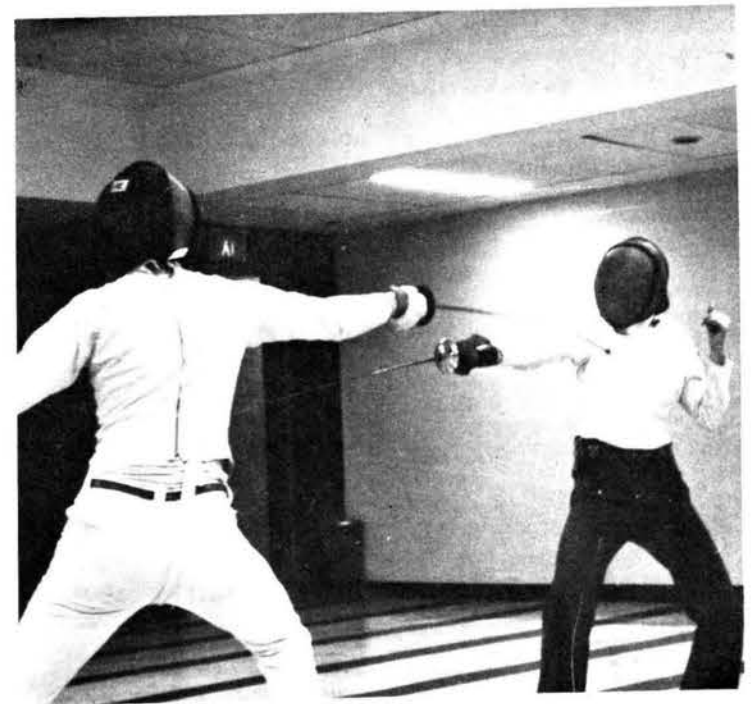
Regulation equipment

Everyone in the class is required to wear a regulation fencing uniform consisting of long white pants or knickers, a thick shirt, or a protective white fencing jacket, sneakers, fencing mask, one thick glove, and a weapon. The weapons are not sharpened; however, the uniform is designed to protect the fencer from possible injury. Women must wear additional



Right: Gretchen lunges at Jim.

Below: Jim shows no mercy as he makes his point clear.



equipment in competition.

"Since I don't have all the regulation equipment necessary for women," said Gretchen, "It can be painful when anyone pokes me."

After fencing, students are shown how to hold and handle a weapon. They are taught various positions, such as the "en garde" position, attacking, defending, and various fencing

tactics. According to Madden, it takes about seven years of training before anyone is experienced enough to participate and do well in competition.

Jim stated that he planned to continue his fencing lessons in college and he eventually wants to participate in competition. "I decided to take fencing because it's something that not many people do" he added.

Kinesiology class helps students build strong bodies eleven ways

Have you ever wanted to know how to develop all of those unused muscles that you never knew you had? If this description fits you, then you should be taking kinesiology. "Kinesiology is the study of human movement," stated Mr. Richard Redlinger, kinesiology instructor. The class is offered to junior and senior boys who want a class for exercising, but don't want to take the normal physical education class.

Class activities

Three days a week are spent in the weight room using the weight machine, which takes the place of barbells. The machine, which costs approximately \$2,000 has eleven different stations for use in exercising various muscles.

The class also covers the study of bones, muscles, circulatory and respiratory systems. The use of various drugs and how they affect the body is also taught. The classroom situation teaches the student which muscles they are exercising in the lab.

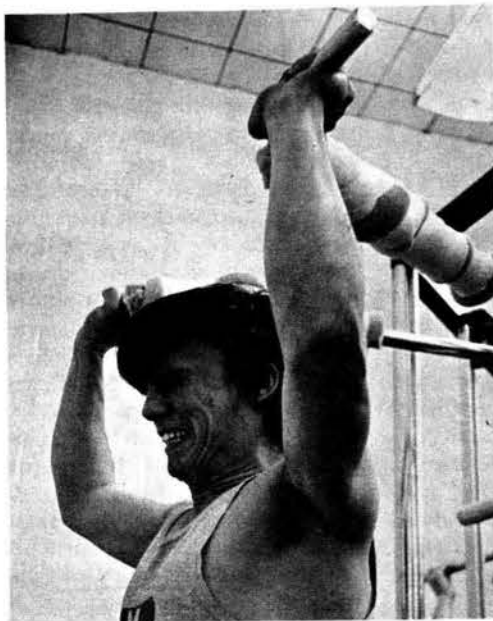
The kinesiology classes took a fitness test at the beginning of the school year, and are planning to take it again just prior to the end of the semester to see if there have been any improvements.

Reasons for taking the class

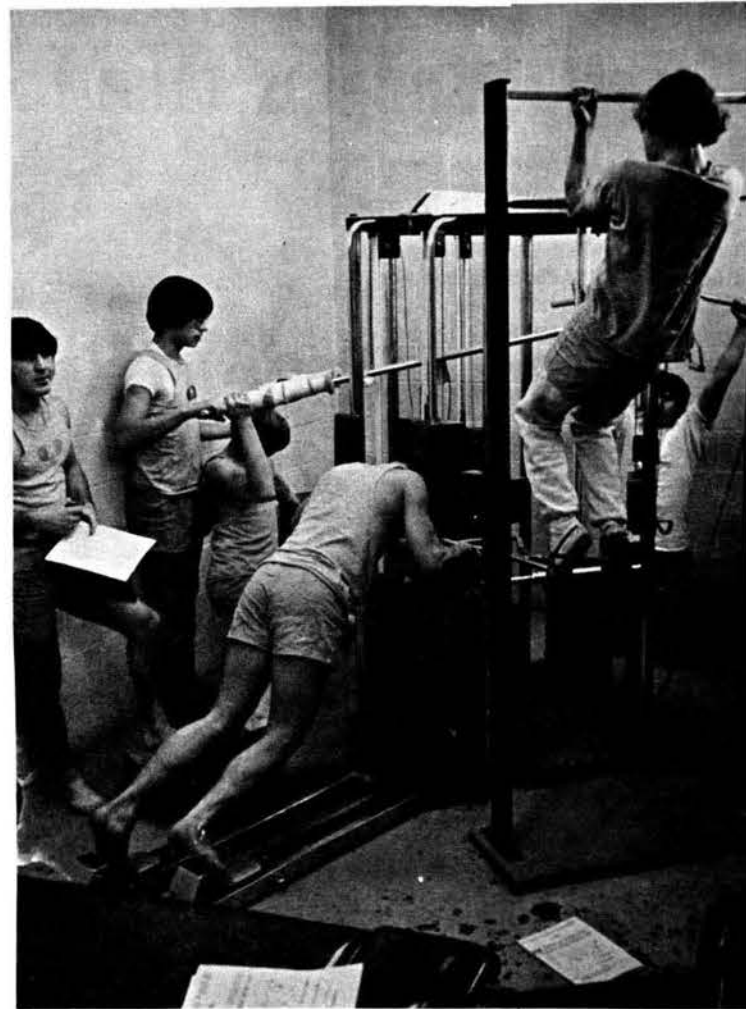
Senior Clyde Stearns stated, "I took kinesiology to work on my legs for cross country and track. I worked out to improve my wind, which also helped my running."

Some Central athletes take the kinesiology class because it is a convenient place to work out. Senior Ron Parker commented that he took kinesiology to, "build a better body for the girls."

At the current time, no future purchase of equipment for the kinesiology class is planned, for there is a lack of money and room available for expansion.



Top: Workouts improve even face muscles.



Bottom: Weight machine permits as many as eleven students to exercise at once.

McCormack steps up

After I walked around the third floor twice trying to find 32F, thinking I might have missed it, since it was a Monday morning, I walked into the business office and asked a teacher if he knew where 32F was. Since he was unable to give me the correct location, I asked a counselor. He directed me to the boys landing ascending to 425, the art room. The room is located where the boys restroom would have been.

Not only is the office uniquely concealed, but it is built in a split level. The proprietor of the secluded office is Mr. Tim McCormack, a history teacher of Central High.

Mr. Stan Standifer and Mr. McCormack endeavored to make the room their office. But, Mr. Standifer backed out because he teaches most of his classes in the gym. As Mr. McCormack put it, "he sought the shortest distance between two points, and I inherited the whole thing."

Before the two-story room

became an office, Mr. McCormack stated "it was used as a smoker, not recently, but years ago." On the second level, cigarette butts flourished on the floor.

The walls, ceiling, and floor are made of cement. You would never guess it, to look at the two-tone yellow paint. Some advice, don't knock your head against the wall. The room is a little chilly, but if there are about three people talking straight through for an hour, the temperature slowly rises. On each level, Mr. McCormack has a desk and a window, although there is more room on the first floor. He said he spent most of his time on the first floor.

Dr. G. E. Moller took a look at the remodeled room and was awed by the canary yellow walls. Mr. McCormack explained to him that the office was not finished. "All it needs is curtain rods for the curtains my student helpers made."

Intrepid reporter dispels Central's persistent myths

When an institution such as Central High serves so many people, odd rumors are bound to spring up. We of the Register staff would like to lay some of these peculiar beliefs to rest once and for all.

GEOGRAPHICAL FEATURES

Central was not built on a hill so wagon trains could see it at a distance and turn around. Also, the hill is not composed of the remains of persons who died trying to find the wrestling room. Neither is it an active volcano, in spite of the heat in some sections of the building.

THE BUILDING

It is absolutely false that Central was a training project for the builders of the Pyramids. Nor was the building made from the box the Missouri River came in. It is not built out of old theme folders, pencil shavings, or leftover hamburger buns.

In spite of the gratings and bars on some of the windows, and the behavior of some students at pep rallies, the building has never served as an insane asylum or a penitentiary.

An extensive interview with architect William O. Slyly discloses that the "Sacred C" was not placed to keep students from walking on a weak spot in the floor. Neither is it a mosaic of the teeth of devoted cheerleaders. There are no Confederate soldiers in the furnace room, waiting for the South to rise again.

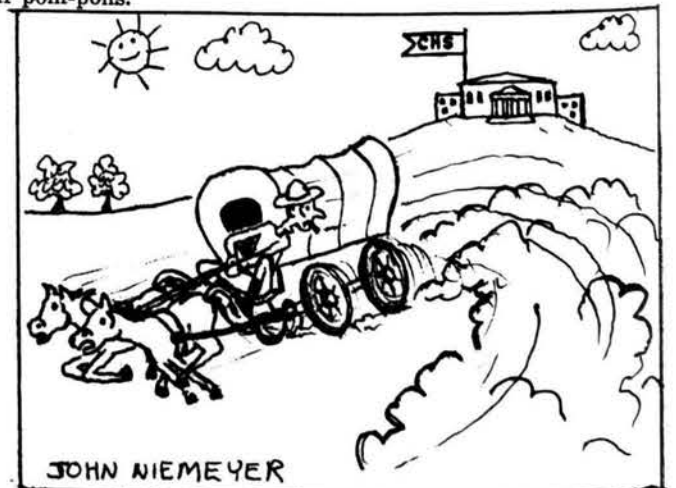
CURRENT RUMORS

There is absolutely no roulette wheel in the Teachers' Lounge. "This is preposterous," says an informed source. "If we had one, it would get in the way of the crap tables."

The plaster replica of the Liberty Bell that disappeared a few years ago was not used by the cafeteria to make mashed potatoes.

A persistent rumor is that of a mysterious "hairy ape-man" inhabiting the basement. It is said that the ape-man comes out at night and fiendishly removes the doors from restroom stalls or greases the stairrails. He is thought to be a member of the class of 1911 who misplaced his schedule card and became hopelessly lost.

Regrettably, in spite of determined research, we are unable to either confirm or deny the existence of the ape-man. The only clue, sighting of a quivering furry object darting around a corner, proved to be only two Eaglettes beating each other with their pom-poms.



PERSONAL REPLIES

To G.K.: There is no electric chair in the basement. It was removed years ago . . . To T.G.: How dare you! . . . To D.F.: Nate Archibald does not play for Central, even if it does seem that way sometimes . . . To J.K.: the big paper in Dr. Benning's office does not hold a collection of historic paper clips . . . To Mr. C (teacher); the elevator is absolutely not drawn by a team of oxen, no matter how slow it seems . . . To L.H.: the intercom simply does not pick up messages from outer space! Have you talked to your doctor lately? . . . To M.E.: YES, Central DOES have a Student Lounge! It is located just off the student parking lot, two doors down from the swimming pool.

by Jim Williams

Minds aired over KIOS-FM

On January 17, KIOS-FM began broadcasting what will be a series of ten 30-minute programs entitled "It's All in Your Mind," recorded by National Public Radio at the 1972 American Psychological Association convention in Honolulu.

The Programs include interviews with prominent participants, excerpts from addresses, and portions of actual sessions at the convention. The series will be aired each Wednesday at 10 a.m. and Thursdays at 1 p.m.

"The series will be an overview of the developments in psychology as viewed by participants at the convention," says Jeff Rosenberg, who works

for National Public Radio. Rosenberg produced the series for the noncommercial network. "Interviews for the programs are at the lay level, and the actualities from the sessions and addresses are not too technical," he added.

Additional interviews and some short subjects are also included in the series as well as material recorded at the convention. Among the topics considered during the series are marriage and the family, prison conditions, foreign relations, mental institutions, psycho-imagination, death, sex therapy.

Other topics for discussion include law and order, dyadic relationships, sex discrimination, children, and race.

Flutist tries for Symphony spot

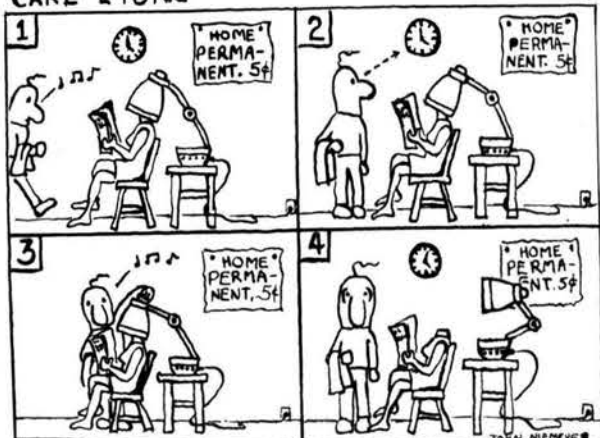
The 13th of January was a sort of dooms day for sophomore Cheryl Honomichl. On that Saturday, Cheryl auditioned for the Omaha Symphony Young Artists Competition. Although she did not make the finalists, Cheryl was glad that she had had the audition experience.

"I played Debussy's Syrinx and Mozart's Flute Concerto in G," Cheryl said, "Although I didn't get to play the concerto that I'd spent a year and a half on!"

Any student under 25 can audition for the Young Artists Competition. Cheryl has ten more chances to make the finalists. "I have to get it some day," she joked.

Cheryl has been studying flute for 5 years. She is currently studying with David van De Bogarto principal flutist of the Omaha Symphony. She learned most of what she knows about flute from Paul Parker of Parker Studio. Before the audition Cheryl was practicing 2 hours a day; she normally tries to practice between one or two hours daily. Besides being first flute at Central, Cheryl is, for the second consecutive year, principal flutist at Omaha Metropolitan Youth Orchestra.

CARL L'FONG



the benchwarmer

by
Steve Rosen



Standifer, Free Agent

"Lamonica drops back. He's looking long. He's got Standifer. Touchdown!"

Unfortunately, Howard Cosell never had a chance to analyze that touchdown, as the Lamonica to Standifer combination never quite got off the ground. Stan Standifer, Central High teacher and Reserve football and basketball coach, was signed as a free agent in 1970 by the Oakland Raiders of the National Football League.

Mr. Standifer stated that by signing as a free agent, he had his own contract, but his negotiating powers were something less than a first round draft choice, for he couldn't sign for a bonus.

Standifer lasted all through rookie camp, and played in all of Oakland's exhibition games, playing against teams such as Green Bay, Baltimore, and Los Angeles. Standifer caught one or two passes a game. Standifer rated himself as a good pass receiver, but commented, "Daryle Lamonica and myself couldn't connect together half the time, for one reason or another."



Stan Standifer Central teacher chosen as a free agent with the Oakland Raiders following standout career at UNO.

Bad Timing Ruined Chances

Standifer continued, "I thought that I had a good chance of making the team, but I was one of the last to be cut, not because of my ability, but because of bad timing." When asked to explain what he meant by bad timing, Standifer followed, "I played behind Raymond Chester, who had made all-pro the year before as a rookie. When Chester got hurt against Los Angeles, the coach traded for an experienced tight end. Since there were three rookies at my position, I was put on waivers, because I had the least experience and smallest bonus."

Standifer continued, "I was disappointed at first until I found out what had happened, and then realized that I wasn't cut because of my ability. As I look back upon it, it was a good experience, as I met a lot of fine players. I did gain some valuable experience that has been helpful in my coaching career."

Chess Team Eyes State

"We have a great team this year. We're probably going to take the state championship." These statements of confidence were expressed by Mike Blankenau, a member of Central's chess team.

The members of the team, all ranked nationally, are Kevin Waterman, John Milton, Mark Seitzer, and Mike Blankenau. In three previous matches, Central defeated Paul VI 9½-½, while tying Prep and losing to Thomas Jefferson. Coach John Talty stated that the only thing that counts is the Nebraska State Scholastic Chess Championship, which will be held in March.

Tankers win two duals

Central tankers left 1972 on a winning note by beating T.J. 68-27, and Boys Town 80-14. But 1973 has been anything but good for the swimmers, as they dropped two double-dual meets on January 9 and 12. South edged the Eagles twice 55-40, and 59-36. A.L. won over Central 58-37, as did Benson, 68-28.

The swimmers over-powered both T.J. and Boys Town on December 19. Central led after the 200 yard medley relay team of Larry Schmitz, Mark Blankenau, Mark Kling, and Paul Hodgson took first place. The Eagles never fell behind after that. Kees de Leeuw placed first in the 200 yard free, and Brian Gillan took first in both the 400 yard free, and the 200 yard individual medley.

Larry Schmitz finished on top in the 100 yard back; and in the 100 yard breast, Mark Blankenau also placed first. Mark Kling took first in the 100 yard free relay team with Larry Lawton, Paul Hodgson, and Brian Gillan.

Central's next meet was a

complete turn about, with the Eagles on the short end of both sticks. The 200 yard medley relay team of Larry Schmitz, Mark Blankenau, Mark Kling, and Paul Hodgson placed first, giving the tankers an early lead. But the swimmers didn't capture another first place until Brian Gillan won in the 400 free. Brian also took second in the 200 free. The only other second place came when Larry Schmitz placed in the 100 yard back.

In the Benson-South-Central meet, Central's Brian Gillan won in the 400 and the 200 yard free. Kees de Leeuw took second in the 200 yard free. Brian Gillan was also on the winning 400 yard free relay team with Mark Kling, Mark Blankenau, and Paul Hodgson.

Central's swimmers will try to get on the winning side in their next three meets. The Eagles swim against Burke at Burke on February 2, and will participate in the Millard Invitational at Millard on February 3.

Eagles on four game win streak

The Central High Eagles, sixth rated in the state, with a 9-4 record, have put together a four game winning streak, which they will try to extend to five, tonight at Norris, against Thomas Jefferson.

The T.J. game will also mark the return of senior guard, Ron Parker, who was scholastically ineligible for the first semester. Parker, expected to be one of Central's top scorers before the season has, according to Coach Jim Martin, "been improving with every day of practice."

Warriors Succumb

Central, inspired by the second half play of Charles Lewis, snatched a victory away from the Westside Warriors, at the Westside gym, Friday, January 19, by the score of 64-56.

Lewis, playing with four fouls the entire second half, sparked an Eagle rally from a 40-32 halftime deficit, with his tenacious defense and rebounding.

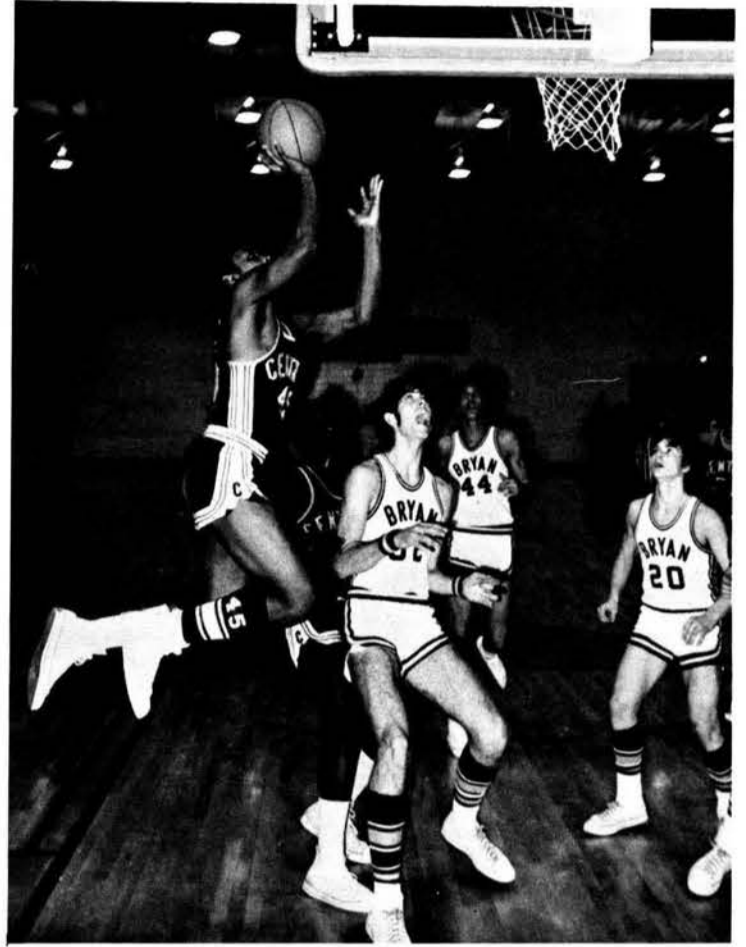
Central, behind since the early moments of the game, took the lead for good with four minutes remaining in the final quarter. Ben Cooperwood, who iced the victory with 5 last minute points, Chester Bullion, with his rebounding support, and Dennis Forrest, with his 19 points, were just a few of the Eagle heroes in a total team effort.

Links chained

Central gained some of its state-wide prestige back Saturday, January 13, by defeating Lincoln High 53-48, in Lincoln.

The Eagles, who were embarrassed earlier in the season in a loss to Lincoln East, took command of the game in the second quarter by outscoring the Links 20-9, breaking up a 16-11 Lincoln advantage after the first quarter.

Central, with a cautious ball control offense, continually worked for good shots during the second half, and were led by the 25 and 12 points of Dennis Forrest and Larry Butler respectively. John Lewis, Mike



Bullion drives past a Bryan Bear in 77-54 victory

Ashford, Chester Bullion, and Charles Lewis, all played extremely well in the victory over the tenth ranked Links.

Bears bombed

Central easily disposed of the Bryan Bears 77-54, Friday, January 12, at Bryan, by dominating the backboards by almost a 2-1 margin over the winless Bears.

Dennis Forrest chipped in with 20 points to lead all scorers. Mike Ashford with 12, and Chester Bullion with 9 points, contributed to Central's balanced attack as every player saw action in the game.

Packers fall

Central put up its highest point total of the season, defeating South 85-63, Friday, January 5, at Norris.

The Eagles expanded a six point half time lead to 66-45 after the end of the third quarter. Reserves played the rest of the way. Dennis Forrest, John Lewis, and Charles Lewis, led Central scoring with 22, 14, and 13 points each.

Tourney is no holiday

Central took a fourth place finish in the annual Metropolitan Holiday Basketball Tournament, held at the Civic Auditorium, December 26-30.

The Eagles defeated Northwest 70-54, and Benson 57-44, while dropping close ones to Boys Town 54-46, and North 61-55. Dennis Forrest was practically Central's whole offense as he finished the tournament as its second leading scorer with 78 points.

Wrestlers fall in meets Girls begin gymnastics



Eagle Mark Loch attacks Boys Town foe.

Coach Jim Bond's matmen had little to cheer about during the past few weeks, failing to have any individual champions in the Metro Conference meet, while salvaging only a tie in four dual meets.

Fullerton, McCue fall

Central finished far back in the Metropolitan Conference Wrestling Championships, held last Thursday and Friday at Council Bluffs Abraham Lincoln.

Bob Fullerton and John McCue, Eagle hopefuls for individual championships, were both defeated in the finals; Fullerton losing 14-4 to Dan Williams of Boys Town at 112 lbs., while

McCue lost at 167 lbs. to Ray Brown of Bellevue. Both Eagles were pre-tournament favorites at their weights.

Few dual highlights

Heavyweight Jerry Schulte pulled out an 8-7 victory in the final match of the evening, giving Central a 26-26 tie with powerful Boys Town, in a meet held January 16, at Central.

Eagle winners besides Schulte included Tyrone Amos, Bob Fullerton, John Czyz, Glen Dawson, and John McCue, who pinned his opponent. Coach Bond commented, "we wrestled very well against a very good Boys Town team."

Central fell to Rummel 39-14, January 12, as the only Eagle victories were recorded on pins by Bob Fullerton and John McCue, both ranked second in the state at their respective weights. John Czyz at 138 lbs. recorded a draw.

Creighton Prep defeated Central 39-22, January 9, at Prep. Gary Pattee and John Czyz recorded pins for Central, while Tyrone Amos, John McCue, and heavyweight Leonard Goodloe decided their opponents.

Powerful Bellevue had little trouble with Central, winning 44-11 January 5. John Czyz, Glen Dawson, and John McCue, were Central's only winners.

Girls begin gymnastics

The girls gymnastics team is in full swing, with everyone looking for a successful season. This year the events in the meets will be vaulting, balance beam, uneven parallel bars, and free exercise. Each team must have five girls entering each event, and one girl must participate in every event.

Sue Grisinger will perform all-around events for Central. Last year Sue placed second in the all-city meet, and placed first in all of her dual meets. Other returning gymnasts for Central include Vickie Perry and Barb Horner on the unevens, and Kristin Menke on the balance beam.

Miss Joyce Morris, the girls coach, stated that there are many promising juniors and sophomores joining the team this year. Freshmen cannot compete this year, but are practicing for next year.

The girls are currently preparing for their first meet, February 1, against Burke, at Burke High. "If we have a complete team, we should do well. This is what held us back last year", said Miss Morris.

Dancing takes CHS student to London Ballet Academy

Jill Wiesner, like many other high school students, loves to dance. But unlike many high school students, Jill has put years of training into her dancing—ballet.

Jill, a Central sophomore, played the part of the Snow Queen in this year's production of *The Nutcracker*. She has been a member of the cast of *The Nutcracker* since she was in fifth grade, as a dragonfly and a Marzipan.



Haynes hosiery has also utilized Jill's dancing talents. Jill and two of her friends did a television commercial for

Haynes. "It was fun," commented Jill, "but since the dancers are just in silhouettes, you can't really tell who I am." The girls wore black leotards and tights—not nylons and other Haynes products as one may suspect.

Jill's dancing interests also brought her to Europe. She spent three weeks last December and January studying ballet at the Royal Academy of Dancing in London.

About the experience Jill said, "The Academy offered all different kinds of dancing with instruction by some famous teachers. I had lots of free time, which was great. We went to ballets and plays in the evenings."

Jill has been taking ballet "ever since I can remember. My mom made me take lessons. She always said that some day I'd thank her for it. I hated ballet until about sixth grade. Then after that I really loved it!" Mrs. Wiesner teaches seventh grade homeroom and ballet at Lewis and Clark Jr. High. "There (L. and C.) you can take ballet instead of gym," Jill commented. "This is really my first year of gym."

Principles of advertising taught to beginning broadcasting class

"... Buying your Olds at O'Daniel is just the beginning... of happy motoring." The voice of radio broadcasting teacher Mr. Jim Price has been heard by thousands of listeners and viewers of radio and TV.

The commercial that Mr. Price made was shown to the beginning radio broadcasting classes on January 18th as part of a course on radio and television advertising. The class was taught by a representative of Galley and Associates Advertising Agency.

The purpose of the course was to teach the students the principles and types of advertising. By viewing tapes of actual

commercials, it was hoped that the amateur broadcasters would learn about the production of commercials and become more critical of them.

A thirty second TV commercial may take thirty hours to produce. It may cost hundreds of dollars. Time, cost, and labor all must be taken into consideration in producing an advertisement.

An advertisement starts with an idea and hopefully ends with a sale. To be effective, a radio commercial must appeal to the ear; a television advertisement appeals the viewer's sense of sight and hearing.

Black History Week to be celebrated in February

Plans are being made for Black History Week, which will be observed February 14-19. The members of Wantu-Wazuri are planning numerous activities for the week. The members hope to get everyone involved in observing Black History Week.

Some of the activities planned are films on black history and culture, a black art display, and possibly a black poetry session to be held in the large auditorium. Also, black guest speakers will be featured, along with different types of black music. There will possibly be a drama-

tic performance presented by the members of the Omaha Afro-Academy.

During the week the students are invited to wear African attire or black to symbolize the African heritage and unity and brotherhood among blacks. A Mr. and Miss Natural contest will also be among the highlights of Black History Week.

John Pennington, Wantu-Wazuri vice-president, stated, "I hope everyone will participate to help make Black History Week a great success."

Centralites attend JAMCO

Six Centralites attended the Junior Achievement Midwest Conference (JAMCO) on December 28-30 at the Sheraton Hotel in French Lick, Indiana. The six were: seniors Ricky Cunningham, Judy Koperski, Lynn Mago, Kristin Menke, junior Steve Hanford, and sophomore Barb Koperski.

These six were among the group of twenty-one sent to JAMCO by Junior Achievement of Omaha. A test was given over the fundamentals of Jun-

ior Achievement to select the delegates. Some 1,100 achievers from throughout the Midwest attended JAMCO.

The majority of the conference time was spent in discussion groups. Topics discussed ranged from sales incentive to tax loopholes for big business. There were also special seminars and workshops dealing with service companies and Junior Achievement on a national scale.

Special kits assembled in electronics classes

Many new and interesting things are taking place in the Advanced Electronics classes taught by Mr. Frank Bramhall.

The third and fourth hour classes of Mr. Bramhall have been working for the past few weeks on special electronics projects. The projects came in the form of kits which the students then assembled.

One such student, Mike Dizon, put together a 1200 watt color organ. The color organ was built on the same theory as the KOIL Christmas Tree. Some of the parts used in the color organ included transistors, Christmas lights, and a tape player.

Mr. Bramhall continued in saying that most of the projects, which included amplifiers, blacklites, and strobe lights, came out quite well. Mr. Bramhall commented, "There are three very important lessons that come out of assembling and getting the kits to work."

First, it shows the student how to handle the proper tools used in electronics work. Secondly, the student becomes a trouble-shooter; learning to diagnose and correct any problems, and third, the student learns to assemble components."

The Advanced Electronics classes will continue to work on projects throughout the rest of the year.

Horses mean more than money to some

To some people horses mean losing money at Ak-Sar-Ben every year, but to Centralites Stacy Godfrey, Jim Urban, and Warren Weiner, horses provide a means of fun and recreation and a way to meet people.

One of these ways of meeting people is by traveling with their trainer Glen Cudmore, to various horse shows throughout the Midwest. They also attend the annual midwest Pony Club Rally.

Five phases

In a rally, teams compete in five major phases: a written test concerning veterinary knowledge and various aspects of horsemanship; dressage, which is a prearranged workout in a flat ring; stadium jumping, which is a course of fences; cross country, a series of natural obstacles; and stable management, which consists of checks on stable knowledge, safety measures, and inspections of horses and equipment.

Sleeping in bathtubs

Last summer Jim, Stacy, and Warren competed in the Midwest regional pony club rally. Riders compete in different divisions according to ability. Jim's and Stacy's teams took first in their division, and Warren's team placed second in his division. Warren also qualified for the nation rally in Virginia.

Dugan chops to black belt while in Des Moines

"Karate can be fun and also dangerous," said Junior Kathy Dugan.

Kathy Dugan, Central junior, has chopped her way to a First Degree Black Belt in Karate. Kathy has been taking lessons for two years, and currently holds a First Degree Black Belt. She is the only girl in Omaha with a black belt.

Kathy also teaches part-time at a karate school in Omaha. She likes karate very much, and stated that her interest in the sport is the main reason she got her black belt so quickly.

She has broken her leg, arm, and has cracked her ribs while free sparring. Free sparring is fighting without contact.

Kathy has competed in tournaments—one in Omaha, and one in Des Moines, Iowa. In 1971, at Monroe Jr. High in Omaha, she placed first in Women's Free Sparring, and second in Forms. Forms are synchronized techniques learned for each belt, and are combined for competition. In Des Moines, she placed third in Sparring.

Kathy also received her black belt in Des Moines. "I had to compete against strangers for my belt in Des Moines. I was more at ease there, and there was more competition for me," she said.

Karate can be a great defense. Kathy can break a three inch wood board with her hands, feet, and elbows. She is also part of a demonstration group which performs for the public in the metro area. The group consists of six people, and they demonstrate the different techniques of karate. "I enjoy the art of karate and I plan to continue it," Kathy added.

Riflers on target

The Central High rifle team outshot Burke 1235-1149 in their opening match of the official season held Tuesday, January 16, 1972. High scorers for the Eagle ROTC team were seniors Dennis Hyde, with 271 points, and Rich Lamar with 257 points out of a possible 300 points.

Register Want Ads

25c per line. Buy/sell or personals. Deadline Wednesday. Bring to room 317.

Students and teachers are welcome to make requests for ordering books, records, tapes, and filmstrips for the library. All requests must be made by January 26. Orders can be given to Miss Weymuller and must include the title, author, and publisher of the book or other media.

Personals

Congratulations to all the students listed on Page 3 who passed the FCC test. Frank Bramhall

Buy popcorn from Central's baseball team. Money will pay for new uniforms.

New Tri-Tones

\$14.80



"Right now" fashion has never been so well within reach. Check out this new import of three-toned suede with a big high-heeled rubber bottom. In combinations of chocolate, tan and gold, rust, black and beige, or black, maroon and blue... \$14.80

Most major credit cards honored

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KOWH

94.1 FM

Metro basketball game of the week. Every Friday nite at

7:15 p.m. Tune in with Bob Rodgers and Ray Alloway on 94.1 FM.

P.T.S.A.

meeting January 31

7:30

COME!

Central High Cafeteria

"State legislation affecting the education and welfare of our youth."